

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E 310	Event Horizon ★★ ('97) 'R'	(16) 27 Dresses ('08) 'PG-13'	(10) Extremely Loud & Incredibly Close ('11) 'PG-13'	(20) Greenland ★★★ ('20, Action) 'PG-13'	(20) Next	
	HBO2 312	The Dark Knight Rises (10) The Truman Show ('98) Jim Carrey 'PG'	Hard	(45) Jurassic Park ('93, Adventure) Sam Neill 'PG-13'	(9:55) Limbo ('20) Amir El-Masry 'R'	Fast 6	
	HBO5 314	The Mummy Returns ('01, Adventure) 'PG-13'	Mystery Date ('91) 'PG-13'	(40) The Last Five Years ('14)	Seeking a Friend for the End of the World	Last Night ('10) 'R'	
	HBOF 315	Dirty-Soundriffs Classical	Loser Happily	(31) Dillittle ('20, Children's) 'PG'	(13) Zoom ('06, Children's) 'PG'	(42) A Mouse Tale ('15) 'PG'	(15) Pauley ('98) 'PG'
MAX	MAX 307	At First Sight ★★ ('99) 'PG-13'	(33) Beyond the Sea ('04, Biography) 'PG-13'	(33) Pariah ('11, Drama) 'R'	Butter ★★ ('11, Comedy) 'R'	(32) Chasing Amy ('97) 'R'	
	5MAX 308	Beverly Hills Cop II ('87) 'R'	(40) The Trouble With Spies ('87) (09) Flight (22) Cesar Chavez ('14) 'PG-13'	(04) Billy Elliot ('00, Drama) Julie Walters 'R'	Bringing Out		
	MMAX 309	(11) The X-Files ('98, Science Fiction) 'PG-13'	(13) Finding Neverland ('04, Children's) 'PG'	(11) Down With Love ★★★ ('03) 'PG-13'	(9:53) Sunshine Cleaning ('08) 'R'	Clearing	
SHOWTIME	SHO-E 318	TBA (45) Reindeer Games ('00, Crime Drama) 'R'	Holler ('20, Drama) 'R'	Misery ★★★ ('90, Horror) James Caan 'R'	Yellowjackets Pilot	Yellowjackets F Sharp	
	SHO2 320	Zola ('20, Comedy) 'R'	A Thousand Words ('12) 'PG-13'	(40) The Manchurian Candidate ('04, Suspense) 'R'	Shameless	Shameless The F Word	
	SHOBET 321	Richard Pryor	Aquarium of the Dead ('21) 'NR'	Hoop Dreams ('94, Documentary) Narrated by Steve James 'PG-13'	Are We Done Yet? ('07) 'PG'	Fury of Rick James	
	SHOX 322	Brimstone ('16) 'R'	Pete Lee: Tall, Dark (15) Under the Volcano ('21) Sting 'NR'	(7:55) Gridiron Gang ('06) The Rock 'PG-13'	(05) Cut Bank ('14, Suspense) 'R'	Anaconda	
	SHOS 323	Wrong Turn ('21) 'R'	The Kill Team ('19, War) 'R'	Victoria ★★★ ('15, Suspense) Laia Costa 'NR'	The Perfect Score ('04) 'PG-13'	(35) Before I Fall ('17) 'PG-13'	
	TMC 327	Ruby in Paradise ('93, Drama) Ashley Judd 'R'	The Gasoline Thieves ('19) 'NR'	(45) Equale ★★★ ('15, Science Fiction) 'PG-13'	(21) 'PG-13'	Broken Diamonds ('21) 'PG-13'	The Gentlemen ('20)
	FLIX-E 333	Best Defense ('84) 'R'	(05) Step Up Revolution ('12) (45) Damsels in Distress ('11, Comedy) 'PG-13'	(25) The Natural ★★★ ('84, Drama) 'PG'	Close Encounters		
STARZ	ENCR-E 340	3 Days to Kill ★★ ('14, Action) 'PG-13'	(5:57) Thunderheart ★★★ ('92, Mystery) 'R'	(7:59) There's Something About Mary ('98) 'R'	Maverick ('94, Western) Mel Gibson 'PG'		
	STARZ-E 350	(11) The Postman ★ ('97, Drama) Kevin Costner, Will Patton 'R'	(13) Demolition Man ('93, Science Fiction) 'R'	(12) White House Down ★★ ('13, Action) 'PG-13'	(27) Narc		
	STRZED 352	(03) Robin Hood ('10, Adventure) Russell Crowe 'PG-13'	(25) Adam ('20, Drama) 'R'	(07) Hulk ★★★ ('03, Fantasy) Eric Bana 'PG-13'	(27) 12 Mighty Orphans ('21)		
	STRZCI 353	Father Film Stars Don't Die in Liverpool (15) Miss Pettigrew Lives for a Day ('08) (7:50) Rachel Getting Married ('08) (45) Laurel Canyon ★★ ('02, Drama) 'R'	Here				
	STRZCO 354	Youth in Oregon ('16) (02) Hit & Run ('12, Comedy) 'R'	Long Run	Long Run	Long Run	Long Run	(07) 10 Items or Less ('06) 'R'
EPIX	EPIX 380	Resident (25) Friday the 13th ('80, Horror) (05) Mr. Holland's Opus ('95, Drama) Richard Dreyfuss (35) Some Kind of Wonderful ('87) (10) Jack Reacher ('12, Action) Tom Cruise					
	EPIX2 381	Sets (35) Gunfight at the O.K. Corral ★★★ ('57) (40) Jungleland ('19, Drama) (10) Arrival ('16, Science Fiction) Amy Adams (10) Sense and Sensibility ★★★ ('95)					
	EPIXH 382	Added (45) Trauma Center ('19, Action) (15) Hard Night Falling ('19) Stephen King's Graveyard Shift (15) Gretel & Hansel ('20, Horror) (45) Panic Room ('02, Suspense)					
	EPIXDR 292	Officer (20) Eye for an Eye ('96, Drama) (05) Mean Creek ('04, Drama) (35) Revolutionary Road ★★★ ('08, Drama) (35) Moulin Rouge ('01, Musical) Nicole Kidman Stepford					

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs				Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage
AHC 195	Waco Standoff	Deadly Cults	Apocalypse: Hitler	Apocalypse: Hitler	Hitler (Part 5 of 6)	Hitler's Death Ray	Hitler/Aryan	Hitler's Complex								
AMC 131	Insurgent	Jaws the Revenge ★ ('87, Suspense)	Jaws 3 ★ ('83, Suspense) Dennis Quaid	(45) Kindergarten Cop 2 ('16, Comedy) Dolph Lundgren	Kindergarten Cop											
APL 184	Crikey! It's the Irwins	Crikey! It's the Irwins	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law								
AXSTV 167	Paid Programs				Legends	Paid Prog.	Legends	Legends	Paid Prog.	Def Leppard Hits Vegas: Live						
BCBA 135	Planet Earth: The Hunt	The Best of The Hunt	Hidden	Planet Earth	Planet Earth: One Amazing Day ('17)	Enchanted Kingdom ('14, Documentary)	Men Black									
BET 124	Payne	Payne	Payne	Payne	Payne	Payne	Payne	Payne	Payne	Prince	Prince	Prince	Prince	Prince	Live Single	Live Single
BOUNCE 359	Fire With Fire ('12)	Religion Hour	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac
BRAVO 129	Selena	Below Deck	Housewives-Atlanta	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC	Real Housewives of SLC
BUZZR 245	You See It	You See It	Card	Card	Paid Programs				Rescue	Press Luck	Press Luck	Match				
CIHD 249	Crime 360	Crime 360	Payback A body riddled with bullet holes.				City Confidential	City Confidential	City Confidential	City Confidential	City Confidential					
CMT 166	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	Hot 20 Countdown									
CNBC 208	Jay Leno's Garage	Jay Leno's Garage	Options	Paid Programs	AMA Supercr.											
CNN 200	CNN Newsroom Live (N)	CNN Newsroom Live (N)	New Day Week	New Day Week	Inside Politics	State of the Union With	Fareed Zakaria GPS (L)	Reliable Sources Brian								
COM 107	South Park	South Park	Paid Programs	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office (45) The Office	The Office	The Office	The Office					
COMET 289	Paid Programs				Bradbury	Bradbury	Bradbury	Bradbury	Bradbury	Bradbury	Bradbury					
COOK 113	Paid Programs				Cheap Eats	Cheap Eats	Cheap Eats	Cheap Eats	Cheap Eats	Cheap Eats	Food Paradise	Best Thing	Best Thing			
DISC 182	Homestead Rescue	Martin	J. Houston	Seasons	Auction	Fish Guyz	Auction	Saltwater	Sportsman	Gold Rush	Gold Rush	Gold Rush				
DFC 179	YardCrash	YardCrash	Gl Joe	Gl Joe	Adventures	Transform	Transform	Littlest Pet	Pet Shop	Puppies	Monsters	Pac-Man	Pony Life	Pony Life	My Little Pony	
DISN-E 172	Jessie	Jessie	Jessie	Ladybug	Ladybug	Big City	Amphibia	Amphibia	Owl Hse.	Hotel	Big City	Ladybug	Ladybug	Miraculous: Tales of Ladybug		
ENCR-W 341	Because I Said So (09) The Skeleton Key ('05, Suspense) 'PG-13'	(6:56) 3 Days to Kill ★★ ('14, Action) 'PG-13'	(8:57) Thunderheart ★★ ('92, Mystery) 'R'	About Mary												
EWESTN 342	Forty Guns ('57) 'NR'	(02) River of No Return ('54) 'NR'	(35) The Gunfighter ('50) 'NR'	North to Alaska ★★ ('60, Western) 'NR'	(05) Buffalo Bill ★★ ('44) 'NR'	Alvarez										
EACTN 343	(08) The One ('01, Action) 'PG-13'	(36) Braddock: Missing in Action III ('88) 'R'	(21) Curse of the Golden Flower ('06) 'R'	(18) The Replacement Killers ('98)	(10:48) The Delta Force											
ESUSP 344	(14) Hannibal ★★★ ('01, Suspense) Anthony Hopkins 'R'	(28) Joshua ('07, Suspense) Sam Rockwell 'R'	(16) Twilight Zone: The Movie	Big Trouble in Little China ('86)	Escape LA											
EBLACK 345	Captain Phillips ('13, Docudrama) 'PG-13'	(04) Down to Earth ('01) 'PG-13'	(34) Three Can Play That Game (07) The Equalizer 2 ★★ ('18, Action) 'R'	(10) Legion ('10) 'R'												
ECLASS 346	Evil Dead (20) The Dilemma ('11) 'PG-13'	(14) Booty Call ('97, Comedy) 'R'	(35) Some Kind of Beautiful ('14) 'R'	(17) The Edge ★★★ ('97, Adventure) 'R'	J Grisham											
EFAMILY 347	Hero Mode ('21) 'PG'	Max Winslow and the House (44) Matilda ('96, Children's) Mara Wilson 'PG'	(24) The Prince and Me ('04) Julia Stiles 'PG'	(16) SamSam ('19)	Cowgirl's											
ESPN 140	SportsCenter	NFL Rewind	SportsCenter	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	Postseason NFL Countdown (L)									
ESPN2 143	UFC Archival	SportsCenter	NFL	Super Bowl	Super Bowl	Super Bowl	Super Bowl	Daily Wager (L)	ESPN Original Documentaries	ESPN Doc.						
EWNTN 261	EWTN Live	Reform	God	Angelus	Journey	St. Michael	Rosary	Sunday Mass (L)	Holy	Bookmark	Pro-Life	EWTN News In-Depth				
FETV 82	Hillbillies	Hillbillies	Gospel	Worship	Perry Stone	Love Worth	Truths That	Jeremiah	Perry Stone	In Touch	Wagon Train	Wagon Train				
FNC 205	Unfiltered with	Watters' World	FOX and Friends Sunday (L)				Maria Bartiromo	MediaBuzz (L)								
FOOD 110	Paid Programs				Trisha's	Trisha's	Valerie's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer	Girl-Farm	Giada		
FREFM 180	Paid Programs				The Middle	The Middle	The Middle	black-ish	Little Giants ★★★ ('94, Children's) Rick Moranis	Marshall						
F51 150	College Basketball	College Basketball	Oregon at USC	Elite Youth	Bassmaster Elite Series	Bassmaster Elite Series	Bassmaster Elite Series	Bassmaster	Motorcycle Race	Motorcycle Race						

