

		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
EASTERN		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	
PREMIUM MOVIES																		
HBO	HBO-E	310	(:10) Locke ★★★ ('13, Drama) 'R' Yvonne Orji				(:40) Jumper ★★ ('08) 'PG-13'			(:10) Maid in Manhattan ★★ ('02) 'PG-13'			Bride Wars ('09, Comedy) 'PG'			Frederick		
	HBO2	312	Law Abiding Citizen We Are the Dream			(:10) Something Borrowed ★★ ('11) 'PG-13'			Family		(:20) Warrior ('11, Action) <i>Joel Edgerton</i> 'PG-13'			(:45) The King's Man ('21) 'R'				
	HBO5	314	Vigilante Quantum of Solace ('08, Action) 'PG-13'			(:25) Fool's Gold ★★ ('08, Action) 'PG-13'			(:20) Signs ('02, Suspense) 'PG-13'			(:10) Red Eye ★★★ ('05) 'PG-13'			Black			
	HBOF	315	Free Willy 3: The Rescue ('97) Music in			Teen Wolf Too ★ ('87) 'PG'			(:40) Amazing Grace ('18) 'G'			(:09) Chitty Chitty Bang Bang ('68, Children's) 'G'			Walk Dino			
MAX	MAX	307	Haunting (:16) Flash of Genius ('08, Drama) 'PG-13'			(:17) Borg vs. McEnroe ('17) 'R'			Another Me ('13) 'PG-13'			Moon ('09, Science Fiction) 'R'			(:07) Transcendence			
	5MAX	308	Mercy Lucky You ('07, Drama) <i>Eric Bana</i> 'PG-13'			Disclosure ★★★ ('94, Suspense) 'R'			(:44) Mystic Pizza ('88, Romance-Comedy) 'R'			(:29) Let's Be Cops ★★ ('14) 'R'						
	MMAX	309	Arbitrage (:18) Chef ('14, Comedy-Drama) 'R'			(:13) The Brothers Bloom ★★ ('08) 'PG-13'			(:07) One for the Money ★★ ('12)			(:39) Windtalkers ★★ ('02, War) <i>Nicolas Cage</i> 'R'						
SHOWTIME	SHO-E	318	(:10) The Show The Ladies Man ('00, Comedy) 'R'			Daughter of the Wolf ('19) 'R'			Agent Game ('22, Action) 'R'			Bellator MMA 291: <i>Amosov vs. Storley 2</i>						
	SHO2	320	(:10) B': The Sound and Fury of Rick James			Infinite Storm ★★ ('22) 'R'			(:45) The Giver ('14, Drama) <i>Jeff Bridges</i> 'PG-13'			Patriot Games ('92, Suspense) <i>Harrison Ford</i> 'R'			Sum Fears			
	SHOBET	321	Martin L (:45) Memphis ('13, Drama) 'NR'			Ali		Momma		(:6:50) Changing Lanes ('02) 'R'		Imagine That ★★ ('09, Children's) 'PG'		Eve's Bayou ('97, Drama) 'R'				
	SHOX	322	Caught on Tape ('13) The Hunt for Red October ('90, Suspense) 'PG'			(:15) Hotel Artemis ('18, Action) <i>Jodie Foster</i> 'R'		(:8:50) Werewolves Within ('21) 'R'		(:8:50) Werewolves Within ('21) 'R'			American Insurrection ('21) 'R'					
	SHOS	323	Fully Real (:20) The Railway Man ('13) 'R'			(:10) Mona Lisa and the Blood Moon ('21) 'R'			Bandit ('22, Crime Drama) <i>Josh Duhamel</i> 'R'			Last Vegas ★★ ('13, Comedy) 'PG-13'						
	TMC	327	Dirty Mv (:45) Immanence ('22, Horror) 'NR'			Baby Boom ('87, Comedy) <i>Diane Keaton</i> 'PG'			As They Made Us ('22) 'R'			(:10) A Ghost Story ('17, Drama) 'R'			Vamp Acc			
STARZ	FLIX-E	333	Babel ('06, Drama) <i>Brad Pitt</i> 'R'			(:45) Eve's Bayou ★★ ('97, Drama) 'R'			The Naked Gun: Police Squad			Better Off Dead ★★ ('85) 'PG'			(:45) Benny & Joon ('93) 'PG'			
	ENCR-E	340	The Gift (:20) Marcus ('20, Drama) 'NR'			(:11) Hancock ('08, Action) <i>Will Smith</i> 'PG-13'			(:74) Spider-Man: Far From Home ('19)			A Man Called Sledge ('71) 'R'			Escape			
	STARZ-E	350	Cabin (:28) John Tucker Must Die ('06)			Jumanji: The Next Level ★★ ('19) 'PG-13'			(:07) Click ('06, Comedy) <i>Adam Sandler</i> 'PG-13'			(:9:58) BMF			Spider-Man			
	STRZED	352	(:15) We Summon the Darkness ('19) 'R'			(:54) Bloodshot ★★ ('20) 'PG-13'			(:39) Bridget Jones's Baby ★★ ('16) 'R'			(:44) The Ugly Truth ('09, Romance-Comedy) 'R'			Sicario			
	STRZCI	353	The Lost Leonardo ('21) 'PG-13'			(:27) Never Look Away ★★ ('18, Historical Drama) <i>Tom Schilling</i> 'R'			(:37) The Swearing Jar ('22) <i>Alison Pill</i> 'NR'			Same Kind of Different as Me						
	STRZCO	354	(:07) Heart and Souls ('93, Fantasy) 'PG-13'			(:5:52) Firehouse Dog ('07) 'PG'			(:45) Worth Winning ('89, Comedy) 'PG-13'			Then Came You ('20) 'PG-13'			(:10) Admission ('13)			
	STRZIB	355	Dear White People ('14) 'R'			(:38) Irish Jam ('06) 'PG-13'			Tyler Perry's Diary of a Mad Black Woman			(:15) The Brothers ('01, Comedy-Drama) 'R'			Power Book III			
MGM	STRZKF	356	Crooked (:29) Oddball ('15, Children's) 'NR'			Red Dog ('11, Children's) 'PG'			(:38) Wings: Sky Force Heroes ('14)			A Mouse Tale ('15, Children's) 'PG'			Christmas-Hill			
	MGM+	380	Midnight (:25) Basic Instinct ★★ ('92, Suspense)			Run Silent, Run Deep ('58)			(:10) Bernie the Dolphin 2 ('19, Children's)			Godfather of Harlem			(:10:50) Hercules ('14)			
	MGMMAR	381	Escape From Alcatraz Paranormal Activity 2 ('10)			(:40) The Defiant Ones ('58, Drama)			<i>Tony Curtis</i> (:20) The Out-of-Towners ('99)			(:9:55) Head of State ('03, Comedy)			Down Erth			
	MGMHT	382	Friday Unhuman ('22, Horror)			(:10) Racing With the Moon ('84, Romance)			Respect ★★ ('21, Biography) <i>Jennifer Hudson</i>			Candyman ★★ ('21, Horror)						
MGM	MGMDRV	292	Things We Lost in the Fire ('07)			(:45) Mother ('96, Comedy) <i>Albert Brooks</i>			Tank Girl ('95, Science Fiction)			(:15) Gridiron Gang ★★ ('06, Crime Drama) <i>The Rock</i>			Waiting			
	AMERICA'S TOP PROGRAMMING																	
A&E	118	Paid Programs						TBA		TBA		TBA		TBA		TBA		
AHC	195	Codes and Conspiracies		Codes and Conspiracies		CIA Declassified		CIA Declassified		CIA Declassified		Project Nazi		Project Nazi		Project Nazi		
AMC	131	Sixteen Candles ('84, Comedy) <i>Molly Ringwald</i>				Stooges		(:45) The Breakfast Club ★★ ('85, Comedy-Drama)				The Goonies ★★ ('85, Children's) <i>Sean Astin</i>		Major Lea				
APL	184	The Vet Life		The Vet Life		Extinct or Alive		Extinct or Alive		Extinct or Alive		North Woods Law		North Woods Law		North Woods Law		
AXSTV	167	Paid Programs						Paid Programs						Legends		Wahlburgers		
BBCA	135	Earth's Great Seasons		Earth's Great Seasons		Planet Earth <i>Deserts</i>		Attenborough's Global		Attenborough's Global		Planet Earth		Earth		(:45) The Lost Boys ('87, Horror)		
BET	124	Payne	Payne	Payne	Payne	Payne	Payne	Payne	Payne	Payne	Payne	Payne	Browns	Browns	Browns	Madea Family		
BOUNCE	359	Something New ('06)		Inspiration Ministries		Karamo		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		
BRAVO	129	Movie				Love Without Borders		Love Without Borders		Love Without Borders		The Real Housewives		The Real Housewives		Housewives		
BUZZR	245	You See It You See It		Card		Card		Paid Programs		Paid Programs		Rescue		Press Luck		Press Luck		
CIHD	249	The Killer Speaks		The Killer Speaks		Paid Programs		City Confidential		City Confidential		City Confidential		City Confidential		City Confidential		
CMT	166	CMT Music		CMT Music		CMT Music		CMT Music		Hot 20 Countdown						Ace Ventura		
CNBC	208	TBA		TBA		Options		Paid Programs						🏏 Six Nations Championship (L)				
CNN	200	CNN Newsroom Live (N)		CNN Newsroom Live (N)		CNN This Morning		CNN This Morning		Inside Politics		State of the Union With		Fareed Zakaria GPS (N)		CNN Newsroom		
COM	107	South Park South Park		Paid Programs				Seinfeld		Seinfeld		Seinfeld		Seinfeld		The Office		
COMET	289	Paid Programs						Tomorrow's Paid Programs								Jason-Argo.		
COOK	113	Paid Programs						Cheap Eats		Cheap Eats		Cheap Eats		Cheap Eats		Best Thing Ate		
DISC	182	Deadliest Catch		Martin		J. Houston		Seasons		Destroyed		Destroyed		Operation		Saltwater		
DFC	179	Kit. Crash		Kit. Crash		Animals		Animals		Adventures		Adventures		Transform.		Transform		
DISN-E	172	Jessie		Jessie		Ladybug		Ladybug		Big City		Amphibia		Amphibia		Owl Hse.		
ENCR-W	341	Escape Room: Tournament (:25) The Gift ('00, Suspense) <i>Cate Blanchett</i> 'R'				(:20) Marcus ('20, Drama) 'NR'			(:11) Hancock ('08, Action) <i>Will Smith</i> 'PG-13'			Spider-Man						
EWESTN	342	Hombre (:17) The Quick Gun ('64) 'NR'				(:54:48) Black Fox ('95, Western) 'NR'			(:22) Black Fox: The Price of Peace			Black Fox: Good Men and Bad (:28) By Dawn's Early Light ('01)						
EACTN	343	Green Zone ('10) 'R'		(:10) The Duelist ('16, Historical Drama) 'R'		My Super Ex-Girlfriend ('06)			(:41) The Matador ('05, Comedy-Drama) 'R'			(:22) The Amazing Spider-Man 2						
ESUSP	344	Operation: Endgame (:44:48) Flight of the Phoenix ('04)				(:43) The Hollow Point ('16, Suspense) 'R'		(:23) Without a Trace ★★ ('83, Drama) 'PG'			(:26) Don't Breathe 2 ('21) 'R'							
EBLACK	345	Mr. Church ★★ ('16)		(:4:49) Feel the Noise ('07) 'PG-13'		(:21) The Janky Promoters ('09) 'R'		(:7:49) Tazmanian Devil ('20, Drama) 'NR'		(:9:52) Mr. Church ('16) 'PG-13'			How Stell					
ECLASS	346	The Entity ('82) 'R'		(:11) Equilibrium ★ ('02, Science Fiction) 'R'			The Intruder ★ ('19, Suspense) 'PG-13'			(:8:46) Thor: The Dark World ('13)			(:41) Charlie's Angels ('19) 'PG-13'					
EFAMILY	347	Overcomer (:28) The Ladybug ('18)		(:45) Cattle Hill ('18) 'NR'			Babysitters Beware			(:06) Two by Two: Overboard!			All Creatures Big and Small					
ESPN	140	NBA Basketball: <i>Celtics at 76ers</i>				SportsCenter		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		College GameDay (L)		
ESPN2	143	SportsCenter		SportsCenter		UFC Archival		Yankees-Dodgers: An		Uncivil War		ESPN Original Documentaries		SportsCenter (L)				
EWTN	261	EWTN Live		Reform		Church		Angelus		TBA		St. Michael Rosary		Sunday Mass		Holy		
FETV	82	Hillbillies		Hillbillies		Gospel		Worship		Ranger		Mass		Truths That Jeremiah		Perry Stone In Touch		
FMC	387	Dancing The Singing Hill ('41, Western)		Beau Geste ★★ ('39, Adventure) <i>Gary Cooper</i>			Cath. Mass		Perry Stone In Touch		The Long Gray Line ★★ ('55, Biography)							
FNC	205	Lawrence Jones		One Nation		FOX and Friends		FOX and Friends		FOX and Friends		FOX and Friends		Maria Bartiromo		MediaBuzz (L)		
FOOD	110	Paid Programs						Girl-Farm		Girl-Farm		Valerie's		Pioneer		Pioneer		
FREEFM	180	Paid Programs						The Office		The Office		Stuber ★★ ('19, Comedy) <i>Dave Bautista</i>		Spy ★★ ('15, Comedy) <i>Melissa McCarthy</i>				
FS1	150	College Basketball <i>Indiana at Purdue</i>				College Basketball <i>Creighton at Villanova</i>				Bassmaster Fishing Elite Series <i>Elite Series 2: Lake Seminole</i> (L)				Motorcycle Race				

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	FXM Presents		Paid Programs			Mom	Mom	Mom	Mom	Iron Man ★★★ ('08, Action) Robert Downey Jr., Terrence Howard						
FXM	384	In Love and War ('58)		Champagne Charlie		Backlash ('47) 'NR'		(:10) The Frogmen ★★★ ('51, War) 'NR'			(8:50) In Love and War ('58) 'NR' (:40) Marines, Let's Go ('61) 'NR'						
FX	125	Paid Programs					Superfly ★★★ ('18, Suspense) Trevor Jackson				Assassin's Creed ★★ ('16, Action) Michael Fassbender						
GETTV	373	Fantasy Island		Fantasy Island		Inspiration Ministries		World	Jewish	Paid Prog. Mass		The Quest	Laredo	(:15) The Oregon Trail			
GMSHW	116	Paid Programs										America	America	America	America	America	America
GOLF	401	IDP Tour Golf				Golf	PGA Tour Golf The Honda Classic, Third Round							LPGA Golf			
GRIT	217	Paid Programs				At Gunpoint ('55, Western) Fred MacMurray			Cattle King ★★ ('63, Western) Robert Taylor			Saddle the Wind ('58, Western) Robert Taylor					
HALL	185	Gold Girls Gold Girls		Reba	Reba	Reba	Reba	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Right in Front of Me ('21, Romance)			A Summer Romance		
HALLDR	186	The Waltons		The Waltons		The Waltons		The Waltons The Hawk		The Waltons The Stray		The Waltons		The Waltons			
HALLMV	187	Psych		Psych		Psych		Psych		Psych		Psych Viagra Falls		Psych Ferry Tale		Finding Love	
HDMOV	130	Paid Programs							Stagecoach ('39, Western) John Wayne			(9:55) Real Genius ('85, Comedy) Val Kilmer					
HERIC	293	Renegade		Restless	Lawman	Eco Co.	Science	Walk Wild Dragonfly	Family St.	Eat This!	Batman	Batman	Wonder Woman	Superman Superman			
HGTV	112	Paid Programs					Nate & Jeremiah		Nate & Jeremiah		Nate & Jeremiah		Nate & Jeremiah		Nate & Jeremiah		
HIST	120	Paid Programs					Built America		Built America		Built America		Built America		Built America		
ID	192	Web of Lies		Web of Lies		Web of Lies		Web of Lies Web of Spies			TBA		TBA		TBA		
IFC	133	Planes, Trains and Automobiles		Stooges		(:15) Major League II ★★ ('94, Comedy) Charlie Sheen		(:45) City Slickers II: The Legend of Curly's Gold ('94) City Slickers ('91)									
LAFF	237	Paid Programs					Agent Cody Banks 2: Destination London			Serving Sara ★ ('02, Comedy) Matthew Perry			Win a Date With Tad Hamilton! ★★★ ('04)				
LIFE	108	Paid Programs					Youseff		Harvest	Amazing	Jeremiah	Joel Osteen	Paid Prog.		Spinning Out of Control ('23, Suspense)		
LMN	109	Paid Programs				The Bachelor Next Door ('17, Drama)			Killer in the Guest House ('20, Suspense)			The Walls Are Watching ('22, Suspense)					
MAGN	111	Barnwood Builders		Barnwood Builders		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Magnolia Workshops (N)	
MOTOR	246	Bitchin' Rides		Bitchin' Rides		FantomWorks		Chasing Classic Cars		Sam's	Motorhead	Faster With Finnegan		Garage	Truck U	Car Fix	Garage
MSNBC	209	Dateline		Dateline		Voices-Alicia Menendez		The Katie Phang Show (L)		Velshi (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)			
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs					Wicked Tuna		Wicked Tuna Mutiny		Wicked Tuna		
NGWLD	190	Paid Programs					Zoo: Tampa		Zoo: Tampa		Zoo: Tampa		Zoo: Tampa		Zoo: Tampa		
OUTD	396	Unfathomed West End		Fishing	Fishing	Fisherman	Bass	Major League Fishing			Zona's	Pro Team	Angling	Bill Dance	Fishing	Lake	
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday	
OXYG	127	Dateline		Dateline		Dateline		Dateline		Manifesto-Killr		Manifesto-Killr		Snapped: Behind Bars			
PARMT	241	Paid Programs					Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion	
REEZ	299	Paid Programs					Axl Rose: Guns N' Roses Frontman			David Lee Roth: Van Halen Frontman			Scorpions: Breaking The		Foreigner: Breaking		
RFDTV	231	Paid Programs					Church	Being Y	Jackson	Jeffress	Turning	Hagee Min	Church	Youseff	Stuart	Porter	Reporter
SCI	193	What on Earth?		What on Earth?		Space's Deepest Secrets		Space's Deepest Secrets		Space's Deepest Secrets		Space's Deepest Secrets		How/Made	How/Made	How/Made	How/Made
SMITH	367	Mighty Trains		Mighty Trains		Aerial America Hawaii		Aerial America		Aerial America		Aerial America		Aerial America		Aerial America	
SONY	386	(:15) Damn the Defiant! ('62, Historical Drama)		The Hard Man ('57, Western)		They Rode West ('54, Western)		(:10) Geronimo: An American Legend ('93) Wes Studi Broken									
SUND-E	358	Red Dawn ('84)		Monk		Monk		Monk		Monk		Beneath the Planet of the Apes ★★★ ('70)			Escape-Apes		
SYFY	122	Paid Programs		Paid Programs				Charmed Murphy's Luck			Charmed		Charmed Chick Flick		Charmed Ex Libris		
TBN	260	Jordan Rubin:		Jackson	Connect	Impact of	From His	Passion!	T. Evans	S. Furtick	Merritt	Jentezen	Turning	R. Jeffress	Winning	Hagee Min	Daily Hope
TBS	139	Neighbors 2 ('16)		Matters	Matters	The Cube		American	American	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
TCM	132	Skyjacked ('72, Suspense) Charlton Heston		The Blue Angel ('30, Drama) Emil Jannings		Footlight Parade ('33, Musical) James Cagney				Hunt the Man Down ★★★ ('50) Sylvia S							
TLC	183	Welcome to Plathville		Welcome to Plathville		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		1000-Lb. Best Friends		1000-Lb. Best Friends		1000-Lb. Best Friends	
TMC-W	329	Aquarium Benny Loves You ('19) 'NR'		National Lampoon's Dirty Movie (:45) Immanence ('22, Horror) 'NR'		Baby Boom ('87, Comedy) Diane Keaton PG Made											
TNT	138	Amistad		Shaq Life		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans	
TRU	242	Funniest		Funniest		Ad. Ruins		Ad. Ruins		World's Dumbest ...		World's Dumbest ...		Imp. Jokers Imp. Jokers		Imp. Jokers Imp. Jokers	
TRVL	196	Paid Programs					Beyond the Unknown			Beyond the Unknown			Beyond the Unknown		Beyond the Unknown		
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls
UP	188	Paid Programs					Jesus	Mass	Charles Stanley		Paid Prog.	Amazing	Late Bloomer ('16, Romance) Italia Ricci			In-Lawfully Yours	
USA	105	Law & Order: SVU		Law & Order: SVU		Chrisley	Law & Order: SVU		Premier League		Premier League Soccer: Red Devils vs Bees Goal Zone			Law & Order: SVU			
WE	128	Love After Lockup		Paid Programs										Criminal Minds		Criminal Minds	
NETWORKS																	
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																	
ABC-E	Local Programs				Local Programs				Good Morning America (N)				Local Programs		This Week		
CBS-E	Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)		Local Prog.		
CW-E	Local Programs				Local Programs												
FOX-E	Local Programs				Local Programs				FOX News Sunday (N)		Local Programs						
NBC-E	Local Programs				Local Programs				Sunday Today		Meet the Press (N)		Local Programs				
METV	247*	Time Tunnel		The Invaders		Thunderbirds		Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Flintstones	Flintstones	Flintstones	The Jetsons
ABC-W	Local Programs				Local Programs								Good Morning America (N)		This Week		
CBS-W	Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)		Local Prog.		
CW-W	Local Programs				Local Programs												
FOX-W	Local Programs				Local Programs				Sunday Today		Meet the Press (N)		Local Prog.				
NBC-W	Local Programs				Local Programs				Sunday Today		Meet the Press (N)		Local Prog.				
PBS	4	Mirada	History	Wash	Hoover	Mr. Rogers	Arthur	Molly	Almas	Wild Kratts	Curious	Work It	Tiger	Sesame St.	Rosie	Donkey	Pinkalicious

