

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Mom	FXM Pres.	Paid Programs				Mom	Mom	Girls Trip ★★★ ('17, Comedy) <i>Regina Hall, Queen Latifah</i>				Barb & Star Go to Vista Del Mar					
FXM	384	Young Frankenstein	Champagne Charlie	The Black Swan ('42) 'NR'				Abominable Snowman		Demetrius and the Gladiators		(:45) Cleopatra ★★★ ('63) 'G'							
FXM	125	Paid Programs																	
GETTV	373	Fantasy Island		Fantasy Island		Inspiration Ministries		World	Jewish Jes	Paid Prog.	Mass	The Quest		Laredo		Here Come the Brides			
GMSHW	116	Paid Programs																	
GOLF	401	PGA Golf				PGA Golf		LPGA Tour Golf <i>Dow Great Lakes Bay Invitational, Final Round</i>				GOLF Films			Lessons				
GRIT	217	Paid Programs																	
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba		
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie			
HALLMV	187	Monk		Monk		Monk		Monk		Monk		Monk		Monk		Monk			
HDMOV	130	Paid Programs																	
HERIC	293	The District <i>Last Waltz</i>		The District <i>Challenge</i>		Eco Co.	Science	Walk Wild	Dragonfly	Family St.	Eat This!	Batman	Batman	Wonder Woman	Superman	Superman			
HGTV	112	Paid Programs																	
HIST	120	Paid Programs																	
ID	192	Your Worst Nightmare		Your Worst Nightmare		Your Worst Nightmare		American Cartel		American Cartel		American Cartel		Real PD: Kansas City					
IFC	133	Blues Brothers 2000 ('98, Musical Comedy)		Saved/Bell		Saved/Bell		Saved/Bell		Saved/Bell		(:15) Stripes ★★★ ('81, Comedy) <i>Bill Murray, Harold Ramis</i>							
LAFF	237	Paid Programs				Spy Kids ('01, Children's) <i>Antonio Banderas</i>				Clue ★★ ('85, Mystery) <i>Eileen Brennan</i>		Uptown Girls ('03, Comedy) <i>Brittany Murphy</i>							
LIFE	108	Paid Programs				Youseff		Harvest	Amazing	Jeremiah	Joel Osteen	Paid Prog.		Sinister Stepsister ('22, Drama) <i>Annika Foster</i>					
LMN	109	Paid Programs																	
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper			
MGMHD	385	Edge-San (:20) The White Bus		Studio	MGM	Foxtire Light ★★★ ('82, Drama) <i>Leslie Nielsen</i>		(:40) Love Is All There Is ★★ ('96, Romance-Comedy)		Wedding Daze ('06)									
MOTOR	246	Chasing Classic Cars		Chasing Classic Cars		Junkyard Empire	Garage Squad	Sam's	Motorhead	Roadkill	Roadkill	Roadkill	Garage	Truck U	Car Fix	Garage			
MSNBC	209	Dateline <i>A Texas Twist</i>		Dateline <i>Devil's Bathub</i>		Mehdi Hasan Show (N)		The Katie Phang Show (L)		Velshi (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)					
NATGEO	197	When Sharks Attack		When Sharks Attack		Paid Programs				Shocking Sharks		Secret-Bullshrk.		Mega Hammerhead					
NGWLD	190	Paid Programs																	
OUTD	396	Wicked Tuna		Conchs	Spear Life	Fisherman	Bass	Major League Fishing			Zonas	Angling	Outdr.	Bill Dance	Fishing	Lake			
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday			
OXYG	127	Dateline (Part 2 of 2)		Dateline <i>Reckless</i>		Dateline		Dateline		Exhumed: Killer Revealed		Snapped		Snapped		Snapped			
PARMT	241	Paid Programs																	
POP	117	Scorpion <i>Crossroads</i>		Scorpion <i>Cliffhanger</i>		Scorpion		Scorpion		Scorpion <i>Cuba Libre</i>		Scorpion <i>Fish Filet</i>		Scorpion <i>Robots</i>		Scorpion			
REELZ	299	Paid Programs																	
RFDTV	231	Paid Programs																	
SCI	193	What on Earth?		What on Earth?		How It's Made		How It's Made		How It's Made		How It's Made		How It's Made		How It's Made			
SMITH	367	Space Disasters		Space Disasters		Aerial America <i>Illinois</i>		Aerial America <i>Indiana</i>		Aerial America <i>Iowa</i>		Aerial America <i>Missouri</i>		Aerial America		Aerial America			
SONY	386	Summr Jb (:33) Seems Like Old Times ('80) <i>Chevy Chase</i>		(:22) Cover Up ★ ('91, Action)		Planet		(:17) The Taking of Pelham 123		(:14) Comanche Moon									
SUND-E	358	High Plains Drifter ('73, Western)		Monk		Monk		Monk		Monk		Monk		Monk		Monk			
SYFY	122	Anaconda ★ ('97)		Twi. Zone	Twi. Zone	Paid Programs				Twi. Zone	Twi. Zone	Twi. Zone	Tremors ★★★ ('90, Horror) <i>Kevin Bacon</i>		(:33) Dredd				
TBN	260	Hagee	Harvest	Jackson	Connect	Harbinger	From His	Passion!	T. Evans	S. Furtick	Merritt	Jentezen	David	R. Jeffers	Winning	Hagee Min			
TBS	139	Jack and Jill ★ ('11, Comedy)		Matters		The Cube		The Cube		American		American	American	American	Friends	Friends			
TCM	132	The Rules of the Game ('39, Comedy-Drama)				The Gay Divorcee ('34, Musical Comedy)				Strange Cargo ('40, Adventure) <i>Joan Crawford</i>				Scarlet Street ★★★ ('45, Crime Drama)					
TLC	183	My Big Fat Fabulous Life <i>Big Fat Moves</i>				Say Yes to the Dress		Four Weddings		Four Weddings		Extreme Cougar Wives		Extreme Cougar Wives		Extreme Cougar Wives			
TMC-W	329	Midsommar ★★★ ('19, Horror) <i>Florence Pugh</i>				The Last Matinee ('20) 'NR'		Kingpin ★★ ('96, Comedy) 'PG-13'				Six Minutes to Midnight ('20) Gunfight							
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans			
TRU	242	Funniest	Funniest	Funniest	Funniest	Ad. Ruins	Ad. Ruins	Ad. Ruins	Ad. Ruins	World's Dumbest ...		World's Dumbest ...		Imp. Jokers	Imp. Jokers	Imp. Jokers			
TRVL	196	Paid Programs																	
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls			
UP	188	Paid Programs				Fresh-Boat		Mass	Charles Stanley	Paid Prog.		Amazing	Little House on Prairie		Little House on Prairie				
USA	105	2022 Open Championship <i>Final Round</i> (N)				Open Champ.		Law & Order: SVU		2022 Tour de France <i>Stage 15</i> Flat stage. Distance 200 km. From Rodez to Carcassonne. (N)									
WE	128	Mama June- Not to Hot		Paid Programs												Law & Order		Law & Order <i>DR 1-102</i>	

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs				Local Programs				Good Morning America (N)				Local Programs			
CBS-E	Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)			
CW-E	Local Programs															
FOX-E	Local Programs								FOX News Sunday (N)							
NBC-E	Local Programs															
NETV	247*	Time Tunnel		The Invaders <i>The Vise</i>		Buck Rogers		Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Flintstones	Flintstones	Flintstones
ABC-W	Local Programs															
CBS-W	Local Programs															
CW-W	Local Programs															
FOX-W	Local Programs															
NBC-W	1st Look	House	House	Local Programs				2022 Open Championship <i>Final Round</i> (L)								
PBS	Finding Your Roots		Wash	Hoover	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E 310	Street Gang: Sesame Street	(40) Mind Over Murder	(35) Tenet	(20, Action) John David Washington	'PG-13'	(10) Irma Vep	(05) TBA	Last Night in Soho 'R'										
	HBO2 312	Thrones	(26) Game of Thrones	(20) Game of Thrones	Thrones	(10) Game of Thrones	(05) Game of Thrones	Ramy Youssef: Feelings	(14) Westworld	(09) Westworld									
	HBO3 314	The Batman	(22)	(15) The Conjuring: The Devil Made Me Do It	(10) TBA	Mind Over Murder	(45) Hotel Rwanda	(04, Drama)	'PG-13'	The Best Man Holiday									
HBOF 315	Tootsie	(45) Igor	(08, Children's)	'PG'	(12) Mr. Magorium's Wonder Emporium	(07)	Mo and Dad Save the World	(16) The Last Airbender	(10) 'PG'	Defending Your Life									
MAX	MAX 307	R.I.P.D.	(13, Action)	'PG-13'	(43) Never Let Me Go	★★★	(10, Drama)	'R'	(28) Boogie	★★	(21, Drama)	'R'	Never Die Alone	(04) DMX	'R'	Land	★★	(21, Drama)	'PG-13'
	5MAX 308	How to Deal	★★	(03) 'PG-13'	(31) Extremely Loud & Incredibly Close	(11)	(41) The Wood	(99, Drama)	Omar Epps	'R'	(28) Moonstruck	(87) Cher	'PG'	(10) The Wrestler	(08)				
	MMAX 309	The Way, Way Back	(13) 'PG-13'	(28) Jack the Giant Slayer	★★	(13) 'PG-13'	(23) Adventureland	(09) 'R'	(10) Red Dragon	★★★	(02, Suspense)	'R'	(15) Reindeer Games						
SHOWTIME	SHO-E 318	Mad Max	(79, Action)	'R'	(40) Ida Red	(21, Crime Drama)	'R'	Stillwater	★★	(21, Drama)	Matt Damon	'R'	(5:55) Shooter	(07, Action)	Mark Wahlberg	'R'			
	SHO2 320	How to Lose a Guy in 10 Days	Deadlock	(21, Action)	'R'	(15) We Hunt Together	(05) We Hunt Together	Supreme Team	Flatbush	The Chi	Lady Bird								
	SHOBET 321	Selma	(14) 'PG-13'	(10) Lee Daniels' The Butler	(13, Historical Drama)	'PG-13'	Car Wash	(76, Comedy)	'PG'	(10) Critical Condition	★★	(87, Comedy)	'R'	Stir Crazy	(80) 'R'				
	SHOX 322	Sleepy	Indiana Jones and the Raiders of the Lost Ark	Indiana Jones and the Temple of Doom	(84)	Indiana Jones and Crystal Skull	(35) Minority Report	(02) 'PG-13'											
	SHOS 323	Sophie Jones	(20) The Contractor	(22, Action)	'R'	(45) Still Alice	★★★	(14, Drama)	'PG-13'	Win a Date With Tad Hamilton!	(10) The Lighthouse	(19, Suspense)	'R'						
	TMC 327	The Djinn	(21, Horror)	'R'	(25) The Bling Ring	(13) 'R'	Flashdance	(83, Drama)	'R'	(35) The Go-Go's	(20) 'NR'	(15) Gloria Bell	(18, Romance-Comedy)	'R'					
	FLIX-E 333	Fish Wnda	Yanks	★★★	(79, Romance)	Richard Gere	'R'	Terms of Endearment	★★★★	(83) 'PG'	(15) Out of Africa	★★★★	(85, Romance)	Meryl Streep	'PG'				
STARZ	ENCR-E 340	Twins	★★★	(88, Comedy)	'PG'	(33) All the Right Moves	(83) 'R'	(06) Destroyer	★★★	(18, Crime Drama)	'R'	(10) Boys on the Side	(95, Comedy-Drama)	'R'	(10) Twins	(88) 'PG'			
	STARZ-E 350	Iron Man 3	(32) Spider-Man: Homecoming	(17, Action)	'PG-13'	(248) Spider-Man: No Way Home	(21, Action)	'PG-13'	Venom: Let There Be Carnage	Becoming Elizabeth									
	STRZED 352	Die Hard With a Vengeance	(95)	(31) Becoming Elizabeth	(32) Shutter Island	(10, Suspense)	Leonardo DiCaprio	'R'	(4:53) How Stella Got Her Groove Back	(98)	P-Village Salvage								
	STRZCI 353	The King's Speech	(10) 'R'	(28) Fear and Loathing in Las Vegas	(98) 'R'	Ghislaine Maxwell?	(22) Mo' Better Blues	★★★	(90, Drama)	'R'	(34) Adore	★★	(13, Drama)	'R'					
	STRZCO 354	Men in Black	Long Weekend	(21, Romance)	'R'	(33) Curse of the Pink Panther	(83) 'PG'	Crocodile Dundee in Los Angeles	(03) Men in Black: International	(19) 'PG-13'									
	STRZIB 355	Black or White	(14)	(03) Here Today	(21, Comedy-Drama)	'PG-13'	(02) White House Down	★★	(13, Action)	'PG-13'	Escape Room: Tournament	(6:47) The Misfits	(21)						
STRZKF 356	Gladiators of Rome	(12, Comedy)	'PG'	(1:51) Bigger Fatter Liar	(17) 'PG'	Far From Home: Yellow Dog	(4:49) Beethoven's 2nd	(93) 'PG'	(19) Baby's Day Out	(94) 'PG'									
EPIX	EPIX 380	The Hunger Games: Catching Fire	(13)	(1:50) The Hunger Games: Mockingjay, Part 1	(3:55) The Hunger Games: Mockingjay, Part 2	(15) No Time to Die	(21, Action)	Daniel Craig											
	EPIX2 381	House of Gucci	(21, Drama)	Lady Gaga	Rosemary's Baby	★★★★	(68, Horror)	Mia Farrow	(20) Carrie	★★★	(13, Horror)	Paranormal Activity	(07, Horror)	Bridge					
	EPIXH 382	Jack Ryan	Jack Reacher	★★★	(12, Action)	Tom Cruise	(45) G.I. Joe: Retaliation	★★	(13, Action)	(40) Rumble	★★★	(21, Children's)	Terry Crews	(20) Clifford the Big Red Dog	(21)				
	EPIXDR 292	Shanghai Noon	(00, Comedy)	Jackie Chan	(1:55) Drillbit Taylor	(08, Comedy)	(40) Not Without My Daughter	★★★	(91)	(40) Bugsy	★★★★	(91, Biography)	Warren Beatty						

AMERICA'S TOP PROGRAMMING

A&E 118	Living	Living	WWE Rivals	Biography: WWE Legends Rowdy Roddy Piper	Biography: WWE Legends Bret Hart	Biography: WWE Legends Undertaker									
AHC 191	Mad Science	WWII: Witness to War	High Hitler	WWII: Witness to War	Hitler's Death Ray	WWII: Witness to War									
AMC 131	Caddyshack	(80)	(15) Jaws 3	★★	(83, Suspense)	Dennis Quaid	Jaws	★★★★	(75, Suspense)	Roy Scheider, Robert Shaw	Jaws 2	★★	(78, Suspense)		
APL 184	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law									
AXSTV 167	Rock	Rock	Legends	Tina Turner: Live in Barcelona	Slave Trade: How Prince Re-Made the Music Business	(14) Wahlburgers (N)									
BBCA 135	Rocky II	★★★	(79, Drama)	Sylvester Stallone	Rocky III	(82, Drama)	Sylvester Stallone, Mr. T	(15) Rocky IV	(85, Drama)	Sylvester Stallone	(15) Rocky V	(90, Drama)	Sylvester Stallone		
BET 124	New York Undercover	New York Undercover	The Equalizer	★★★	(14, Action)	Denzel Washington, Marton Csokas	The Hitman's Bodyguard	★★★	(17, Action)	Ryan Reynolds					
BOUNCE 359	Johnson	Johnson	The Game	The Game	Tower Heist	★★	(11, Comedy)	Ben Stiller	Going in Style	(17, Comedy)	Morgan Freeman	Taxi	★★	(04, Comedy)	Queen Latifah
BRAVO 129	Married to Medicine	Married to Medicine	Married to Medicine	Married to Medicine	Married to Medicine	Married to Medicine									
BUZZR 245	Match	Match	Match	Match	Match	Match									
CIHD 249	My Evil Sister	My Evil Sister	My Evil Sister	My Evil Sister	My Evil Sister	My Evil Sister									
CMT 166	CMT Campfire Sessions	Movie	Movie	Movie	Movie	Movie									
CNBC 208	Paid Programs	Live: FILM Superbike World Champ	Shark Tank	Shark Tank	Shark Tank	Shark Tank									
CNN 200	State of the Union With Fareed Zakaria	GPS	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom									
COM 107	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office									
COMET 289	Bradbury	Bradbury	Bradbury	Bradbury	Bradbury	Bradbury									
COOK 113	Food Paradise	Food Paradise	Food Paradise	Man, Food	Man, Food	Man, Food									
DISC 182	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid									
DFC 179	My Little Pony: Rainbow Roadtrip	My Little	Too Cute!	YardCrash	YardCrash	YardCrash									
DISN-E 172	Movie	Owl Hse.	Hotel	Big City	Ladybug	Ladybug									
ENCR-W 341	Boys on the Side	(95) Bad Girls	★★	(94, Western)	'R'	(43) Twins	★★★	(88, Comedy)	'PG'	(33) All the Right Moves	(83) 'R'	(06) Destroyer	★★★	(18, Crime Drama)	'R'
EWESTN 342	The Range Feud	(08) The Shepherd of the Hills	(07) The Shepherd of the Hills	(41) 'NR'	(246) Rooster Cogburn	(75) 'PG'	(35) Forty Guns	(57, Western)	'NR'	(5:57) Warlock	★★★	(59, Western)	'NR'		
EACTN 343	Rapid Fire	(92) 'R'	Game of Death	(78) Bruce Le	'PG'	(43) A Dark Truth	★★	(12, Suspense)	'R'	(31) The Grandmaster	(13, Biography)	'PG-13'	(22) Rapid Fire	(92, Action)	'R'
ESUSP 344	The Score	(36) Mom and Dad	(17) 'R'	(04) Kiss of Death	(95, Crime Drama)	'R'	(3:47) The Kid Detective	(20) 'R'	(28) Don't Say a Word	(01, Suspense)	'R'	Dead Girl			
EBLACK 345	Boyz n the Hood	(91, Drama)	'R'	(08) Legion	★★	(10, Horror)	Paul Bettany	'R'	(3:51) Grown Ups 2	(13) 'PG-13'	(34) A Time to Kill	★★★	(96, Drama)	Sandra Bullock	'R'
ECLASS 346	Legends	(37) Rise of the Planet of the Apes	(11)	(24) Men of Honor	★★★	(00, Biography)	'R'	(35) Snow White and the Huntsman	(12)	(45) Legends of the Fall	(94) 'R'				
EFAMILY 347	Fairy Tale-True	Cinderella	(15, Children's)	Cate Blanchett	'PG'	(2:47) Heidi	(05, Children's)	'NR'	(32) A Cowgirl's Story	(17) 'PG'	(12) Black Beauty	★★★	(71, Children's)	'G'	
ESPN 140	UEFA Women's EURO 2022	37 Words	NBA Summer League	Teams TBA (L)	MLS Soccer	MLB Baseball									
ESPN2 143	The Basketball Tournament	Teams TBA (L)	Street League Skateboarding	Jacksonville	World of X Games	World of X									
EWTV 261	Sunday Mass	In Concert	Faure: Requiem	Chaplet	Rosary	Vaticano									
FETV 82	Rawhide Prairie Fire	Rawhide	The Retreat	Rawhide	Ranger	Ranger									
FMC 387	Sherlock Holmes	(15) Dressed to Kill	(46, Mystery)	(45) Bowery Blitzkrieg	★★	(41) Shine on Moon	Rangers Take	The Last of the Mohicans	(36, Adventure)						
FNC 205	Fox News Live (L)	Fox News Live (L)	FOX News Sunday	Maria Bartiromo	Fox News Live (L)	The Big Sunday Show (L)									
FOOD 110	Delicious	Delicious	The Kitchen	Beachside Brawl	Guy's Grocery Games	Guy's Grocery Games									
FREFM 180	Gnomeo & Juliet	★★★	(11, Children's)	Bolt	(08, Children's)	Voices of John Travolta	(05) Hotel Transylvania 2	(15, Children's)	(10) The Incredibles	★★★★	(04, Children's)				
F51 150	NHRA	NASCAR RaceDay (L)	PBA Bowling All-Star Clash (N)	Horse Racing	Saratoga Live (L)	Copa América Femenina Chile vs Bolivia (L)	Glory	MLS							

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Barb & Star	Ghostbusters ★★★ ('16, Comedy) <i>Melissa McCarthy, Kristen Wiig</i>	Furious 7 ★★★ ('15, Action) <i>Vin Diesel, Paul Walker</i>	Fate of Furious												
FXM	384	Cleopatra ★★★ ('63, Historical Drama) <i>Elizabeth Taylor</i> 'G'	Kingsman: The Golden Circle ★★★ ('17, Action) <i>Colin Firth</i> 'R'		(5:50) Hitman ('07, Action) 'R'		Martian										
FXM	125	War for Planet	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	
GETTV	373	Brides	Hondo	(45) The Outcasts <i>Gideon</i>	Father Murphy	Hawkeye <i>The Boxer</i>	Bret Maverick	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	
GMSHW	116	Chain Rctn	Chain Rctn	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	America	America	FamFeud	FamFeud	FamFeud	FamFeud	America	
GOLF	401	(15) GOLF Films	Live From The Open (L)						Live From The Open								
GRIT	217	Seven Men From Now ★★ ('56, Western)			Santa Fe ★★★ ('51, Western) <i>Randolph Scott</i>			Support Your Local Sheriff! ('69, Western)			Support Your Local Gunfighter ('71, Western)						
HALL	185	My Grown-Up Christmas List ('22, Romance)			Boysfriends of Christmas Past ('21)			Cross Country Christmas ('20, Romance)			Campfire Christmas ('22, Romance)						
HALLDR	186	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	
HALLMV	187	Monk	Monk	Monk	Monk	Monk	Monk	Monk	Monk	Monk	Monk	Monk	Monk	Monk	Monk	Monk	
HDMOV	130	The Long Riders ★★★ ('80, Western)			(1:50) Red River ('48, Western) <i>John Wayne</i>			(15) Once Upon a Time in the West ('69, Western) <i>Henry Fonda</i>			(10) Doc ('71, Western)						
HERIC	293	Superman	Superman	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	
HGTV	112	Dream	Dream	Renovation Island	Renovation Island	Renovation Island	Renovation Island	Renovation Island	Renovation Island	Renovation Island	Renovation Island	Renovation Island	Renovation Island	Renovation Island	Renovation Island	Renovation Island	
HIST	120	Pickers	TBA					The Booze, Bets and Sex That Built America			The Booze, Bets and Sex That Built America			Booze, Bets and Sex			
ID	192	Body Cam	Code 30	Body Cam	Body Cam			See No Evil			See No Evil <i>Night Shift</i>			See No Evil <i>Cruel Love</i>			
IFC	133	Planes	(45) Dazed and Confused ('93, Drama) <i>Jason London</i>	A League of Their Own ★★★ ('92, Comedy-Drama) <i>Tom Hanks</i>				Raymond									
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funnist	Funnist	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	
LIFE	108	Trapped Sisters ('16, Suspense) <i>Alexandra Park</i>			A Sister's Revenge ('13, Suspense)			Secrets of the Sisterhood ('19, Suspense)			Framed by My Sister ('22, Suspense)						
LMN	109	Mommy Is a Murderer ('20, Suspense)			Dying For a Daughter ('20, Suspense)			A Mother's Lie ('21, Suspense) <i>Madelyn Keys</i>			A Mother's Fury ('21, Suspense) <i>Chelsea Hobbs</i>						
MAGN	111	Fixer Upper: Welcome	Magnolia	Magnolia	Zoe (N)	Zoe Bakes	From the	From the	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	
MGMHD	385	Wedding Daze ('06) (05) Love Field ★★ ('92, Drama) <i>Michelle Pfeiffer</i>			(25) Benny & Joon ('93, Romance-Comedy)			(35) Something Wild ★★ ('86, Suspense) <i>Jeff Daniels</i>									
MOTOR	246	Four	Hot Rod	Junyard Empire	Garage Squad	Garage Squad	Garage Squad	Garage Squad	Garage Squad	Garage Squad	Garage Squad	Garage Squad	Garage Squad	Garage Squad	Garage Squad	Garage Squad	
MSNBC	209	Alex Witt Reports (L)	Alex Witt Reports (L)	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Symone (L)	PoliticsNation (L)	PoliticsNation (L)	PoliticsNation (L)	PoliticsNation (L)	PoliticsNation (L)	PoliticsNation (L)	PoliticsNation (L)	PoliticsNation (L)	
NATGEO	197	Most Wanted Sharks	Croc That Ate	Sharks vs. the World	Baby Sharks	Sky Sharks	Great Shark Chow	When Sharks Attack	Great White vs	When Sharks Attack	Great White vs	When Sharks Attack	Great White vs	When Sharks Attack	Great White vs	When Sharks Attack	
NGWLD	190	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	America's	America's	America's	America's	America's	America's	America's	America's	America's	America's	America's	
OUTD	396	Archer's	Addicted	Am. Archer	Buck.	Whitetail	Outdoors	Whitetail	Hunt	Major League Fishing Cups			Fishing	Jim Shock	McMillan	Live 2 Hunt	
OWN	189	Super Soul Sunday	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	20/20 on OWN	
OXYG	127	Snapped	Snapped	Snapped: Killer Couples	Snapped: Killer Couples	Snapped: Killer Couples	Snapped: Killer Couples	Snapped: Killer Couples	Snapped: Killer Couples	Snapped: Killer Couples	Snapped: Killer Couples	Snapped: Killer Couples	Snapped: Killer (N)	Exhumed-Killer	Exhumed-Killer	Exhumed-Killer	
PARMT	241	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	
POP	117	Scorpion (Part 1 of 2)	Scorpion (Part 2 of 2)	Scorpion	<i>Crazy Train</i>	Scorpion	<i>Area 51</i>	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Def Leppard: Story of	Their Songs	Skid Row: Breaking The	Motley Crue's Vince Neil: My Story	Motley Crue's Vince Neil: My Story	Motley Crue's Vince Neil: My Story	Motley Crue's Vince Neil: My Story	Motley Crue's Vince Neil: My Story	Motley Crue's Vince Neil: My Story	
RFDTV	231	Rancher	Rodeo	Equestrian	Horses	Horseman, Best Amer	Horse-West	FFA (N)	U.S. Farm Report	Gentle Gi. Jimmy	Midwest Country (N)	Church	Stuart	Church	Stuart	Church	
SCI	193	How It's Made	How It's Made	How It's Made	How It's Made	How It's Made	How It's Made	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	
SMITH	367	Aerial America	Mighty Cruise Ships	Disasters at Sea	Disasters at Sea	Disasters at Sea	Disasters at Sea	Disasters at Sea	Disasters at Sea	Disasters at Sea	Disasters at Sea	Disasters at Sea	Disasters at Sea	Disasters at Sea	Disasters at Sea	Disasters at Sea	
SONY	386	Comanche Moon			(03) Major Dundee ★★★ ('65, Western) <i>Charlton Heston</i>			(34) Mysterious Island ('61, Science Fiction)			Love-Bull.						
SUND-E	358	Monk	Silver Bullet ★★ ('85, Horror) <i>Gary Busey</i>	The Silence of the Lambs ('91, Suspense) <i>Jodie Foster</i>			Summer of Sam ★★ ('99, Drama) <i>John Alberto Leguizamo</i>										
SYFY	122	Dredd ('12, Action) <i>Karl Urban</i>	(33) Constantine ★★ ('05, Fantasy) <i>Keanu Reeves</i>	(07) Battleship ★★ ('12, Science Fiction) <i>Taylor Kitsch</i>			The Purge: Anarchy										
TBN	260	Jackson	In Touch	PowerPoint	Written	Gregory	Mazzapica	Dave and	Carpenter	Mother's Day	Youseff	Shook	Your Move	Joyce M.	Hagee Min	Robert	
TBS	139	Friends	Friends	Rampage ★★ ('18, Action) <i>Dwayne Johnson</i>	(15) San Andreas ★★ ('15, Action) <i>Dwayne Johnson</i>			(45) Central Intelligence ('16, Action) <i>Dwayne Johnson</i>									
TCM	132	Born to Dance ★★ ('36, Musical Comedy)			Gilda ★★ ('46, Romance) <i>Rita Hayworth</i>			Gidget ('59, Romance-Comedy)									
TLC	183	Welcome to Plathville	Welcome to Plathville	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	
TMC-W	329	Gunfight at Dry River ('21) 'NR'	Orange County ('02) 'PG-13'	The Djinn ('21, Horror) 'R'			(25) The Bling Ring ('13) 'R'			Flashdance ('83, Drama) 'R'			Go-Go's				
TNT	138	NCIS: New Orleans	Ocean's 8 ★★ ('18, Comedy) <i>Sandra Bullock</i>			The Mummy: Tomb of the Dragon Emperor ★★ ('08)			Avengers: Age of Ultron ★★ ('15, Action)								
TRU	242	101 Places	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	101 Places	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TRVL	196	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Fear the Woods	Alaskan Killer Bigfoot	
TVLND	106	Gold Girls	Gold Girls	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mom	Mom	
UP	188	Little House on Prairie	Little House on Prairie	Little House on Prairie	<i>The Goddister</i>	Planning on Forever ('22, Romance)			Undercover Angel ('17, Drama) <i>Shawn Roberts</i>								
USA	105	Hour	Fast Lane	Fast Lane	Fast Lane	NASCAR-Countdown	NASCAR Cup Series <i>Ambetter 301</i> (L)			NASCAR			Fast Lane	Fast Lane	Fast Lane		
WE	128	Law & Order <i>Missing</i>	Law & Order <i>Internet</i>	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order <i>Slaughter</i>	Law & Order <i>Dazzled</i>	Law & Order <i>Foul Play</i>	Law & Order <i>Foul Play</i>	Law & Order <i>Foul Play</i>	Law & Order <i>Foul Play</i>	Law & Order <i>Foul Play</i>	

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Prog.	Local Prog.	WNBA Basketball: Aces at Sun				MLS Soccer				Local Programs	Local Prog.	News	Funnist Home Videos		
CBS-E	Local Programs	FIA Formula E	Major League Fishing (N)			BIG3 Basketball <i>Week 5</i> (L)					Local Prog.	News	60 Minutes (N)			
CW-E	Local Programs			Local Programs												
FOX-E	Local Programs			Local Programs			NHRA Drag Racing <i>Dodge Power Brokers</i>							Mile-High Nationals (L)		Beat Shazam
NBC-E	2022 Open Championship <i>Final Round</i> (L)			Track and Field <i>World Athletics Championships</i> (L)			The Open Championship <i>Highlights</i> (N)			Local Prog.	News	Who Do You				
METV	247*	The Summer of Me <i>Sunday Block Party</i>														
ABC-W	Local Prog.	Local Prog.	WNBA Basketball: Aces at Sun				MLS Soccer				Local Programs	Local Programs				
CBS-W	Local Programs	FIA Formula E	Major League Fishing (N)			BIG3 Basketball <i>Week 5</i> (L)					Local Prog.	Local Programs				
CW-W	Local Programs			Local Programs												
FOX-W	Local Programs			Local Programs			NHRA Drag Racing <i>Dodge Power Brokers</i>							Mile-High Nationals (L)		Local Programs
NBC-W	2022 Open Championship <i>Final Round</i> (L)			Track and Field <i>World Athletics Championships</i> (L)			The Open Championship <i>Highlights</i> (N)			Local Prog.	Local Programs					
PBS	Dinosaur	Cyberchase	Contrary	The Green Planet	Austin City Limits	Chefs Life	Craft in America	NOVA	NOVA	Weekend	Wash	Antiques Roadshow				

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30																
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30																
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30																
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30																
PREMIUM MOVIES																																	
HBO	HBO-E 310	Last Night in Soho 'R		Westworld (N)			(:05) TBA		(:10:55) Westworld		(:11:50) TBA		(:45) Westworld		(:40) TBA		(:35) Colossal '16, Comedy' 'R'																
	HBO2 312	Westworld		The Grand Budapest Hotel '14			(:45) The Heartbreak Kid '07, Comedy' 'R'		(:45) After the Sunset ★★ '04		PG-13		(:25) Point Break '15		PG-13																		
	HBO3 314	The Best Man Holiday		The Stepford Wives '04			PG-13		(:35) The Lincoln Lawyer '11, Crime Drama' 'R'		(:35) Brothers by Blood '20		'R'		(:05) Nightmare Alley '21, Suspense' 'R'																		
	HBOF 315	Defending Your Life		(:8:52) Girl Most Likely '12			PG-13		(:36) Unfinished Song '12		PG-13		(:12:10) Moonrise Kingdom '12		(:43) Dune '21, Science Fiction		Timothée Chalamet 'PG-13'																
MAX	MAX 307	Spare Parts '15, Drama		George Lopez 'PG-13			(:9:55) Long Shot '19, Romance-Comedy' 'R'		News of the World '20, Western		PG-13		Catch a Fire '06, Drama		PG-13		Hearts																
	5MAX 308	The Wrestler '08		'R			Excess Baggage '97		PG-13		(:42) The Last Five Years '14, Musical		PG-13		(:17) Solaris ★★★ '02		PG-13		(:1:56) Cloverfield '08		PG-13		Set Up 'R'										
	MMAX 309	Reindeer Games '00		War ★★ '07, Action			Jet Li 'R'		(:44) War on Everyone '16, Comedy		'R'		(:23) 28 Days Later ★★★ '02, Horror		'R'		(:17) 28 Weeks Later '07		'R'														
SHOWTIME	SHO-E 318	We Hunt Together (N)		The Chi (N)			Supreme Team (N)		Flatbush		The Chi		Flatbush		Supreme Team		The Chi		We Hunt Together														
	SHO2 320	Lady Bird '17		'R			(:05) Spotlight '15, Drama		Mark Ruffalo 'R'		(:15) Fruitvale Station '13		'R'		(:45) We Hunt Together		Flatbush		Set It Off '96, Action		Jada Pinkett 'R'												
	SHOBET 321	Stir Crazy '80		'R			Richard Pryor: Omit the Logic 'R		Mid90s '18, Comedy-Drama		'R'		Flatbush		The Chi (N)		Tangerine '15, Comedy-Drama		'R'		Supreme Team												
	SHOX 322	Minority Report '02		The Terminator '84, Science Fiction			'R'		Braveheart ★★ ★★ '95, Historical Drama		Mel Gibson 'R'		The Survivorist '21, Action		'R'		Badger																
	SHOS 323	Mission: Impossible III '06, Action		PG-13			(:05) Team America: World Police		(:45) Ask the Dust ★★ '06, Romance		'R'		(:45) Skin '18, Biography		Jamie Bell 'R'		Contractor																
	TMC 327	Dating & New York '21		PG-13			(:35) Moonlight '16, Drama		Mahershala Ali 'R'		Columbus '17, Drama		'NR'		(:15) The Bronze ★★ '15, Comedy		'R'		A Perfect Man '12														
FLIX-E 333	August: Osage County '13		Meryl Streep 'R'			(:05) Mirror Mirror ★★ '12, Children's		PG		The Love Guru ★★ '08		PG-13		Fear of a Black Hat '93		'R'		Martin Lawrence Live															
STARZ	ENCR-E 340	Twins '88		PG			A.I.: Artificial Intelligence '01, Science Fiction		PG-13		(:29) Lawless ★★ '12, Crime Drama		'R'		(:29) Sicario: Day of the Soldado '18		'R'		The Abyss														
	STARZ-E 350	Becoming Elizabeth (N)		Becoming Elizabeth			(:02) Spider-Man: No Way Home '21, Action		PG-13		(:35) Becoming Elizabeth '37		Iron Man 3 '13, Action		Robert Downey Jr. 'PG-13'																		
	STRZED 352	The Equalizer 2 ★★ '18, Action		'R'			(:05) The Craft: Legacy ★★ '20		(:42) Alien '79, Science Fiction		Tom Skerritt 'R'		(:43) Colombiana ★★ '11, Action		PG-13		The Climb																
	STRZCI 353	Adore 'R		(:28) For No Good Reason '12			'R'		Fear and Loathing in Las Vegas '98		'R'		(:12:02) Workhorse Queen '21		'NR'		(:32) A Boy. A Girl. A Dream. '18		Broken Hearts														
	STRZCO 354	Man Up '15, Romance-Comedy		'R'			(:31) Puff, Puff, Pass '06		'R'		(:08) Bad Parents '12		'NR'		(:44) Spanglish '04, Comedy-Drama		Adam Sandler 'PG-13'		Telemarketer														
	STRZIB 355	Misfits '24		Underclassman '05			PG-13		Here Today '21, Comedy-Drama		PG-13		Escape Room: Tournament		(:33) Motives 2: Retribution '07		The Bone Collector 'R'																
STRZKF 356	Osmosis Jones ★★ '01		PG			Far From Home: Yellow Dog		(:10:59) Bigger Fatter Liar '17		PG		(:35) Open Season 3 '10		PG		(:1:51) Searching for Bobby Fischer		Capture															
EPIX	EPIX 380	No Time to Die '21		Women Who Rock (N)			Bridge		Women Who Rock		Bridge		Women Who Rock		No Time to Die ★★ ★★ '21, Action		Daniel Craig																
	EPIX2 381	Women Who Rock		Women Who Rock (N)			Bridge		A Quiet Place Part II '21, Horror		Hansel & Gretel: Witch Hunters		(:40) Spell ★★ '20, Horror		(:15) True Grit '69																		
	EPIXH 382	Sonic the Hedgehog 2 ★★ ★★ '22, Comedy		(:05) Love and Monsters ★★ ★★ '20, Fantasy			(:11:55) Star Trek Into Darkness '13		Chris Pine		(:10) Clifford the Big Red Dog '21, Children's																						
	EPIXDR 292	Lincoln ★★ ★★ '12, Historical Drama		Daniel Day-Lewis			Gandhi ★★ ★★ '82, Biography		Ben Kingsley, Candice Bergen		(:45) Serpico ★★ ★★ '73, Crime Drama		Al Pacino																				
AMERICA'S TOP PROGRAMMING																																	
A&E 118	Biography: WWE Legends Goldberg (N)			WWE Rivals (N)			WWE		WWE's		(:12:03) Biography: WWE Legends Goldberg		(:04) WWE Rivals		WWE		WWE's																
AHC 195	Hitler (Part 4 of 6)			World War II in Color			WWII: Witness to War		Hitler (Part 1 of 6)		Hitler (Part 4 of 6)		World War II in Color		WWII: Witness to War		Hitler (Part 1 of 6)																
AMC 131	Jaws 2 '78, Suspense		Dark Winds (N)			(:9:57) 1917 ★★ ★★ '19, War		George MacKay		(:42) Mad Max: Fury Road ★★ ★★ '15, Action		Tom Hardy		Call Saul																			
APL 184	Louisiana Law (N)			Lone Star Law			Lone Star Law		Louisiana Law		Lone Star Law		Lone Star Law		Lone Star Law																		
AXSTV 167	Wahlburgers (N)		Wahlburgers (N)			Wahlburgers		AXS TV Concerts		Legends		Rock Legends		Rock Legends Prince		Legends		Best-'70s		Best-'70s													
BBCA 135	Rocky V		(:45) Rocky Balboa ★★ ★★ '06, Drama			Sylvester Stallone		Rocky ★★ ★★ '76, Drama		Sylvester Stallone, Talia Shire		Rocky II ★★ ★★ '79, Drama		Sylvester Stallone, Talia Shire																			
BET 124	Best of Enemies ★★ ★★ '15, Documentary			Brooke Gladstone			Martin		Martin		Martin		Martin		Martin		Martin		Martin														
BOUNCE 359	Johnson (N)		Johnson			Welcome Home Roscoe Jenkins '08, Comedy		Johnson		Johnson		Nothing to Lose ★★ '97, Comedy-Drama		Southpaw '15, Drama		Jake Gyllenhaal																	
BRAVO 129	Housewives-Atlanta			Married to Medicine (N)			Watch		Housewives-Atlanta		Married to Medicine		Real Housewives		Housewives of Dubai		Southern Charm		Watch														
BUZZR 245	Password		Password			Match		Match		Body Lang.		Body Lang.		Password		Password		Match		Match		Body Lang.		Body Lang.		Tattletales		Tattletales		My Line?		My Line?	
CIHD 249	Jacked		Jacked			Jacked		Jacked		Manhunters		Manhunters		Manhunters		Manhunters		Manhunters		Manhunters		Manhunters		Manhunters		Manhunters		Manhunters					
CMT 166	Movie		Movie			Movie		Movie		Last Man		Last Man		Last Man		Last Man		Last Man		Last Man		Last Man		Last Man		Last Man							
CNBC 208	Shark Tank			Shark Tank			Shark Tank		Shark Tank		Undercover Boss		Undercover		Paid Programs		American Greed																
CNN 200	CNN Newsroom			CNN Special Program			CNN Special Program		State of the Union With		CNN Special Program		CNN Special Program		CNN Newsroom Live (N)		CNN Newsroom Live (N)																
COM 107	Dodgeball '04, Comedy		Vince Vaughn			Wedding Crashers '05, Comedy		Owen Wilson		South Park		South Park		South Park		South Park		South Park		South Park		South Park		South Park									
COMET 289	Farscape		Farscape			Farscape		Meltdown		Farscape		Farscape (Part 1 of 2)		Farscape (Part 2 of 2)		Farscape		Paid Programs															
COOK 113	Carn Eats		Carn Eats			Carn Eats		Carn Eats		Best Thing		Best Thing		Best Thing		Best Thing		Best Thing		Best Thing		Best Thing		Best Thing		Best Thing		Best Thing					
DISC 182	Naked and Afraid			Naked and Afraid			Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid																
DFC 179	Extreme Makeover		Extreme Makeover			Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Ultimate Cake Off															
DISN-E 172	Descendants 2: Emojified '17, Children's			Jessie			Jessie		Bunk'd		Big City		Jessie		Raven		Liv-Mad.		Austin														
ENCR-W 341	(:10) Boys on the Side '95, Comedy-Drama		'R'			(:10) Twins ★★ ★★ '88, Comedy		PG		A.I.: Artificial Intelligence '01, Science Fiction		PG-13		(:29) Lawless '12, Crime Drama		'R'																	
EWESTN 342	Rawhide '51, Western		'NR'			(:28) Rooster Cogburn ★★ '75, Western		PG		(:17) The Shepherd of the Hills		(:12:56) Warlock ★★ ★★ '59, Western		'NR'		The Ballad of Josie																	
EACTN 343	Best of the Best ★ '89		PG-13			(:40) Game of Death ★ '78, Adventure		PG		(:23) The Grandmaster '13		(:15) Commando ★★ '85, Action		'R'		(:2:48) End of Days '99																	
ESUSP 344	The Dead Girl '06		'R'			Kiss of Death ★★ ★★ '95		'R'		(:43) You're Next '11, Horror		Sharni Vinson 'R'		(:21) The Score ★★ ★★ '01, Suspense		'R'		(:28) The Entity '82, Horror		'R'													
EBLACK 345	(:06) City of Lies ★★ '18, Crime Drama		'R'			Boyz n the Hood ★★ ★★ '91, Drama		'R'		(:11:55) Grown Ups 2 '13		PG-13		(:40) Meeting Evil ★★ '11		'R'		(:12) Never Back Down															
ECLASS 346	Legends of the Fall: The Cider House Rules '99, Drama			PG-13			(:08) Men of Honor '00, Biography		Robert De Niro 'R'		(:20) 3 Days to Kill ★★ '14, Action		PG-13		Aftershock																		
EFAMILY 347	Cinderella '15, Children's		Cate Blanchett 'PG'			(:9:47) Fairy Tale: A True Story '97		(:26) Heidi '05, Children's		'NR'		(:11) Agent Cody Banks 2: Destination London		By Dawn's Early Light																			
ESPN 140	Ⓢ MLB Baseball			Teams TBA (L)			SportsCenter (L)		SportsCenter		SportsCenter		SportsCenter		SportsCenter																		
ESPN2 143	NBA Summer League Basketball		UFC			International Champions Cup Soccer		30 for 30		Streetball		Streetball		Streetball		Streetball		30 for 30															
EWTN 261	Sun. Mass Catholics		Life/Rock			Rosary		A Wolf in Sheep's Clothing		Catholic		Sunday Mass		Charbel '09, Drama		Elie Mitri, Julia Kassar		Defend Life															
FETV 82	Perry Mason		Perry Mason			Emergency!		Emergency!		The Mouse		B. Miller		B. Miller		Maude		Maude		Bewitched		Bewitched		Beaver		Beaver							
FMC 387	Harriet Craig '50, Drama		Joan Crawford			Affair in Trinidad '52, Drama		Rita Hayworth		Indiscretion		(:15) Street Scene '31, Drama		Sylvia Sydney		Indiscretion ★★ '31																	
FNC 205	Life, Liberty & Levin (N)		The Next Revolution			Sunday Night		Life, Liberty & Levin		The Next Revolution		Sunday Night		FOX News Sunday		The Next Revolution																	
FOOD 110	Guy's Grocery Games		Food Truck Race			Beachside Brawl (N)		Supermarket Stakeout		Food Truck Race		Beachside Brawl		Supermarket Stakeout		Guy's Grocery Games																	
FREFM 180	The Incredibles '04		(:8:50) Monsters University ★★ ★★ '13, Children's			(:20) Instant Family '18, Comedy-Drama		Mark Wahlberg		Paid Programs																							
F51 150	Ⓢ MLS FC Cincinnati at Columbus Crew (L)		PBA Bowling Strike Derby			PBA Bowling All-Star Clash		MLS Soccer FC Cincinnati at Columbus Crew																									

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Fate of the Furious ('17, Action) <i>Vin Diesel</i>				Fast & Furious Presents: Hobbs & Shaw ('19, Action) <i>Dwayne Johnson</i>				Better	Better	Better	FXM Pres.	Paid Programs					
FXM	384	The Martian ('15, Science Fiction) <i>Matt Damon</i> 'PG-13'				The Martian ★★☆☆ ('15, Science Fiction) <i>Matt Damon</i> 'PG-13'				(25) Nerve ★★☆☆ ('16, Suspense)	'PG-13'			Hem					
FXM	125	Burgers	Burgers	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Futurama	Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer			
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		The Rockford Files		The Rockford Files		Kojak		Kojak		Hart to Hart		Hart to Hart			
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest			
GOLF	401	PGA Golf				2022 Open Championship <i>Final Round</i>								PGA Golf					
GRIT	217	Stagecoach ('86, Western) <i>Willie Nelson</i>				Dragoon Wells Massacre ★★ ('57, Western)				The Way West ★★ ('67, Western) <i>Kirk Douglas, Robert Mitchum</i>				Paid Programs					
HALL	185	Crown for Christmas ('15, Romance)				Switched for Christmas ('17, Drama)				Gold Girls		Gold Girls		Frasier		Frasier			
HALLDR	186	Little House on Prairie		Little House on the Prairie		The Last Farewell		The Last Farewell		The Waltons		The Waltons		The Waltons		The Waltons			
HALLMV	187	Monk		Cut, Color, Murder ('22, Mystery) <i>Julie Gonzalo</i>		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk			
HDMOV	130	Doc ('71, Western)		The Long Riders ('80)		Red River ★★☆☆ ('48, Western) <i>John Wayne</i>		Once Upon a Time in the West ('69, Western) <i>Henry Fonda</i>											
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch <i>Face of Fear</i>		House <i>Painless</i>		House <i>Big Baby</i>			
HGTV	112	Renovation Island		Battle on the Beach (N)		Beach		Beach		Battle on the Beach		Beach		Beach		Renovation Island			
HIST	120	Booze, Bets and Sex		Colosseum (N)		History's		History's		(103) Colosseum		(12:03) Colosseum		(103) Colosseum		History's			
ID	192	Evil Lives Here		American Monster (N)		Evil Lives Here		On the Case, Zahn		American Monster		Evil Lives Here		On the Case, Zahn		Evil Lives Here			
IFC	133	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	3's Comp.	3's Comp.	3's Comp.	3's Comp.			
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Hates Chris	Hates Chris	Paid Programs			
LIFE	108	Lies My Sister Told Me ('22, Drama)				(103) Psycho Sister-in-Law ('20, Suspense)				(12:01) Lies My Sister Told Me ('22, Drama)				(104) Psycho Sister-in-Law ('20, Suspense)					
LMN	109	Danger Next Door ('21, Suspense) <i>Jake Epstein</i>				Waking Up to Danger ('21, Suspense)				(12:01) Danger Next Door ('21, Suspense)				Waking Up to Danger ('21, Suspense)					
MAGN	111	Family	Family	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Family	Family	Bizarre	Bizarre	Bizarre	Bizarre	Family			
MGMHD	385	A Kiss Before Dying ★★☆☆ ('56, Suspense)				(105) Secret Admirer ★★ ('85, Comedy)				(12:15) Summer Lovers ('82, Romance) <i>Peter Gallagher</i>				(25) Wild Orchid ('89, Drama)					
MOTOR	246	Wheeler Dealers				Wheeler Dealers				Wheeler Dealers				Wheeler Dealers					
MSNBC	209	The Mehdi Hasan Show (L)		Ayman (L)		Voices-Alicia Menendez		The Mehdi Hasan Show		Ayman		Dateline		Dateline <i>Into the Night</i>					
NATGEO	197	Jaws vs. Boats (N)		Wicked Tuna		Wicked Tuna		Jaws vs. Boats		Wicked Tuna		Wicked Tuna		When Sharks Attack		Great White vs			
NGWLD	190	Secrets of the Zoo		Secrets of the Zoo		Secrets-Zoo		Secrets of the Zoo		Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Paid Programs			
OUTD	396	Crush	Hunt	Outdoors	Bone Coll.	Buck.	Hunting	Driven	Addicted	Nugent	Drop Zone	McMillan	Live 2 Hunt	Crush	Wardens	Outdoors			
OWN	189	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN			
OXYG	127	Snapped: Killer Couples		Snapped: Killer Couples		Exhumed-Killer		Exhumed-Killer		Murdered by Morning		Murdered by Morning		Murdered by Morning		Dateline			
PARMT	241	Movie	Movie	Movie				Movie				The Office							
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		48 Hours		48 Hours			
REELZ	299	Motley Crue: Story of Their Songs (N)				Poison: Story				Motley Crue: Story of Their Songs				Poison: Story		Celebrity			
RFDTV	231	Wild	Wild	The Rural Americans		FarmHer		Agribusiness		Farm Mon.		Gentle Gi.		Pulling		Classic Tractor Fever			
SCI	193	The Real Planet of the Apes				MythBusters				MythBusters				The Real Planet of the Apes					
SMITH	367	How Did, Build That?		Mighty Cruise Ships		Mighty Trains		America in Color		How Did, Build That?		Mighty Cruise Ships		Mighty Trains		Secrets			
SONY	386	Love and Bullets ★★☆☆ ('79)		(24) Hard Times ('75, Drama)		(11) Love and Bullets ('79, Crime Drama)		(12:58) Hard Times ('75, Drama)		(38) Private Lessons ('81, Comedy)									
SUND-E	358	Do the Right Thing ★★☆☆ ('89, Drama) <i>Danny Aiello</i>				(45) Crooklyn ★★☆☆ ('94, Drama) <i>Alfre Woodard</i>				(15) The Silence of the Lambs ('91, Suspense) <i>Jodie Foster</i>				(45) TBA					
SYFY	122	The Purge: Anarchy ('14, Action)				Peppermint ★★ ('18, Action) <i>Jennifer Garner</i>				(45) Hellboy II: The Golden Army ★★☆☆ ('08, Action) <i>Ron Perlman</i>				(21) Dante's Peak ('97, Action)					
TBN	260	Joel Osteen	David	Huckabee		Metaxas		Creflo		Drive Thru History		Praise (N)		Jordan	Robert	Savior			
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Central Intelligence ★★☆☆ ('16, Action)				(15) Rampage ★★☆☆ ('18, Action) <i>Dwayne Johnson</i>		Gridiron					
TCM	132	Million Dollar Legs				(15) Gold Diggers of 1937 (36) <i>Dick Powell</i>				Three Chees		Desert Nights ('29)		(15) Something New ('20)		Summer With Monika ('52)			
TLC	183	90 Day Fiancé (N)				I Love a Mama's Boy (N)				90 Day Fiancé (N)		90 Day Fiancé		I Love a Mama's Boy		90 Day Fiancé			
TMC-W	329	The Go-Go's ('20) 'NR'				(15) Gloria Bell ('18, Romance-Comedy) 'R'				Dating & New York ('21) 'PG-13'				(35) Moonlight ('16, Drama) <i>Mahershala Ali</i> 'R'				Columbus ('17, Drama) 'NR'	
TNT	138	Avengers: Age				Animal Kingdom (N)				Animal Kingdom				The Taking of Pelham 123 ('09, Action)				Sully ★★☆☆ ('16, Drama) <i>Tom Hanks</i>	
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	101 Places	Imp. Jokers	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	World's Dumbest ...		World's Dumbest ...			
TRVL	196	Alaskan Killer Bigfoot		Alaskan Killer Bigfoot		Alaskan Killer Bigfoot (N)		The Mothman Sightings		Alaskan Killer Bigfoot		Alaskan Killer Bigfoot		Alaskan Killer Bigfoot		The Mothman Sightings			
TVLND	106	Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Roseanne			
UP	188	Love, Fashion, Repeat				Blueprint to the Heart ('20, Romance-Comedy)				Love, Fashion, Repeat ('21, Romance)				It Had to Be You ('15, Romance-Comedy)					
USA	105	Track and Field				World Championships (L)				Law & Order: SVU				Law & Order: SVU					
WE	128	Law & Order		Law & Order		Law & Order		Patriot		Law & Order		Law & Order		Law & Order		Monk			

