

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30			
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30			
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30			
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30			
AMERICA'S TOP PROGRAMMING																			
FX	136	Atlanta	FXM Pres.	Paid Programs				Mike	Mike	Mike	Assassin's Creed ★★ ('16, Action) <i>Michael Fassbender</i>				Sicario ('15, Suspense)				
FXM	384	Sodom and Gomorrah ★★ ('63) 'NR'				Day-Time Wife ('39)		(15) It Happened in Flatbush ('42)	(40) The Ghost and Mrs. Muir ('47) 'NR'	(25) The 300 Spartans ('62) 'NR'									
FXX	125	Paid Programs						Mom	The Boss ('16, Comedy) <i>Melissa McCarthy</i> <i>Little</i> ★★ ('19, Comedy) <i>Regina Hall, Issa Rae</i>										
GETTV	373	Amen	Amen	All/Family	All/Family	Paid Programs				Mass	Life of Grizzly Adams		Shane <i>The Wild Geese</i> (15) Hondo						
GMSHW	116	Paid Programs										Deal or No Deal		America	America	America	America		
GOLF	401	PGA Championship		PGA Championship		Live From the PGA Championship										Premier Soccer			
GRIT	217	Paid Programs				Westward the Women ★★★ ('51, Western) <i>Robert Taylor</i>					The Charge at Feather River ('53, Western) <i>Guy Madison</i>				Massacre				
HALL	185	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Amazing Winter Romance ('20, Romance)			Love Rainbow				
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		The Waltons <i>The Hero</i>		The Waltons		The Waltons		The Waltons		Wild Hearts ('06)			
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Monk		Monk		Picture Perfect Mysteries <i>Newlywed and Dead</i>					
HDMOV	130	Death & Mden		Paid Programs												Wanda Nevada ('79, Western) <i>Peter Fonda</i>		We're No Angels ★★ ('89, Comedy)	
HGTV	112	Paid Programs						100 Day Dream Home		100 Day Dream Home		100 Day Dream Home		100 Day Dream Home		100 Day Dream Home			
HIST	120	Paid Programs						Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars		
ID	192	Unusual Suspects		Unusual Suspects		Tor.- Headlines		Tor.- Headlines		People Magazine		A Time to Kill		The Murder Tapes		True Conviction			
IFC	133	Moneyball ('11)		(15) The Three Stooges		3's Comp. 3's Comp.		3's Comp. 3's Comp.		3's Comp. 3's Comp.		3's Comp. 3's Comp.		3's Comp. 3's Comp.		3's Comp. 3's Comp.			
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Bernie Mac	Bernie Mac		
LIFE	108	Paid Programs						Youseff	Harvest	Amazing	Jeremiah	Joel Osteen	Paid Prog.		Big Driver ★★ ('14, Suspense) <i>Maria Bello</i>				
LMN	109	Paid Programs				Not With My Daughter ('14, Suspense)				A Mother Betrayed ('15, Suspense) <i>Lynn Collins</i>				My Baby Is Missing ('07, Drama) <i>Gina Philips</i>					
MGMHD	385	The Train ('65)		Studio	Studio	Studio	Studio	Studio	The Pebble and the Penguin ('95)		(10) The Extreme Adventures of Super Dave		(10) Erik the Viking						
MOTOR	246	Junkyard Empire		Junkyard Empire		Faster With Finnegan		Junkyard	Dirty-Dag	Hot Rod	Motorhead	Roadkill		Garage	Truck U	Car Fix	Garage		
MSNBC	209	Dateline		Dateline		Report		Report		Velshi (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)					
NATGEO	197	Trafficked-M. van Zeller		Trafficked-M. van Zeller		Paid Programs						Port Protection Alaska		Port Protection Alaska		Life Below			
NGWLD	190	Paid Programs						Secrets-Zoo		Secrets-Zoo		Zoo: Tampa		Zoo: Tampa		Zoo: Tampa			
OUTD	396	McMillan	For Love	Hunting TV	Hunt	Unfathom	BigWater	Andrews	Seahunter	Gowdy	Spear Life	Zona's	Lindner's	Outdr.	Bill Dance	Fishing	Lake		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday			
OXYG	127	Dateline		Dateline		Dateline		Dateline		Dateline: Secrets		Mastermind of Murder		Snapped		Snapped			
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue					
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion			
REELZ	299	Paid Programs				Nancy O'Dell		Nancy O'Dell		Celebrity	Celebrity	Preppy Killer		Steven Avery		Aaron Hernandez: Life			
RFDTV	231	Paid Programs				Church	Happy	Jackson	Jeffress	David	Hagee	In Touch	TBA	Stuart	Porter	California	Reporter		
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made		
SMITH	367	Hell Below <i>Sub Vs. Sub</i>		Hell Below <i>Cuban Crisis</i>		Aerial America <i>Ohio</i>		Aerial America		Aerial America <i>Oregon</i>		Aerial America		Aerial America		Aerial America			
SONY	386	Derailed ('02, Action)		True Justice		Blackway ★★ ('15, Suspense)			(40) The Caine Mutiny ('54, Drama) <i>Humphrey Bogart</i>			(05) Hit List ('89, Action) <i>Jan-Michael Vincent</i>							
SUND-E	358	Two Mules for Sister Sara ('70)				Monk		Monk		Monk		Monk		Monk		Monk			
SYFY	122	Cult of Chucky ('17, Horror)		Wild Life		Paid Programs				Twi. Zone		Twi. Zone	Twi. Zone	Twi. Zone	(9:59) Premier League Soccer (L)				
TBN	260	Be Light	GregLaurie.TV			Ed Young	From His	Passion!	T. Evans	S. Furtick	Touch Lives	Jentezen	David	Dr. Jeffress	Win Walk	TBA	Carpenter		
TBS	139	Broke Girl	Broke Girl	Matters	Matters	George	George	George	George	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Wipeout		Wipeout			
TCM	132	(15) The In-Laws ('79, Comedy) <i>Peter Falk</i>				Two Sisters From Boston ('46) <i>Kathryn Grayson</i>				Young Bess ★★ ('53, Historical Drama)			The Brothers Rico ★★ ('57, Crime Drama)						
TLC	183	Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings			
TMC-W	329	Halloween		Halloween: Resurrection ('02) 'R'		Jexi ★★ ('19, Comedy) 'R'			(25) The Legend of Bagger Vance ('00)			Andy		The Babe ('92, Biography) <i>John Goodman</i> 'PG'					
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		The Other Guys ('10, Comedy) <i>Will Ferrell</i>					
TRU	242	Knockout	Knockout	Knockout	Knockout	Ad. Ruins	Ad. Ruins	Foodies	Foodies	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Funnynt	Funnynt	Foodies	Imp. Jokers		
TRVL	196	Paid Programs						Mega RV Countdown		Mega RV Countdown		Mega RV Countdown		Mega RV Countdown		Mega RV Countdown			
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls		
UP	188	Paid Programs				Br.- Bates	Mass	In Touch		Paid Prog.		Amazing	Little House on Prairie		Little House on Prairie		Little House on Prairie		
USA	105	Chicago P.D.		Chicago P.D.		Queen of the South		Paid Prog.		Jeremiah	In Touch	Joel Osteen	Law & Order: SVU		Law & Order: SVU		Premier Soccer		
WE	128	Growing Up Hip Hop		Paid Programs										Law Order: CI		Law Order: CI			
Networks																			
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																			
ABC-E	Local Programs					Local Programs			Good Morning America (N)			Local Programs			This Week		Local Programs		
CBS-E	Local Programs					Local Programs					News Sunday Morning (N)				Face the Nation (N)		Local Prog.		
CW-E	Local Programs					Local Programs													
FOX-E	Local Programs					Local Programs				Fox News Sunday			Local Programs				Local Programs		
NBC-E	Local Programs					Local Programs			Local Programs		Sunday Today		Meet the Press (N)		Premier League Soccer <i>Teams TBA (L)</i>				
METV	247*	Time Tunnel		The Invaders <i>The Enemy</i>		Powers/ Matthew Star		Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Flintstones	Flintstones	Flintstones	The Jetsons		
ABC-W	Local Programs										Good Morning America (N)				This Week		Local Programs		
CBS-W	Local Programs										News Sunday Morning (N)				Face the Nation (N)		Local Prog.		
CW-W	Local Programs										Local Programs								
FOX-W	Local Programs										Local Programs			Fox News Sunday		Local Programs			
NBC-W	1st Look	House	House	Local Programs										Local Programs		Sunday Today		Meet the Press (N)	
PBS	Asian Americans		Wash	Hoover	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious			

138 ◀ = Program already in progress; (N) = New program/episode; LB = Letterbox Format; ★ = Critique. DIG

