

EASTERN		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30			
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30			
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30			
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30			
PREMIUM MOVIES																				
SHOWTIME	SHO-E	318	◀Lavell Crawford (35) Silver Linings Playbook ★★★★★ ('12, Comedy-Drama) <i>Bradley Cooper</i> 'R'				(45) Moneyball ★★★★★ ('11, Drama) <i>Brad Pitt, Jonah Hill</i> 'PG-13'				Boxing <i>Jermall Charlo</i> vs. <i>Juan Macias Montiel</i> Charlo (31-0-0, 22 KO's) takes on Montiel (22-4-2, 22 KO's) for the WBC World Middleweight title.									
	SHO-W	319	The Kings 102		Flatbush The Chi		Lavell Crawford		(35) Silver Linings Playbook ★★★★★ ('12) 'R' (45) Moneyball ★★★★★ ('11, Drama) <i>Brad Pitt</i> 'PG-13'											
	SHO2-E	320	◀On the Road ★★ ('12, Drama) 'R'				(15) Congo ★★ ('95, Action) <i>Dylan Walsh, Laura Linney</i> 'PG-13'				(15) Dreamland ('19, Drama) <i>Margot Robbie, Travis Fimmel</i> 'R'				(10) The Twilight Saga: New Moon					
	SHOBET	321	(05) Leadbelly ★★★★★ ('75, Biography) 'PG'				The Resurgence: DeMarcus Cousins Running For His Life: Phillips				Marley ★★★★★ ('12, Documentary) <i>Bob Marley</i> 'PG-13'				Hart War					
	SHOX-E	322	◀Boxing		When We Were Kings ('96) 'PG'		Top Gun ★★★★★ ('86, Action) <i>Tom Cruise</i> 'PG'		The Lookout ('07, Suspense) 'R'		(10) Changing Lanes ('02, Suspense) 'R'									
	SHOS-E	323	◀The Nest ('20) 'R'				The Lookout ('07, Suspense) 'R'				(45) Frances Ha ('12, Comedy) 'R'				(15) The Words ★★ ('12, Drama) 'PG-13'		(9:55) The Holiday ('06) <i>Cameron Diaz</i> 'PG-13'			
	TMC-E	327	◀The Witch (20) Laggies ★★★★★ ('14) 'R'				Equals ('15, Science Fiction) 'PG-13'				(45) Paradise Hills ('19, Suspense) 'NR'				Scary Stories to Tell in the Dark Adjustment Bureau					
TMCX-E	328	◀Universal Soldier ('92) (15) Countdown ★★ ('19, Horror) 'PG-13'				A Dog's Journey ★★ ('19, Children's) 'PG'				Inventing the Abbotts ★★ ('97, Drama) 'R'				Eighth Grade ('18) 'R'						
FLIX-E	333	◀Seven Psychopaths ('12) 'R'				(45) Men at Work ★★ ('90, Comedy) 'PG-13'				Guest		(7:55) Arbitrage ('12, Drama) 'R'		(45) The Legend of Bagger Vance ('00, Drama) 'PG-13'						
STARZ	ENCR-E	340	◀John Carpenter's Escape From L.A. ('96, Action) <i>Kurt Russell</i> 'R'				(35) The Professional ★★★★★ ('94, Suspense) <i>Jean Reno, Gary Oldman</i> 'R'				(28) The Lone Ranger ★★ ('13, Western) <i>Johnny Depp, Armie Hammer</i> 'PG-13'				Butch and Sundance: The Early Days ★★ ('79, Western) <i>William Katt, Tom Berenger</i> 'PG'					
	STARZ-E	350	◀Monster Hunter (19, Comedy) <i>Woody Harrelson</i> 'R'				(13) Life ★★ ('99, Comedy-Drama) <i>Eddie Murphy, Martin Lawrence</i> 'R'				(05) Lara Croft: Tomb Raider ★★ ('01, Adventure) <i>Angelina Jolie, Jon Voight</i> 'PG-13'				(9:50) Behind the Curtain: Todrick Hall ('17, Documentary) 'NR'					
	STARZ-W	351	◀Girlfriend (20) Monster Hunter ★★ ('20, Fantasy) <i>Milla Jovovich</i> 'PG-13'				Zombieland: Double Tap ('19) 'R'				(13) Life ('99, Comedy-Drama) <i>Eddie Murphy</i> 'R'		Lara Croft Tmb							
	STRZED	352	(05) Stripped: Los Angeles				(24) Frankie ('19, Drama) 'PG-13'				(07) What Lies Beneath ★★ ('00, Suspense) 'PG-13'				(19) That's My Boy ★ ('12, Comedy) 'R'		White M.			
	STRZCI	353	◀aTypical Wednesday ('20) 'NR'				(24) Love Is Strange ('14) 'R'				Outlander		(7:58) Outlander		(8:56) Outlander		(9:57) Outlander			
	STRZCO	354	◀Rent Due (45) After the Sunset ★★ ('04) 'PG-13'				(23) She's Out of Control ('89)				(7:58) Open Season 2 ('08) 'PG'		(17) Spider-Man: Far From Home ('19) 'PG-13'		First Wives					
	STRZIB	355	◀Friday Night Lights ('04) 'PG-13'				(19) Earth to Echo ('14) 'PG'				(6:53) The Craft: Legacy ★★ ('20)		(31) The Guard ('11, Comedy) 'R'		(10) Bulworth ★★★★★ ('98, Comedy-Drama) 'R'					
	STRZKF	356	◀Millions My Hero Academia				(07) Spider-Man 3 ('07, Action) <i>Tobey Maguire</i> 'PG-13'				(28) Little Boy ('15, Historical Drama) 'PG-13'		(16) Titan A.E. ★★★★★ ('00) 'PG'							
EPIX	EPIX	380	◀The Full Monty (35) Arachnophobia ★★★★★ ('90, Suspense) <i>Jeff Daniels, Harley Jane Kozak</i>				(25) Sabrina ★★ ('95, Romance-Comedy) <i>Harrison Ford, Julia Ormond</i>				(35) Domina Rise				(35) War of the Worlds Episode 2					
	EPIX2	381	◀Domina What Happened		Star Trek: The Motion Picture ★★ ('79)				(45) Star Trek II: The Wrath of Khan ('82)				(40) Star Trek III: The Search for Spock ('84)				Star Trk 5			
	EPIXH	382	◀Good Old (45) The Love Letter ('99, Romance)				(15) The Tracker ('19, Action)				(45) The Addams Family ('19)				(15) Scrooged ('88, Comedy) <i>Bill Murray</i>				Like a Boss ★ ('20)	
	EPIXDR	292	◀Shirley Valentine ★★ ('89) Tom Papa: HM				Hud ★★★★★ ('63, Drama) <i>Paul Newman</i>				(25) The Pawnbroker ('64, Drama) <i>Rod Steiger</i>				(25) Little Women ('94, Drama)					
	AMERICA'S TOP PROGRAMMING																			
A&E	118	Paid Programs						Biography: Booker T				Biography: Ultimate Warrior				Hitman Hart				
AHC	195	Warrior POV		Warrior POV		Apocalypse: Stalin		Apocalypse: Stalin		Apocalypse: Stalin		Weaponology		Warrior POV		Weaponology				
AMC	131	◀Detroit ★★★★★ ('17, Crime Drama)				Stooges		(15) Twins ★★★★★ ('88, Comedy) <i>Arnold Schwarzenegger</i>		(45) Field of Dreams ★★★★★ ('89, Fantasy) <i>Kevin Costner</i>		(15) The Karate Kid								
APL	184	Secret Life-Zoo		Secret Life-Zoo		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law				
AXSTV	167	Paid Programs								Legends		Paid Prog.		A Life on the Road		Paid Prog. 'Best' 70s				
BBCA	135	◀The Making of Planet Earth				Hidden		A Wild Year On Earth		A Wild Year On Earth		A Wild Year On Earth		(15) Enchanted Kingdom ('14, Documentary)		Enemy at the Gates				
BET	124	Paid Programs						Showdown of Faith		Grier		Paid Prog.		Payne		Payne				
BOUNCE	359	Off-Chain		Off-Chain		Religion Hour		Bernie Mac		Bernie Mac		Bernie Mac		Bernie Mac		Bernie Mac				
BRAVO	129	Married to Medicine		Married to Medicine		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Family Karma				
BUZZR	245	You See It		You See It		Card		Card		Paid Programs						Rescue Press Luck				
CHD	249	Crime 360		Crime 360		Paid Programs		Paid Programs		City Confidential		City Confidential		City Confidential		City Confidential				
CMT	166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Hot 20 Countdown						
CNBC	208	The Profit		The Profit		Options		Paid Programs								Paid Prog.				
CNN	200	CNN Newsroom Live (N)		CNN Newsroom Live (N)		New Day We		New Day We		Inside Politics		State-Union		Fareed Zakaria GPS (N)		Reliable Source				
COM	107	South Park		South Park		Paid Programs		Parks		Parks		Parks		Parks		The Office				
COMET	289	Paid Programs										Paid Programs		Bradbury		Bradbury				
COOK	113	Paid Programs										Paid Programs		Bradbury		Bradbury				
DISC	182	Dirty Mudder Truckers		Destroyed		J. Houston		Seasons		Saltwater		Local Know		Into		Sportsman				
DFC	179	Hse Crash		Hse Crash		Gi Joe		Gi Joe		Rescue Bots		Transform		Littlest Pet		Pet Shop				
DISN-E	172	Jessie		Jessie		Bluey		Bluey		Bluey		Big City		Big City		Big City				
DIY	111	Paid Prog. Salvage		Paid Programs								Beachfront Renovation		Beachfront Renovation		Beachfront Renovation				
ENCR-W	341	(06) Once Upon a Time... In Hollywood ('19, Comedy-Drama) 'R'						Escape From L.A.		(35) The Professional ('94, Suspense) 'R'		(28) The Lone Ranger ('13) 'PG-13'								
EWESTN	342	(07) West to Glory				The Westward Trail		(07) Way of a Gaucho ('52) 'NR'		(40) The Red Stallion ('47) 'NR'		(35) Arizona Raiders ★★ ('65) 'NR'		(39) Six Black Horses ('62) 'NR'						
EACTN	343	(08) Ghosts of Mars ('01, Science Fiction) 'R'						(5:49) The Amazing Spider-Man ('12) 'PG-13'		(08) Cutthroat Island ('95, Adventure) <i>Geena Davis</i> 'PG-13'		(16) Ghosts of Mars ★★ ('01) 'R'								
ESUSP	344	◀Donnie Brasco ('97) 'R'		(4:49) Jeevers Creepers ('01) 'R'		(24) Ultraviolet ★ ('06) 'PG-13'		(7:55) Chill Factor ('99, Action) 'R'		(40) Untraceable ('08, Suspense) <i>Diane Lane</i> 'R'		Cleaner								
EBLACK	345	◀Emanuel ('19) 'NR'		(07) Roll Bounce ('05, Comedy-Drama) 'PG-13'		The Express ('08, Biography) <i>Dennis Quaid</i> 'PG'		(13) Air ('15, Science Fiction) 'PG-13'				Meet the Blacks ('16)								
ECLASS	346	◀3000 Miles to Graceland ('01, Action) 'R'				(07) Flatliners ★★★★★ ('90, Science Fiction) 'R'		(05) Overboard ★★ ('87, Comedy) 'PG'		Mr. Mom ('83, Comedy) 'PG'		Mr. Mom								
EFAMLY	347	◀Swan (28) Swift ('19, Children's) 'NR'		(5:58) Aliens Ate My Homework		(29) Born Free: A New Adventure		(02) Penelope ('06, Children's) 'PG'		Swan Princess: Secret		Swan								
ESPN	140	SportsCenter		SportsCenter		SportsCenter		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportCt				
ESPN2	143	Boxing <i>Naoya Inoue</i> vs. <i>Michael Dasmarinas</i> (N)		UFC Archival		E60		E60		E60		30 for 30				SC Reports				
EWTN	261	EWTN Live		Bob		Reform		Angelus		God		St. Michael		Rosary		Sunday Mass (L)				
FETV	82	Sergeant		Sergeant		Lassie		Worship		Perry Stone		Love Worth		Truths That		Jeremiah				
FNC	205	Gutfeld!				Watters' World		FOX and Friends Sunday (L)								Maria Bartiromo				
FOOD	110	Paid Programs						Trisha's		Trisha's		Valerie's		Valerie's		Pioneer				
FREFM	180	Paid Programs						Big Daddy ★★ ('99, Comedy) <i>Adam Sandler</i>		(10) Grown Ups ★★ ('10, Comedy) <i>Adam Sandler</i>		Grown 2								
FS1	150	MLB Baseball <i>Chicago White Sox</i> at <i>Houston Astros</i> (N)						MLB Baseball <i>St. Louis Cardinals</i> at <i>Atlanta Braves</i> (N)						Bowling		Bowling				

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30		
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30		
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30		
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30		
AMERICA'S TOP PROGRAMMING																		
FX	136	Atlanta	FXM Pres.	Paid Programs				Blockers ★★★ ('18, Comedy) <i>Leslie Mann</i>				Daddy's Home ★★ ('15, Comedy) <i>Will Ferrell</i>			Daddy's Home 2 ('17)			
FXM	384	4All About Eve ('50, Drama) <i>Bette Davis</i> 'NR'				How to Marry a Millionaire ('53)			(40) Gentlemen Prefer Blondes			(15) Let's Make Love ('60) <i>Marilyn Monroe</i> 'NR'			(15) State Fair ('45)			
FXX	125	Paid Programs						Mom	Tron: Legacy ★★ ('10, Science Fiction) <i>Jeff Bridges</i>				The Simpsons Movie ★★★ ('07, Comedy)					
GETTV	373	Fantasy Island		Fantasy Island		Paid Programs		Mass				Life of Grizzly Adams		Shane		(15) Hondo		
GMSHW	116	Paid Programs										Deal or No Deal		America	America	America	America	
GOLF	401	Live From the U.S. Open				Live From the U.S. Open				Live From the U.S. Open (L)				U.S. Open Golf Championship				
GRIT	217	Paid Programs				The Desert Trail ('35, Western)			The Siege at Red River ★★★ ('54, Western)			Chino ★★★ ('73, Western) <i>Charles Bronson, Jill Ireland</i>						
HALL	185	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	A Summer to Remember ('18, Romance)			Love on Harbor Island			
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		The Waltons		The Waltons		The Waltons		The Waltons <i>The Fire</i>		Edge of the Garden		
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Monk		Monk		Monk		Beautiful Place to Die: Martha's Vineyard				
HDMOV	130	Half Nelson		Trailer		Paid Programs						The Fighting Kentuckian ('49)		(45) Donovan's Reef ('63, Comedy) <i>John Wayne</i>	True Grit			
HGTV	112	Paid Programs						Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	
HIST	120	Paid Programs						Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Ult. Rides	Ult. Rides	Ult. Rides	Ult. Rides	Ult. Rides	Ult. Rides	
ID	192	Pandora's Box		Pandora's Box		Casey Anthony		Casey Anthony		Casey Anthony		Still a Mystery		Web of Lies		TBA		
IFC	133	LowDown! (45) Mr. 3000 ★★★ ('04, Comedy) <i>Bernie Mac</i>				3's Comp.		3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	Blues Brothers 2000 ('98, Musical Comedy)				
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Bernie Mac	Bernie Mac	
LIFE	108	Paid Programs						Youseff	Harvest	Amazing	Jeremiah	Joel Osteen	Paid Prog.		Prayers for Bobby ★★★ ('09, Docudrama)			
LMN	109	Paid Programs				Killing Daddy ('14, Suspense) <i>Elizabeth Gillies</i>				Escaping Dad ('17, Suspense) <i>Sunny Mabrey</i>				Killer Single Dad ('18, Suspense) <i>Kaitlyn Black</i>				
MGMHD	385	Windtalkers ('02, War)		Studio	Studio	Studio	Studio	Pulp ★★★ ('72, Suspense) <i>Michael Caine</i>		(05) Vigilante Force ★★ ('76, Action)			(05) Street Smart ('87)					
MOTOR	246	Bitchin' Rides		Bitchin' Rides		FantomWorks		Faster With Finnegan		Sam's		Motorhead	Hot Rod	Hot Rod	Garage	Truck U (N)	Car Fix	
MSNBC	209	Dateline		Dateline		Report		Report		Velshi (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)				
NATGEO	197	Trafficked-M. van Zeller		Trafficked-M. van Zeller		Paid Programs						Port Protection Alaska		Port Protection Alaska		Life Below		
NGWLD	190	Paid Programs						Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers		
OUTD	396	McMillan	For Love	Hunting TV	Hunt	Unfathom	BigWater	Andrews	Seahunter	Gowdy	Spear Life	Zona's	Lindner's	Outdr.	Bill Dance	Fishing	Lake	
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday		
OXYG	127	Dateline		Dateline		Dateline		Dateline		Dateline: Secrets		Mastermind of Murder		Killer Couples		Killer Couples		
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		
REELZ	299	Paid Programs				Marilyn Monroe: Scandal and Legacy				Celebrity	Celebrity	Elvis: Behind Closed Doors				My Guest	My Guest	
RFDTV	231	Paid Programs				Church	Happy	Jackson	Jeffress	David	Hagee	In Touch	Church	Stuart	Porter	California	Reporter	
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	
SMITH	367	Mighty Planes		Mighty Planes		Aerial America		Aerial America		Aerial America		Aerial America <i>Nevada</i>		Aerial America		Aerial America		
SONY	386	(05) The Man From Laramie ('55, Western)				A Man Called Sledge ('71)			(40) Fathers and Sons ★★ ('92, Drama)			(45) The Whereabouts of Jenny ('90, Drama)			Nothing			
SUND-E	358	Stand	Heroes	Monk		Monk		Monk		Monk		Monk		Monk		Joe Kidd ★★★ ('72)		
SYFY	122	Pitch Blk	Twi. Zone	Twi. Zone	Twi. Zone	Paid Programs				Twi. Zone	Twi. Zone	The Chronicles of Riddick ('04, Science Fiction) <i>Vin Diesel</i>				Foreigner		
TBN	260	Be Light	GregLaurie.TV			Ed Young	From His	Passion!	T. Evans	S. Furtick	Touch Lives	Jentezen	David	Dr. Jeffress	Win Walk	TBA	Carpenter	
TBS	139	Matters	Matters	Matters	Matters	George	George	George	Raymond	Raymond	Raymond	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Cube		
TCM	132	White Line Fever ★★ ('75, Action)				Vice Versa ★★ ('47, Comedy) <i>Roger Livesey</i>			Bonjour Tristesse ('58, Drama) <i>Deborah Kerr</i>			The Blue Gardenia ('53, Crime Drama)						
TLC	183	Four Weddings ... <i>And Brides on a Vine</i>				Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		Four Weddings		
TMC-W	329	The Exorcist ('73, Horror) 'R'		(45) The Witch ('15, Horror) <i>Anya Taylor-Joy</i> 'R'		(20) Laggies ★★★ ('14) 'R'					Equals ('15, Science Fiction) 'PG-13' (45) Paradise Hills ('19) 'NR'							
TNT	138	NCIS: New Orleans X		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Batman v Superman		
TRU	242	Foodies		Foodies		Ad. Ruins		Ad. Ruins		Carbonaro		Carbonaro		World's Dumbest ...		World's Dumbest ...		
TRVL	196	Paid Programs						Extreme RVs		Extreme RVs		Extreme RVs		Extreme RVs		Extreme RVs		
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
UP	188	Paid Programs				Br.- Bates	Mass	In Touch		Paid Prog.		Amazing	Little House on Prairie		Little House on Prairie		Little House on Prairie	
USA	105	Chicago P.D.		Chicago P.D.		NCIS: Los Angeles		Paid Prog.		Jeremiah	In Touch	Joel Osteen	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	128	Mama June- Not to Hot		Paid Programs										Law Order: CI		Law Order: CI		
Networks																		
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																		
ABC-E	Local Programs				Local Programs				Good Morning America (N)				This Week		Local Programs			
CBS-E	Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)		Local Prog.			
CW-E	Local Programs				Local Programs													
FOX-E	Local Programs				Local Programs				Fox News Sunday				Local Programs					
NBC-E	Local Programs				Local Programs				Local Programs		Sunday Today		Meet the Press (N)		Local Programs			
METV	247*	Time Tunnel <i>Last Patrol</i>		The Invaders		Powers/ Matthew Star		Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Flintstones	Flintstones	Flintstones	The Jetsons	
ABC-W	Local Programs												Good Morning America (N)		This Week		Local Programs	
CBS-W	Local Programs												News Sunday Morning (N)		Face the Nation (N)		Local Prog.	
CW-W	Local Programs												Local Programs					
FOX-W	Local Programs												Local Programs		Fox News Sunday		Local Programs	
NBC-W	1st Look		House	House	Local Programs						Local Programs		Sunday Today		Meet the Press (N)			
PBS	Finding Your Roots		Wash	Hoover	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary/Xavier		Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