LOCAL NETWORKS

ABC-E	Celebrity Family Feud (N)				The Final Straw (N)				The \$100,000 Pyramid (N)				Local Programs				ABC World News Now (N)							
CBS-E	Big Brother				The Equalizer				NCIS: Los Angeles				Local Programs				CBS Overnight News (N)							
CW-E	Riverdale (N)				Penn & Teller: Fool Us				Local Programs															
FOX-E	Simpsons		The-North		Burgers		Family Guy		Local Prog.		Local Prog.		Local Programs											
NBC-E	America's Got Talent				Track & Field				Local Programs								Dateline NBC		Early Tdy					
MEVTV	247*	Perry Mason: Case of Musical Murder				Ed Sullivan		C. Burnett		Van Dyke		Van Dyke		Honeymn.		Twi. Zone		Alfred Hitchcock Hour						
ABC-W	Local Programs				News				Funnest Home Videos				Celebrity Family Feud (N)		The Final Straw (N)		The \$100,000 Pyramid (N)		Local Programs					
CBS-W	Local Programs				News				60 Minutes (N)				Big Brother		The Equalizer		NCIS: Los Angeles		Local Programs					
CW-W	Local Programs												Riverdale (N)		Penn & Teller: Fool Us				Local Programs					
FOX-W	Local Programs				Beat Shazam				Simpsons		The-North		Burgers		Family Guy		Local Prog.		Local Prog.		Local Programs			
NBC-W	Local Prog.		News		Local Programs				Who Do You				America's Got Talent				Track & Field							
PBS	Hotel Portofino (N)				Grantchester				Cobra (N)				Austin City Limits		Hotel Portofino		Grantchester		Cobra		Great American			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E 310	◀Colossal (25) Snitch ★★★ (13, Crime Drama) 'PG-13'	(18) West Side Story (21, Musical) Ansel Elgort 'PG-13'	(8:55) The X-Files (98, Science Fiction) 'PG-13'	X-Files: Believe	
	HBO2 312	◀Point Brk (20) Capote (05, Biography) 'R'	(15) The Freshman ★★★ (90, Comedy) 'PG'	Game of Thrones	(8:55) Game of Thrones (9:53) Game of Thrones Thrones Thrones	
	HBO3 314	◀Night (40) The Holiday ★★★ (06, Romance-Comedy) 'PG-13'	Overboard (18, Romance-Comedy) 'PG-13'	(8:55) Tyler Perry's Why Did I Get Married? (10:55) Last Night (10)		
HBOF 315	◀Dune (21) (19) Little Monsters (89) 'PG'	K'garden Happily Curious Crashbox	Dr. Dolittle	(14) Space Jam: A New Legacy (21) 'PG'	(10) Zoom (06) 'PG'	
MAX	MAX 307	◀Hearts in Atlantis (01) 'PG-13'	(25) Shutter (08, Horror) 'PG-13'	(6:50) Transformers (07, Action) 'PG-13'	(15) Unbroken (14, Biography) Jack O'Connell 'PG-13'	Red Eye
	5MAX 308	◀Set Up (11) 'R'	(4:46) Blood Sport (89, Mystery) 'R'	(19) Employee of the Month (06) (08) Waiting to Exhale ★★★ (95) 'R'	(12) 47 Ronin ★★ (13, Adventure) 'PG-13'	
	MMAX 309	◀Deep Impact ★★ (98, Drama) 'PG-13'	Henry Poole Is Here (08) 'PG'	(39) Chasing Papi (03) 'PG'	Johnny English Strikes Again (29) The Forgotten (04) 'PG-13'	
SHOWTIME	SHO-E 318	◀Crank ★★★ (06, Action) 'R'	Glory (89, War) Matthew Broderick 'R'	(45) Selma (14, Historical Drama) David Oyelowo 'PG-13'	Birthmarked (18, Comedy) 'NR'	ParentHD
	SHO2 320	(05) Road Trip (00, Comedy) 'R'	(40) Hands Up (21) 'NR'	(05) Before I Fall (17) 'PG-13'	(45) Midnight Sun ★ (18, Romance) 'PG-13'	(20) Ingrid Goes West (17) 'R'
	SHOBET 321	◀Small City (21) 'NR'	(15) A Most Violent Year ★★★ (14, Crime Drama) 'R'	Fast and Furious: Death Race (20) Teddy Pendergrass: If You Don't (45) Miles Ahead ★★★ (16) 'R'		
	SHOX 322	◀American Badger (19) Ladybugs (92, Comedy) 'PG-13'	Hard Eight (96, Drama) 'R'	(15) Old Henry (21, Western) Scott Haze 'NR'	Stealth ★★ (05, Action) Josh Lucas 'PG-13'	
	SHOS 323	◀The Contractor (22, Action) 'R'	Moon Manor (21) 'NR'	(10) Indiana Jones and the Last Crusade (89) 'PG-13'	Indiana Jones and Crystal Skull	Indiana
	TMC 327	◀Perf Man (35) The Go-Go's (20) 'NR'	(15) The Tuxedo ★ (02, Comedy) 'PG-13'	Letters to Juliet ★★ (10, Drama) 'PG'	(9:55) Violet (21, Drama) 'R'	Equals
FLIX-E 333	◀Martin L (45) Step Up Revolution (12, Drama) 'PG-13'	(25) Flashdance (83, Drama) 'R'	Stir Crazy (80, Comedy) Gene Wilder 'R'	(9:55) Down to Earth (01) 'PG-13'	The Jerk	
STARZ	ENCR-E 340	◀The Abyss (89, Science Fiction) 'PG-13'	(5:59) All Square (18) 'NR'	(40) Loser ★★ (00, Romance-Comedy) 'PG-13'	(19) The Last Vermeer (19, Drama) 'R'	Lawless
	STARZ-E 350	◀Adopt a Highway (19) 'NR'	(16) Homefront (13, Action) 'R'	The Bay of Silence (20) 'NR'	(38) Mr. Deeds ★ (02, Comedy) 'PG-13'	(18) Misbehaviour (20) 'NR'
	STRZED 352	◀The Climb (19) 'R'	(14) Ghostbusters: Afterlife ★★ (21, Comedy) 'PG-13'	(20) Oz the Great and Powerful (13) 'PG'	Venom: Let There Be Carnage (Spider-Man 2)	
	STRZCI 353	◀Broken Hearts (4:55) Neverwas ★★ (05) 'PG-13'	(40) Idlewild (06, Drama) André Benjamin 'R'	(43) Fear and Loathing in Las Vegas (98) 'R'	(44) The Broken Hearts Gallery	
	STRZCO 354	◀Telemark (28) Held Up (00, Comedy) 'PG-13'	(5:59) Bustin' Loose (81) 'R'	(34) Spanglish (04, Comedy-Drama) Adam Sandler 'PG-13'	(9:48) Good Kids (16, Comedy) 'R'	Dear God
	STRZIB 355	◀The Bone Collector 'R'	(10) The Adventures of Pluto Nash ★ (02) (6:47) Kingdom Come (01) 'PG'	(25) Naked Singularity (21) 'R'	Tyler Perry's the Family That Preys (08)	
STRZKF 356	◀Capture the Flag (15) 'PG'	(19) Elephant Kingdom (16) 'PG'	Pit Pony Pit Pony (7:49) Flicka (06, Children's) 'PG'	(25) Searching for Bobby Fischer (93) 'PG'	Open Sn	
EPIX	EPIX 380	(15) Wuthering Heights (03) (45) The Machinist ★★★ (04, Suspense) The Space Between (21) (10) Robot & Frank (12) (40) Jungleland (19, Drama)				
	EPIX2 381	◀True Grit ★★★ (69, Western) (25) Punk (Part 1 of 4) (25) Election ★★★ (99, Comedy) (10) Case 39 (09, Horror) Renée Zellweger				Flesh and Bone (93, Suspense) Dennis Quaid
	EPIXH 382	◀Sabrina (95, Romance-Comedy) Harrison Ford Mommy ★★★ (14, Drama) Anne Dorval (20) Young Sherlock Holmes (85) (10) Sonic the Hedgehog 2 (22, Comedy)				
	EPIXDR 292	◀Bugsy ★★★ (91, Biography) Warren Beatty (20) 52 Pick-Up (86, Crime Drama) (15) Lincoln (12, Historical Drama) Daniel Day-Lewis (45) Gandhi (82, Biography)				

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs				Joyce M.	Storage	Storage	Storage	Storage	Storage	Road Wars	WWE's Most Wanted	WWE's Most Wanted	
AHC 195	WWII: Witness to War Hitler's Complex				The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	The Civil War: Brothers	
AMC 131	◀Call Saul (37) Dark Winds		Stooges		Paid Programs			Stooges (45) 1917 ★★★ (19, War) George MacKay						
APL 184	Lone Star Law		Lone Star Law		Dogs 101		Secret Life-Zoo		The Zoo		Crikey! It's the Irwins	Dr. Jeff: RMV	Dr. Jeff: RMV	
AXSTV 167	Paid Programs						Music	Music	Live From Daryl's House	Rock	Rock	Alanis Morissette		
BBCA 135	Rocky IV ★★ (85, Drama) Sylvester Stallone		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next			
BET 124	Browns Browns		Browns Browns		Payne Payne		Martin Martin		Martin Martin		black-ish black-ish		Live Single Live Single	
BOUNCE 359	◀Southpaw (15) The Real		Wendy Williams Show		Nick Cannon		Injury Ct. Injury Ct.		Court Court		Court Court		Paternity Paternity	
BRAVO 129	Kelly Clarkson		Paid Programs		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck	
BUZZR 245	Blockbust	Blockbust	Press Luck	Press Luck	Paid Programs		Prince		Tell Truth	My Line?	Sale of Sweep	Body Lang. Blockbust	Match-Squares	
CIHD 249	Jacked	Jacked	Jacked	Jacked: Auto Theft Task Force	Bail Out, Bail Out		American Justice		American Justice		Nightwatch		Nightwatch	
CMT 166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Roseanne Roseanne	Roseanne Roseanne	Roseanne Roseanne	
CNBC 208	Street Signs (L)		Worldwide Exchange (L)		Squawk Box (L)		Squawk on the Street (L)		Squawk on the Street (L)		TechCheck (L)		TechCheck (L)	
CNN 200	CNN Newsroom Live (N)		Early Start w/Romans		New Day With		New Day With		New Day With		CNN Newsroom		CNN Newsroom	
COM 107	South Park South Park		Paid Programs		Cleveland Cleveland		Cleveland Cleveland		Cleveland Cleveland		South Park South Park		South Park South Park	
COMET 289	Paid Programs								Squirm ★★ (76, Horror) Don Scardino		Journey-Center			
COOK 113	Paid Programs				PizzaMast PizzaMast		Brunch at Brunch at		Brunch at Brunch at		Burgers Burgers		Burgers Burgers	
DISC 182	Bad Chad Customs		Bad Chad Customs		Street Outlaws: America's List				Fast N' Loud		Fast N' Loud		Fast N' Loud	
DFC 179	BathCrash	BathCrash	Puppies	Puppies	Monsters	Monsters	Pac-Man	Transform.	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony
DISN-E 172	Austin	Bunk'd	Bunk'd	Ladybug	Sofia	Sofia	Bluey	Bluey	Puppy Pals	Puppy Pals	Bluey	Puppy Pals	Puppy Pals	Bluey
ENCR-W 341	◀Lawless (29) Sicario: Day of the Soldado (18) 'R'		(35) The Abyss (89, Science Fiction) Ed Harris 'PG-13'		(8:59) All Square (18) 'NR'		(40) Loser (00) Jason Biggs 'PG-13'							
EWESTN 342	◀Balladjo (43) Rawhide (51, Western) 'NR'		(12) Winchester '73 (50, Western) 'NR'		(7:46) Smoky (46) 'NR'		(15) Frenchie (51, Western) 'NR'		(37) Rooster Cogburn (75) 'PG'					
EACTN 343	◀End of Days (99) 'R' (4:53) Gangs of New York (02, Historical Drama) 'R'		(41) Stander (03, Drama) Thomas Jane 'R'		(35) End of Days ★ (99, Horror) 'R'		Phoenix							
ESUSP 344	◀The Entity (36) The Amityville Horror (05) 'R' (08) The Frighteners ★★★ (96, Fantasy) 'R' (02) The Trust (16) 'R'		(37) Suicide Kings (97, Crime Drama) 'R'		The Entity									
EBLACK 345	◀Never Back Down (08) Battle of the Year (13, Drama) 'PG-13'		Senseless ★★ (98, Comedy) 'R' (37) Meeting Evil ★ (11) 'R'		Deuce Bigalow: European Gigolo		Battle							
ECLASS 346	◀After Earth ★ (13) (03) The Cider House Rules (99) 'PG-13'		(12) Prelude to a Kiss (92, Fantasy) 'PG-13'		Moulin Rouge ★★★ (01, Musical) 'PG-13'		(12) Paul (11) 'R'							
EFAMILY 347	◀By Dawns (41) Little Manhattan (05) 'PG'		(14) Agent F.O.X. (14) 'G'		(44) Agent Cody Banks (03, Children's) 'PG'		Agent Cody Banks 2: London (11) Hook (91) 'PG'							
ESPN 140	SportsCenter		SportsCenter		SportsCenter (L)		Get Up (L)		Get Up (L)		First Take (L)			
ESPN2 143	E60		Keyshawn, JWill and Max (L)		SportsCenter (L)		SportsCenter (L)		Get Up		UEFA			
EWTN 261	Metanoia	Sunday	Bookmark	Catholic	Christ	Chesterton	St. Michael	Rosary	Daily Mass (L)	Holy	Sunday	Religious	Mother Angelica Live	Eucharistic
FETV 82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	McCoys	McCoys	Wagon Train	Wagon Train	Hazel	Hazel	Beaver	
FMC 387	◀Indiscreet Three Word Brand (21, Western)		The Last of the Mohicans (36, Adventure)		Harriet Craig (50, Drama) Joan Crawford		Affair in Trinidad (52, Drama) Rita Hayworth							
FNC 205	FOX & Friends First (N)		FOX & Friends First (N)		FOX & Friends (L)		America's Newsroom (L)		The Faulkner Focus (L)					
FOOD 110	Paid Programs				Trisha's Trisha's		Trisha's Trisha's		The Kitchen		The Kitchen			
FREFM 180	Paid Programs				black-ish black-ish		black-ish black-ish		The 700 Club		700 Club The Middle The Middle The Middle			
F51 150	AVP Pro Beach Volleyball Tour		NHRA		NHRA Drag Racing Dodge Power Brokers Mile-High Nationals		Skip and Shannon: Undisputed (L)							

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs					Mom	Mom	Flatliners ★ (‘17, Suspense) <i>Ellen Page, Diego Luna</i>				Truth or Dare ★ (‘18, Horror)					
FXM	384	Hemingway's Adventures of a Young Man					Quintet (‘79, Science Fiction) <i>Paul Newman</i> ‘R’		Von Ryan's Express ★★ (‘65, War) ‘NR’				In Like Flint (‘67, Action) <i>James Coburn</i> ‘NR’					
FXN	125	Paid Programs					War for the Planet of the Apes (‘17, Science Fiction) <i>Andy Serkis</i>				The Darkest Minds ★★ (‘18, Science Fiction)							
GETTV	373	Fantasy Island		Fantasy Island		Inspiration Ministries		Elevation	Prince	Les Feldick/Paid Prog.		Good Time/Good Time		Good Time/Good Time		Hart to Hart		
GMSHW	116	Paid Programs					Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America				
GOLF	401	PGA Golf					Live From The Open		2022 Open Championship <i>Final Round</i>									
GRIT	217	Paid Programs					Laramie		Sitting Bull ★★ (‘54, Western) <i>Dale Robertson</i>				The Hanging Tree ★★ (‘59, Western) <i>Gary Cooper</i>					
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Reunited at Christmas (‘18, Drama)				
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock The Cover Girl		Matlock The Biker		
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder				
HDMOV	130	Paid Programs					Doc ★★ (‘71, Western) <i>Stacy Keach</i>				(9:50) Denver & Rio Grande (‘52)		Avenge					
HERIC	293	House		The District <i>Bloodlines</i>		Maverick		Wanted ...	Wanted ...	Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne		
HGTV	112	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Ugliest	Ugliest	
HIST	120	Paid Programs					Amazing	Jeremiah	Modern Marvels		Modern Marvels		Modern Marvels		Modern Marvels		Modern Marvels	
ID	192	Fear Thy Neighbor		Fear Thy Neighbor		Fear Thy Neighbor		Love, Honor, Betray		Love, Honor, Betray		Love, Honor, Betray		Forbidden-Dying		Forbidden-Dying		
IFC	133	3's Comp. 3's Comp.		3's Comp. 3's Comp.		Gilligan		Gilligan	Gilligan	Gilligan	Gilligan	Parks	Parks	Parks	Parks	Parks	Parks	
LAFF	237	Paid Programs					Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court
LIFE	108	Paid Programs					Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy	
LMN	109	Paid Programs					Stalked at 17 (‘12, Suspense) <i>Taylor Spreitzer</i>				A Party Gone Wrong (‘21, Suspense)		Party From Hell (‘21, Suspense) <i>April Matucci</i>					
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Stone	Stone	Stone	Stone	Stone	Stone	Restoration Road- Clint		Restoration Road- Clint		
MGMHD	385	Wild Orch		MGM	Studio	MGM	MGM HD Showcase	(‘05) The Russians Are Coming! The Russians Are Coming! (‘66)				(9:50) La cage aux folles (‘78, Comedy)						
MOTOR	246	Garage Squad		Garage Squad		Full Custom Garage		Junkyard Empire		FantomWorks		Speed Is the New Black		Speed Is the New Black		Speed Is the New Black		
MSNBC	209	The Mehdi Hasan Show		Way Too Early		Morning Joe (L)		Morning Joe (L)		Morning Joe (L)		Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)		
NATGEO	197	Shocking Sharks		Secret-Bullshrk.		Paid Programs		Paid Programs		When Sharks Attack		When Sharks Attack		When Sharks Attack		When Sharks Attack		
NGWLD	190	Paid Programs					Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers	
OUTD	396	Buck.	Hunting	Archer's	Addicted	Uncharted		Hunt Adv	Outdoors	Whitetail	Heartland	Wild Ops		The Flush		Jim Shock		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		
OXYG	127	Dateline		Dateline		TBA		TBA		TBA		TBA		TBA		TBA		
PARMT	241	Paid Programs					Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
POP	117	48 Hours		48 Hours		Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER <i>Split Second</i>		ER		ER <i>Vanishing Act</i>		
REELZ	299	Paid Programs					Celebrity Arrests		Charlie Sheen: Fame and Scandal				John Gotti: What		Whitey Bulger		Pablo Escobar	
RFDTV	231	Paid Programs					Pulling	Agribusiness	Jeremiah	Rural News/AgDay	Market Day Report (L)							
SCI	193	MythBusters		MythBusters		Unexplained Files		Unexplained Files		Universe Works		Universe Works		Conspiracies Decoded		Conspiracies Decoded		
SMITH	367	Leg Pharaohs		Leg Pharaohs		Aerial America		Aerial America		Aerial America		Aerial America		Secrets		Secrets		
SONY	386	(‘12) The Deep ★★ (‘77, Adventure) <i>Jacqueline Bisset</i>					The Legend of the Lone Ranger			Planet	(‘21) The Golden Voyage of Sinbad (‘73)			(‘21) First Men in the Moon (‘64)				
SUND-E	358	TBA					Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Law Order: CI		Law Order: CI		Law Order: CI	
SYFY	122	Dante's	Twi. Zone	Twi. Zone	Magical	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Twi. Zone	Dredd ★★ (‘12, Action) <i>Karl Urban</i>		Dante's			
TBN	260	Rubin	Behind	Jackson	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen	
TBS	139	Gridiron Gang (‘06, Crime Drama) <i>The Rock</i>					Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends
TCM	132	(‘15) What Have I Done to Deserve This? (‘84)					(‘15) Ship Ahoy ★★ (‘42, Musical Comedy)			Whistling in Dixie (‘42, Comedy)		I Dood It (‘43, Musical Comedy)		(‘15) Lovely to Look At				
TLC	183	Fat Fabulous		Fat Fabulous		Little People, Big World		Little People, Big World		Dr. Pimple Popper		90 Day Diaries		90 Day Diaries		90 Day Diaries		
TMC-W	329	(‘15) The Bronze ★★ (‘15, Comedy) ‘R’					A Perfect Man (‘12, Romance) ‘R’ (‘35) The Go-Go's (‘20) ‘NR’			(‘15) The Tuxedo ★★ (‘02, Comedy) ‘PG-13’		Letters to Juliet (‘10)						
TNT	138	Charmed		Charmed		Charmed		Charmed <i>Spin City</i>		Charmed		Charmed		Supernatural		Supernatural		
TRU	242	Paid Programs					Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers/Imp. Jokers		Carbonaro/Carbonaro		Carbonaro/Carbonaro		Carbonaro/Carbonaro	
TRVL	196	Paid Programs					Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown		Beyond the Unknown	
TVLND	106	Roseanne	Roseanne	Goldbergs	Goldbergs	Paid Programs					M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza	
UP	188	Paid Programs					Heartland <i>Never Let Go</i>		Heartland		Heartland <i>Passages</i>		Little House on Prairie		Little House on Prairie		Little House on Prairie	
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS <i>Bury Your Dead</i>		NCIS <i>Family</i>		NCIS <i>Ex-File</i>		Track and Field <i>World Athletics Championships</i> Day 4, morning session. (L)		Track and Field <i>World Athletics Championships</i> Day 4, morning session. (L)		Track and Field <i>World Athletics Championships</i> Day 4, morning session. (L)		
WE	128	Mama June- Not to Hot		Paid Programs					Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)				
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right (N)				
CW-E	Local Programs					Local Programs					Local Programs				Local Programs					
FOX-E	Local Programs					Local Programs					Local Programs				Local Programs					
NBC-E	Local Programs					Local Programs					Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	Peter Gunn	Peter Gunn	Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me		Beaver	Beaver	Perry Mason		Matlock <i>The Heiress</i>		In the Heat of Night				
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)							
CBS-W	Local Programs		CBS Overnight News (N)				News		News	News	News	News	CBS Mornings (N)							
CW-W	Local Programs					Local Programs					Local Programs				Local Programs					
FOX-W	Local Programs					Local Programs					Local Programs				Local Programs					
NBC-W	Local Programs		Dateline NBC		Early Tdy	Local Programs				Local Programs				Today (N)						
PBS	Anthems	Antiques	Finding Your Roots		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious				

	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E	310	XX Files (:45) TBA	(1:50) Little Miss Sunshine ('06) 'R'	(3:5) That Awkward Moment ('14)	(10) TBA	(10) Westworld	(0:5) The Card Counter
	HBO2	312	Thrones (:38) Game of Thrones (:32) Game of Thrones Game of Thrones (27) Game of Thrones (:18) Game of Thrones We Are (:05) Irma Vep (:05) TBA					
HBO3	314	Last Night Godzilla vs. Kong ('21, Science Fiction) 'PG-13'	(2:5) Young Adult ★★ ('11) 'R'	TBA	(0:5) Judas and the Black Messiah ('21) 'R'	(1:5) TBA		
HBOF	315	Zoom ('06) Adventures of Sharkboy (:12) The Wild Thornberys Movie (:38) The Secret Life of Walter Mitty ('13) 'PG'	(3:2) The Accidental Spy ('01)	Alvin-Chipmknk				
MAX	MAX	307	Red Eye ('05) 'PG-13'	Oblivion ★★ ('13, Science Fiction) 'PG-13'	(0:5) Aftermath ('17, Suspense) 'R'	(4:0) Boy Erased ★★ ('18, Biography) 'R'	(3:5) Cloverfield ('08) 'PG-13'	
	5MAX	308	(1:1) Lars and the Real Girl ('07) 'PG-13'	(1:58) Let Him Go ('20, Suspense) Diane Lane 'R'	(3:52) Vanilla Sky ('01, Suspense) Tom Cruise 'R'	(0:9) The Aviator ('04, Biography) 'PG-13'		
	MMAX	309	I Am Number Four ★★ ('11, Action) 'PG-13'	(1:50) Win Win ★★ ('11) 'R'	(3:6) First Blood ('82, Action) 'R'	(1:0) Biker Boyz ★ ('03, Action) 'PG-13'	Riddick ('13) 'R'	
SHOWTIME	SHO-E	318	Parenthood ★★ ('89) 'PG-13'	(3:5) Black Sheep ('96) 'PG-13'	Bill & Ted's Excellent Adventure Cypress Hill: Insane in the Brain	Set It Off ('96, Action) Jada Pinkett 'R'		
	SHO2	320	Florence Foster Jenkins ★★ ('16) 'PG-13'	Gloria ('89, War) Matthew Broderick 'R'	(0:5) Mission: Impossible III ('06, Action) 'PG-13'	(1:5) Windtalkers ('02, War) Nicolas Cage 'R'		
	SHOBET	321	Miles The Cuban ('19, Drama) Louis Gossett Jr. 'NR'	Save the Last Dance 2 ★★ ('06)	(0:5) A Thin Line Between Love and Hate ('96)	Snipes ★★ ('01, Suspense) Sam Jones III 'R'		
	SHOX	322	Ida Red ('21, Crime Drama) Josh Hartnett 'R'	Immortals ('11, Adventure) Henry Cavill 'R'	The Green Knight ('21, Fantasy) Dev Patel 'R'	(1:0) The Mexican ('01, Comedy-Drama) 'R'		
	SHOS	323	Indiana Jones and the Indiana Jones and the Temple of Doom ('84)	Indiana Jones and the Last Crusade ('89)	Indiana Jones and Crystal Skull	Spotlights		
	TMC	327	Equals ('15) 'PG-13'	(1:5) Hereditary ★★ ('18, Horror) Toni Collette 'R'	(2:5) Unearth ('20, Horror) 'NR'	The Kill Team ('19, War) 'R'	Texas Rangers ★ ('01) 'PG-13'	
FLIX-E	333	The Jerk ('79) 'R'	Road Trip ★★ ('00, Comedy) 'R'	(3:5) Blue Caprice ★★ ('13) 'R'	(1:5) Double Impact ★★ ('91, Action) 'R'	(1:5) Dirty Pretty Things ('02, Crime Drama) 'R'		
STARZ	ENCR-E	340	Lawless ('12, Crime Drama) 'R'	(2:1) The Pink Panther ('63, Comedy) 'NR'	(2:0) A Shot in the Dark ('64) 'PG'	(0:6) The Pink Panther Strikes Again ('76) 'PG'	(6:53) Julie & Julia	
	STARZ-E	350	(0:9) Becoming Elizabeth (:11) Elysium ★★ ('13, Science Fiction) 'R'	(0:4) National Security ('03) 'PG-13'	(3:6) Mr. Deeds ★ ('02, Comedy) 'PG-13'	(1:6) Homefront ('13, Action) 'R'		
	STRZED	352	The Amazing Spider-Man 2 ('14) (:36) Ghostbusters: Afterlife ('21) 'PG-13'	(4:2) The Climb ('19, Comedy-Drama) 'R'	(2:2) Colombiana ('11) 'PG-13'	(1:3) The Iron Lady		
	STRZCI	353	Broken (:35) Captain Fantastic ('16, Comedy-Drama) 'R'	(3:7) Adore ★★ ('13, Drama) Robin Wright 'R'	(3:1) The Seagull ('18) 'PG-13'	(1:2) Idlewild ('06, Drama) André Benjamin 'R'		
	STRZCO	354	Dear God ('96) 'PG'	(1:5) Date Movie ★ ('06) 'PG-13'	(4:0) Bustin' Loose ('81, Comedy) 'R'	(1:5) Kinky Boots ('05, Comedy-Drama) 'PG-13'	(0:5) Dear God ('96, Comedy) Greg Kinnear 'PG'	
	STRZIB	355	Jingle All the Way ('96) 'PG'	(2:6) Rebound ('05, Children's) 'PG'	(2:55) The Soloist ★★ ('09, Drama) 'PG-13'	(4:55) Hardwired ★ ('09) 'R'	(3:2) Motives 2: Retribution ('07)	
STRZKF	356	Open Sn Pit Pony	Sky Captain-World	(4:5) H Is for Happiness ('19) Emma Booth 'NR'	(2:5) Searching for Bobby Fischer ('93) 'PG'	(1:7) Elephant Kingdom ('16) 'PG'		
EPIX	EPIX	380	(1:0) Fire in the Sky ('93, Drama) D.B. Sweeney	Gunfight at the O.K. Corral ('57, Western)	(0:5) The Sum of All Fears ('02, Suspense)	(1:0) G.I. Joe: Retaliation ★★ ('13, Action)		
	EPIX2	381	(1:0) A Quiet Place Part II ('21, Horror)	Temptation: Confessions 0	(4:5) Blue Chips ('94, Drama) Nick Nolte	(3:5) The Doors ★★ ('91, Biography) Val Kilmer		
	EPIXH	382	(1:5) Love and Monsters ★★ ('20, Fantasy)	(0:5) Star Trek Into Darkness ('13, Science Fiction) 'PG'	(2:0) Elizabethtown ('05, Comedy-Drama)	(2:5) Midnight in Paris ('11)		
	EPIXDR	292	Gandhi ('82, Biography) Ben Kingsley	Serpico ('73, Crime Drama) Al Pacino	(1:5) The Fighting Temptations ★★ ('03, Comedy)	(2:0) Soapdish ('91, Comedy)		

AMERICA'S TOP PROGRAMMING

A&E	118	WWE's Most Wanted	Biography: WWE Legends	Biography: WWE Legends	WWE Rivals	Intervention	Intervention
AHC	195	Combat Countdown	Combat Countdown	Combat Countdown	Weaponology	World War II in Color	WWII: Witness to War
AMC	131	1917 ('19) Jaws ★★ ('75, Suspense) Roy Scheider, Robert Shaw	Jaws 2 ★★ ('78, Suspense) Roy Scheider, Lorraine Gary	Forrest Gump ('94, Comedy-Drama) Tom Hanks			
APL	184	Tanked	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Naked and Afraid	Naked and Afraid
AXSTV	167	Lindsey Buckingham	AXS TV Concerts	Sheryl Crow: Miles	LA Ink Pixie Moonlights	Ozzy & Jack's	Wahlburgers (N)
BBCA	135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Law & Order Encore	Law & Order Savior
BET	124	Celebrity Family Feud	Harriet ★★ ('19, Biography) Cynthia Erivo, Janelle Monáe	TBA	Tyler Perry's The Oval	The Family Business	
BOUNCE	359	Paternity	Paternity	Hot Bench/Hot Bench	In the Heat of Night	In the Heat of Night	Hardball ★ ('01, Drama) Keanu Reeves
BRAVO	129	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck
BUZZR	245	Match	Match	Concen.	Concen.	Password	Password
CIHD	249	Runaway	Runaway	Runaway	Runaway	Runaway Squad	Manhunters
CMT	166	Mike	Mike	Mike	Mike	King	King
CNBC	208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Closing Bell: Overtime (L)	Fast Money (L)
CNN	200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper
COM	107	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	Seinfeld	Seinfeld
COMET	289	Journey-Center	The People That Time Forgot ('77, Fantasy)	The Outer Limits	The Outer Limits	The Outer Limits	Farscape: The Peacekeeper Wars (Part 1 of 2)
COOK	113	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats
DISC	182	Fast N' Loud	Fast N' Loud	Fast N' Loud	Fast N' Loud	Fast N' Loud	Fast N' Loud
DFC	179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pony Life	LittlePony
DISN-E	172	Ladybug	Ladybug	Big City	Big City	Jessie	Jessie
ENCR-W	341	Loser ('00) (:19) The Last Vermeer ('19, Drama) 'R'	(2:1) Lawless ★★ ('12, Crime Drama) 'R'	(2:1) Lawless ★★ ('12, Crime Drama) 'R'	(2:1) Lawless ★★ ('12, Crime Drama) 'R'	(2:1) Lawless ★★ ('12, Crime Drama) 'R'	(2:1) Lawless ★★ ('12, Crime Drama) 'R'
EWESTN	342	Rooster (:26) Two Flags West ('50) 'NR'	The Deputy/Wanted ...	(2:54) Wagon Train	Laramie	Death Vall.	Fargo
EACTN	343	Phoenix ('98, Crime Drama) 'R'	(2:9) Gangs of New York ('02, Historical Drama) Leonardo DiCaprio 'R'	(2:0) Bandidas ★★ ('06) 'PG-13'	(5:55) End of Days ★ ('99, Horror) 'R'		
ESUSP	344	The Entity ★★ ('82, Horror) 'R'	(3:4) The Frighteners ★★ ('96, Fantasy) 'R'	(2:6) The Amityville Horror ('05) 'R'	(4:58) The Mortal Instruments: City of Bones (:11) Suicide Kings ('97)		
EBLACK	345	Battle of the Year ('13) 'PG-13'	(2:8) High School High ★★ ('96)	(2:56) Epic Movie ★ ('07) 'PG-13'	(2:3) Never Back Down ('08, Action) 'PG-13'	(1:9) Cry, the Beloved Country	
ECLASS	346	Paul ('11, Comedy) 'R'	(12:59) Snow White and the Huntsman ('12)	(0:9) Polish Wedding ('98) Lena Olin 'PG-13'	(4:58) Prelude to a Kiss ('92, Fantasy) 'PG-13'	(6:46) Paul ('11) 'R'	
EFAMILY	347	Hook ★★ ('91, Children's) 'PG'	(3:5) Buttons: A Christmas Tale	(0:5) Agent Cody Banks ('03, Children's) 'PG'	Agent Cody Banks 2: London ('03) Agent F.O.X. ('14) 'G'		
ESPN	140	SportsCenter (L)	SportsCenter (L)	This Just In (L)	NBA Today (L)	Baseball Tonight (L)	SportsCenter (L)
ESPN2	143	UEFA Women's EURO Iceland vs France (L)	SportsCenter	This Just In	Jalen	This Just In	NBA Today
EWTN	261	Daily Mass	Women of	At Home	Called to Communion	Chaplet	Rosary
FETV	82	Hillbillies	Hillbillies	Wagon Train	Rawhide The Last Order	Rawhide Mrs. Harmon	Perry Mason
FMC	387	Indiscretion	(1:5) Street Scene ('31, Drama) Sylvia Sidney	Indiscreet ('31, Romance-Comedy)	Three Word Brand ('21, Western)	Sagebrush Trail ('33)	West of the Divide
FNC	205	Outnumbered (L)	America Reports (L)	The Story With Martha	Your World W/ Cavuto	The Five (L)	Special Report
FOOD	110	The Kitchen	Food Paradise	Food Paradise	Chopped Poke Power	Chopped	Chopped
FREFM	180	The Middle	The Middle	The Middle	The Middle	Instant Family ('18, Comedy-Drama) Mark Wahlberg	Aladdin ★★ ('92, Children's)
F51	150	The Herd with Colin Cowherd (L)	Live at the All-Star Game (L)	2022 Copa América Femenina	USFL	USFL	

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Truth	Happy Death Day ('17, Horror) <i>Jessica Rothe</i>	Independence Day: Resurgence ★★ ('16, Science Fiction)	The Fate of the Furious ★★★ ('17, Action) <i>Vin Diesel</i>												
FXM	384	The Terrorists ('75, Suspense) 'PG'	Race With the Devil ('75) 'PG'	Nerve ('16, Suspense) <i>Emma Roberts</i> 'PG-13'	Superfly ★★ ('18, Suspense) 'R' ('15) Get Out ('17) 'R'												
FXM	125	Cleveland	Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons
GETTV	373	The Rockford Files	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Kojak	Kojak	Kojak	Kojak	Kojak	Kojak
GMSHW	116	Deal or No Deal	Match	Match	Catch 21	Catch 21	25 Words	25 Words	Common	Common	Chain Rea.	Chain Rea.	Puzzler	Puzzler	Puzzler	Puzzler	America
GOLF	401	Golf Today (L)	Golf Today				Golf Central (L)				PGA TOUR Classics		Golf Central	Golf	Golf Acad.		
GRIT	217	Death Vail.	Death Vail.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Tales of Wells Fargo	
HALL	185	Mingle All the Way ('18, Romance-Comedy)	The Christmas Cure ('17, Drama) <i>Brooke Nevlin</i>				Christmas in Evergreen: Bells Are Ringing				Christmas Sail ('21, Romance) <i>Katee Sackhoff</i>						
HALLDR	186	Matlock <i>The Broker</i>	Matlock <i>The Fighter</i>				The Waltons				The Waltons <i>The Flight</i>						
HALLMV	187	Diagnosis Murder	Diagnosis Murder				Monk				Monk						
HDMOV	130	Avenger the Crows: Loca	(25) Easy Money ('83, Comedy)				(15) Gerry ★★ ('02, Drama) <i>Casey Affleck</i>				(15) Lake Placid 2 ('07, Horror) <i>John Schneider</i> (6:55) The Deadly Bees						
HERIC	293	Nash Bridges	Nash Bridges				Nash Bridges <i>Man Hunt</i>				MacGyver <i>Runners</i>						
HGTV	112	Ugliest	Ugliest House				Fixer to Fabulous				Fixer to Fabulous						
HIST	120	Modern Marvels	Modern Marvels				Modern Marvels				Modern Marvels						
ID	192	Forbidden-Dying	Deadly Women				Deadly Women				Fear Thy Neighbor						
IFC	133	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Two Men	Two Men	
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.
LIFE	108	Grey's Anatomy	Grey's Anatomy				The First 48				The First 48						
LMN	109	Homecoming Revenge ('18, Suspense)	Homekilling Queen ('19, Suspense)				Psycho Prom Queen ('18, Suspense)				Killer Prom ('20, Suspense) <i>Yvonne Zima</i>						
MAGN	111	Restoration Road- Clint	Maine Cabin Masters				Maine Cabin Masters				Maine Cabin Masters						
MGMHD	385	Man of the West ('58, Western) <i>Gary Cooper</i>	(10) Men at Work ★★ ('90, Comedy) <i>Charlie Sheen</i>				(20) Ghost World ('01, Comedy-Drama) (45) Art School Confidential ('06)										
MOTOR	246	Speed Is the New Black	Speed Is the New Black				Speed Is the New Black				Junkyard Empire						
MSNBC	209	Andrea Mitchell Reports (L)	Chris Jansing Reports (L)				Katy Tur Reports (L)				Hallie Jackson Reports (L)						
NATGEO	197	Shark Attack	Shark vs Whale				Baby Sharks				Sharks That						
NGWLD	190	The Incredible Dr. Pol	The Incredible Dr. Pol				The Incredible Dr. Pol				The Incredible Dr. Pol						
OUTD	396	Jim Shockey's Shock Therapy	Lindsey				Hunt				The One						
OWN	189	Dr. Phil	Court				Court				Court						
OXYG	127	TBA	TBA				TBA				TBA						
PARMT	241	Bar Rescue <i>Still Bill</i>	Bar Rescue <i>Game Over</i>				Mom				Mom						
POP	117	ER <i>Masquerade</i>	ER <i>Stuck on You</i>				ER				House <i>Birthmarks</i>						
REELZ	299	Cops	Cops	Cops	Cops	Jail	Jail	Jail	Jail	Jail <i>Git'er</i>	Vegas	Cops	Cops	Cops	Cops	Cops Rel.	Cops Rel.
RFDTV	231	Market Day Report (L)	Cow Guy				FFA Today				Horses						
SCI	193	Strange Evidence	Strange Evidence				What on Earth?				What on Earth?						
SMITH	367	Air Disasters	Air Disasters				Air Disasters				Air Disasters						
SONY	386	First Men ('19) 20 Million Miles to Earth ('57)	It Came From Beneath the Sea				Betrayed (3:55) Seems Like Old Times ('80) <i>Chevy Chase</i>				(5:50) Striking Distance ★★ ('93) Grizzly						
SUND-E	358	Law Order: CI	Law Order: CI				Law Order: CI				Law Order: CI						
SYFY	122	Dante's Peak ('97, Action) <i>Pierce Brosnan</i>	(02) Hellboy II: The Golden Army ('08, Action) <i>Ron Perlman</i>				(40) The Purge: Anarchy ★★ ('14, Action) <i>Frank Grillo</i>				(05) Peppermint ('18)						
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club	David	S. Furtick	Mother's Day	New Seas	Jewish	The Potter's	Centerpoint		
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon		
TCM	132	Lovely to Look At ('52)	Ziegfeld Follies ('46, Musical) <i>William Powell</i>				Neptune's Daughter ★★★ ('49) (45) Three Little Words ★★★ ('50, Musical)				Texas Carnival ★★ ('51)						
TLC	183	My 600-Lb. Life <i>Seana's Story</i>	My 600-Lb. Life: Where Are They Now?				The Family Chantel				The Family Chantel						
TMC-W	329	Letters to Juliet ('10) (12:55) Violet ('21, Drama) 'R'	Equals ('15, Science Fiction) 'PG-13'				(15) Hereditary ★★ ('18, Horror) <i>Toni Collette</i> 'R'				(25) Unearth ('20, Horror) 'NR'						
TNT	138	Supernatural	Supernatural <i>Bloodlust</i>				Blade II ★★ ('02, Horror) <i>Wesley Snipes</i>				Blade: Trinity ★★ ('04, Horror) <i>Wesley Snipes</i>						
TRU	242	World's Dumbest ...	World's Dumbest ...				World's Dumbest ...				World's Dumbest ...						
TRVL	196	Beyond the Unknown	Beyond the Unknown				Beyond the Unknown				Beyond the Unknown						
TVLND	106	Gunsmoke	Gunsmoke				Gunsmoke				Gunsmoke						
UP	188	Little House on the Prairie <i>Dance With Me</i>	Gilmore Girls				Gilmore Girls				Gilmore Girls						
USA	105	Track	Chrisley	Chicago P.D.				Chicago P.D.				Chicago P.D.					
WE	128	Criminal Minds	Criminal Minds				Criminal Minds				Criminal Minds						

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs	GMA3-Need to Know	General Hospital (N)				Local Programs				Local Programs				News	Local Programs				
CBS-E	Local Prog.	Young & Restless	Bold				The Talk (N)				Let's Make a Deal				News	Local Programs				
CW-E	Local Programs	Local Programs				Local Programs				Local Programs				Local Programs						
FOX-E	Local Programs	Local Programs												Local Prog.						
NBC-E	Local Programs	Days of our Lives (N)				Local Programs				Local Programs				Local Prog./News	Local Programs					
METV	247*	The Waltons	Gunsmoke <i>The Bassops</i>				Bonanza				Rifeman				Wagon Train	Adam-12	Adam-12	The A-Team	M*A*S*H	M*A*S*H
ABC-W	Local Programs	The View (N)				Local Programs				GMA3-Need to Know				General Hospital (N)				Local Programs	Local Programs	
CBS-W	Local Programs	The Price Is Right (N)				Young & Restless				Local Prog./Bold				The Talk (N)				Let's Make a Deal	Local Programs	Local Programs
CW-W	Local Programs	Local Programs												Local Programs	Local Programs					
FOX-W	Local Programs	Local Programs												Local Prog.						
NBC-W	Today 3rd Hour (N)	Today-Hoda				Local Programs				Days of our Lives (N)				Local Programs						
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)					

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30									
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30									
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30									
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30									
PREMIUM MOVIES																									
HBO	HBO-E 310	The Card Counter 'R' Irma Vep (N)			Mind Over Murder (N) Irma Vep			Mind Over Murder			TBA			(1:55) The Counselor ★★ ('13, Suspense) 'R'											
	HBO2 312	Westworld (N)			(8:55) Ride Along ('14) 'PG-13'			(3:5) Private Parts ★★★ ('97, Biography) 'R'			(2:5) We're the Millers ('13) 'R'			(1:5) This Is Where I Leave You ★★ ('14) 'R'											
	HBO5 314	Lara Croft: Tomb Raider '01			(4:5) The Impossible ('12, Drama) 'PG-13'			(4:0) 2 Guns ('13, Action) <i>Denzel Washington</i> 'R'			Westworld (N)			(2:5) Brooklyn's Finest ('09) 'R'											
HBOF 315	Alvin (3:2) Jurassic Park ('93, Adventure) 'PG-13'			(3:3) I, Robot ('04, Science Fiction) 'PG-13'			(3:4) Across the Universe ★★★ ('07, Musical) 'PG-13'			(2:48) Dr. Dolittle 3															
MAX	MAX 307	Hollow Man ★★ ('00, Science Fiction) 'R'			(9:55) The Empty Man ★★ ('20, Horror) 'R'			(12:15) The Ruins ★★ ('08, Horror) 'R'			(1:47) Robin Hood ('10) 'PG-13'			Jennifer											
	5MAX 308	The Aviator ('04)			American Psycho ('00, Horror) 'R'			(4:2) Cold Pursuit ('19, Action) <i>Liam Neeson</i> 'R'			(4:1) The Snowman ★★ ('17, Suspense) 'R'			(4:1) Killing Gunther ('17) 'R'											
	MMAX 309	Riddick ('13) 'R'			Black Nativity ('13, Musical) 'PG-13'			(3:33) I'm Gonna Git You Sucka 'R'			Borat: Cultural Learnings			(2:6) Dirty Rotten Scoundrels ★★★ ('88) 'PG'			Take Me								
SHOWTIME	SHO-E 318	(0:5) The Chi			Supreme Team			Failure to Launch ('06) 'PG-13'			(4:0) The Chi			We Hunt Together			Flatbush			Bill & Ted's Excellent Adventure			Minority		
	SHO2 320	Windtalkers			We Hunt Together			Flatbush			The Chi			Supreme Team			The Contractor ('22, Action) 'R'			(4:5) Paycheck ('03, Science Fiction) 'PG-13'			Vehicle 19		
	SHOBET 321	Flatbush			A Haunted House ★★ ('13) 'R'			Robot Apocalypse ('21) 'NR'			New York Ninja ('21, Action) 'NR'			(0:5) Burn Mother...er, Burn! ('17)			(4:5) Sound of Violence ('21) 'NR'								
	SHOX 322	(1:5) Nacho Libre ('06, Comedy) <i>Jack Black</i> 'PG'			Boxing			Supreme Team (N)			Martin Lawrence Live: Runteldat			(4:5) Mad Max ('79, Action) 'R'											
	SHOS 323	Frankie and Johnny ('91) <i>Al Pacino</i> 'R'			Monday ('20, Romance) <i>Sebastian Stan</i> 'R'			Indiana Jones and the Raiders of the			Indiana Jones and the Temple of Doom ('84)														
TMC 327	13 Minutes ('21, Suspense) <i>Amy Smart</i> 'PG-13'			The Florida Project ★★★ ('17, Drama) 'R'			Holler ('20, Drama) 'R'			Pulp Fiction ('94, Crime Drama) <i>John Travolta</i> 'R'															
FLIX-E 333	The Other Boleyn Girl ★★★ ('08) 'PG-13'			Match Point ('05, Drama) <i>Scarlett Johansson</i> 'R'			(12:05) Barb Wire ('96, Action) 'R'			(4:5) Team America: World Police ('04) 'R'			Assault 13												
STARZ	ENCR-E 340	Julie & Julia ('09)			The Abyss ★★★ ('89, Science Fiction) <i>Ed Harris</i> 'PG-13'			(2:4) Empire Records ('95) 'PG-13'			(12:58) Rudy ('93, Drama) <i>Sean Astin</i> 'PG'			The Last Vermeer 'R'											
	STARZ-E 350	Measure of Revenge ('22) 'NR'			(3:6) Becoming Elizabeth			(3:8) National Security ('03) 'PG-13'			Becoming Elizabeth			(1:2) White House Down ★★ ('13, Action) 'PG-13'			Jarhead								
	STRZED 352	The Iron Lady ('11)			Ghostbusters: Afterlife ('21, Comedy) 'PG-13'			(0:6) Resident Evil: Welcome to Raccoon City			The Marine 4: Moving Target 'R'			Girlfriend			Girlfriend								
	STRZCI 353	(1:5) Neverwas ★★ ('05, Drama) 'PG-13'			Final Portrait ('17, Biography) 'R'			(3:33) Captain Fantastic ('16, Comedy-Drama) 'R'			Oscar Nominated Short Films 2020: Live Action			Stan Ollie											
	STRZCO 354	Spanglish ('04, Comedy-Drama) 'PG-13'			(1:4) Date Movie ★★ ('06) 'PG-13'			(3:9) Kinky Boots ('05, Comedy-Drama) 'PG-13'			Welcome Matt ('21) 'NR'			Riding in Cars											
STRZIB 355	(0:8) Tyler Perry's the Family That Preys ('08)			The Bone Collector ★★ ('99, Suspense) 'R'			(12:02) The Hurricane ('99, Drama) <i>Denzel Washington</i> 'R'			Trois 2: Pandora's Box ('02) 'R'															
STRZKF 356	Flicka ★★ ('06, Children's) 'PG'			(3:6) Flicka 2 ('10, Children's) 'PG'			(1:3) Sky Captain and the World of Tomorrow			American Tail: Night Monster			(1:9) Planet 51 ('09, Children's) 'PG'												
EPIX	EPIX 380	Bridge			War of the Worlds			War			(1:5) Skyfall ★★★ ('12, Action) <i>Daniel Craig, Judi Dench</i>			(4:0) Turbulence ★★ ('97, Suspense) <i>Ray Liotta</i>			(2:5) Norm of the North ★★ ('16)								
	EPIX2 381	Fight ★★★ ('12, Drama) <i>Denzel Washington</i>			(2:5) Fences ('16, Drama) <i>Denzel Washington</i>			(4:0) Leaving Las Vegas ★★★ ('95, Drama)			Bridge			(0:5) Women Who Rock											
	EPIXH 382	Mystic Pizza ('88) <i>Julia Roberts</i>			(4:5) (5:0) Days of Summer ★★ ('09)			(2:5) Breakfast at Tiffany's ★★ ('61)			(2:0) Midnight in Paris ('11)			(2:55) Labor Day ('13)											
	EPIXDR 292	The Brady Bunch Movie ('95)			A Very Brady Sequel ★★ ('96)			Mermaids ★★ ('90, Comedy-Drama) <i>Cher</i>			(12:55) Soapdish ('91, Comedy)			(3:5) In & Out ('97, Comedy)											
AMERICA'S TOP PROGRAMMING																									
A&E 118	Intervention			Intervention <i>Jordan</i> (N)			Digital Addiction (N)			Intervention			Intervention			Digital Addiction			Intervention						
AHC 195	World War II in Color			WWII in the Pacific			World War II in Color			WWII in the Pacific			World War II in Color			WWII in the Pacific			World War II in Color						
AMC 131	Forrest Gump ('94)			Better Call Saul (N)			(2:0) Better Call Saul			(4:0) Law Abiding Citizen ★ ('09, Suspense) <i>Jamie Foxx</i>			(1:0) Better Call Saul			Dark Wind									
APL 184	Naked and Afraid			Naked and Afraid			Zoltan the Wolfman (N)			Naked and Afraid			Naked and Afraid			Zoltan the Wolfman			Naked and Afraid						
AXSTV 167	Nothing but Trailers (N)			Double Impact ★★ ('91, Action) <i>Jean-Claude Van Damme</i>			Double Impact ★★ ('91, Action) <i>Jean-Claude Van Damme</i>			Nothing but Trailers			Legends			Legends									
BBCA 135	Law & Order: <i>Slave</i>			Law & Order			Law & Order: <i>Pro Se</i>			The Split (N)			(2:2) Robin Hood: Prince of Thieves ('91, Adventure) <i>Kevin Costner</i>			Running									
BET 124	Celebrity Family Feud			Tyler Perry's Meet the Browns ★★ ('08, Comedy-Drama) <i>Tyler Perry</i>			Martin			Martin			Martin			Martin			Husbands						
BOUNCE 359	Above the Law ('88, Action) <i>Steven Seagal</i>			Unleashed ★★ ('05, Action) <i>Jet Li</i>			Out of Sight ★★ ('98, Crime Drama) <i>George Clooney</i>			In the Heat of Night			Johnson												
BRAVO 129	Below Deck			Below Deck Down			Watch			(4:5) Below Deck Mediterranean			Married to Medicine			Below Deck			Watch						
BUZZR 245	Concentration: <i>Password</i>			Sweep			Card			Match-Squares			Concentration: <i>Password</i>			Sweep			Card			Match-Squares			
CIHD 249	The Big House			The Big House			The Big House			The Big House <i>Auburn</i>			The Big House			The Big House			The Big House <i>Auburn</i>						
CMT 166	Mike			Mike			Mike			Mike			Gold Girls			Gold Girls			Gold Girls						
CNBC 208	Shark Tank			Shark Tank			Shark Tank			Shark Tank			Shepard Smith			American Greed			Dateline <i>The Sting</i>			Dateline <i>The Target</i>			
CNN 200	Anderson Cooper 360 (L)			CNN Tonight (L)			Don Lemon Tonight (L)			Don Lemon Tonight (L)			Anderson Cooper 360			CNN Tonight			Don Lemon Tonight						
COM 107	The Office			The Office			The Office			The Office			Daily Show			Seinfeld			Seinfeld						
COMET 289	Buffy, Vampire Slayer			The X-Files <i>Chinga</i>			The X-Files <i>Kill Switch</i>			The X-Files <i>Bad Blood</i>			The X-Files (Part 1 of 2)			Quantum Leap			Quantum Leap			Paid Programs			
COOK 113	Delicious			Delicious			Zimmern			Zimmern			Delicious Destinations			Delicious			Delicious						
DISC 182	Street Outlaws: America's List (N)			Street Outlaws			Street Outlaws			Street Outlaws: America's List			Street Outlaws												
DFC 179	Extreme Makeover			Extreme Makeover			Extreme Makeover			Extreme Makeover			Extreme Makeover			Buddy's Bakery Rescue			Ultimate Cake Off						
DISN-E 172	Raven			Raven			Big City			Big City			Bunk'd			Bunk'd			Sydney						
ENCR-W 341	(0:6) The Pink Panther Strikes Again ('76) 'PG'			(9:53) Julie & Julia ('09) <i>Meryl Streep</i> 'PG-13'			The Abyss ★★ ('89, Science Fiction) <i>Ed Harris</i> 'PG-13'			(2:4) Empire Records ('95) 'PG-13'															
EWESTN 342	The Ballad of Josie (8:59)			The Nevanad ('50) 'NR'			(2:2) Franchie ('51) 'NR'			(4:4) The Return of Frank James ('40) 'NR'			(1:8) Ten Wanted Men			Cheyenne Takes Over			Virginian						
EACTN 343	Missing in Action ('84, War) 'R'			(4:4) Gangs of New York ('02, Historical Drama) <i>Leonardo DiCaprio</i> 'R'			(3:5) Haywire ('11, Action) 'R'			(1:0) Phoenix ('98, Crime Drama) <i>Ray Liotta</i> 'R'															
ESUSP 344	Suicide Kings ('97) 'R'			The Frighteners ★★ ('96, Fantasy) 'R'			(10:52) Pet Sematary Two ('92) 'R'			(3:6) People I Know ('02, Drama) <i>Al Pacino</i> 'R'			(1:8) Captain Phillips ('13) 'PG-13'												
EBLACK 345	(0:8) Battle of the Year ('13, Drama) 'PG-13'			Booby Call ('97, Comedy) 'R'			Deuce Bigalow: European Gigolo (12:50)			Stripped: Las Vegas			SEAL Team Six: Raid												
ECLASS 346	Paul ('11) (3:33) Idiocracy ('06, Comedy) 'R'			Rescue Me <i>Seven</i>			(1:1) Damages			Knocked Up ('07, Romance-Comedy) 'R'			(1:3) The Object of My Affection ('98) 'R'												
EFAMILY 347	Hook ★★ ('91, Children's) <i>Dustin Hoffman</i>			(2:3) Agent Cody Banks ('03) 'PG'			(12:07) Little Manhattan ('05) 'PG'			(3:9) Big ('88, Children's) <i>Tom Hanks</i> 'PG'			Cowgirls 2												
ESPN 140	Ⓢ 2022 Home Run Derby (L)			The Captain (L)			SportsCenter (L)			SportsCenter (L)			SportsCenter			SportsCenter									
ESPN2 143	Ⓢ 2022 Home Run Derby (L)			NBA Today			ESPN Documentaries			30 for 30 <i>Long Gone Summer</i>			ESPN Documentaries			2022 Home Run Derby									
EWTN 261	The Journey Home			News			Rosary			World Over Live			Battle			Women of			Daily Mass						
FETV 82	Perry Mason			Perry Mason			Emergency! <i>Back-Up</i>			Emergency! <i>905-Wild</i>			B. Miller			B. Miller			Maude			Maude			
FMC 387	Mackenna's Gold ★★ ('69, Western) <i>Gregory Peck</i>			(4:5) Sahara ('43, War) <i>Humphrey Bogart</i>			(4:5) Don Q, Son of Zorro ★★ ('25, Adventure) <i>Douglas Fairbanks</i>			Aesop's															
FNC 205	Tucker Carlson Tonight (L) <i>Hannity</i> (L)			The Ingraham Angle (L) <i>Guutfeld</i> (N)			Fox News at Night			Tucker Carlson Tonight			Hannity			The Ingraham Angle									
FOOD 110	Beat Bobby			Beat Bobby			BBQ USA			Beat Bobby			Beat Bobby			Beat Bobby									
FREFM 180	Finding Dory ('16)			Toy Story ('95, Children's) <i>Voices of Tom Hanks</i>			The 700 Club			Simpsons			Simpsons			Simpsons									
F51 150	2022 Copa América Femenina			Live at the All-Star Game			PBA Bowling <i>All-Star Clash</i>			Skip and Shannon: Undisputed			TMZ (N)												