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Better	FXM Pres.	Paid Programs				Mom	Mom	Mom	Mom	Invincible ★★ (‘06, Biography) <i>Mark Wahlberg</i>				Any Given	
FXM	384	House	(25) The Fly (‘58, Horror) ‘NR’	The 300 Spartans (‘62, Historical Drama) ‘NR’				(7:55) Cocoon ★★ (‘85, Fantasy) ‘PG-13’	(9:55) Alien (‘79, Science Fiction) <i>Tom Skerritt</i> ‘R’								
FX	125	Paid Programs								The Expendables 3 ★★ (‘14, Action) <i>Sylvester Stallone</i>				Deepwater Horizon (‘16, Suspense) <i>Mark Wahlberg</i>			
GETTV	373	Fantasy Island	Fantasy Island	Paid Programs				Mass	Guns of Paradise	The Outcasts	Here Come the Brides						
GMSHW	116	Paid Programs											America	America	America	America	America
GOLF	401	Asian Tour G	PGA Golf	PGA Golf				PGA Tour Golf <i>Sony Open in Hawaii, Third Round</i>				PGA Golf					
GRIT	217	Paid Programs				Death Vall.	Scallock ★★ (‘67, Western) <i>Dale Robertson</i>	The Gambler From Natchez (‘54, Western)				Frontier Marshal (‘39, Western)					
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	South Beach Love (‘21, Romance) <i>Taylor Cole</i>			
HALLDR	186	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	McBride: Semper Fi ★ (‘07, Mystery)		McBride: Dogged (‘07)	
HALLMV	187	Murder, She Wrote	Monk	Monk				Monk	Monk	Monk	Monk	Monk	Monk	Monk	Follow Your Heart		
HDMOV	130	Paid Programs								Tom Horn ★★ (‘80, Western) (45) Man of the East ★★ (‘72, Western) <i>Terence Hill</i>							
HGTV	112	Paid Programs						Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	
HIST	120	Paid Programs						Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Modern Marvels	
ID	192	Diabolical	Diabolical	On the Case, Zahn				On the Case, Zahn	On the Case, Zahn	On the Case, Zahn	The Killer Beside Me	The Killer Beside Me	The Killer Beside Me	The Killer Beside Me	The Killer Beside Me		
IFC	133	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	(45) A Bronx Tale ★★ (‘93, Drama) <i>Robert De Niro</i>	(15) Casino (‘95, Crime Drama) <i>Robert De Niro</i>							
LAFF	237	Paid Programs				Men at Work ★★ (‘90, Comedy) <i>Charlie Sheen</i>				Twins ★★ (‘88, Comedy) <i>Arnold Schwarzenegger</i>				Overboard (‘87)			
LIFE	108	Paid Programs						Youseff	Harvest	Amazing	Jeremiah	Joel Osteen	Paid Prog.	Trapped by My Sugar Daddy (‘22, Suspense)			
LMN	109	Paid Programs				Babynapped (‘17, Drama) <i>Kaitlyn Black</i>				Your Baby Is Mine (‘18, Suspense)				The Sinister Surrogate (‘18, Suspense)			
MAGN	111	Building Off the Grid	Building- Grid	Old House/Old House				Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper
MGMHD	385	Rage	Studio	Studio	Studio	Studio	Love at Large ★★ (‘90, Romance-Comedy)	(40) UHF ★★ (‘89, Comedy) <i>Weird Al Yankovic</i>	(10:50) Out Cold (‘89)								
MOTOR	246	Mecum Auto Auctions				Junkyard Empire	Speed Is the New Black	Sam’s	Motorhead	Bitchin’ Rides	Garage	Truck U	Car Fix	Garage			
MSNBC	209	Dateline		Dateline		MSNBC Reports (L)				Velshi (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)			
NATGEO	197	Locked Up Abroad	Locked Up Abroad	Paid Programs				Shark Attack Files				Shark Attack Files		Shark Attack Files			
NGWLD	190	Paid Programs						Heartland Docs, DVM	Heartland Docs, DVM	Heartland Docs, DVM	Heartland Docs, DVM	Heartland Docs, DVM	Heartland Docs, DVM	Heartland Docs, DVM	Heartland Docs, DVM	Heartland Docs, DVM	
OUTD	396	Wicked Tuna	Conchs	Spear Life	Fisherman	Gowdy	Major League Fishing				Zona’s	Angling	Outdr.	Bill Dance	Fishing	Lake	
OWN	189	Dr. Phil (Part 1 of 2)	Dr. Phil (Part 2 of 2)	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	
OXYG	127	Dateline (Part 2 of 2)		Dateline		Dateline		Dateline		New York Homicide	Real Murders	Real Murders	Real Murders	Real Murders	Real Murders	Real Murders	
PARMT	241	Paid Programs								NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	
POP	117	Scorpion	Scorpion	Scorpion				Scorpion	Scorpion	Scorpion	Scorpion	Scorpion	Scorpion	Scorpion	Scorpion	Scorpion	
REELZ	299	Paid Programs				Michael Jackson	Prince: Cashed Out	Celebrity	Celebrity	George Michael	Freddie Mercury - The Great Pretender Revealed						
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	
SMITH	367	Inside Mighty Machines	Inside Mighty Machines	Aerial America				Missouri	Aerial America	Aerial America	Aerial America	Aerial America	Aerial America	Aerial America	Aerial America	Aerial America	
SONY	386	Game of Death ★★ (‘10, Action)		Planet	(20) 20 Million Miles to Earth (‘57)				(7:50) The Golden Voyage of Sinbad (‘73)	(9:55) Decision at Sundown (‘57) Legend							
SUND-E	358	Three Amigos! (‘86) Andy G.		Monk	Monk				Monk	Monk	Monk	Monk	Monk	Monk	Monk	Monk	
SYFY	122	(05) Stake Land II (‘16, Horror) <i>Connor Paolo</i>	Paid Programs								Twi. Zone	Twi. Zone	Stickman (‘17, Suspense) <i>Alanna Bale</i>				Journey-Center
TBN	260	Love Lang	Harvest	J. Rubin	Connect	Ed Young	From His	Passion!	T. Evans	S. Furtick	Merritt	Jentezen	David	R. Jeffress	Winning	Joel Osteen	Daily Hope
TBS	139	Broke Girl	Broke Girl	Matters	Matters	Wipeout	Wipeout	Wipeout	Wipeout	Amer. Dad	Amer. Dad	Amer. Dad	Friends	Friends	Friends	Friends	Friends
TCM	132	(15) F for Fake (‘73, Documentary) <i>Orson Welles</i>	The Romance of Rosy Ridge (‘47, Drama)				This Happy Breed (‘44, Drama) <i>Robert Newton</i>				The Mob (‘51, Crime Drama)		Anthony				
TLC	183	Fat Fabulous	Fat Fabulous	Say Yes to the Dress				Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	David &	Loren & Al		
TMC-W	329	Scream 4 ★★ (‘11, Horror) ‘R’		The Retreat (‘21, Suspense) ‘NR’				Ruby in Paradise (‘93, Drama) <i>Ashley Judd</i> ‘R’				The Gasoline Thieves (‘19 ‘NR’) (45) Equals ★★ (‘15) ‘PG-13’					
TNT	138	Shallow Hal (‘01)		NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans				Shaft (‘19, Action)	
TRU	242	Funniest	Funniest	Funniest	Funniest	Ad. Ruins	Ad. Ruins	Ad. Ruins	Ad. Ruins	World’s Dumbest ...	World’s Dumbest ...	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TRVL	196	Paid Programs								Food Paradise	Food Paradise	Food Paradise	Food Paradise	Food Paradise	Food Paradise	Food Paradise	
TVLND	106	Christine	Christine	Christine	Christine	Cleveland	Cleveland	Cleveland	Cleveland	Cleveland	Cleveland	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls
UP	188	Paid Programs				FamFeud	Mass	Charles Stanley	Paid Prog.	Amazing	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie	Little House on Prairie		
USA	105	Chicago P.D.		Chicago P.D.		Law & Order: SVU				Premier League		Premier League Soccer: <i>Hammers vs Whites</i>				Premier	Last Man
WE	128	Mama June- Not to Hot	Paid Programs								Law & Order Identity				Law & Order Floater		

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs				Local Programs				Good Morning America (N)				Local Programs				This Week				Local Programs			
CBS-E	Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)				Local Prog.							
CW-E	Local Programs				Local Programs				FOX News Sunday (N)				Local Programs				Local Programs							
FOX-E	Local Programs				Local Programs				FOX News Sunday (N)				Local Programs				Local Programs							
NBC-E	Local Programs				Local Programs				Local Programs				Sunday Today				Meet the Press (N)				Local Programs			
METV	247*	Time Tunnel <i>Last Patrol</i>		The Invaders <i>Storm</i>		Powers/ Matthew Star				Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Flintstones	Flintstones	Flintstones	The Jetsons					
ABC-W	Local Programs				Local Programs				Local Programs				Good Morning America (N)				This Week				Local Programs			
CBS-W	Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)				Local Prog.							
CW-W	Local Programs				Local Programs				FOX News Sunday (N)				Local Programs				Local Programs							
FOX-W	Local Programs				Local Programs				FOX News Sunday (N)				Local Programs				Local Programs							
NBC-W	1st Look	(32) Dateline NBC	Local Programs				Local Programs				Sunday Today				Meet the Press (N)									
PBS	Independent Lens		Wash	Hoover	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.		Pinkalicious							

