

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E 310	ⓂThe Forever Purge 'R'	Wild Card: The Downfall	(:35) The Break-Up '06	Vince Vaughn 'PG-13'	(:25) The New Mutants ★★ '20	Non-Stop '14	Action	Liam Neeson 'PG-13'		
	HBO2 312	(:15) Cry Macho ★★★ '21	Drama 'PG-13'	Real Time	Bill Maher	Sam Jay	Time Traveler's Ride	Time	Time Traveler's Wife		
MAX	MAX 307	ⓂJewel	(:35) Imagine That ★★ '09	Children's 'PG'	(:25) Jackie Brown '97	Crime Drama	Pam Grier 'R'	(:02) Extract '09	Comedy 'R'	(:36) The Animal ★ '01	'PG-13'
	5MAX 308	ⓂEscape Plan 2: Hades	Coneheads '93	Comedy 'PG'	(:28) Gun Shy '17	Comedy 'R'	The Savages '07	Drama	Laura Linney 'R'	Popstar: Never Stop	Jewel
SHOWTIME	SHO-E 318	ⓂMinority Report '02	Science Fiction 'PG-13'	(:10) Lee Daniels' The Butler '13	Historical Drama 'PG-13'	Beverly Hills Cop '84	Comedy 'R'	(:15) Beverly Hills Cop II '87	Comedy 'R'		
	SHO2 320	ⓂZola '20	(:20) Demonic '21	Carly Pope 'R'	(:10) Hard Eight ★★★ '96	Drama 'R'	Norman: Moderate Rise and Tragic Fall	Congo ★★ '95	Action	Dylan Walsh 'PG-13'	
STARZ	STRZ-E 340	(:11) Gangs of New York '02	Historical Drama	Leonardo DiCaprio 'R'	(:59) The Postman ★ '97	Drama	Kevin Costner	Will Patton 'R'	Chief Crazy Horse '55	'NR'	(:28) Patton
	STRZ 352	(:40) Overdrive '40	P-Valley	(:44) A Haunted House 2 '14	'R'	(:14) Idlewild ★★ '06	Drama	André Benjamin 'R'	(:18) Charlie's Angels: Full Throttle '07	Becoming Elizabeth	
EPiX	EPIX 380	ⓂBound '96	Suspense	Jennifer Tilly '45	Blair Witch ★★ '16	Horror	(:20) Charlotte's Web ★★★ '06	The Hunger Games '12	Science Fiction	Jennifer Lawrence	Billy-Kid
	EPIX2 381	ⓂKalifornia '25	Fire in the Sky '93	Drama	(:15) Bill & Ted's Bogus Journey '91	Comedy	(:7:50) The Lovely Bones ★★ '09	Drama	(:10) Anchorman 2: The Legend Continues		

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs				Tiny House Nation				Living				Living			
AHC 195	Alcatraz: Beyond				Ancient Assassins				America's Civil War				America's Civil War			
AMC 131	(15) Crocodile Dundee II ★★★ '88				Comedy Paul Hogan '45				(86) Crocodile Dundee ★★★				(86) Summer Rental '85			
APL 184	River Monsters				Louisiana Lockdown				Louisiana Lockdown				Louisiana Lockdown			
AXSTV 167	Paid Programs				Legends				Paid Prog.				Legends			
BBCA 135	Planet Earth: Dynasties				UK PD				UK PD				UK PD			
BET 124	Payne				Payne				Payne				Payne			
BOUNCE 359	Mann & Mann				Inspiration Ministries				Bernie Mac				Bernie Mac			
BRAVO 129	Housewives/Potomac				Housewives/Potomac				Housewives-Atlanta				Housewives/OC			
BUZZR 245	You See It				Card				Paid Programs				Rescue			
CIHD 249	Crime 360 Final Call				Crime 360 Senseless				Paid Programs				City Confidential			
CMT 166	CMT Music				CMT Music				CMT Music				CMT Music			
CNBC 208	American Greed				Options				Paid Programs				Paid Prog.			
CNN 200	CNN Newsroom Live (N)				CNN Newsroom Live (N)				New Day Week				New Day Week			
COM 107	South Park/South Park				Paid Programs				Seinfeld				Seinfeld			
COMET 289	Paid Programs				Paid Programs				Paid Programs				Paid Programs			
COOK 113	Paid Programs				Cheap Eats				Cheap Eats				Cheap Eats			
DISC 182	Gold Rush				Destroyed				Martin				Seasons			
DFC 179	Kit. Crash				Kit. Crash				Gl Joe				Gl Joe			
DISN-E 172	Jessie				Jessie				Ladybug				Ladybug			
ENCR-W 341	ⓂRepo Men '10				'R'				(08) Playing by Heart ★★ '98				Drama 'R'			
EWESTN 342	ⓂBad Girls '94				'R'				(04) Bullet for a Badman '64				(25) The Last Hard Men '76			
EACTN 343	(04) Alien Nation ★★ '88				'R'				(37) Arlington Road ★★ '99				Suspense 'R'			
ESUSP 344	ⓂBefore the Devil				(02) The Truth About Charlie '02				'PG-13'				(6:48) Mercury Rising '98			
EBLACK 345	ⓂThe Great White Hype '96				'R'				(16) The Violent Heart '20				'NR'			
ECLASS 346	ⓂOz the Great				(4:59) Dune '84				Science Fiction				Kyle MacLachlan 'PG-13'			
EFAMILY 347	ⓂTwo by Two				Pit Pony				Pit Pony				Thomas and the Magic Railroad '29			
ESPN 140	SportsCenter				SportsCenter				SportsCenter				SportsCenter (L)			
ESPN2 143	30 for 30				UFC Fight Night				W. Studios				W. Studios			
EWTN 261	EWTN Live				Reform				God				Angelus			
FETV 82	Hillbillies				Hillbillies				Gospel				Worship			
FMC 387	ⓂMovie				Movie				Movie				Movie			
FNC 205	Lawrence Jones				One Nation				FOX and Friends Sunday (L)				Maria Bartiromo			
FOOD 110	Paid Programs				Trisha's				Trisha's				Valerie's			
FREFM 180	Paid Programs				The Pacifier ★★ '05				Children's				Vin Diesel			
F51 150	ⓂMLB Baseball				World Cup				NASCAR Race Hub				NASCAR Xfinity Racing Series			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Mom	FXM Pres.	Paid Programs				Mom	The First Purge ★★ ('18, Action) <i>Y'lan Noel</i>	The Purge: Election Year ★★★ ('16, Action) <i>Frank Grillo</i>											
FXM	384	The King and I ('56, Musical) <i>Deborah Kerr</i> 'G'				How to Be Very, Very Popular (35) How to Marry a Millionaire (15) Daddy Long Legs ('55, Musical) <i>Fred Astaire</i> 'NR'				SnowWhite											
FX	125	Paid Programs				Spider-Man: Into the Spider-Verse ('18, Children's)				Love, Simon ★★★ ('18, Romance-Comedy) <i>Nick Robinson</i>											
GETTV	373	Fantasy Island		Fantasy Island		Inspiration Ministries		World	Jewish Jes	Paid Prog.	Mass	The Quest		Laredo <i>Sound of Terror</i>	Here Come the Brides						
GMSHW	116	Paid Programs																			
GOLF	401	Women's PGA Championship				Wom. PGA	Golf Central	On-Site ♡ DP World Tour Golf BMW International Open, Final Round (L)													
GRIT	217	Paid Programs				Death Vall.				The Big Country ★★★ ('58, Western) <i>Gregory Peck, Jean Simmons</i>				Showdown ★★ ('73, Western)							
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Bottled With Love ('19, Romance)							
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		McBride: The Doctor Is Out ... Really Out McBride									
HALLMV	187	The Christmas Note ('15, Drama) <i>Leah Gibson</i>				Christmas in Angel Falls ('17, Drama)				Once Upon a Christmas Miracle ('18, Drama)				Last Vermont Christmas ('18, Romance)							
HDMOV	130	Paid Programs								Beach Red ★★★ ('67, War) <i>Cornel Wilde</i>				(9:50) Out of the Furnace ('13, Crime Drama)							
HERIC	293	The District		The District		Eco Co.	Science	Walk Wild	Dragonfly	Family	Eat This!	Batman	Batman	Wonder Woman	Superman	Superman					
HGTV	112	Paid Programs				Building Roots				Building Roots				Building Roots							
HIST	120	Paid Programs				TBA				TBA				TBA							
ID	192	A Time to Kill		A Time to Kill		A Time to Kill		On the Case, Zahn				The Murder Tapes									
IFC	133	Saved/Bell		Saved/Bell		Saved/Bell		Robin Hood: Men in Tights ('93, Comedy) <i>Cary Elwes</i>				Planes, Trains and Automobiles ('87, Comedy)				Caddyshack ('80)					
LAFF	237	Paid Programs				Overboard ★★★ ('87, Comedy) <i>Goldie Hawn, Kurt Russell</i>				She-Devil ★★ ('89, Comedy) <i>Meryl Streep</i>				Mother's Day ('16)							
LIFE	108	Paid Programs				Youseff				Harvest	Amazing	Jeremiah	Joel Osteen	Paid Prog.				Trapped by My Sugar Daddy ('22, Suspense)			
LMN	109	Paid Programs				Cyberstalker ('12, Suspense) <i>Mischa Barton</i>				Who's Stalking Me? ('19, Suspense)				The Perfect Stalker ('16, Suspense)							
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Magnolia Workshops (N)					
MGMHD	385	Breaker! Breaker! ('77, Action) <i>Chuck Norris</i>				Firewalker ★★ ('86, Adventure) <i>Chuck Norris</i>				Kid Galahad ('62, Musical) <i>Elvis Presley</i>				(4:0) Follow That Dream ('62)							
MOTOR	246	Texas Metal		Texas Metal		Junkyard Empire		Faster With Finnegan		Roadkill		Motorhead		Junkyard Empire		Garage		Truck U (N) ('Car Fix		Garage	
MSNBC	209	Dateline		Dateline		Mehdi Hasan (N)		The Katie Phang Show (L)		Velshi (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)							
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs				Wicked Tuna <i>Battle Cry</i>				Wicked Tuna		Wicked Tuna					
NGWLD	190	Paid Programs				The Incredible Dr. Phil				The Incredible Dr. Phil				The Incredible Dr. Phil							
OUTD	396	Wicked Tuna		Conchs	Spear Life	Fisherman	Bass	Major League Fishing				Zonas	Angling	Outdr.	Bill Dance	Fishing	Lake				
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil				Dr. Phil		Super Soul Sunday					
OXYG	127	Dateline		Dateline		Dateline		Dateline		Exhumed: Killer Revealed				Snapped		Snapped					
PARMT	241	Paid Programs				Bar Rescue <i>El Morante!</i>				Bar Rescue				Bar Rescue		Bar Rescue					
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion					
REELZ	299	Paid Programs				Rush: Beyond the Lighted Stage ('10)				Celebrity	Celebrity	Autopsy-Last		Van Halen: Story of Their Songs							
RFDTV	231	Paid Programs				Church	Being Y	Jackson	Jeffress	David	Hagee Min	In Touch	Youseff	Stuart	Porter	California	Reporter				
SCI	193	Shipwreck Secrets		Shipwreck Secrets		How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made				
SMITH	367	Sacred Sites		Sacred Sites <i>Egypt</i>		Aerial America <i>Missouri</i>		Aerial America		Aerial America		Aerial America		Aerial America		Aerial America					
SONY	386	7th Cavalry ('56)		(4:53) Ice Soldiers ('13, Action)		(3:3) Good Day for a Hanging		(0:8) The Night of the Generals ('67, Crime Drama) <i>Peter O'Toole</i>				Planet		Greatest							
SUND-E	358	Columbo		(4:5) Monk		(4:5) Monk		(4:5) Monk		(4:5) Monk		(4:5) Monk		(4:5) Monk		(4:5) Monk					
SYFY	122	Bourne Ulti.		Twi. Zone	Twi. Zone	Paid Programs				Twi. Zone	The Bourne Legacy ★★★ ('12, Action) <i>Jeremy Renner, Rachel Weisz</i>				Constan						
TBN	260	Hagee	Harvest	Jackson	Connect	Harbinger	From His	Passion!	T. Evans	S. Furtick	Merritt	Jentezen	David	R. Jeffress	Winning	Hagee Min	Daily Hope				
TBS	139	Couples Retreat ('09, Comedy) <i>Vince Vaughn</i>				Wipeout				American	American	American	Friends	Friends	Friends	Friends	Legally Blonde ('01)				
TCM	132	Desire Me ('47)		Pot o' Gold ('41, Musical Comedy)		Three on a Match				(4:5) I Want to Live! ('58, Biography) <i>Susan Hayward</i>		Down Three Dark Streets ('54) Summer									
TLC	183	Say Yes to the Dress		Say Yes to the Dress		Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive		The Family Chantel									
TMC-W	329	Texas		(2:5) The Retreat ('21) 'NR'		(5:50) Under the Skin ('13) 'R'		(4:0) Werewolves Within ('21, Comedy) 'R'		Mary Lou Williams				Love Story ('70, Romance) 'PG'							
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Hercules: Wars					
TRU	242	Foodies	Foodies	Foodies	Foodies	Ad. Ruins	Ad. Ruins	Ad. Ruins	Ad. Ruins	World's Dumbest ...		World's Dumbest ...		Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers				
TRVL	196	Paid Programs				When Vacations Attack				When Vacations Attack				When Vacations Attack							
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls				
UP	188	Paid Programs				Fresh-Boat		Mass	Charles Stanley		Paid Prog.		Amazing	Little House on Prairie		Little House on the Prairie (Part 1 of 2)					
USA	105	Chicago P.D.		Chicago P.D.		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU					
WE	128	Brat Loves Judy		Paid Programs				Law & Order				Law & Order									

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs				Local Programs				Good Morning America (N)				Local Programs				This Week				Local Programs							
CBS-E	Local Programs				Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)				Local Prog.							
CW-E	Local Programs				Local Programs				Local Programs				Local Programs				Local Programs				Local Programs							
FOX-E	Local Programs				Local Programs				FOX News Sunday (N)				Local Programs				Local Programs				Local Programs							
NBC-E	Local Programs				Local Programs				Local Programs				Sunday Today				Meet the Press (N)				Local Programs				Local Programs			
METV	247*	Time Tunnel		The Invaders		Buck Rogers		Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Flintstones	Flintstones	Flintstones	The Jetsons									
ABC-W	Local Programs				Local Programs				Local Programs				Good Morning America (N)				This Week				Local Programs							
CBS-W	Local Programs				Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)				Local Prog.							
CW-W	Local Programs				Local Programs				Local Programs				Local Programs				Local Programs				Local Programs							
FOX-W	Local Programs				Local Programs				Local Programs				FOX News Sunday (N)				Local Programs				Local Programs							
NBC-W	1st Look	House	House	Local Programs				Local Programs				Sunday Today				Meet the Press (N)												
PBS	Great American		Wash	Hoover	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.		Pinkalicious											

EASTERN		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30	
CENTRAL		11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	
MOUNTAIN		10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	
PACIFIC		9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	
PREMIUM MOVIES																		
HBO	HBO-E	310	TBA		(12:50) TBA			(2:50) TBA			Real Time, Bill Maher			(5:50) Irma Vep		(6:55) Total Recall '90		
	HBO2	312	Time Westworld		(:38) Westworld			(:37) Westworld			(:35) Westworld			(:34) Westworld		(:33) Westworld Westworld		
	HBO5	314	Red 2 ★★ ('13, Action) Bruce Willis 'PG-13'		(:1:50) Man of Steel ('13, Action) 'PG-13'			Last Week Tonight-John			(4:50) 12 Years a Slave ★★★★★ ('13) 'R'		(0:5) TBA					
	HBOF	315	Nanny Mr. Magorium's Wonder		(:03) Space Jam: A New Legacy ('21) 'PG'			(:3:59) Walking With Dinosaurs 3D			(:27) Shrek the Third ('07) 'PG'		Thor: Tales of Asgard					
MAX	MAX	307	Bend It Like Beckham ('02, Comedy) 'PG-13'		(:1:55) Bad News Bears ('05, Comedy) 'PG-13'			(:3:50) The Internship ('13, Comedy) 'PG-13'			(:5:51) True Crime ('99, Crime Drama) 'R'							
	5MAX	308	The Jewel of the Nile (:07) Phone Booth ★★ ('02) 'R' Red Eye		(2:54) 10 Years ('11, Comedy) Channing Tatum 'PG-13'			(:35) 2 Minutes of Fame ('20) 'R'		(:13) Adventureland 'R'								
	MMAX	309	Taken 2 ('12) 'PG-13'		(:10) Identity Thief ★ ('13, Comedy) 'R'			Street Fighter: Chun-Li			(:39) Robin Hood ('10, Adventure) 'PG-13'		(:36) Transformers ('07) 'PG-13'					
	SHO-E	318	Beverly Hills Cop III ★★ ('94) 'R' Spotlights		Lamb ★★ ('21, Horror) Noomi Rapace 'R'			(:3:50) The Green Knight ('21, Fantasy) 'R'			The First Lady		Spotlights We Hunt					
SHOWTIME	SHO2	320	Spotlights VICE		We Hunt Together			We Hunt (:40) We Hunt Together			We Hunt Together		We Hunt (:10) We Hunt Together		Man Who Fell I Love Flatbush			
	SHOBET	321	Violent Spotlights		Black Famous			(:1:50) Support the Girls ('18) 'R'			(:20) Hav Plenty ★★ ('97) 'R'		(4:50) Save the Last Dance 2 ('06)		Step Up Revolution ('12) 'PG-13'			
	SHOX	322	(:10) Internal Affairs ('90, Crime Drama) 'R'		(:05) Before the Fire ('20) 'NR'			(:35) Hide and Seek ('21) 'R'			Run Lola Run ('98, Suspense) 'R'		Stillwater ★★ ('21, Drama) 'R'					
	SHOS	323	Seabiscuit ('03, Drama) 'PG-13'		(:40) Minority Report ★★ ('02, Science Fiction) 'PG-13'			(:10) Mission: Impossible III ('06, Action) Tom Cruise 'PG-13'			(:20) Sheryl ('22, Documentary) 'NR'							
TMC	327	Old Henry Separated		Passenger 57 ('92, Action) 'R'			Megalodon Rising ('21) 'NR'			The Skulls ★ ('00, Suspense) 'PG-13'		The Dry ('20, Crime Drama) Eric Bana 'R'						
FLIX-E	333	Midnight Run ('88) 'R'		(:15) Failure to Launch ★★ ('06) 'PG-13'			Mirror Mirror ('12, Children's) Julia Roberts 'PG'			Down to Earth ★ ('01) 'PG-13'		The Lonely Guy ('84, Comedy) 'R'						
STARZ	ENCR-E	340	Patton ★★★★★ ('70, War) George C. Scott 'PG'		SEAL Team Six: Raid			(:3:50) Gangs of New York ('02, Historical Drama) 'R'			(:39) L.A. Confidential ('97) 'R'							
	STARZ-E	350	(:09) A Haunted House 2 ('14) 'R'		(:39) Rise of the Planet of the Apes ('11) (:27) Charlie's Angels ('00) 'PG-13'			(:09) Charlie's Angels: Full Throttle ★★ ('03) Becoming Elizabeth										
	STRZED	352	Hightown Daddy Issues		(:2:52) Hightown			(:1:50) Hightown			(:2:51) Hightown		(:3:52) Hightown		Hightown (:43) Hightown (:44) P-Valley The Dirty Dozen			
	STRZCI	353	Ella ('16, Suspense) 'R'		(:12:51) Lawless ★★ ('12, Crime Drama) 'R'			(:2:50) I Saw the Light ('15, Biography) 'R'			(:4:56) Destroyer ★★ ('18, Crime Drama) 'R'		(:6:59) Casino ('95) 'R'					
	STRZCO	354	America 2 Venom: Let There Be Carnage		(:1:58) Scary Movie ★★ ('00) 'R' (:28) Scary Movie 2 ★ ('01) 'R'			(:4:53) Scary Movie 3 ('03) 'PG-13'		Venom: Let There Be Carnage								
	STRZIB	355	Boyz n the Hood ('91) Spiral: From the Book of Saw 'R'		(:31) Nine Days ('20, Fantasy) Winston Duke 'R'			(:37) About Last Night ('14) Kevin Hart 'R'			(:20) The Intruder ('19) 'PG-13'							
STRZKF	356	Black Beauty ('71) 'G' (:09) Flipper ('96, Children's) Elijah Wood 'PG'		(:2:46) Cinderella ★★ ('15) 'PG'			(:33) Kidco ('84, Comedy) Scott Schwartz 'PG'			Agent Cody Banks 2: London								
EPIX	EPIX	380	(:15) 2 Days in the Valley ('96, Crime Drama)		(:05) The Longest Yard ('74, Comedy-Drama)			(:15) Snatch ★★ ('00, Comedy-Drama)			The Saint ★★ ('97, Action) Val Kilmer							
	EPIX2	381	(:10) White Men Can't Jump ('92, Comedy)		(:10) Paranormal Activity ('07)			(:40) Paranormal Activity 3 ('11) (:05) Paranormal Activity 4 ('12) Paranormal-Marked										
	EPIXH	382	Reacher The Marksman ('21, Action) Liam Neeson		(:20) G.I. Joe: Retaliation ('13)			(:15) Mermaids ('90, Comedy-Drama) Cher			(:10) Forces of Nature ('99, Romance-Comedy)							
	EPIXDR	292	Preacher Virtuosity ('95, Action) Denzel Washington		(:20) Switchback ('97, Suspense) Dennis Quaid			(:20) Paycheck ('03, Science Fiction) Ben Affleck			(:20) Snake Eyes ('98, Suspense)							
AMERICA'S TOP PROGRAMMING																		
A&E	118	Movie		Movie		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		
AHC	195	America's Civil War		America's Civil War		Hitler's Empire		Hitler's Empire		Hitler (Part 3 of 6)		Hitler (Part 6 of 6)		Hitler (Part 5 of 6)				
AMC	131	Fast Times (:45) The Great Outdoors ★★ ('88, Comedy)		(:45) Uncle Buck ★★ ('89, Comedy) John Candy			The Green Mile ★★ ('99, Drama) Tom Hanks, David Morse											
APL	184	North Woods Law		North Woods Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		
AXSTV	167	YES--Anniversary		YES--Anniversary		Bachman & Turner		America		Billy Idol-Super		Peter Frampton		Wahlburgers				
BBCA	135	Summer Rental ('85, Comedy) John Candy		Airplane! ★★ ('80, Comedy) Robert Hays			Real Genius ★★ ('85, Comedy) Val Kilmer, Gabe Jarret		Office Space ('99, Comedy)									
BET	124	Movie		The Equalizer ★★ ('14, Action) Denzel Washington, Marton Csokas		2022 BET Awards Pre Show (N)												
BOUNCE	359	The 30th Annual Trumpet Awards		Wild Hogs ★ ('07, Comedy) Tim Allen			In the Mix ★ ('05, Comedy-Drama) Usher			Marked for Death ('90, Action) Steven Seagal								
BRAVO	129	Kandi & The Gang		Kandi & The Gang		Kandi & The Gang		Kandi & The Gang		Kandi & The Gang		Kandi & The Gang		Housewives-Atlanta				
BUZZR	245	Match		Match		Match		Match-Squares		Concentrat		Concentrat		Sale of Sweep		Whew! Whew!		
CIHD	249	I Solved a Murder		I Solved a Murder		I Solved a Murder		Jacked		Jacked		Jacked		Jacked		Manhunters Manhunters Manhunters Manhunters		
CMT	166	Twister ★★ ('96, Action) Helen Hunt, Bill Paxton		Pure Country ★★ ('92, Drama) George Strait, Lesley Ann Warren			Twister ★★ ('96, Action) Helen Hunt, Bill Paxton											
CNBC	208	Paid Programs		MotoGP (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		
CNN	200	State of the Union With Fareed Zakaria		GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		
COM	107	The Office		The Office		The Office		The Office		The Office		The Office		The Office		Seinfeld Seinfeld Seinfeld Seinfeld		
COMET	289	Bradbury		Bradbury		Bradbury Theater		Bradbury		Godzilla, King of the Monsters! ★★ ('56)		Godzilla vs. Monster Zero ★ ('65, Action)		Son of Godzilla ('67)				
COOK	113	Food Paradise		Food Paradise		Food Paradise		Man, Food		Man, Food		Man, Food		Man, Food		Man, Food		
DISC	182	Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		
DFC	179	MLP		My Little Pony: Equestria Girls		Too Cute!		The Zoo		The Zoo		The Zoo		Extreme Makeover		Extreme Makeover		
DISN-E	172	Movie		Owl Hse. Hotel		Big City		Ladybug		Big City		Ladybug		Ladybug		Big City		
ENCR-W	341	The Postman ('97) 'R'		Chief Crazy Horse ('55) 'NR'			(:28) Patton ★★★★★ ('70, War) George C. Scott, Karl Malden 'PG'			SEAL Team Six: Raid		Gangs of New York						
EWESTN	342	Western Union ('41, Western) 'NR'		(:33) The Duchess and the Dirtwater Fox ('76)			Stranger Wore		(:42) The Undeclared ('69, Western) 'G'		(:42) The Duel at Silver Creek ('52)							
EACTN	343	Megan Leavey ('17, War) 'PG-13'		(:26) Elysium ★★ ('13, Science Fiction) 'R'			(:18) Bats ★ ('99, Horror) 'R'		(:4:51) The Big Hit ('98, Action) 'R'		(:25) So Undercover ('12) 'PG-13'							
ESUSP	344	(:06) Timeline ★★ ('03, Adventure) 'PG-13'		(:05) 6 Days ('17, Action) 'R'			(:43) Slither ('06, Horror) Nathan Fillion 'R'		(:22) Tremors ('90, Horror) 'PG-13'		Timeline ('03) 'PG-13'							
EBLACK	345	Underclassman ★ ('05) 'PG-13'		(:26) Tazmanian Devil ('20, Drama) 'NR'			(:29) American Son ('08, Drama) 'R'		(:4:58) Phat Girlz ('06) 'PG-13'		(:39) Underclassman ('05) 'PG-13'							
ECLASS	346	Funny Farm ('88) 'PG'		(:09) Oz the Great and Powerful ('13, Children's) 'PG'			(:22) Escape Room ('19) 'PG-13'		(:04) Mr. & Mrs. Smith ('05, Action) 'PG-13'		Thor: The Dark World							
EFAMILY	347	The Last Unicorn ('82)		Thomas and the Magic Railroad (:37) Balto ('95, Children's) 'G'			Balto II: Wolf Quest		(:13) Flicka 2 ('10, Children's) 'PG'		(:6:50) The Painted Hills							
ESPN	140	SportsCenter (L)		ESPN Films		⊕ 2022 Men's College World Series (L)		Baseball Tonight		MLB Baseball								
ESPN2	143	30 for 30		30 for 30 Celtics/Lakers: Part 1 (Part 1 of 3)			30 for 30 (Part 2 of 3)		30 for 30 Celtics/Lakers: Part 3 (Part 3 of 3)		SportsCenter		MLB Baseball					
EWTN	261	Sunday Mass		In Concert Verdi's Requiem (N)		Chaplet		Rosary		Vaticano		Savoring		The Church		Saints		
FETV	82	Rawhide		Rawhide		Rawhide		Movie		Movie		Ranger		Matlock		Mannix		
FMC	387	Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie		
FNC	205	Fox News Live (L)		Fox News Live (L)		FOX News Sunday		Maria Bartiromo		Fox News Live (L)		The Big Sunday Show (L)		Fox Report		Sunday Night		
FOOD	110	Delicious		Delicious		The Kitchen		Beachside Brawl		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		
FREFM	180	Bumblebee ('18, Action) Hailee Steinfeld		(:05) Jurassic World: Fallen Kingdom ('18, Adventure) Chris Pratt			(:10) National Treasure ★★ ('04, Adventure) Nicolas Cage											
F51	150	NASCAR Horse Racing		RaceDay		Horse Race		Inside PBC		Inside PBC		Major League Rugby						

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Pacific Rim Uprising ('18, Science Fiction) <i>John Boyega</i>					The Martian ★★★ ('15, Science Fiction) <i>Matt Damon</i>					Deadpool ★★★ ('16, Action) <i>Ryan Reynolds</i>					
FXM	384	SNOW WHITE (:15) The Sandlot ★★★ ('93, Children's) 'PG'					Miss Peregrine's Home for Peculiar Children ('16) 'PG-13'					The Angry Birds Movie 2 ('19) 'PG'					Ice Age
FXM	373	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Burgers	Burgers	Burgers	Burgers	
GETTV	373	♣Brides	Hondo	(:45) The Outcasts They Shall Rise Up				Father Murphy	Hawkeye	<i>The Warrior</i>	Bret Maverick	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger		
GMSHW	116	Ma. Minds	Ma. Minds	Ma. Minds	Ma. Minds	Chain Rctn	Chain Rctn	Chain Rctn	Chain Rctn	America	America	FamFeud	FamFeud	FamFeud	FamFeud	America	America
GOLF	401	Golf Central Pregame (L) PGA Golf										♀ 2022 U.S. Senior Open Championship Final Round (L)					Golf Central On-Site (L)
GRIT	217	♣Show	Five Card Stud ★★ ('68, Western) <i>Dean Martin</i>					Bandolero! ★★★ ('68, Western) <i>James Stewart</i>					Texas Across the River ★★ ('66, Western) <i>Dean Martin</i>				
HALL	185	As Luck Would Have It ('21, Romance)				Raise a Glass to Love ('21, Romance-Comedy)				Taking the Reins ('21, Romance) <i>Nikki DeLoach</i>			Two Tickets to Paradise ('22, Romance)				
HALLDR	186	♣McBride	McBride <i>Anybody Here Murder Marty?</i>				McBride <i>Fallen Idol</i>				McBride: Semper Fi ★ ('07, Mystery)				McBride: Dogged ('07)		
HALLMV	187	Christmas in Evergreen ('17, Romance)				Time for Us to Come Home for Christmas				A Godwink Christmas: Miracle of Love ('21)				The Christmas Promise ('21, Drama)			
HDMOV	130	The Spikes Gang ('74, Western) (:45)		Cast a Long Shadow ★ ('59)		(:15) Mackenna's Gold ★★ ('69, Western) <i>Gregory Peck</i>		(:35) El Dorado ★★★ ('67, Western) <i>John Wayne</i>									
HERIC	293	Superman	Superman	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Lethal Weapon	Lethal Weapon					
HGTV	112	Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		Windy City Rehab	Windy City Rehab		
HIST	120	TBA	TBA	TBA	TBA	TBA	TBA	TBA	The Booze, Bets and Sex That Built America			The Booze, Bets and Sex That Built America					
ID	192	Body Cam <i>Flight Risk</i>		Body Cam <i>Taken</i>		Body Cam		Body Cam <i>Manhunt</i>		American Monster		American Monster		American Monster	American Monster		
IFC	133	♣Caddyshack	(80)	(:15) Police Academy ★★ ('84, Comedy) <i>Steve Guttenberg</i>		Major League ★★ ('89, Comedy) <i>Tom Berenger</i>		Raymond		Raymond	Raymond	Raymond	Raymond				
LAFF	237	Mother's Day ('16, Comedy-Drama) Videos		Funniest	Funniest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.		
LIFE	108	Revenge Delivered ('21, Suspense)				Psycho Storm Chaser ('21, Suspense) <i>Rib Hillis</i>				He's Not Worth Dying For ('22, Drama)			Sinister Stepsister ('22, Drama) <i>Annika Foster</i>				
LMN	109	Stalked by My Ex ('17, Suspense) <i>Yves Bright</i>			Stalked by My Patient ('18, Suspense)			His Fatal Fixation ('20, Suspense) <i>Sarah Fisher</i>			Sinister Stalker ('20, Suspense) <i>Marci Miller</i>						
MAGN	111	Fixer Upper: Welcome	Magnolia	Magnolia	Zoe Bk (N)	Zoe Bakes	From the	From the	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	
MGMHD	385	Follow That Dream (:05) Frankie and Johnny ★★ ('66, Musical)				(:05) Clambake ★★ ('67, Musical) <i>Elvis Presley</i>				(:15) The Misfits ★★ ('61, Western) <i>Clark Gable, Marilyn Monroe</i>							
MOTOR	246	Four	Hot Rod	Bitchin' Rides		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire			
MSNBC	209	Alex Witt Reports (L)		Alex Witt Reports (L)		Yasmin Vossoughian		Yasmin Vossoughian		Symone (L)		PoliticsNation (L)		Voices-Alicia Menendez		Voices-Alicia Menendez	
NATGEO	197	Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna	
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo	
OUTD	396	Archer's	Addicted	Am. Archer	Buck.	Whitetail	Outdoors	Whitetail	Hunt	Major League Fishing Cups		Fishing	Jim Shook	McMillan	Live 2 Hunt		
OWN	189	Super Soul Sunday		Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	20/20 on OWN			
OXYG	127	Snapped		Snapped		Snapped: Killer Couples		Snapped: Killer Couples		Snapped: Killer Couples		Snapped: Killer Couples		Snapped: Couples (N) Exhumed-Killer			
PARMT	241	Bar Rescue		Bar Rescue		Bar Rescue		The Accountant ★★ ('16, Suspense) <i>Ben Affleck, Anna Kendrick</i>				The Fugitive ('93, Suspense) <i>Harrison Ford</i>					
POP	117	Scorpion		Scorpion		Scorpion		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans			
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Bruce Dickinson: Iron Maiden Frontman		AC/DC: Breaking		Guns N Roses: Story of Their Songs					
RFDTV	231	Rancher	Rodeo	Equestrian	Horses	Horseman, Best Amer	Horse-West	FFA Today	U.S. Farm Report		Gentle Gi. Jimmy		Midwest Country		Church	Stuart	
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	Expedition X	Expedition X	Expedition X	Expedition X	
SMITH	367	Aerial America		Mystery-Lost		Leg Pharaohs		Leg Pharaohs		Leg Pharaohs		Secrets	Secrets	Secrets	Secrets	Secrets <i>Tut's Tomb</i>	
SONY	386	The Greatest ('77, Biography)		(:16) Men of Respect ('90, Crime Drama)		(23) Rage and Honor ('92, Action)		(09) Rage and Honor II: Hostile Takeover ('93)		The Mask of Zorro							
SUND-E	358	♣Monk	(45) What Lies Beneath ★★ ('00, Suspense) <i>Harrison Ford</i>	(45) Copcat ★★ ('95, Suspense) <i>Sigourney Weaver, Holly Hunter</i>				Contact ('97, Science Fiction)									
SYFY	122	Constantine ('05, Fantasy) <i>Keanu Reeves</i>			Speed ★★ ('94, Action) <i>Keanu Reeves, Dennis Hopper</i>			John Wick ★★ ('14, Action) <i>Keanu Reeves</i>			John Wick: Chapter 2 ('17, Action)						
TBN	260	Jackson	In Touch	PowerPoint	Written	Gregory	Mazzapica	Dave and	Carpenter	Mother's Day	Youseff	Shook	Your Move	Joyce M.	Hagee Min	Robert	
TBS	139	Legally Blonde ('01)		Game Night ('18, Comedy) <i>Jason Bateman</i>		(:15) Couples Retreat ★★ ('09, Comedy) <i>Vince Vaughn</i>		(:45) Friends With Benefits ★★ ('11, Romance-Comedy)									
TCM	132	A Summer Place ('59, Drama) <i>Richard Egan</i>		(:15) Don't Make Waves ★★ ('67, Comedy)		Dangerous When Wet ('53, Musical Comedy)				Beach Party ('63, Comedy) <i>Bob Cummings</i>							
TLC	183	Welcome to Plathville		Welcome to Plathville		Welcome to Plathville		I Love a Mama's Boy		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé			
TMC-W	329	(:10) More American Graffiti ★★ ('79) 'PG'		(:05) Old Henry ('21, Western) 'NR'		Separated		Passenger 57 ('92, Action) 'R'		Megalodon Rising ('21) 'NR'		The Skulls ★ ('00)					
TNT	138	Hercules: Wars		(:15) San Andreas ★★ ('15, Action) <i>Dwayne Johnson</i>		(:45) Rampage ★★ ('18, Action) <i>Dwayne Johnson</i>		Captain America: Civil War ('16, Action)									
TRU	242	Foodies	Foodies	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TRVL	196	The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		Attack of the Yeti			
TVLND	106	Gold Girls		Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Two Men	Two Men	
UP	188	Little House on Prairie		Little House on Prairie		Little House on Prairie		The Engagement Back-Up ('22, Romance)				Groomzilla ('18, Romance-Comedy)		Planning on Forever			
USA	105	Law & Order: SVU		Law & Order: SVU		IMSA Weathertech Championship						Track & Field		Law & Order: SVU	Law & Order: SVU		
WE	128	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Prog. Local Prog. Local Programs					MLS Soccer					Local Programs		Local Prog. News		Funniest Home Videos	
CBS-E	Local Prog. Local Prog.		Sailing		Course	PGA Tour	♀ PGA Tour Golf Travelers Championship, Final Round (L)					Local Prog. News		60 Minutes (N)		
CW-E	Local Programs					Local Programs										
FOX-E	Local Programs					NHRA Drag Racing Summit Racing Equipment Nationals, Finals (L)					Local Programs		MasterChef			
NBC-E	Local Prog. Local Prog.		♀ 2022 KPMG Women's PGA Championship Final Round (L)					Track & Field		♻️ NASCAR Cup Series Ally 400 (L)						
METV	247*	The Summer of Me Sunday Block Party														
ABC-W	Local Prog. Local Prog. Local Programs					MLS Soccer					Local Programs		Local Programs		News	
CBS-W	Local Prog. Local Prog.		Sailing		Course	PGA Tour	♀ PGA Tour Golf Travelers Championship, Final Round (L)					Local Prog. Local Programs				
CW-W	Local Programs					Local Programs										
FOX-W	Local Programs					NHRA Drag Racing Summit Racing Equipment Nationals, Finals (L)					Local Programs		Local Programs			
NBC-W	Local Programs		♀ 2022 KPMG Women's PGA Championship Final Round (L)					Track & Field		♻️ NASCAR Cup Series Ally 400 (L)						
PBS	Grantchester		Grantchester		Grantchester		Grantchester		Grantchester		Grantchester		Grantchester		Grantchester	