		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
EASTERN		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL		11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN		10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC		9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30
PREMIUM MOVIES																	
HBO	HBO-E	310	◀Frederick▶ The Hobbit: The Desolation of Smaug ('13) 'PG-13' REAL Sports						(15) GoldenEye ★★★ ('95, Action) <i>Pierce Brosnan</i> 'PG-13'			(25) Casino Royale ('06) 'PG-13'					
	HBO2	312	◀The King's Man (21) Tammy ★★ ('14, Comedy) 'R'						(40) The Last of Us			(4:54) The Last of Us			(10) The Last of Us		
	HBO5	314	◀Black Adam ('22, Action) 'PG-13' (45) To the Wonder ★★ ('12, Drama) 'R'						(40) Elvis ★★★ ('22, Biography) <i>Austin Butler, Tom Hanks</i> 'PG-13'			(20) TBA			Blue Bayou ('21) 'R'		
	HBOF	315	◀Walk-Dino 3D Cops and Robbers ('94) 'PG' Sherlock Holmes						(3:58) Garfield ('04, Children's) 'PG' (19) The Artist ('11) 'PG-13'			The New Guy ('02)					
MAX	MAX	307	◀Transcendence ('14) (07) The One I Love ('14) 'R'						(39) Gravity ('13, Drama) 'PG-13'			(11) Rain Man ★★ ('88, Drama) <i>Dustin Hoffman</i> 'R'			(26) Cellular ('04, Suspense) 'PG-13'		
	5MAX	308	(14) After the Sunset ★★ ('04) 'PG-13'						(1:52) The First Wives Club ('96)			Nostalgia ('18, Drama) <i>Jon Hamm</i> 'R'			(29) The Forever Purge ('21) 'R'		
	MMAX	309	(17, Action) 'PG-13' (44) Basic ('03, Suspense) <i>John Travolta</i> 'R'						(23) 12 Rounds ★ ('09) 'PG-13'			(12) Alpha Dog ★★ ('06, Docudrama) 'R'			(10) Double Impact 'R'		
	SHO-E	318	Movie						Hard Rain ★★ ('98, Action) 'R'			(45) Agent Game ('22, Action) 'R'			(15) Breaking ('22, Crime Drama) 'PG-13'		
SHOWTIME	SHO2	320	◀The Sum of All Fears ('02) 'PG-13' (45) Good Will Hunting ('97, Drama) <i>Matt Damon</i> 'R'						Trading Places ('83, Comedy) <i>Dan Aykroyd</i> 'R'			TBA			Murder in Big Horn		
	SHOBET	321	(25) Moonlight ('16, Drama) 'R'						(15) Night Catches Us ('10) 'R'			(15) The Ladies Man ★ ('00) 'R'			More Funny Women		
	SHOX	322	(25) Insurrect Dead Water ('19, Suspense) 'R'						(15) The Gathering ('02, Suspense) 'R'			(10) Old Henry ('21, Western) 'NR'			(10) The Contractor ('22, Action) <i>Chris Pine</i> 'R'		
	SHOS	323	◀The Italian Job ('03, Crime Drama) 'PG-13'						Mona Lisa and the Blood Moon ('21) 'R'			Bandit ('22, Crime Drama) <i>Josh Duhamel</i> 'R'			Last Vegas ★★ ('13, Comedy) 'PG-13'		
FLIX-E	TMC	327	◀Vampire Academy ('14) 'PG-13' Monstrous ('22, Horror) 'PG-13'						John and the Hole ('21) 'R'			(45) Broadcast Signal Intrusion ('21) 'NR'			Crawlspace ('22, Suspense) 'R'		
	FLIX-E	333	◀Benny The English Patient ('96, Drama) <i>Ralph Fiennes</i> 'R'						(15) Cold Mountain ★★ ('03, Drama) <i>Jude Law, Nicole Kidman</i> 'R'			(5:50) Shooter ('07, Action) <i>Mark Wahlberg</i> 'R'					
	ENCR-E	340	◀Escape Room Hancock ('08, Action) 'PG-13'						(40) Captain America: The Winter Soldier ('14) 'PG-13'			(4:59) Spider-Man: Far From Home ('19)			(12) X-Men ('00)		
	STARZ-E	350	◀Spider-Man: No Way Home ('21) (25) Jumanji: Welcome to the Jungle ('17)						(28) Jumanji: The Next Level ('19) 'PG-13'			Party			(09) Click ('06, Comedy) <i>Adam Sandler</i> 'PG-13'		
STARZ	STRZED	352	◀Sicario: Day of the Soldado ('18) (27) Fruitvale Station ('13) 'R'						(2:55) Legend ('15, Crime Drama) <i>Tom Hardy</i> 'R'			(10) Fury ★★ ('14, War) <i>Brad Pitt, Shia LaBeouf</i> 'R'			Bridget		
	STRZCI	353	◀Same (28) With/in ('21, Drama) <i>Julianne Moore, Don Cheadle</i> 'NR'						The Dec			The Dec			The Dec		
	STRZCO	354	◀Admission ('13) (12:59) Three Night Stand ('13)						She's Out of My League ★★ ('10) 'R'			(20) MacGruber ('10, Comedy) 'R'			(5:53) The Brothers Grimm ★★ ('05) 'PG-13'		
	STRZIB	355	Power Book III						Power Book III			Power Book III			Power Book III		
MGM+	STRZKF	356	◀Early Man ('18) 'PG' (13) Red Dog ('11, Children's) <i>Josh Lucas</i> 'PG'						(2:46) A Mouse Tale ('15) 'PG'			(19) Oddball ('15, Children's) 'NR'			(5:55) Ghostbusters: Afterlife ('21) 'PG-13'		
	MGM+	380	◀Hercules Stealth ★★ ('05, Action) <i>Josh Lucas</i>						Transformers: Age of Extinction ('14, Action) <i>Mark Wahlberg</i>			(25) The Marksman ('21, Action)			(15) Blacklight ('22)		
	MGM+MAR	381	◀Down to Earth ('01) Private Parts ★★ ('97, Biography)						Licorice Pizza ('21, Comedy) <i>Alana Haim</i>			(15) This is Christmas ('22, Romance-Comedy)			Murf the Surf		
	MGM+HT	382	Smile ★★ ('22, Horror) <i>Sosie Bacon</i>						Carrie ★★ ('76, Horror)			(45) Live and Let Die ★★ ('73, Action) <i>Roger Moore</i>			(5:50) For Your Eyes Only ★★ ('81, Action)		
MGM+DRV	MGM+DRV	292	◀Waiting to Exhale ★★ ('95) What's Love Got to Do With It ★★ ('93)						A Night at the Roxbury ('98)			(4:55) Superstar ('99, Comedy)			(20) Coyote Ugly ('00) <i>Piper Perabo</i>		
	AMERICA'S TOP PROGRAMMING																
	A&E	118	TBA						WWE Rivals			WWE Rivals			Biography: WWE Legends		
	AHC	195	America: Facts						America: Facts			America: Facts			Evolution of Evil		
AMC	131	◀Major League ('89, Comedy) <i>Tom Berenger</i>						Moneyball ★★ ('11, Drama) <i>Brad Pitt, Jonah Hill</i>			Casino ★★ ('95, Crime Drama) <i>Robert De Niro, Sharon Stone</i>			Evolution of Evil			
APL	184	North Woods Law						Lone Star Law			Lone Star Law			Lone Star Law			
AXSTV	167	Classic Albums						Ozzy & Jack's			Foo Fighters: Live at Wembley Stadium			Legends			
BBCA	135	◀Lost Boys (45) Road House ★★ ('89, Action) <i>Patrick Swayze</i>						(15) King Arthur ★★ ('04, Historical Drama)			<i>Clive Owen</i> (45) Gods of Egypt ('16, Fantasy) <i>Nikolaj Coster-Waldau</i>						
BET	124	◀Tyler Perry's A Madea Family Funeral ('19) Loudmouth ('22, Documentary) <i>Rev. Al Sharpton</i>									Django Unchained ★★ ('12, Western) <i>Jamie Foxx</i>						
BOUNCE	359	◀Crash ★★ ('04, Drama) <i>Sandra Bullock, Don Cheadle</i>						Gridiron Gang ★★ ('06, Crime Drama) <i>The Rock, Xzibit</i>			Black and Blue ★★ ('19, Suspense) <i>Naomie Harris</i>						
BRAVO	129	◀Housewives The Real Housewives						The Real Housewives			The Real Housewives			Housewives/Potomac			
BUZZR	245	Match						Match			Match-Squares			Concentrat			
CIHD	249	A Family Slays						A Family Slays			A Family Slays			Behind Bars			
CMT	166	◀Ace Ventura						Ace Ventura: When Nature Calls ★★ ('95)			The School of Rock ★★ ('03, Comedy) <i>Jack Black</i>			Daddy Day Care ★★ ('03, Children's)			
CNBC	208	NASCAR Touring (N) Gymnastics Winter Cup (N)						World Rugby Sevens Series (L)									
CNN	200	State of the Union With Fareed Zakaria GPS						CNN Newsroom			CNN Newsroom			Who's Talking			
COM	107	The Office The Office						The Office The Office			The Office The Office			Seinfeld Seinfeld			
COMET	289	◀Jason-Argo						Jason and the Argonauts			The Odyssey (Part 1 of 4)			The Odyssey (Part 2 of 4)			
COOK	113	Delicious Delicious						Delicious Delicious			Man, Food Man, Food			Man, Food Man, Food			
DISC	182	◀Homestead Rescue						Naked and Afraid			Naked and Afraid			Naked and Afraid			
DFC	179	LittlePony My Little Pony: Equestria Girls						Too Cute!			Unique Unique			Unique Unique			
DISN-E	172	Movie						Owl Hse. Hotel			Big City Ladybug			Ladybug Ladybug			
ENCR-W	341	◀Spider-Man						A Man Called Sledge ('71) 'R'			Escape Room: Tournament			Hancock ('08, Action) 'PG-13'			
EWESTN	342	(15) Desolation Canyon ('06) 'NR' (38) The Quick Gun ('64) 'NR'						(09) The Great Sioux Massacre ('65) 'NR'			(4:53) Black Fox ('95, Western) 'NR'			(28) Black Fox: The Price of Peace			
EACTN	343	(12:46) Machete Kills ★★ ('13) 'R' (36) My Super Ex-Girlfriend ('06)						(15) Green Zone ('10, Action) <i>Matt Damon</i> 'R'			(12) Pompeii ★★ ('14, Adventure) 'PG-13'						
ESUSP	344	The Possession of Hannah Grace Dragonfly ★★ ('02, Suspense) 'PG-13'						(22) Hellboy II: The Golden Army ('08) 'PG-13'			(24) Flight of the Phoenix ('04) 'PG-13'			Don't 2			
EBLACK	345	◀How Stella Got Her Groove Back ('98) 'R' (1:47) Fifty Shades of Black ('16)						(21) Tazmanian Devil ('20, Drama) 'NR'			(24) The Janky Promoters ('09) 'R'			Boy. A Girl.			
ECLASS	346	◀Charlie (42) Die Hard 2 ★★ ('90, Action) <i>Bruce Willis</i> 'R'						(2:48) Life ('17, Science Fiction) 'R'			Shallow Hal ('01) <i>Gwyneth Paltrow</i> 'PG-13'			Silver Linings Playbook ('12)			
EFAMILY	347	(11) The Flintstones ('94) 'PG' (43) Daisy's Dream ('21) 'NR'						(12) Overcomer ('19, Drama) <i>Alex Kendrick</i> 'PG'			(12) All Creatures Big and Small			Two by Two: Overboard!			
ESPN	140	Women's College Basketball						College Basketball <i>Cincinnati at Memphis</i> (L)			XFL Football <i>San Antonio Brahmas at Orlando Guardians</i> (L)			NBA Basketball			
ESPN2	143	Women's College Basketball Teams TBA (L)						College Basketball <i>Teams TBA</i> (L)			Women's College Basketball Indiana at Iowa (L)			SportsCenter (L)			
EWTN	261	Sunday Mass						In Concert <i>Haydn's Creation</i>			Lenten Vaticano			Savoring Stones			
FETV	82	Rawhide						Rawhide			Perry Mason: The Case of the Killer Kiss ('93)			Perry Mason			
FMC	387	◀The Long Gray Line Nevada City ('41)						The Desperadoes ('43, Western) <i>Randolph Scott</i>			Arizona ★★ ('40, Western) <i>Jean Arthur, William Holden</i>			(45) The Tarnished Angels ('57)			
FNC	205	Fox News Live (L)						FOX News Sunday (L)			Maria Bartiromo			Fox News Live (L)			
FOOD	110	TBA						Mary Ma. The Kitchen			Guy's Grocery Games			Guy's Grocery Games			
FREEF	180	(40) Cast Away ★★ ('00, Drama) <i>Tom Hanks, Helen Hunt</i>						(3:55) National Treasure 2: Book of Secrets ('07, Action)			Mulan ('20, Adventure)						
FS1	150	TBA						RaceDay			Horse Racing <i>America's Day At the Races</i> (L)			Bassmaster College Basketball <i>Washington at Stanford</i> (L)			

	EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30		
	CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30		
	MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30		
	PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30		
AMERICA'S TOP PROGRAMMING																			
FX	136	Iron Man 2 ★★★ ('10, Action) Robert Downey Jr.					Iron Man 3 ★★★ ('13, Action) Robert Downey Jr., Gwyneth Paltrow					Ant-Man and The Wasp ★★★ ('18, Action) Paul Rudd							
FXM	384	Marines (25) The Blue Max ('66, War) George Peppard 'NR'					The Kid Who Would Be King ('19, Children's) 'PG'					(20) Spies in Disguise ('19) 'PG'		(15) The Boss Baby					
FX	125	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Burgers	Burgers	Burgers	Burgers		
GETTV	373	(45) Oregon	Hondo		(45) The Outcasts	The Understanding		Father Murphy	Hawkeye		The Escape		Bret Maverick	Hallie	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger		
GMSHW	116	25 Words	25 Words	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	America	America	America	America	America	America	The \$100,000 Pyramid			
GOLF	401	Golf Central Pregame (L)		PGA Tour Golf The Honda Classic. (L)				LPGA Tour Golf Honda LPGA Thailand, Third Round						Golf Central (L)		PGA Golf			
GRIT	217	The Last Outpost ('51, Western) Ronald Reagan					Gunfight at Comanche Creek ('63, Western)					40 Guns to Apache Pass ★ ('67, Western)			The Kid From Texas ★★ ('50, Western)				
HALL	185	A Summer Romance		October Kiss ('15, Romance) Ashley Williams			The 27-Hour Day ('21, Romance)					Love on Harbor Island ('20, Romance)			Made for Each Other				
HALLDR	186	The Waltons		The Waltons			The Waltons		The Waltons		The Waltons		The Waltons The Flight		The Waltons		The Waltons		
HALLMV	187	Finding Love		Love's Portrait ('22, Romance) Aubrey Reynolds			Taking the Reins ('21, Romance) Nikki DeLoach		Girlfriendship ('22, Romance-Comedy)		Girlfriendship ('22, Romance-Comedy)			A Nashville Legacy					
HDMOV	130	Two Rode Together ★★★ ('61, Western)			Invitation to a Gunfighter ('64)			(45) Two Rode Together ('61, Western)		(45) Invitation to a Gunfighter ('64, Western)			Heist ('01)						
HERIC	293	Superman	Superman	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Lethal Weapon	Lethal Weapon	Lethal Weapon	Lethal Weapon	Lethal Weapon		
HGTV	112	Nate & Jeremiah		Home Town		Home Town		Home Town		Home Town		Home Town		Home Town		Home Town Episode 16			
HIST	120	Built America		Built America		Built America		Built America		Built America		Built America		Built America		Built America			
ID	192	TBA		TBA		TBA		TBA		American Monster		American Monster		American Monster		American Monster			
IFC	133	City Slickers ('91)		(15) Analyze This ★★ ('99, Comedy) Robert De Niro			(45) Analyze That ★★ ('02, Comedy) Robert De Niro							Raymond	Raymond	Raymond	Raymond		
LAFF	237	Laughs	Laughs	Videos	Videos	Funnies	Funnies	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.		
LIFE	108	Newlywed Nightmare ('23, Suspense)					You Can't Escape Me ('23, Suspense)			Secret Society of Lies ('23, Suspense)			Secrets in the Marriage ('23, Suspense)						
LMN	109	Secrets in the Basement ('20, Suspense)					Is There a Killer on My Street? ('18, Suspense)			Killer Dream Home ('20, Suspense) Eve Mauro			If Walls Could Talk ('22, Suspense)						
MAGN	111	Fixer Upper: Welcome		Ranch	Ranch	Girl-Farm	Girl-Farm	Recipe Lost	Recipe Lost	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation			
MOTOR	246	Four	Roadkill	Shorty's Dream Shop		Garage Squad		Garage Squad		Garage Squad		Garage Squad		Garage Squad		Garage Squad			
MSNBC	209	Alex Witt Reports (L)		Alex Witt Reports (L)		Yasmin Vossoughian		Yasmin Vossoughian		Symone (L)		PoliticsNation (L)		Voices-Alicia Menendez		Voices-Alicia Menendez			
NATGEO	197	Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna			
NGWLD	190	Zoo: Tampa		Zoo: Tampa		Zoo: Tampa		Zoo: Tampa		Zoo: Tampa		Zoo: Tampa		Zoo: Tampa		Zoo: Tampa			
OUTD	396	The Choice	Addicted	Am. Archer	Whitetail	Dropped:	Renovation	Viral	Wardens	Major League Fishing			Fishing	Jim Shock	Winchester	Live 2 Hunt			
OWN	189	Super Soul Sunday		Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court		
OXYG	127	Snapped: Behind Bars		Snapped: Behind Bars		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped			
PARMT	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue Ace's Wild		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue Gutterball!			
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans			
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	On Patrol: First Shift		On Patrol: Live					On Patrol: Live						
RFDTV	231	Rancher	Rodeo	Equestrian	Horses	Horseman, Best Amer		Horse-West/FFA (N)		U.S. Farm Report		Gentle Gi. Jimmy		Midwest Country (N)		Church	Stuart		
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	Universe Works		Universe Works		Universe Works		Universe Works			
SMITH	367	Aerial America		How Did- Build		How Did- Build		How Did- Build		How Did- Build		How Did- Build		How Did- Build		Air Disasters Lost			
SONY	386	Broken Trail		(10) Broken Trail (Part 2 of 2)				(2:55) Barbarosa ('82, Western)		(40) Silverado ★★★ ('85, Western) Kevin Kline			The Blue and the Gray						
SUND-E	358	Escape From Planet of Apes			Conquest of the Planet of the Apes ('72)			Planet of the Apes ('68, Science Fiction) Charlton Heston			Dante's Peak ('97, Action) Pierce Brosnan								
SYFY	122	Charmed		Despicable Me ★★★ ('10, Children's)			(15) Despicable Me 2 ('13, Children's) Voices of Steve Carell			Drive Angry 3D ('11, Action) Nicolas Cage			Zombieland						
TBN	260	Jackson	In Touch	PowerPoint	Written	Hour Of Power	Mazzapica	Carpenter	Gregory	Love	Youseff	Shook	Your Move	Joyce M.	Hagee Min	Robert			
TBS	139	Friends	Friends	Friends	Friends	Mr. & Mrs. Smith ★★★ ('05, Action) Brad Pitt					Ocean's 8 ★★★ ('18, Comedy) Sandra Bullock			Big Bang					
TCM	132	Sylvia Scarlett ('35)		(15) Mr. Skeffington ★★★ ('44, Drama) Bette Davis, Claude Rains		Brigadoon ★★★ ('54, Musical) Gene Kelly			Light in the Piazza ★★★ ('62, Drama)										
TLC	183	1000-Lb. Sisters		1000-Lb. Sisters		1000-Lb. Sisters		1000-Lb. Sisters		90 Day: Other		90 Day: Other		90 Day Fiancé: The Other Way					
TMC-W	329	As They Made Us 'R'		(10) A Ghost Story ('17, Drama) 'R'		(45) Vampire Academy ('14, Fantasy) 'PG-13'		Monstrous ('22, Horror) 'PG-13'		John and the Hole ('21) 'R'		Broadcast							
TNT	138	NCIS: New Orleans		Twister ★★★ ('96, Action) Helen Hunt			Ready Player One ★★★ ('18, Science Fiction) Tye Sheridan					Avengers: Endgame ('19, Action)							
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers		
TRVL	196	Michigan Hell House				A Haunting		A Haunting		A Haunting		A Haunting		A Haunting		A Haunting			
TVLND	106	Gold Girls	Gold Girls	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mom	Mom		
UP	188	In-Lawfully Yours		Love in Wolf Creek ('22, Romance) Nola Martin			Mixed Baggage ('22, Romance) Leanne Lapp					Just for the Summer ('20, Romance-Comedy)			Seasoned With Love				
USA	105	College Basketball				College Basketball		Davidson at Duquesne (L)		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
WE	128	Criminal Minds Alchemy		Criminal Minds		Criminal Minds No. 6		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds			
NETWORKS																			
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																			
ABC-E		Local Prog. NBA		NBA Basketball Phoenix Suns at Milwaukee Bucks (L)		NBA Basketball Los Angeles Lakers at Dallas Mavericks (L)		Local Prog. News		Funnies Home Videos									
CBS-E		College Basketball Illinois at Ohio State (L)		College Basketball Wisconsin at Michigan (L)		College Basketball UCLA at Colorado (L)		Local Prog. News		60 Minutes (N)									
CW-E		Local Programs					Local Programs												
FOX-E		Local Prog.		College Providence at Georgetown (L)			NASCAR RaceDay (L)					NASCAR Cup Series (L)					Next Level Chef		
NBC-E		Local Programs			FIS Freestyle Skiing &		PGA Spec		PGA Tour Golf The Honda Classic, Final Round (L)					Local Prog. News		Dateline NBC			
METV	247*	Brady	Brady	Beaver	Beaver	Hillbillies	Hillbillies	Gilligan	Gilligan	Mama's	Mama's	The Love Boat	Andy G.	Andy G.	M*A*S*H	M*A*S*H			
ABC-W		Local Prog. NBA		NBA Basketball Phoenix Suns at Milwaukee Bucks (L)		NBA Basketball Los Angeles Lakers at Dallas Mavericks (L)		Local Prog. Local Programs											
CBS-W		College Basketball Illinois at Ohio State (L)					College Basketball Wisconsin at Michigan (L)		College Basketball UCLA at Colorado (L)			Local Prog. Local Programs							
CW-W		Local Programs										Local Programs							
FOX-W		Local Prog.		College Providence at Georgetown (L)			NASCAR RaceDay (L)		NASCAR Cup Series (L)					Local Programs					
NBC-W		Local Programs			FIS Freestyle Skiing &		PGA Spec		PGA Tour Golf The Honda Classic, Final Round (L)					Local Prog. Local Programs					
PBS		Dinosaur	Cyberchase	Go Luna	Contrary	Dogs in Wild		ACL 8th Annual Hall		David Holt	Chefs Life	NOVA		Weekend	Wash	Antiques Roadshow			