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
AMERICA'S TOP PROGRAMMING																				
FX	136	Paid Programs						The White Storm ★★★ ('13, Action) <i>Louis Koo, Nick Cheung</i>						Glass ★★ ('19, Suspense) <i>Bruce Willis</i>						
FXM	384	◀Ghost-		(45) Day-Time Wife ('39) 'NR'	It Happened in Flatbush ('42)			The Remarkable Mr. Pennypacker (8:55)			The 300 Spartans ★★ ('62) 'NR'			(10:50) The Hustler						
FXX	125	Paid Programs						Mom	Mom	black-ish	black-ish	black-ish	Home ('15, Children's) <i>Voices of Jim Parsons</i>		Ferdinand					
GETTV	373	Amen	Amen	All/Family	All/Family	Paid Programs					Amen	Amen	Good Time	Good Time	Good Time	Good Time				
GMSHW	116	Paid Programs								Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America			
GOLF	401	◀PGA Championship		PGA Championship		Live From the PGA Championship											LPGA Golf			
GRIT	217	Paid Programs				Zane Grey	Zane Grey	Death Vall.	Death Vall.	Gunfight at Comanche Creek ('63, Western)				The Virginian Throw a Long Rope						
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)		Home & Family				
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons		The Waltons		The Waltons				
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock The Strangler		Matlock The Nightmare				
HDMOV	130	◀From Beyond ('86)		Paid Programs				Godzilla vs. Megaguirus: The G Annihilation				Trailer		The Jayhawkers ('59, Western)						
HGTV	112	Home Town			Home Town		Hunters	Hunters	Hunt Intl	Hunters	Hunters	Hunters	Everything	Everything	Everything	Everything	Everything			
HIST	120	Paid Programs						American Pickers		American Pickers		American Pickers		American Pickers		American Pickers				
ID	192	48 Hours on ID		48 Hours on ID		True Conviction		Web of Lies		Web of Lies		Chaos in Court		Crimes	Crimes	Patty Hearst				
IFC	133	Planes, Trains and Automobiles ('87, Comedy)				Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Saved/Bell	Saved/Bell			
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.			
LIFE	108	Paid Programs					Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer				
LMN	109	Paid Programs				Girlfriend Killer ('17, Suspense) <i>Barbie Castro</i>				Dangerous Seduction ('18, Suspense)				Boyfriend Killer ('17, Suspense) <i>Barbie Castro</i>						
MGMHD	385	(15) The Noose Hangs High ('48, Comedy)				Studio	Ned Kelly ★★ ('70, Biography)		Mick Jagger (45)		Chattahoochee ★★ ('89, Drama)		Gary Oldman		(10:50) Antitrust ('01)					
MOTOR	246	Bitchin' Rides			Bitchin' Rides		Bitchin' Rides		Garage Squad		Hot Rod		Hot Rod		Iron Resurrection		Iron Resurrection			
MSNBC	209	Meet the Press		Way Too Early With		Morning Joe (L)						Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)				
NATGEO	197	◀Inside the Iraq War			Eyewitness	Paid Programs						Tiny House Nation		Tiny House Nation		Tiny House Nation				
NGWLD	190	Paid Programs						Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo				
OUTD	396	Outdoors	Bone Coll.	Buck.	Hunting	Outdr.	Florida	Am. Archer	Outdoors	Whitetail	Heartland	In-Fish'man	Lake	Fowl Life	Gun Dog	Hunt Adv	Shock Thr.			
OWN	189	Dr. Phil		Dr. Phil		Tamron Hall		Dr. Phil		Dr. Phil (Part 1 of 2)		Dr. Phil (Part 2 of 2)		Dr. Phil		Dr. Phil				
OXYG	127	Dateline		Dateline		NCIS		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS				
PARMT	241	Paid Programs								Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	48 Hours		48 Hours		Creek	(37) ER	(41) ER			(45) ER				(9:48) ER		(10:52) ER			
REELZ	299	Paid Programs				Michael Jackson		George Michael		Amy Winehouse		I Lived With a Killer		I Lived With a Killer		I Lived With a Killer				
RFDTV	231	Paid Programs				Pulling	Agribusiness		Jeremiah		Rural News/AgDay		Market Day Report (L)							
SCI	193	What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		White Rabbit Project (N)		What on Earth?		What on Earth?				
SMITH	367	Murderous History		Murderous History		Aerial America		Aerial America		Aerial Greece		A Greek Odyssey W		Epic Warrior Women		Epic Warrior Women				
SONY	386	The Wanderers ('79, Comedy-Drama) <i>Ken Wahl</i>				(10) The Caine Mutiny Court-Martial ('88, Drama)				(25) Rage and Honor II: Hostile Takeover ('93)		(20) The Waterdance ('92, Drama)								
SUND-E	358	◀Smokey-Bndt. 2		Heroes	Love Lust	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Smokey-Bandit				
SYFY	122	No Escape Room ('18, Drama) <i>Jeni Ross</i>			The Twilight Zone		Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	The Banana Splits Movie ('19, Horror)					
TBN	260	Praying	Behind	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen			
TBS	139	◀Hellboy II: The Golden Army ('08, Action)				Raymond	Raymond	Raymond	Raymond	George	George	George	George	Friends	Friends	Friends	Friends			
TCM	132	◀Youth of Everything Goes Wrong ('60)				Behind Office Doors ('31, Drama) (45) TBA				(15) Executive Suite ★★★ ('54, Drama)		(15) Traveling Saleslady ('35)		Salesman						
TLC	183	Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Extreme Sisters		Extreme Sisters				
TMC-W	329	◀Humanity (35) The Turning ('20) 'PG-13'				(10) Play or Die ('19, Horror) 'NR' (40) The Babe ★★★ ('92, Biography) 'PG' (35) Brown Girl Begins ('17) 'NR'				(35) Brown Girl Begins ('17) 'NR'							Woman Walks Ahead			
TNT	138	Charmed		Charmed		Charmed		Charmed		Charmed		Charmed		Supernatural Hook Man		Supernatural Bugs				
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro			
TRVL	196	Paid Programs								UFOs: The Lost Evid				UFOs: The Lost Evid		UFOs: The Lost Evid				
TVLND	106	Roseanne	Roseanne	Goldbergs	Goldbergs	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza				
UP	188	Paid Programs				Br.- Bates	Br.- Bates	Heartland		Heartland Lost Song		Brimming With Love ('18, Romance)				Little House on Prairie				
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS: Los Angeles		NCIS		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.				
WE	128	Growing Up Hip Hop		Paid Programs													Law Order: CI		Law Order: CI	
NETWORKS																				
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																				
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)					
CBS-E	◀CBS Overnight News (N)		News	News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right (N)					
CW-E	Local Programs						Local Programs													
FOX-E	Local Programs						Local Programs						Local Programs		Local Programs					
NBC-E	Local Programs						Local Programs			Today (N)		Today 3rd Hour (N)			Today-Hoda		Local Programs			
METV	247*	Peter Gunn	Peter Gunn	Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night				
ABC-W	Local Programs			ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)						
CBS-W	Local Programs			CBS Overnight News (N)						News	News	News	News	CBS This Morning (N)						
CW-W	Local Programs											Local Programs								
FOX-W	Local Programs											Local Programs		Local Programs						
NBC-W	Local Programs			Meet the Press		Early Tdy	Local Programs				Local Programs			Today (N)						
PBS	Inside the Met			Extra Life: A		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30		
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30		
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30		
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30		
AMERICA'S TOP PROGRAMMING																		
FX	136	Paid Programs						The Predator ★★ ('18, Science Fiction)				Mike	Love, Simon ★★★ ('18, Romance-Comedy) Nick Robinson					
FXM	384	The Hustler ('61, Drama) Paul Newman 'NR'				The Remarkable Mr. Pennypacker		Hush... Hush, Sweet Charlotte ('65) 'NR'		(45)	The Other ('72, Horror) Uta Hagen 'PG'		Race Devil					
FXX	125	Paid Programs						Mom	Mom	Mom	Mom	Mom	Ferdinand ★★★ ('17, Children's) Voices of John Cena					
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs						Amen	Amen	Good Time	Good Time	Good Time		
GMSHW	116	Paid Programs								Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America	
GOLF	401	Women's College Golf				Golf Central		Golf Central		Golf Central		Women's College Golf				College		
GRIT	217	Paid Programs				Zane Grey	Zane Grey	Death Vall.	Death Vall.	40 Guns to Apache Pass ★★ ('67, Western)			The Virginian Big Day, Great Day					
HALL	185	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)		Home & Family		
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons The Stray		The Waltons		The Waltons		
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock The Dame		Matlock (Part 1 of 2)		
HDMOV	130	The Ring ('02, Horror)		Paid Programs						Alfie ('66, Comedy-Drama) Michael Caine			Oklahoma Territory		It Runs in the Family			
HGTV	112	Hunters	Hunters	Hunters	Hunters	Backyard Takeover		Backyard Takeover		Backyard Takeover		Vacation House Rules		Vacation House Rules		Vacation House Rules		
HIST	120	Paid Programs						America's Book		America's Book		America's Book		America's Book		UFOs: White House		
ID	192	I Am Homicide		I Am Homicide		Redrum	Redrum	Redrum	Redrum	Real Detective		Murder Chose Me		Murder Chose Me		Almost, Away		
IFC	133	Community	Community	Community	Community	Stooges		Life of Brian ('79, Comedy) Graham Chapman		The Bad News Bears ('76, Children's) Walter Matthau		Up in Smoke ('78)						
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.	
LIFE	108	Paid Programs						Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer	
LMN	109	Paid Programs				Fatal Flip ('15, Suspense) Dominique Swain				Unwanted Guest ('16, Suspense) Kate Mansi		Nightmare Tenant ('19, Suspense) Lauralee Bell						
MGMHD	385	Summer Lovers ('82, Romance)		Studio		Studio	Studio	Studio	Waiting for the Light ★★ ('90, Comedy)		(35)	Music From Another Room ('98, Romance) Jude Law		Speed Is the New Black				
MOTOR	246	Bitchin' Rides		FantomWorks		Bitchin' Rides		Garage Squad		Hot Rod	Hot Rod	Speed Is the New Black		Speed Is the New Black		Speed Is the New Black		
MSNBC	209	Rachel Maddow Show		Way Too Early With		Morning Joe (L)						Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)		
NATGEO	197	Tiny House Tiny House Nation		Paid Programs								Life Below Zero		Life Below Zero		Life Below Zero		
NGWLD	190	Paid Programs						Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Dr. Pol: Deja MOO!		
OUTD	396	Wicked Tuna		WildFed	Fishmonger	Fishing	Bill Dance	Hunt Adv	The One	Bone Coll.	Gregg Ritz	Fishing	Hook	Wild Ride	Whitetail	Addicted	Outdoors	
OWN	189	20/20 on OWN		20/20 on OWN		Tamron Hall		Dr. Phil		Dr. Phil Slut-shaming.		Dr. Phil		Dr. Phil Home Invasions		Dr. Phil		
OXYG	127	Law Order: CI		Law Order: CI		Dateline: Secrets		Dateline: Secrets		Snapped		Snapped		Snapped		Snapped		
PARMT	241	Paid Programs								Bar Rescue		Bar Rescue Tiki Curse		Bar Rescue		Bar Rescue		
POP	117	Goldbergs	Goldbergs	Goldbergs	Goldbergs	ER		ER		ER		ER		ER		ER		
REELZ	299	Paid Programs				Hollywood 911		Hollywood 911		Hollywood 911		Natalee Holloway		Ken & Barbie Killers		Prom Mom		
RFDTV	231	Paid Programs				Blu. Trail	'Presleys'	Stuart	Jeremiah	Rural News/AgDay		Market Day Report (L)						
SCI	193	America's Lost Vikings		America's Lost Vikings		America's Lost Vikings		America's Lost Vikings		America's Lost Vikings		Unearthed		Unearthed		Unearthed		
SMITH	367	The Blitz: Days That		Battle of Normandy		Aerial America		Aerial America		Aerial Greece		A Greek Odyssey W		Murderous History		Catching Killers		
SONY	386	Basic ('03) The Bikini Carwash Company II		Macon County Line ('74, Crime Drama)				(7:50) Conquest of Cochise ('53)		The Black Dakotas		(45) No Mercy ('86, Crime Drama)						
SUND-E	358	The Firm ('93, Drama)		G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	Columbo		(15) Columbo				
SYFY	122	Paid Programs				Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	The Crooked Man ('16, Horror) Cameron Jeba		Stickman ('17, Suspense) Alanna Bale					Bye Bye	
TBN	260	Jordan Rubin: CBD Pills		John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen	
TBS	139	Imp. Jokers Imp. Jokers		Raymond	Raymond	Raymond	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	
TCM	132	In Cold Blood ('67)		Reflections in a Golden Eye ('67, Drama)		The Thing From Another World				Unconquered		(45) One Potato, Two Potato ('64, Drama)		Crisis				
TLC	183	Trading Spaces		Trading Spaces		Doubling Down-Derricos		Doubling Down-Derricos		Doubling Down-Derricos		Doubling Down-Derricos		Doubling Down-Derricos		TBA		
TMC-W	329	Swiss (:40) Dead Ant ('17, Comedy) 'NR'		(10) Attrition ('18, Action) 'R'				(40) Woman Walks Ahead ('17, Western) 'R'		Andy		The Conversation ('74, Suspense) 'PG'						
TNT	138	Bones		Bones		Charmed		Charmed		Charmed		Charmed		Supernatural Faith		Supernatural Route 666		
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	
TRVL	196	Paid Programs								Paranormal Nightshift		Paranormal Nightshift					Paranormal Nightshift	
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		
UP	188	Paid Programs				Bringing Up Bates		Heartland		Heartland Leap of Faith		Coffee Shop ('14, Romance-Comedy)				Little House on Prairie		
USA	105	Dateline		Dateline		NCIS: Los Angeles		NCIS		NCIS		NCIS		NCIS		NCIS		
WE	128	Growing Up Hip Hop		Paid Programs												Monk		Monk
NETWORKS																		
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																		
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)		
CBS-E	CBS Overnight News (N)			News	News	News	News	CBS This Morning (N)				Local Programs				The Price Is Right (N)		
CW-E	Local Programs						Local Programs											
FOX-E	Local Programs						Local Programs						Local Programs		Local Programs			
NBC-E	Local Programs						Local Programs		Today (N)			Today 3rd Hour (N)		Today-Hoda		Local Programs		
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night		
ABC-W	Local Programs		ABC World News Now (N)				Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				
CBS-W	Corden		Local Prog.		CBS Overnight News (N)						News	News	News	News	CBS This Morning (N)			
CW-W	Local Programs						Local Programs											
FOX-W	Local Programs						Local Programs						Local Programs		Local Programs			
NBC-W	Meyers		Late-Lilly		Today-Hoda		Early Tdy	Local Programs				Local Programs		Today (N)				
PBS	The Queen at War		Atlantic Crossing		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30			
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30			
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30			
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30			
AMERICA'S TOP PROGRAMMING																			
FX	136	Paid Programs					A Dog's Way Home ★★ (19, Children's)				Mike	Mike	Mike	Miss Peregrine's Home					
FXM	384	Race Devil Everything Happens at Night			Cocoon (85, Fantasy)		Don Ameche 'PG-13'		The Other (72, Horror) 'PG'		(45) Kid Blue (73, Western)		Dennis Hopper 'PG'		Last Hard				
FXX	125	Paid Programs					Mom	Mom	Mom	Mom	Mom	black-ish	black-ish	black-ish	The Simpsons Movie				
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs					Amen	Amen	Good Time	Good Time	Good Time				
GMSHW	116	Paid Programs							Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America			
GOLF	401	Women's College Golf		PGA TOUR	PGA TOUR	Golf Central		Golf Central		Golf Central		PGA TOUR	PGA TOUR	PGA TOUR	PGA TOUR	Classics (N)	PGA TOUR		
GRIT	217	Paid Programs				Zane Grey	Zane Grey	Death Vall.	Death Vall.	The Quick Gun (64, Western) Audie Murphy			The Virginian Riff-Raff						
HALL	185	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)		Home & Family			
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons		The Waltons		The Waltons			
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock The Defense		Matlock			
HDMOV	130	Clive Barker		Paid Programs						Shattered Glass (03, Drama)		(35) Glengarry Glen Ross (92, Drama)					Trailer		
HGTV	112	Unsellable Houses		Unsellable Houses		Inside Out		Inside Out		Inside Out		Inside Out		Inside Out		Smart Home			
HISTV	120	Paid Programs					Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire Makraka		
ID	192	Murder Calls		Murder Calls		Hear No Evil		Lone Star Justice		Unusual Suspects		Unusual Suspects		Suspicious Minds		Wonderland Murders			
IFC	133	Vacation (45) Planes, Trains and Automobiles (87)				Stooges		3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock		
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.		
LIFE	108	Paid Programs					Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer			
LMN	109	Paid Programs				My Little Girl Is Gone (18, Suspense)				Nanny Seduction (17, Suspense) Wes Brown				A Stranger at the Door (04, Suspense)					
MGMHD	385	Stormy Monday ★★ (88, Crime Drama)			Studio	Studio	Not as a Stranger ★★ (55, Drama) Olivia de Havilland							Some Like It Hot (59, Comedy) Tony Curtis					
MOTOR	246	Mundial	MotorWeek	FantomWorks	Bitchin' Rides			Garage Squad		Hot Rod	Hot Rod	Salvage Hunt		Salvage Hunt		Salvage Hunt			
MSNBC	209	Rachel Maddow Show		Way Too Early With		Morning Joe (L)						Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)			
NATGEO	197	Primal Survivor		Primal Survivor		Paid Programs						National Parks		National Parks		National Parks			
NGWLD	190	Paid Programs					Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		The Incredible Dr. Pol				
OUTD	396	Whitetail	Driven	Fowl Life	Gun Dog	Match Fish, Lake		Lindsey	Live 2 Hunt	Driven	Archer's	Fishing	A Fishing	Whitetail	Hunting TV	Buck.	Crush		
OWN	189	20/20 on OWN		20/20 on OWN		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil			
OXYG	127	Snapped		Snapped		Dateline: Secrets		Dateline: Secrets		Snapped		Snapped		Snapped		Snapped			
PARMT	241	Paid Programs									Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	Charmed		Goldbergs	Goldbergs	ER		ER		ER		ER		ER		ER			
REELZ	299	Paid Programs				Mel Gibson: Fame		Charlie Sheen: Fame and Scandal				CopyCat Killers		CopyCat Killers		CopyCat Killers			
RFDTV	231	Paid Programs				C. Burnett		Midwest Country		Jeremiah	Rural News/AgDay		Market Day Report (L)						
SCI	193	Secrets of the Lost		Secrets of the Lost		Secrets of the Lost		Secrets of the Lost		Secrets of the Lost		Universe Works		Universe Works		Universe Works			
SMITH	367	V-Day: Volcanic Planet				Aerial America		Aerial America		Aerial Greece		A Greek Odyssey W		Inside- Tower of London		Air Disasters			
SONY	386	Rage and Honor (92, Action)			(20) The Guns of Fort Petticoat		(6:50) Today You Die (05, Action)		Black Dawn (05, Action) Steven Seagal		(20) The Caller (11, Mystery)								
SUND-E	358	Columbo		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.		
SYFY	122	The Crooked Man		Twi. Zone	Twi. Zone	Futurama	Futurama	Futurama	Futurama	(28) Dead 7 (16, Horror) Nick Carter		Jeepers Creepers 3 (17, Horror)		Stan Shaw		Halloween			
TBN	260	Christine	Access 360	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen		
TBS	139	Imp. Jokers	Imp. Jokers	Raymond	Raymond	Raymond	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends		
TCM	132	Kid for Two		(15) MGM Parade		All Monsters Attack ★★ (69)		Simon (80, Comedy) Alan Arkin		(15) Five Million Years to Earth ★★ (67)		Village-Damned							
TLC	183	Trading Spaces		Trading Spaces		My Giant Legs		The Man: 200lb Tumor		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper			
TMC-W	329	Sniper (93, Action) R		Men at Work ★★ (90) 'PG-13'		(40) The Final Girls (15) 'PG-13'		Duran Duran: There's Some				(25) The Changeover (17) 'NR'		Made in Italy (20) 'R'					
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed Wicca Envy		Charmed Feats of Clay		Supernatural Hell House		Supernatural			
TRU	242	Paid Programs							Ad. Ruins		Ad. Ruins		Ad. Ruins		Ad. Ruins		Ad. Ruins		
TRVL	196	Paid Programs							Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs					M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza				
UP	188	Paid Programs				Bringing Up Bates		Heartland The River		Heartland Never Let Go		The Dempsey Sisters (13, Drama)				Little House on Prairie			
USA	105	Dateline		Dateline		NCIS: Los Angeles		NCIS		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
WE	128	Mama June- Not to Hot		Paid Programs													Law Order: CI		Law Order: CI
NETWORKS																			
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																			
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)				
CBS-E	CBS Overnight News (N)		News	News	News	News	CBS This Morning (N)						Local Programs			The Price Is Right (N)			
CW-E	Local Programs					Local Programs													
FOX-E	Local Programs					Local Programs							Local Programs		Local Programs				
NBC-E	Local Programs					Local Programs			Today (N)		Today 3rd Hour (N)			Today-Hoda		Local Programs			
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night			
ABC-W	Local Programs		ABC World News Now (N)				Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)					
CBS-W	Corden		Local Prog.		CBS Overnight News (N)				News		News	News	News	CBS This Morning (N)					
CW-W	Local Programs					Local Programs													
FOX-W	Local Programs					Local Programs							Local Programs		Local Programs				
NBC-W	Meyers		Late-Lilly		Today-Hoda		Early Tdy	Local Programs				Local Programs		Today (N)					
PBS	Independ.		Breaking		Antiques Roadshow		Ready Jet	Arthur	Molly	Wild Kratts	Elementary/Xavier	Curious	Tiger	Donkey	Elinor	Sesame St. Pinkalicious			

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
PREMIUM MOVIES																		
SHOWTIME	SHO-E	318	Kiss the Girls ★★ ('97, Mystery) 'R'		Along Came a Spider ★★ ('01, Mystery) Morgan Freeman 'R'		Alex Cross ★★ ('12, Action) Tyler Perry, Flatbush Mis		Carlito's Way: Rise to Power ('05, Crime Drama) Jay Hernandez 'R'		The Queens of Comedy ('01, Documentary) Laura Hayes 'R'							
	SHO-W	319	Fargo ★★★★★ ('96, Comedy) 'R' Flatbush		Kiss the Girls ★★ ('97, Mystery) 'R'		Along Came a Spider ('01) 'R'		Alex Cross ('12, Action) Tyler Perry 'PG-13'		Flatbush							
	SHO2-E	320	Complicit(20) 21 Bridges ★★ ('19, Ac- ('13) 'NR' tion) Chadwick Boseman 'R'		The Taking of Pelham 123 ★★ ('09, Action) Denzel Washington, John Travolta 'R'		(11:50) Hoodlum ★★ ('97, Crime Drama) Laurence Fishburne, Tim Roth 'R'		(05) Becky ('20, Suspense) Kevin James, Lulu Wilson 'R'		(40) Cop Land ('97)							
	SHOBET	321	Devil in a Blue Dress		Boxing		Flatbush Black Mon Ziwe		School Daze ★★ ('88, Musical Comedy) 'R'		Dance With Me ★★ ('98, Drama) 'PG'		How She					
	SHOX-E	322	The Untouchables ('87, Crime Drama) 'R'		Boxing 2021: Jaron Ennis vs. Sergey Lipinets (N)				Digital Get Down ('18, Adult) 'NR'		Shaquille O'Neal: Comedy Jam							
	SHOS-E	323	1917 ('19) (45) Dreamland ('19, Drama) Margot Robbie 'R'		True History of the Kelly Gang ('19) 'R'		The Texas Chain Saw Massacre		The Last Exorcism Part II ('13) Swallow									
TMC-E	327	Congo ★★ ('95, Action) Dylan Walsh 'PG-13'		The Humanity Bureau ('17) 'R' (35) The Rental ('20, Horror) 'R'		Halloween: Curse-Michael (35) Never Goin' Back ('18) 'R'												
TMCX-E	328	A Dog's Journey ★★ ('19, Children's) 'PG'		A Fish Called Wanda ('88, Comedy) 'R'		(11:50) Zeroville ('19, Comedy) 'R'		Perfect Sense ('11, Drama) 'R'		(05) The Siren ('19)								
FLIX-E	333	Universal Soldier ★★ ('92) 'R' (45) RoboCop ('87, Science Fiction) 'R'		RoboCop 2 ('90, Science Fiction) Peter Weller 'R'		RoboCop 3 ★★ ('93) 'PG-13'		Tammy T-Rex										
STARZ	ENCR-E	340	Robin Hood ('10, Adventure) 'PG-13'		Runaway Jury ★★ ('03, Suspense) John Cusack, Gene Hackman 'PG-13'		(11) RENO 911! Miami ★★ ('07, (36) Blade: Trinity ★★ ('04, Horror) Wesley Snipes, Kris Kristofferson 'R'		(32) Mo' Better Blues ★★ ('90, Drama) Denzel Washington 'R'									
	STARZ-E	350	(03) Death and Nightingales (06) Looper ★★ ('12, Science Fiction) Bruce Willis, Joseph Gordon-Levitt 'R'		(08) Step Up: High Water Splits		(12:08) Dave Chappelle's Block Party ★★ ('05, Documentary) Dave Chappelle 'R'		Girlfriend Expr.		(26) Megan Leavey ★★ ('17, War) Kate Mara, Edie Falco 'PG-13'							
	STARZ-W	351	J. Grisham (18) The Kid Detective ('20) 'R'		Death and Nightingales		(12:06) Looper ★★ ('12, Science Fiction) 'R'		Step Up: High Water		Block Party							
	STRZED	352	Gigli ★★ ('03) 'R'		Girlfriend (29) Blumhouse's Fantasy Island ('20) 'PG-13'		Girlfriend (11:51) The Broken Hearts Gallery (44) Total Recall ('12, Science Fiction) 'PG-13'		Charlie									
	STRZCI	353	(08) The Professional ('94, Suspense) 'R'		Ghost World ('01, Comedy-Drama) 'R'		(11:54) Penelope ★★ ('06) 'PG' (26) Critical Thinking ('20, Drama) 'NR'		Profession									
	STRZCO	354	Men in Black II ★★ ('02) 'PG-13'		(31) Scary Movie 3 ('03) 'PG-13'		(10:58) Charlie Wilson's War ('07) (44) A Haunted House ('13) 'R'		(12) The Dangerous Lives of Altar Boys ('02)									
STRZIB	355	(04) Tyler Perry's I Can Do Bad All By Myself		Run the Taxi ★★ ('04, Comedy) 'PG-13'		(12:12) Bloodshot ('20, Action) Vin Diesel 'PG-13'		Run the		(34) The Call ('13, Suspense) 'R'								
STRZKF	356	Dr. Seuss' The Cat in the Hat		Gold Diggers: Bear Mountain		Born Free: A New Adventure (31) Mona Lisa Smile ('03, Drama) 'PG-13'		Little Dorrit Part I										
EPIX	EPIX	380	Blue Chips ★★ ('94, Drama) Nick Nolte, Mary McDonnell		(9:50) The Program ★★ ('93, Drama) James Caan, Halle Berry		(45) Jungleland ('19, Drama) Charlie Hunnam, Jack O'Connell		(15) Godfather of Harlem		(15) Godfather of Harlem		(15) Fall River My Soul To Keep					
	EPIX2	381	Godfather of Harlem		Fall River		Crawl ★★ ('19, Horror)		Pet Sematary ★★ ('19, Horror)		(15) The Gift ('00, Suspense) Cate Blanchett		(10) Blue Story ('19)					
	EPIXH	382	Saint Maud ('19, Horror)		(25) The Haunting in Connecticut (10) The Haunting ('99, Horror) Liam Neeson		(05) Paranormal Activity 3 ('11) Paranormal Activity 4 ★★ ('12)											
	EPIXDR	292	Waiting to Exhale ('95, Comedy-Drama)		(05) Four Weddings and a Funeral ('94)		(12:05) One Fine Day ('96, Romance-Comedy)		(1:55) How Stella Got Her Groove Back ('98)									
AMERICA'S TOP PROGRAMMING																		
A&E	118	The First 48		The First 48 (N)		Nightwatch (N)		The First 48		The First 48		The First 48		Nightwatch		The First 48		
AHC	195	American Titans		Patriots Rising		Patriots Rising		Patriots Rising		Patriots Rising		Patriots Rising		Patriots Rising		American Titans		
AMC	131	U.S. Marshals ★★ ('98, Action) Tommy Lee Jones, Wesley Snipes		XXX ★★ ('02, Action) Vin Diesel, Asia Argento		The Last Samurai ('03, Adventure) Tom Cruise												
APL	184	Lone Star Law: Uncuffed (N)		Lone Star Law Deceived		Lone Star Law		Lone Star Law: Uncuffed		IMPACT in 60		Lone Star Law Deceived		Lone Star Law				
AXSTV	167	IMPACT Wrestling (N)		IMPACT in 60 (N)		IMPACT Wrestling		IMPACT in 60		Before-IMPACT		Top Ten		Rock				
BBCA	135	Shutter Island ★★ ('10, Suspense) Leonardo DiCaprio, Mark Ruffalo		(15) The Shining ★★ ('80, Horror) Jack Nicholson, Shelley Duvall		(45) Shutter Island ('10, Suspense)												
BET	124	The Wedding Ringer Life ★★ ('99, Comedy-Drama) Eddie Murphy, Martin Lawrence		Twenties Survivor's		Martin		Martin		Martin		Martin		Husbands		Husbands		
BOUNCE	359	Saints & Sinners		Sleepless ★★ ('17, Action) Jamie Foxx		Exposed ★★ ('16, Suspense) Ana de Armas		Hard Rain ★★ ('98, Action) Morgan Freeman		Without a Trace								
BRAVO	129	Top Chef (N)		Million Dollar Listing		Watch Summer House		Below Deck		Top Chef		TBA		Million Dollar Listing New York		Watch		
BUZZR	245	Concen. Password		Sweep Sharks		Match-Squares		Concen. Password		Sweep Sharks		Match-Squares		Concen. Concen.		FamFeud		
CHD	249	City Confidential		City Confidential		Crime 360 Bad Blood		Crime 360		City Confidential		City Confidential		Crime 360 Bad Blood		Crime 360		
CMT	166	Mamma Mia! ★★ ('08, Musical Comedy) Meryl Streep		Movie		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Housewife		
CNBC	208	Shark Tank		Shark Tank		Shark Tank		Shepard Smith		Jay Leno's Garage		Dateline		Dateline				
CNN	200	Anderson Cooper 360 (L)		Cuomo Prime Time (L)		CNN Tonight		CNN Tonight		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight		CNN Tonight		
COM	107	The Office		The Office		The Office		The Office		Daily Show		South Park		The Daily Show		South Park		
COMET	289	Quantum Leap		Quantum Leap		The X-Files Elegy		The X-Files Demons		The X-Files (Part 1 of 3)		Battlestar Galactica		Battlestar Galactica		Dust Episode 6		
COOK	113	Delicious Delicious		Bizarre Bizarre		Fire Masters (N)		Man, Food		Man, Food		Delicious Delicious		Bizarre Bizarre		Fire Masters		
DISC	182	Homestead Rescue: Raney Ranch		Homestead Rescue		Homestead Rescue: Raney Ranch		Homestead Rescue: Raney Ranch		Homestead Rescue		Homestead Rescue		Homestead Rescue				
DFC	179	Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Too Cute!		Cats 101		
DISN-E	172	Jessie		Jessie		Big City		Bunk'd		Sydney		Raven		Raven		Jessie		
DIY	111	Insane Pools: Deep End		Insane Pools: Deep End		Insane Pools: Deep End		Insane Pools: Deep End		Insane Pools: Deep End		Insane Pools: Deep End		Insane Pools: Deep End		Insane Pools: Deep End		
ENCR-W	341	Mr. Mom ('83, Comedy) 'PG'		(36) Robin Hood ('10, Adventure) Russell Crowe 'PG-13'		Runaway Jury ★★ ('03, Suspense) 'PG-13'		(11) RENO 911! Miami ('07) 'R'		Blade								
EWESTN	342	River of No Return (8:48) Forty Guns ('57) (10) Apache Territory ('58) 'NR'		(22) Yellow Sky ('48, Western) 'NR'		The Westward Trail (03) Winchester '73 ('67) 'NR'		2nd Time										
EACTN	343	Dragonheart ('96, Fantasy) 'PG-13'		(35) Lake Placid ('99, Horror) 'R'		Miami Vice Child's Play		Kn't Rider (45) Into the Blue ('05, Adventure) 'PG-13'		Tales From the Crypt								
ESUSP	344	Friday		Friday the 13th Part V: A New		Friday the 13th, Part VI		(12:07) The Forgotten ('04) 'PG-13'		(40) Trapped ('02, Suspense) Charliz Theron 'R'		Piranha						
EBLACK	345	Malcolm Jeffersons (8:53) Think Like a Man ★★ ('12) 'PG-13'		(10:58) Six Degrees of Separation ('93) 'R'		(12:54) Chicago ★★ ('02, Musical) 'PG-13'		(2:50) Tears of the Sun										
ECLASS	346	(11) Major League ★★ ('89, Comedy) 'R'		Rescue Me Chlamydia (11) Damages		(12:01) Get Carter ★★ ('00, Suspense) 'R'		(1:48) Awakenings ('90, Drama) 'PG-13'										
EFAMILY	347	Earth to Echo ('14, Children's) 'PG'		(33) Strike ('19, Adventure) 'NR'		(15) Pit Pony ('97, Drama) Ben Rose-Davis 'NR'		(12:48) Christmas With the Kranks (28) Titan A.E. ★★ ('00) 'PG'										
ESPN	140	College Softball		College Softball		Teams TBA (L)		SportsCenter (L)		SportsCenter		SportsCenter (L)		SportsCenter (L)		SportsCenter		
ESPN2	143	ESPN Documentaries		UFC Archival		UFC Archival		NFL Live		UFC Archival		Around Interruption		UFC Archival		UFC Archival		
EWTN	261	The World Over News (N)		News Rosary		Pro-Life Defend Life		Real Women of		Daily Mass		World Over Live		News Witness		Battle At Home		
FETV	82	Perry Mason		Perry Mason		T.J. Hooker		Hart to Hart		B. Miller B. Miller		Maude Maude		One Day One Day		Designing Designing		
FNC	205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle		
FOOD	110	Beat Bobby		Beat Bobby		Restaurant: Impossible (N)		Beat Bobby		Beat Bobby		Restaurant: Impossible		Beat Bobby		Beat Bobby		
FREFM	180	A Second Act ★★ ('18, Romance-Comedy)		Everything Everything		The 700 Club		Simpsons		Simpsons		Simpsons		Paid Programs		The 700 Club		
FS1	150	TBA		PokerStars Players		PokerStars Players		WWE Friday Night SmackDown (N)		TMZ (N)		TBA						