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30				
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30				
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30				
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30				
PREMIUM MOVIES																				
HBO	HBO-E 310	Total Recall '90 'R' Westworld (N)			Westworld			Last Week (35) Westworld			Last Week (10) Moon ★★★ '09, Science Fiction 'R'			Last Week Nobody						
	HBO2 312	Westworld Crisis Theory (8:50) Genius ★★★ '16 'PG-13' (35) Reminiscence (21, Science Fiction) 'PG-13' (35) Duplex '03, Comedy) 'PG-13' (05) Blades of Glory '07 'PG-13'			New Guy															
	HBO5 314	Delivery Man ★★ '13 'PG-13' (45) Bad Words ★★★ '14 'R' (15) Limitless ★★★ '11, Suspense) 'PG-13' (35) Miami Vice '06, Crime Drama) Colin Farrell 'R' (15) Si 'NR' Last Duel																		
	HBOF 315	Thor: Tale (16) Wiener Dog Internationalals (9:49) Alvin and the Chipmunks (20) TBA			(42) Stealing Harvard '02 'PG-13' Who's Harry Crumb?															
MAX	MAX 307	Mindhunters '04, Suspense) LL Cool J 'R' (9:48) R.I.P.D. '13, Action) 'PG-13' (25) Cold Pursuit '19, Action) Liam Neeson 'R' (25) 28 Days Later ★★★ '02, Horror) 'R' Dragged																		
	5MAX 308	Adventureland '09) Monster's Ball '01, Drama) Halle Berry 'R' (10:52) Biker Boyz '03 'PG-13' Borat: Cultural Learnings (07) Joe ★★★ '13, Drama) Nicolas Cage 'R'																		
	MMAX 309	Transformers '07) The Day After Tomorrow '04, Action) 'PG-13' (04) Thelma & Louise '91, Comedy-Drama) 'R' (14) Hearts in Atlantis '01, Drama) 'PG-13' (2:55) Shutter '08)																		
SHOWTIME	SHO-E 318	(15) We Hunt Together (N) The Chi (N)			Man Who Fell			Flatbush			The Chi			We Hunt						
	SHO2 320	John and the Hole '21 'R' (45) Shooter ★★★ '07, Action) Mark Wahlberg 'R' We Hunt (45) We Hunt Together (N) Flatbush			Spotlights			Hereditary '18, Horror) 'R'												
	SHOBET 321	(10) Rafiki '18, Drama) 'NR' (45) Whitney: Can I Be Me '17 'NR' Desus			Flatbush			The Chi (N)			Richard Pryor: Omit the Logic 'R' Man Who Fell									
	SHOX 322	Stillwater '21 'R' Ain't Them Bodies Saints '13 'R' (40) American Insurrection '21, Action) 'R' (35) The Djinn '21, Horror) 'R' 13 Fanboy '21, Horror) 'NR' (45) Tusk																		
	SHOS 323	Lady Bird '17, Comedy-Drama) 'R' (35) Still Alice ★★★ '14, Drama) 'PG-13' (20) The Bronze '15, Comedy) 'R' A Haunted House ★★ '13 'R' Midsommar '19, Horror) 'R'																		
	TMC 327	Old Henry '21, Western) 'NR' (40) The Ballad of Lefty Brown '17 'R' (35) Narc '02, Crime Drama) Ray Liotta 'R' Mississippi Grind ★★★ '15, Drama) 'R' The Nest																		
FLIX-E 333	Kingpin ★★★ '96, Comedy) 'PG-13' The Man Who Knew Too Little (35) Labyrinth '86, Fantasy) David Bowie 'PG' Let the Right One In '08, Horror) 'R' Drop Zone																			
STARZ	ENCR-E 340	L.A. Confidential '97) The Postman ★★ '97, Drama) Kevin Costner, Will Patton 'R' (12:02) French Connection II '75, Action) 'R' (05) Waterworld '95, Science Fiction) 'PG-13'																		
	STARZ-E 350	Becoming Elizabeth (N) Who Is Ghislaine Max P-Valley Demetrius (N) (06) Becoming Elizabeth Who Is Ghislaine Max (02) P-Valley Demetrius (09) Becoming Elizabeth Who Is Ghislaine Max																		
	STRZED 352	The Big Lebowski ★★★ '98, Comedy) 'R' (9:47) Paul '11, Comedy) 'R' (33) The Monuments Men '14 'PG-13' (34) After Earth '13, Science Fiction) 'PG-13' (16) Vice																		
	STRZCI 353	Casino '95, Crime Drama) Robert De Niro 'R' City of Lies ★★ '18, Crime Drama) 'R' (11:54) An Ordinary Man '17 'R' (28) Queen of the Capital '20) The Kid Detective 'R'																		
	STRZCO 354	American Pie '99, Comedy) 'R' (38) American Pie 2 ★★★ '01, Comedy) 'R' (25) Scary Movie '00, Comedy) 'R' (12:55) Two Can Play That Game (28) Working Girl ★★★ '88) 'R'																		
	STRZIB 355	(05) Boyz n the Hood '91, Drama) 'R' Friday Night Lights '04, Drama) 'PG-13' (12:02) Nine Days '20, Fantasy) Zazie Beetz 'R' The Goods: Live Hard, Sell Hard, Just Girl																		
STRZKF 356	Titan A.E. ★★★ '00) 'PG' (36) Cinderella ★★★ '15, Children's) 'PG' (23) Flipper '96, Children's) 'PG' Sheep and Wolves: Pig Deal '19) Born Wild (2:59) Pit Pony '97)																			
EPIX	EPIX 380	The Lost City ★★ '22, Romance-Comedy) The Wolf of Wall Street ★★ '13, Biography) Leonardo DiCaprio (05) Pain & Gain '13, Action) Mark Wahlberg (15) Sex Life																		
	EPIX2 381	Billy the Kid (8:50) A Quiet Place Part II '21) Carrie ★★ '13, Horror) (12:10) A House on the Bayou (40) Sex Life (40) The Glass Castle ★★ '17)																		
	EPIXH 382	As Good as It Gets '97, Comedy-Drama) Jack Nicholson (20) (500) Days of Summer '09) Sideways '04, Comedy-Drama) Paul Giamatti (10) Forces of Nature '99, Romance-Comedy)																		
	EPIXDR 292	Along Came a Spider ★★ '01) (45) Kiss the Girls ★★ '97, Mystery) (45) Nick of Time '95, Suspense) (15) Snake Eyes '98, Suspense) Nicolas Cage (2:55) Dead Again '91)																		
AMERICA'S TOP PROGRAMMING																				
A&E 118	The First 48			The First 48			The First 48			The First 48			The First 48							
AHC 195	WWII in the Pacific			WWII in the Pacific			World War II in Color			WWII in the Pacific			World War II in Color							
AMC 131	The Green Mile '99) Dark Winds K'e (N) The Perfect Storm ★★★ '00, Suspense) George Clooney			Dark Winds K'e			The Express '08, Biography) Dennis Quaid													
APL 184	Louisiana Law			Louisiana Law (N)			Louisiana Law			Louisiana Law			Louisiana Law							
AXSTV 167	Wahlburgers			Wahlburgers			Wahlburgers			Bonnaroo Music Festival			Bonnaroo Music Festival							
BBCA 135	Office Pitch Perfect ★★★ '12, Musical Comedy) Anna Kendrick			The Split (N) (25) Office Space '99, Comedy) Ron Livingston (25) Pitch Perfect ★★★ '12)																
BET 124	2022 BET Awards (L)			TBA			2022 BET Awards						Martin Martin							
BOUNCE 359	The Taking of Pelham 123 '09, Action) Déjà Vu ★★★ '06, Suspense) Denzel Washington			Half Past Dead ★ '02, Action) Steven Seagal			Cleaner ★★ '07, Suspense)													
BRAVO 129	Housewives-Atlanta			Love Match Atlanta (N)			Watch			Love Match Atlanta			Housewives of NJ							
BUZZR 245	Password			Match			Body Lang.			Body Lang.			Tattletales							
CIHD 249	Jacked			Jacked			Manhunters			Manhunters			Manhunters							
CMT 166	Movie			Pure Country ★★★ '92, Drama) George Strait, Lesley Ann Warren			Housewife Housewife Housewife Housewife													
CNBC 208	Shark Tank			Shark Tank			Shark Tank			Shark Tank			Paid Programs							
CNN 207	CNN Newsroom			CNN Special Program			State of the Union With			CNN Special Program			CNN Newsroom Live (N)							
COM 107	Seinfeld			Seinfeld			Seinfeld			Seinfeld			South Park							
COMET 289	Son of Godzilla '67) Destroy All Monsters! '68, Science Fiction) Godzilla vs. Mechagodzilla ★ '74) Terror of Mechagodzilla '75, Science Fiction)			Paid Programs																
COOK 113	Carn Eats			Carn Eats			Best Thing			Best Thing			Best Thing							
DISC 182	Naked and Afraid XL (N)			Naked and Afraid			Naked and Afraid			Naked and Afraid XL			Naked and Afraid							
DFC 179	Extreme Makeover			Extreme Makeover			Extreme Makeover			Extreme Makeover			Extreme Makeover							
DISN-E 172	Night at the Museum ★★ '06, Children's) Night at the Museum (45) Bunk'd			Big City			Jessie			Raven			Liv-Mad.							
ENCR-W 341	Gangs of New York '02 'R' (39) L.A. Confidential '97, Crime Drama) Kevin Spacey 'R' The Postman ★★ '97, Drama) Kevin Costner, Will Patton 'R' French Connection II																			
EWESTN 342	Drums Across the River '54 'NR' Bullet for a Badman (41) Bad Girls ★★ '94, Western) 'R' Fighting (24) Border Badmen (20) Santa Fe '51, Western) 'NR'																			
EACTN 343	Elysium '13, Science Fiction) Matt Damon 'R' (9:52) Alien Nation '88) 'R' (24) Bats ★ '99, Horror) 'R' (12:59) Revenge ★★ '90, Suspense) 'R' The Evil That Men Do																			
ESUSP 344	Timeline '03) 'PG-13' Mercury Rising '98, Suspense) Bruce Willis 'R' (10:54) 6 Days '17, Action) 'R' (32) The Craft: Legacy ★★ '20) (10) Motives '04, Suspense) 'R' Woman																			
EBLACK 345	(15) The Violent Heart '20, Suspense) 'NR' In Too Deep '99, Crime Drama) 'R' (39) Phat Girlz '06, Comedy) Mo'Nique 'PG-13' (22) Motives 2: Retribution '07) Scandalize My Name																			
ECLASS 346	Thor: The Dark World Serpico '73, Crime Drama) Al Pacino 'R' (13) Julie & Julia ★★★ '09, Comedy-Drama) 'PG-13' (20) One Fine Day '96) 'PG' (10) Mr. & Mrs. Smith																			
EFAMILY 347	Thomas and the Magic Railroad (27) The Last Unicorn '82) 'G' On the Line '01) Lance Bass 'PG' (28) Monkey Trouble '94) 'PG' Brightheart: Firefly Action Last Uni.																			
ESPN 140	MLB Baseball Teams TBA (L)			SportsCenter (L)			SportsCenter (L)			SportsCenter			SportsCenter							
ESPN2 143	MLB Baseball Teams TBA (L)			World of X Games			World of X Games			World of X Games			World of X Games							
EWTV 261	Sun. Mass Catholics			Life/Rock			Rosary			Walking With Baraga			Catholic							
FETV 82	Perry Mason			Perry Mason			Emergency!			Emergency!			B. Miller							
FMC 387	Movie			Movie			Movie			Movie			Movie							
FNC 205	Life, Liberty & Levin (N) The Next Revolution			Sunday Night			Life, Liberty & Levin			The Next Revolution			Sunday Night							
FOOD 110	Guy's Grocery Games			Food Truck Race			Beachside Brawl (N)			Guy's Grocery Games			Food Truck Race							
FREFM 180	National (20) National Treasure: Book of Secrets ★★ '07, Action) Cast Away ★★★ '00, Drama) Tom Hanks, Helen Hunt			Paid Programs																
F51 150	MLR Rugby			Gold Cup			MLS Soccer			USFL Football			Nascar							

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Deadpool 2 ★★★ ('18, Action) <i>Ryan Reynolds</i>				Deadpool ★★★ ('16, Action) <i>Ryan Reynolds</i>				Wild Card ★★ ('15, Action) <i>Jason Statham</i>				Paid Programs			
FXM	384	Ice Age: Collision Course ('16)				Ice Age: Collision Course ('16, Children's) 'PG' (25)				The Angry Birds Movie 2 ('19) 'PG' (20)				Abominable ('19) 'PG'		Song-Berndette	
FXM	125	Burgers	Burgers	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Futurama	Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer
GETTV	373	Walker, Texas Ranger				Walker, Texas Ranger				The Rockford Files				Kojak		Kojak	
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest
GOLF	401	Golf C'tral PGA Tour Golf Travelers Championship, Final Round										U.S. Senior Open Champ.		Wom. PGA			
GRIT	217	Duel at Diablo ★★★ ('66, Western) <i>James Garner</i>				Hour of the Gun ★★★ ('67, Western) <i>James Garner</i>				No Name on the Bullet ('59, Western)				Paid Programs			
HALL	185	Always Amore ('22, Romance) <i>Autumn Reeser</i>				Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier	
HALLDR	186	McBride: Dogged ('07)				McBride: Requiem ★ ('06, Mystery)				The Waltons				The Waltons		The Waltons	
HALLMV	187	Time for Them to Come Home for Christmas				One December Night ('21, Romance-Comedy)				A Blue Ridge Mountain Christmas ('19)				Holiday for Heroes ('19, Romance) <i>Marc Blucas</i>			
HDMOV	130	The Spikes Gang ('74, Western) (45)				Cast a Long Shadow ★ ('59, Western) (20)				Mackenna's Gold ★★★ ('69, Western) (40)				El Dorado ★★★ ('67, Western) <i>John Wayne</i>			
HERIC	293	Star Trek: Catspaw		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch / Spike		House		House	
HGTV	112	Battle on the Beach		Battle on the Beach (N)		Beach		Beach		Battle on the Beach		Beach		Beach		Battle on the Beach	
HIST	120	The Booze, Bets and Sex That Built America (N)				The Fast		The Fast		The Booze, Bets and Sex That Built America				The Fast		The Fast	
ID	192	American Monster				On the Case, Zahn				American Monster				On the Case, Zahn			
IFC	133	Raymond		Raymond		Raymond		Raymond		Raymond		Raymond		3's Comp.		3's Comp.	
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		How I Met		How I Met		Bernie Mac		Bernie Mac	
LIFE	108	Ice Road Killer ('22, Suspense) <i>Sarah Allen</i>				TextMeWhen		Sleeping With a Killer		Ice Road Killer ('22, Suspense) (12:01)				TextMeWhen		Sleeping With a Killer	
LMN	109	Movie				Movie				(12:01) Movie				Movie			
MAGN	111	Family		Bizarre		Bizarre		Bizarre		Bizarre		Bizarre		Bizarre		Bizarre	
MGMHD	385	99 River Street ('53, Crime Drama) <i>John Payne</i>				Madeleine ★★★ ('50, Docudrama) <i>Ann Todd</i>				Leviathan ('89, Science Fiction) <i>Peter Weller</i>				Diary of a Madman ('63, Horror)			
MOTOR	246	Iron Resurrection				Street Outlaws: America's List (N)				Street Outlaws: America's List				Iron Resurrection			
MSNBC	209	The Mehdi Hasan Show (L)		Ayman (L)		Voices-Alicia Menendez		The Mehdi Hasan Show		Ayman		Dateline		Dateline		Dateline	
NATGEO	197	Wicked Tuna (N)		Wicked Tuna (N)		Wild Fish (N)		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wild Fish		When Sharks Attack	
NGWLD	190	Secrets of the Zoo		Secrets of the Zoo (N)		Secrets-Zoo		(15) Secrets of the Zoo		Secrets of the Zoo		Secrets-Zoo		Secrets-Zoo		Paid Programs	
OUTD	396	Crush		Hunt		Outdoors		Bone Coll.		Buck.		Hunting		Driven		Addicted	
OWN	189	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN	
OXYG	127	Snapped: Killer Couples				Snapped: Killer Couples				Exhumed-Killer				Exhumed-Killer			
PARMT	241	The Fugitive ('93)				The Accountant ★★★ ('16, Suspense) <i>Ben Affleck, Anna Kendrick</i>				The Fugitive ★★★ ('93, Suspense) <i>Harrison Ford, Tommy Lee Jones</i>				The Office		The Office	
POP	117	NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans		48 Hours	
REELZ	299	Special				Skid Row: Breaking The				Special				Skid Row: Breaking The		Celebrity	
RFDTV	231	Wild		Wild		The Rural Americans		FarmHer		Agribusiness		Farm Mon.		Gentle Gi.		Pulling	
SCI	193	Boeing Storied Media (N)				Expedition X				Expedition X				Expedition X			
SMITH	367	The Curse				Cleopatra (Part 1 of 2)				Cleopatra (Part 2 of 2)				America in Color			
SONY	386	The Mask of Zorro ★★★ ('98) (29)				The Detonator ('06, Action) <i>Wesley Snipes</i> (19)				The Mask of Zorro ('98, Adventure) (40)				The Detonator ('06, Action) <i>Wesley Snipes</i> (Game)			
SUND-E	358	Contact ('97, Science Fiction) <i>Jodie Foster</i>				Building a Bridge ('21, Documentary)				Contact ★★★ ('97, Science Fiction) <i>Jodie Foster, Matthew McConaughey</i>							
SYFY	122	John Wick: Chapter 2				John Wick: Chapter 3: Parabellum ('19, Action) <i>Keanu Reeves</i>				(11:58) The Bourne Ultimatum ('07, Action) <i>Matt Damon</i> (31)				The Bourne Legacy ('12)			
TBN	260	Joel Osteen		David		Huckabee		Metaxas		Creflo		Drive Thru History		Praise (N)		Jordan	
TBS	139	Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Friends With Benefits ('11, Romance-Comedy) (15)				Guess Who ('05, Comedy) <i>Bernie Mac</i>	
TCM	132	East of Eden ('55, Drama) <i>James Dean</i>				The Entertainer ★★★ ('60, Drama)				Do Detect! <i>You Darn</i> (15)				Double Whoopee ('80, Documentary) (Document)			
TLC	183	90 Day Fiancé (N)				I Love a Mama's Boy (N)				90 Day Fiancé (N)				90 Day Fiancé			
TMC-W	329	The Skulls ★ ('00)				The Dry ('20, Crime Drama) <i>Eric Bana</i> 'R'				Old Henry ('21, Western) 'NR' (40)				The Ballad of Lefty Brown ('17) 'R' (35)			
TNT	138	Captain America				Animal Kingdom (N)		Animal Kingdom (N)		Animal Kingdom		Animal Kingdom		Hercules: The Thracian Wars ('14, Adventure)			
TRU	242	Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		World's Dumbest ...	
TRVL	196	Legend of Bigfoot				Alaskan Killer Bigfoot (N)				MonsterLands				Legend of Bigfoot			
TVLND	106	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men	
UP	188	Planning on Forever				How Not to Propose ('15, Romance-Comedy)				Planning on Forever ('22, Romance)				A Wedding to Remember ('21, Romance)			
USA	105	Law & Order: SVU				Law & Order: SVU				Law & Order: SVU				Law & Order: SVU			
WE	128	Law & Order				Law & Order				Law & Order				Law & Order			

LOCAL NETWORKS

ABC-E	2022 Stanley Cup Final Game 5: <i>Teams TBA</i> (L)	Local Programs				Local Programs				ABC World News Now (N)							
CBS-E	60 Minutes (N)	NCIS: Los Angeles				S.W.A.T.				CBS Overnight News (N)							
CW-E	Animals	Animals		Penn & Teller: Fool Us		Local Programs											
FOX-E	Simpsons	Burgers		Duncan (N)		Family Guy		Local Programs									
NBC-E	NASCAR Cup Series				America's Got Talent				Local Programs								
METV	247*	Perry Mason				Ed Sullivan		C. Burnett		Van Dyke		Van Dyke		Honeymn.		Twi. Zone	
ABC-W	2022 Stanley Cup Final Game 5: <i>Teams TBA</i> (L)	Funniest Home Videos				Local Programs				Local Programs							
CBS-W	Local Programs	News				60 Minutes (N)				60 Minutes (N)							
CW-W	Local Programs				Animals				Animals								
FOX-W	Local Programs				MasterChef				Simpsons								
NBC-W	NASCAR Cup Series				Local Programs				America's Got Talent								
PBS	Hotel Portofino (N)		Endeavour on Masterpiece <i>Scherzo</i> (N)				Austin City Limits				Hotel Portofino <i>Lessons</i>						

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E 310	ⓂNobody '21' 'R'	Rabbit Hole '10, Drama' 'PG-13'	ⓂShall We Dance? ★★★ '04' 'PG-13'	Last Week	She's All That ★★ '99' 'PG-13'	ⓂSay Anything... '89' 'PG-13'
	HBO2 312	ⓂThe New Guy '02	ⓂLike Crazy ★★★ '11, Drama' 'PG-13'	ⓂWonder Woman 1984 '20, Action' Gal Gadot 'PG-13'	ⓂThe Next Three Days ★★★ '10, Suspense' 'PG-13'		
HBO3	HBO3 314	ⓂThe Last Duel '21, Historical Drama' 'R'	Jurassic Park '93, Adventure' 'PG-13'	ⓂThe Book Thief ★★★ '13, Historical Drama' 'PG-13'	ⓂCapote '05, Biography' 'R'	ⓂAmerican	
	HBOF 315	ⓂWho '07	ⓂJungle Master '13' 'PG-13'	ⓂK'garten Happily Curious 'A Family Is a Family' '02	ⓂMiracle on 34th Street '47' '09	ⓂAll Dogs Go to Heaven '89	ⓂAriano
MAX	MAX 307	ⓂDragged Across Concrete '18' Mel Gibson 'R'	ⓂRambo III ★★★ '88, Action' 'R'	ⓂIris '01, Drama' Judi Dench 'R'	Ⓜ28 Weeks Later ★★★ '07, Horror' 'R'	ⓂFatale '20' 'R'	
	5MAX 308	ⓂMaster and Commander: The Far Side of the World '05	ⓂJack the Giant Slayer ★★ '13' 'PG-13'	ⓂRepentance '13, Suspense' 'R'	ⓂJust Married '03' 'PG-13'	ⓂBroadcast	
	MMAx 309	ⓂShutter '21	ⓂBroken Lizard's Club Dread '05	ⓂFun Size ★ '12' 'PG-13'	ⓂLonely '74-8' 'A Guy Thing' '03' 'PG-13'	ⓂSomething Borrowed ★ '11' 'PG-13'	ⓂMy Cousin
SHOWTIME	SHO-E 318	ⓂWe Hunt Desus	ⓂMarley ★★★ '12, Documentary' Bob Marley 'PG-13'	ⓂBlack Sheep '96, Comedy' 'PG-13'	ⓂThe Love Guru ★ '08' 'PG-13'	ⓂC'mon C'mon '21, Drama' 'R'	
	SHO2 320	ⓂHereditary '40	ⓂBroadcast Signal Intrusion '21' 'NR'	ⓂVampire Academy '14' 'PG-13'	ⓂWhat Breaks the Ice '20, Drama' 'NR'	ⓂMoon Manor '21' 'NR'	ⓂKnight
	SHOBET 321	ⓂFinding Forrester ★★ '00, Drama' 'PG-13'	ⓂThe Captive ★★ '14, Suspense' 'R'	ⓂSpotlights '25	ⓂGirlhood '14, Drama' Karidja Touré 'NR'	ⓂMother of George '13' 'R'	
	SHOX 322	ⓂTusk '14, Horror' Michael Parks 'R'	ⓂApril Fool's Day '86, Suspense' 'R'	ⓂDemonic '21, Science Fiction' 'R'	ⓂVolition '19, Science Fiction' 'NR'	ⓂMinority Report '02' 'PG-13'	
	SHOS 323	ⓂMidsommar '19' 'R'	ⓂNaked Gun 33 1/3	ⓂMinari '20, Drama' Steven Yeun 'PG-13'	ⓂThe Florida Project ★★★ '17, Drama' 'R'	ⓂLove Is Strange '14' 'R'	
	TMC 327	ⓂThe Nest '20' 'R'	ⓂDreamland '19, Drama' Margot Robbie 'R'	ⓂThe Children Act '17' 'R'	ⓂThe Go-Go's '20, Documentary' 'NR'	ⓂFailure to Launch ★★ '06	
FLIX-E 333	ⓂDrop Zone '94' 'R'	ⓂAlmost Famous '00, Comedy-Drama' Billy Crudup 'R'	ⓂLetters to Juliet ★★ '10, Drama' 'PG'	ⓂBill & Ted's Excellent Adventure	ⓂInconvenient Truth		
STARZ	ENCR-E 340	ⓂWaterworld '23	ⓂBeautiful Girls ★★★ '96, Comedy' 'R'	ⓂL.A. Confidential '97, Crime Drama' 'R'	ⓂRegarding Henry '91, Drama' 'PG-13'	ⓂUrban Cowboy '80' 'PG'	
	STARZ-E 350	ⓂP-Valley Demetrius '10	ⓂBoys and Girls ★ '00' 'PG-13'	ⓂStomp the Yard '07' 'PG-13'	ⓂRudy ★★ '93, Drama' Sean Astin 'PG'	ⓂCaptain Phillips '13' 'PG-13'	
	STRZED 352	ⓂVoice '15, Action' 'R'	Ⓜ3 Days to Kill ★★ '14, Action' 'PG-13'	ⓂFoxcatcher '14, Docudrama' 'R'	ⓂInferno '16, Suspense' Tom Hanks 'PG-13'	ⓂShot Caller '17	
	STRZCI 353	ⓂKid Detect '32	ⓂHostel 4★ '05, Horror' 'R'	ⓂThe Lost Leonardo '21' Jerry Saltz 'PG-13'	ⓂI Carry You With Me '20	ⓂCasino '95, Crime Drama' Robert De Niro 'R'	
	STRZCO 354	ⓂWork. Girl '23	ⓂThe Broken Hearts Gallery	ⓂRare Beasts '19, Romance' Billie Piper 'NR'	ⓂThe Climb ★★★ '19' 'R'	ⓂTyler Perry's the Family That Preys '08	ⓂWedding
	STRZIB 355	ⓂJust Another Girl on the I.R.T. 'R'	ⓂKiss of Death ★★★ '95' 'R'	ⓂThe Surrogate '20' 'NR'	ⓂCrooklyn ★★ '94, Drama' 'PG-13'	ⓂAnother Day of Life '18' 'NR'	
	STRZKF 356	ⓂPit Pony '33	ⓂA Cowgirl's Story '17' 'PG'	ⓂCamp Arrowhead '20' 'NR'	ⓂCharmers Charmers	ⓂSheep and Wolves '43	ⓂA Cowgirl's Story '17, Adventure' 'PG'
EPIX	EPIX 380	ⓂSex Life	ⓂDickie Roberts: Former Child Star '05	ⓂHard Night Falling '19	ⓂBlair Witch ★★ '16, Horror' '05	ⓂA Hologram for the King '45	ⓂThe Lost City ★★ '22
	EPIX2 381	ⓂThe Glass Castle '17	ⓂWuthering Heights '03	ⓂAlive ★★ '93, Docudrama' '20	ⓂThe Foot Fist Way ★★ '06, Comedy' '95-55	ⓂRobot & Frank '12	ⓂQuiet II
	EPIXH 382	ⓂUntamed Heart '93, Romance' '45	ⓂMy Little Pony ★★ '86, Children's' '25	ⓂThe Brady Bunch Movie '95	ⓂThe Guilt Trip '12, Comedy' '35	ⓂAs Good as It Gets '97	
	EPIXDR 292	ⓂDeadAgn '40	ⓂThe Presidio '88, Action' Sean Connery '25	ⓂCousins ★★★ '89, Romance-Comedy' '20	ⓂMarathon Man ★★ '76, Suspense' '40	ⓂAlong Came a Spider ★★ '01	