EASTERN		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL		11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN		10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC		9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30
PREMIUM MOVIES																	
SHOWTIME	SHO-E	318	4Boxing	The Kings	102	21 Bridges ★★ ★ (‘19, Action) Chadwick Boseman ‘R’	(15) A Call to Spy ★★ ★ (‘19, Historical Drama) Sarah Megan Thomas, Stana Katic ‘PG-13’	Sarah	Flatbush Mis	Ziwe	Black Monday	The Chi	The Girl From Chicago				
	SHO-W	319	Boxing Jermall Charlo vs. Juan Macias Montiel						The Kings	102	21 Bridges ★★ ★ (‘19, Action) ‘R’	(15) A Call to Spy ★★ ★ (‘19) ‘PG-13’					
	SHO2-E	320	4The Twilight Saga: New Moon ★★ ★ (‘09, Romance) ‘PG-13’		(25) The Twilight Saga: Eclipse ★★ ★ (‘10, Romance) Kristen Stewart ‘PG-13’	The Twilight Saga: Breaking Dawn Part 1 ★★ ★ (‘11, Romance) Kristen Stewart ‘PG-13’		The Twilight Saga: Breaking Dawn Part 2 ★★ ★ (‘12, Romance) Kristen Stewart ‘PG-13’		The Kings		102					
	SHOBET	321	4Hart’s War ★★ ★ (‘02, War) ‘R’		(35) Coach Carter (‘05, Drama) Samuel L. Jackson ‘PG-13’	All (N)		All (N)	Breakin’ 2: Electric Boogaloo (‘84) ★★ ★ (‘12, Romance) Kristen Stewart ‘PG-13’		45 Death at a Funeral (‘10) ‘R’						
	SHOX-E	322	Congo ★★ (‘95, Action) Dylan Walsh ‘PG-13’		Red ★★ ★ (‘10, Action) Bruce Willis ‘PG-13’		The Longest Yard (‘05, Comedy) ‘PG-13’		Top Gun ★★ ★ (‘86, Action) Tom Cruise ‘PG-13’		The Kings		102				
	SHOS-E	323	(10) Silver Linings Playbook ★★ ★ (‘12) ‘R’		(15) Some Kind of Wonderful (‘87) ‘PG-13’		(350) Sex, Lies, and Videotape ‘R’		Four Weddings and a Funeral (‘94) ‘R’		Notting						
	TMC-E	327	4Adjustment Bureau The Ides of March (‘11, Drama) ‘R’		The Big Hit ★★ ★ (‘08, Action) ‘R’		(20) Source Code (‘11) ‘PG-13’		(555) Sahara ★★ ★ (‘05, Adventure) ‘PG-13’								
TMCX-E	328	4Eighth Legally Blonde 2		(15) Wet Hot American Summer (‘01) ‘R’		About Last Night ... (‘86, Comedy-Drama) ‘R’		The Gentlemen ★★ ★ (‘20, Crime Drama) ‘R’									
FLIX-E	333	The Conversation (‘74, Suspense) ‘PG’		(155) Rollerball ★★ ★ (‘75, Science Fiction) ‘R’		Fright Night (‘11, Horror) Anton Yelchin ‘R’		Kiss the Girls ★★ (‘97, Mystery) ‘R’									
STARZ	ENCR-E	340	4Funny People ★★ ★ (‘09, Comedy-Drama) Adam Sandler, Seth Rogen ‘R’		(24) Black and Blue ★★ ★ (‘19, Suspense) Naomie Harris, Tyrese Gibson ‘R’		(16) For Love of the Game ★★ (‘99, Drama) Kevin Costner, Kelly Preston ‘PG-13’		(37) Apollo 13 ★★ ★ (‘95, Historical Drama) Tom Hanks ‘PG’								
	STARZ-E	350	4A Beautiful Day in the Neighborhood (‘19, Biography) ‘PG’		(25) Blindspotting	Monster Hunter ★★ (‘20, Fantasy) Milla Jovovich, Ron Perlman ‘PG-13’		(348) Life ★★ ★ (‘99, Comedy-Drama) Eddie Murphy ‘R’	(40) Zombieland: Double Tap ★★ ★ (‘12, Comedy) Woody Harrelson, Jesse Eisenberg ‘R’	(23) Blindspotting							
	STARZ-W	351	4Lara Croft Tmb Behind the Curtain: Todrick Hall		(34) A Beautiful Day in the Neighborhood	Blindspot	Monster Hunter ★★ (‘20, Fantasy) ‘PG-13’		(648) Life (‘99) ‘R’								
	STRZED	352	4White Men		Run the	(45) What Lies Beneath ★★ ★ (‘00, Suspense) ‘PG-13’	(358) Kingdom of Heaven (‘05, Historical Drama) ‘R’		Blindspot		White Men						
	STRZCI	353	4Outlander A. Malcolm		(13) Outlander	(06) Outlander	(08) Outlander	(07) Outlander	(07) Outlander	(07) Outlander	(03) Outlander						
	STRZCO	354	4The First Wives Club		(14) Hollywood Homicide (‘03, Action) ‘PG-13’	(12) Novocaine (‘01, Suspense) Steve Martin ‘R’	Robert Klein Still Can’t		(20) After the Sunset (‘04) ‘PG-13’								
	STRZIB	355	Friday Night Lights (‘04, Drama) ‘PG-13’		Step Up: High Water		(255) Resident Evil: Retribution ★★ ★	Behind Enemy Lines: Colombia		(09) Cadillac Records ★★ ★ (‘08, Drama) ‘R’							
STRZKF	356	4Hotel Transylvania (‘12) ‘PG’		(27) Spider-Man ★★ ★ (‘02, Action) ‘PG-13’	Spider-Man 2 ★★ ★ (‘04, Action) ‘PG-13’		(39) Spider-Man 3 (‘07, Action) Tobey Maguire ‘PG-13’										
EPIX	EPIX	380	4Fast Color (‘18) Travolta, Nicolas Cage		(20) Face/Off ★★ ★ (‘97, Action) John Fickion) Guy Pearce, Samantha Mumba		(40) The Time Machine ★★ ★ (‘02, Science Fiction) Craig, Judi Dench	(20) Skyfall ★★ ★ (‘12, Action) Daniel Craig, Judi Dench	(45) Mission: Impossible: Ghost Protocol (‘11, Action) Tom Cruise								
	EPIX2	381	4Star Trek V: The Final Frontier		Star Trek VI: Undiscovered		(15) Star Trek Generations (‘94, Science Fiction)	(15) Star Trek: Insurrection (‘98, Science Fiction)	Domina Rise								
	EPIXH	382	4Like Boss (‘25) How Stella Got Her Groove Back (‘98)		Good Deeds ★★ (‘12, Drama) Tyler Perry		(25) Hot Air (‘18, Drama)	(10) Bombshell (‘19, Drama) Charlize Theron									
	EPIXDR	292	4Little (‘25) The Virgin Suicides (‘99)		(05) Monster’s Ball ★★ ★ (‘01, Drama)		Internal Affairs ★★ ★ (‘90, Crime Drama)		Switchback ★★ (‘97, Suspense) Dennis Quaid								
AMERICA’S TOP PROGRAMMING																	
A&E	118	4Hitman Hart		Biography: Mick Foley		WWE’s Most Wanted		WWE’s Most Wanted		WWE’s Most Wanted		WWE’s Most Wanted		Treasures Andre the Giant			
AHC	195	Warrior POV		WWII: Masters of War		WWII: Masters of War		WWII: Masters of War		Ancient Assassins		Ancient Assassins		Ancient Assassins		Apocalypse: WWII	
AMC	131	4The Karate Kid (‘84, Drama) Ralph Macchio		(15) The Karate Kid Part II (‘86, Drama) Ralph Macchio		(45) The Breakfast Club ★★ ★ (‘85, Comedy-Drama)		The Great Outdoors									
APL	184	Lone Star Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law	
AXSTV	167	4Alan Jackson		Billy Gibbons-the BFG’s		The Big											

DIG (00:00) = Based on Eastern Time. *MeTV channel numbers vary depending on local market. **119**

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
AMERICA'S TOP PROGRAMMING																		
FX	136	Bumblebee ★★★ ('18, Action) Hailee Steinfeld					Bumblebee ★★★ ('18, Action) Hailee Steinfeld					Daddy's Home 2 ('17, Comedy) Will Ferrell				Paid Programs		
FXM	384	Hotel 3 (:40) Hotel Transylvania 3: Summer Vacation (:35) Kung Fu Panda 3 ('16, Children's) 'PG' (:25) Tron: Legacy ('10, Science Fiction) 'PG' FXM Pres.										Young Frankenstein						
FXX	125	Family Guy		Family Guy		Simpsons	Simpsons	Burgers	Burgers	Burgers	Burgers	Archer	Archer	Archer	Archer	Paid Programs		
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Starky and Hutch		Starky and Hutch		Charlie's Angels		Charlie's Angels		Hart to Hart Hartstruck		
GMSHW	116	America		America		America		FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	
GOLF	401	Live From the U.S. Open (L)					2021 U.S. Open Golf Championship Final Round					Live From the U.S. Open						
GRIT	217	Hell Bent for Leather ★★★ ('60, Western) Audie Murphy					The Cimarron Kid ('51, Western) Audie Murphy			The Plunderers ('60, Western) Jeff Chandler			Seven Alone ('75, Adventure) Dewey Martin					
HALL	185	Her Pen Pal ('21)		Good Witch (N)		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	
HALLDR	186	Come Dance		Your Love Never Fails ('11, Romance-Comedy)			The Waltons			The Waltons		The Waltons		The Waltons The Deed		Medicine Woman		
HALLMV	187	To Catch a Spy ('21, Mystery) Nathalie Kelley					Morning Show Mysteries Murder Ever After					Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		
HDMOV	130	The Horse Soldiers (:15) The Alamo ★★★ ('60, Historical Drama) John Wayne					(12:05) Hatari! ★★★ ('62, Adventure) John Wayne, Elsa Martinelli					The Fighting Seabees						
HGTV	112	Renovation Island		Beach Cabana Royale (N)		Beach	Beach	Mediterr. Mediterr.		Beach Cabana Royale		Beach	Beach	Mediterr. Mediterr.		(2:59) Renovation Island		
HIST	120	Built America		Built America		Snack	Snack	Built America		American Pickers: Bonus		Snack	Snack	Built America		Built America		
ID	192	Evil Lives Here		Psychopath Psychopath		48 Hours on ID (N)		American Monster		Psychopath Psychopath		48 Hours on ID		American Monster		Evil Lives Here		
IFC	133	Anchorman: The Legend of Ron Burgundy (:15) The Internship ★★★ ('13, Comedy) Vince Vaughn, Owen Wilson					Anchorman: The Legend of Ron Burgundy (:15) Vacation ('15)											
LAFF	237	'70s Show		'70s Show		How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	Jim	Jim	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	
LIFE	108	Cradle Did Fall ('21, Crime Drama) Ali Liebert					A Predator Returns ('21, Suspense)			(12:01) Cradle Did Fall ('21, Crime Drama)			(04) A Predator Returns ('21, Suspense)					
LMN	109	Evil Stepmom ('21, Suspense) Julia Lalonde					Adopted in Danger ('19, Suspense)			(12:01) Evil Stepmom ('21, Suspense)			Adopted in Danger ('19, Suspense)					
MGMHD	385	Mr. Majestyk ('74, Action) Charles Bronson					(15) Murphy's Law ★ ('86, Crime Drama) Charles Bronson					Messenger of Death ★★ ('88, Action)			Flesh & Blood ('85, Adventure)			
MOTOR	246	Roadkill		Street Outlaws: Memphis (N)			TBA			Street Outlaws: Memphis			Roadkill		TBA			
MSNBC	209	The Mehdi Hasan Show (L)		Week-Joshua Johnson		Voices-Alicia Menendez		The Mehdi Hasan Show		Week-Joshua Johnson		Dateline		Dateline		Dateline		
NATGEO	197	To Catch a Smuggler		To Catch a Smuggler		Narco Wars: Inside		To Catch a Smuggler		Smuggler Narco Wars: Inside		Inside the Afghanistan War			Iraq War			
NGWLD	190	Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Paid Programs		
OUTD	396	Crush	Hunt	Outdoors	Bone Coll.	Buck.	Hunting	Driven	Addicted	Nugent	Drop Zone	Lindsey	Shock Thr.	Whitetail	Live 2 Hunt	Crush	Hunters	
OWN	189	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		
OXYG	127	Killer Couples (N)		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Dateline		
PARMT	241	Bar Rescue		Bar Rescue		Bar Rescue (N)		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		
POP	117	NCIS: New Orleans		48 Hours		48 Hours		48 Hours		48 Hours		48 Hours		48 Hours		48 Hours		
REELZ	299	Autopsy-Last		Autopsy-Last		Autopsy-Last		Autopsy-Last		Autopsy-Last		Autopsy-Last		Celebrity	Celebrity	Paid Programs		
RFDTV	231	Wild	Wild	The Rural Americans		FarmHer	Agribusiness	Farm Mon.		Gentle Gi.	Pulling	Classic Tractor Fever		Paid Programs				
SCI	193	Mysteries-Abandoned		Unearthed (N)		Secrets of the Lost Ark (N)		Secrets of the Lost Ark		Unearthed		Secrets of the Lost Ark		Secrets of the Lost Ark		Mysteries-Abandoned		
SMITH	367	Air Disasters (N)		Searching for Secrets (N)		Aerial Britain		The Curious Life		Air Disasters		Searching for Secrets		Aerial Britain		Hampton Court Palace		
SONY	386	The Pursuit of Happiness ('06, Drama)					(10) At Any Price ('12, Drama) Dennis Quaid			(12:10) Edge of Winter ★★ ('16)			(45) Breakout ('13, Suspense) Brendan Fraser			At Any		
SUND-E	358	4High Plains Drifter ★★★ ('73, Western)					(15) The Quick and the Dead ('95, Western) Sharon Stone			(45) A Fistful of Dollars ('64, Western) Clint Eastwood			(15) Joe Kidd ('72)					
SYFY	122	San Andreas ★★ ('15, Action) Dwayne Johnson					Maleficent ★★ ('14, Fantasy) Angelina Jolie			Futurama		Futurama	Futurama	Futurama	Futurama	Futurama	Witchslay	
TBN	260	Joel Osteen	David	Huckabee	Metaxas	Creflo Doll	Praise	Praise			God's		Behind	Rubin	Steven	Potters	Creflo Doll	
TBS	139	Semi-Pro Uncle Drew ★★ ('18, Comedy) Kyrie Irving					The Cube			The Replacements ★★ ('00, Comedy) Keanu Reeves			Semi-Pro ★★ ('08, Comedy) Will Ferrell					
TCM	132	The Pride of the Yankees ('42, Biography) Gary Cooper					Paths of Glory ('57, War)			(12:15) West Point ('28, Comedy-Drama)			Roma ★★★ ('72, Drama) Peter Gonzales					
TLC	183	90 Day Fiancé: Happily Ever After? (N)					TBA			90 Day Fiancé			90 Day Fiancé: Happily Ever After?			TBA		
TMC-W	329	Source Code ('11)		(8:55) Sahara ★★ ('05, Adventure) 'PG-13'		The Adjustment Bureau ★★ ('11) 'PG-13'			Salmon Fishing in the Yemen ('11) 'PG-13'			How to Talk						
TNT	138	Justice League ★★ ('17, Action) Ben Affleck, Henry Cavill					Justice League ★★ ('17, Action) Ben Affleck, Henry Cavill					Red Eye ('05, Suspense) Rachel McAdams				Charmed		
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Videos	Videos	
TRVL	196	Expedition Bigfoot		Expedition Bigfoot (N)		Expedition Bigfoot (N)		Bigfoot: Fear		Expedition Bigfoot		Expedition Bigfoot		Expedition Bigfoot		Bigfoot: Fear		
TVLND	106	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	King	King	King	King	King	King	Roseanne	Roseanne	
UP	188	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Paid Programs		
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
WE	128	Law & Order		Law & Order D-Girl		Law & Order		Law & Order Showtime		Law & Order Mad Dog		Law Order: CI		Law Order: CI		Law Order: CI		
LOCAL NETWORKS																		
ABC-E		Celebrity Family Feud (N)		The Chase (N)		To Tell the Truth (N)		Local Programs					ABC World News Now (N)					
CBS-E		The Equalizer		NCIS: Los Angeles		NCIS: Los Angeles		Local Programs					CBS Overnight News (N)					
CW-E		DC's Legends		Batwoman (N)		Local Programs												
FOX-E		Simpsons	The-North	Burgers		Moody's	Local Programs											
NBC-E		Olympic Trials		U.S. Olympic Trials Track and Field (L)			Local Programs					Meet the Press			Early Tdy	Local Prog.		
METV	247	Columbo Lovely but Lethal			Ed Sullivan	C. Burnett	Honeymn.	Van Dyke	Van Dyke	Twi. Zone	Twi. Zone	Alfred Hitchcock Hour		The Fugitive Wife Killer		Mission: Impossible		
ABC-W		Local Programs			News	Funniest Home Videos		Celebrity Family Feud (N)		The Chase (N)		To Tell the Truth (N)		Local Programs				
CBS-W		Local Programs			News	60 Minutes (N)		The Equalizer		NCIS: Los Angeles		NCIS: Los Angeles		Local Programs				
CW-W		Local Programs			DC's Legends					Batwoman (N)		Local Programs						
FOX-W		Local Programs				Duncanville	Bless	Simpsons	The-North	Burgers	Moody's	Local Programs						
NBC-W		Olympic Trials		U.S. Olympic Trials Track and Field			Local Programs					Local Programs						
PBS		Estate Scotland		Us on Masterpiece (N)			Austin City Limits			Estate Scotland		Estate Scotland		Us on Masterpiece				