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30				
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30				
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30				
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30				
AMERICA'S TOP PROGRAMMING																				
FX	136	Instant Family ('18, Comedy-Drama) <i>Mark Wahlberg</i>				Instant Family ('18, Comedy-Drama) <i>Mark Wahlberg</i>				Blockers ★★★ ('18, Comedy) <i>Leslie Mann</i>				Paid Programs						
FXM	384	Assassin's Creed ★★ ('16, Action) 'PG-13' (05)				Assassin's Creed ★★ ('16, Action) 'PG-13' (05)				(20) Alien: Covenant ('17, Science Fiction) 'R' (20)				FXM Pres.		Salzburg Conn.				
FXX	125	Family Guy	Family Guy	Family Guy	Family Guy	Cake	Cake	Cake	Archer	Archer	Archer	Cake	Sunny	Sunny	Sunny	Sunny	FXM Pres.			
GETTV	373	Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		All/Family		Sanford	Sanford	Sanford	Good Time			
GMSHW	116	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Catch 21	Common	Winsanity	Divided			
GOLF	401	LPGA Golf				Golf C'tral		PGA Tour Golf <i>Charles Schwab Challenge, First Round</i>				2021 Senior PGA Championship <i>First Round</i>								
GRIT	217	Rooster Cogburn ★★ ('75, Western) <i>John Wayne</i>				The Undefeated ★★★ ('69, Western) <i>John Wayne, Rock Hudson</i>				She Wore a Yellow Ribbon ('49, Western) <i>John Wayne</i>										
HALL	185	Country at Heart ('20, Romance) <i>Jessy Schram</i>				Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier	Frasier	Frasier	Frasier	Frasier		
HALLDR	186	Growing the Big One		Fairfield Road ('10, Drama) <i>Jesse Metcalfe</i>		The Waltons			The Waltons			The Waltons <i>The Rumor</i>		The Waltons		Medicine Woman				
HALLMV	187	Christmas Under the Stars ('19, Romance)				Morning Show Mysteries <i>Murder Ever After</i>				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote				
HDMOV	130	The Frozen Ground ('13, Suspense) (45)				Kalifornia ★★★ ('93, Suspense) <i>Brad Pitt</i> (45)				The Dead Girl ('06, Drama) <i>Toni Collette</i> (20)				Kalifornia ★★★ ('93, Suspense) <i>Brad Pitt</i> (20)						
HGTV	112	No Demo Reno (N)		Flip	Flip	Hunters		Hunt Intl		Hunters		Hunt Intl		Hunters		Hunt Intl				
HIST	120	Swamp People		Swamp People (N)		(03) Swamp People		(05) Swamp People		(12:03) Swamp People		(06) Swamp People		(06) Swamp People		(02) Swamp People				
ID	192	Deadly Women		A Time to Kill (N)		Fear Thy Neighbor (N)		Evil Lives Here		A Time to Kill		Fear Thy Neighbor		Evil Lives Here		Deadly Women				
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	3's Comp. (45)		Run All Night ★★★ ('15, Action) <i>Liam Neeson</i>						
LAFF	237	Home Imp.	Home Imp.	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	'70s Show		'70s Show		'70s Show		Paid Programs				
LIFE	108	Rizzoli & Isles		Married at First Sight (N)				Married at First Sight		(12:01) Rizzoli & Isles		Married at First Sight		Married at First Sight						
LMN	109	Revenge Delivered ('21, Suspense)				Killer Advice ('21, Suspense) <i>Kate Watson</i>				(12:01) Revenge Delivered ('21, Suspense)				Killer Advice ('21, Suspense) <i>Kate Watson</i>						
MGMHD	385	(05) The Pit and the Pendulum ('61, Horror)				(9:55) The Oblong Box ★★ ('69, Horror)				Up the Creek ★ ('84, Comedy) <i>Tim Matheson</i>				(05) My American Cousin ('85, Comedy-Drama)						
MOTOR	246	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod	Hot Rod			
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word		The 11th Hour		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes				
NATGEO	197	Life Below Zero		Life Below Zero		Port Protection Alaska		Life Below		Life Below Zero		Next Gen		Port Protection Alaska		Roswell				
NGWLD	190	Alaska Animal		Alaska Animal Rescue (N)		Alaska Animal Rescue		Alaska Animal		Alaska Animal Rescue		Alaska Animal Rescue		Alaska Animal Rescue		Paid Programs				
OUTD	396	Whitetail	Hunter	Territories	Heartland	Africa	The One	Hunting TV/Outdoors		Hunting	Bone Coll.	Mossy	Wild Boar	Viral	Lindsey	Whitetail	Hunter			
OWN	189	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN				
OXYG	127	Dateline: Secrets		Dateline: Secrets		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped				
PARMT	241	My Cousin Vinny ('92, Comedy) <i>Joe Pesci</i>				Coming to America ★★★ ('88, Comedy) <i>Eddie Murphy, Arsenio Hall</i>							My Cousin Vinny ★★★ ('92, Comedy) <i>Joe Pesci, Marisa Tomei</i>							
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed				
REELZ	299	Aretha Franklin: Story		Autopsy-Last		Murder in the Family		Aretha Franklin: Life		Aretha Franklin: Story		Autopsy-Last		Aretha Franklin: Life		Paid Programs				
RFDTV	231	Larry's Country Diner		Next Level		Big Deal		Rural America Live		Farm Show/Rural News		Grown	Farm Mon.	Next Level		Big Deal				
SCI	193	Mysteries-Abandoned		Mysteries-Abandoned		Strangest Things (N)		Strange Evidence		Mysteries-Abandoned		Strangest Things		Strange Evidence		Mysteries-Abandoned				
SMITH	367	Apocalypse		Apocalypse		Apocalypse		America in Color		Apocalypse		Apocalypse		Catching Killers		Murderous History				
SONY	386	Angels & Demons ★★ ('09, Action) <i>Tom Hanks</i>				The Da Vinci Code ★★ ('06, Mystery) <i>Tom Hanks</i>				(05) Angels & Demons ★★ ('09, Action) <i>Tom Hanks</i>				Da Vinci						
SUND-E	358	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Perry Mason		Perry Mason				
SYFY	122	Chronicles				Hellboy ★ ('19, Action) <i>David Harbour, Milla Jovovich</i>		(07) X-Men Origins: Wolverine ('09, Action) <i>Hugh Jackman</i> (34)									Bride of Chucky ('98, Horror) <i>Jennifer Tilly</i>		The Circle	
TBN	260	Praise		Watchman	End/ Age	Perry Stone/Drive		Praise		Prince	Joel Osteen	Amazing	Best Life	Drive	Heritage	Truth I'm Standing On				
TBS	139	Big Bang	Big Bang	Wipeout <i>Betting Battle</i> (N)		Wipeout		Conan	Wipeout <i>Betting Battle</i>		Conan	Full Frontal		Wipeout		Wipeout				
TCM	132	Our Vines Have Tender Grapes ('45, Drama)				Arsenic and Old Lace ★★★ ('44, Comedy)				(12:15) The Stranger ★★★ ('46, Suspense)				High Hopes ★★★ ('88, Comedy) <i>Philip Davis</i>						
TLC	183	TBA				TBA				TBA				TBA						
TMC-W	329	Secret Window ('04) 'PG-13' (40)		Booty Call ('97, Comedy) 'R' (07)		Congo ★★ ('95, Action) <i>Dylan Walsh</i> 'PG-13'				The Humanity Bureau ('17) 'R' (35)				(35) The Rental ('20, Horror) 'R'						
TNT	138	NBA Basketball (L)				NBA Basketball (L)				Inside the NBA (L)				NBA Basketball						
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers/Big Trick		After Party		Jokes	Jokes	Imp. Jokers	Videos	Jokes	Jokes	Jokes	Jokes			
TRVL	196	Paranormal Ca.		Paranormal Ca.		True Paranormal		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		True Paranormal		Paranormal Ca.				
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	King	King	Goldbergs	Goldbergs			
UP	188	Reba	Reba	Br.- Bates	Br.- Bates	Bringing Up Bates		Sisters of the Groom ('16, Romance)				When Duty Calls ('16, Crime Drama)				Paid Programs				
USA	105	NHL Hockey (L)				Chrisley	Chrisley	Chrisley	Chrisley	Family Karma		Law & Order: SVU		Law & Order: SVU		Dateline				
WE	128	Growing Up Hip Hop		Growing Up Hip Hop (N)		Joseline's Cabaret		The Real Blac Chyna		Waka & Tammy		Ts Madison Experience		The Real Blac Chyna		Waka & Tammy				
LOCAL NETWORKS																				
ABC-E	Station 19 (N)		Grey's Anatomy (N)		Rebel (N)		Local Prog. (35) Jimmy Kimmel Live!				Nightline (N)		Local Programs		ABC World News Now (N)					
CBS-E	Sheldon	United-AI	Mom	B Positive	Clarice		Local Prog. Late Show-Colbert				James Corden		Local Prog.		CBS Overnight News (N)					
CW-E	Walker		Legacies		Local Programs															
FOX-E	2021 iHeartRadio Music Awards (L)					Local Programs				Local Programs										
NBC-E	The Wall (N)			Law & Order: SVU		Law & Order		Local Prog. Tonight Show-J. Fallon		Late Night-Seth Meyers		Late-Lilly		Today-Hoda		Early Tdy	Local Prog.			
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason		Tw. Zone	Hitchcock	Hitchcock	Mannix		Cannon				
ABC-W	Local Programs			News		Local Programs		Station 19 (N)		Grey's Anatomy (N)		Rebel (N)		Local Prog. (35) Jimmy Kimmel Live!		Nightline (N)				
CBS-W	Local Programs			News		Local Programs		Sheldon	United-AI	Mom	B Positive	Clarice		Local Prog. Late Show-Colbert		Corden				
CW-W	Local Programs							Walker		Legacies		Local Programs								
FOX-W	Local Programs							2021 iHeartRadio Music Awards (N)				Local Programs			Local Programs					
NBC-W	Local Prog.	News	Local Programs				The Wall (N)		Law & Order: SVU		Law & Order		Local Prog.		Tonight Show-J. Fallon		Meyers			
PBS	Old House	Old House	The Tenth Inning <i>Top of the Tenth</i> (Part 1 of 2)				Amanpour-Co		Old House	Old House	The Tenth Inning <i>Top of the Tenth</i> (Part 1 of 2)				Life at the Waterhole					