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs		Prince	Paid Prog.	Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	The First 48	The First 48				
AHC 195	Hitler (Part 5 of 6)		Hitler (Part 6 of 6)	Blood Feuds	Blood Feuds	Blood Feuds	Blood Feuds	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts				
AMC 131	ⓂThe Express '08		Dark Winds K'e	Paid Programs				ⓂThe Perfect Storm ★★ '00, Suspense)		ⓂThe Green Mile '99)							
APL 184	Lone Star Law		Lone Star Law	Too Cute!		My Cat From Hell		The Crocodile Hunter		Secret Life-Zoo		The Zoo		Treehouse Masters			
AXSTV 167	Paid Programs						LA Ink First Anniversary		LA Ink		LA Ink 66 Nikkis		Aerosmith: Live				
BBCA 135	ⓂPitch Perfect '12		Ⓜ(4:55) Doctor Who	Star Trek: Deep Space		Star Trek: Deep Space		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next			
BET 124	Browns	Browns	Browns	Browns	Browns	Payne	Payne	Martin	Martin	Martin	Martin	black-ish	black-ish	Live Single	Live Single		
BOUNCE 359	ⓂCleaner The Game		The Real	Wendy Williams Show		Nick Cannon		Injury Ct.		Injury Ct.		Court	Court	Paternity	Paternity		
BRAVO 129	Kelly Clarkson		Paid Programs	Real Housewives		Real Housewives		Real Housewives		Real Housewives		Real Housewives		Real Housewives			
BUZZR 245	Blockbuster	Blockbuster	Press Luck	Press Luck	Paid Programs		J. Prince	Tell Truth	My Line?	Sale of	Sweep	Body Lang.	Blockbuster	Match-Squares			
CIHD 249	Jacked	Jacked	Jacked	Jacked	Paid Programs				American Justice		American Justice		Nightwatch	Nightwatch Pride			
CMT 166	CMT Music		CMT Music	CMT Music		CMT Music		CMT Music		Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne		
CNBC 208	Street Signs (L)		Worldwide Exchange (L)	Squawk Box (L)						Squawk on the Street (L)		TechCheck (L)					
CNN 200	CNN Newsroom Live (N)		Early Start w/Romans	New Day With		New Day With		New Day With		CNN Newsroom		CNN Newsroom		At This Hour-Kate			
COM 107	South Park/South Park		Paid Programs			Cleveland	Cleveland	Cleveland	Cleveland	South Park/South Park		South Park/South Park		(15) South Park			
COMET 289	Paid Programs										ⓂHercules ★ '83, Adventure) Lou Ferrigno		ⓂAdventure-Herc				
COOK 113	Paid Programs				PizzaMast	PizzaMast	Brunch at	Brunch at	Brunch at	Brunch at	Burgers	Burgers	Burgers	Burgers			
DISC 182	BattleBots		Street Outlaws		Street Outlaws		Street Outlaws		Street Outlaws		Street Outlaws		Street Outlaws				
DFC 179	Kit. Crash	Kit. Crash	Gl Joe	Gl Joe	Monsters	Monsters	Pac-Man	Transform.	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony	Monsters	Monsters	
DISN-E 172	Austin	Bunk'd	Bunk'd	Ladybug	Sofia	Sofia	Bluey	Bluey	Puppy Pals	Puppy Pals	T.O.T.S.	T.O.T.S.	Puppy Pals	Puppy Pals	Bluey	Bluey	
ENCR-W 341	ⓂFrench Connection II '05		ⓂWaterworld '95, Science Fiction' Kevin Costner 'PG-13'	ⓂBeautiful Girls ★★ '96, Comedy' 'R'		Ⓜ(11) L.A. Confidential '97, Crime Drama' 'R'		ⓂRegarding									
EWESTN 342	ⓂThe Undefeated ★★ '69, Western' 'G'		ⓂTen Wanted Men '10		ⓂCat Ballou '65, Western' Jane Fonda 'NR'		Ⓜ(8:48) The Nevanad '11		ⓂThe Comancheros '61, Western' 'NR'								
EACTN 343	ⓂEvil-Men '44		ⓂThe Big Hit ★★ '98, Action' 'R'	Ⓜ(18) Bats ★ '99, Horror' 'R'		Ⓜ(7:53) Phoenix '98		ⓂRay Liotta 'R'		Ⓜ(4:3) The Equalizer 2 '18, Action' Denzel Washington 'R'							
ESUSP 344	ⓂThe Woman in Green '45:50		ⓂKiss of the Dragon '01' 'R'	Ⓜ(3:1) Timeline ★★ '03, Adventure' 'PG-13'		Ⓜ(2:29) Curse of the Pink Panther '83' 'PG'		Ⓜ(2:2) Son of the Pink Panther '93)									
EBLACK 345	ⓂStill Here '20, Mystery' 'NR'		Ⓜ(3:4) Lady Buds '21' 'NR'		Ⓜ(1:3) White House Down ★★ '13, Action' 'PG-13'		Ⓜ(2:7) Finding Kendrick Johnson		ⓂJumping the Broom								
ECLASS 346	ⓂMr. & Mrs. Smith '12		ⓂMeet the Fockers '04, Comedy' 'PG-13'		Ⓜ(0:9) Only the Lonely '91		ⓂJohn Candy 'PG-13'		Ⓜ(8:56) The Legend of Bagger Vance '00		Ⓜ(0:5) Julie & Julia '09)						
EFAMILY 347	ⓂThe Last Unicorn '82		ⓂBaby's Day Out '94, Children's' 'PG'		Ⓜ(6:48) Nim's Island '08' 'PG'		ⓂSky Captain-World		Ⓜ(1:4) Monkey Trouble '94, Children's' 'PG'								
ESPN 140	2022 Stanley Cup Final Game 5: Teams TBA		2022 Wimbledon Championships (L)														
ESPN2 143	SportsCenter		SportsCenter		Keyshawn, JWill and Max (L)		Get Up				First Take						
EWTN 261	Metanoia	Sunday	Bookmark	Catholic	Aquinas	Chesterton	St. Michael	Rosary	Daily Mass (L)	Holy	Sunday	Religious	Mother Angelica Live	Eucharistic			
FETV 82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver		
FMC 387	ⓂMovie Movie		Movie		Movie		Movie		Movie		Movie		Movie				
FNC 205	FOX & Friends First (N)		FOX & Friends First (N)		FOX and Friends (L)						America's Newsroom (L)		The Faulkner Focus (L)				
FOOD 110	Paid Programs						30-Minute		30-Minute		Trisha's		Trisha's		The Kitchen	The Kitchen	
FREFM 180	Paid Programs				black-ish		black-ish		black-ish		black-ish		The 700 Club		700 Club	The Middle	50 First Dates '04)
F51 150	Hub	NASCAR Cup Series				First Things First (L)				Skip and Shannon: Undisputed (L)							

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs					Mom	Mom	Mom	The Last Full Measure ★★★ ('19, War) <i>Sebastian Stan</i>				Wild Card ('15, Action)																			
FXM	384	The Song of Bernadette ('43, Drama) 'NR'			Von Ryan's Express ★★★ ('65, War) 'NR'			Elevation		Gentlemen Prefer Blondes ('53) (:35)		How to Marry a Millionaire		The Seven Year Itch																			
FXM	125	Paid Programs					Love, Simon ★★★ ('18, Romance-Comedy) <i>Nick Robinson</i>		Little Women ★★★ ('19, Drama) <i>Saoirse Ronan</i>																								
GETTV	373	Fantasy Island		Fantasy Island		Inspiration Ministries		J. Prince		Paid Programs		Good Time		Good Time		Good Time		Hart to Hart															
GMSHW	116	Paid Programs					Funny You		Funny You		Catch 21		Catch 21		Ma. Minds		Ma. Minds		Puzzler		Puzzler		America		America								
GOLF	401	Women's PGA Championship			Golf Central <i>On-Site</i>			Golf Central <i>On-Site</i>		PGA Tour Golf <i>Travelers Championship, Final Round</i>																							
GRIT	217	Paid Programs					Laramie		The Redhead and the Cowboy ('50, Western)		Open Range ★★★ ('03, Western) <i>Robert Duvall, Kevin Costner</i>																						
HALL	185	Cheers		Cheers		Reba		Reba		Reba		Reba		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls									
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Matlock (Part 1 of 2)							Matlock (Part 2 of 2)		Matlock (Part 2 of 2)		Matlock <i>The Scandal</i>												
HALLMV	187	Operation Christmas ('16, Drama) <i>Tricia Helfer</i>			Romance at Reindeer Lodge ('17, Romance)			Kingsbury's Maggie's Christmas Miracle									A Heavenly Christmas ('16, Drama)																
HDMOV	130	Paid Programs					Ride Beyond Vengeance ('66) (:45)		Lightning in a Bottle ('04, Documentary) 633																								
HERIC	293	House <i>Half-Wit</i>		The District		Maverick		Wanted ...		Wanted ...		Have Gun		Have Gun		Rawhide		The High Chaparral		Cheyenne													
HGTV	112	Home Town		Home Town		Flipping		Flipping		Flipping		Flipping		Flipping 101		Flipping 101		Flipping 101		Flipping 101													
HIST	120	Paid Programs					Amazing		Jeremiah		TBA		TBA		TBA		TBA		TBA		TBA												
ID	192	Web of Lies <i>Exposed</i>			Web of Lies		Web of Lies		True Conviction		True Conviction		True Conviction		True Conviction		Diabolical		Diabolical														
IFC	133	3's Comp.		3's Comp.		3's Comp.		3's Comp.		Gilligan		Gilligan		Gilligan		Gilligan		Parks		Parks		Parks		Parks									
LAFF	237	Paid Programs					Videos		Funniest		How I Met		How I Met		Jim		Jim		Home Imp.		Home Imp.		Home Imp.		Home Imp.		Nt. Court		Nt. Court				
LIFE	108	Paid Programs					Creflo		Robison		Joyce M.		TBA		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Mentalist												
LMN	109	Paid Programs					Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie												
MAGN	111	French		(:40) The French Chef		French		Old House		Old House		French		(:40) The French Chef		French		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters									
MGMHD	385	Diary Mad		MGM		Studio		Studio		Troll ★★ ('86, Fantasy) <i>Noah Hathaway</i>		(:7:55) The Raven ('63, Horror) <i>Vincent Price</i>		(:9:55) The Abominable		Dr. Phibes ('71, Horror)																	
MOTOR	246	Junkyard Empire		Junkyard Empire		Bitchin' Rides		Garage Squad		Iron Resurrection		Full Custom Garage																					
MSNBC	209	Meet the Press		Way Too Early		Morning Joe (L)		Morning Joe (L)									José Diaz-Balart		MSNBC Reports (L)														
NATGEO	197	When Sharks Attack		When Sharks Attack		Paid Programs					Underworld, Inc.		Underworld, Inc.		Underworld, Inc.																		
NGWLD	190	Paid Programs					Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers																
OUTD	396	Buck.		Hunting		Archer's		Addicted		Uncharted		Hunt Adv		Outdoors		Whitetail		Heartland		Wild Ops		The Flush		Jim Shock									
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil											
OXYG	127	Dateline		Dateline		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped													
PARMT	241	Paid Programs					Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue																
POP	117	48 Hours		48 Hours		Ghost Whisperer		Ghost Whisperer		ER		ER		ER																			
REELZ	299	Paid Programs					Case Closed-AJ		Case Closed-AJ		Case Closed-AJ		John Wayne Gacy		Jeffrey Dahmer		Jack the Ripper: What																
RFDTV	231	Paid Programs					Pulling		Agribusiness		Jeremiah		Rural News/AgDay		Market Day Report (L)																		
SCI	193	Viking Stone		Viking Stone		Universe Works		Universe Works		Unearthed		Unearthed		Unearthed		Strange Evidence		What on Earth?															
SMITH	367	8 Days That		8 Days That		Aerial America		Aerial America		Aerial America		Aerial America		Secrets		Secrets		Secrets															
SONY	386	Game of Death ('10) (:10) Unthinkable ★★★ ('10, Drama)			Gambler: Adventure			(:34) The Gambler: The Adventure Continues		(:24) Jagged Edge ★★ ('85)																							
SUND-E	358	Heroes		Heroes		Heroes		Heroes		Heroes		Heroes		Heroes		Law Order: CI		Law Order: CI		Law Order: CI													
SYFY	122	The Bourne Legacy ('12, Action)		Twi. Zone		Twi. Zone		Jaws 2 ★★ ('78, Suspense) <i>Roy Scheider, Lorraine Gary</i>		Hitman ★★ ('07, Action) <i>Timothy Olyphant</i>		The Purge: Anarchy																					
TBN	260	Rubin		Behind		Jackson		S. Furtick		Joyce M.		Wommack		David		Prince		R. Jeffress		Joyce M.		Creflo		Hagee Min		Joel Osteen		Jackson		S. Furtick		Jentezen	
TBS	139	Dick and Jane		Matters		Matters		Matters		George		George		George		George		George		Broke Girl		Broke Girl		Broke Girl		Broke Girl		Friends		Friends			
TCM	132	Document (:45) The Affairs of Anabel ('38)			Nancy Drew			(:15) Nancy Drew: Reporter ('39)		Nancy Drew		Nancy-Hidden Staircase					Reluctant Deb.																
TLC	183	7 Little Johnstons		7 Little Johnstons		Say Yes UK		Say Yes UK		Say Yes to the Dress		Say Yes to the Dress		Sister Wives		Sister Wives		Sister Wives															
TMC-W	329	Narc ('02) Mississippi Grind ★★★ ('15, Drama) 'R'		(:20) The Nest ('20, Suspense) 'R'		(:10) Dreamland ('19, Drama) <i>Margot Robbie</i> 'R'		(:9:55) The Children Act ('17) 'R'		Go-Go's																							
TNT	138	Charmed <i>Coyote Piper</i>		Charmed		Charmed		Charmed		Charmed		Charmed		Charmed		Supernatural <i>Despair</i>		Supernatural															
TRU	242	Paid Programs					Ad. Ruins		Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers		Carbonaro		Carbonaro		Carbonaro		Carbonaro										
TRVL	196	Paid Programs					UFO Hunters		American Mystery		American Mystery		American Mystery																				
TVLND	106	Roseanne		Roseanne		Goldbergs		Goldbergs		Paid Programs																							
UP	188	Paid Programs					Heartland		Heartland		Heartland		Heartland		Highway to Heaven		Highway to Heaven		Little House on Prairie														
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS: Los Angeles		NCIS <i>Internal Affairs</i>		NCIS <i>In the Zone</i>		Chicago P.D.		Chicago P.D.		Chicago P.D.																	
WE	128	Growing Up Hip Hop		Paid Programs					Criminal Minds		Criminal Minds																						

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning		Morning		Morning		Morning		Morning		Morning		Good Morning America (N)		Local Programs		The View (N)													
CBS-E	CBS Overnight News (N)		News		News		News		News		CBS Mornings (N)		Local Programs		The Price Is Right (N)															
CW-E	Local Programs					Local Programs																								
FOX-E	Local Programs					Local Programs					Local Programs		Local Programs																	
NBC-E	Local Programs					Local Programs					Today (N)		Today 3rd Hour (N)		Today-Hoda		Local Programs													
METV	247*	Peter Gunn		Peter Gunn		Patrol		Dragnet		Dragnet		Three Sons		Toon in With Me		Beaver		Beaver		Perry Mason		Matlock		In the Heat of Night						
ABC-W	Local Programs		ABC World News Now (N)			Morning		Morning		Morning		Morning		Morning		Morning		Good Morning America (N)												
CBS-W	Local Programs		CBS Overnight News (N)			News		News		News		News		News		News		CBS Mornings (N)												
CW-W	Local Programs					Local Programs																								
FOX-W	Local Programs					Local Programs					Local Programs		Local Programs																	
NBC-W	Local Programs		Meet the Press		Early Tdy		Local Programs			Local Programs		Today (N)																		
PBS	Anthems		Antiques		Finding Your Roots		Xavier		Arthur		Molly		Wild Kratts		Elementary		Almas		Curious		Tiger		Donkey		Elinor		Sesame St.		Pinkalicious	

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E 310	Ⓢay Any... Gary Gulman	(40) Cry Macho ★★ (21, Drama) 'PG-13'	(25) Red (10, Action) Bruce Willis 'PG-13'	Last Week	(5:55) Westworld	(6:55) Blue Bayou (21)
	HBO2 312	Irma Vep Landscapers	Landscapers (43) Landscapers	(29) Landscapers	(20) TBA	Irma Vep	(6:56) Irma Vep
MAX	HBO3 314	Ⓢcapote (R) (40) Across the Universe ★★ (07, Musical) 'PG-13'	(2:55) Dear Evan Hansen (21, Musical) 'PG-13'	(15) Deception ★ (08, Suspense) 'R'	(05) Magic Mike (12)		
	HBOF 315	ⓈAmericano (16 'G') (02) The Care Bears Movie (85) Sherlock Holmes	(42) Free Will 3: The Rescue (97)	(08) The Water Horse: Legend of the Deep	Free Will 2: Home		
SHOWTIME	MAX 307	ⓈFatale (R) (39) Deep Impact ★★ (98, Drama) 'PG-13'	(42) Changing Lanes (02, Suspense) 'R'	(22) Reservation Road (07) 'R'	(05) Navy SEALs (90, Action) Charlie Sheen 'R'		
	5MAX 308	ⓈBroadcast News (87) 'R'	(42) The Way, Way Back ★★ (13) 'PG-13'	(26) Collateral (04, Suspense) Tom Cruise 'R'	(26) Anger Management (03)	(11) Street Kings (08)	
STARZ	MMA 309	ⓈMy Cousin Vinny (92) 'R'	(23) Vanilla Sky (01, Suspense) Tom Cruise 'R'	(39) Promising Young Woman (20) 'R'	(33) The Mustang (19, Drama) 'R'	(10) The Wrestler (08)	
	SHO-E 318	ⓈC'mon Up in the Air (09, Comedy-Drama) 'R'	(20) Mission: Impossible III (06, Action) 'PG-13'	13 Minutes (21, Suspense) Amy Smart 'PG-13'	(20) Deadlock (21, Action) 'R'		
STARZ	SHO2 320	ⓈThe Green Knight (21, Fantasy) Dev Patel 'R'	(1:50) Cape Fear ★★ (91, Suspense) 'R'	The Hunt for Red October (90, Suspense) 'PG'	(15) Last Vegas ★★ (13, Comedy) 'PG-13'		
	SHOBET 321	(10) A Girl From Mogadishu (19, Drama) 'NR'	(05) Teddy Pendergrass: If You Don't Know Me	(3:50) Under the Volcano (21) 'NR'	Fear of a Black Hat (93) 'R'	I'm Dying Up Here	
STARZ	SHOX 322	ⓈMinority Report (02) The Djinn (21, Horror) 'R'	Immanence (22, Horror) 'NR'	(05) Shutter Island (10, Suspense) Leonardo DiCaprio 'R'	Behind Enemy Lines (97) 'R'		
	SHOS 323	(10) Stillwater ★★ (21, Drama) Matt Damon 'R'	Lee Daniels' The Butler ★★ (13) 'PG-13'	(45) The L Word	(40) The L Word	(40) The L Word	L Word
STARZ	TMC 327	ⓈPixie (20, Comedy) 'R'	(35) Rafiki (18, Drama) 'NR'	Falling (20, Drama) Viggo Mortensen 'R'	(4:55) The Skulls II ★ (02) 'R'	(35) Fruitvale Station (13) 'R'	
	FLIX-E 333	ⓈTruth (45) Byzantium ★★ (12, Horror) 'R'	(45) Event Horizon (97, Science Fiction) 'R'	(25) Congo (95, Action) 'PG-13'	(15) The Lost Boys (87, Horror) Jason Patric 'R'		
STARZ	ENCR-E 340	ⓈUrban Cowboy (80) (12:47) Envy (04, Comedy) 'PG-13'	Waterworld (95, Science Fiction) Kevin Costner 'PG-13'	The Ghost and the Darkness (96)	(42) Urban Cowboy (80) 'PG'		
	STARZ-E 350	ⓈCaptain Phillips (13) Becoming Elizabeth	(04) Concussion (15, Drama) Will Smith 'PG-13'	(11) Stomp the Yard (07, Drama) 'PG-13'	(10) This Is the End ★★ (13, Comedy) 'R'		
STARZ	STRZED 352	ⓈShot Caller (17, Crime Drama) 'R'	Resident Evil: Welcome	(06) The LeBowski (98, Comedy) 'R'	(06) 3 Days to Kill ★★ (14, Action) 'PG-13'	(06) Inferno ★★ (16)	
	STRZCI 353	ⓈCasino (R) (44) Laurel Canyon ★★ (02, Drama) 'R'	(29) Moulin Rouge (01, Musical) 'PG-13'	(39) The Lost Leonardo (21) Jerry Saltz 'PG-13'	(22) Talk to Her (02, Drama) 'R'		
STARZ	STRZCO 354	ⓈAmerican Wedding (12:59) American Reunion (12, Comedy) 'R'	(2:54) The Climb ★★ (19) 'R'	(34) Rare Beasts (19) 'NR'	(08) Tyler Perry's the Family That Preys (08)		
	STRZIB 355	ⓈMa Belle, My Beauty (21) 'NR'	(38) Dysfunctional Family (03) 'R'	(04) Basic ★★ (03, Suspense) 'R'	(45) You Got Served (04, Drama) 'PG-13'	(22) The 24th (20) Trai Byers 'NR'	
STARZ	STRZKF 356	ⓈTomorrowland ★★ (15) 'PG'	(34) Strike (19, Adventure) 'NR'	(16) Camp Arrowhead	(39) Hero Mode (21, Comedy) 'PG'	(09) Explorers ★★ (85, Children's) 'PG'	
	EPIX 380	ⓈLost City (40) The Indian in the Cupboard (95, Fantasy) (20) Fences (16, Drama) Denzel Washington	(40) Come Away (20, Children's)	(15) Summer Days, Summer Nights (18)			
EPIX	EPIX2 381	ⓈA Quiet Place Part II (10) A House on the Bayou (21)	(40) Saint Maud (19, Horror)	(05) Stephen King's Thinner (96)	(40) Rosemary's Baby ★★ (68, Horror) Mia Farrow		
	EPIXH 382	ⓈAs Good as It Gets (12:55) (500) Days of Summer (09)	(35) Sideways ★★ (04, Comedy-Drama)	(45) Desperate Hours (90, Crime Drama)	Domestic Disturbance ★ (01)		
EPIXDR 292	(15) Kiss the Girls ★★ (97, Mystery)	(15) Nick of Time (95, Suspense)	(45) Gunfight at the O.K. Corral ★★ (57, Western)	(5:50) True Grit (69, Western) John Wayne			

AMERICA'S TOP PROGRAMMING

A&E 118	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	Intervention	Intervention
AHC 195	America: Facts	How the World Ends	How the World Ends	How the World Ends	Warrior POV	Warrior POV	Warrior POV	Warrior POV
AMC 131	ⓈThe Green Mile ★★ (99, Drama) Tom Hanks, David Morse	Lethal Weapon ★★ (87, Action) Mel Gibson	Lethal Weapon 2 ★★ (89, Action) Mel Gibson					
APL 184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	Dr. Jeff: RMV	Dr. Jeff: RMV	Dr. Jeff: RMV	Dr. Jeff: RMV
AXSTV 167	ⓈAerosmith: Live	Live From Artists Den	Cyndi Lauper	Fleetwood Mac: The Dance	Rock group reunites.	Legends	Wahlburgers	Wahlburgers
BBCA 135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Law & Order	Law & Order	Law & Order Slaughter
BET 124	Live Single	Live Single	Twenties	Twenties	Twenties	Twenties	Twenties	Twenties
BOUNCE 359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night	In the Heat of Night	Movie	Movie
BRAVO 129	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Below Deck
BUZZR 245	Match	Match	Concen.	Concen.	Password	Password	Super Pass	Tattletales
CIHD 249	Runaway	Runaway	Runaway	Runaway	Runaway Squad	Manhunters	Manhunters	Manhunters
CMT 166	Mike	Mike	Mike	Mike	King	King	King	King
CNBC 208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Closing Bell: Overtime (L)	Fast Money (L)	Mad Money (N)	Shepard Smith
CNN 207	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Jake Tapper	Situation Room	Erin Burnett OutFront (L)
COM 100	South Park	South Park	South Park	South Park	Seinfeld	Seinfeld	The Office	The Office
COMET 289	ⓈAdventure-Herc	Time Bandits (81, Fantasy) John Cleese	The Outer Limits	The Outer Limits	Farscape	The Choice	Farscape	Fractures
COOK 113	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Man, Food	Man, Food
DISC 182	Street Outlaws	Street Outlaws	Street Outlaws: America's List	Street Outlaws	Street Outlaws	Street Outlaws: America's List		
DFC 179	Pac-Man	Pac-Man	Little Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony
DISN-E 172	Ladybug	Ladybug	Big City	Big City	Jessie	Jessie	Jessie	Jessie
ENCR-W 341	ⓈRegarding Henry (91) 'PG-13'	(29) Urban Cowboy (80, Drama) John Travolta 'PG'	(3:47) Envy (04, Comedy) 'PG-13'	Waterworld (95, Science Fiction) Kevin Costner 'PG-13'				
EWESTN 342	ⓈThe Undeclared ★★ (69, Western) 'G'	The Deputy	Wanted ...	(2:55) Wagon Train	Laramie	Death Vall.	Tales of Wells Fargo	Rifleman
EACTN 343	ⓈThe Family (13, Comedy) 'R'	(40) The Last Castle (01, Suspense) Robert Redford 'R'	(3:54) Phoenix (98) Ray Liotta 'R'	(44) Spider-Man: Homecoming (17, Action) 'PG-13'				
ESUSP 344	ⓈTremors (90, Horror) 'PG-13'	(35) Kiss of the Dragon (01, Action) Jet Li 'R'	(16) Game of Death (78) 'PG'	The Trials of Cate McCall (13)	(36) The Abyss (89) 'PG-13'			
EBLACK 345	ⓈJumping the Broom (07) Tortured (08, Suspense) Cole Hauser 'R'	(2:56) White House Down (13, Action) 'PG-13'	(10) Dance Flick (09) 'PG-13'	(36) Rebound (05, Children's) 'PG'				
ECLASS 346	ⓈJulie & Julia (09)	(10) Meet the Parents (00, Comedy) 'PG-13'	Meet the Fockers (04, Comedy) 'PG-13'	(4:57) Little Fockers (10) 'PG-13'	(37) The Money Pit (86) 'PG'			
EFAMILY 347	ⓈBaby's Day Out ★★ (94) 'PG'	Far From Home: Yellow Dog	Sky Captain-World	(42) Nim's Island ★★ (08, Children's) 'PG'	(20) H Is for Happiness (19) 'NR'			
ESPN 140	Ⓢ 2022 Wimbledon Championships (L)	Ⓢ 2022 Wimbledon Championships (L)	SportCtr	Around	Interruption	SportsCenter (L)	College Series	College Series
ESPN2 143	SportsCenter (L)	SportsCenter (L)	This Just In	NBA Today	NFL Live	The Point	Jalen	Daily Wager
EWTV 261	Daily Mass	Women of At Home	Called to Communion	Chaplet	Rosary	With Jesus	Image	Bookmark
FETV 82	Bewitched	Bewitched	Wagon Train	Rawhide	Rawhide	Perry Mason	Perry Mason	Matlock
FMC 387	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie
FNC 205	Outnumbered (L)	America Reports With John Roberts	The Story With Martha	Your World W/ Cavuto	The Five (L)	Special Report	Jesse Watters (L)	Jesse Watters (L)
FOOD 110	The Kitchen	Food Paradise	Food Paradise	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Beat Bobby	Beat Bobby
FREFM 180	Ⓢ50 First Dates (04)	27 Dresses ★★ (08, Romance-Comedy) Katherine Heigl	The Wedding Planner ★★ (01, Romance-Comedy)	Sweet Home Alabama (02, Romance-Comedy)				
F51 150	The Herd with Colin Cowherd (L)	Speak for Yourself (L)	Undisputed	NASCAR Race Hub (L)	USFL	USFL	USFL	USFL

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Wild Card ('15, Action)	Greta ★★ ('18, Suspense) <i>Isabelle Huppert</i>	Underwater ★★ ('20, Science Fiction)				Deadpool 2 ★★★ ('18, Action) <i>Ryan Reynolds</i>				Jumanji																			
FXM	384	The Seven Year Itch		Let's Make Love ('60, Musical Comedy) 'NR'		The Art of Racing in the Rain ('19) 'PG'				(:15) Assassin's Creed ★★ ('16, Action) 'PG-13'				Hitman																	
FXM	125	Little Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons																
GETTV	373	The Rockford Files		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Kojak		Siege of Terror		Kojak		Web of Death													
GMSHW	116	Deal or No Deal		Match		Match		Catch 21		Catch 21		25 Words		25 Words		Common		Common		Chain Rea.		Chain Rea.		Puzzler		Puzzler		Puzzler		America	
GOLF	401	Golf Today (L)				Golf Today				Golf Central (L)				PGA of America				Golf Central				Golf				Golf Acad.					
GRIT	217	Death Vall.	Death Vall.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Tales of Wells Fargo															
HALL	185	Matching Hearts ('20, Romance) <i>Taylor Cole</i>		The Sweeter Side of Life ('13) <i>Kathryn Morris</i>				Country at Heart ('20, Romance) <i>Jessy Schram</i>				Love on Harbor Island ('20, Romance)																			
HALLDR	186	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons			
HALLMV	187	The Christmas Train ('17, Drama)				Christmas With Holly ('12, Drama) <i>Sean Faris</i>				Just in Time for Christmas ('15)				Christmas at Grand Valley ('18, Romance)																	
HDMOV	130	633 Squadron ★★ ('64, War)		Assassin's Bullet ('12, Action)		(:10) Hudson Hawk ('91, Comedy) <i>Bruce Willis</i>				Beats, Rhymes & Life				Gosnell: Trial of Serial Killer																	
HERIC	293	Nash Bridges		Nash Bridges		Nash Bridges		Nash Bridges		Nash Bridges		Nash Bridges		MacGyver		Walker, Texas Ranger		Walker, Texas Ranger													
HGTV	112	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It													
HIST	120	TBA		TBA		TBA		TBA		TBA		TBA		TBA		TBA		TBA													
ID	192	Diabical				The Lake Erie Murders				The Lake Erie Murders				Dark Waters: Murder				Dark Waters: Murder				Dark Waters: Murder									
IFC	133	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.														
LIFE	108	The Mentalist		The Mentalist		The Mentalist		TextMeWhen		TextMeWhen		The First 48		The First 48		The First 48															
LMN	109	Movie				Movie				Movie				Movie																	
MAGN	111	Barnwood Builders		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters													
MGMHD	385	Wild Bill ★★ ('95, Western) <i>Jeff Bridges</i>		(:10) Buffalo Bill and the Indians ★★ ('76, Western) <i>Paul Newman</i>				(4:50) Solarbabies ★★ ('86, Science Fiction)				(6:55) Rollerball ('75)																			
MOTOR	246	Full Custom Garage		Full Custom Garage		Full Custom Garage		Full Custom Garage		Garage Squad		Iron Resurrection		FantomWorks		Texas Metal															
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)		The Beat With		The ReidOut (L)																	
NATGEO	197	Underworld, Inc.		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero															
NGWLD	190	Animal	Animal Kingdom	Animal	Animal Kingdom	Animal	Animal Kingdom	Animal	Animal Kingdom	Animal	Animal Kingdom	Animal	Animal Kingdom	Animal	Animal Kingdom	The Incredible Dr. Pol	The Incredible Dr. Pol														
OUTD	396	Jim Shockey's Shock Therapy		Lindsey		Hunt		The One		Driven Hunts 2 <i>Hunting scenes and shots.</i>				McMillan		McMillan		Fishing		WildFed											
OWN	189	Dr. Phil	Court	Court	Court	Court	Court	Court	Court	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	
OXYG	127	Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped															
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men			
POP	117	ER		ER		ER		House		House		House		House		House															
REELZ	299	Cops	Cops	Cops	Cops	Jail	Jail	Jail	Vegas Jail	Vegas Jail	Vegas Jail	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops		
RFDTV	231	Market Day Report (L)				Cow Guy		FFA Today		Horses		Toy Trains		Paula		DocTalk		Trains & Locomotives		Rural Health Matters		Experienc.		Rural News							
SCI	193	What on Earth?		Mysteries Aband.		Mysteries Aband.		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown													
SMITH	367	Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters													
SONY	386	Jagged (:26) Fortress ★★★ ('92, Action)		(:13) Fortress 2: Re-Entry ('99, Science Fiction)				(3:59) Bat 21 ('88, Action) <i>Gene Hackman</i>				The Lodger ('09, Crime Drama) <i>Alfred Molina</i>																			
SUND-E	358	Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		NCIS		NCIS		NCIS		NCIS															
SYFY	122	The Purge: Anarchy ('14, Action)		(:18) Peppermint ('18, Action) <i>Jennifer Garner</i>				(3:35) Wanted ★★★ ('08, Action) <i>James McAvoy</i>				(:05) John Wick: Chapter 3: Parabellum ('19)																			
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	S. Furtick	Mother's Day		New Seas	Jewish	The Potter's	Centerpoint														
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon		
TCM	132	Friends (:45) Doctor, You've Got to Be Kidding ('67)		National Velvet ('44, Drama) <i>Mickey Rooney</i>				(:45) A Date With Judy ('48, Musical Comedy)				The Girl Who Had Everything																			
TLC	183	Too Large		Too Large		I Am Jazz		I Am Jazz		I Am Jazz		90 Days		90 Days		90 Days		90 Days		90 Days		90 Days		90 Days		90 Days		90 Days			
TMC-W	329	The Go-Go's ('20) 'NR'		(:20) Failure to Launch ★★ ('06)				Pixie ('20, Comedy) 'R'				(:35) Rafiki ('18, Drama) 'NR'				Falling ('20, Drama) <i>Viggo Mortensen</i> 'R'															
TNT	138	Supernatural <i>Carry On</i>		Supernatural <i>Pilot</i>		Rampage ★★★ ('18, Action) <i>Dwayne Johnson</i>				Ant-Man and The Wasp ★★★ ('18, Action) <i>Paul Rudd</i>				Ant-Man ('15, Action) <i>Paul Rudd</i>																	
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes		Jokes		Jokes		Jokes		Jokes		Jokes		Jokes		Jokes		Jokes		Jokes			
TVL	196	American Mystery		American Mystery		American Mystery		American Mystery		Mysteries of the Unknown				Mysteries of the Unknown																	
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.		
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba		Reba		Reba		Reba		Reba		Reba		Reba			
USA	105	Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.			
WE	128	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs				News		Local Programs								
CBS-E	Local Prog./Young & Restless		Bold		The Talk (N)		Let's Make a Deal		Local Programs		Local Programs		Local Programs		Local Programs								
CW-E	Local Programs				Local Programs				Local Programs				Local Programs										
FOX-E	Local Programs								Local Programs								Local Prog.						
NBC-E	Local Programs				Days of our Lives (N)				Local Programs				Local Prog./News				Local Programs						
METV	247*	The Waltons		Gunsmoke		Bonanza		Rifleman		Rifleman		Wagon Train		Adam-12		Adam-12		The A-Team		M*A*S*H		M*A*S*H	
ABC-W	Local Programs		The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs				Local Programs								
CBS-W	Local Programs		The Price Is Right (N)		Young & Restless		Local Prog./Bold		The Talk (N)		Let's Make a Deal		Local Programs				Local Programs						
CW-W	Local Programs				Local Programs				Local Programs				Local Programs				Local Programs						
FOX-W	Local Programs								Local Programs								Local Prog.						
NBC-W	Today 3rd Hour (N)		Today-Hoda		Local Programs				Days of our Lives (N)				Local Programs										
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)								