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Any Given Sunday ★★★ ('99, Drama) <i>Al Pacino, Cameron Diaz</i>							Draft Day ★★★ ('14, Drama) <i>Kevin Costner</i>				The Longest Yard ★★★ ('05, Comedy) <i>Adam Sandler</i>				
FXM	384	The Fly ('58, Horror) 'NR'			The Curse of the Fly ('65) 'NR'			Only the Brave ★★★ ('17, Drama) <i>Josh Brolin</i> 'PG-13'				The Expendables ★★ ('10, Action) 'R' Revenant					
FXX	125	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	
GETTV	373	Brides	Hondo	(45) Casey Jones			Casey J.	Guns of Paradise	Hawkeye	Bret Maverick			Walker, Texas Ranger		Walker, Texas Ranger		
GMSHW	116	Ma. Minds	Ma. Minds	Ma. Minds	Ma. Minds	Chain Rea.	Chain Rea.	Chain Rea.	Chain Rea.	America	FamFeud	FamFeud	FamFeud	FamFeud	America	America	
GOLF	401	PGA Golf							PGA Tour Golf <i>Sony Open in Hawaii, Third Round</i>				Golf Central Pregame (L) PGA Golf				
GRIT	217	Comanche ('56, Western) <i>Dana Andrews</i>				Gun Battle at Monterey ('57)			Shootout ★★★ ('71, Western) <i>Gregory Peck, Pat Quinn</i>			Dragon Wells Massacre ★★ ('57, Western)					
HALL	185	The Wedding Veil ('22, Romance)				Her Pen Pal ('21, Romance) <i>Mallory Jansen</i>			You Had Me at Aloha ('21, Romance)			Snowkissed ('21, Romance) <i>Jen Lilley</i>					
HALLDR	186	McBride: Dogged ('07)			McBride: Requiem ★ ('06, Mystery)			Murder 101 ('06, Mystery) <i>Dick Van Dyke</i>			Murder 101: College Can Be Murder ('07)		Murder 101				
HALLMV	187	Follow Your Heart				One Summer ('21, Drama) <i>Sam Page</i>			North to Home ('22, Drama) <i>Kimberley Sustad</i>			The Vows We Keep ('21, Romance)		Rise and Shine			
HDMOV	130	Death Rides a Horse ★★★ ('69, Western)			(105) Fort Massacre ('58, Western)			Support Your Local Gunfighter			(10) Barbarosa ('82, Western) <i>Willie Nelson</i>		Death Rides a Horse				
HDTV	112	Love It or List It			Home Town			Home Town			Home Town		Home Town				
HIST	120	Modern Marvels			Modern Marvels			Modern Marvels			Modern Marvels Shoes		Modern Marvels				
ID	192	The Killer Beside Me			Wonderland Murders			Wonderland Murders			American Monster		American Monster				
IFC	133	Casino ('95, Crime Drama) <i>Robert De Niro</i>							(15) Scarface ★★★ ('83, Crime Drama) <i>Al Pacino, Michelle Pfeiffer</i>				Raymond Raymond Raymond Raymond				
LAFF	237	Overboard ★★★ ('87, Comedy)			Mr. Mom ('83, Comedy) <i>Michael Keaton</i>			'70s Show		'70s Show		'70s Show		Jim Jim		Jim Jim Home Imp. Home Imp.	
LIFE	108	The Good Mistress ('14, Suspense) <i>Annie Heise</i>				Deadly Infidelity ('22, Suspense) <i>Kate Watson</i>			Safe Room ('22, Suspense) <i>Nicole Ari Parker</i>			His Double Life ('16, Suspense) <i>Brian Krause</i>					
LMN	109	Birthmother's Betrayal ('20, Suspense)				Secret Life of a Celebrity Surrogate ('20)			Next-Door Nightmare ('21, Suspense)			Sinister Switch ('21, Suspense) <i>Emily Alatalo</i>					
MAGN	111	Magnolia	Magnolia	Magnolia	Magnolia	Zoe (N)	Zoe Bakes	The Lost Kitchen	Bizarre	Bizarre	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	
MGMHD	385	Out Cold ★★★ ('89)			(1250) Peter's Friends ★★★ ('92, Comedy)			(105) How to Beat the High Cost of Living ('79, Comedy)			(20) Ghost World ('01, Comedy-Drama)		Art School				
MOTOR	246	Four	Four	Truck U	Garage	Bitchin' Rides		Bitchin' Rides <i>Mischief</i>		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides	
MSNBC	209	Alex Witt Reports (L)			Alex Witt Reports (L)			Yasmin Vossoughian		Yasmin Vossoughian		PoliticsNation (L)		Voices-Alicia Menendez		Voices-Alicia Menendez	
NATGEO	197	Life Below Zero			Life Below Zero			Life Below Zero		Life Below Zero		Life Below Zero (N)		The 80's: Decade/Made		The 80's: Decade/Made	
NGWLD	190	Heartland Docs, DVM			Pop Goes the Vet			Pop Goes the Vet		Pop Goes the Vet		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo	
OUTD	396	The Choice/Addicted		Am. Archer/Buck.		Whitetail Outdoors		Whitetail Hunt		Major League Fishing Cups			Fishing Jim Shock		McMillan Live 2 Hunt		
OWN	189	Super Soul Sunday			Love & Marriage			Love & Marriage		Love & Marriage		Love & Marriage		Love & Marriage		20/20 on OWN	
OXYG	127	Snapped			Snapped			Snapped		Snapped		Snapped		Snapped (N)		Killer Relationship	
PARMT	241	NCIS			NCIS			NCIS		NCIS		NCIS		NCIS		Movie	
POP	117	Scorpion			Scorpion			Scorpion		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans	
REELZ	299	Cops	Cops	Cops	Cops	Cops	Cops	BTK Killer: What		Son of Sam: What		Unabomber: Notorious		Charles Manson: The Final Words			
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	
SMITH	367	Aerial America			Apocalypse			Apocalypse		Apocalypse		Air Disasters		Air Disasters		Air Disasters	
SONY	386	Legend-Tom D.			(105) The Marine 6: Close Quarters			(45) Shadow Man ('06, Action) <i>Steven Seagal</i>			(35) Angel of Death ('09, Action)		Anonadas: The Hunt for the Blood Orchid				
SUND-E	358	Monk	Monk	Malcolm X ★★★ ('92, Biography) <i>Denzel Washington, Angela Bassett</i>			Ghosts of Mississippi ('96, Historical Drama)										
SYFY	122	Journey-Center			Hotel Transylvania ★★★ ('12, Children's)			Hotel Transylvania 2 ★★ ('15, Children's)			How to Train Your Dragon ('10, Children's)		Shrek ('01, Children's)				
TBN	260	Jackson	In Touch	PowerPoint	Written	Gregory	Mazzapica	Dave and	Hagee Min	Bethel	Blessed	Youseff	Shook	Your Move	Joyce M.	Carpenter	Robert
TBS	139	Bride Wars ★ ('09, Comedy) <i>Kate Hudson</i>			50 First Dates ★★ ('04, Romance-Comedy)			Made of Honor ★★ ('08, Romance-Comedy)			Maid in Manhattan ('02, Romance-Comedy)						
TCM	132	Anthony Adverse ('36, Romance) <i>Fredric March</i>			(15) That Uncertain Feeling ('41)			(45) All Fall Down ('62, Drama) <i>Warren Beatty</i>			(45) East of Eden ★★★ ('55, Drama) <i>James Dean</i>						
TLC	183	My 600-Lb. Life			My 600-Lb. Life <i>Nathan's Journey</i>			1000-Lb. Sisters		1000-Lb. Sisters		90 Day Fiancé: Before the 90 Days					
TMC-W	329	Equals			Broken Diamonds ('21) 'PG-13'			The Gentlemen ★★★ ('20, Crime Drama) 'R'			(355) The Golden Child ★★ ('86)		Before the Fire ('20, Action) 'NR'		A Most Violent Year		
TNT	138	Shaft ('19, Action)			(15) Man on Fire ★★★ ('04, Crime Drama) <i>Denzel Washington</i>			Creed ★★★ ('15, Drama) <i>Michael B. Jordan</i>			Creed II ★★★ ('18, Drama)						
TRU	242	Imp. Jokers	Imp. Jokers	Tacoma FD	Tacoma FD	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TRVL	196	Paranormal Ca.			Paranormal Ca.			Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.	
TVLND	106	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Two Men	Two Men	Two Men	Two Men	
UP	188	Little House on Prairie			Little House on Prairie			Little House on Prairie			Sincerely, Yours, Truly ('20, Romance)		Runaway Romance ('18, Romance)		Fishing for Love ('20)		
USA	105	Law & Order: SVU			Law & Order: SVU			Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	128	Law & Order			Law & Order			NCIS		NCIS <i>Worst Nightmare</i>		NCIS <i>Short Fuse</i>		NCIS <i>Royals and Loyals</i>		NCIS <i>Dead Air</i>	

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Prog.		Local Prog.		Local Programs			Local Programs			Women's College Gymnastics		Local Prog.		Local Prog.		News		Funniest Home Videos			
CBS-E	Local Programs				Local Programs			PBR Bull Riding (N)		NFL		NFL Football <i>Wild Card: Teams TBA (L)</i>										
CW-E	Local Programs							Local Programs														
FOX-E	Local Programs																	Simpsons		Burgers		
NBC-E	Local Prog.		Local Prog.		Skiing <i>U.S. Grand Prix</i>			Freestyle Skiing			Figure Skating <i>European Championships (L)</i>		Local Prog.		News		TBA		Football			
MEVTV	247*	Brady	Brady	Brady	Brady	Mary	Mary	Mary	Mary	Mama's	Mama's	The Love Boat	Andy G.	Andy G.	M*A*S*H	M*A*S*H						
ABC-W	Local Prog.		Local Prog.		Local Programs			Local Programs			Women's College Gymnastics		Local Programs		Local Prog.		Local Programs					
CBS-W	Local Programs		Local Programs			PBR Bull Riding (N)		NFL		NFL Football <i>Wild Card: Teams TBA (L)</i>												
CW-W	Local Programs																					
FOX-W	Local Programs																	Local Programs				
NBC-W	Local Prog.		Local Prog.		Skiing <i>U.S. Grand Prix</i>			Freestyle Skiing			Figure Skating <i>European Championships (L)</i>		Local Prog.		News		TBA		Football			
PBS	Dinosaur		Cyberchase		Contrary		Nature		Austin City Limits		Chefs Life		No Passport Required		NOVA		Weekend		Wash		Antiques Roadshow	