EASTERN		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
PREMIUM MOVIES																					
SHOWTIME	SHO-E	318	(:05) Hitsville: The Making of Motown ('19, Documentary) <i>Berry Gordy</i> 'NR'				Death at a Funeral ★★ ('10, Comedy) <i>Keith David</i> 'R'			(:45) Limitless ★★★ ('11, Suspense) <i>Bradley Cooper, Robert De Niro</i> 'PG-13'				The Reluctant Fundamentalist ★★ ('12, Drama) <i>Riz Ahmed, Liev Schreiber</i> 'R'			(:45) Dread 'R'				
	SHO-W	319	Carlito's Way: Rise to Power ('05)				(:35) The Queens of Comedy ('01)			(:05) Hitsville: The Making of Motown ('19)				Death at a Funeral ★★ ('10) 'R'			(:45) Limitless ★★★ ('11) 'PG-13'				
	SHO2-E	320	Cop Land ★★★ ('97, Crime Drama) <i>Sylvester Stallone</i> 'R'				Citizen Ruth ★★★ ('96, Comedy) <i>Laura Dern, Swoosie Kurtz</i> 'R'			(:20) Uptown Girls ★★ ('03, Comedy) <i>Brittany Murphy</i> 'PG-13'				The SpongeBob SquarePants Movie ('04, Children's) 'PG'			Delivery Man ★★ ('13, Comedy) <i>Vince Vaughn, Chris Pratt</i> 'PG-13'				
	SHOBET	321	How She Move ('07) 'PG-13'				Against the Tide			Brown Girl Begins ('17) 'NR'			The Ladies Man ('00, Comedy) 'R'			Teddy Pendergrass: If You Don't Know Me Hav					
	SHOX-E	322	(:Comedy) Limitless ('11, Suspense) 'PG-13'				(:15) Devil in a Blue Dress ('95, Mystery) 'R'			A Most Violent Year ('14, Crime Drama) 'R'				(:05) Lethal Weapon 2 ('89, Action) 'R'							
	SHOS-E	323	Swallow ('19) 'R'				(:05) The Ides of March ('11, Drama) 'R'			(:6:55) Stargate ('94, Science Fiction) 'PG-13'				Hulk ★★ ('03, Fantasy) <i>Eric Bana</i> 'PG-13'			Blackcoat				
STARZ	TMC-E	327	(:05) Congo ('95, Action) <i>Dylan Walsh</i> 'PG-13'				Zeroville ('19, Comedy) 'R'			(:40) Why Stop Now? ('12) 'R'				(:10) Mr. Baseball ★★ ('92, Comedy) 'PG-13'			The Babe ('92) 'PG'				
	TMCX-E	328	(:25) The Siren				(:25) Teen Wolf ('85, Comedy) 'PG'			Knife Fight ★ ('12, Drama) 'R'			(:40) Teen Wolf Too ★ ('87) 'PG'			(:15) Swiss Army Man ('16, Comedy) 'R'			Congo ('95) 'PG-13'		
	FLIX-E	333	Tammy T-Rex				Salvation Boulevard ★★ ('11) 'R'			(:45) When We Were Kings ('96)			(:15) The Secret of My Success ('87) 'PG-13'			(:15) A Fish Called Wanda ('88, Comedy) 'R'					
	ENCR-E	340	Mo' Better Blues (90) <i>Swayze, Meat Loaf</i> 'PG-13'				(:45) Black Dog ★★ ('98, Action) <i>Patrick Swayze, Meat Loaf</i> 'PG-13'			(:17) Peggy Sue Got Married ('86, Comedy-Drama) 'PG-13'			(:04) Overcomer ★★ ('19, Drama) <i>Alex Kendrick, Shari Rigby</i> 'PG'			(:07) Tremors ★★ ('90, Horror) <i>Kevin Bacon, Fred Ward</i> 'PG-13'					
	STARZ-E	350	Megan Leavey				(:27) The Covenant ★★ ('06, Horror) <i>Steven Strait</i> 'PG-13'			(:09) Land of the Lost ★★ ('09, Comedy) <i>Will Ferrell, Anna Friel</i> 'PG-13'			(:7:55) Groundhog Day '93, Romance-Comedy <i>Bill Murray</i> 'PG'			(:40) Breathe ★★ ('17, Biography) <i>Andrew Garfield, Claire Foy</i> 'PG-13'			(:41) Side Effects 'R'		
	STARZ-W	351	Block Party				Girlfriend			(:26) Megan Leavey ★★ ('17, War) 'PG-13'			(:27) The Covenant ('06) 'PG-13'			(:09) Land of the Lost ('09, Comedy) 'PG-13'			Groundhog Day ('93)		
EPIX	STRZED	352	Charlie's Angels ('19) 'PG-13'				(:45) The Master of Disguise ('02)			(:07) Titanic ★★ ('97, Historical Drama) <i>Leonardo DiCaprio</i> 'PG-13'			(:24) Linewatch ('08, Drama) 'R'								
	STRZCI	353	The Professional ('94, Suspense) 'R'				My Hero Academia			(:05) Maiden ('18, Documentary) 'PG'			(:8:46) Burn ('19, Suspense) 'R'			(:17) Standing Up, Falling Down					
	STRZCO	354	Hysteria ★★ ('11, Comedy) 'R'				(:38) All About Steve ★ ('09) 'PG-13'			(:18) Men in Black II ('02) 'PG-13'			(:8:48) Overboard ★★ ('87) 'PG'			(:43) Playmobil: The Movie ('19)					
	STRZIB	355	(:10) Freedomland ★★ ('06, Crime Drama) 'R'				(:05) Kings ★ ('17, Drama) 'R'			(:34) Saint Judy ('18, Biography) 'PG-13'			(:22) Daddy Day Camp ('07) 'PG'			(:10:53) Volcano ('97)					
	STRZKF	356	Little Dorrit Part I				(:27) Little Dorrit Part Two: Little Dorrit's Story (Part 2 of 2) ('88) 'G'			(:31) Little Women ('19, Drama) <i>Saoirse Ronan</i> 'PG'						Mona Lisa Smile ('03)					
	EPIX	380	(:15) Fall River Deal With the Devil				(:15) Star Trek V: The Final Frontier ★★ ('89, Science Fiction) <i>William Shatner, Leonard Nimoy</i>			(:05) General Commander ('19, Action) <i>Steven Seagal, Sonia Couling</i>			(:35) Trauma Center ('19, Action) <i>Bruce Willis, Nicky Whelan</i>			(:05) Vault ('19, Crime Drama) <i>Theo Rossi, Clive Standen</i>			(:45) Jungleland		
EPIX2	381	Blue Story				(:45) We Die Young ('19, Action)			(:20) Danica			Bernie the Dolphin 2 ('19)			(:10) The Bookshop ('17, Drama) <i>Emily Mortimer</i>			So I Married-Murderer			
EPIXH	382	You're Next ★★ ('11, Horror)				(:35) Internal Affairs ('90, Crime Drama)						The Expendables 3 ★★ ('14, Action)			(:40) Child's Play ('19, Horror)			(:10) Saint Maud ('19)			
EPIXDR	292	Betrayed ★★ ('88, Suspense) <i>Debra Winger</i>				(:10) The Bellboy ('60, Comedy)			(:25) Neil Young: Heart of Gold			(:10) Some Kind of Wonderful ('87)			(:45) Waiting to Exhale ('95)						
AMERICA'S TOP PROGRAMMING																					
A&E	118	Paid Programs				Joyce M.				Parking	Parking	Parking	Parking	Parking	Parking	Nightwatch	The First 48				
AHC	195	American Titans				Chasing Conspiracies				FBI Takedowns				FBI Takedowns				Gunslingers		Deadliest Tech <i>Fighters</i>	
AMC	131	The Last Samurai ('03, Adventure)				Stooges				Paid Programs								High Plains Drifter ★★ ('73, Western) <i>Clint Eastwood</i> Quick			
APL	184	Lone Star Law				Lone Star Law				Too Cute!				My Cat From Hell				The Crocodile Hunter			
AXSTV	167	Paid Programs																Secret Life-Zoo			
BBCA	135	Shutter Island ★★ ('10, Suspense)				Star Trek: Deep Space				Star Trek: Deep Space				Star Trek: Deep Space				Star Trek: Deep Space			
BET	124	Husbands				Husbands				The Parkers				The Parkers				Prince			
BOUNCE	359	Scandal				Wendy Williams Show				The Real				Judge Faith				Judge Faith			
BRAVO	129	Kelly Clarkson				Paid Programs				TBA				Movie				Summer House			
BUZZR	245	Match Gm.				Match Gm.				Match Gm.				Paid Programs				Les Feldick			
CHHD	249	City Confidential				City Confidential				Paid Programs								American Justice			
CMT	166	CMT Music				CMT Music				CMT Music				CMT Music				CMT Music			
CNBC	208	Shepard Smith				Worldwide Exchange (L)				Squawk Box (L)								Squawk on the Street (L)			
CNN	200	CNN Newsroom Live (L)				Early Start w/Romans				New Day with				New Day with				New Day with			
COM	107	South Park				South Park				Paid Programs				Futurama				Futurama			
COMET	289	Paid Programs																Paid Programs			
COOK	113	Paid Programs																Cake Hnt.			
DISC	182	Expedition X				Josh Gates Tonight				Gold Rush				Gold Rush				Gold Rush			
DFC	179	BathCrash				BathCrash				Gi Joe				Gi Joe				Blazing			
DISN-E	172	Jessie				Jessie				Ladybug				Ladybug				Sofia			
DIY	111	Paid Prog.				Salvage				Paid Programs								Flea			
ENCR-W	341	Blade: Trinity ('04, Horror) 'R'				(:32) Mo' Better Blues ★★ ('90, Drama) 'R'				(:45) Black Dog ★★ ('98, Action) 'PG-13'				(:17) Peggy Sue Got Married ('86)				(:04) Overcomer ('19)			
EWESTN	342	The Second Time Around ('61)				(:21) Yellow Sky ('48, Western) 'NR'				Colorado Serenade				The Westward Trail				(:07) Night Passage ('57) 'NR'			
EACTN	343	(:13) Dragonheart: Battle for the Heartfire				(:5:54) The Frighteners ★★ ('96, Fantasy) 'R'				Kn't Rider				(:39) Dragonheart ★★ ('96, Fantasy) 'PG-13'				Dragonheart: Battle			
ESUSP	344	Piranha 3DD ('12) 'R'				(:4:53) Striking Distance ('93) 'R'				Return to House on Haunted Hill				The Fog ('05, Horror) 'PG-13'				(:43) Brightburn ('19, Horror) <i>Elizabeth Banks</i> 'R'			
EBLACK	345	Tears of the Sun ('03)				(:4:54) Girl, Interrupted ★★ ('99, Drama) 'R'				(:04) The Slammin' Salmon ('09)				(:45) Chicago ★★ ('02, Musical) 'PG-13'				(:41) Glory ★★ ('89, War) 'R'			
ECLASS	346	Good Will Hunting ★★ ('97, Drama) 'R'				(:04) The Amazing Spider-Man ('12, Action) 'PG-13'								Alexander and the Terrible				(:48) Spider-Man ★★ ('02, Action) 'PG-13'			
EFAMILY	347	(:04) Pirates of the Caribbean: On Stranger Tides ('11)				(:22) Hotel Transylvania ('12) 'PG'								Casper: A Spirited Beginning 'PG'				(:32) Casper's Scare School ('06)			
ESPN	140	SportsCenter				SportsCenter				SportsCenter				SportsCenter (L)				Get Up (L)			
ESPN2	143	UFC Archival				UFC Archival				Keyshawn, JWill and Zubin (L)								SportsCenter (L)			
EWTN	261	Web/Faith				Living				Saint Mariana of Jesus				Firewalk				Choices			
FETV	82	Sergeant				Lassie				Prince				Jeremiah				Joyce M.			
FNC	205	FOX & Friends First (L)				FOX & Friends First (L)				FOX and Friends (L)											
FOOD	110	Beat Bobby				Beat Bobby				Paid Programs								Cake Wars			
FREEF	180	Paid Programs												Daddy				Daddy			
FS1	150	4TBA				TMZ Sports				Skip and Shannon: Undisputed				First Things First (L)				Skip and Shannon: Undisputed (L)			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	Paid Programs						Mike	Blockers ★★★ ('18, Comedy) <i>Leslie Mann</i>				Sisters ★★★ ('15, Comedy) <i>Amy Poehler, Tina Fey</i>				
FXM	384	♣Salzburg ('40) <i>The Ox-Bow Incident</i> ('43)		The Ghost and Mrs. Muir ('47)		(47) The Quiller Memorandum ('66) 'NR'	(35) The Kremlin Letter ('70, Suspense) 'PG'	Salzburg									
FXX	125	Paid Programs						Mom	Mom	Mom	Mom	Mom	black-ish	black-ish	Overlord ('18, Horror) <i>Jovan Adepo</i>		
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs					Amen	Amen	Good Time	Good Time	Good Time	Good Time	
GMSHW	116	Paid Programs								Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America
GOLF	401	♣Senior	Ladies Golf			Ladies Golf	Golf C'tral	♀ European PGA Tour Golf <i>Made in HimmerLand, Second Round</i> (L)									
GRIT	217	Paid Programs				Zane Grey	Zane Grey	Death Vall.	Death Vall.	Posse From Hell ('61, Western) <i>Audie Murphy</i>			The Virginian <i>It Tolls for Thee</i>				
HALL	185	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Just Add Romance ('19, Romance)			
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons		The Waltons		The Waltons <i>The Rumor</i>	
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)	
HDMOV	130	♣The Dead Girl ('06)		Paid Programs						It Runs in the Family ('03, Comedy-Drama)				Trailer	(25) Lawman ('71, Western)		
HGTV	112	Flip	Flip	Flip	Flip	Beach	Beach	Beach	Beach	Beach	Beach	Beach	Beach	Love It or List It		Love It or List It	
HIST	120	Paid Programs						Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens	
ID	192	Heart of Darkness		Heart of Darkness		What Lies Beneath		Betrayed		Betrayed		Wicked Attraction		Deadly Women		Fatal Vows	
IFC	133	('15) TBA				Grindhouse Presents: Planet Terror ('07)				(45) Piranha 3D ('10, Horror) <i>Elisabeth Shue</i>	(45) TBA						
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.
LIFE	108	Paid Programs					Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer	
LMN	109	Paid Programs				Killing Daddy ('14, Suspense) <i>Elizabeth Gillies</i>				A Father's Nightmare ('18, Suspense)			My Evil Stepdad ('19, Suspense) <i>Chris Johnson</i>				
MGMHD	385	(05) Ghost Town ★★ ('88, Horror) <i>Franc Luz</i>		Studio		Terror in a Texas Town ★★ ('58, Western) (20) <i>Southwest Passage</i> ('54)				(9:55) Taras Bulba ('62, Action) <i>Tony Curtis</i>							
MOTOR	246	Bitchin' Rides		FantomWorks		Bitchin' Rides		Garage Squad		Hot Rod	Hot Rod	Full Custom Garage		Full Custom Garage		Full Custom Garage	
MSNBC	209	Rachel Maddow Show		Way Too Early With		Morning Joe (L)							Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)
NATGEO	197	♣Roswell	Secret History of UFOs		Science		Paid Programs					Battleground A		Battleground A		Battleground A	
NGWLD	190	Paid Programs						Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Zoo: Tampa		Zoo: Tampa	
OUTD	396	Territories	Heartland	Africa	Outdoors	Gowdy	Spear Life	Unfathom	BigWater	Zona's	Match Fish	Major League Fishing			MLFAngle		Bass
OWN	189	20/20 on OWN		20/20: Homicide		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Snapped		Snapped		Dateline: Secrets Uncovered				An Unexpected Killer		An Unexpected Killer		An Unexpected Killer		An Unexpected Killer	
PARMT	241	Paid Programs								Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
POP	117	Charmed		Goldbergs	Goldbergs	ER		ER		ER		ER		ER		ER	
REELZ	299	Paid Programs				Nancy O'Dell		Michael Jackson: Fame and Scandal				World's Most		World's Most		World's Most	
RFDTV	231	Paid Programs				DocTalk	Podfather	Agriculture	Jeremiah	Rural News	AgDay	Market Day Report (L)					
SCI	193	Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Underground Marvels		Underground Marvels		Underground Marvels	
SMITH	367	Inside- Tower of London		Aerial Ireland		Aerial Cities <i>Seattle</i> 24		Aerial Cities <i>Miami</i> 24		Aerial Cities		Greek Island Odyssey		Air Warriors Zero		Terror in the Skies	
SONY	386	♣The Da Vinci Code ('06, Mystery) <i>Tom Hanks</i>				Anacondas: Trail of Blood ('09) (40) <i>Silent Rage</i> ('82, Action) <i>Chuck Norris</i>				(35) Lethal Justice	(35) Conspiracy ('08, Suspense)						
SUND-E	358	Perry Mason		Perry Mason		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.
SYFY	122	♣The Circle ★★ ('17, Suspense) <i>Emma Watson</i>				Z Nation <i>Duel</i>		(6:59) Z Nation		(7:58) Z Nation		(8:59) Z Nation		Z Nation <i>The Vanishing</i>			Z Nation
TBN	260	Steven	Taking	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen
TBS	139	Matters	Matters	Raymond	Raymond	Raymond	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends
TCM	132	Life Is Sweet ('91, Comedy) <i>Alison Steadman</i>				Across the Wide Missouri ('51)				Sequoia ★★ ('34)	(45) Desperate Search ('53)	Dersu Uzala ('75, Adventure) <i>Maxim Munzuk</i>					
TLC	183	Trading Spaces		Trading Spaces		Welcome to Plathville		Welcome to Plathville		Welcome to Plathville		Welcome to Plathville		sMothered		sMothered	
TMC-W	329	Halloween: Curse-Michael		(35) Never Goin' Back ('18) 'R'	(05) Congo ('95, Action) <i>Dylan Walsh</i> 'PG-13'	Zeroville ('19, Comedy) 'R'						(40) Why Stop Now? ('12) 'R'					
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed		Charmed <i>Blind Sided</i>		NCIS: New Orleans		NCIS: New Orleans	
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers/Imp. Jokers		Carbonaro		Carbonaro	Carbonaro
TRVL	196	Paid Programs						Most Terrifying Places				Most Terrifying Places		Most Terrifying Places		Most Terrifying Places	
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza	
UP	188	Paid Programs				Br.- Bates	Br.- Bates	Heartland		Heartland		Bridal Bootcamp ('17, Romance-Comedy)			Little House on Prairie		
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		Chrisley	NCIS: Los Angeles		NCIS		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago
WE	128	Mama June- Not to Hot		Paid Programs										Law Order: CI		Law Order: CI	
NETWORKS																	
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)		
CBS-E	♣CBS Overnight News (N)		News	News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right (N)		
CW-E	Local Programs				Local Programs												
FOX-E	Local Programs				Local Programs												
NBC-E	Local Programs				Local Programs			Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night	
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				
CBS-W	♣Corden	Local Prog.		CBS Overnight News (N)				News				News	News	CBS This Morning (N)			
CW-W	Local Programs																
FOX-W	Local Programs																
NBC-W	♣Meyers	Late-Lilly	Today-Hoda		Early Tdy	Local Programs						Local Programs		Today (N)			
PBS	Human-World		NOVA		Ready Jet	Arthur	Molly	Wild Kratts	Elementary/Xavier		Curious	Tiger	Donkey	Elinor	Sesame St./Pinkalicious		

		EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30			
		CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30			
		MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30			
		PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30			
PREMIUM MOVIES																					
SHOWTIME	SHO-E 318	◀Dreamland ('19, Drama) Margot Robbie, Travis Fimmel 'R'				The Untouchables ★★★★★ ('87, Crime Drama) Kevin Costner, Sean Connery 'R'				Love and Honor ★★ ('12, Drama) Liam Hemsworth 'PG-13'				(15) 21 Bridges ★★ ('19, Action) Chadwick Boseman, Sienna Miller 'R'				Django Unchained ('12, Western) 'R'			
	SHO-W 319	◀Limitless The Reluctant Fundamentalist ★★ ('12) 'R'				(45) Dreamland ('19, Drama) Margot Robbie 'R'				The Untouchables ('87, Crime Drama) 'R'				Love and Honor ('12) 'PG-13'							
	SHO2-E 320	◀Delivery Man ('13) Ruffalo, Anne Hathaway 'PG-13'				(45) Hustlers ★★★★★ ('19, Comedy-Drama) Constance Wu, Jennifer Lopez 'R'				(40) Waves ('19, Drama) Kelvin Harrison Jr., Taylor Russell 'R'				Moonlight ★★★★★ ('16, Drama) 'R'							
	SHOBET 321	◀Hav Plenty ('97) 'R'				Lethal Weapon ('87, Action) Mel Gibson 'R'				Along Came a Spider ('01) 'R'				(45) CB4 ★★ ('93, Comedy) 'R'				(15) Two Can Play That Game ★★ ('01) 'R'			
	SHOX-E 322	The Silence of the Lambs ('91, Suspense) 'R'				1917 ★★★★★ ('19, War) George MacKay 'R'				Carlito's Way ★★★★★ ('93, Crime Drama) Al Pacino 'R'				(25) Carlito's Way: Rise to Power							
	SHOS-E 323	◀Blackcoat's Daughter Your Sister's Sister ('11) 'R'				(05) Eighth Grade ('18) Elsie Fisher 'R'				(05) The Spectacular Now ('13) 'R'				(45) How to Build a Girl ('19, Comedy) 'R'				Blackcoat			
STARZ	TMC-E 327	◀The Babe ('92) 'PG'				Throw Momma From the Train Oasis: Supersonic ('16, Documentary) 'R'				(45) The Go-Go's ('20, Documentary) 'NR'				(25) The Turning ('20) 'PG-13'							
	TMCX-E 328	(05) Congo ('95) 'PG-13' (12:50)				Secret Window ('04)				The Humanity Bureau ('17) 'R'				(05) Mississippi Grind ★★ ('15, Drama) 'R'				Out of the Furnace ('13, Crime Drama) 'R'			
	FLIX-E 333	(15) Red ('10, Action) Bruce Willis 'PG-13'				(15) Killer Elite ('11, Action) Jason Statham 'R'				(15) Hamburger Hill ★★ ('87, War) 'R'				(15) Rambo: First Blood Part II ('85, Action) 'R'							
	ENCR-E 340	◀Mo' Better Blues ★★ ('90, Drama) Denzel Washington, Spike Lee 'R'				(1:59) Do the Right Thing ★★★★★ ('89, Drama) Danny Aiello, Ossie Davis 'R'				(02) The Animal ★★ ('01, Comedy) Rob Schneider 'PG-13'				(29) That's My Boy ★ ('12, Comedy) Adam Sandler, Andy Samberg 'R'				(29) Down to Earth			
	STARZ-E 350	◀Side Effects ★★ ('13, Drama) (29) Megan Leavey ★★ ('17, War) Kate Mara, Edie Falco 'PG-13'				(29) Step Up: High Water Step Up: High Water				(26) Land of the Lost ★★ ('09, Comedy) Will Ferrell 'PG-13'				(11) Men in Black 3 ★★ ('12, Action) Will Smith, Tommy Lee Jones 'PG-13'							
	STARZ-W 351	◀Ground (40) Breathe ★★ ('17, Biography) 'PG-13'				(41) Side Effects ('13, Drama) Jude Law 'R'				(29) Megan Leavey ★★ ('17, War) 'PG-13'				Step Up: High Water Land							
STRZ	STRZED 352	◀The Good Shepherd ★★ ('06, Drama) Matt Damon 'R'				(44) Charlie's Angels ('19, Action) 'PG-13'				(44) Titanic ★★★★★ ('97, Historical Drama) Leonardo DiCaprio 'PG-13'											
	STRZCI 353	◀The Rider ('17, Drama) 'R'				(37) Amelia ('09, Biography) Hilary Swank 'PG'				(31) Maiden ('18) 'PG'				(11) Critical Thinking ('20, Drama) 'NR'				(11) The Beach ('00)			
	STRZCO 354	◀Playmobil (25) Stepmom ★★ ('98, Drama) 'PG-13'				(35) Whip It ('09, Comedy-Drama) 'PG-13'				(28) Man of the Year ('06, Comedy) 'PG-13'				(25) Paris Can Wait ('16) 'PG'							
	STRZIB 355	◀Volcano Run the (10) Crooklyn ★★ ('94, Drama) 'PG-13'				(07) Poetic Justice ('93, Romance-Comedy) 'R'				(4:59) Freedomland ('06, Crime Drama) 'R'				Run the The Call							
	STRZKF 356	◀Mona Lisa Smile ('03) Beautiful Day Neighborhood (37) Raise Your Voice ★★ ('04, Drama) 'PG'				(25) Baby Geniuses ★★ ('99) 'PG'				Mona Lisa Smile ★★ ('03, Drama) 'PG-13'											
	EPIX 380	◀Jungleland ('19, Drama) Jack O'Connell ★★ ('19, Comedy) Tyler Perry, Cassi Davis				(05) Vampire in Brooklyn ★★ ('95, Comedy) Eddie Murphy, Angela Bassett				(4:50) Scooged ★★ ('88, Comedy) Bill Murray, Karen Allen				(35) The Wolf of Snow Hollow ('20, Horror) Jim Cummings							
EPIX	EPIX2 381	◀So I (40) Crawl ★★ ('19, Horror) (10) Pet Sematary ('19, Horror) Jason Clarke				(3:55) The Core ('03, Action) Aaron Eckhart				(10) The Rhythm Section ★★ ('20, Action)											
	EPIXH 382	◀Saint (35) The Haunting in Connecticut ('09, Horror) (20) The Haunting ('99, Horror)				(15) After Darkness ('18, Drama) Tim Daly				(5:55) Knowing ★★ ('09, Science Fiction)											
	EPIXDR 292	◀Waiting to Exhale (12:50) Four Weddings and a Funeral ('94)				(2:50) One Fine Day ★★ ('96) (40) Midnight Heat ('96, Action) Brian Bosworth				(20) Shattered ('91, Suspense)											
AMERICA'S TOP PROGRAMMING																					
A&E	118	The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48			
AHC	195	CIA Declassified		Deadliest Tech Guns		Weaponology		Weaponology Artillery		Ancient Assassins		Ancient Assassins		Ancient Assassins		Ancient Assassins		Almost, Away			
AMC	131	◀The Quick and the Dead ('95, Western)		XXX ★★ ('02, Action) Vin Diesel, Asia Argento						U.S. Marshals ★★ ('98, Action) Tommy Lee Jones, Wesley Snipes											
APL	184	Tankd		Pit Bulls and Parolees		Pit Bulls and Parolees		Lone Star Law		Tankd		Tankd		Tankd		Tankd					
AXSTV	167	◀Meat Loaf: The Guilty Pleasure Tour (12:20) New York Dolls		Legends		Live From Daryl's House		Live From Daryl's House		Live From Daryl's House		Live From Daryl's House		Live From Daryl's House		Live From Daryl's House					
BBCA	135	Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Fast & Furious ★★ ('09, Action) Vin Diesel							
BET	124	black-ish		black-ish		Prince		The Wedding Ringer ★★ ('15, Comedy) Kevin Hart, Josh Gad		Life ★★ ('99, Comedy-Drama) Eddie Murphy, Martin Lawrence											
BOUNCE	359	Law & Order		Law & Order		Without a Trace		Shaft ★★ ('00, Action) Samuel L. Jackson		Exit Wounds ★ ('01, Action) Steven Seagal		Hates Chris		Bernie Mac							
BRAVO	129	◀Summer		Summer House		Summer House		Summer House		Summer House		Summer House		Movie							
BUZZR	245	Match Gm.		Match Gm.		Concen.		Concen.		Password		Password		Super Pass.		Tattletales					
CHD	249	Cajun		Cajun		Cajun		Cajun		The Squad		The Squad		The Squad		Why I Ran					
CMT	166	Roseanne		Roseanne		King		King		King		King		Last Man		Last Man					
CNBC	208	Fast Money Halftime		The Exchange (L)		Power Lunch (L)		Closing Bell (L)				Fast (L)		Options		Mad Money (N)					
CNN	200	Inside Politics (L)		CNN Newsroom		CNN Newsroom with		CNN Newsroom with		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront (L)					
COM	107	South Park		South Park		The Office		The Office		The Office		The Office		The Office		The Office					
COMET	289	◀Nt. Gallery		Nt. Gallery		Nt. Gallery		Nt. Gallery		The Outer Limits		The Outer Limits		Sliders		The King Is Back					
COOK	113	Cake Wars		DC Comics		Cupcake Wars		Cupcake Wars		Cupcake Wars		Cupcake Wars		Cupcake Wars		Cupcake Wars					
DISC	182	Gold Rush		Gold Rush		Gold Rush		Gold Rush		Gold Rush		Gold Rush		Gold Rush		Gold Rush					
DFC	179	Pac-Man		Pac-Man		Littlest Pet		Pet Shop		Pony Life		LittlePony		LittlePony		Too Cute!					
DISN-E	172	Ladybug		Ladybug		Big City		Big City		Jessie		Jessie		Big City		Big City					
DIY	111	Lakefront Bargain Hunt		Lakefront Bargain Hunt		Lakefront Bargain Hunt		Lakefront Bargain Hunt		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation					
ENCR-W	341	◀Overcomer ('19) 'PG'		(07) Tremors ('90, Horror) Kevin Bacon 'PG-13'		(2:46) Mo' Better Blues ★★ ('90, Drama) 'R'		(4:59) Do the Right Thing ('89, Drama) 'R'		(02) The Animal ('01)											
EWESTN	342	◀Garden (21) The Bravados ('58) 'NR'		Wyatt Earp (27) The Big Valley		Laramie		Death Vall.		Death Vall.		(05) Maverick		(5:56) Cheyenne		(15) Draw! ('84) 'NR'					
EACTN	343	(04) Zoom ('06, Children's) 'PG'		(35) Into the Blue ('05, Adventure) 'PG-13'		(28) Donnie Brasco ('97, Crime Drama) 'R'		(37) The Frighteners ★★ ('96, Fantasy) 'R'		TalesCrypt											
ESUSP	344	◀Piranha		Friday the 13th Part VII		(12) Paranormal Activity ('07) 'R'		Friday the 13th Part 8: Jason-Manhattan		(23) Ronin ('98, Action) Robert De Niro 'R'		Brightburn									
EBLACK	345	◀Glory ('89, War) 'R'		(12:46) Out of Omaha ('18) 'NR'		(22) Armored ★★ ('09) 'PG-13'		(3:52) Tears of the Sun ★★ ('03, Action) 'R'		(5:55) Glory ('89, War) Matthew Broderick 'R'											
ECLASS	346	◀Jarhead ('05, War) Jake Gyllenhaal 'R'		(1:59) True Romance ★★ ('93, Action) 'R'		(3:59) Destr3y ('55, Western) 'NR'		(3:37) Spider-Man ★★ ('02, Action) 'PG-13'		Amazing											
EFAMILY	347	◀Titan A.E. (28) Hotel Transylvania ('12) 'PG'		Pirates of the Caribbean: On Stranger Tides ('11) 'PG-13'		(1:19) Open Season 2		Charmers		Charmers		(27) Hotel Transylvania ('12) 'PG'									
ESPN	140	SportsCenter (L)		SportsCenter (L)		Jalen		Question		NBA: The Jump (L)		NFL Live (L)		Around		Interuption					
ESPN2	143	First Take (N)		College Softball				College Softball				College Softball				College Softball					
EWTN	261	Daily Mass		Women of Grace		Life/Rock		Stations		Chaplet		Rosary		Cross		The Friar					
FETV	82	Bewitched Bewitched		The Wild, Wild West		The Wild, Wild West		Ranger		Ranger		Perry Mason		Perry Mason		Matlock					
FNC	205	Outnumbered (L)		America Reports With John Roberts				The Story With Martha		Your World W/ Cavuto		The Five (L)		Special Report		FOX News Primetime (L)					
FOOD	110	Food Paradise		Diners, Drive		Diners		Diners		Diners, Drive		Diners		Diners		Diners					
FREFM	180	The Middle: The Middle		The Middle: Sister Act ★★ ('92, Musical Comedy) Whoopi Goldberg				Family Guy		Family Guy		Family Guy		Family Guy		Family Guy					
FS1	150	The Herd with Colin Cowherd (L)						Speak for Yourself (L)		NASCAR Xfinity		NASCAR Truck Series		Race Hub		NASCAR Cup Series					

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30			
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30			
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30			
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30			
AMERICA'S TOP PROGRAMMING																			
FX	136	Night School ★★ ('18, Comedy) Kevin Hart				Kingsman: The Golden Circle ★★★ ('17, Action) Colin Firth				Molly's Game ★★★ ('17, Biography) Jessica Chastain									
FXM	384	Salzburg Conn.		(15) Eyewitness ('81, Suspense) William Hurt 'R'		Split ★★★ ('16, Suspense) James McAvoy 'PG-13'				(20) Alien: Covenant ('17, Science Fiction) 'R'				Deadpool					
FXX	125	Overlord ('18, Horror)		Independence Day: Resurgence ★★ ('16, Science Fiction)				World War Z ★★★ ('13, Horror) Brad Pitt, Mireille Enos				Simpsons	Simpsons	Simpsons	Simpsons				
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Guns of Paradise		Spillane's Mike Hammer		Starsky and Hutch					
GMSHW	116	Deal or No Deal		Match Gm./Match Gm.		Catch 21	Catch 21	The Chase		Ma. Minds Ma. Minds		Chain Rea.	Common	Puzzler	America	America			
GOLF	401	Golf Central Pregame (L)		♀ 2021 Senior PGA Championship Second Round (L)				♀ PGA Tour Golf Charles Schwab Challenge, Second Round (L)				LPGA Golf							
GRIT	217	Laramie		Laramie		Fargo	Fargo	Tales of Wells Fargo		Fargo	Fargo	McLintock! ★★★ ('63, Western) John Wayne, Maureen O'Hara							
HALL	185	A Taste of Summer ('19, Romance) Eric Winter				A Valentine's Match ('20, Romance)				All for Love ('17, Romance) Sara Rue				All Things Valentine ('15, Comedy-Drama)					
HALLDR	186	The Waltons		Medicine Woman		Medicine Woman		Medicine Woman		Medicine Woman		Cedar Cove		Cedar Cove		I Do, I Do, I Do ('15)			
HALLMV	187	Matlock The Abduction		Monk		Monk		Monk		Good Witch The Tea		Good Witch		Along Came a Nanny ('14, Mystery)					
HDMOV	130	(10) Half Light ('06, Suspense) Demi Moore		(40) The Frozen Ground ('13, Suspense)				Seven Men From Now ★★ ('56)				(55) Comes a Horseman ('78, Western)							
HGTV	112	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Dream		Dream			
HIST	120	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens			
ID	192	20/20 on ID		Impact of Murder		Disappeared		Diabolical		Grave Mysteries		Night- Di. End		Southern Gothic		Obsession: Dark Desires			
IFC	133	TBA		Run All Night ★★ ('15, Action) Liam Neeson, Ed Harris				Point Break ★★ ('15, Action) Edgar Ramirez, Luke Bracey				Transporter 2 ('05, Action) Jason Statham							
LAFF	237	Jim	Jim	'70s Show '70s Show		Videos	Videos	Videos	Videos	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.		
LIFE	108	Major Crimes		Major Crimes		Major Crimes		Major Crimes		Major Crimes		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles			
LMN	109	Killer Single Dad ('18, Suspense) Kaitlyn Black				InstaPsycho ('20, Suspense) Nicky Whelan				My Daughter's Psycho Friend ('20, Suspense)				Psycho Prom Queen ('18, Suspense)					
MGMHD	385	Taras Bulb King Solomon's Mines ★ ('85, Action)		(45) Miami Blues ★★ ('90, Comedy) Alec Baldwin		(4:55) Report to the Commissioner ('75, Crime Drama)				Harsh									
MOTOR	246	Full Custom Garage		Full Custom Garage		Full Custom Garage		Full Custom Garage		Wide World of Speed		Hot Rod	Hot Rod	FantomWorks	Bitchin' Rides				
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Ayman Mohyeldin		Deadline: White House (L)				The Beat With		The ReidOut (L)			
NATGEO	197	Battleground A		Battleground A		American War Generals				Hitler's Death Squad				GI Death Camp		Hitler's Secret Attack			
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Wild Bahamas		Wild Australia		Wild Australia		Wild Australia			
OUTD	396	Fishing	Heartland	Bone Coll./Drop Zone		Hunt Adv	Crush	McMillan	Hunt	Whitetail	Hunter	Fowl Life	GunDogT	Wicked Tuna		Longmire			
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil			
OXYG	127	An Unexpected Killer		An Unexpected Killer		An Unexpected Killer		An Unexpected Killer		An Unexpected Killer		An Unexpected Killer		An Unexpected Killer					
PARMT	241	Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Step Brothers ('08)			
POP	117	ER		House		House		House		House		House		House		House			
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	World's Most		World's Most		World's Most		Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.		
RFDTV	231	Market Day Report (L)				TBA		TruCountry/Penny G		Porter	Country	Big Joe Polka Show		Woodsongs		Jimmy	Duttons		
SCI	193	Underground Marvels		Underground Marvels		Underground Marvels		Underground Marvels		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned			
SMITH	367	Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters			
SONY	386	Conspira (25) Out of Bounds ('86, Suspense)				(15) Cross Wars ('17, Action) Brian Austin Green				(10) Basic ★★ ('03, Suspense) John Travolta				(10) Sniper 2 ('02, Suspense) Tom Berenger					
SUND-E	358	Andy G.	Andy G.	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order			
SYFY	122	Drive Angry 3D ('11, Action) Nicolas Cage				(03) X-Men Origins: Wolverine ('09, Action) Hugh Jackman				Hellboy ★ ('19, Action) David Harbour, Milla Jovovich							Magnificent Seven		
TBN	260	S. Furtick	Robert	Joyce M.	Together	Robison	Gaither	The 700 Club		Hagee	Watchman	Praise		Metaxas	J. Rubin	John Gray	Potters		
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Family Guy	Family Guy	Family Guy	Family Guy		
TCM	132	Dersu The Wild North ('52, Adventure)		(15) All Mine to Give ('57, Drama) Glynis Johns				The Trap ('67, Adventure) Rita Tushingham				Man in the Wilderness ('71, Adventure)							
TLC	183	sMothered		sMothered		90 Day Fiancé: Happily Ever After?				90 Day Fiancé: Happily Ever After?				90 Day Fiancé: Happily Ever After?					
TMC-W	329	(10) Mr. Baseball ★★ ('92, Comedy) 'PG-13'				The Babe ('92, Biography) John Goodman 'PG'				Throw Momma From the Train				Oasis: Supersonic ('16, Documentary) 'R'				Go-Go's	
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Bones		Bones		Bones		Bones		Bones			
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Double	Double	Videos	Jokes	Jokes		
TRVL	196	Most Terrifying Places		Most Terrifying Places		Most Terrifying Places		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures			
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.		
UP	188	Little House on Prairie		Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Little House on Prairie			
USA	105	Chicago Chicago P.D.		Chicago P.D.		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Hockey			
WE	128	Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		Mama June- Not to Hot			
NETWORKS																			
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																			
ABC-E	Local Programs			GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs				News		Local Programs			
CBS-E	Local Prog./Young & Restless			Bold		The Talk (N)		Let's Make a Deal (N)		Local Programs				News		Local Programs			
CW-E	Local Programs					Local Programs			Jerry Springer		Local Programs		Local Programs						
FOX-E	Local Programs					Local Programs													
NBC-E	Local Programs			Days of our Lives (N)		Local Programs		Local Programs				Local Programs				News		Local Programs	
METV	247*	The Waltons		Gunsmoke		Bonanza		Rifleman	Rifleman	Wagon Train		Adam-12	Adam-12	Addams	Happy Day	M*A*S*H	M*A*S*H		
ABC-W	Local Programs			The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs					News		
CBS-W	Local Programs			The Price Is Right (N)		Young & Restless		Local Prog./Bold		The Talk (N)		Let's Make a Deal (N)			Local Programs				
CW-W	Local Programs					Local Programs							Jerry Springer		Local Programs				
FOX-W	Local Programs					Local Programs													
NBC-W	Today 3rd Hour (N)			Today-Hoda		Local Programs				Days of our Lives (N)				Local Programs		Local Programs			
PBS	Dinosaur Clifford		Sesame St./Donkey		Tiger	Go Luna	Nature Cat	Wild Kratts	Molly	Xavier	Odd	Arthur	Cat in the		Peg & Cat	PBS NewsHour (N)			

DIG (00:00) = Based on Eastern Time. *MeTV channel numbers vary depending on local market. **169**