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

HBO	HBO-E	310	Blue Bayou ('21) 'R'	Irma Vep <i>The Poisoner</i> (N)	TBA	Irma Vep <i>The Poisoner</i>	TBA	Sabotage ★★★ ('14, Action) 'R'	REAL Sports
	HBO2	312	Irma Vep	(8:50) Tenet ('20, Action) <i>John David Washington</i> 'PG-13'	(25) Killers ('10, Action) 'PG-13'	(10) The Little Things ('21, Suspense) <i>Denzel Washington</i> 'R'	Young Adult		
MAX	HBO2	314	Magic Mike ('12) 'R'	What Happens in Vegas ('08) 'R'	(40) The Quarry ('20, Suspense) 'R'	(25) Westworld (N)	(20) Old ★★ ('21, Horror) 'PG-13'	(10) Halloween Kills	
	HBOF	315	Free Willy 2 ('88) 'G'	The Waterline ('13, Action) 'PG-13'	(44) The Mummy Returns ★★★ ('01, Adventure) 'PG-13'	Master	(14) Space Chimps ★★ ('08) 'G'	Dr Dolittle	
SHOWTIME	MAX	307	Super 8 ★★★ ('11, Science Fiction) 'PG-13'	(9:54) I Am Number Four ('11)	(45) Inside Man ('06, Suspense) <i>Denzel Washington</i> 'R'	(1:55) The Truman Show ('98) 'PG'	Jumper		
	5MAX	308	Street Kings ('08) 'R'	Reindeer Games ★★ ('00) 'R'	(45) Driving Miss Daisy ★★★ ('89) 'PG'	(24) Days of Thunder ('90) 'PG-13'	(12) Backtrack ('15, Suspense) 'R'	Adult	
STARZ	MMA	309	The Wrestler ('08) 'R'	Seeking a Friend	(41) Chasing Amy ('97, Romance-Comedy) 'R'	(35) Jay and Silent Bob Strike Back ('01) 'R'	(20) The World's End ('13) 'R'		
	SHO-E	318	The Chi	Man Who Fell	Spotlights	Pulp Fiction ('94, Crime Drama) <i>John Travolta</i> 'R'	(05) The Chi	(05) We Hunt Together	We Hunt
STARZ	SHO2	320	We Hunt	(45) We Hunt Together	Flatbush	The Chi (N)	Man Who Fell	The Disaster Artist ('17) 'R'	(45) Out of Africa ('85, Romance) <i>Meryl Streep</i> 'PG'
	SHOBET	321	Flatbush	Shooter ('07, Action) <i>Mark Wahlberg</i> 'R'	(40) The Last Black Man in San Francisco ('19)	(45) American Honey ★★★ ('16, Comedy-Drama) <i>Sasha Lane</i> 'R'	Ganja		
STARZ	SHOX	322	7 Days in Entebbe ('18, Suspense) 'PG-13'	Bellator MMA 282: <i>Mousasi vs. Eblen</i>	Basic Instinct ★★★ ('92, Suspense) 'R'	Man Who Fell			
	SHOS	323	L Word	(25) Love Is Strange ('14) 'R'	Queer as Folk	Queer/Folk	(40) Queer as Folk	The Carnivores ('20) 'NR'	(1:50) Hereditary ('18, Horror) <i>Toni Collette</i> 'R'
STARZ	TMC	327	Beverly Hills Cop ('84, Comedy) 'R'	(45) Beverly Hills Cop II ('87, Comedy) 'R'	Beverly Hills Cop III ★★ ('94) 'R'	(15) Lust in Limbo ('21, Adult) 'NR'	(35) Under the Silver Lake ('18) 'R'		
	FLIX-E	333	Clue ★★ ('85, Mystery) 'PG'	(45) Murder on the Orient Express ('74, Mystery) 'PG'	Big Top Pee-wee ★★ ('88) 'PG'	Daddy Day Camp ★ ('07) 'PG'	The Spectacular Now		
STARZ	ENCR-E	340	Urban Cowboy ('80)	Regarding Henry ★★ ('91, Drama) 'PG-13'	(10:51) Waterworld ('95, Science Fiction) 'PG-13'	(10) Fear ('96, Suspense) <i>Mark Wahlberg</i> 'R'	Ghost-Darkness		
	STARZ-E	350	P-Valley <i>Demetrius</i> ('07) <i>Becoming Elizabeth</i> ('09) Here Today ('21, Comedy-Drama) 'PG-13'	<i>Becoming Elizabeth</i> ('12) P-Valley <i>Demetrius</i> ('19) A Mouthful of Air ('21) 'R'					
STARZ	STRZED	352	Inferno ('16) 'PG-13'	(10) Resident Evil: Welcome to Raccoon City 'R'	Who Is Ghislaine Max	(11:53) The Last Shift ('20) 'R'	Who Is Ghislaine Max	(21) Hannibal ('01, Suspense) 'R'	
	STRZCI	353	Talk ('18) A Dangerous Method ('11) 'R'	Moulin Rouge ★★★ ('01, Musical) 'PG-13'	(12:10) The Kid Detective ('20, Comedy) 'R'	(1:52) Yellow Rose ('19) 'PG-13'	East Side		
STARZ	STRZCO	354	American Wedding ★★ ('03) 'R'	(39) American Reunion ('12, Comedy) 'R'	(34) Ghostbusters: Afterlife ('21) 'PG-13'	(42) Thank You for Smoking ('05)	(15) Stay Cool ('09)		
	STRZIB	355	The 24th ('18) Redemption Day ('21) 'R'	Jumanji: Welcome to the Jungle ('17) 'PG-13'	Just Another Girl on the I.R.T. 'R'	(43) Boyz n the Hood ('91, Drama) 'R'	The Fan		
STARZ	STRZKF	356	Tomorrowland ('15, Science Fiction) 'PG'	(11) Big Miracle ★★★ ('12, Adventure) 'PG'	Dreambuilders ('20) 'NR'	(22) Strike ('19, Adventure) 'NR'	(04) Little Manhattan		
	EPIX	380	Mr. A & Mr. M.	Mr. A	(45) Respect ★★ ('21, Biography) <i>Jennifer Hudson</i>	(12:10) Step Up ('06, Musical) <i>Channing Tatum</i>	(1:55) The Age of Adaline ('15, Romance)		
EPIX	EPIX2	381	Candyman ★★★ ('21, Horror)	(35) The Haunting ('99, Horror) <i>Liam Neeson</i>	The Ring Two ★★ ('05, Horror) <i>Naomi Watts</i>	Wolf of Snow	(45) Mommy ('15, Documentary)		
	EPIXH	382	Witness ('85, Crime Drama) <i>Harrison Ford</i>	(9:55) Bugsy ('91, Biography) <i>Warren Beatty</i>	(12:15) Dead Man Walking ★★★ ('95, Crime Drama)	(20) Heatwave ('22, Suspense)			
EPIXDR	292	Once Upon a Time in the West ★★★ ('69, Western) <i>Henry Fonda</i>	(10:50) The Man Who Shot Liberty Valance	(12:55) The Shootist ('76, Western)	(35) True Grit ('69, Western)				

AMERICA'S TOP PROGRAMMING

A&E	118	Intervention	Intervention (N)	Digital Addiction (N)	Intervention	Intervention	Intervention	Digital Addiction	Intervention
AHC	195	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers
AMC	131	Die Hard ★★★ ('88, Action) <i>Bruce Willis, Alan Rickman</i>	Die Hard 2 ★★★ ('90, Action) <i>Bruce Willis</i>	Fear the Walking Dead	Fear the Walking Dead	Fear the Walking Dead	Fear the Walking Dead	Fear the Walking Dead	Fear the Walking Dead
APL	184	Dr. Jeff: RMV	TBA	Dr. Jeff: RMV	Dr. Jeff: RMV	Dr. Jeff: RMV	TBA	Dr. Jeff: RMV	Dr. Jeff: RMV
AXSTV	167	Nothing but Trailers (N)	Bloodsport ★★ ('88, Biography) <i>Donald Gibb</i>	(15) Bloodsport ('88, Biography) <i>Jean-Claude Van Damme</i>	Nothing but Trailers	Nothing but Trailers	Nothing but Trailers	Nothing but Trailers	Nothing but Trailers
BBCA	135	Law & Order Dazzled	Law & Order Foul Play	Law & Order	Law & Order	UK PD	UK PD	UK PD	UK PD
BET	124	Noah's Arc	Noah's Arc	Noah's Arc	Noah's Arc	Noah's Arc	Noah's Arc	Martin	Martin
BOUNCE	359	Movie	Movie	Movie	Movie	Movie	Movie	Saints & Sinners	In the Heat of Night
BRAVO	129	Below Deck	Summer House (N)	Watch	Below Deck	Love Match Atlanta	Housewives-Atlanta	Housewives-Atlanta	Kandi & The Gang
BUZZR	245	Concentration	Password	Sweep	Card	Match-Squares	Concentration	Password	Sweep
CIHD	249	The Big House	The Big House	The Big House	The Big House	<i>Auburn</i>	The Big House	The Big House	The Big House
CMT	166	Last Man	Last Man	Mike	Mike	Mike	Mike	Gold Girls	Gold Girls
CNBC	208	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shepard Smith	American Greed	Dateline	Dateline
CNN	200	Anderson Cooper 360 (L)	CNN Tonight (L)	Don Lemon Tonight (L)	Don Lemon Tonight (L)	Anderson Cooper 360	CNN Tonight	Don Lemon Tonight	Don Lemon Tonight
COM	107	The Office	The Office	The Office	The Office	Daily Show	Seinfeld	Seinfeld	The Daily Show
COMET	289	Buffy, Vampire Slayer	The X-Files (Part 1 of 3)	The X-Files (Part 2 of 3)	The X-Files (Part 3 of 3)	The X-Files D.P.O.	Quantum Leap	Quantum Leap	Quantum Leap
COOK	113	Delicious	Delicious	Zimmer	Zimmer	Delicious	Delicious	Zimmer	Zimmer
DISC	182	Street Outlaws: America's List (N)	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws: America's List	Street Outlaws	Street Outlaws	Street Outlaws
DFC	179	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Extreme Makeover	Buddy's Bakery Rescue
DISN-E	172	Raven	Raven	Big City	Big City	Bunk'd	Sydney	Raven	Jessie
ENCR-W	341	The Ghost and the Darkness ('96)	(42) Urban Cowboy ('80, Drama) <i>John Travolta</i> 'PG'	Regarding Henry ★★ ('91, Drama) 'PG-13'	(1:51) Waterworld ('95, Science Fiction) 'PG-13'				
EWESTN	342	The Comancheros ('61) 'NR'	(28) The Good, the Bad and the Ugly ('67, Western) <i>Clint Eastwood</i> 'R'	(28) Brimstone ★★ ('16, Western) <i>Dakota Fanning</i> 'R'	Comanche Territory				
EACTN	343	The Equalizer 2 ★★ ('18, Action) 'R'	(03) The Last Castle ('01, Suspense) <i>Robert Redford</i> 'R'	(18) Hit & Run ('12, Comedy) 'R'	Spider-Man: Homecoming ('17) 'PG-13'				
ESUSP	344	The Abyss ('89)	The Birthday Cake ('21) 'R'	(35) Game of Death ★ ('78, Adventure) 'PG'	(19) Kiss of the Dragon ('01) 'R'	Act of Valor ('12, Action) <i>Roselyn Sanchez</i> 'R'			
EBLACK	345	(05) Jumping the Broom ('11, Comedy) 'PG-13'	White House Down ('13, Action) <i>Channing Tatum</i> 'PG-13'	(16) Trois 2: Pandora's Box ('02)	Frank Miller's Sin City: A Dame to Kill For 'R'				
ECLASS	346	(10) Meet the Parents ('00, Comedy) 'PG-13'	Rescue Me <i>Zombies</i>	(12) Damages	(12:08) The King's Speech ('10) <i>Colin Firth</i> 'R'	(10) How Stella Got Her Groove Back ('98) 'R'			
EFAMILY	347	Baby's Day Out ★★ ('94) 'PG'	(40) Monkey Trouble ('94, Children's) 'PG'	Sky Captain-World	(06) Little Boy ('15, Historical Drama) 'PG-13'	Combat Wombat ('20)			
ESPN	140	⊕ 2022 Men's College World Series (L)	SportsCenter	SportsCenter	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter	
ESPN2	143	W. Studios	W. Studios	ESPN Original Documentaries	37 Words Part 1	NFL Live	Around	Interruption	UFC Archival
EWTN	261	The Journey Home	News	Rosary	World Over Live	Battle	Women of	Daily Mass	The Journey Home
FETV	82	Perry Mason	Perry Mason	Emergency!	Emergency!	B. Miller	B. Miller	Maude	Maude
FMC	387	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie
FNC	205	Tucker Carlson Tonight (L)	Hannity (L)	The Ingraham Angle (L)	Gutfeld! (N)	Fox News at Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle
FOOD	110	Beat Bobby	Beat Bobby	BBC Brawl (N)	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby
FREFM	180	Sweet	The Proposal ('09, Romance-Comedy) <i>Sandra Bullock</i>	The 700 Club	Simpsons	Simpsons	Simpsons	Simpsons	Paid Programs
F51	150	USFL Football Semifinal: <i>Teams TBA</i>	USFL	Skip and Shannon: Undisputed	TMZ (N)	Women's Soccer: <i>International Friendly</i>	MLS Soccer		

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Umanji: The Next Level ('19, Adventure)				Breeders (N)	Breeders	Breeders	The Boss ('16, Comedy)	Melissa McCarthy	Breeders	Mom	FXM Pres.	Paid Programs															
FXM	384	Hitman: Agent 47 ('15, Action) 'R' (25)				Hitman: Agent 47 ★ ('15, Action) 'R' (20)				Upgrade ★★★ ('18) 'R' (15)				Upgrade ★★★ ('18, Science Fiction) 'R' (15)				GentleM-Blind											
FXM	125	Family Guy		Family Guy		Family Guy		Family Guy		Futurama		Futurama		Futurama		Futurama		Archer		Archer		Archer		Archer					
GETTV	373	The Rockford Files				Charlie's Angels				Hart to Hart				All/Family		All/Family		Sanford		Sanford		Sanford		Catch 21					
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided												
GOLF	401	U.S. Open		U.S. Open		PGA Tour Golf Travelers Championship, Final Round						Golf Central		Golf		Paid Programs													
GRIT	217	The Savage ★★★ ('52, Western) Charlton Heston				Comanche Station ★★ ('60, Western)				Ride the High Country ('62, Western) Randolph Scott				Paid Programs															
HALL	185	Season for Love ('18, Romance) Autumn Reeser				Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier		Frasier		Frasier		Frasier		Frasier					
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie				The Waltons				The Waltons				The Waltons											
HALLMV	187	The Christmas Ring ('20, Drama) David Alpay				A Christmas Love Story ('19, Drama)				The Angel Tree ('20, Drama) Jill Wagner				The Christmas Secret ('14, Drama)															
HDMOV	130	Gosnell: There Are No Fakes ('19, Documentary)				Blurred Lines: Inside the Art				(12:15) There Are No Fakes ('19, Documentary)				Kevin Hearn		Blurred Lines: Inside the Art													
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House		House													
HGTV	112	Love It or List It		Great Giveback				Call the Closer		Love It or List It		Tough Love With Hilary		Call the Closer		Love It or List It		Love It or List It											
HIST	120	TBA				(03) TBA				(03) TBA				(12:03) TBA				(04) TBA											
ID	192	Fear Thy Neighbor		People Magazine				Fear Thy Neighbor (N)		People Magazine				Fear Thy Neighbor		People Magazine		Fear Thy Neighbor		Fear Thy Neighbor									
IFC	133	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		3rd Rock		3rd Rock		3rd Rock		3rd Rock		3rd Rock							
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		How I Met		How I Met		Bernie Mac		Bernie Mac		Bernie Mac		Bernie Mac		Hates Chris		Hates Chris		Paid Programs			
LIFE	108	The First 48		TextMeWhen				Sleeping With a Killer (N)		(03) TBA				(12:01) The First 48		TextMeWhen		Sleeping With a Killer		(04) TBA									
LMN	109	Movie				Movie				(12:01) Movie				Movie															
MAGN	111	Maine Cabin Masters		Inn-Works		Inn-Works		Maine Cabin Masters		Maine Cabin Masters		Inn-Works		Inn-Works		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters							
MGMHD	385	Rollerball ('75, Science Fiction)				Hackers ★★ ('95, Suspense) Jonny Lee Miller				(11:50) WarGames ★★★ ('83, Suspense)				(15) Antitrust ('01, Suspense) Ryan Phillippe															
MOTOR	246	Bitchin' Rides		Bitchin' Rides				Mecum Main		Mecum Main				Bitchin' Rides		Bitchin' Rides													
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show				The Last Word With		11th Hour		Rachel Maddow Show		The Last Word With		11th Hour		All In With Chris Hayes											
NATGEO	197	Life Below Ze		Life Below Ze				Life Below		Life Below				Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix									
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol				The Incredible Dr. Pol		The Incredible Dr. Pol				The Incredible Dr. Pol		The Incredible Dr. Pol				Paid Programs									
OUTD	396	Das Boat		Fishmonger		Wicked Tuna		Fishing		WildFed		Das Boat		Fishmonger		Wicked Tuna		Fishing		WildFed		Das Boat		Fishmonger		Wicked Tuna			
OWN	189	Deadline: Crime		Deadline: Crime				Deadline: Crime		Deadline: Crime				Deadline: Crime		Deadline: Crime		Deadline: Crime											
OXYG	127	Snapped		Snapped				Snapped		Snapped				Snapped		Snapped		Snapped											
PARMT	241	Movie				Movie				Movie				Movie															
POP	117	Scorpion		Scorpion				Scorpion		Scorpion				Scorpion		Scorpion													
REELZ	299	Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Paid Programs											
RFDTV	231	Rural America Live		Rancher		Red Ste.		Rodeo		Horse/West		Experienc.		Rural News		Rural America Live		Rancher		Red Ste.		Paid Programs							
SCI	193	Underground Railroad		Underground Railroad				Underground Railroad		Underground Railroad				Underground Railroad		Underground Railroad													
SMITH	367	Searching for Secrets		Searching for Secrets				Searching for Secrets		Serio. Amazing Objects				Searching for Secrets		Searching for Secrets													
SONY	386	First Shot ★★ ('02, Suspense) (37)		First Target ('00, Suspense) Daryl Hannah (26)				First Shot ★★ ('02, Suspense) (06)				The Three Burials of Melquiades Estrada (10)				Brotherhood ('11)													
SUND-E	358	NCIS		NCIS				NCIS		NCIS				Columbo		(45) Columbo													
SYFY	122	John Wick: Chapter 3		Colombiana ★★ ('11, Action) Zoe Saldana				Wanted ★★ ('08, Action) James McAvoy				(28) Colombiana ('11, Action) Zoe Saldana				Twi. Zone													
TBN	260	Robert Morris:		Takeaway-Kirk				Grier		Centerpoint		Robert Morris:		Prince		Takeaway-Kirk		Jordan Rubin		Hannen		Mother's Day Special							
TBS	139	Big Bang		Big Bang		Big Bang		Big Bang		American		American		American		American		ELEGUE		Wipeout									
TCM	132	Nine to Five ('80, Comedy) Jane Fonda				Safe ★★ ('95, Drama) Julianne Moore				(12:15) The Remains of the Day ★★ ('93, Drama) (45)				Midnight Cowboy ('69)															
TLC	183	The Family Chantel (N)		90 Day Diaries				Seeking Sister Wife (N)		Unexpected				90 Day: The Single Life		90 Day Diaries		90 Day: The Single Life		Unexpected									
TMC-W	329	The Skulls II ('02, Suspense) 'R' (35)		Fruitvale Station ('13) 'R'				Beverly Hills Cop ('84, Comedy) 'R' (45)				Beverly Hills Cop II ('87, Comedy) 'R'				Beverly Hills Cop III ★★ ('94) 'R'													
TNT	138	Ant-Man ('15, Action)		Rich & Shameless (N)				Rich & Shameless				Ant-Man and The Wasp ★★ ('18, Action) Paul Rudd				The Dark Knight ★★ ('08, Action) Christian Bale													
TRU	242	Jokes		Jokes		Jokes		Jokes		Jokes		Jokes		Knockout		Knockout		Knockout		Knockout		Carbonaro		Carbonaro		Carbonaro		Carbonaro	
TRVL	196	Mysteries of the Unknown (N)				Mysteries of the Unknown				Mysteries of the Unknown				Mysteries of the Unknown															
TVLND	106	Raymond		Raymond		Raymond		Raymond		Raymond		Raymond		King		King		King		King		Raymond		Raymond		Goldbergs		Goldbergs	
UP	188	Reba		Reba		Reba		Reba		Reba		Reba		Reba		Reba		Reba		Reba		Reba		Reba		Paid Programs			
USA	105	WWE Monday Night RAW (L)								Miz (N)		Fast Lane		Chrisley		Last Man		Last Man		Last Man		Last Man		Last Man		(02) Dateline			
WE	128	Criminal Minds		Criminal Minds				Criminal Minds		Criminal Minds				Criminal Minds		Law Order: CI		Law Order: CI		Monk									

LOCAL NETWORKS

ABC-E	TBA				The Good Doctor				Local Prog. (35) Jimmy Kimmel Live!				Nightline (N)		Local Programs				ABC World News Now (N)								
CBS-E	Neighbor		Bob Heart		NCIS				NCIS: Hawai'i				Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)						
CW-E	Roswell, New Mexico (N)				In the Dark (N)				Local Programs																		
FOX-E	Don't Forget the Lyrics! (N)				Beat Shazam (N)				Local Programs																		
NBC-E	American Ninja Warrior (N)				Weakest Link				Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		Early Tdy		Local Prog.						
METV	247*	Andy G.		Andy G.		G. Pyle		Green Acre		Heroes		Heroes		C. Burnett		Perry Mason		Twi. Zone		Hitchcock		Hitchcock		(05) Mannix		(05) Cannon	
ABC-W	Local Programs				News				Local Programs				TBA				The Good Doctor		Local Prog. (35) Jimmy Kimmel Live!				Nightline (N)				
CBS-W	Local Prog./News		Local Programs				Neighbor		Bob Heart		NCIS				Local Prog.		Late Show-Colbert		Corden								
CW-W	Local Programs								Roswell, New Mexico (N)								In the Dark (N)										
FOX-W	Local Programs								Don't Forget the Lyrics! (N)								Beat Shazam (N)										
NBC-W	Local Prog./News		Local Programs				American Ninja Warrior (N)								Weakest Link		Local Prog./Tonight Show-J. Fallon				Meyers						
PBS	Antiques Roadshow				Hiding in Plain Sight: Youth Mental Illness (N)				Amanpour-Co				Antiques Roadshow				Hiding in Plain Sight: Youth Mental Illness		Hotel Portofino Lessons								

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E 310	Fast & Furious 6 ★★ (13, Action) 'PG-13'	(05) The Soul of America	(25) Moonrise Kingdom (12)	Stuck on You ★★ (03, Comedy) 'PG-13'	My Boss's Daughter
	HBO2 312	Young Adult (11) 'R'	The Bourne Identity (02, Action) 'PG-13'	Speed 2: Cruise Control (97, Action) 'PG-13'	(05) Greenland ★★ (20, Action) 'PG-13'	(05) Ender's Game
HBOF	HBO2 314	Halloween Kills (21)	Fools Rush In (97, Comedy-Drama) 'PG-13'	(6:50) Girl Most Likely (12) 'PG-13'	(35) TBA	The Spirit (08) 'PG-13'
	HBOF 315	Doctor Dolittle (67, Children's) 'G'	Rex Harrison 'G'	K'garten	Happily Curious (42) Masters of the Universe ★★ (87) 'PG'	(28) Spark: A Space Tail (16) 'PG'
MAX	MAX 307	Jumpers (08) 'PG-13'	(09) Meet the Spartans ★★ (08) 'R'	(35) Murder in the First (95, Drama) 'R'	(40) Waist Deep (06, Action) Tyrese Gibson 'R'	(19) Street Kings ★★ (08) 'R'
	5MAX 308	Adult Beginners ★★ (14) 'R'	(16) Fantastic Voyage (66) 'PG'	(6:57) Things We Lost in the Fire (07) 'R'	(8:55) Bend It Like Beckham (02) 'PG-13'	(10:48) Max Payne
MMAX 309	(10) Unbroken (14, Biography) Jack O'Connell 'PG-13'	(28) Extremely Loud & Incredibly Close (11)	The Personal History of David Copperfield (38)	City Hall (96, Drama) 'R'		
SHOWTIME	SHO-E 318	Man Who Fell	Desus (35) Up in the Air (09, Comedy-Drama) 'R'	Downeast (21, Drama) 'NR'	(15) Vampire Academy (14, Fantasy) 'PG-13'	Demonic ★★ (21) 'R'
	SHO2 320	Out Africa Columbus (17, Drama) 'NR'	(15) Down to Earth (01) 'PG-13'	(45) Hide and Seek (21) 'R'	(10) Lee Daniels' The Butler (13, Historical Drama) 'PG-13'	C'mon
SHOBET 321	Ganja & Hess (73, Horror) 'R'	Basketball (15) The One and Only Dick Gregory (21)	(10) Fast and Fierce: Death Race (35)	Beverly Hills Cop II (87, Comedy) 'R'	Event	
SHOX 322	Desus (40) Blazing Saddles (74) 'R'	(15) The Love Guru (08) 'PG-13'	(45) Bitchin': The Sound and Fury of Rick James (40)	Bipolar Rock 'N' Roller	North Hollywood (21)	
SHOS 323	My Salinger Year (20, Drama) 'R'	(44) Swingers (96, Comedy) Jon Favreau 'R'	Short Circuit (86, Comedy) 'PG'	(10) April Fool's Day ★★ (86) 'R'	(40) The Kings of Summer (13) 'R'	
TMC 327	Under the Silver Lake	Scrambled Cary Grant	Ape vs. Monster (21) 'NR'	Sisters With Transistors (20) 'NR'	Big Top Pee-wee ★★ (88) 'PG'	Another Kind of Wedding (17)
FLIX-E 333	Spec Now (45) Monsoon Wedding ★★ (01) 'R'	(45) Reefer Madness (36) 'PG'	Shaolin Soccer (01) 'PG-13'	Texas Rangers ★★ (01) 'PG-13'	(05) Hood Rat (01) 'R'	
STARZ	ENCR-E 340	Ghost (43) End of Days (99, Horror) Arnold Schwarzenegger 'R'	(6:47) The Score ★★ (01, Suspense) 'R'	(8:55) For Love of the Game ★★ (99, Drama) 'PG-13'	French	
	STARZ-E 350	The House Next Door: Meet the Blacks 2 (5:48) Long Weekend (21) 'R'	(23) Here Today (21, Comedy-Drama) 'PG-13'	(23) American Hustle (13, Crime Drama) 'R'	Mouthful	
STRZED 352	Hannibal (35) Shot Caller (17, Crime Drama) 'R'	(39) Battle of the Year (13, Drama) 'PG-13'	(32) The Unholy ★★ (21) 'PG-13'	(14) The Last Shift (20, Comedy-Drama) 'R'		
STRZCI 353	East Side Sushi (14) 'PG'	(18) Pan's Labyrinth (06, Fantasy) 'R'	(20) Bride & Prejudice (04)	(14) Yellow Rose ★★ (19, Drama) 'PG-13'	(10:51) Small Time 'R'	
STRZCO 354	Stay Cool (09) 'PG-13'	(4:49) All Joking Aside (15) National Lampoon's Dorm Daze 2 (06)	(7:58) Say It Isn't So ★ (01) 'R'	(36) Baby Mama's Club (10) Tommy Ford 'R'	About	
STRZIB 355	The Fan ★★ (96, Suspense) 'R'	(37) John Tucker Must Die (06)	Escape Room: Tournament (40)	Next Day Air ★★ (09) 'R'	(07) Solo (96, Action) 'PG-13'	The Fan
STRZKF 356	Little (35) The Wishmas Tree (19) 'NR'	(06) Buttons: A Christmas Tale	Charmers	Charmers (26) Heaven Is for Real (14) 'PG'	(07) Firehouse Dog ★★ (07, Children's) 'PG'	
EPIX	EPIX 380	Sex Life (4:50) Norm of the North (16)	(25) Respect ★★ (21, Biography) Jennifer Hudson	(8:50) Bernie the Dolphin 2 (19)	Miss You Already ★★ (15)	
	EPIX2 381	Mommy (15)	(05) Trauma Center (19, Action)	(35) Elvis Goes There	Win a Date With Tad Hamilton!	(05) The Wedding Plan (16, Romance-Comedy) Temptati
EPIXH 382	(10) Domestic Disturbance (01)	(40) Wuthering Heights (03)	(10) Silence ★★ (16, Historical Drama) Andrew Garfield	(9:55) Witness (85, Crime Drama) Harrison Ford		
EPIXDR 292	True Grit (45) The Hunter ★★ (80, Crime Drama)	(25) Boxcar Bertha ★★ (72)	(7:55) The Sons of Katie Elder (65, Western)	Once Upon a Time in the West (69, Western)		

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs	Prince	Paid Prog.	Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	Parking	Parking	Parking	Parking	TBA
AHC 195	Warrior POV	Warrior POV	WWII: Masters of War	WWII: Masters of War	WWII: Masters of War	WWII: Masters of War	WWII: Masters of War	Weaponology	Weaponology	Weaponology	Weaponology	Weaponology	Weaponology	Weaponology	Weaponology
AMC 131	Fear the Walking Dead	Fear the Walking Dead	Paid Programs					Stooges	Lethal Weapon ★★ (87, Action) Mel Gibson						
APL 184	Dr. Jeff: RMV	Dr. Jeff: RMV	Too Cute!	My Cat From Hell	The Crocodile Hunter	Secret Life Zoo	The Zoo	Treehouse Masters							
AXSTV 167	Paid Programs				Live From Daryl's House	Live From Daryl's House	Live From Daryl's House	Bloodsport ★★ (88)							
BBCA 135	UK PD	UK PD	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next
BET 124	Husbands	Husbands	Husbands	Husbands	Browns	Browns	Payne	Payne	Martin	Martin	Martin	Martin	black-ish	black-ish	Live Single
BOUNCE 359	Scandal	The Real	Wendy Williams Show	Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	Court	Court	Court	Court	Paternity	Paternity	Paternity
BRAVO 129	Kelly Clarkson	Paid Programs	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives
BUZZR 245	Match	Match	Match	Match	Paid Programs	J. Prince	Tell Truth	My Line?	Sale of	Sweep	Body Lang.	Blockbust	Match-Squares		
CIHD 249	The Big House	The Big House	Paid Programs		American Justice	American Justice	American Justice	Nightwatch	Nightwatch	Nightwatch	Nightwatch	Nightwatch	Nightwatch	Nightwatch	Nightwatch
CMT 166	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne
CNBC 208	Shepard Smith	Worldwide Exchange (L)	Squawk Box (L)		Squawk on the Street (L)	TechCheck (L)									
CNN 200	CNN Newsroom Live (L)	Early Start w/Romans	New Day With	New Day With	New Day With	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	At This Hour-Kate
COM 107	South Park/South Park	Paid Programs			Cleveland	Cleveland	Cleveland	Cleveland	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park
COMET 289	Paid Programs								Creature ★★ (85, Science Fiction) Stan Ivar	Beast-Hollow					
COOK 113	Paid Programs				Beach Bites	Beach Bites	Taco Trip	Taco Trip	Food Truck	Food Truck	Unwrap2.0	Unwrap2.0	Unwrap2.0	Unwrap2.0	Unwrap2.0
DISC 182	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs
DFC 179	BathCrash	BathCrash	GI Joe	GI Joe	Monsters	Monsters	Pac-Man	Transform.	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony	Monsters
DISN-E 172	Jessie	Jessie	Ladybug	Ladybug	Sofia the First	Bluey	Bluey	Puppy Pals	Puppy Pals	T.O.T.S.	T.O.T.S.	Puppy Pals	Puppy Pals	Bluey	Bluey
ENCR-W 341	(10) Fear (96, Suspense) Mark Wahlberg 'R'	(10) The Ghost and the Darkness (96)	(43) End of Days (99, Horror) Arnold Schwarzenegger 'R'	(9:47) The Score ★★ (01, Suspense) 'R'											
EWESTN 342	(15) J.W. Coop ★★ (71, Western) 'PG-13'	(09) The Tall T (57, Western) 'NR'	(28) The Good, the Bad and the Ugly (67, Western) Clint Eastwood 'R'	(28) My Darling Clementine (46)											
EACTN 343	(16) Spider The Last Castle ★★ (01, Suspense) 'R'	(16) The Equalizer 2 ★★ (18, Action) 'R'	(33) The Gunman (15, Action) Sean Penn 'R'	(29) A Knight's Tale (01) 'PG-13'											
ESUSP 344	(10) The Abyss ★★ (89, Science Fiction) Ed Harris 'PG-13'	(19) School's Out Forever (21)	(07) My Bloody Valentine (09, Horror) 'R'	(9:51) Prom Night (08) 'PG-13'	Dawn										
EBLACK 345	(16) Drop Squad ★★ (94, Drama) 'R'	(16) Dance Flick (09)	(42) Jumping the Broom (11, Comedy) 'PG-13'	(38) Venom ★★ (05, Horror) 'R'	Frank Miller's Sin City: A Dame to Kill For 'R'										
ECLASS 346	(17) How Stell (17) Elysium (13) Matt Damon 'R'	(09) Sicario: Day of the Soldado (18) 'R'	(14) Venom (18, Action) Tom Hardy 'PG-13'	(09) Iron Man 3 ★★ (13, Action) 'PG-13'											
EFAMILY 347	(09) Combat Pit Pony	(13) Capture the Flag (15) 'PG'	(45) Jingle All the Way (96, Children's) 'PG'	(16) Aquamarine (06) 'PG'	Open Season 3 (10) 'PG'	Beethoven									
ESPN 140	SportsCenter	SportsCenter	2022 Wimbledon Championships (L)												
ESPN2 143	37 Words Part 1	37 Words Part 2	Keyshawn, JWill and Max (L)	Get Up	First Take										
EWTV 261	Signs/Life	Journey	The Church Living	Aquinas	Church	St. Michael	Rosary	Daily Mass (L)	Holy	Living Right	Mother Angelica Live	Sacraments			
FETV 82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver
FMC 387	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie
FNC 205	FOX & Friends First (L)	FOX & Friends First (L)	FOX & Friends (L)						America's Newsroom (L)	The Faulkner Focus (L)					
FOOD 110	Bobby and Giada	Paid Programs							Delicious	Delicious	Delicious	Delicious	Food Paradise	Food Paradise	
FREFM 180	Paid Programs				black-ish	black-ish	black-ish	black-ish	The 700 Club	700 Club	The Wedding Planner ★★ (01)				
F51 150	MLS Soccer	Gold Cup	World Cup	Skip and Shannon: Undisputed	First Things First (L)				Skip and Shannon: Undisputed (L)						