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30
PREMIUM MOVIES																	
HBO	HBO-E	310	Casino Royale '06		The Last of Us (N)		The Last of Us		Last Week (40)		The Last of Us		(40) Blair Witch '16, Horror 'R'		(2:50) TBA		(2:5) TBA
	HBO2	312	The Last of Us		Jennifer's Body '09, Horror 'R'		(45) Reminiscence '21, Science Fiction 'PG-13'		(45) I Love You, Beth Cooper ★ '09 'PG-13'		Catch a Fire '06, Drama 'PG-13'						
	HBO5	314	Blue Bayou '21 'R'		Dolores Claiborne '95, Crime Drama 'R'		(15) The Witch '15, Horror 'R'		Anya Taylor-Joy 'R'		The Men Who Stare at Goats 'R'		(25) Lord of War '05, Drama 'R'				
	HBOF	315	New Guy! The Impossible ★★ ★★ '12, Drama 'PG-13'		(24) Ender's Game '13, Science Fiction 'PG-13'		(18) Big Momma's House 2 '06		(1:57) Johnny Dangerously '84		Marley						
MAX	MAX	307	Total Recall ★★ ★★ '90, Science Fiction 'R'		(9:55) Limitless '11 'PG-13'		(40) Daybreakers '09, Horror 'R'		(18) The Mod Squad ★ '99 'R'		(2:53) Fools Rush In						
	5MAX	308	The Drop '14 'R'		The Mule ★★ ★ '18, Crime Drama 'R'		(10:57) Brooklyn's Finest '09, Crime Drama 'R'		(10) Iris '01, Drama 'R'		(41) Girl Most Likely '12 'PG-13'						
	MMAX	309	Double Impact '91		Bloodsport '88, Biography 'R'		Safe ★★ ★ '12, Action 'R'		(12:08) Nobody '21, Action 'R'		(40) Undisputed '02, Drama 'R'		Conan the Barbarian				
SHOWTIME	SHO-E	318	TBA	TBA	Your Honor (N)		Your Honor		Breaking ★★ ★ '22 'PG-13'		(45) Your Honor		(45) TBA		(15) TBA		Queens
	SHO2	320	Source Code ★★ ★★ '11 'PG-13'		(45) Zodiac ★★ ★★ '07, Crime Drama 'R'		Jake Gyllenhaal 'R'		TBA		The Dictator '12, Comedy 'R'		Red Rocket '21, Comedy 'R'				
	SHOBET	321	Eve's Bayou '97, Drama 'R'		Jurnee Smollett 'R'		Imagine That ★★ ★ '09, Children's 'PG'		Your Honor (N)		Changing Lanes '02, Suspense 'R'		Hitsville: The Making of Motown				
	SHOX	322	Beverly Hills Cop '84		Beverly Hills Cop II '87 'R'		(45) Beverly Hills Cop III '94, Comedy 'R'		Bull '21, Suspense 'R'		Neil Maskell 'R'		American Badger '19 'NR'		Hide Seek		
	SHOS	323	American Graffiti '73, Comedy-Drama 'PG'		More American Graffiti '79		Candy Clark 'PG'		The Italian Job '03, Crime Drama 'PG-13'		A Simple Plan '98, Suspense 'R'		Bill Paxton 'R'				
	TMC	327	Gladiator '00, Historical Drama 'R'		Russell Crowe 'R'		Babel ★★ ★★ '06, Drama 'R'		Brad Pitt 'R'		Feast of Love '07, Drama 'R'		(45) The Light of the Moon '17				
FLIX-E	333	True Grit '10, Western 'R'		Jeff Bridges 'PG-13'		Inside Llewyn Davis '13 'R'		(45) Fatal Attraction '87, Suspense 'R'		(45) Afterlife '09, Drama 'R'		Christina Ricci 'R'		Bad Santa			
STARZ	ENCR-E	340	X-Men '00 'PG-13'		X-Men: First Class '11, Action 'PG-13'		(15) X-Men Origins: Wolverine '09 'PG-13'		(06) Captain America: The Winter Soldier '14 'PG-13'		Slammin						
	STARZ-E	350	BMF		Party		BMF		Party		Spider-Man: No Way Home '21, Action 'R'		Zendaya 'PG-13'		Resident Evil: Welcome to Raccoon City '21 'R'		
	STRZED	352	Bridget Jones's Baby '16 'R'		Fruitevale Station '13 'R'		BMF		Party		Scarico: Day of the Soldado '18, Suspense 'R'		(37) Long Weekend '21 'R'				
	STRZCI	353	Never Look Away '18, Historical Drama 'R'		Moulin Rouge ★★ ★ '01, Musical 'PG-13'		(12:09) The Eagle Huntress '16		(37) The Red Turtle '16 'PG'		(2:59) Emma '96 'NR'						
	STRZCO	354	Heart and Souls '93 'PG-13'		(40) Admission '13, Comedy-Drama 'PG-13'		(29) She's Out of My League ★★ ★ '10 'R'		(16) More Money, More Family 'R'		(2:49) Sex Tape '14						
	STRZIB	355	Power III		Tyler Perry's Diary of a Mad Black Woman '36		The Devil You Know '22		Omar Epps 'R'		(37) Tyler Perry's Madea Goes to Jail '09		(22) Die Hard 2 '90, Action 'R'				
STRZKF	356	Johnny English '03, Comedy 'PG'		(28) Johnny English Reborn '11		(10) The Phantom '96, Action 'R'		Billy Zane 'PG'		(12:51) Johnny English '03 'PG'		(24) Heaven Is for Real '14 'PG'					
MGM+	MGM+	380	Blaklight '22, Action		Godfather of Harlem (N)		Murf the Surf		Godfather of Harlem		Murf the Surf		Godfather of Harlem		Murf the Surf		House of Gucci '21
	MGMMAR	381	Godfather of Harlem		Godfather of Harlem (N)		Murf the Surf		(10:50) Dog ★★ ★ '22, Comedy		Anchorman 2: The Legend Continues		That's Entertainment! '74				
	MGMHT	382	No Time to Die ★★ ★★ '21, Action		Daniel Craig		(45) From Russia With Love '63, Action		(45) Never Say Never Again '83, Action		Sean Connery		Saturday Night Fever				
	MGMDRV	292	Almost Famous '00, Comedy-Drama		The Doors ★★ ★★ '91, Biography		Val Kilmer		Showgirls ★ '95, Drama		Elizabeth Berkley		(45) Coyote Ugly '00		Piper Perabo		
AMERICA'S TOP PROGRAMMING																	
A&E	118	Biography: WWE Legends (N)				WWE Rivals (N)		WWE Rivals		WWE Rivals		WWE Rivals		WWE Rivals		WWE Rivals	
AHC	195	WWII: Witness to War				World War II in Color		Against the Odds		Pearl Harbor		WWII: Witness to War		World War II in Color		Against the Odds	
AMC	131	Casino ★★ ★★ '95				Mayfair Witches (N)		Mayfair Witches		Casino ★★ ★★ '95, Crime Drama		Robert De Niro, Sharon Stone				Mayfair Witches	
APL	184	Yellowstone Wardens				Yellowstone Wardens (N)		Yellowstone Wardens		Lone Star Law		Yellowstone Wardens		Yellowstone Wardens		Lone Star Law	
AXSTV	167	Rockstar	Parking Lot	Metallica: S&M 2 '19, Music				James Hetfield		Rockstar	Parking Lot	Metallica: S&M 2 '19, Music				James Hetfield	
BBCA	135	Gods		(45) Mortal Kombat ★★ '95, Action		Robin Shou		Graham Norton Show		Mortal Kombat ★★ '95, Action		Robin Shou		(15) King Arthur ★★ ★ '04, Historical Drama			
BET	124	54th Annual NAACP Image Awards				Queen Collective		Martin		Martin		Martin		Martin		Martin	
BOUNCE	359	2 Guns ★★ ★ '13, Action				Denzel Washington		Triple 9 ★★ ★ '16, Crime Drama		Casey Affleck		Walking Tall '04, Action		The Rock		Unleashed '05, Action	
BRAVO	129	Housewives/Potomac		Family Karma (N)		Watch		Housewives/Potomac		Family Karma		Real Housewives of SLC		Southern Hospitality		Southern Hospitality	
BUZZR	245	Password	Password	Match	Match	Body Lang.		Body Lang.		Password		Match		Body Lang.		Body Lang.	
CIHD	249	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters		Manhunters		Manhunters		Manhunters		Manhunters		Manhunters	
CMT	166	Ace Ventura: Pet Detective '94				Ace Ventura: When Nature Calls ★★ '95		The School of Rock ★★ ★★ '03, Comedy		Jack Black		Ferris Bueller's Day Off '86, Comedy					
CNBC	208	World Rugby Sevens				Shark Tank		Shark Tank		Shark Tank		Shark Tank		AMA Supercross Series			
CNN	200	CNN Newsroom		CNN Special Program		CNN Special Program		State of the Union With		CNN Special Program		CNN Special Program		CNN Newsroom Live (N)		CNN Newsroom Live (N)	
COM	107	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	South Park		South Park		South Park		South Park	
COMET	289	Time Bandits '81, Fantasy				Merlin (Part 1 of 2)		Merlin (Part 2 of 2)		Merlin (Part 2 of 2)		The Box '20, Drama				Paid Programs	
COOK	113	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Man, Food		Man, Food		Man, Food		Carn Eats		Carn Eats		Carn Eats	
DISC	182	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid	
DFC	179	Lottery Changed- Life		Celebrity IOU		Celebrity IOU (N)		Celebrity IOU (N)		Celebrity IOU (N)		Celebrity IOU		Celebrity IOU		Ultimate Cake Off	
DISN-E	172	Gnomeo		Jessie		Bunk'd		Jessie		Bunk'd		Bunk'd		Big City		Jessie	
ENCR-W	341	Spider-Man: Far From Home '19 'PG-13'				(12) X-Men '00, Action		Hugh Jackman 'PG-13'		X-Men: First Class '11, Action 'PG-13'		(15) X-Men Origins: Wolverine '09 'PG-13'					
EWESTN	342	Black Fox: Good Men and Bad				Hombre '67, Western		Paul Newman 'NR'		Down Missouri Way (40)		Black Fox '95, Western 'NR'		(13) Black Fox: The Price of Peace		Black Fox	
EACTN	343	The Amazing Spider-Man 2 ★★ ★★ '14, Action 'PG-13'				(24) The Matador ★★ ★ '05 'R'		Pride and Prejudice and Zombies '16		(1:54) Venom '18, Action		Tom Hardy 'PG-13'					
ESUSP	344	Don't Breathe 2 '21		The Song of Names '19, Drama 'PG-13'		(10:56) Dragonfly '02 'PG-13'		(43) Pet Sematary Two ★★ '92, Horror 'R'		(26) Hellboy II: The Golden Army							
EBLACK	345	Boy		(24) Fifty Shades of Black '16 'R'		(9:58) How Stella Got Her Groove Back '98		The Janky Promoters '09		Scandalize My Name		(29) In the Mix '05		Usher 'PG-13'			
ECLASS	346	Silver Lng (37)		Thor: The Dark World '13, Action 'PG-13'		Derailed '05, Suspense		Clive Owen 'R'		(27) Lovelace '13, Biography 'R'		The Marine ★★ '06 'PG-13'		Rapid Fire			
EFAMLY	347	Babysitters Beware (13)		The Flintstones '94 'PG'		(45) Overcomer '19, Drama		Alex Kendrick 'PG'		(45) Hope Springs Eternal '18		Moms' Night Out '14 'PG'		Mirror			
ESPN	140	NBA Basketball: Timberwolves at Warriors				NBA Basketball		Los Angeles Clippers at Denver Nuggets (L)		SportsCenter (L)		SportsCenter		SportsCenter		SportCtr	
ESPN2	143	XFL Football: Renegades at Roughnecks				SportsCenter (L)		SportsCenter (L)		UFC		UFC Archival		UFC Archival		SC Feat.	
EWTN	261	Sun. Mass		Catholics		Life/Rock		Rosary		Smiles From		The Bench		Catholic		Sunday Mass	
FETV	82	Perry Mason: The Case of the Killer Kiss '93				Emergency!		Emergency! Botulism		B. Miller		B. Miller		Perry Mason		Bewitched	
FMC	387	Tamished (45)		Lilith '19, Comedy		Langston Fishburne, Casey Walker		The Undercover Man '49		(45) St. Benny the Dip ★★ '51		(15) Gangs, Inc. ★★ '41		Blue Can.			
FNC	205	Life, Liberty & Levin (N)		The Next Revolution		Sunday Night		Life, Liberty & Levin		The Next Revolution		Sunday Night		FOX News Sunday		The Next Revolution	
FOOD	110	Tournament of Champions (N)				Alex vs America		Alex vs America		Tournament of Champions		Alex vs America		Alex vs America			
FREFM	180	Mulan '20, Adventure		(15) Maleficent ★★ ★ '14, Fantasy		Angelina Jolie		(20) Maleficent: Mistress of Evil ★★ '19, Fantasy		Paid Programs		Paid Programs		Paid Programs			
FS1	150	MLS Soccer (L)				Seattle		College Basketball		Providence at Georgetown		Hub		NASCAR Xfinity			

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30
AMERICA'S TOP PROGRAMMING																	
FX	136	Avengers: Infinity War ★★★ ('18, Action) Robert Downey Jr., Chris Hemsworth										Avengers: Infinity War ★★★ ('18, Action) Robert Downey Jr., Chris Hemsworth				Paid Programs	
FXM	384	The Boss Baby ('17)		The Boss Baby ('17, Children's) 'PG'		Spies in Disguise ('19, Children's) 'PG'				Breakthrough ★★★ ('19, Drama) Chrissy Metz 'PG'				Blue Max			
FX	125	Burgers	Burgers	Simpsons	Simpsons	Family Guy		Futurama	Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer	Archer	FXM Pres.
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		Magnum, P.I.		The Rockford Files		The Rockford Files		Kojak (Part 1 of 2)		Kojak (Part 2 of 2)		Spillane's Mike Hammer	
GMSHW	116	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Puzzler	Puzzler	FamFeud	FamFeud	FamFeud	FamFeud
GOLF	401	PGA Tour Golf The Honda Classic, Final Round							LPGA Golf				PGA Tour Golf The Honda Classic, Final Round				
GRIT	217	The Texican ('66, Western) Audie Murphy				Cast a Long Shadow ★ ('59, Western) Audie Murphy, Terry Moore								Movie			
HALL	185	Made for Each Other		The Way Home (N)		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier
HALLDR	186	The Waltons		The Waltons		The Waltons The Rumor		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons	
HALLMV	187	A Nashville Legacy		Caribbean Summer ('22, Romance-Comedy)		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk (Part 1 of 2)		Monk (Part 2 of 2)	
HDMOV	130	Heist ★★★ ('01, Crime Drama)		They Call Me Mister Tibbs! ('70, Crime Drama)		Heist ('01, Crime Drama) Gene Hackman		She Hate Me ★★ ('04, Comedy-Drama) Anthony Mackie									
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		Baywatch		NUMB3RS	
HGTV	112	Home Town (N)		Home Town (N)		Home Town		Home Town		Home Town Episode 17		Home Town		Home Town		Home Town	
HIST	120	Built America		Built America		Built America		Built America		Built America		Built America		Built America		Built America	
ID	192	Evil Lives Here		Evil Lives Here (N)		Psychopath	Psychopath	Psychopath	Psychopath	Evil Lives Here		Psychopath	Psychopath	Psychopath	Psychopath	Evil Lives Here	
IFC	133	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		How I Met		How I Met		Videos	Videos	Laughs	Laughs
LIFE	108	The Paramedic Who Stalked Me ('23)				Gwen Shamblin: Starving for Salvation				The Paramedic Who Stalked Me ('23)				Gwen Shamblin: Starving for Salvation			
LMN	109	Secrets in the Building ('23, Suspense)				Killer Contractor ('19, Suspense) Alyshia Ochse				Secrets in the Building ('23, Suspense)				Killer Contractor ('19, Suspense) Alyshia Ochse			
MAGN	111	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation	
MOTOR	246	Jesse James		Jesse James		Jesse James		Jesse James		Jesse James		Jesse James		Jesse James		Jesse James	
MSNBC	209	The Mehdi Hasan Show (L)		Ayman (L)		Voices-Alicia Menendez		The Mehdi Hasan Show		Ayman		Dateline		Dateline			
NATGEO	197	Wicked Tuna		Wicked Tuna (N)		Wicked Tuna (N)		Wicked Tuna		Wicked Tuna		Wicked Tuna		Drain the Oceans		Drain the Oceans	
NGWLD	190	Zoo: Tampa		Zoo: Tampa		Zoo: Tampa		Animal Kingdom		Zoo: Tampa		Zoo: Tampa		Zoo: Tampa		Paid Programs	
OUTD	396	Crush	Hunt	Outdoors	Bill Dance	Buck.	Addicted	Winchester	Live 2 Hunt	Crush	Hunt	Outdoors	Bill Dance	Buck.	Whitetail	Winchester	Live 2 Hunt
OWN	189	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN	
OXYG	127	Snapped		Snapped		Snapped		Snapped		Accident, Suicide		Accident, Suicide		Floribama Murders		Dateline	
PARMT	241	Bar Rescue		Bar Rescue Game Over		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans	
REELZ	299	On Patrol: Live		When Metal		When Metal		Black Sabbath-Band		When Metal		When Metal		Black Sabbath-Band		Paid Programs	
RFDTV	231	Wild	Wild	The Rural Americans		FarmHer	Agribusiness	Farm Mon.		Gentle Gi.	Pulling	Classic Tractor Fever		Paid Programs			
SCI	193	Universe Works		Universe Works		Universe Works		Universe Works		Universe Works		Universe Works		Universe Works		Universe Works	
SMITH	367	Air Disasters (N)		Ice Airport Alaska (N)		Inside the Factory Soup		National Parks		Air Disasters		Ice Airport Alaska		Carriers at War		Carriers at War	
SONY	386	The Blue and the Gray (Part 1 of 3) (:45) The Blue and the Gray (Part 2 of 3)				The Blue and the Gray (Part 3 of 3)				(:06) The Blue and the Gray (Part 1 of 3)							
SUND-E	358	Dante's Crimson Tide ★★★ ('95, Suspense) Denzel Washington		Unstoppable ★★★ ('10, Action)				Crimson Tide ★★★ ('95, Suspense) Denzel Washington									
SYFY	122	Zombieland ('09, Comedy)		The Purge ★★ ('13, Suspense) Ethan Hawke		The Purge: Election Year ★★★ ('16, Action) Frank Grillo		Kingsman: The Secret Service ('14, Action)									
TBN	260	Joel Osteen		Turning		Huckabee		Metaxas		Creflo		Praise (N)		O.S.		Joseph	
TBS	139	Big Bang		Big Bang		Big Bang		Star Wars: The Force Awakens ('15, Science Fiction) Harrison Ford		Ocean's 8 ★★★ ('18, Comedy) Sandra Bullock		Mr. Smith					
TCM	132	All the President's Men ('76, Docudrama) Robert Redford				In My Country ('04, Drama) Samuel L. Jackson				Within Our Gates ('20, Drama)				Fallen Angels ('95, Drama) Leon Lai Ming			
TLC	183	90 Day Fiancé: The Other Way (N)				MILF Manor (N)		90 Day: Other		90 Day Fiancé: The Other Way				MILF Manor		90 Day: Other	
TMC-W	329	Broadcast Signal Intrusion ('21)		Crawlspace ('22, Suspense) 'R'		Gladiator ('00, Historical Drama) Russell Crowe 'R'				Babel ★★★ ('06, Drama) Brad Pitt 'R'							
TNT	138	Avengers: Endgame ★★★ ('19, Action)				Mortal Kombat ★★ ('21, Action) Lewis Tan				(12:15) X-Men: Days of Future Past ('14, Action) Hugh Jackman				NCIS: New Orleans			
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Jokes	Jokes	World's Dumbest ...		World's Dumbest ...	
TRVL	196	A Haunting		The Devil's Academy (N)		A Haunting				A Haunting				The Devil's Academy			
TVLND	106	Mom		Mom		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men	
UP	188	Seasoned With Love		The Happy Camper ('22, Romance)				Blue Bloods Blowback				Blue Bloods				Paid Programs	
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	128	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Law & Order		Law & Order Excalibur	
LOCAL NETWORKS																	
ABC-E		American Idol (N)				Company You Keep (N)				Local Programs				ABC World News Now (N)			
CBS-E		The Equalizer		East New York		NCIS: Los Angeles		Local Programs		CBS Overnight News (N)							
CW-E		Animals	Animals	Whose Line	Whose Line	Local Programs											
FOX-E		Simpsons	The-North	Burgers	Family (N)	Local Programs							Local Programs				
NBC-E		Dateline NBC		Magnum P.I. (N)		The Blacklist (N)		Local Programs						Meet the Press		Early Tdy	Local Prog.
METV	247*	All/Family	All/Family	All/Family	All/Family	Ed Sullivan	C. Burnett	Van Dyke	Van Dyke	Honeymn.	Twi. Zone	Alfred Hitchcock Hour		The Fugitive		Mission: Impossible	
ABC-W		Local Programs			News		Funniest Home Videos		American Idol (N)			Company You Keep (N)		Local Programs			
CBS-W		Local Programs			News		60 Minutes (N)		The Equalizer		East New York		NCIS: Los Angeles		Local Programs		
CW-W		Local Programs						Animals		Animals	Whose Line		Whose Line		Local Programs		
FOX-W		Local Programs				Next Level Chef			Simpsons		The-North		Burgers		Family (N)		Local Programs
NBC-W		Local Programs			News		Dateline NBC		Magnum P.I. (N)			The Blacklist (N)		Local Programs			
PBS		Vienna Blood		Vienna Blood		Vienna Blood		ACL 8th Annual Hall		Vienna Blood		Vienna Blood		Vienna Blood		Great Performances	

	EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
	CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
	MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
	PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30
PREMIUM MOVIES																	
HBO	HBO-E	310	TBA		(25) The Many Saints of Newark ('21) 'R'		(25) Deep Impact ★★ ('98, Drama) 'PG-13'		TBA		Family		(20) Quantum of Solace ('08)		(10) The Maze Runner		
	HBO2	312	(15) At Middleton ('13, Romance-Comedy) 'R'		REAL Sports With Bryant Gumbel		(20) Into the Storm ('14) 'PG-13'		(8:50) The Snowman ★★ ('17, Suspense) 'R'		(10:50) The Heat ('13)						
	HBO5	314	Lord Max Payne ('08, Action) 'PG-13'		(10) Nothing Like the Holidays ('08) 'PG-13'		(7:50) Across the Universe ('07, Musical) 'PG-13'		Promised Land ★★ ('12, Drama) 'R'								
	HBOF	315	Marley & Me ★★ ('08) 'PG'		I Can't Do		K'garten Happily Curious		Crashbox		(15) My Bodyguard ('80, Comedy-Drama) 'PG'		(9:52) Meet Dave ★★ ('08) 'PG'		Space		
MAX	MAX	307	Fools Rsh (43) What Happens in Vegas ('08) 'PG-13'		(21) Mickey Blue Eyes ('99) 'PG-13'		I Origins ('14, Drama) Michael Pitt 'R'		(9:52) Lone Survivor ★★★ ('13, War) 'R'								
	5MAX	308	Girl Most (25) Diamonds Are Forever ('71, Action) 'PG'		(27) Home Fries ★★ ('98) 'PG-13'		Marked for Death ('90, Action) 'R'		Next ★★ ('07) 'PG-13'		(12) Extract ('09) 'R'						
	MMAX	309	Conan the Barbarian (07) Army of One ('16) 'R'		(40) Dear Evan Hansen ('21, Musical) Ben Platt 'PG-13'		(8:58) The Stepford Wives ('04)		Lara Croft: Tomb Raider ('01)								
SHOWTIME	SHO-E	318	Queen-Comedy Agent Game ('22, Action) 'R'		Untamed Heart ('93, Romance) 'PG-13'		(20) Confess, Fletch ('22) 'R'		Bandit ('22, Crime Drama) Josh Duhamel 'R'								
	SHO2	320	Red (45) Confess, Fletch ★★★ ('22, Comedy) 'R'		The Hunt for Red October ('90, Suspense) 'PG'		(45) Hitsville: The Making of Motown ('19)		(40) Nicholas Nickleby ('02) 'PG'								
	SHOBET	321	Hitsville: The Making of Motown ('19, Documentary) 'NR'		(40) Pirates ('21, Comedy) 'NR'		Quiet Storm: The Ron Artest Story ('19) 'NR'		It Comes at Night ('17, Horror) 'R'		Death						
	SHOX	322	Hide and Seek ('21) Margaux ('22, Horror) 'R'		(45) S.O.S. Survive or Sacrifice ('20) 'NR'		The Hanoi Hilton ★★ ('87, Drama) 'R'		(40) Cut Bank ('14, Suspense) 'R'								
	SHOS	323	East of the Mountains ('21)		Windows on the World ('19, Drama) 'NR'		Grace and Grit ('21, Romance) Mena Suvari 'R'		Defining Moments ('21) 'NR'		The Aviary ('22) 'R'						
	TMC	327	Light Monstrous ('22, Horror) 'PG-13'		Bowie		A Genie's Tail ('22, Comedy) 'NR'		Moon Manor ('21) 'NR'		(40) Thank You for Your Service ('17, War) 'R'		Time Now				
	FLIX-E	333	Bad Santa ('03) 'R'		Confessions of a Dangerous Mind ('02)		Reefer Madness ('36)		Zodiac ('07, Crime Drama) Jake Gyllenhaal 'R'		(45) Atlantic City ('80) 'R'						
	STARZ	ENCR-E	340	The Slammin' Salmon (07) Papillon ★★ ('17, Adventure) Charlie Hunnam 'R'		(21) The Monuments Men ('14) 'PG-13'		(23) 22 Jump Street ★★★ ('14, Comedy) 'R'		X-Men							
STARZ-E		350	Jockey ('21, Drama) 'R'		(06) A Journal for Jordan ★★ ('21, Drama) 'PG-13'		(21) Hollywoodland ★★ ('06, Mystery) 'R'		Resident Evil: Welcome to Raccoon City		Journal						
STRZED		352	(12) Killers Anonymous ('19, Action) 'R'		(5:51) Wild Indian ('21) 'NR'		(21) Snow White and the Huntsman ('12)		Long Weekend ('21) 'R'		I'm Charlie Walker						
STRZCI		353	Emma ('96) 'NR'		Spider in the Web ('19, Suspense) 'NR'		(6:56) The White Crow ('18, Biography) 'R'		Prize Winner of Ohio		(44) Mansfield Park ('99) 'PG-13'						
STRZCO		354	Sex Tape M. Lawr M. Lawr		(24) Jean of the Joneses ('16) 'NR'		(6:51) The Family Stone ('05)		(37) Rare Beasts ('19) 'NR'		(11) Simply Irresistible ★★ ('99) 'PG-13'						
STRZIB		355	Diehard 2 (29) Idiocracy ('06, Comedy) 'R'		(5:56) Assault on Precinct 13 ('05, Action) 'R'		Tyler Perry's Why Did I Get Married Too?		Tyler Perry's Madea Goes to Jail		Die Hard						
STRZKF		356	(10) Early Man ★★ ('18) 'PG'		(40) Johnny English Reborn ('11, Comedy) 'PG'		Pit Pony		Pit Pony		(8:54) Dreambuilders		(15) Wings ('12, Children's) 'G'		East Side		
MGM	MGM+	380	House of Gucci ('21, Drama)		(40) Prophecy ('79, Science Fiction) Talia Shire		(25) We're No Angels ★★ ('89)		Town That Dreaded		(45) Saint Maud ('19, Horror)						
	MGMMAR	381	That's Entertainment! Sets		(25) 2 Days in the Valley ('96)		(10) Staying Alive ('83, Drama) John Travolta		(8:50) Juliet, Naked ★★ ('18)		Christine ★★ ('83, Horror)						
	MGMHT	382	Saturday Night Fever Sets		(45) Hang 'Em High ★★ ('68, Western)		(40) Rumble ★★ ('21, Children's)		(15) From Russia With Love ('63, Action)		Never Say Nvr						
	MGMDRV	292	Coyote (25) Road Trip ★★ ('00, Comedy)		Cousins ('89, Romance-Comedy) Ted Danson		(7:55) Rob Roy ('95, Biography) Liam Neeson		(15) Four Feathers ★★ ('02, Adventure)								
AMERICA'S TOP PROGRAMMING																	
A&E	118	Paid Programs				Joyce M.		Parking	Parking	Parking	Parking	Parking	Parking	TBA	TBA		
AHC	195	Evolution of Evil		Evolution of Evil		Combat Countdown		Combat Countdown		Combat Countdown		Patriots Rising		Patriots Rising		Patriots Rising	
AMC	131	Cujo ★★ ('83, Horror) Dee Wallace		Paid Programs								Stooges (45) Mr. Deeds ('02, Comedy) Adam Sandler		Spaceballs			
APL	184	Lone Star Law		Lone Star Law		Dogs 101		Secret Life-Zoo		The Zoo		I Was Prey		Monsters Inside Me		Dr. Jeff: RMV	
AXSTV	167	Paid Programs								Ellie		Rock		Legends		Classic Albums	
BBCA	135	King Arthr		Star Trek: Next		Stooges		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next	
BET	124	Browns	Browns	Browns	Browns	Browns	Browns	Browns	Browns	Live Single	Live Single	Live Single	Martin	Martin	Martin	black-ish	black-ish
BOUNCE	359	Unleashed		The Game		Tamron Hall		Sherri		Karamo		Hot Bench		Hot Bench		Court	
BRAVO	129	Kelly Clarkson		Paid Programs		Southern Hospitality		Southern Hospitality		Below Deck		Below Deck		Below Deck		Below Deck	
BUZZR	245	Blockbuster		Press Luck		Press Luck		Paid Programs		Tell Truth		My Line?		Sale of		Sweep	
CIHD	249	Manhunters		Manhunters		Manhunters		Paid Programs		American Justice		American Justice		Cajun		Cajun	
CMT	166	Ferris		CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Roseanne		Roseanne	
CNBC	208	Street Signs (L)		Worldwide Exchange (L)		Squawk Box (L)								Squawk on the Street (L)		TechCheck (L)	
CNN	200	CNN Newsroom Live (N)		Early Start C.		CNN This Morning (L)		CNN This Morning (L)		CNN This Morning (L)		CNN Newsroom (L)		CNN Newsroom (L)		At This Hour-Kate	
COM	107	South Park		South Park		Paid Programs		Brooklyn		Brooklyn		Futurama		Futurama		At This Hour-Kate	
COMET	289	Paid Programs										The Stepfather ('87, Suspense) Terry O'Quinn		Stepfather II ('89)			
COOK	113	Paid Programs						Kelsey's		Kelsey's		Brunch at		Brunch at		Burgers	
DISC	182	Deadliest Catch		Deadliest Catch		Street Outlaws: No Prep Kings				Homestead Rescue				Homestead Rescue			
DFC	179	Kit. Crash		Kit. Crash		Animals		Animals		Adventures		Adventures		Pac-Man		Transform.	
DISN-E	172	Austin		Bunk'd		Ladybug		Sofia		Sofia		Bluey		Bluey		Puppy Pals	
ENCR-W	341	(06) Captain America: The Winter Soldier ('14) 'PG-13'		(25) The Slammin' Salmon ('09)		(07) Papillon ★★ ('17, Adventure) Charlie Hunnam 'R'		(21) The Monuments Men ('14)									
EWESTN	342	Black Fox: Good Men and Bad (17) The Great Sioux Massacre		Lawman		The Deputy		Fargo		Rifleman		(15) The Duchess and the Dirtwater Fox ('76)		Down Missouri Way			
EACTN	343	My Super Ex-Girlfriend ★★ ('08) Solo ('96, Action) 'PG-13'		(28) The Amazing Spider-Man 2 ('14, Action) 'PG-13'		(28) Dragon Ball Super: Broly ('18)		(12) Alien vs. Predator									
ESUSP	344	Hellboy II (27) Essex Boys ('00) Sean Bean 'R'		(12) Dressed to Kill ('46) 'NR'		(26) The Remaining ('14) 'PG-13'		(8:56) The Touch ('02) 'PG-13'		(22) T2 Trainspotting ('17) 'R'							
EBLACK	345	(07) Four Kids and It ('20, Fantasy) 'PG'		(5:59) Black Friday ('21) 'NR'		Maurice Hines: Bring Them Back		(8:59) Bad Asses on the Bayou 'R'		(26) Brick Mansions ('14) 'PG-13'							
ECLASS	346	Rapid Fire ('92) 'R'		(14) Deliver Us From Evil ('14, Horror) 'R'		(15) 54 ★★ ('98, Drama) Ryan Phillippe 'R'		(8:50) Lovelace ('13, Biography) 'R'		(25) The Longest Yard ('74) 'R'							
EFAMLY	347	Mirror Mirror ('12, Children's) 'PG'		H Is for Happiness ('19) 'NR'		Flintstones-Viva Rck Vegas		(43) Little Sorcerer ('21) 'NR'		(15) Mirror Mirror ★★ ('12, Children's) 'PG'							
ESPN	140	SportsCenter		SportsCenter		SportsCenter		SportsCenter (L)		Get Up (L)		First Take (L)					
ESPN2	143	World of X Games		World of X Games		Keyshawn, JWill and Max (L)		SportsCenter (L)		SportsCenter (L)		Get Up					
EWTN	261	The Church	Sunday	Bookmark	Catholic	Eucharistic	Chesterton	St. Michael	Rosary	Daily Mass: Olam		Holy	Sunday	Religious	Mother Angelica Live	Gospel	
FETV	82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train		Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver
FMC	387	Blue Canadian		Ranger & Lady		Blue Montana Skies		(15) The Tarnished Angels ('57, Drama)		(15) Li'lith ('64, Drama)		The Long Gray Line ★★ ('55)		Undercover			
FNC	205	FOX & Friends First (N)		FOX & Friends First (N)		FOX and Friends (L)		FOX and Friends (L)		FOX and Friends (L)		America's Newsroom (L)		America's Newsroom (L)		The Faulkner Focus (L)	
FOOD	110	Paid Programs						Girl-Farm		Girl-Farm		Girl-Farm		Girl-Farm		The Kitchen	
FREEF	180	Paid Programs						black-ish		black-ish		The 700 Club		700 Club		Simpsons	
FS1	150	NASCAR Cup Series Pala Casino 400				The Carton Show (L)				Skip and Shannon: Undisputed (L)							

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30			
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30			
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30			
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30			
AMERICA'S TOP PROGRAMMING																			
FX	136	Paid Programs					Mom	Mom	Mom	Mom	Maze Runner: The Death Cure ('18, Science Fiction) <i>Dylan O'Brien</i>								
FXM	384	The Blue Max ('66, War) <i>George Peppard</i> 'NR'				Desiree ★★ ★ ('54, Historical Drama) 'NR'	Elevation	Prince	(7:55) The Second Time Around	What a Day to Go!	What a Dead to Die ★★ ★ ('19, Comedy) 'NR'					Dear Brig.			
FXH	125	Paid Programs					Assassin's Creed ★ ('16, Action) <i>Michael Fassbender</i>					The Dead Don't Die ★★ ★ ('19, Comedy) <i>Bill Murray</i>							
GETTV	373	Fantasy Island		Fantasy Island		Paid Programs		Elevation	Prince	Les Feldick	Paid Prog.	Good Time	Good Time	Good Time	Good Time	Ironside			
GMSHW	116	Paid Programs					Funny You	Funny You	Tug	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America			
GOLF	401	PGA Tour Golf <i>The Honda Classic, Final Round</i>				Golf Central		Golf Central		PGA Tour Golf <i>The Honda Classic, Final Round</i>									
GRIT	217	Paid Programs				Laramie		Laramie		Movie				Movie					
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls			
HALLDR	186	The Waltons		The Waltons		Highway to Heaven		Highway to Heaven		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock (Part 1 of 2)			
HALLMV	187	Psych		Psych		Diagnosis Murder		Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk			
HDMOV	130	Paid Programs					Two Rode Together ★★ ★ ('61, Western)					(9:55) Mandela ★★ ★ ('96, Documentary)							
HERIC	293	Renegade		Restless	Lawman	Maverick		Wanted ...	Wanted ...	Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne			
HGTV	112	Home Town		Home Town		Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Rock the Block			
HIST	120	Paid Programs				Amazing	Jeremiah	TBA		TBA		TBA		TBA		TBA			
ID	192	Diabolical		Diabolical		The Perfect Murder		The Perfect Murder		The Perfect Murder		Murder in the		Murder in the		Murder in the			
IFC	133	3's Comp.		3's Comp.	3's Comp.	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Parks	Parks	Parks	Parks	Parks			
LAFF	237	Paid Programs				Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	ALF	ALF		
LIFE	108	Paid Programs				Creflo	Robison	Joyce M.	TBA	The Closer		The Closer		The Closer		Major Crimes			
LMN	109	Paid Programs				Movie				Movie				Movie					
MAGN	111	Barnwood Builders		Barnwood Builders		Barnwood Builders		Restored		Restored		Restored		Lakefront Bargain Hunt		Lakefront Bargain Hunt			
MOTOR	246	Garage Squad		Garage Squad		Wrench'd		Iron Resurrection		Bitchin' Rides		Wheeler Dealers		Wheeler Dealers		Wheeler Dealers			
MSNBC	209	Meet the Press		Way Too Early		Morning Joe (L)						José Diaz-Balart				MSNBC Reports (L)			
NATGEO	197	Drain the Oceans		Drain the Oceans		Paid Programs						Nazi Megastructures				Nazi Megastructures			
NGWLD	190	Paid Programs					Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		
OUTD	396	Crush	Hunt	Outdoors	Addicted	Pro Team	Angling	Crush	Addicted	Whitetail Freaks		Bill Dance Outdoors		Drop Zone	Wardens	Winchester	Jim Shock		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil			
OXYG	127	Dateline		Dateline		Buried in the Backyard		Buried in the Backyard		Florida Man Murders		Florida Man Murders		Florida Man Murders		Florida Man Murders			
PARMT	241	Paid Programs									Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	48 Hours		48 Hours		Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER		ER			
REELZ	299	Paid Programs				Jimi Hendrix: A Perfect Murder?				Michael Jackson: Inside				Seagal	Seagal	Seagal	Seagal	Jail: Texas	Jail
RFDTV	231	Paid Programs					Pulling	Agribusiness		Jeremiah		Rural News/AgDay		Market Day Report (L)					
SCI	193	Universe Works		Universe Works		Unexplained Files		Unexplained Files		Universe Works		Universe Works		Ancient Unexplained		Ancient Unexplained			
SMITH	367	Carriers at War		Carriers at War		Aerial America		Aerial America		Aerial America Iowa		National Parks		Supervolcano		Volcanoes: Dual			
SONY	386	Blue/Gray (:40) The Blue and the Gray (Part 2 of 3)					(:20) The Blue and the Gray (Part 3 of 3)					Major Dundee ★★ ★ ('65, Western) <i>Charlton Heston</i>					3 Worlds		
SUND-E	358	Andy G.	Andy G.	Andy G.	Andy G.	TBA	TBA	TBA	TBA	TBA	TBA	Law Order: CI		Law Order: CI		Law Order: CI			
SYFY	122	Kingsman: Serv		Heroes Into Asylum		Heroes		Heroes 1961		Heroes / Am Sylar		Heroes		The Purge: Election Year ★★ ★ ('16, Action)					
TBN	260	Jordan	Behind	Jackson	S. Furtick	Joyce M.	Wommack	Turning	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen		
TBS	139	Mr. & Mrs. Smith ('05, Action) <i>Brad Pitt</i>				Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends		
TCM	132	Happy Together ('97, Drama) <i>Leslie Cheung</i>				Rhapsody ('54, Romance) <i>Elizabeth Taylor</i>				Cynthia ★ ('47, Comedy-Drama) (:45) A Date With Judy ('48, Musical Comedy)				Reflection					
TLC	183	Welcome to Plathville		Welcome to Plathville		Jennifer		Say Yes	Say Yes	Say Yes to the Dress		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé			
TMC-W	329	Feast of Love ('07, Drama) 'R'		(:45) The Light of the Moon ('17, Drama) 'NR'		Monstrous ('22, Horror) 'PG-13'				Bowie		A Genie's Tail ('22, Comedy) 'NR'		Moon Manor ('21)					
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed Love Hurts		Charmed		Charmed Witch Trial		Charmed Morality Bites		Supernatural		Supernatural			
TRU	242	Paid Programs					Hack				Hack	Hack	truTV Top Funniest		truTV Top Funniest				
TRVL	196	Paid Programs					Beyond the Unknown				Beyond the Unknown				Beyond the Unknown				
TVLND	106	Christine	Christine	Goldbergs	Goldbergs	Paid Programs					M*A*S*H		M*A*S*H	M*A*S*H	M*A*S*H	Bonanza			
UP	188	Paid Programs			Jeremiah	Heartland		Heartland		Heartland		Highway to Heaven		Highway to Heaven		Touched by an Angel			
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS So It Goes		NCIS Choke Hold		Chicago Fire Joyriding		Chicago Fire		Chicago Fire		Chicago Fire			
WE	128	Love After Lockup		Paid Programs								Law & Order		Law & Order					
NETWORKS																			
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																			
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)			
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right (N)			
CW-E	Local Programs					Local Programs													
FOX-E	Local Programs					Local Programs													
NBC-E	Local Programs					Local Programs					Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs
METV	247*	Peter Gunn	Peter Gunn	Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night			
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)						
CBS-W	Local Programs		CBS Overnight News (N)				News				News	News	CBS Mornings (N)						
CW-W	Local Programs					Local Programs													
FOX-W	Local Programs					Local Programs													
NBC-W	Local Programs		Meet the Press		Early Tdy	Local Programs					Local Programs		Today (N)						
PBS	Next at the Kennedy		Finding Your Roots		Arthur	Odd	Molly	Almas	Wild Kratts	Curious	Tiger	Rosie	Sesame St.	Work It	Donkey	Pinkalicious			

	EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30		
	CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30		
	MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30		
	PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30		
PREMIUM MOVIES																			
HBO	HBO-E	310	The Maze Runner		The Matrix Resurrections ('21, Science Fiction) 'R'					REAL Sports		(40) TBA		(15) The Last of Us		(15) Dune ('21, Science Fiction) 'PG-13'			
	HBO2	312	The Heat ('13) 'R'		(12:50) West Side Story ('21, Musical) Ansel Elgort 'PG-13'					The Menu ('22, Horror) Ralph Fiennes 'R'		Game		Real Time, Bill Maher		(6:55) C.B. Strike			
	HBO5	314	JFK ★★ ★★ ('91, Historical Drama) Kevin Costner, Sissy Spacek 'R'		Free Guy ★★ ★★ ('21, Action) 'PG-13'					War of the Worlds ('05) Tom Cruise 'PG-13'		Tomorrow Never Dies							
	HBOF	315	Space Jam: A New Legacy ('21)		(19) Americano ('16, Children's) 'G' (247) Yentl ('83, Musical) Barbra Streisand 'PG'					Nine ('09, Musical) Daniel Day-Lewis 'PG-13'		Ghost Ship ('02, Horror) 'R'		King Richard ('21)					
MAX	MAX	307	Big Game ('14, Action) 'PG-13'		(22) Species ('95, Science Fiction) 'R' (11) Species II ★ ('98) 'R'					(44) Delivery Man ★★ ('13, Comedy) 'PG-13'		(29) Ghost Ship ('02, Horror) 'R'							
	5MAX	308	Extract 'R' (44) Flash of Genius ('08, Drama) 'PG-13'		Throw Momma From the Train (12) Alfie ('04, Comedy-Drama) Jude Law 'R'					(5:58) Black Sheep ('96) 'PG-13'		Napoleon							
	MMAX	309	Lara Croft Tomb Raider: The Cradle of Life (11) Extraction ('15, Suspense) 'R'		Non-Stop ('14, Action) Liam Neeson 'PG-13'					(21) Old ★★ ('21, Horror) 'PG-13'		(10) The Omen ('76)							
SHOWTIME	SHO-E	318	Everything Everywhere All at Once ('22, Comedy) 'R'		Mona Lisa and the Blood Moon ('21) 'R'					TBA		TBA		MVP ('22, Drama) Mo'Nique, Nate Boyer 'NR'					
	SHO2	320	Nicholas Nickleby (12:55) Gladiator ('00, Historical Drama) Russell Crowe 'R'		The Hunt for Red October ('90, Suspense) 'PG'					(45) Attica ★★ ★★ ('21, Documentary) 'NR'		Flags							
	SHOBET	321	Givers of Death ('20)		(15) Burn Mother...ker, Burn! ('17) B-Real 'NR' (10) Small City ('21, Suspense) 'NR'					Snipes ★★ ('01, Suspense) Sam Jones III 'R'									
	SHOX	322	(15) American Hangman ('19, Suspense) 'NR'		Terminator Genisys ★★ ★★ ('15) 'PG-13'					(10) The Survivalist ('21, Action) 'R'		(45) Stillwater ★★ ★★ ('21, Drama) Matt Damon 'R'							
	SHOS	323	Aviary		Wifelike ('22, Science Fiction) 'R'					The Fighter ('10, Drama) Mark Wahlberg 'R'		Girlhood ('14, Drama) Karidja Touré 'NR'		Just Another Girl on the I.R.T. 'R'					
	TMC	327	Time Now ('21) 'NR'		Meek's Cutoff ★★ ★★ ('10, Western) 'PG'					Crisis ('21, Suspense) Gary Oldman 'R'		15 Things About Bigfoot		(25) Ski Patrol ('90, Comedy) 'PG'					
	FLIX-E	333	Atlantic		Changing Lanes ('02, Suspense) 'R' (15) Black Snake Moan ('07, Drama) 'R'					(15) The Family ★★ ('13, Comedy) 'R'		(15) Dazed and Confused ('93, Drama) 'R'							
STARZ	ENCR-E	340	X-Men ('00) 'PG-13'		(06) X-Men Origins: Wolverine ('09) 'PG-13'					(257) X-Men: First Class ('11, Action) 'PG-13'		(12) EDtv ('99, Comedy) Matthew McConaughey 'PG-13'		Witch					
	STARZ-E	350	A Journal for Jordan ('21) 'PG-13'		(37) 3 Days to Kill ★★ ('14, Action) 'PG-13'					(38) Jockey ('21, Drama) Clifton Collins Jr. 'R'		(16) Bloodshot ('20, Action) 'PG-13'		Resident Evil					
	STRZED	352	Charlie		Party BMF (1:55) Paradise Highway ('22, Suspense) 'R'					(3:52) The Cooler ('03, Drama) 'NR'		(37) Queen of Glory ('21) 'NR'		Planet of the Apes					
	STRZCI	353	Mansfield (37) Novitiate ★★ ★★ ('17, Drama) 'R'		(41) Frankie ('19, Drama) Marisa Tomei 'PG-13'					(22) Maiden ('18) 'PG'		Emma ('96, Romance) Gwyneth Paltrow 'NR'							
	STRZCO	354	Sex Tape ★★ ('14, Comedy) 'R'		(26) I Got the Hook-Up ('98) 'R'					Say It Isn't So ★ ('01) 'R'		Better Living Through Chemistry		(14) The Family Stone ★★ ★★ ('05) 'PG-13'					
	STRZIB	355	Die Hard ('88, Action) Bruce Willis 'R'		(1:50) If Beale Street Could Talk ('18) 'R'					Tyler Perry's Why Did I Get Married Too?		(5:54) Assault on Precinct 13 ('05) Die Hard							
	STRZKF	356	East Side Sushi ('14) 'PG'		Ghosthunters on Icy Trails ('15)					Chestnut: Hero of Central Park (38) A Mermaid's Tale ('16) 'G'		(12) East Side Sushi ('14, Comedy-Drama) 'PG'							
MGM	MGM+	380	(10) A House on the Bayou ('21)		(40) Spell ★★ ★★ ('20, Horror)					(15) Pet Sematary ('89, Horror) Dale Midkiff		The Deep House ('21, Horror)		(25) Unhuman ('22, Horror)					
	MGM+MAR	381	Christine (25) Jacob's Ladder ('90, Horror) Tim Robbins (20) Breakdown ('97, Suspense)		(3:55) Silverado ('85, Western) Kevin Kline					(10) Jack Ryan: Shadow Recruit ('14, Action)		(15) RoboCop ('87, Science Fiction) Peter Weller							
	MGMHT	382	Never Say Never Again ('83)		No Time to Die ★★ ★★ ('21, Action) Daniel Craig					(15) RoboCop ★★ ★★ ('14, Science Fiction)		(15) RoboCop ('87, Science Fiction) Peter Weller							
	MGMDRV	292	4 Feathers		The Doors ★★ ★★ ('91, Biography) Val Kilmer, Meg Ryan					(2:55) Almost Famous ('00, Comedy-Drama)		Summer Rental ('85, Comedy)		The Brady Bunch Movie ('95)					
AMERICA'S TOP PROGRAMMING																			
A&E	118	TBA		TBA		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48			
AHC	195	Ultimate Warfare		Ultimate Warfare		Ultimate Warfare		Ultimate Warfare		Hitler/Aryan		World War II in Color		WWII: Witness to War		World War II in Color			
AMC	131	Spaceballs ★★ ★★ ('87, Comedy)		(45) Police Academy ★★ ★★ ('84, Comedy) Steve Guttenberg					National Lampoon's European Vacation ('85)		National Lampoon's Vacation ('83, Comedy)								
APL	184	Tanked		Tanked		Pit Bulls and Parolees		Pit Bulls and Parolees		Last Frontier		Last Frontier		Last Frontier		Last Frontier			
AXSTV	167	Wahlburg		Wahlburg		Music's		Music's		Ozzy & Jack's		Ozzy & Jack's		Bon Jovi: Lost Highway		Hot Ones			
BBCA	135	Star Trek: Next		Gods of Egypt ★★ ('16, Fantasy) Nikolaj Coster-Waldau					Law & Order Ramparts		Law & Order Hunters		Law & Order Haven		Law & Order Sideshow				
BET	124	Martin		Martin		Martin		Martin		Payne		Payne		Payne		Payne			
BOUNCE	359	Paternity		Paternity		In the Heat of Night		In the Heat of Night		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans X		Service to Man ('16, Historical Drama)			
BRAVO	129	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck (N)			
BUZZR	245	Match		Match		Concen.		Concen.		Password		Password		Super Pass		Tattletales			
CIHD	249	Runaway Squad		Runaway Squad		Runaway		Runaway		Manhunters		Manhunters		Manhunters		Manhunters			
CMT	166	Mike		Mike		King		King		King		King		Last Man		Last Man			
CNBC	208	Fast Money Halftime		The Exchange (L)		Power Lunch (L)		Closing Bell (L)		Closing Bell: Overtime (L)		Fast Money (L)		Mad Money (N)		TBA			
CNN	200	Ins. Politics		CNN Newsroom		CNN Newsroom (L)		CNN Newsroom (L)		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront (L)			
COM	107	South Park		South Park		South Park		South Park		Seinfeld		Seinfeld		The Office		The Office			
COMET	289	Stepfather II ('89)		The X-Files Oubliette					The X-Files (Part 1 of 2)		The Outer Limits		The Outer Limits		Stargate SG-1 Exodus				
COOK	113	Carn Eats		Carn Eats		Carn Eats		Carn Eats		Man, Food		Man, Food		Man, Food		Man, Food			
DISC	182	Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Street Outlaws		Street Outlaws		Street Outlaws		Street Outlaws			
DFC	179	Pet Shop		Pet Shop		Pony Life		LittlePony		LittlePony		LittlePony		Too Cute!		Animals			
DISN-E	172	Ladybug		Ladybug		Big City		Big City		Jessie		Jessie		Big City		Bunk'd			
ENCR-W	341	Monumnts (23) 22 Jump Street ★★ ★★ ('14, Comedy) 'R'		(18) X-Men ('00, Action) 'PG-13'					(06) X-Men Origins: Wolverine ('09) 'PG-13'		(5:57) X-Men: First Class ('11, Action) 'PG-13'								
EWESTN	342	Dwn Miss. (17) The Great Sioux Massacre		The Deputy					Wanted ...		Wagon		(45) Laramie		Lawman				
EACTN	343	Alien vs. Predator		(12:55) Venom ('18, Action) Tom Hardy 'PG-13'					Pride and Prejudice and Zombies (40) Solo ★★ ('96, Action) 'PG-13'		(16) Dragon Ball Super: Broly ('18)								
ESUSP	344	T2 Train (22) Inferno ('16, Suspense) Tom Hanks 'PG-13'		(26) Hours ('13, Drama) 'PG-13'					(06) Essex Boys ★★ ('00, Crime Drama) 'R'		(5:51) The Touch ('02) 'PG-13'		Friday-VIII						
EBLACK	345	Black Friday ('21, Horror) 'NR'		(24) Obsession ('19, Suspense) 'NR' (2:56) In the Mix ★★ ('05) 'PG-13'					Sneakers ★★ ★★ ('92, Suspense) 'PG-13'		(41) The Last King of Scotland 'R'								
ECLASS	346	Longest (28) Resident Evil: The Final Chapter ('16) 'R'		(17) Jayne Mansfield's Car ('12, Drama) 'R'					Bridget Jones: Edge		(11) Gangs of New York ★★ ★★ ('02) 'R'								
EFAMILY	347	Thumbelina ★★ ('94) 'G'		The Young and Prodigious T.S. Spivet ('13)					Flintstones-Viva Rck Vegas		(4:48) Moms' Night Out ('14) 'PG'		(28) Little Sorcerer ('21) 'NR'						
ESPN	140	SportsCenter (L)		MLB Preseason Baseball Teams TBA (L)					NFL Live (L)		Around		Interruption		SportsCenter (L)				
ESPN2	143	First Take (N)							SportsCenter		NBA Today		This Just In		NFL Live				
EWTN	261	Daily Mass: Olam		Women of		At Home		Called to Communion		Chaplet		Rosary		The Friar		Lucy Friend			
FETV	82	Medicine Woman		Medicine Woman		Rawhide		Rawhide		Perry Mason		Perry Mason		Mannix		Mannix			
FMC	387	The Undercover Man (15) Arizona ('40)		The Desperadoes ('43, Western) Randolph Scott					Man in the Saddle ★★ ★★ ('51, Western)		King Rat (45) The Tarnished Angels ('57)								
FNC	205	Outnumbered (L)		America Reports (L)		America Reports (L)		The Story With Martha		Your World W/ Cavuto		The Five (L)		Special Report		Jesse Watters (L)			
FOOD	110	The Kitchen		The Kitchen		Kids Baking		Kids Baking		Kids Baking		Kids Baking		Kids Baking		Kids Baking			
FREEFM	180	Simpsons		10 Things I Hate About You ('99, Comedy)					Pretty Woman ('90, Romance-Comedy) Richard Gere		The Proposal ('09, Romance-Comedy) Sandra Bullock		Sweet						
FS1	150	The Herd with Colin Cowherd (L)					First Things First (L)					Speak (L)			NASCAR Race Hub (L)				

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30	
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	The Predator ★★ ('18, Science Fiction)				Behind Enemy Lines ★★ ('01, Action) Owen Wilson				Con Air ★★ ('97, Action) Nicolas Cage, John Cusack				The Rock ('96, Action)			
FXM	384	4Dear Brigitte ('65)		(15)	Do Not Disturb ★★ ('65, Comedy) 'NR'		Ma ★★ ('19, Suspense) Octavia Spencer 'R'		(4:55)	Truth or Dare ★★ ('18, Horror) 'PG-13'		(6:50)	Ready or Not 'R'				
FX	125	Cleveland	Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	
GETTV	373	Ironsides		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Magnum, P.I.		Magnum, P.I.			
GMSHW	116	Deal or No Deal		Match	Match	America	America	America	Puzzler	The \$100,000 Pyramid		Chain Rea.	Chain Rea.	Ma. Minds	Puzzler	Switch (N) America	
GOLF	401	Golf Today (L)				College	♀ Women's College Golf 2023 Darius Rucker Intercollegiate, First Round (L)				Golf Central (L)		Golf Acad.	PGA TOUR	Golf Acad.		
GRIT	217	Death Vall.	Death Vall.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Fargo	
HALL	185	Bottled With Love ('19, Romance)				Appetite for Love ('16, Romance-Comedy)				Love at First Dance ('18, Romance) Becca Tobin		Hearts Down Under ('20, Romance-Comedy)					
HALLDR	186	Matlock (Part 2 of 2)		Matlock		The Waltons		The Waltons		The Waltons		The Waltons		Little House on Prairie		Little House on Prairie	
HALLMV	187	Monk		Monk		Psych Shawn 2.0		Psych		Psych		Drop Dead Diva		Drop Dead Diva		Aurora Teagarden	
HDMOV	130	Ride in the Whirlwind ('65)		(40)	Falsely Accused ('16)		(10)	Playing for Keeps ('12, Romance-Comedy)		Thunderheart ('92, Mystery) Val Kilmer		Just Getting Started					
HERIC	293	Nash Bridges		Nash Bridges		Nash Bridges		Nash Bridges		Nash Bridges		MacGyver		Walker, Texas Ranger		Walker, Texas Ranger	
HGTV	112	Rock the Block		Rock the Block		Rock the Block		Rock the Block		Rock the Block		Rock the Block		Rock the Block		Rock the Block	
HIST	120	TBA		TBA		TBA		TBA		TBA		TBA		TBA			
ID	192	Murder in the		Predator at Large		Predator at Large		Predator at Large		Where Murder Lies		Where Murder Lies		Where Murder Lies		Where Murder Lies	
IFC	133	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Two Men	
LAFF	237	Laughs		Laughs		Videos		Videos		Funnest		Funnest		How I Met		'70s Show	
LIFE	108	Major Crimes		Major Crimes		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Castle		Castle		Castle	
LMN	109	Movie		Movie		Movie		Movie		Movie		Movie		Movie			
MAGN	111	Lakefront Bargain Hunt		Lakefront Bargain Hunt		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters	
MOTOR	246	Wheeler Dealers		Wheeler Dealers		Wheeler Dealers		Wheeler Dealers		Iron Resurrection		Bitchin' Rides		Garage Squad		Texas Metal	
MSNBC	209	Andrea Mitchell Reports (L)		Chris Jansing Reports (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)		The Beat With		The ReidOut (L)			
NATGEO	197	Nazi Megastructures		Nazi Megastructures		Nazi Megastructures		Nazi Megastructures		Nazi Megastructures		UFOs: Investigating		UFOs: Investigating		UFOs: Investigating	
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		National Parks		National Parks	
OUTD	396	Zona's	Bass	Bill Dance	Bill Dance	Bone Coll.	Bone Coll.	Unfathom	BigWater	Hunting TV/Live 2 Hunt		Lindsey	The One	Andrews	Spear Life	Fishing the	
OWN	189	Dr. Phil		Court	Court	Court	Court	Court	Court	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Floribama Murders		Floribama Murders	
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom		Two Men		Two Men		Two Men		Two Men	
POP	117	ER		ER		ER		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion	
REEZ	299	Jail	Jail	Jail	Jail	Cops	Cops	Cops	Cops	Jail: Texas	Jail	Jail	Jail	Jail	Cops	Cops	
RFDTV	231	Market Day Report (L)				Cow Guy		FFA Today	Horses	Toy Trains	Paula	DocTalk	Trains & Locomotives		Rural Health Matters	Jodi Clark	
SCI	193	Strange Evidence		Strange Evidence		Mysteries of		Mysteries of		Expedition X		Expedition X		Expedition X		Expedition X	
SMITH	367	Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters	
SONY	386	The 3 Worlds of Gulliver ('60)				(25)	7th Cavalry ('56, Western)		(2:55)	Aloha ★★ ('15, Romance-Comedy)		(4:55)	The Legend of Zorro ★★ ('05, Adventure)				5th Wave
SUND-E	358	Law Order: CI		Law Order: CI		Law Order: CI		NCIS		NCIS		NCIS		NCIS		NCIS	
SYFY	122	4Purge		The Purge ★★ ('13, Suspense) Ethan Hawke				Kingsman: The Secret Service ★★★ ('14, Action) Colin Firth				Movie					
TBN	260	R. Jeffress	Robert	Joyce M.	Better Together	Wormmack		The 700 Club		Turning	S. Furtick	Stop the Pain		New Seas	Jewish	The Potter's	
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	
TCM	132	Reflections in a Golden Eye ('67)				(45)	Butterfield 8 ('60, Drama) Elizabeth Taylor		(45)	Ivanhoe ('52, Adventure) Robert Taylor		(4:55)	The V.I.P.s ('63, Comedy-Drama) Elizabeth Taylor				
TLC	183	The Culpo Sisters		The Culpo Sisters		The Culpo Sisters		The Culpo Sisters		90 Day: The Single Life		90 Day: The Single Life		90 Day: The Single Life		90 Day: The Single Life	
TMC-W	329	4Manor		(40)	Thank You for Your Service ('17, War) 'R'		Time Now ('21, Suspense) 'NR'		Meek's Cutoff ★★★ ('10, Western) 'PG'		Crisis ('21, Suspense) Gary Oldman 'R'						
TNT	138	Greenland ★★ ('20, Action) Gerard Butler				Mortal Kombat ★★ ('21, Action) Lewis Tan				Avengers: Endgame ★★ ('19, Action) Robert Downey Jr., Chris Evans							
TRU	242	MythBusters		MythBusters		Jokes		Jokes		Jokes		Jokes		Jokes		Jokes	
TRVL	196	Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Mysteries of the Unknown			
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
UP	188	Touched by an Angel		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba	Reba	Reba	Reba	Reba	Reba	Reba	
USA	105	Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire Virgin Skin		Chicago Fire		Chicago Fire (N)		Chicago Fire (N)	
WE	128	Law & Order		Law & Order		Law & Order		TBA		TBA		TBA		TBA		TBA	
Networks																	
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																	
ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs				News		Local Programs		
CBS-E	Local Prog./Young & Restless			Bold		The Talk (N)		Let's Make a Deal (N)		Local Programs		Local Programs		News		Local Programs	
CW-E	Local Programs				Local Programs				Local Programs				Local Programs				
FOX-E	Local Programs				Local Programs												
NBC-E	Local Programs		News Daily (N)			Local Programs								Local Prog./News		Local Programs	
METV	247*	The Waltons		Gunsmoke		Bonanza		Rifleman	Rifleman	Wagon Train		Adam-12	Adam-12	The A-Team		M*A*S*H	
ABC-W	Local Programs		The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs				
CBS-W	Local Programs		The Price Is Right (N)		Young & Restless		Local Prog./Bold		The Talk (N)		Let's Make a Deal (N)		Local Programs				
CW-W	Local Programs												Local Programs		Local Programs		
FOX-W	Local Programs				Local Programs								Local Programs		Local Programs		
NBC-W	Today 3rd Hour (N)		Today-Hoda		Local Programs				News Daily (N)				Local Programs				
PBS	Elinor	Nature Cat	Elementary	Xavier	Chefs Life	Old House	Ancient Skies		Antiques Roadshow		American Experience		BBC News/News		PBS NewsHour (N)		