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30		
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30		
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30		
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30		
AMERICA'S TOP PROGRAMMING																		
FX	136	Assassination, Versace Paid Programs					Mike	Mike	Mike	BlackKkKlansman ('18, Comedy-Drama) John David Washington					Kingsman			
FXM	384	EYewitnes (45) Day-Time Wife ('39) 'NR'			The Quiller Memorandum ('66, Suspense) 'NR'			(7:50)	The Kremlin Letter ('70, Suspense) 'PG'			(9:55)	Tony Rome ('67, Crime Drama) 'NR'					
FXX	125	Paid Programs					Mom	Mom	Mom	Overlord ★★ ('18, Horror) Jovan Adepo, Wyatt Russell					Independence Day			
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs					Real Life		Real Life	Shane	(15) Hondo			
GMSHW	116	Paid Programs										Deal or No Deal		America	America	America	America	
GOLF	401	Senior	Ladies Golf			Ladies Golf	Golf C'tral	Golf C'tral	European PGA Tour Golf Made in HimmerLand, Third Round (L)									
GRIT	217	Paid Programs				Men From Shiloh			Death Vall.	Death Vall.	Death Vall.	Death Vall.	Death Vall.	The Moonlighter ★★ ('53, Western)				
HALL	185	Frasier	Frasier	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	A Dash of Love ('17, Romance-Comedy)			All Summer Long ('19)				
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		The Waltons		The Waltons		The Waltons		The Waltons		See Jane Date ('03)		
HALLMV	187	Magnum, P.I. Deja Vu		Magnum, P.I. Deja Vu		Magnum, P.I.		Magnum, P.I.		Monk		Monk Scouting trip.		Morning Show Mysteries Murder Ever After				
HDMOV	130	Uncommon Valor ('83) Paid Programs								Seven Men From Now ★★ ('56) (20) Valdez Is Coming ('71)			(10:55) Puncture ('11)					
HGTV	112	Paid Programs						No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno		
HIST	120	Paid Programs						TBA		The Men Who Built America: Frontiersmen			The Men Who Built America: Frontiersmen					
ID	192	Homicide City		Homicide City		20/20 on ID		American Monster		Pla. Sight	Pla. Sight	Evil Lives Here		People Magazine		On the Case, Zahn		
IFC	133	Point Break ('15)		Stooges	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell		
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Bernie Mac	Bernie Mac	
LIFE	108	Paid Programs										Paid Programs				Sinister Minister ('17)		
LMN	109	Paid Programs				Evil Doctor ('18, Suspense) Dina Meyer			The Doctor Will Kill You Now ('19, Suspense)			Killer Night Shift ('18, Suspense) Johnny Pacar						
MGMHD	385	(05) He Walked by Night ('48, Crime Drama)				Studio	Studio	Studio	(40) Dance With Me Henry ('56, Comedy)	Ski Party ('65, Musical Comedy) Frankie Avalon		Muscle						
MOTOR	246	Bitchin' Rides		FantomWorks		Hot Rod	GearZ	Junkyard	Junkyard	Roadkill	Classic Car	Sam's	Hot Rod	Roadkill	Roadkill	Car Fix	Garage	
MSNBC	209	Dateline		Dateline		Report		Report		Velshi (L)		Velshi (L)		The Cross Connection With Tiffany Cross (L)				
NATGEO	197	North Korea		Inside North Korea		Paid Programs					JFK: The Lost Bullet		The Lost JFK Tapes: The Assassination					
NGWLD	190	Paid Programs						Alaska Animal Rescue		Alaska Animal Rescue		Alaska Animal Rescue		Alaska Animal Rescue		Alaska Animal Rescue		
OUTD	396	Outdr.	Seahunter	Zona's	Bass	Fishing	Fish. Edge	Lake	Bill Dance	Fisherman	Hook Look	Fishing	BigWater	Andrews	Seahunter	Unfathom	Viral	
OWN	189	20/20 on OWN		20/20 on OWN		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Hunters	Hunters	
OXYG	127	Snapped: Killer Couples		Snapped: Killer Couples		Dateline		Dateline		Dateline: Secrets Uncovered				Dateline: Secrets Uncovered				
PARMT	241	Paid Programs								Bar Rescue		50 First Dates ★★ ('04, Romance-Comedy)			Big Daddy ★ ('99)			
POP	117	Beverly Hills, 90210		Beverly Hills, 90210		Charmed		Charmed		Charmed		Charmed		TBA	Movie			
REELZ	299	Paid Programs				Titanic: Fatal		Capt. Sully's Hudson		Captain Phillips		Shark Terror: The Real Jaws			Croc Terror			
RFDTV	231	Paid Programs				Rural America Live		Red Ste.	Rural News	Agribusiness		Cattlemen to Cattlemen		U.S. Farm Report (N)		Farm Show	Mecum	
SCI	193	Mysteries of the Missing		Mysteries of the Missing		Mysteries of the Missing		Mysteries of the Missing		Mysteries of the Missing		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		
SMITH	367	The Real Story		The Real Story		Aerial America Texas		Aerial America		Aerial America Utah		Aerial America Vermont		Aerial America Virginia		Aerial America		
SONY	386	Escape to Athena ('79, Action) Roger Moore					(05) The Blue and the Gray Major battle. (Part 1 of 3)		(40) The Blue and the Gray (Part 2 of 3)		(35) The Blue and the Gray							
SUND-E	358	Columbo			Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Heroes	Heroes		
SYFY	122	42 Lava (45) Van Helsing		Wild Life		Paid Programs			Futurama	Futurama	Futurama	Valerian and the City of a Thousand Planets ('17)						
TBN	260	Praying	God's	John Gray	Health	Watchman	Rubin	Joel Osteen	Prince	Owlegories	TuneTime	Topsy	Sea Kids	Joel Osteen	Prince	VeggieTles	Veggie	
TBS	139	Broke Girl	Broke Girl	Raymond	Raymond	George	George	George	Raymond	Raymond	Raymond	Raymond	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Wipeout	
TCM	132	Wings Egl (45) Above and Beyond ★★ ('53, Historical Drama)				Thunder Afloat ('39, War) Wallace Beery				Destination Tokyo ★★ ('43, War) Cary Grant			No Time					
TLC	183	7 Little Johnstons		7 Little Johnstons		7 Little Johnstons		7 Little Johnstons		TBA		Doubling Down-Derricos		Doubling Down-Derricos		TBA		
TMC-W	329	Five Feet Scarborough ('18, Drama) 'NR'				Croupier ('98, Suspense) 'NR'		(35) Grandma ('15) Lily Tomlin 'R'			Poms ★★ ('19, Comedy) 'PG-13' (35) Amy ('15, Documentary) 'R'							
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		We Are Marshall ★★ ('06, Drama)				
TRU	242	Videos	Knockout	Hot Ones	Hot Ones	Ad. Ruins	Ad. Ruins	Ad. Ruins	Ad. Ruins	Hot Ones	Hot Ones	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...		
TRVL	196	Paid Programs						Fast Food-Global		Fast Food-Global		Fast Food-Global		Fast Food-Global		Fast Food-Global		
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	
UP	188	Paid Programs				Bringing Up Bates		Heartland		Heartland		Little House on Prairie		Little House on Prairie		Little House on Prairie		
USA	105	Dateline		Dateline		Chrisley	Fantastic Beasts: The Crimes of Grindelwald ★★ ('18, Fantasy) (23) Harry Potter and the Sorcerer's Stone ('01, Children's)											
WE	128	Love After Lockup		Paid Programs										Criminal Minds		Criminal Minds		
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																		
NETWORKS																		
ABC-E	Local Programs				Local Programs			Good Morning America (N)		Good Morning America (N)		Local Programs				Local Prog.		
CBS-E	Local Programs				Local Programs			Lucky (N)	Innovation	Mission	Hope-Wild	CBS This Morning: Saturday (N)			Pet Vet	All In		
CW-E	Local Programs				Local Programs			Local Prog.	Local Prog.	Into Wild	Into Wild	Into Wild	This Old H.	Friends	Tail-Valor	Local Programs		
FOX-E	Local Programs				Local Programs			Local Programs				Local Programs		Local Programs				
NBC-E	1st Look	Local Programs			Local Programs			Today (N)			News-Kids		Local Programs		Earth Ody.	Wild Child	Earth Ody.	
METV	247*	Barnaby Jones		Petticoat	Petticoat	Hillbillies	Hillbillies	Popeye	Pink Pan	The Tom and		Bugs Bunny /Friends (N)		Maverick		Wagon Train		
ABC-W	Local Programs										Good Morning America (N)		Good Morning America (N)		Local Prog.		Local Prog.	
CBS-W	Corden		Local Programs				CBS This Morning: Saturday (N)					Lucky (N) Innovation						
CW-W	Local Programs										Local Programs		Local Prog.	Local Prog.	Into Wild	Into Wild		
FOX-W	Local Programs										Local Programs		Local Programs					
NBC-W	Meyers		Late-Lilly	Today-Hoda		1st Look	1st Look	1st Look	Local Programs			Today (N)		News-Kids		Earth Ody.	Wild Child	
PBS	Independ.		Breaking	Old House	Old House	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious	

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30			
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30			
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30			
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30			
AMERICA'S TOP PROGRAMMING																			
FX	136	A Quiet Place ('18, Horror) <i>Emily Blunt</i>				A Quiet Place ('18, Horror) <i>Emily Blunt</i>				Pose		Atlanta	Atlanta	Atlanta	Atlanta	Atlanta			
FXM	384	4Spy ('15, Comedy) <i>Melissa McCarthy 'R'</i>				(15) Snatched ('17, Comedy) <i>Amy Schumer 'R'</i>				(12:05) Snatched ★★ ('17, Comedy) 'R'		(1:55) Everything Must Go ('10) <i>Will Ferrell 'R'</i>							
FXX	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	The Great Wall ('16, Adventure) <i>Matt Damon</i>		Sunny	Dave	Dave	FXM Pres.				
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		Starky and Hutch		Starky and Hutch		Charlie's Angels		Charlie's Angels		Hart to Hart		Hart to Hart			
GMSHW	116	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	Emogenius	Snap			
GOLF	401	LPGA Golf			Golf Central (L)			PGA Tour Golf <i>Charles Schwab Challenge, Third Round</i>					2021 Senior PGA Championship <i>Third Round (N)</i>						
GRIT	217	The Magnificent Seven ★★ ★★ ('54, Action) <i>Toshiro Mifune</i>					Return of the Seven ('66, Western) <i>Yul Brynner</i>				Guns of the Magnificent Seven ★★ ('69, Western)				Paid Prog.				
HALL	185	4As Luck Would		The Beach House ('18, Drama) <i>Minka Kelly</i>			Don't Go Breaking My Heart ('21, Romance)			Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls			
HALLDR	186	4Recipe for Love ('14)		For Love & Honor ('16, Drama) <i>James Denton</i>			The Waltons			The Waltons <i>The Return</i>		The Waltons <i>The Return</i>		The Waltons		Medicine Woman			
HALLMV	187	Mystery 101 <i>An Education in Murder</i>					Mystery 101 <i>Killer Timing</i>					Murder, She Wrote		Murder, She Wrote		Murder, She Wrote			
HDMOV	130	(15) Glengarry Glen Ross ('92, Drama)				The Ghost and the Darkness ★★ ★★ ('96)				(11:55) From Beyond ('86, Horror)		The Ghost and the Darkness ★★ ★★ ('96) Shattered							
HGTV	112	Escape to the Chateau (N)		Bought-Cheateau		Nate and Jeremiah		Nate and Jeremiah		Bought-Cheateau		Nate and Jeremiah		Nate and Jeremiah		Escape to the Chateau			
HIST	120	The Men Who Built America <i>Changing the Game</i>				(05) The Men Who Built America				(12:04) The Men Who Built America				(06) The Men Who Built America					
ID	192	Web of Lies		Web of Lies		Web of Lies		Fear Thy Neighbor		Web of Lies		Web of Lies <i>Final Sale</i>		Fear Thy Neighbor		Web of Lies			
IFC	133	42 Guns ('13, Action)		Denzel Washington		(15) Walking Tall ★★ ('04, Action) <i>The Rock</i>				2 Guns ★★ ★ ('13, Action) <i>Denzel Washington</i>				Gangster Squad ('13) <i>Josh Brolin</i>					
LAFF	237	70s Show	70s Show	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	Jim	Jim	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	Paid Programs			
LIFE	108	Movie				(03) Who Is Killing the Cheerleaders? ('20)				(12:01) Movie				(04) Who Is Killing the Cheerleaders? ('20)					
LMN	109	Revenge Delivered ('21, Suspense)				Beware of the Midwife ('21, Crime Drama)				(12:01) Revenge Delivered ('21, Suspense)				Beware of the Midwife ('21, Crime Drama)					
MGMHD	385	(05) Follow That Dream ★★ ('62, Musical) <i>Elvis Presley</i>				Frankie and Johnny ('66, Musical) <i>Elvis Presley</i>				Clambake ★★ ('67, Musical) <i>Elvis Presley</i>				(40) Popi ('69, Comedy-Drama)					
MOTOR	246	Autobiography		Auto/Biography		Junkyard Empire		Junkyard Empire		Auto/Biography		Junkyard Empire		Junkyard Empire		Autobiography			
MSNBC	209	Week-Joshua Johnson		Week-Joshua Johnson		Voices-Alicia Menendez		Week-Joshua Johnson		Week-Joshua Johnson		Dateline		Dateline		Dateline			
NATGEO	197	Outlaw Bikers		Outlaw Bikers		Outlaw Bikers		Biker Chicks		Outlaw Bikers		Outlaw Bikers							
NGWLD	190	Dr. Oakley, Yukon Vet (N)		Critic Fixers		Alaska Animal Rescue (N)		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Alaska Animal Rescue		Alaska Animal Rescue		Paid Programs			
OUTD	396	Country	Country	Space Cowboys ★★ ★ ('00, Adventure) <i>Clint Eastwood</i>				Space Cowboys ★★ ★ ('00, Adventure) <i>Clint Eastwood</i>				Country	WildFed	Fishmonger	Hook Look				
OWN	189	Iyanla, Fix My Life		Iyanla, Fix My Life				Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life			
OXYG	127	Snapped		Snapped		Snapped		Dateline: Secrets Uncovered				Snapped		Dateline					
PARMT	241	4Grwn Ups		Grown Ups 2 ★ ('13, Comedy) <i>Adam Sandler</i>		Big Daddy ★★ ('99, Comedy) <i>Adam Sandler</i>				50 First Dates ★★ ('04, Romance-Comedy)				The Office		The Office			
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Scorpion		Scorpion			
REELZ	299	Elvis: Are You Lonesome Tonight?				Autopsy-Last		Elvis: Are You Lonesome Tonight?				Elvis: Summer of '56		Celebrity	Celebrity	Paid Programs			
RFDTV	231	Stuart	Country	Daniel O'Donnell Show		Mollie B Polka Party		Larry's Country Diner		Paid Programs		The Red Skelton Show		Paid Programs					
SCI	193	What on Earth? (N)				What on Earth?				What on Earth?		What on Earth?		What on Earth?		What on Earth?			
SMITH	367	Pacific War		Carriers at War		Carriers at War		The Day Kennedy Died				Carriers at War		Carriers at War		Air Warriors <i>Harrier</i>			
SONY	386	Company of Heroes ('13, Action) <i>Tom Sizemore</i>				Beyond Valkyrie: Dawn of the Fourth Reich (11:55) <i>Company of Heroes ('13)</i>				Beyond Valkyrie: Dawn of the Fourth Reich		Major Dun							
SUND-E	358	4Fistful		The Good, the Bad and the Ugly ★★ ★★ ('67, Western) <i>Clint Eastwood, Eli Wallach</i>		(45) For a Few Dollars More ★★ ★★ ('65, Western) <i>Clint Eastwood</i>				Escape Al									
SYFY	122	4White House Down		John Wick ★★ ★★ ('14, Action) <i>Keanu Reeves</i>		Futurama		Futurama		Futurama		Valerian and the City of a Thousand Planets ('17, Science Fiction)							
TBN	260	Huckabee (N)		Somebody		Hour Power: Schuller		Youseff		Huckabee		Somebody		L. Fontaine	Jordan Rubin	Praise	Praise		
TBS	139	4Break Up		Big Bang		Big Bang		Big Bang		Big Bang		Chad		Wipeout		Wipeout <i>Betting Battle</i>			
TCM	132	36 Hours ('64, Suspense) <i>James Garner</i>				(15) Nazi Agent ('42, Drama) <i>Conrad Veidt</i>				Act of Violence ('49, Crime Drama) <i>Van Heflin</i>				Journey Into Fear		Merrill's Marauders			
TLC	183	TBA		TBA		TBA		TBA		TBA		TBA		TBA		TBA			
TMC-W	329	Hereditary ('18, Horror) <i>Toni Collette 'R'</i>				(10) Out of Time ('03, Suspense) 'PG-13'				Ganja & Hess ('73, Horror) <i>Duane Jones 'R'</i>				(1:50) Da Sweet Blood of Jesus ('14) 'NR'					
TNT	138	4The Equalizer ★★ ('14, Action) (45) Need for Speed ★★ ('14, Action) <i>Aaron Paul</i>				(12:15) The Hitman's Bodyguard ★★ ★ ('17, Action)				NBA Basketball									
TRU	242	Jokes	Jokes	Jokes	Jokes	Jokes	Imp. Jokers	Jokes	Jokes	Jokes	Jokes	Jokes	Impractical Jokers		A. Sedaris				
TRVL	196	Kindred Spirits		Kindred Spirits (N)		Paranormal Witness		Paranormal Witness		Kindred Spirits		Kindred Spirits		Paranormal Witness		Paranormal Witness			
TVLND	106	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	King	King	King	King	Christine			
UP	188	4Sweet Surrender ('13)		Soldier Love Story ('10, Romance) <i>Lori Loughlin</i>				Love Alaska ('19, Romance) <i>Sarah Podemski</i>				Operation Cupcake ('12, Comedy-Drama)				Paid Programs			
USA	105	4Harry Potter and the Goblet of Fire ('05, Fantasy) <i>Daniel Radcliffe</i>				Harry Potter and the Order of the Phoenix ★★ ★ ('07, Fantasy)				Chicago P.D.				Chicago P.D.					
WE	128	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Law Order: CI		Law Order: CI		Law Order: CI			
LOCAL NETWORKS																			
ABC-E	Shark Tank		American Idol				Local Programs												
CBS-E	Blue Bloods		48 Hours		Local Programs														
CW-E	Local Programs																		
FOX-E	4 MLB Baseball <i>Regional Coverage (L)</i>				Local Programs				Name That Tune		Local Programs								
NBC-E	4 NHL Hockey <i>Conference Quarterfinal: Teams TBA (L)</i>								Local Prog. (29) Saturday Night Live			1st Look	House	House	Local Programs				
METV	247*	Svengoolie				Star Trek		Buck Rogers		Kolchak: Night Stalker		Lost in Space		Voyage/Bottom of Sea		Land of the Giants			
ABC-W	Local Programs			News		Local Programs		Shark Tank		American Idol		Local Programs							
CBS-W	Local Programs			News		Local Programs		Blue Bloods		48 Hours		Local Programs							
CW-W	Local Programs																		
FOX-W	4 MLB Baseball (L)				Local Programs				Local Programs				Local Programs		Name That Tune		Local Programs		
NBC-W	4 NHL Hockey <i>Conference Quarterfinal: Teams TBA (L)</i>								Local Programs				Local Programs		Local Prog. (29) Saturday Night Live				
PBS	In Their Own Words		Philly D.A.		Asian Americans		Austin City Limits		Bluegrass		Chefs Life	NOVA		Human-World		Life at the Waterhole			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30			
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30			
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30			
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30			
AMERICA'S TOP PROGRAMMING																			
FX	136	Mike	FXM Pres.	Paid Programs				Mike	Mike	Mike	Mike	Captain Underpants: The First Epic Movie				X-Men: Days			
FXM	384	Tony Rome ★★★ ('67, Crime Drama) 'NR'				Love Me Tender ★★★ ('56) 'NR'		(35)	High Anxiety ('77) 'PG'			(10)	Gentlemen Prefer Blondes ('45)		Can-Can ('60, Musical) 'NR'				
FXX	125	Paid Programs						The Great Wall ('16, Adventure) Matt Damon				13 Hours: The Secret Soldiers of Benghazi ★★★ ('16, War)							
GETTV	373	Amen		Amen		All/Family	All/Family	Paid Programs				Mass	Life of Grizzly Adams		Shane	(15) Hondo			
GMSHW	116	Paid Programs										Deal or No Deal		America	America	America	America		
GOLF	401	Senior	Ladies Golf			Ladies Golf	Golf Central		European PGA Tour Golf Made in HimmerLand, Final Round (L)										
GRIT	217	Paid Programs				The Ox-Bow Incident ('43, Western)				My Darling Clementine ('46, Western) Henry Fonda			There Was a Crooked Man ('70)						
HALL	185	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	One Perfect Wedding ('21, Romance)			Convenient				
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		The Waltons		The Waltons The Return		The Waltons The Return		The Waltons		Do I Say I Do? ('17)			
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I. Paniolo		Magnum, P.I.		Monk		Monk		Chesapeake Shores Pilot					
HDMOV	130	Shattered Glass ('03) Paid Programs								Man of the East ('72, Western) Terence Hill				(15) Gilegarry Glen Ross ('92, Drama)					
HGTV	112	Paid Programs						Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip		
HIST	120	Paid Programs						TBA	Band of Brothers		Band of Brothers Carentan		Band of Brothers Replacements			Brothers			
ID	192	Disappeared		Disappeared		Murder- Amish		Murder- Amish		A Time to Kill		See No Evil		The Murder Tapes		Fear Thy Neighbor			
IFC	133	Gangster Squad ('13)		The Three Stooges		3's Comp. 3's Comp.		3's Comp. 3's Comp.		3's Comp. 3's Comp.		3's Comp. 3's Comp.		3's Comp. 3's Comp.		3's Comp. 3's Comp.			
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Bernie Mac	Bernie Mac		
LIFE	108	Paid Programs						Youseff	Harvest	Amazing	Jeremiah	Joel Osteen	Paid Prog.		Madea's Witness Protection ('12, Comedy)				
LMN	109	Paid Programs				Fab Five: The Texas Cheerleader Scandal				Death of a Cheerleader ('19, Crime Drama)				Most Likely to Murder ('19, Suspense)					
MGMD	385	Popi ('69) Alan Arkin		Studio	Studio	Studio	(25) The Bride Wore Black ('68, Suspense)		(45)	The Greatest Story Ever Told ★★★ ('65, Historical Drama) Max von Sydow									
MOTOR	246	Roadkill		Roadkill	Roadkill	Faster With Finnegan		Junkyard	Dirt-Day	Hot Rod	Motorhead	Roadkill		Garage	Truck U	Car Fix	Garage		
MSNBC	209	Dateline		Dateline		Report		Report		Velshi (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)					
NATGEO	197	Trafficked-M. van Zeller		Trafficked-M. van Zeller		Paid Programs						Port Protection Alaska		Port Protection Alaska		Life Below			
NGWLD	190	Paid Programs						Secrets-Zoo		Secrets-Zoo		Zoo: Tampa		Zoo: Tampa		Zoo: Tampa			
OUTD	396	McMillan	For Love	Hunting TV	Hunt	Unfathom	BigWater	Andrews	Seahunter	Gowdy	Spear Life	Zona's	Lindner's	Outdr.	Bill Dance	Fishing	Lake		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		The Haves, Nots		The Haves, Nots		The Haves, Nots			
OXYG	127	Dateline		Dateline		Dateline		Dateline		Dateline: Secrets		Mastermind of Murder		Snapped		Snapped			
PARMT	241	Paid Programs										Indiana Jones and the Kingdom of the Crystal Skull ('08, Adventure)						Raids-Lost Ark	
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion			
REELZ	299	Paid Programs				Notorious B.I.G.		Tupac Shakur's Legacy		Celebrity	Celebrity	Geraldo Rivera's Murder in the Family				NWA: Breaking			
RFDTV	231	Paid Programs				Church	Happy	Jackson	Jeffress	David	Hagee	In Touch	TBA	Stuart	Porter	California	Reporter		
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made		
SMITH	367	Air Warriors		Air Warriors U-2 Dragon Lady				Aerial America		Aerial America		Aerial America		Aerial America		Aerial America			
SONY	386	Major Dundee ('65, Western) Charlton Heston				The Guns of Fort Petticoat ('57)			Alvarez Kelly ('66, Western) William Holden			(40)	Hope and Glory ★★★ ('87, Comedy-Drama)						
SUND-E	358	Escape From Alcatraz ★★★ ('79, Suspense)				(15) Monk		(15) Monk		(15) Monk		(15) Monk		(15) For a Few Dollars More ('65, Western)					
SYFY	122	Day of Reckoning ('16, Science Fiction)				Paid Programs				Tw. Zone		Escape Plan ★★★ ('13, Action)			Sylvester Stallone		The Foreigner ('17)		
TBN	260	Be Light	GregLaurie.TV			Ed Young	From His	Passion!	T. Evans	S. Furtick	Touch Lives	Jentezen	David	Dr. Jeffress	Win Walk	TBA	Carpenter		
TBS	139	Broke Girl	Broke Girl	Matters	Matters	George	George	George	Raymond	Raymond	Raymond	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Wipeout			
TCM	132	Merrill's Marauders Dark of the Sun ('68, Adventure) Rod Taylor				The Hook ('63, War)		Kirk Douglas (45)		The Clay Pigeon ★★ ('49)			Act of Violence ('49, Crime Drama) Van Heflin						
TLC	183	Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		90 Day Fiancé: Happily Ever After?					
TMC-W	329	Ganja & Hess ('73, Horror) Duane Jones 'R'				(550) Da Sweet Blood of Jesus ('14) 'NR'			Amy ('15, Documentary) Tony Bennett 'R'			(15) The Legend of Bagger Vance ('00)							
TNT	138	NBA Basketball		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans X		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Hitman-Body			
TRU	242	Knockout	Knockout	Knockout	Knockout	Ad. Ruins	Ad. Ruins	Foodies		Carbonaro		Carbonaro		Funnies		Foodies- Jokers			
TRVL	196	Paid Programs						Food Paradise		Food Paradise		Food Paradise		Food Paradise		Steaks- Americ.			
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls		
UP	188	Paid Programs				Br.- Bates	Mass	In Touch		Paid Prog.		Amazing	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.		
USA	105	Chicago P.D.		Chicago P.D.		Queen of the South		Paid Prog.		Jeremiah	In Touch	Joel Osteen	Chrisley	Chrisley	Chrisley	Chrisley	Harry Potter-Phoenix		
WE	128	Growing Up Hip Hop		Paid Programs										Law Order: CI		Law Order: CI			
Networks																			
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																			
ABC-E	Local Programs					Local Programs			Good Morning America (N)				This Week		Local Programs				
CBS-E	Local Programs					Local Programs					News Sunday Morning (N)				Face the Nation (N)		Local Prog.		
CW-E	Local Programs					Local Programs													
FOX-E	Local Programs					Local Programs				Fox News Sunday			Local Programs				Local Programs		
NBC-E	Local Programs					Local Programs			Local Programs		Sunday Today		Meet the Press (N)		Local Programs		Indy 500 Pre-Race		
METV	247*	Time Tunnel		The Invaders		Powers/ Matthew Star		Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Flintstones	Flintstones	Flintstones	The Jetsons		
ABC-W	Local Programs										Good Morning America (N)		This Week		Local Programs				
CBS-W	Local Programs										News Sunday Morning (N)				Face the Nation (N)		Local Prog.		
CW-W	Local Programs										Local Programs								
FOX-W	Local Programs										Local Programs		Fox News Sunday		Local Programs				
NBC-W	1st Look	House	House	Local Programs					Sunday Today			Meet the Press (N)		Local Programs		Indy 500 Pre-Race			
PBS	Asian Americans		Wash	Hoover	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary		Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