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs					Mom	Mom	Mom	Mom	Mom	Greta ★★ ('18, Suspense) <i>Isabelle Huppert</i>	Under						
FXM	384	◀Gentle (:45) The Day Mars Invaded Earth	The Fly ('58, Horror)	NR	(:35) The Curse of the Fly ('65)	(:05) The Robe ('53, Historical Drama) <i>Richard Burton</i>	NR	Demetrius											
FXN	125	Paid Programs					Little Women ★★★★★ ('19, Drama) <i>Saoirse Ronan, Emma Watson</i>		Breakthrough ('19, Drama) <i>Chrissy Metz</i>										
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries	Elevation	J. Prince	Paid Programs	Good Time	Good Time	Good Time	Hart to Hart						
GMSHW	116	Paid Programs					Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America			
GOLF	401	Paid Programs		Golf Central		Golf Central		U.S. Senior Open Champ.		2022 KPMG Women's PGA Championship <i>Final Round</i>									
GRIT	217	Paid Programs					Laramie <i>Vengeance</i>		Laramie <i>Naked Steel</i>		Cattle Empire ('58, Western) <i>Joel McCrea</i>		Gunsight Ridge ('57, Western) <i>Joel McCrea</i>						
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls			
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		Matlock <i>The Dare</i>			
HALLMV	187	A Christmas Duet ('19, Romance) <i>Chaley Rose</i>		A Family Christmas Gift ('19, Romance)		Journey Back to Christmas ('16, Drama)		A Little Christmas Charm ('20, Drama)											
HDMOV	130	Paid Programs					The Story of Luke ('12, Comedy-Drama)			Beats, Rhymes & Life		Hudson							
HERIC	293	The District		The District		Maverick		Wanted ...	Wanted ...	Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne			
HGTV	112	Love It or List It		Love It or List It		Beach	Beach	Beach	Beach	Beach	Beach	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters		
HIST	120	Paid Programs					Amazing	Jeremiah	TBA		TBA		TBA		TBA				
ID	192	Body Cam		Body Cam		Body Cam		20/20 on ID		20/20 on ID		20/20 on ID		The Devil Speaks		The Devil Speaks			
IFC	133	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Parks	Parks	Parks	Parks	Parks	Parks	Parks			
LAFF	237	Paid Programs					Videos	Funnest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court	
LIFE	108	Paid Programs					Creflo	Robison	Joyce M.	TBA	TextMeWhen		TextMeWhen		TextMeWhen		The Mentalist		
LMN	109	Paid Programs					Movie					Movie		Movie					
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Home Work		Home Work		Home Work		Home Work		Home Work			
MGMHD	385	◀Antitrust	MGM HD Showcase	Studio		MGM HD Showcase		(:05) Trapeze ★★ ('56, Drama) <i>Burt Lancaster</i>	The Offense ★★ ('73, Drama) <i>Sean Connery</i>										
MOTOR	246	Texas Metal		FantomWorks		Bitchin' Rides		Garage Squad		Iron Resurrection		Chasing Classic Cars		Chasing Classic Cars		Chasing Classic Cars			
MSNBC	209	Rachel Maddow Show		Way Too Early		Morning Joe (L)		Morning Joe (L)		Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)					
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs		Port Protection Alaska		Port Protection		Port Protection		Port Protection					
NGWLD	190	Paid Programs					The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol				
OUTD	396	Fishing	WildFed	Das Boat	Fishmonger	Backyard Ballistics		Wardens		Bone Coll.	Hunt Masters		Live 2 Hunt With						
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil			
OXYG	127	Snapped		Snapped		Exhumed-Killer		Exhumed-Killer		Mark of a Serial Killer		Mark of a Serial Killer		Mark of a Serial Killer		An Unexpected Killer			
PARMT	241	Paid Programs					Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	Goldbergs	Goldbergs	Goldbergs	Goldbergs	Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER		ER			
REELZ	299	Paid Programs					Hulk & Linda Hogan		Roseanne Barr		Brad & Angelina		CopyCat Killers		CopyCat Killers		CopyCat Killers		
RFDTV	231	Paid Programs					Coop	Presleys'	Stuart	Jeremiah	Rural News/AgDay		Market Day Report (L)						
SCI	193	Expedition Unknown		Expedition Unknown		Universe Works		Universe Works		Unearthed		Unearthed		Strange Evidence		What on Earth?			
SMITH	367	Humongous Moves		Humongous Moves		Aerial America		Aerial America		Aerial America		Aerial America		Inside the Food Factory		Inside the Food Factory		Inside the Food Factory	
SONY	386	◀Brotherhood (:45) Okinawa ★★ ('52, War)	Nowhere to Run ('93, Action) (:40) Two Rode Together ('61, Western)					(:45) Bite the Bullet ★★ ('75, Western) <i>Gene Hackman</i>											
SUND-E	358	◀Columbo	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Law Order: CI		Law Order: CI		Law Order: CI			
SYFY	122	Paid Programs					Twi. Zone		Twi. Zone		The Purge: Anarchy ★★ ('14, Action) <i>Frank Grillo</i>		(:17) The Village ★★ ('04, Suspense)		Jennifer's				
TBN	260	Believe Boldly		Jackson	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen		
TBS	139	Wipeout		Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends		
TCM	132	◀Midnight (:45) Go Fish ★★ ('94, Comedy)	(:15) Death in Venice ★★ ('71, Drama) <i>Dirk Bogarde</i>					The Match King ★★ ('32)		Doctor Monica ('34)		(:15) Easy to Love ('34)							
TLC	183	Sister Wives					Long Lost Family		Long Lost Family		Long Lost Family		7 Little Johnstons		7 Little Johnstons		7 Little Johnstons		
TMC-W	329	(:15) Lust in Limbo ('21, Adult) 'NR'	(:35) Under the Silver Lake ('18, Suspense) <i>Riley Keough</i>	R	Scrambled		Cary Grant	Ape vs. Monster ('21) 'NR'		Sisters With Transistors ('20) 'NR'									
TNT	138	◀The Dark Knight ('08)	Charmed <i>Just Harried</i>	Charmed	Charmed <i>Pre-Witched</i>		Charmed <i>Sin Francisco</i>	Charmed	Supernatural <i>Wendigo</i>		Supernatural								
TRU	242	Paid Programs					Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro			
TRVL	196	Paid Programs					UFO Hunters		Scariest Night		Scariest Night		Scariest Night						
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs					M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza				
UP	188	Paid Programs					Heartland		Heartland		Heartland		Highway to Heaven		Highway to Heaven		Little House on Prairie		
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		NCIS: Los Angeles		NCIS <i>Recoil</i>		NCIS <i>About Face</i>		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
WE	128	Marriage- Reality Stars		Paid Programs					Law & Order		Law & Order		Law & Order						

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)					Local Programs		The View (N)				
CBS-E	◀CBS Overnight News (N)		News	News	News	News	CBS Mornings (N)					Local Programs		The Price Is Right (N)				
CW-E	Local Programs					Local Programs												
FOX-E	Local Programs					Local Programs					Local Programs		Local Programs					
NBC-E	Local Programs					Local Programs					Today (N)		Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	(:05) Barnaby Jones	Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me	Beaver	Beaver	Perry Mason	Matlock		In the Heat of Night					
ABC-W	Local Programs					ABC World News Now (N)					Morning	Morning	Morning	Morning	Good Morning America (N)			
CBS-W	◀Corden	Local Prog.	CBS Overnight News (N)					News	News	News	News	CBS Mornings (N)						
CW-W	Local Programs					Local Programs												
FOX-W	Local Programs					Local Programs					Local Programs		Local Programs					
NBC-W	◀Meyers	News	Top Story With		Early Tdy	Local Programs					Local Programs		Today (N)					
PBS	Endeavour on Masterpiece <i>Scherzo</i>					Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious	

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Underwater ('20, Science Fiction)	Snatched ★★ ('17, Comedy) <i>Amy Schumer</i>	The Boss ('16, Comedy) <i>Melissa McCarthy</i>	Jumanji: The Next Level ('19, Adventure) <i>Dwayne Johnson</i>	
FXM	384	Demetrius-Glad (05) The 300 Spartans ('62) <i>Richard Egan</i> 'NR'	Assassin's Creed ★★ ('16, Action) 'PG-13'	When the Bough Breaks ★ ('16, Drama) 'PG-13'		Black Blue
FXM	125	4Break Cleveland	Cleveland	Cleveland	Cleveland	Cleveland
GETTV	373	The Rockford Files	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger
GMSHW	116	Deal or No Deal	Match	Match	Catch 21	Catch 21
GOLF	401	Golf Today (L)	Golf Today		Golf Central (L)	PGA TOUR
GRIT	217	Death Vall.	Death Vall.	The Deputy	The Deputy	Tombstone
HALL	185	Rome in Love ('19, Romance) <i>Italia Ricci</i>	Flip That Romance ('19, Romance) <i>Tyler Hynes</i>	Once Upon a Prince ('18, Romance-Comedy)		The Perfect Catch ('17, Romance)
HALLDR	186	Magnum, P.I. <i>Adelaide</i>	Magnum, P.I.	The Waltons		Little House on Prairie
HALLMV	187	Rocky Mountain Christmas ('17, Romance)	Project Christmas Wish ('20, Drama)		Marry Me at Christmas ('17, Romance)	
HDMOV	130	Hudson Hawk ★ ('91, Comedy)	Das Boot ★★ ★★ ('81, War) <i>Jürgen Prochnow</i>	Memphis Belle ('90, War) <i>Matthew Modine</i>		Meatballs ★★ ('79, Comedy) Striking
HERIC	293	Monk	Monk	Monk	Monk	Monk
HGTV	112	Hunters	Hunters	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous
HIST	120	TBA	TBA	TBA	TBA	TBA
ID	192	The Devil Speaks	In Pursuit-J. Walsh	In Pursuit-J. Walsh	In Pursuit-J. Walsh	Body Cam
IFC	133	Parks	Parks	Parks	Parks	Scrubs
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest
LIFE	108	The Mentalist	The Mentalist	Castle	Castle	Castle
LMN	109	Movie	Movie	Movie	Movie	Movie
MAGN	111	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Restoring Galveston
MGMHD	385	Young Billy Young ★★ ('69, Western)	La cage aux folles ('78, Comedy) <i>Ugo Tognazzi</i>	The Children's Hour ('61, Drama) <i>Audrey Hepburn</i>		The Wedding Banquet ('93)
MOTOR	246	Chasing Classic Cars	Chasing Classic Cars	Chasing Classic Cars	Chasing Classic Cars	Garage Squad
MSNBC	209	Andrea Mitchell Reports (L)	MTP Daily (L)	Katy Tur Reports (L)	Hallie Jackson Reports (L)	Deadline: White House (L)
NATGEO	197	Port Protection Alaska	Port Protection Alaska	Life Below Zero	Life Below Zero	Life Below Zero
NGWLD	190	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol
OUTD	396	Live 2 Hunt With	Realtree Outdoors	Hunter	Gun Stories	Guns
OWN	189	Dr. Phil	Court	Court	Court	Court
OXYG	127	An Unexpected Killer	An Unexpected Killer	Dateline: Secrets	Dateline: Secrets	Dateline: Secrets
PARMT	241	Bar Rescue	Bar Rescue	Mom	Mom	Mom
POP	117	ER	ER	ER	House	House
REELZ	299	Cops	Cops	Cops	Cops	Cops
RFDTV	231	Market Day Report (L)	Cow Guy	Next Level	Horse-West	Horseman
SCI	193	What on Earth?	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.
SMITH	367	Air Disasters <i>Pitch Black</i>	Air Disasters	Mighty Trains <i>Kiwi Rail</i>	Mighty Trains	Mighty Cruise Ships
SONY	386	(12) Ice Soldiers ('13, Action) <i>Dominic Purcell</i>	Oklahoma Crude ('73, Comedy-Drama)		72 Hours	(32) Cross ('11, Action) <i>Michael Clarke Duncan</i>
SUND-E	358	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	NCIS
SYFY	122	Jennifer's Body ★★ ('09, Horror) <i>Megan Fox</i>	Krampus ★★ ★ ('15, Horror) <i>Emjay Anthony</i>		Chuck	Chuck
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison
TBS	139	Friends	Friends	Friends	Friends	Friends
TCM	132	Easy Love Kansas City Princess (45) G-Men ('35, Crime Drama)	Special Agent (35) <i>Bette Davis</i>		Bullets or Ballots ★★ ★ ('36)	
TLC	183	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Little People, Big World	Little People, Big World
TMC-W	329	Big Top Pee-wee ★★ ('88) 'PG'	Another Kind of Wedding ('17)		Grace and Grit ('21, Romance) <i>Mena Suvari</i> 'R'	A Most Violent Year ('14, Crime Drama) 'R'
TNT	138	Supernatural	Supernatural	Supernatural	<i>Skin</i>	Batman ★★ ★ ('89, Action) <i>Jack Nicholson</i>
TRU	242	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	Jokes
TRVL	196	Scariest Night	Scariest Night	Scariest Night	Scariest Night	Scariest Night
TVLND	106	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke
UP	188	Little House on Prairie	Little House on Prairie	Gilmore Girls	Gilmore Girls	Gilmore Girls
USA	105	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU
WE	128	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CBS-E	Local Prog.	Young & Restless	Bold	The Talk (N)	Let's Make a Deal (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CW-E	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
FOX-E	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
NBC-E	Local Programs	Days of our Lives (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
METV	247*	The Waltons	Gunsmoke	Bonanza	Rifeman	Rifeman	Wagon Train	Adam-12	Adam-12	The A-Team	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H
ABC-W	Local Programs	The View (N)	Local Programs	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CBS-W	Local Programs	The Price Is Right (N)	Young & Restless	Local Prog.	Bold	The Talk (N)	Let's Make a Deal (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CW-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
FOX-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
NBC-W	Today 3rd Hour (N)	Today-Hoda	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)	PBS NewsHour (N)

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30
PREMIUM MOVIES																
HBO	HBO-E 310	Ride Along ★★ ('14) TBA				Westworld			The Hitman's Wife's Bodyguard (10) Red 2 ('13, Action) Bruce Willis 'PG-13'			Sam Jay	Mitty			
	HBO2 312	Last Week (35) Nightmare Alley ('21, Suspense) Bradley Cooper 'R'				(10) Irma Vep (N)			Sam Jay (40) The Last Duel ('21, Historical Drama) Matt Damon 'R'			REAL Sports				
	HBO3 314	REAL Sports				We're the Millers ★★ ('13, Comedy) 'R'			(10:50) The French Dispatch ('21) (40) TBA			(15) My Days of Mercy ('17, Drama) 'R'				
	HBOF 315	The Mummy ('99) (05) Admission ('13, Comedy-Drama) 'PG-13'				(10:52) The Confirmation ('16) (33) Stealing Harvard ('02) 'PG-13'			(1:59) The New Guy ('02) 'PG-13'			West Side				
MAX	MAX 307	The Prince ★★ ('14, Action) 'R' (31) Eight Men Out ('88, Historical Drama) 'PG' (32) Phone Booth ★★ ('02) 'R'				(12:54) Collateral ('04, Suspense) Tom Cruise 'R'			Rambo Part II							
	5MAX 308	The Internship ('13) The Untouchables ('87, Crime Drama) 'R'				Win Win ★★ ('11, Comedy-Drama) 'R'			(12:46) Larry Crowne ('11) 'PG-13' (25) Girl With a Pearl Earring ('03)							
	MMAX 309	Reservoir Dogs ('92) 2 Guns ('13, Action) Denzel Washington 'R'				(10:50) Cold Pursuit ★★ ('19, Action) 'R'			(12:50) Universal Soldier ('92) 'R' (34) Double Jeopardy ('99) 'R'							
SHOWTIME	SHO-E 318	Shooter ('07, Action) Mark Wahlberg 'R' (05) The Chi				Man Who Fell			Flatbush (35) A Haunted House ('13) 'R'			Shutter Island ★★ ('10, Suspense) 'R'				
	SHO2 320	Man Who Fell				Spotlights Spotlight ('15, Drama) Mark Ruffalo 'R'			(40) Lady Bird ★★ ('17) 'R'			(15) Lost Lust ('20, Adult) 'NR'			13 Minutes ('21)	
	SHOBET 321	The Chi				Flatbush (35) The Watermelon Woman			Rafiki ('18, Drama) 'NR'			We Hunt (15) We Hunt Together			Talkin' Dirty After Dark ('91) 'R' In Fabric	
	SHOX 322	The Green Knight ('21, Fantasy) Dev Patel 'R'				Boxing 2022: David Benavidez vs. David Lemieux From May 21, 2022. (N)			Seabiscuit ★★ ('03, Drama) Tobey Maguire 'PG-13'							
	SHOS 323	(15) Through the Glass Darkly ('20) 'NR'				Queer as Folk			(40) Queer as Folk (35) The Chi (N)			Flatbush (05) Crank ★★ ('06, Action) 'R'			Into Blue	
TMC 327	Mandela: Long Walk to Freedom ('13, Biography) 'PG-13'				Valkyrie ★★ ('08, Historical Drama) 'PG-13'			The Mauritanian ('21, Drama) Jodie Foster 'R'			(40) Megalodon Rising ('21) 'NR'					
FLIX-E 333	Kinky Boots ('05, Comedy-Drama) 'PG-13'				Flashdance ('83, Drama) 'R'			(35) Internal Affairs ('90, Crime Drama) 'R'			Blue Caprice ★★ ('13) 'R'			You-Watch Out		
STARZ	ENCR-E 340	For Love of the Game Charming the Hearts of Men ('21) 'NR'				(10:51) The Mexican ('01, Comedy-Drama) 'R'			(12:59) You're Next ('11) 'R'			(37) The Father ('20) 'PG-13'				
	STARZ-E 350	Cowboys: The House: Meet the Blacks 2 P-Valley Demetrius				(07) Rise of the Planet of the Apes ('11) (12:56) American Wedding ('03) 'R'			Snow White and the Huntsman							
	STRZED 352	Knocked Up ('07) 'R' Becoming Elizabeth				(02) A Journal for Jordan ★★ ('21, Drama) 'PG-13'			(17) Becoming Elizabeth (18) The Broken Hearts Gallery			(10) Hostel ('05) 'R'				
	STRZCI 353	Who Is Ghislaine Max (8:52) The Ninth Gate ('99, Suspense) 'R'				(09) The Leisure Seeker ('17) Helen Mirren 'R'			(06) I Carry You With Me ('20, Drama) 'R'			The Laureate ('21) 'R'				
	STRZCO 354	Thank You for Smoking ('05) 'R' (35) About Last Night ('14) Kevin Hart 'R'				(18) Smokin' Aces ('07, Action) 'R'			(11) Trading Places ★★ ('83, Comedy) 'R'			(10) The Kid Detective				
	STRZIB 355	Solo ('96) (20) Tales From the Hood ('95) 'R'				Boyz n the Hood ★★ ('91, Drama) 'R'			Escape Room: Tournament (27) P-Valley (N)			(34) Booty Call ('97, Comedy) 'R'				
STRZKF 356	Flipper ('96, Children's) 'PG'				(37) City of Ember ('08) 'PG'			(14) Girl in Progress ('12) Eva Mendes 'PG-13'			(12:48) Big ('88, Children's) 'PG'			The Snow Queen: Mirrorlands		
EPIX	EPIX 380	World War Z ★★ ('13, Horror) Brad Pitt				The Marksman ('21, Action) Liam Neeson			(11:50) Star Trek Into Darkness ('13) Chris Pine			(05) The Mod Squad ('99, Drama) Billy-Kid				
	EPIX2 381	The Preacher's Wife ★★ ('96, Fantasy) (05) The Fighting Temptations ('03, Comedy) (12:10) The Guilt Trip ★★ ('12, Comedy) (1:50) Sex Life (2:50) Not Fade Away														
	EPIXH 382	Along Came a Spider ★★ ('01) (45) Kalifornia ★★ ('93, Suspense) Brad Pitt (45) Switchback ('97, Suspense) Dennis Quaid (45) Kiss the Girls ★★ ('97, Mystery) George														
	EPIXDR 292	Bill & Ted's Bogus Journey ('91) (35) Small Soldiers ('98, Comedy) Kirsten Dunst (25) Sahara ★★ ('05, Adventure) Galaxy Quest ('99, Comedy) (15) The Golden Child														
AMERICA'S TOP PROGRAMMING																
A&E 118	Bobby Bobby Bobby Bobby				Origins of Hip Hop (N)			Bobby Bobby Bobby Bobby			Origins of Hip Hop Bobby Bobby					
AHC 195	Project Nazi Project Nazi Project Nazi				Project Nazi			Project Nazi			Project Nazi			Project Nazi		
AMC 131	Die Hard With a Vengeance ★★ ('95, Action) Bruce Willis				Live Free or Die Hard ★★ ('07, Action) Bruce Willis, Justin Long			Fear the Walking Dead			Fear the Walking Dead					
APL 184	North Woods Law: Uncuffed (N)				Louisiana Law			Louisiana Law			North Woods Law: Uncuffed			Louisiana Law Louisiana Law		
AXSTV 167	Top Ten Music Music Music				Top Ten Top Ten			Top Ten Music Music Music			Sensation: The Story of The Who's Counting Crows			Legends		
BBCA 135	The Chronicles of Riddick ('04, Science Fiction) Vin Diesel				Rambo ★★ ('08, Action) Sylvester Stallone			The Chronicles of Riddick ('04, Science Fiction) Vin Diesel			The Hurt Locker ('08)					
BET 124	TBA				TBA			TBA			Martin Martin Martin Martin			Prince Prince		
BOUNCE 359	Movie				Movie			Movie			The Game					
BRAVO 129	Housewives of NJ Real Housewives				Watch Housewives of NJ Real Housewives			Summer House Below Deck			Below Deck			Watch		
BUZZR 245	Concentration Password Sweep Card				Match-Squares Concentration Password Sweep Card			Match-Squares Concen. Concen. FamFeud FamFeud								
CIHD 249	The First 48: Detective First 48: Missing				Marcia Clark Investigates The First 48			The First 48: Detective First 48: Missing			Marcia Clark Investigates The First 48					
CMT 166	Last Man Last Man Mom Mom				Mom Mom Mom Mom			Gold Girls Gold Girls Gold Girls Gold Girls			Gold Girls Gold Girls Housewife Housewife					
CNBC 208	Shark Tank Shark Tank				Shark Tank Shark Tank			Shepard Smith American Greed			Dateline Dateline					
CNN 200	Anderson Cooper 360 (L) CNN Tonight (L)				Don Lemon Tonight (L) Don Lemon Tonight (L)			Anderson Cooper 360 CNN Tonight			Don Lemon Tonight South Park South Park			Don Lemon Tonight South Park South Park		
COM 107	The Office The Office The Office The Office				The Office The Office Daily Show Seinfeld			Seinfeld Seinfeld The Daily Show			South Park South Park South Park South Park					
COMET 289	Buffy, Vampire Slayer The X-Files				The X-Files The List The X-Files 2Shy			The X-Files The Walk Quantum Leap			Quantum Leap Paid Programs					
COOK 113	Man, Food Man, Food Man, Food Man, Food				No Reservation No Reservation			Man, Food Man, Food Man, Food Man, Food			No Reservation No Reservation					
DISC 182	Deadliest Catch (N)				Deadliest Catch Deadliest Catch			Deadliest Catch Deadliest Catch			Deadliest Catch Deadliest Catch					
DFC 179	Kids BBQ Championship Kids BBQ Championship				Kids BBQ Championship Kids BBQ Championship			Kids BBQ Championship Kids BBQ Championship			Buddy's Bakery Rescue Ultimate Cake Off					
DISN-E 172	Big City Big City Big City Big City				Big City Bunk'd Bunk'd Sydney			Raven Raven Jessie Jessie			Liv-Mad. Liv-Mad. Austin Austin			Austin Austin		
ENCR-W 341	Fear ★★ ('96, Suspense) 'R' (39) For Love of the Game ★★ ('99, Drama) 'PG-13'				Charming the Hearts of Men ('21) 'NR'			(1:51) The Mexican ('01, Comedy-Drama) 'R'								
EWESTN 342	Take a Hard Ride ★★ ('75) 'PG' (24) Day of the Bad Man ('58) (10:47) The Tall T ('57)				Montana Incident			A Man Called Sledge ('71) 'R' (34) Coroner Creek ('48) 'NR'								
EACTN 343	A Knight's Tale ★★ ('01, Action) 'PG-13' (15) The Prophecy: Forsaken ('05) (33) Urban Justice ('07, Action) 'R'				(14) Mr. & Mrs. Smith ('05, Action) Brad Pitt 'PG-13'			Knight Tale								
ESUSP 344	Dawn (26) Prom Night ('08) 'PG-13' (9:56) The Amityville Horror ('05) (28) The Last House on the Left ('09) 'R'				(22) Tortured ('08, Suspense) 'R'			Gangs of New York								
EBLACK 345	Frank Miller's Sin City: A Dame to Kill For 'R'				Gladiator ★★ ('92, Action) 'R' (44) I'm Not Rappaport ★★ ('96, Drama) 'PG-13'			(04) Jookin' ('22, Drama) 'NR'			Security					
ECLASS 346	(04) Venom ('18, Action) Tom Hardy 'PG-13'				Rescue Me Satisfaction (12) Damages (12:01) Sicario: Day of the Soldado ('18) 'R'			(06) Things Are Tough All Over You Got								
EFAMILY 347	Jingle All the Way ('96) 'PG' (31) Beethoven ★★ ('92) 'PG' (10:59) A Dog's Way Home ('19) (36) A Brilliant Young Mind ('14) 'PG-13'				(29) Open Season 3 Bright											
ESPN 140	37 Words Part 3 37 Words Part 4				Soccer Colombia vs United States (L)			SportsCenter SportsCenter (L)			SportsCenter (L)			SportsCenter		
ESPN2 143	WNBA Basketball				USL Championship Soccer			SportsCenter NFL Live			Around Interruption E60			NFL Live		
EWTN 261	Mother Angelica Live News Rosary				Scripture and Tradition Long Ride Women of			Daily Mass Mother Angelica Live			News Holy Land Dominican The Feast					
FETV 82	Perry Mason Perry Mason				Emergency! Emergency!			B. Miller B. Miller Maude Maude			Bewitched Bewitched Beaver Beaver					
FMC 387	Movie Movie				Movie Movie			Movie Movie			Movie					
FNC 205	Tucker Carlson Tonight (L) Hannity (L)				The Ingraham Angle (L) Gutfeld! (N)			Fox News at Night Tucker Carlson Tonight			Hannity The Ingraham Angle					
FOOD 110	Chopped Chopped (N)				Supermarket Stakeout (N) Supermarket Stakeout (N)			Chopped Supermarket Stakeout			Supermarket Stakeout Chopped					
FREFM 180	The Office The Office The Office The Office				Motherland: Fort Salem (N) The 700 Club			Simpsons Simpsons Simpsons Simpsons			Paid Programs The 700 Club					
F51 150	USFL Football Semifinal: Teams TBA				NHRA Drag Racing Summit Racing Equipment Nationals, Finals			USFL Football Semifinal: Teams TBA								

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Secret Life of Pets ('16, Children's)				The Secret Life of Pets 2 ('19, Children's)				A Dog's Journey ★★ ('19, Children's)				<i>Voice of Josh Gad</i>		Mom		Paid Programs	
FXM	384	Black and Blue ('19, Suspense) <i>R</i> (45)				Black and Blue ('19, Suspense) <i>Naomie Harris</i> <i>R</i>				Bad Times at the El Royale ★★ ('18, Suspense) <i>Jeff Bridges</i> <i>R</i>				Two for the Road					
FXM	125	Family Guy		Family Guy		Family Guy		Family Guy		Family Guy		Family Guy		Futurama		Futurama		Archer	
GETTV	373	The Rockford Files				Charlie's Angels				Hart to Hart				All/Family		All/Family		Sanford	
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided		
GOLF	401	PGA TOUR		Champion	Champion	Champion	The Open Highlights		Golf Central		Lessons	Champion	The Open Highlights		PGA TOUR	PGA TOUR	Paid Programs		
GRIT	217	The Lone Hand ('54, Western) <i>Joel McCrea</i>				The Tall Stranger ('57, Western) <i>Joel McCrea</i>				Cattle Drive ('51, Western) <i>Joel McCrea</i>				Bandidas ★★ ('06, Western) <i>Penélope Cruz</i>					
HALL	185	Two Tickets to Paradise ('22, Romance)				Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier		Frasier	
HALLDR	186	Little House on Prairie				Little House on Prairie				The Waltons				The Waltons <i>The Thief</i>		The Waltons		The Waltons <i>The Prize</i>	
HALLMV	187	Time for Me to Come Home for Christmas				Cranberry Christmas ('20, Drama) <i>Ben Ayers</i>				Finding Christmas ('13, Romance-Comedy)				A Bramble House Christmas ('17, Romance)					
HDMOV	130	Striking Distance ('93, Suspense)				The Legend of Zorro ('05, Adventure) <i>Antonio Banderas</i>				(11:50) Striking Distance ('93)				(40) The Legend of Zorro ('05, Adventure) <i>Antonio Banderas</i>					
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House		House			
HGTV	112	Fixer to Fabulous		Fixer to Fabulous		Hunters		Hunt Intl		Hunters		Hunt Intl		Fixer to Fabulous		Hunters		Hunt Intl	
HIST	120	The Secret of Skin		The Secret of Skin		The Proof Is Out There		The Secret of Skin		The Secret of Skin		The Secret of Skin		The Secret of Skin		The Proof Is Out There		The Secret of Skin	
ID	192	Body Cam		Body Cam (N)		Body Cam		Body Cam		Body Cam		Body Cam		Body Cam		Body Cam		Body Cam	
IFC	133	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men	
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		How I Met		How I Met		Bernie Mac		Bernie Mac		Bernie Mac	
LIFE	108	Castle		Castle		(03) Castle		(03) Castle		(12:01) Castle		Castle		(04) Castle		(04) Castle			
LMN	109	Movie				Movie				(12:01) Movie				Movie					
MAGN	111	Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston	
MGMHD	385	Wedding Banq. (8:50)				My Beautiful Laundrette ★★ ('85)				Adventures of Priscilla, Queen of the Desert (15)				Flawless ★★ ('99, Comedy) <i>Robert De Niro</i>		ItsMyParty			
MOTOR	246	Faster With Finnegan		Faster With Finnegan		Faster With Finnegan (N)		Geared Up <i>The Blazer</i>		Faster With Finnegan		Faster With Finnegan		Geared Up <i>The Blazer</i>		Faster With Finnegan			
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		All In With Chris Hayes			
NATGEO	197	Life Below Ze		Life Below		Life Below Ze		Life Below Ze		Life Below		Port Protection Alaska		Port Protection		Port Protection Alaska			
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs			
OUTD	396	Primos Truth About Hunting				Wild Ops				Jim Shock		Archer's Choice		Primos Truth About Hunting					
OWN	189	All Rise (N)		All Rise		All Rise		All Rise		All Rise		All Rise		All Rise		All Rise			
OXYG	127	Dateline: Unforgettable (N)				Snapped				Snapped				Snapped					
PARMT	241	Movie				Movie				Movie				Movie					
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		FBI		FBI			
REELZ	299	Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Paid Programs			
RFDTV	231	Ag PhD	Cattlemen to Cattlemen	SharkFar.	Horseman,	Saddle Up	Best Amer	Rural News	Ag PhD	Cattlemen to Cattlemen	SharkFar.	Paid Programs							
SCI	193	Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.			
SMITH	367	Carriers at War		Mighty Ships		Disasters at Sea		Smithsonian Time		Air Disasters		Air Disasters		Air Disasters		Air Disasters			
SONY	386	Love Lies Bleeding ('08, Suspense)				(9:49) Against All Odds ('84, Crime Drama)				(12:05) Love Lies Bleeding ('08)		(45) Against All Odds ('84, Crime Drama) <i>Rachel Ward</i>							
SUND-E	358	NCIS		NCIS		NCIS		NCIS		NCIS		Columbo		(45) Columbo					
SYFY	122	Chucky <i>Little Little Lies</i>		Chucky <i>Cape Queen</i>		Chucky		Chucky		Krampus ★★ ('15, Horror) <i>Emjay Anthony</i>		Jennifer's Body ★★ ('09, Horror) <i>Megan Fox</i>							
TBN	260	Christian History		Joyce M.	Livg Proof	Together	Centerpoint	Christian History	Prince	Youseff	Sekulow	Christine	Jewish	Greenberg	Max Lucado:	3:16 The			
TBS	139	MLB Baseball <i>Houston Astros at New York Mets</i> (L)				MLB Close		Sheldon	Sheldon	Sheldon	Sheldon	George	George	George	George	Wipeout <i>Rats!</i>			
TCM	132	The Spoilers ('42, Western)				(45) The Far Country ★★ ('55, Western)				The Wild North ★★ ('52, Adventure)				Northern Pursuit ('43, Adventure) <i>Errol Flynn</i> Rose Mrie					
TLC	183	7 Little Johnstons		Little People, Big (N)		'Welcome to Plathville (N)		Little People, Big World		7 Little Johnstons		7 Little Johnstons		Doubling Down-Derricos		Little People, Big World			
TMC-W	329	The Skulls III ('03)		(8:50) Jobs ★★ ('13, Biography) 'PG-13'		Mandela: Long Walk to Freedom ('13, Biography) 'PG-13'		Valkyrie ★★ ('08, Historical Drama) 'PG-13'		Mauritan									
TNT	138	The Dark Knight ('08)				Batman Begins ★★ ('05, Action) <i>Christian Bale, Michael Caine</i>				Batman Begins ★★ ('05, Action) <i>Christian Bale, Michael Caine</i>				Cold Case <i>Ravaged</i>					
TRU	242	Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		World's Dumbest ...	
TRVL	196	UFOs: The Lost Evidence				UFOs <i>Through the Ages</i> (N)				UFO Witness (N)		UFO Witness		UFOs: The Lost Evidence		UFOs <i>Through the Ages</i>		UFO Witness	
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Raymond	Raymond	Goldbergs	Goldbergs		
UP	188	Reba		Reba		Reba		Reba		Reba		Reba		Reba		Reba			
USA	105	WWE NXT (L)				Fast Lane		Chrisley		(10) The Transporter ★★ ('02, Action)				Law & Order: SVU		Law & Order: SVU			
WE	128	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Monk			