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
AMERICA'S TOP PROGRAMMING																				
FX	136	Paid Programs						Daddy's Home ★★ ('15, Comedy) Will Ferrell/Mike			Mike	Transformers: Dark of the Moon ('11, Action)								
FXM	384	Young Frankenstein (4:50)		Hand of Death		Hemingway's Adventures of a Young Man ('62) 'NR'			It Happened in Flatbush ('42)			The Remarkable Mr. Pennypacker		Hot Rock						
FXX	125	Paid Programs						Mom	Mom	Mom	Mom	black-ish	black-ish	Everest ★★★ ('15, Adventure) Jason Clarke						
GETTV	373	Fantasy Island			Fantasy Island		Paid Programs				Amen	Amen	Good Time	Good Time	Good Time	Good Time				
GMSHW	116	Paid Programs							Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America				
GOLF	401	Live From the U.S. Open				Live From the U.S. Open						2021 U.S. Open Golf Championship Final Round								
GRIT	217	Paid Programs			Zane Grey	Zane Grey Theater		Death Vail.	Death Vail.	Along the Great Divide ★★★ ('51, Western)			The Virginian A Killer in Town							
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)		Last Man	Last Man			
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons		The Waltons		The Waltons				
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Little House on Prairie		Little House on Prairie		Little House on Prairie		Murder, She Wrote		Murder, She Wrote				
HDMOV	130	Fighting Trailer		Paid Programs				The Three Stooges in Orbit ('62) (35)			The Bridge at Remagen ('69, War)			7 Men						
HGTV	112	Renovation Island				Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Happily	Happily	Happily	Happily	Happily	Happily			
HIST	120	Paid Programs						American Pickers		American Pickers		American Pickers		American Pickers		American Pickers				
ID	192	The Shadows of Death		Living a Nightmare		Deadline: Crime		Deadly Women		Deadly Women		Murder Comes to Town		American Nightmare		Nightmare Next Door				
IFC	133	Vacation ('15, Comedy) Ed Helms		Stooges		Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks			
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.			
LIFE	108	Paid Programs					Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer				
LMN	109	Paid Programs				The Bling Ring ('11, Docudrama) Jennifer Grey				Dead on Campus ('14, Drama) Katelyn Tarver			Deadly Exchange ('18, Crime Drama)							
MGMHD	385	Flesh & Blood ('85)		Studio	Studio	Studio	Oklahoma Territory ('60, Western)			Kiss Me, Stupid ('64, Romance-Comedy) Dean Martin			The Man in the Moon ('91)							
MOTOR	246	Iron Resurrection		Iron Resurrection		Garage Squad		Roadkill	Roadkill	Iron Resurrection		Wheeler Dealers		Wheeler Dealers		Wheeler Dealers				
MSNBC	209	Meet the Press		Way Too Early With		Morning Joe (L)						Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)				
NATGEO	197	Inside the Iraq War			Eyewitness	Paid Programs						Tiny House Nation		Tiny House Nation		Tiny House Nation				
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol				
OUTD	396	Outdoors	Bone Coll.	Buck.	Hunting	Outdr.	Florida	Am. Archer	Outdoors	Whitetail	Heartland	In-Fish'man/Lake		Fowl Life	Gun Dog	Hunt Adv	Shock Thr.			
OWN	189	Dr. Phil		Dr. Phil		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil				
OXYG	127	Dateline		Dateline		Dateline: Secrets		Dateline: Secrets		Killer Couples		Killer Couples		Killer Couples		Killer Couples				
PARMT	241	Paid Programs						Bar Rescue				Bar Rescue		Bar Rescue						
POP	117	48 Hours		48 Hours		Creek	(37) ER	(41) ER		(45) ER		(948) ER		(1052) ER						
REELZ	299	Paid Programs				Jodie Foster: Stalked		Brooke Shields: Stalked		Gwyneth Paltrow		World's Most		World's Most		World's Most				
RFDTV	231	Paid Programs				Pulling	Agribusiness		Jeremiah	Rural News/AgDay		Market Day Report (L)								
SCI	193	What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?				
SMITH	367	Hampton Court Palace		Private Liv		Aerial America		Aerial America		Aerial America Ohio		Secrets Bog Bodies		Secrets		Searching for Secrets				
SONY	386	At Any Price ★★★ ('12, Drama)			Silverado		Escape to Athena ★★ ('79, Action) Roger Moore				Gambler: Adventure		(10) The Gambler: The Adventure Continues							
SUND-E	358	Joe Kidd ★★★ ('72)		Heroes	Love Lust	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes			
SYFY	122	Witchslayer Gretl ('12, Fantasy)		Twilight Zone		Twilight Zone		Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	The Foreigner ★★ ('17, Action) Jackie Chan			The Circle					
TBN	260	Praying	Behind	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen			
TBS	139	Hot Tub Time Machine 2 ★ ('15, Comedy)				Matters	Raymond	Raymond	Raymond	George	George	George	George	Friends	Friends	Friends	Friends			
TCM	132	(15) Mamma Roma ★★★★★ ('62, Drama)				MGM	(45) Sunrise at Campobello ★★★★★ ('60, Biography) Ralph Bellamy				Morning Glory ('33, Drama)			Popeye-Sail		Prpl Noon				
TLC	183	Unexpected		Unexpected		7 Little Johnstons		7 Little Johnstons		7 Little Johnstons		7 Little Johnstons		Extreme	Extreme	Extreme Cheapskates				
TMC-W	329	How (45)		The Big Hit ★★ ('98, Action) 'R'			(20) Sinister ('12, Horror) 'R'		(10) Scary Stories to Tell in the Dark ('19)			Dark Waters ('19, Drama) Mark Ruffalo 'PG-13'								
TNT	138	Charmed Womb Raider			Charmed		Charmed (Part 1 of 2)		Charmed (Part 2 of 2)		Charmed		Charmed Siren's Song		Supernatural		Supernatural			
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers/Imp. Jokers		Carbonaro	Carbonaro	Carbonaro	Carbonaro			
TRVL	196	Paid Programs						Haunted Case Files				Haunted Case Files		Haunted Case Files		Haunted Case Files				
TVLND	106	Roseanne	Roseanne	Goldbergs	Goldbergs	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza				
UP	188	Paid Programs				Br.- Bates	Br.- Bates	Heartland		Heartland		Love on the Vines ('17, Romance) Steve Talley			Little House on Prairie					
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS: Los Angeles		NCIS Knockout		Chicago P.D.		Chicago P.D.		Chicago P.D. Disco Bob		Chicago P.D.				
WE	128	Mama June- Not to Hot		Paid Programs												Law Order: CI		Law Order: CI		
NETWORKS																				
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																				
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)					
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right (N)					
CW-E	Local Programs				Local Programs															
FOX-E	Local Programs				Local Programs												Local Programs		Local Programs	
NBC-E	Local Programs				Local Programs				Today (N)			Today 3rd Hour (N)		Today-Hoda		Local Programs				
METV	247*	Peter Gunn	Peter Gunn	Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night				
ABC-W	Local Programs		ABC World News Now (N)				Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)						
CBS-W	Local Programs		CBS Overnight News (N)						News		News	News	News	CBS This Morning (N)						
CW-W	Local Programs																			
FOX-W	Local Programs																Local Programs		Local Programs	
NBC-W	Local Programs		Meet the Press		Early Tdy		Local Programs					Local Programs		Today (N)						
PBS	American Masters Itzhak Perlman			Breaking	Ready Jet	Arthur	Molly	Wild Kratts	Elementary/Xavier		Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious				

		EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30	
		CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	
		MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	
		PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	
PREMIUM MOVIES																			
SHOWTIME	SHO-E	318	The Lookout '07, Suspense) Jeff Daniels 'R'		The Longest Yard ★★ '05, Comedy) Adam Sandler, Chris Rock 'PG-13'			Road Trip ★★ '00, Comedy) Seann William Scott 'R'			(35) Fast Times at Ridgemont High '82, Comedy) Sean Penn 'R'			(15) Beauty Shop ★★ '05, Comedy) Queen Latifah, Alicia Silverstone 'PG-13'					
	SHO-W	319	Spy Game '01, Suspense) Robert Redford 'R'		(15) The Lookout ★★ '07, Suspense) R'			The Longest Yard '05, Comedy) 'PG-13'			Road Trip ★★ '00, Comedy) 'R'			Fast Times					
	SHO2-E	320	Set It Off ★★ '96, Action) Jada Pinkett, Queen Latifah 'R'			First Blood ★★ '82, Action) Sylvester Stallone 'R'			(15) Rambo: First Blood Part II ★★ '85, Action) Sylvester Stallone, Richard Crenna 'R'			I, Tonya ★★ '17, Biography) Margot Robbie, Sebastian Stan 'R'			The Fighter ★★ '10, Drama) 'R'				
	SHOBET	321	Mother of George '13, Drama) 'R'			Hav Plenty ★★ '97) 'R'			Teddy Pendergrass: If You Don't Know Me			School Daze ★★ '88, Musical Comedy) 'R'			The Chi				
	SHOX-E	322	Snatch 'R' (45) Alex Cross '12, Action) Tyler Perry 'PG-13'			Sudden Death ★★ '95, Action) 'R'			Welcome to the Punch '13) 'R'			(10) Hustlers '19, Comedy-Drama) 'R'							
	SHOS-E	323	Twilight '08) 'PG-13' (15) The Twilight Saga: New Moon ★★ '09) 'PG-13'			Mid90s '18, Comedy-Drama) 'R'			Queer as Folk			Queer as Folk			Queer/Folk/Queer/Folk				
STARZ	TMC-E	327	No Way Out '87) 'R'			The Untouchables '87, Crime Drama) 'R'			How to Build a Girl '19) 'R'			(45) Wet Hot American Summer '01) 'R'			Legally Blonde 2				
	TMCX-E	328	Cop Land (45) The Rover '14, Drama) Guy Pearce 'R'			The Ides of March '11, Drama) 'R'			(15) 21 Bridges ★★ '19, Action) 'R'			Official Secrets '19, Drama) Keira Knightley 'R'							
	FLIX-E	333	(15) RoboCop '87, Science Fiction) 'R'			Born on the Fourth of July ★★ '89, Docudrama) 'R'			Fargo ★★ '96, Comedy) 'R'			(15) Secret Window '04, Suspense) 'PG-13'							
	ENCR-E	340	Apollo 13 '95, Historical Drama) 'PG'		(09) Valkyrie ★★ '08, Historical Drama) Tom Cruise, Kenneth Branagh 'PG-13'			(13) Emperor '20, Historical Drama) Dayo Okeniyi, Naturi Naughton 'PG-13'			(4:55) Tootsie ★★ '82, Comedy) Dustin Hoffman, Jessica Lange 'PG'			(6:55) Tears of the Sun ★★ '03, Action) 'R'					
	STARZ-E	350	The Kid Detective '20, Comedy) 'R'		(09) Scary Movie 4 ★★ '06, Comedy) Anna Faris 'PG-13'		(36) Bachelorette ★★ '12, Comedy) Kirsten Dunst, Isla Fisher 'R'		(37) Blindspotting		(39) Harold & Kumar Go to White Castle '04, Comedy) 'R'		Girlfriend Expr.		(39) The Girlfriend Experience		Integration		
	STARZ-W	351	Sparkle (26) The Edge ★★ '97, Adventure) 'R'		(26) The Kid Detective '20) 'R'		(09) Scary Movie 4 '06) 'PG-13'		(36) Bachelorette '12, Comedy) 'R'		Blindspot		Harold						
STRZED	352	Bloodshot '20, Action) 'PG-13'		(36) Blade: Trinity ★★ '04, Horror) 'R'		(31) The Grudge '20, Horror) 'R'		(07) Jumanji: The Next Level '19) 'PG-13'		(13) Bloodshot '20)									
STRZCI	353	Colette '18) 'R'		(12:47) Greed '19, Comedy) 'R'		(34) The Other Boleyn Girl '08) 'PG-13'		(33) Anthropoid '16, Historical Drama) 'R'		(36) Colette '18, Biography) 'R'									
STRZCO	354	The Family '13) 'R'		(10) Major League ★★ '89, Comedy) 'R'		(2:59) It Could Happen to You		(4:3) Little Black Book ★★ '04) 'PG-13'		(32) Wrongfully Accused ★ (98)									
STRZIB	355	Survivor's Survivor's		Survivor's		Survivor's		Survivor's		Survivor's		With Drawn Arms '20) 'NR'		(5:54) Bad Boys for Life ★★ '20, Action) 'R'					
STRZKF	356	Dudley Do-Right ★★ '99) 'PG'		(17) Here Comes the Boom '12)		(03) Snowflake, the White Gorilla		(29) Maiden '18) 'PG'		(08) Under the Same Moon '07) 'PG-13'									
EPIX	EPIX	380	Waiting ... ★★ '05, Comedy) Ryan Reynolds, Anna Faris		(20) Florence Foster Jenkins '16, Biography) Meryl Streep		(15) Young Adult ★★ '11, Comedy-Drama) Charlize Theron, Patton Oswalt		(4:50) A Hologram for the King '16, Comedy-Drama) Tom Hanks		Robot & Frank '12, Comedy-Drama) Frank Langella								
	EPIX2	381	The Spy Next Door (12:50) Star Trek Beyond '16, Science Fiction)		(2:55) Like Crazy '11, Drama)		The Indian in the Cupboard '95)		(10) Blue Chips '94, Drama) Nick Nolte										
	EPIXH	382	Rules of Engagement (12:55) The Sum of All Fears '02, Suspense)		A Most Wanted Man ★★ '14, Drama)		(05) Paranormal Activity 3 '11)		Paranormal Activity 4 ★★ '12)										
	EPIXDR	292	Simple (45) Bound ★★ '96, Suspense) Jennifer Tilly (35) Jennifer 8 '92, Suspense) Andy Garcia		(45) A Night at the Roxbury '98)		(10) Footloose ★★ '84, Drama) Kevin Bacon												
AMERICA'S TOP PROGRAMMING																			
A&E	118	Intervention		Intervention		Intervention		Hoarders		Hoarders		Hoarders		Hoarders		Hoarders			
AHC	195	Against the Odds		Against the Odds		Warrior POV		Warrior POV		Hitler		Apocalypse: Stalin		Apocalypse: Stalin		Apocalypse: Stalin			
AMC	131	Friends	The Great Outdoors ★★ '88, Comedy)			XXX: State of the Union ★★ '05, Action) Ice Cube			XXX ★★ '02, Action) Vin Diesel, Asia Argento										
APL	184	Tanked		Pit Bulls and Parolees		Pit Bulls and Parolees		Lone Star Law		Alaskan Bush People		Alaskan Bush People		Alaskan Bush People		Alaskan Bush People			
AXSTV	167	Van Morrison: San Francisco Jazz Center		Phil Collins: Going Back		Top Ten		Top Ten		Top Ten		Top Ten		Top Ten		Top Ten			
BBCA	135	Black Hawk Down '01, War) Josh Hartnett		A Few Good Men ★★ '92, Drama) Tom Cruise, Jack Nicholson		Law & Order Passion		Law & Order		Law & Order Terminal									
BET	124	Martin	Martin		Prince		Prince		Browns		Boyz n the Hood ★★ '91, Drama) Larry Fishburne, Ice Cube		Fist Fight ★★ '17, Comedy) Charlie Day						
BOUNCE	359	Law & Order Doubles		Law & Order		Without a Trace		The Game		Faith Heist		Guess Who ★★ '05, Comedy) Bernie Mac							
BRAVO	129	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Family Karma			
BUZZR	245	Match Gm.	Match Gm.	Concen.	Concen.	Password	Password	Super Pass.	Tattletales	Press Luck	Sharks	Match Gm.	Match Gm.	Match Gm.	Match Gm.	Match	Sale of		
CHD	249	Runaway	Runaway	Runaway	Runaway	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	The Big House		The Big House		Auburn		The Big House	
CMT	166	Roseanne	Roseanne	King	King	King	King	King	King	Last Man	Last Man	Last Man		Last Man		Last Man		Last Man	
CNBC	208	Fast Money Halftime		The Exchange (L)		Power Lunch (L)		Closing Bell (L)		Fast Money (L)		Mad Money (N)		Shepard Smith					
CNN	200	Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront (L)			
COM	107	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	The Office	The Office	The Office	The Office	The Office	The Office	The Office	
COMET	289	Xtinction: Predator X '10, Horror) Elena Lyons		The Outer Limits		The Outer Limits		Sliders		Stargate SG-1		Stargate SG-1		Quantum Leap					
COOK	113	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Good Eats	Good Eats	Good Eats	Good Eats	
DISC	182	Street Outlaws		Street Outlaws		Street Outlaws		Street Outlaws		Street Outlaws		Street Outlaws		Street Outlaws: Full		Street Outlaws: Full		Street Outlaws: Full	
DFC	179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!		Ultimate Zoo		Extreme Makeover			
DISN-E	172	Bluey	Big City	Big City	Big City	Jessie	Jessie	Jessie	Jessie	Big City	Big City	Jessie	Jessie	Raven	Raven	Big City	Big City		
DIY	111	Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters	
ENCR-W	341	Days of Thunder ★★ '90, Action) 'PG-13'		(1:46) Apollo 13 '95, Historical Drama) 'PG'		(09) Valkyrie '08, Historical Drama) 'PG-13'		(13) Emperor '20, Historical Drama) 'PG-13'		(15) Garden of Evil									
EWESTN	342	Wild-Inn. (28) Buffalo Bill ★★ '44) 'NR'		Wyatt Earp (27) The Big Valley		Laramie		Death Vall.		Death Vall.		(05) Maverick		(5:56) Cheyenne		(15) Garden of Evil			
EACTN	343	Bat 21 ★★ '88, Action) 'R'		(39) Eye of the Beholder '99, Suspense) 'R'		(23) Night Watch ★★ '04, Horror) 'R'		Scorpion King 2: Rise		(11) Bat 21 '88) 'R'									
ESUSP	344	Dark Tide (21) Absolute Deception '13) 'R'		(1:56) Asher '18, Action) 'R'		(43) Bloodline '18, Horror) Mariela Garriga 'R'		(22) Black and Blue '19) 'R'		(12) Side Effects '13)									
EBLACK	345	Hustle and Heat '03) (12:50) Along Came a Spider '01)		(36) Stir Crazy '80, Comedy) Gene Wilder 'R'		Gridlock'd ★★ '97, Drama) 'R'		(04) Crooklyn ★★ '94, Drama) 'PG-13'											
ECLASS	346	The Cave (36) All About Steve ★ '09) 'PG-13'		(17) Heist '01, Crime Drama) 'R'		(08) Zero Dark Thirty ★★ '12, Drama) Jessica Chastain 'R'		(6:47) The Cave '05)											
EFAMILY	347	The Little Rascals Save the Day (25) Yellowbird '14) 'PG'		(2:57) Inside Out '15) 'PG'		Kit Kittredge: An American Girl		(15) Rookie of the Year '93, Children's) 'PG'											
ESPN	140	2020 UEFA European Championship				UEFA Euro		2020 UEFA European Championship Teams TBA (L)				UEFA Euro		SportsCenter (L)		World Series			
ESPN2	143	2020 UEFA European Championship				Updates		2020 UEFA European Championship Teams TBA (L)				NFL Live		Daily Wager (L)		30 for 30			
EWTN	261	Daily Mass		Women of		At Home		Called to Communion		Chaplet		Rosary		Catholic		Lucy Friend		Bookmark	
FETV	82	Bewitched		Bewitched		The Wild, Wild West		The Wild, Wild West		Ranger		Ranger		Perry Mason		Perry Mason		Matlock	
FNC	205	Outnumbered (L)		America Reports With John Roberts				The Story With Martha		Your World W/ Cavuto		The Five (L)		Special Report		FOX News Primetime (L)			
FOOD	110	The Kitchen		The Kitchen		Chopped		Basket Buzz		Chopped True Grits		Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive	
FREEFM	180	The Middle		The Middle		The Middle		The Middle		The Middle		Matilda ★★ '96, Children's) Mara Wilson		Ice Age: Dawn of the Dinosaurs ★★ '09)		Shrek 2 ★★ '04)			
FS1	150	The Herd with Colin Cowherd (L)				Speak for Yourself (L)				Fox Bet		TBA		TBA					