178 ◀ = Program already in progress; (N) = New program/episode; LB = Letterbox Format; ★ = Critique. DIG

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30		
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30		
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30		
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30		
AMERICA'S TOP PROGRAMMING																		
FX	136	X-Men: Days of Future Past ('14, Action)				Spider-Man: Into the Spider-Verse ('18, Children's)				Spider-Man: Homecoming ★★ ★ ('17, Action) <i>Tom Holland</i>						Captain A		
FXM	384	Can-Can ('60) 'NR'		Mr. Hobbs Takes a Vacation ('62) 'NR'		Why Him? ('16, Comedy) <i>James Franco</i> 'R'			(:15) Spy ★★ ★ ('15, Comedy) <i>Melissa McCarthy</i> 'R'			Greatest						
FXX	125	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy		
GETTV	373	Hondo		Laredo <i>Leave It to Dixie</i> (:45) Casey Jones		Casey J.		Guns of Paradise		Hawkeye		Bret Maverick <i>Hallie</i>		Bret Maverick		Walker, Texas Ranger		
GMSHW	116	Common	Common	Ma. Minds	Ma. Minds	Cash Cab	Cash Cab	Cash Cab	Cash Cab	America	America	America	FamFeud	FamFeud	FamFeud	Puzzler		
GOLF	401	Golf Central Pregame (L)			PGA Golf		Lessons	Lessons	Senior PGA		Ladies Golf			LPGA Golf				
GRIT	217	There-Crooked		The Naked Spur ★★ ★ ('53, Western) <i>James Stewart</i>				The Cheyenne Social Club ('70, Western) <i>James Stewart</i>				Gunsight Ridge ('57, Western) <i>Joel McCrea</i>						
HALL	185	Convenient		Perfect Match ('15, Romance-Comedy)			June in January ('14, Romance-Comedy)			Beverly Hills Wedding ('21, Romance)			Wedding Every					
HALLDR	186	Do I Say I Do? ('17)		Campfire Kiss ('17, Romance-Comedy)			A Gift of Miracles ('15, Drama) <i>Rachel Boston</i>			Hometown Hero ('17, Romance) <i>Brooke Nevins</i>			Rescuing Madison					
HALLMV	187	Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		
HDMOV	130	Paint Your Wagon ('69, Musical Comedy) <i>Lee Marvin</i>			(:40) Oklahoma Territory ('60)			(3:55) Doc ★★ ★ ('71, Western)			(:35) Ace High ★★ ('69, Western) <i>Eli Wallach</i>			Paint Your				
HGTV	112	Home Town			Home Town			Home Town			Home Town			Home Town Takeover				
HIST	120	Brothers	Band of Brothers <i>Bastogne</i>				Band of Brothers		Band of Brothers <i>The Last Patrol</i>				Band of Brothers		Band of Brothers <i>Points</i>			
ID	192	Web of Lies		The Devil Speaks		The Perfect Murder		Dark Waters: Murder		See No Evil <i>Lock Up</i>		See No Evil		See No Evil		See No Evil		
IFC	133	3's Comp.		Bad Words ★★ ★ ('14, Comedy-Drama)			Movie										Wayne's World 2 ('93)	
LAFF	237	Bernie Mac	Bernie Mac	Videos	Videos	Videos	Videos	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	'70s Show '70s Show		
LIFE	108	Madea's Witness		Tyler Perry's Acrimony ('18, Suspense) <i>Taraji P. Henson</i>				Madea's Family Reunion ('06, Comedy)				Tyler Perry's Madea's Big Happy Family ('11) <i>Tyler Perry</i>						
LMN	109	Cheer Squad Secrets ('20, Suspense)			Dying to Be a Cheerleader ('20, Suspense)			Who Is Killing the Cheerleaders? ('20)				Cheer Camp Killer ('20, Suspense)						
MGMHD	385	Greatest Story		The Misfits ★★ ★ ('61, Western) <i>Clark Gable</i>			(:35) Witness for the Prosecution ('57, Crime Drama)			Elmer Gantry ('60, Drama) <i>Burt Lancaster</i>								
MOTOR	246	Four	MotorWeek	Bitchin' Rides		Garage Squad		Garage Squad		Garage Squad		Garage Squad		Garage Squad		Garage Squad		
MSNBC	209	Alex Witt Reports (L)		Alex Witt Reports (L)		Alex Witt Reports (L)		Yasmin Vossoughian		Yasmin Vossoughian		PoliticsNation (L)		Voices-Alicia Menendez		Voices-Alicia Menendez		
NATGEO	197	Life Below Zero		Drain the Oceans		Drain the Bermuda		Drain the Oceans		Drain the Great Lakes		Drain the Titanic		To Catch a Smuggler		To Catch a Smuggler		
NGWLD	190	Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		
OUTD	396	The Choice		Addicted		Am. Archer		Buck.		Whitetail		Wardens		Andrews		A Fishing		
OWN	189	The Haves, Nots		The Haves, Nots		The Haves, Nots		The Haves, Nots		The Haves, Nots		The Haves, Nots		The Haves, Nots		The Haves, Nots		
OXYG	127	Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped (N)		Mastermind of Murder (N)		
PARMT	241	Raiders of the Lost Ark ('81)			Indiana Jones and the Temple of Doom ('84, Adventure)			Indiana Jones and the Last Crusade ('89, Adventure) <i>Harrison Ford</i>									Raids-Lost Ark	
POP	117	Scorpion		Scorpion		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Johnny Cash		Autopsy-Last		Autopsy-Last		Willie Nelson		Autopsy-Last		
RFDTV	231	Rancher	Rodeo	Equestrian	Horses	Horseman,	McNabb	Horse-West/FFA Today		U.S. Farm Report		Gentle Gi. Church		Midwest Country		The Red Skelton Show		
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	Strange Evidence		Strange Evidence		Strange Evidence		
SMITH	367	Aerial America		Men Who Brought		Apocalypse		Apocalypse		Apocalypse		Apocalypse		Apocalypse		Apocalypse		
SONY	386	The Wackiest Ship in the Army (:45)			Castle Keep ★★ ★ ('69, War) <i>Burt Lancaster</i>			(3:50) The Caine Mutiny ('54, Drama)			(:10) Faith of My Fathers ('05, Docudrama)							
SUND-E	358	For a Few Dol.		(:15) A Fistful of Dollars ('64, Western) <i>Clint Eastwood</i> (:45) The Good, the Bad and the Ugly ★★ ★ ('67, Western) <i>Clint Eastwood, Eli Wallach</i>														
SYFY	122	The Foreigner ★★ ★ ('17, Action)		White House Down ★★ ('13, Action) <i>Channing Tatum, Jamie Foxx</i>				John Wick ★★ ★ ('14, Action) <i>Keanu Reeves</i>		John Wick: Chapter 2 ('17, Action)								
TBN	260	Jackson	In Touch	PowerPoint	Written	Ed Young	Mazzapica	Kelinda	Hagee	End/ Age	Gregory	Youseff	K. Shook	Potters	Joyce M.	Rubin Robert		
TBS	139	Wipeout <i>Betting Battle</i>		The Hunger Games ★★ ★ ('12, Science Fiction) <i>Jennifer Lawrence</i>				The Hunger Games: Catching Fire ★★ ★ ('13, Science Fiction)				Hunger Games						
TCM	132	The Devil's Brigade ('68, War) <i>William Holden</i>			(:15) Kelly's Heroes ★★ ★ ('70, War) <i>Clint Eastwood</i> (:45) The Green Berets ★★ ★ ('68, War) <i>John Wayne</i>			Memphis Belle										
TLC	183	90 Day Fiancé: Happily Ever After?				90 Day Fiancé: Happily Ever After?				90 Day Fiancé: Happily Ever After?				90 Day Fiancé: Happily Ever After?				
TMC-W	329	Legend	Olympic Dreams ('19) 'PG-13'		Congo ★★ ('95, Action) <i>Dylan Walsh</i> 'PG-13'			(3:55) Secret Window ('04) 'PG-13'			(:35) Reality Bites ('94) 'PG-13'			Jeepers Creepers 2 'R'				
TNT	138	The Hitman's Bodyguard ('17)			Need for Speed ★★ ('14, Action) <i>Aaron Paul</i>			(:15) The Equalizer ★★ ★ ('14, Action) <i>Denzel Washington</i>			Pregame Basketball							
TRU	242	Impractical Jokers		Impractical Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Foodies Foodies		
TRVL	196	Monsters and Mysteries		Monsters and Mysteries		Monsters and Mysteries		Monsters and Mysteries		Monsters and Mysteries		Monsters and Mysteries		Monsters and Mysteries		Expedition Bigfoot		
TVLND	106	Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Two Men		Two Men Two Men		
UP	188	Home Imp.		Home Imp.		Home Imp.		Home Imp.		Home Imp.		Home Imp.		Home Imp.		Home Imp. Home Imp.		
USA	105	Harry Potter and the Order of the Phoenix			Harry Potter and the Half-Blood Prince ★★ ★ ('09, Children's) <i>Daniel Radcliffe</i>			Harry Potter and the Deathly Hallows: Part 1 ('10)										
WE	128	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		
NETWORKS																		
ABC-E	Local Prog.		NBA		NBA Basketball		Teams TBA (L)		NBA Basketball		Teams TBA (L)		Local Prog.		News			
CBS-E	Local Prog.		Local Prog.		One Shot		PGA Tour		PGA Tour Golf		Charles Schwab Challenge, Final Round (L)		News		60 Minutes (N)			
CW-E	Local Programs				Local Programs													
FOX-E	Local Programs			Local Programs										RaceDay		NASCAR Cup Series Coca-Cola 600 (L)		
NBC-E	Pre-Race		NASCAR 2021 Indianapolis 500 (L)				2021 Senior PGA Championship Final Round (L)				Local Prog.		News		TBA			
METV	247*	Brady	Brady	Brady	Brady	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Mama's	Mama's	The Love Boat		M*A*S*H M*A*S*H		
ABC-W	Local Prog.		NBA		NBA Basketball		Teams TBA (L)		NBA Basketball		Teams TBA (L)		Local Programs					
CBS-W	Local Prog.		Local Prog.		One Shot		PGA Tour		PGA Tour Golf		Charles Schwab Challenge, Final Round (L)		Local Programs					
CW-W	Local Programs				Local Programs													
FOX-W	Local Programs			Local Programs										RaceDay		NASCAR Cup Series Coca-Cola 600 (L)		
NBC-W	Pre-Race		NASCAR 2021 Indianapolis 500 (L)				2021 Senior PGA Championship Final Round (L)				Local Prog.		Local Programs		News			
PBS	Splash	Cyberchase	Contrary		British Baking		Austin City Limits		Chefs Life		British Baking		NOVA		Weekend Wash Antiques Roadshow			