LOCAL NETWORKS

ABC-E	2022 Stanley Cup Final Game 6: Teams TBA (L)										Local Prog. (35) Jimmy Kimmel Live!		Nightline (N)		Local Programs		ABC World News Now (N)	
CBS-E	FBI		FBI: International				FBI: Most Wanted				Local Prog. Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)	
CW-E	Superman & Lois		Tom Swift (N)				Local Programs											
FOX-E	Crime Scene Kitchen		I Can See Your Voice				Local Programs											
NBC-E	America's Got Talent (N)				Dancing With Myself (N)				Local Prog. Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		Early Tdy	
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Tw. Zone		Hitchcock	Hitchcock	(05) Mannix		(05) Cannon		
ABC-W	2022 Stanley Cup Final Game 6: Teams TBA (L)										Local Programs		Local Prog. (35) Jimmy Kimmel Live!		Nightline (N)			
CBS-W	Local Programs		News				Local Programs				FBI		FBI: International		FBI: Most Wanted		Local Prog. Late Show-Colbert	
CW-W	Local Programs				Superman & Lois				Tom Swift (N)				Local Programs					
FOX-W	Local Programs				Crime Scene Kitchen				I Can See Your Voice				Local Programs					
NBC-W	Local Prog. News		Local Programs				America's Got Talent (N)				Dancing With Myself (N)		Local Prog. Tonight Show-J. Fallon		Meyers			
PBS	Finding Your Roots		Hiding in Plain Sight: Youth Mental Illness (N)				Amanpour-Co		Finding Your Roots		Hiding in Plain Sight: Youth Mental Illness				Hiding in Plain			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES																	
HBO	HBO-E 310	▶The Secret Life of Walter Mitty	Alternate Endings: Six New Ways	Princess Shaw	(15) Alex & Emma '03	Kate Hudson 'PG-13'	(9:55) The Eyes of Tammy Faye '21	'PG-13'									
	HBO2 312	Frederick Douglass: In Five Speeches	(20) Dear Evan Hansen '21, Musical	'PG-13'	(40) The Adventures of Tintin '11	'PG'	Blades of Glory '07	'PG-13'	(05) Snitch '13								
HBOF	HBO2 314	(05) The Help ★★★ '11, Drama	Viola Davis 'PG-13'	(35) The Freshman ★★★ '90, Comedy	'PG'	(20) Shall We Dance? '04	'PG-13'	Lili '20	Boomerang ★★ '92	'R'							
	HBOF 315	▶West Side Story ★★★ '61, Musical	'NR'	K'garten	Happily	Curious	Sherlock Holmes	(08) Wiener Dog Internationals	(41) The Wild Life ★★ '16	'PG'							
MAX	MAX 307	▶Rambo II (30) Voyagers '21, Science Fiction	'PG-13'	(23) Blue Ruin '13	Macon Blair 'R'	(7:55) Blood Father '16, Action	'R'	(25) The Animal ★ '01	'PG-13'	Incredible Burt							
	5MAX 308	(06) Hoosiers '86, Drama	Gene Hackman 'PG'	(02) Coneheads '93, Comedy	'PG'	(29) Iris '01, Drama	Judi Dench 'R'	The Savages '07, Drama	Laura Linney 'R'	Strange but True '19							
	MMAX 309	▶Double J (20) Sliding Doors '98	'PG-13'	Moonstruck '87	Cher 'PG'	(42) You, Me and Dupree '06	'PG-13'	(32) Race ★★ '16, Biography	Stephan James 'PG-13'								
SHOWTIME	SHO-E 318	▶Shutter	Vampire Academy '14	'PG-13'	(15) Hello I Must Be Going ★★ '12	'R'	(15) Love Is Strange ★★★ '14, Drama	'R'	Vox Lux '18, Drama	Natalie Portman 'R'							
	SHO2 320	▶13 Minutes '21	First Cow '19, Western	John Magaro 'PG-13'	(05) The Florida Project '17, Drama	'R'	Whiplash '14, Drama	Miles Teller 'R'	(10:50) Violet '21	'R'							
	SHOBET 321	▶In Fabric '18, Horror	'R'	Desus	Jamel Shabazz Street	Memphis '13, Drama	'NR'	(8:50) 16 Shots '19	'NR'	Waves '19, Drama	'R'						
	SHOX 322	Disgraced '17, Documentary	'NR'	(45) Cypress Hill: Insane in the Brain	(15) Under the Volcano '21	Sting 'NR'	Gringo: The Life of John McAfee	(40) The Match '21	'NR'								
	SHOS 323	▶Into the Blue 2	(10) Support the Girls '18	'R'	(45) Philomena '13, Docudrama	'PG-13'	Dating & New York '21	'PG-13'	(05) Match Point ★★★ '05, Drama	'R'							
TMC 327	(05) The Skulls III ★★ '03, Suspense	'PG-13'	Beat the Devil	The Captive '14, Suspense	Ryan Reynolds 'R'	Room ★★★ '15, Drama	Brie Larson 'R'	The Dry '20	'R'								
FLIX-E 333	▶You Better	(40) Anything Else '03, Romance-Comedy	'R'	(45) April Fool's Day ★★ '86	'R'	(15) Neil Young: Heart of Gold '06	'PG'	The Gong Show Movie '80	'R'	Down Erth							
STARZ	ENCR-E 340	▶Father	(17) Spiral: From the Book of Saw	(5:53) For Love of the Game '99	'PG-13'	(13) Wanderlust '12, Comedy	Paul Rudd 'R'	(9:52) The Craft: Legacy ★★ '20	Soloist								
	STARZ-E 350	▶Snow White	(4:47) Men of Honor '00, Biography	'R'	Don't Breathe 2 '21, Suspense	'R'	(42) Rise of the Planet of the Apes '11	Cowboys & Aliens '11	'PG-13'								
	STRZED 352	▶Hostel '05, Horror	'R'	(4:46) Never Back Down ★ '08	(42) Assassins '20, Documentary	'NR'	Hollywoodland '06, Mystery	Adrien Brody 'R'	(39) The Big Lebowski '98	'R'							
	STRZCI 353	▶The Laureate '21	'R'	(4:47) 6 Days '17, Action	'R'	(24) The Climb ★★★ '19	'R'	(05) The Lost Leonardo '21	Jerry Saltz 'PG-13'	(9:49) Legends of the Fall '94, Drama	'R'						
	STRZCO 354	▶The Kid Detective 'R	M. Lawr	(20) The Pink Panther 2 '09	'PG'	(6:54) Hook ★★★ '91, Children's	Dustin Hoffman 'PG'	(18) Can't Hardly Wait ★★ '98	The Pink Panther '06								
	STRZIB 355	▶Fighting '09, Drama	'PG-13'	Stomp the Yard: Homecoming	(13) Venom: Let There Be Carnage '21	(8:53) The Big Hit '98, Action	'R'	Deuce Bigalow: European Gigolo									
STRZKF 356	(03) Arctic Tale ★★★ '07	'G'	Max Winslow and the House	(10) Born to Be Wild	Charmers	(42) Dunston Checks In '96	'PG'	(12) Arctic Tale ★★★ '07	'G'	Cinderella							
EPIX	EPIX 380	▶Billy-Kid	Emperor '12, Historical Drama	Matthew Fox	(20) Yours, Mine & Ours '05	(7:50) The Tracker '19, Action	(20) The War of the Worlds '53	(10:50) World War Z									
	EPIX2 381	▶Not Fade	(45) Bound ★★ '96, Suspense	Jennifer Tilly	(35) The Space Between '21	(15) Case 39 '09, Horror	Renée Zellweger	(05) The Preacher's Wife '96, Fantasy									
	EPIXH 382	▶Georgetown '19, Crime Drama	(25) Alive '19	(35) Paranormal Activity 4 '12	(05) The Lovely Bones ★★ '09, Drama	Mark Wahlberg	(25) Alone Came a Spider '01										
	EPIXDR 292	▶The Golden Child	(4:50) Prophecy '79, Science Fiction	(35) The Fortune Cookie '66, Comedy-Drama	(45) (500) Days of Summer ★★★ '09	(25) Bill & Ted's Bogus Journey											

AMERICA'S TOP PROGRAMMING																	
A&E 118	Paid Programs			Prince	Paid Programs		Parking	Parking	Parking	Parking	Parking	TBA	TBA		TBA		
AHC 195	Hitler			Hitler	What History Forgot		What History Forgot	What History Forgot	What History Forgot	Apocalypse: WWI	Apocalypse: WWI	Apocalypse: WWI					
AMC 131	(14) Fear the Walking Dead			Stooges	Paid Programs		Hulk ★★★ '03, Fantasy										Eric Bana, Jennifer Connelly
APL 184	North Woods Law		North Woods Law	Too Cute!		My Cat From Hell	The Crocodile Hunter		Secret Life-Zoo	The Zoo		Treehouse Masters					
AXSTV 167	Paid Programs						Final 24			Final 24 Gianni Versace		Final 24 Janis Joplin		Alanis Morissette			
BBCA 135	▶The Hurt Locker '08, War				Jeremy Renner	Star Trek: Deep Space		Star Trek: Deep Space	Star Trek: Next	Star Trek: Next		Star Trek: Next		Star Trek: Next			
BET 124	Browns	Browns	Browns	Browns	Browns	Browns	Payne	Payne	Martin	Martin	Martin	Martin	black-ish	black-ish	Live Single	Live Single	
BOUNCE 359	Scandal		The Real	Wendy Williams Show		Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	Court	Court	Paternity	Paternity			
BRAVO 129	Kelly Clarkson		Paid Programs		Real Housewives		Real Housewives		Real Housewives		Real Housewives		Real Housewives				
BUZZR 245	Match	Match	Match	Match	Paid Programs			J. Prince	Tell Truth	My Line?	Sale of	Sweep	Body Lang.	Blockbust	Match-Squares		
CIHD 249	The First 48: Detective		First 48: Missing		Paid Programs			American Justice		American Justice		Nightwatch		Nightwatch			
CMT 166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	
CNBC 208	Shepard Smith		Worldwide Exchange (L)		Squawk Box (L)			Squawk on the Street (L)		Squawk on the Street (L)		TechCheck (L)		TechCheck (L)			
CNN 200	CNN Newsroom Live (L)		Early Start w/Romans		New Day With		New Day With		New Day With		CNN Newsroom		CNN Newsroom		At This Hour-Kate		
COM 107	South Park/South Park		Paid Programs		Cleveland		Cleveland		Cleveland		Cleveland		Cleveland		Cleveland		
COMET 289	Paid Programs						Puppet Master ★★ '89, Horror		Paul Le Mat		Puppet Master II '90						
COOK 113	Paid Programs						Cheat Day	Cheat Day	Cheap Eats	Cheap Eats	Cheap Eats	Cheap Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	
DISC 182	Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition Unknown		Expedition Unknown		Expedition Unknown		
DFC 179	BathCrash	BathCrash	Gl Joe	Gl Joe	Monsters	Monsters	Pac-Man	Transform.	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony	Monsters	Monsters	
DISN-E 172	Jessie	Jessie	Ladybug	Ladybug	Mickey	Bluey	Bluey	Mira, Royal	Detective		Ladybug	Ladybug	Ladybug	Ladybug	Ladybug	Ladybug	
ENCR-W 341	▶You're Next '11, Horror		'R'	(37) The Father ★★★ '20, Drama	'PG-13'	(17) Spiral: From the Book of Saw	(8:53) For Love of the Game '99	'PG-13'	(13) Wanderlust '12								
EWESTN 342	(05) The Mountain Men ★ '80, Western		'R'	(5:46) Love Me Tender '56	'NR'	(17) A Man Called Sledge '71	'R'	(8:50) The War Wagon '67	'NR'	(32) The Mountain Men '80	'R'						
EACTN 343	▶A Knight's Tale '01		'PG-13'	(33) The Family ★★ '13, Comedy	'R'	(28) Urban Justice '07, Action	'R'	(07) Arlington Road ★★★ '99, Suspense	'R'	(07) S.W.A.T. '03							
ESUSP 344	▶Gangs of New York '02, Historical Drama		'R'	Spy Game '01, Suspense	Robert Redford 'R'	(10) The Woman in Green '45	(20) Haywire '11, Action	'R'	(10:56) Hero Wanted								
EBLACK 345	▶National Security '03		(4:52) Motives '04, Suspense	'R'	(22) Hardwired ★ '09	'R'	(7:59) Tyler Perry's the Family That Preys '08	(9:51) Bogus '96, Children's	'PG'	Truth Abt							
ECLASS 346	▶You Got Served '04		(15) Rescue Me	(03) Leap of Faith '92, Comedy-Drama	'PG-13'	(7:53) Slap Shot '77, Comedy-Drama	'R'	(9:58) Big Trouble in Little China	White Hse								
EFAMILY 347	▶Brightheart		(13) Flicka 2 '10, Children's	'PG'	(6:50) Beethoven's 2nd '93	'PG'	(19) On the Line ★ '01	'PG'	Balto II: Wolf Quest	Big Bad Fox							
ESPN 140	2022 Stanley Cup Final Game 6: Teams TBA						2022 Wimbledon Championships (L)										
ESPN2 143	SportsCenter		SportsCenter		Keyshawn, JWill and Max (L)			Get Up		First Take							
EWTN 261	▶The Feast		(15) Crux	Catholic	Aquinas	The Miracle	St. Michael	Rosary	Daily Mass (N)	Holy	(45) Kenosis	Scripture and Tradition	Holy Land	Daily Mass			
FETV 82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver		
FMC 387	▶Movie	Movie	Movie			Movie											
FNC 205	FOX & Friends First (L)		FOX & Friends First (L)		FOX & Friends (L)			America's Newsroom (L)		The Faulkner Focus (L)							
FOOD 110	Restaurant: Impossible		Paid Programs		Girl-Farm			Girl-Farm	Valerie's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer			
FREFM 180	Paid Programs						black-ish	black-ish	black-ish	black-ish	The 700 Club		700 Club	The Middle	The Middle	The Middle	
F51 150	WWE Friday Night SmackDown				Skip and Shannon: Undisputed		First Things First (L)		Skip and Shannon: Undisputed (L)								

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs					Mom	Mom	Mom	Mom	Ice Age: Collision Course ('16, Children's)				The Secret Life of Pets												
FXM	384	Two for the Road		Earth Dies Scr.		Champagne Charlie		How to Steal a Million ('66, Comedy) 'NR'			Two for the Road ★★ ('67) 'NR'		Quintet ★★ ('79) 'R'														
FXN	125	Paid Programs					Breakthrough ★★ ('19, Drama) <i>Chrissy Metz</i>			Little ★★ ('19, Comedy) <i>Regina Hall, Issa Rae</i>																	
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries					Elevation	J. Prince	Paid Prog.	Jewish Jes	Good Time	Good Time	Good Time	Good Time	Hart to Hart								
GMSHW	116	Paid Programs					Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America											
GOLF	401	Paid Programs			Golf Central		Golf Central		Golf	Asian Tour G		Asian Tour G		PGA TOUR													
GRIT	217	Paid Programs					Laramie		Laramie		Border River ★ ('54, Western) <i>Joel McCrea</i>		The Oklahoman ('57, Western) <i>Joel McCrea</i>														
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls										
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Tabloid</i>		Matlock <i>The Coach</i>		Matlock											
HALLMV	187	A Christmas for the Books ('18, Romance)					Nostalgic Christmas ('19, Romance)					Cherished Memories: A Gift to Remember 2				Dashing Through the Snow											
HDMOV	130	Paid Programs					The Caine Mutiny ★★ ('54, Drama)					Das Boot ('81, War) <i>Jürgen Prochnow</i>															
HERIC	293	The District		The District		Maverick		Wanted ... Wanted ...		Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne											
HGTV	112	Fixer to Fabulous		Fixer to Fabulous		100 Day Dream Home		100 Day Dream Home		100 Day Dream Home		100 Day Dream Home		100 Day Dream Home		100 Day Dream Home											
HIST	120	Paid Programs					Amazing	Jeremiah	TBA		TBA		TBA		TBA												
ID	192	The Lake Erie Murders		The Lake Erie Murders		The Lake Erie Murders		Fear Thy Neighbor		Fear Thy Neighbor		Fear Thy Neighbor		Murder in the		Murder in the											
IFC	133	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.										
LAFF	237	Paid Programs					Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court									
LIFE	108	Paid Programs					Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Mentalist										
LMN	109	Paid Programs					Movie					Movie		Movie													
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	French	(40) The French Chef	French	Fixer Upper	Fixer Upper		Fixer Upper													
MGMHD	385	It's My Party ★★ ('96, Drama) <i>Eric Roberts</i>					The Killing ('56, Crime Drama) <i>Sterling Hayden</i>			Lilies of the Field ('63, Comedy-Drama) (7:50)		12 Angry Men ('57, Drama) <i>Henry Fonda</i>															
MOTOR	246	Texas Metal		FantomWorks		Bitchin' Rides		Garage Squad		Iron Resurrection		Fastest Cars-Dirty South		Fastest Cars-Dirty South		Fastest Cars-Dirty South											
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)		Morning Joe (L)		Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)													
NATGEO	197	Port Protection Alaska		Port Protection Alaska		Paid Programs					Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix												
NGWLD	190	Paid Programs					The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol												
OUTD	396	Truth Hunting		Wild Ops		Jim Shockey's		The Flush		Archer's Choice With Ralph & Vicki		Outdoors		Am. Archer		Crush											
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil											
OXYG	127	Dateline		Dateline		Exhumed-Killer		Exhumed-Killer		Accident, Suicide		Accident, Suicide		Accident, Suicide		Accident, Suicide											
PARMT	241	Paid Programs					Bar Rescue					Bar Rescue		Bar Rescue													
POP	117	FBI		Goldbergs		Goldbergs		Ghost Whisperer		Ghost Whisperer		ER		ER		ER											
REELZ	299	Paid Programs					Frank Sinatra		Princess Diana: The Kitty Kelley Files		Tiger Woods & His		Monica Lewinsky: What		Kim Kardashian												
RFDTV	231	Paid Programs					C. Burnett		Midwest Country		Jeremiah		Rural News/AgDay		Market Day Report (L)												
SCI	193	Killers of the Cosmos		Killers of the Cosmos		Universe Works		Universe Works		Unearthed		Unearthed		Strange Evidence		What on Earth?											
SMITH	367	Disasters at Sea		Disasters at Sea		Aerial America		Aerial America		Aerial America		Mighty Cruise Ships		Mighty Cruise Ships		Mighty Cruise Ships											
SONY	386	72 Hours (16) Double Team ('97, Adventure)					(5:54) Band of the Hand ('86, Crime Drama)			(7:48) Unthinkable ('10, Drama)		(36) Two-Fisted Law ('32, Western)		Great Sioux													
SUND-E	358	Columbo	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.											
SYFY	122	Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess											
TBN	260	Christine	Max	Jordan	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen										
TBS	139	Wipeout		Matters		Matters		Matters		George		George		George		George											
TCM	132	Rose Marie ('54, Musical) <i>Ann Blyth</i>		MGM		Godzilla, King of the Monsters! (45) The Last Days of Pompeii ★★ ('35)					Them! ('54, Science Fiction)		The Time Machine														
TLC	183	Darcey & Stacey		Darcey & Stacey		Gypsy Wedding		Gypsy Wedding		Gypsy Wedding		My 600-Lb. Life		My 600-Lb. Life													
TMC-W	329	The Mauritanian ('21, Drama) 'R' (40)					Megalodon Rising ('21) 'NR'			(05) The Skulls III ★★ ('03, Suspense) 'PG-13'		Beat the Devil		The Captive ('14, Suspense) <i>Ryan Reynolds</i> 'R'													
TNT	138	Cold Case <i>Strange Fruit</i>		Charmed <i>Exit Strategy</i>		Charmed		Charmed		Charmed (Part 1 of 2)		Charmed (Part 2 of 2)		Supernatural <i>Hook Man</i>		Supernatural <i>Bugs</i>											
TRU	242	Paid Programs					Ad. Ruins					Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers		Carbonaro		Carbonaro		Carbonaro		Carbonaro	
TRVL	196	Paid Programs					UFO Hunters					Paranormal Survivor		Paranormal Survivor		Paranormal Survivor											
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs					M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		Bonanza								
UP	188	Paid Programs					Heartland					Heartland		Heartland		Highway to Heaven		Highway to Heaven		Little House on Prairie							
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS: Los Angeles		NCIS (Part 1 of 2)		NCIS (Part 2 of 2)		Chicago Fire		Chicago Fire		Chicago Fire											
WE	128	Love After Lockup		Paid Programs					NCIS					NCIS		NCIS											

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)					Local Programs				The View (N)				
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)					Local Programs				The Price Is Right (N)			
CW-E	Local Programs					Local Programs					Local Programs				Local Programs					
FOX-E	Local Programs					Local Programs					Local Programs				Local Programs					
NBC-E	Local Programs					Local Programs					Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	(05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night				
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)							
CBS-W	Corden	Local Prog.	CBS Overnight News (N)					News	News	News	News	CBS Mornings (N)								
CW-W	Local Programs					Local Programs					Local Programs									
FOX-W	Local Programs					Local Programs					Local Programs									
NBC-W	Meyers	News	Top Story With		Early Tdy	Local Programs					Local Programs		Today (N)							
PBS	Hiding in Plain		Antiques Roadshow		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious				

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
PREMIUM MOVIES																		
HBO	HBO-E 310	Runner Runner ('13, Suspense) 'R' (:35) Irma Vep (:35) Old ★★ ('21, Horror) 'PG-13' (:25) The Heartbreak Kid ('07, Comedy) 'R' (:20) Reminiscence ('21) 'PG-13'																
	HBO2 312	TBA			Sam Jay			Magic Mike ★★★ ('12, Comedy-Drama) 'R' (11:55) Irma Vep (12:50) Shiva Baby (1:10) The King's Man ★★ ('21, Action) 'R'										
	HBO3 314	Westworld			The Little Things ★★ ('21, Suspense) 'R'			Sam Jay			(4:10) TBA			(4:40) Annabelle ★★ ('14, Horror) 'R' (:10) Shrink ★★ ('09, Drama) 'R'				
	HBOF 315	All Dogs 2 (23) Jungle Master ('13) 'PG-13' (:9:46) Wicker Park ('04) 'PG-13' (:4:10) In the Heights ('21, Musical) Anthony Ramos 'PG-13' (:0:04) Little Black Book ★★ ('04) 'PG-13'																
MAX	MAX 307	Escape Plan 2: Hades ('18) 'R' (:35) Red Eye ★★★ ('05) 'PG-13' (:02) The Benchwarmers ★ ('06) (:29) Max Payne ★ ('08) 'PG-13' (:10) The Way, Way Back ★★★ ('13) 'PG-13'																
	5MAX 308	Jumper ('08) 'PG-13' Voyagers ★★ ('21, Science Fiction) 'PG-13' (10:49) Cymbeline ('14, Drama) 'R' (:28) 10 Years ★★ ('11) 'PG-13' (:09) Cruising ('80, Crime Drama) Al Pacino 'R'																
	MMAX 309	Street Fighter			Taken 2 ('12, Action) 'PG-13' (:39) American Psycho ★★★ ('00, Horror) 'R' (:21) The Snowman ★ ('17, Suspense) 'R' (:21) Machine Gun Preacher ('11)													
	SHO-E 318	Beverly Hills Cop ('84) The Chi			Last Vegas ('13, Comedy) 'PG-13' (:45) The Chi			Desus			(:15) Striptease ('96, Drama) Demi Moore 'R' (:10) Basic Instinct ('92)							
SHOWTIME	SHO2 320	Pulp Fiction ('94, Crime Drama) John Travolta 'R' (:35) Crank ★★ ('06, Action) 'R' (12:05) Wild Things ★★ ('98, Suspense) 'R' Desus																
	SHOBET 321	Immanent We Hunt (:15) We Hunt Together Man Who Fell Flatbusch						A Haunted House ★★ ('13) 'R' Zola ★★ ('20, Comedy) 'R'						Morris From America ('16) 'R'				
	SHOX 322	Demonic ★★ ('21, Science Fiction) 'R' Boxing 2022: Jermell Charlo vs. Brian Castano 2 (N)												Love, Sex and Lawyers ('21) 'NR' TBA				
	SHOS 323	L Word (:25) XY Chelsea ('19) 'NR' Queer as Folk			Queer/Folk (:40) Queer as Folk			Flatbusch			Spotlights			13 Minutes ('21, Suspense) Amy Smart 'PG-13' Primal				
TMC 327	Monday ('20, Romance) Sebastian Stan 'R' The Nest ('20, Suspense) Jude Law 'R'						Mainstream ('20) Maya Hawke 'R' (:35) Under the Skin ('13, Science Fiction) 'R' Enemy 'R'											
FLIX-E 333	Piranha ★★ ('10, Horror) 'R' Red Dawn ('84, Action) Patrick Swayze 'PG-13' The Crossing Guard ★★ ('95, Drama) 'R'									Assault on Precinct 13 ('76) 'R' Fear of a Black Hat								
STARZ	ENCR-E 340	The Craft: Legacy			Spiral: From the Book of Saw 'R' (:37) The Father ★★ ('20, Drama) 'PG-13' (:17) Monster Hunter ('20) 'PG-13' (:04) Game of Death ★ ('78, Adventure) 'PG'													
	STARZ-E 350	Who Is Ghislaine Max (8:54) Snow White and the Huntsman ('12) (:05) Becoming Elizabeth Who Is Ghislaine Max (:02) Don't Breathe 2 ('21) 'R' (:44) Becoming Elizabeth																
	STRZED 352	Lila & Eve ('15) 'R' The Big Lebowski ★★ ('98, Comedy) 'R' The Intruder ★★ ('19) 'PG-13' (:45) Casino ★★ ('95, Crime Drama) Robert De Niro 'R' (:45) Paul																
	STRZCI 353	The End of the Affair ('99, Drama) 'R' (:9:58) Ma Belle, My Beauty ('21) (:35) The Last Vermeer ('19, Drama) 'R' (:37) The Climb ('19, Comedy-Drama) 'R' Leisure																
	STRZCO 354	The Pink Panther ★★ ('06) 'PG' (:35) The Pink Panther 2 ('09) 'PG' (:10) Can't Hardly Wait ('98, Comedy) 'PG-13' (12:54) The Kid Detective ('20) 'R' (:36) American Reunion ('12) 'R'																
	STRZIB 355	Venom: Carnage P-Valley Demetrius (:07) Men in Black: International ('19) 'PG-13' (12:05) P-Valley									(:12) No Good Deed ★★ ('02, Suspense) 'R' Original Kings							
STRZKF 356	Agent Cody Banks ('03) 'PG' (:44) Big ('88, Children's) Tom Hanks 'PG' Max Winslow and the House									(:09) Grace Unplugged ★ ('13, Drama) 'PG' The Reef 2: High Tide								
EPIX	EPIX 380	White Men Can't Jump ('92, Comedy) Anchorman 2: The Legend Continues ('13) Election ★★ ('99, Comedy) (:45) Sabrina ★★ ('95, Romance-Comedy) Harrison Ford																
	EPIX2 381	The Hunger Games: Catching Fire ('13, Science Fiction) The Hunger Games: Mockingjay, Part 1 ('14) (:35) The Hunger Games: Mockingjay, Part 2 ('15) (:2:55) The Party ('17)																
	EPIXH 382	The Saint ★★ ('97, Action) Val Kilmer Stealth ★★ ('05, Action) Josh Lucas						(:12:05) The Time Machine ('02) (:45) Paycheck ('03, Science Fiction) Ben Affleck Fire in Sky										
	EPIXDR 292	Bugsy ★★ ('91, Biography) Warren Beatty			(:20) The Doors ('91, Biography) Val Kilmer			(:45) Alive ★★ ('93, Docudrama) Ethan Hawke						Not Without				
AMERICA'S TOP PROGRAMMING																		
A&E 118	Bobby Brown			Right to Offend: The Black Comedy Revolution (N)			Bobby Brown			Bobby Brown			Right to Offend: The Black Comedy Revolution			Bobby Brown		
AHC 195	Gangsters' Code			Gangsters' Code			Gangsters' Code			Gangsters' Code			Gangsters' Code			Gangsters' Code		
AMC 131	Moneyball ★★ ('11, Drama) Brad Pitt, Jonah Hill						Draft Day ★★ ('14, Drama) Kevin Costner						Fear the Walking Dead (:42) The Walking Dead Honor					
APL 184	The Zoo: San Diego			The Zoo: San Diego			The Zoo: San Diego			The Zoo: San Diego			The Zoo: San Diego			The Zoo: San Diego		
AXSTV 167	Music's Music's			The Sax Man ('14, Documentary)			The Sax Man ('14, Documentary)			Anderson Paak			De La Soul - Garorock			Legends		
BBCA 135	Zero Dark Thirty ★★ ('12, Drama) Jessica Chastain, Jason Clarke			G.I. Jane ★★ ('97, Drama) Demi Moore, Viggo Mortensen			Zero Dark Thirty ('12, Drama)											
BET 124	Beauty Shop ('05) Celebrity Family Feud			Tyler Perry's Sistas (N)			All the Queen's Men (N)			Tyler Perry's Sistas			All the Queen's Men			Martin Martin Prince Prince		
BOUNCE 359	Movie			Movie			Movie			Movie			Movie			Movie		
BRAVO 129	Real Housewives			Housewives of Dubai			Watch			Housewives-Atlanta			Kandi & The Gang			Love Match Atlanta		
BUZZR 245	Concentrat			Password			Sweep			Card			Match-Squares			Concen. Concen. FamFeud FamFeud		
CIHD 249	Paranormal			Paranormal			Paranormal			Paranormal			Female Forces			Female Forces Bulls-Eye		
CMT 166	Last Man			Last Man			Mom			Mom			Mom			Mom		
CNBC 208	Shark Tank			Shark Tank			Shark Tank			Shark Tank			Shepard Smith			American Greed		
CNN 200	Anderson Cooper 360 (L)			CNN Tonight (L)			Don Lemon Tonight (L)			Don Lemon Tonight (L)			Anderson Cooper 360			CNN Tonight		
COM 107	South Park/South Park			South Park/South Park			South Park/South Park			South Park/South Park			The Daily Show			South Park/South Park		
COMET 289	Buffy, Vampire Slayer			The X-Files Oubliette			The X-Files (Part 1 of 2)			The X-Files (Part 2 of 2)			The X-Files Revelations			Quantum Leap		
COOK 113	Burgers			Burgers			Burgers			Burgers			Food Paradise			Food Paradise		
DISC 182	Expedition Unknown (N)			Expedition Unknown			Expedition Unknown			Expedition Unknown			Expedition Unknown			Expedition Unknown		
DFC 179	Chopped			Chopped			Chopped			Chopped			Chopped			Buddy's Bakery Rescue		
DISN-E 172	Big City			Big City			Big City			Big City			Owl Hse. Amphibia			Big City		
ENCR-W 341	Serpico ★★ ('73, Crime Drama) Al Pacino 'R' (:22) The Craft: Legacy ★★ ('20)			Spiral: From the Book of Saw 'R' (:37) The Father ★★ ('20, Drama) 'PG-13' (:37) Monster														
EWESTN 342	The Mountain Men ★★ ('80) 'R' (:22) A Man Called Sledge ('71) 'R' (10:55) Love Me Tender ('56) 'NR' (:26) Flaming Star ('60) 'NR' (1:59) The Nevadan ('50) 'NR' Ride Lone.																	
EACTN 343	Mr. & Mrs. Smith ★★ ('05, Action) 'PG-13' (:02) S.W.A.T. ★★ ('03, Action) 'PG-13' (12:04) Waterworld ★★ ('95, Science Fiction) 'PG-13' (:22) Kiss of the Dragon ('01) 'R'																	
ESUSP 344	Spy Game ('01) 'R' Haywire ★★ ('11, Action) 'R' (:35) Gangs of New York ('02, Historical Drama) Leonardo DiCaprio 'R' (:24) The Marine 4: Moving Target (:257) Spy Game ('01)																	
EBLACK 345	Hardwired			Motives ('04, Suspense) 'R' National Security ('03) 'PG-13' (:31) Tyler Perry's the Family That Preys ('08) (:25) Black or White ★★ ('14, Drama) 'PG-13' Conan														
ECLASS 346	White House Down ★★ ('13, Action) 'PG-13' Rescue Me Karate			(:12) Damages			(12:12) L.A. Confidential ★★ ('97, Crime Drama) 'R' (:32) Urban Cowboy ('80) 'PG'											
EFAMILY 347	Brightheart: Firefly Action (:28) A Brilliant Young Mind ('14) 'PG-13' (:21) On the Line ★★ ('01) 'PG' (12:48) Flicka 2 ('10) 'PG' (:25) Aquamarine ('06) 'PG'																	
ESPN 140	37 Words Part 2			37 Words Part 3			37 Words Part 4			SportsCenter			SportsCenter (L)			SportsCenter (L)		
ESPN2 143	WLWC			ESPN Films			NFL Live			37 Words Part 3			37 Words Part 4			Around		
EWTN 261	EWTN Live (N)			News			Rosary			Fr. Spitzer's Universe			Crossing			Women of		
FETV 82	Perry Mason			Perry Mason			Emergency!			Emergency!			B. Miller			B. Miller		
FMC 387	Movie			Movie			Movie			Movie			Movie			Movie		
FNC 205	Tucker Carlson Tonight (L)			Hannity (L)			The Ingraham Angle (L)			Gutfeld! (N)			Fox News at Night			Tucker Carlson Tonight		
FOOD 110	Guy's Grocery Games			Guy's Grocery Games			Guy's Grocery Games			Guy's Grocery Games			Guy's Grocery Games			Guy's Grocery Games		
FREFM 180	The Office			The Office			The Office			The Office			The Office			The Office		
F51 150	USFL			USFL			USFL			USFL			USFL			USFL		