CHANNEL	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
PREMIUM MOVIES																	
HBO	HBO-E 310	The Suicide Squad 'R'			Euphoria (N)		Gemstones Somebody (05) Euphoria		Gemstones Somebody (10) Euphoria		Gemstones Somebody (15) Profile '18) 'R'						
	HBO2 312	Euphoria		Proof of Life '00, Suspense			Meg Ryan 'R' (15) The Betrayed '08, Suspense) 'NR'		The League of Extraordinary Gentlemen '03				Strange but True '19)				
	HBO5 314	Never Let Me Go '10)			Rounders ★★, '98, Drama		Matt Damon 'R' (05) Insomnia '02, Suspense) Al Pacino 'R' (05) Aftermath '17, Suspense) 'R' (40) A Good Day to Die Hard '13)										
	HBOF 315	Johnny (29) Best Man Down '12) 'PG-13'		(9:59) Max Steel ★★, '16) 'PG-13'		(31) Dunkirk ★★, '17, War) 'PG-13'		(18) How to Deal '03) 'PG-13'		The Out-of-Towners							
MAX	MAX 307	Underwater ★★ '20) 'PG-13'		(36) Disturbia ★★, '07, Suspense) 'PG-13'		(22) Swimfan ★★, '02) 'PG-13'		(12:49) Domino '05, Action) Keira Knightley 'R' (2:58) Malice '93) 'R'									
	5MAX 308	Admission '13)		Against the Ropes ★★, '04, Drama) 'PG-13'			(10:51) Reasonable Doubt '14) 'R' (2:3) Confessions of a Dangerous Mind '02) (1:17) Snitch ★★, '13) 'PG-13'										
	MMAX 309	The Savages '07) 'R'		War Horse '11, Historical Drama) Emily Watson 'PG-13'			(27) Argo '12, Historical Drama) Ben Affleck 'R' (2:8) Stoker ★★, '13, Horror) 'R' (0:7) Their Finest '16)										
SHOWTIME	SHO-E 318	(15) Ray Donovan: The Movie '22) 'NR'			Yellowjackets (N)		Ray Donovan: The Movie '22) (40) Yellowjackets		(40) Holler '20, Drama) 'R' (10) Yellowjackets								
	SHO2 320	Shameless		My Salinger Year '20, Drama) 'R' (4:5) The Humans '21, Comedy-Drama) 'R' (3:5) American Honey ★★, '16, Comedy-Drama) Sasha Lane 'R' (Get Rich													
	SHOBET 321	The Guard '11, Comedy) 'R' (3:5) Reign Over Me ★★, '07, Drama) 'R' (4:5) Blue Caprice '13, Crime Drama) 'R' (40) Small City '21) 'NR' (4:5) Zola ★★, '20, Comedy) 'R'															
	SHOX 322	You're Watching Video Music Box			Ricky Powell: The Individualist (10) Midsommar ★★, '19, Horror) Florence Pugh 'R' (40) The Rover '14, Drama) Guy Pearce 'R' (2:5) Attica												
	SHOS 323	The Dry '20, Crime Drama) Eric Bana 'R' (Crisis '21, Suspense) Gary Oldman 'R' (Train spotting ★★, '96) 'R' (3:5) She Hate Me '04, Comedy-Drama) Anthony Mackie 'R'															
	TMC 327	21 Bridges ★★, '19, Action) 'R' (40) No Man's Land '21, Western) 'PG-13'		(3:5) Becky '20, Action) 'R' (10) Hustle & Flow ★★, '05, Drama) 'R' (10) Son of a Gun 'R'													
FLIX-E 333	The Way We Were '73, Romance) 'PG'		The Natural ★★, '84, Drama) Robert Redford 'PG'			Complicit '13, Crime Drama) 'NR' (1:5) Mother of George '13, Drama) 'R'											
STARZ	ENCR-E 340	American Hustle '13)		Maverick '94, Western) Mel Gibson 'PG'		(10) 3 Days to Kill ★★, '14, Action) 'PG-13'		(11) The Abyss '89, Science Fiction) Ed Harris 'PG-13'		One Day							
	STARZ-E 350	Power Book II: Ghost Run the		Blindspot		Power Book II: Ghost		(12:12) Narc '02, Crime Drama) Ray Liotta 'R' (0:2) The Birthday Cake '21) 'R' (Iron Mn 3									
	STRZED 352	Along Came a Spider Hulk ★★, '03, Fantasy) Eric Bana 'PG-13'			(21) Van Helsing ★★, '04, Fantasy) 'PG-13'		Seduced: Inside NXIVM (Seduced: Inside NXIVM) NXIVM										
	STRZCI 353	Laurel C (2:6) Standing Up, Falling Down		Here Today '21, Comedy-Drama) 'PG-13'		Megan Leavy '17, War) Kate Mara 'PG-13'		Mr. Church '16, Drama) Eddie Murphy 'PG-13'									
STRZCO 354	The Change-Up ★★, '11, Comedy) 'R'		(9:55) Be Cool ★★, '05, Comedy) 'PG-13'			(11:58) 10 Items or Less '06) 'R' (2:3) Spanglish '04, Comedy-Drama) 'PG-13'		Bottle									
EPIX	EPIX 380	World War Z '13)		Britannia (N)		Britannia		Gemini Man ★★, '19, Action) Will Smith		Britannia		Master and Commander: The Far Side					
	EPIX2 381	Lemony Snick.		Britannia (N)		(9:50) Forces of Nature '99)		(40) How It Ends '21)		(0:5) Alfie '04, Comedy-Drama) Jude Law		The Gallows Act II					
	EPIXX 382	Pain & Gain '13, Action) Mark Wahlberg		(10) Charlie's Angels ★★, '00, Action)		Breaking News in Yuba County		The Mexican '01, Comedy-Drama) Brad Pitt		Home							
	EPIXDR 292	The Lovely Bones '09, Drama) Mark Wahlberg		(1:5) What's Eating Gilbert Grape '93)			(12:15) The Soloist '09, Drama) Jamie Foxx		(1:5) Dead Man Walking '95, Crime Drama)								
AMERICA'S TOP PROGRAMMING																	
A&E 118	The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		
AHC 195	Apocalypse: Stalin		Apocalypse: Stalin		Apocalypse: Stalin		Project Nazi		Apocalypse: Stalin		Apocalypse: Stalin		Apocalypse: Stalin		Project Nazi		
AMC 131	Beetlejuice '98)		Batman ★★, '89, Action) Jack Nicholson, Michael Keaton				Batman Returns ★★, '92, Action) Michael Keaton, Danny DeVito				E.T. Terrestrial						
APL 184	Lone Star Law: Uncuffed (N)				Lone Star Law		Lone Star Law		Lone Star Law: Uncuffed				Lone Star Law		Lone Star Law		
AXTV 167	Top Ten		Legends		Legends		Top Ten		Legends		Legends		Legends		Jewel - Live at the Rialto Theatre		
BCCA 135	Men in Black II '02, Action) Tommy Lee Jones				Men in Black 3 ★★, '12, Action) Will Smith				Ender's Game ★★, '13, Science Fiction) Harrison Ford				Star Trek: Next				
BET 124	The Equalizer ★★, '14, Action) Denzel Washington, Martin Csokas				Payne		As. Living		Martin		The Parkers		The Parkers		The Parkers		
BOUNCE 359	Selma ★★, '14, Historical Drama) David Oyelowo, Tom Wilkinson				Detroit ★★, '17, Crime Drama) John Boyega, Will Poulter				Down in the Delta ★★, '98, Drama)								
BRAVO 129	Housewives-Atlanta		Real Housewives of SLC		Watch		Housewives-Atlanta		Real Housewives of SLC		Housewives/OC		Housewives-Atlanta		Housewives-Atlanta		
BUZZR 245	Password		Password		Match		Match		Body Lang.		Body Lang.		Body Lang.		Body Lang.		
CIHD 249	Jacked		Jacked		Jacked		Jacked		Manhunters		Manhunters		Manhunters		Manhunters		
CMT 166	Mom		Mom		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		
CNBC 208	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		
CNN 200	CNN Newsroom		CNN Special Program		CNN Special Program		State of the Union With		CNN Special Program		CNN Special Program		CNN Special Program		CNN Newsroom Live (L) (CNN Newsroom Live (L)		
COM 107	Movie		Seinfeld		Seinfeld		Seinfeld		Seinfeld		Seinfeld		South Park		South Park		
COMET 289	The X-Files (Part 1 of 2)		The X-Files (Part 1 of 2)		The X-Files (Part 2 of 2)		The X-Files En Ami		The X-Files		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		
COOK 113	Cheat Day		Cheat Day		Cheat Day		Eddie Eats		Eddie Eats		Eddie Eats		Eddie Eats		Eddie Eats		
DISC 182	Dirty Jobs (N)		This Came Out of Me (N)		Mysteries-Abandoned		Mysteries-Abandoned		Dirty Jobs		This Came Out of Me		Mysteries-Abandoned		Mysteries-Abandoned		
DFC 179	Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		
DISN-E 172	UglyDolls ★★, '19)		Jessie		Jessie		Jessie		Jessie		Bunk'd		Bunk'd		Big City		
ENCR-W 341	Theater's Something About Mary (40) American Hustle '13, Crime Drama) Christian Bale 'R'				Maverick '94, Western) Mel Gibson 'PG'		(10) 3 Days to Kill ★★, '14, Action) 'PG-13'		(1:1) The Abyss '89, Science Fiction) Ed Harris 'PG-13'		One Day						
EWESTN 342	North to Alaska ★★, '60, Western) 'NR'		(0:4) The Texican ★★, '66) 'NR'		(3:2) Down Missouri Way '46) 'NR'		Ten Wanted Men		(0:8) Broken Lance ★★, '54, Western) 'NR'								
EACTN 343	Get Carter '00, Suspense) Sylvester Stallone 'R' (9:46) Tremors 5: Bloodlines '15) (2:7) The Grandmaster '13, Biography) 'PG-13'		Smokin' Aces 2: Assassins' Ball		The Newton Boys												
ESUSP 344	Escape LA		Big Trouble in Little China '86)		(1:2) Prince of Darkness '87, Horror) 'R'		(11:56) The Kid Detective '20) 'R'		(40) Sicario: Day of the Soldado ★★, '18, Suspense) 'R'								
EBLACK 345	The Equalizer 2 ★★, '18, Action) 'R'		Battle of the Year ★, '13, Drama) 'PG-13'				Three Can Play That Game '07) (2:7) Half Nelson '06, Drama) Ryan Gosling 'R' (Jackie										
ECLASS 346	State of Play '09)		John Grisham's The Rainmaker '97, Drama) 'PG-13'		(1:8) Dangerous Beauty '98) 'R'		(1:3) Some Kind of Beautiful '14) 'R'		(2:55) Grandma's Boy								
EFAMILY 347	Matilda '96, Children's) 'PG'		(40) A Cowgirl's Story '17, Adventure) 'PG'		Max Winslow and the House		Jimmy Neutron: Boy Genius '01) (2:3) The Prince and Me '04) 'PG'										
ESPN 140	2022 Australian Open Tennis First Round (L)				SportsCenter		NFL Rewind (L)		SportsCenter (L)		NFL Rewind		SportCtr				
ESPN2 143	Basketball		UFC		High School Basketball		UFC		World of X Games		SportsCenter		E60 Presents		SportsCenter		
EWTN 261	Sun. Mass Catholics		Life/Rock		Rosary		The Journey Home		Catholic		Catholic		Sunday Mass		You Are Not Alone		
FETV 82	Perry Mason		Perry Mason		Mannix		Mannix Cold Trail		B. Miller		B. Miller		Maude		Maude		
FNC 205	Life, Liberty & Levin (N)		The Next Revolution		Sunday Night		Life, Liberty & Levin		The Next Revolution		Sunday Night		FOX News Sunday		The Next Revolution		
FOOD 110	Guy's Grocery Games		Guy's Chance		Alex vs. America (N)		Beat Bobby		Beat Bobby		Guy's Chance		Alex vs. America		Beat Bobby		
FREFM 180	The Blind Side ★★, '09, Drama) Sandra Bullock		The Blind Side ★★, '09, Drama) Sandra Bullock, Tim McGraw				black-ish		Paid Programs								
F51 150	Westminster Kennel Club Dog Show		PBC		Inside PBC		College Basketball		Butler at Villanova		College Basketball		Teams TBA		College Basketball		

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Waterboy ('98, Comedy) Adam Sandler				The Longest Yard ★★ ('05, Comedy) Adam Sandler				Draft Day ★★★ ('14, Drama) Kevin Costner				Paid Programs			
FXM	384	The Revenant ★★★ ('15, Adventure) Leonardo DiCaprio 'R'				(10:50) The Revenant ★★★ ('15, Adventure) Leonardo DiCaprio 'R'				Upgrade ★★★ ('18, Science Fiction) 'R'							
FXX	125	Family Guy Family Guy		Family Guy Simpsons		Family Guy Family Guy		Family Guy Family Guy		Sunny		Sunny		Archer		Archer	
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		Fojak		Kojak		Charlie's Angels		Charlie's Angels		Hart to Hart		Hart to Hart	
GMSHW	116	America America		America America		FamFeud FamFeud		FamFeud FamFeud		FamFeud FamFeud		Idiotest Idiotest		Idiotest Idiotest		Idiotest Idiotest	
GOLF	401	PGA Golf				Golf Central (L)				PGA Tour Golf Sony Open in Hawaii, Final Round				PGA Golf			
GRIT	217	The Tall Stranger ('57, Western) Joel McCrea				Masteron of Kansas ★ ('54, Western)				Invitation to a Gunfighter ('64, Western) Yul Brynner				Frontier Marshal ('39, Western)			
HALL	185	Bottled With Love ('19, Romance)				Gold Girls Gold Girls		Gold Girls Gold Girls		Gold Girls Gold Girls		Frasier Frasier		Frasier Frasier		Frasier Frasier	
HALLDR	186	Murder 101		Murder 101: Locked Room Mystery ★ ('08)				The Waltons The Secret		The Waltons The Fox		The Waltons		The Waltons		The Waltons	
HALLMV	187	Rise and Shine		It Was Always You ('21, Romance)				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote	
HDMOV	130	Death Rides a Horse (8:50)		Fort Massacre ('58, Western)				Support Your Local Gunfighter				(11:55) Barbarosa ('82, Western)		(1:35) Comes a Horseman ★★★ ('78, Western)		Trailer	
HGTV	112	Home Town (N)		Home Town (N)				Home Town		Home Town		Home Town		Home Town		Home Town	
HIST	120	Toys-America		Toys-America				Toys-America		Toys-America		Toys-America		Toys-America		Toys-America	
ID	192	American Monster		American Monster (N)				Relentless (N)		On the Case, Zahn		American Monster		Relentless		On the Case, Zahn	
IFC	133	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.
LAFF	237	Home Imp.		Home Imp.		'70s Show '70s Show		'70s Show '70s Show		How I Met How I Met		How I Met How I Met		Nt. Court Nt. Court		Videos Videos	
LIFE	108	My Best Friend's Secret Life ('22, Suspense)				(1:03) Left for Dead: The Ashley Reeves Story				(12:01) My Best Friend's Secret Life ('22)				(1:04) Left for Dead: The Ashley Reeves Story			
LMN	109	A Mother's Fury ('21, Suspense) Chelsea Hobbs				Deadly Due Date ('21, Suspense) Ashlyn Yennie				(12:01) A Mother's Fury ('21, Suspense)				Deadly Due Date ('21, Suspense) Ashlyn Yennie			
MAGN	111	Family	Family	Family	Family	Zimmer	Zimmer	Zimmer	Zimmer	Zimmer	Family	Family	Zimmer	Zimmer	Family	Family	
MGMHD	385	Art School Confidential ('06, Comedy-Drama)				A Fish Called Wanda ★★★ ('88, Comedy) John Cleese				(2:00) Death at a Funeral ('07, Comedy-Drama)				(2:50) Cadillac Man ('90, Comedy)			
MOTOR	246	Unique Rides		Street Outlaws: No Prep				Kings: Team Attacks (N)		Beyond Bitchin' Rides		Street Outlaws: No Prep		Kings: Team Attacks		Beyond Bitchin' Rides	
MSNBC	209	The Mehdi Hasan Show (L)		Ayman (L)				Voices-Alicia Menendez		The Mehdi Hasan Show		Ayman		Dateline		Dateline The Disappearance of Laci Peterson	
NATGEO	197	The '80's: Decade/Made		The '80's: Top Ten (N)				The '80's: Top Ten (N)		The '80's: Top Ten		The '80's: Top Ten		24 Hours-Hell		24 Hours-Hell	
NGWLD	190	Secrets of the Zoo		Secrets of the Zoo				Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo	
OUTD	396	Crush	Hunt	Outdoors	Bone Coll.	Buck.	Hunting	Driven	Addicted	Nugent	Drop Zone	McMillan	Live 2 Hunt	Crush	Wardens	Outdoors	Bone Coll.
OWN	189	20/20 on OWN		20/20 on OWN				20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN	
OXYG	127	Real Murders		New York Homicide				Snapped		Snapped: Behind Bars		Real Murders		Real Murders		Family Massacre	
PARMT	241	Movie		Movie				Movie		Movie		Movie		Movie		Movie	
POP	117	NCIS: New Orleans		NCIS: New Orleans				NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		48 Hours	
REELZ	299	Ted Bundy: Serial Monster (Part 1 of 2)				Ted Bundy: Serial Monster (Part 2 of 2)				Charles Manson: The Final Words				Celebrity		Celebrity	
SCI	193	Bermuda Triangle: The New Secrets (N)				Expedition Deep (N)				Bermuda Triangle: The New Secrets				Expedition Deep Ocean			
SMITH	367	Ice Airport Alaska		Air Warriors				Air Disasters		Drinks, Crime		Ice Airport Alaska		Air Warriors		Air Disasters	
SONY	386	30 Minutes or Less ('11, Comedy)		(4:00) John Carpenter's Ghosts of Mars ('01)				(3:35) 30 Minutes or Less ('11)				(1:05) John Carpenter's Ghosts of Mars ('01)				(2:50) Bite the Bullet	
SUND-E	358	Ghosts of Mississippi Witness				(4:50) A Few Good Men ★★★ ('92, Drama) Tom Cruise				(4:50) Ghosts of Mississippi ★★ ('96, Historical Drama) Alec Baldwin				Amr Psych			
SYFY	122	Shrek ('01, Children's)		Shrek 2 ('04, Children's) Voices of Mike Myers				Land of the Lost ('09, Comedy) Will Ferrell				Fantastic Four ('05, Action) Ioan Gruffudd		Cucuy			
TBN	260	Joel Osteen	David	Huckabee	Metaxas	Creflo	Praise	Praise	Praise	Praise	Jordan Rubin	The Unholy	Father	Truths That	Father		
TBS	139	Bridesmaids ★★★ ('11, Comedy) Kristen Wiig				Bride Wars ★★ ('09, Comedy) Kate Hudson				Life of the Party ★★ ('18, Comedy)				(4:50) What Happens in Vegas ('08)			
TCM	132	The Barefoot Contessa ('54, Drama) Humphrey Bogart				Two Weeks in Another Town ('62, Drama)				Double Trouble ('15)				The 47 Ronin ('41, Drama) Chôjirô Kawarasaki			
TLC	183	90 Day Fiancé: Before the 90 Days (N)				Sister Wives (N)				90 Day Fiancé				90 Day Fiancé			
TMC-W	329	A Most Violent Year ('05) The Gentlemen ('20, Crime Drama) 'R'				21 Bridges ★★★ ('19, Action) 'R'				(4:00) No Man's Land ('21, Western) 'PG-13'				(3:50) Becky ('20, Action) 'R'			
TNT	138	Creed II ('18, Drama)				Claws (N)				Coach Carter ★★★ ('05, Drama) Samuel L. Jackson, Robert Ri'chard				Charmed		Charmed	
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	World's Dumbest ...	World's Dumbest ...
TRVL	196	Monsters Caught		Mountain Monsters				Mountain Monsters (N)		Mountain Monsters (N)		Monsters Caught		Mountain Monsters		Mountain Monsters	
TVLND	106	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Raymond	Raymond	Roseanne	Roseanne
UP	188	Fishing for Love ('20)		Love Upstream ('21, Romance) Steve Lund				Fishing for Love ('20, Romance) Andrea Brooks				The Charm of Love ('20, Romance) Tilly Jones					
USA	105	Law & Order: SVU		Law & Order: SVU				Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	128	NCIS Cracked		NCIS Broken Arrow				NCIS (Part 1 of 2)		NCIS (Part 2 of 2)		NCIS False Witness		Law Order: CI		Law Order: CI	