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30
PREMIUM MOVIES																	
HBO	HBO-E	310	dune (21) 'PG-13'		C.B. Strike (N) (Part 4)		The Last of Us		C.B. Strike (Part 4 of 4)		The Silence of the Lambs '91, Suspense) 'R'		Heist '15, Action) 'R'		Gone Girl		
	HBO2	312	The Last of Us (N)		Whip It ★★ ★ (09, Comedy-Drama) 'PG-13'		(10:55) Blended '14, Romance-Comedy) 'PG-13'		(12:55) TBA		Don't Worry Darling (22) 'R'						
	HBO5	314	Tomorrow Never Dies		Nightcrawler ★★ ★ (14, Suspense) 'R'		White Bird in a Blizzard (14) 'R'		The Adderall Diaries (15) 'R'		Thanks for Sharing (12) Mark Ruffalo 'R'						
	HBOF	315	King Richard (21) 'PG-13'		(25) (500) Days of Summer (09)		Robin Hood (91, Action) 'NR'		(45) Wild Hogs (07, Comedy) Tim Allen 'PG-13'		Water Horse: Legend						
MAX	MAX	307	Soul Plane ★★ (04, Comedy) 'R'		(27) Ride Along ★★ (14) 'PG-13'		(08) Bullet to the Head (12) 'R'		(41) Johnson Family Vacation (04) 'PG-13'		(19) Freeheld (15, Drama) 'PG-13'						
	5MAX	308	Napoleon Dynamite		Jeff, Who Lives at Home (11) 'R'		(23) The Grand Budapest Hotel		The Card Counter (21, Suspense) 'R'		(1:55) Mindhunters ★★ (04) 'R'		Absolute				
	MMA	309	The Omen (76) 'R'		Mirrors: Unrated ★★ (08, Horror) 'NR'		(10:52) From Dusk Till Dawn (96)		From Dusk Till Dawn 2		From Dusk Till Dawn 3		Graveyard				
SHOWTIME	SHO-E	318	Your Honor		Kevin Garnett: Anything Is Possible		Mona Lisa and the Blood Moon (21) 'R'		Your Honor		TBA		Bandit (22, Crime Drama) 'R'				
	SHO2	320	Flags of Our Fathers ★★ ★★ (06, War) 'R'		Your Honor		TBA		Pleasure (21, Drama) Sofia Kappel 'R'		(20) Out of the Blue (22) 'R'		(15) Snake Eyes (98)				
	SHOBET	321	Jason's Lyric (94, Drama) Allen Payne 'R'		Fresh ★★ ★ (94, Drama) Sean Nelson 'R'		Lavell Crawford		Pimp (18, Crime Drama) 'NR'		X (22, Horror) Mia Goth 'R'		Grads				
	SHOX	322	Breaking (22, Crime Drama) 'PG-13'		Bellator MMA 291: Amosov vs. Storley 2		TBA		Afflicted ★★ ★ (13, Horror) 'R'		Novice						
	SHOS	323	(10) Eve's Bayou ★★ ★★ (97, Drama) 'R'		Movie		B: The Sound and Fury of Rick James		Major Arcana (18, Drama) 'NR'		Novice						
	TMC	327	The Bling Ring ★★ ★★ (13) 'R'		Mob Town (19) 'R'		Under the Silver Lake (18, Suspense) Riley Keough 'R'		High Life (18, Science Fiction) 'R'		Ninja						
	FLIX-E	333	The Nanny Diaries (07) 'PG-13'		(45) The Holiday ★★ ★ (06, Romance-Comedy) 'PG-13'		How She Move (07)		(45) Dreamer: Inspired by a True Story (05)		Igor						
	STARZ	ENCR-E	340	Witch Hunt (21) 'R'		The Gateway (21) 'R'		22 Jump Street ★★ ★ (14, Comedy) 'R'		Nothing Left to Fear ★ (13) 'R'		(13) The Father ★★ ★★ (20, Drama) 'PG-13'					
STARZ-E		350	Resident Evil		Fantasy Island ★★ (20, Horror) 'PG-13'		(10:53) A Journal for Jordan (21) 'PG-13'		Tyler Perry's Diary of a Mad Black Woman		12 Mighty Orphans						
STRZED		352	Planet of the Apes		BMF		Party		Snow White and the Huntsman (12) 'PG-13'		(41) The Adjustment Bureau (11) 'PG-13'		Fury (14, War) Brad Pitt 'R'				
STRZCI		353	Mansfield Park ★★ ★ (99) 'PG-13'		(9:55) 2 Days in Paris (07) 'R'		(37) The White Crow (18, Biography) 'R'		(45) Parallel Mothers (21, Drama) Penélope Cruz 'R'								
STRZCO		354	Jean of the Joneses (16) 'NR'		(29) Sex Tape (14, Comedy) 'R'		(06) Take Me Home Tonight ★★ (11) 'R'		(12:47) Boundaries ★★ ★ (18) 'R'		The Rebound ★★ (09) 'R'						
STRZIB		355	Die Hard (88, Action) Bruce Willis 'R'		Die Hard 2 (90, Action) Bruce Willis 'R'		(12:06) Die Hard With a Vengeance (95, Action) 'R'		(17) Nine Days (20, Fantasy) 'R'								
STRZKF		356	Paul Blart: Mall Cop 2 (15) 'PG'		Heart of Champions (21, Drama) 'PG-13'		All Saints (17, Drama) John Corbett 'PG'		(24) Million Dollar Arm (14, Docudrama) 'PG'		Fire Dog						
MGM	MGM+	380	Godfather of Harlem		Belgravia Episode Three		Belgravia		(40) A Quiet Place Part II (21, Horror)		(20) Orphan: First Kill (22, Horror)		The Visitor (22, Horror) Finn Jones		If I Stay		
	MGMAR	381	Speed ★★ ★★ (94, Action) Keanu Reeves		Vertical Limit (00, Suspense) Chris O'Donnell		Turbulence (97, Suspense) Ray Liotta		Godfather		Murf the Surf		Anita (13)				
	MGMHT	382	Rollerball (75, Science Fiction) James Caan		(10) The Running Man (87, Science Fiction)		(11:55) Tank Girl (95) Lori Petty		(40) RoboCop (87, Science Fiction) Peter Weller		Head						
	MGMDRV	292	The Out-of-Towners (99, Comedy)		A Fish Called Wanda (88, Comedy)		(25) Soapdish (91, Comedy)		The Brady Bunch Movie (95)		Paranormal Activity 3 (11)						
AMERICA'S TOP PROGRAMMING																	
A&E	118	The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48	
AHC	195	WWII: Witness to War		World War II in Color		World War II in Color		World War II in Color		WWII: Witness to War		World War II in Color		World War II in Color		World War II in Color	
AMC	131	Vegas Vacation (97, Comedy) Chevy Chase		National Lampoon's Christmas Vacation (89)		National Lampoon's European Vacation (85)		(15) National Lampoon's Vacation (83)									
APL	184	Last Frontier		Last Frontier		Last Frontier		Last Frontier		Last Frontier		Last Frontier		Last Frontier		Last Frontier	
AXSTV	167	Nothing but Trailers (N)		Internal Affairs ★★ ★ (90, Crime Drama) Richard Gere		(45) Internal Affairs ★★ ★ (90, Crime Drama) Richard Gere		Legends		TrunkFest		TrunkFest					
BBCA	135	Law & Order: Discipline		Law & Order: Harm		Law & Order: Shield		Law & Order: Juvenile		Law & Order		Law & Order: Empire		Hitman ★★ (07, Action) Timothy Olyphant			
BET	124	Payne		Payne		Movie		Martin		Martin		Martin		Martin		Husbands	
BOUNCE	359	Pride ★★ ★ (07, Drama) Terrence Howard, Bernie Mac		Higher Learning ★★ ★ (95, Drama) Omar Epps		With Drawn Arms (20, Documentary)		In the Heat of Night									
BRAVO	129	Below Deck (N)		Southern Hospitality (N)		Watch		Below Deck		Below Deck Adventure		Million Dollar LA		Southern Hospitality		Southern Charm	
BUZZR	245	Concentration: Password		Sweep		Card		Match-Squares		Concentration: Password		Sweep		Card		Match-Squares	
CIHD	249	The Big House		The Big House		The Big House		The Big House		Folsom		The Big House		The Big House		The Big House	
CMT	166	Sheldon		Sheldon		Sheldon		Sheldon		Sheldon		Reba		Reba		Reba	
CNBC	208	Shark Tank		Shark Tank		Shark Tank		Shark Tank		TBA		TBA		Dateline		Dateline	
CNN	200	Anderson Cooper 360 (L)		CNN Tonight (L)		CNN Tonight (L)		CNN Tonight (L)		Anderson Cooper 360		CNN Tonight		CNN Tonight		CNN Tonight	
COM	107	The Office		The Office		The Office		The Office		Daily Show/Seinfeld		Seinfeld		Seinfeld		The Daily Show	
COMET	289	Buffy, Vampire Slayer		Buffy, Vampire Slayer		The X-Files		The X-Files		Kaddish		The X-Files		Unrequited		Farscape	
COOK	113	Delicious		Delicious		Zimmern		Zimmern		Delicious Destinations		Delicious		Zimmern		Delicious	
DISC	182	Street Outlaws (N)				Street Outlaws		Street Outlaws		Street Outlaws				Street Outlaws			
DFC	179	Sweet Genius		Sweet Genius		Sweet Genius		Sweet Genius		Sweet Genius		Sweet Genius		Buddy's Bakery Rescue		Ultimate Cake Off	
DISN-E	172	Raven		Raven		Big City		Bunk'd		Sydney		Raven		Jessie		Liv-Mad.	
ENCR-W	341	(12) EDTv (99, Comedy) Matthew McConaughey 'PG-13'		(19) Witch Hunt (21, Suspense) 'R'		The Gateway (21) 'R'		22 Jump Street ★★ ★ (14, Comedy) 'R'		Nothing							
EWNSTN	342	Man-Snowy		Bandolero! ★★ ★ (68, Western) 'PG-13'		Duchess & Dirtwater Fox		Bad Company (72) 'PG'		(07) Flaming Star (60) 'NR'		ManSledg					
EACTN	343	Venom ★★ (18, Action) Tom Hardy 'PG-13'		(9:55) Alien Nation (88) 'R'		(27) Alien vs. Predator (04) 'NR'		Operation Condor		(41) Bad Ass 2: Bad Asses (14)							
ESUSP	344	Friday 13th-8		Inferno (16, Suspense) Tom Hanks 'PG-13'		Paradise Lost (06, Horror) 'R'		(41) Dog Soldiers (02, Horror) Sean Pertwee 'R'		(29) Dressed to Kill		Death					
EBLACK	345	Last King-Scot		(8:46) Squeeze (97, Drama) 'R'		(24) Bopha! (93, Drama) Danny Glover 'PG-13'		(25) Jookin' (22) 'NR'		(42) State Property 2 (05, Crime Drama) 'R'		Sneakers					
ECLASS	346	Gangs of New York		Resident Evil: The Final Chapter (16) 'R'		(10:49) Escape Room (19) 'PG-13'		That Thing You Do! ★★ ★ (96) 'PG'		Beavis and Butt-head		Blue Coll					
EFAMLY	347	Gulliver Returns (21) 'NR'		My Hero Academia: World Heroes' Mission		Flintstones-Viva Rck Vegas		(12:49) The Sandlot 2 (05) 'PG'		(29) Baby's Day Out (94) 'PG'							
ESPN	140	College Basketball		College Basketball Teams TBA (L)		SportsCenter (L)		SportsCenter		SportsCenter (L)		SportsCenter (L)		SportsCenter			
ESPN2	143	Wm. Basketball		College Basketball Teams TBA (L)		NFL Live		UFC Archival		Around		Interruption		NBA Basketball: Timberwolves at Warriors			
EWTN	261	The Journey Home (N)		News		Rosary		World Over Live		Women of Battle		Daily Mass: Olam		The Journey Home		News	
FETV	82	Perry Mason		Perry Mason		Emergency!		Emergency!		B. Miller		B. Miller		Perry Mason		Bewitched	
FMC	387	Tarnished (45) The Last Hurrah ★★ ★★ (58, Drama) Spencer Tracy		(15) Great Guy (36, Crime Drama)		(45) Mr. Boggs Steps Out (38)		(15) White Legion (36, Drama)		Blue Can.							
FNC	205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night (L)		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
FOOD	110	Kids Baking		Chopped		Chopped		Chopped		Kids Baking		Chopped		Chopped		Chopped	
FREEFM	180	Sweet Home Alabama (02, Romance-Comedy)		The Watchful Eye		The 700 Club		The Office		The Office		The Office		Paid Programs		The 700 Club	
FS1	150	Wm. Basketball		Women's College Basketball		NASCAR Cup Series		Pala Casino 400		NASCAR Xfinity							

	EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
	CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
	MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
	PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
AMERICA'S TOP PROGRAMMING																			
FX	136	The Rock ★★★ ('96, Action) Sean Connery					The Rock ★★★ ('96, Action) Sean Connery, Nicolas Cage					The Predator ★★ ('18, Science Fiction)				Paid Programs			
FXM	384	Ready (45)	Ready or Not ★★★ ('19, Horror) 'R'			(40) Waiting to Exhale ★★★ ('95, Comedy-Drama) 'R'			(15) Waiting to Exhale ('95, Comedy-Drama)				Whitney Houston 'R'						
FX	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy		Family Guy	Futurama	Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer		
GETTV	373	The Rockford Files		The Rockford Files		Hunter		Hunter		The Grab		Kojak	Sanford	Sanford	Sanford	Sanford	Good Time		
GMSHW	116	America	America	The \$100,000 Pyramid		FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Puzzler	FamFeud	FamFeud	FamFeud		
GOLF	401	PGA Tour Golf The Honda Classic, Final Round									Women's College Golf 2023 Darius Rucker Intercollegiate, First Round				Paid Programs				
GRIT	217	Movie				Movie				Movie				Men From Shiloh					
HALL	185	Love at First Glance ('17, Drama) Amy Smart				Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	TBA	TBA	TBA	TBA	TBA	TBA		
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		The Waltons The Return		The Waltons The Return		The Waltons		The Waltons		The Waltons			
HALLMV	187	Aurora Teagarden		Curious Caterer: Grilling Season ('23, Mystery)			Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk				
HDMOV	130	Just Getting Started (8:50)		Bad Therapy ('20, Comedy)			(40) Ping Pong Summer ★★ ('14, Comedy)		(25) Bad Therapy ('20, Comedy)		(15) Ping Pong Summer ★★ ('14, Comedy)								
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		Baywatch		NUMB3RS			
HGTV	112	Rock the Block		Down Home Fab (N)		House Hunters		Hunters		Hunt Intl		Down Home Fab		House Hunters		Hunters	Hunt Intl		
HIST	120	History's-Mysteries		History's-Mysteries		History's Greatest of All		History's-Mysteries		History's-Mysteries		History's-Mysteries		History's Greatest of All		History's-Mysteries			
ID	192	Death by Fame		Death by Fame (N)		The Playboy Murders (N)		The Playboy Murders		Death by Fame		The Playboy Murders		The Playboy Murders		Death by Fame			
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock		
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		'70s Show		How I Met		How I Met		Videos			
LIFE	108	Castle		Castle		Castle		Castle		Castle		Castle		Castle		ALF			
LMN	109	Movie				Movie				Movie				Movie					
MAGN	111	Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters			
MOTOR	246	Shorty's Dream Shop		Shorty's Dream Shop		Shorty's Dream Shop		Shorty's Dream Shop		Shorty's Dream Shop		Shorty's Dream Shop		Shorty's Dream Shop		Shorty's Dream Shop			
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word With		11th Hour		Rachel Maddow Show		The Last Word With		11th Hour		All In With Chris Hayes			
NATGEO	197	UFOs: Investigating		UFOs: Investigating		Built for Mars: The Perseverance Rover: Special		UFOs: Investigating		Mission To Sat		Built for Mars: The Perseverance Rover: Special		UFOs: Investigating		Mission To Sat			
NGWLD	190	National Parks		National Parks		National Parks		National Parks		Lost Treasures of Egypt		Lost Treasures of Egypt		Lost Treasures of Egypt		Paid Programs			
OUTD	396	MeatEater	Pardon my	Feral	Dead Meat	Fishing the	WildFed	MeatEater	Pardon my	Feral	Dead Meat	Fishing the	WildFed	MeatEater	Pardon my	Feral	Dead Meat		
OWN	189	Deadline: Crime		Dark Nights in the City		Deadline: Crime		Deadline: Crime		Dark Nights in the City		Deadline: Crime		Deadline: Crime		Deadline: Crime			
OXYG	127	Florabama Murders		Manifesto-Killr		Manifesto-Killr		Manifesto-Killr		Accident, Suicide		Accident, Suicide		Accident, Suicide		Killer Relationship			
PARMT	241	Movie				Movie				Movie									
POP	117	Movie								Movie				Goldbergs					
REELZ	299	Cops	Cops	Motley Crue's Vince Neil: My Story				Whitesnake: Breaking		Motley Crue's Vince Neil: My Story				Whitesnake: Breaking		Paid Programs			
RFDTV	231	Rural America Live		Rancher	Red Ste.	Rodeo	Horse-Web	Jodi Clark	Rural News	Rural America Live	Rancher	Red Ste.	Paid Programs						
SCI	193	Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown			
SMITH	367	Inside the Factory		America's Hidden		Green Book: Guide		Aerial America		Inside the Factory		Ice Airport Alaska		America's Hidden		Mighty Ships			
SONY	386	The 5th Wave ('16, Science Fiction)		(25) Population 436 ('06, Suspense)			(10) The 5th Wave ★★ ('16, Science Fiction)			Count.		(20) Population 436 ('06, Suspense)			Earth vs Saucer				
SUND-E	358	NCIS		Law & Order		NCIS		NCIS		NCIS		Columbo		(45) Columbo					
SYFY	122	Movie	Independence Day ★★★ ('96, Science Fiction) Will Smith, Bill Pullman				The Fifth Element ★★★ ('97, Science Fiction) Bruce Willis		Crank ★★ ('06, Action) Jason Statham										
TBN	260	Praise		Takeaway-Kirk		Grier	Centerpoint	Praise		Prince	Takeaway-Kirk		Jordan Rubin	Hannen	Praise				
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American	American	ELEAGUE		American	American	American	American	Imp. Jokers	Imp. Jokers		
TCM	132	Movie																	
TLC	183	90 Day: The Single Life (N)		The Culpo Sisters (N)				90 Day: The Single Life (N)		90 Day: The Single Life		The Culpo Sisters		90 Day: The Single Life					
TMC-W	329	15 Things About Bigfoot			(25) Ski Patrol ('90, Comedy) 'PG'			The Bling Ring ★★★ ('13) 'R'		Mob Town ('19) 'R'			Under the Silver Lake ('18, Suspense) 'R'						
TNT	138	(15) Thor: Ragnarok ★★★ ('17, Action) Chris Hemsworth						Thor: Ragnarok ★★★ ('17, Action) Chris Hemsworth			(45) The Meg ★★ ('18, Science Fiction) Jason Statham								
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jurassic World ★★ ('15, Adventure) Chris Pratt				Jurassic World ★★ ('15, Adventure) Chris Pratt				Jokes	Jokes				
TRVL	196	Mysteries of the Unknown (N)				Mysteries of the Unknown				Mysteries of the Unknown				Mysteries of the Unknown					
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Mom	Mom	Mom	Mom		
UP	188	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Paid Programs			
USA	105	WWE Monday Night RAW (L)						Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Law & Order: SVU			
WE	128	TBA		TBA		TBA		TBA		TBA		TBA		TBA		TBA			
LOCAL NETWORKS																			
ABC-E	The Bachelor (N)					The Good Doctor			Local Prog. Jimmy Kimmel Live!			Nightline (N)		Local Programs		ABC World News Now (N)			
CBS-E	Neighbor	Bob Heart	NCIS		NCIS: Hawai'i			Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)			
CW-E	All American			All American		Local Programs													
FOX-E	Fantasy Island (N)			Alert: Missing		Local Programs							Local Programs						
NBC-E	America's Got Talent: All-Stars (N)					Quantum Leap (N)			Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With	Early Tdy	Local Prog.
METV	247*	Andy G.	Andy G.	Hillbillies	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Tw. Zone		Hitchcock	Hitchcock	Mannix	Cannon				
ABC-W	Local Programs				News	Local Programs			The Bachelor (N)			The Good Doctor			Local Prog.	Jimmy Kimmel Live!	Nightline (N)		
CBS-W	Local Programs			Local Prog.	News	Local Programs			Neighbor	Bob Heart	NCIS	NCIS: Hawai'i			Local Prog.	Late Show-Colbert	Corden		
CW-W	Local Programs					All American			All American			Local Programs							
FOX-W	Local Programs					Fantasy Island (N)			Alert: Missing			Local Programs							
NBC-W	Local Prog.	News	Local Programs			America's Got Talent: All-Stars (N)			Quantum Leap (N)			Local Prog.	Tonight Show-J. Fallon	Meyers					
PBS	Antiques Roadshow			Antiques Roadshow		Victoria & Albert		Amanpour-Co		Antiques Roadshow		Antiques Roadshow		Victoria & Albert		Vienna Blood			