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Horrible Bosses ('11, Comedy) <i>Jason Bateman</i>				Horrible Bosses ('11, Comedy) <i>Jason Bateman</i>				Logan ★★★ ('17, Action) <i>Hugh Jackman, Patrick Stewart</i>				American Horror Story							
FXM	384	X-Men: Dark Phoenix ('19, Action) 'PG-13'				X-Men: Dark Phoenix ★★★ ('19, Action) 'PG-13'				Us ('19, Horror) <i>Lupita Nyong'o 'R</i>				FXM Pres. The Fury ('78) 'R'							
FXM	125	Family Guy Family Guy Family Guy Family Guy				Family Guy Family Guy Burgers Burgers				Burgers Burgers Futurama Futurama				Futurama Futurama Archer Archer							
GETTV	373	The Rockford Files				Charlie's Angels				Hart to Hart				All/Family All/Family Sanford Sanford							
GMSHW	116	America		America		FamFeud		FamFeud		FamFeud		FamFeud		FamFeud		America America		Ma. Minds Common		Winsanity Divided	
GOLF	401	Golf's Greatest Rounds <i>The Open - 1984</i>				Golf Central				Golf's Greatest Rounds <i>The Open - 1984</i>				Golf Central							
GRIT	217	Posse From Hell ('61, Western) <i>Audie Murphy</i>				Hell Bent for Leather ★★★ ('60, Western)				Trooper Hook ★★ ('57, Western) <i>Joel McCrea</i>				Man or Gun ('58, Western) <i>Macdonald Carey</i>							
HALL	185	A Summer Romance ('19, Romance)				Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier		Frasier		Frasier	
HALLDR	186	Little House on Prairie				Little House on Prairie				The Waltons				The Waltons							
HALLMV	187	The Christmas Doctor ('20, Drama)				Our Christmas Journey ('21, Romance)				The Christmas Bow ('20, Drama)				A Homecoming for the Holidays ('19)							
HDMOV	130	Force 10 Nav		(8:55) The Eagle Has Landed ('76, War) <i>Michael Caine</i>		(20) Force 10 From Navarone ('78, War)		(35) The Eagle Has Landed ('76, War) <i>Michael Caine</i>													
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House		House					
HGTV	112	Property Brothers		This House		Hunters		Hunt Intl		Hunters		Hunt Intl		Hunters		Hunt Intl		Property Brothers			
HIST	120	Forged in Fire		Forged in Fire (N)		(03) Forged in Fire		(03) Forged in Fire		(12:03) Forged in Fire		(03) Forged in Fire		(04) Forged in Fire		(03) Forged in Fire					
ID	192	See No Evil		See No Evil (N)		See No Evil (N)		See No Evil		See No Evil		See No Evil		See No Evil		See No Evil					
IFC	133	Raymond		Raymond		Raymond		Raymond		Raymond		Raymond		3's Comp.		3's Comp.		3's Comp.			
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		How I Met		How I Met		Bernie Mac		Bernie Mac		Bernie Mac			
LIFE	108	TBA				(03) TBA				(12:01) TBA				(04) TBA							
LMN	109	Movie				Movie				(12:01) Movie				Movie							
MAGN	111	The Established Home		Fixer Upper: Welcome		Fixer Upper		Fixer Upper		Fixer Upper: Welcome		Fixer Upper		Fixer Upper		The Established Home					
MGMHD	385	Ronin ★★★ ('98, Action) <i>Robert De Niro, Jean Reno</i>				Flawless ★★★ ('99, Comedy) <i>Robert De Niro</i>				The Dogs of War ★★★ ('80, Action) <i>Christopher Walken</i>				Pumpkin							
MOTOR	246	Texas Metal		Texas Metal (N)		Graveyard Carz (N)		Graveyard Carz (N)		Texas Metal		Graveyard Carz		Graveyard Carz		Texas Metal					
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		All In With Chris Hayes					
NATGEO	197	To Catch a Smuggler		To Catch a Smuggler		To Catch a Smuggler		To Catch a Smuggler		To Catch a Smuggler		To Catch a Smuggler		Smuggler		Smuggler		Drugs, Inc.: The Fix			
NGWLD	190	Life Below Ze		Life Below		Life Below		Life Below		Life Below		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs					
OUTD	396	The Gunfather				Hollywood Weapons				The Gunfather											
OWN	189	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It					
OXYG	127	Dateline: Secrets		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Dateline					
PARMT	241	Movie				Movie				Movie											
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		FBI		FBI					
REELZ	299	Mobsters		Mobsters <i>The Westies</i>		Mobsters <i>Frank Nitti</i>		Mobsters		Mobsters		Mobsters <i>The Westies</i>		Mobsters <i>Frank Nitti</i>		Paid Programs					
RFDTV	231	Hayden		Saddle Up		Where		Cowboy		Horse-West		Equestrian		Roping		Rural News					
SCI	193	What on Earth?		What on Earth? (N)		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?					
SMITH	367	New Zealand		Into the Wild Tibet		Into the Wild India		Space Heroes		New Zealand		Mighty Cruise Ships		Air Disasters		Air Disasters					
SONY	386	One-Eyed Jacks ★★★ ('61, Western) <i>Marlon Brando</i>				7th Cavalry ('56, Western)				(12:11) One-Eyed Jacks ('61, Western) <i>Marlon Brando</i>				(40) 7th Cavalry ('56, Western)							
SUND-E	358	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Perry Mason		Perry Mason		Perry Mason					
SYFY	122	Tomb Raider ★★★ ('18, Adventure) <i>Alicia Vikander</i>				Spider-Man ★★★ ('02, Action) <i>Tobey Maguire</i>				(05) Spider-Man 2 ★★★ ('04, Action) <i>Tobey Maguire, Kirsten Dunst</i>											
TBN	260	David		Gaither		Praise		Gospel		Centerpoint		S. Furtick		Business		Prince		Max			
TBS	139	All Elite Wrestling: Dynamite (L)				Wipeout				Sheldon		Sheldon		Sheldon		Sheldon		George			
TCM	132	Murder by Death ('76, Comedy) <i>Peter Falk</i>				Spaceballs ★★★ ('87, Comedy) <i>Mel Brooks</i>				Support Your Local Sheriff! ('69) (45) The Silencers ★★★ ('66, Action) <i>Dean Martin</i>											
TLC	183	Dr. Pimple Popper		My Feet Are Killing Me (N)		Save My Skin		Body Parts		Dr. Pimple Popper		Dr. Pimple Popper		Body Parts		Body Parts					
TMC-W	329	A Ghost Story ('17) 'R'		(15) Love Story ★★★ ('70, Romance) 'PG'		Monday ('20, Romance) <i>Sebastian Stan 'R'</i>				The Nest ('20, Suspense) <i>Jude Law 'R'</i>				Mainstream ('20) 'R'							
TNT	138	Aquaman ★★★ ('18, Action) <i>Jason Momoa, Amber Heard</i>				Wonder Woman ★★★ ('17, Action) <i>Gal Gadot, Chris Pine</i>				NCIS: New Orleans				NCIS: New Orleans							
TRU	242	Jokes		Jokes		Jokes		Jokes		Movie		Movie		Knockout		Knockout					
TRVL	196	Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.					
TVLN	106	Raymond		Raymond		Raymond		Raymond		King		King		King		King					
UP	188	Reba		Reba		Reba		Reba		Reba		Reba		Gilmore Girls		Gilmore Girls					
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU					
WE	128	NCIS		NCIS		NCIS		NCIS		NCIS		Law Order: CI		Law Order: CI		Monk					

LOCAL NETWORKS

ABC-E	Conners		Goldbergs		Abbott		Home E.		Press Your Luck		Local Prog.		(35) Jimmy Kimmel Live!		Nightline (N)		Local Programs		ABC World News Now (N)			
CBS-E	TBA				Good Sam				Local Prog.				Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)			
CW-E	The Flash (N)				Wellington				Wellington				Local Programs									
FOX-E	MasterChef (N)				So You Think				Local Programs													
NBC-E	Chicago Med				Chicago Fire				Chicago P.D.				Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With	
METV	247*	Andy G.		Andy G.		G. Pyle		Green Acre		Heroes		Heroes		C. Burnett		Perry Mason		Twi. Zone		Hitchcock		
ABC-W	Local Programs				News		Local Programs		Conners		Goldbergs		Abbott		Home E.		Press Your Luck		Local Prog.		(35) Jimmy Kimmel Live!	
CBS-W	Local Programs				News		Local Programs		TBA				TBA		Good Sam		Local Prog.		Late Show-Colbert		Corden	
CW-W	Local Programs				The Flash (N)				Wellington				Wellington				Local Programs					
FOX-W	Local Programs				MasterChef (N)				So You Think				Local Programs									
NBC-W	Local Prog.		News		Local Programs				Chicago Med		Chicago Fire		Chicago P.D.		Local Prog.		Tonight Show-J. Fallon		Meyers			
PBS	Nature				NOVA				Planet California (N)		Amanpour-Co		Nature		NOVA		Planet California		Hiding in Plain			

	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	
PREMIUM MOVIES																	
HBO-E	310	◀Reminisc	(20) What Happens in Vegas (08)	◀An American Haunting (05)	(25) The Spirit (08, Action)	'PG-13'	(10) Golden Arm (20)	'NR'	(45) Limitless ★★	(11)	'PG-13'						
HBO2	312	◀King Man	(25) 12 Rounds ★ (09)	'PG-13'	(15) Collide (16, Action)	Nicholas Hoult 'PG-13'	(7:55) Evolution ★★	(01)	'PG-13'	(40) Leap Year (10, Romance-Comedy)	'PG'	Mummy					
HBO5	314	(05) Defending Your Life (91, Comedy)	'PG'	2:22 (17, Suspense)	'PG-13'	(40) F9 The Fast Saga (21, Action)	Vin Diesel 'PG-13'	(05) Magic Mike XXL (15, Comedy-Drama)	'R'								
HBOF	315	◀What to Expect When	Mass Ave	K'garten	Happily	Curious	(41) Alvin and the Chipmunks	(13)	Mr. Magorium's Wonder Emporium (07)	(10:48)	Nanny McPhee						
MAX	307	◀Miss March (09)	Zach Cregger 'R'	(26) Enough Said (13)	'PG-13'	Deerskin (19, Comedy)	'NR'	(18) Larry Crowne (11)	'PG-13'	(9:58) The Truman Show (98)	'PG'	Life of Pi					
5MAX	308	◀Deep Impact ★★	(98, Drama)	'PG-13'	(10) Nothing but Trouble (91)	(44) The X-Files ★★	(98, Science Fiction)	'PG-13'	The Benchwarmers (12)	The Prince (14)							
MMAX	309	◀Machine	Disturbia (07, Suspense)	'PG-13'	(15) Best in Show (00, Comedy)	'PG-13'	(7:46) My Big Fat Greek Wedding (22)	Welcome to Mooseport (04)	Something Borrowed								
SHO-E	318	◀Basic Instinct (92, Suspense)	'R'	Beverly Hills Cop (84, Comedy)	'R'	(15) Beverly Hills Cop II (87, Comedy)	'R'	Whiplash (14, Drama)	'R'	(45) Out of Africa (85)	'PG'						
SHO2	320	◀Yanks (79)	'R'	(4:50) The End of the Tour (15)	'R'	(40) Shakespeare in Love ★★	(98)	'R'	(45) Florence Foster Jenkins (16)	'PG-13'	(40) The Bling Ring (13)	'R'					
SHOBET	321	August the First (07, Drama)	'NR'	Kobe Bryant's Muse	Hendrix &	(40) Beneath a Sea of Lights (20)	(15) The Captive ★★	(14, Suspense)	'R'	A Most Violent Year							
SHOX	322	◀TBA	Broadcast Signal Intrusion (21)	(15) Hands Up (21)	'NR'	(35) Snipes (01, Suspense)	Sam Jones III 'R'	Volition (19, Science Fiction)	'NR'	(05) The Tuxedo (02)							
SHOS	323	◀Primal Fear (96, Crime Drama)	'R'	(35) Mandela: Long Walk to Freedom (13)	'PG-13'	Spotlight (15, Drama)	Mark Ruffalo 'R'	(10) The Cider House Rules (99)	'PG-13'								
TMC	327	◀Enemy (13)	'R'	Me, Sugar	A Ghost Story (17, Drama)	'R'	(05) Clue (85, Mystery)	Eileen Brennan 'PG'	Mother (96, Comedy)	'PG-13'	(45) Run This Town (19)	'R'					
FLIX-E	333	◀Fear-Hat	(35) The Gong Show Movie (80)	(05) The Andromeda Strain (71, Science Fiction)	'G'	Get Over It ★★	(01)	'PG-13'	Monsoon Wedding (01, Comedy-Drama)	'R'							
ENCR-E	340	◀He Said, She Said (91)	'PG-13'	(44) Spider-Man: Homecoming (17, Action)	'PG-13'	Monster Hunter ★★	(20, Fantasy)	'PG-13'	(9:48) The Gunman (15, Action)	Sean Penn 'R'							
STARZ-E	350	◀I Saw the Light ★★	(15, Biography)	'R'	(5:53) American Pie (99)	'R'	(32) Ghostbusters: Afterlife (21)	'PG-13'	(39) Inferno (16, Crime Drama)	Tom Hanks 'PG-13'	Becoming						
STRZED	352	◀Paul (11, Comedy)	Simon Pegg 'R'	12 Mighty Orphans (21)	Luke Wilson 'PG-13'	(29) The Perfect Score (04)	'PG-13'	(03) Destroyer ★★	(18, Suspense)	'R'	(06) Laurel Canyon 'R'						
STRZCI	353	◀The Leisure Seeker 'R'	(11) Long Weekend ★★	(21, Romance)	'R'	(6:46) Bad Education (04)	'R'	(34) The White Crow (18, Biography)	'R'	(43) Mansfield Park (99)	'PG-13'						
STRZCO	354	◀American (31)	For Love or Money (93)	'PG'	(07) McHale's Navy ★★	(97, Comedy)	'PG'	(7:58) Major Payne (95)	'PG-13'	(37) Stay Cool (09)	'PG-13'	American Reunion 'R'					
STRZIB	355	◀Original Kings	(4:50) The Last Shift (20)	'R'	(23) Men in Black: International (19)	'PG-13'	(20) Scary Movie 3 (03)	'PG-13'	(9:47) Two Can Play That Game (21)	Pride							
STRZKF	356	(15) Kidco (84, Comedy)	Scott Schwartz 'PG'	Cinderella (15, Children's)	Cate Blanchett 'PG'	Charmers (38)	Dragon Ball Super: Broly (18, Action)	'PG'	Cowgirls 'N Angels 2: Dakota								
EPIX	380	◀Sex Life	Sets	(25) Finding Your Feet (17, Comedy-Drama)	Search-Great	(40) Lucky Day (19, Suspense)	Luke Bracey	(25) White Men Can't Jump (92)									
EPIX2	381	(10) The Warrior Queen of Jhansi (19)	(5:55) McLintock: Producer's Cut (63, Western)	(05) The Hunger Games ★★	(12, Science Fiction)	Hunger Games: Catching Fire											
EPIXH	382	◀Fire in the Sky ★★	(93, Drama)	(35) Danica	(45) The Indian in the Cupboard (95, Fantasy)	(25) Black Sunday ★★	(77, Suspense)	Robert Shaw (10:50)	The Saint (97)								
EPIXDR	292	◀Not Without	(4:55) Punk (Part 1 of 4)	(5:55) The Shootist (76, Western)	(35) Lifeguard ★★	(76, Drama)	(15) Bugsy ★★	(91, Biography)	Warren Beatty	The Doors							
AMERICA'S TOP PROGRAMMING																	
A&E	118	Paid Programs		Prince	Paid Prog.	Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	TBA	TBA			
AHC	195	Project Nazi		Project Nazi	Hitler	Hitler	Hitler	Chasing Conspiracies	Codes and Conspiracies	Codes and Conspiracies							
AMC	131	(04) The Walking Dead		Stooges	Stooges	Paid Programs	Stooges	Summer Rental (85, Comedy)	John Candy	League							
APL	184	I Was Prey		I Was Prey	Too Cute!	My Cat From Hell	The Crocodile Hunter	Secret Life-Zoo	The Zoo	Treehouse Masters							
AXSTV	167	Paid Programs		The Big Interview	The Big Interview	The Big Interview	Legends	Artists Den									
BBCA	135	◀Zero Dark Thirty (12, Drama)		Jessica Chastain	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next							
BET	124	Browns	Browns	Browns	Browns	Browns	Payne	Payne	Martin	Martin	Martin	Martin	black-ish	black-ish	Live Single	Live Single	
BOUNCE	359	Scandal		The Real	Wendy Williams Show	Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	Court	Court	Paternity	Paternity			
BRAVO	129	Kelly Clarkson		Paid Programs	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives					
BUZZR	245	Match	Match	Match	Match	Paid Programs	J. Prince	Tell Truth	My Line?	Sale of	Sweep	Body Lang.	Blockbust	Match-Squares			
CIHD	249	Paranormal	Paranormal	Paranormal	Paranormal	Paid Programs	American Justice	American Justice	Nightwatch	Nightwatch							
CMT	166	CMT Music		CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne			
CNBC	208	Shepard Smith		Worldwide Exchange (L)	Squawk Box (L)	Squawk on the Street (L)	TechCheck (L)										
CNN	200	CNN Newsroom Live (L)		Early Start w/Romans	New Day With	New Day With	New Day With	New Day With	CNN Newsroom	CNN Newsroom	CNN Newsroom	At This Hour-Kate					
COM	107	South Park/South Park		Paid Programs	Cleveland	Cleveland	Cleveland	Cleveland	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park					
COMET	289	Paid Programs		Gate II ★★	(92, Horror)	Louis Tripp	Buried Alive (90)										
COOK	113	Paid Programs		Beach Bites	Beach Bites	Yum-Yum	Yum-Yum	Food Paradise	Food Paradise	Food Paradise							
DISC	182	Diesel Brothers		Diesel Brothers	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.						
DFC	179	BathCrash	BathCrash	Gl Joe	Gl Joe	Monsters	Monsters	Pac-Man	Transform.	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony	Monsters	Monsters
DISN-E	172	Austin	Bunk'd	Bunk'd	Big City Greens	Ladybug	Ladybug	Ladybug	Ladybug								
ENCR-W	341	◀Monster Hunter (20)	(04) Game of Death ★	(78, Adventure)	'PG'	(6:46) He Said, She Said (91)	(44) Spider-Man: Homecoming (17, Action)	'PG-13'	Monster Hunter (20)								
EWESTN	342	◀Ride Lone	(35) Night Passage (57)	'NR'	(06) Broken Arrow (50)	'NR'	(40) Banjo Hackett ★★	(76, Western)	'NR'	(18) Cat Ballou (65, Western)	'NR'	(10:55) Night Passage					
EACTN	343	(03) Captain Phillips (13, Docudrama)	Tom Hanks 'PG-13'	(20) Bulletproof Monk (03)	'PG-13'	(06) Waterworld (95, Science Fiction)	Kevin Costner 'PG-13'	(22) Ghost Rider (07)	'PG-13'								
ESUSP	344	◀Spy Game (01)	'R'	(06) Twelve Monkeys (95, Mystery)	Bruce Willis 'R'	(18) Mercury Rising ★★	(98)	'R'	(12) Vice ★★	(15, Action)	Bruce Willis 'R'	My Bloody Valentine					
EBLACK	345	◀Conan the Barbarian (82)	'R'	(38) Honey 2 ★★	(11, Drama)	'PG-13'	(31) The Equalizer 2 ★★	(18, Action)	'R'	(35) Misbehaviour (20, Comedy-Drama)	'NR'	Motives 2					
ECLASS	346	◀Urban Cowboy (80)	(4:49) Funny Farm (88)	'PG'	(33) The Money Pit (86)	'PG'	(07) Only the Lonely (91)	John Candy 'PG-13'	(9:55) L.A. Confidential (97, Crime Drama)	'R'							
EFAMILY	347	◀Far From Home: Yellow Dog	Pit Pony	(20) H Is for Happiness (19)	'NR'	The Clockwork Girl (14)	'NR'	(26) Little Boy ★★	(15)	'PG-13'	(14) The Last Unicorn						
ESPN	140	SportsCenter		SportsCenter	2022 Wimbledon Championships (L)												
ESPN2	143	37 Words Part 3		37 Words Part 4	Keyshawn, JWill and Max (L)	Get Up	First Take										
EWTN	261	At Home	Matthew's	Living Right	Aquinas	Saints	St. Michael	Rosary	Daily Mass (L)	Holy	EWTN Live	Catholic	The Church	Sacraments			
FETV	82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver	
FMC	387	◀Movie	Movie	Movie	Movie												
FNC	205	FOX & Friends First (L)		FOX & Friends First (L)	FOX & Friends (L)	America's Newsroom (L)	The Faulkner Focus (L)										
FOOD	110	Ben & Jerry's Clash		Paid Programs	Restaurant: Impossible	Chopped	Chopped	Supermarket Stakeout									
FREFM	180	Paid Programs		black-ish	black-ish	black-ish	black-ish	The 700 Club	700 Club	The Middle	The Middle	The Middle					
F51	150	◀Drag Racing		Skip and Shannon: Undisputed	First Things First (L)	Skip and Shannon: Undisputed (L)											

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Mom	Mom	Paid Programs				Mom	Mom	Mom	Mom	BlackKkklansman ('18, Comedy-Drama) <i>John David Washington</i>						
FXM	384	¶The Fury ('78) 'R'	Champagne Charlie		Sodom and Gomorrah ★★★ ('63, Historical Drama) 'NR'				Cleopatra ★★★ ('63, Historical Drama) <i>Elizabeth Taylor, Richard Burton</i> 'G'									
FX	125	Paid Programs																
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries			Little ★★ ('19, Comedy) <i>Regina Hall, Issa Rae</i>		How to Train Your Dragon: Hidden World (Cleveland)							
GMSHW	116	Paid Programs							Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America
GOLF	401	Paid Programs			Golf Central		Golf Central		Golf Central		♀ DP World Tour Golf <i>Horizon Irish Open, First Round</i> (L)							
GRIT	217	Paid Programs				Laramie <i>The Betrayers</i>			Laramie		Ride a Crooked Trail ★★★ ('58, Western)		The Indian Fighter ('55, Western) <i>Kirk Douglas</i>					
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
HALLDR	186	Medicine Woman	Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Confession</i>		Matlock <i>Dead Air</i>		Matlock <i>The Getaway</i>			
HALLMV	187	Christmas in Montana ('19, Drama)			A Veteran's Christmas ('18, Romance)				Christmas Bells Are Ringing ('18, Romance)		Christmas Under the Stars ('19, Romance)							
HDMOV	130	Paid Programs							Hangman's Knot ('52, Western)		TransMilitary ('18, Documentary)			Celluloid				
HERIC	293	The District		The District		Maverick		Wanted ... Wanted ...		Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne		
HGTV	112	Property Brothers		Property Brothers		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses		Good Bones		
HIST	120	Paid Programs				Amazing	Jeremiah	TBA		TBA		TBA		TBA		TBA		
ID	192	In Pursuit-J. Walsh		In Pursuit-J. Walsh		In Pursuit-J. Walsh		Crime Scene		Crime Scene		Crime Scene		48 Hours on ID		48 Hours on ID		
IFC	133	3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.		
LAFF	237	Paid Programs				Videos	Funnest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court	
LIFE	108	Paid Programs				Creflo	Robison	Joyce M.	TBA		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Mentalist	
LMN	109	Paid Programs				Movie				Movie								
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	French	(40) <i>The French Chef</i>	French	Stone	Stone	Stone	Stone	Zimmer	Zimmer		
MGMHD	385	¶Pumpkinhead ('88, Horror)		MGM		Studio	MGM HD Showcase		(25) How to Murder Your Wife ('65, Comedy) <i>Jack Lemmon</i>	(955) Born Romantic ('00, Romance-Comedy)								
MOTOR	246	Texas Metal		FantomWorks		Bitchin' Rides		Garage Squad		Iron Resurrection		Roadkill		Roadkill	Roadkill	Roadkill		
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)						Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)		
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs				Port Protection Alaska		Port Protection Alaska		Port Protection Alaska				
NGWLD	190	Paid Programs				The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol				
OUTD	396	Hollywood Weapons				Wild Ops		Realtree Outdoors		American Archer		Hunt Masters						
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		
OXYG	127	Dateline		Dateline		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		
PARMT	241	Paid Programs				Bar Rescue				Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	FBI		Goldbergs		Goldbergs		Ghost Whisperer		Ghost Whisperer		ER		ER		ER		
REELZ	299	Paid Programs				US Weekly		US Weekly		US Weekly		Murder in the Family		Murder in the Family		Murder in the Family		
RFDTV	231	Paid Programs				Daniel O'Donnell Show		Merlin Ge. Jeremiah		Rural News/AgDay		Market Day Report (L)						
SCI	193	What on Earth?		What on Earth?		Universe Works		Universe Works		Unearthed		Unearthed		Strange Evidence		What on Earth?		
SMITH	367	Air Disasters		Air Disasters		<i>Speed Trap</i>		Aerial America		Aerial America		America's Hidden		America's Hidden		America's Hidden		
SONY	386	(04) Conquest of Cochise ('53)		(23) Cowboy Up ('00, Drama)		(14) Breakout ('13, Suspense) <i>Brendan Fraser</i>				(15) Against All Odds ('84, Crime Drama) <i>Rachel Ward</i>		Suspect						
SUND-E	358	Perry Mason		Perry Mason		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.		
SYFY	122	Paid Programs				Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		
TBN	260	Israel	Jordan Rubín		S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen	
TBS	139	Wipeout		Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	
TCM	132	Image Makers: The Adventures of				Desperate ('47, Crime Drama)		Border Incident ('50, Crime Drama)		(15) The Black Book ★★ ('49, Adventure)		Devil's Doorway ('50)						
TLC	183	Sister Wives				Invasion: Lights		Gypsy Wedding		Gypsy Wedding		My 600-Lb. Life		My 600-Lb. Life				
TMC-W	329	¶Main		(35) Under the Skin ('13, Science Fiction) 'R'		Enemy ★★ ('13, Suspense) 'R'		Me, Sugar		A Ghost Story ('17, Drama) 'R'		(05) Clue ('85, Mystery) <i>Eileen Brennan</i> 'PG'						
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed <i>Size Matters</i>		Charmed		Supernatural <i>Route 666</i>		Supernatural <i>Nightmare</i>		
TRU	242	Paid Programs				Ad. Ruins				Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers		
TRVL	196	Paid Programs				UFO Hunters				UFO Hunters		Most Terrifying Places		Most Terrifying Places		Most Terrifying Places		
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs				M*A*S*H		M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		
UP	188	Paid Programs				Heartland		Heartland		Heartland		Highway to Heaven		Highway to Heaven		Little House on Prairie		
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS: Los Angeles		NCIS <i>Extreme Prejudice</i>		NCIS <i>Recovery</i>		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
WE	128	Mama June- Not to Hot		Paid Programs								Marriage- Reality Stars		Law Order: CI				