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Fast & Furious Presents: Hobbs & Shaw ('19, Action) <i>Dwayne Johnson</i>					Independence Day: Resurgence ★★ ('16, Science Fiction)					Mom	Mom	Mom	Paid Programs		
FXM	384	Get Out ('17, Horror) 'R'		(25)	Get Out ('17, Horror) <i>Daniel Kaluuya</i> 'R'		(35)	Superfly ★★ ('18, Suspense) <i>Trevor Jackson</i> 'R'		(153)	Upgrade ★★★ ('18, Science Fiction) 'R'						
FXM	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Futurama	Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer	
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford	Sanford	Sanford	Catch 21
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided
GOLF	401	2022 Open Championship <i>Final Round</i>										Golf Central	Golf	Golf Acad.	Paid Programs		
GRIT	217	Jeremiah Johnson ★★★ ('72, Adventure) <i>Robert Redford</i>			The Hard Man ('57, Western) <i>Guy Madison</i>			Broken Lance ★★★ ('54, Western) <i>Spencer Tracy</i>			Paid Programs						
HALL	185	Christmas Made to Order ('18, Romance)			Christmas in Evergreen: Letters to Santa ('18)			Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier		
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		The Waltons		The Waltons		The Waltons		The Waltons			
HALLMV	187	Aurora Teagarden		Murder, She Baked <i>A Plum Pudding Mystery</i>		Murder, She Baked <i>A Plum Pudding Mystery</i>		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk	
HDMOV	130	DeadlyBee		Welcome to Macintosh ('08)		Recording in Progress		(15)	Find Your Groove ('20, Documentary)		Recording in Progress		(15)	Find Your Groove ('20, Documentary)			
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch <i>Hit and Run</i>		House <i>Unfaithful</i>		House <i>The Softer Side</i>	
HGTV	112	Great Giveback		Great Giveback		Home Town		Home Town		Great Giveback		Home Town		Home Town		Great Giveback	
HIST	120	Modern Marvels (N)		Modern Marvels (N)		The Fast	The Fast	(05) Modern Marvels	(12:03) Modern Marvels	(04) Modern Marvels	The Fast	The Fast	(05) Modern Marvels				
ID	192	People Magazine		People Magazine		Fear Thy Neighbor (N)		Murder in the		People Magazine		Fear Thy Neighbor		Murder in the		People Magazine	
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Hates Chris	Hates Chris	Paid Programs	
LIFE	108	The First 48		TextMeWhen		Phrogging: Hider		TextMeWhen		(12:01) The First 48	TextMeWhen		Phrogging: Hider		TextMeWhen		
LMN	109	A Gift of Murder ('22, Suspense) <i>Bailey Bass</i>		Psycho Party Planner ('20, Suspense)		Psycho Party Planner ('20, Suspense)		(12:01)	A Gift of Murder ('22, Suspense)		Psycho Party Planner ('20, Suspense)						
MAGN	111	Maine Cabin Masters		Maine Cabin Masters (N)		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters	
MGMHD	385	Art School Con		Saved! ('04, Comedy-Drama) <i>Jena Malone</i>		(05)	Pumpkin ★★ ('02, Comedy) <i>Christina Ricci</i>		(35)	The Adventures of Priscilla, Queen of the Desert							
MOTOR	246	Goblin Works Garage		Goblin Works Garage		Goblin Works Garage		Goblin Works Garage		Goblin Works Garage		Goblin Works Garage		Goblin Works Garage		Goblin Works Garage	
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word With		11th Hour		Rachel Maddow Show		The Last Word With		11th Hour		All In With Chris Hayes	
NATGEO	197	Shark Attack Files (N)		Shark Attack Files (N)		Biggest Hammerhead?		Shark Attack Files		Shark Attack Files		Biggest Hammerhead?		When Sharks Attack		When Sharks Attack	
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs	
OUTD	396	Das Boat	Fishmonger	Wicked Tuna		Fishing	WildFed	Das Boat	Fishmonger	Wicked Tuna		Fishing	WildFed	Das Boat	Fishmonger	Wicked Tuna	
OWN	189	Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime	
OXYG	127	TBA		TBA		TBA		TBA		TBA		TBA		TBA		TBA	
PARMT	241	Movie				Movie				Movie				The Office			
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		Scorpion <i>White Out</i>		Scorpion <i>Sun of a Gun</i>		Scorpion <i>Da Bomb</i>		Scorpion <i>Fractured</i>	
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Paid Programs	
RFDTV	231	Rural America Live		Rancher	Red Ste.	Rodeo	Horse-West	Jodi Clark	Rural News	Rural America Live		Rancher	Red Ste.	Paid Programs			
SCI	193	Unexplained Files		Unexplained Files		Unexplained Files		Unexplained Files		Unexplained Files		Unexplained Files		Unexplained Files		Unexplained Files	
SMITH	367	America's Hidden		America's Hidden		America's Hidden		8 Days That		America's Hidden		America's Hidden		America's Hidden		Inside Mighty Machines	
SONY	386	Into the Grizzly Maze ('14)		(25)	Red Water ('03, Suspense)		(13)	Into the Grizzly Maze ('14, Adventure)		(12:46)	Red Water ('03, Suspense)		Universal Soldier-Reckon				
SUND-E	358	NCIS		NCIS		NCIS		NCIS		NCIS		Columbo		(45) Columbo			
SYFY	122	Peppermint ★ ('18, Action)		(25)	Olympus Has Fallen ('13, Action) <i>Gerard Butler</i>		Face/Off ★★★ ('97, Action) <i>John Travolta, Nicolas Cage</i>		Face/Off ★★★ ('97, Action) <i>John Travolta, Nicolas Cage</i>		Face/Off ★★★ ('97, Action) <i>John Travolta, Nicolas Cage</i>		Twi. Zone		Twi. Zone		
TBN	260	Robert Morris:		Takeaway-Kirk		Grier	Centerpoint	Robert Morris:		Prince	Takeaway-Kirk		Jordan Rubin	Hannen	Mother's Day Special		
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American	American	ELEAGUE	American	Go-Big Show	Go-Big Show	Go-Big Show	Go-Big Show	Go-Big Show		
TCM	132	Tommy ★★ ('75, Musical) <i>Roger Daltrey</i>		Sid and Nancy ('86, Biography) <i>Gary Oldman</i>		The Harder They Come ★★ ('72, Drama)		Performance ('70, Crime Drama) <i>James Fox</i>		Performance ('70, Crime Drama) <i>James Fox</i>		Performance ('70, Crime Drama) <i>James Fox</i>					
TLC	183	The Family Chantel (N)		90 Day Diaries (N)		Seeking Sister Wife (N)		Welcome to Plathville		The Family Chantel		90 Day Diaries		Seeking Sister Wife		Welcome to Plathville	
TMC-W	329	The Kill Team ('19, War) 'R'		Texas Rangers ★ ('01) 'PG-13'		13 Minutes ('21, Suspense) <i>Amy Smart</i> 'PG-13'		The Florida Project ★★★ ('17, Drama) 'R'		Holler ('20, Drama) 'R'							
TNT	138	Captain Marvel ('19)		Rich & Shameless (N)		Rich & Shameless		Angel Has Fallen ★★ ('19, Action) <i>Gerard Butler</i>		Blade: Trinity ★★ ('04, Horror) <i>Wesley Snipes</i>							
TRU	242	Jokes	Jokes	Jokes	Jokes	Bad Boys ★★ ('95, Action) <i>Martin Lawrence</i>		Bad Boys ★★ ('95, Action) <i>Martin Lawrence</i>		Bad Boys ★★ ('95, Action) <i>Martin Lawrence</i>		101 Places		Jokes	Jokes	Jokes	
TRVL	196	Mysteries of the Unknown (N)				Mysteries of the Unknown				Mysteries of the Unknown				Mysteries of the Unknown			
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Mom	Mom	Mom	Mom
UP	188	Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Gilmore Girls		Gilmore Girls		Gilmore Girls		Paid Programs	
USA	105	WWE Monday Night RAW (L)						Miz & (N)	(31) Track and Field	World Athletics Championships Day 3.		Chrisley		Law & Order: SVU			
WE	128	Criminal Minds 200		Criminal Minds		Criminal Minds <i>Gabby</i>		Criminal Minds		Criminal Minds <i>Rabid</i>		Law Order: CI		Law Order: CI		Monk	

LOCAL NETWORKS

ABC-E	The Bachelorette (N)		Claim to Fame (N)		Local Prog.		(35) Jimmy Kimmel Live!	Nightline (N)	Local Programs		ABC World News Now (N)				
CBS-E	Neighbor	Bob Heart	NCIS		NCIS: Hawai'i		Local Prog.	Late Show-Colbert	James Corden	Local Prog.	CBS Overnight News (N)				
CW-E	Roswell, New Mexico (N)		In the Dark (N)		Local Programs										
FOX-E	Don't Forget the Lyrics! (N)		Beat Shazam (N)		Local Programs										
NBC-E	American Ninja Warrior (N)		Weakest Link		Local Prog.		Tonight Show-J. Fallon	Late Night-Seth Meyers	News	Top Story With	Early Tdy	Local Prog.			
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone	Hitchcock	Hitchcock	(05) Mannix	<i>Deja Vu</i>	(05) Cannon
ABC-W	Local Programs		News		Local Programs		The Bachelorette (N)		Claim to Fame (N)		Local Prog.		(35) Jimmy Kimmel Live!	Nightline (N)	
CBS-W	Local Prog.		News	Local Programs		Neighbor		Bob Heart	NCIS	NCIS: Hawai'i	Local Prog.	Late Show-Colbert	Corden		
CW-W	Local Programs		Roswell, New Mexico (N)		In the Dark (N)		Local Programs								
FOX-W	Local Programs		Don't Forget the Lyrics! (N)		Beat Shazam (N)		Local Programs								
NBC-W	Local Prog.		News	Local Programs		American Ninja Warrior (N)		Weakest Link		Local Prog.		Tonight Show-J. Fallon	Meyers		
PBS	Antiques Roadshow		Antiques Roadshow		POV (N)		Amanpour-Co		Antiques Roadshow		Antiques Roadshow		POV	Hotel Portofino	

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs					Mom	Mom	Mom	Truth or Dare ★ (18, Horror) <i>Lucy Hale</i>			Happy Death Day (17, Horror)					
FXM	384	Quintet (79, Science Fiction) <i>Paul Newman</i> 'R'				A Nice Little Bank			Snow White and the Three Stooges (61) 'PG' (20) State Fair (45, Musical) 'NR' (05) Carousel (56)									
FXN	125	Paid Programs					The Darkest Minds ★★ (18, Science Fiction)			Good Time (20, Action) <i>Megan Fox, Jessica Sutton</i>		Cleveland						
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries		Elevation	Prince	Les Feldick/Paid Prog.		Good Time	Good Time	Good Time	Good Time	Hart to Hart		
GMSHW	116	Paid Programs					Catch 21		Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America			
GOLF	401	Paid Programs		Golf Central		Golf Central		Golf Central		Golf Central		PGA Tour Golf <i>Barracuda Championship, Final Round</i>						
GRIT	217	Paid Programs					Laramie		The Night of the Grizzly (66, Western) <i>Clint Walker</i>			Guns of the Magnificent Seven ★★ (69, Western)						
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba As Is	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	The Christmas House (20, Romance)				
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Critic</i>		Matlock <i>The Parents</i>		
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder				
HDMOV	130	Paid Programs					The Wonderful Country ★★ (59, Western)			(9:50) Lake Placid 2 (07, Horror)		(25) Gerry						
HERIC	293	The District		The District <i>Rage</i>		Maverick		Wanted ...	Wanted ...	Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne		
HGTV	112	Home Town		Home Town		Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	
HIST	120	Paid Programs					Amazing	Jeremiah	TBA		TBA		TBA		TBA		TBA	
ID	192	Body Cam <i>Code 30</i>		Body Cam		Body Cam		Where Murder Lies		Where Murder Lies		Where Murder Lies		Relatively Evil		Relatively Evil		
IFC	133	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Parks	Parks	Parks	Parks	Parks	Parks	
LAFF	237	Paid Programs					Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court
LIFE	108	Paid Programs					Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy	
LMN	109	Paid Programs					A Teacher's Crime (08, Crime Drama)			Bad Tutor (18, Suspense) <i>Vanessa Marcil</i>			Dirty Teacher (13, Suspense) <i>Josie Davis</i>					
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	
MGMHD	385	Secret Admirer ★★ (85, Comedy)			Frontier Uprising (61, Western) (35) Peter's Friends ★★ (92, Comedy) <i>Kenneth Branagh</i>			(9:50) Born Romantic (00, Romance-Comedy)										
MOTOR	246	Garage Squad		Bitchin' Rides		Full Custom Garage		Junkyard Empire	FantomWorks	ToyMakerz		ToyMakerz						
MSNBC	209	Rachel Maddow Show		Way Too Early		Morning Joe (L)		Morning Joe (L)		Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)				
NATGEO	197	When Sharks Attack		When Sharks Attack		Paid Programs					Australia's Sh		Mega Hammerhead		Secret-Bullshrk.			
NGWLD	190	Paid Programs					The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol			
OUTD	396	Fishing	WildFed	Das Boat	Fishmonger	Backyard Ballistics		Wardens	Bone Coll.	Hunt Masters		Live 2 Hunt With						
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		
OXYG	127	TBA		TBA		Exhumed-Killer		Exhumed-Killer		Mark of a Serial Killer		Mark of a Serial Killer		Mark of a Serial Killer		An Unexpected Killer		
PARMT	241	Paid Programs					Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue			
POP	117	Goldbergs	Goldbergs	Goldbergs	Goldbergs	Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER <i>The Good Fight</i>		ER		ER <i>The Miracle Worker</i>		
REELZ	299	Paid Programs					Rebecca Schaeffer	Brooke Shields: Stalked	Jodie Foster: Stalked	CopyCat Killers <i>Rambo</i>	CopyCat Killers	CopyCat Killers	CopyCat Killers	CopyCat Killers	CopyCat Killers	CopyCat Killers	CopyCat Killers	
RFDTV	231	Paid Programs					Coop	Presleys'	Stuart	Jeremiah	Rural News/AgDay		Market Day Report (L)					
SCI	193	Unexplained Files		Unexplained Files		Unexplained Files		Unexplained Files		Universe Works		Universe Works		Conspiracies Decoded		Conspiracies Decoded		
SMITH	367	Inside Mighty Machines		Inside Mighty Machines		Aerial America		Aerial America		Aerial America		Aerial America		How Did- Build		Impossible Repairs		
SONY	386	Universal (25) The Experiment ★★ (10)			(08) Exit Speed (08, Suspense)		(45) Ultimate Justice (16, Action)		Betrayed (9:57) Major Dundee ★★ (65, Western)									
SUND-E	358	Columbo	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Law Order: CI		Law Order: CI		Law Order: CI		
SYFY	122	Paid Programs					Face Off		Face Off <i>Child's Play</i>		Face Off		Face Off		Face Off <i>Foreign Bodies</i> (02) Face/Off (97)			
TBN	260	Believe Boldly		Jackson	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen	
TBS	139	Go-Big Show		Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	
TCM	132	Jubilee ★★ (78, Fantasy) <i>Jenny Runacre</i>			ABBA: The Movie (78, Musical)			(45) The Mysterious Island (29, Science Fiction)		The Soldier and the Lady (37) Captain Nemo								
TLC	183	Fat Fabulous		Fat Fabulous		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Seeking Sister Wife		Seeking Sister Wife		Seeking Sister Wife		
TMC-W	329	Holler (20) Pulp Fiction (94, Crime Drama)		<i>John Travolta</i> 'R'		(05) Lola (20) Texas Rangers (01) 'PG-13'		Dirty Dancing: Havana Nights		Down to Earth ★ (01) 'PG-13'								
TNT	138	Cold Case <i>Colors</i>		Charmed <i>Witch Wars</i>		Charmed (Part 1 of 2)		Charmed (Part 2 of 2)		Charmed		Charmed		Supernatural		Supernatural		
TRU	242	Paid Programs					Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers		Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	
TRVL	196	Paid Programs					Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals			
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs					M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza			
UP	188	Paid Programs					Heartland		Heartland		Heartland		Little House on Prairie		Little House on Prairie		Little House on Prairie	
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		NCIS <i>Identity Crisis</i>		NCIS <i>Leap of Faith</i>		2022 Tour de France <i>Stage 16</i>		Medium-mountain stage. From Carcassonne to Foix. (N)						
WE	128	Mama June- Not to Hot		Paid Programs					Law & Order		Law & Order		<i>The Ring</i>					

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)					Local Programs					The View (N)		
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)					Local Programs					The Price Is Right (N)	
CW-E	Local Programs					Local Programs					Local Programs					Local Programs			
FOX-E	Local Programs					Local Programs					Local Programs					Local Programs			
NBC-E	Local Programs					Local Programs					Today (N)					Today 3rd Hour (N)		Today-Hoda	Local Programs
METV	247*	(05) Barnaby Jones	Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock <i>The Lemon</i>		In the Heat of Night				
ABC-W	Local Programs		ABC World News Now (N)			Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)							
CBS-W	Corden	Local Prog.	CBS Overnight News (N)					News	News	News	News	News	News	CBS Mornings (N)					
CW-W	Local Programs					Local Programs					Local Programs								
FOX-W	Local Programs					Local Programs					Local Programs								
NBC-W	Meyers	News	Top Story With		Early Tdy	Local Programs					Local Programs		Today (N)						
PBS	Grantchester		Cobra		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St./Pinkalicious				

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E 310	Next ('07, Science Fiction) 'PG-13'	(20) Supernova ★ ('00) 'PG-13'	(2:55) Pacific Rim ('13, Science Fiction) 'PG-13'	(:10) TBA	(:05) Mind Over Murder	(:10) Colossal ('16) 'R'
	HBO2 312	Thrones (:39) Game of Thrones	Game of Thrones	Thrones	(:15) Game of Thrones	(:06) Game of Thrones	(:15) TBA
	HBO3 314	Hard Rain (:40) Tenet ('20, Action) John David Washington 'PG-13'	(:15) Child 44 ★★ ('15, Mystery) Tom Hardy 'R'	(:35) F9 The Fast Saga ('21, Action) Vin Diesel 'PG-13'			
MAX	HBOF 315	Dolphin Tale ★★ ('11, Children's) 'PG'	(:14:47) Wiener Dog Internationals	(20) A Movie Tale ('15) 'PG'	(4:53) Hugo ('11, Adventure) Ben Kingsley 'PG'	Beet Movie ('07) 'PG'	
	MAX 307	The Good German 'R' (:12:57) Reservoir Dogs ('92) 'R'	(:38) Dragon Blade ('15, Action) Jackie Chan 'R'	(:22) How to Deal ('03) 'PG-13'	(:05) God's Not Dead ★★ ('14, Drama) 'PG'		
	5MAX 308	Shall We Dance? ('04) (:15) Le Divorce ('03, Romance-Comedy) 'PG-13'	(:13) Freaky ('20, Horror) Vince Vaughn 'R'	(4:58) Thelma & Louise ★★ ('91) 'R'	(:06) High Fidelity ('00)		
SHOWTIME	MMA 309	Murder in the First 'R' (:05) Inside Man ★★ ('06, Suspense) 'R'	(:14) The Core ★★ ('03, Action) Aaron Eckhart 'PG-13'	(:29) Bug ★★ ('06, Drama) 'R'	(:11) Voyagers ('21)		
	SHO-E 318	How to Lose a Guy in 10 Days A Ghost Story ('17, Drama) 'R'	Spotlights (20) The Green Knight ('21, Fantasy) 'R'	The Souvenir Part II ('21, Drama) 'R'	We Hunt		
	SHO2 320	Frankie and Johnny (:12:55) Sheryl ('22) 'NR'	Mojave ★★ ('15, Suspense) 'R'	Indiana Jones and the Raiders of the	Indiana Jones and the Temple of Doom ('84)		
STARZ	SHOBET 321	Step Up Revolution ('12) 'PG-13'	More Funny Women	Whitney: Can I Be Me ('17) 'NR'	(:15) Madeline's Madeline ('18, Drama) 'NR'		
	SHOX 322	Stillwater ★★ ('21, Drama) Matt Damon 'R'	The Contractor ('22, Action) 'R'	(:15) Broadcast Signal Intrusion ('21) 'NR'	Thank You for Your Service ('17, War) 'R'		
	SHOS 323	RoboCop ('87, Science Fiction) 'R'	Vox Lux ('18, Drama) Natalie Portman 'R'	(3:55) The Other Boleyn Girl ('08) 'PG-13'	(5:50) A Royal Night Out ('15) Elizabeth		
FLIX-E	TMC 327	Queen (:35) Another Girl ('21) 'NR'	(:10) No Man's Land ('21, Western) 'PG-13'	(:05) Run This Town ('19, Suspense) 'R'	(5:50) Cape Fear ★★ ('91, Suspense) 'R'		
	FLIX-E 333	Mission: Impossible III ('06, Action) Tom Cruise 'PG-13'	(:25) Mad Max ('79, Action) 'R'	Congo ★★ ('95, Action) Dylan Walsh 'PG-13'	Striptease ★★ ('96, Drama) Demi Moore 'R'		
	ENCR-E 340	A Time to Kill ('96) 'R' (:12:56) Long Weekend ('21) 'R'	(:31) Rudy ★★ ('93, Drama) Sean Astin 'PG'	(:29) Hope Floats ★ ('98, Romance) 'PG-13'	(:27) A Time to Kill ('96, Drama) 'R'		
STARZ	STARZ-E 350	It's Complicated ('09) (:07) The Father ★★ ('20, Drama) 'PG-13'	Becoming Elizabeth	(3:49) Scott Pilgrim vs. the World (:45) White House Down ★★ ('13, Action) 'PG-13'			
	STRZED 352	Pompeii ('14, Adventure) 'PG-13'	(:44) The Truth About Charlie ('02) 'PG-13'	(:36) Nine Days ('20, Fantasy) Winston Duke 'R'	(:36) Don't Breathe 2 ★★ ('21, Suspense) 'R'		
	STRZCI 353	Twilight ('98) 'R'	(:03) The Monuments Men ('14) 'PG-13'	(:04) The Truffle Hunters ('20) Ricki and the Flash ('15) 'PG-13'	Last Man Standing: Suge Knight		
EPIX	STRZCO 354	Riding Car (:33) The Secret of My Success ('87) 'PG-13'	(:27) Dave Chappelle's Block Party (:12) Baby Done ('20, Comedy) 'NR'	(5:46) Riding in Cars With Boys ('01) 'PG-13'			
	STRZIB 355	Monster Hunter ('20) 'PG-13'	(:19) Puff, Puff, Pass ('06) 'R'	(2:56) Fallen ★★ ('98, Suspense) 'R'	(:03) Leprechaun: Back 2 the Hood The House: Meet the Blacks 2		
	STRZKF 356	Carpool ('96) 'PG'	Adventures of Tom Thumb	American Tail: Treasure	The Land Before Time (4:57) Monkey Trouble ('94) 'PG'		
EPIX	EPIX 380	The Virgin Suicides (:12:55) Georgetown ('19)	(:35) 2 Days in the Valley ('96, Crime Drama)	(:20) Shaft ★★ ('00, Action)	The Saint ★★ ('97, Action) Val Kilmer		
	EPIX2 381	Fences ('16, Drama) Nick of Time ★★ ('95, Suspense)	The Conversation ★★ ('74, Suspense)	(:25) The Hunted ('03, Action)	Switchback ★★ ('97, Suspense) Dennis Quaid		
	EPIXH 382	Mystic (:25) (500) Days of Summer ('09) (:05) She's Out of My League ★★ ('10)	(:3:50) Hamburger Hill ('87, War)	(:40) We Were Soldiers ★★ ('02, War) Mel Gibson			
EPIXDR 292	Brady Bunch (:12:55) A Very Brady Sequel ('96)	(:25) Mermaids ('90, Comedy-Drama) Cher	(:20) Domestic Disturbance ('01)	(5:50) Betrayed ('88, Suspense) Debra Winger			

AMERICA'S TOP PROGRAMMING

A&E 118	TBA	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Origins of Hip-Hop	Origins of Hip-Hop	Origins of Hip-Hop		
AHC 195	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	WWII in the Pacific	WWII in the Pacific	WWII in the Pacific	WWII in the Pacific	WWII in the Pacific	World War II in Color	World War II in Color	World War II in Color		
AMC 131	Walking Tall ('04, Action) The Rock	Law Abiding Citizen ★★ ('09, Suspense) Jamie Foxx	Forrest Gump ★★ ('94, Comedy-Drama) Tom Hanks	Armageddon ('98)												
APL 184	Tanked	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	North Woods Law	North Woods Law	North Woods Law	North Woods Law								
AXSTV 167	Double Impact ★★ ('91, Action)	Soundgarden	Legends	LA Ink	Ozzy & Jack's	Wahlburg	Wahlburg	Top Ten	Top Ten	Top Ten	Parking Lot					
BBCA 135	Bones	Bones (Part 1 of 2)	Bones (Part 2 of 2)	Bones	Bones	Bones	Bones	Bones	Bones							
BET 124	Celebrity Family Feud	Life ★★ ('17, Science Fiction) Jake Gyllenhaal, Rebecca Ferguson	Movie	Tyler Perry's The Oval	The Family Business											
BOUNCE 359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of the Night	In the Heat of the Night	Don't Look Back	Bernie Mac	Monster-in-Law ('05, Romance-Comedy) Jennifer Lopez							
BRAVO 129	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck							
BUZZR 245	Match	Match	Concen.	Concen.	Password	Password	Super Pass	Tattletales	Press Luck	Whew!	Match	Match	Match	Match	Sale of	
CIHD 249	Nightwatch	Behind Bars	Behind Bars	Behind Bars	Grace vs. Abrams	Marcia Clark Investigates	The First 48	The First 48: Detective	First 48: Missing							
CMT 166	Mike	Mike	Mike	Mike	King	King	King	King	King	King	Last Man	Last Man	Last Man	Last Man		
CNBC 208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Closing Bell (L)	Closing Bell: Overtime (L)	Fast Money (L)	Mad Money (N)	Shepard Smith							
CNN 200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Jake Tapper	Situation Room	Erin Burnett OutFront (L)							
COM 107	South Park	South Park	South Park	South Park	South Park	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office			
COMET 289	Ghoulies II ★★ ('88)	Amityville 3-D ★★ ('83, Horror) Tony Roberts	The Outer Limits	The Outer Limits	The Outer Limits	Farscape: The Peacekeeper Wars (Part 2 of 2)	Buffy, Vampire Slayer									
COOK 113	Good Eats	Good Eats	Good Eats	Good Eats	Best Thing	Best Thing	Best Thing	Best Thing	Man Fire	Man Fire	Man Fire	Man Fire	Man, Food	Man, Food	Man, Food	Man, Food
DISC 182	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	On Deck		
DFC 179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!	Dogs 101	Best Baker in America			
DISN-E 172	Big City	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Big City	Big City	Bunk'd	Bunk'd	Jessie	Jessie	Jessie	
ENCR-W 341	The Pink Panther ('63) 'NR'	(:23) A Time to Kill ★★ ('96, Drama) Sandra Bullock 'R'	(3:56) Long Weekend ('21) 'R'	(:31) Rudy ★★ ('93, Drama) Sean Astin 'PG'	Hope											
EWESTN 342	My Darl. (:37) The Nevadan ★★ ('50) 'NR'	The Deputy	Wanted ...	(:25) Wagon Train	Laramie	Death Vall.	Fargo	Rifleman	(5:58) The Virginian	(:14) Alvarez Kelly ('66)						
EACTN 343	Mercury (:35) Vice ★★ ('15, Action) 'R'	(:14) Season of the Witch ('11, Action) 'PG-13'	(3:51) The Jackal ('97, Suspense) Bruce Willis 'R'	(5:58) Jumanji: Welcome to the Jungle ('17)												
ESUSP 344	Revenge ('90, Suspense) 'R'	(:44) The Watcher ★★ ('00, Suspense) 'R'	(:23) No Good Deed ★★ ('02) 'R'	(:03) A Perfect Getaway ('09) 'R'	(:43) Captain Phillips ('13) 'PG-13'											
EBLACK 345	Caged ('21, Suspense) 'NR'	The Goods: Live Hard. Sell Hard. (2:53) Girl 6 ★★ ('96, Drama) 'R'	(:44) Good ('20, Drama) 'NR'	(:06) Men of Honor ★★ ('00, Biography) 'R'												
ECLASS 346	Friday Copycat ('95, Suspense) Sigourney Weaver 'R'	(:36) Idiocracy ('06, Comedy) 'R'	(:03) Knocked Up ('07, Romance-Comedy) 'R'	(:14) Heart and Souls ('93, Fantasy) 'PG-13'												
EFAMILY 347	Camp Arrowhead ('20) 'NR'	Arctic Tale ('07, Documentary) 'G'	(2:58) Heaven Is for Real ('14) 'PG'	(:39) Big ('88, Children's) Tom Hanks 'PG'	(:25) The Beverly Hillsbillies ('93)											
ESPN 140	SportsCenter (L)	SportsCenter (L)	This Just In (L)	NBA Today (L)	NFL Live (L)	Baseball Tonight (L)	SportsCenter (L)	ESPN's Preview Show (L)								
ESPN2 143	First Take (N)	SportsCenter (N)	This Just In	Jalen	This Just In	NBA Today	Daily Wager	The Last Dance								
EWTN 261	Daily Mass	Women of Pro-Life	Scripture and Tradition	Chaplet	Rosary	Rosary	Catholic	Choices	Solution	News	Catholic	Daily Mass				
FETV 82	Hillbillies	Hillbillies	Wagon Train	Rawhide	Rawhide	Perry Mason	Perry Mason	Mannix	Game Plan	Mannix						
FMC 387	Don Q, Son of Zorro	Aesop's	The Big Trees ('52, Western)	(:15) Song of Nevada	(:15) Silver Spurs ('43)	(:15) Mackenna's Gold ★★ ('69, Western)	Gregory Peck									
FNC 205	Outnumbered (L)	America Reports (L)	The Story With Martha	Your World W/ Cavuto	The Five (L)	Special Report	Jesse Watters (L)									
FOOD 110	Supermarket Stakeout	Chopped Pickled Tricks	Chopped	Chopped	Chopped	Chopped Hearty Party	Chopped	Chopped								
FREFM 180	The Middle	Dirty Dancing ★★ ('87, Romance) Jennifer Grey	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office					
F51 150	The Herd with Colin Cowherd (L)	Speak for Yourself (L)	Undisputed	NASCAR Race Hub (L)	Unrivalled: Earnhardt											

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Happy	Happy Death Day 2U ★★ (19, Horror)				Maze Runner: The Death Cure (18, Science Fiction) <i>Dylan O'Brien</i>				Underwater ★★ (20, Science Fiction)				Twilight			
FXM	384	Carousel ('56) 'NR'	(15) The Sandlot ★★ (93, Children's) 'PG'		Peter Rabbit ★★ (18, Children's) 'PG'		(45) Miss Peregrine's Home for Peculiar Children ('16)		Kid King									
FXM	125	Cleveland	Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons		
GETTV	373	The Rockford Files		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Kojak		Kojak				
GMSHW	116	Deal or No Deal	Match	Match	Catch 21	Catch 21	25 Words	25 Words	Common	Common	Chain Rea.	Chain Rea.	Puzzler	Puzzler	Puzzler	America		
GOLF	401	Golf Today (L)				Golf Today				Golf Central (L)		PGA TOUR		Golf	Golf Central	Lessons	Golf Acad.	
GRIT	217	Death Vail.	Death Vail.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Tales of Wells Fargo		
HALL	185	Double Holiday ('19, Romance) <i>Carly Pope</i>				The Mistletoe Promise ('16, Romance)				Coyote Creek Christmas ('21, Romance)				Christmas at Dollywood ('19) <i>Danica McKellar</i>				
HALLDR	186	Matlock	Matlock		The Arsonist		The Waltons		The Waltons		The Waltons		The Waltons		Little House on Prairie	Little House on Prairie		
HALLMV	187	Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Monk	Monk	Martha's Vineyard		
HDMOV	130	Gerry ('02, Drama) <i>Casey Affleck</i>	(20) Mystic Pizza ('88) <i>Julia Roberts</i>		(15) The Deadly Bees ('67, Horror)		(45) About Last Night ... ('86, Comedy-Drama) <i>Rob Lowe</i>		(6:50) UHF ★★ (89)									
HERIC	293	Monk (Part 1 of 2)		Monk (Part 2 of 2)		Monk		Monk		Monk		MacGyver		<i>Gold Rush</i>	Walker, Texas Ranger	Walker, Texas Ranger		
HGTV	112	Fix My Flip		Fix My Flip		Fix My Flip		Fix My Flip		Fix My Flip		Good Bones		Good Bones		Good Bones		
HIST	120	TBA		TBA		TBA		TBA		TBA		TBA		The Secret of Skin		The Secret of Skin		
ID	192	Relatively Evil		Twisted Sisters		Twisted Sisters		Twisted Sisters		Web of Lies		Web of Lies		Web of Lies		Web of Lies		
IFC	133	Parks	Parks	Parks	Parks	Parks	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Two Men	Two Men	
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	
LIFE	108	The Mentalist		The Mentalist		The Mentalist		Castle		Castle		Castle		Castle		Castle		
LMN	109	Killer Grades ('21, Suspense) <i>Laurie Fortier</i>				Tracking a Killer ('21, Suspense) <i>Laurie Fortier</i>				Friendship Never Dies ('21, Suspense)				Strike Her Dead ('21, Suspense) <i>Cece Kelly</i>				
MAGN	111	Lakefront Bargain Hunt		Lakefront Bargain Hunt		Lakefront Bargain Hunt		Lakefront Bargain Hunt		Lakefront Bargain Hunt		Restoring Galveston		Restoring Galveston		Restoring Galveston		
MGMHD	385	The Big Country ★★ (58, Western) <i>Gregory Peck, Jean Simmons</i>				Untamed Heart ('93, Romance) <i>Christian Slater</i>				(40) The Perez Family ('95, Comedy-Drama) <i>Marisa Tomei</i>								
MOTOR	246	ToyMakerz		ToyMakerz		ToyMakerz		ToyMakerz		Junkyard Empire		FantomWorks		Bitchin' Rides		Garage Squad		
MSNBC	209	Andrea Mitchell Reports (L)		Chris Jansing Reports (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)				The Beat With		The ReidOut (L)		
NATGEO	197	Croc That Ate		World's Most		Sky Sharks		Shark Queens		When Sharks Attack		When Sharks Attack		When Sharks Attack		When Sharks Attack		
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		
OUTD	396	Live 2 Hunt With		Realtree Outdoors		Hunter		Gun Stories		Guns	Am. Archer	Heartland	Bowhunter	Crush	Man Eats	Man Eats	Truth Hunting	
OWN	189	Dr. Phil		Court		Court	Court	Court	Court	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	All Rise		
OXYG	127	An Unexpected Killer		An Unexpected Killer		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	
POP	117	ER		ER <i>Double Blind</i>		ER <i>Choosing Joi</i>		House <i>Last Resort</i>		House		House <i>Joy to the World</i>		House <i>Painless</i>		House <i>Big Baby</i>		
REELZ	299	Cops	Cops	Cops	Cops	Vegas	Vegas	Vegas	Vegas	Vegas	Vegas	Cops	Cops	Cops	Cops	Gangsters: Most Evil		
RFDTV	231	Market Day Report (L)				Cow Guy		Next Level	Horse-West	Horseman.	Duttons	Heritage	Machinery	Mecum Auctions	Gone	Pulling	Agriculture	Rural News
SCI	193	Strange Evidence		Strange Evidence		What on Earth?		What on Earth?		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		
SMITH	367	Air Disasters		Air Disasters		Mighty Trains		AVE 103	Mighty Trains	Mighty Cruise Ships		Mighty Cruise Ships		Air Disasters		Air Disasters		
SONY	386	Major Dun	Planet	(12:58) Animal Kingdom ('10, Crime Drama)		(03) Murphy's Romance ('85) <i>Sally Field</i>		(06) The 3 Worlds of Gulliver ('60, Children's)		Bridge on Kwai								
SUND-E	358	Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		NCIS		NCIS		NCIS		NCIS		
SYFY	122	Face/Off ★★ (97, Action) <i>John Travolta</i>		(02) Looper ★★ (12, Science Fiction) <i>Bruce Willis</i>		(35) Batman ★★ (89, Action) <i>Jack Nicholson, Michael Keaton</i>		Batman										
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club	David	S. Furtick	Robert Morris:	Harvest	T. Evans	The Potter's	Centerpoint			
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang			
TCM	132	Captain Nemo		(15) Master of the World ('61, Science Fiction)		From the Earth to the Moon ('58)		(45) Around the World in 80 Days ★★ (56, Comedy-Drama) <i>David Niven</i>										
TLC	183	Little People, Big World		Little People, Big World		Little People, Big World		Little People, Big World		Little People, Big World		Little People, Big World		Little People, Big World		Little People, Big World		
TMC-W	329	A Fish Called Wanda ('88, Comedy) 'R'		(1:50) Queen Bees ('21) 'PG-13'		(35) Another Girl ('21) 'NR'		(10) No Man's Land ('21, Western) 'PG-13'		(05) Run This Town 'R'								
TNT	138	Supernatural <i>No Exit</i>		Supernatural		San Andreas ★★ (15, Action) <i>Dwayne Johnson</i>		Captain Marvel ★★ (19, Action) <i>Brie Larson</i>		Captain America								
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	
TRVL	196	Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		UFO Witness		UFO Witness		
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba		Reba		Reba	Reba	
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
WE	128	Law & Order <i>Hitman</i>		Law & Order		Law & Order <i>Asterisk</i>		Law & Order		Law & Order		Law & Order <i>Chosen</i>		Law & Order		Law & Order <i>Absentia</i>		

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		News		Local Programs			
CBS-E	Local Prog./Young & Restless		Bold		The Talk (N)		Let's Make a Deal		Local Programs		News		Local Programs			
CW-E	Local Programs				Local Programs		Local Programs		Local Programs							
FOX-E	Local Programs		Local Programs		Local Programs		Local Prog./Local Programs		Local Prog./Local Programs		Local Prog./Local Programs		MLB on FOX Pregame (L)			
NBC-E	Local Programs		Days of our Lives (N)		Local Programs		Local Programs		Local Programs		Local Prog./News		Local Programs			
METV	247*	The Waltons		Gunsmoke <i>The Kite</i>		Bonanza		Rifleman	Rifleman	Wagon Train	Adam-12	Adam-12	The A-Team		M*A*S*H	M*A*S*H
ABC-W	Local Programs		The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs			
CBS-W	Local Programs		The Price Is Right (N)		Young & Restless		Local Prog./Bold		The Talk (N)		Let's Make a Deal		Local Programs			
CW-W	Local Programs				Local Programs		Local Programs		Local Programs		Local Programs		Local Programs			
FOX-W	Local Programs		Local Programs		Local Programs		Local Prog./Local Programs		Local Prog./Local Programs		Local Prog./Local Programs		MLB on FOX Pregame (L)			
NBC-W	Today 3rd Hour (N)		Today-Hoda		Local Programs		Local Programs		Days of our Lives (N)		Local Programs		Local Programs			
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)	

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
PREMIUM MOVIES																		
HBO	HBO-E 310	◀Colossal ('16) 'R'			TBA			REAL Sports		Westworld		(11:55) The Batman ★★★ ('22, Action) Robert Pattinson 'PG-13'		(2:55) TBA				
	HBO2 312	TBA			(05) Nightmare Alley ('21, Suspense) Bradley Cooper 'R'			REAL Sports		(3:5) TBA		(20) Irma Vep (N)		(20) Assassination Nation ('18) 'R'				
	HBO3 314	Westworld			(8:55) Westworld			(9:50) The Matrix Resurrections ('21, Science Fiction) 'R'		(20) Free Guy ★★★ ('21, Action) 'PG-13'		(20) Smart People ★★★ ('08) 'R'						
	HBOF 315	◀Bee Movie (31)			Love & Mercy ('14, Biography) 'PG-13'			(32) The Lost World: Jurassic Park ('97)		(41) Ondine ('09, Drama) Colin Farrell 'PG-13'		(25) Stuck on You ('03) 'PG-13'						
MAX	MAX 307	Little Man ('06, Comedy) 'PG-13'			(40) Excess Baggage ★ ('97) 'PG-13'			(23) Let Him Go ('20, Suspense) Diane Lane 'R'		(18) Fast Company ★★ ('79) 'R'		(2:52) Devil's Due ('14)						
	5MAX 308	◀High Fidelity ('00) 'R'			Long Shot ★★★ ('19, Romance-Comedy) 'R'			(05) My Cousin Vinny ('92, Comedy) 'R'		(05) Sliding Doors ('98) 'PG-13'		(20) Greystoke: The Legend of Tarzan						
	MMAX 309	◀Voyagers ('21) 'PG-13'			R.I.P.D. ★ ('13, Action) 'PG-13'			(36) Escape Plan 2: Hades ('18) 'R'		(12:10) Days of Thunder ('90, Action) 'PG-13'		(1:58) The Firm ('93, Drama) Tom Cruise 'R'						
SHOWTIME	SHO-E 318	◀We Hunt (25)			Deadlock ('21, Action) 'R'			The Chi		Flatbush		The Original Kings of Comedy ('00) 'R'		The Queens of Comedy ('01) 'R'		The Souvenir ('19) 'R'		
	SHO2 320	Supreme Team (N)			Last Vegas ('13, Comedy) 'PG-13'			(45) The Mexican ('01, Comedy-Drama) Brad Pitt 'R'		Erotic Eats ('21, Adult) 'NR'		(15) Wrong Turn ('21, Horror) 'R'						
	SHOBET 321	The Chi			Flatbush			Pimp ('18, Crime Drama) 'NR'		(19) The Last Black Man in San Francisco ('19) 'R'		Spotlights We Hunt		(15) Martin Lawrence Live: Runteldat ('02) 'R'				
	SHOX 322	The Host ('06, Horror)			Song Kang-ho 'R'			Boxing From Dec. 14, 2013.		(12:15) Narc ('02, Crime Drama) Ray Liotta 'R'		(15) Double Impact ★★ ('91, Action) 'R'						
	SHOS 323	◀Elizabeth: Part			Force majeure ★★★ ('14, Comedy) 'R'			Tangerine ('15, Comedy-Drama) 'R'		LX 2048 ('20, Science Fiction) 'NR'		(15) The Chi (N)		Flatbush		Exception		
TMC 327	Run Lola Run ('98, Suspense) 'R'			Becky ('20, Action) Kevin James 'R'			(05) Hide and Seek ('21) 'R'		A Haunted House ★★ ('13) 'R'		(22) Midsommar ('19, Horror) Florence Pugh 'R'							
FLIX-E 333	Piranha ★★★ ('10, Horror) 'R'			Sleepy Hollow ('99, Horror) Johnny Depp 'R'			Spring Breakers ('12, Comedy) 'R'		The Texas Chain Saw Massacre		Ask the Dust ('06, Romance) 'R'							
STARZ	ENCR-E 340	◀A Time to Kill ('96) 'R'			Inferno ('16, Suspense) Tom Hanks 'PG-13'			(05) This Is the End ★★★ ('13, Comedy) 'R'		(12:55) Hostel ('05, Horror) 'R'		(31) Hostel Part II ('07, Horror) 'R'						
	STARZ-E 350	Die Hard ★★★ ('88, Action) Bruce Willis 'R'			(16) Ray ★★★ ('04, Biography) Jamie Foxx 'PG-13'			(12:53) Jockey ('21, Drama) 'R'		(32) A Knight's Tale ('01) 'PG-13'								
	STRZE 352	◀About Last Night ('14) Becoming Elizabeth (N)			The Kid Detective ('20) 'R'			(43) Becoming Elizabeth		(12:46) Arlington Road ('99, Suspense) 'R'		Girlfriend		Girlfriend				
	STRZCI 353	Lambert & Stamp ('14, Documentary) 'R'			Rhyme & Reason ★★ ('97) 'R'			Eat That Question: Frank Zappa		(08) The Human Factor ('19) 'PG-13'		(2:57) French Exit ('20)						
	STRZCO 354	About Time ★★ ('13, Romance-Comedy) 'R'			(06) Dance Flick ('09) 'PG-13'			(32) The Secret of My Success ('87) 'PG-13'		(26) My Stepmother Is an Alien ('88) 'PG-13'		BASEket						
	STRZIB 355	(14) Monster Hunter ('20, Fantasy) 'PG-13'			Fallen ('98, Suspense) Denzel Washington 'R'			(12:08) A Journal for Jordan ★★ ('21, Drama) 'PG-13'		(22) Jarhead 3: The Siege ('16) 'R'								
STRZKF 356	Planet 51 ('09, Children's) 'PG'			(32) Carpool ('96, Children's) 'PG'			(03) Monkey Trouble ('94) 'PG'		(41) Little Boy ('15, Historical Drama) 'PG-13'		Pit Pony		Pit Pony		Moms Out			
EPIX	EPIX 380	The Lost City ★★ ('22, Romance-Comedy)			(9:55) The Mask of Zorro ('98, Adventure)			(12:15) Pain & Gain ★★ ('13, Action) Mark Wahlberg		Bridge		Bridge		Women				
	EPIX2 381	Bridge			Kiss the Girls ('97, Mystery) Morgan Freeman			The General's Daughter ('99, Suspense)		Gully ('19, Suspense)		(1:55) Peeples ('13) Craig Robinson		Dead Man				
	EPIXH 382	Lincoln ★★★ ('12, Historical Drama) Daniel Day-Lewis			Four Feathers ('02, Adventure) Heath Ledger			(45) Red Dawn ('12, Action) Chris Hemsworth ('20) We Were Soldiers ('02, War)										
	EPIXDR 292	Bound ★★ ('96, Suspense) Jennifer Tilly			(9:50) 52 Pick-Up ('86) Roy Scheider			(45) Body of Evidence ('92, Crime Drama)		Betrayed ★★ ('88, Suspense) Debra Winger		Flesh-Bone						
AMERICA'S TOP PROGRAMMING																		
A&E 118	Origins of Hip-Hop			Origins of Hip-Hop (N)			Origins of Hip-Hop		Origins of Hip-Hop		Origins of Hip-Hop		Origins of Hip-Hop		Origins of Hip-Hop		Origins of Hip-Hop	
AHC 195	LA Riots			Iran Hostage Crisis			Chernobyl Disaster		Unabomber-Terror		LA Riots		Iran Hostage Crisis		Chernobyl Disaster		Unabomber-Terror	
AMC 131	◀Armageddon ★★ ('98, Science Fiction) Bruce Willis			Heat ★★ ('95, Crime Drama) Al Pacino, Robert De Niro											Walking Dead: World		Walking	
APL 184	North Woods Law: Uncuffed (N)			North Woods Law			North Woods Law		North Woods Law: Uncuffed				North Woods Law		North Woods Law			
AXSTV 167	Parking Lot/A Tribute to Les Paul			Bachman & Turner			Parking Lot/A Tribute to Les Paul		Bachman & Turner		Legends		Legends		Legends		Legends	
BBCA 135	Bones			Bones			Bones		Bones		Bones		Bones		UK PD			
BET 124	Celebrity Family Feud			The Family Business			Tales Fight the Power		College Hill		College Hill		Martin		Martin		Prince	
BOUNCE 359	The Best Man ★★ ('99, Comedy-Drama) Taye Diggs			Welcome Home Roscoe Jenkins ('08, Comedy)			Going in Style ('17, Comedy) Morgan Freeman		In the Heat of Night		The Game							
BRAVO 129	Below Deck Down			Below Deck Down			Watch		Below Deck Down		Below Deck		Below Deck Sailing Yacht		Watch		Charm	
BUZZR 245	Concentrat			Password			Sweep		Card		Match-Squares		Concen.		Concen.		FamFeud	
CIHD 249	The First 48: Detective			First 48: Missing			Marcia Clark Investigates		The First 48		The First 48: Detective		First 48: Missing		Marcia Clark Investigates		The First 48	
CMT 166	Mom			Mom			Mom		Mom		Reba		Reba		Reba		Reba	
CNBC 208	Shark Tank			Shark Tank			Shark Tank		Shark Tank		Shepard Smith		American Greed		Dateline Dark Valley		Dateline Black Friday	
CNN 200	Anderson Cooper 360 (L)			CNN Tonight (L)			Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		Don Lemon Tonight	
COM 107	The Office			The Office			The Office		The Office		Daly Show/Seinfeld		Seinfeld		Seinfeld		The Daily Show	
COMET 289	Buffy, Vampire Slayer			The X-Files (Part 2 of 2)			The X-Files Travelers		The X-Files Mind's Eye		The X-Files All Souls		Quantum Leap		Quantum Leap		Paid Programs	
COOK 113	Man, Food			Man, Food			Man, Food		Man, Food		Man, Food		Man, Food		Man, Food		Man, Food	
DISC 182	Deadliest Catch (N)			Deadliest Catch			Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch	
DFC 179	Best Baker in America			Best Baker in America			Best Baker in America		Best Baker in America		Best Baker in America		Best Baker in America		Buddy's Bakery Rescue		Ultimate Cake Off	
DISN-E 172	Big City			Big City			Big City		Big City		Bunk'd		Sydney		Raven		Raven	
ENCR-W 341	◀Hope Floats ('98, Romance) 'PG-13'			(27) A Time to Kill ★★ ('96, Drama) Sandra Bullock 'R'			Inferno ('16, Suspense) Tom Hanks 'PG-13'		(05) This Is the End ★★★ ('13, Comedy) 'R'									
EWESTN 342	◀Alvarez Kelly ('66)			(05) Ten Wanted Men ('55) 'NR'			(26) The Virginian ('46) 'NR'		(11:54) Flaming Bullets		Great Northfield Raid		(25) Black Hills ('47)		Alvarez			
EACTN 343	Vice ('15, Action) Bruce Willis 'R'			(39) Mercury Rising ★★ ('98, Suspense) 'R'			(33) The Jackal ('97, Suspense) Bruce Willis 'R'		Frank Miller's Sin City: A Dame to Kill For 'R'		Skyline							
ESUSP 344	◀Captain Phillips ('13)			Revenge ('90, Suspense) Kevin Costner 'R'			(06) American Hustle ('13, Crime Drama) Christian Bale 'R'		(28) Elysium ★★★ ('13, Science Fiction) 'R'		Frightnrs							
EBLACK 345	◀Men			(17) Grown Ups 2 ★ ('13) 'PG-13'			Girl 6 ★★ ('96, Drama) Theresa Randle 'R'		Just Another Girl on the I.R.T. 'R'		(33) Next Day Air ★★ ('09) 'R'		Booty Call ('97) 'R'					
ECLASS 346	Friday Night Lights ('04, Drama) 'PG-13'			Rescue Me Solo			(09) Damages		(11:56) The American President ('95) 'PG-13'		(1:52) Missing in Action ('84) 'R'		Missing II					
EFAMILY 347	Johnny English Reborn ('11) 'PG'			(43) Arctic Tale ★★ ('07) 'G'			(11) Camp Arrowhead ('20) 'NR'		Dr. Seuss' Horton Hears a Who!									
ESPN 140	Don't Ever Give Up			International Champions Cup Soccer			SportsCenter (L)		SportsCenter (L)		SportsCenter		SportsCenter		SportsCenter			
ESPN2 143	The Last Dance			The Last Dance			The Last Dance		The Last Dance		The Last Dance		The Last Dance		The Last Dance			
EWTN 261	Mother Angelica Live			News			Rosary		Scripture and Tradition		Long Ride		Women of		Daily Mass		Mother Angelica Live	
FETV 82	Perry Mason			Perry Mason			Emergency!		Emergency!		B. Miller		B. Miller		Maude		Maude	
FMC 387	The Guns of Navarone ★★ ('61, War)			Gregory Peck			(15) Captain Kidd ★★ ('45, Adventure)		(15) Dancing Pirate ('36, Musical Comedy)		Amazing Adv.							
FNC 205	Tucker Carlson Tonight (L)			Hannity (L)			The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
FOOD 110	Chopped			Supermarket Stakeout (M)			Kitchen Crash (N)		Chopped		Supermarket Stakeout		Kitchen Crash		Chopped		Chopped	
FREFM 180	The Office			The Office			The Office		The Office		Motherland: Fort Salem (N)		The 700 Club		Simpsons		Simpsons	
F51 150	NHRA Drag Racing Dodge Power Brokers			Mile-High Nationals			Skip and Shannon: Undisputed		TMZ (N)		2022 MLB All-Star Game							