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30														
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30														
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30														
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30														
AMERICA'S TOP PROGRAMMING																														
FX	136	Transformers: Dark of the Moon				Transformers: Age of Extinction ★★ ('14, Action) <i>Mark Wahlberg, Stanley Tucci</i>						The Greatest Showman ★★ ('17, Musical)			Bohemian Rhapsody															
FXM	384	The Hot Rock ('72)		(:10) Young Frankenstein ('74, Comedy) 'PG'		Diary of a Wimpy Kid: The Long Haul ('17)						(:45) Miss Peregrine's Home for Peculiar Children ('16)			House															
FXX	125	Everest		Split ★★ ('16, Suspense) <i>James McAvoy</i>			Glass ★★ ('19, Suspense) <i>Bruce Willis, James McAvoy</i>						Simpsons		Simpsons	Simpsons	Simpsons													
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger						Walker, Texas Ranger		Guns of Paradise		Spillane's Mike Hammer		Starky and Hutch Jo-Jo														
GMSHW	116	Deal or No Deal		Match Gm.		Match Gm.		Catch 21		Catch 21		The Chase		Ma. Minds		Ma. Minds	Chain Rea.	Common	Puzzler	America	America	America								
GOLF	401	Golf Today (L)				Golf Today				Golf Central (L)				Symetra Tour (N)		Golf Central		Golf		Golf Acad.										
GRIT	217	The Virginian <i>It Takes a Big Man</i>				Laramie				Laramie <i>Beyond Justice</i>		Laramie <i>Edge of Evil</i>		Fargo		Fargo		Tales of Wells Fargo		Fargo		Fargo								
HALL	185	Last Man		Last Man		The Middle		The Middle		The Middle		The Middle		Reba		Reba		Reba		Reba		My Summer Prince ('16, Romance) <i>Taylor Cole</i>								
HALLDR	186	The Waltons <i>The Deed</i>		Medicine Woman				Medicine Woman		Medicine Woman		Medicine Woman		Our Son, the Matchmaker ('96, Drama)				Blind Spot ('93)												
HALLMV	187	Murder, She Wrote		Monk				Monk		Monk		Good Witch		Good Witch <i>Driven</i>		Signed, Sealed, Delivered: From Paris														
HDMOV	130	47 Men-Now		Hatari! ★★ ('62, Adventure) <i>John Wayne</i>						(:45) Bad Country ('14, Crime Drama)		(:35) The Horror Show ('89, Horror)						(:15) Area 51 ('15)												
HGTV	112	Home Town		Home Town				Home Town		Home Town		Home Town		Home Town		Home Town		Home Town												
HIST	120	American Pickers		American Pickers				American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers												
ID	192	Dateline on ID		Deadly Secret				Blood Relatives		Evil Twins		Twisted Sisters		Someone You		Forbidden-Dying		Married With Secrets												
IFC	133	Saved/Bell		Saved/Bell		Saved/Bell		Saved/Bell		Saved/Bell		3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.	3's Comp.	Two Men	Two Men					
LAFF	237	Jim		Jim		'70s Show		'70s Show		Videos		Videos		Videos		Videos		Jim		Jim		Jim		Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.		
LIFE	108	Major Crimes		Major Crimes				Major Crimes		Major Crimes		Major Crimes		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles										
LMN	109	Dirty Teacher ('13, Suspense) <i>Josie Davis</i>				Deadly Transaction ('18, Suspense)				Homecoming Revenge ('18, Suspense)				Psycho Prom Queen ('18, Suspense)																
MGMHD	385	ManMoon (:40) The Perez Family ('95, Comedy-Drama) <i>Marisa Tomei</i>				(:05) Sweet Land ★★ ('05, Drama) <i>Elizabeth Reaser</i>				(:25) Return to Me ★★ ('00, Romance) <i>David Duchovny</i>																				
MOTOR	246	Wheeler Dealers		Wheeler Dealers				Wheeler Dealers		Wheeler Dealers		Roadkill		Iron Resurrection		FantomWorks		Bitchin' Rides												
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)				Katy Tur Reports (L)		Ayman Mohyeldin		Deadline: White House (L)				The Beat With		The ReidOut (L)												
NATGEO	197	Tiny House Nation		Tiny House Nation				Tiny House Nation		Tiny House Nation		Tiny House Nation		Tiny House Nation		Tiny House Nation		Tiny House Nation												
NGWLD	190	Great Barrier Reef		Great Barrier Reef				Great Barrier Reef		Great Barrier Reef		The Nile		The Nile		The Nile		Mexico Untamed												
OUTD	396	Zona's		Bass		Territories		Africa		Gregg Ritz		Hunting TV		Lindsey		The One		Buck.		Whitetail		Gowdy	Spear Life	Wicked Tuna	WildFed	Fishmonger				
OWN	189	Dr. Phil		Dr. Phil				Dr. Phil <i>Violent Vixen</i>				Dateline on OWN		Dateline on OWN		Dateline on OWN		Dateline on OWN		Deadline: Crime										
OXYG	127	Killer Couples		Killer Couples				Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples										
PARMT	241	Bar Rescue		Bar Rescue				Mom		Mom		Mom		Mom		Two Men		Two Men		Two Men		Two Men		Two Men		I Now Pronounce You				
POP	117	ER		House				House				House		House		House		House		House										
REELZ	299	Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		World's Most		World's Most		World's Most		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Mackenzie Phillips-Fame						
RFDTV	231	Market Day Report (L)				Pro Rodeo Tonight				Horses		Toy Trains		Paula		DocTalk		Trains & Locomotives		Rural Health Matters		FFA Today		Rural News						
SCI	193	What on Earth?		What on Earth?				What on Earth?				What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?										
SMITH	367	Air Warriors		Air Warriors C-17				Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters										
SONY	386	(:05) American Outlaws ★ ('01, Western)				(:155) Vertical Limit ★★ ('00, Suspense) <i>Chris O'Donnell</i>				(:20) Lake Placid 3 ('10, Horror)				(:15) Spider's Web ★ ('01, Suspense)																
SUND-E	358	Heroes		Heroes		The Quick and the Dead ('95, Western) <i>Sharon Stone</i>				High Plains Drifter ★★ ('73, Western) <i>Clint Eastwood</i>				Woodward Young Guns ('88, Western)																
SYFY	122	The Circle ★★ ('17, Suspense) <i>Emma Watson</i>				(:157) Underworld: Rise of the Lycans ('09)				Underworld: Blood Wars ★★ ('16, Fantasy)				Maleficent ★★ ('14, Fantasy) <i>Angelina Jolie</i>																
TBN	260	S. Furtick		Robert		Joyce M.		Together		Robison		Jewish Voi		The 700 Club		Hagee		Acres		Truth I'm Standing On		New Seas		Don Wilton	John Gray	Potters				
TBS	139	Friends		Friends		Friends		Friends		Amer. Dad		Amer. Dad		Amer. Dad		Amer. Dad		Burgers		Burgers		Burgers		Family Guy	Family Guy	Family Guy	Family Guy	Family Guy		
TCM	132	Purple Noon ('60, Suspense)				Love in the Afternoon ('57, Romance-Comedy)				(:45) The Night of the Iguana ('64, Drama) <i>Richard Burton</i>				Midnight Lace ('60, Mystery) <i>Doris Day</i>																
TLC	183	Extreme		Extreme		sMothered				sMothered				sMothered				90 Day Fiancé: Happily Ever After?				90 Day Fiancé				TBA				
TMC-W	329	(:10) First Reformed ('17, Suspense) 'R'				(:05) No Way Out ★★ ('87, Suspense) 'R'				The Untouchables ('87, Crime Drama) 'R'				How to Build a Girl ('19) 'R'				Wet Hot												
TNT	138	Supernatural		Supernatural				Supernatural <i>The End</i>		Supernatural		Despicable Me ★★ ('10, Children's)				Despicable Me 2 ★★ ('13, Children's)														
TRU	242	World's Dumbest ...		World's Dumbest ...				World's Dumbest ...		World's Dumbest ...		Jokes		Jokes		Jokes		Jokes		Jokes		Jokes		Jokes						
TRVL	196	Haunted Case Files		Haunted Case Files				Haunted Case Files		Haunted Case Files		Haunted Case Files		Haunted Case Files		Mysteries of the Unknown														
TVLND	106	Gunsmoke		Gunsmoke				Gunsmoke		Gunsmoke		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.				
UP	188	Little House on Prairie		Little House on the Prairie <i>Pilot</i>				Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba		Reba										
USA	105	Chicago P.D.		Chicago P.D.				Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.												
WE	128	Law Order: Cl		Law Order: Cl				Law Order: Cl		Law Order: Cl		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds												
NETWORKS																														
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																														
ABC-E		Local Programs			GMA3-Need to Know			General Hospital (N)		Local Programs			Local Programs			News		Local Programs												
CBS-E		Local Prog. Young & Restless			Bold		The Talk (N)		Let's Make a Deal (N)			Local Programs		Local Programs			News		Local Programs											
CW-E		Local Programs				Local Programs				Jerry Springer			Local Programs		Local Programs															
FOX-E		Local Programs								Local Programs								Local Prog.												
NBC-E		Local Programs			Days of our Lives (N)			Local Programs							Local Prog.		News	Local Programs												
METV	247*	The Waltons		Gunsmoke		Bonanza		Rifleman		Rifleman		Wagon Train		Adam-12		Adam-12		Addams		Happy Day		M*A*S*H		M*A*S*H						
ABC-W		Local Programs			The View (N)			Local Programs		GMA3-Need to Know			General Hospital (N)			Local Programs			Local Programs											
CBS-W		Local Programs			The Price Is Right (N)			Young & Restless		Local Prog.			Bold		The Talk (N)		Let's Make a Deal (N)			Local Programs										
CW-W		Local Programs				Local Programs				Local Programs				Local Programs			Jerry Springer		Local Programs											
FOX-W		Local Programs								Local Programs								Local Prog.												
NBC-W		Today 3rd Hour (N)				Today-Hoda			Local Programs			Days of our Lives (N)			Local Programs															
PBS		Dinosaur		Clifford		Sesame St.		Donkey		Tiger		Go Luna		Nature Cat		Wild Kratts		Molly		Xavier		Odd		Arthur		Cat in the		Peg & Cat	PBS NewsHour (N)	

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	♫Bohemian Rhapsody ('18, Biography)			Bohemian Rhapsody ★★ ★★ ('18, Biography) Rami Malek						Rough Night ('17, Comedy) Scarlett Johansson				Paid Programs		
FXM	384	♫House With a Clock in Walls		The House With a Clock in Its Walls ('18)				(25) Alpha ★★ ★ ('18, Adventure)	PG-13'		(20) Alpha ('18, Adventure)	PG-13'		The Last Hard Men			
FX	125	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Sunny	Sunny	Sunny	Sunny	Paid Programs				
GETTV	373	Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford	Sanford	Sanford	Good Time	Good Time	
GMSHW	116	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Catch 21	Common	Winsanity	Divided	
GOLF	401	2021 U.S. Open Golf Championship Final Round									Golf Central		Golf	Golf Acad.	Paid Programs		
GRIT	217	Massacre River ('49, Western) Guy Madison			The Command ★★ ★ ('54, Western) Guy Madison				One-Eyed Jacks ★★ ★ ('61, Western) Marlon Brando, Karl Malden								
HALL	185	One Perfect Wedding ('21, Romance)			Gold Girls		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	
HALLDR	186	♫Blind Spot ('93)		A Place for Annie ('94, Drama)			Sissy Spacek		The Waltons		The Waltons The Bicycle		The Waltons		Medicine Woman		
HALLMV	187	Signed, Sealed, Delivered: Truth Be Told			Signed, Sealed, Delivered: Impossible				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		
HDMOV	130	♫Area 51 ('15)		(8:50) The Package ('89, Suspense)	(4:45) Bad Lieutenant: Port of Call		New Orleans ('09)				(12:55) The Package ★★ ★ ('89, Suspense)		Bad Lieutenant: Port				
HGTV	112	\$50K Three \$50K Three		Celebrity IOU (N)		Celebrity IOU (N)		Celebrity IOU		Celebrity IOU		Celebrity IOU		Celebrity IOU		\$50K Three \$50K Three	
HIST	120	American Pickers (N)		American Pickers Picking Nirvana / TBA (N)			American Pickers		(12:03) American Pickers		Picking Nirvana / TBA		(0:06) American Pickers (N)		American Pickers		
ID	192	Web of Lies		Web of Lies (N)		Someone's at the Door (N)		Disappeared		Web of Lies		Someone's at the Door		Disappeared		Web of Lies	
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	3's Comp.	3's Comp.	3's Comp.	3's Comp.	Community Community
LAFF	237	Home Imp.	Home Imp.	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	'70s Show	'70s Show	'70s Show	'70s Show	Bernie Mac	Bernie Mac	Paid Programs	
LIFE	108	Rizzoli & Isles		Rizzoli & Isles		(0:03) Rizzoli & Isles		(0:03) Rizzoli & Isles		(12:01) Rizzoli & Isles		Rizzoli & Isles		(0:04) Rizzoli & Isles		(0:04) Rizzoli & Isles	
LMN	109	Killer Prom ('20, Suspense) Yvonne Zima			Homekilling Queen ('19, Suspense)				(12:01) Killer Prom ('20, Suspense) Yvonne Zima		Homekilling Queen ('19, Suspense)						
MGMHD	385	♫The Man in the Moon ★★ ★ ('91, Drama)			Nicholas Nickleby ★★ ★ ('02, Drama) Jamie Bell				(4:51) The Cutting Edge ★★ ★ ('92, Romance-Comedy)		Eat Drink Man						
MOTOR	246	Roadkill		Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill		
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word		The 11th Hour		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes	
NATGEO	197	Tiny House Nation		Ramsay: Uncharted		Breaking		Breaking		Tiny House Nation		Tiny House Nation		Tiny House Nation		Tiny House Nation	
NGWLD	190	Sonoran Desert		National Parks		National Parks		National Parks		National Parks		National Parks		Butt Heads		Paid Programs	
OUTD	396	MeatEater	Wardens	Longmire		Gun Stories		McMillan	WildFed	Wild Ride	Longmire		Dead Meat	Fishmonger	WildFed	Wardens	MeatEater McMillan
OWN	189	Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime	
OXYG	127	Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Law Order: CI	
PARMT	241	♫I Now Pronounce You			Movie				I Now Pronounce You Chuck and Larry ('07, Comedy)				Movie				
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed	
REELZ	299	Valerie Bertinelli-Words		Fran Drescher-Words		Bo Derek-Own Words		Valerie Bertinelli-Words		Fran Drescher-Words		Bo Derek-Own Words		Burt Reynolds		Paid Programs	
RFDTV	231	Rural America Live		Rancher	Red Ste.	Rodeo	Horse-West	Horses	Rural News	Rural America Live		Rancher	Red Ste.	Paid Programs			
SCI	193	Mysteries of the Abandoned (N)						Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned	
SMITH	367	Tomb Hunters (N)		Secrets	Secrets	Secrets	Secrets	Aerial America		Tomb Hunters		Secrets	Secrets	Secrets	Secrets	Apocalypse	
SONY	386	Impact Point ('08, Suspense)		(4:01) Side Out ('90, Action) C. Thomas Howell		(4:01) Impact Point ('08, Suspense)		(15:15) Side Out ('90, Action) C. Thomas Howell		(0:05) Belly of the Beast							
SUND-E	358	♫Young Guns ('88)		♫Crocodile Dundee II ★★ ★ ('88, Comedy) Paul Hogan				♫Crocodile Dundee II ★★ ★ ('88, Comedy) Paul Hogan		Young Guns ('88, Western) Emilio Estevez							
SYFY	122	Jurassic Park ★★ ★ ★ ('93, Adventure) Sam Neill, Laura Dern			Futurama		Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Dark Haul ('14, Suspense) Tom Sizemore				
TBN	260	Praise		Steven	Blessed	Best Life	Let Go	Praise		Prince	Perry Stone	Steven	Blessed	Let Go	J. Rubin	Praise	
TBS	139	Family Guy	Family Guy	Family Guy	Family Guy	Amer. Dad	Final Space	Conan (N) The Cube		Conan		Wipeout		Wipeout		Imp. Jokers Imp. Jokers	
TCM	132	Moon Over Miami ('41, Musical)		(4:51) Gidget ('59, Romance-Comedy) Sandra Dee		Monsieur Hulot's Holiday ('53)		(15:15) Key Largo ★★ ★ ★ ('48, Crime Drama)		You're-Young							
TLC	183	sMothered (N)		sMothered (N)		TBA		TBA		sMothered		sMothered		TBA		TBA	
TMC-W	329	♫Wet Hot American Summer ('01)			Legally Blonde 2				The Holiday ('06, Romance-Comedy) Cameron Diaz PG-13'		Kate & Leopold ('01) Meg Ryan PG-13'		About				
TNT	138	Shazam! ★★ ★ ★ ('19, Action) Zachary Levi, Mark Strong			Shazam! ★★ ★ ★ ('19, Action) Zachary Levi, Mark Strong				Arrow Haunted		Arrow Lost Souls		Arrow Brotherhood				
TRU	242	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Knockout	Knockout	Knockout	Knockout	Carbonaro	Carbonaro	Carbonaro Carbonaro	
TRVL	196	Mysteries of the Unknown (N)			Nostradamus: End		Nostradamus: End		Mysteries of the Unknown		Nostradamus: End		Nostradamus: End		Nostradamus: End		
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	King	King	Goldbergs Goldbergs	
UP	188	Reba	Reba	Reba	Reba	Reba	Reba	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Paid Programs	
USA	105	♫WWE Monday Night RAW (L)						Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Dateline		Dateline	
WE	128	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Monk		Monk		Monk	
LOCAL NETWORKS																	
ABC-E	The Bachelorette (N)				Celeb-Dating			Local Prog. (35) Jimmy Kimmel Live!		Nightline (N)		Local Programs		ABC World News Now (N)			
CBS-E	Neighbor	Bob Heart	All Rise		Bull			Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)	
CW-E	All American (N)			The Republic of Sarah (N)		Local Programs											
FOX-E	Hell's Kitchen (N)			House	Duncan (N)	Local Programs											
NBC-E	Olympic Trials			American Ninja Warrior (N)				Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		Late-Lilly	Today-Hoda		Early Tdy Local Prog.
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett Perry Mason		Tw. Zone		Hitchcock	Hitchcock	Mannix		Cannon	
ABC-W	Local Programs				News	Local Programs		The Bachelorette (N)				Celeb-Dating		Local Prog. (35) Jimmy Kimmel Live!		Nightline (N)	
CBS-W	Local Programs				News	Local Programs		Neighbor	Bob Heart	All Rise		Bull		Local Prog.		Late Show-Colbert Corden	
CW-W	Local Programs							All American (N)		The Republic of Sarah (N)						Local Programs	
FOX-W	Local Programs							Hell's Kitchen (N)		House	Duncan (N)	Local Programs					
NBC-W	Local Prog.			News	Local Programs			Olympic Trials		American Ninja Warrior (N)				Local Prog.		Tonight Show-J. Fallon Meyers	
PBS	Antiques Roadshow			Antiques Roadshow		Independent Lens (N)		Amanpour-Co		Antiques Roadshow		Antiques Roadshow		Independent Lens		Us on Masterpiece	