		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30																			
EASTERN		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30																			
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30																			
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30																			
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30																			
PREMIUM MOVIES																																				
HBO	HBO-E	310	Gone Girl '14, Mystery Ben Affleck 'R'			Pure	Fantastic Beasts: The Secrets of Dumbledore (45)			The Hobbit: The Desolation of Smaug '13, Fantasy PG-13'			Moonfall																							
	HBO2	312	Worry Black Adam ★★ (22, Action) PG-13'			(40)	Star Trek: The Motion Picture '79, Science Fiction 'G'			(8:55)	Star Trek II: The Wrath of Khan '82			Star Trek III																						
	HBO5	314	Walk the Line '05, Biography Joaquin Phoenix 'PG-13'			(20)	Red 2 '13, Action Bruce Willis 'PG-13'			(20)	Edge of Tomorrow '14			(15)	Cop Land ★★ (97, Crime Drama) 'R'																					
	HBOF	315	Water Hrs (17) Joe Versus the Volcano '90			K'garten	Happily	Curious	Crashbox	Bandslam '09, Musical Comedy 'PG'			(9:55)	Kung Fu Panda '08 'PG'			Teen Wolf																			
MAX	MAX	307	The Break-Up '06 Vince Vaughn 'PG-13'			(5:51)	Fantastic Mr. Fox '09 'PG'			(18)	You Only Live Twice '67			(15)	Chernobyl Diaries '12 'R'			(41) Suite Française '14 'NR'																		
	5MAX	308	Absolute Power '97, Suspense 'R' Unmother			Hotel Rwanda ★★ (04, Drama) PG-13'			Abduction ★ (11, Action) PG-13'			(9:48) Stardust ★★ (07, Fantasy) PG-13'																								
	MMAX	309	Graveyard Shift (12) Hot Shots! '91 'PG-13'			(37)	All About Steve ★ '09 'PG-13'			(16)	Shall We Dance? '04 'PG-13'			American Pastoral ★★ (16, Drama) 'R'																						
SHOWTIME	SHO-E	318	Bandit 'R' TBA			TBA			Paris Can Wait '16 'PG'			(45)	Eve's Bayou ★★ (97, Drama) 'R'			Losing Isaiah ★★ (95, Drama) 'R'			Hard Rain																	
	SHO2	320	Snake Eyes '98 'R' Nicholas Nickleby ★★ (02, Drama) Jamie Bell 'PG'			(20)	A River Runs Through It '92 'PG'			Madrina: Savage Life			Match Point '05 'R'																							
	SHOBET	321	X '22 'R' (20) Complicit '13 Arsher Ali 'NR'			Girlhood '14, Drama Karidja Touré 'NR'			Breaking ★★ (22) PG-13'			(45)	Whitney: Can I Be Me '17 'NR'			MVP '22																				
	SHOX	322	Last of the Grads '21 'NR'			Low Tide '19, Drama 'R'			Billionaire Boys Club ★ (18, Suspense) 'R'			A Simple Plan '98, Suspense Bill Paxton 'R'			Who Killed																					
	SHOS	323	The Novice '21 'R' (10) The Aviary '22, Suspense 'R'			(45)	Night Catches Us '10 'R'			(15)	Stand by Me '86 'R'			(45)	The Contractor '22, Action Chris Pine 'R'																					
	TMC	327	New York Ninja '21 Crisis '21, Suspense Gary Oldman 'R'			Surge '20, Suspense 'NR'			(45)	Megalodon Rising '21 'NR'			Separated	Downeast '21, Drama 'NR'																						
FLIX-E	333	Igor ★★ (08) PG'			Last Action Hero ★★ (93, Action) PG-13'			(25)	The Elephant Man '80, Biography PG'			But I'm a Cheerleader '99 'R'			The Gathering '02																					
STARZ	ENCR-E	340	Switchback '97, Suspense Dennis Quaid 'R' (5:55)			Aliens '86, Science Fiction Sigourney Weaver 'R' (16)			Oz the Great and Powerful '13 'PG'			The Father '20, Drama PG-13'																								
	STARZ-E	350	112 Mighty Orphans (10) Safe Haven ★★ (13, Romance) PG-13'			Night at the Museum: Smithsonian			(8:57)	A Beautiful Day in the Neighborhood (10:51)			Jockey '21 'R'																							
	STRZED	352	Fury '14, War 'R' (4:48)			Men in Black: International (45) Spider-Man: No Way Home (21, Action) Tom Holland PG-13'			(16)	Annie '14, Children's Jamie Foxx PG'			Christmas																							
	STRZCI	353	City of Lies '18, Crime Drama 'R' (42)			Novitiate ★★ (17, Drama) Margaret Qualley 'R'			David Crosby: Remember (24)			Home '20, Drama 'NR'			Parallel Mothers																					
	STRZCO	354	(11) Made '01, Comedy-Drama Jon Favreau 'R' Party			(19)	A Haunted House 2 '14 'R' (7:48)			The Ugly Truth '09 'R'			(26)	The Brothers Grimsby '16 'R' (10:52)			Click '06																			
	STRZIB	355	(9) Nine Days (24) Zulu '13, Crime Drama 'R' (14)			Guardians of the Galaxy '14, Science Fiction PG-13'			(17)	Jingle All the Way '96 PG' (9:49)			Overcomer ★★ (19, Drama) PG'																							
STRZKF	356	Firehouse Dog ★★ (07) PG'			Hoodwinked Too! Hood vs. Evil Pit Pony			Pit Pony	Pit Pony	Pit Pony	(22)	Agent F.O.X. '14 'G'			(9:50)	Anastasia ★★ (97) 'G'			All Saints																	
MGM	MGM+	380	If I Stay ★★ (14, Romance) Sex Life (15)			Addicted ★★ (14, Drama) Sharon Leal			Hell on the Border '19, Western			Wuthering Heights '03, Musical			Rumble																					
	MGMMAR	381	Anita '13 Anita Hill (4:50)			Home for the Holidays '95			Dead Presidents '95, Drama Larenz Tate			Lifeguard ★★ (76, Drama) (15)			Intersection '94, Drama Richard Gere																					
	MGMHT	382	Head of State '03 Van Wilder: Freshman Year (45)			Road Trip ★★ (00, Comedy) (20)			The Manchurian Candidate '62			Rollerball '75, Science Fiction			(62) Rollerball '75, Science Fiction																					
	MGMDRV	292	Judgment at Nuremberg ★★ (61, Drama) Spencer Tracy			Summer Rental '85, Comedy			Mother ★★ (96, Comedy) (15)			Soapdish ★★ (91, Comedy) Sally Field																								
AMERICA'S TOP PROGRAMMING																																				
A&E	118	Paid Programs			Joyce M.			Parking	Parking	Parking	Parking	Parking	Parking	TBA	TBA	TBA	TBA																			
AHC	195	World War II in Color WWII: Witness to War			World War II in Color			Hitler's Empire			Hitler's Empire			Hitler's Empire			Weaponology																			
AMC	131	(15) Fear the Walking Dead			Stooges			Paid Programs			Jerry Maguire '96			(15)	A Few Good Men '92, Drama Tom Cruise																					
APL	184	Last Frontier			Dogs 101			Secret Life-Zoo			The Zoo			I Was Prey			Monsters Inside Me		Dr. Jeff: RMV																	
AXSTV	167	Paid Programs									Heart			Rock			Legends		Wahlburg	Wahlburg																
BBCA	135	Star Trek: Next			Star Trek: Next			Star Trek: Next			Star Trek: Next			Hitman ★★ (07, Action) Timothy Olyphant			Bones		Bones																	
BET	124	Husbands			Husbands			Browns			Browns			Live Single			Live Single			Live Single	Martin	Martin	Martin	black-ish	black-ish											
BOUNCE	359	Greenleaf			Tamron Hall			Sherri			Karamo			Hot Bench			Hot Bench			Court	Court	Court	Court	Court	Court	Paternity	Paternity									
BRAVO	129	Kelly Clarkson			Paid Programs			Million Dollar LA			Million Dollar LA			Million Dollar LA			Million Dollar LA			Million Dollar LA	Million Dollar LA	Million Dollar LA	Million Dollar LA	Million Dollar LA	Million Dollar LA											
BUZZR	245	Match			Match			Paid Programs			Tell Truth			My Line?			Sale of			Sweep			Body Lang	Blockbust	Match-Squares											
CIHD	249	The Big House			The Big House			Paid Programs			American Justice			American Justice			Female Forces			Female Forces																
CMT	166	CMT Music			CMT Music			CMT Music			CMT Music			CMT Music			Roseanne			Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne										
CNBC	208	Street Signs (L)			Worldwide Exchange (L)			Squawk Box (L)						Squawk on the Street (L)						TechCheck (L)																
CNN	200	CNN Newsroom Live (L)			Early Start C.			CNN This Morning (L)			CNN This Morning (L)			CNN This Morning (L)			CNN Newsroom (L)			CNN Newsroom (L)			At This Hour-Kate													
COM	107	South Park South Park			Paid Programs			Brooklyn			Brooklyn			Futurama			Futurama			South Park			South Park	South Park	South Park	South Park	South Park									
COMET	289	Paid Programs															The Town That Dreaded Sundown '76			Kaw '07, Horror																
COOK	113	Paid Programs									Kelsey's			Kelsey's			Unwrap 2.0			Unwrap 2.0			Unwrap 2.0			Unwrap 2.0			Carn Eats	Carn Eats	Carn Eats	Carn Eats				
DISC	182	Street Outlaws: No Prep Kings			Gold Rush			Gold Rush			Gold Rush			Homestead Rescue			Homestead Rescue																			
DFC	179	BathCrash BathCrash			Animals			Animals			Adventures			Adventures			Pac-Man			Transform.			Rescue Bots	Petronix	Puppies	Pet Shop	LittlePony	LittlePony	Monsters	Monsters						
DISN-E	172	Jessie Jessie			Ladybug Ladybug			Sofia			Bluey			Bluey			Bluey			Puppy Pals			Puppy Pals			Bluey			Bluey							
ENCR-W	341	Nothing Left to Fear (13) The Father ★★ (20, Drama) PG-13'			(8:53)	Switchback ★★ (97, Suspense) 'R'			(8:55)	Aliens '86, Science Fiction Sigourney Weaver 'R'			Oz Great																							
EWESTN	342	A Man Called Sledge (13) Bandolero! ★★ (68, Western) PG-13'			Lawman			The Deputy			Fargo			Rifleman			(15) The Proud Ones '56, Western 'NR'			Desolation Canyon																
EACTN	343	(13) Way of the Dragon '72, Action 'R' (5:54)			Night of the Living Dead			MacGruber '10, Comedy 'R'			Charlie's Angels '19, Action PG-13'			The November Man																						
ESUSP	344	Death Wish '74, Crime Drama 'R' (19)			Easy Money ★★ (10, Suspense) 'R' (26)			The Benefactor '15 'NR'			Uncommon Valor ★★ (83, Action) 'R'			(10:48) The Package																						
EBLACK	345	Sneakers '92, Suspense PG-13'			(26)	Obsession '19, Suspense 'NR' (6:59)			Pompeii ★★ (14, Adventure) PG-13'			(8:46)	Supercool '21, Comedy 'NR'			White People Money			When Gm																	
ECLASS	346	Blue Collar '78, Drama 'R' (40)			Raising Arizona '87, Comedy PG-13'			(17)	Jumpin' Jack Flash '86 'R'			Broken Arrow ★★ (96, Action) 'R'							(10:56) Set Up '11 'R'																	
EFAMILY	347	(10) The Young and Prodigious T.S. Spivet (5:56)			The Natural ★★ (84, Drama) PG'			(15)	Gulliver Returns '21, Children's 'NR'			(9:46)	Swallows and Amazons (24)			Zoo																				
ESPN	140	NBA Basketball: Clippers at Nuggets			SportsCenter			SportsCenter (L)			Get Up (L)			First Take (L)																						
ESPN2	143	SportsCenter			SportsCenter			Keyshawn, JWill and Max (L)			SportsCenter (L)			SportsCenter (L)			Get Up																			
EWTN	261	The Creed Saints			The Bench Living			Eucharistic Church			St. Michael			Rosary			Daily Mass: Olam			Holy			Living Right			Mother Angelica Live			Know Mary							
FETV	82	Hillbillies			Hillbillies			Prince			Jeremiah			Joyce M.			Robison			Ranger			Ranger			Wagon Train			Hillbillies			Hillbillies	Hazel	Hazel	Beaver	Beaver
FMC	387	The Carson City Kid			Draw Egan			Sioux City Sue ★ (46, Western)			Boots and Saddles (45)			King Rat ★★ (65, War) George Segal, Tom Courtenay			Last Hurr.																			
FNC	205	FOX & Friends First (L)			FOX & Friends First (L)			FOX and Friends (L)			FOX and Friends (L)			FOX and Friends (L)			America's Newsroom (L)			America's Newsroom (L)			The Faulkner Focus (L)													
FOOD	110	The Julia Child			Paid Programs									Guy's			Guy's			Guy's			Guy's			Food Paradise			Food Paradise							
FREFM	180	Paid Programs									black-ish			black-ish			Guy's			black-ish			The 700 Club			700 Club			Simpsons	Simpsons	Simpsons	Simpsons				
FS1	150	TBA			NASCAR Race Hub			Undisputed			The Carton Show (L)						Skip and Shannon: Undisputed (L)																			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	Paid Programs					Mom		Monster Hunter ('20, Fantasy) <i>Milla Jovovich</i>				Rogue ('20, Action) <i>Megan Fox, Jessica Sutton</i>				
FXM	384	The Manhattan Project ('86, Suspense) 'PG-13'				Moontide ★★ ('42, Drama) 'NR'		(40) The Keys of the Kingdom ★★★ ('44, Drama) 'NR'		A Royal Scandal ('45) 'NR'				My Cousin			
FXX	125	Paid Programs					The Dead Don't Die ★★★ ('19, Comedy) <i>Bill Murray</i>		Zombieland ('09, Comedy) <i>Woody Harrelson</i>				Cleveland				
GETTV	373	Catch 21	Catch 21	Hart to Hart		Paid Programs		Elevation	Prince	Les Feldick	Paid Prog.	Good Time	Good Time	Good Time	Ironside		
GMSHW	116	Paid Programs					Funny You	Funny You	Tug	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America	
GOLF	401	Paid Programs		Golf Central		Golf Central		Golf Central		Golf Central		LPGA Tour Golf <i>Honda LPGA Thailand, Third Round</i>					
GRIT	217	Paid Programs				Laramie		Laramie		Movie				Movie			
HALL	185	Cheers	TBA	Reba	Reba	Reba	Reba	Reba	Reba	Reba As Is	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
HALLDR	186	Medicine Woman		Medicine Woman		Highway to Heaven		Highway to Heaven		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Play</i>	
HALLMV	187	Psych <i>Shawn 2.0</i>		Psych		Diagnosis Murder		Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk	
HDMOV	130	Paid Programs							Just Getting Started ★★ ('17) (40) Playing for Keeps ('12, Romance-Comedy)				Delirious				
HERIC	293	Renegade		Restless	Lawman	Maverick		Wanted ...	Wanted ...	Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne	
HGTV	112	Hunters	Hunters	Hunters	Hunters	Fix My Flip		Fix My Flip		Fix My Flip		Fix My Flip		Fix My Flip		No Demo Reno	
HIST	120	Paid Programs				Amazing	Jeremiah	TBA		TBA		TBA		TBA		TBA	
ID	192	Dead Silent		Dead Silent		Six Degrees of Murder		Six Degrees of Murder		Six Degrees of Murder		Murder Comes to Town		Murder Comes to Town		Murder Comes to Town	
IFC	133	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Parks	Parks	Parks	Parks	Parks	
LAFF	237	Paid Programs				Videos	Funniest	How I Met		How I Met		Jim	Jim	Home Imp.	Home Imp.	ALF <i>A.L.F.</i> ALF	
LIFE	108	Paid Programs				Creflo	Robison	Joyce M.		TBA		The Closer		The Closer		Major Crimes	
LMN	109	Paid Programs				Movie				Movie				Movie			
MAGN	111	Salvage	Salvage	Salvage	Salvage	Restored		Restored		Restored		Restored		In With the Old		In With the Old	
MOTOR	246	Texas Metal		Garage Squad		Wrench'd <i>Saab Story</i>		Iron Resurrection		Bitchin' Rides		RMD Garage		RMD Garage		RMD Garage	
MSNBC	209	Rachel Maddow Show		Way Too Early		Morning Joe (L)								José Diaz-Balart		MSNBC Reports (L)	
NATGEO	197	Nazi Megastructures		Nazi Megastructures		Paid Programs					Facing Schwarzenegger			Facing Suge Knight		Facing Putin	
NGWLD	190	Paid Programs							Dr. Oakley, Yukon Vet	Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet	
OUTD	396	Fishing the WildFed		Feral	Dead Meat	BigWater	Lake	Am. Archer	Bird Hunter	Africa	Outdoors	Fishing	Angling	Outdoors	Hunt	Heartland Wild Ride	
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Killer Relationship		Killer Relationship		Buried in the Backyard		Buried in the Backyard		Up and Vanished				Framed By the Killer		Framed By the Killer	
PARMT	241	Paid Programs									Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue
POP	117	Goldbergs	Goldbergs	Goldbergs	Goldbergs	Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER		ER	
REELZ	299	Paid Programs				Diff'rent Strokes		Eddie Murphy		Robin Williams: Price		Shark Terror: USS Indianapolis				Jail	Jail
RFDTV	231	Paid Programs				Coop	'Presleys'	Stuart	Jeremiah	Rural News/AgDay		Market Day Report (L)					
SCI	193	Expedition X		Expedition X		Unexplained Files		Unexplained Files		Universe Works		Universe Works		Ancient Unexplained		Ancient Unexplained	
SMITH	367	Mighty Ships		Mighty Ships		Aerial America <i>Kansas</i>		Aerial America <i>Missouri</i>		Aerial America <i>Illinois</i>		Mighty Trains		Mighty Trains		Inside the Factory	
SONY	386	Earth vs. Decision at Sundown ('57)				The Violent Men ('55, Western)		(45) The Walking Hills ('49)		(15) Santa Fe ('51, Western) <i>Randolph Scott</i>		Genghis Khan ('65)					
SUND-E	358	Columbo	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Law Order: CI		Law Order: CI		Law Order: CI	
SYFY	122	Paid Programs				Heroes <i>Orientation</i>		Heroes <i>Jump, Push, Fall</i>		Heroes <i>Ink</i>		Heroes <i>Acceptance</i>		Heroes		Legend-Herc	
TBN	260	Creflo	Behind	Jackson	S. Furtick	Joyce M.	Wommack	Turning	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick Jentezen	
TBS	139	Matters	Matters	Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends Friends	
TCM	132	Movie				The Painted Desert ('31, Western)		Scarlet River ('33)		Ride Him, Cowboy		(45) To the Last Man ★★ ('33)		Powdersmoke Range			
TLC	183	The Family Chantel		The Family Chantel		Jennifer		1000-Lb. Sisters		1000-Lb. Sisters		90 Day: The Single Life		90 Day: The Single Life		90 Day: The Single Life	
TMC-W	329	Silver	High Life ('18, Science Fiction) 'R'				New York Ninja ('21, Action) 'NR'		Crisis ('21, Suspense)		Gary Oldman 'R'		Surge ('20, Suspense) 'NR'		Megalodon		
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed		Charmed		Supernatural		Supernatural	
TRU	242	Paid Programs							Hack	Hack	Hack	truTV Top Funniest		truTV Top Funniest		MythBusters	
TRVL	196	Paid Programs									Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs							M*A*S*H	M*A*S*H	M*A*S*H	Bonanza	
UP	188	Paid Programs			Jeremiah	Heartland		Heartland		Heartland		Highway to Heaven		Highway to Heaven		Touched by an Angel	
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Law & Order: SVU		Law & Order: SVU	
WE	128	Waka & Tammy		Paid Programs										Law & Order		Law & Order	
NETWORKS																	
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																	
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)		
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)				Local Programs			The Price Is Right (N)		
CW-E	Local Programs					Local Programs											
FOX-E	Local Programs					Local Programs											
NBC-E	Local Programs					Local Programs			Today (N)			Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me		Beaver	Beaver	Perry Mason		Matlock		In the Heat of Night	
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				
CBS-W	Corden	Local Prog.	CBS Overnight News (N)						News	News	News	News	CBS Mornings (N)				
CW-W	Local Programs										Local Programs						
FOX-W	Local Programs										Local Programs						
NBC-W	C Meyers	News	Top Story With		Early Tdy	Local Programs						Local Programs		Today (N)			
PBS	Vienna Blood		Vienna Blood		Arthur	Odd	Molly	Almas	Wild Kratts	Curious	Tiger	Rosie	Sesame St.	Work It	Donkey	Pinkalicious	

166

		EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30	
		CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	
		MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	
		PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	
AMERICA'S TOP PROGRAMMING																			
FX	136	Behind Enemy Lines ★★ ('01, Action) Owen Wilson						Con Air ★★★ ('97, Action) Nicolas Cage, John Cusack					Mission: Impossible: Fallout ★★★ ('18, Action) Tom Cruise						
FXM	384	4My Cousin Rachel		(15) The Other ('72, Horror) Uta Hagen 'PG'			Truth or Dare ('18, Horror) Lucy Hale 'PG-13'					(4:55) The Empty Man ('20, Horror) James Badge Dale 'R'		Alien					
FX	125	Cleveland	Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	
GETTV	373	Ironside			Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Magnum, P.I.		Magnum, P.I. Italian Ice		
GMSHW	116	Deal or No Deal			Match	Match	America		America		Puzzler		The \$100,000 Pyramid		Chain Rea.		Chain Rea.	Switch (N) America	
GOLF	401	Golf Today (L)				College		Women's College Golf					Golf Central (L)			Golf Acad.		Golf	Golf Acad.
GRIT	217	Death Vall.	Death Vall.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Fargo	Fargo	Fargo	
HALL	185	A Ring by Spring ('14, Romance-Comedy)				Season for Love ('18, Romance) Autumn Reeser				Hearts of Winter ('20, Romance) Jill Wagner				In the Key of Love ('19, Romance) Laura Osnes					
HALLDR	186	Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		The Waltons The Return		The Waltons The Return		The Waltons		The Waltons		Little House on Prairie		Little House on Prairie			
HALLMV	187	Monk		Monk		Psych In Plain Fright		Psych Dual Spires		Psych		Drop Dead Diva		Drop Dead Diva		Crossword Mysteries			
HDMOV	130	Delirious ★★ ('91, Comedy)			(20) Thunderheart ('92, Mystery)		Val Kilmer		Devil in a Blue Dress ★★ ('95, Mystery)					(25) The Manchurian Candidate ★★ ('04, Suspense)					
HERIC	293	Vega\$		Vega\$		Vega\$		Vega\$		Vega\$		MacGyver		Walker, Texas Ranger		Walker, Texas Ranger			
HGTV	112	No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous			
HIST	120	TBA		TBA		TBA		TBA		TBA		TBA		Curse of Oak Island		Curse of Oak Island			
ID	192	Ice Cold Killers		Ice Cold Killers		Ice Cold Killers		Ice Cold Killers		The Murder Tapes		The Murder Tapes		The Murder Tapes		The Murder Tapes			
IFC	133	Parks	Parks	Parks	Parks	Parks	Parks	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Two Men	Two Men	
LAFF	237	Laughs	Laughs	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	
LIFE	108	Major Crimes		Major Crimes		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles			
LMN	109	Movie				Movie				Movie				Movie					
MAGN	111	Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid			
MOTOR	246	RMD Garage		RMD Garage		RMD Garage		RMD Garage		Iron Resurrection		Bitchin' Rides		Garage Squad		Texas Metal			
MSNBC	209	Andrea Mitchell Reports (L)		Chris Jansing Reports (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)				The Beat With		The ReidOut (L)			
NATGEO	197	Facing Saddam		Facing Escobar		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero	
NGWLD	190	Dr. Oakley, Yukon Vet		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol	
OUTD	396	Two Conchs Fishing		Whitetail		Whitetail		Whitetail		Guns		Bowlife		The Choice With Ralph		Fowl Life		King of the Hunt	
OWN	189	Dr. Phil		Court		Court		Court		Court		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Framed By the Killer		Mastermind of Murder		Mastermind of Murder		Mastermind of Murder		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets	
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom		Two Men		Two Men		Two Men		Two Men		Two Men	
POP	117	ER		ER		ER		House		House		House		House		House		House	
REELZ	299	Jail	Jail	Jail	Jail	Cops	Cops	Cops	Cops	Jail	Jail	Jail	Jail	Jail	Jail	Jail	Cops	Cops	
RFDTV	231	Market Day Report (L)				Cow Guy		Next Level		Horse-West		Horseman.		Duttons		Heritage		Machinery	
SCI	193	Strange Evidence		Strange Evidence		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Mysteries of	
SMITH	367	Air Disasters		Air Disasters		Combat Ships		Combat Ships		Combat Ships		Combat Ships		Combat Ships		Air Disasters		Air Disasters	
SONY	386	Genghis Khan ('65, Adventure)		(20) First Men in the Moon ('64)		Edward Judd ('20)		The 6th Day ★★ ('00, Science Fiction)		A Fire in the Sky ★★ ('78, Suspense) Richard Crenna									
SUND-E	358	Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		NCIS		NCIS		NCIS		NCIS		NCIS	
SYFY	122	Legend-Herc		The Last Witch Hunter ('15, Fantasy) Vin Diesel				After Earth ('13, Science Fiction) Jaden Smith				Independence Day ★★ ('96, Science Fiction) Will Smith, Bill Pullman							
TBN	260	R. Jefferess	Robert	Joyce M.	Better Together	Wommack		The 700 Club		Turning		S. Furtick		Praise		Harvest		T. Evans	
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	
TCM	132	(15) Moonlight on the Prairie ('36)			Yellow Dust ('36)		(45) Border Cafe ('37, Western)		Hollywood Cowboy			(15) Gun Law ★★ ('38, Western)		The Law West of Tombstone ('38)					
TLC	183	Pregnant	Pregnant	Pregnant	Pregnant	I Am Shauna Rae		I Am Shauna Rae		I Am Shauna Rae		Little People, Big World		Little People, Big World		Little People, Big World			
TMC-W	329	Megalodon Rising		Separated		Downeast ('21, Drama) 'NR'		Dirty Work ('98, Comedy) 'PG-13'		The Naked Gun: Police Squad				Logan Lucky ★★ ('17, Comedy) 'PG-13'					
TNT	138	Supernatural		Supernatural		Supernatural		The Meg ('18, Science Fiction) Jason Statham		(15) The Shallows ('16, Suspense) Blake Lively		Pregame							
TRU	242	MythBusters		MythBusters		Jokes		Jokes		Jokes		Jokes		Jokes		Jokes		Jokes	
TRVL	196	Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		The Ghost Town Terror		The Ghost Town Terror			
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.	
UP	188	Touched by an Angel		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba		Reba		Reba		Reba		Reba	
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	128	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order	
NETWORKS																			
ABC-E		Local Programs			GMA3-Need to Know		General Hospital (N)		Local Programs			Local Programs			News			Local Programs	
CBS-E		Local Prog./Young & Restless			Bold		The Talk (N)		Let's Make a Deal (N)			Local Programs			Local Programs			News	
CW-E		Local Programs			Local Programs			Local Programs			Local Programs			Local Programs					
FOX-E		Local Programs									Local Programs								
NBC-E		Local Programs			News Daily (N)		Local Programs									Local Prog./News		Local Programs	
METV	247*	The Waltons		Gunsmoke		Bonanza		Rifleman		Rifleman		Wagon Train		Adam-12		Adam-12		The A-Team	
ABC-W		Local Programs			The View (N)		Local Programs		GMA3-Need to Know			General Hospital (N)			Local Programs			Local Programs	
CBS-W		Local Programs			The Price Is Right (N)		Young & Restless		Local Prog./Bold			The Talk (N)			Let's Make a Deal (N)			Local Programs	
CW-W		Local Programs												Local Programs			Local Programs		
FOX-W		Local Programs												Local Programs			Local Programs		
NBC-W		Today 3rd Hour (N)		Today-Hoda		Local Programs						News Daily (N)		Local Programs					
PBS		Elinor	Nature Cat	Elementary	Xavier	Chefs Life	Old House	Ancient Skies			Finding Your Roots		Secrets of the Dead		BBC News		News		
																	PBS NewsHour (N)		