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Twilight Saga: Breaking Dawn Part 1				Shadows	Shadows	Shadows	Zombieland: Double Tap ('19, Comedy)				Shadows	Mom	FXM Pres.	Paid Programs			
FXM	384	The Kid Who Would Be King ('19) 'PG'				(9:55) The Kid Who Would Be King ('19) 'PG'	(12:15) Miss Peregrine's Home for Peculiar Children ('16) 'PG-13'	Max Dugan Returns											
FXM	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Futurama	Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer		
GETTV	373	The Rockford Files		The Rockford Files		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford	Sanford	Sanford	Sanford	Catch 21	
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided		
GOLF	401	GOLF Films		GOLF Central		GOLF Films		Golf	Lessons	Golf Acad.	Golf Acad.	Golf Central	PGA TOUR	Lessons	Paid Programs				
GRIT	217	Overland Pacific ('54, Western)			Rough Night in Jericho ('67, Western)			<i>Dean Martin</i>		The Doolins of Oklahoma ★★ ('49, Western)				Wyoming Outlaw ('39, Western)		Paid Prog.			
HALL	185	Christmas Under Wraps ('14, Children's)				Write Before Christmas ('19, Romance)				Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier		
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		The Waltons		The Waltons		The Waltons		<i>The Return</i>		The Waltons			
HALLMV	187	Martha's Vineyard		Mystery 101 <i>Deadly History</i>				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk			
HDMOV	130	UHF ('89) (40) Tentacles ★★ ('77, Horror)		<i>John Huston</i>		DeepStar Six ('89, Horror)		<i>Taurean Blaque</i> (20) Tentacles ★★ ('77, Horror)		(10) DeepStar Six ('89, Horror)		<i>Taurean Blaque</i>							
HERIC	293	Star Trek <i>Spock's Brain</i>		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House		House <i>Here Kitty</i>			
HGTV	112	Good Bones (N)		Good Bones (N)		Hunters	Hunt Intl	Hunters	Hunt Intl	Good Bones		Hunters	Hunt Intl	Hunters	Hunt Intl	Good Bones			
HIST	120	Secret of Skinwalker		The Secret of Skin		The Proof Is Out There		The Secret of Skin		Secret of Skinwalker		The Secret of Skin		The Proof Is Out There		The Secret of Skin			
ID	192	See No Evil		Body Cam				Signs of a Psychopath		Your Worst Nightmare		Body Cam		Signs of a Psychopath		Your Worst Nightmare			
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men		
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Hates Chris	Hates Chris	Paid Programs			
LIFE	108	Castle		Castle		(:03) Castle	(:03) Castle	(12:01) Castle	Castle		Castle		(:04) Castle	(04) Castle					
LMN	109	Killer Competition ('20, Suspense)		<i>Kate Watson</i>		Psycho BFF ('19, Suspense)		<i>Juliana DeStefano</i>		(12:01) Killer Competition ('20, Suspense)		Psycho BFF ('19, Suspense)		<i>Juliana DeStefano</i>					
MAGN	111	Restoring Galveston		Restoring Galveston (N)		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston			
MGMHD	385	Benny & Joon ★★ ('93, Romance-Comedy)		(10) Wedding Daze ('06, Romance-Comedy)		(12:10) The Other End of the Line ★★ ('08, Romance)		(25) Sleepover ★★ ('04, Comedy)											
MOTOR	246	Roadkill		Roadkill		Faster With Finnegan (N)		Faster With Finnegan		Roadkill		Faster With Finnegan		Faster With Finnegan		Roadkill			
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		All In With Chris Hayes			
NATGEO	197	Shark Attack Files (N)		Shark Attack Files (N)		Jaws Invasion (N)		Shark Attack Files		Shark Attack Files		Jaws Invasion		When Sharks Attack		When Sharks Attack			
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs			
OUTD	396	Primos Truth About Hunting				Wild Ops		Jim Shock	Archer's Choice		Primos Truth About Hunting								
OWN	189	All Rise (N)		All Rise		All Rise		All Rise		All Rise		All Rise		All Rise		All Rise			
OXYG	127	Dateline: Unforgettable (N)		All Rise		Snapped		Snapped		Snapped		Snapped		Snapped		Dateline			
PARMT	241	Ghostbusters ★★ ('84, Comedy)				<i>Bill Murray</i>				Ghostbusters II ★★ ('89, Comedy)				<i>Bill Murray</i>					
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans X		NCIS: New Orleans		NCIS: New Orleans		FBI <i>Clean Slate</i>		FBI <i>Uncovered</i>			
REELZ	299	Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Paid Programs			
RFDTV	231	Ag PhD	Cattlemen to Cattlemen	SharkFar.	Horseman,	Saddle Up	Best Amer	Rural News	Ag PhD	Cattlemen to Cattlemen	SharkFar.	Paid Programs							
SCI	193	Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.			
SMITH	367	How Did, Build That?		Mighty Ships		Disasters at Sea		Advertising		Air Disasters		Air Disasters		Air Disasters		Air Disasters			
SONY	386	The Bridge on the River Kwai ('57, War)				(9:57) Lost Command ★★ ('66, Action)		(12:13) The Bridge on the River Kwai ('57, War)		<i>William Holden</i>		(02) Lost Command							
SUND-E	358	NCIS		NCIS		NCIS		NCIS		NCIS		Columbo		(45) Columbo					
SYFY	122	Batman Returns ★★ ('92, Action)		<i>Michael Keaton</i>		(25) Batman Forever ★★ ('95, Action)		<i>Val Kilmer</i>		Batman & Robin ('97, Action)		<i>Arnold Schwarzenegger</i>		Wild Life					
TBN	260	Christian History		Joyce M.	Livg Proof	Together	Centerpoint	Christian History	Prince	Youseff	Sekulow	Christine	Jewish	Greenberg	Max Lucado: 3:16 The				
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Sheldon	Sheldon	Sheldon	Sheldon	George	George	George	George	Wipeout			
TCM	132	Where the Sidewalk Ends ('50, Crime Drama)				While the City Sleeps ★★ ('56, Mystery)				Curse of the Demon ★★ ('57, Horror)				Zero Hour ★★ ('57, Suspense)		3 Hrs-Kill			
TLC	183	Little People, Big (N)		Little People, Big (N)		'Welcome to Plathville (N)		Seeking Sister Wife		Little People, Big World		Little People, Big World		Welcome to Plathville		Seeking Sister Wife			
TMC-W	329	Run This Town ('19)		(8:50) Cape Fear ★★ ('91, Suspense)		'R'		Run Lola Run ('98, Suspense)		'R'		Becky ('20, Action)		<i>Kevin James</i> 'R'		(05) Hide and Seek ('21) 'R'		Haunted	
TNT	138	Captain America: Civil War ('16, Action)				Titans <i>Ghosts</i>		Ready Player One ★★ ('18, Science Fiction)				<i>Tye Sheridan</i>		Cold Case <i>Committed</i>		Cold Case			
TRU	242	Jokes	Jokes	Jokes	Jokes	Bad Boys II ★★ ('03, Action)		<i>Martin Lawrence, Will Smith</i>		Bad Boys II ★★ ('03, Action)		<i>Martin Lawrence, Will Smith</i>		101 Places/Jokes					
TRVL	196	UFOs: The Lost Evidence		<i>Concealed UFO Files</i> (N)		UFO Witness (N)		UFO Witness		UFOs: The Lost Evidence		<i>Concealed UFO Files</i> (N)		UFO Witness		UFO Witness			
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Mom	Mom	Mom	Mom		
UP	188	Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Gilmore Girls		Gilmore Girls <i>Die, Jerk</i>		Gilmore Girls		Paid Programs			
USA	105	WWE NXT (L)				(05) Love Island		(35) Track and Field <i>World Athletics Championships Day 5</i> (N)		Chrisley		Law & Order: SVU							
WE	128	Law & Order		Law & Order <i>Bitch</i>		Law & Order		Law & Order <i>Genius</i>		Law & Order <i>Maritime</i>		Law & Order <i>Seer</i>		Law & Order		Monk			

LOCAL NETWORKS

ABC-E	Celebrity Family Feud		Judge Steve Harvey		The Rookie <i>Hit List</i>		Local Prog.		(35) Jimmy Kimmel Live!		Nightline (N)		Local Programs							
CBS-E	FBI		FBI: International		FBI: Most Wanted		Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)					
CW-E	Superman & Lois		Tom Swift (N)		Local Programs															
FOX-E	2022 MLB All-Star Game <i>American League at National League</i> (L)								Local Prog.		Local Programs									
NBC-E	America's Got Talent (N)				Dancing With Myself (N)		Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		Early Tdy		Local Prog.	
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone		Hitchcock	Hitchcock	(:05) Mannix	(:05) Cannon					
ABC-W	Local Programs				News		Local Programs		Celebrity Family Feud		Judge Steve Harvey		The Rookie <i>Hit List</i>		Local Prog.		(35) Jimmy Kimmel Live!		Nightline (N)	
CBS-W	Local Programs				News		Local Programs		FBI		FBI: International		FBI: Most Wanted		Local Prog.		Late Show-Colbert		Corden	
CW-W	Local Programs				Superman & Lois				Tom Swift (N)				Local Programs							
FOX-W	2022 MLB All-Star Game <i>American League at National League</i> (L)								Local Prog.		Local Programs									
NBC-W	Local Prog.		News		Local Programs		America's Got Talent (N)				Dancing With Myself (N)		Local Prog.		Tonight Show-J. Fallon		Meyers			
PBS	Finding Your Roots		America Outdoors		Great Muslim American		Amanpour-Co		Finding Your Roots		America Outdoors		Great Muslim American		POV					

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES																	
HBO	HBO-E 310	The Little Things ★★ ('21, Suspense) 'R'				Mass Ave	Much Ado About Nothing ('12) 'PG-13'			(25) Masters of the Universe ('87)	(10) Ender's Game ('13, Science Fiction) 'PG-13'						
	HBO2 312	(10) Deception ★★ ('08, Suspense) 'R'				The Secret Life of Walter Mitty ('13) 'PG'			Game of Thrones (8:53) Game of Thrones (8:53)	Game of Thrones (9:49) Game of Thrones (9:49)	Thrones (10:50) Thrones (10:50)						
	HBO5 314	The Wolverine ★★ ('13, Action) 'PG-13'				(05) King Kong ★★ ('76, Adventure) Jeff Bridges, Jessica Lange 'PG'	(15) That Awkward Moment ★★ ('14) 'R'			(10:50) Thirteen ('03)							
	HBOF 315	(24) Stuck	(24) Catch That Kid ('04) 'PG'	K'garten		Happily	Curious	Crashbox	(7:50) Tootsie ('82, Comedy) Dustin Hoffman 'PG'	(9:47) The Secret Garden ('93) 'G'	Magorium						
MAX	MAX 307	(23) Devil Due				Promising Young Woman ('20) 'R'			(17) She's All That ('99) 'PG-13'	(7:53) A Guy Thing ('03) 'PG-13'	(35) The Uninvited ('09) 'PG-13'	(03) Escape Plan ('13)					
	5MAX 308	Greystoke: Tarzan Baby Boom ('87, Comedy) Diane Keaton 'PG'				(6:51) How to Deal ('03) 'PG-13'	(34) Waiting ... ('05, Comedy) 'R'	(08) The Secret Life of Bees ('08) 'PG-13'									
	MMAX 309	(33) The Firm				(33) The Brothers Grimm ('05, Fantasy) 'PG-13'			(32) Phone Booth ★★ ('02) 'R'	(7:53) Jumper ★ ('08) 'PG-13'	(22) Max Payne ★ ('08) 'PG-13'	(02) The Prince ('14)					
	SHO-E 318	(19) The Souvenir 'R'				Nacho Libre ('06, Comedy) 'PG'			(35) Ingrid Goes West ('17) 'R'	(15) John and the Hole ('21, Suspense) 'R'	Elizabeth: A Portrait in Part(s) Still Alice						
SHOWTIME	SHO2 320	(20) Wrong				Never Goin' Back ('18) 'R'			(5:50) World Trade Center ('06, Drama) 'PG-13'	Kate & Leopold ('01) Meg Ryan 'PG-13'	Failure to Launch ('06) 'PG-13' Lady Bird						
	SHOBET 321	The Watermelon Woman ('96)				Hav Plenty ★★ ('97) 'R'			Bitchin': The Sound and Fury of Rick James Slice ('18, Horror) Zazie Beetz 'R' Kobe Bryant's Muse								
	SHOX 322	New York Ninja ('21, Action) 'NR'				Beverly Hills Ninja ('97) 'PG-13'			Hoops U				North Hollywood ('21) 'NR'			(05) Texas Rangers ('01) 'PG-13'	Robot
	SHOS 323	(16) The Exception 'R'				Lily James 'R'			The Fits ('15) 'NR'			(45) The Great Gilly Hopkins ('16) 'PG'	Love Story ('70, Romance) 'PG'		(10) The Ballad of Lefty Brown ('17) 'R'		
TMC 327	(Midsom A. Christie) Dirty Dancing: Havana Nights				The Love Guru ★ ('08) 'PG-13'			Anywhere With You ('18) 'NR'		Flashdance ('83, Drama) 'R'		(05) Kingpin ('96)					
FLIX-E 333	Ask Dust				An Inconvenient Truth ('06) 'PG'			(15) Heartworn Highways ('76)	(45) Some Kind of Wonderful ('87) 'PG-13'		(20) Stealth ('05, Action) Josh Lucas 'PG-13'	(25) Jobs					
STARZ	ENCR-E 340	(08) Stop-Loss ('08, Drama) Ryan Phillippe 'R'				Everybody's Fine ('09) 'PG-13'			(44) The Program ★★ ('15, Biography) 'R'	(31) The Unholy ★ ('21) 'PG-13'	(14) Mrs. Doubtfire						
	STARZ-E 350	A Knight's Tale ('01)				(4:49) Jumping the Broom ('11) 'PG-13'	(6:46) Runaway Jury ('03, Suspense) 'PG-13'	(8:56) Ray ★★ ('04, Biography) Jamie Foxx 'PG-13'	Scott Pilg								
	STRZE 352	Girlfriend				The Climb ('19, Comedy-Drama) 'R'			Larry the Cable Guy		(28) Notting Hill ('99) Julia Roberts 'PG-13' Family That Preys						
	STRZCI 353	French Exit ('20) 'R'				(4:52) Rhyme & Reason ('97) 'R'	(24) Lambert & Stamp ('14, Documentary) 'R'	(24) 5 Flights Up ('14) 'PG-13'		(9:58) Boyz n the Hood ('91, Drama) 'R'							
STRZCO 354	BASEketball ('98) 'R'				M. Lawr	M. Lawr	Mr. Baseball ★★ ('92, Comedy) 'PG-13'		(7:52) Life or Something Like It	(38) Road Trip: Beer Pong ('09, Comedy) 'R'	(18) Loser						
STRZIB 355	Here Today ('21, Comedy-Drama) 'PG-13'				(5:52) The Craft: Legacy ★★ ('20)	(29) Kinky Boots ('05, Comedy-Drama) 'PG-13'	(18) A Dark Truth ★ ('12) 'R'	(06) Roll Bounce ('05)									
STRZKF 356	Moms' Night Out				(4:57) All Creatures Big and Small	(19) Two by Two: Overboard!	Pit Pony		(34) Monkey Trouble ('94) 'PG'	(11) I.Q. ★★ ('94, Romance-Comedy) 'PG'							
EPIX	EPIX 380	Women				(25) Case 39 ★ ('09, Horror)	(15) Saint Maud ('19, Horror)	(40) The Choice ★ ('16, Romance)		(35) Little Man Tate ('91, Drama)	(15) The Lost City ('22)						
	EPIX2 381	Dead Man Walking ('95)				(35) Unprotected Sets	(35) Charlotte's Web ★★ ('06)	(15) Emperor ★★ ('12, Historical Drama)	(05) Shaun the Sheep Movie ('15) Mermaids								
	EPIXH 382	We Siders				(40) Solace ('15, Suspense) Anthony Hopkins	(25) Horizon Line ('20, Suspense)	Bitter Harvest ('17) Max Irons		(45) Lincoln ('12, Historical Drama) Daniel Day-Lewis							
	EPIXDR 292	Flesh and Bone ('93, Suspense) Dennis Quaid				(5:50) Punk	(45) Futureworld ★★ ('76, Science Fiction)	(35) Small Soldiers ('98, Comedy) Kirsten Dunst	(25) The Longest Yard ('74)								

AMERICA'S TOP PROGRAMMING																	
A&E 118	Paid Programs																
AHC 195	World War II in Color				WWII in the Pacific				Weaponology				Weaponology				
AMC 131	Walking				Walking Dead: World Stooges				Paid Programs				Paid Programs				
APL 184	North Woods Law				North Woods Law				Dogs 101				Secret Life-Zoo				
AXSTV 167	Paid Programs																
BBCA 135	UK PD				UK PD				Star Trek: Next				Star Trek: Next				
BET 124	Browns		Browns		Browns		Browns		Browns		Browns		Browns		Browns		
BOUNCE 359	Scandal				Hardball				The Real				Wendy Williams Show				
BRAVO 129	Kelly Clarkson				Paid Programs				Below Deck				Below Deck				
BUZZR 245	Match		Match		Match		Match		Paid Programs				Prince				
CIHD 249	The First 48: Detective				The First 48: Missing Persons				Critical Care				American Justice				
CMT 166	CMT Music				CMT Music				CMT Music				CMT Music				
CNBC 208	Shepard Smith				Worldwide Exchange (L)				Squawk Box (L)				Squawk on the Street (L)				
CNN 200	CNN Newsroom Live (L)				Early Start w/Romans				New Day With				New Day With				
COM 107	South Park/South Park				Paid Programs				Cleveland				Cleveland				
COMET 289	Paid Programs																
COOK 113	Paid Programs																
DISC 182	Bering Sea Gold				Expedition X				Expedition X				Expedition X				
DFC 179	Kit. Crash		Kit. Crash		Gl Joe		Gl Joe		Monsters		Monsters		Pac-Man		Transform.		
DISN-E 172	Jessie				Jessie				Ladybug				Mickey				
ENCR-W 341	Hostel ★★ ('05, Horror) 'R'				(31) Hostel Part II ('07, Horror) 'R'	(08) Stop-Loss ('08, Drama) Ryan Phillippe 'R'	Everybody's Fine ('09) 'PG-13'										
EWESTN 342	Alvarez Kelly ('66, Western) 'NR'				(16) The Domino Kid	(31) Ambush Trail 'NR'	The Virginian ('46, Western) 'NR'		(8:58) Kid Blue ('73, Western) 'PG'	(40) I Saw the Light ★★ ('15) 'R'							
EACTN 343	Skyline ('10) 'PG-13'				(03) The Evil That Men Do ('84)	(42) After Earth ('13, Science Fiction) 'PG-13'	Sin City: A Dame to Kill For		(11) Man on Fire ('87, Action) Scott Glenn 'R'								
ESUSP 344	The Frighteners ('96)				(12) The Family ★★ ('13, Comedy) 'R'	(06) Revenge ('90, Suspense) Kevin Costner 'R'	(12) Tangled ('01, Suspense) 'R'	(44) The Frighteners ('96) 'R'									
EBLACK 345	Body Call				(22) Solo ('96, Action) 'PG-13'	Charming the Hearts of Men ('21) 'NR'		(7:50) Next Day Air ★★ ('09) 'R'	(17) StreetDance ('10) 'PG-13'	(10:57) StreetDance 2							
ECLASS 346	Missing in Action 2				Deuce Bigalow: European Gigolo		(37) Bachelor Party ★★ ('84, Comedy) 'R'	(24) Spy Game ★★ ('01, Suspense) 'R'	Rise of the Planet of the Apes								
EFAMILY 347	Strike ('19, Adventure) 'NR'				(21) Heidi ('05, Children's) 'NR'	(07) Firehouse Dog ★★ ('07, Children's) 'PG'	Arctic Tale ('07, Documentary) 'G'		Dr. Seuss' Horton Hears a Who!								
ESPN 140	SportsCenter				SportsCenter				SportsCenter				SportsCenter (L)				
ESPN2 143	The Last Dance				NFL Live				Keyshawn, JWill and Max (L)				SportsCenter (L)				
EWTV 261	Reflections		Real		Dominican		Catholic		Made/		The Miracle		St. Michael		Rosary		
FETV 82	Hillbillies		Hillbillies		Prince		Jeremiah		Joyce M.		Robison		McCoys		McCoys		
FMC 387	(15) American Empire ★★ ('42, Western)				Song of Nevada ('44)				Silver Spurs ('43)		The Guns of Navarone ★★ ('61, War) Gregory Peck						
FNC 205	FOX & Friends First (L)				FOX & Friends First (L)				FOX & Friends (L)				America's Newsroom (L)				
FOOD 110	Restaurant: Impossible				Paid Programs				Symon				Symon				
FREFM 180	Paid Programs																
F51 150	Walkoff Stories: Imp.				WWE Friday Night SmackDown				Skip and Shannon: Undisputed				Speak for Yourself				

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs					Mom	Mom	Mom	Maze Runner: The Death Cure ('18, Science Fiction) <i>Dylan O'Brien</i>				Happy 2U			
FXM	384	MaxDu (:40)		The Horror of It All ('64, 'NR)		The Song of Bernadette ('43, Drama) <i>Jennifer Jones</i> 'NR' (:40)		All About Eve ★★ ★★ ('50, Drama) <i>Bette Davis</i> 'NR'		State Fair ('45) 'NR'							
FXN	125	Paid Programs					Rogue ('20, Action) <i>Megan Fox, Jessica Sutton</i>		Wander Darkly ('20, Drama) <i>Sienna Miller</i>		Futurama						
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries	Elevation	Prince	Les Feldick	Jewish Jes	Good Time	Good Time	Good Time	Good Time	Good Time	Hart to Hart	
GMSHW	116	Paid Programs					Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America	PGA TOUR		
GOLF	401	Paid Programs		Golf Central		Golf Central		Golf	Ladies Golf	Ladies Golf							
GRIT	217	Paid Programs					Laramie	Laramie	The Yellow Mountain ★★ ('54, Western)				Gun Glory ('57, Western) <i>Stewart Granger</i>				
HALL	185	Cheers	Cheers	Reba	Reba As Is	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	My Christmas Dream ('16, Romance-Comedy)			
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock The Formula		Matlock (Part 1 of 2)	
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder			
HDMOV	130	Paid Programs					UHF ★★ ★ ('89, Comedy) <i>Weird Al Yankovic</i>		Mystic Pizza ★★ ★ ('88)		About						
HERIC	293	The District <i>Ella Mae</i>		The District		Maverick		Wanted ...	Wanted ...	Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne	
HGTV	112	Good Bones		Good Bones		Nate & Jeremiah		Nate & Jeremiah		Nate & Jeremiah		Nate & Jeremiah		Nate & Jeremiah		Help-Wrecked	
HIST	120	Paid Programs					Amazing	Jeremiah	TBA		TBA		TBA		TBA		
ID	192	Deadly Women		Deadly Women		Deadly Women		The 1980s: Deadliest		The 1980s: Deadliest		The 1980s: Deadliest		20/20 on ID		20/20 on ID	
IFC	133	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	
LAFF	237	Paid Programs					Videos	Funnest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court
LIFE	108	Paid Programs					Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		
LMN	109	Paid Programs					Murder in My House ('06, Suspense)			Room for Murder ('18, Suspense) <i>Adam Huber</i>		The Killer Downstairs ('19, Suspense)					
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Making	Making	Making	Making
MGMHD	385	Sleepover (:25)		Night Drive ('76, Suspense)		Studio (:25)		The Bounty ★★ ★ ('84, Adventure) <i>Mel Gibson</i>		The Train ★★ ★ ('65, Suspense) <i>Burt Lancaster, Paul Scofield</i>							
MOTOR	246	Garage Squad		Bitchin' Rides		Full Custom Garage		Junkyard Empire		FantomWorks		Wheeler Dealers		Wheeler Dealers		Wheeler Dealers	
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)		Morning Joe (L)		Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)			
NATGEO	197	Australia's Sh		Mega Hammerhead		Paid Programs		Paid Programs		When Sharks Attack		When Sharks Attack		When Sharks Attack		When Sharks Attack	
NGWLD	190	Paid Programs					The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		
OUTD	396	Truth Hunting		Wild Ops	Jim Shockey's	The Flush		Archer's Choice With Ralph & Vicki		Archer's Choice With Ralph & Vicki		Outdoors		Am. Archer		Crush	
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Dateline		Dateline		Exhumed-Killer		Exhumed-Killer		Accident, Suicide		Accident, Suicide		Accident, Suicide		Accident, Suicide	
PARMT	241	Paid Programs					Bar Rescue		Bar Rescue		Bar Rescue		(9:58) Bar Rescue		(10:56) Bar Rescue		
POP	117	FBI <i>Discord</i>		Goldbergs	Goldbergs	Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER (Part 1 of 2)		ER (Part 2 of 2)		ER <i>Middle of Nowhere</i>	
REELZ	299	Paid Programs					John Lennon		Kurt Cobain		Janis Joplin		I Lived With a Killer		I Lived With a Killer		
RFDTV	231	Paid Programs					C. Burnett	Midwest Country	Jeremiah		Rural News/AgDay		Market Day Report (L)				
SCI	193	Mysteries Aband.		Mysteries Aband.		Unexplained Files		Unexplained Files		Universe Works		Universe Works		Conspiracies Decoded		Conspiracies Decoded	
SMITH	367	Disasters at Sea		Disasters at Sea		Aerial America		Aerial America		Aerial America		Mighty Cruise Ships		Mighty Cruise Ships		Mighty Cruise Ships	
SONY	386	Lost Command ('66, Action)		(:20) Ultimate Justice ('16, Action)		The 7th Voyage of Sinbad ('58) (:37)		California Conquest ('52)		(:10) Battle Stations ★★ ('56, War) <i>John Lund</i>							
SUND-E	358	Columbo	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
SYFY	122	Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess	
TBN	260	Christine	Max	Jordan	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	
TBS	139	Wipeout <i>Couples</i>		Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	
TCM	132	Three Hours to Kill (:15)		Strange Lady in Town ('55, Western)		(:15) Beyond a Reasonable Doubt (:45)		Enchanted Island ★★ ('58, Adventure)		Comanche ★★ ★ ('56, Western)							
TLC	183	Fat Fabulous		Fat Fabulous		Untold Stories of the ER		Addiction	Addiction	Addiction	Addiction	Cellblock 6		Cellblock 6		Cellblock 6	
TMC-W	329	A Haunted House 'R'		Midsommar ★★ ★ ('19, Horror) <i>Florence Pugh</i> 'R'		A. Christie		Dirty Dancing: Havana Nights		The Love Guru ★ ('08) 'PG-13'		Anywhere With You					
TNT	138	Cold Case <i>Start-Up</i>		Charmed		Charmed <i>Charmmed!</i>		Charmed		Charmed		Charmed		Supernatural		Supernatural <i>Croatoan</i>	
TRU	242	Paid Programs					Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers		Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	
TRVL	196	Paid Programs					UFO Hunters		UFO Hunters		Ghost Hunters		Ghost Hunters		Ghost Hunters		
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs					M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		
UP	188	Paid Programs					Heartland		Heartland <i>Never Let Go</i>		Heartland		Little House on Prairie		Little House on Prairie		
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS <i>Chimera</i>		NCIS <i>Requiem</i>		2022 Tour de France Stage 17		Mountain stage. From Saint-Gaudens to Peyragudes. (N)		Law-SVU			
WE	128	Mama June- Not to Hot		Paid Programs					NCIS <i>Requiem</i>		NCIS		NCIS				

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs			The View (N)			
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)		Local Programs			The Price Is Right (N)				
CW-E	Local Programs					Local Programs											
FOX-E	Local Programs					Local Programs					Local Programs			Local Programs			
NBC-E	Local Programs					Local Programs					Today (N)			Today 3rd Hour (N)		Today-Hoda	
METV	247*	(:05) Barnaby Jones	Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock (Part 1 of 2)		In the Heat of Night		
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				
CBS-W	Corden	Local Prog.	CBS Overnight News (N)				News		News	News	News	News	CBS Mornings (N)				
CW-W	Local Programs					Local Programs											
FOX-W	Local Programs					Local Programs					Local Programs			Local Programs			
NBC-W	Meyers	News	Top Story With		Early Tdy	Local Programs				Local Programs			Today (N)				
PBS	Antiques Roadshow		Antiques Roadshow		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious	

EASTERN		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30	
CENTRAL		11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	
MOUNTAIN		10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	
PACIFIC		9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	
PREMIUM MOVIES																		
HBO	HBO-E 310	[05] The Command ('18, Drama) 'PG-13'					[05] Non-Stop ('14, Action) <i>Liam Neeson</i> 'PG-13'					REAL Sports		(4:55) TBA		The Heat ('13, Comedy) <i>Sandra Bullock</i> 'R'		
	HBO2 312	[37] Game of Thrones		[31] Game of Thrones		Game of Thrones		Game of Thrones		[23] Game of Thrones		[25] West Side Story ('61, Musical) <i>Natalie Wood</i> 'NR'						
	HBO3 314	[35] The Bourne Supremacy ('04) 'PG-13'					[25] Brothers by Blood ('20) 'R'					The Mule ★★ ('18, Crime Drama) 'R'		Westworld		Many Saints		
	HBOF 315	[04] Mr. Magorium		[04] Rio 2 ★★ ('14, Children's) 'G'		[246] Paulie ('98, Children's) 'PG'		[18] Jungle Master		[41] The Rugrats Movie ('98) 'G'		Rugrats Go Wild ('03)						
MAX	MAX 307	[13] Escape Plan 'R'		[20] News of the World ('20, Western) 'PG-13'		[09] The Unborn ('09, Horror) 'PG-13'		[15] Spare Parts ('15, Drama) <i>George Lopez</i> 'PG-13'		[26] Bloodsport ('88, Biography) 'R'								
	5MAX 308	[39] A Mighty Wind ('03) 'PG-13'		[11] Something Borrowed ★ ('11) 'PG-13'		[04] Jennifer Eight ★★ ('92, Suspense) 'R'		[10] The Vanishing 'R'										
	MMAX 309	[33] The Prince		[28] 28 Days Later ★★ ('02, Horror) 'R'		[27] 28 Weeks Later ('07) 'R'		[08] First Blood ('82, Action) 'R'		[42] Rambo: First Blood Part II ('85, Action) 'R'		Rambo III						
SHOWTIME	SHO-E 318	[14] Still Alice ('14) 'PG-13'		Spotlights Ingrid Goes West ★★ ('17) 'R'		Spotlights Debug ('14, Science Fiction) 'NR'		[99] Sleepy Hollow ('99, Horror) <i>Johnny Depp</i> 'R'		[84] The Terminator								
	SHO2 320	[17] Lady Bird 'R'		[15] The Disaster Artist ('17) <i>James Franco</i> 'R'		Cypress Hill: Insane in the Brain		[Madrina: Savage Life]		[06] The Host ('06, Horror) <i>Song Kang-ho</i> 'R'								
	SHOBET 321	[14] Selma ('14, Historical Drama) 'PG-13'		[10] The Challenger ('15, Drama) 'PG-13'		[Disgraced ('17, Documentary) 'NR']		[45] One & Done : Ben Simmons		[Beyond the								
	SHOX 322	[05] Robot Apocalypse		[05] Layer Cake ★★ ('04, Crime Drama) 'R'		[Mission: Impossible III ('06, Action) 'PG-13']		[05] Indiana Jones and the Last Crusade ('89)		[Lavell Crawford]								
	SHOS 323	[13] Side Effects ★★ ('13, Drama) <i>Jude Law</i> 'R'		[85] Better Off Dead ★★ ('85) 'PG'		[40] Vampire Academy ('14, Fantasy) 'PG-13'		[25] Midnight Sun ('18) 'PG-13'		[Supreme Team (N)]								
	TMC 327	[96] Kingpin 'PG-13'		[16] 20th Century Women ('16, Comedy-Drama) 'R'		[Another Kind of Wedding ('17)]		[20] Six Minutes to Midnight ('20)		[15] Philomena ('13, Docudrama) 'PG-13'								
	FLIX-E 333	[13] Jobs ★★ ('13, Biography) 'PG-13'		[35] August: Osage County ★★ ('13) 'R'		[45] Primal Fear ('96, Crime Drama) <i>Richard Gere</i> 'R'		[Misery ★★ ('90, Horror) <i>James Caan</i> 'R']										
STARZ	ENCR-E 340	[93] Mrs. Doubtfire ★★ ('93) 'PG'		[23] Good Burger ('97) 'PG'		[02] Stomp the Yard ('07, Drama) 'PG-13'		[99] Forces of Nature ('99) <i>Sandra Bullock</i> 'PG-13'		[6:49] Moulin Rouge								
	STARZ-E 350	[10] Scott Pilgrim vs. the World ('10)		[28] Die Hard ('88, Action) <i>Bruce Willis</i> 'R'		[44] You're Next ('11, Horror) <i>Sharni Vinson</i> 'R'		[23] Brothers ('09, Drama) 'R'		[12] Jersey Girl ('04)								
	STRZED 352	[26] Family ('26) Yellow Rose ('19) 'PG-13'		[03] The Climb ★★ ('19) 'R'		[44] Becoming Elizabeth ('45) Aliens ('86, Science Fiction) <i>Sigourney Weaver</i> 'R'		[Thor: The Dark World]										
	STRZCI 353	[20] French Exit ★★ ('20, Comedy-Drama) 'R'		[1:48] Schindler's List ★★ ('93, Historical Drama) <i>Liam Neeson</i> 'R'		[The Cult of the Family]		[The Cult of the Family]		[The Cult of the Family]								
	STRZCO 354	[00] Losers ('00) 'PG-13'		[12:56] Mr. Baseball ('92, Comedy) 'PG-13'		[2:48] My Stepmother Is an Alien ('40) The Great White Hype ('96)		[14] BASEketball ('98, Comedy) <i>Trey Parker</i> 'R'										
	STRZIB 355	[05] Roll Bounce		[20] The Craft: Legacy ('20) 'PG-13'		[37] Here Today ('21, Comedy-Drama) 'PG-13'		[36] Tortured ('08, Suspense) <i>Cole Hauser</i> 'R'		[26] Supercool ('21, Comedy) 'NR'								
STRZKF 356	[15] Little Boy ★★ ('15) 'PG-13'		[36] Two by Two: Overboard!		[The Little Rascals Save the Day ('42)]		[I.Q. ★★ ('94, Romance-Comedy) 'PG']		[19] Moms' Night Out ('14) 'PG'									
EPIX	EPIX 380	[22] The Lost City ('22)		[10] Leaving Las Vegas ★★ ('95, Drama)		[05] The Doors ★★ ('91, Biography) <i>Val Kilmer</i>		[Nebraska ★★ ('13, Drama) <i>Bruce Dern</i> Bridge]										
	EPIX2 381	[90] Mermaids ('90, Comedy-Drama)		[Heartburn ★★ ('86, Drama) <i>Meryl Streep</i> Wolf of Snow ('05)]		[45] A Madea Christmas ★★ ('13, Comedy)		[25] Wayne's World 2 ('93)										
	EPIXH 382	[15] Four Feathers ★★ ('02, Adventure) <i>Heath Ledger</i>		[Red Dawn ★★ ('12, Action)]		[05] The Conversation ('74, Suspense)		[The General's Daughter ('99, Suspense)]										
EPIXDR 292	[78] Longest Heaven Can Wait ('78, Comedy)		[15] Cousins ★★ ('89, Romance-Comedy)		[10] Elizabethtown ('05, Comedy-Drama)		[15] She's Out of My League ★★ ('10)											
AMERICA'S TOP PROGRAMMING																		
A&E 118	Neighbor.		Neighbor.		Road Wars		Court Cam		Court Cam		Court Cam		Court Cam		Court Cam		Court Cam	
AHC 195	Weaponology <i>Bomber</i>		Weaponology		Weaponology <i>USMC</i>		Weaponology		Hitler's Zombie Army		Mad Science		Hitler (Part 4 of 6)		Hitler (Part 1 of 6)			
AMC 131	[95] Heat ('95, Crime Drama) <i>Al Pacino</i>		[Space Cowboys ★★ ('00, Adventure) <i>Clint Eastwood</i>		[Armageddon ★★ ('98, Science Fiction) <i>Bruce Willis, Billy Bob Thornton</i>													
APL 184	Tanked		Tanked		Pit Bulls and Parolees		Pit Bulls and Parolees		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins			
AXSTV 167	AXS TV Concerts		AXS TV Concerts		Macy Gray		LA Ink (N)		Ozzy & Jack's		Wahlburg		Wahlburg		Top Ten		Top Ten	
BBCA 135	Bones		Bones		Bones		Bones		Bones <i>Fire in the Ice</i>		Bones		Bones		Bones			
BET 124	Celebrity Family Feud		[The Perfect Holiday ★ ('07, Children's) <i>Gabrielle Union</i>		Movie		Tyler Perry's The Oval		The Family Business									
BOUNCE 359	Paternity		Paternity		Hot Bench		Hot Bench		In the Heat of Night		In the Heat of Night		[The Cookout ★ ('04, Comedy) <i>Ja Rule</i>		[Taxi ★ ('04, Comedy) <i>Queen Latifah</i>			
BRAVO 129	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Real Housewives			
BUZZR 245	Match		Match		Concen.		Concen.		Password		Password		Super Pass		Tattletales		Press Luck	
CIHD 249	Casanova Killers		Casanova Killers		Casanova Killers		Female Forces		Female Forces		Female Forces		Female Forces		Female Forces <i>Irish Luck</i>		Female Forces	
CMT 166	Mike		Mike		King		King		King		King		Last Man		Last Man		Last Man	
CNBC 208	Fast Money Halftime		The Exchange (L)		Power Lunch (L)		Closing Bell (L)		Closing Bell: Overtime (L)		Fast Money (L)		Mad Money (N)		Shepard Smith			
CNN 200	Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront (L)	
COM 107	South Park		South Park		South Park		South Park		South Park		South Park		South Park		South Park		South Park	
COMET 289	[86] Troll ('86, Fantasy)		[92] Troll 2 ★ ('92, Horror) <i>Michael Stephenson</i>		The Outer Limits		The Outer Limits		Farscape <i>Premiere</i>		Farscape		Farscape		Buffy, Vampire Slayer			
COOK 113	Carn Eats		Carn Eats		Bizarre		Bizarre		Delicious		Delicious		Delicious		Delicious		No Reservation	
DISC 182	Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown	
DFC 179	Pac-Man		Pac-Man		Littlest Pet		Pet Shop		Pet Shop		Pony Life		LittlePony		LittlePony		LittlePony	
DISN-E 172	Big City		Big City		Big City		Big City		Raven		Bunk'd		Bunk'd		Jessie		Jessie	
ENCR-W 341	[31] Program ('31) The Unholy ★ ('21) 'PG-13'		[14] Mrs. Doubtfire ('93, Children's) <i>Robin Williams</i> 'PG'		[23] Good Burger ('97) 'PG'		[02] Stomp the Yard ('07, Drama) 'PG-13'											
EWESTN 342	[45] Saw Light		[57] NR		[The Deputy] Wanted ...		[254] Wagon Train		[Laramie] Death Vall.		[Fargo] Rifleman		[5:58] The Virginian		[Hawk-River]			
EACTN 343	[13] The Grandmaster ('13) 'PG-13'		[37] Banditas ★★ ('06) 'PG-13'		[12] Game of Death ★ ('78, Adventure) 'PG'		[4:55] Attack the Block ('11) 'R'		[26] The Marine ★ ('06) 'PG-13'									
ESUSP 344	[36] Frightnrs		[99] Teaching Mrs. Tingle ('99)		[14] Redemption Day ('21, Action) 'R'		[3:56] The Trust ('16) 'R'		[Elysium ('13, Science Fiction) <i>Matt Damon</i> 'R']		[Teaching							
EBLACK 345	[25] Street 2		[25] Another Day of Life ('18) 'NR'		[1:53] Solo ('96, Action) 'PG-13'		[29] Next Day Air ★ ('09) 'R'		[4:56] The 24th ('20, Historical Drama) 'NR'		[6:52] StreetDance ('10)							
ECLASS 346	[18] Rise Apes		[18] Vertical Limit ('00, Suspense) 'PG-13'		[24] Missing in Action ('84) 'R'		[Missing in Action 2 ('44) Spy Game ★★ ('01, Suspense) <i>Robert Redford</i> 'R']											
EFAMILY 347	[21] Hero Mode ('21, Comedy) 'PG'		[26] Dunston Checks In ('96) 'PG'		[2:56] Firehouse Dog ★★ ('07, Children's) 'PG'		[4:49] Dragon Ball Super: Broly		[Dr. Seuss' Horton Hears a Who!]									
ESPN 140	SportsCenter (L)		SportsCenter (L)		This Just In (L)		NBA Today (L)		NFL Live (L)		Around		Interruption		SportsCenter (L)		SportsCenter (L)	
ESPN2 143	First Take (N)		SportCtr		⊕ UEFA Women's EURO 2022 <i>First Quarterfinal: Teams TBA</i> (L)		TBA		Daily Wager (L)		USL Champ. Soccer							
EWTN 261	Daily Mass		Women of		At Home		Fr. Spitzer's Universe		Chaplet		Rosary		Love Jesus		Lukas Story		Religious	
FETV 82	Hillbillies		Hillbillies		Wagon Train		Rawhide		Rawhide		Perry Mason		Perry Mason		Mannix		Mannix <i>The Green Man</i>	
FMC 387	[45] Captain Kidd		[15] Dancing Pirate ('36, Musical Comedy)		[Amazing Adv. ('15) American Empire ★★ ('42, Western)]		[Roll on Texas Moon ('The Hurricane Express											
FNC 205	[Numbered (L)]		[America Reports (L)]		[The Story With Martha]		[Your World W/ Cavuto]		[The Five (L)]		[Special Report]		[Jesse Watters (L)]					
FOOD 110	Pioneer		Pioneer		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games	
FREFM 180	[02] Drumline		[10] Things I Hate About You ('99, Comedy)		[The Office]		[The Office]		[The Office]		[The Office]		[The Office]		[The Office]		[The Office]	
F51 150	The Herd with Colin Cowherd (L)		Speak for Yourself (L)		Undisputed		NASCAR Race Hub (L)		NASCAR Beyond									

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Happy Death Day 2U ('19)				Zombieland: Double Tap ('19, Comedy)				Underwater ★★ ('20, Science Fiction)				The Twilight Saga: Breaking Dawn Part 1 ('11, Romance)					
FXM	384	State Fair (45) The King and I ('56, Musical)				Deborah Kerr 'G'				Little Women ★★★ ('19, Drama) Saoirse Ronan 'PG'				Mike and Dave Need Wedding Talladega					
FXM	125	Cleveland	Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons			
GETTV	373	The Rockford Files				Walker, Texas Ranger				Walker, Texas Ranger				Walker, Texas Ranger					
GMSHW	116	Deal or No Deal		Match		Match		Catch 21	Catch 21	25 Words	25 Words	Common	Common	Chain Rea.	Chain Rea.	Puzzler	Puzzler	Puzzler	America
GOLF	401	Golf Today (L)				Golf Today				Golf Central (L)				PGA TOUR Classics					
GRIT	217	Death Vall.	Death Vall.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Tales of Wells Fargo			
HALL	185	Love, Lights, Hanukkah! ('20, Romance)				The Christmas House 2: Deck Those Halls				Heart of the Holidays ('20, Romance)				Never Kiss a Man in a Christmas Sweater					
HALLDR	186	Matlock (Part 2 of 2)		Matlock <i>The Accident</i>		The Waltons				The Waltons				The Waltons <i>The Return</i>					
HALLMV	187	Diagnosis Murder				Diagnosis Murder				Monk				Monk					
HDMOV	130	About Last Night ... ('86, Comedy-Drama)				The Bygone ('19, Crime Drama)				The Crow ('94, Action)				(45) Dying Laughing ('16, Documentary)					
HERIC	293	JAG Secret Agent Man				JAG				JAG <i>Touchdown</i>				JAG					
HGTV	112	Help-Wrecked		Help-Wrecked		Help-Wrecked		Help-Wrecked		Rehab Addict Rescue		Rehab Addict Rescue		Rehab Addict Rescue		Rehab Addict Rescue			
HIST	120	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire			
ID	192	20/20 on ID				Grave Secrets				Grave Secrets				Homicide Hunter: Kenda					
IFC	133	3's Comp.		3's Comp.		3's Comp.		3's Comp.		Raymond		Raymond		Raymond		Raymond			
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.		
LIFE	108	The Mentalist		The Mentalist		The Mentalist		Castle		Castle		Castle		Castle		Castle			
LMN	109	Designed for Death ('21, Suspense)				My Nightmare Landlord ('20, Suspense)				Ruthless Realtor ('20, Suspense) <i>Christie Burson</i>				Killer Contractor ('19, Suspense) <i>Alyshia Ochse</i>					
MAGN	111	Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper			
MGMHD	385	Rancho Deluxe ('75, Western) <i>Jeff Bridges</i>				(05) Buffalo Bill and the Indians ★★ ('76, Western)				(45) Best Seller ★★★ ('87, Crime Drama) <i>James Woods</i>				Across 110th Street					
MOTOR	246	Wheeler Dealers		Wheeler Dealers		Wheeler Dealers		Wheeler Dealers		Junkyard Empire		FantomWorks		Bitchin' Rides		Garage Squad			
MSNBC	209	Andrea Mitchell Reports (L)		Chris Jansing Reports (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)				The Beat With		The ReidOut (L)			
NATGEO	197	50 Shades of Sharks		Shark Gangs		Counting Jaws		Maui Shark Mystery		When Sharks Attack		When Sharks Attack		When Sharks Attack		When Sharks Attack			
NGWLD	190	Secrets-Zoo		Secrets-Zoo		Secrets of the Zoo		Secrets of the Zoo		Port Protection Alaska (N)		Port Protection Alaska (N)		Port Protection Alaska (N)		Port Protection Alaska (N)			
OUTD	396	Wild Ops	The One	Whitetail Freaks								Outdoors Hunt		Wardens Wardens		The Gunfather			
OWN	189	Dr. Phil		Court	Court	Court	Court	20/20 on OWN				20/20 on OWN		20/20 on OWN		20/20: Homicide			
OXYG	127	Dateline: Secrets				Dateline: Secrets				Dateline: Secrets				Dateline: Secrets					
PARMT	241	Bar Rescue		(12:52) Bar Rescue		(1:49) Mom		(4:5) Mom		(1:15) Mom		(4:4) Mom		Two Men Two Men		Two Men Two Men			
POP	117	ER <i>Sticks and Stones</i>		ER <i>Point of Origin</i>		ER <i>Rites of Spring</i>		House				House <i>Unfaithful</i>		House <i>The Softer Side</i>		House			
REELZ	299	Cops	Cops	Cops	Cops	Vegas	Vegas	Vegas	Vegas	Vegas	Vegas	Cops	Cops	Cops	Cops	Mobsters			
RFDTV	231	Market Day Report (L)				Cow Guy		Wild	Equestrian	Best Amer	Southern	Bucket List	Rodeo	Heartland	Big Deal	Mollie B Polka Party	Rural News		
SCI	193	Strange Evidence		Strange Evidence		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?			
SMITH	367	Air Disasters		Air Disasters		Inside- Tower of London				WWII Battles in Color				WWII Battles in Color					
SONY	386	The Hit List ('11, Action)				(27) The Cave ★★ ('05, Horror) <i>Cole Hauser</i>				(16) The Desperados ('69, Western)				Jason and the Argonauts ('63, Children's)					
SUND-E	358	Andy G.	Andy G.	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds			
SYFY	122	Batman Returns ★★★ ('92, Action) <i>Michael Keaton, Danny DeVito</i>				(2:57) The Fast and the Furious ('01, Action)				<i>Vin Diesel</i> (25) 2 Fast 2 Furious ('03, Action)				<i>Paul Walker</i> Fast Furi					
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	S. Furtick	Praise		Graham	Scudder	The Potter's Centerpoint			
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang			
TCM	132	(15) Spring Union ('57, Drama)		(45) The Fearmakers ('58, Drama)		(15) Joy of Living ('38, Musical Comedy)				My Favorite Spy ('42) <i>Kay Kyser</i>				Soldiers Three ('51, Adventure)					
TLC	183	Welcome to Plathville		Welcome to Plathville		Welcome to Plathville		My Deady Appetite		Germophobia		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper			
TMC-W	329	Anywhere Flashdance ('83, Drama) 'R'				(05) Kingpin ★★ ('96, Comedy) 'PG-13'				20th Century Women ('16, Comedy-Drama) 'R'				Another Kind of Wedding ('17) Six Min					
TNT	138	Supernatural <i>Hunted</i>		Supernatural <i>Playthings</i>		Supernatural		Supernatural		Lucifer <i>City of Angels?</i>		Lucifer <i>All About Her</i>		Lucifer		Lucifer			
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes		Jokes		Jokes		Jokes			
TRVL	196	Ghost Hunters				Ghost Hunters				Ghost Hunters				Ghost Hunters					
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.		Andy G.		Andy G.		Andy G.			
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls				Gilmore Girls				Reba		Reba			
USA	105	Law-SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Track, Field			
WE	128	NCIS <i>Lost & Found</i>		NCIS		NCIS <i>Tribes</i>		NCIS <i>Stakeout</i>		NCIS <i>Dog Tags</i>		NCIS <i>Internal Affairs</i>		NCIS <i>In the Zone</i>		NCIS <i>Recoil</i>			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs				News		Local Programs			
CBS-E	Local Prog. Young & Restless		Bold		The Talk (N)		Let's Make a Deal		Local Programs				News		Local Programs			
CW-E	Local Programs				Local Programs		Local Programs		Local Programs		Local Programs							
FOX-E	Local Programs				Local Programs		Local Programs		Local Programs									
NBC-E	Local Programs				Days of our Lives (N)		Local Programs						Local Programs		Local Prog./News		Local Programs	
METV	247*	The Waltons		Gunsmoke		Bonanza		Rifeman		Rifeman		Wagon Train		Adam-12		Adam-12		
ABC-W	Local Programs		The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		Local Programs		Local Programs	
CBS-W	Local Programs		The Price Is Right (N)		Young & Restless		Local Prog./Bold		The Talk (N)		Let's Make a Deal		Local Programs		Local Programs		Local Programs	
CW-W	Local Programs				Local Programs		Local Programs		Local Programs		Local Programs		Local Programs		Local Programs		Local Programs	
FOX-W	Local Programs				Local Programs		Local Programs		Local Programs									
NBC-W	Today 3rd Hour (N)		Today-Hoda		Local Programs						Days of our Lives (N)		Local Programs					
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)			