LOCAL NETWORKS

ABC-E	Celebrity Wheel		Supermarket Sweep		The Rookie		Local Programs				ABC World News Now (N)							
CBS-E	60 Minutes (N)		The Equalizer		S.W.A.T.		Local Programs				CBS Overnight News (N)							
CW-E	Hidden Temple		Horror		Horror		Local Programs											
FOX-E	Simpsons		The-North		Burgers		Family Guy		Local Programs									
NBC-E	(15) NFL Football		Wild Card: Teams TBA (L)				Local Programs				Meet the Press		Early Tdy		Local Prog.			
METV	247*	Monk		Monk		Ed Sullivan		C. Burnett		Van Dyke		Van Dyke		Honeymn.		Twi. Zone		
ABC-W	Local Programs		News		Funniest Home Videos		Celebrity Wheel		Supermarket Sweep		The Rookie		Local Programs					
CBS-W	Local Programs		News		Local Programs		60 Minutes (N)		The Equalizer		S.W.A.T.		Local Programs					
CW-W	Local Programs				Hidden Temple		Horror		Horror		Local Programs							
FOX-W	Local Programs				Simpsons		Burgers		Simpsons		The-North		Burgers		Family Guy		Local Programs	
NBC-W	(15) NFL Football		Wild Card: Teams TBA (L)				Local Programs				Local Programs							
PBS	Around the World		All Creatures Great		Vienna Blood (N)		Austin City Limits		Around the World		All Creatures Great		Vienna Blood		Concert-Bowl			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E 310	Profile ★★ (18) 'R' (02) My Baby's Daddy ★★ (04) Flawless ★★★ (07, Crime Drama) 'PG-13' We Are the Dream Tyler Perry's Daddy's Little Girls (05) Chaplin (92)
	HBO2 312	Strange (35) Brown Sugar (02) Taye Diggs 'PG-13' The Great Gatsby (13, Drama) Leonardo DiCaprio 'PG-13' Hard (40) The Photograph (20, Romance) 'PG-13' Res Road
MAX	HBO5 314	Good Day (20) I, Robot ★★ (04) 'PG-13' Tyler Perry's Diary of a Mad Black Woman (15) King Kong ★★ (05, Adventure) Naomi Watts, Jack Black 'PG-13' Gone
	HBOF 315	Out (32) Dr. Dolittle: Tail to the Chief K'garden Happily Curious (44) Super Capers ★★ (09, Action) 'PG' Adventures of Sharkboy Hitchhiker's
SHOWTIME	MAX 307	Malice 'R' (45) Matchstick Men (03, Comedy) 'PG-13' (43) Rocky (76, Drama) Sylvester Stallone 'PG' (45) The Quiet Ones (14, Horror) 'PG-13' (25) The Dark Half (93, Horror) 'R'
	5MAX 308	Defending Your Life (91, Comedy) 'PG' Lay the Favorite ★★ (12) 'R' (35) Eulogy ★★ (04, Comedy) 'R' The World's End (13, Comedy) Simon Pegg 'R' (10:49) Norbit (07)
STARZ	MMAX 309	Their Finest (16) 'R' (04) Much Ado About Nothing (12) 'PG-13' (6:55) Old Dogs ★ (09) 'PG' (24) Down Periscope (96) 'PG-13' (9:57) Skyline ★★ (10) 'PG-13' Rabbit H
	SHO-E 318	(10) Sophie's Choice (82, Drama) Meryl Streep 'R' (45) Lee Daniels' The Butler (13, Historical Drama) 'PG-13' The One and Only Dick Gregory (21) 'NR' Kobe Bryant's Muse
STARZ	SHO2 320	Get Rich or Die Tryin' (05) 'R' The Last Black Man in San Francisco (19) 'R' Walking Tall (04, Action) 'PG-13' Shameless Hiraeth Shameless Shameless
	SHOBET 321	(15) Yellowjackets (15) Waves (19, Drama) Kelvin Harrison Jr. 'R' Aquarium of the Dead (21) 'NR' Hendrix & Fruitvale Station (13) 'R' Moonlight (16) 'R'
STARZ	SHOX 322	Attica (21, Documentary) 'NR' (25) Belushi (20) John Landis 'NR' (15) Come Play ★★ (20, Horror) 'PG-13' (8:55) Aeon Flux (05) 'PG-13' Crisis (21, Suspense) 'R'
	SHOS 323	Queenpins ★★ (21, Comedy) Kristen Bell 'R' (5:50) Before I Fall (17) 'PG-13' Downeast (21, Drama) 'NR' In the Bedroom (01, Drama) Sissy Spacek 'R' Funny Women
STARZ	TMC 327	Son of a Gun (15) 'R' The Golden Child (86) 'PG-13' (35) The Company Men (10, Drama) 'R' The War With Grandpa (20) 'PG' (05) Beauty Shop (05, Comedy) 'PG-13'
	FLIX-E 333	Barbershop 2: Back in Business (04) Memphis (13, Drama) 'NR' (20) The Reluctant Fundamentalist (12) 'R' Sophie's Choice ★★ (82, Drama) Meryl Streep 'R'
STARZ	ENCR-E 340	One Day (11, Romance) 'PG-13' (26) Twisted (04, Suspense) 'R' (06) Peggy Sue Got Married (86) 'PG-13' (8:53) Rudy (93, Drama) Sean Astin 'PG' American Hustle (13)
	STARZ-E 350	Iron Man 3 ★★ (13, Action) 'PG-13' (5:53) Little Women (19, Drama) 'PG' (12) Red Dawn ★★ (84, Action) 'PG-13' (10) Homegrown (98, Comedy-Drama) 'R'
STARZ	STRZED 352	NXIVM (37) Seduced: Inside the NXIVM Cult Forrest Gump (94, Comedy-Drama) Tom Hanks 'PG-13' (25) The 6th Day (00, Science Fiction) 'PG-13' Tin Cup ★★ (96, Comedy) 'R'
	STRZCI 353	Daughters (13) Tazmanian Devil (20, Drama) Adepore Oduye 'NR' (16) Emperor (20) 'PG-13' (8:58) 12 O'Clock Boys (13) 'NR' (16) All Joking Aside Church
STARZ	STRZCO 354	Bottle Rocket (96) 'R' (12) The Last Shift (20, Comedy-Drama) 'R' How-College (15) The Good Dinosaur (15, Children's) 'PG' (9:51) Nine Months (95) 'PG-13' New Guy
	EPIX 380	(10) Sex Life (4:55) Emperor (12) Matthew Fox (45) Vault (19, Crime Drama) Theo Rossi (25) We Die Young (19, Action) Where Hope Grows (14, Drama) Gemini
EPIX	EPIX2 381	Gallows (35) Mighty Oak (20, Comedy-Drama) (20) Stonewall ★★ (15, Historical Drama) By Whatever Means Harlem By Whatever Means By Whatever Means
	EPIXH 382	Home for the Holidays (95) (20) Black Sunday (77, Suspense) Robert Shaw (45) The Little Hours (17, Comedy) Alison Brie (20) Black Bear (20, Drama) (10) Pain & Gain (13)
EPIXDR 292	Dead Man Attack Cheer (45) The Lovely Bones ★★ (09, Drama) Mark Wahlberg What's Eating Gilbert Grape ★★ (93) Star Trek: The Motion Picture ★★ (79)	