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30
PREMIUM MOVIES																	
SHOWTIME	SHO-E	318	The Chi Soul Food	The Chi Cooley High (N)	Black Monday NINE! (N)	Flatbush Mis	Ziwe Allyship (N)	The Chi Cooley High	Flatbush Mis	Ziwe Allyship	Black Monday NINE!	The Chi Cooley High	Black Monday NINE!	Flatbush Mis			
	SHO-W	319	4Hustlers ('19, Comedy-Drama) 'R'	Flatbush	Ziwe	Black Mon	The Chi Soul Food	The Chi Cooley High (N)	Black Mon	Flatbush		Ziwe (N)	The Chi Cooley High	Flatbush			
	SHO2-E	320	(05) The Words ★★ ('12, Drama) Bradley Cooper 'PG-13'	(45) Limitless ★★ ('11, Suspense) Bradley Cooper, Robert De Niro 'PG-13'			Ziwe Allyship	About Last Night ... ★★ ('86, Comedy-Drama) Rob Lowe, Demi Moore 'R'				The Master ★★ ('12, Drama) Phoenix, Philip Seymour Hoffman 'R'					
	SHOBET	321	4A Most Violent Year	Lavel Crawford	(15) Devil in a Blue Dress ('95, Mystery) 'R'			Black Mon	The Chi Cooley High	Flatbush	Ziwe		Teddy Pendergrass: If You Don't				
	SHOX-E	322	(05) Born on the Fourth of July ('89, Docudrama) 'R'	The Hurt Locker ('08, War) Jeremy Renner 'R'	(45) Lawless ★★ ('12, Crime Drama) 'R'	(45) Rollerball ('75) James Caan 'R'											
	SHOS-E	323	4Dark Waters ('19, Drama) 'PG-13'	Arbitrage ('12, Drama) Richard Gere 'R'	Dark Places ('15, Mystery) Charliz Theron 'R'	Moonlight ('16, Drama) Mahershala Ali 'R'	S...house										
STARZ	TMC-E	327	Collide ★ ('16, Action) 'PG-13'	Hot Summer Nights ('17, Suspense) 'R'	Lexi ★ ('19, Comedy) 'R'			Halloween H20: 20 Years Later	Halloween: Resurrection ('02) 'R'								
	TMCX-E	328	Made in Italy ('20) 'R'	(35) Southside With You ('16)	Amy ('15, Documentary) Tony Bennett 'R'	(10) Croupier ('98, Suspense) 'NR'	(45) The Conversation ('74) 'PG'										
	FLIX-E	333	Twilight ('08, Romance) Kristen Stewart 'PG-13'	(05) The Twilight Saga: New Moon ★★ ('09) 'PG-13'	(20) The Twilight Saga: Eclipse ('10) 'PG-13'	The Big Hit ★★ ('98, Action) 'R'											
	ENCR-E	340	4Fletch ('85, Comedy) Chevy Chase 'PG'	The Grudge ★★ ('20, Horror) Andrea Riseborough, Demián Bichir 'R'	(37) Borat ★★ ('06, Comedy) Sacha Baron Cohen 'R'	(12:05) Into the Blue ★★ ('05, Adventure) Paul Walker, Jessica Alba 'PG-13'	(1:59) The Money Pit ★★ ('86, Comedy) Tom Hanks 'PG'	(34) The Grudge									
	STARZ-E	350	Girlfriend Expr.	(29) Run the World	Death and Nightingales	Girlfriend Expr.	(31) Run the World	Death and Nightingales	Girlfriend Expr.	(34) Run the World	(05) Death and Nightingales	(07) Funny People ★★ ('09, Comedy-Drama) Adam Sandler, Seth Rogen 'R'					
	STARZ-W	351	Run the	(35) Bloodshot ('20, Action) Vin Diesel 'PG-13'	Girlfriend	Girlfriend	Run the	Death and Nightingales	Girlfriend	Run the	Death and Nightingales	Girlfriend	Run the				
EPIX	STRZED	352	Lock, Stock and Two Smoking Barrels ('98) 'R'	(949) The Gunman ('15, Action) Sean Penn 'R'	(11:46) Charlie's Angels ('19, Action) 'PG-13'	(14) All About Steve ★ ('09) 'PG-13'											
	STRZCI	353	4A Very Long Engagement ('04, Drama) 'R'	The Thomas Crown Affair ('99, Suspense) 'R'	My Hero Academia	(44) Frankie ('19, Drama) Marisa Tomei 'PG-13'	Burnt										
	STRZCO	354	How High ★ ('01, Comedy) 'R'	(36) Super Troopers ★★ ('01, Comedy) 'R'	(19) Me, Myself and Irene ('00, Comedy) 'R'	(20) Phat Beach ('96, Comedy) 'R'	(2:50) Stripes ('81) 'R'										
	STRZIB	355	(10) Black and Blue ★★ ('19, Suspense) 'R'	Tyler Perry's I Can Do Bad All By Myself ('09)	(11:56) Breakin' All the Rules ('04)	(26) Daddy Day Camp ('07) 'PG'	Diary of Mad										
	STRZKF	356	Dragonheart: A New Beginning	Dragonheart 3: Curse	Dragonheart: Battle	(42) Frozen ★★ ('13, Children's) 'PG'	Adventure-Brer	Playmobil									
	EPIX	380	4Flight ('12, Drama) Denzel Washington	Fall River Mark of the Beast (N)	Fall River Into Hell (N)	Fall River Mark of the Beast	Fall River Into Hell	Fall River Mark of the Beast	Fall River Into Hell	Fascination ('04, Suspense) Jacqueline Bisset							
AMERICA'S TOP PROGRAMMING	EPIX2	381	Fall River	Fall River (N)	Fall River Into Hell (N)	Gemini Man ★★ ('19, Action) Will Smith	The Last Stand ★★ ('13, Action)	(2:50) You're Next ('11)									
	EPIXH	382	Almost Famous ('00, Comedy-Drama)	(05) Fighting With My Family ★★ ('19)	(11:55) The Peanut Butter Falcon	(35) The Virgin Suicides ('99)	(15) Judy ★★ ('19)										
	EPIXDR	292	The Abyss ★★ ('89, Science Fiction) Ed Harris	(25) Knowing ★★ ('09, Science Fiction)	Virtuosity ('95, Action) Denzel Washington	(20) The Relic ★★ ('97, Horror)											
A&E	118	Biography: Ultimate Warrior (N)	WWE's Most Wanted	WWE's Most Wanted	Biography: Ultimate Warrior	WWE's Most Wanted	WWE's Most Wanted										
AHC	195	Apocalypse: WWI Fear	Apocalypse: WWI Hell	Apocalypse: WWI Rage	Apocalypse: WWI	Apocalypse: WWI Fury	Apocalypse: WWI Fear	Apocalypse: WWI Hell	Apocalypse: WWI Rage								
AMC	131	4Walking	Fear the Walking Dead	Fear the Walking Dead	(41) Fear the Walking Dead (N)	(11:47) The Silence of the Lambs ★★ ('91, Suspense)	(17) The Bone Collector ('99)										
APL	184	North Woods Law	North Woods Law (N)	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law								
AXSTV	167	Ten Ten	Year-Music Band	Ten Ten	Year-Music Band	Sheryl Crow: Live	The Wallflowers	Counting Crows	Year-Music								
BBCA	135	4Underworld ★★ ('03, Fantasy)	Underworld: Evolution ★★ ('06, Fantasy)	Underworld: Rise of the Lycans ('09, Fantasy)	Underworld: Awakening ★★ ('12, Fantasy)	Under											
BET	124	A Madea Christmas ★ ('13, Comedy) Tyler Perry, Kathy Najimy	Tyler Perry's I Can Do Bad All By Myself ('09, Comedy-Drama)	The Parkers	The Parkers	The Parkers	The Parkers										
BOUNCE	359	4Akeelah and the Bee	Madea's Family Reunion ('06, Comedy) Tyler Perry	Tyler Perry's Madea's Big Happy Family ('11) Tyler Perry	Inside Man ('06, Suspense) Denzel Washington												
BRAVO	129	Housewives-Atlanta	Married to Medicine (N)	Chat Room	Housewives-Atlanta	Married to Medicine	Housewives of NJ	Real Housewives-Dallas	Housewives-Atlanta	Chat Room							
BUZZR	249	Password	Password	Match	Match	Body Lang.	Body Lang.	Password	Match	Match	Body Lang.	Body Lang.	Tattletales	Tattletales	My Line?	My Line?	
CHND	245	Jacked	Jacked	Match	Match	Manhunters	Manhunters	Fugitive	Manhunters	Jacked	Jacked	Manhunters	Fugitive	Manhunters	Manhunters		
CMT	166	4Waterboy	Movie	I Now Pronounce You Chuck and Larry ('07, Comedy)	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.					
CNBC	208	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Paid Programs	Jay Leno's Garage								
CNN	200	CNN Newsroom	The Story of Late Night (N)	United Shades	State-Union	CNN Special Program	CNN Special Program	CNN Newsroom Live (N)	CNN Newsroom Live (N)								
COM	107	4Fist Fight ★★ ('17, Comedy) Charlie Day	Movie	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	
COMET	289	4Mimic Mimic 2 ★ ('01, Horror) Alix Koromzay	Mimic 3: Sentinel ('03, Horror) Karl Geary	Forbidden World ('82, Science Fiction) Jesse Vint	Attack of the Giant Leeches ('59)												
COOK	113	Carn Eats	Carn Eats	Yum-Yum	Yum-Yum	Best Thing	Best Thing	Carn Eats	Carn Eats	Yum-Yum	Yum-Yum	Yum-Yum	Yum-Yum	Best Thing	Best Thing		
DISC	182	Naked and Afraid XL (N)	Naked and Afraid	Naked and Afraid	Naked and Afraid XL			Naked and Afraid	Naked and Afraid								
DFC	179	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Suppers	Suppers							
DISN-E	172	4Zombies 2 ('20)	Jessie	Jessie	Jessie	Bunk'd	Bunk'd	Big City	Jessie	Raven	Raven	Liv-Mad.	Liv-Mad.	Austin			
DIY	111	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders								
ENCR-W	341	4Hot Tub	(44) The Money Pit ★★ ('86, Comedy) 'PG'	(18) Fletch ('85, Comedy) 'PG'	The Grudge ★★ ('20, Horror) 'R'	(37) Borat ('06, Comedy) 'R'	(05) Into the Blue ('05)										
EWESTN	342	4Cheyenne	Cheyenne	Cheyenne	(43) Cheyenne	Cheyenne	(08) Cheyenne	Cheyenne	(35) Cheyenne	Cheyenne	(02) Cheyenne	Cheyenne	Cheyenne				
EACTN	343	Lara Croft: Tomb Raider ('01)	(43) Days of Thunder ('90, Action) 'PG-13'	(33) First Knight ('95, Adventure) Sean Connery 'PG-13'	(1:51) Donnie Brasco ('97, Crime Drama) 'R'												
ESUSP	344	4Driven ('18) 'R'	Escape From Pretoria ('20, Suspense) 'PG-13'	(1049) Zombieland: Double Tap	(33) Eye of the Beholder ('99, Suspense) 'R'	(17) Stealth ('05, Action) 'PG-13'											
EBLACK	345	4Seven Pounds ('08, Drama) Will Smith 'PG-13'	She Hate Me ('04, Comedy-Drama) Anthony Mackie 'R'	(23) The Art of War II: Betrayal	(08) Class Action ★★ ('91, Drama) 'R'												
ECLASS	346	4Mr. Mom ('83) 'PG'	Postcards From the Edge ('90) 'R'	(44) St. Elmo's Fire ('85, Drama) Rob Lowe 'R'	(37) The Thin Red Line ★★ ('98, War) Sean Penn 'R'	Glory ('89)											
EFAMILY	347	Stuart Little 3: Call of the Wild	(17) Christmas With the Kranks	(1057) The Astronaut Farmer ('07)	(43) The Amazing Spider-Man ('12, Action) 'PG-13'	Spider-Man ('02)											
ESPN	140	4MLB Atlanta Braves at New York Mets (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter												
ESPN2	143	4College Baseball	College Softball	World of X Games (N)	X Games	UFC Archival	NBA Basketball First Round: Teams TBA (N)										
EWTN	261	Sun. Mass Catholics	Life/Rock	Rosary	The Passion of	Catholic	Catholic	Sunday Mass	St. Rita Pt. 1	For Life	Religious						
FETV	82	Perry Mason	Addams	Addams	Addams	Addams	The Saint	B. Miller	B. Miller	Maude	Maude	One Day	One Day	Designing	Designing		
FNC	205	Life, Liberty & Levin (N)	The Next Revolution	The Big Sunday Show	Life, Liberty & Levin	The Next Revolution	TBA	Fox News Sunday	The Next Revolution								
FOOD	110	Guy's Grocery Games	Worst Cooks in America (N)	Beat Bobby	Beat Bobby	Worst Cooks in America		Beat Bobby	Beat Bobby	Guy's Grocery Games							
FREFM	180	4The Incredibles ('04, Children's)	(20) Incredibles 2 ('18, Children's)	Voices of Craig T. Nelson	The Emperor's New Groove ('00, Children's)	Paid Programs											
F51	150	Tin Cup ★★ ('96, Comedy) Kevin Costner, Rene Russo	TBA														

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30			
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30			
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30			
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30			
AMERICA'S TOP PROGRAMMING																			
FX	136	Paid Programs						Captain Underpants: The First Epic Movie				X-Men: Days of Future Past ★★★ ('14, Action) Hugh Jackman							
FXM	384	♣Can-Can ('60, Musical) Frank Sinatra 'NR'				Hush... Hush, Sweet Charlotte ('65) 'NR'		(:15)	Mr. Hobbs Takes a Vacation ('62) 'NR'			(:15)	The 300 Spartans ('62) Richard Egan 'NR'						
FXX	125	Paid Programs						Mom	Mom	Mom	Mom	Mom	black-ish	Kung Fu Panda 3 ★★★ ('16, Children's)					
GETTV	373	Amen	Amen	All/Family	All/Family	Paid Programs						Amen	Amen	Good Time	Good Time	Good Time			
GMSHW	116	Paid Programs								Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America		
GOLF	401	♣2021 Senior PGA Championship Final Round				Golf Central		Golf Central		PGA Tour Golf									
GRIT	217	Paid Programs				Zane Grey	Zane Grey	Death Vail.	Death Vail.	Movie				The Virginian					
HALL	185	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	A Ring by Spring ('14, Romance-Comedy)			The Perfect Bride ('17)				
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		The Waltons		The Waltons		The Waltons		The Waltons		Decoration Day ('90)			
HALLMV	187	Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores			
HDMOV	130	♣Ride Lonesome ('59) Paid Programs				Godzilla vs. Space Godzilla ★★ ('94)						(9:55)	Godzilla vs. Destoroyah ('95) Yōko Ishino						
HGTV	112	Home Town				Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		Love It or List It			
HIST	120	Paid Programs						TBA		The World Wars Trial by Fire (Part 1 of 3)			The World Wars A Rising Threat (Part 2 of 3)						
ID	192	Mst Evil	Redrum	Forbidden-Dying		TBA		TBA		TBA		TBA		TBA		TBA			
IFC	133	Movie				Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Saved/Bell	Saved/Bell		
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.		
LIFE	108	Paid Programs					Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer			
LMN	109	Paid Programs				Movie				Movie				Movie					
MGMHD	385	♣The Purple Plain ('54, Adventure) Studio				Studio	The White Bus ('67)		(:45)	The Kentuckian ★★ ('55, Western) Burt Lancaster			War Hunt ★★★ ('62, War) John Saxon						
MOTOR	246	Garage Squad		Garage Squad		Garage Squad		Roadkill	Roadkill	Iron Resurrection		Wheeler Dealers		Wheeler Dealers		Wheeler Dealers			
MSNBC	209	Meet the Press		Way Too Early With		Morning Joe (L)						Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)			
NATGEO	197	♣Inside the Iraq War			Eyewitness	Paid Programs						Tiny House Nation		Tiny House Nation		Tiny House Nation			
NGWLD	190	Paid Programs						Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo			
OUTD	396	Outdoors	Bone Coll.	Buck.	Hunting	Outdr.	Florida	Am. Archer	Outdoors	Whitetail	Heartland	In-Fish'man	Lake	Fowl Life	Gun Dog	Hunt Adv	Shock Thr.		
OWN	189	The Haves, Nots		The Haves, Nots		The Haves, Nots		The Haves, Nots		The Haves, Nots		The Haves, Nots		The Haves, Nots		The Haves, Nots			
OXYG	127	Dateline		Dateline		NCIS		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS			
PARMT	241	Paid Programs								Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue			
POP	117	48 Hours		48 Hours				(:35) ER			(:40) ER			(:45) ER			(10:50) ER		
REELZ	299	Paid Programs				The Shocking Truth		The Fugitive		Living Dead		Shocking Truth		Apocalypse Now		Psycho-Shock.			
RFDTV	231	Paid Programs				Pulling	Agribusiness	Jeremiah		Rural News/AgDay		Market Day Report (L)							
SCI	193	What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?			
SMITH	367	Daring Raids		Daring Raids		Black Wings		Air Warriors Zero		Air Warriors		Air Warriors Chinook		Air Warriors		Air Warriors AC-130			
SONY	386	♣Pistol Whipped ★ ('08, Action)		(:20)	Toy Soldiers ('91, Action)			(:15)	Gardens of Stone ★★★ ('87, Drama) James Caan			(:25)	Hanover Street ★★ ('79, Romance)			Company			
SUND-E	358	♣Young Guns II ('90, Western) Emilio Estevez				Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Young		
SYFY	122	♣The Foreigner ('17) Twi. Zone		Twi. Zone	The Twilight Zone		Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Hunter Killer ★★ ('18, Action)				
TBN	260	Praying	Behind	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen		
TBS	139	♣The Hunger Games: Mockingjay, Part 2 ('15)				Raymond	Raymond	Raymond	Raymond	George	George	George	George	Friends	Friends	Friends	Friends		
TCM	132	♣Dirty Doz, Hell to Eternity ★★★ ('60, War) Jeffrey Hunter				Ace of Aces ('33, War) Richard Dix			Sergeant York ★★★★★ ('41, War) Gary Cooper			Flying Leathernecks							
TLC	183	Little People, Big World		Little People, Big World		TBA		TBA		TBA		sMothered		sMothered		sMothered			
TMC-W	329	Halloween H20: 20 Years Later		Halloween: Resurrection ('02) 'R'			The Monster ('16, Horror) 'R'		(:35)	Secret Window ('04) 'PG-13'			(:10)	Laggies ★★★ ('14, Comedy-Drama) 'R'					
TNT	138	Charmed		Charmed Love Hurts		Charmed		Allied ★★ ('16, Historical Drama) Brad Pitt					(:45)	Sully ★★★ ('16, Drama) Tom Hanks		Patriots			
TRU	242	Paid Programs								Ad. Ruins	Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro		
TRVL	196	Paid Programs								Food Paradise		Food Paradise		Food Paradise		Food Paradise			
TVLND	106	Roseanne	Roseanne	Goldbergs	Goldbergs	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza			
UP	188	Paid Programs				Bringing Up Bates		Heartland		Heartland		Little House on Prairie		Little House on Prairie		Little House on Prairie			
USA	105	Law & Order: SVU		Law & Order: SVU		Chrisley	Chrisley	Chrisley	Harry Potter and the Order of the Phoenix ★★ ('07, Fantasy)								Harry Potter and Half-Blood		
WE	128	Growing Up Hip Hop		Paid Programs												Law Order: CI		Law Order: CI	
NETWORKS																			
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																			
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)				
CBS-E	♣CBS Overnight News (N)		News	News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right (N)				
CW-E	Local Programs				Local Programs														
FOX-E	Local Programs				Local Programs								Local Programs		Local Programs				
NBC-E	Local Programs				Local Programs			Today (N)			Today 3rd Hour (N)		Today-Hoda		Roland-Garros				
METV	247*	Peter Gunn	Peter Gunn	Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night			
ABC-W	Local Programs		ABC World News Now (N)				Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)					
CBS-W	Local Programs		CBS Overnight News (N)								News	News	News		CBS This Morning (N)				
CW-W	Local Programs				Local Programs														
FOX-W	Local Programs				Local Programs								Local Programs		Local Programs				
NBC-W	Local Programs		Meet the Press		Early Tdy		Local Programs					Local Programs		Today (N)					
PBS	Inside the Met		Extra Life: A		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious		Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