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
PREMIUM MOVIES																		
HBO	HBO-E 310	TBA			Last Night in Soho ★★★ ('21, Suspense) 'R'			TBA		(45) Irma Vep		(40) Irma Vep		(40) Equilibrium ★ ('02, Science Fiction) 'R'		Westworld		
	HBO2 312	TBA			(8:55) TBA			TBA		(45) Irma Vep		(45) The King's Man ★★ ('21, Action) Ralph Fiennes 'R'		Donnie Darko ★★★ ('01, Science Fiction) 'R'				
	HBO3 314	★Many Saints			Mind Over Murder (N)			REAL Sports		Those Who Wish Me Dead ('21)		The Lincoln Lawyer ('11, Crime Drama) 'R'		(40) '71 ★★★ ('14, Action) 'R'				
HBOF 315	★Rugrats			[21] Johnson Family Vacation			(9:58) In the Heights ('21, Musical) Anthony Ramos 'PG-13'			[21] Man of Steel ★★ ('13, Action) 'PG-13'		[44] Unfinished Song ('12) 'PG-13'						
MAX	MAX 307	★The Wood ★★ ('99, Drama) Omar Epps 'R'			(9:48) You, Me and Dupree ('06)			(39) The Aviator ★★★ ('04, Biography) Leonardo DiCaprio 'PG-13'		(31) The Next Three Days ('10)								
	5MAX 308	★The Vanishing ('93)			Taken 2 ('12, Action) 'PG-13'			(39) The Wrestler ★★ ('08, Drama) 'R'		(29) Imperium ★★ ('16, Suspense) 'R'		(18) Aftermath ('17, Suspense) 'R'						
	MMAX 309	★Rambo III ('88) 'R'			★Blood Father ('16, Action) 'R'			(29) Reindeer Games ('00) 'R'		(12:14) Red Eye ('05) 'PG-13'		(40) Red Dragon ★★ ('02, Suspense) 'R'		Mindhunter				
SHOWTIME	SHO-E 318	★The Terminator ('84)			Paycheck ★★ ('03, Science Fiction) 'PG-13'			Zola ★★★ ('20, Comedy) 'R'		Monday ('20, Romance) Sebastian Stan 'R'		Free Fire ★★ ('16, Action) 'R'						
	SHO2 320	★Stillwater ★★ ('21, Drama) Matt Damon 'R'			Ida Red ('21, Crime Drama) Josh Hartnett 'R'			Tangerine ('15, Comedy-Drama) 'R'		Pimp ('18, Crime Drama) 'NR'		How						
	SHOBET 321	★Beyond the Law ('19)			We Hunt Together			Supreme Team		Flatbush		Da Sweet Blood of Jesus ('14, Suspense) 'NR'		(40) Bacurau ('19, Suspense) Sonia Braga, Udo Kier 'NR'				
	SHOX 322	★Crawford			[20] Bad Santa 2 ('16, Comedy) 'R'			Bellator MMA Bellator 260: Lima vs. Amosov		We Hunt		(15) Lost Lust ('20, Adult) 'NR'		Barb Wire ('96) 'R'				
	SHOS 323	The Chi			Flatbush			Norman: Moderate Rise and Tragic Fall		Parenthood ('89, Comedy-Drama) 'PG-13'		(35) Crank ★★ ('06, Action) 'R'		(05) Windtalkers ('02)				
TMC 327	★The Farewell ('19) Awkwafina 'PG'			(40) Columbus ('17, Drama) John Cho 'NR'			Dating & New York ('21) 'PG-13'		(05) Into the Forest ★★ ('15, Suspense) 'R'		Light of Moon							
FLIX-E 333	★Hard Eight ('96, Drama) 'R'			(45) Bounce ★★ ('00, Romance) 'PG-13'			(35) Yanks ★★ ('79, Romance) Richard Gere 'R'		Behind Enemy Lines ('97) 'R'		Perf Man							
STARZ	ENCR-E 340	★Moulin Rouge ('01)			★Good Burger ('97, Comedy) 'PG'			(39) Mrs. Doubtfire ('93, Children's) Robin Williams 'PG'		(12:49) The Broken Hearts Gallery		(40) Jumpin' Jack Flash ('86) 'R'						
	STARZ-E 350	★Jersey Girl ('04)			Becoming Elizabeth			P-Valley Pussyland		(06) P-Valley		(12:13) Stripped: Los Angeles		(33) Jersey Girl ('04, Romance-Comedy) 'PG-13'		Becoming		
	STRZED 352	★Thor: The Dark World			Spiral: From the Book of Saw 'R'			(36) Tyler Perry's The Family That Preys ('08)		Monster Hunter ★★ ('20, Fantasy) 'PG-13'		(16) The Vanishing ('18) 'R'						
	STRZCI 353	(05) Boyz n the Hood ('91, Drama) 'R'			Schindler's List ★★ ('93, Historical Drama) Liam Neeson, Ben Kingsley 'R'			(20) The King's Speech ('10) Colin Firth 'R'		Outlander								
	STRZCO 354	★Mr. Baseball ★★ ('92, Comedy) 'PG-13'			(9:51) Balls of Fury ('07) 'PG-13'			(24) Road Trip: Beer Pong ('09) 'R'		(04) This Is the End ★★ ('13, Comedy) 'R'		Naked Singularity 'R'						
STRZIB 355	★Critical Thinking ('20, Drama) 'NR'			American Gangster ★★ ('07, Crime Drama) 'R'			(40) Wrong Man		(32) Wrong Man		(26) Wrong Man		Wrong					
STRZKF 356	12 Mighty Orphans ('21) Luke Wilson 'PG-13'			(9:59) Iron Man 3 ★★ ('13, Action) 'PG-13'			(12:11) Clockstoppers ('02, Children's) 'PG'		The Little Rascals ('94)		The Clockwork Girl							
EPIX	EPIX 380	★Respect ★★ ('21, Biography) Jennifer Hudson			(25) Fences ('16, Drama) Denzel Washington			(45) Flight ★★ ('12, Drama) Denzel Washington		Bridge		Sex Life						
	EPIX2 381	★Sonic the Hedgehog 2 ★★ ('22, Comedy) (05) The Addams Family 2 ('21)			(40) A Very Brady Sequel ('96)		Bridge		(40) The Glass Castle ★★ ('17, Biography) Brie Larson									
	EPIXH 382	★Snake Eyes ★★ ('98, Suspense) (40) Dead Again ★★ ('91, Mystery)			Jacob's Ladder ('90, Horror) Tim Robbins		(25) The General's Daughter ('99, Suspense) 2 Days											
EPIXDR 292	(500) Days of Summer ('09)			(40) Midnight in Paris ('11)			(15) Morning Glory ('10, Romance-Comedy)		(05) She's Out of My League ★★ ('10)		Someone Marry Barry							
AMERICA'S TOP PROGRAMMING																		
A&E 118	Court Cam		Court Cam		Court (N)		Court (N)		Neighbor.		Road (N)		Court Cam		Court Cam		Court Cam	
AHC 195	Freemasons: Decoded		Brothels-Built America		Alcatraz: Beyond		Outlaw Biker Gangs		Freemasons: Decoded		Brothels-Built America		Alcatraz: Beyond		Outlaw Biker Gangs			
AMC 131	★Moneysball ★★ ('11, Drama) Brad Pitt, Jonah Hill		Road House ★★ ('89, Action) Patrick Swayze, Kelly Lynch		Walking Dead: World		Walking Dead: World		Walking Dead: World		Walking Dead: World		Walking Dead: World		Walking Dead: World			
APL 184	Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins			
AXSTV 167	Live From Artists Den		Invicta FC Invicta FC 48: Tennant vs. Rubin (N)		Live From Artists Den		AXS TV Concerts		Legends		Legends		Legends					
BBCA 135	Bones		Bones		Bones		Bones		Bones		Bones		Fire in the Ice		UK PD			
BET 124	Celebrity Family Feud		Tyler Perry's Sistat (N)		All the Queen's Men (N)		Tyler Perry's Sistat		All the Queen's Men		Martin		Martin		Martin		Prince	
BOUNCE 359	★The Losers ('10, Action) Jeffrey Dean Morgan		★No Good Deed ★★ ('14, Suspense) Idris Elba		Judgment Day ★★ ('99, Action) Ice-T		G ★★ ('02, Drama) Richard T. Jones											
BRAVO 129	Real Housewives		Housewives of Dubai		Watch		Real Housewives		Housewives of Dubai		Medicine		Housewives-Atlanta		Housewives/Potomac		Watch	
BUZZR 245	Concentrat		Password		Sweep		Card		Match-Squares		Concentrat		Password		Sweep		Card	
CIHD 249	Paranormal		Paranormal		Paranormal		Paranormal		Female Forces		Female Forces		Bulls-Eye		Paranormal		Paranormal	
CMT 166	Mom		Mom		Mom		Mom		Mom		Mom		Gold Girls		Gold Girls		Gold Girls	
CNBC 208	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shepard Smith		American Greed		Dateline		Dateline			
CNN 200	Anderson Cooper 360 (L)		CNN Tonight (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		Don Lemon Tonight			
COM 107	Yankers		Yankers		South Park		South Park		South Park		South Park		South Park		South Park		South Park	
COMET 289	Buffy, Vampire Slayer		The X-Files		The X-Files		Folie a Deux		The X-Files (Part 1 of 2)		The X-Files (Part 2 of 2)		Quantum Leap		Quantum Leap		Paid Programs	
COOK 113	Burgers		Burgers		Burgers		Burgers		Food Paradise		Food Paradise		Burgers		Burgers		Food Paradise	
DISC 182	Expedition Unknown (N)		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown	
DFC 179	Chopped		Chopped		Beer Here!		Chopped		Pizza Perfect		Chopped		Beer Here!		Chopped		Pizza Perfect	
DISN-E 172	Big City		Big City		Big City		Big City		Owl Hse.		Amphibia		Big City		Big City		Jessie	
ENCR-W 341	★Forces of Nature ('99) Sandra Bullock 'PG-13'		★Moulin Rouge ('01, Musical) 'PG-13'		★Good Burger ('97, Comedy) 'PG'		(39) Mrs. Doubtfire ('93, Children's) Robin Williams 'PG'											
EWESTN 342	★Great Northfield Raid		(43) The Domino Kid ('57) 'NR'		(10:58) I Saw the Light ('15, Biography) 'R'		(03) Rawhide ('51, Western) 'NR'		(31) The Shepherd of the Hills									
EACTN 343	★The Great Raid ('05, War) Benjamin Bratt 'R'		(15) Man on Fire ('87, Action) Scott Glenn 'R'		(11:50) Attack the Block ('11) 'R'		(22) Sicario: Day of the Soldado ('18) 'R'		(28) Patton									
ESUSP 344	★Teaching Mrs. Tingle		Tangled ★ ('01, Suspense) 'R'		(32) The Gunman ('15, Action) Sean Penn 'R'		(31) Suicide Kings ('97, Crime Drama) 'R'		(20) Leprechaun 4 in Space ('96)									
EBLACK 345	★StreetDnc		(32) StreetDance 2 ('12) 'NR'		Solo ★★ ('96, Action) 'PG-13'		(36) The 24th ('20, Historical Drama) 'NR'		(33) Shot Caller ('17, Crime Drama) 'R'		StreetDnc							
ECLASS 346	★Vertical Limit ★★ ('00, Suspense) 'PG-13'		Rescue Me Animal		(11) Damages		(11:59) Bachelor Party ★★ ('84, Comedy) 'R'		Deuce Bigalow		(12) Rescue Me Animal							
EFAMILY 347	★Dunston Checks In ('96) 'PG'		★That Thing You Do! ('96, Comedy-Drama) 'PG'		(19) Firehouse Dog ('07) 'PG'		(12) Sidekicks ('93, Action) Chuck Norris 'PG'		Dunston Checks In									
ESPN 140	★ The Basketball Tournament		Teams TBA (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter		SportsCenter		SportsCenter		SportsCenter		Awards	
ESPN2 143	★USL Champ. Soccer		★ Leagues Cup (L)		International Champions Cup Soccer		Around		Interruption		NFL Live		SportsCenter					
EWTN 261	EWTN Live (N)		News		Rosary		Fr. Spitzer's Universe		Crossing		Women of		Daily Mass		EWTN Live		News	
FETV 82	Perry Mason		Perry Mason		Emergency! Election		Emergency! Equipment		B. Miller		B. Miller		Maude		Maude		Bewitched	
FMC 387	★The Hurricane Express ★★ ('32, Western) John Wayne, Conway Tearle		(12:15) Kid Dynamite ('43, Comedy) (45) Beyond Tomorrow ★★ ('40, Fantasy) Cyrano															
FNC 205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle			
FOOD 110	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games	
FREFM 180	The Office		The Office		The Office		The Office		grown- (N) Trash		The 700 Club		Simpsons		Simpsons		Simpsons	
F51 150	2022 Copa América Femenina		2022 MLB All-Star Game		Best of		TMZ (N)		PBA Bowling Strike Derby									

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Twilight Saga: Breaking Dawn Part 2 ('12, Romance)					The Twilight Saga: Breaking Dawn Part 2 ('12, Romance)					Mayans M.C.		Mayans M.C.		Mayans		
FXM	384	Talladega Nights: The Ballad of Ricky Bobby					Why Him? ('16, Comedy) <i>James Franco</i> 'R'					FXM Pres.		Why Him? ★★ ('16, Comedy) <i>James Franco</i> 'R'		Song-Berndette		
FXM	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Burgers	Burgers	Burgers	Burgers	Futurama	Futurama	Futurama	Archer	Archer	Archer		
GETTV	373	The Rockford Files		The Rockford Files		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford		Sanford	Catch 21	
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided	
GOLF	401	The Open Highlights		The Open Highlights		The Open Highlights		The Open Highlights		The Open Highlights		Golf Central		Golf	Lessons	Paid Programs		
GRIT	217	The Alamo: 13 Days to Glory ★★ ('87, Historical Drama) <i>James Arness</i>					Smoke Signal ('55, Western) <i>Dana Andrews</i>					Comanche ('56, Western) <i>Dana Andrews</i>		Paid Prog.				
HALL	185	My Christmas Family Tree ('21, Romance)			Five Star Christmas ('20, Romance-Comedy)			Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier	Frasier	
HALLDR	186	Little House on Prairie			Little House on Prairie			The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		
HALLMV	187	Murder, She Baked		Aurora Teagarden Mysteries		<i>How to Con a Con</i>		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		
HDMOV	130	Johnny Be Good ('88)		The Legend of Billie Jean ('85)		(:45) Blind Date ('87, Comedy) <i>Kim Basinger</i>		The Legend of Billie Jean ('85)		(:15) Blind Date ('87, Comedy) <i>Kim Basinger</i>								
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House		House		
HGTV	112	Rehab Addict		Bargain Block (N)		Hunters		Hunters		Bargain Block		Hunters		Hunters		Rehab Addict		
HIST	120	Forged in Fire		Forged in Fire (N)		Power		Power		(:03) Forged in Fire		(:12:03) Forged in Fire		(:05) Forged in Fire		(:04) Forged in Fire		
ID	192	The Murder Tapes		The Murder Tapes (N)		American Detective		Homicide Hunter: Kenda		The Murder Tapes		American Detective		Homicide Hunter: Kenda		The Murder Tapes		
IFC	133	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.		
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Hates Chris	Hates Chris	Paid Programs		
LIFE	108	Married at First Sight (N)		(:03) 5 Guys a Week (N)		Married at First Sight (N)		(:12:01) Married at First Sight		(:12:01) Married at First Sight		(:04) 5 Guys a Week		Married at First Sight				
LMN	109	If Walls Could Talk ('22, Suspense)		Secrets in the Basement ('20, Suspense)		(:12:01) If Walls Could Talk ('22, Suspense)		Secrets in the Basement ('20, Suspense)										
MAGN	111	The Established Home (N)		Fixer Upper: Welcome		Fixer Upper		Fixer Upper		Fixer Upper: Welcome		Fixer Upper		Fixer Upper		The Established Home		
MGMHD	385	Across 110th Street (:05)		Cutter's Way ★★ ('81, Suspense) <i>Jeff Bridges</i>		(:25) Kalifornia ★★ ('93, Suspense) <i>Brad Pitt</i>		(:55) Dream Lover ('94, Myster)		<i>James Spader</i>								
MOTOR	246	RMD Garage		Car (N)		Car Issues		ToyMakerz (N)		Car Issues		Car Issues		ToyMakerz		RMD Garage		
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		All In With Chris Hayes		
NATGEO	197	Shark Attack Files (N)		Shark Attack Files (N)		Shark Side of the Moon		Shark Attack Files		Shark Attack Files		Shark Side of the Moon		When Sharks Attack		When Sharks Attack		
NGWLD	190	Wild Fish		Wild Fish (N)		Wild Fish (N)		Wild Fish <i>King Sized</i> (N)		Wild Fish		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs		
OUTD	396	The Gunfather		Hollywood Weapons		Hollywood Weapons		Hollywood Weapons		The Gunfather		The Gunfather		The Gunfather				
OWN	189	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		
OXYG	127	Dateline: Secrets		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Dateline		
PARMT	241	Grease ★★ ('78, Musical) <i>John Travolta</i>					Grease ★★ ('78, Musical) <i>John Travolta</i>					Ghost ★★ ('90, Fantasy) <i>Patrick Swayze, Demi Moore</i>						
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		FBI <i>Walk the Line</i>		FBI <i>Leverage</i>		
REELZ	299	Mobsters		Mobsters <i>Family Secrets</i>		Mobsters		Mobsters		Mobsters		Mobsters <i>Family Secrets</i>		Mobsters		Paid Programs		
RFDTV	231	Hayden	Saddle Up	Where	Cowboy	Horse-West	Equestrian	Roping	Rural News	Hayden	Saddle Up	Big Deal	Cowboy	Paid Programs				
SCI	193	What on Earth?		What on Earth? (N)		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		
SMITH	367	Animals Decoded		Animal Friends		Animal Friends		Day We Walked-Moon		Animals Decoded		Animal Friends		Air Disasters		Air Disasters <i>Pitch Black</i>		
SONY	386	Comanche Moon <i>Texas Rangers</i> search for two American Indian outlaws.					(:11:49) Comanche Moon <i>Texas Rangers</i> search for two American Indian outlaws.											
SUND-E	358	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Perry Mason		Perry Mason		Perry Mason		
SYFY	122	Fast & Furious ★★ ('09, Action) Fast Five ★★ ('11, Action) <i>Vin Diesel, Paul Walker</i>					(:29) Transformers: Dark of the Moon ★★ ('11, Action) <i>Shia LaBeouf</i>											
TBN	260	David	Gaither	Praise	Gospel	Centerpoint	S. Furtick	Business	Prince	Max	Harvest	Worship	Jordan	Elevation	2nd Chance			
TBS	139	All Elite Wrestling: Dynamite (L)		TBA		Sheldon		Sheldon		Sheldon		Sheldon		George		George		
TCM	132	Dr. Pimple Popper ('87, Comedy) (:45) Cane River ('82, Romance) <i>Tommye Myrick</i>		(:45) Losng Ground ('82, Comedy) <i>Bill Gunn</i>		The Watermelon Woman ('96)		Sidewalk Stories ('89)										
TLC	183	Dr. Pimple Popper (N)		Dr. Pimple Popper (N)		My Feet Are Killing Me (N)		Hoarding: Buried Alive		Dr. Pimple Popper		Dr. Pimple Popper		My Feet Are Killing Me		Hoarding: Buried Alive		
TMC-W	329	6x Minutes		(:15) Philomena ('13, Docudrama) 'PG-13'		The Farewell ('19) <i>Awkwafina</i> 'PG'		(:40) Columbus ('17, Drama) <i>John Cho</i> 'NR'		Dating & New York ('21) 'PG-13'								
TNT	138	Ready Player One ★★ ('18, Science Fiction) <i>Tye Sheridan</i>					Cowboys & Aliens ('11, Science Fiction)					Rich & Shameless		Rich & Shameless		Rich & Shameless		
TRU	242	Jokes	Jokes	Jokes	Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers		
TRVL	196	Eli Roth Presents: A Ghost Ruined My Life (N)		Ghost Hunters		Ghost Hunters		Eli Roth Presents: A Ghost Ruined My Life		Ghost Hunters		Ghost Hunters		Ghost Hunters		Ghost Hunters		
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	Mom	Mom	Mom	Mom		
UP	188	Blue Bloods		Blue Bloods <i>The Job</i>		Blue Bloods		Blue Bloods <i>Parenthood</i>		Gilmore Girls		Gilmore Girls		Gilmore Girls		Paid Programs		
USA	105	Track and Field <i>World Athletics Championships</i> Day 6. (N)					Miz & Mrs		Fast Lane		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	128	NCIS <i>About Face</i>		NCIS (Part 1 of 2)		NCIS (Part 2 of 2)		NCIS		NCIS <i>Agent Afloat</i>		Law Order: CI		Law Order: CI		Monk		

LOCAL NETWORKS

ABC-E	The 2022 ESPYS <i>Celebrating the year in sports.</i> (L)					Local Prog. (:35) Jimmy Kimmel Live!					Nightline (N)		Local Programs		ABC World News Now (N)			
CBS-E	Big Brother (N)		The Challenge: USA (N) S.W.A.T.			Local Prog. Late Show-Colbert					James Corden		Local Prog.		CBS Overnight News (N)			
CW-E	Mysteries Decoded (N)		Wellington		Wellington		Local Programs											
FOX-E	MasterChef (N)		So You Think			Local Programs												
NBC-E	Chicago Med		Chicago Fire			Chicago P.D.		Local Prog. Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		Early Tdy		
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone		Hitchcock	Hitchcock	(:05) Mannix		(:05) Cannon		
ABC-W	Local Programs		News			Local Programs					The 2022 ESPYS <i>Celebrating the year in sports.</i> (N)		Local Prog. (:35) Jimmy Kimmel Live!		Nightline (N)			
CBS-W	Local Programs		News			Local Programs					Big Brother (N)		The Challenge: USA (N) S.W.A.T.		Local Prog. Late Show-Colbert		Corden	
CW-W	Local Programs		Mysteries Decoded (N)					Wellington		Wellington		Local Programs						
FOX-W	Local Programs		MasterChef (N)					So You Think		Local Programs								
NBC-W	Local Prog. News		Local Programs			Chicago Med		Chicago Fire		Chicago P.D.		Local Prog. Tonight Show-J. Fallon		Meyers				
PBS	The Green Planet (N)		NOVA			Expedition With Steve		Amanpour-Co		The Green Planet		NOVA		Expedition With Steve		America Outdoors		

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E	310	Westworld (25)	Terminator 2: Judgment Day ('91, Science Fiction) 'R' (6:50)	Warm Bodies ('13) 'PG-13'	Killers ★★ ('10, Action) 'PG-13'	(15)	Transporter 3 ★★ ('08, Action) 'PG-13'
HBO	HBO2	312	Wall Street ('87, Drama) Michael Douglas 'R'	Free Guy ★★ ('21, Action) 'PG-13'	Game of Thrones	Thrones	(44)	Game of Thrones
HBO	HBO3	314	71 ('14)	Hotel Rwanda ★★ ('04, Drama) 'PG-13'	Greenland ★★ ('20, Action) 'PG-13'	(35)	Lara Croft: Tomb Raider ('01) 'PG-13'	(20)
HBO	HBOF	315	Unfi	Little Monsters ('89) 'PG'	K'garten	Curious	Crashbox	(7:47)
MAX	MAX	307	Next 3	Cops and Robbersons ('94, Comedy) 'PG'	The Brothers Bloom ('08)	(12)	Vanilla Sky ★★ ('01, Suspense) Tom Cruise 'R'	Never Die Alone ('04) DMX 'R'
MAX	5MAX	308	Catch a Fire ('06, Drama) 'PG-13'	Hot Shots! Part Deux ('93)	(03)	Colors ('88, Crime Drama) Sean Penn 'R'	Black	(21)
MAX	MMAX	309	Mindhunters ('04, Suspense) 'R'	Fatale ★★ ('20, Suspense) 'R'	(15)	Dirty Rotten Scoundrels ★★ ('88) 'PG'	(06)	The River Wild ('94, Action) 'PG-13'
SHOWTIME	SHO-E	318	The Terminator ('84, Science Fiction) 'R'	Minority Report ('02, Science Fiction) Tom Cruise 'PG-13'	Beverly Hills Ninja ('97) 'PG-13'	The Contractor ('22, Action) 'R'	Spotlights	
SHOWTIME	SHO2	320	How to Talk	Black Sheep ('96) 'PG-13'	(45)	Crisis ('21, Suspense) Gary Oldman 'R'	Norman: Moderate Rise and Tragic Fall	(45)
SHOWTIME	SHOBET	321	Useless Humans ('20) 'NR'	Under the Volcano ('21) 'NR'	(19, Drama) Louis Gossett Jr. 'NR'	Moonlight ('16, Drama) Mahershala Ali 'R'	Talkin' Dirty	
SHOWTIME	SHOX	322	Barb Wire ('40) Broadcast Signal Intrusion ('21) 'NR'	Pete Lee: Tall, Dark	Nacho Libre ('06, Comedy) 'PG'	(05)	North Hollywood ('21) 'NR'	(40)
SHOWTIME	SHOS	323	Windtalkers ★★ ('02, War) 'R'	Barely Lethal ('15) 'PG-13'	Amy ('15, Documentary) Tony Bennett 'R'	(10)	Menashe ★★ ('17) 'PG'	(35)
SHOWTIME	TMC	327	Light	Anywhere With You ('18) 'NR'	The Lonely Guy ('84, Comedy) 'R'	(35)	3 Day Weekend ('19) 'NR'	Low Tide ('19, Drama) 'R'
SHOWTIME	FLIX-E	333	A Perfect Man ('12) (05)	Mirror Mirror ★★ ('12, Children's) 'PG'	Joan Kiss.	Save the Last Dance 2 ★★ ('06)	(15)	The Wizard ★ ('89, Children's) 'PG'
STARZ	ENCR-E	340	Jumpin	American Hustle ('13, Crime Drama) Christian Bale 'R'	(6:47)	The Broken Hearts Gallery (39)	Casino ★★ ('95, Crime Drama) Robert De Niro 'R'	Mercury
STARZ	STARZ-E	350	Becoming ('20) 28 Days ★★ ('00) 'PG-13'	(08)	Filly Brown ★★ ('12, Drama) 'R'	(7:53)	Spider-Man: No Way Home ('21, Action) 'PG-13'	(24)
STARZ	STRZED	352	The Equalizer 2 ('18, Action) 'R'	(13)	Spider-Man: Homecoming ('17, Action) 'PG-13'	(29)	Monster Hunter ('20) 'PG-13'	(15)
STARZ	STRZCI	353	Outlander ('29) Outlander	(29)	Outlander	(32)	Outlander	(34)
STARZ	STRZCO	354	Naked ('29) Grown Ups 2 ★ ('13) 'PG-13'	(12)	Best Sellers ('21, Comedy-Drama) 'NR'	(7:56)	Men in Black: International ('19) 'PG-13'	(9:53)
STARZ	STRZIB	355	Wrong Man	(13)	Wrong Man	(07)	Wrong Man	Scandalize My Name
STARZ	STRZKF	356	Clockwork ('36) Beethoven ★★ ('92) 'PG'	(05)	Big Fat Liar ★★ ('02) 'PG'	Pit Pony	Pit Pony	(22)
EPIC	EPIX	380	Sex Life ('35) Eye for an Eye ('96, Drama) Sally Field	Dickie Roberts: Former Child Star	Finding Your Feet ('17, Comedy-Drama)	(9:55)	Respect ('21, Biography) Jennifer Hudson	
EPIC	EPIX2	381	The Deep House ('21) (15)	Rosemary's Baby ★★ ('68, Horror) Mia Farrow (35)	The Saint ★★ ('97, Action) Val Kilmer	(35)	Sonic the Hedgehog 2 ('22, Comedy)	
EPIC	EPIXH	382	2 Days in the Valley ('10) Danica	(20)	Primal ('19, Action)	(20)	Gandhi ★★ ('82, Biography) Ben Kingsley, Candice Bergen	
EPIC	EPIXDR	292	Someone ('20) The Fighting Temptations ('03, Comedy)	(25)	Flesh and Bone ★★ ('93, Suspense)	(35)	Mandela ('96, Documentary) F.W. De Klerk	

AMERICA'S TOP PROGRAMMING

A&E	118	Paid Programs				Joyce M.	Parking	Parking	Parking	Parking	Parking	Accused: Guilty
AHC	195	Hitler (Part 1 of 6)		Hitler (Part 4 of 6)		Triggers: Change	Triggers: Change	Triggers: Change	Mafia's Greatest Hits	Mafia's Greatest Hits	The Civil War: Brothers	
AMC	131	Walking The Walking Dead: World Beyond				Paid Programs						
APL	184	Crikey! It's the Irwins		Crikey! It's the Irwins		Dogs 101	Secret Life-Zoo	The Zoo	Crikey! It's the Irwins	Dr. Jeff: RMV	Dr. Jeff: RMV	
AXSTV	167	Paid Programs				Music	Music	Live From Daryl's House	Rock	Rock	Alison Krauss	
BBCA	135	UK PD		UK PD		Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	
BET	124	Browns	Browns	Browns	Browns	Browns	Browns	Live Single	Live Single	Martin	Martin	
BOUNCE	359	Scandal		The Real Skyland Brooks		Wendy Williams Show	Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	
BRAVO	129	Kelly Clarkson		Paid Programs		Below Deck Down	Below Deck Down	Southern Charm	Southern Charm	Southern Charm	Southern Charm	
BUZZR	245	Match	Match	Match	Match	Paid Programs	Prince	Tell Truth	My Line?	Sale of	Sweep	
CIHD	249	Paranormal	Paranormal	Paranormal	Paranormal	Cops Meagan's Ghost	American Justice	American Justice	American Justice	Nightwatch	Nightwatch	
CMT	166	CMT Music		CMT Music		CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	
CNBC	208	Shepard Smith		Worldwide Exchange (L)		Squawk Box (L)	Squawk on the Street (L)	Squawk on the Street (L)	TechCheck (L)	TechCheck (L)		
CNN	200	CNN Newsroom Live (L)		Early Start w/Romans		New Day With	New Day With	New Day With	CNN Newsroom	CNN Newsroom	At This Hour-Kate	
COM	107	South Park/South Park		Paid Programs		Cleveland	Cleveland	Cleveland	Cleveland	South Park/South Park	South Park/South Park	
COMET	289	Paid Programs				Love Bites ('92, Comedy) Kimberly Foster	Teen Wolf ★★ ('85)					
COOK	113	Paid Programs				Beach Bites	Beach Bites	Yum-Yum	Yum-Yum	Best Thing	Best Thing	
DISC	182	Diesel Brothers		Diesel Brothers		Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Mysteries Aband.	Mysteries Aband.	
DFC	179	Kit. Crash	Kit. Crash	Gl Joe	Gl Joe	Monsters	Monsters	Pac-Man	Transform.	Rescue Bots	Transform	
DISN-E	172	Austin	Bunk'd	Bunk'd	Big City Greens	Ladybug	Ladybug	Ladybug	Ladybug			
ENCR-W	341	The Broken Hearts Gallery ('20) (40)				Jumpin' Jack Flash ('86, Comedy) 'R'	(27)	American Hustle ('13, Crime Drama) Christian Bale 'R'	(9:47)	The Broken Hearts Gallery (39)	Casino	
EWESTN	342	(10) Bend of the River ('52) 'NR'		(43)	The Tall Men ★★ ('55, Western) Clark Gable 'NR'	Fighting	(8:50)	The Shepherd of the Hills	(29)	Rawhide ('51, Western) 'NR'		
EACTN	343	Patton ★★ ('70, War) George C. Scott 'PG'		(21)	End of Days ★ ('99, Horror) 'R'	(27)	Snow White and the Huntsman ('12)	(37)	The Great Raid ('05, War) 'R'			
ESUSP	344	Basic ★★ ('03, Suspense) 'R'		(39)	Night of the Living Dead ('68) 'NR'	(18)	The Dead Girl ('06, Drama) 'R'	(8:55)	In Too Deep ★★ ('99) 'R'	(35)	The Jackal ('97, Suspense) 'R'	
EBLACK	345	StreetDance ('10, Drama) 'PG-13'		(16)	The Big Hit ('98, Action) 'R'	Barbara Lee	(15)	Shot Caller ('17, Crime Drama) Lake Bell 'R'	(18)	Bobby Z ('07, Suspense) 'R'		
ECLASS	346	Rules ('23) Cinderella ★★ ('15) 'PG'		(10)	Hook ★★ ('91, Children's) Dustin Hoffman 'PG'	(34)	The Babe ★★ ('92, Biography) 'PG'	(31)	Curse of the Pink Panther			
EFAMILY	347	Dunston ('25) Kidco ('84, Comedy) 'PG'		(25)	Charmers ('36) Cowgirls 'NR	(10)	Buttons: A Christmas Tale ('40) Grace Unplugged ★★ ('13, Drama) 'PG'	(25)	Kidco			
ESPN	140	Awards				SportsCenter	SportsCenter (L)	Get Up (L)	First Take (L)			
ESPN2	143	SportsCenter		SportsCenter		Keyshawn, JWill and Max (L)	SportsCenter (L)	SportsCenter (L)	Get Up (N)			
EWTN	261	Bob	Matthew's	Living Right	Made/	Saints	St. Michael	Rosary	Daily Mass (L)	Holy	EWTN Live	
FETV	82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	McCoys	McCoys	Wagon Train	Wagon Train	
FMC	387	Cyrano de Bergerac ('50, Drama) Jose Ferrer				Roll on Texas Moon (15)	The Hurricane Express ★★ ('32, Western) John Wayne, Conway Tearle					
FNC	205	FOX & Friends First (L)		FOX & Friends First (L)		FOX & Friends (L)	America's Newsroom (L)	The Faulkner Focus (L)				
FOOD	110	Restaurant: Impossible		Paid Programs		Restaurant: Impossible	Chopped	Kitchen Crash	Supermarket Stakeout			
FREFM	180	Paid Programs				black-ish	black-ish	black-ish	black-ish	The 700 Club	700 Club	
F51	150	PBA Bowling All-Star Clash		Skip and Shannon: Undisputed		USFL	USFL	Speak for Yourself	Skip and Shannon: Undisputed (L)			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Mayans	Mom	Paid Programs				Mom	Mom	Mom	Mom	The Last Full Measure ★★★ ('19, War) <i>Sebastian Stan</i>				War	
FXM	384	The Song of Bernadette ('43, Drama) 'NR'				Thunder Island ('63)				(10) The King and I ('56, Musical) <i>Deborah Kerr</i> 'G'				(25) Nine to Five ('80) 'PG'	(15) Bad Medicine		
FXN	125	Paid Programs															
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries				Elevation	Prince	Wander Darkly ('20, Drama) <i>Sienna Miller</i>				The Hate U Give ★★★ ('18, Crime Drama) <i>Amanda Stenberg</i>	
GMSHW	116	Paid Programs															
GOLF	401	Paid Prog. Golf Acad.		Evian Champ.		Evian Champ.		♀ 2022 Senior Open Championship First Round (L)				2022 Evian Championship First Round				Senior	
GRIT	217	Paid Programs				Laramie <i>The Star Trail</i>				The Badlanders ('58, Western) <i>Alan Ladd</i>				Drum Beat ★★★ ('54, Western) <i>Alan Ladd</i>		Death Vall.	
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba <i>Issues</i>	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Snow Bride ('13, Drama) <i>Katrina Law</i>			
HALLDR	186	Medicine Woman		Medicine Woman		Little House on the Prairie				Little House on the Prairie				Little House on Prairie		Matlock <i>The Celebrity</i> Matlock (Part 1 of 2)	
HALLMV	187	Monk		Monk		Monk				Murder, She Wrote				Murder, She Wrote		Diagnosis Murder	
HDMOV	130	Paid Programs															
HERIC	293	The District <i>Jack's Back</i>		The District		Maverick		Wanted ...		Wanted ...		Have Gun	Have Gun	Rawhide		The High Chaparral	Cheyenne
HGTV	112	Rehab Addict Rescue		Rehab Addict Rescue		Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer	
HIST	120	Paid Programs				Amazing	Jeremiah	TBA				TBA	TBA	TBA	TBA		
ID	192	Twisted Sisters		Twisted Sisters		Twisted Sisters		48 Hours on ID				48 Hours on ID		48 Hours on ID		To Catch a Killer	
IFC	133	3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.	
LAFF	237	Paid Programs				Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court
LIFE	108	Paid Programs				Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy	
LMN	109	Paid Programs				Sisters ('06, Suspense) <i>Lou Doillon, Stephen Rea</i>				I Didn't Kill My Sister ('16, Suspense)				My Sister's Deadly Secret ('19, Suspense)			
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters	
MGMHD	385	(10) Shield for Murder ('54, Crime Drama)				Gunfighters of Abilene ★ ('60)				The Aviator ('85, Adventure) <i>Christopher Reeve</i>				(35) Scorpio ★★★ ('73, Action) <i>Burt Lancaster, Alain Delon</i>			
MOTOR	246	Garage Squad		Bitchin' Rides		Full Custom Garage		Junkyard Empire		FantomWorks		Garage		Garage		Garage	
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)				Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)			
NATGEO	197	When Sharks Attack		When Sharks Attack		Paid Programs				Shark-cano		Tiger Shark Terror		Big Sharks Rule			
NGWLD	190	Paid Programs				Critter Fixers				Critter Fixers		Critter Fixers		Critter Fixers			
OUTD	396	Hollywood Weapons				Wild Ops		Realtree Outdoors		American Archer				Hunt Masters			
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Dateline		Dateline		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped	
PARMT	241	Paid Programs				Bar Rescue				Bar Rescue		Bar Rescue		Bar Rescue <i>Ace's Wild</i>			
POP	117	FBI		Goldbergs		Goldbergs		Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER <i>Power</i>		ER <i>Responsible Parties</i>	
REELZ	299	Paid Programs				Harrison Ford		Robin Williams		Johnny Depp		Mafia Killers		Mafia Killers		Mafia Killers	
RFDTV	231	Paid Programs				Daniel O'Donnell Show				Merlin Ge.		Jeremiah		Rural News/AgDay		Market Day Report (L)	
SCI	193	What on Earth?		What on Earth?		Unexplained Files		Unexplained Files		Universe Works		Universe Works		Universe Works		Conspiracies Decoded	
SMITH	367	Air Disasters		Air Disasters		Aerial America		Aerial America		Aerial America		Aerial America		America in Color		America in Color	
SONY	386	(31) Comanche		(07, Horror) Lake Placid 2		(06) Lake Placid 3 ('10, Horror) <i>Colin Ferguson</i>				(747) Sinbad and the Eye of the Tiger ('77)		(955) The Heroes of Telemark ('65, War)					
SUND-E	358	Perry Mason		Perry Mason		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
SYFY	122	Paid Programs				Twi. Zone		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica	
TBN	260	Israel	Jordan Rubin	S. Furtick		Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen
TBS	139	Wipeout <i>Feed Jill</i>		Matters		Matters		Matters		George		George		George		George	
TCM	132	(45) Sidewalk				(51, Mystery) Cause for Alarm		Best Friends ★★★ ('82, Romance-Comedy)				The Thomas Crown Affair ('68, Crime Drama)				Fiddler on the Roof ('71, Musical) <i>Topol</i>	
TLC	183	Fat Fabulous		Fat Fabulous		My Feet Are Killing Me		My Feet Are Killing Me		My Feet Are Killing Me		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper	
TMC-W	329	(05) Into the Forest ★★★ ('15, Suspense) 'R'		(500) The Light of the Moon ('17)				Anywhere With You ('18) 'NR'				The Lonely Guy ('84, Comedy) 'R'		(35) 3 Day Weekend ('19) 'NR'			
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed		Charmed		NCIS: New Orleans		NCIS: New Orleans	
TRU	242	Paid Programs				Ad. Ruins				Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers	
TRVL	196	Paid Programs				UFO Hunters				The Ghost Town Terror		The Ghost Town Terror		The Ghost Town Terror			
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs				M*A*S*H		M*A*S*H		M*A*S*H		Bonanza	
UP	188	Paid Programs				Heartland <i>Over the Rise</i>				Heartland		Heartland <i>Cover Me</i>		Little House on Prairie		Little House on Prairie	
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS		NCIS <i>Lost & Found</i>		2022 Tour de France <i>Stage 18</i> Mountain stage.				Distance 143 km. From Lourdes to Hautacam. (N)			
WE	128	Mama June- Not to Hot		Paid Programs				Brat Loves Judy				Law Order: CI					

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)			
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right (N)		
CW-E	Local Programs				Local Programs				Local Programs				Local Programs					
FOX-E	Local Programs				Local Programs				Local Programs				Local Programs					
NBC-E	Local Programs				Local Programs				Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	(05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock (Part 2 of 2)		In the Heat of Night		
ABC-W	Local Programs				ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)			
CBS-W	Corden	Local Prog.		CBS Overnight News (N)				News	News	News	News	News	News	CBS Mornings (N)				
CW-W	Local Programs				Local Programs				Local Programs				Local Programs					
FOX-W	Local Programs				Local Programs				Local Programs				Local Programs					
NBC-W	Meyers	News	Top Story With		Early Tdy	Local Programs				Local Programs				Today (N)				
PBS	Great Muslim American		Finding Your Roots		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30	
	CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	
	MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	
	PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	
PREMIUM MOVIES																		
HBO	HBO-E 310	Godzilla vs. Kong ('21, Science Fiction) 'PG-13' (:1:55) Cry Macho ('21) 'PG-13' (:40) Tenet ('20, Action) <i>John David Washington</i> 'PG-13' (:15) TBA													Westworld			
	HBO2 312	Thrones (:33) Game of Thrones (:25) Game of Thrones Thrones (:15) Game of Thrones (:15) Game of Thrones (:40) The Holiday ★★ ('06, Romance-Comedy) 'PG-13'																
	HBO3 314	Robin Williams: Come Inside My Mind ('18) (:1:57) The World According to Garp ('82) 'R' When (:25) Irma Vep (N) (:25) TBA													(:20) West Side Story ('21) 'PG-13'			
	HBOF 315	Wild Thru (:29) Eric ('13, Children's) 'PG' Mighty Morphin Power Rangers: The Movie (:3:48) Dr. Dolittle: Tail to the Chief (:16) Prancer ('89, Children's) 'G' The Freshman ('90)																
MAX	MAX 307	Cold Pursuit ('19, Action) <i>Liam Neeson</i> 'R' The Empty Man ★ ('20, Horror) <i>James Badge Dale</i> 'R' (:20) The Day After Tomorrow ('04) 'PG-13' (:26) Max Steel ★ ('16) 'PG-13'																
	5MAX 308	Robin Hood ('18, Action) 'PG-13' The Personal History of David Copperfield (:21) Something New ('06) 'PG-13' Waiting to Exhale ('95, Comedy-Drama) 'R' (:05) Soul Food ('97) 'R'																
	MMAX 309	Kajillion (:43) Deep Impact ★★ ('98, Drama) 'PG-13' (:45) Larry Crowne ('11) <i>Tom Hanks</i> 'PG-13' (:24) Enough Said ('13) 'PG-13' (:5:58) Take Me Home Tonight ('11) Meet Spar																
	SHO-E 318	Minari ('20, Drama) <i>Steven Yeun</i> 'PG-13' Minority Report ('02, Science Fiction) <i>Tom Cruise</i> 'PG-13' Last Vegas ('13, Comedy) 'PG-13' Indiana Jones and the Raiders of the																
SHOWTIME	SHO2 320	Grind (:35) Skin ('18, Biography) <i>Jamie Bell</i> 'R' Spotlights (:15) The Dry ('20, Crime Drama) <i>Eric Bana</i> 'R' (:15) Elizabeth: A Portrait in Parts (:45) The Green Knight ('21) 'R'																
	SHOBET 321	Talkin Black Famous Mo'Nique ('92, Comedy) 'R' Coming From Insanity ('19) 'NR' (:45) Hands Up ('21) 'NR' (:10) Burn Mother...ker, Burn! ('17) <i>B-Real</i> 'NR'																
	SHOX 322	(:15) Student Body ('22) 'NR' (:45) Good Time ★★ ('17, Suspense) 'R' World Trade Center ('06, Drama) 'PG-13' (:40) A Perfect World ('93, Drama) <i>Kevin Costner</i> 'PG-13'																
	SHOS 323	Shakespear (:40) Up in the Air ('09, Comedy-Drama) 'R' Spotlight ('15, Drama) <i>Mark Ruffalo</i> 'R' (:40) Mojave ('15, Suspense) 'R' (:15) Inside Llewyn Davis ('13, Drama) 'R'																
	TMC 327	(:05) Violet ('21, Drama) 'R' (:40) The Djinn ('21, Horror) 'R' (:05) 3 Day Weekend ('19) 'NR' Holler ('20, Drama) 'R' (:05) 13 Minutes ('21, Suspense) 'PG-13'																
	FLIX-E 333	Car Wash (:45) Fear of a Black Hat ('93) 'R' (:15) Ain't Them Bodies Saints ('13, Drama) 'R' Love Story ('70, Romance) 'PG' (:45) Match Point ('05, Drama) <i>Scarlett Johansson</i> 'R'																
	ENCR-E 340	Mercury Rising ('98, Suspense) 'R' (:36) Senseless ('98, Comedy) 'R' (:13) The Broken Hearts Gallery ('20) 'PG-13' (:05) Trading Places ★★ ('83, Comedy) 'R' (:05) Mercury Rising 'R'																
	STARZ-E 350	The Curious Case of Benjamin Button ('08) (:14) Brothers ('09, Drama) <i>Tobey Maguire</i> 'R' (:02) The Misfits ('21, Action) 'R' (:40) The Iron Lady ('11, Biography) 'PG-13' Spider																
STARZ	STRZED 352	Gangs of New York ('02, Historical Drama) <i>Leonardo DiCaprio</i> 'R' (2:48) The Legend of Baggage Vance ('00) (:4:57) Monster Hunter ('20) 'PG-13' (:44) Spider-Man: Homecoming																
	STRZCI 353	Outlander (:37) Outlander (:34) Outlander (:36) Outlander (:35) Outlander (:38) The Intervention ('16) 'R' (:09) Becoming Elizabeth (N) (:10) A Mouthful of Air																
	STRZCO 354	One Fine Day ★★ ('96) 'PG' (:17) Grown Ups 2 ★ ('13) 'PG-13' Men in Black: International ('19) 'PG-13' (:4:57) Death of a Telemarketer 'R' (:27) Let It Ride ★ ('89) 'PG-13'																
	STRZIB 355	Flight of the Phoenix Inevitable Defeat (:37) Jarhead 2: Field of Fire ('14, Action) 'R' (:22) Gladiator ('92, Action) 'R' (:06) Guess Who ★★ ('05, Comedy) 'PG-13'																
	STRZKF 356	Balto II Clockstoppers ('02, Children's) 'PG' (:06) Baby's Day Out ('94, Children's) 'PG' (:3:46) Big Fat Liar ('02) American Tail: Night Monster (:32) Beethoven ★★ ('92) 'PG'																
EPIX	EPIX 380	Respect (:20) Horizon Line ('20, Suspense) (:1:55) Switchback ('97, Suspense) <i>Dennis Quaid</i> (:5:55) Serpico ('73, Crime Drama) <i>Al Pacino</i> (:10) Flag Day ★★ ('21, Drama) <i>Dylan Penn</i>																
	EPIX2 381	The Addams Family 2 (:15) Breaking News in Yuba County ('21) (2:55) To Catch a Thief ('35) (:45) Drillbit Taylor ('08, Comedy) <i>Owen Wilson</i> The Brady Bunch Movie ('95)																
	EPIXH 382	Snake Eyes ★ ('98) (12:55) Dead Again ('91, Mystery) (:45) Jacob's Ladder ('90, Horror) <i>Tim Robbins</i> (:40) Blue Chips ('94, Drama) <i>Nick Nolte</i> Jungleland ('19, Drama)																
	EPIXDR 292	(:5:00) Days (:20) Midnight in Paris ('11) (:1:55) Morning Glory ★★ ('10) (:45) Walking Tall ('73, Crime Drama) <i>Joe Don Baker</i> (:5:50) Black Rain ★★ ('89, Crime Drama)																
AMERICA'S TOP PROGRAMMING																		
A&E 118	Interrogation Raw		Interrogation Raw		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48	
AHC 195	The Civil War: Brothers		The Civil War: Brothers		The Civil War: Brothers		The Civil War: Brothers		The Civil War: Brothers		The Civil War: Brothers		The Civil War: Brothers		The Civil War: Brothers		The Civil War: Brothers	
AMC 131	The Terminator ★★ ('84, Science Fiction)		Road House ★★ ('89, Action) <i>Patrick Swayze, Kelly Lynch</i>		Moneyball ★★ ('11, Drama) <i>Brad Pitt, Jonah Hill</i>													
APL 184	Tanked		Pit Bulls and Parolees		Pit Bulls and Parolees		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch	
AXSTV 167	AXS TV Presents:		Tim McGraw		AXS Concerts:		IMPACT Wrestling (N)		IMPACT Wrestling (N)		IMPACT Wrestling (N)		IMPACT Wrestling (N)		IMPACT Wrestling (N)		IMPACT Wrestling (N)	
BBCA 135	Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		The Hunt for Red October ★★ ('90, Suspense) <i>Sean Connery</i>		American Sniper ('14)							
BET 124	Celebrity Family Feud		Just Wright ★★ ('10, Romance-Comedy) <i>Queen Latifah, Common</i>		Movie		Tyler Perry's The Oval		The Family Business									
BOUNCE 359	Paternity		Hot Bench		Hot Bench		In the Heat of the Night		In the Heat of the Night		In the Heat of the Night: By Duty Bound		Armored ★★ ('09, Suspense) <i>Matt Dillon</i>					
BRAVO 129	Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm	
BUZZR 245	Match		Concen.		Concen.		Password		Password		Super Pass		Tattletales		Press Luck		Whew!	
CIHD 249	Bordertown		Bordertown		Bordertown		Bordertown		Bordertown		Crime 360		Crime 360		Crime 360		Bad Blood	
CMT 166	Mike		Mike		Mike		King		King		King		King		King		King	
CNBC 208	Fast Money Halftime		The Exchange (L)		Power Lunch (L)		Closing Bell (L)		Closing Bell (L)		Closing Bell: Overtime (L)		Fast Money (L)		Mad Money (N)		Shepard Smith	
CNN 200	Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront (L)	
COM 107	South Park		South Park		South Park		South Park		South Park		Seinfeld		Seinfeld		The Office		The Office	
COMET 289	Teen Wolf ★★ ('85)		Teen Wolf Too ('87, Comedy) <i>Jason Bateman</i>		The Outer Limits		The Outer Limits		The Outer Limits		Farscape		Farscape		Buffy, Vampire Slayer			
COOK 113	Food Paradise		Food Paradise		Man's Greatest Food		Man's Greatest Food		Man's Greatest Food		Man Fire		Man Fire		Man Fire		Man Fire	
DISC 182	Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.	
DFC 179	Pac-Man		Pac-Man		Little Pet		Pet Shop		Pony Life		LittlePony		LittlePony		LittlePony		Too Cute!	
DISN-E 172	Big City		Big City		Big City		Big City		Raven		Raven		Bunk'd		Bunk'd		Bunk'd	
ENCR-W 341	Casino ★★ ('95, Crime Drama) <i>Robert De Niro</i> 'R' (:41) Mercury Rising ★★ ('98, Suspense) 'R' (:36) Senseless ('98, Comedy) 'R'		(:13) The Broken Hearts Gallery ('20) 'PG-13'															
EWESTN 342	Warlock ('59, Western) <i>Richard Widmark</i> 'NR'		The Deputy		Wanted ...		(:254) Wagon Train		Laramie		Death Vall.		Fargo		Rifleman		(:5:58) The Virginian	
EACTN 343	The Great Raid ('05) (12:53) Patton ★★ ('70, War) <i>George C. Scott</i> 'PG' (:45) Sicario: Day of the Soldado ★★ ('18, Suspense) 'R'		(:5:50) Snow White and the Huntsman ('12)															
ESUSP 344	The Jackal (:42) Fist of Fury ('72, Adventure) <i>Bruce Lee</i> 'R' (:31) An Ordinary Man ('17) 'R'		(:04) The Dead Girl ('06, Drama) 'R' (:40) Basic ('03, Suspense) <i>John Travolta</i> 'R'		In Deep													
EBLACK 345	100 Streets ('16, Drama) 'NR'		Barbara Lee: Speaking Truth		(:256) Battle of the Year ('13, Drama) 'PG-13' (4:48) The Big Hit ('98, Action) 'R' (:21) Shot Caller ('17) <i>Lake Bell</i> 'R'													
ECLASS 346	Curse (:24) Big ('88, Children's) 'PG'		(:10) Heaven Is for Real ('14, Drama) 'PG'		(3:52) The Babe ★★ ('92, Biography) 'PG'		(:5:49) Hook ('91, Children's) <i>Dustin Hoffman</i> 'PG'		(:14) Kidco ('84, Comedy) <i>Scott Schwartz</i> 'PG'									
EFAMILY 347	Kidco ('84) 'PG'		(:12) That Thing You Do! ★★ ('96) 'PG'		A Cowgirl's Story ('17) 'PG'		(:41) Cowgirls 'n Angels ('12) 'PG'											
ESPN 140	SportsCenter (L)		SportsCenter (L)		This Just In (L)		NBA Today (L)		NFL Live (L)		Around		Interruption		SportsCenter (L)		ESPN Documentaries	
ESPN2 143	First Take (N)		SportCtr		UEFA Women's EURO 2022		Jalen		Daily Wager		Athletes Unlimited Lacrosse (L)							
EWTN 261	Daily Mass		Women of		At Home		The Journey Home		Chaplet		Rosary		Catholic		Cat Chat		Heresies	
FETV 82	Hillbillies		Hillbillies		Wagon Train		Rawhide		Rawhide		Perry Mason		Perry Mason		Mannix		Mannix	
FMC 387	(:15) Kid Dynamite ('43, Comedy) (:45) Beyond Tomorrow ★★ ('40, Fantasy) Cyrano de Bergerac ★★ ('50, Drama) <i>Jose Ferrer</i>		Abilene Town ('46, Western) <i>Randolph Scott</i>															
FNC 205	Outnumbered (L)		America Reports (L)		The Story With Martha		Your World W/ Cavuto		The Five (L)		Special Report		Jesse Watters (L)					
FOOD 110	Me or the Menu		Beat Bobby		Beat Bobby		Beat Bobby		Beat Bobby		Beat Bobby		Beat Bobby		Beat Bobby		Beat Bobby	
FREFM 180	Cinderella Maid in Manhattan ('02, Romance-Comedy) <i>Jennifer Lopez</i>		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office	
F51 150	The Herd with Colin Cowherd (L)		Speak for Yourself (L)		Undisputed		NASCAR Race Hub (L)		Nascar		Relentless							