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs		Prince	Paid Prog.	Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	Parking	King	King
AHC 195	Chasing Conspiracies		Chasing Conspiracies	Weaponology	USMC	Weaponology	Triggers: Change	Triggers: Change	Weaponology	Triggers: Change				
AMC 131	E.T. the Extra-Terrestrial (82, Children's)		Paid Programs		Deep Impact ★★ (98, Drama) Robert Duvall		Batman (89, Action)							
APL 184	Lone Star Law		Lone Star Law		Too Cute!		My Cat From Hell		Crikey! It's the Irwins		Secret Life-Zoo		The Zoo	
AXSTV 167	Paid Programs		Paid Programs		Paid Programs		Paid Programs		Final 24 Gianni Versace		Final 24 Janis Joplin		Final 24	
BCBA 135	Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next	
BET 124	The Parkers	The Parkers	Browns	Browns	Prince	Prince	Prince	Prince	Live Single	Live Single	black-ish	black-ish	The Parkers	The Parkers
BOUNCE 359	Down	The Game	The Real	The Real	Wendy Williams Show	Nick Cannon	Nick Cannon	Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	Court	Court
BRAVO 129	Kelly Clarkson		Paid Programs		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck	
BUZZR 245	Blockbust	Blockbust	Press Luck	Press Luck	Paid Programs		Paid Programs		Tell Truth My Line?		Sale of Sweep		Body Lang, Blockbust	
CIHD 249	Jacked	Jacked	Jacked	Jacked	Auto Theft Task Force Let the Helicopter Take Him		American Justice		American Justice		Nightwatch Nation		Nightwatch	
CMT 166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Roseanne		Roseanne	
CNBC 208	Street Signs (L)		Worldwide Exchange (L)		Squawk Box (L)		Squawk Box (L)		Squawk on the Street (L)		Squawk on the Street (L)		TechCheck (L)	
CNN 200	CNN Newsroom Live (L)		Early Start w/Romans		New Day With		New Day With		New Day With		CNN Newsroom		CNN Newsroom	
COM 107	South Park	South Park	South Park	South Park	Futurama		Futurama		Futurama		Futurama		South Park	
COMET 289	Paid Programs		Paid Programs		Paid Programs		Paid Programs		Paid Programs		The Terror ★★ (63, Horror) Boris Karloff		Embryo ★★ (76)	
COOK 113	Paid Programs		Paid Programs		Paid Programs		Paid Programs		Paid Programs		Paid Programs		Paid Programs	
DISC 182	Bering Sea Gold		Bering Sea Gold		Vegas Rat Rods		Vegas Rat Rods		Vegas Rat Rods		Vegas Rat Rods		Vegas Rat Rods	
DFC 179	YardCrash	YardCrash	Gl Joe	Gl Joe	Blazing	Transform.	Beast	Beast	Rescue Bots	Rescue Bots	Transform	Puppies	Puppies	Pet Shop
DISN-E 172	Austin	Bunk'd	Bunk'd	Ladybug	Sofia	Sofia	Bluey	Bluey	Puppy Pals	Puppy Pals	T.O.T.S.	T.O.T.S.	UglyDolls ★★ (19, Children's) Nick Jonas	
ENCR-W 341	(11) The Abyss (89, Science Fiction) Ed Harris 'PG-13'		(35) One Day ★★ (11, Romance) 'PG-13'		(26) Twisted (04, Suspense) 'R'		(06) Peggy Sue Got Married (86) 'PG-13'		(06) Peggy Sue Got Married (86) 'PG-13'		(06) Peggy Sue Got Married (86) 'PG-13'		(06) Peggy Sue Got Married (86) 'PG-13'	
EWESTN 342	North to Alaska ★★ (60, Western) 'NR'		Guns-Petticoat (13) Stars Over Texas (12) Alvarez Kelly ★★ (66, Western) 'NR'		Stars Over Texas (12) Alvarez Kelly ★★ (66, Western) 'NR'		Stars Over Texas (12) Alvarez Kelly ★★ (66, Western) 'NR'		Stars Over Texas (12) Alvarez Kelly ★★ (66, Western) 'NR'		Stars Over Texas (12) Alvarez Kelly ★★ (66, Western) 'NR'		Stars Over Texas (12) Alvarez Kelly ★★ (66, Western) 'NR'	
EACTN 343	The Newton Boys (4:53) Tortured (08, Suspense) 'R'		(43) Tremors: A Cold Day in Hell (18) 'PG-13'		(23) Blue Streak ★★ (99) 'PG-13'		(23) Blue Streak ★★ (99) 'PG-13'		(23) Blue Streak ★★ (99) 'PG-13'		(23) Blue Streak ★★ (99) 'PG-13'		(23) Blue Streak ★★ (99) 'PG-13'	
ESUSP 344	Fallen (98, Suspense) Denzel Washington 'R'		(5:53) What Lies Beneath ★★ (00) 'PG-13'		(06) Mom and Dad (17) 'R'		(34) Once Upon a Time in America (84, Crime Drama) 'R'		(34) Once Upon a Time in America (84, Crime Drama) 'R'		(34) Once Upon a Time in America (84, Crime Drama) 'R'		(34) Once Upon a Time in America (84, Crime Drama) 'R'	
EBLACK 345	Jackie (36) The 24th (20, Historical Drama) 'NR'		(32) Battle of the Year (13, Drama) 'PG-13'		(25) Facing Ali ★★ (09) 'R'		(08) The Price (17, Drama) 'NR'		(08) The Price (17, Drama) 'NR'		(08) The Price (17, Drama) 'NR'		(08) The Price (17, Drama) 'NR'	
ECLASS 346	Grandma (31) Raising Cain ★★ (92) 'R'		(04) Guarding Tess (94) 'PG-13'		(41) Striking Distance ★★ (93, Suspense) 'R'		(25) Can't Hardly Wait ★★ (98) (08) State of Play (09)		(25) Can't Hardly Wait ★★ (98) (08) State of Play (09)		(25) Can't Hardly Wait ★★ (98) (08) State of Play (09)		(25) Can't Hardly Wait ★★ (98) (08) State of Play (09)	
EFAMILY 347	(14) A Cowgirl's Story (17, Adventure) 'PG'		The Snow Queen: Mirrorlands		Charmers		Jimmy Neutron		(11) Tomorrowland ★★ (15, Science Fiction) 'PG'		(11) Tomorrowland ★★ (15, Science Fiction) 'PG'		(11) Tomorrowland ★★ (15, Science Fiction) 'PG'	
ESPN 140	SportsCenter		NFL Rewind		SportsCenter		SportsCenter (L)		Get Up (L)		Get Up (L)		First Take (L)	
ESPN2 143	E60 Bonds		SportsCenter		Keyshawn, JWill and Max (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		Get Up	
EWTV 261	Living Di	Sunday	Bookmark	Catholic	Healing	Chesterton	St. Michael	Rosary	Daily Mass (L)	Holy	Sunday	Religious	Mother Angelica Live	Promise
FETV 82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver
FNC 205	FOX & Friends First (N)		FOX & Friends First (N)		FOX & Friends First (N)		FOX & Friends First (N)		FOX & Friends First (N)		FOX & Friends First (N)		FOX & Friends First (N)	
FOOD 110	Paid Programs		Paid Programs		Paid Programs		Paid Programs		Paid Programs		Paid Programs		Paid Programs	
FREFM 180	Paid Programs		Paid Programs		Paid Programs		Paid Programs		Paid Programs		Paid Programs		Paid Programs	
F51 150	College Basketball		Big East		College Basketball		Teams TBA		First Things First (L)		Skip and Shannon: Undisputed (L)		Skip and Shannon: Undisputed (L)	

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs						Mom	Mom	Mom	Mom	A Dog's Journey ★★ ('19, Children's) <i>Voice of Josh Gad</i>				Art Racing			
FXM	384	Carmen Jones ★★★ ('54, Musical) 'NR'			The Curse of the Fly ('65) 'NR'			State Fair ('45, Musical) 'NR'			(:15) The King and I ('56, Musical) <i>Deborah Kerr</i> 'G'			Carmen J.					
FXX	125	Paid Programs						Deepwater Horizon ('16, Suspense) <i>Mark Wahlberg</i>				Dragon Blade ('15, Action) <i>Jackie Chan, John Cusack</i>							
GETTV	373	Fantasy Island		Fantasy Island		Paid Programs						Good Time		Good Time		All/Family		All/Family	
GMSHW	116	Paid Programs						Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	Good Time	Good Time	America	America		
GOLF	401	PGA Golf			Golf Central			Golf Central			PGA Tour Golf <i>Sony Open in Hawaii, Final Round</i>								
GRIT	217	Paid Programs						Zane Grey	Zane Grey	Laramie <i>Lost Allegiance</i>		Ride Lonesome ('59, Western)		True Grit ★★★ ('10, Western) <i>Jeff Bridges</i>					
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Love on the Sidelines ('16, Drama)					
HALLDR	186	The Waltons <i>The Test</i>		The Waltons		The Waltons <i>The House</i>		A Decade of the Waltons				A Wedding on Walton's Mountain ('82)			Mother's Day				
HALLMV	187	Murder, She Wrote		Magnum, P.I.		Magnum, P.I.		Magnum, P.I. <i>Italian Ice</i>		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Morning			
HDMOV	130	Paid Programs						Spaceballs ★★★ ('87, Comedy) (:45) Barquero ('70, Western) <i>Lee Van Cleef</i>				Fort Mass							
HGTV	112	Home Town		Home Town		Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Ugliest	Ugliest	Ugliest	Ugliest		
HIST	120	Paid Programs						Jeremiah		A Distant Shore		Race ★★★ ('16, Biography) <i>Stephan James, Jason Sudeikis</i>				Honor Deferred			
ID	192	Evil Lives Here		Evil Lives Here		Evil Lives Here		Evil Lives Here		Evil Lives Here		Evil Lives Here		Evil Lives Here		Evil Lives Here			
IFC	133	3's Comp.		3's Comp.		3's Comp.		3's Comp.		Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks		
LAFF	237	Paid Programs						How I Met	How I Met	Videos	Videos	Jim	Jim	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	Nt. Court	Nt. Court
LIFE	108	Paid Programs						Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer			
LMN	109	Paid Programs						The Wrong Teacher ('18, Suspense)				The Wrong Man ('17, Crime Drama)				The Wrong Tutor ('19, Suspense) <i>Vivica A. Fox</i>			
MAGN	111	Building Off the Grid		Building Off the Grid		Old House/Old House		French (:40) <i>The French Chef</i>		French		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters			
MGMHD	385	Cadillac Studio		Studio		Studio		Best Seller ('87, Crime Drama) <i>James Woods</i>			(:15) Ulee's Gold ★★★ ('97, Drama) <i>Peter Fonda</i>			(:40) Boxcar Bertha ★★★ ('72)					
MOTOR	246	Bitchin' Rides		Bitchin' Rides <i>Mischief</i>		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection			
MSNBC	209	Meet the Press		Way Too Early		Morning Joe (L)						Stephanie Ruhle (L)		Reports		Craig Melvin Reports (L)			
NATGEO	197	24 Hours-Hell		Life Below Zero		Paid Programs						The '80s: Top Ten		The '80s: Top Ten		The '80s: Top Ten			
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol			
OUTD	396	Buck	Hunting	The Choice	Addicted	Outdr.	Angling	McMillan	Outdoors	Whitetail	Heartland	Conchs	Fowl Life	GunDogT	Whitetail	Jim Shock			
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil			
OXYG	127	Dateline		Dateline		911 Crisis	911 Crisis	Homicide Hol		Homicide Hol		Homicide Hol		Snapped		Snapped			
PARMT	241	Paid Programs						NCIS				NCIS		NCIS		NCIS			
POP	117	48 Hours		48 Hours		Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		Runaway Jury ('03, Suspense) <i>John Cusack</i>					
REELZ	299	Paid Programs						Ray Charles		Marvin Gaye		James Brown		Martin Luther King Jr.: One Man and His Dream			Autopsy-Last		
SCI	193	Shipwreck Secrets		Shipwreck Secrets		Universe Works		Universe Works		Unearthed		Unearthed		Strange Evidence		What on Earth?			
SMITH	367	Mighty Cruise Ships		Mighty Cruise Ships		Aerial America		Aerial America		Aerial America		Lost City of Gladiators		Pompeii: The Dead Speak					
SUNDY	386	Bite the Bullet ('75) (:10)		Legend of the Golden Gun ('79, Western)		(:15) Earth vs. the Flying Saucers ★★★ ('56)		It Came From Beneath the Sea (:25)				20 Million Miles to Earth ('57)							
SONY-E	358	American Psycho ('00, Horror) <i>Christian Bale</i>		Heroes		Heroes		Heroes		Heroes		Heroes		Law Order: CI		Law Order: CI			
SYFY	122	Cucuy		Twi. Zone		Twi. Zone		Stickman ('17, Suspense) <i>Alanna Bale</i>			Fantastic Four ('05, Action) <i>Ioan Gruffudd</i>		Fantastic Four: Rise of the Silver Surfer ('07)						
TBN	260	Behind	Jordan	Church	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen		
TBS	139	What Happens		Matters		Matters		George		George		George		Broke Girl		Broke Girl			
TCM	132	The 47 Ronin ('41, Drama) <i>Chôjirô Kawarasaki</i>		The World, the Flesh and the Devil ('59)						Intruder in the Dust ('49, Drama)		One Potato, Two Potato ('64)		The Defiant Ones					
TLC	183	Fat Fabulous		Fat Fabulous		Say Yes UK		Pregnant		Pregnant		Pregnant		1000-Lb. Sisters		1000-Lb. Sisters			
TMC-W	329	(:10) Hustle & Flow ★★★ ('05, Drama) 'R'		(:10) Son of a Gun ('15, Suspense) 'R'						The Golden Child ('86) 'PG-13' (:35)				The Company Men ('10, Drama) 'R'		Grandpa			
TNT	138	Charmed		Charmed		Charmed <i>Just Harried</i>		Charmed		Charmed <i>Pre-Witched</i>		Creed ★★★ ('15, Drama) <i>Michael B. Jordan</i>		Creed II					
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers			
TRVL	196	Paid Programs						Beyond the Unknown				Beyond the Unknown		Beyond the Unknown		Beyond the Unknown			
TVLND	106	Roseanne	Roseanne	Goldbergs	Goldbergs	Paid Programs						M*A*S*H		M*A*S*H		M*A*S*H			
UP	188	Paid Programs						Heartland		Heartland		Heartland <i>Jackpot!</i>		Little House on Prairie		Little House on Prairie			
USA	105	Law & Order: SVU		Law & Order: SVU		Chicago Fire <i>Always</i> (N)		Chicago Fire <i>Wow Me</i> (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)			
WE	128	Mama June- Not to Hot		Paid Programs						Law & Order <i>Darwinian</i>		Law & Order <i>Payback</i>							