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
PREMIUM MOVIES																			
HBO	HBO-E	310	The Men Who Stare at Goats 'R' Elvis ★★★ ('22, Biography) Austin Butler 'PG-13'				(12:15) Girl With a Pearl Earring '03' 'PG-13'				Can't Hardly Wait '98' 'PG-13'				King Man				
	HBO2	312	TBA (:40) The Last of Us (:40) TBA		(4:40) The Cabin in the Woods '11' (:15) Magic Mike '12, Comedy-Drama' 'R' (:10) TBA														
	HBO5	314	Amsterdam '22' 'R' The Batman ★★★ ('22, Action) Robert Pattinson 'PG-13'				Urge '16, Suspense' 'R'				The Art of Self-Defense '19, Comedy' 'R'				King Rich				
	HBOF	315	Beth Coop (:42) The Divergent Series: Allegiant '16' (:43) Race ★★★ ('16, Biography) Stephan James 'PG-13' (:12:58) The Artist '11' 'PG-13' (:38) Ender's Game '13' 'PG-13'																
MAX	MAX	307	Hunter Killer '18, Action) Gerard Butler 'R' Miami Vice ★★★ ('06, Crime Drama) 'R'				(12:15) Ride Along ★★ ('14, Comedy) 'PG-13' (:1:55) Revolver ★★★ ('05) 'R'				Secret								
	5MAX	308	Trouble-Curve		Memento '00, Suspense) Guy Pearce 'R' (:10:54) Transcendence ★★ ('14) 'PG-13'		(12:54) Righteous Kill '08' 'R'				Perfect Stranger '07' 'R'								
	MMAX	309	She's All That '99' I Used to Go Here '20' 'NR' (:28) Long Shot '19, Romance-Comedy' 'R'		Getting Played '05' 'PG-13'				(1:58) My Big Fat Greek Wedding Greek 2										
SHOWTIME	SHO-E	318	The Hunt for Red October '90, Suspense) 'PG' Your Honor				Panama '22, Action) 'R'				Killer Joe ★★★ ('11, Crime Drama) 'R'				Eddie Murphy Raw '87' 'R'				
	SHO2	320	Madrina: Savage Life		Mona Lisa and the Blood Moon '21' 'R' (:20) X '22, Horror) Mia Goth 'R' (:10) Stealing Lust '21, Adult) 'NR' (:45) Crawl '19, Horror' 'R'														
	SHOBET	321	Trading Places '83) Beverly Hills Cop '84, Comedy) 'R' (:45) Beverly Hills Cop II '87, Comedy) 'R'		Beverly Hills Cop III ★★ ('94, Comedy) 'R'				Tijuana Jackson: Purpose Over										
	SHOX	322	Movie		Kevin Garnett: Anything Is Possible		NYC Point Gods				The Dictator '12, Comedy) 'R'				Wrong Turn '21' 'R'				
	SHOS	323	True Grit '10' 'PG-13' Your Honor		The Usual Suspects '95, Suspense) 'R'		TBA				Into the Blue ★★ ('05, Adventure) 'PG-13'				The Souvenir '19' 'R'				
	TMC	327	Once Upon a Time in the West '69, Western) Henry Fonda 'PG-13'				The Ballad of Lefty Brown '17, Western) 'R'				Marathon Man ★★★ ('76, Suspense) 'R'				Assault on 13				
	FLIX-E	333	The Last Castle ★★ ('01, Suspense) 'R' (:15) Flags of Our Fathers '06, War) Ryan Phillippe 'R'		Desperado ★★ ('95, Action) 'R' (:15) Wild Things '98, Suspense) Kevin Bacon 'R'														
STARZ	ENCR-E	340	Love My Wife		Hancock '08, Action) 'PG-13' (:36) The Equalizer '14, Action) Denzel Washington 'R'		(12:51) Cabin Fever '02' 'NR' (:26) Long Weekend '21' 'R'												
	STARZ-E	350	Scario-Soldado		The Unbearable Weight of Massive Talent (10:50) The Amazing Spider-Man 2 '14, Action) 'PG-13' (:16) Fun Size ★★ ('12) 'PG-13'		Ainbo												
	STRZED	352	The Grudge '20' 'R' Men in Black: International '19' 'PG-13' (:10:57) Fury ★★★ ('14, War) Brad Pitt 'R' (:14) BMF (:09) Black Friday '21, Horror) 'NR'		We Speak														
	STRZCI	353	All I See (:16) Never Let Me Go '10' 'R'		Boyz N the Hood ★★ ★ ('91, Drama) 'R' (11:54) Youth in Revolt '09' 'R' (:25) The Hoax '06, Historical Drama) 'R'		Surviving												
	STRZCO	354	Party The Ugly Truth ★★ ('09) 'R' (:09) Made '01, Comedy-Drama) Jon Favreau 'R' (11:46) Click '06, Comedy) 'PG-13' (:38) Shallow Hal '01) Gwyneth Paltrow 'PG-13'		RENO 911														
	STRZIB	355	Dear (:18) Alice ★★ ('22, Drama) 'R'		BMF (10:55) Guardians of the Galaxy '14' 'PG-13' (12:59) The Power of One '92, Drama) 'PG-13' (:10) BMF														
	STRZKF	356	Million Dollar Arm '14, Docudrama) 'PG' (9:58) Spider-Man: Homecoming '17' 'PG-13' (12:12) A Christmas Carol '84, Children's) 'NR' (1:54) Sgt. Bilko '96, Comedy) 'PG'		Who Gets														
MGM	MGM+	380	Secret Headquarters '22, Action) (:45) Sonic the Hedgehog 2 '22, Comedy) James Marsden		Three Thousand Years of Longing (:40) Teenage Mutant Ninja Turtles ★★ ('14) Godfather														
	MGMMAR	381	Godfather of Harlem (:8:55) Pearl Harbor ★★ ('01, War) Ben Affleck, Josh Hartnett		Midnight Cowboy '69, Drama) Dustin Hoffman				Breaking News in Yuba County Space										
	MGMHT	382	Rocky '76, Drama) Sylvester Stallone Rocky II ★★★ ('79, Drama) Sylvester Stallone		Rocky III ★★★ ('82, Drama) (:40) Rocky IV ★★ ('85, Drama) (:15) Rocky V '90)														
	MGMDRV	292	The Peacemaker '97, Action) George Clooney Witness '85, Crime Drama) Harrison Ford		The Two Jakes ★★ ('90, Mystery) Jack Nicholson (:20) Serpico '73, Crime Drama)														
AMERICA'S TOP PROGRAMMING																			
A&E	118	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.		
AHC	195	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil	Evolution of Evil		
AMC	131	Rocky III '82, Drama)	Rocky IV ★★ ('85, Drama)	Sylvester Stallone	That Dirty Black Bag (N)				The Perfect Storm ★★ ★ ('00, Suspense) George Clooney				Fear the Walking Dead						
APL	184	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law		
AXSTV	167	Rockstar	Parking Lot	Metallica: S&M 2 '19, Music) James Hetfield	Rockstar	Parking Lot	Metallica: S&M 2 '19, Music) James Hetfield	Rockstar	Parking Lot	Metallica: S&M 2 '19, Music) James Hetfield	Rockstar	Parking Lot	Drinking	Drinking	Drinking	Drinking	Drinking		
BBCA	135	Bones	Bones	Bones	Bones	Bones	Bones	Bones	Bones	Bones	Bones	Bones	Bones	Bones	Bones	Bones	Star Trek: Deep Space		
BET	124	Payne	Payne	Tyler Perry's The Oval (N)	Tyler Perry's Ruthless (N)	Bruh	Tyler Perry's The Oval	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Prince	Prince		
BOUNCE	359	Movie				Movie				Movie				In the Heat of Night				The Game	
BRAVO	129	Below Deck Adventure		Housewives of NJ		Watch	Below Deck Adventure	Below Deck		Love Without Borders				Movie					
BUZZR	245	Concentrat	Password	Sweep	Card	Match-Squares	Concentrat	Password	Sweep	Card	Match-Squares	Concen.	Concen.	FamFeud	FamFeud	FamFeud	FamFeud		
CIHD	249	Crime 360	Bad Blood	Crime 360	Crime 360	Crime 360	Crime 360	Crime 360	Crime 360	Bad Blood	Crime 360	Crime 360	Crime 360	Crime 360	Crime 360	Crime 360	Crime 360		
CMT	166	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	CMT Music	CMT Music		
CNBC	208	Shark Tank	Shark Tank	American Greed (N)	American Greed	American Greed	American Greed	American Greed	American Greed	American Greed	American Greed	American Greed	American Greed	Dateline The Landing	Dateline	Dateline	Dateline		
CNN	200	Anderson Cooper 360 (L)	CNN Tonight (L)	CNN Tonight (L)	CNN Tonight (L)	CNN Tonight (L)	CNN Tonight (L)	CNN Tonight (L)	CNN Tonight (L)	Anderson Cooper 360	CNN Tonight	CNN Tonight	CNN Tonight	CNN Tonight	CNN Tonight	CNN Tonight	CNN Tonight		
COM	107	The Office	The Office	The Office	The Office	The Office	The Office	Daily Show	Seinfeld	Seinfeld	The Daily Show	The Daily Show	The Daily Show	South Park	South Park	South Park	South Park		
COMET	289	Buffy, Vampire Slayer	Buffy, Vampire Slayer	The X-Files (Part 1 of 2)	The X-Files (Part 2 of 2)	The X-Files (Part 2 of 2)	The X-Files (Part 2 of 2)	The X-Files Synchrony	Farscape (Part 1 of 3)	Farscape (Part 2 of 3)	Farscape (Part 2 of 3)	Farscape (Part 2 of 3)	Farscape (Part 2 of 3)	Paid Programs	Paid Programs	Paid Programs	Paid Programs		
COOK	113	Man, Food	Man, Food	Man, Food	Man, Food	Paul Goes to	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food		
DISC	182	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs	Dirty Jobs		
DFC	179	Cake Wars Archie	Cake Wars Dinosaurs	Cake Wars	Cake Wars	Cake Wars Archie	Cake Wars Dinosaurs	Cake Wars	Cake Wars	Cake Wars	Buddy's Bakery Rescue	Ultimate Cake Off	Ultimate Cake Off	Ultimate Cake Off	Ultimate Cake Off	Ultimate Cake Off	Ultimate Cake Off		
DISN-E	172	Cinderella ★★★ ('15, Children's)	Big City	Big City	Bunk'd	Bunk'd	Sydney	Raven	Raven	Jessie	Jessie	Liv-Mad.	Liv-Mad.	Austin	Austin	Austin	Austin		
ENCR-W	341	Equalizer (:43) The Father ★★★ ('20, Drama) 'PG-13' (:23) I Think I Love My Wife '07)				Hancock '08, Action) 'PG-13' (:36) The Equalizer '14, Action) Denzel Washington 'R'													
EWESTN	342	Bad Company '72) (:8:50) By Dawn's Early Light '01' (:37) Flaming Star '60' 'NR'				(12:11) Desolation Canyon '06)				The Fighting Kentuckian '49' 'NR'				Western U					
EACTN	343	Charlie's Angels '19, Action) 'PG-13'				Way of the Dragon '72' 'R' (:43) Escape Room: Tournament of Champions (:16) State Property ★★ ('02) 'R' (:247) State Property 2													
ESUSP	344	The Package '13' 'R' The Time Machine '02' 'PG-13' (:38) Tamara ★ ('05, Horror) Jenna Dewan 'R' (:18) Cordelia '19, Suspense) 'NR' (:1:52) The Intruder '19' 'PG-13'		Duelist															
EBLACK	345	(:15) The Spirit ★★ ('08, Action) 'PG-13'		Fast Color '18' 'PG-13'		(:44) Flight of the Phoenix '04' 'PG-13'				(:39) Save the Last Dance 2 '06' (:13) She Ball '20' 'R'									
ECLASS	346	Think Like a Man Too About Last Night ★★★ ('14) 'R' (:43) Zombieland: Double Tap ★★ ('19) 'R' (:25) Jumpin' Jack Flash '86' 'R' (:13) Down Missouri Way '46' 'NR' Loving																	
EFAMILY	347	The Sandlot 2 '05' 'PG' (:39) The Natural '84, Drama) Robert Redford 'PG'		(11:58) Baby's Day Out '94' 'PG' (:39) Snow White and the Huntsman '12, Fantasy) 'PG-13'															
ESPN	140	College Basketball College Basketball Teams TBA (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter		SportsCenter			
ESPN2	143	College Basketball College Basketball Teams TBA (L)		Basketball NFL Live		UFC		UFC		UFC		UFC		UFC Archival		UFC Archival			
EWTN	261	Mother Angelica Live		News Rosary		Scripture and Tradition		Women of Behold		Daily Mass: Olam		Mother Angelica Live		News At Heart		(:15) Papal Audience			
FETV	82	Perry Mason		Perry Mason		Emergency! Cook's Tour		Emergency! Brushfire		B. Miller B. Miller		Perry Mason		Bewitched Bewitched		Beaver Beaver			
FMC	387	Fail-Safe ★★★ ('64, Suspense) Henry Fonda				The Man on the Eiffel Tower '49, Suspense)				East Side Kids '40' (:45) Yellowstone '36, Mystery)				Smart Alecks '42)					
FNC	205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night (L)		Tucker Carlson Tonight		Hannity		The Ingraham Angle			
FOOD	110	Chopped		Superchef Mtch		Chopped		Chopped		Superchef Mtch		Chopped		Chopped		Chopped			
FREFM	180	Cast Away ★★★ ('00, Drama) Tom Hanks		Love Trip: Paris		The 700 Club		The 700 Club		The Office The Office		The Office The Office		Paid Programs		The 700 Club			
FS1	150	Hub College Basketball Villanova at Seton Hall (L) College Fresno State at New Mexico (L)		TMZ Sports		WWE Friday Night SmackDown		College Basketball											

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30																
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30																
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30																
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30																
AMERICA'S TOP PROGRAMMING																																	
FX	136	I, Robot ★★ ('04, Science Fiction) Will Smith					I, Robot ★★ ('04, Science Fiction) Will Smith					Monster Hunter ('20, Fantasy) Milla Jovovich				Paid Programs																	
FXM	384	Alien: Covenant ('17, Science Fiction) 'R'					Alien: Covenant ★★ ('17, Science Fiction) 'R'					(25) The Empty Man ('20, Horror) James Badge Dale 'R'				(15) The Other ('72)																	
FX	125	Family Guy/Family Guy		Family Guy/Family Guy		Family Guy/Family Guy		Family Guy/Family Guy		Futurama		Futurama		Futurama		Archer		Archer															
GETTV	373	The Rockford Files			The Rockford Files			Hunter All That Glitters			Hunter Cries of Silence			All/Family		Sanford		Sanford		Sanford		Sanford		Catch 21									
GMSHW	116	America		America		The \$100,000 Pyramid		FamFeud		FamFeud		FamFeud		FamFeud		America		America		Puzzler		FamFeud		FamFeud		FamFeud							
GOLF	401	Golf's Greatest Rounds				Women's College Golf 2023 Darius Rucker Intercollegiate, Second Round				Golf Central				Golf		PGA TOUR		Golf Acad.		Paid Programs													
GRIT	217	Movie					Movie					Movie				Men From Shiloh																	
HALL	185	The Wedding Veil Unveiled ('22, Romance)					Gold Girls		Gold Girls		Gold Girls		Gold Girls		TBA		TBA		TBA		TBA		TBA		TBA								
HALLDR	186	Little House on Prairie			Little House on Prairie			Little House on Prairie			The Waltons			The Waltons			The Waltons			The Waltons			The Waltons										
HALLMV	187	Crossword Mysteries			A Nashville Legacy ('23, Romance) Pooch Hall			Murder, She Wrote			Murder, She Wrote			Murder, She Wrote			Monk			Monk													
HDMOV	130	Out of Time ('03, Suspense) Denzel Washington					(9:50) Devil in a Blue Dress ('95)		(40) The Manchurian Candidate ★★ ('04, Suspense)		Out of Time ★★ ('03, Suspense)																						
HERIC	293	Star Trek			Star Trek: Next			Star Trek: Deep Space			Star Trek: Voyager			Star Trek: Enterprise			Baywatch			Baywatch			NUMB3RS										
HGTV	112	Fixer to Fabulous (N)		Fixer to Fabulous (N)		Hunters		Hunt Intl		Hunters		Hunt Intl		Fixer to Fabulous		Hunters		Hunt Intl		Hunters		Hunt Intl		Fixer to Fabulous									
HIST	120	Digging Deeper			Curse of Oak Island			History's Greatest Heists			Curse of Oak Island			Digging Deeper			Curse of Oak Island			History's Greatest Heists			Curse of Oak Island										
ID	192	Calls From the Inside			Calls From the Inside (N)			Body Cam			Body Cam 7 Seconds			Calls From the Inside			Body Cam			Body Cam 7 Seconds			Calls From the Inside										
IFC	133	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men									
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		'70s Show		'70s Show		How I Met		How I Met		Videos		Videos		Laughs		Laughs		ALF Jump		ALF		Paid Programs			
LIFE	108	Rizzoli & Isles			Rizzoli & Isles			Rizzoli & Isles			Rizzoli & Isles			Rizzoli & Isles			Rizzoli & Isles			Rizzoli & Isles			Rizzoli & Isles			Rizzoli & Isles							
LMN	109	Movie					Movie					Movie					Movie																
MAGN	111	Building Off the Grid			Restoration Road- Clint			Restoration Road- Clint			Building Off the Grid			Restoration Road- Clint			Restoration Road- Clint			Building Off the Grid			Building Off the Grid										
MOTOR	246	Faster With Finnegan			Faster With Finnegan (N)			Car (N)		Car Issues		Bitchin' Rides		Faster With Finnegan		Car Issues		Car Issues		Bitchin' Rides		Faster With Finnegan											
MSNBC	209	All In With Chris Hayes (L)			Alex Wagner Tonight (L)			The Last Word With			11th Hour			Alex Wagner Tonight		The Last Word With			11th Hour			All In With Chris Hayes											
NATGEO	197	Port Protection Alaska (N)			New Pioneers			Life Below Zero (N)			Port Protection Alaska			New Pioneers			Life Below Zero			Facing Schwarzenegger			Facing Suge Knight										
NGWLD	190	The Incredible Dr. Pol			The Incredible Dr. Pol (N)			The Incredible Dr. Pol			The Incredible Dr. Pol			The Incredible Dr. Pol			The Incredible Dr. Pol			The Incredible Dr. Pol			Paid Programs										
OUTD	396	Lindsey		The One		Drop Zone		Driven		Fowl Life		King of the		Hunt		Whitetail		Lindsey		The One		Drop Zone		Driven		Fowl Life		King of the		Hunt		Whitetail	
OWN	189	All Rise I'll Be There			Insecure (45) Insecure			Food			All Rise			Insecure Real as F...			Food			All Rise I'll Be There			All Rise										
OXYG	127	Dateline: Secrets			Dateline: Secrets			Dateline: Secrets			Dateline: Secrets Uncovered				The Real Murders of Atlanta				Dateline														
PARMT	241	Movie					Movie					Movie																					
POP	117	NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			FBI		FBI											
REELZ	299	Cops		Cops		Cops		Cops		Major League Wrestling			Major League Wrestling			Cops			Cops		Major League Wrestling			Major League Wrestling			Paid Programs						
RFDTV	231	Ag PhD		Cattlemen to Cattlemen		SharkFar.			Forseman, Saddle Up			Best Amer/Rural News			Ag PhD		Cattlemen to Cattlemen			SharkFar.			Paid Programs										
SCI	193	Mysteries of			Mysteries of			Forbidden History			Forbidden History			Mysteries of			Forbidden History			Forbidden History			Mysteries of										
SMITH	367	How Did- Build			How Did- Build			Ice Airport Alaska			Air Warriors			Air Disasters			Air Disasters			Air Disasters			Mighty Planes Orbis										
SONY	386	Fire in Sky (20) Mysterious Island ('61)			(15) It Came From Beneath the Sea ('55)			(11:50) Mysterious Island ('61)			Movie				Movie																		
SUND-E	358	NCIS			NCIS			NCIS			NCIS			Columbo			(45) Columbo																
SYFY	122	Movie					XXX ★★ ('02, Action) Vin Diesel, Asia Argento					(45) XXX: State of the Union ★★ ('05, Action) Ice Cube																					
TBN	260	Praise		Joyce M.		Livg Proof		Together		Centerpoint		Praise		Prince		Youseff		Sekulow		Christine		Jewish		Praying		Praise							
TBS	139	Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Sheldon		Sheldon		Sheldon		George		George		George		George		Matters		Matters					
TCM	132	The Palm Beach Story ('42)			(45) The Major and the Minor ('42, Comedy)			(45) Ball of Fire ('41, Comedy) Gary Cooper			(45) The Mad Miss Manton ('38)				Libeled Lady ('36)																		
TLC	183	Little People, Big (N)			Little People, Big (N)			I Am Shauna Rae (N)			The Culpso Sisters			Little People, Big World			Little People, Big World			I Am Shauna Rae			The Culpso Sisters										
TMC-W	329	The Stranger in Our Bed ('22)			The Kill Team ('19, War) 'R'			Once Upon a Time in the West ('69, Western) Henry Fonda 'PG-13'			The Ballad of Lefty Brown ('17, Western) 'R'																						
TNT	138	NBA Basketball: Wizards at Hawks					NBA Basketball: Timberwolves at Clippers					NBA on TNT Postgame				NBA Basketball Washington Wizards at Atlanta Hawks																	
TRU	242	Jokes		Jokes		Jokes		Jokes		The Hangover Part III ★★ ('13, Comedy)				The Hangover Part III ★★ ('13, Comedy)				Jokes		Jokes		Jokes		Jokes									
TRVL	196	The Ghost Town Terror			The Ghost Town Terror			The Ghost Town Terror			The Ghost Town Terror			The Ghost Town Terror			The Ghost Town Terror			The Ghost Town Terror			The Ghost Town Terror										
TVLND	106	Raymond		Raymond		Raymond		Raymond		Raymond		King		King		King		King		King		King		Mom		Mom		Mom					
UP	188	Last Man		Last Man		Last Man		Last Man		Last Man		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Paid Programs											
USA	105	WWE NXT (L)			(08) Chicago P.D. (N)			(08) Chicago P.D. (N)			(12:08) Chicago P.D. (N)			(08) Chicago P.D.			(08) Chicago P.D.			Law & Order: SVU													
WE	128	Law & Order			Law & Order			Law & Order			Law & Order			Law & Order			Law & Order			Law & Order													
LOCAL NETWORKS																																	
ABC-E		The Rookie			The Rookie: Feds			Will Trent			Local Prog. Jimmy Kimmel Live!			Nightline (N)			Local Programs			ABC World News Now (N)													
CBS-E		FBI			FBI: International			FBI: Most Wanted			Local Prog. Late Show-Colbert			James Corden			Local Prog.			CBS Overnight News (N)													
CW-E		The Winchesters			The Winchesters (N)			Local Programs																									
FOX-E		9-1-1: Lone Star (N)			Accused (N)			Local Programs						Local Programs																			
NBC-E		Night		American		La Brea (N)			La Brea (N)			Local Prog. Tonight Show-J. Fallon			Late Night-Seth Meyers			News			Top Story With			Early Tdy		Local Prog.							
METV	247	Andy G.		Andy G.		Hillbillies		Green Acre		Heroes		Heroes		C. Burnett Perry Mason			Twi. Zone			Hitchcock		Hitchcock		Mannix			Cannon						
ABC-W		Local Programs				News		Local Programs				The Rookie			The Rookie: Feds			Will Trent			Local Prog. Jimmy Kimmel Live!			Nightline (N)									
CBS-W		Local Programs				Local Prog. News		Local Programs				FBI			FBI: International			FBI: Most Wanted			Local Prog. Late Show-Colbert			Corden									
CW-W		Local Programs					The Winchesters					The Winchesters (N)			Local Programs																		
FOX-W		Local Programs					9-1-1: Lone Star (N)					Accused (N)			Local Programs																		
NBC-W		Local Prog.		News		Local Programs				Night		American		La Brea (N)			La Brea (N)			Local Prog. Tonight Show-J. Fallon			Meyers										
PBS		Finding Your Roots			My Grandparents' War			My Grandparents' War			Amanpour-Co			Finding Your Roots			My Grandparents' War			My Grandparents' War			Victoria & Albert										