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	War for the Planet of the Apes ('17, Science Fiction) Warcraft ★★ ('16, Fantasy) <i>Travis Fimmel, Paula Patton</i>						Pacific Rim Uprising ('18, Science Fiction) <i>John Boyega</i>						Deadpool													
FXM	384	Bad Medicine ('85) (12:55)			Battle of the Sexes ('17) 'PG-13'			Mike and Dave Need Wedding Dates ('16)			Talladega Nights: The Ballad of Ricky Bobby (05) Daddy's Home 2																
FXM	125	Cleveland	Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons											
GETTV	373	The Rockford Files		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Kojak <i>Loser Takes All</i>		Kojak											
GMSHW	116	Deal or No Deal		Match	Match	Catch 21	Catch 21	25 Words	25 Words	Common	Common	Chain Rea.	Chain Rea.	Puzzler	Puzzler	Puzzler	America										
GOLF	401	2022 Senior Open Championship <i>First Round</i>						PGA Tour Golf <i>3M Open, First Round (L)</i>						Golf Central (L)		PGA Golf											
GRIT	217	Death Vall.	Death Vall.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Tales of Wells Fargo											
HALL	185	The Nine Kittens of Christmas ('21)				Gingerbread Miracle ('21, Romance-Comedy)				My Christmas Love ('16, Romance)				Pride, Prejudice and Mistletoe ('18, Romance)													
HALLDR	186	Matlock (Part 2 of 2)		Matlock <i>The Strangler</i>		The Waltons		The Waltons		The Waltons		The Waltons		Little House on Prairie		Little House on Prairie											
HALLMV	187	Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Monk		Glenbrook											
HDMOV	130	The Crow ★★★ ('94, Action) (35)		Once Upon a Time in the West ('69, Western) <i>Henry Fonda</i> (35)						Leviathan ('89, Science Fiction) <i>Peter Weller</i>		The Bride ★★ ('85, Horror) <i>Sting</i>															
HERIC	293	MacGyver <i>Brainwashed</i>		MacGyver <i>Easy Target</i>		MacGyver <i>Renegade</i>		MacGyver		MacGyver (Part 1 of 2)		MacGyver (Part 2 of 2)		Walker, Texas Ranger		Walker, Texas Ranger											
HGTV	112	Home Town		Home Town		Home Town		Home Town		Home Town		Home Town		No Demo Reno		No Demo Reno											
HIST	120	TBA		TBA		TBA		TBA		TBA		Alone		Alone		Alone											
ID	192	To Catch a Killer		Murder Calls		Murder Calls		Murder Calls <i>Deadlift</i>		Diabolical		Diabolical		Diabolical <i>Lie For Me</i>		Diabolical											
IFC	133	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Two Men	Two Men										
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show		'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.									
LIFE	108	The Mentalist		The Mentalist		The Mentalist		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles											
LMN	109	A Sister's Secret ('18, Suspense) <i>Paula Abdul</i>				Who Wants Me Dead? ('20, Suspense)				A Deadly Grudge ('21, Suspense) <i>Annika Foster</i>				Framed by My Sister ('22, Suspense)													
MAGN	111	Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters											
MGMHD	385	Valdez Is Coming ('71, Western) <i>Burt Lancaster</i>		The Scalphunters ★★★ ('68, Western) <i>Burt Lancaster</i> (20)						F/X ★★★ ('86, Suspense) <i>Bryan Brown</i>		FX2 ('91, Action) <i>Bryan Brown</i>															
MOTOR	246	Garage		Garage		Garage		Garage		Mundial		Hot Rod		FantomWorks		Bitchin' Rides		Garage Squad									
MSNBC	209	Andrea Mitchell Reports (L)		Chris Jansing Reports (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)				The Beat With		The ReidOut (L)											
NATGEO	197	Shocking Sharks		Most Wanted Sharks		Jaws vs. Boats		Eyewitness Shark Attack		Eyewitness Shark Attack		Eyewitness Shark Attack		When Sharks Attack		When Sharks Attack											
NGWLD	190	Critter Fixers		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM											
OUTD	396	Driven Hunts 2		Live 2 Hunt With Cody & Kelsy		Jim Shockey's Shock Therapy				Archer's Choice		Farming		Farming the Wild													
OWN	189	Dr. Phil		Court		Court		Court		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN											
OXYG	127	Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped											
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom		Two Men		Two Men		Two Men		Two Men											
POP	117	ER <i>Leave It to Weaver</i>		ER <i>Last Rites</i>		ER <i>Greene With Envy</i>		House <i>Locked In</i>		House		House <i>Saviors</i>		House <i>House Divided</i>		House <i>Under My Skin</i>											
REELZ	299	Cops		Cops		Cops		Cops		Vegas		Vegas		Vegas		Vegas											
RFDTV	231	Market Day Report (L)				Cow Guy		Wild		Coop		Grown		Reporter		Agriculture		Corn War.		Farmweek		Farm Mon.		Gaither Gospel Hour		Rural News	
SCI	193	Strange Evidence		Strange Evidence		What on Earth?		What on Earth?		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence									
SMITH	367	Air Disasters <i>Blind Spot</i>		Air Disasters		Hell Below		Hell Below		Hell Below <i>Sub Vs. Sub</i>		Hell Below <i>Cuban Crisis</i>				Air Disasters		Air Disasters									
SONY	386	Heroes (20) The Golden Voyage of Sinbad ('73)				The Taking of Pelham 123 ('09, Action) (18)				Walking Tall: Lone Justice (05) 30 Minutes or Less ('11)				Company													
SUND-E	358	Andy G.		Andy G.		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order									
SYFY	122	The Fast and the Furious ★★ ('01, Action) (1:59)				2 Fast 2 Furious ('03, Action) <i>Paul Walker</i>				Fast & Furious ★★ ('09, Action) <i>Vin Diesel</i>				Fast Five ★★ ('11, Action) <i>Vin Diesel</i>													
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	S. Furtick	Graham	Graham	Joel Osteen	Harvest	The Potter's Centerpoint											
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang									
TCM	132	Fiddler on the Roof (15) Little Lord Fauntleroy ('36, Comedy-Drama)				Beyond Tomorrow ('40, Fantasy)				Maisie Was a Lady ('41, Comedy)				The Prisoner of Zenda ('37, Adventure)													
TLC	183	The Family Chantel		The Family Chantel		Little People, Big World		Little People, Big World		Little People, Big World		Seeking Sister Wife				Seeking Sister Wife		Seeking Sister Wife									
TMC-W	329	Low Tide ('19, Drama) 'R'		A Perfect Man ('12, Romance) 'R'		Violet ('21, Drama) 'R'				The Djinn ('21, Horror) 'R'		3 Day Weekend ('19) 'NR'				Holler ('20)											
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Detective Pikachu ★★ ('19, Children's)				Shazam! ★★ ('19, Action) <i>Zachary Levi, Mark Strong</i>				Batman Begins ('05)													
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers									
TRVL	196	The Ghost Town Terror		The Ghost Town Terror		The Ghost Town Terror		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.											
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.									
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls				Gilmore Girls				Reba		Reba		Reba									
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU											
WE	128	Law Order: CI		Law Order: CI		Law Order: CI		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds <i>Fatal</i>		Criminal Minds <i>Angels</i>											

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		Local Programs		News		Local Programs								
CBS-E	Local Prog./Young & Restless		Bold		The Talk (N)		Let's Make a Deal		Local Programs		Local Programs		News		Local Programs								
CW-E	Local Programs				Local Programs		Local Programs		Local Programs		Local Programs												
FOX-E	Local Programs		Local Programs		Local Programs		Local Programs		Local Programs														
NBC-E	Local Programs		Days of our Lives (N)		Local Programs		Local Programs		Local Programs		Local Programs		Local Prog./News		Local Programs								
METV	247*	The Waltons		Gunsmoke <i>Father's Love</i>		Bonanza <i>Clarissa</i>		Rifleman		Rifleman		Wagon Train		Adam-12		Adam-12		The A-Team <i>Breakout!</i>		M*A*S*H		M*A*S*H	
ABC-W	Local Programs		The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs										
CBS-W	Local Programs		The Price Is Right (N)		Young & Restless		Local Prog./Bold		The Talk (N)		Let's Make a Deal		Local Programs										
CW-W	Local Programs				Local Programs		Local Programs		Local Programs		Local Programs		Local Programs										
FOX-W	Local Programs		Local Programs		Local Programs		Local Programs		Local Programs														
NBC-W	Today 3rd Hour (N)		Today-Hoda		Local Programs		Local Programs		Days of our Lives (N)		Local Programs												
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)								

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

HBO	HBO-E 310	Westworld	(8:55) 2 Guns ★★ ('13, Action) 'R'	(10:50) Irma Vep	Mind Over Murder	(12:55) Act of Valor ★★ ('12, Action) 'R'	REAL Sports
	HBO2 312	TBA	Bad Words ('14) Jason Bateman 'R'	TBA	(3:5) TBA	TBA	The French Dispatch ('21, Comedy-Drama) 'R'
MAX	HBO5 314	West Side Story ('21)	TBA	(4:5) TBA	(10:50) The Eyes of Tammy Faye ('21) 'PG-13'	Mind Over Murder	Sleepers ('96, Crime Drama) Kevin Bacon 'R'
	HBOF 315	Freshman ('43) King Richard ('21, Biography) Will Smith 'PG-13'	(0:8) Jurassic Park ('93, Adventure) 'PG-13'	(1:15) Remember Me ('10, Romance) 'PG-13'	Mom and Dad		
SHOWTIME	MAX 307	Transformers ★★★ ('07, Action) Shia LaBeouf 'PG-13'	(2:5) Cloverfield ('08) 'PG-13'	(11:52) The Faculty ('98, Horror) 'R'	(3:9) The Yellow Birds ('17, War) 'R'	Long Shot	
	5MAX 308	Soul Food ('97) 'R'	Promising Young Woman ('20, Comedy) 'R'	(10:54) 47 Ronin ★★ ('13, Adventure) 'PG-13'	(12:53) Set Up ('11, Suspense) 'R'	(1:18) Double Jeopardy ('99) 'R'	
STARZ	MMA 309	Meet the Spartans	The Incredible Burt Wonderstone ('41) The Way, Way Back ★★ ('13) 'PG-13'	Popstar: Never Stop	(1:52) The Rocker ('08) 'PG-13'	Birdcage	
	SHO-E 318	(1:5) The Contractor ('22, Action) Chris Pine 'R'	The Chi	Supreme Team	Flatbush	We Hunt Together	The Lighthouse ★★ ('19, Suspense) 'R'
STARZ	SHO2 320	The Green Knight 'R'	Deadlock ('21, Action) 'R'	Indiana Jones and Crystal Skull	(4:5) American Honey ★★ ('16, Comedy-Drama) Sasha Lane 'R'	De Palma	
	SHOBET 321	The Chi	Bellator MMA	(0:5) Shooter ('07, Action) Mark Wahlberg 'R'	(12:10) A Thin Line Between Love and Hate	LaVell Crawford	Quiet Storm
STARZ	SHOX 322	Indiana Jones and the Temple of Doom ('84)	Bellator MMA Bellator 262: Velasquez vs. Kielholz	Free Fire ★★ ('16, Action) 'R'	RoboCop ('87, Science Fiction) 'R'	Megalodon	
	SHOS 323	Ex Machina ★★ ('14, Science Fiction) 'R'	The Promise ('16, Historical Drama) 'PG-13'	(12:15) Amy ★★ ('15, Documentary) Tony Bennett 'R'	Under the Silver Lake ('18) 'R'		
STARZ	TMC 327	Pulp Fiction ('94, Crime Drama) John Travolta 'R'	(3:5) Drop Zone ('94, Action) Wesley Snipes 'R'	Piranha ★★ ('10, Horror) 'R'	13 Minutes ('21, Suspense) Amy Smart 'PG-13'		
	FLIX-E 333	Failure to Launch ('06) 'PG-13'	(4:5) The Love Guru ('08) 'PG-13'	(1:15) The Canyons ★ ('13, Suspense) 'R'	The Watermelon Woman ('96)	Blue Caprice ★★ ('13) 'R'	
STARZ	ENCR-E 340	Mercury Rising ('98) City of Lies ★★ ('18, Crime Drama) 'R'	(10:55) Casino ★★ ('95, Crime Drama) Robert De Niro 'R'	(1:57) Commando ('85, Action) 'R'	Long		
	STARZ-E 350	Spider-Man: No Way Home ('21) 'PG-13'	P-Valley	(0:3) P-Valley Demetrius	(12:10) Spiral: From the Book of Saw ('21) 'R'	(1:46) Witch Hunt ('21) 'R'	Escape
STARZ	STRZED 352	Spider-Man: Homefront ★★ ('13, Action) 'R'	(4:3) The Equalizer 2 ('18, Action) Denzel Washington 'R'	(12:48) Die Hard With a Vengeance ('95) 'R'	The Last Vermeer 'R'		
	STRZCI 353	A Mouthful of Air 'R'	(8:58) The King's Speech ('10) Colin Firth 'R'	Becoming Elizabeth	(12:02) The Last Shift ('20) 'R'	(3:5) Becoming Elizabeth	(3:5) Jarhead ('05, War) 'R'
STARZ	STRZCO 354	Jumping the Broom ('11, Comedy) 'PG-13'	(9:55) Jingle All the Way ('96) 'PG'	(2:7) Men in Black: International ('19) 'PG-13'	(2:5) The Climb ★★ ('19) 'R'	Great White	
	STRZIB 355	How Stella Got Her Groove Back ('98) 'R'	Mo' Better Blues ★★ ('90, Drama) 'R'	(12:12) Ticking Clock ('11, Action) 'R'	(1:56) Leprechaun 5: In the Hood	Leprechaun	
STARZ	STRZKF 356	On the Line ('01) Lance Bass 'PG'	(2:7) The Little Rascals ('94) 'PG'	(10:51) Baby's Day Out ('94) 'PG'	(3:1) Beethoven's 2nd ('93) 'PG'	Capture the Flag ('15) 'PG'	Amer. Tail
	EPIX 380	Mississippi Burning ('88, Crime Drama)	(1:0) The Predator ('88, Action) Sean Connery	(11:50) Heatwave ('22, Suspense)	(4:0) Internal Affairs ('90, Crime Drama)	Women	
EPIX	EPIX2 381	Bridge	Jackass Presents: Bad Grandpa ('05) Bill & Ted Face the Music ('40) Dirty Grandpa ★★ ('16, Comedy)	(2:5) Addicted ★ ('14, Drama)	Gunfight at OK		
	EPIXH 382	Seabiscuit ★★ ('03, Drama) Tobey Maguire	(2:25) Stronger ('17, Biography) Jake Gyllenhaal	(2:5) The Doors ★★ ('91, Biography) Val Kilmer	(2:50) Jungleland ('19)		
EPIXDR 292	The Hunted ★★ ('03, Action)	(3:5) The Mod Squad ('99, Drama)	(1:0) Coffy ('73, Drama) Pam Grier	(4:5) Black Rain ('89, Crime Drama) Michael Douglas	(2:55) Turbulence ('97)		

AMERICA'S TOP PROGRAMMING

A&E 118	After the First 48 (N)	Accused: Guilty	Interrogation Raw (N)	The First 48	After the First 48	Accused: Guilty	Interrogation Raw	The First 48
AHC 195	Gunslingers	The Cowboy	The Cowboy	Gunslingers	Gunslingers	The Cowboy	The Cowboy	Gunslingers
AMC 131	National Lampoon's Vacation ('83, Comedy)	The Great Outdoors ★★ ('88, Comedy)	Groundhog Day ('93, Romance-Comedy) Bill Murray	Walking Dead: World	Walking Dead: World	Walking Dead: World	Walking Dead: World	Walking Dead: World
APL 184	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch
AXSTV 167	IMPACT Wrestling (N)	Japan Pro Wrestling	IMPACT Wrestling	Japan Pro Wrestling	IMPACT in 60	IMPACT in 60	IMPACT in 60	IMPACT in 60
BBCA 135	American Sniper ('14, War) Bradley Cooper	Top Gear (N)	American Sniper ★★ ('14, War) Bradley Cooper, Sienna Miller	The Hunt for Red October ('90, Suspense)				
BET 124	Celebrity Family Feud	Meet the Browns ★★ ('08, Comedy-Drama) Tyler Perry	Martin	Martin	Martin	Martin	Martin	Prince
BOUNCE 359	Alex Cross ★ ('12, Action) Tyler Perry	Along Came a Spider ('01, Mystery) Morgan Freeman	Unleashed ★★ ('05, Action) Jet Li	In the Heat of Night	The Game			
BRAVO 129	Southern Charm (N)	Southern Charm (N)	Watch	Southern Charm	Movie	Southern Charm	Southern Charm	Southern Charm
BUZZR 245	Concentrat	Password	Sweep	Card	Match-Squares	Concen.	Concen.	FamFeud
CIHD 249	City Confidential	City Confidential	Crime 360	Crime 360	City Confidential	City Confidential	Crime 360	Crime 360
CMT 166	Mom	Mom	Mom	Mom	Gold Girls	Gold Girls	Gold Girls	Gold Girls
CNBC 208	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shepard Smith	American Greed	Dateline (Part 1 of 2)	Dateline (Part 2 of 2)
CNN 200	Anderson Cooper 360 (L)	CNN Tonight (L)	Don Lemon Tonight (L)	Don Lemon Tonight (L)	Anderson Cooper 360	CNN Tonight	Don Lemon Tonight	Don Lemon Tonight
COM 107	The Office	The Office	The Office	The Office	The Daily Show	South Park	South Park	South Park
COMET 289	Buffy, Vampire Slayer	The X-Files Drive	The X-Files Triangle	The X-Files (Part 1 of 2)	The X-Files (Part 2 of 2)	Quantum Leap	Quantum Leap	Paid Programs
COOK 113	Fire Masters	Fire Masters	Bizarre	Bizarre	Delicious	Delicious	Fire Masters	Fire Masters
DISC 182	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.
DFC 179	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss
DISN-E 172	Jessie	Jessie	Bunk'd	Bunk'd	Sydney	Sydney	Jessie	Jessie
ENCR-W 341	(0:5) Trading Places ★★ ('83, Comedy) 'R'	(0:5) Mercury Rising ★★ ('98, Suspense) 'R'	City of Lies ★★ ('18, Crime Drama) 'R'	(1:55) Casino ★★ ('95, Crime Drama) 'R'				
EWESTN 342	Ox-Bow ('31) Texas ('41, Western) 'NR'	(0:6) The Tall T ('57, Western) 'NR'	(2:5) The Range Feud	The Ox-Bow Incident ('41) Wagon Train	(3:3) Texas ('41, Western) 'NR'			
EACTN 343	Never Back Down ★ ('08, Action) 'PG-13'	(9:56) Patton ★★ ('70, War) George C. Scott, Karl Malden 'PG'	(12:50) Legends of the Fall ('94, Drama) 'R'	(0:7) Phoenix ('98) 'R'				
ESUSP 344	In Too Deep ('99) 'R'	Fist of Fury ('72, Adventure) Bruce Lee 'R'	(10:49) Bats ★ ('99, Horror) 'R'	(2:5) Haywire ('11, Action) 'R'	Night of the Living Dead ('68)	No Good		
EBLACK 345	Shot Call ('24) 100 Streets ('16, Drama) 'NR'	Bobby Z ('07, Suspense) 'R'	(3:7) The Big Hit ('98, Action) 'R'	(1:2) See No Evil, Hear No Evil ★★ ('89) 'R'	(2:56) The Brothers 'R'			
ECLASS 346	(1:3) Big ('88, Children's) Tom Hanks 'PG'	Rescue Me High	(1:2) Damages	(11:56) Sommersby ('93, Drama) 'PG-13'	(1:52) Out to Sea ('97) 'PG-13'	Inferno		
EFAMILY 347	Tomorrowland ('15, Science Fiction) 'PG'	(1:1) Grace Unplugged ★ ('13, Drama) 'PG'	Max Winslow and the House	(3:4) The Red Station ('47) 'NR'	(2:53) Tomorrowland			
ESPN 140	ESPN Documentaries	ESPN Documentaries	Ⓢ MLB Baseball San Francisco Giants at Los Angeles Dodgers (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter	SportsCenter
ESPN2 143	Lacrosse UFC	Athletes Unlimited Lacrosse (L)	SportsCenter	SportsCenter	Around	Interruption	Awards	
EWTN 261	The World Over News (N)	News	Rosary	Pro-Life	Defend Life	Real	Women of	Daily Mass
FETV 82	Perry Mason	Perry Mason	Emergency!	Emergency!	B. Miller	B. Miller	Maude	Maude
FMC 387	The Man From Laramie ('55, Western)	(1:5) Utah Blaine ('57, Western)	(4:5) Tulsa ★★ ('49, Action) Susan Hayward	(4:5) That Uncertain Feeling ('41, Comedy)	Lightning			
FNC 205	Tucker Carlson Tonight (L)	Hannity (L)	The Ingraham Angle (L)	Gutfeld (L)	Fox News at Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle
FOOD 110	Restaurant: Impossible (N)	Beat Bobby	Beat Bobby	Me or the Menu	Beat Bobby	Beat Bobby	Me or the Menu	Beat Bobby
FREFM 180	The Office	The Office	The Office	The Office	Good Trouble (N)	The 700 Club	Simpsons	Simpsons
F51 150	2022 Copa América Femenina Brazil vs Peru (L)	WWE Friday Night SmackDown	Skip and Shannon: Undisputed	TMZ (N)	2022 Copa América Femenina Brazil vs Peru			

EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30				
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30				
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30				
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30				
AMERICA'S TOP PROGRAMMING																					
FX	136	Deadpool ★★★ ('16, Action) <i>Ryan Reynolds</i>				The Old Man VII (N)			The Old Man VII		The Old Man VII		The Old Man VII		FXM Presents		Paid Programs				
FXM	384	Daddy's Home 2 ('17)		Daddy's Home 2 ★★ ('17, Comedy) 'PG-13'				(10:55) Snatched ('17, Comedy) 'R'		(45) Ready or Not ★★★ ('19, Horror) 'R'		FXM Pres.		Bad Medicine ('85)							
FXM	125	Family Guy/Family Guy		Family Guy/Family Guy		Family Guy/Family Guy		Family Guy/Family Guy		Futurama		Futurama		Futurama		Futurama		Archer			
GETTV	373	The Rockford Files		Charlie's Angels				Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford		Sanford			
GMSHW	116	America		America		FamFeud		FamFeud		FamFeud		FamFeud		FamFeud		America		America			
GOLF	401	PGA Tour Golf 3M Open, First Round				2022 Senior Open Championship First Round				2022 Evian Championship First Round				DP Tour Golf							
GRIT	217	Lawman ★★★ ('71, Western) <i>Burt Lancaster, Robert Ryan</i>				Apache ★★★ ('54, Western) <i>Burt Lancaster</i>				Wichita ★★ ('55, Western) <i>Joel McCrea</i>				Bar Z Bad Men ★ ('36, Western)							
HALL	185	You, Me & the Christmas Trees ('21)				Good Morning Christmas! ('20, Romance)				Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier			
HALLDR	186	Little House on Prairie		Little House on Prairie				Little House on Prairie		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons			
HALLMV	187	Glenbrooke		Follow Me to Daisy Hills ('20, Romance)				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk			
HDMOV	130	The Bride (40)		Mystic Pizza ('88, Romance-Comedy)				(35) Easy Money ★★ ('83, Comedy)		(20) Mystic Pizza ('88) <i>Julia Roberts</i>		(15) Easy Money ★★ ('83, Comedy)									
HERIC	293	Star Trek		Star Trek: Next				Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch <i>The Incident</i>		House <i>Saviors</i>		House <i>House Divided</i>			
HGTV	112	No Demo Reno (N)		No Demo Reno (N)				Hunters		Hunt Intl		Hunters		Hunt Intl		Hunters		Hunt Intl			
HIST	120	Alone		Alone <i>The Ice Up</i> (N)				(35) Kings of Pain (N)		Mnt. Men		(12:03) Alone		(02) Alone		(34) Kings of Pain		Mnt. Men			
ID	192	Body Cam <i>Fired Up</i>		Crimes		Crimes		48 Hours on ID		48 Hours		Crimes		Crimes		48 Hours on ID		48 Hours			
IFC	133	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men			
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		'70s Show		'70s Show		How I Met		How I Met		Bernie Mac			
LIFE	108	Rizzoli & Isles		Rizzoli & Isles				(03) Rizzoli & Isles		(03) Rizzoli & Isles		(12:01) Rizzoli & Isles		Rizzoli & Isles		(04) Rizzoli & Isles		(04) Rizzoli & Isles			
LMN	109	Vanished: Searching for My Sister ('22)				Sinister Stepsister ('22, Drama) <i>Annika Foster</i>				(12:01) Vanished: Searching for My Sister ('22)				Sinister Stepsister ('22, Drama) <i>Annika Foster</i>							
MAGN	111	Maine Cabin Masters		Barnwood Builders (N)				Maine Cabin Masters		Maine Cabin Masters		Barnwood Builders		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters			
MGMHD	385	FX2 ('91, Action)		Rollerball ★★★ ('75, Science Fiction) <i>James Caan</i>				(40) Hackers ★★ ('95, Suspense) <i>Jonny Lee Miller</i>		(1:55) Antitrust ('01, Suspense) <i>Ryan Phillippe</i>											
MOTOR	246	Texas Metal		Texas Metal				Iron Resurrection		Iron Resurrection		Texas Metal		Iron Resurrection		Iron Resurrection		Texas Metal			
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)				The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		All In With Chris Hayes			
NATGEO	197	Shark Attack Files (N)		Shark Attack Files (N)				Shark Beach		Shark Attack Files		Shark Attack Files		Shark Beach		When Sharks Attack		When Sharks Attack			
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol (N)				The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Dr. Pol		The Incredible Dr. Pol		Mini Moo			
OUTD	396	Farming the Wild		Field Ethos						Bone Collector						Field Ethos		Heartland			
OWN	189	48 Hours: Hard Evid.		20/20 on OWN				20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		48 Hours: Hard Evid.			
OXYG	127	Snapped		Snapped				Snapped		Snapped		Snapped		Snapped		Snapped		Snapped			
PARMT	241	Air Force One ★★★ ('97, Suspense) <i>Harrison Ford, Gary Oldman</i>				Air Force One ★★★ ('97, Suspense) <i>Harrison Ford, Gary Oldman</i>				Movie											
POP	117	NCIS: New Orleans		NCIS: New Orleans				NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		FBI <i>Brother's Keeper</i>			
REELZ	299	Cops		Cops				Cops		Cops		Cops		Cops		Cops		Cops			
RFDTV	231	Larry's Country Diner		Next Level		Where		Rural America Live		Adventures		Rural News		Grown		Farm Mon.		Next Level			
SCI	193	Strange Evidence		Strange Evidence (N)				Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence			
SMITH	367	Mighty Cruise Ships		Mighty Cruise Ships				Mighty Cruise Ships		Aerial America		Mighty Trains <i>The Ghan</i>		Mighty Trains		Mighty Trains <i>Kiwi Rail</i>		Secrets			
SONY	386	Company of Heroes ('13, Action) (36) Guarding Tess ('94, Comedy-Drama)				(24) Company of Heroes ('13)				(09) Guarding Tess ('94, Comedy-Drama)				(2:50) Random Hearts							
SUND-E	358	Law & Order		Law & Order				Law & Order		Law & Order		Law & Order		Law & Order		Perry Mason		Perry Mason			
SYFY	122	Fast Five ('11, Action)		Transformers: Dark of the Moon ★★ ('11, Action) <i>Shia LaBeouf, Josh Duhamel</i>				Dredd ★★ ('12, Action) <i>Karl Urban</i>		The 5th Wave ('16, Science Fiction)											
TBN	260	Mother's Day Special		History		Insights		Watchman		Centerpoint		Mother's Day Special		Prince		Joel Osteen		Amazing			
TBS	139	Big Bang		Big Bang		Big Bang		Full Frontal		Full Frontal		Sheldon		Sheldon		Sheldon		Sheldon			
TCM	132	Below the Sea ('33, Adventure)		It Came From Beneath the Sea				Tentacles ★★ ('77, Horror) <i>John Huston</i>		Warlords of Atlantis ★★ ('78, Science Fiction)				Beneath-Reef							
TLC	183	Dr. Pimple Popper		Dr. Pimple Popper (N)				My 600-Lb. Life <i>Lindsey's Story</i>				Dr. Pimple Popper		Dr. Pimple Popper		My 600-Lb. Life <i>Lindsey's Story</i>					
TMC-W	329	Holler ('20, Drama) 'R'		(05) 13 Minutes ('21, Suspense) 'PG-13'				Pulp Fiction ('94, Crime Drama) <i>John Travolta</i> 'R'				(35) Drop Zone ('94, Action) <i>Wesley Snipes</i> 'R'				Piranha					
TNT	138	Batman Begins ('05, Action) <i>Christian Bale</i>		H. Quinn		H. Quinn		Joker ★★★ ('19, Crime Drama) <i>Joaquin Phoenix</i>		Shazam! ★★★ ('19, Action) <i>Zachary Levi, Mark Strong</i>											
TRU	242	Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		101 Places		After Party		Jokes		Imp. Jokers		Imp. Jokers			
TRVL	196	Paranormal Caught on Camera (N)				Fright Club (N)				Fright Club		Paranormal Caught on Camera				Fright Club		Fright Club			
TVLND	106	Raymond		Raymond		Raymond		Raymond		King		King		King		King		Mom			
UP	188	Heartland (N)		Mystic (N)				Blue Bloods		Blue Bloods		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls			
USA	105	Track and Field <i>World Athletics Championships Day 7</i> (L)				Law & Order: SVU				Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
WE	128	Brat Loves Judy		Brat Loves Judy (N)				Terror Lake Drive (N)		Brat Loves Judy		Brat Loves Judy		Brat Loves Judy		Brat Loves Judy		Brat Loves Judy		Terror Lake Drive	
LOCAL NETWORKS																					
ABC-E		Press Your Luck (N)		Generation Gap (N)				Big Sky		Local Prog. (35) Jimmy Kimmel Live!				Nightline (N)		Local Programs		ABC World News Now (N)			
CBS-E		Sheldon		Ghosts				Big Brother (L)		Bull		Local Prog. Late Show-Colbert				James Corden		Local Prog.			
CW-E		Walker		The Flash				Local Programs													
FOX-E		MasterChef		Kat				Flatch		Local Programs				Local Programs							
NBC-E		Law & Order		Law & Order: SVU				Law & Order		Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		Early Tdy	
METV	247*	Andy G.		Andy G.		G. Pyle		Green Acre		Heroes		Heroes		C. Burnett		Perry Mason		Tw. Zone		Hitchcock	
ABC-W		Local Programs				News				Local Programs		Press Your Luck (N)		Generation Gap (N)		Big Sky		Local Prog. (35) Jimmy Kimmel Live!		Nightline (N)	
CBS-W		Local Programs				News				Local Programs		Sheldon		Ghosts		Big Brother (N)		Bull		Local Prog. Late Show-Colbert	
CW-W		Local Programs								Walker		The Flash				Local Programs					
FOX-W		Local Programs								MasterChef		Kat		Flatch		Local Programs					
NBC-W		Local Prog.		News		Local Programs				Law & Order		Law & Order: SVU		Law & Order		Local Prog.		Tonight Show-J. Fallon		Meyers	
PBS		Old House		Old House		Broadchurch				Hotel Portofino		Amanpour-Co		Old House		Old House		Broadchurch		Finding Your Roots	

	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES																
HBO	HBO-E 310	Ⓢ The Wolverine ★★ ('13, Action) 'PG-13'				Golden Arm ('20, Comedy) 'NR' (35)				The Stepted Wives ('04)			REAL Sports		:(10) The Bourne Identity ('02, Action) 'PG-13'	
	HBO2 312	Ⓢ The Little Things ★★ ('21, Suspense) 'R'				Tootsie ('82, Comedy) <i>Dustin Hoffman</i> 'PG'				Game of Thrones (8:59) Game of Thrones (9:58) Game of Thrones (10:57)						
HBOF	HBO5 314	Ⓢ Sleepers Home Fries ★★ ('98) 'PG-13'				:(05) Leap Year ★★ ('10) 'PG'				:(45) Mona Lisa Smile ('03, Drama) 'PG-13'			:(45) What They Had ★★ ('18, Drama) 'R'		Ⓢ Sunshine	
	HBOF 315	Ⓢ Mom Dad (37) Jimmy Neutron: Boy Genius				K'garden				Happily Curious			Crashbox (7:51) Catch That Kid ('04) 'PG'		:(23) Furry Vengeance ('10) 'PG' (10:55) Bee Movie ('07)	
MAX	MAX 307	Ⓢ Long Shot ('19) <i>Seth Rogen</i> 'R'				Ⓢ What's the Worst				:(04) Chaplin ('92, Biography) <i>Robert Downey Jr.</i> 'PG-13'			:(31) Universal Soldier ('92, Science Fiction) 'R'		Ⓢ Let Him	
	5MAX 308	:(04) Frida ('02, Biography) <i>Salma Hayek</i> 'R'				:(07) City Hall ('96, Drama) <i>Al Pacino</i> 'R'				:(7:59) The Wood ('99, Drama) <i>Omar Epps</i> 'R'			:(9:46) She's All That ('99) 'PG-13'		Ⓢ Dance	
SHOWTIME	MMAX 309	Ⓢ The Birdcage ('96, Comedy) 'R'				:(35) New in Town ★ ('09) 'PG'				:(12) Darkness Falls ('03) 'PG-13'			:(38) Romancing the Stone ★★ ('84) 'PG'		:(24) The Jewel of the Nile ('85)	
	SHO-E 318	Ⓢ A Room With a View ('86) 'NR'				Ⓢ Demonic ('21, Science Fiction) 'R'				:(15) The War ★★ ('94, Drama) <i>Elijah Wood</i> 'PG-13'			:(25) Mission: Impossible III ('06, Action) 'PG-13'		Ⓢ BlackShp	
STARZ	SHO2 320	Ⓢ De Palma ('15, Documentary) 'R'				:(20) Ingrid Goes West ('17) 'R'				Ⓢ Selma ('14, Historical Drama) 'PG-13'			:(15) The Contractor ('22, Action) <i>Chris Pine</i> 'R'		Ⓢ American Insurrection	
	SHOBET 321	Ⓢ Quiet Storm				Ⓢ August the First ('07, Drama) 'NR' Ali				Ⓢ The Last Tree ('19, Drama) 'NR'			Spotlights		Ⓢ The One and Only Dick Gregory ('21) 'NR' Perfect in '76	
FLIX-E	SHOX 322	Ⓢ Megalodon Rising				:(10) The Hummingbird Project ('18, Drama) 'R'				Ⓢ It Comes at Night ('17, Horror) 'R'			:(35) Come Play ('20) 'PG-13'		:(15) Demonic ★ ('21, Science Fiction) 'R'	
	SHOS 323	Ⓢ Under the Silver Lake				Ⓢ Slow West ('15, Western) 'R'				Ⓢ Billionaire Boys Club ★ ('18, Suspense) 'R'			Ⓢ Lee Daniels' The Butler ★★ ('13) 'PG-13'		:(45) Glory ★★ ('89, War) 'R'	
STARZ	TMC 327	Orson (25) Violet ('21, Drama) 'R'				Ⓢ The Last Black Man in San Francisco ('19) 'R'				Ⓢ Dreamland ('19, Drama) 'R'			:(45) Last Call ('21, Comedy) <i>Jeremy Piven</i> 'R'		Ⓢ Tuxedo	
	FLIX-E 333	:(05) Snipes ('01, Suspense) <i>Sam Jones III</i> 'R'				Ⓢ Stir Crazy ('80, Comedy) <i>Gene Wilder</i> 'R'				:(7:55) Down to Earth ('01) 'PG-13'			:(25) Up in the Air ('09) 'R'		Ⓢ Dirty Pretty Things 'R'	
STARZ	ENCR-E 340	Ⓢ Long Weekend ('21)				:(06) A.I.: Artificial Intelligence ('01, Science Fiction) 'PG-13'				:(35) Paul ★★ ('11, Comedy) <i>Simon Pegg</i> 'R'			:(21) The Kid Detective ('20) 'R'		:(05) Almost Famous	
	STARZ-E 350	Ⓢ Escape Room				:(4:56) The Hurricane ('99, Drama) <i>Denzel Washington</i> 'R'				:(23) Don't Breathe 2 ('21) 'R'			:(04) Witch Hunt ('21, Suspense) 'R'		:(44) Alien 3 ★★ ('92) 'R'	
STARZ	STRZED 352	Ⓢ The Last Vermeer 'R'				Ⓢ Kingdom Come ★★ ('01) 'PG'				:(37) Elysium ★★ ('13, Science Fiction) 'R'			:(29) Die Hard ('88, Action) <i>Bruce Willis</i> 'R'		:(42) Die Hard With a Vengeance	
	STRZCI 353	Ⓢ Jarhead (40) Jookin				:(40) Jookin ('22, Drama) 'NR'				:(5:57) Julie & Julia ('09) <i>Meryl Streep</i> 'PG-13'			:(02) The Last Shift ★★ ('20) 'R'		:(35) The Rider ('17, Drama) <i>Brady Jandreau</i> 'R'	
STARZ	STRZCO 354	Ⓢ GreatWh M. Lawr				:(04) Kissing a Fool ★ ('98) 'R'				:(38) How to Deter a Robber ('20)			:(05) The Foot Fist Way ('06) 'R'		:(33) The Climb ★★ ('19) 'R'	
	STRZIB 355	Ⓢ Leprechaun: Back 2				Ⓢ Rhyme & Reason ★★ ('97) 'R'				:(32) Boys on the Side ('95, Comedy-Drama) 'R'			:(31) Dance Flick ('09) 'PG-13'		:(9:56) Venom ★ ('05, Horror) 'R'	
STARZ	STRZKF 356	Ⓢ An American Tail				:(4:54) House Arrest ★ ('96) 'PG'				Pit Pony Pit Pony			:(33) Sky Captain and the World of Tomorrow		:(21) Gladiators of Rome ('12) 'PG'	
	EPIX 380	Ⓢ Women Bridge				:(35) Sex Life				:(35) Revolutionary Road ★★ ('08, Drama)			:(35) Bolden ('19, Biography) <i>Gary Carr</i>		:(20) Black Bear ('20, Drama)	
EPIX	EPIX2 381	Ⓢ Gunfight at the O.K. Corral ('57)				:(20) Unprotected Sets				:(20) Beatriz at Dinner			:(45) The Gallows Act II ('19, Horror)		:(25) The Babysitter ('95, Suspense) War of Worlds	
	EPIXH 382	Ⓢ Jungle				:(20) Euphoria ('17, Drama)				Ⓢ Lucky Day ('19, Suspense)			:(40) The Kid ('19, Western) <i>Ethan Hawke</i>		:(25) Seabiscuit ★★ ('03, Drama) <i>Tobey Maguire</i>	
EPIX	EPIXDR 292	Ⓢ Turbulenc				:(40) Three Days of the Condor ('75, Suspense)				:(40) Yours, Mine & Ours ('05)			Ⓢ Invasion of the Body Snatchers		:(35) The Conversation ('74, Suspense)	
															Ⓢ Hunted	

AMERICA'S TOP PROGRAMMING																	
A&E	118	Paid Programs				Joyce M.				Parking	Parking	Parking	Parking	Parking	Parking	Court Cam	Court Cam
AHC	195	Hitler's Complex				Hitler's Death Ray				Legends of the West				Manhunt: Kill		Legends of the West	
AMC	131	Walking				The Walking Dead: World Beyond				Paid Programs				The Terminator ('84, Science Fiction)		Field of Dreams ('89)	
APL	184	Deadliest Catch				Dogs 101				Secret Life-Zoo		The Zoo		Crikey! It's the Irwins		Dr. Jeff: RMV	
AXSTV	167	Paid Programs								Music		Music		Live From Daryl's House		Rock	
BBCA	135	Red October				Doctor Who				Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next	
BET	124	Browns		Browns		Browns		Browns		Browns		Browns		Live Single		Live Single	
BOUNCE	359	Scandal				The Real				Wendy Williams Show		Nick Cannon		Injury Ct.		Injury Ct.	
BRAVO	129	Kelly Clarkson		Paid Programs		Below Deck				Below Deck		Below Deck		Below Deck		Below Deck	
BUZZR	245	Match		Match		Match		Match		Paid Programs		Prince		Tell Truth		My Line?	
CIHD	249	City Confidential				City Confidential <i>Bad News in Battle Creek</i>				American Justice				American Justice		Nightwatch	
CMT	166	CMT Music				CMT Music				CMT Music				CMT Music		Roseanne	
CNBC	208	Shepard Smith				Worldwide Exchange (L)				Squawk Box (L)				Squawk on the Street (L)			
CNN	200	CNN Newsroom Live (L)				Early Start w/Romans				New Day With				New Day With		New Day With	
COM	107	Creek		Creek		Paid Programs		Paid Programs				Cleveland		Cleveland		Cleveland	
COMET	289	Paid Programs														Black Sabbath ('63, Horror) <i>Boris Karloff</i>	
COOK	113	Paid Programs								Brunch at		Brunch at		Brunch at		Brunch at	
DISC	182	Blind Frog Ranch				Blind Frog Ranch				Blind Frog Ranch				Blind Frog Ranch		Blind Frog Ranch	
DFC	179	Kit. Crash		Kit. Crash		Gl Joe		Gl Joe		Monsters		Monsters		Pac-Man		Transform.	
DISN-E	172	Austin		Bunk'd		Bunk'd		Big City		Ladybug		Ladybug		DuckTales		Amphibia	
ENCR-W	341	Casino ('95) 'R'				:(4:57) Commando ('85, Action) 'R'				:(31) Long Weekend ('21) 'R'			:(06) A.I.: Artificial Intelligence ('01, Science Fiction) 'PG-13'		:(35) Paul ★★ ('11, Comedy) 'R'		
EWESTN	342	:(08) Kid Blue ('73, Western) <i>Dennis Hopper</i> 'PG'				Ⓢ Buchanan Ride				:(11) My Darling Clementine ('46) 'NR'			:(8:50) Texas ('41, Western) 'NR'		Ⓢ The Ox-Bow Incident Rnge		
EACTN	343	Ⓢ Phoenix ('98) 'R'				:(4:57) Vertical Limit ('00, Suspense) 'PG-13'				:(04) The Grandmaster ('13, Biography) 'PG-13'			:(8:54) Legends of the Fall ('94, Drama) 'R'		:(08) Stander ('03) 'R'		
ESUSP	344	Ⓢ No Good Deed ('02, Suspense) 'R'				:(17) The Entity ★★ ('82, Horror) 'R'				:(25) After Earth ★ ('13) 'PG-13'			:(08) The Stranger ('46, Suspense) 'NR'		Ⓢ Leprechaun: Origins		
EBLACK	345	Ⓢ Brothers (41) Baby Mama's Club ('10) <i>Tommy Ford</i> 'R'				:(24) Jumanji: Welcome to the Jungle ('17)				:(25) Alien Nation ★★ ('88) 'R'			:(9:57) The Brothers ('01) 'R'		Ⓢ Grounds		
ECLASS	346	Ⓢ Inferno ('16, Suspense) 'PG-13'				:(43) Broken Arrow ★★ ('96, Action) 'R'				:(33) John Tucker Must Die ('06)			:(04) Lawless ★★ ('12, Crime Drama) 'R'		:(02) Inferno ★★ ('16)		
EFAMILY	347	Ⓢ Tomorrowland ('15)				:(04) The Wishmas Tree ('19) 'NR'				:(34) Harriet the Spy ('96, Children's) 'PG'			Ⓢ Max Winslow and the House		:(9:56) Tomorrowland ('15, Science Fiction) 'PG'		
ESPN	140	MLB Baseball: <i>Giants at Dodgers</i>				SportsCenter				SportsCenter		SportsCenter (L)		Get Up (L)		First Take (L)	
ESPN2	143	SportsCenter				SportsCenter				Keyshawn, JWill and Max (L)				SportsCenter (L)		SportsCenter (L)	
EWTV	261	Web/Faith		Metanoia		The Journey Home		Made/		Choices		Stations		Rosary		Daily Mass (L)	
FETV	82	Hillbillies		Hillbillies		Prince		Jeremiah		Joyce M.		Robison		McCoys		McCoys	
FMC	387	Ⓢ Lightning (45) Jaws of Justice ('33, Western)				Ⓢ Abilene Town ('46, Western) <i>Randolph Scott</i>				Ⓢ Tulsa ★★ ('49, Action) <i>Susan Hayward</i>			Ⓢ That Uncertain Feeling ('41)		Ⓢ Lightning		
FNC	205	FOX & Friends First (L)				FOX & Friends First (L)				FOX & Friends (L)				America's Newsroom (L)			
FOOD	110	Restaurant: Impossible				Paid Programs								Food Paradise		BBQ USA	
FREFM	180	Paid Programs								black-ish		black-ish		black-ish		black-ish	
F51	150	2022 Copa América Femenina				Skip and Shannon: Undisputed				Unrivaled: Earnhardt		Speak for Yourself		Skip and Shannon: Undisputed (L)			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs							Alita: Battle Angel ('19, Science Fiction) <i>Rosa Salazar</i>				War for the Planet of the Apes ('17, Science Fiction)																				
FXM	384	Bad Med (:40) The Rocket Man ('54) 'NR'			The Frogmen ('51, War) 'NR'		(:40) Voyage to the Bottom of the Sea ('61)			The Neptune Factor ('73) 'G'		(:10) In Like Flint ('67)																					
FXN	125	Paid Programs							The Hate U Give ★★ ★★ ('18, Crime Drama) <i>Amanda Stenberg</i>				The Call of the Wild ★★ ★ ('20, Adventure)																				
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries	Elevation	Prince	Les Feldick	Paid Prog.	Good Time	Good Time	Good Time	Good Time	Hart to Hart																		
GMSHW	116	Paid Programs							Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America																	
GOLF	401	DP Tour Golf		Evian Champ.		Evian Champ.		♀ 2022 Senior Open Championship <i>Second Round (L)</i>		2022 Evian Championship <i>Second Round</i>		Senior																					
GRIT	217	Paid Programs							Laramie <i>Dark Verdict</i>		Laramie <i>Man of God</i>		Conquest of Cochise ★★ ('53, Western)		Dragoon Wells Massacre ★★ ('57, Western)																		
HALL	185	Cheers	Cheers	Reba	Reba <i>Issues</i>	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	The Christmas Club ('19, Romance)																			
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Nightmare</i>		Matlock																	
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder																			
HDMOV	130	Paid Programs							Once Upon a Time in the West ★★ ★ ('69, Western) <i>Henry Fonda</i>				(:05:55) The Bride ('85)																				
HERIC	293	The District <i>Free Byrd</i>		The District		Maverick		Wanted ... Wanted ...		Have Gun Have Gun		Rawhide		The High Chaparral		Cheyenne																	
HGTV	112	No Demo Reno		No Demo Reno		Lil Jon Wants		Lil Jon Wants		Lil Jon Wants		Lil Jon Wants		Lil Jon Wants		Lil Jon Wants																	
HIST	120	Paid Programs							Amazing		Jeremiah		Ancient Aliens		Ancient Aliens		Ancient Aliens																
ID	192	Grave Secrets		Grave Secrets		Grave Secrets		Heart of Darkness		Heart of Darkness		Heart of Darkness		Fatal Vows		Fatal Vows																	
IFC	133	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Mystery Science Theater 3000				(:15) Escape From L.A. ★★ ('96, Action) <i>Kurt Russell</i>		Rocky ('76)																			
LAFF	237	Paid Programs							Videos		Funniest		How I Met		How I Met		Jim		Jim		Home Imp.		Home Imp.		Home Imp.		Home Imp.		Nt. Court		Nt. Court		
LIFE	108	Paid Programs							Creflo		Robison		Joyce M.		TBA		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy						
LMN	109	Paid Programs							Her Secret Family Killer ('20, Suspense)				Psycho Daughter ('18, Comedy) <i>April Bowly</i>				A Killer in My Home ('20, Suspense)																
MAGN	111	Building Off the Grid		Building Off the Grid		Old House		Old House		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper							
MGMHD	385	(:10) Witness to Murder ★★ ★ ('54, Suspense)			MGM		(:35) The Fugitive Kind ('60, Drama) <i>Marlon Brando</i>			(:15) Inherit the Wind ★★ ★ ('60, Drama) <i>Spencer Tracy</i>																							
MOTOR	246	Garage Squad		Bitchin' Rides		Full Custom Garage		Junkyard Empire		FantomWorks		Roadkill		Hot Rod		Hot Rod		Roadkill		Roadkill		Roadkill		Roadkill									
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)						Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)																	
NATGEO	197	Shark-cano		Tiger Shark Terror		Paid Programs				Planet Shark				Planet Shark		Planet Shark																	
NGWLD	190	Paid Programs							The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol														
OUTD	396	Africa	The One	Hunting TV	Whitetail	Conchs	Spear Life	Seahunter	BigWater	Bill Dance	Angling	Major League Fishing	Cups	Fishing	Bass																		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil																	
OXYG	127	Dateline		Dateline		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped																	
PARMT	241	Paid Programs							Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue																
POP	117	FBI <i>Short Squeeze</i>		Goldbergs		Goldbergs		Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER <i>Sins of the Fathers</i>		ER		ER															
REELZ	299	Paid Programs							Harrison Ford's Crash		John F. Kennedy Jr		Capt. Sully's Hudson		United 93		Boston Strangler		Lone Survivor														
RFDTV	231	Paid Programs							DocTalk		Corn War.		Agriculture		Jeremiah		Rural News		AgDay		Market Day Report (L)												
SCI	193	Strange Evidence		Strange Evidence		Unexplained Files		Unexplained Files		Universe Works		Universe Works		Conspiracies Decoded		Conspiracies Decoded																	
SMITH	367	Secrets		Secrets		Aerial America		Aerial America		Aerial America		Aerial America		Mighty Trains <i>Kiwi Rail</i>		Mighty Trains		How Did, Build That?															
SONY	386	Random Hearts ('99)		(:09) First Men in the Moon ('64) <i>Edward Judd</i>		The Experiment ('10, Suspense)		(:42) Hard Times ('75, Drama) <i>Charles Bronson</i>		Sniper 3 ('04, Action) <i>Tom Berenger</i>																							
SUND-E	358	Perry Mason		Perry Mason		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.											
SYFY	122	The 5th Wave ('16)		Twi. Zone		Twi. Zone		Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13 13.1											
TBN	260	Impact of		Business		Hannen		S. Furtick		Joyce M.		Wommack		David		Prince		R. Jeffress		Joyce M.		Creflo		Hagee Min		Joel Osteen		Jackson		S. Furtick		Jentezen	
TBS	139	Wipeout <i>Food Fight</i>		Matters		Matters		Matters		George		George		George		George		Broke Girl		Broke Girl		Broke Girl		Broke Girl		Friends		Friends					
TCM	132	Beneath-Ref		Isle of Fury ★★ ('36)		(:15) Sh! The Octopus		(:15) Saratoga Trunk ('45, Historical Drama) <i>Gary Cooper</i>		(:45) Jezebel ★★ ★ ('38, Drama) <i>Bette Davis</i>		Toast																					
TLC	183	My Big Fat Fabulous Life <i>A Big Fat Proposal</i>		My 600-Lb. Life: Where		My 600-Lb. Life: Where		My 600-Lb. Life: <i>Where</i>		My 600-Lb. Life: <i>Where</i>		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé																	
TMC-W	329	Piranha ('10) 'R'		13 Minutes ('21, Suspense) <i>Amy Smart</i> 'PG-13'		Orson		(:25) Violet ('21, Drama) 'R'		The Last Black Man in San Francisco ('19) 'R'		Dreamland ('19) 'R'																					
TNT	138	The Closer		The Closer <i>LA Woman</i>		Charmed (Part 1 of 2)		Charmed (Part 2 of 2)		Charmed <i>Carpe Demon</i>		Charmed <i>Show Ghouls</i>		NCIS: New Orleans		NCIS: New Orleans																	
TRU	242	Paid Programs							Ad. Ruins		Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers		Carbonaro		Carbonaro		Carbonaro		Carbonaro								
TRVL	196	Paid Programs							UFO Hunters				Woo.- Haunted		Woo.- Haunted		Woo.- Haunted																
TVLND	106	Raymond		Raymond		Goldbergs		Goldbergs		Paid Programs		M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		Bonanza													
UP	188	Paid Programs							Heartland <i>Trust</i>		Heartland <i>Fool's Gold</i>		Heartland		Little House on Prairie		Little House on Prairie		Little House on Prairie														
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS		NCIS <i>Tribes</i>		2022 Tour de France <i>Stage 19</i>		Flat stage. From Castelnau-Magnoac		to Cahors. (N)																			
WE	128	Mama June- Not to Hot		Paid Programs							Law Order: CI		Law Order: CI																				