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
AMERICA'S TOP PROGRAMMING																				
FX	136	Paid Programs					Rough Night ('17, Comedy) Scarlett Johansson				Mike	Mike	Mike	Mike	Greatest Show					
FXM	384	The Last Hard Men		Earth Dies Scr.		Day Mars-Earth		(15) The River's Edge ('57) 'NR'		(45) The Frogmen ★★ ('51, War) 'NR'		(25) Von Ryan's Express ('65) 'NR'								
FXX	125	Paid Programs					Mom	Mom	Mom	Split ★★ ('16, Suspense) James McAvoy			Glass ('19, Suspense)							
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs						Amen	Amen	Good Time	Good Time	Good Time				
GMSHW	116	Paid Programs							Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America				
GOLF	401	Paid Programs		Golf Central		Golf Central		Golf Central		Golf Central		Golf	Golf	Lessons	Lessons	Open Epics	Open Epics			
GRIT	217	Paid Programs			Zane Grey	Zane Grey Theater		Death Vall.		Pat Garrett and Billy the Kid ('73, Western) James Coburn		The Virginian No Tears for Savannah								
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)	Last Man	Last Man				
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons		The Waltons The Bicycle		The Waltons				
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Little House on Prairie		Little House on Prairie		Little House on Prairie		Murder, She Wrote		Murder, She Wrote				
HDMOV	130	Bad Lieutenant: Port			Paid Programs						Sam Whiskey ('69, Western) Trailer		(10) Sands of Iwo Jima ('49, War) John Wayne							
HGTV	112	\$50K Three		\$50K Three		\$50K Three Ways		Bargain Block		Bargain Block		Bargain Block		Bargain Block		Christina on the Coast				
HIST	120	Paid Programs					America's Book		America's Book		America's Book		America's Book		Haunted History					
ID	192	Wicked Attraction		Deadly Affairs		Marry	Marry	Wives With Knives		Fatal Vows		Forbidden-Dying		If I Should Die		20/20 on ID				
IFC	133	Community	Community	Community	Community	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Raising Az				
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.			
LIFE	108	Paid Programs					Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer				
LMN	109	Paid Programs				Infidelity in Suburbia ('17, Suspense)				Wicked Moms Club ('17, Drama)			Lethal Soccer Mom ('17, Suspense) Sarah Grey							
MGMHD	385	Eat Drink Man Woman ('94)		Studio		Studio		Guns, Girls and Gangsters ('59)		(10) The Abominable Dr. Phibes ('71, Horror)		(15) Dr. Phibes Rises Again ★★ ('72, Horror)								
MOTOR	246	Bitchin' Rides		FantomWorks		Garage	Garage	Roadkill		Iron Resurrection		Restoration	Restoration	Restoration	Restoration	Restoration				
MSNBC	209	Rachel Maddow Show		Way Too Early With		Morning Joe (L)						Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)				
NATGEO	197	Tiny House Tiny House Nation		Paid Programs								Life Below Zero		Life Below Zero		Life Below Zero				
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol				
OUTD	396	Wicked Tuna		WildFed	Fishmonger	Fishing	Bill Dance	Hunt Adv	The One	Bone Coll.	Gregg Ritz	Fishing	Hook	Wild Ride	Whitetail	Addicted	Outdoors			
OWN	189	20/20 on OWN		20/20 on OWN		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil Violent Vixen		Dr. Phil				
OXYG	127	Law Order: CI		Law Order: CI		Dateline: Secrets		Dateline: Secrets		Lockup: Sacramento		Lockup: New Jersey		Lockup: Women		Lockup: Long Island				
PARMT	241	Paid Programs								Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	Charmed		Goldbergs	Goldbergs	ER		ER		ER		ER		ER		ER				
REELZ	299	Paid Programs				Case Closed-AJ		Case Closed-AJ		Case Closed-AJ		Mafia Killers		Mafia Killers		Mafia Killers				
RFDTV	231	Paid Programs				Blu. Trail	'Presleys'	Stuart	Jeremiah	Rural News AgDay	Market Day Report (L)									
SCI	193	Underground Marvels		Underground Marvels		Underground Marvels		Underground Marvels		Underground Marvels		Secrets of the Lost		Secrets of the Lost		Secrets of the Lost				
SMITH	367	Apocalypse		Apocalypse		Aerial America		Aerial America		Aerial America		Leg Pharaohs		Leg Pharaohs		Tomb Hunters				
SONY	386	Belly		(45) Private Resort ('85, Comedy) Rob Morrow		(20) Battle Beyond the Stars ★★ ('80)		(25) Where Sleeping Dogs Lie ('92)		(15) Edge of Winter ★★ ('16, Suspense)										
SUND-E	358	Young	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle	G. Pyle				
SYFY	122	Paid Programs				The Circle ★★ ('17, Suspense) Emma Watson, Tom Hanks				(24) The Hollow ('15, Horror) Richard Harmon			Underworld: Rise of the Lycans							
TBN	260	Jordan Rubin: CBD Pills	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen				
TBS	139	Imp. Jokers	Imp. Jokers	Raymond	Raymond	Raymond	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends			
TCM	132	Youre	(45) Summer Stock ('50, Musical Comedy)		(45) Torchy Plays With Dynamite		The Roaring Twenties ('39, Crime Drama)					They All Come Out		They Made Me						
TLC	183	My 600-Lb. Life				Little People, Big World		Little People, Big World		Little People, Big World		Little People, Big World		Long Lost Family		Long Lost Family				
TMC-W	329	About Last Night ... ('86) 'R'		Spring Breakers ('12, Comedy) 'R'		(05) First Reformed ('17, Suspense) 'R'					Inventing the Abbotts ★★ ('97, Drama) 'R'			Eighth Grade ('18) 'R'						
TNT	138	Arrow		Arrow Dark Waters		Charmed		Charmed		Charmed		Charmed		Supernatural		Supernatural				
TRU	242	Paid Programs							Ad. Ruins	Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro				
TRVL	196	Paid Programs								My Horror Story		My Horror Story		My Horror Story		My Horror Story				
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza				
UP	188	Paid Programs				Bringing Up Bates		Heartland Best Man		Heartland Hotshot		Uncorked ★ ('10, Romance-Comedy) Julie Benz			Little House on Prairie					
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		NCIS: Los Angeles		NCIS Hide and Seek		NCIS		NCIS		NCIS Status Update		NCIS Patience				
WE	128	Love After Lockup		Paid Programs													Law Order: CI		Law Order: CI	
NETWORKS																				
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																				
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)					
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right (N)					
CW-E	Local Programs				Local Programs															
FOX-E	Local Programs				Local Programs															
NBC-E	Local Programs				Local Programs			Today (N)					Today 3rd Hour (N)		Today-Hoda		Local Programs			
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night				
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)							
CBS-W	Corden		Local Prog.		CBS Overnight News (N)						News	News	News	News	CBS This Morning (N)					
CW-W	Local Programs																			
FOX-W	Local Programs																			
NBC-W	Meyers		Late-Lilly		Today-Hoda		Early Tdy	Local Programs				Local Programs		Today (N)						
PBS	Us on Masterpiece		Great Performances		Ready Jet	Arthur	Molly	Wild Kratts	Elementary Xavier		Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious				

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
AMERICA'S TOP PROGRAMMING																				
FX	136	Paid Programs						The Post ★★ ★ ('17, Historical Drama) <i>Meryl Streep</i>				Mike	Mike	Atomic Blonde ('17, Action)						
FXM	384	M*A*S*H ('70, Comedy) <i>Donald Sutherland</i> 'R'				Voyage to the Bottom of the Sea ('61) 'PG' (7:50) The Black Swan ('42) 'NR' (20) Gentlemen Prefer Blondes (10:55) The King and I														
FXX	125	Paid Programs						Mom	Mom	Mom	Mom	Mom	black-ish	black-ish	The Mountain Between Us ('17)					
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs						Amen	Amen	Good Time	Good Time	Good Time				
GMSHW	116	Paid Programs								Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America			
GOLF	401	Paid Programs		PGA TOUR	Lessons	Golf Central		Golf Central		PGA TOUR	Lessons	Open Epics	Open Epics	Open Epics	PGA TOUR	Symetra Tour Highlights				
GRIT	217	Paid Programs			Zane Grey	Zane Grey Theater		Death Vall. Death Vall.		Blood on the Moon ★★ ★ ('48, Western)				The Virginian <i>A Time Remembered</i>						
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)		Last Man	Last Man			
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons		The Waltons		The Waltons				
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Little House on Prairie		Little House on Prairie		Little House on Prairie		Murder, She Wrote		Murder, She Wrote				
HDMOV	130	Rock-Roll H.S.		Paid Programs				Beachhead ('54, War) <i>Tony Curtis</i> (35) Catch Me if You Can ★★ ★ ('02, Comedy-Drama)												
HGTV	112	Unsellable Houses			Unsellable Houses		Frozen	Frozen	Frozen	Frozen	Frozen	Frozen	100 Day Dream Home	100 Day Dream Home		100 Day Dream Home				
HIST	120	Paid Programs						Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars			
ID	192	Homicide City		Unusual Suspects		The Lake Erie Murders		The Lake Erie Murders		Valley of the Damned		Murder- Amish		Addiction	Crimes	Disappeared				
IFC	133	Hot Shots! ('91)		Stooges	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock			
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.			
LIFE	108	Paid Programs					Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer				
LMN	109	Paid Programs				A Night to Regret ('18, Suspense) <i>Mollie Gray</i>				Off the Rails ('17, Drama) <i>Hannah Barefoot</i>				Pretty Little Addict ('15, Suspense) <i>Scott Lyster</i>						
MGMHD	385	Cul-de-Sac (20) The White Bus			Studio	Studio	Studio	Full Moon in Blue Water ★★ ★ ('88, Drama) (05) Music Within ('07, Drama) <i>Ron Livingston</i>				The Flying Scotsman								
MOTOR	246	Hot Rod	MotorWeek	FantomWorks		Garage	Garage	Roadkill		Iron Resurrection		Car Crews w/Supercar		Car Crews w/Supercar		Car Crews w/Supercar				
MSNBC	209	Rachel Maddow Show		Way Too Early With		Morning Joe (L)						Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)				
NATGEO	197	Primal Survivor		Primal Survivor		Paid Programs						National Parks		National Parks		National Parks				
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol				
OUTD	396	Whitetail	Driven	Fowl Life	Gun Dog	Match Fish. Lake		Lindsey	Live 2 Hunt	Driven	Archer's	Fishing	A Fishing	Whitetail	Hunting TV	Buck.	Crush			
OWN	189	20/20 on OWN		20/20 on OWN		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil				
OXYG	127	Accident, Suicide		Accident, Suicide		Dateline: Secrets		Dateline: Secrets		Killer Couples		Killer Couples		Killer Couples		Killer Couples				
PARMT	241	Paid Programs								Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	Charmed		Goldbergs	Goldbergs	ER		ER		ER		ER		ER		ER				
REELZ	299	Paid Programs				Demons in the City of		Demons in the City of		Demons in the City of		CopyCat Killers		CopyCat Killers Fear		CopyCat Killers				
RFDTV	231	Paid Programs				C. Burnett	Midwest Country		Jeremiah	Rural News/AgDay		Market Day Report (L)								
SCI	193	Underground Marvels		Underground Marvels		Forbidden History				Forbidden History		Catastrophes		Catastrophes		Catastrophes				
SMITH	367	Crash of the Concorde		The Lockerbie Bombing		Aerial America		Aerial America Texas		Aerial America Idaho		Disasters at Sea		Disasters at Sea		Air Disasters				
SONY	386	Fifth Com (20) Breakout ('13, Suspense)				Against the Dark ('09, Horror) (40) In God's Hands ★★ ('98, Adventure) (35) Multiplicity ('96, Comedy) <i>Michael Keaton</i> (45) Click														
SUND-E	358	Columbo			Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Silver Bullet ('85)			
SYFY	122	42 Lava 2 Lantula ('16)		Twi. Zone	Twi. Zone	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Leatherface ('17, Horror) <i>Sam Strike</i>						
TBN	260	Christine	Access 360	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen			
TBS	139	Imp. Jokers	Imp. Jokers	Raymond	Raymond	Raymond	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends			
TCM	132	Tension ('49, Crime Drama) (45) The Kissing Bandit ('48, Musical Comedy) (45) The Monster ('25, Horror) (15) Seven Keys to Baldpate ('30) The Unholy Night ('29, Mystery)																		
TLC	183	My 600-Lb. Life				OutDaughtered		OutDaughtered		OutDaughtered		Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes			
TMC-W	329	At Close Range ('86) (05) Alive ('19, Horror) 'NR' (40) Harpoon ('19, Suspense) 'NR' (05) How She Move ('07) 'PG-13' (05) The Last Movie Star ('17) <i>Burt Reynolds</i> 'R'																		
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed Sam I Am		Charmed		Charmed		Charmed		Supernatural		Supernatural				
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro			
TRVL	196	Paid Programs								Par. Nightmare		Par. Nightmare		Par. Nightmare		Par. Nightmare				
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza				
UP	188	Paid Programs				Br.- Bates	Br.- Bates	Heartland		Heartland		Class ★★ ('10, Drama) <i>Jodi Lyn O'Keefe</i>		Little House on Prairie						
USA	105	(02) Dateline		Dateline The Watcher		NCIS: Los Angeles		NCIS Dead Reckoning		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU				
WE	128	Love After Lockup		Paid Programs													Law Order: CI		Law Order: CI	
NETWORKS																				
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																				
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)					
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right (N)					
CW-E	Local Programs				Local Programs															
FOX-E	Local Programs				Local Programs							Local Programs		Local Programs						
NBC-E	Local Programs				Local Programs			Today (N)			Today 3rd Hour (N)		Today-Hoda		Local Programs					
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night				
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)							
CBS-W	4	Corden	Local Prog.	CBS Overnight News (N)				News		News	News	News	News	CBS This Morning (N)						
CW-W	Local Programs											Local Programs								
FOX-W	Local Programs											Local Programs		Local Programs						
NBC-W	4	Meyers	Late-Lilly	Today-Hoda		Early Tdy	Local Programs					Local Programs		Today (N)						
PBS	Estate Scotland		Antiques Roadshow		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious				

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	Dangerous Animal		Paid Programs				Atomic Blonde ★★ ★ ('17, Action) <i>Charlize Theron</i>				Mike	Mike	Mike	Mike	Dog	
FXM	384	✶Terrorists (40)		Everything Happens at Night				The Remarkable Mr. Pennypacker		Two for the Road ('67, Romance-Comedy) 'NR'		(25) M*A*S*H ★★ ★ ★ ('70, Comedy) 'R'		FrenchCon			
FXX	125	Paid Programs					Mom	Mom	Casa de mi padre ('12, Comedy)		<i>Will Ferrell</i>		Holmes & Watson ('18, Comedy)		<i>Will Ferrell</i>		
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs					Amen	Amen	Good Time	Good Time	Good Time	Good Time	
GMSHW	116	Paid Programs								Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America
GOLF	401	Paid Programs		Open Epics	Golf C'tral	Golf C'tral	Golf Central		European PGA Golf				Golf Central Pregame (L)		2021 KPMG Women's		
GRIT	217	Paid Programs			Zane Grey	Zane Grey Theater		Death Vall.	Death Vall.	Canyon River ★ ★ ('56, Western)			The Virginian <i>Stopover in a Western Town</i>				
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Last Man	Last Man	
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons <i>The Theft</i>		The Waltons <i>The Roots</i>		The Waltons	
HALLMV	187	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Little House on Prairie		Little House on Prairie		Little House on Prairie		Murder, She Wrote		Murder, She Wrote	
HDMOV	130	✶The Ghost Writer (10)		Paid Programs				The Three Stooges Meet Hercules (40) 633 Squadron ('64, War) <i>Cliff Robertson</i>				Escape					
HGTV	112	Property Brothers			Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		
HIST	120	Paid Programs					Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	
ID	192	Twisted <i>Murder Mates</i>		Deadliest Decade		South-Homicide		Swamp Murders		What Lies Beneath		Still a Mystery		Still a Mystery		Atlanta Justice	
IFC	133	✶Super 2		Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.
LIFE	108	Paid Programs						Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer
LMN	109	Paid Programs				Watch Your Back ('15, Suspense)			A Dangerous Date ('18, Suspense)			Inspired to Kill ('16, Suspense) <i>Daniel Booko</i>					
MGMHD	385	Gun the Man Down ★ ★ ('56, Western)			Von Richthofen and Brown ★ ★ ('71, War)				(05) Pursuit of the Graf Spee ('56, War) <i>John Gregson</i>				(35) Cast a Giant Shadow ('66)				
MOTOR	246	Bitchin' Rides		FantomWorks		Garage	Garage	Roadkill		Iron Resurrection		Overhaul'n'		Overhaul'n'		Overhaul'n'	
MSNBC	209	Rachel Maddow Show		Way Too Early With		Morning Joe (L)					Stephanie Rühle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)		
NATGEO	197	Air Crash Investigation		Air Crash Investigation		Paid Programs					Food	Food	Food	Food	Food	Food	
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol	
OUTD	396	Gun Stories	Shoot Gllry	Guns	Rifleman	In-Fish'man	Hook	Whitetail	Drop Zone	Am. Archer	Whitetail	Outdr.	Fish. Edge	Nugent	Gregg Ritz	Bowhunter	Wardens
OWN	189	20/20 on OWN		20/20 on OWN		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Mastermind of Murder		Mastermind of Murder		Dateline: Secrets		Dateline: Secrets		Killer Couples		Killer Couples		Killer Couples		Killer Couples	
PARMT	241	Paid Programs					Bar Rescue					Bar Rescue		Bar Rescue		Bar Rescue	
POP	117	Goldbergs	Goldbergs	Goldbergs	Goldbergs	ER		ER		ER		ER		ER		ER	
REELZ	299	Paid Programs				Elvis Presley		Dolly Parton Revealed		Blake Shelton		I Lived With a Killer		I Lived With a Killer		I Lived With a Killer	
RFDTV	231	Paid Programs				Daniel O'Donnell Show		Merlin Ge. Jeremiah		Rural News/AgDay		Market Day Report (L)					
SCI	193	Forbidden History		Forbidden History		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned	
SMITH	367	Ice Airport Alaska		Ice Airport Alaska		Aerial America		Aerial America <i>Utah</i>		Aerial America		Orangutan		Orangutan		Malawi Wildlife Rescue	
SONY	386	(10) Blood and Bone ('09, Action) <i>Julian Sands</i>		Impact Point ('08, Suspense)			(45) The Experiment ★★ ★ ('10, Suspense)		(40) Ali ★★ ★ ('01, Biography) <i>Will Smith, Jamie Foxx</i>								
SUND-E	358	Perry Mason		Perry Mason		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
SYFY	122	Paid Programs				Twi. Zone	Twi. Zone	Twi. Zone	Ominous ('15, Horror) <i>Barry Watson</i>			Everly ★ ★ ('14, Action) <i>Salma Hayek</i>			Deep Blue		
TBN	260	Health	Rubin: CBD	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen
TBS	139	New Girl	New Girl	New Girl	Raymond	Raymond	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends
TCM	132	✶PalmSprn		The Saint in Palm Springs ('41)		Above Suspicion ('43, Suspense)			(45) Girl Missing ('33, Mystery)		Case-Velvet		(15) Murder on a Honeymoon		Haunted		
TLC	183	My 600-Lb. Life				Doubling Down-Derricos		Doubling Down-Derricos		Doubling Down-Derricos		Doubling Down-Derricos		Hoarding: Buried Alive		Hoarding: Buried Alive	
TMC-W	329	✶Made		True History of the Kelly Gang ('19) 'R'			(35) Body of Deceit ('15) 'R'		(10) Backstabbing for Beginners ('18) 'R'			Mac and Me ('88, Children's) 'PG'					Woman
TNT	138	The Inside Story			Shaq Life	Charmed <i>House Call</i>		Charmed		Charmed		Charmed		Supernatural		Supernatural	
TRU	242	Paid Programs						Ad. Ruins	Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro		Carbonaro	Carbonaro	
TRVL	196	Paid Programs								Hotel Paranormal		Hotel Paranormal		Hotel Paranormal		Hotel Paranormal	
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs					M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		
UP	188	Paid Programs				Br.- Bates	Br.- Bates	Heartland <i>Better Days</i>		Heartland <i>Walking Tall</i>		Tomboy ('17, Romance) <i>Makenzie Vega</i>			Little House on Prairie		
USA	105	Dateline <i>Unraveled</i>		Dateline		NCIS: Los Angeles		NCIS (Part 1 of 2)		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	128	Love After Lockup		Paid Programs									Law Order: CI		Law Order: CI		
NETWORKS																	
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)		
CBS-E	✶CBS Overnight News (N)		News	News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right (N)		
CW-E	Local Programs					Local Programs											
FOX-E	Local Programs					Local Programs						Local Programs		Local Programs			
NBC-E	Local Programs					Local Programs			Today (N)		Today 3rd Hour (N)		Today-Hoda		Local Programs		
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night	
ABC-W	Local Programs		ABC World News Now (N)				Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)			
CBS-W	✶Corden	Local Prog.		CBS Overnight News (N)						News	News	News	News	CBS This Morning (N)			
CW-W	Local Programs					Local Programs						Local Programs					
FOX-W	Local Programs					Local Programs						Local Programs		Local Programs			
NBC-W	✶Meyers	Late-Lilly		Today-Hoda		Early Tdy	Local Programs				Local Programs		Today (N)				
PBS	Mental Illness		Finding Your Roots		Ready Jet	Arthur	Molly	Wild Kratts	Elementary/Xavier		Curious	Tiger	Donkey	Elinor	Sesame St./Pinkalicious		

	EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30			
	CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30			
	MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30			
	PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30			
AMERICA'S TOP PROGRAMMING																				
FX	136	Paid Programs						A Dog's Way Home ★★ (19, Children's)				Mike	Night School ★★ (18, Comedy) Kevin Hart							
FXM	384	The Flight of the Phoenix (65) 'NR'				Two for the Road (67, Romance-Comedy) 'NR'				(7:55) Caprice (67, Comedy) 'NR'		(35) Nine to Five ★★★ (80, Comedy) 'PG'	Eyewitnes							
FXX	125	Paid Programs						Mom	Mom	Holmes & Watson (18, Comedy)			Will Ferrell	Passengers ★★ (16, Science Fiction)						
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs					Amen	Amen	Good Time	Good Time	Good Time	Good Time				
GMSHW	116	Paid Programs									Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America		
GOLF	401	2021 Senior Players Championship				Open Epics	Golf Central		European PGA Golf					Golf Central Pregame (L)			2021 KPMG Women's			
GRIT	217	Paid Programs			Zane Grey	Zane Grey Theater		Death Wall.	Catlow ★★ (71, Western) Yul Brynner, Richard Crenna				The Virginian The Fatal Journey							
HALL	185	Frasier	Frasier	Reba Pilot	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Last Man	Last Man			
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons		The Waltons The Fawn		The Waltons				
HALLMV	187	Magnum, P.I. Adelaide		Magnum, P.I.		Christmas in Angel Falls (17, Drama)				A Christmas for the Books (18, Romance)			A Merry Christmas Match (19, Romance)							
HDMOV	130	Joe (13, Drama)		Paid Programs				Racing With the Moon ★★ (84, Romance)					(9:55) Big Jake (71, Western) John Wayne							
HGTV	112	Christina on the Coast		Christina on the Coast		Renovation Island		Renovation Island		Renovation Island		Renovation Island		Renovation Island		Renovation Island				
HIST	120	Paid Programs						Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens				
ID	192	People Magazine		People Magazine		A Crime to Remember		A Crime to Remember		A Crime to Remember		Vanity Fair Confidential		Vanity Fair Confidential		48 Hours on ID				
IFC	133	Community	Community	Community	Community	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Another Stakeout			
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.			
LIFE	108	Paid Programs					Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer				
LMN	109	Paid Programs				A Teacher's Crime (08, Crime Drama)				His Perfect Obsession (18, Suspense)				Who's Stalking Me? (19, Suspense)						
MGMHD	385	Best	Studio	Studio	Studio	Studio	Studio	Studio	Taras Bulba ★★ (62, Action) Tony Curtis, Yul Brynner		Tony Curtis, Yul Brynner		(05) The Offence (73, Drama)		Sean Connery					
MOTOR	246	Bitchin' Rides		FantomWorks		Garage		Garage		Roadkill		Iron Resurrection		Texas Metal		Texas Metal				
MSNBC	209	Rachel Maddow Show		Way Too Early With		Morning Joe (L)						Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)				
NATGEO	197	Roswell	Secret History of UFOs		Science	Paid Programs						Battleground A		Battleground A		Battleground A				
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol				
OUTD	396	Territories	Heartland	Africa	Outdoors	Gowdy	Spear Life	Unfathom	BigWater	Zona's	Match Fish	Major League Fishing				MLF Angle Bass				
OWN	189	20/20 on OWN		20/20 on OWN		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil				
OXYG	127	An Unexpected Killer		An Unexpected Killer		Dateline: Secrets		Dateline: Secrets		Killer Couples		Killer Couples		Killer Couples		Killer Couples				
PARMT	241	Paid Programs								Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	Charmed		Goldbergs	Goldbergs	ER		ER		ER		ER		ER		ER				
REELZ	299	Paid Programs				Andy Warhol		John Lennon		Janis Joplin		Jean Harris		Susan Smith: What		Jodi Arias: What Hap.				
RFDTV	231	Paid Programs				DocTalk	Corn War.	Agriculture	Jeremiah	Rural News	AgDay	Market Day Report (L)								
SCI	193	Unearthed		Unearthed		Unearthed		Unearthed		Unearthed		Sinkholes: Swallowed		Sinkholes: Swallowed		Sinkholes: Swallowed				
SMITH	367	America in Color		America in Color		Aerial America		Aerial America		Aerial America		Mighty Planes		Mighty Planes		Mighty Planes				
SONY	386	Guess	(45) Urban Warfare (11, Action)	Steven Seagal		The Whereabouts of Jenny (90, Drama)				(20) The Shadow Riders ★★ (82, Western)		(20) The Hard Corps (06, Action)								
SUND-E	358	Perry Mason		Perry Mason		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.			
SYFY	122	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Z Nation	Z Nation		Heartland		Z Nation		(31) Z Nation		(32) Z Nation				
TBN	260	Steven	Taking	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen			
TBS	139	Wipeout	Matters	Raymond	Raymond	Raymond	George	George	George	Broke Girl	Broke Girl	The Cube		Friends	Friends	Friends	Friends			
TCM	132	The Young Stranger (15) Knock on Any Door (49, Crime Drama)				Hot Rod Gang ★ (58, Musical)				Teen-age Crime Wave ★ (55)			I Died a Thousand Times (55, Crime Drama)							
TLC	183	My 600-Lb. Life				Four Weddings		Four Weddings		Four Weddings		Four Weddings		Gypsy Wedding		Gypsy Wedding				
TMC-W	329	Ides	(45) Basic Instinct 2 ★ (06, Suspense) 'R'	(40) Outlaws (17) Ryan Corr 'R'				(15) Official Secrets (19, Drama) 'R'		(10) Ginger & Rosa (12) 'PG-13'				Inventing						
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed Cat House		Charmed		Charmed		NCIS: New Orleans		NCIS: New Orleans				
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers		Imp. Jokers	Carbonaro	Carbonaro	Carbonaro			
TRVL	196	Paid Programs								Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals				
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza				
UP	188	Paid Programs				Br.- Bates	Br.- Bates	Heartland Lost Highway		Heartland		Somebody's Child (12, Drama) Nadine Ellis				Little House on Prairie				
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		NCIS: Los Angeles		NCIS (Part 2 of 2)		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.				
WE	128	Love After Lockup		Paid Programs												Law Order: CI		Law Order: CI		
NETWORKS																				
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																				
ABC-E		Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)				
CBS-E		CBS Overnight News (N)			News	News	News	News	CBS This Morning (N)				Local Programs				The Price Is Right (N)			
CW-E		Local Programs				Local Programs														
FOX-E		Local Programs				Local Programs														
NBC-E		Local Programs				Local Programs			Today (N)			Today 3rd Hour (N)			Today-Hoda		Local Programs			
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night				
ABC-W		Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)						
CBS-W		Corden	Local Prog.	CBS Overnight News (N)						News	News	News	News	CBS This Morning (N)						
CW-W		Local Programs						Local Programs												
FOX-W		Local Programs						Local Programs												
NBC-W		Meyers	Late-Lilly	Today-Hoda		Early Tdy	Local Programs					Local Programs			Today (N)					
PBS		Independent Lens		Nature		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious			

DIG (00:00) = Based on Eastern Time. *MeTV channel numbers vary depending on local market. **151**

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30						
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30						
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30						
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30						
AMERICA'S TOP PROGRAMMING																						
FX	136	Baskets	FXM Pres.	Paid Programs				Mike	Mike	Mike	Mike	Holmes & Watson ('18, Comedy) <i>Will Ferrell</i>				Ace Ventura						
FXM	384	The Kremlin Letter ('70, Suspense) 'PG'				The Frogmen ('51, War) 'NR'			(40) The Day Mars Invaded Earth (8:55)			Witchcraft ('64)	(15) Race With the Devil ('75) 'PG'		The Fly							
FXX	125	Paid Programs						Mom	Mom	The Peanuts Movie ★★ ('15, Children's)			Smurfs: The Lost Village ('17, Children's)									
GETTV	373	Fantasy Island			Fantasy Island		Paid Programs			Mass			Life of Grizzly Adams		Shane (15) Hondo							
GMSHW	116	Paid Programs										Deal or No Deal		America	America	America	America					
GOLF	401	2021 Senior Players Championship			Golf C'tral	Golf C'tral	Golf Central		♀ European PGA Tour Golf BMW International Open, Final Round (L)													
GRIT	217	Paid Programs				Blue Steel ★★ ('34, Western)			Western Union ★★★ ('41, Western) <i>Robert Young</i>			Carson City ('52, Western) <i>Randolph Scott</i>										
HALL	185	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Love in the Forecast ('20, Romance)				Sun-Romance						
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		The Waltons		The Waltons		McBride: Murder Past Midnight ('05, Mystery)				McBride: Chm.						
HALLMV	187	Christmas in the Air ('17, Romance) <i>Eric Close</i>				A Family Christmas Gift ('19, Romance)			A Gingerbread Romance ('18, Romance)			Charming Christmas ('15, Romance) <i>Julie Benz</i>										
HDMOV	130	Magic	Trailer	Paid Programs						Santa Fe ★★ ('51, Western)			Trailer	(9:55) What's Eating Gilbert Grape ('93)								
HGTV	112	Paid Programs						Dream	Dream	Dream	Dream	Dream	\$50K Three	\$50K Three	\$50K Three	\$50K Three						
HISTV	120	Paid Programs						Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Counting Cars		Counting Cars						
ID	192	Nightmare Next Door		Nightmare Next Door		The Lake Erie Murders		The Lake Erie Murders		The Lake Erie Murders		The Murder Tapes		TBA		Shadows of Death						
IFC	133	Coneheads ('93, Comedy) <i>Dan Aykroyd</i>				3's Comp.		3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	The Man From U.N.C.L.E. ★★ ('15, Action)							
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Bernie Mac	Bernie Mac					
LIFE	108	Paid Programs						Youseff	Harvest	Amazing	Jeremiah	Joel Osteen	Paid Prog.		Anna Nicole ('13, Docudrama) <i>Agnes Bruckner</i>							
LMN	109	Paid Programs				A Stolen Life ('18, Suspense) <i>Jessica Barth</i>			My Daughter Was Stolen ('18, Suspense)			Her Stolen Past ('18, Romance) <i>Shanice Banton</i>										
MGMHD	385	Beach Blanket Bingo ★★ ('65)		Studio		Studio	Studio	(05) Kid Galahad ('62, Musical)	Elvis Presley (10) Follow That Dream ★★ ('62, Musical) <i>Elvis Presley</i>			Frankie										
MOTOR	246	Bitchin' Rides		Bitchin' Rides		FantomWorks		Faster With Finnegan		Sam's	Motorhead	Hot Rod	Hot Rod	Garage	Truck U (N)	Car Fix	Garage					
MSNBC	209	Dateline		Dateline		Report		Report		Velshi (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)								
NATGEO	197	Trafficked-M. van Zeller		Trafficked-M. van Zeller		Paid Programs						Port Protection Alaska		Port Protection Alaska		Life Below						
NGWLD	190	Paid Programs						Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers						
OUTD	396	McMillan	For Love	Hunting TV	Hunt	Unfathom	BigWater	Andrews	Seahunter	Gowdy	Spear Life	Zona's	Lindner's	Outdr.	Bill Dance	Fishing	Lake					
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday						
OXYG	127	Dateline		Dateline		Dateline		Dateline		Dateline: Secrets		Mastermind of Murder		Killer Couples		Killer Couples						
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue						
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion						
REELZ	299	Paid Programs				Heath Ledger's Legacy		James Gandolfini		Celebrity	Celebrity	Cher: Do You Believe?				My Guest	My Guest					
RFDTV	231	Paid Programs				Church	Happy	Jackson	Jeffress	David	Hagee	In Touch	Church	Stuart	Porter	California	Reporter					
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made					
SMITH	367	Air Disasters		Air Disasters		Aerial America Ohio		Aerial America		Aerial America		Aerial America		Aerial America		Aerial America Texas						
SONY	386	Poker	Silverado	Blackway ★ ('15, Suspense)			(40) Edge of Winter ('16, Suspense)			(15) Harry Brown ('09, Suspense) <i>Michael Caine</i>			(15) Angel ('84, Crime Drama)		Donna Wilkes							
SUND-E	358	Karate Kid III		Monk		Monk		Monk		Monk		Monk		Monk		Monk						
SYFY	122	Witchville ('10, Science Fiction)			Tw. Zone		Paid Programs			The Bye Bye Man ('17, Horror) <i>Douglas Smith</i>			(04) Hellboy ★ ('19, Action) <i>David Harbour</i>									
TBN	260	Be Light	GregLaurie.TV			Ed Young	From His	Passion!	T. Evans	S. Furtick	Touch Lives	Jentezen	David	Dr. Jeffress	Win Walk	TBA	Carpenter					
TBS	139	Broke Girl	Matters	Matters	Matters	George	George	George	Raymond	Raymond	Raymond	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Cube						
TCM	132	Strangers Family Plot ★★ ('76, Suspense) <i>Bruce Dern</i>				The Lady Vanishes ('38, Mystery)			(15) Suspicion ('41, Suspense) <i>Cary Grant</i>			Shadow of a Doubt ('43, Crime Drama)										
TLC	183	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes to the Dress		Say Yes	Say Yes	Say Yes	Say Yes					
TMC-W	329	Aquaslash ('19) 'NR'		Harpoon ('19, Suspense) 'NR'		The Tortured ('10, Suspense) 'R'				Duran		Morris From America ('16) 'R'			Legally Blonde 2							
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Horrible Bosses 2 ★★ ('14, Comedy) <i>Jason Bateman</i>				Replacem						
TRU	242	Knockout	Knockout	Knockout	Knockout	Ad. Ruins	Ad. Ruins	Foodies		Foodies	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Funnisti	Funnisti	Foodies					
TRVL	196	Paid Programs						Food Paradise		Food Paradise		Food Paradise		Food Paradise		Food Paradise						
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls					
UP	188	Paid Programs				Br.- Bates		Mass		In Touch		Paid Prog.		Amazing	Little House on Prairie		Little House on Prairie					
USA	105	(05) Chicago P.D. Home		(03) Chicago P.D. Fallen		NCIS: Los Angeles		Paid Prog.		Jeremiah	In Touch	Joel Osteen	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU					
WE	128	Mama June- Not to Hot		Paid Programs												Law Order: CI		Law Order: CI				
Networks																						
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																						
ABC-E	Local Programs				Local Programs				Good Morning America (N)				Local Programs				This Week		Local Programs			
CBS-E	Local Programs				Local Programs								News Sunday Morning (N)				Face the Nation (N)		Local Prog.			
CW-E	Local Programs				Local Programs																	
FOX-E	Local Programs				Local Programs								Fox News Sunday				Local Programs					
NBC-E	Local Programs				Local Programs				Local Programs				Sunday Today				Meet the Press (N)				Local Programs	
METV	247*	Time Tunnel		The Invaders		Powers/ Matthew Star		Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Flintstones	Flintstones	Flintstones	The Jetsons					
ABC-W	Local Programs										Good Morning America (N)				This Week		Local Programs					
CBS-W	Local Programs										News Sunday Morning (N)				Face the Nation (N)		Local Prog.					
CW-W	Local Programs										Local Programs											
FOX-W	Local Programs										Local Programs				Fox News Sunday		Local Programs					
NBC-W	1st Look	House	House	Local Programs												Local Programs		Sunday Today		Meet the Press (N)		
PBS	Independent Lens		Wash	Hoover	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St. Pinkalicious							

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	Paid Programs					Holmes & Watson ('18, Comedy) <i>Will Ferrell</i> /Mike					Spectre ★★★ ('15, Action) <i>Daniel Craig, Christoph Waltz</i>					
FXM	384	⚡The Fly (⋄35)	Greenwich Village ('44) 'NR'		Can-Can ('60, Musical)		Frank Sinatra 'NR'		(⋄15) The Terrorists ★★ ('75) 'PG'		(⋄45) M*A*S*H ★★★★★ ('70, Comedy) 'R'		DirtyMary				
FXX	125	Paid Programs					Mom	Mom	Mom	Mom	Mom	Rise of the Planet of the Apes ('11, Science Fiction)					
GETTV	373	Fantasy Island		Fantasy Island		Paid Programs					Amen	Amen	Good Time	Good Time	Good Time	Good Time	
GMSHW	116	Paid Programs							Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America	
GOLF	401	⚡2021 Senior Players Championship		Open Epics		Golf Central		Golf Central		PGA Tour Golf <i>Travelers Championship, Final Round</i>							
GRIT	217	Paid Programs				Zane Grey	Zane Grey	Death Vall.	Death Vall.	Movie			The Virginian				
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)		Last Man	Last Man
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons <i>The Cradle</i>		The Waltons		The Waltons	
HALLMV	187	Hearts of Christmas ('16, Drama)				Last Vermont Christmas ('18, Romance)				The Christmas Secret ('14, Drama)			USS Christmas ('20, Romance) <i>Jen Lilley</i>				
HDMOV	130	⚡3 Stooges-Around			Paid Programs				Das Boot ★★★★★ ('81, War) <i>Jürgen Prochnow</i>			(⋄35) A Bridge Too Far ('77, War)					
HGTV	112	Renovation Island				Hunters	Hunters	Hunt Intl	Hunters	Hunters	Hunters	Hunters	Everything	Everything	Everything	Everything	
HIST	120	Paid Programs					American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		
ID	192	Evil Lives Here		Evil Lives Here		TBA		TBA		TBA		TBA		TBA		TBA	
IFC	133	⚡Street Kings ('08)		Kids in Hall	Kids in Hall	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.
LIFE	108	Paid Programs					Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer	
LMN	109	Paid Programs				Movie			Movie			Movie					
MGMHD	385	⚡What-Daddy?		Studio	Studio	Garage	(⋄35) The Trials of Oscar Wilde ★★	' (60, Drama) <i>Peter Finch</i>		(⋄20) The Wedding Banquet ('93, Comedy)		CageFolles					
MOTOR	246	Iron Resurrection		Iron Resurrection		Studio Squad		Roadkill	Roadkill	Iron Resurrection		Wheeler Dealers		Wheeler Dealers		Wheeler Dealers	
MSNBC	209	Meet the Press		Way Too Early With		Morning Joe (L)					Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)		
NATGEO	197	⚡Inside the Iraq War			Eyewitness	Paid Programs					Tiny House Nation		Tiny House Nation		Tiny House Nation		
NGWLD	190	Paid Programs					The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		
OUTD	396	Outdoors	Bone Coll.	Buck.	Hunting	Outdr.	Florida	Am. Archer	Outdoors	Whitetail	Heartland	In-Fish'man	Lake	Fowl Life	Gun Dog	Hunt Adv	Shock Thr.
OWN	189	Dr. Phil		Dr. Phil		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Dateline		Dateline		Dateline: Secrets		Dateline: Secrets		Killer Couples		Killer Couples		Killer Couples		Killer Couples	
PARMT	241	Paid Programs									Bar Rescue		Bar Rescue		Bar Rescue		
POP	117	48 Hours		48 Hours				(⋄41) ER		(⋄45) ER				(9:48) ER		(10:52) ER	
REELZ	299	Paid Programs				Brittany Murphy: Case		Marilyn Monroe: Case		Princess Diana		World's Most		World's Most		World's Most	
RFDTV	231	Paid Programs				Pulling	Agribusiness	Jeremiah		Rural News/AgDay		Market Day Report (L)					
SCI	193	What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?	
SMITH	367	Battle of Normandy		Battle of Okinawa		Aerial America		Aerial America		Aerial America		Secrets		Secrets <i>Tower of Babel</i>		Searching for Secrets	
SONY	386	⚡Ali ('01, Biography) <i>Will Smith</i>		(⋄25) True Justice		(⋄20) Today You Die ('05, Action)		(⋄05) Next Door ('94, Comedy) <i>James Woods</i>		Derailed ★ ('02, Action)		Silverado					
SUND-E	358	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes
SYFY	122	⚡The Bye Bye Man ('17, Horror)		Wild Life		The Twilight Zone		Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Blood Father ('16)	
TBN	260	Praying	Behind	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen
TBS	139	⚡Joe Dirt 2: Beautiful Loser ('15)		Matters		Matters	Raymond	Raymond	Raymond	George	George	George	George	Friends	Friends	Friends	Friends
TCM	132	⚡Frenzy ★★★ ('72, Suspense) <i>Jon Finch</i>				Giant ★★★★★ ('56, Drama) <i>Elizabeth Taylor, Rock Hudson</i>						The Steel Fist ('52) (⋄45)		Side Street ('50, Crime Drama)			
TLC	183	My 600-Lb. Life				7 Little Johnstons		7 Little Johnstons		7 Little Johnstons		7 Little Johnstons		Extreme	Extreme	Extreme Cheapskates	
TMC-W	329	(⋄10) Rabid ('19, Horror) <i>Laura Vandervoort</i> 'NR'		It Cuts Deep ('20, Horror) 'NR'		Legally Blonde 2				Duran		Laggies ★★★ ('14, Comedy-Drama) 'R'					
TNT	138	Charmed		Charmed (Part 1 of 2)		Charmed (Part 2 of 2)		Charmed (Part 1 of 2)		Charmed (Part 2 of 2)		Charmed		Supernatural		Supernatural	
TRU	242	Paid Programs						Ad. Ruins	Ad. Ruins	Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro
TRVL	196	Paid Programs									Food Paradise		Food Paradise		Food Paradise		Food Paradise
TVLND	106	Roseanne	Roseanne	Goldbergs	Goldbergs	Paid Programs					M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		
UP	188	Paid Programs				Br.- Bates	Br.- Bates	Heartland		Heartland		Movie					Little House on Prairie
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS: Los Angeles		NCIS Toxic		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D. <i>Hit Me</i>	
WE	128	Mama June- Not to Hot		Paid Programs										Law Order: CI		Law Order: CI	
NETWORKS																	
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																	
ABC-E		Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)		
CBS-E		⚡CBS Overnight News (N)		News	News	News	News	CBS This Morning (N)				Local Programs			The Price Is Right (N)		
CW-E		Local Programs				Local Programs						Local Programs			Local Programs		
FOX-E		Local Programs				Local Programs						Local Programs			Local Programs		
NBC-E		Local Programs				Local Programs		Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	Peter Gunn	Peter Gunn	Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night	
ABC-W		Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)			
CBS-W		Local Programs		CBS Overnight News (N)						News	News	News	News	CBS This Morning (N)			
CW-W		Local Programs					Local Programs						Local Programs				
FOX-W		Local Programs					Local Programs						Local Programs		Local Programs		
NBC-W		Local Programs		Meet the Press		Early Tdy	Local Programs				Local Programs		Today (N)				
PBS		Nature		Finding Your Roots		Ready Jet	Arthur	Molly	Wild Kratts	Elementary/Xavier		Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs			News	Local Programs						
CBS-E	Local Prog./Young & Restless		Bold	The Talk (N)	Let's Make a Deal (N)	Local Programs	Local Programs		News	Local Programs						
CW-E	Local Programs			Local Programs	Jerry Springer	Local Programs	Local Programs									
FOX-E	Local Programs					Local Programs										Local Prog.
NBC-E	Local Programs		Days of our Lives (N)	Local Programs					Local Prog.	News	Local Programs					
METV	247*	The Waltons		Gunsmoke	Bonanza	Riflemen	Riflemen	Wagon Train	Adam-12	Adam-12	Addams	Happy Day	M*A*S*H	M*A*S*H		
ABC-W	Local Programs		The View (N)	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs									
CBS-W	Local Programs		The Price Is Right (N)	Young & Restless	Local Prog./Bold	The Talk (N)	Let's Make a Deal (N)	Local Programs								
CW-W	Local Programs										Jerry Springer					
FOX-W	Local Programs							Local Programs								Local Prog.
NBC-W	Today 3rd Hour (N)		Today-Hoda	Local Programs				Days of our Lives (N)	Local Programs							
PBS	Dinosaur		Clifford	Sesame St. Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Molly	Xavier	Odd	Arthur	Cat in the	Peg & Cat	PBS NewsHour (N)	