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)			
CBS-E	CBS Overnight News (N)		News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right (N)			
CW-E	Local Programs						Local Programs						Local Programs					
FOX-E	Local Programs						Local Programs						Local Programs		Local Programs			
NBC-E	Local Programs						Local Programs				Today (N)		Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	Peter Gunn	Peter Gunn	Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me	Beaver	Beaver	Perry Mason	Matlock	In the Heat of Night					
ABC-W	Local Programs		ABC World News Now (N)				Morning		Morning		Morning		Morning		Good Morning America (N)			
CBS-W	Local Programs		CBS Overnight News (N)				News		News		News		News		CBS Mornings (N)			
CW-W	Local Programs						Local Programs						Local Programs					
FOX-W	Local Programs						Local Programs						Local Programs		Local Programs			
NBC-W	Local Programs		Meet the Press		Early Tdy		Local Programs				Local Programs		Today (N)					
PBS	Big Pacific <i>Violent</i>		Finding Your Roots		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

EASTERN		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30					
CENTRAL		11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30					
MOUNTAIN		10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30					
PACIFIC		9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30					
PREMIUM MOVIES																						
HBO	HBO-E 310	Chaplin '92, Biography 'PG-13'			Space Jam: A New Legacy ★★ ('21) 'PG'			I, Robot '04, Science Fiction 'Will Smith' 'PG-13'			Gemstones			King in the Wilderness '18) 'NR'								
	HBO2 312	Reservation Road '07) 'What's My Name: Muhammad Ali			What's My Name: Muhammad Ali			Gemstones			Phone Booth ★★ ('02) 'R'			Promising Young Woman '20, Comedy 'R'								
	HBO5 314	Gone Baby Gone '07, Mystery 'R'			Anna Karenina ★★★ ('12, Romance) 'R'			Laws of Attraction '04) 'PG-13'			All My Life '20) 'G'			Shiva Baby '20, Comedy 'NR'								
	HBOF 315	Hitchhiker '39) Epic ★★★ ('13, Children's) 'PG'			We Are the Dream			Percy Jackson: Sea of Monsters '07) Dolphin Tale ★★★ ('11, Children's) 'PG'			Dr. Dolittle 2 '01)											
MAX	MAX 307	Dark Half '28) Volunteers '85, Comedy 'Tom Hanks' 'R'			The Tuxedo '02) 'PG-13'			The Falcon and the Snowman '85) 'R'			Losing Isaiah ★★★ ('95, Drama) 'R'											
	5MAX 308	Norbit '32) Irresistible '20, Comedy 'R'			The Purge '13, Suspense) 'R'			Beverly Hills Cop '84, Comedy) 'R'			The Faculty '98, Horror) 'R'			Employee-Mnth								
	MMAX 309	Rabbit Hole '10) Birthday Girl ★★★ ('01) 'R'			Two Girls and a Guy '97) 'R'			2 Minutes of Fame '20) 'R'			Private Parts ★★★ ('97, Biography) 'R'			Airheads								
SHOWTIME	SHO-E 318	Kobe 21 Bridges ★★★ ('19, Action) 'R'			The Manchurian Candidate '04, Suspense) 'R'			Philadelphia '93, Drama 'Tom Hanks' 'PG-13'			Lee Daniels' The Butler '13)											
	SHO2 320	Shameless			Shameless			Shameless			Shameless			Shameless Ouroboros			Shameless Ride or Die			Shameless		
	SHOBET 321	Moonlight '16) 'R'			Scary Movie V ★ ('13) 'PG-13'			Gridiron Gang '06, Crime Drama) 'PG-13'			Step Up Revolution '12)			The Last Tree '19, Drama) 'NR'								
	SHOX 322	Crisis '21) Mine 9 '19, Drama) 'NR'			The Guest '14, Action) 'R'			The Mauritanian ★★★ ('21, Drama) 'Jodie Foster' 'R'			Misery ★★★ ('90, Horror) 'James Caan' 'R'											
	SHOS 323	Women '40) Titanic ★★★ ('97, Historical Drama) 'Leonardo DiCaprio' 'PG-13'			Ricky Powell: The Individualist '20) 'NR'			Rolling Like Thunder			Fear-Hat											
TMC 327	Amy '15, Documentary) 'Tony Bennett' 'R'			Waves '19, Drama) 'Kelvin Harrison Jr.' 'R'			Morris From America '16) 'R'			Beauty Shop '05, Comedy) 'PG-13'												
FLIX-E 333	05) Crash '04, Drama) 'Sandra Bullock' 'R'			The Last Picture Show '71, Drama) 'R'			Paper Moon ★★★ ('73, Comedy) 'PG'			Hoosiers '86, Drama) 'Gene Hackman' 'PG'												
STARZ	ENCR-E 340	American Hustle '13) The Pursuit of Happiness '06) 'PG-13'			Hope Floats ★ ('98, Romance) 'PG-13'			Mamma Mia! '08) 'Meryl Streep' 'PG-13'			Rudy '93) 'PG'											
	STARZ-E 350	Power Book II: Ghost (12:59) Iron Man 3 '13, Action) 'PG-13'			28 Days '00, Comedy-Drama) 'PG-13'			Little Women ★★★ ('19, Drama) 'Saoirse Ronan' 'PG'			Someone											
	STRZED 352	Tin Cup '96) 'R'			Radio '03, Drama) 'PG'			Forrest Gump '94, Comedy-Drama) 'Tom Hanks' 'PG-13'			Walk Hard: The Dewey Cox Story '43) Tin Cup '96, Comedy) 'R'											
	STRZCI 353	Mr. Church '16, Drama) 'PG-13'			Tazmanian Devil '20, Drama) 'NR'			12 O'Clock Boys '13) 'NR'			Emperor '20) 'PG-13'			All Joking Aside '19) 'NR'								
STRZCO 354	The New Guy '02) Spanglish '04, Comedy-Drama) 'Adam Sandler' 'PG-13'			Aliens Ate My Homework (4:54) The Good Dinosaur '15)			The New Guy ★ ('02) 'PG-13'															
EPIX	EPIX 380	Gemini Man ★★ ('19, Action) Godfather of Harlem			Godfather of Harlem			Godfather of Harlem			Godfather of Harlem			Godfather of Harlem								
	EPIX2 381	Enslaved			Enslaved '45) Enslaved			Enslaved '40) Enslaved			Enslaved Resistance			Enslaved Abolition (2:25) Amistad '97, Historical Drama) 'Morgan Freeman'								
	EPIXX 382	Pain & Gain ★★ ('13, Action) Charlie's Angels '00, Action) Breaking News in Yuba County '40) Real Genius '85, Comedy) 'Val Kilmer'			The Stepford Wives '04)																	
	EPIXDR 292	1:15) Star Trek II: The Wrath of Khan '82)			1:15) Star Trek III: The Search for Spock '84)			0:05) Star Trek IV: The Voyage Home '86)			1:10) Star Trek V: The Final Frontier ★★ ('89)											
AMERICA'S TOP PROGRAMMING																						
A&E 118	King		King		King		King		King		King		King		King		King					
AHC 195	CIA Declassified		CIA Declassified		CIA Declassified		Spies Declassified		Spies Declassified		Spies Declassified		Apocalypse: Hitler		Apocalypse: Hitler							
AMC 131	Batman ★★★ ('89, Action) 'Jack Nicholson'			Batman Returns ★★ ('92, Action) 'Michael Keaton, Danny DeVito'			Beetlejuice '88, Comedy) 'Michael Keaton'			Men in Black '97)												
APL 184	Tanked		Pit Bulls and Parolees		Pit Bulls and Parolees		Lone Star Law		Last Frontier		Last Frontier		Last Frontier		Last Frontier							
AXSTV 167	Yes: Live at The Apollo			The Who: Tommy: Royal Albert			Year-Music		Year-Music		Top Ten		Top Ten		Top Ten		Top Ten					
BCCA 135	Ender's Game '13, Science Fiction) Coming of Age '93, Drama) 'Marion Gillesen, Jan Rubes'			The Outsiders ★★ ('83, Drama) 'Matt Dillon'			Stand by Me ★★★ ('86, Comedy-Drama)															
BET 124	Martin		Martin		Fences ★★ ('16, Drama) 'Denzel Washington, Viola Davis'			Marshall ★★ ('17, Historical Drama) 'Chadwick Boseman, Josh Gad'			TBA											
BOUNCE 359	Paternity			Miss Congeniality 2: Armed and Fabulous '05, Comedy)			Bringing Down the House '03, Comedy)			Tyler Perry's Why Did I Get Married? '07, Comedy-Drama) 'Tyler Perry'												
BRAVO 129	Below Deck			Below Deck			Below Deck			Below Deck			Below Deck (N)									
BUZZR 245	Match		Match		Concen.		Concen.		Password		Password		Super Pass, Tattletales		Press Luck		Whew!					
CIHD 249	Runaway		Runaway		Runaway		Runaway		Manhunters: Fugitive		Manhunters		Manhunters		Manhunters		Manhunters					
CMT 166	Mike		Mike		Mike		Mike		King		King		King		King		King					
CNBC 208	Fast Money Halftime			The Exchange (L)			Power Lunch (L)			Closing Bell (L)			Fast Money (L)			Mad Money (N)						
CNN 200	Ins. Politics			CNN Newsroom			CNN Newsroom			CNN Newsroom			Jake Tapper			Situation Room						
COM 107	South Park		South Park		South Park		South Park		Seinfeld		Seinfeld		Seinfeld		Seinfeld		The Office					
COMET 289	Embryo ★★ ('76) Mausoleum ★ ('83, Horror) 'Marjoe Gortner'			The Outer Limits			The Outer Limits			Glitch			Farscape			Farscape Family Ties						
COOK 113	Carn Eats		Carn Eats		Carn Eats		Carn Eats		Carn Eats		Carn Eats		Carn Eats		Carn Eats		Carn Eats					
DISC 182	Street Outlaws			Street Outlaws			Street Outlaws			Street Outlaws			Street Outlaws			Street Outlaws						
DFC 179	Pac-Man		Pac-Man		Littlest Pet		Pet Shop		Pet Shop		Pony Life		LittlePony		LittlePony		LittlePony					
DISN-E 172	Ladybug		Ladybug		Big City		Big City		Jessie		Jessie		Jessie		Jessie		Big City					
ENCR-W 341	Rudy ★★ ('93, Drama) 'Sean Astin' 'PG'			1:51) American Hustle '13, Crime Drama) 'R'			1:11) The Pursuit of Happiness '06) 'PG-13'			1:12) Hope Floats ★ ('98, Romance) 'PG-13'												
EWESTN 342	Return '37) The Guns of Fort Petticoat			The Deputy			Wanted ... (2:56) Wagon Train			Laramie			Death Vall.			Fargo						
EACTN 343	Arena '11, Action) 'R'			1:10) Beneath Us '19, Horror) 'R'			3:38) Tremors: A Cold Day in Hell '18) 'PG-13'			1:18) Hero Wanted '08) 'R'			5:55) The Newton Boys ★★ ('98) 'PG-13'									
ESUSP 344	Once Upon a Time in America 'R'			2:25) The Kid Detective '20) 'R'			0:07) Sicario: Day of the Soldado '18) 'R'			1:12) Basic '03, Suspense) 'John Travolta' 'R'			6:53) Fallen '98) 'R'									
EBLACK 345	The 24th '20) 'Trai Byers' 'NR'			3:39) Mother and Child '09, Drama) 'Naomi Watts' 'R'			3:49) A Girl Like Grace '15) 'NR'			2:26) aTypical Wednesday '20)			Malcolm			Malcolm						
ECLASS 346	State of Play '09) 'PG-13'			1:17) Johnson County War '02)			2:49) Johnson County War '02)			2:21) The Fan '96, Suspense) 'Robert De Niro' 'R'			2:20) Stomp the Yard '07) 'PG-13'									
EFAMILY 347	East Side Sushi '14)			1:10) Hero Mode '21, Comedy) 'PG'			1:40) Jimmy Neutron: Boy Genius			0:05) Grace Unplugged ★ ('13, Drama) 'PG'			5:49) Tomorrowland '15, Science Fiction) 'PG'									
ESPN 140	SportsCenter (L)			SportsCenter (L)			This Just In (L)			NBA Today (L)			NFL Live (L)			Around						
ESPN2 143	First Take			2022 Australian Open Tennis			Women's College Basketball: Huskies at Ducks			SportsCenter (L)												
EWTN 261	Daily Mass			Women of At Home			Called to Communion			Chaplet			Rosary			Catholic						
FETV 82	Bewitched		Bewitched		Wagon Train		Rawhide		Rawhide		Perry Mason		Perry Mason		Perry Mason		Matlock (Part 1 of 2)					
FNC 205	Outnumbered (L)			America Reports With John Roberts			The Story With Martha			Your World W/ Cavuto			The Five (L)			Special Report						
FOOD 110	The Kitchen		The Kitchen		Chopped		Chopped		Chopped		Chopped		Chopped		Chopped		Chopped					
FREFM 180	The Pacifier '05)			The Game Plan '07, Children's) 'Dwayne The Rock Johnson'			Home Alone 2: Lost in New York ★★ ('92, Children's)			The Office			The Office			The Office						
F51 150	The Herd with Colin Cowherd (L)						Speak for Yourself (L)						Fox Bet		Skip and Shannon: Undisputed		Westminster Dog Show					