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)			
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right (N)			
CW-E	Local Programs							Local Programs											
FOX-E	Local Programs							Local Programs				Local Programs							
NBC-E	Local Programs							Local Programs				Today (N)							
METV	247*	(:05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock <i>The Mistress</i>		In the Heat of Night			
ABC-W	Local Programs							ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)	
CBS-W	◀Corden	Local Prog.	CBS Overnight News (N)				News				News	News	News	News	CBS Mornings (N)				
CW-W	Local Programs							Local Programs											
FOX-W	Local Programs							Local Programs											
NBC-W	◀Meyers	News	Top Story With		Early Tdy	Local Programs				Local Programs				Today (N)					
PBS	The Green Planet		NOVA			Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E	310	(10) TBA	(15) The Day the Earth Stood Still ★★ ('08)	The Little Things ★★ ('21, Suspense) 'R'	(10) TBA	(05) TBA	The Batman ('22)
	HBO2	312	Game of Thrones	Game of Thrones	Game of Thrones	(25) Australia ('08, Adventure) <i>Nicole Kidman</i> 'PG-13'	(10) TBA	(15) TBA
MAX	HBO3	314	Little Miss Sunshine	(15) A Simple Plan ★★ ('98, Suspense) <i>Bill Paxton</i> 'R'	(20) The Impossible ('12) 'PG-13'	(15) American Pastoral ★★ ('16, Drama) 'R'	Conjuring-Devil	
	HBOF	315	Bee Movie	(26) The Rugrats Movie ('98) 'G'	(1:46) Ella Enchanted ('04) 'PG'	(23) Space Jam: A New Legacy ('21) 'PG'	(18) Rio 2 ('14, Children's) 'G'	Zoom ★★ ('06) 'PG'
SHOWTIME	MAX	307	Let Him Go	(20) 'R'	(13) Red Eye ★★ ('05) 'PG-13'	(40) 47 Ronin ★★ ('13, Adventure) 'PG-13'	(40) Devil's Due ('14, Horror) 'R'	(10) The Vanishing ★★ ('93, Suspense) 'R'
	5MAX	308	Shall We Dance?	(04) (09) The Last Five Years ('14)	(44) You, Me and Dupree ('06) 'PG-13'	(34) Best in Show ('00) 'PG-13'	(05) Cloverfield ('08) 'PG-13'	Ouija ('14)
STARZ	MMA	309	Navy SEALs	(90, Action) <i>Charlie Sheen</i> 'R'	(05) Meet the Spartans ★ ('08)	(29) Super 8 ('11, Science Fiction) 'PG-13'	(21) I Am Number Four ('11)	(11) Voyagers ('21)
	SHO-E	318	Black Sheep	(96)	The Naked Gun: Police Squad	Nacho Libre ('06, Comedy) 'PG'	(15) Deadlock ('21, Action) <i>Patrick Muldoon</i> 'R'	The Dry ('20, Crime Drama) <i>Eric Bana</i> 'R'
STARZ	SHO2	320	American Insurrection	Indiana Jones and the Temple of Doom ('84)	Indiana Jones and the Last Crusade ('89)	(10) Immortals ('11, Adventure) <i>Henry Cavill</i> 'R'	(15) The Contractor 'R'	
	SHOBET	321	Blue Caprice	★★★ ('13) 'R'	Grace	Hav Plenty ★★ ('97) 'R'	Critical Condition ★★ ('87) 'R'	Bowfinger ★★ ('99, Comedy) 'PG-13'
STARZ	SHOX	322	Project Ithaca	(19) 'R'	Stealth ★★ ('05, Action) <i>Josh Lucas</i> 'PG-13'	Stillwater ★★ ('21, Drama) <i>Matt Damon</i> 'R'	Indiana Jones and the	Indiana
	SHOS	323	Glory	(89, War) 'R'	(250) The Mexican ('01, Comedy-Drama) 'R'	(255) World Trade Center ('06, Drama) 'PG-13'	(05) Fruitvale Station ('13) 'R'	(40) Lee Daniels' The Butler ('13)
STARZ	TMC	327	The Tuxedo	★ ('02)	(10) The Jerk ('79, Comedy) 'R'	(45) Equals ★★ ('15, Science Fiction) 'PG-13'	My Salinger Year ('20, Drama) 'R'	(15) Queen Bees ('21, Comedy) 'PG-13'
	FLIX-E	333	Dirty Pretty Things	'R'	The Texas Chain Saw Massacre	(25) Mad Max ('79, Action) 'R'	Paycheck ★★ ('03, Science Fiction) 'PG-13'	Double Impact ★★ ('91, Action) 'R'
STARZ	ENCR-E	340	Almost Famous	(00)	(13) Don't Say a Word ('01, Suspense) 'R'	(10) A.I.: Artificial Intelligence ('01, Science Fiction) 'PG-13'	(39) Commando ('85, Action) 'R'	(13) Paul ('11) 'R'
	STARZ-E	350	Alien 3	(41) Tyler Perry's The Family That Preys ('08)	(33) Becoming Elizabeth	(34) Can't Hardly Wait ('98, Comedy) 'PG-13'	(17) Alien ('79, Science Fiction) <i>Tom Skerritt</i> 'R'	Don't 2
STARZ	STRZED	352	Die Hard-Veng.	(1253) You're Next ('11) 'R'	(29) The Last Vermeer ('19, Drama) 'R'	A Knight's Tale ★★ ('01, Action) 'PG-13'	(45) Die Hard ('88, Action) 'R'	
	STRZCI	353	Jookin	(37) Jarhead ('05, War) <i>Jake Gyllenhaal</i> 'R'	(42) Julie & Julia ★★ ('09, Comedy-Drama) 'PG-13'	(4:48) The Darjeeling Limited ('07)	(22) The Last Shift ★★ ('20) 'R'	
STARZ	STRZCO	354	Pretty in Pink	(86)	(1252) Moms' Night Out ('14) 'PG'	(34) Here Today ('21, Comedy-Drama) 'PG-13'	(33) The Climb ★★ ('19) 'R'	(13) Someone Like You ★★ ('01) 'PG-13'
	STRZIB	355	The Manchurian Candidate	(04)	(38) The Truth About Charlie ('02) 'PG-13'	White People Money	(45) National Security ('03, Comedy) 'PG-13'	(16) The Soloist ('09) 'PG-13'
STARZ	STRZKF	356	Beethoven	Pit Pony	(15) Capture the Flag ('15, Children's) 'PG'	(251) Aquamarine ('06) 'PG'	(36) Flicka ('06, Children's) 'PG'	(12) Sky Captain and the World of Tomorrow
	EPIX	380	Saint Maud	(19, Horror)	(35) Spell ★★ ('20, Horror)	(10) The Deep House ('21, Horror)	(35) Paranormal Activity ('07)	(05) The Haunting ('99, Horror) <i>Liam Neeson</i>
EPIX	EPIX2	381	War	(25) 2 Days in the Valley ('96)	(10) Labor Day ('13, Romance) <i>Kate Winslet</i>	(05) Dead Again ★★ ('91, Mystery)	(5:55) Allied ('16, Historical Drama) <i>Brad Pitt</i>	
	EPIXH	382	Stronger	(17, Biography) <i>Jake Gyllenhaal</i>	(1:50) The Doors ('91, Biography) <i>Val Kilmer</i>	(15) Small Soldiers ('98, Comedy) <i>Kirsten Dunst</i>	Teenage Mutant Ninja Turtles	
EPIX	EPIXDR	292	The Hunted	(03)	(05) The Mod Squad ('99, Drama)	(40) Coffy ('73, Drama) <i>Pam Grier</i>	(15) The Longest Yard ('74, Comedy-Drama) <i>Burt Reynolds</i>	(20) Cadillac Man ('90, Comedy)

AMERICA'S TOP PROGRAMMING

A&E	118	Court Cam	Court Cam	Road Wars	Road Wars	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48		
AHC	195	Weaponology	<i>Rangers</i>	Weaponology	Weaponology	America's-Bunkers	Brothels-Built America	Freemasons: Decoded	Outlaw Biker Gangs	Almost, Away						
AMC	131	Field of Dreams	(89, Fantasy)	Groundhog Day ('93, Romance-Comedy) <i>Bill Murray</i>	The Great Outdoors ★★ ('88, Comedy)	National Lampoon's Vacation ('83, Comedy)										
APL	184	Tanked	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Tanked	Tanked	Tanked	Tanked	Tanked	Tanked	Tanked	Tanked	Tanked		
AXSTV	167	AXS TV Concerts	<i>Train</i>	AXS TV Concerts	AXS TV Concerts	LA Ink	Big Decisions (N)	<i>Ozzy & Jack's</i>	<i>Ozzy & Jack's</i>	Top Ten	Top Ten	Wahlburgers				
BBCA	135	Star Trek: Next	Cujo ★★ ('83, Horror) <i>Dee Wallace</i>	Van Helsing ★★ ('04, Fantasy) <i>Hugh Jackman, Kate Beckinsale</i>	The Silence of the Lambs ('91, Suspense)											
BET	124	Celebrity Family Feud	Meet the Browns ★★ ('08, Comedy-Drama) <i>Tyler Perry</i>	Movie	Tyler Perry's The Oval	Tyler Perry's Sistat										
BOUNCE	359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night	In the Heat of Night	In the Heat of Night	Southpaw ★★ ('15, Drama) <i>Jake Gyllenhaal, Forest Whitaker</i>							
BRAVO	129	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Movie	Movie							
BUZZR	245	Match	Match	Concen.	Concen.	Password	Password	Super Pass	Tattletales	Press Luck	Whew!	Match	Match	Match	Match	Sale of
CIHD	249	Cajun	Cajun	Cajun	Cajun	Cajun	Cajun	The Squad	The Squad	The Squad	Why I Ran	Why I Ran	Why I Ran	Twisted Fate	Twisted Fate	
CMT	166	Roseanne	Roseanne	King	King	King	King	King	King	King	King	Last Man	Last Man	Last Man	Last Man	Movie
CNBC	208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Closing Bell (L)	Closing Bell (L)	Overtime (L)	Fast (L)	Options	Mad Money (N)	Shepard Smith				
CNN	200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Jake Tapper	Situation Room	The Office	The Office	The Office	The Office	The Office	The Office	Erin Burnett OutFront (L)
COM	107	South Park	South Park	South Park	South Park	South Park	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office
COMET	289	Island-Moreau	Flash Gordon ('80, Science Fiction) <i>Sam Jones</i>	The Outer Limits	The Outer Limits	<i>Josh</i>	<i>Farscape</i>	<i>PK Tech Girl</i>	<i>Farscape</i>							<i>Buffy, Vampire Slayer</i>
COOK	113	Man, Food	Man, Food	Man, Food	Man, Food	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Food Paradise	Food Paradise	Food Paradise	Food Paradise	Chopped (Part 1 of 5)
DISC	182	Gold Rush: F. Dodge	Gold Rush: F. Dodge	Gold Rush: F. Dodge	Gold Rush: F. Dodge	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush
DFC	179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!	Dogs 101	Dogs 101	Kids Baking	
DISN-E	172	Big City	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Bunk'd	Jessie	Jessie	Jessie	Raven	Raven	Bunk'd (N)
ENCR-W	341	Paul	(11) (21) The Kid Detective ('20) 'R'	(05) Almost Famous ('00, Comedy-Drama) 'R'	(13) Don't Say a Word ('01, Suspense) 'R'	(10) A.I.: Artificial Intelligence ('01) 'PG-13'										
EWESTN	342	Rnge	(41) The Tall T ('57, Western) 'NR'	The Deputy	Wanted ...	(254) Wagon Train	Laramie	Death Vall.	Fargo	Rifleman	(5:57) The Virginian	(14) Kid Blue ('73) 'PG'				
EACTN	343	Stander	(03) 'R'	Vertical Limit ★★ ('00, Suspense) 'PG-13'	(08) Season of the Witch ('11)	(45) The Marine 4: Moving Target ('15) 'R'	(18) Redemption Day ('21) 'R'									
ESUSP	344	Leprechn	(20) Hamlet ('00, Drama) 'R'	(14) Leprechaun ('93, Horror) <i>Warwick Davis</i> 'R'	(3:48) Haywire ('11, Action) 'R'	(23) After Earth ★ ('13) 'PG-13'	(06) Hamlet ('00) 'R'									
EBLACK	345	On These Grounds	(21) 'NR'	(26) Jumanji: Welcome to the Jungle ('17)	(27) Baby Mama's Club ('10) 'R'	(10) A Girl Like Grace ('15, Drama) 'NR'	A Haunted House 2									
ECLASS	346	Inferno	(16) 'PG-13'	(06) The Cable Guy ('96) 'PG-13'	(43) Friday Night Lights ('04, Drama) 'PG-13'	(42) Broken Arrow ★★ ('96, Action) 'R'	(32) Timeline ★★ ('03) 'PG-13'									
EFAMILY	347	Spy Kids-Time in the World	(36) Agent F.O.X. ('14) 'G'	(05) Johnny English ('03) 'PG'	(34) Johnny English Reborn ('11, Comedy) 'PG'	(17) Harriet the Spy ('96) 'PG'										
ESPN	140	SportsCenter (L)	SportsCenter (L)	This Just In (L)	NBA Today (L)	NFL Live (L)	Around	Interrupted	SportsCenter (L)	TBT Tournament						
ESPN2	143	First Take (N)	SportCtr	⚡ UEFA Women's EURO 2022 Third Quarterfinal: Teams TBA (L)	Max	UFC Live	Daily Wager (L)	ICC Soccer								
EWTV	261	Daily Mass	Women of Grace	Life/Rock	Stations	Chaplet	Rosary	Cross	With Jesus	Saints	Unleash	News	Discerning	Daily Mass		
FETV	82	Hillbillies	Hillbillies	Wagon Train	Rawhide	Rawhide	Perry Mason	Perry Mason	Mannix	Mannix						
FMC	387	Lightning C.	Jaws of Justice ('33)	Sundown Saunders	Sunset on the Desert	(15) The Man From Laramie ('55, Western) <i>James Stewart</i>	Utah Blaine ★★ ('57, Western)									
FNC	205	Unnumbered (L)	America Reports (L)	The Story With Martha	Your World W/ Cavuto	The Five (L)	Special Report	Jesse Watters (L)								
FOOD	110	Diners, Drive	Diners, Drive	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners
FREFM	180	Maid in Manhattan	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
F51	150	The Herd with Colin Cowherd (L)	Speak for Yourself (L)	NASCAR Truck Series	Hub	ARCA Racing Series	Pocono (L)									

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	War	Warcraft ★★ ('16, Fantasy) <i>Travis Fimmel, Paula Patton</i>	Pacific Rim Uprising ('18, Science Fiction) <i>John Boyega</i>	Deadpool ★★★ ('16, Action) <i>Ryan Reynolds</i>												
FXM	384	In Like Flint ('67, NR) (:10) Young Frankenstein ('74, Comedy) 'PG'	Ready or Not ★★★ ('19, Horror) 'R' (4:55)	Bad Times at the El Royale ('18, Suspense) 'R'	Greatest												
FX	125	Futurama	Futurama	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	
GETV	373	The Rockford Files	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Kojak	Kojak	Kojak	Kojak	Kojak	Kojak	
GMSHW	116	Deal or No Deal	Match	Match	Catch 21	Catch 21	25 Words	25 Words	Common	Common	Chain Rea.	Chain Rea.	Puzzler	Puzzler	Puzzler	America	
GOLF	401	2022 Senior Open Championship <i>Second Round</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	PGA Tour Golf 3M <i>Open, Second Round (L)</i>	
GRIT	217	Death Vall.	Death Vall.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Tales of Wells Fargo	
HALL	185	Nantucket Noel ('21, Romance) <i>Sarah Power</i>	Sugar Plum Twist ('21, Romance-Comedy)	A Shoe Addict's Christmas ('18)	The Sweetest Christmas ('17, Romance)												
HALLDR	186	Matlock (Part 1 of 2)	Matlock (Part 2 of 2)	The Waltons	The Waltons	The Waltons	The Waltons	The Waltons	The Waltons	The Waltons	The Waltons	The Waltons	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	
HALLMV	187	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	
HDMOV	130	The Bride ('85, Horror) (:05) Doc ★★ ('71, Western) <i>Stacy Keach</i>	Dying Laughing ('16)	Caffeine ★ ('06, Comedy)	DeepStar Six ('89, Horror) <i>Taurean Blacque</i>												
HERIC	293	Hawaii Five-0	Hawaii Five-0	Hawaii Five-0	Hawaii Five-0	Hawaii Five-0	Hawaii Five-0	Hawaii Five-0	Hawaii Five-0	MacGyver	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	
HGTV	112	Great Giveback	Great Giveback	Great Giveback	Great Giveback	Great Giveback	Great Giveback	Great Giveback	Great Giveback	Dream	Dream	Dream	Dream	Dream	Dream	Dream	
HIST	120	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens	
ID	192	Fatal Vows	Til Death Do Us Part	Til Death Do Us Part	Til Death Do Us Part	Til Death Do Us Part	Til Death Do Us Part	Til Death Do Us Part	Til Death Do Us Part	People Magazine	People Magazine	People Magazine	People Magazine	People Magazine	People Magazine	People Magazine	
IFC	133	Rocky ★★★★★ ('76, Drama) <i>Sylvester Stallone, Talia Shire</i>	Rocky II ★★★★★ ('79, Drama) <i>Sylvester Stallone, Talia Shire</i>	Rocky III ★★★★★ ('82, Drama) <i>Sylvester Stallone, Mr. T</i>													
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.
LIFE	108	The Mentalist	The Mentalist	The Mentalist	The Mentalist	Castle	Castle	Castle	Castle	Castle	Castle	Castle	Castle	Castle	Castle	Castle	
LMN	109	A Daughter's Plan to Kill ('19, Drama)	A Daughter's Deception ('19, Drama)	A Daughter's Revenge ('18, Suspense)	Keeping Up With the Joneses	The Wrong Murder											
MAGN	111	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	Beachfront Renovation	
MGMHD	385	The Return of a Man Called Horse ★★ ('76, Western) (:40) Avanti! ★★★★★ ('72, Comedy) <i>Jack Lemmon, Juliet Mills</i>	New York, New York ('77, Musical) <i>Robert De Niro</i>														
MOTOR	246	Dirt-Day	Dirt-Day	Roadkill	Roadkill	Hot Rod	Hot Rod	Roadkill	Roadkill	Junkyard Empire	FantomWorks	Bitchin' Rides	Garage Squad				
MSNBC	209	Andrea Mitchell Reports (L)	Chris Jansing Reports (L)	Katy Tur Reports (L)	Hallie Jackson Reports (L)	Deadline: White House (L)	The Beat With	The Reid Out (L)									
NATGEO	197	Forecast: Shark Attack	Backyard Bull Sharks	Shark vs. Surfer	Man vs. Shark	Dolphin vs. Sharks	Camo Sharks	When Sharks Attack	When Sharks Attack								
NGWLD	190	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	Critter Fixers	Critter Fixers	Critter Fixers								
OUTD	396	Andrews	Zona's	Bone Coll.	Drop Zone	Heartland	Crush	Fisherman	A Fishing	Whitetail	Hunter	Fowl Life	GunDogT	Wicked Tuna	Longmire		
OWN	189	Dr. Phil	Court	Court	Court	Court	Court	Court	Court	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil		
OXYG	127	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped		
PARMT	241	Bar Rescue	Bar Rescue	Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	
POP	117	ER <i>Humpty Dumpty</i>	ER <i>Great Expectations</i>	ER	House <i>Both Sides Now</i>	House <i>Broken</i>	House (Part 2 of 2)	House <i>Epic Fail</i>	House <i>The Tyrant</i>								
REELZ	299	Cops	Cops	Cops	Cops	Vegas	Vegas	Vegas	Jail: Texas	Jail: Texas	Jail: Texas	Cops	Cops	Cops	Cops	Cops	
RFDTV	231	Market Day Report (L)	Cow Guy	Perley's	TruCountry	Penny G	Porter	Country	Big Joe Polka Show	Woodsongs	Jimmy	Duttons					
SCI	193	Strange Evidence	Strange Evidence	What on Earth?	What on Earth?	Unearthed	Unearthed	Unearthed	Unearthed	Unearthed	Unearthed	Unearthed					
SMITH	367	Air Disasters	Air Disasters	Air Disasters	Air Disasters	Air Disasters	Air Disasters	Air Disasters	Air Disasters	Air Disasters	Air Disasters	Air Disasters					
SONY	386	Seems Like Old Times ('80) <i>Chevy Chase</i>	Striking Distance ★★ ('93, Suspense)	The Deep ★★★ ('77, Adventure) <i>Jacqueline Bisset</i>	The Guns of Fort Petticoat												
SUND-E	358	Andy G.	Andy G.	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order		
SYFY	122	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Vendetta	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13		
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club	David	S. Furtick	Mother's Day Special	Metaxas	Watchman	The Potter's	Centerpoint		
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	American	American	American	
TCM	132	Toast-Orleans	N. Orle	New Orleans ★★ ('47, Musical)	Always for Pleasure	Hotel ★★★ ('67, Drama) <i>Rod Taylor</i>	The Cincinnati Kid ★★★★★ ('65, Drama)										
TLC	183	Long Lost Family	Long Lost Family	Long Lost Family	Long Lost Family	Long Lost Family	90 Day Diaries	90 Day Diaries	90 Day Diaries	90 Day Diaries	90 Day Diaries	90 Day Diaries	90 Day Diaries	90 Day Diaries	90 Day Diaries		
TMC-W	329	Dream	Last Call ('21, Comedy) <i>Jeremy Piven</i> 'R'	The Texedo ('02, Comedy) 'PG-13'	The Jerk ('79, Comedy) 'R'	Equals ★★ ('15, Science Fiction) 'PG-13'	Salinger										
TNT	138	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	Batman Begins ★★★ ('05, Action) <i>Christian Bale</i>	The Dark Knight ('08, Action)								
TRU	242	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TRVL	196	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted		
TVLND	106	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke		
UP	188	Little House on Prairie	Little House on Prairie	Gilmore Girls	Gilmore Girls	Gilmore Girls	Gilmore Girls	Gilmore Girls	Gilmore Girls	Gilmore Girls	Gilmore Girls	Gilmore Girls	Gilmore Girls	Gilmore Girls	Gilmore Girls		
USA	105	Fast Lane	Chicago Fire	Chicago Fire	Always	Chicago Fire	Wow Me	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chi. Fire		
WE	128	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Criminal Minds <i>Demons</i>	Criminal Minds <i>X</i>	Criminal Minds <i>Burn</i>	Criminal Minds						

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CBS-E	Local Prog.	Young & Restless	Bold	The Talk (N)	Let's Make a Deal	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CW-E	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
FOX-E	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
NBC-E	Local Programs	Days of our Lives (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
METV	247*	The Waltons	Gunsmoke	Bonanza	Maestro Hoss	Rifeman	Rifeman	Wagon Train	Adam-12	Adam-12	The A-Team	Cup A'Joe	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H
ABC-W	Local Programs	The View (N)	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CBS-W	Local Programs	The Price Is Right (N)	Young & Restless	Local Prog.	Bold	The Talk (N)	Let's Make a Deal	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CW-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
FOX-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
NBC-W	Today 3rd Hour (N)	Today-Hoda	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)	

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30			
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30			
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30			
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30			
PREMIUM MOVIES																			
HBO	HBO-E 310	ⓁThe Batman ★★★ ('22, Action) 'PG-13'			Westworld		Rehearsal	TBA	Mind Over Murder		Free Guy ('21, Action) Ryan Reynolds 'PG-13'		Safe ('12, Action) 'R'						
	HBO2 312	TBA			REAL Sports		Fantastic Beasts: The Secrets of Dumbledore ('22) 'PG-13'		Moon ('09, Science Fiction) 'R'		Ride Along ★★ ('14) 'PG-13'								
	HBO3 314	ⓁConjuring-Devil			Reminiscence ('21, Science Fiction) 'PG-13'		The King's Man ('21, Action) Ralph Fiennes 'R'		At Close Range ('86, Crime Drama) 'R'		Damsel ('18) 'R'								
HBOF 315	ⓁZoom ('06) (29) Girl Most Likely ('12) 'PG-13'			The Holiday ★★★ ('06, Romance-Comedy) 'PG-13'		The Help ★★★ ('11, Drama) Viola Davis 'PG-13'		The Accidental Spy											
MAX	MAX 307	Black Hawk Down ★★★ ('01, War) Josh Hartnett 'R'			American Psycho ('00) 'R'		The Happening ★ ('08) 'R'		R.I.P.D. ('13, Action) Jeff Bridges 'PG-13'		Julia								
	5MAX 308	ⓁOuija ('14) 'PG-13'			My Cousin Vinny ('92, Comedy) Joe Pesci 'R'		High Fidelity ('00, Romance-Comedy) 'R'		Oblivion ('13, Science Fiction) 'PG-13'		Reasonable Doubt 'R'								
	MMAX 309	ⓁVoyagers ('21) 'PG-13'			Adventureland ('09, Comedy-Drama) 'R'		Anger Management ('03) 'PG-13'		War on Everyone ('16) 'R'		10 Years ★★ ('11, Comedy) 'PG-13'								
SHOWTIME	SHO-E 318	ⓁIda Red ('21, Crime Drama) Josh Hartnett 'R'			Bellator MMA 283 (L)		The Chi (N)		Flatbush		The Green Knight ('21) 'R'								
	SHO2 320	ⓁThe Contractor ('22)			Supreme Team		The Chi		Flatbush		We Hunt Together		Passion in Prison ('20)		Windtalkers ★★ ('02, War) Nicolas Cage 'R'				
	SHOBET 321	ⓁFear of a Black Hat ('93) 'R'			Tangerine ('15, Comedy-Drama) 'R'		Mid90s ('18, Comedy-Drama) 'R'		Spotlights		Supreme Team		We Hunt		In Fabric ('18, Horror) 'R'				
	SHOX 322	ⓁIndiana Jones and Crystal Skull			Passion Play: Russell Westbrook		Mid90s ('18, Comedy-Drama) 'R'		Better Off Dead ★★ ('85, Comedy) 'PG'		Ali		Bellator MMA 283						
	SHOS 323	ⓁLee-Butler			Gloria ('89, War) Matthew Broderick 'R'		The Mexican ('01, Comedy-Drama) 'R'		The Terminator ('84, Science Fiction) 'R'		Hard Eight ('96) 'R'								
TMC 327	ⓁThe Bronze ('15, Comedy) 'R'			Support the Girls ('18) 'R'		Mainstream ('20) 'R'		A Haunted House ('13) 'R'		Becky ('20, Action) Kevin James 'R'									
FLIX-E 333	ⓁMidnight Run ★★★ ('88, Comedy) 'R'			RoboCop ('87, Science Fiction) 'R'		Striptease ★★ ('96, Drama) Demi Moore 'R'		The Texas Chain Saw Massacre		Run Lola									
STARZ	ENCR-E 340	ⓁPaul ('11, Comedy) 'R'			Almost Famous ('00, Comedy-Drama) 'R'		The Bone Collector ('99, Suspense) 'R'		Mobsters ★★ ('91, Crime Drama) 'R'		The Amityville Horror								
	STARZ-E 350	ⓁDon't Breathe 2 ('21)			Becoming Elizabeth		P-Valley White Knights ('07) P-Valley Savage		American Gangster ('07, Crime Drama) Denzel Washington 'R'		Alien ('79) 'R'								
	STRZED 352	ⓁDie Hard ('88) 'R'			Die Hard With a Vengeance ('95, Action) 'R'		Venom ('18, Action) Tom Hardy 'PG-13'		The Rundown ('03, Adventure) 'PG-13'		Picture Perfect								
	STRZCI 353	ⓁJarhead ('05, War) Jake Gyllenhaal 'R'			Everybody's Fine ('09) 'PG-13'		Julie & Julia ★★★ ('09, Comedy-Drama) 'PG-13'		Becoming Elizabeth		12 Mighty Orphans								
	STRZCO 354	ⓁPretty in Pink ('86) 'PG-13'			The Foot Fist Way ('06) 'R'		Party		Party		Van Wilder: Freshman Year ('09) 'PG-13'		The Object of My Affection ('98) 'R'		King Rlph.				
STRZIB 355	ⓁThe Intruder ★ ('19, Suspense) 'PG-13'			The Manchurian Candidate ('04, Suspense) 'R'		The Equalizer 2 ('18, Action) Denzel Washington 'R'		Hardwired ★ ('09) 'R'											
STRZKF 356	ⓁHouse Arrest ★ ('96, Comedy) 'PG'			Keeping Up With the Steins ('21) Aquamarine ('06) 'PG'		Bigger Fatter Liar ('17) 'PG'		Far From Home: Yellow Dog											
EPIX	EPIX 380	ⓁTorn Hearts ('22, Horror)			American Refugee ('21)		Candyman ★★★ ('21, Horror)		Torn Hearts ('22, Horror)		A House on the Bayou ('21)								
	EPIX2 381	ⓁHouse of Gucci ★★★ ('21, Drama) Lady Gaga			Lincoln ('12, Historical Drama) Daniel Day-Lewis		The Age of Adaline ('15, Romance)		Nebraska ('13)										
	EPIXH 382	ⓁSonic the Hedgehog ★★★ ('20)			Sonic the Hedgehog 2 ('22, Comedy)		Star Trek Into Darkness ('13, Science Fiction) Chris Pine		Teenage Mutant Ninja Turtles										
	EPIXDR 292	ⓁThe Golden Child ('86, Comedy)			Shanghai Noon ('00, Comedy) Jackie Chan		Throw Momma From the Train		Cadillac Man ('90, Comedy)		To Catch a Thief ('55)								
AMERICA'S TOP PROGRAMMING																			
A&E 118	Court (N)		Court (N)		The First 48		The First 48		The First 48		Court Cam		Court Cam		The First 48		The First 48		
AHC 195	Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		
AMC 131	ⓁUncle Buck ★★★ ('89, Comedy) John Candy			Fast Times at Ridgemont High ('82)		Young Guns ★★★ ('88, Western) Emilio Estevez		Fear the Walking Dead											
APL 184	ⓁTanked (N)			Tanked		Tanked		Tanked		Tanked		Tanked		Tanked		Tanked			
AXSTV 167	Wahlburgers		Wahlburgers		Lynyrd Skynyrd		Live From Artists Den		Tom Petty: Live From Gatorville		The band performs.		AXS TV		Legends		Legends		
BBCA 135	ⓁSilence			Hannibal ★★★ ('01, Suspense) Anthony Hopkins, Julianne Moore		The Silence of the Lambs ('91, Suspense) Jodie Foster		Hannibal ('01, Suspense) Anthony Hopkins											
BET 124	Celebrity Family Feud		New York Undercover		New York Undercover		Tyler Perry's Sistas		Martin		Martin		Martin		Martin		Prince		
BOUNCE 359	ⓁCarlito's Way ★★★ ('93, Crime Drama) Al Pacino, Sean Penn			Carlito's Way: Rise to Power ★★ ('05)		Scarface ★★★ ('83, Crime Drama) Al Pacino, Michelle Pfeiffer													
BRAVO 129	ⓁMovie			Movie		Movie													
BUZZR 245	Concentrat		Password		Sweep		Card		Match-Squares		Concen.		Concen.		FamFeud		FamFeud		
CIHD 249	Gotti: Godfather & Son (Part 1 of 2)			Gotti: Godfather & Son (Part 2 of 2)			Gotti: Godfather & Son (Part 1 of 2)			Gotti: Godfather & Son (Part 2 of 2)									
CMT 166	ⓁMovie			CMT (N)		Last Man		Last Man		Last Man		Last Man		Last Man		Housewife		Housewife	
CNBC 208	Deal or No Deal		Deal or No Deal		Deal or No Deal		Deal or No Deal		Shepard Smith		Deal or No Deal		Dateline (Part 1 of 2)		Dateline (Part 2 of 2)				
CNN 200	Anderson Cooper 360 (L)		CNN Tonight (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		Don Lemon Tonight				
COM 107	The Office: The Office		The Office: The Office		The Office: The Office		South Park		The Office		South Park		South Park		South Park		South Park		
COMET 289	Buffy, Vampire Slayer		The X-Files		The X-Files		The X-Files		The X-Files S.R. 819		Quantum Leap		Quantum Leap		Paid Programs				
COOK 113	Chopped (Part 2 of 5)		Chopped (Part 3 of 5)		Chopped (Part 4 of 5)		Chopped (Part 5 of 5)		Chopped (Part 2 of 5)		Chopped (Part 3 of 5)		Chopped (Part 4 of 5)		Chopped (Part 5 of 5)				
DISC 182	ⓁGold Rush (N)			Outback Opal Hunters (N)		Gold Rush: F. Dodge		Gold Rush		Outback Opal Hunters		Gold Rush: F. Dodge							
DFC 179	Kids Baking		Kids Baking		Kids Baking		Kids Baking		Kids Baking		Kids Baking		Buddy's Bakery Rescue		Ultimate Cake Off				
DISN-E 172	The Villains		Ultra Violet		Ghost		Disney's Raven		Raven		Roll With It		Bunk'd		Raven		Cali Style		
ENCR-W 341	ⓁA.I. ('39) Commando ('85, Action) 'R'			Paul ★★ ('11, Comedy) Simon Pegg 'R'		Almost Famous ('00, Comedy-Drama) 'R'		The Bone Collector ('99, Suspense) 'R'											
EWESTN 342	ⓁKid Blue ('73) 'PG'			Jesse James ('39) 'PG'		My Darling Clementine ('46) 'NR'		Gunsmoke ('53)		The Virginian		Winchester '73 ('50)							
EACTN 343	ⓁVertical Limit ★★ ('00, Suspense) 'PG-13'			Legends of the Fall ★★ ('94, Drama) Brad Pitt 'R'		Thor: The Dark World ('13, Action) 'PG-13'		The Frighteners ('96) 'R'											
ESUSP 344	ⓁHamlet ('00) 'R'			The Entity ('82, Horror) Barbara Hershey 'R'		Leprechaun: Origins ('14) 'R'		Destroyer ('18, Crime Drama) Nicole Kidman 'R'		Dog Soldiers 'R'									
EBLACK 345	ⓁThe Brothers ('01, Comedy-Drama) 'R'			Jumanji: Welcome to the Jungle ('17) 'PG-13'		A Girl Like Grace ('15) 'NR'		Captain Phillips ('13, Docudrama) Tom Hanks 'PG-13'											
ECLASS 346	ⓁTimeline ('29) John Tucker Must Die ('06)			Rescue Me Cycle		Damages		Inferno ★★ ('16, Suspense) 'PG-13'		Lawless ('12, Crime Drama) Shia LaBeouf 'R'									
EFAMILY 347	ⓁAgent Cody Banks ('03) 'PG'			Agent Cody Banks 2: Destination London		Spy Kids-Time in the World		Cinderella ('15) 'PG'		Charmers		Cowgirls 'N Angels 2							
ESPN 140	ⓁTBT Tournament			X Games (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter							
ESPN2 143	ⓁICC Soccer			CFL Football Winnipeg Blue Bombers at Edmonton Elks (L)		NFL Live		Interruption		X Games									
EWTN 261	EWTN News In-Depth (N)		News		Rosary		Life/Rock		Icons		Women of Grace		Daily Mass		EWTN News In-Depth		News		
FETV 82	Perry Mason		Perry Mason		Emergency!		Emergency!		B. Miller		B. Miller		Mannix		Desert Sun		Mannix		
FMC 387	ⓁSahara ★★★ ('43, War) Humphrey Bogart			Mackenna's Gold ★★ ('69, Western) Gregory Peck		Wildcat ★★ ('42, Action)		Spooks Run Wild ★ ('41)		Broadway									
FNC 205	ⓁTucker Carlson Tonight (L)			Hannity (L)		The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle			
FOOD 110	Diners		Diners		Diners		Diners		Diners		Diners		Diners		Diners		Diners		
FREFM 180	Family Guy		Family Guy		Family Guy		Family Guy		The 700 Club		Simpsons		Simpsons		Simpsons		Simpsons		
F51 150	ⓁARCA			Motorcycle Race		NASCAR Truck Series		ARCA Racing Series		Pocono		Relentless		Skip and Shannon: Undisputed					

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30			
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30			
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30			
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30			
AMERICA'S TOP PROGRAMMING																			
FX	136	xXx: Return of Xander Cage ('17, Action)				Charlie's Angels ('19, Action) Kristen Stewart, Naomi Scott			Alita: Battle Angel ('19, Science Fiction) Rosa Salazar				Mom	Mom					
FXM	384	The Greatest Showman ('17) 'PG' (40) The Greatest Showman ★★ ('17) 'PG' (35) Once Upon a Time... In Hollywood ★★★ ('19, Comedy-Drama) 'R' Young Frankenstein																	
FXN	125	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	FXM Pres.		
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford		Sanford			
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided			
GOLF	401	Golf Central (L)				PGA Tour Golf 3M Open, Second Round				2022 Senior Open Championship Second Round				Evian Champ.		Golf			
GRIT	217	Support Your Local Sheriff! ('69, Western)				Support Your Local Gunfighter ('71, Western)				Once Upon a Time in the West ★★★ ('69, Western) Henry Fonda, Claudia Cardinale									
HALL	185	Campfire Christmas ('22, Romance)				Christmas CEO ('21, Romance) Marisol Nichols				Gold Girls		Gold Girls		Frasier		Frasier			
HALLDR	186	Little House on Prairie				Little House on Prairie				The Waltons The Illusion		The Waltons		The Waltons		The Waltons			
HALLMV	187	The Vows We Keep A Novel Romance ('15, Romance) Amy Acker Murder, She Wrote Monk																	
HDMOV	130	Just One of the Guys ★★ ('85, Comedy)				Loverboy ★★ ('89, Romance-Comedy)				For Keeps ('88, Comedy-Drama) Molly Ringwald				Just One of the Guys ★★ ('85, Comedy)					
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House Under My Skin		House Both Sides Now			
HGTV	112	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream			
HIST	120	Ancient Aliens		Ancient Aliens (N)		(03) Ancient Aliens		(05) Ancient Aliens		(1203) Ancient Aliens		(05) Ancient Aliens		(04) Ancient Aliens		Ancient Aliens			
ID	192	People Magazine		Doomsday- Chi.		Doomsday- Chi.		Doomsday- Chi.		Doomsday- Chi.		Doomsday- Chi.		Doomsday- Chi.		People Magazine			
IFC	133	Rocky IV ★★ ('85, Drama) Sylvester Stallone				Rocky V ★★ ('90, Drama) Sylvester Stallone, Talia Shire				Rocky Balboa ('06, Drama) Sylvester Stallone				Rocky ★★★★★ ('76, Drama)					
LAFF	237	Spy Kids ('01, Children's) Antonio Banderas				Uptown Girls ('03, Comedy) Brittany Murphy				Death Becomes Her ★★★ ('92, Comedy)				Hates Chris		Hates Chris			
LIFE	108	Castle		Castle		(03) Castle		(03) Castle		(1201) Castle		Castle		(04) Castle		(04) Castle			
LMN	109	Keeping Up With the Joneses (N)				The Wrong Tutor ('19, Suspense) Vivica A. Fox				(1201) Keeping Up With the Joneses				The Wrong Tutor ('19, Suspense) Vivica A. Fox					
MAGN	111	Making	Making	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Making			
MGMHD	385	New York, New York				Monkey Shines: An Experiment in Fear ('88, Horror) (25) The Indian Runner ★★★ ('91, Drama) David Morse				(10) The Basketball Diaries ★★ ('95, Drama)									
MOTOR	246	Engine	Engine	Hot Rod	Hot Rod	Faster With Finnegan		Fast N' Loud		Hot Rod		Hot Rod		Faster With Finnegan		Fast N' Loud			
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		Dateline The Creek			
NATGEO	197	Maui Shark Mystery (N)		Cesar Millan		Cesar Millan		Maui Shark Mystery		Cesar Millan		Cesar Millan		When Sharks Attack		When Sharks Attack			
NGWLD	190	Critic Fixers		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Paid Programs			
OUTD	396	Longmire	Wardens	Trail	Trail	Longmire		Wardens		Trail	Trail	Viral	Hunts	MeatEater's	Angling	Gowdy	Bass		
OWN	189	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters		
OXYG	127	Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped			
PARMT	241	The Accountant ★★ ('16, Suspense) Ben Affleck, Anna Kendrick				The Godfather ★★★★★ ('72, Crime Drama) Marlon Brando, Al Pacino								The Office					
POP	117	Movie				Movie				Kindergarten Cop ★★ ('90, Comedy) Arnold Schwarzenegger									
REELZ	299	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops			
RFDTV	231	Bluegrass	Penny G	Reporter	FarmHer	Farming	Blu. Trail	Country	Rural News	Bluegrass	Penny G	Reporter	Farming	Paid Programs					
SCI	193	Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X			
SMITH	367	Air Disasters		Air Disasters		Air Disasters		America in Color		America in Color		America in Color		America in Color		America in Color			
SONY	386	Mysterious Island ★★ ('61, Science Fiction)				It Came From Beneath the Sea Driven ★★ ('01, Action) Sylvester Stallone				(29) Conspiracy ('08, Suspense)				(06) The Art of War					
SUND-E	358	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Columbo		Columbo			
SYFY	122	Warehouse 13		Warehouse 13		Warehouse 13 13.1		Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13 Vendetta		Warehouse 13			
TBN	260	Mother's Day		Mother's Day		Greenberg	Centerpoint	Praise	Prince	Robert	Gaither	Jason	Watchman	Insights	Gospel	Xtreme Life			
TBS	139	Men in Black ('97, Action) Tommy Lee Jones		(9:50) Men in Black II ('02, Action) Full Frontal		(11:55) Shaft ('19, Action) Samuel L. Jackson				(10) Norbit ★★ ('07, Comedy) Eddie Murphy									
TCM	132	Killer's Kiss ('55)		(15) Paths of Glory ('57, War) Kirk Douglas		Lolita ★★ ('62, Comedy-Drama) James Mason				Dr. Strangelove Or: How I Learned				Stanley					
TLC	183	90 Day Fiancé (N)				90 Day	The Family	Chantel	90 Day	90 Day	Fiancé	90 Day		The Family		Chantel			
TMC-W	329	My Salinger Year ('20)		(15) Queen Bees ('21, Comedy) 'PG-13'		The Bronze ('15, Comedy) 'R' (40) Support the Girls ('18) 'R'				(10) Mainstream ('20) 'R'				Haunted					
TNT	138	The Dark Knight ('08, Action) Christian Bale		All Elite Wrestling				Wonder Woman ★★ ('17, Action) Gal Gadot, Chris Pine				NCIS: New Orleans		NCIS: New Orleans					
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Jokes	Jokes		
TRVL	196	Ghost Adventures		Ghost Adventures Guests That Never Leave (N)				Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures			
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	Mom	Mom	Mom	Mom			
UP	188	Gilmore Girls		Gilmore Girls Face-Off				Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Paid Programs			
USA	105	Chi. Fire	Track and Field				The Bourne Legacy ★★ ('12, Action) Jeremy Renner, Rachel Weisz				(1:59) Dateline		Dateline The Vow						
WE	128	Mama June- Not to Hot		Mama June- Not to Hot		Mama June- Not to Hot		Mama June- Not to Hot		(12:01) Brat Loves Judy		Mama June- Not to Hot		Mama June- Not to Hot		Mama June- Not to Hot			
LOCAL NETWORKS																			
ABC-E	Shark Tank			20/20 (N)				Local Prog. (35) Jimmy Kimmel Live!				Nightline (N)		Local Programs					
CBS-E	Celebrity Renovation			Magnum P.I.				Blue Bloods				Local Prog. Late Show-Colbert		James Corden		Local Programs			
CW-E	Penn & Teller: Fool Us			Animals		Animals		Local Programs											
FOX-E	WWE Friday Night SmackDown (L) Local Programs																		
NBC-E	American Ninja Warrior				Dateline NBC (N)				Local Prog. Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		1st Look		
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone		Hitchcock	Hitchcock	(05) Mannix		(05) Cannon			
ABC-W	Local Programs			News		Local Programs				Shark Tank		(12:01) 20/20 (N)				Local Prog. (35) Jimmy Kimmel Live!			
CBS-W	Local Programs			News		Local Programs				Celebrity Renovation		Magnum P.I.		Blue Bloods		Local Prog. Late Show-Colbert			
CW-W	Penn & Teller: Fool Us Animals Local Programs																		
FOX-W	Local Programs WWE Friday Night SmackDown (N) Local Programs																		
NBC-W	Local Prog. News		Local Programs				Local Programs				American Ninja Warrior		Dateline NBC (N)		Local Prog. Tonight Show-J. Fallon		Meyers		
PBS	Wash	Hoover	Great American		Anthems		Antiques		Amanpour-Co		Wash	Hoover	Great American		Anthems		Antiques		

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E 310	Safe (12) (35) For a Good Time, Call ... (12)	What's Eating Gilbert Grape (93) 'PG-13'	Non-Stop (14, Action) Liam Neeson 'PG-13'	(8:47) Warm Bodies (13) 'PG-13'	Pacific
	HBO2 312	(15) Delivery Man ★★ (13, Comedy) 'PG-13'	(15) Cry Macho ★★ (21, Drama) 'PG-13'	Game of Thrones (8:54) Game of Thrones (9:52) Game of Thrones (1:14) Game of Thrones		
MAX	HBO3 314	Damsel (18) 'R'	(10) Company Business (91, Suspense) 'PG-13'	Hotel Rwanda (04, Drama) 'PG-13'	(8:55) The Confirmation (16)	(40) Shiva Baby (21, Comedy) 'NR'
	HBOF 315	(Accidental) (22) Caddyshack II ★ (88) 'PG'	The Secret Garden (93) 'G'	(42) Little Monsters ★★ (89, Children's) 'PG'	(24) Rugrats Go Wild	Adventures of Sharkboy
SHOWTIME	MAX 307	Julia (08, Drama) Tilda Swinton 'R'	(44) Mimi 2 ★ (01, Horror) 'R'	(06) The Ruins (08, Horror) 'R'	(37) The Next Three Days ★★ (10, Suspense) 'PG-13'	My Cousin Vinny (92)
	5MAX 308	Reason (31) High Anxiety (77) 'PG'	(06) Boy Erased ★★ (18, Biography) 'R'	Sliding Doors ★★ (98) 'PG-13'	(40) The Wrestler ★★ (08, Drama) 'R'	Cold
STARZ	MMA 309	The Truman Show (98) 'PG'	(36) Strange but True (19) 'PG-13'	(12) Serving Sara ★ (02, Comedy) 'PG-13'	(8:52) Days of Thunder (90, Action) (40) Biker Boyz ★ (03) 'PG-13'	
	SHO-E 318	Knight (45) Mission: Impossible III (06, Action) Tom Cruise 'PG-13'	(6:50) The Contractor (22) 'R'	(35) Stillwater ★★ (21, Drama) Matt Damon 'R'	City on a Hill	
STARZ	SHO2 320	Vampire Academy (14) 'PG-13'	(45) Beverly Hills Ninja ★ (97) Naked Gun 33 1/3	(40) Sheryl (22, Documentary) Sheryl Crow 'NR'	(20) Old Henry (21, Western) 'NR'	
	SHOBET 321	In Fabric (45) Cypress Hill: Insane in the Brain (15) Morris From America (16) 'R'	(45) Dirty Pretty Things (02, Crime Drama) 'R'	(25) It Comes at Night (17) 'R'	This Ain't Normal	
STARZ	SHOX 322	Bellator MMA 283	100: Julian Edelman (15) Kobe Bryant's Muse	Madrina: Savage Life	Bellator MMA 283	
	SHOS 323	Hard 8 (45) Guest Artist (19, Drama) 'NR'	Indiana Jones and the Raiders of the	Indiana Jones and the Temple of Doom (84)	Indiana Jones and the Last Crusade (89)	
STARZ	TMC 327	Another Girl (21, Suspense) 'NR'	The Jerk ★★ (79, Comedy) 'R'	(05) After Yang (21) 'PG'	(45) Six Minutes to Midnight (20) 'PG-13'	The Bling Ring ★★ (13) 'R'
	FLIX-E 333	Run Lola Bill & Ted's Excellent Adventure	(15) Frankie and Johnny (91) Al Pacino 'R'	(15) Terms of Endearment (83, Comedy-Drama) 'PG'	(25) August: Osage County (13)	
STARZ	ENCR-E 340	Amityville (29) Searching for Bobby Fischer (93) 'PG'	(22) The Cider House Rules (99) 'PG-13'	(31) Moulin Rouge (01, Musical) 'PG-13'	The House: Meet the Blacks 2	
	STARZ-E 350	Alien (79) 'R'	(4:49) Envy (04, Comedy) 'PG-13'	(32) Alien Resurrection (97, Science Fiction) 'R'	(23) American Gangster ★★ (07, Crime Drama) 'R'	Escape Room
STARZ	STRZED 352	Picture (39) Thank You for Smoking (05)	(14) Spanglish (04, Comedy-Drama) Adam Sandler 'PG-13'	(29) Mr. Deeds ★ (02) 'PG-13'	(08) Notting Hill (99) Julia Roberts 'PG-13'	
	STRZCI 353	12 Mighty Orphans (4:52) Concussion ★★ (15, Drama) 'PG-13'	(6:58) Everybody's Fine (09)	(40) Shutter Island (10, Suspense) Leonardo DiCaprio 'R'	Kinky Boots (05)	
STARZ	STRZCO 354	King Ralph (91) 'PG'	(14) Rebound (05, Children's) 'PG'	(42) Open Season 3 (10) 'PG'	(7:59) The Monuments Men (14) 'PG-13'	Party Party Block Party
	STRZIB 355	The Intruder ★ (19) 'PG-13'	(41) Ghost Rider: Spirit of Vengeance (11) (19) The Legend of Bagger Vance (00)	(29) Skyline ★ (10) 'PG-13'	(05) The Equalizer 2	
STARZ	STRZKF 356	The Land Before Time (14) Aquamarine ★★ (06, Children's) 'PG'	(6:59) Dudley Do-Right (99) 'PG'	(23) Balto (95) 'G'	American Tail: Treasure	(03) Dear God (96)
	EPIX 380	Bridge Unprotected Sets	Blue Chips ★★ (94, Drama) Nick Nolte	Paranorml-Marked (45) Flesh and Bone ★★ (93, Suspense) Dennis Quaid	(10:55) Torn Hearts	
EPIX	EPIX2 381	Nbraska (13, Drama) Turbulence ★★ (97, Suspense) (45) The Tracker (19, Action)	(15) Aeon Flux ★★ (05, Science Fiction)	(9:50) House of Gucci (21, Drama) Lady Gaga		
	EPIXH 382	Young Sherlock Holmes (85) (45) Election (99, Comedy) Matthew Broderick	Forever My Girl ★★ (18, Romance) Alex Roe (20) Come Away (20, Children's)	Sonic the Hedgehog		
EPIXDR 292	To Catch Attack 50 Foot Cheerleader	Elvis Goes (45) Wuthering Heights (03)	(15) The Machinist ★★ (04, Suspense)	The Time Machine ★★ (02) Golden		