	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30			
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30			
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30			
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30			
AMERICA'S TOP PROGRAMMING																			
FX	136	Paid Programs						Open Water ('03, Suspense) <i>Blanchard Ryan</i>				Mike	The 5th Wave ('16, Science Fiction) <i>Chloë Grace Moretz</i>						
FXM	384	The Other ('72) 'PG'		Earth Dies Scr.		Stowaway ('36) <i>Shirley Temple 'G'</i>		My Gal Sal ('42, Biography) 'NR'		(:15) All About Eve ★★ ★★ ('50, Drama) <i>Bette Davis 'NR'</i>			Young						
FXN	125	Paid Programs						Mom	Mom	Mom	Mom	Mom	black-ish	black-ish	black-ish	black-ish	Everest		
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs						Amen	Amen	Good Time	Good Time	Good Time			
GMSHW	116	Paid Programs								Whammy!	Whammy!	Pyramid	Get a Clue	Common	Catch 21	America	America		
GOLF	401	Paid Programs		PGA TOUR	Golf	Golf Central		Golf Central		PGA TOUR	One Shot	2021 Bridgestone Senior Players Championship <i>Final Round</i>			PGA TOUR				
GRIT	217	Paid Programs				Zane Grey	Zane Grey	Death Vall.	Death Vall.	Movie				The Virginian					
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family (N)		Last Man	Last Man		
HALLDR	186	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons		The Waltons		The Waltons			
HALLMV	187	A Glenbrooke Christmas ('20, Drama)				A Blue Ridge Mountain Christmas ('19)				Looks Like Christmas ('16, Drama) <i>Anne Heche</i>				Christmas Incorporated ('15, Romance-Comedy)					
HDMOV	130	47 Men-Now		Paid Programs				Catch Me if You Can ★★ ★ ('02, Comedy-Drama)				(:40) True Grit ('69, Western)							
HGTV	112	Unsellable Houses				Unsellable Houses		Inside Out		Inside Out		Inside Out		Inside Out		Smart Home			
HIST	120	Paid Programs						Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars		
ID	192	TBA		TBA		TBA		TBA		TBA		TBA		TBA		TBA			
IFC	133	The Heartbreak Kid ('07, Comedy) <i>Ben Stiller</i>				3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock		
LAFF	237	Paid Programs				Videos	Videos	Videos	Videos	Nt. Court	Nt. Court	Nt. Court	Nt. Court	Grace/Fire	Grace/Fire	Home Imp.	Home Imp.		
LIFE	108	Paid Programs				Robison		Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer			
LMN	109	Paid Programs				Movie				Movie				Movie					
MGMHD	385	The Passionate Friends ('49, Romance)				Night Drive ★★ ('76, Suspense)				(:45) The Abominable Dr. Phibes ('71, Horror) <i>Vincent Price</i>				(9:50) Dr. Phibes Rises Again ('72, Horror)					
MOTOR	246	Hot Rod	MotorWeek	FantomWorks		Garage	Garage	Roadkill		Iron Resurrection		Car Crews w/Supercar		Car Crews w/Supercar		Car Crews w/Supercar			
MSNBC	209	Rachel Maddow Show		Way Too Early With		Morning Joe (L)						Stephanie Ruhle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)			
NATGEO	197	Primal Survivor		Primal Survivor		Paid Programs						National Parks		National Parks		National Parks			
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol			
OUTD	396	Whitetail	Driven	Fowl Life	Gun Dog	Match Fish, Lake		Lindsey	Live 2 Hunt	Driven	Archer's	Fishing	A Fishing	Whitetail	Hunting TV	Buck.	Crush		
OWN	189	20/20 on OWN		20/20 on OWN		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil			
OXYG	127	Accident, Suicide		Accident, Suicide		Dateline: Secrets		Dateline: Secrets		Killer Couples		Killer Couples		Killer Couples		Killer Couples			
PARMT	241	Paid Programs								Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue			
POP	117	Charmed		Goldbergs	Goldbergs	ER		ER		ER		ER		ER		ER			
REELZ	299	Paid Programs				Demons in the City of		Demons in the City of		Demons in the City of		CopyCat Killers		CopyCat Killers		CopyCat Killers			
RFDTV	231	Paid Programs				C. Burnett	Midwest Country	Jeremiah		Rural News/AgDay		Market Day Report (L)							
SCI	193	Underground Marvels		Underground Marvels		Forbidden History				Forbidden History		Catastrophes		Catastrophes		Catastrophes			
SMITH	367	Bird vs. Plane: Miracle		Aboard Air Force One		Aerial America <i>Missouri</i>				Aerial America		Disasters at Sea		Disasters at Sea		Air Disasters			
SONY	386	Multipty The Hard Corps ★★ ★ ('06, Action)				The Fan ★★ ('96, Suspense) <i>Robert De Niro</i>				(:40) Breakout ('13, Suspense) <i>Brendan Fraser</i>				(:25) Lake Placid 2 ('07, Horror)					
SUND-E	358	Columbo		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.		
SYFY	122	Underworld ('03)		Twii. Zone	Twii. Zone	Futurama	Futurama	Futurama	Futurama	Jigsaw ★★ ('17, Horror) <i>Tobin Bell</i>				Shut In ★★ ('16, Suspense) <i>Naomi Watts</i>					
TBN	260	Christine	Access 360	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen		
TBS	139	Imp. Jokers	Imp. Jokers	Matters	Matters	Matters	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends		
TCM	132	Movie				Music for Millions ★★ ★ ('44, Musical)				(:15) Susan Slade ('61, Drama) <i>Troy Donahue</i>				Mexican Spitfire's Blessed Event		Never Too			
TLC	183	My 600-Lb. Life				OutDaughtered		OutDaughtered		OutDaughtered		Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes		
TMC-W	329	4Sahara (:40) True History of the Kelly Gang ('19) 'R'		(:45) Universal Soldier ('92, Science Fiction) 'R'				Equals ('15, Science Fiction) 'PG-13'				(:15) Volition ('19, Science Fiction) 'NR'							
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed Little Monsters		Charmed Chris Crossed		Charmed Witchstock		Supernatural		Supernatural			
TRU	242	Paid Programs								Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers	Carbonaro	Carbonaro	Carbonaro
TRVL	196	Paid Programs								Mysteries-Museum		Mysteries-Museum		Mysteries-Museum		Mysteries-Museum			
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza			
UP	188	Paid Programs				Bringing Up Bates		Heartland		Heartland		Movie				Little House on Prairie			
USA	105	(:02) Dateline <i>Stone-Cold</i>		Dateline		NCIS: Los Angeles		NCIS <i>Aliyah</i>		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
WE	128	Love After Lockup		Paid Programs										Law Order: CI		Law Order: CI			
NETWORKS																			
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																			
ABC-E		Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)			
CBS-E		CBS Overnight News (N)		News	News	News	News	CBS This Morning (N)				Local Programs				The Price Is Right (N)			
CW-E		Local Programs				Local Programs													
FOX-E		Local Programs				Local Programs						Local Programs				Local Programs			
NBC-E		Local Programs				Local Programs		Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs			
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night			
ABC-W		Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)					
CBS-W		Corden	Local Prog.	CBS Overnight News (N)						News	News	News		News	CBS This Morning (N)				
CW-W		Local Programs				Local Programs						Local Programs							
FOX-W		Local Programs				Local Programs						Local Programs		Local Programs					
NBC-W		Meyers	Late-Lilly	Today-Hoda		Early Tdy	Local Programs				Local Programs		Today (N)						
PBS		Independ.	Breaking	Antiques Roadshow		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.		Pinkalicious	

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30		
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30		
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30		
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30		
AMERICA'S TOP PROGRAMMING																		
FX	136	Sicario: Day of the Soldado ★★ ★ ('18, Suspense)				Mission: Impossible: Fallout ★★ ★ ('18, Action) Tom Cruise				Men in Black: International ★★ ('19, Science Fiction)								
FXM	384	Young Frankenstein ('74) 'PG' (25) High Anxiety ('77) 'PG'				Don't Breathe ('16, Horror) Jane Levy 'R' (4:50) Life ('17, Science Fiction) 'R' (4:45) Green Book ('18) 'PG-13'												
FXX	125	Everest ★★ ★ ('15, Adventure) Jason Clarke				Pacific Rim Uprising ('18, Science Fiction) John Boyega				X-Men: Apocalypse ★★ ★ ('16, Action) James McAvoy				Deadpool				
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Guns of Paradise		Spillane's Mike Hammer		Starsky and Hutch				
GMSHW	116	Deal or No Deal		Match Gm.		Match Gm.		Catch 21		The Chase		Ma. Minds		Ma. Minds		Chain Rea.		
GOLF	401	Golf Today (L)				Golf Today				Golf Central (L)		PGA TOUR Classics (N)		Golf Central		PGA TOUR		
GRIT	217	Laramie		Laramie		Fargo		Fargo		Tales of Wells Fargo		Fargo		Fargo		Movie		
HALL	185	Last Man		Last Man		The Middle		The Middle		Reba		Reba		Reba		Reba		
HALLDR	186	The Waltons		Medicine Woman		Medicine Woman		Medicine Woman		Medicine Woman		Medicine Woman		Adventures in Love & Babysitting ('15)		How to Fall in Love		
HALLMV	187	A Homecoming for the Holidays ('19)				Christmas in Angel Falls ('17, Drama)				Nostalgic Christmas ('19, Romance)				A Christmas for the Books ('18, Romance)				
HDMOV	130	True Grit ('69)		(12:55) Ike: Countdown to D-Day		Escape Plan ('13, Action) Sylvester Stallone				A Midnight Clear ('92, War) Ethan Hawke (12:25) Reach Me ('14, Drama)								
HGTV	112	Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		
HIST	120	Cnt. Cars		Cnt. Cars		Counting Cars		Counting Cars		Counting Cars		Counting Cars		Counting Cars		Forged in Fire		
ID	192	TBA		TBA		TBA		TBA		TBA		TBA		TBA		TBA		
IFC	133	Scrubs		Scrubs		Scrubs		Scrubs		Scrubs		Scrubs		Scrubs		Scrubs		
LAFF	237	Jim		Jim		'70s Show		'70s Show		Videos		Videos		Videos		Videos		
LIFE	108	Major Crimes		Major Crimes		Major Crimes		Major Crimes		Major Crimes		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		
LMN	109	Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie		
MGMHD	385	Solarbabies ★ ★ ('86, Science Fiction)				The Little Girl Who Lives Down the Lane ('76)				Child's Play ('88, Horror) Catherine Hicks				Buffalo Bill and the Indians ('76, Western)				
MOTOR	246	Car Crews w/Supercar		Car Crews w/Supercar		Car Crews w/Supercar		Car Crews w/Supercar		Roadkill		Iron Resurrection		FantomWorks		Bitchin' Rides		
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Ayman Mohyeldin		Deadline: White House (L)				The Beat With		The ReidOut (L)		
NATGEO	197	National Parks		National Parks		National Parks		Airport Security: Peru		Airport Security: Peru		Airport Security: Peru		To Catch a Smuggler		To Catch a Smuggler		
NGWLD	190	Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		
OUTD	396	Andrews		Seahunter		Whitetail		GunDogT		Unfathom		BigWater		Fishmonger		Spear Life		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dateline on OWN		Dateline on OWN		Dateline on OWN		Dateline on OWN		Dateline on OWN		
OXYG	127	Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom		Mom		Mom		Two Men		Two Men		
POP	117	ER		House		House		House		House		House		House		House		
REELZ	299	Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		CopyCat Killers		CopyCat Killers		CopyCat Killers		CopyCat Killers		
RFDTV	231	Market Day Report (L)				Rural America Live		Equestrian		Best Amer		Southern		Bucket List		Rodeo		
SCI	193	Catastrophes		Catastrophes		Catastrophes		Catastrophes		Catastrophes		Catastrophes		Catastrophes		Catastrophes		
SMITH	367	Air Disasters		Air Disasters		Air Disasters		Air Disasters		Epic Yellowstone		Epic Yellowstone		Epic Yellowstone		Epic Yellowstone		
SONY	386	(10) Lake Placid 3 ('10, Horror) Colin Ferguson				The Pursuit of Happyness ★★ ★ ('06, Drama) Will Smith (20) Against the Dark ('09, Horror)				(10) American Outlaws ★ ★ ('01, Western)								
SUND-E	358	Ghost ★★ ★ ('90, Fantasy) Patrick Swayze, Demi Moore				Criminal Minds				Criminal Minds				Criminal Minds		Criminal Minds		
SYFY	122	Dracula Untold ★★ ('14, Fantasy) Luke Evans (04) Se7en ★★ ★ ('95, Suspense) Brad Pitt, Morgan Freeman				Transformers: Revenge of the Fallen ★★ ('09, Action) Shia LaBeouf												
TBN	260	S. Furtick		Robert		Joyce M.		Together		Robison		Rubin		The 700 Club		Hagee		
TBS	139	Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends		
TCM	132	Never Too Late ('65, Comedy)				The High Cost of Loving ('58)				Everything I Have Is Yours ('52) (45) Confidentially Connie ('53)				(15) Doctor, You've Got to Be Kidding ('67)				
TLC	183	Extreme		Extreme		Extreme		Extreme		TBA		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		
TMC-W	329	The Current War: Director's Cut (45) Hamburger Hill ★★ ★ ('87, War) 'R' (35) Dark Waters ('19, Drama) 'PG-13' (45) Beauty Shop ('05, Comedy) 'PG-13'				How She												
TNT	138	Supernatural		Supernatural		Supernatural		Journey to the Center of the Earth ('08)				King Kong ★★ ★ ('05, Adventure) Naomi Watts, Jack Black						
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes		Jokes		Jokes		Jokes		
TRVL	196	Mysteries-Museum		Mysteries-Museum		Mysteries-Museum		Mysteries-Museum		Mysteries of the Unknown				Mysteries of the Unknown				
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.		Andy G.		Andy G.		Andy G.		
UP	188	Little House on Prairie		Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba		
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
WE	128	Law Order: CI		Law Order: CI		Law Order: CI		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		
NETWORKS																		
ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		Local Programs		News		Local Programs			
CBS-E	Local Prog. Young & Restless		Bold		The Talk (N)		Let's Make a Deal (N)		Local Programs		Local Programs		News		Local Programs			
CW-E	Local Programs				Local Programs		Jerry Springer		Local Programs		Local Programs							
FOX-E	Local Programs		Local Programs		Local Programs				Local Programs									
NBC-E	Local Programs		Days of our Lives (N)		Local Programs				Local Programs				Local Prog. News		Local Programs			
METV	247	The Waltons		Gunsmoke		Bonanza		Rifleman		Rifleman		Wagon Train		Adam-12		Adam-12		
ABC-W	Local Programs		The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		Local Programs			
CBS-W	Local Programs		The Price Is Right (N)		Young & Restless		Local Prog.		Bold		The Talk (N)		Let's Make a Deal (N)		Local Programs			
CW-W	Local Programs				Local Programs				Local Programs				Jerry Springer		Local Programs			
FOX-W	Local Programs		Local Programs		Local Programs				Local Programs									
NBC-W	Today 3rd Hour (N)		Today-Hoda		Local Programs				Days of our Lives (N)				Local Programs					
PBS	Dinosaur		Clifford		Sesame St.		Donkey		Tiger		Go Luna		Nature Cat		Wild Kratts			

EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
PREMIUM MOVIES																			
SHOWTIME	SHO-E	318	Gladiator ★★★ ('00, Historical Drama) Russell Crowe, Joaquin Phoenix 'R'				(:35) The Fighter ★★★ ('10, Drama) Mark Wahlberg, Christian Bale 'R'				Desus & Mero		Wrong Turn ('21, Horror) Charlotte Vega, Matthew Modine 'R'				I, Tonya ('17, Biography) Margot Robbie 'R'		
	SHO-W	319	◀Dreamland ('19) 'R' (:8:50) Unforgiven ★★★ ('92, Western) 'R'				Gladiator ('00, Historical Drama) Russell Crowe 'R' (:35) The Fighter ★★★ ('10, Drama) 'R'				Desus								
	SHO2-E	320	20th Century Women ★★★ ('16, Comedy-Drama) Annette Bening, Elle Fanning 'R'				Brokeback Mountain ★★★ ('05, Romance) Heath Ledger, Jake Gyllenhaal 'R'				(:12:15) Silver Linings Playbook ★★★ ('12, Comedy-Drama) Bradley Cooper, Jennifer Lawrence 'R'		(:20) Hustlers ★★★ ('19, Comedy-Drama) Constance Wu 'R'						
	SHOBET	321	Flatbush	Black Mon	The Chi Candyman		First Wives		Biker Boyz ★★ ('03, Action) 'PG-13'				Red ★★★ ('10, Action) Bruce Willis 'PG-13'				The Legend of Black Charley ('72)		
	SHOX-E	322	◀Rambo Part II		The Kings 104		Bellator MMA Bellator 259: Cyborg vs. Smith 2				A Prayer Before Dawn ('17, Action) 'R'				Taxi Driver ('76, Drama) 'R'				
	SHOS-E	323	Moonlight ('16, Drama) Mahershala Ali 'R'				The L Word Litmus Test				The L Word		The L Word Last Word (:0:05) Dallas		Buyers Club ('13, Drama) 'R'				
	TMC-E	327	Legally Blonde 2				(:35) Beauty Shop ('05, Comedy) 'PG-13'				Uptown Girls ★★ ('03) 'PG-13'				(:05) Spring Breakers ('12) 'R'		(:40) The Gasoline Thieves ('19)		
TMCX-E	328	Source Code ★★ ('11) 'PG-13'				(:35) The Ides of March ('11, Drama) 'R'				Smokin' Aces 2: Assassins' Ball				Rob Roy ★★★ ('95, Biography) Liam Neeson 'R'				The Out	
FLIX-E	333	Top Gun ★★ ('86, Action) Tom Cruise 'PG'				Born on the Fourth of July ★★★ ('89, Docudrama) 'R'				Rosemary's Baby ★★★ ('68, Horror) Mia Farrow 'R'				The Master ('12) 'R'					
STARZ	ENCR-E	340	◀Zero Dark Thirty		Lake Placid ★★ ('99, Horror) Bill Pullman, Bridget Fonda 'R'		(:26) Funny People ★★ ('09, Comedy-Drama) Adam Sandler, Seth Rogen 'R'				(:12:56) Runaway Jury ★★★ ('03, Suspense) John Cusack, Gene Hackman 'PG-13'				(:07) Into the Blue ('05, Adventure) 'PG-13'				
	STARZ-E	350	◀Blumhouse's Fantasy Island ★★ ('16, Horror) Michael Peña 'PG-13'				(:16) Run the World		(:9:46) After Earth ★★ ('13, Sci-ence Fiction) Jaden Smith 'PG-13'		Run the World		(:12:01) Devil ★★ ('10, Horror) Chris Messina 'PG-13'		(:25) Little Birds Episode 4		(:16) Lost in Translation ★★★ ('03, Comedy-Drama) Bill Murray 'R'		
	STARZ-W	351	◀That's-Boy (:19) It's Complicated ('09) Meryl Streep 'R'				(:23) Blumhouse's Fantasy Island ('20) 'PG-13'				Run the World		(:12:46) After Earth ('13) 'PG-13'		Run the World		Devil ('10) 'PG-13'		
	STRZED	352	◀Monster Hunter ('20) 'PG-13'				Blindspot		Vida Episode 22		Step Up: High Water		(:11:51) Jumanji: The Next Level ('19) 'PG-13'		Blindspot		(:29) Good Will Hunting ('97) 'R'		
	STRZCI	353	◀Radio ★★ ('03) 'PG' Little Birds Episode 4				(:9:50) Assassins ('20) 'NR'				(:37) Asher ('18, Action) Ron Perlman 'R'		(:25) Frankie ('19, Drama) 'PG-13'		Last Day Disco				
	STRZCO	354	The Devil Wears Prada ★★ ('06) 'PG-13'				(:9:52) The Broken Hearts Gallery				(:43) So I Married an Axe Murderer ('93)		(:21) Big Trouble in Little China		(:03) Greed ('19) 'R'				
	STRZIB	355	◀Family That Preys		Power Loyalty		(:0:02) Power		(:0:04) Power		(:12:09) Glory ('89, War) Matthew Broderick 'R'		Run the World		(:43) Posse ('93, Western) 'R'				
STRZKF	356	Hotel Transylvania ('12) 'PG'				(:33) Spider-Man 2 ('04, Action) 'PG-13'				(:42) Snowflake, the White Gorilla		(:09) Swift ('19, Children's) 'NR'		Swan Princess: Secret					
EPIX	EPIX	380	Jack Reacher ★★ ('12, Action) Tom Cruise, Rosamund Pike				(:15) Red Dawn ★★ ('12, Action) Chris Hemsworth, Josh Peck				(:11:50) Internal Affairs ★★★ ('90, Crime Drama) Richard Gere		(:45) Domina Secrets		(:45) War of the Worlds Episode 4		(:45) The Soloist		
	EPIX2	381	Hansel & Gretel: Witch Hunters				Gretel & Hansel ('20, Horror)		The Blair Witch Project ('99)		(:25) Crawl ★★★ ('19, Horror)		(:1:55) Bound ('96, Suspense)		Domina				
	EPIXH	382	Fighting With My Family ('19, Comedy-Drama)				Madea Family Funeral				(:40) Young Adult ★★★ ('11)		(:15) Spontaneous ★★★ ('20, Comedy)		The Weekend ('18)				
	EPIXDR	292	Star Trek VI: The Undiscovered Country ('91)				(:9:50) Star Trek Generations ★★ ('94)				(:11:50) Star Trek: Insurrection ('98)		(:35) The Relic ('97, Horror) Penelope Ann Miller		Lady-Cage				
AMERICA'S TOP PROGRAMMING																			
A&E	118	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam P	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam P	Court Cam	Court Cam	Court Cam		
AHC	195	Weaponology				Weaponology				Weaponology				Weaponology		Weaponology		Weaponology	
AMC	131	Transformers: Dark of the Moon ★★ ('11, Action) Shia LaBeouf, Josh Duhamel				The Last Witch Hunter ★★ ('15, Fantasy) Vin Diesel				Soulmates Layover				Soulmates					
APL	184	North Woods Law: Uncuffed (N)				Yellowstone				North Woods Law: Uncuffed				Yellowstone		Yellowstone		North Woods Law	
AXSTV	167	TBA				The Big Interview				Live (L)				Legends		Live (L)		Legends	
BBCA	135	Focus ★★★ ('15, Comedy-Drama) Will Smith				Focus ★★★ ('15, Comedy-Drama) Will Smith				Star Trek: Next				Star Trek: Next		Star Trek: Next			
BET	124	◀Fist Fight ★★ ('17) Tyler Perry's Sistas (N)				BET Presents (N)				Tyler Perry's Sistas				BET Presents The Encore		Cleveland		Cleveland	
BOUNCE	359	Selma ★★★ ('14, Historical Drama) David Oyelowo, Tom Wilkinson				The Color Purple ★★★ ('85, Drama) Whoopi Goldberg, Danny Glover				The Game				Without a Trace					
BRAVO	129	Real Housewives		Family Karma (N)		Watch		Real Housewives		Family Karma		Chrisley		Chrisley		Chrisley		Watch	
BUZZR	245	Concentrat.	Password	Sweep	Card	Match-Squares		Concentrat.		Password		Sweep		Card		Match-Squares		FamFeud	
CIHD	249	Paranormal	Paranormal	Paranormal	Paranormal	Female Forces		Female Forces		Paranormal		Paranormal		Paranormal		Female Forces		Female Forces	
CMT	166	Mom	Mom	Mom	Mom	Mom		Reba		Reba		Reba		Reba		Housewife		Housewife	
CNBC	208	Shark Tank				Shark Tank				Shepard Smith				American Greed		Dateline		Dateline	
CNN	200	Anderson Cooper 360 (L)		Cuomo Prime Time (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight		Don Lemon Tonight			
COM	107	South Park	South Park	South Park	South Park	South Park		Yankers		Daily Show		South Park		The Daily Show		South Park		South Park	
COMET	289	Quantum Leap		Quantum Leap		The X-Files (Part 1 of 2)		The X-Files (Part 2 of 2)		The X-Files X-Cops		Battlestar Galactica		Battlestar Galactica		Dust Episode 24			
COOK	113	Carn Eats		Carn Eats		Man's Greatest Food (N)		Food Paradise		Food Paradise		Carn Eats		Carn Eats		Man's Greatest Food		Food Paradise	
DISC	182	Expedition Unknown				Hunting Atlantis (N)				Curse of Akakor (N)				Expedition Unknown		Expedition Unknown		Expedition Unknown	
DFC	179	Chopped Junior		Chopped Junior		Chopped Junior		Chopped Junior		Chopped Junior		Chopped Junior		Chopped Junior		Too Cute!		Ultimate Zoo	
DISN-E	172	Big City	Big City	Big City	Big City	Owl Hse.		Amphibia		Big City		Big City		Jessie		Jessie		Bunk'd	
DIY	111	Holmes & Holmes		Holmes & Holmes		Holmes & Holmes		Holmes & Holmes		Holmes & Holmes		Holmes & Holmes		Holmes & Holmes		Holmes & Holmes		Holmes & Holmes	
ENCR-W	341	◀Once Upon a Time				(:20) Zero Dark Thirty ('12, Drama) Jessica Chastain 'R'				Lake Placid ★★ ('99, Horror) 'R'				(:26) Funny People ('09, Comedy-Drama) Adam Sandler 'R'					
EWESTN	342	◀Posse				(:44) Ride a Crooked Trail ('58)				(:13) Gunpoint ('66, Western) 'NR'				(:40) The Wild and the Innocent				Romance of the West	
EACTN	343	◀Robin Hood ★★ ('10) 'PG-13'				(:18) Hit & Run ('12, Comedy) 'R'				Miami Vice Asian Cut				Kn't Rider		(:44) Anthropoid ('16, Historical Drama) Cillian Murphy 'R'		Finding Steve	
ESUSP	344	◀Valkyrie ('08) 'PG-13'				Cape Fear ('91, Suspense) Robert De Niro 'R'				(:10) The Black Dahlia ('06, Mystery) Josh Hartnett 'R'				(:16) Ronin ('98, Action) Robert De Niro 'R'		(:20) Driven			
EBLACK	345	Malcolm		Jeffersons		(:8:52) Crooklyn ★★ ('94, Drama) 'PG-13'		(:10:48) Along Came a Spider ('01)		(:36) Chain Reaction ★★ ('96, Action) 'PG-13'		(:25) Under Suspicion ('00) 'R'							
ECLASS	346	(:06) Stir Crazy ('80, Comedy) Gene Wilder 'R'				Rescue Me Rules				(:09) Damages		(:11:53) The Exorcism of Emily Rose ('05)		(:1:55) Juno ('07) Ellen Page 'PG-13'		Booty Call			
EFAMLY	347	Little Women ★★★ ('19, Drama) Saoirse Ronan 'PG'				Gold Diggers: Bear Mountain				The Ballad of Lucy Whipple ('01)				(:23) Are We Done Yet? ('07) 'PG'		(:2:56) Zoom ('06) 'PG'			
ESPN	140	NBA Countdown (L)		🏀 NBA Basketball		Conference Final: Teams TBA (L)				SportCtr		SportsCenter		SportsCenter (L)		SportsCenter (L)		SportsCenter	
ESPN2	143	◀2021 College World Series				SEC Storied Thunder and Lightning				UFC Archival		UFC Archival		UFC Archival		UFC Archival		UFC Archival	
EWTN	261	EWTN Live (N)		News		Rosary		Fr. Spitzer's Universe		Crossing		Women of		Daily Mass		EWTN Live		News	
FETV	82	Perry Mason		Perry Mason		T.J. Hooker		Hart to Hart		B. Miller		B. Miller		Maude		Maude		One Day	
FNC	205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity				The Ingraham Angle	
FOOD	110	Guy's Grocery Games		Guy's Grocery Games (N)		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games	
FREFM	180	◀The Other Woman ('14, Romance-Comedy)				The Bold Type (N)				The 700 Club		Simpsons		Simpsons		Simpsons		The 700 Club	
FS1	150	NHRA Drag Racing Summit Racing Equipment				NHRA Nationals				Skip and Shannon: Undisputed		TMZ (N)		Boxing PBC Fight Night		Boxing			

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30					
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30					
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30					
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30					
AMERICA'S TOP PROGRAMMING																					
FX	136	Bumblebee ★★★ ('18, Action) Hailee Steinfeld				Bumblebee ★★★ ('18, Action) Hailee Steinfeld				Hip Hop Uncovered		Hip Hop Uncovered		Hip Hop Uncovered							
FXM	384	Green Book ('18) 'PG-13'		(25)	Green Book ★★★ ('18, Comedy-Drama) 'PG-13'				(12:05)	Life ★★★ ('17, Science Fiction) 'R'		Slender Man ('18, Horror) Joey King 'PG-13'									
FXX	125	Deadpool 2 ('18, Action) Ryan Reynolds				Dave (N)	Dave	Dave	Sunny	Family Guy	Family Guy	Dave	Sunny	Sunny	FXM Pres.	Paid Programs					
GETTV	373	Charlie's Angels		Charlie's Angels		Hart to Hart Cop Out		All/Family	All/Family	All/Family	All/Family	Sanford	Sanford	Sanford	Sanford	Good Time	Good Time				
GMSHW	116	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Catch 21	Common	Winsanity	Divided					
GOLF	401	Golf's Greatest Rounds 2006 The Open - Tiger Woods at Royal Liverpool						Golf Central		Golf's Greatest Rounds 2006 The Open - Tiger Woods at Royal Liverpool				Paid Programs							
GRIT	217	Movie						Movie				Movie									
HALL	185	Don't Go Breaking My Heart ('21, Romance)			Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier					
HALLDR	186	How to Fall in Love A Family Reunion ('13, Drama) Brooke White			The Waltons The Ring			The Waltons The System		The Waltons		The Waltons		Medicine Woman							
HALLMV	187	The Angel Tree ('20, Drama) Jill Wagner			A Little Christmas Charm ('20, Drama)			Angel Falls: A Novel Holiday ('19, Romance)				A Heavenly Christmas ('16, Drama)									
HDMOV	130	Fair Game ('10, Suspense) Naomi Watts			(05)	Catch Me if You Can ★★★ ('02, Comedy-Drama)				(35)	Fair Game ('10, Suspense) Naomi Watts		Catch Me if You Can ('02)								
HGTV	112	Property Brothers		Bargain Block (N)		Hunters	Hunt Intl	Hunters	Hunt Intl	Bargain Block	Hunters	Hunt Intl	Hunters	Hunt Intl	Property Brothers						
HIST	120	Forged in Fire		Forged in Fire (N)		(:03)	Forged in Fire		(:03)	Forged in Fire		(12:03)	Forged in Fire		(:06)	Forged in Fire					
ID	192	TBA		TBA		TBA		TBA		TBA		TBA		TBA		TBA					
IFC	133	Anchorman		(15)	The Internship ★★★ ('13, Comedy) Vince Vaughn, Owen Wilson				Focus ★★★ ('15, Comedy-Drama) Will Smith				Community		Community	Community					
LAFF	237	Home Imp.	Home Imp.	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	'70s Show	'70s Show	'70s Show	'70s Show	Bernie Mac	Bernie Mac	Paid Programs					
LIFE	108	Married at First Sight Couples' Cam (N)			Married at First Sight		Married at First Sight		(12:01) Married at First Sight Couples' Cam			Married at First Sight		Married at First Sight							
LMN	109	Movie			Movie		Movie		(12:01) Movie			Movie		Movie							
MGMHD	385	Bufflo		(40)	The Great Scout & Cathouse Thursday ('76, Western)				(10:55)	A Reason to Live, A Reason to Die		The Return of a Man Called Horse ★★★ ('76, Western)			Oklahoma						
MOTOR	246	Roadkill		Wheeler Dealers (N)		Resto My Ride (N)		Overhaulin'		Wheeler Dealers		Resto My Ride		Roadkill		Overhaulin'					
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word		The 11th Hour		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes					
NATGEO	197	To Catch a Smuggler		To Catch a Smuggler (N)		Narco Wars (N)		To Catch a Smuggler		To Catch a Smuggler		Narco Wars		Air Crash Investigation		Air Crash Investigation					
NGWLD	190	Critic Fixers		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Yukon Vet	Dr. Oakley, Yukon Vet	Dr. Oakley, Yukon Vet	Dr. Oakley, Yukon Vet	Dr. Oakley	Paid Programs						
OUTD	396	Guns	Rifleman	Shooting USA		Gun Stories		Shoot Gllry	Guns	Rifleman	Shooting USA		Gun Stories	Shoot Gllry	Guns	Rifleman	Shooting USA				
OWN	189	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN					
OXYG	127	Killer Couples		Killer Couples		Killer Couples		Killer Couples		Killer Couples		Mastermind of Murder		Mastermind of Murder		Mastermind of Murder					
PARMT	241	Movie			Movie		Movie		Movie			Movie		The Office			The Office				
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed					
REELZ	299	Mobsters Frank Nitti		Mobsters Joey Gallo		Whitey Bulger		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Sammy the Bull		Paid Programs					
RFDTV	231	Hayden	Cash	Du. Ranch Cowboy		TBA	Equestrian	Roping	Rural News	Hayden	Cash	Big Deal	Cowboy	Paid Programs							
SCI	193	Catastrophes		Catastrophes		Impossible Engineering (N)		Impossible Engineering		Catastrophes		Impossible Engineering		Impossible Engineering		Catastrophes					
SMITH	367	Extraordinary Jobs		Amazing Dogs		SEAL Dog		Pacific War		Extraordinary Jobs		Amazing Dogs		Air Disasters		Air Disasters					
SONY	386	Buck and the Preacher ★★★ ('72, Western)				The Quick Gun ('64, Western) Audie Murphy				(11:50)	Buck and the Preacher		(45)	The Quick Gun ★★ ('64, Western)		Harry Bro					
SUND-E	358	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Perry Mason					
SYFY	122	xXx: Return of Xander Cage ('17, Action)				(05)	The Chronicles of Riddick ★★ ('04, Science Fiction)				Pitch Black ★★★ ('00, Science Fiction) Radha Mitchell		Tw. Zone				Tw. Zone				
TBN	260	David	Gaither	Main Stage Acres		Gospel	Elevation	S. Furtick	Steven	Prince	Access 360	Greg	God's	Bethel	Elevation	Praise					
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Full Frontal	Full Frontal	Wipeout	Wipeout		New Girl		New Girl	New Girl	New Girl	New Girl				
TCM	132	Hold Back the Dawn ('41, Romance)				(15)	The Heiress ('49, Drama) Olivia de Havilland				The Ambassador's Daughter ('56, Comedy)		In This Our Life ('42, Drama)								
TLC	183	Dr. Pimple Popper (N)		Dr. Pimple Popper (N)		Germophobia		1000-Lb. Sisters		Dr. Pimple Popper		Dr. Pimple Popper		Germophobia		1000-Lb. Sisters					
TMC-W	329	How She Move ('07)		(05)	Mystic Pizza ('88, Romance-Comedy) 'R'				Legally Blonde 2			(35)	Beauty Shop ('05, Comedy)		'PG-13'		Uptown Girls ★★ ('03) 'PG-13'				
TNT	138	All Elite Wrestling: Dynamite (L)				Titans		King Kong ★★★ ('05, Adventure) Naomi Watts, Jack Black				NCIS: New Orleans		NCIS: New Orleans							
TRU	242	Jokes	Jokes	Jokes	Jokes	Movie		Movie		Movie		Knockout		Knockout		Knockout					
TRVL	196	Mysteries of the Unknown				Beyond the Unknown		Beyond the Unknown		Mysteries of the Unknown				Beyond the Unknown		Beyond the Unknown					
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	King	King	Goldbergs	Goldbergs				
UP	188	Reba	Reba	Reba	Reba	Reba	Reba	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Paid Programs					
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles					
WE	128	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Monk		Monk		Monk					
LOCAL NETWORKS																					
ABC-E		Press Your Luck (N)		The \$100,000 Pyramid (N)		Card Sharks (N)		Local Prog.		(35)	Jimmy Kimmel Live!		Nightline (N)		Local Programs						
CBS-E		Darndest Things		SEAL Team		S.W.A.T.		Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)					
CW-E		Kung Fu (N)		In the Dark (N)		Local Programs															
FOX-E		MasterChef		Crime Scene Kitchen (N)		Local Programs															
NBC-E		2021 Stanley Cup Final Game 1: Teams TBA (L)							Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		Late-Lilly		Today-Hoda		Early Tdy	Local Prog.	
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Tw. Zone		Hitchcock	Hitchcock	Mannix	Cannon						
ABC-W		Local Programs		Local Prog.		News		Local Programs		Press Your Luck (N)		The \$100,000 Pyramid (N)		Card Sharks (N)		Local Prog.		(35)	Jimmy Kimmel Live!		Nightline (N)
CBS-W		Local Programs		News		Local Programs		Darndest Things		SEAL Team		S.W.A.T.		Local Prog.		Late Show-Colbert		Corden			
CW-W		Local Programs						Kung Fu (N)		In the Dark (N)		Local Programs									
FOX-W		Local Programs						MasterChef		Crime Scene Kitchen (N)		Local Programs									
NBC-W		2021 Stanley Cup Final Game 1: Teams TBA (L)							Local Programs				Local Prog.				Tonight Show-J. Fallon		Meyers		
PBS		Nature (N)		NOVA		Wonders of Mexico		Amanpour-Co		Nature		NOVA		Wonders of Mexico		Antiques Roadshow					