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)			
CBS-E	¶CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right (N)		
CW-E	Local Programs				Local Programs													
FOX-E	Local Programs				Local Programs								Local Programs					
NBC-E	Local Programs				Local Programs				Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	(05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night		
ABC-W	Local Programs				ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)			
CBS-W	¶Corden	Local Prog.		CBS Overnight News (N)				News		News	News	News	News	CBS Mornings (N)				
CW-W	Local Programs				Local Programs								Local Programs					
FOX-W	Local Programs				Local Programs								Local Programs					
NBC-W	¶Meyers	News	Top Story With		Early Tdy	Local Programs				Local Programs				Today (N)				
PBS	¶Hiding in Plain		Finding Your Roots		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL		11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN		10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC		9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30
PREMIUM MOVIES																	
HBO	HBO-E 310	◀Limitless	REAL Sports	Point Break ★★ ('15, Action) 'PG-13'				Sam Jay	TBA	The Matrix Resurrections ★★★ ('21, Science Fiction) 'R'							
	HBO2 312	◀The Mummy ★★★ ('99) 'PG-13'	Admission ('13, Comedy-Drama) 'PG-13'	(20) The Eyes of Tammy Faye ('21) 'PG-13'				REAL Sports	Ouji ★★ ('14, Horror) 'PG-13'								
	HBO3 314	(05) The Fast and the Furious: Tokyo Drift ('15) 'PG-13'	Halloween Kills ('21) 'R'	(40) The Hitman's Wife's Bodyguard ('21) 'R'				(20) Ride Along ★★ ('14) 'PG-13'	Irma Veer 'The Poisoner (N)								
	HBOF 315	◀Nanny ('27) All Dogs Go to Heaven ('89)	Thor: Tales of Asgard ('09)	Chitty Chitty Bang Bang ('68, Children's) 'G'	(32) Walking With Dinosaurs 3D				Godzilla vs. Kong								
MAX	MAX 307	◀Life of Pi ('12, Adventure) Suraj Sharma 'PG'	(1:52) The Core ★★ ('03, Action) 'PG-13'	(08) Street Kings ★★ ('08, Crime Drama) 'R'				(5:57) Deep Impact ★★ ('98, Drama) 'PG-13'									
	5MAX 308	◀The Prince of Popstar: Never Stop	Cheech & Chong's Up in Smoke	Borat: Cultural Learnings				(4:59) Jackie Brown ('97, Crime Drama) Pam Grier 'R'	Red Eye								
	MMAX 309	◀Something Borrowed ('06) News of the World ('20, Western) 'PG-13'	(05) Promising Young Woman ('20) 'R'	(4:59) Vanilla Sky ('01, Suspense) Tom Cruise 'R'				(15) Cop Land ('97) 'R'									
	SHO-E 318	◀Out of Africa ('85, Romance) 'PG'	C'mon C'mon ('21, Drama) Joaquin Phoenix 'R'	American Insurrection ('21, Action) 'R'				Side Effects ★★★ ('13, Drama) Jude Law 'R'	Stillwater								
SHOWTIME	SHO2 320	Pete Lee: Tall, Dark	(15) Hereditary ★★★ ('18, Horror) Toni Collette 'R'	Shutter Island ('10, Suspense) Leonardo DiCaprio 'R'				Cape Fear ('91, Suspense) Robert De Niro 'R'									
	SHOBET 321	◀A Most Violent Year ('14) 'R'	Black Famous	(20) Drop Zone ('94, Action) 'R'				(05) The Challenger ('15) 'PG-13'	(40) Finding Forrester ('00, Drama) Sean Connery 'PG-13'								
	SHOX 322	◀Tuxedo ('45) Swingers ('96, Comedy) Jon Favreau 'R'	Beyond the Law ('19, Action) 'NR'	Double Impact ★★ ('91, Action) 'R'				(5:50) Mission: Impossible III ('06) 'PG-13'									
	SHOS 323	◀Norman: Moderate Rise and Tragic Fall	(15) Lamb ('21, Horror) Noomi Rapace 'R'	(05) The L Word				The L Word Lactose Intolerant	(6:55) The L Word								
	TMC 327	◀Run Town Holler ('20, Drama) 'R'	(05) Another 48 HRS. ('90) 'R'	(45) Small City ('21, Suspense) 'NR'				Passenger 57 ('92, Action) 'R'	Daddy Day Camp ★ ('07) 'PG'								
	FLIX-E 333	◀Sophie's Choice ★★★ ('82, Drama) Meryl Streep 'R'	A Room With a View ('86, Drama) 'NR'	Run Lola Run ('98, Suspense) 'R'				Let the Right One In ('08, Horror) 'R'									
	ENCR-E 340	◀Little Fockers ★★ ('10) 'PG-13'	(28) 28 Days ★★ ('00) 'PG-13'	(15) Spider-Man: Homecoming ('17, Action) 'PG-13'				(32) Monster Hunter ('20, Fantasy) 'PG-13'	Littl Fock								
STARZ	STARZ-E 350	◀Becoming Elizabeth (12:46) Here Today ('21) Billy Crystal 'PG-13'	Who Is (40) The Unholy ★★ ('21, Horror) 'PG-13'	(23) Liar Liar ('97, Comedy) 'PG-13'				Ghostbusters									
	STRZED 352	◀Laurel Canyon ('02) (12:51) 12 Mighty Orphans ('21) 'PG-13'	(2:51) After Earth ('13) 'PG-13'	(33) Paul ★★ ('11, Comedy) Simon Pegg 'R'				(19) Held Up ('00, Comedy) 'PG-13'									
	STRZCI 353	◀Mansfield ('37) Long Weekend ('21) 'R'	(11) Foxtrot ('17, Drama) Lior Ashkenazi 'R'	(06) The Last Vermeer ('19, Drama) 'R'				(06) Becoming Elizabeth	(06) Mansfield Park								
	STRZCO 354	◀American Reunion 'R' ('07) French Exit ('20, Comedy-Drama) 'R'	(02) My Best Friend's Girl ('08) 'R'	(45) The Beverly Hillbillies ('93, Children's) 'PG'				(21) Major Payne ('95) 'PG-13'									
	STRZIB 355	◀Pride ('07) 'PG'	(13) This Is the End ★★★ ('13, Comedy) 'R'	(32) About Last Night ('14) 'R'				(15) Stomp the Yard ('07, Drama) 'PG-13'									
	STRZKF 356	◀The Reef 2: High Tide ('15) Grace Unplugged ★★ ('13, Drama) 'PG'	(2:59) Kidco ('84, Comedy) 'PG'	(45) Cowgirls 'N Angels 2: Dakota's Summer				(17) Dragon Ball Super: Broly ('18)									
EPIX	EPIX 380	◀White M. ('25) Anchorman 2: The Legend Continues ('25) The Conversation ('74, Suspense)	(20) Dead Again ('91, Mystery)	(10) Flag Day ★★ ('21, Drama) Dylan Penn				Galaxy Quest ('99, Comedy) Tim Allen									
	EPIX2 381	◀Catching Fire	Monster Trucks ('16, Adventure) (45) Charlotte's Web ★★ ('06, Children's)	(25) Hardball ★★ ('01, Drama)	(15) Galaxy Quest ('99, Comedy) Tim Allen												
	EPIXH 382	◀The Saint ('97, Action) (12:50) Stealth ★★ ('05, Action) Josh Lucas	(2:55) The Time Machine ('02)	(35) Red Dawn ★★ ('12, Action)	(10) Hamburger Hill ('87, War) Anthony Barile												
	EPIXDR 292	◀The Doors ★★★ ('91, Biography) Val Kilmer	Alive ★★ ('93, Docudrama) Ethan Hawke	(10) The Gift ('00, Suspense) Cate Blanchett				(05) The Haunting ('99, Horror) Liam Neeson									
AMERICA'S TOP PROGRAMMING																	
A&E 118	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA
AHC 195	Ancient Assassins	Ancient Assassins	Ancient Assassins	Ancient Assassins	Ancient Assassins	Project Nazi	Project Nazi	America's Civil War	America's Civil War								
AMC 131	◀A League of Their Own ('92, Comedy-Drama) Tom Hanks	Draft Day ★★ ('14, Drama) Kevin Costner	Moneyball ★★★ ('11, Drama) Brad Pitt, Jonah Hill														
APL 184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch								
AXSTV 167	◀Artists Den	Mötley Crüe - The End	Mötley Crüe's final concert.	IMPACT Wrestling (N)				IMPACT in 60 (N)									
BBCA 135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Robin Hood: Prince of Thieves ('91, Adventure)							
BET 124	Live Single	Live Single	Prince	Prince	Prince	Prince	Beauty Shop ★★ ('05, Comedy) Queen Latifah, Alicia Silverstone	Movie									
BOUNCE 359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night	In the Heat of Night	In the Heat of Night	Bernie Mac	Movie								
BRAVO 129	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Top Chef						
BUZZR 245	Match	Match	Concen.	Concen.	Password	Password	Super Pass	Tattletales	Press Luck	Whew!	Match	Match	Match	Match	Match	Match	Sale of
CIHD 249	Bordertown	Bordertown	Bordertown	Bordertown	Bordertown	Bordertown	Crime 360	Crime 360	Bad Blood	Crime 360	Full House	City Confidential	City Confidential				
CMT 166	Mike	Mike	Mike	Mike	King	King	King	King	King	King	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man
CNBC 208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Closing Bell (L)	Closing Bell (L)	Closing Bell: Overtime (L)	Fast Money (L)	Mad Money (N)	Shepard Smith							
CNN 200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Jake Tapper	Situation Room	Erin Burnett OutFront (L)								
COM 107	South Park	South Park	South Park	South Park	South Park	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office
COMET 289	◀Buried Alive ('90)	Bubba Ho-Tep ('02, Comedy) Bruce Campbell	The Outer Limits				The Outer Limits	Farscape	Crichton Kicks	Farscape (Part 1 of 2)	Buffy, Vampire Slayer						
COOK 113	Food Paradise	Man's Greatest Food	Man's Greatest Food	Man's Greatest Food	Man's Greatest Food	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire
DISC 182	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.
DFC 179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!	Dogs 101	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes
DISN-E 172	Big City	Big City	Big City	Big City	Raven	Bunk'd	Bunk'd	Bunk'd	Jessie	Jessie	Jessie	Raven	Raven	Raven	Holly H.	Holly H.	Holly H.
ENCR-W 341	◀Monster Hunter ('20) (12:48) The Gunman ('15, Action) Sean Penn 'R'	(2:47) Little Fockers ('10) 'PG-13'	(28) 28 Days ★★ ('00) 'PG-13'	(15) Spider-Man: Homecoming ('17) 'PG-13'													
EWESTN 342	◀NightPass ('27) Flaming Star ('60) 'NR'	The Deputy	Wanted ... (2:55) Wagon Train	Laramie	Death Vall.	Tales of Wells Fargo	Rifleman	(23) The Virginian	Brkn Arw								
EACTN 343	(15) Ghost Rider: Spirit of Vengeance ('11)	(1:53) Captain Phillips ('13, Docudrama) 'PG-13'	(10) Waterworld ('95, Science Fiction) Kevin Costner 'PG-13'	SEAL Team Six: Raid													
ESUSP 344	◀Bloody ('24) Arena ('11, Action) 'R'	(02) The Vanishing ('18, Suspense) 'R'	The Marine 4: Moving Target 'R' (27) My Bloody Valentine ('81) 'R'				Mercury Rising ('98)										
EBLACK 345	◀Motives 2: Retribution	Puff, Puff, Pass ('06, Comedy) 'R'	(37) The Equalizer 2 ★★ ('18, Action) 'R'	(41) Black or White ★★ ('14, Drama) 'PG-13'				(45) In Too Deep ★★★ ('99) 'R'									
ECLASS 346	◀L.A. Conf. ('16) French Connection II ('75, Action) 'R'	(18) Machete Kills ('13, Action) 'R'	(08) Scarface ★★ ('83, Crime Drama) Al Pacino, Michelle Pfeiffer 'R'	The Postman ('97) 'R'													
EFAMILY 347	◀The Last Unicorn ('82) (12:48) Balto ('95) 'G'	Far From Home: Yellow Dog	(29) Carpool ('96, Children's) 'PG'	Jingle All the Way ('96) 'PG'				(31) The Eagle Huntress ('16) 'G'									
ESPN 140	◀2022 Wimbledon Championships (L)	2022 Wimbledon Championships (L)	NBA Today (L)				SportsCenter (L)	ESPN Films									
ESPN2 143	SportsCenter (L)	SportsCenter (L)	This Just In	NBA Today	The Point	NFL Live	Daily Wager	The Point	Football								
EWTN 261	Daily Mass	Women of	At Home	The Journey Home	Chaplet	Rosary	In Search of America's	Heresies	Egypt	News	Vaticano	Daily Mass					
FETV 82	Bewitched	Bewitched	Wagon Train	Rawhide	Rawhide	Perry Mason	Perry Mason	Matlock	Mannix								
FMC 387	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie								
FNC 205	Outnumbered (L)	America Reports With John Roberts	The Story With Martha	Your World W/ Cavuto	The Five (L)	Special Report	Jesse Watters (L)										
FOOD 110	BBQ Brawl	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby
FREFM 180	The Middle	The Middle	The Middle	Big Daddy ★★ ('99, Comedy) Adam Sandler	Horrible Bosses 2 ★★ ('14, Comedy) Jason Bateman				The Office	The Office	The Office	The Office					
F51 150	The Herd with Colin Cowherd (L)	Speak for Yourself (L)	USFL	USFL	NASCAR Race Hub (L)	NASCAR Race Hub											

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Baby Driver ★★★ (17, Action) <i>Ansel Elgort</i>	Logan ★★★ (17, Action) <i>Hugh Jackman, Patrick Stewart</i>					xXx: Return of Xander Cage (17, Action)					Bad Boys			
FXM	384	◀Cleopatra (63) 'G' (12:55) Battle of the Sexes (17) 'PG-13' Love, Simon (18, Romance-Comedy) 'PG-13' FXM Pres. Dawn of the Planet of the Apes (14) <i>Andy Serkis</i> 'PG-13'														
FXM	125	Cleveland Cleveland Cleveland Cleveland King of Hill King of Hill King of Hill King of Hill King of Hill King of Hill Simpsons Simpsons Simpsons Simpsons Simpsons Simpsons														
GETTV	373	The Rockford Files Walker, Texas Ranger Walker, Texas Ranger Walker, Texas Ranger Walker, Texas Ranger Walker, Texas Ranger Walker, Texas Ranger Walker, Texas Ranger Walker, Texas Ranger Walker, Texas Ranger Kojak Kojak Kojak Kojak Kojak Kojak														
GMSHW	116	Deal or No Deal Match Match Catch 21 Catch 21 25 Words 25 Words Common Common Chain Rea. Chain Rea. Puzzler Puzzler Puzzler America														
GOLF	401	◀DP Tour Golf Golf Today (L) Golf PGA Tour Golf <i>John Deere Classic, First Round (L) Golf Central (L) PGA Golf</i>														
GRIT	217	Death Vall. Death Vall. The Deputy The Deputy Tombstone Tombstone Masterson Masterson Wyatt Earp Wyatt Earp Wyatt Earp Wyatt Earp Fargo Fargo Tales of Wells Fargo														
HALL	185	The Perfect Bride: Wedding Bells (18) Right in Front of Me (21, Romance) Moriah's Lighthouse (22, Romance) Two Tickets to Paradise (22, Romance)														
HALLDR	186	Magnum, P.I. Magnum, P.I. The Waltons The Waltons Little House on Prairie Little House on Prairie														
HALLMV	187	Northern Lights of Christmas (18, Romance) Two Turtle Doves (19, Romance) <i>Nikki Deloach</i> A Gingerbread Romance (18, Romance) Christmas Wonderland (18, Romance)														
HDMOV	130	◀The Celluloid Closet (10) Jeffrey (95, Comedy) <i>Steven Weber</i> (2:55) The Feels (17, Comedy) (3:55) Pride (14, Comedy-Drama) <i>Bill Nighy</i> (4:45) TransMilitary (18)														
HERIC	293	MacGyver MacGyver MacGyver MacGyver MacGyver Walker, Texas Ranger Walker, Texas Ranger														
HGTV	112	Good Bones Good Bones Good Bones Good Bones Flip Flip Flip Flip Flip Flip Flip Flip Flip Flip Flip Flip														
HIST	120	TBA TBA TBA TBA TBA TBA TBA TBA TBA TBA TBA TBA TBA TBA TBA TBA														
ID	192	48 Hours on ID Wonderland Murders Wonderland Murders Wonderland Murders Wonderland Murders Web of Lies Web of Lies Web of Lies Web of Lies Web of Lies Web of Lies Web of Lies Web of Lies Web of Lies Web of Lies Web of Lies														
IFC	133	3rd Rock 3rd Rock 3rd Rock 3rd Rock 3rd Rock 3rd Rock Scrubs Scrubs Scrubs Scrubs Scrubs Scrubs Scrubs Scrubs Scrubs Scrubs Two Men Two Men														
LAFF	237	Nt. Court Nt. Court Videos Videos Funniest Funniest How I Met How I Met '70s Show '70s Show Jim Jim Jim Jim Home Imp. Home Imp.														
LIFE	108	The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist The Mentalist														
LMN	109	Movie Movie Movie Movie Movie Movie Movie Movie Movie Movie Movie Movie Movie Movie Movie Movie Movie														
MAGN	111	Zimmern Zimmern Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders Barnwood Builders														
MGMHD	385	Man of the West (58, Western) <i>Gary Cooper</i> (0:05) Vera Cruz (54, Western) <i>Gary Cooper</i> (0:05) Music From Another Room (98, Romance) <i>Jude Law</i> (20) Heartbreakers (01, Comedy)														
MOTOR	246	Roadkill Roadkill Wide World of Speed Mundial Mundial Iron Resurrection FantomWorks Texas Metal														
MSNBC	209	Andrea Mitchell Reports (L) MTP Daily (L) Katy Tur Reports (L) Hallie Jackson Reports (L) Deadline: White House (L) The Beat With The ReidOut (L)														
NATGEO	197	Port Protection Alaska Port Protection Alaska Life Below Zero Life Below Zero Life Below Zero Life Below Zero Life Below Zero Life Below Zero Life Below Zero Life Below Zero Life Below Zero Life Below Zero Life Below Zero Life Below Zero Life Below Zero Life Below Zero														
NGWLD	190	America's America's America's America's Animal Animal Kingdom Animal Animal Kingdom Secrets of the Zoo														
OUTD	396	Driven Hunts 2 Live 2 Hunt With Cody & Kelsy Jim Shockey's Shock Therapy Archer's Choice Farming Farming the Wild														
OWN	189	Dr. Phil Court Court Court Court Court Court Court 20/20 on OWN 20/20 on OWN 20/20 on OWN 20/20 on OWN 20/20 on OWN 20/20 on OWN 20/20 on OWN 20/20 on OWN														
OXYG	127	Snapped Snapped Snapped Snapped Snapped Snapped Snapped Snapped Snapped Snapped Snapped Snapped Snapped Snapped Snapped Snapped														
PARMT	241	Bar Rescue Bar Rescue Mom Mom Mom Mom Two Men Two Men Two Men Two Men Two Men Two Men Two Men Two Men Two Men Two Men														
POP	117	ER ER ER House House House House House House House House House House House House House														
REELZ	299	Cops Cops Cops Cops Vegas Jail Vegas Jail Vegas Jail Vegas Jail Vegas Jail Jail Cops Cops Cops Cops Guns N Roses														
RFDTV	231	◀Market Day Report (L) Cow Guy Wild Coop Grown Reporter Agriculture Corn War. Farmweek Farm Mon. Gaither Gospel Hour Rural News														
SCI	193	What on Earth? Mysteries Aband. Mysteries Aband. Forbidden History Forbidden History Forbidden History Forbidden History Forbidden History Forbidden History Forbidden History Forbidden History Forbidden History Forbidden History Forbidden History Forbidden History Forbidden History														
SMITH	367	Air Disasters Air Disasters How Did- Build How Did- Build How Did- Build How Did- Build How Did- Build How Did- Build How Did- Build How Did- Build How Did- Build How Did- Build How Did- Build How Did- Build How Did- Build How Did- Build														
SONY	386	◀Suspect ★★ (87, Suspense) <i>Cher</i> (1:47) We Own the Night (07, Crime Drama) (3:55) Alien Hunter (03) (3:55) Already Dead (07, Suspense) <i>Ron Eldard</i> (40) Hudson														
SUND-E	358	Andy G. Andy G. Law & Order Law & Order Law & Order Law & Order Law & Order Law & Order Law & Order Law & Order Law & Order Law & Order Law & Order Law & Order Law & Order														
SYFY	122	Transformers: Revenge of the Fallen ★★ (09, Action) <i>Shia LaBeouf</i> (1:15) Spider-Man ★★★ (02, Action) <i>Tobey Maguire, Willem Dafoe</i> (1:15) Spider-Man 2 (04, Action) <i>Tobey Maguire</i>														
TBN	260	R. Jeffress Robert Joyce M. Together Robison Wommack The 700 Club David S. Furtick Graham Graham Joel Osteen Harvest The Potter's Centerpoint														
TBS	139	Friends Friends Friends Friends Friends Friends Friends Friends Friends Friends Sheldon Sheldon Sheldon Sheldon Sheldon Sheldon Big Bang Big Bang														
TCM	132	◀Devils Dr (45) Side Street (50, Crime Drama) (1:15) The Tall Target (51, Suspense) (4:45) The Naked Spur ★★★ (53, Western) Cimarron ★★ (60, Western) <i>Glenn Ford, Maria Schell</i>														
TLC	183	Too Large Too Large Too Large Too Large Untold Stories of the ER Untold Stories of the ER Untold Stories of the ER Untold Stories of the ER Untold Stories of the ER Untold Stories of the ER Untold Stories of the ER Untold Stories of the ER Untold Stories of the ER Untold Stories of the ER Untold Stories of the ER														
TMC-W	329	◀Mother (96, Comedy) 'PG-13' (4:45) Run This Town (19, Suspense) 'R' Holler (20, Drama) 'R' (0:05) Another 48 HRS. (90) 'R' (4:45) Small City (21, Suspense) 'NR'														
TNT	138	Supernatural Supernatural <i>Shadow</i> Supernatural <i>Hell House</i> Supernatural Wonder Woman ★★★ (17, Action) <i>Gal Gadot, Chris Pine</i> Aquaman (18, Action)														
TRU	242	World's Dumbest ... World's Dumbest ... World's Dumbest ... World's Dumbest ... Jokes Jokes Jokes Jokes Imp. Jokers Imp. Jokers Imp. Jokers Imp. Jokers Imp. Jokers Imp. Jokers Imp. Jokers Imp. Jokers														
TRVL	196	Most Terrifying Places Most Terrifying Places Most Terrifying Places Paranormal Ca. Paranormal Ca. Paranormal Ca. Paranormal Ca. Paranormal Ca. Paranormal Ca. Paranormal Ca. Paranormal Ca. Paranormal Ca. Paranormal Ca. Paranormal Ca. Paranormal Ca. Paranormal Ca.														
TVLND	106	Gunsmoke Gunsmoke Gunsmoke Gunsmoke Gunsmoke Andy G. Andy G. Andy G. Andy G. Andy G. Andy G. Andy G. Andy G. Andy G. Andy G. Andy G. Andy G.														
UP	188	Little House on Prairie Little House on Prairie Gilmore Girls Gilmore Girls Gilmore Girls Gilmore Girls Gilmore Girls Gilmore Girls Gilmore Girls Gilmore Girls Reba Reba Reba Reba Reba Reba														
USA	105	Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU Law & Order: SVU														
WE	128	Law Order: CI Law Order: CI Law Order: CI Criminal Minds Criminal Minds Criminal Minds Criminal Minds Criminal Minds Criminal Minds Criminal Minds Criminal Minds Criminal Minds Criminal Minds Criminal Minds Criminal Minds Criminal Minds														

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CBS-E	Local Prog. Young & Restless	Bold	The Talk (N)	Let's Make a Deal (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CW-E	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
FOX-E	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
NBC-E	Local Programs	Days of our Lives (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
METV	247*	The Waltons	Gunsmoke	Bonanza	Rifeman Rifeman	Wagon Train	Adam-12 Adam-12	Adam-12	The A-Team	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H
ABC-W	Local Programs	The View (N)	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CBS-W	Local Programs	The Price Is Right (N)	Young & Restless	Local Prog. Bold	The Talk (N)	Let's Make a Deal (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CW-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
FOX-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
NBC-W	Today 3rd Hour (N)	Today-Hoda	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
PBS	Dinosaur Clifford	Sesame St. Donkey	Tiger	Go Luna	Nature Cat Wild Kratts	Almas Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)	PBS NewsHour (N)	PBS NewsHour (N)	PBS NewsHour (N)	PBS NewsHour (N)	PBS NewsHour (N)

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
PREMIUM MOVIES																	
HBO	HBO-E 310	Westworld		REAL Sports	The Holiday '06, Romance-Comedy 'PG-13'			(12:15) Irma Vep	(15) TBA	(15) Daybreakers '09, Horror			Ethan Hawke 'R'				
	HBO2 312	TBA		TBA	The French Dispatch '21, Comedy-Drama 'R'			(11:50) TBA	(25) The Card Counter '21, Suspense 'R'			(20) Trance					
	HBO3 314	Dear Evan Hansen ★★ ('21, Musical) Ben Platt 'PG-13'		(20) TBA	(20) The Many Saints of Newark '21 'R'			(25) W. '08, Biography	Josh Brolin 'PG-13'			(20) King Rich					
	HBOF 315	Godzilla vs. Kong (8:54)		Speed 2: Cruise Control '97 'PG-13'	Real Steel '11, Action			Hugh Jackman 'PG-13'	Tyler Perry's Diary of a Mad Black Woman			Who's Harry Crumb?					
MAX	MAX 307	The Firm ★★★ ('93, Drama) Tom Cruise 'R'		(35) Days of Thunder '90, Action 'PG-13'	(24) Mindhunters ★★ ('04) 'R'			(11) Jack the Giant Slayer ★★ ('13) 'PG-13'									
	5MAX 308	Red Eye '05 'PG-13'		R.I.P.D. ★ ('13, Action) 'PG-13'	(36) 2 Minutes of Fame '20 'R'			(12:14) The Butterfly Effect '04, Suspense 'R'	(08) Monster's Ball '01, Drama			Halle Berry 'R'					
	MMAX 309	Cop Land '97 'R'		The Mustang '19, Drama 'R'	(37) The Wrestler ★★★ ('08, Drama) 'R'			(27) Identity Thief ★ ('13, Comedy) 'R'			(19) My Cousin Vinny '92 'R'						
	SHO-E 318	Stillwater ★★★ ('21, Drama) Matt Damon 'R'		The Chi	Man Who Fell	Flatbush	We Hunt	(15) We Hunt Together	Stillwater ★★★ ('21, Drama) Matt Damon 'R'								
SHOWTIME	SHO2 320	Spotlights (20) Deadlock '21, Action 'R'		Shooter '07, Action	Mark Wahlberg 'R'			(12:05) The Lighthouse '19, Suspense 'R'	Spotlights			Demonic '21, Science Fiction 'R'					
	SHOBET 321	The Chi		Boxing	The Kings			Fear of a Black Hat '93 'R'			Beverly Hills Cop III ★★ ('94) 'R'			Lavell Crawford: The Comedy			
	SHOX 322	Ida Red '21, Crime Drama		Josh Hartnett 'R'	Boxing 2022: Tim Tszyu vs. Terrell Gausha			From March 26, 2022.			The Djinn '21, Horror 'R'			Last of the Grads '21 'NR'			
	SHOS 323	Spotlights (20) Moon Manor '21 'NR'		Queer as Folk	Queer/Folk	(45) Queer as Folk	Man Who Fell	(45) After Yang '21, Science Fiction 'PG'	John Hole								
TMC 327	The War With Grandpa '20 'PG'		(35) Boy '10, Comedy-Drama 'NR'	(05) The Farewell '19 'PG'	(45) Spring Breakers ★★★ ('12, Comedy) 'R'			Son of a Gun '15, Suspense 'R'									
FLIX-E 333	Misery ★★★ ('90, Horror) James Caan 'R'		Event Horizon ★★★ ('97) 'R'	(45) Shuttlecock: Director's Cut '20 'NR'	Barb Wire ★ ('96, Action) 'R'			Dirty Dancing									
STARZ	ENCR-E 340	Little Fockers '10		Escape Room '19, Horror 'PG-13'	(43) Spider-Man: Homecoming '17, Action 'PG-13'	The Abyss ★★ ('89, Science Fiction) Ed Harris 'PG-13'			Long								
	STARZ-E 350	Ghostbusters		Jumanji: Welcome to the Jungle '17 'PG-13'			(03) Concussion '15, Drama	Will Smith 'PG-13'	(10) The Legend of Bagger Vance '00, Drama	PG-13'			Show Me				
	STRZE 352	P-Valley Demetrius (8:57)		Destroyer ★★★ ('18, Crime Drama) 'R'	P-Valley Demetrius			(12:09) Talk to Me ★★ ('07, Biography) 'R'	(10) The Craft: Legacy '20, Fantasy 'PG-13'								
	STRZCI 353	Mansfield Park '99		Who Is Ghislaine Max	Becoming Elizabeth	(10:53) Heart of Champions '21 'PG-13'	Who Is Ghislaine Max			Becoming Elizabeth	A Mouthful of Air 'R'						
	STRZCO 354	American Reunion ★★★ ('12, Comedy) 'R'		(9:55) Celeste and Jesse Forever	My Best Friend's Girl '08 'R'			(14) The American President '95 'PG-13'	(10) Spanglish '04								
	STRZIB 355	(12) Pompeii ★★ ('14, Adventure) 'PG-13'		This Is the End '13, Comedy	James Franco 'R'			(11:49) About Last Night '14 'R'	(34) P-Valley Demetrius	(41) A Boy, A Girl, A Dream. '18							
STRZKF 356	Dr. Seuss' Horton Hears a Who! (28)		Harriet the Spy '96 'PG'	(11) Tomorrowland ★★ ('15, Science Fiction) 'PG'	(23) Monkey Trouble '94 'PG'			Planet 51 '09 'PG'									
EPIX	EPIX 380	Witness '85, Crime Drama		Harrison Ford	The Accused '88, Drama			Kelly McGillis	(11:55) Switchback '97, Suspense	Dennis Quaid	(1:50) Nick of Time '95, Suspense	Billy-Kid					
	EPIX2 381	The Addams Family 2 ★ ('21)		(35) Sonic the Hedgehog 2 '22, Comedy	(40) Clifford the Big Red Dog '21, Children's			(20) Rumble ★★ ('21, Children's)	Sex Life								
	EPIXH 382	We Were Soldiers ★★★ ('02, War) Mel Gibson		(20) Patriot Games ★★ ('92, Suspense)	(20) The Sum of All Fears '02, Suspense			(25) Hamburger Hill '87, War									
	EPIXDR 292	Paranormal Activity '07, Horror		Paranormal Activity 3 '11	(10:55) Rosemary's Baby '68, Horror	(15) The Haunting '99, Horror			Liam Neeson				Invasion-Body				
AMERICA'S TOP PROGRAMMING																	
A&E 118	Right to Offend: The		Right to Offend: The Black Comedy Revolution (N)		Right to Offend: The		Right to Offend: The		Right to Offend: The		Right to Offend: The Black Comedy Revolution		Right to Offend: The				
AHC 195	Forbidden History		Forbidden History		Forbidden History		Forbidden History		Forbidden History		Forbidden History		Forbidden History				
AMC 131	The Breakfast Club '85, Comedy-Drama		(15) The Karate Kid ★★★ ('84, Drama) Ralph Macchio			(15) Dark Winds K'e			(15) The Walking Dead			Walk:Dead					
APL 184	Deadliest Catch		Deadliest Catch		Deadliest Catch		Born Mucky		Deadliest Catch		Deadliest Catch		Deadliest Catch				
AXSTV 167	IMPACT Wrestling (N)		Japan Pro Wrestling		IMPACT Wrestling		Japan Pro Wrestling		IMPACT in 60		IMPACT in 60						
BBCA 135	Robin Hood		The Goonies ★★★ ('85, Children's) Sean Astin			Robin Hood: Prince of Thieves ★★ ('91, Adventure) Kevin Costner			Van Helsing ★★★ ('04, Fantasy)								
BET 124	Movie		No Good Deed ★ ('14, Suspense) Idris Elba, Taraji P. Henson			Martin		Martin		Martin		Martin		Prince			
BOUNCE 359	Movie		Movie			Movie		Movie		Movie		Movie					
BRAVO 129	Top Chef (N)		Top Chef Family Style (N)			Watch		(4:5) Movie		(4:5) Movie		(4:5) Top Chef					
BUZZR 245	Concentration/Password		Sweep		Card		Match-Squares		Concen.		Concen.		FamFeud		FamFeud		
CIHD 249	City Confidential		City Confidential		Crime 360		Crime 360		City Confidential		City Confidential		Crime 360		Crime 360		
CMT 166	Last Man		Last Man		Mom		Mom		Gold Girls		Gold Girls		Gold Girls		Housewife		
CNBC 208	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shepard Smith		American Greed		Dateline		Dateline		
CNN 200	Anderson Cooper 360 (L)		CNN Tonight (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		Don Lemon Tonight		
COM 107	The Office		The Office		The Office		The Office		Daily Show		South Park		South Park		South Park		
COMET 289	Buffy, Vampire Slayer		The X-Files		The X-Files Syzygy		The X-Files Grotesque		The X-Files (Part 1 of 2)		Quantum Leap		Quantum Leap		Paid Programs		
COOK 113	Fire Masters		Fire Masters		Bizarre		Bizarre		Delicious		Delicious		Fire Masters		Fire Masters		
DISC 182	Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		
DFC 179	Say Yes		Say Yes		Say Yes		Say Yes		Say Yes		Say Yes		Say Yes		Buddy's Bakery Rescue		
DISN-E 172	Jessie		Jessie		Bunk'd		Bunk'd		Sydney		Sydney		Jessie		Jessie		
ENCR-W 341	Spider (32)		Monster Hunter '20, Fantasy		'PG-13'			(19) Little Fockers '10 'PG-13'	Escape Room '19, Horror 'PG-13'			(43) Spider-Man: Homecoming '17, Action 'PG-13'					
EWESTN 342	Broken Arrow '50		(14) Night Passage ★★ ('57, Western) 'NR'			(10:46) The Proud Ones '56 'NR'	(22) Ten Wanted Men	(43) Texas '41, Western	William Holden 'NR'			Brkn Arrw					
EACTN 343	Ghost Rider '07, Action		Nicolas Cage 'PG-13'		Ghost Rider: Spirit of Vengeance (31) Elysium ★★ ('13, Science Fiction) 'R'			(24) Gladiator '92, Action 'R'	(08) Tortured '08 'R'								
ESUSP 344	Mercury Rising '98		(8:54) Twelve Monkeys '95, Mystery 'R'			(06) Vice ★ ('15, Action) Bruce Willis 'R'	(12:46) The Devil Has a Name 'R'	(25) Redemption Day '21 'R'									
EBLACK 345	In Deep (24)		Skyline ★ ('10) 'PG-13'		The Equalizer 2 ★★ ('18, Action) 'R'			(12:05) StreetDance '10, Drama 'PG-13'	(1:46) StreetDance 2	(14) In Too Deep '99							
ECLASS 346	The Postman '97, Drama		Kevin Costner 'R'		Rescue Me Pieces (11) Damages			(12:06) Out to Sea '97	Jack Lemmon 'PG-13'			(1:55) John Tucker Must Die '06	Empire				
EFAMILY 347	The Painted Hills '51		Far From Home: Yellow Dog (32) Carpool '96, Children's 'PG'			Race for Life, Charlie Brown			Max Winslow and the House			Heidi ★★ ('05) 'NR'					
ESPN 140	ESPN Films		ESPN Films		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportCtr		TBA		
ESPN2 143	CFL Football Teams		TBA Coverage of CFL football action. (L) NFL Live			UFC		NFL Live		Around		Interruption		UFC Archival		UFC Archival	
EWTV 261	The World Over News (N)		News		Cathedrals Across America (N)			Women of		Daily Mass		World Over Live		News		Egypt	
FETV 82	Perry Mason		Perry Mason		Emergency!		Emergency!		B. Miller		B. Miller		Maude		Maude		
FMC 387	Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie		
FNC 205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)			Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
FOOD 110	Restaurant: Impossible (N)		Beat Bobby		Beat Bobby		BBQ Brawl		Beat Bobby		Beat Bobby		BBQ Brawl		Beat Bobby		
FREFM 180	The Office		The Office		The Office		The Office		The 700 Club		Simpsons		Simpsons		Simpsons		
F51 150	TBA		MLB on FS1 Pregame (L)			MLB Baseball			San Diego Padres at Los Angeles Dodgers (L)			WWE Friday Night SmackDown			MLB Baseball		