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs				Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping (N)
AHC 195	Almost, Away	Outlaw Biker Gangs	Spies Declassified	Spies Declassified	Spies Declassified	UFOs: Uncovering	UFOs: Uncovering	UFOs: Uncovering	UFOs: Uncovering
AMC 131	Fear the Walking Dead	Fear the Walking Dead	(15) Get Hard ★★ (15, Comedy) Will Ferrell	Two Men	Two Men	Two Men	Two Men	Two Men	League
APL 184	Tanked	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees
AXSTV 167	Paid Programs				The Day	Paid Programs		Wahlburgers	Wahlburgers
BBCA 135	Hannibal ★★ (01)	Attenborough's Journey	Wild Patagonia	Wild Patagonia	Wild Patagonia	Eden: Untamed Planet	Eden: Untamed Planet	Eden: Untamed Planet	Eden: Untamed Planet
BET 124	Browns	Browns	Browns	Browns	Payne	Payne	Payne	Payne	Martin
BOUNCE 359	Scarface	The Game	The Game	The Game	Wendy Williams Show	Bik' Forum	Black Quiz	Diff. World	Diff. World
BRAVO 129	Watch What Happens Live	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck
BUZZR 245	Match	Match	Match	Match	Paid Programs			Science	Price
CIHD 249	American Justice	American Justice	The Monster Inside		The Big House	The Big House	Folsom	The Big House	The Big House
CMT 166	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	Hot 20 Countdown (N)			
CNBC 208	Shepard Smith	American Greed	Options	Paid Programs		LPGA Tour Golf (L)			Paid Programs
CNN 200	CNN Newsroom Live (L)	CNN Newsroom Live (L)	New Day We	New Day We	New Day We	Smerconish (L)	CNN Newsroom	CNN Newsroom	CNN Newsroom
COM 107	Creek	Creek	Paid Programs	Seinfeld	Seinfeld	Seinfeld	The Office	The Office	The Office
COMET 289	Paid Programs						Paid Programs		Nt. Gallery
COOK 113	Paid Programs				Unique	Unique	Unique	Unique	Fire Masters
DISC 182	Josh Gates Tonight	Josh Gates Tonight	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue
DFC 179	Kit. Crash	Kit. Crash	Gl Joe	Gl Joe	Adventures	Adventures	Transform.	Transform.	Rescue Bots
DISN-E 172	Austin	Bunk'd	Bunk'd	Big City	Ladybug	DuckTales	Amphibia	Big City	Big City
ENCR-W 341	(09) Mobsters ★★ (91, Crime Drama) 'R'	(5:56) The Amityville Horror (05)	(29) Searching for Bobby Fischer (93) 'PG'	(22) The Cider House Rules (99) 'PG-13'	Moulin				
EWESTN 342	(36) Winchester (39, Western) 'PG'	(25) The Return of Frank James	North to Alaska ★★ (60, Western) 'NR'	(04) Winchester '73 (50) 'NR'	Gunsmoke				
EACTN 343	(09) Overdrive (17, Action) 'PG-13'	(44) The Marine 4: Moving Target (15) 'R'	(17) Season of the Witch (11)	(8:54) The Frighteners ★★ (96, Fantasy) 'R'	Thor: The Dark World				
ESUSP 344	(34) Dog Slids	The Ticket (16, Drama) Dan Stevens 'NR'	(16) The Unholy ★ (21) 'PG-13'	(7:58) Trapped ★★ (02, Suspense) 'R'	(9:46) The Mortal Instruments: City of Bones				
EBLACK 345	The Jackie Robinson Story (50)	(17) Kiss of Death ★★ (95) 'R'	Men of Honor ★★ (00, Biography) 'R'	(12) Stomp the Yard (07, Drama) 'PG-13'	Dysfunctional Family				
ECLASS 346	Sin City: A Dame to Kill For	(45) Timeline ★★ (03, Adventure) 'PG-13'	(43) 3 Days to Kill ★★ (14, Action) 'PG-13'	(42) Guess Who's Coming to Dinner (67) 'NR'	(32) Twins				
EFAMILY 347	Awgirls 2	Race for Life, Charlie Brown	(5:58) Buttons: A Christmas Tale	Dr. Seuss' Horton Hears a Who!	The Reef 2: High Tide (12)	Race for Life	Cinderella		
ESPN 140	Cowards				SportsCenter	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)
ESPN2 143	SportsCenter (N)	SportsCenter	(5:55) NFL Live	Formula 1 Racing	UFC Archival	SportsCenter (L)	Formula 1 Racing	ESPN Documentaries	
EWTN 261	Savoring	Icons	Catholic	Catholic	Made/ Religious	St. Michael	Rosary	Daily Mass (L)	Holy
FETV 82	Bewitched	Bewitched	McCoys	McCoys	Paid Programs	Hillbillies	Hillbillies	Hillbillies	Hillbillies
FMC 387	Broadway (45) Brand of the Devil ★ (44)	Sundown Saunders	Sunset on the Desert	Sahara ★★ (43, War) Humphrey Bogart	Wildcat (42, Action) Richard Arlen	Spooks			
FNC 205	Hannity	The Five	FOX and Friends Saturday (L)		Cavuto Live (L)				
FOOD 110	Diners	Diners	Paid Programs		Contessa	Contessa	The Kitchen	Burger Bash	Giada
FREFM 180	Paid Programs				The Middle	The Middle	Pocahontas ★★ (95, Children's) Judy Kuhn	Lilo & Stitch ★★ (02, Children's)	
F51 150	TMZ (N)	TMZ Sports	AFL Premiership Football	Western Bulldogs vs Melbourne Demons (L)	NASCAR Truck Series	Drag Racing	Motorcycle Race	Bassmaster	

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Mom	Mom	Paid Programs				Mom	Mom	Mom	Family Guy	Family Guy	Family Guy	Family Guy	Charlie's Angels ('19, Action)		
FXM	384	Young Frankenstein (4:50)		Thunder Island	Voyage to the Bottom of the Sea ('61) 'PG'				(7:50) The Neptune Factor ('73) 'G'	Fathom ★★ ('67, Action) 'NR'	(10) Batman ('66) 'PG'						
FXN	125	Paid Programs				The Call of the Wild ★★★ ('20, Adventure)				How to Train Your Dragon: Hidden World		FuturaMa	FuturaMa				
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries				Paid Programs		Curios -ity	Curios -ity	Laredo	Here Come the Brides		
GMSHW	116	Paid Programs								America	America	America	America	Chain Rea./Chain Rea.			
GOLF	401	DP Tour Golf		Golf	2022 Evian Championship Third Round (L)				2022 Senior Open Championship Third Round (L)								
GRIT	217	Paid Programs				The Virginian The Land Dreamer				Death Vall.	Death Vall.	Laramie The Pass	Last of the Comanches ★★ ('52, Western)				
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Christmas Waltz ('20, Romance) Lacey Chabert			
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Mystery Womn			
HALLMV	187	Monk		Monk		Monk		Monk		Monk		Monk		All of My Heart ('15)			
HDMOV	130	Paid Programs								For Keeps ('88, Comedy-Drama) Molly Ringwald		(9:50) Doc ★★ ('71, Western)	DeepStar6				
HERIC	293	The District Blind Eye		The District		Superman	Superman	Renegade		Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Wonder Woman			
HGTV	112	Paid Programs				No Demo Reno				No Demo Reno	No Demo Reno	No Demo Reno	No Demo Reno	No Demo Reno			
HIST	120	Paid Programs				TBA				TBA	TBA	TBA	TBA	TBA			
ID	192	Murder Calls		Murder Calls		Murder Calls Deadlift		Disappeared		Disappeared	Disappeared	Disappeared	The Killer Beside Me		The Killer Beside Me		
IFC	133	Rocky ★★ ★★ ('76, Drama)		Kids in Hall	Kids in Hall (4:5)		Kids in the Hall	Rocky II ★★ ★ ('79, Drama) Sylvester Stallone, Talia Shire		Rocky III ★★ ★ ('82, Drama)							
LAFF	237	Paid Programs				Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court
LIFE	108	Paid Programs								Paid Programs		Phrogging: Hider					
LMN	109	Paid Programs				Obsessed ★★ ('02, Drama) Jenna Elfman				Killer Crush ('14, Suspense) Daveigh Chase		Stalked by My Neighbor ('15, Suspense)					
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House
MGMHD	385	Basketball (20) Night Drive ('76, Suspense)		MGM		How to Murder Your Wife ('65, Comedy) Jack Lemmon				(8:55) Clifford ★ ('94, Children's) Martin Short	(10:55) Pumpkin ('02)						
MOTOR	246	Garage Squad		Bitchin' Rides		Roadkill	GearZ	Hot Rod	EveryDay	Roadkill	Classic Car	LOKAR	Junkyard	DIRT-Day	Caffeine	Car Fix	Garage
MSNBC	209	Dateline The Creek		Dateline		Zerlina (N)		The Katie Phang Show (L)		Velshi (L)		Velshi (L)		The Cross Connection		With Tiffany Cross (L)	
NATGEO	197	Planet Shark		Planet Shark		Paid Programs				Shark Attack Files		Shark Attack Files		Shark Attack Files (N)			
NGWLD	190	Paid Programs				The Incredible Dr. Pol				The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol			
OUTD	396	Bill Dance	Outdr.	Fishing	Fishing	Gowdy	Lake	Zona's	A Fishing	Fisherman	Fishing	Conchs	BigWater	Andrews	Seahunter	Unfathom	Spear Life
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil	
OXYG	127	Snapped		Snapped		Dateline		Dateline		Snapped		Snapped		Snapped		Snapped	
PARMT	241	Paid Programs								NCIS		NCIS		NCIS		NCIS	
POP	117	Charmed		Charmed		Charmed		Charmed		Charmed		Charmed		Charmed		Steel Magnolias ('12)	
REELZ	299	Paid Programs				Breaking The Band				Guns n' Roses		Motley Crue: Breaking		Twisted Sister: Breaking		Alice Cooper: Breaking	
RFDTV	231	Paid Programs				Rural America Live				Red Ste.	DocTalk	Agribusiness		Cattlemen to Cattlemen		U.S. Farm Report (N)	
SCI	193	Expedition X		Expedition X		Universe Works		Universe Works		Universe Works		Universe Works		Universe Works		Universe Works	
SMITH	367	The Day Kennedy Died		Aerial America		Aerial America		Aerial America		Aerial America Coasts		Aerial America		Aerial America		Aerial America	
SONY	386	The Art of War ('00)		(10) A Time for Killing ★★ ★ ('67, Western)	Betrayed ('19) Damn the Defiant! ('62)		Planet		(40) Mysterious Island ('61, Science Fiction)	It Came							
SUND-E	358	Columbo		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.
SYFY	122	Warehouse 13 Buried		Warehouse 13 Reset		Paid Programs				Warehouse 13 Elements		Warehouse 13 Burnout		Warehouse 13		Warehouse 13 Duped	
TBN	260	Danah	Jordan	Harbinger II		Rubin	Robert	Joel Osteen	Prince	VeggieTales		Joel Osteen		Prince	S. Furtick	Franklin	
TBS	139	TBS		Matters	Matters	The Cube		The Cube		American	American	American	American	American	Norbit ('07, Comedy) Eddie Murphy		
TCM	132	Stanley Kubrick: A Life in Pictures ('01)		(15) The Hoodlum Saint ★★ ★ ('46, Drama)	I Play Golf (28) Thundering Hoofs		F. Gordon		(08) The Hidden City ★★ ('50)	Roaring							
TLC	183	7 Little Johnstons		7 Little Johnstons		Gypsy Wedding		Gypsy Wedding		Gypsy Wedding		My 600-Lb. Life		My 600-Lb. Life Kenae's Journey			
TMC-W	329	A Haunted House 'R		(15) Becky ('20, Action)	Kevin James 'R	(6:50) Another Girl ('21) 'NR'	The Jerk ★★ ★ ('79, Comedy) 'R'		(05) After Yang ('21) 'PG'	Six Min							
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans	
TRU	242	World's Dumbest ...		World's Dumbest ...		Funniest	Funniest	Funniest	Funniest	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers
TRVL	196	Paid Programs				Food Paradise				Food Paradise		Food Paradise		Food Paradise		Food Paradise	
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne
UP	188	Paid Programs				Heartland Aftermath				Heartland		Heartland		Little House on Prairie		Little House on Prairie	
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		Chrisley	Chicago P.D.	Doubt	Chicago P.D.	Assets	Chicago P.D.	Familia	NASCAR Xfinity		Chrisley	Chrisley	
WE	128	Mama June: Not to Hot		Paid Programs								NCIS Capitol Offense		NCIS Heartland			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		Local Programs		Good Morning America (N)		Good Morning America (N)		Local Programs		Local Programs		Local Programs			
CBS-E	Local Programs		Local Programs		Lucky (N)	Innovation	Mission	Hope-Wild	CBS Saturday Morning (N)		Pet Vet		All In			
CW-E	Local Programs		Local Programs		Local Prog.	Local Prog.	Into Wild	Into Wild	Into Wild	Into Wild	Open Rd	Ready-Pet	Local Programs			
FOX-E	Local Programs		Local Programs		Local Programs		Local Programs		Local Programs							
NBC-E	1st Look	Local Programs		Local Programs		Local Programs		2022 Tour de France (N)								
METV	247*	(05) Barnaby Jones	Petticoat	Petticoat	Hillbillies	Hillbillies	Pink Panther's Party		The Tom and	Bugs Bunny Friends (N)		Maverick	Wagon Train			
ABC-W	Local Programs				Good Morning America (N)		Good Morning America (N)		Local Prog.		Local Prog.					
CBS-W	Corden	Local Programs		Local Programs		Local Programs		2022 Tour de France (N)		CBS Saturday Morning (N)		Lucky (N) Innovation				
CW-W	Local Programs				Local Programs		Local Prog.		Local Prog.	Local Prog.		Into Wild	Into Wild			
FOX-W	Local Programs				Local Programs											
NBC-W	Meyers	News	Top Story With		1st Look	1st Look	Local Programs		2022 Tour de France (N)							
PBS	Great Muslim American		Old House	Old House	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious

	EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30	
	CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	
	MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	
	PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	
PREMIUM MOVIES																		
HBO	HBO-E 310	⊕ Pacific Rim ★★★ ('13) 'PG-13' (40) Lara Croft: Tomb Raider ('01) 'PG-13' (25) TBA						REAL Sports			Fantastic Beasts: The Secrets of Dumbledore ('22) 'PG-13'							
	HBO2 312	⊕ Thrones (32) Game of Thrones The Bells (1:50) Game of Thrones Nightmare (25) 3:10 to Yuma ★★★ ('07, Western) 'R'						TBA			The Heat ('13, Comedy) Sandra Bullock 'R'							
	HBO3 314	⊕ Baggage Claim ★★ ('13) 'PG-13' (40) Against the Ropes ('04, Drama) 'PG-13' (35) Confidence ★★★ ('03) 'R' (15) The French Dispatch ★★★ ('21) 'R' (05) Irma Vep																
	HBOF 315	⊕ Adventure Percy Jackson: Sea of Monsters (05) Dr. Dolittle 1 ★★ ('06) 'PG'						Dr. Seuss' How the Grinch Stole Christmas			Mr. Magorium's Wonder Igor ★★ ('08) 'PG'							
MAX	MAX 307	⊕ My Cousin Vinny (92) (1:25:3) News of the World ('20) 'PG-13' (2:52) Spare Parts ★★ ('15, Drama) 'PG-13' (4:47) Freaky ('20, Horror) 'R' (3:1) The Uninvited ('09) 'PG-13'																
	5MAX 308	⊕ Cold Pursuit ('19, Action) 'R' Storybook (1:48) Rising Sun ★★★ ('93, Mystery) 'R' (3:58) Solaris ★★★ ('02) 'PG-13' (3:7) Excess Baggage ★★ ('97) 'PG-13'						Seeking										
	MMAX 309	⊕ Biker Boyz (32) First Blood ('82, Action) 'R' (0:6) Rambo: First Blood Part II 'R' (4:3) Rambo III ★★ ('88, Action) 'R' (2:5) 28 Days Later ★★★ ('02, Horror) 'R'						28 Weeks										
SHOWTIME	SHO-E 318	⊕ City on a Hill City on a Hill City on a Hill City on a Hill City on a Hill City on a Hill City on a Hill City on a Hill																
	SHO2 320	⊕ Glory ('89, War) Matthew Broderick 'R' (0:5) The Chi Flatbush Last Vegas ('13, Comedy) 'PG-13' (1:5) Road Trip ★★ ('00, Comedy) 'R'						The Chi										
	SHOBET 321	⊕ Ain't (40) The Long Shadow ('20) 'NR' (1:5) Small City ('21, Suspense) 'NR' We Hunt (1:15) 12 O'Clock Boys ('13) 'NR' (4:0) Immanence ('22, Horror) 'NR' (1:5) Car Wash ('76)																
	SHOX 322	⊕ The Mexican ('01, Comedy-Drama) Brad Pitt 'R' (0:5) Robt Apocalypse ('21) 'NR' (3:5) Hard Eight ★★ ('96, Drama) 'R' (4:0) Sleepy Hollow ('99, Horror) 'R' (1:5) Braveheart ('95)																
	SHOS 323	⊕ Indiana Jones and Crystal Skull (1:5) Supreme Team (1:5) Layer Cake ★★★ ('04, Crime Drama) 'R' Indiana Jones and the Raiders of the Indiana Jones																
	TMC 327	⊕ Gunfight at Dry River ('21) 'NR' (4:5) Complicit ('13, Crime Drama) 'NR' Silent Hill: Revelation ('12) 'R' (0:5) 13 Fanboy ('21, Horror) Dee Wallace 'NR' Misery ('90, Horror) 'R'																
FLIX-E 333	⊕ August Out of Africa ★★★ ('85, Romance) Meryl Streep 'PG' Dirty Dancing: Havana Nights (4:5) Step Up Revolution ('12, Drama) 'PG-13' (2:5) Flashdance ('83, Drama) 'R'																	
STARZ	ENCR-E 340	⊕ Blacks (23) The Amityville Horror ('05) 'R' (1:56) Boyz n the Hood ('91, Drama) 'R' (3:52) Searching for Bobby Fischer (4:5) Mobsters ★★ ('91, Crime Drama) 'R' Idiocracy																
	STARZ-E 350	⊕ Escape (33) Jockey ('21, Drama) 'R' (1:1) Becoming Elizabeth (1:3) American Gangster ('07, Crime Drama) Denzel Washington 'R' (5:53) Ghostbusters: Afterlife ('21) 'PG-13'																
	STRZED 352	⊕ Bandits ★★ ('01, Comedy) Bruce Willis 'PG-13' (2:0) The Craft: Legacy ★★ ('20) (3:57) Gangs of New York ('02, Historical Drama) Leonardo DiCaprio 'R' (6:46) Spanglish ('04)																
	STRZCI 353	⊕ Kinky Boots ('05) (1:25:0) 12 Mighty Orphans ('21) 'PG-13' (2:51) Everybody's Fine ('09) (3:3) Becoming Elizabeth (3:4) Concussion ('15, Drama) Will Smith 'PG-13' Shutter																
	STRZCO 354	⊕ Party (44) Van Wilder: Freshman Year ('09) 'R' (2:7) Hit & Run ('12, Comedy) 'R' (0:9) One Fine Day ('96, Romance-Comedy) 'PG' (5:59) The Monuments Men ('14) 'PG-13'																
	STRZIB 355	⊕ The Equalizer 2 ('18) (0:9) The Intruder ★ ('19, Suspense) 'PG-13' (2:54) Black or White ('14, Drama) 'PG-13' (4:59) Talk to Me ★★ ('07, Biography) 'R' Power																
STRZKF 356	⊕ Dear God ('96) 'PG' Far From Home: Yellow Dog (1:9) An American Tail (4:1) Dudley Do-Right ('99) 'PG' (0:5) Bigger Fatter Liar ('17) 'PG' (4:1) Balto ('95, Children's) 'G'																	
EPIX	EPIX 380	⊕ Torn (35) General Commander ('19) Black Sunday ★★ ('77, Suspense) Robert Shaw (2:5) Jack Ryan: Shadow Recruit (1:0) The Marksman ('21, Action) Liam Neeson																
	EPIX2 381	⊕ Gucci (50) Days of Summer ('09) (1:0) She's Out of My League ★★ ('10) (3:55) Dirty Grandpa ('16, Comedy) (4:0) The Mask of Zorro ('98, Adventure) Antonio Banderas																
	EPIXH 382	⊕ Sonic (35) Sonic the Hedgehog 2 ('22, Comedy) (4:0) Star Trek Into Darkness ('13, Science Fiction) Chris Pine (4:55) The Wolf of Snow Hollow (2:0) Event Horizon ★★ ('97)																
	EPIXDR 292	⊕ The Golden Child (1:5) Shanghai Noon ('00, Comedy) Jackie Chan Thow Dommma From the Train (4:0) The Gift ('00, Suspense) Cate Blanchett (3:5) Paranormal Activity 3 ('11)																
AMERICA'S TOP PROGRAMMING																		
A&E 118	Living	Living	Panic 9-1-1	Panic 9-1-1	First Blood	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	
AHC 195	UFOs: Uncovering	UFOs: Uncovering	UFOs: Uncovering	UFOs: Uncovering	Alcatraz: Beyond	LA Riots	Iran Hostage Crisis	Chernobyl Disaster	Unabomber-Terror									
AMC 131	⊕ A League of Their Own ('92, Comedy-Drama) Tom Hanks (4:5) Fast Times at Ridgemont High ('82) (4:5) Uncle Buck ★★ ('89, Comedy) John Candy		Elf ('03, Children's)															
APL 184	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	
AXSTV 167	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	A Life on the Road	
BBCA 135	Eden: Untamed Planet	Eden: Untamed Planet	Planet Earth II Cities	Planet Earth II Islands	Planet Earth II	Planet Earth II Jungles	Planet Earth II Deserts	Planet Earth II										
BET 124	New York Undercover	New York Undercover	Lethal Weapon ★★ ('87, Action) Mel Gibson, Danny Glover	Lethal Weapon 2 ★★ ('89, Action) Mel Gibson, Danny Glover														
BOUNCE 359	Diff. World	Diff. World	Diff. World	Diff. World	Paper Soldiers ('02, Comedy) Kevin Hart	Hustle and Heat ('03, Suspense) Duane Martin	The Losers ('10, Action) Jeffrey Dean Morgan											
BRAVO 129	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	
BUZZR 245	Price	Match	Match	Match	Match	Match	Make Deal	Make Deal	Concen.	Concen.	Concen.	Concen.	Concen.	Concen.	Card	Card	Card	
CIHD 249	Cajun	Cajun	Cajun	Cajun	My Evil Sister	My Evil Sister	My Evil Sister	My Evil Sister	Crime 360 Payback	Crime 360 Killing Spree	Crime 360 Final Call							
CMT 166	Movie		Movie		Movie		Movie											
CNBC 208	Monster Jam (N)	Monster Jam	Paid Programs	Jay Leno's Garage	Jay Leno's Garage	Horse Race	Undercover Boss	Undercover Boss										
CNN 200	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	
COM 107	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	
COMET 289	Nt. Gallery	(4:2) Night Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery	Hansel & Gretel ('13, Horror) Brent Lydic	Avengers Grimm ('15, Action) Casper Van Dien	Avengers Grimm										
COOK 113	Man's Greatest Food	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Good Eats	Good Eats	Good Eats	Good Eats	Iron Chef America	Iron Chef America					
DISC 182	Homestead Rescue	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	
DFC 179	MLP Equestria Girls	My Little Pony Equestria	Too Cute!	Buddy's Bakery Rescue	Kids Baking	Ultimate Cake Off	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	
DISN-E 172	⊕ Movie	Gabby	Roll With It	Raven	Jessie	Jessie	Jessie	Liv-Mad.	Liv-Mad.	Raven	Raven	(1:5) Movie						
ENCR-W 341	⊕ Moulin Rouge ('01) 'PG-13' (4:3) The House Next Door: Meet the Blacks 2 (2:3) The Amityville Horror ('05) 'R' (4:56) Boyz n the Hood ('91, Drama) 'R'		Search-Bobby															
EWESTN 342	⊕ Gunsmoke ('53) 'NR' Walk the Proud Land ('56) 'NR' (3:1) North to Alaska ('60, Western) 'NR' (3:5) Jesse James ('39, Western) 'PG' (2:4) Winchester '73 ('50) 'NR'																	
EACTN 343	⊕ Thor Dark (4:2) Overdrive ('17, Action) 'PG-13' (1:8) The Great Raid ★★ ('05, War) 'R' (3:3) An Ordinary Man ('17) 'R' (0:6) Thor: The Dark World ('13, Action) 'PG-13'																	
ESUSP 344	⊕ Bless the Child ('00, Suspense) Kim Basinger 'R' (1:49) Psycho ('98, Suspense) 'R' (3:5) The Devil Has a Name ('20) (1:5) Destroyer ('18, Crime Drama) Nicole Kidman 'R' Unholy																	
EBLACK 345	⊕ Dysfunktl (3:6) Grown Ups 2 ★ ('13, Comedy) 'PG-13' (1:9) Celeste and Jesse Forever 'R' (3:54) Pride ('07, Drama) Terrence Howard 'PG' (5:46) Stomp the Yard ('07) 'PG-13' Capt Phil																	
ECLASS 346	⊕ Twins ★★ ('88, Comedy) 'PG' (2:1) In Her Shoes ('05, Comedy-Drama) 'PG-13' (3:3) Forces of Nature ★★ ('99) 'PG-13' (2:1) My Stepmother Is an Alien (1:1) Twins ('88) 'PG'																	
EFAMILY 347	⊕ Cinderella ('15, Children's) 'PG' Dr. Seuss' Horton Hears a Who! (2:52) Agent Cody Banks ('03) 'PG' (3:6) Agent Cody Banks 2: Destination London (1:8) Sidekicks ('93, Action) 'PG'																	
ESPN 140	⊕ The Basketball Tournament Teams TBA (L)		⊕ The Basketball Tournament Teams TBA (L)		ESPN Films		SportsCenter (L)		ICC Soccer									
ESPN2 143	ESPN Documentaries		UFC Archival		UFC		UEFA Women's EURO 2022		UFC Archival		ESPN Documentaries		ESPN Documentaries					
EWTN 261	Daily Mass		Religious		Dominican		Discovering James		Chaplet		Rosary		Called to Communion		Catechism		Signs/Life	
FETV 82	Rawhide		Rawhide		The Pursuit		Ranger		Ranger		Ranger		Ranger		Ranger		Mannix	
FMC 387	⊕ Spooks (4:5) Broadway to Cheyenne (3:2)		Brand of the Devil		(1:5) The Desert Trail		(1:5) Lawless Range		(1:5) Mackenna's Gold ★★ ('69, Western) Gregory Peck									
FNC 205	Fox News Live (L)		Fox News Live (L)		Journal Editorial Report		Fox News Live (L)		The Big Saturday Show (L)		Fox Report		Gutfeld!					
FOOD 110	Symon		Symon		BBQ USA		Beachside Brawl		Beachside Brawl		Beachside Brawl		Beachside Brawl		Diners		Diners	
FREFM 180	⊕ The Jungle Book ★★ ('16, Children's) Neel Sethi		Shrek Forever After ★★ ('10, Children's) (3:5) The Princess and the Frog ('09, Children's) (4:0) The Little Mermaid ('89)															
F51 150	Air Racing		⊕ Horse Racing Saratoga Live (L)		Pregame		⊕ MLB Baseball Houston Astros at Seattle Mariners (L)		AVP Pro Beach									

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

HBO	HBO-E 310	TBA	(45) Westworld	(45) Hellboy ★ (19, Action) David Harbour 'R'	(12:50) TBA	(20) TBA	(20) Frank Miller's Sin City '05)	
	HBO2 312	TBA	The Incredible Hulk '08, Action) 'PG-13'	(10:55) The Other Woman '14)	(45) Miami Vice '06, Crime Drama) Colin Farrell 'R'	Last Night in Soho 'R'		
	HBO3 314	(05) TBA	What to Expect When You're Expecting '12)		(10:50) The World's End '13) 'R'	(40) The Holiday ★★ (06, Romance-Comedy) 'PG-13'	Those Wish	
	HBOF 315	✪gor '08) (26) Love & Mercy '14, Biography) 'PG-13'	(27) I, Robot '04, Science Fiction) 'PG-13'	(22) Man of Steel ★★ (13, Action) 'PG-13'	(45) Ondine '09, Drama) 'PG-13'			
MAX	MAX 307	Gossip ★★ '00, Suspense) 'R'	(32) The Unborn '09) 'PG-13'	Imperium '16, Suspense) Daniel Radcliffe 'R'	(12:50) Land '21, Drama) 'PG-13'	Extremely Loud & Incredibly		
	5MAX 308	Seeking a Friend	Long Shot ★★★ '19, Romance-Comedy) 'R'	(05) Waiting ... '05, Comedy) 'R'	(39) Chasing Amy '97, Romance-Comedy) 'R'	(33) Movie 43 '13, Comedy) 'R'		
	MMAX 309	28 Weeks Later '07)	Borat: Cultural Learnings	(24) Miss March ★ '09) 'R'	(11:55) The Internship '13, Comedy) 'PG-13'	(1:55) Win Win ★★★ '11) 'R'	Fisher	
	SHOWTIME	SHO-E 318	City on a Hill	Shooter '07, Action) Mark Wahlberg 'R'	(05) Stillwater ★★ (21, Drama) Matt Damon 'R'	The Chi	Supreme Team	Souvenir II
SHO2 320		Mission: Impossible III '06, Action) 'PG-13'	Crank ★★ (06, Action) 'R'	Supreme Team	We Hunt Together	(20) Last Vegas '13) 'PG-13'	The Disaster Artist 'R'	
SHOBET 321		Car Wash '76) 'PG' The Chi	Supreme Team	Set It Off '96, Action) Jada Pinkett 'R'	Momma	Pimp '18, Crime Drama) 'NR'	Watermelon Wm	
SHOX 322		Braveheart '95, Historical Drama) 'R'	(15) Mad Max '79, Action) Mel Gibson 'R'	Talkin' Dirty After Dark '91) 'R'	Erotic Eats '21, Adult) 'NR'	Tone-Deaf '19) 'R'		
SHOS 323		Indiana Jones	Indiana Jones and the Last Crusade '89)	Indiana Jones and Crystal Skull	(15) Layer Cake ★★ (04, Crime Drama) 'R'	The Lighthouse '19)		
TMC 327		Misery '90, Horror) 'R'	Hereditary '18, Horror) Toni Collette 'R'	(10) The House by the Cemetery '40)	Hereditary ★★ (18, Horror) Toni Collette 'R'	House-Cemetery		
FLIX-E 333	Frankie and Johnny '91) Al Pacino 'R'	A Fish Called Wanda '88, Comedy) 'R'	Black Sheep '96, Comedy) 'PG-13'	Beverly Hills Ninja '97) 'PG-13'	Martin Lawrence Live			
STARZ	ENCR-E 340	Idiocracy '06) 'R'	The House: Meet the Blacks 2 '40)	Boyz n the Hood '91, Drama) 'R'	(36) Rise of the Planet of the Apes '11)	(24) Heart and Souls '93) 'PG-13'		
	STARZ-E 350	Becoming Elizabeth	(02) Spider-Man: No Way Home '21, Action) 'PG-13'	(34) Ray ★★ (04, Biography) Jamie Foxx 'PG-13'	(10) Ghostbusters: Afterlife '21) 'PG-13'			
	STRZED 352	Spanglish '04) 'PG-13'	Oz the Great and Powerful ★★ (13) 'PG'	(13) 28 Days '00, Comedy-Drama) 'PG-13'	Becoming Elizabeth	(02) Gangs of New York ★★ (02) 'R'		
	STRZCI 353	Shutter Island ★★ (10, Suspense) 'R'	Becoming Elizabeth	Kinky Boots '05, Comedy-Drama) 'PG-13'	(12:51) Nine Days '20, Fantasy) Zazie Beetz 'R'	(2:57) Breathe '17)		
	STRZCO 354	Van Wilder: Freshman Year '09)	(43) King Ralph ★★ (91, Comedy) 'PG'	(22) Dave Chappelle's Block Party '08)	Naked Singularity '21) 'R'	(44) Bachelor Party ★★ (84) 'R'		
	STRZIB 355	Power	(11) Power Murderers	(10) Power	(11) Black or White '14, Drama) Kevin Costner 'PG-13'	(17) About Last Night '14) 'R'	Fifty Shades of Black	
STRZKF 356	Dear God '96, Comedy) Greg Kinnear 'PG'	(9:54) Planet 51 ★★ '09) 'PG'	(27) Mrs. Doubtfire '93, Children's) 'PG'	(34) Iron Man 3 '13, Action) Robert Downey Jr. 'PG-13'				
EPIX	EPIX 380	Blacklight ★ (22, Action)	(45) Wrath of Man '21, Action) Jason Statham	(45) Blacklight ★ (22, Action) Liam Neeson	The Marksman '21, Action) Liam Neeson	(20) Arrival		
	EPIX2 381	Bridge	The Lost City ★★ (22, Romance-Comedy) (25) The Wolf of Wall Street '13, Biography) Leonardo DiCaprio	(25) Breakfast at Tiffany's ★★ (61) Bridge				
	EPIXH 382	World War Z ★★ (13, Horror) Brad Pitt	A Quiet Place Part II '21, Horror) (40) Spell ★★ (20, Horror)	(15) Event Horizon ★★ (97, Science Fiction) (2:55) Black Rain '89)				
	EPIXDR 292	Pet Sematary ★★ (89, Horror) (45) Carrie ★★ (76, Horror) Sissy Spacek	(25) Carrie ★★ (13, Horror)	(05) Paranormal Activity 3 '11)	Rosemary's Baby (68, Horror)			

AMERICA'S TOP PROGRAMMING

A&E 118	The First 48	First Blood (N)	Panic 9-1-1 (N)	The First 48	The First 48	First Blood	Panic 9-1-1	The First 48
AHC 195	Deadly Cults	Jonestown Massacre	Waco Standoff	Manson: Tapes	Deadly Cults	Jonestown Massacre	Waco Standoff	Manson: Tapes
AMC 131	Elf '03, Children's)	Elf ★★ (03, Children's) Will Ferrell	The Breakfast Club '85, Comedy-Drama)	(15) Jerry Maguire ★★ (96, Romance-Comedy) Tom Cruise				
APL 184	River Monsters: Deadliest Man-Eaters (N)	Shark Academy (N)	River Monsters	River Monsters: Deadliest Man-Eaters	Shark Academy	River Monsters		
AXSTV 167	Def Leppard Hits Vegas: Live At Planet Hollywood	AXS TV Concerts	A Life on the Road	A Life on the Road	Legends	Legends	Legends	
BBCA 135	The Chronicles of Riddick '04, Science Fiction) Vin Diesel	The Last Witch Hunter ★★ (15, Fantasy) Vin Diesel	The Chronicles of Riddick '04, Science Fiction) Vin Diesel	Pitch Blk				
BET 124	Lethal Weapon 3 ★★ (92, Action) Mel Gibson, Danny Glover	Lethal Weapon 4 ★★ (98, Action) Mel Gibson, Danny Glover	Martin	Martin	Martin	Martin		
BOUNCE 359	Swordfish ★★ (01, Suspense) John Travolta	Out of Sight ★★ (98, Crime Drama) George Clooney	No Good Deed ★ (14, Suspense) Idris Elba	Above the Law '88, Action)				
BRAVO 129	Movie	Movie	Movie	Movie				
BUZZR 245	Match-Squares	Super Pass, Super Pass, Sweep	Sweep	Match-Squares	Super Pass, Super Pass, Sweep	Supermarket Sweep	Password	Password
CIHD 249	Crime 360 Senseless	Crime 360	Crime 360 Overkill	Crime 360	Crime 360 Senseless	Crime 360	Crime 360 Overkill	Crime 360
CMT 166	Movie	Movie	Movie	Movie	Housewife	Housewife	Housewife	Housewife
CNBC 208	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	Paid Programs	American Greed
CNN 200	CNN Newsroom	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program
COM 107	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Movie	South Park	South Park	South Park
COMET 289	Avengers Grimm	Beowulf '99, Adventure) Christopher Lambert	Highlander: The Final Dimension ★★ (94)	Highlander: Endgame ★ (00, Fantasy)	Paid Programs			
COOK 113	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America
DISC 182	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown
DFC 179	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss
DISN-E 172	Movie	Amphibia (N) Gabby	Big City	Raven	Roll With It	Jessie	Jessie	Live and Maddie
ENCR-W 341	Searching (45) Mobsters ★★ (91, Crime Drama) 'R'	(32) Idiocracy '06, Comedy) 'R'	The House: Meet the Blacks 2 '40)	Boyz n the Hood '91, Drama) 'R'	Rise Apes			
EWESTN 342	Walk the Proud Land '56) 'NR'	(29) Gunsmoke '53, Western) 'NR'	Decision at Sundown	(12:09) Shootout '71, Western) 'PG'	(45) The Return of Frank James '40) 'NR'	Two Flags		
EACTN 343	Fear ★★ (96, Suspense) 'R'	(39) The Great Raid ★★ (05, War) Benjamin Bratt 'R'	(11:54) The Frighteners '96, Fantasy) 'R'	(1:48) Mercury Rising '98) 'R'	Stander			
ESUSP 344	The Unholy ★ (21)	The Mortal Instruments: City of Bones '13)	(13) Candyman: Day of the Dead '99) 'R'	(12:50) Escape Room '19) 'PG-13'	(32) The Jackal '97, Suspense) 'R'			
EBLACK 345	Captain Phillips '13, Docudrama) 'PG-13'	Grown Ups 2 ★ (13) 'PG-13'	Duce Bigalow: European Gigolo '11)	Lakeview Terrace '08, Suspense) 'PG-13'	(04) Booty Call '97) 'R'			
ECLASS 346	Twins '88) 'PG'	Dragonheart '96, Fantasy) 'PG-13'	(45) 3 Days to Kill ★★ (14, Action) Kevin Costner 'PG-13'	(12:46) The Pink Panther '63) 'NR'	(44) Rawhide '51, Western) 'NR'			
EFAMILY 347	Dr. Seuss' Horton Hears a Who! '28)	Cinderella ★★ (15) 'PG'	Race for Life, Charlie Brown '33)	Rudy ★★ (93, Drama) Sean Astin 'PG'	(29) Flipper '96, Children's) 'PG'			
ESPN 140	ICC Soccer	ESPN Documentaries	ESPN Documentaries	SportsCenter (L)	SportsCenter (L)	SportsCenter	SportsCenter (L)	SportsCenter
ESPN2 143	X Games (L)	International Champions Cup Soccer	X Games					
EWTN 261	Saint Bridget of Sweden	Rosary	Living Right	Web/Faith	Bookmark	Daily Mass	Fr. Spitzer's Universe	Living
FETV 82	Perry Mason: The Case of the Lost Love '87)	Emergency!	Emergency!	B. Miller	B. Miller	Mannix	Mannix	Emergency!
FMC 387	The Devil at 4 O'Clock '61, Adventure) Spencer Tracy	(45) High Voltage '29, Drama)	Sinners in Paradise	(15) Nabonga ★★ (44, Action)	(45) A Dog's Life '18) Billy Kid			
FNC 205	One Nation	Dan Bongino	Lawrence Jones	One Nation	Dan Bongino	Lawrence Jones	One Nation	Dan Bongino
FOOD 110	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners
FREFM 180	Little Mer (40) Tangled '10, Children's) Voices of Mandy Moore	(10:50) Beauty and the Beast ★★ (17, Children's) Emma Watson	Paid Programs					
F51 150	AVP Pro Beach	MLB Baseball Texas Rangers at Oakland Athletics (L)	MLB Baseball San Francisco Giants at Los Angeles Dodgers	MLB Baseball				

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Jurassic World: Fallen Kingdom ★★★ ('18, Adventure) <i>Chris Pratt</i>				Skyscraper ★★ ('18, Action) <i>Dwayne Johnson</i>				Atlanta	Atlanta	Atlanta	Better	Better	Mom				
FXM	384	Once Upon a Time (:10) Atomic Blonde ('17, Action) <i>Charlize Theron</i> 'R'				Atomic Blonde ★★★ ('17, Action) <i>Charlize Theron</i> 'R'				(1:50) Unfriended: Dark Web ('18)	FXM Pres.								
FXM	125	Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Archer				Archer				Archer	Archer	Dave	Dave	FXM Pres.					
GETTV	373	Walker, Texas Ranger				Walker, Texas Ranger				The Rockford Files	Kojak	Kojak	Hart to Hart	Hart to Hart	Hart to Hart				
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	Idiotest			
GOLF	401	PGA Tour Golf 3M Open, Third Round								2022 Senior Open Championship Third Round				Golf					
GRIT	217	Pale Rider ★★★ ('85, Western) <i>Clint Eastwood, Michael Moriarty</i>				One-Eyed Jacks ★★ ('61, Western) <i>Marlon Brando, Karl Malden</i>				The Legend of the Lone Ranger									
HALL	185	Christmas in Toyland ('22, Romance)				'Tis the Season to Be Merry ('21)				Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier		
HALLDR	186	Mystery Woman				Mystery Woman: In the Shadows ('07)				Matlock	The Dame	Matlock	Matlock	Matlock	The Foursome	Matlock (Part 1 of 2)			
HALLMV	187	Feeling Butterflies				Bottled With Love ('19, Romance)				Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Monk				
HDMOV	130	Avenge (:40) Double Impact ★★ ('91, Action)				(:35) Over the Top ★★ ('87, Action)				(:20) Double Impact ('91, Action)		(:15) Over the Top ★★ ('87, Action)							
HERIC	293	Tour of Duty <i>Payback</i>		Tour of Duty <i>Pilot</i>		Combat! <i>Volunteer</i>		Combat! <i>The Squad</i>		Rat Patrol	Rat Patrol	12 O'Clock High		Rat Patrol	Rat Patrol	The District			
HGTV	112	100 Day Dream Home				Steal This House (N)				Love It or List It	Love It or List It	Steal This House	Love It or List It	Love It or List It	100 Day Dream Home				
HIST	120	American Pickers				American Pickers (N)				(:03) American Pickers (N)	(:05) American Pickers	(:12:03) American Pickers	(:03) American Pickers	(:06) American Pickers	(:05) American Pickers				
ID	192	Til Death Do Us Part				Til Death Do Us Part				Til Death Do Us Part	Deadly	Deadly	Til Death Do Us Part	Til Death Do Us Part	Til Death Do Us Part				
IFC	133	The Karate Kid ★★ ('84, Drama) <i>Ralph Macchio</i>				(:05) The Outsiders ('83, Drama) <i>Matt Dillon</i>				The Warriors ('79, Action) <i>Michael Beck</i>		Stooges	Saved/Bell						
LAFF	237	Death Becomes Her				Heartbreakers ★★★ ('01, Comedy) <i>Sigourney Weaver</i>				Desperately Seeking Susan ('85, Comedy)		Hates Chris	Hates Chris	Paid Programs					
LIFE	108	Flowers in the Attic: The Origin (N) (Part 3 of 4)				(:03) Jailbreak Lovers ('22, Drama) <i>Tom Stevens</i>				(:12:01) Flowers in the Attic: The Origin	(:04) Jailbreak Lovers ('22, Drama) <i>Tom Stevens</i>								
LMN	109	Obsession: Escaping My Ex ('20, Suspense)				Obsession: Her Final Vengeance ('20)				(:12:01) Obsession: Escaping My Ex ('20)	Obsession: Her Final Vengeance ('20)								
MAGN	111	Fixer Upper: Welcome		Fixer Upper: Welcome		Fixer Upper		Fixer Upper		Fixer Upper: Welcome	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper: Welcome					
MGMHD	385	Stone Cold ★★ ('91, Action) <i>Brian Bosworth</i>				(:05) American Dragons ('97, Action) <i>Dean Cain</i>				(:12:15) Men at Work ★★ ('90, Comedy) <i>Charlie Sheen</i>	(:25) Teachers ('84, Comedy-Drama)								
MOTOR	246	Chasing Classic Cars				Chasing Classic Cars				Mecum Main	Mecum Full Throttle	Chasing Classic Cars	Mecum Main	Mecum Full Throttle	Chasing Classic Cars				
MSNBC	209	Ayman (L)		Ayman (L)		Voices-Alicia Menendez		Ayman		Ayman	Dateline	Dateline	Dateline	Dateline	Dateline	Deadly Desire			
NATGEO	197	Jaws vs. Boats:		Biggest Hammerhead?		Shark Queens (N)		Wicked Tuna		Wicked Tuna	Jaws vs. Boats:	Biggest Hammerhead?		Shark Queens					
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol (N)		Cesar Millan		Cesar Millan: Better Human		The Incredible Dr. Pol	Cesar Millan	Mini Moo	Paid Programs						
OUTD	396	MeatEater	Dead Meat	The Magnificent Seven ('60, Western) <i>Yul Brynner</i>				The Magnificent Seven ('60, Western) <i>Yul Brynner</i>				Major League Fishing							
OWN	189	Love & Marriage: DC		Love & Marriage: DC (N)		Black Love (N)		Love & Marriage: DC		Love & Marriage: DC	Black Love	Love & Marriage: DC	Love & Marriage: DC	Love & Marriage: DC					
OXYG	127	Murdered by Morning (N)		Snapped		Snapped		Snapped		Snapped	Snapped	Snapped	Dateline						
PARMT	241	The Shawshank Redemption ('94, Drama) <i>Tim Robbins</i>				The Shawshank Redemption ★★ ('94, Drama) <i>Tim Robbins</i>				Movie									
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	Scorpion <i>Adaptation</i>				
REELZ	299	Jail	Jail	Jail	Jail	Vegas	Vegas	Vegas	Vegas	Vegas	Vegas	Jail: Texas	Jail: Texas	Celebrity	Celebrity	Paid Programs			
RFDTV	231	Stuart	Country	Daniel O'Donnell Show		Mollie B Polka Party		Larry's Country Diner		Paid Programs		The Red Skelton Show		Paid Programs					
SCI	193	What on Earth? (N)		What on Earth? (N)		What on Earth? (N)		What on Earth?		What on Earth?		What on Earth?		What on Earth?					
SMITH	367	Cleopatra (Part 1 of 2)		Cleopatra (Part 2 of 2)		Jesus- Nazareth		Air Disasters <i>Hero Pilots</i>		Bird vs. Plane: Miracle	Ten Steps to Disaster	Ten Steps to Disaster	Ten Steps to Disaster	Ten Steps to Disaster					
SONY	386	The Net ★★ ('95, Suspense)				(:25) The Hit List ('11, Action)				(:06) The Net ('95, Suspense) <i>Sandra Bullock</i>	(:06) The Hit List ('11, Action)	(:40) Animal Kingdom ('10)							
SUND-E	358	Firestarter				Cujo ★★ ('83, Horror) <i>Dee Wallace</i>				Silver Bullet ★★ ('85, Horror) <i>Gary Busey</i>		Graveyard Shift ('90, Horror) <i>David Andrews</i>		Stephen King's Thinner ('96)					
SYFY	122	John Wick ★★ ('14, Action)				John Wick: Chapter 2 ★★ ('17, Action) <i>Keanu Reeves</i>				The Bourne Legacy ★★ ('12, Action) <i>Jeremy Renner, Rachel Weisz</i>				Tomb Raider ('18)					
TBN	260	Huckabee (N)		Mike Rowe		Hour Power: Schuller		Youseff		Huckabee	Mike Rowe	L. Fontaine	Rubin	Mother's Day	Believe	Praise			
TBS	139	Burgers		Burgers		Big Bang		Big Bang		Big Bang		Blade ★★ ('98, Horror) <i>Wesley Snipes</i>		Blade II ★★ ('02, Horror) <i>Wesley Snipes</i>		Blade: Trinity ('04)			
TCM	132	Rebel Without a Cause ★★ ('55, Drama)				Breathless ★★ ('59, Crime Drama)				(:12:15) 5 Against the House ('55) <i>Guy Madison</i>	The Getaway ('72, Action) <i>Steve McQueen</i>								
TLC	183	Say Yes to the Dress (N)		Welcome to Plathville		Welcome to Plathville		Welcome to Plathville		Say Yes to the Dress		Welcome to Plathville		Welcome to Plathville		Welcome to Plathville			
TMC-W	329	(:05) 13 Fanboy ('21, Horror) <i>Dee Wallace 'NR</i>				Misery ★★ ('90, Horror) <i>James Caan 'R'</i>				Hereditary ('18, Horror) <i>Toni Collette 'R'</i>		(:10) The House by the Cemetery Hereditary							
TNT	138	The Meg ★★ ('18)				Aquaman ★★ ('18, Action) <i>Jason Momoa, Amber Heard</i>				The Meg ★★ ('18, Science Fiction) <i>Jason Statham</i>				Kong: Skull Island ('17, Adventure)					
TRU	242	Imp. Jokers Imp. Jokers		Jokes		Jokes		Jokes		Jokes		Imp. Jokers		Jokes		Jokes			
TRVL	196	Osbornes- Bel.		Osbornes- Bel.		Ghost Brothers: Lights		Ghost Brothers: Lights		Osbornes- Bel.		Osbornes- Bel.		Ghost Brothers: Lights		Ghost Brothers: Lights			
TVLN	106	Mom		Mom		Two Men		Two Men		Two Men		Two Men		Two Men		Christine			
UP	188	Blue Bloods <i>Dedication</i>				Blue Bloods				Blue Bloods <i>Silver Star</i>				Blue Bloods					
USA	105	Track & Field				Sicario ★★ ('15, Suspense) <i>Emily Blunt</i>				Fast Lane		Chicago P.D. <i>Doubt</i>		Chicago P.D. <i>Assets</i>		Chicago P.D. <i>Familia</i>		Chicago P.D.	
WE	128	NCIS <i>Broken Bird</i>		NCIS <i>Love & War</i>		NCIS <i>Deliverance</i>		NCIS <i>Bounce</i>		NCIS		Law Order: CI		Law Order: CI		Monk			

LOCAL NETWORKS

ABC-E	Funniest Home Videos		Celebrity Wheel		Shark Tank		Local Programs												
CBS-E	🏁 Auto Racing <i>Camping World SRX Series (L)</i> 48 Hours (N)																		
CW-E	Whose Line Would I		Masters of		Masters of		Local Programs												
FOX-E	⚾ MLB Baseball <i>Regional Coverage (L)</i> Local Programs																		
NBC-E	The Wall		🏈 Track and Field <i>World Championships (L)</i>		Local Prog. (29) Saturday Night Live				1st Look		House		House		Local Programs				
METV	247*	Svengoolie <i>Brides of Dracula</i>				Batman		Batman		Star Trek <i>Space Seed</i>		Kolchak: Night Stalker		Lost in Space		Voyage/Bottom of Sea		Land of the Giants	
ABC-W	Local Programs		News		Local Programs		Funniest Home Videos		Celebrity Wheel		Shark Tank		Local Programs						
CBS-W	🏁 Auto Racing <i>Camping World SRX Series (L)</i> Local Programs																		
CW-W	Local Programs																		
FOX-W	⚾ MLB Baseball (L) Local Programs																		
NBC-W	Local Prog. News		Local Programs				The Wall		Track and Field <i>World Athletics Championships (N)</i>		Local Prog. (29) Saturday Night Live								
PBS	America Outdoors		Great Muslim American		Finding Your Roots		Austin City Limits		NOVA		The Green Planet		Expedition With Steve		Broadchurch				