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	◀The Art of Racing in the Rain ★★ ('19)				The Hate U Give ★★★ ('18, Crime Drama) <i>Amandla Stenberg</i>				BlackKkLansman ('18, Comedy-Drama) <i>John David Washington</i>											
FXM	384	◀Carmen Jones ('54, Musical) 'NR' ('20)				The Book of Life ('14) 'PG'				The House With a Clock in Its Walls ('18) (4:55) The Peanuts Movie ('15) 'G'				Hotel Transylvania 3: Vacation							
FXH	125	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Futurama	Futurama	Futurama	Futurama	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons					
GETTV	373	The Rockford Files		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Kojak		The Corrupter		Kojak Dark Sunday					
GMSHW	116	Deal or No Deal		Match		Match		FamFeud		Catch 21		The Chase		America		Tug					
GOLF	401	Golf Today (L)				Golf Today				Golf C'tral		LPGA		Golf		Lessons					
GRIT	217	Laramie		The Betrayers		Laramie		Death Vall.		Death Vall.		Death Vall.		Death Vall.		The Deputy		The Deputy			
HALL	185	Frozen in Love ('18, Romance-Comedy)				Winter Love Story ('19, Romance) <i>Jen Lilley</i>				The Perfect Pairing ('22, Romance)				Taking a Shot at Love ('21, Romance)							
HALLDR	186	◀Mother's Day		A Day for Thanks on Walton's Mountain				A Walton Thanksgiving Reunion ('93, Drama)				A Walton Wedding ★★ ('95, Drama)				A Walton Easter ('97)					
HALLMV	187	◀Morning		Morning Show				Mysteries <i>A Murder in Mind</i>				Morning Show				Mysteries <i>Death by Design</i>		Morning			
HDMOV	130	◀Fort Massacre ('58)		(:10) House of Quarantine ('20)		(:40) Man of the West ★★★ ('58, Western)		(:25) American History X ('98, Drama)		Duel at Diablo ('66, Western)											
HGTV	112	Ugliest House		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It					
HIST	120	Black Patriots: Heroes		Air-Courage		Fight the Power: The		Rise Up: The Movement		Tulsa Burning: The 1921 Race Massacre		American Pickers		American Pickers							
ID	192	Cold Blooded Alaska		Cold Blooded Alaska		Cold Blooded Alaska		Cold Blooded Alaska		Cold Blooded Alaska		Cold Blooded Alaska		Cold Blooded Alaska		Cold Blooded Alaska					
IFC	133	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Two Men	Two Men	Two Men	Two Men			
LAFF	237	Nt. Court		Nt. Court		Videos		Videos		Videos		Videos		"70s Show		"70s Show		"70s Show			
LIFE	108	The Closer		The Closer		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Castle		Castle		Castle					
LMN	109	The Wrong Cheerleader ('19, Drama)				The Wrong Boy Next Door ('19, Suspense)				The Wrong Housesitter ('20, Suspense)				The Wrong Real Estate Agent ('21, Drama)							
MAGN	111	Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters					
MGMHD	385	◀Boxcar		(:40) Cutter's Way ★★★ ('81, Suspense) <i>Jeff Bridges</i>		The Basketball Diaries ★★ ('95, Drama)				(:15) Across 110th Street ('72, Crime Drama) <i>Anthony Quinn</i>				Posse ('93)							
MOTOR	246	Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection					
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)				The Beat With		The ReidOut (L)					
NATGEO	197	The '80s: Top Ten		The '80s: Top Ten		The '80s: Top Ten		Toys		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero			
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Cesar Millan		Cesar Millan		Cesar Millan		Cesar Millan		Cesar Millan		The Incredible Dr. Pol (N)			
OUTD	396	Unfathom		A Fishing		Territories		Lindsey		Hunt		The One		Fishing		Bill Dance		Buck.			
OWN	189	Dr. Phil		Court		Court		Court		Court		Court		Dr. Phil		Dr. Phil		Dr. Phil			
OXYG	127	Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped			
PARMT	241	Raiders of the Lost Ark ('81, Adventure) <i>Harrison Ford</i>				Indiana Jones and the Temple of Doom ('84, Adventure)				Indiana Jones and the Last Crusade ('89, Adventure) <i>Harrison Ford</i>											
POP	117	◀Runaway Jury ('03)		Heat ★★★ ('95, Crime Drama) <i>Al Pacino, Robert De Niro</i>				The Fugitive ★★★ ('93, Suspense) <i>Harrison Ford, Tommy Lee Jones</i>													
REELZ	299	Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops			
SCI	193	What on Earth?		Mysteries-Abandoned		Mysteries-Abandoned		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown			
SMITH	367	Air Warriors		Air Warriors		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters			
SONY	386	(:05) First Men in the Moon ('64) <i>Edward Judd</i>		(:05) The 7th Voyage of Sinbad ('58, Fantasy)				(3:50) The Golden Voyage of Sinbad ('73)				(5:50) Sinbad and the Eye of the Tiger ('77)									
SUND-E	358	Law Order: Cl		Law Order: Cl		Law Order: Cl		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS			
SYFY	122	Land of the Lost ('09, Comedy) <i>Will Ferrell</i>				How to Train Your Dragon ('10, Children's)				Shrek 2 ('04, Children's) <i>Voices of Mike Myers</i>				Resident Alien <i>Pilot</i>		Resident Alien <i>Homesick</i>					
TBN	260	R. Jeffress		Robert		Joyce M.		Together		Robison		Wommack		The 700 Club		David		Business			
TBS	139	Friends		Friends		Friends		Friends		Barbershop 3 ★★★ ('16, Comedy) <i>Ice Cube</i>				(:15) Coach Carter ★★★ ('05, Drama) <i>Samuel L. Jackson</i>				Black Panther ('18)			
TCM	132	◀The Defiant Ones				Gordon Parks: Moments				(:15) The Learning Tree ★★★ ('69, Drama)				(:15) Sounder ('72, Drama) <i>Cicely Tyson</i>				(:15) Nothing But a Man ★★★ ('64, Drama)			
TLC	183	1000-Lb. Sisters		1000-Lb. Sisters		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		David &		Loren & Al			
TMC-W	329	◀War Grandpa		(:05) Beauty Shop ('05, Comedy) 'PG-13'		Amy ('15, Documentary) <i>Tony Bennett 'R'</i>				(:10) Waves ('19, Drama) <i>Kelvin Harrison Jr. 'R'</i>				Morris							
TNT	138	◀Creed II ★★★ ('18, Drama) <i>Michael B. Jordan</i>				NBA Tip-Off (L)				NBA Basketball <i>Chicago Bulls at Memphis Grizzlies (L)</i>				NBA Basketball: Bucks at Hawks							
TRU	242	Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers			
TRVL	196	Beyond the Unknown				Beyond the Unknown				Beyond the Unknown				Beyond the Unknown				Beyond the Unknown			
TVLND	106	M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H			
UP	188	Little House on Prairie				Little House on Prairie				Gilmore Girls				Gilmore Girls				Gilmore Girls			
USA	105	Chicago Fire (N)		Chicago Fire <i>Chopper</i> (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)			
WE	128	Law & Order		Law & Order <i>City Hall</i>		Law & Order		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		News		Local Programs							
CBS-E	Local Prog./Young & Restless		Bold		The Talk (N)		Let's Make a Deal (N)		Local Programs		Local Programs		News							
CW-E	Local Programs				Local Programs		Local Programs		Local Programs		Local Programs									
FOX-E	📶 College Basketball <i>Purdue at Illinois (L)</i>				Hoops		📶 College Basketball Teams <i>TBA (L)</i>				Local Programs		Local Prog.							
NBC-E	Local Programs		Days of our Lives (N)		Local Programs				Local Prog./News		Local Programs									
MEV	247*	The Waltons		Gunsmoke		Gunsmoke		Bonanza		Rifeman		Rifeman		Wagon Train		Adam-12		Adam-12		
ABC-W	Local Programs		The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs							
CBS-W	Local Programs		The Price Is Right (N)		Young & Restless		Local Prog./Bold		The Talk (N)		Let's Make a Deal (N)		Local Programs							
CW-W	Local Programs				Local Programs		Local Programs		Local Programs		Local Programs		Local Programs							
FOX-W	📶 College Basketball <i>Purdue at Illinois (L)</i>				Hoops		📶 College Basketball Teams <i>TBA (L)</i>				Local Programs		Local Prog.							
NBC-W	Today 3rd Hour (N)		Today-Hoda		Local Programs				Days of our Lives (N)		Local Programs									
PBS	Dinosaur		Clifford		Sesame St.		Donkey		Tiger		Go Luna		Nature Cat		Wild Kratts		Almas		Xavier	

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
PREMIUM MOVIES																	
HBO	HBO-E 310	Mortal Kombat ('21, Action) Lewis Tan 'R' (9:50) Euphoria				(10:50) Cloverfield ('08) 'PG-13' (20) Greenland ★★ ('20, Action) 'PG-13' (20) The Mummy ('99) 'PG-13'											
	HBO2 312	Best in Show ('00) 'PG-13'		A Mighty Wind ('03) 'PG-13'		(05) For Your Consideration ('06) (35) Enough Said ('13) 'PG-13' (10) Nobody Walks ('12) 'R'			Humpday								
	HBO5 314	Euphoria (N)		High-Rise ('15, Comedy) Tom Hiddleston 'R'				The Wolverine ★★ ('13, Action) 'PG-13' (10) The Hitman's Wife's Bodyguard ('21) 'R' (25) Waiting ... ('05)									
	HBOF 315	Dr. Do 2 (28) The Aviator ★★ ('04, Biography) Leonardo DiCaprio 'PG-13' (19) Shall We Dance? ('04) 'PG-13' (06) Bend It Like Beckham ('02) 'PG-13'							The New Mutants								
MAX	MAX 307	Hacksaw Ridge ★★ ('16, War) Andrew Garfield 'R' (20) Hart's War ('02, War) Bruce Willis 'R' (25) Gangs of New York ('02, Historical Drama) 'R' (13) Body Brokers ('21)															
	5MAX 308	Employee-Mnth		Lars and the Real Girl ★★ ('07) 'PG-13' (10:47) The Secret Life of Bees		The Personal History of David Copperfield (37) The Legend of Hercules ('14)											
	MMAX 309	Airheads ('94) 'PG-13'		This Is 40 ★★ ('12, Romance-Comedy) 'R' (14) Ted ('12, Comedy) Mark Wahlberg 'R'		The King of Staten Island ('20, Comedy-Drama) 'R'			Wall St.								
SHOWTIME	SHO-E 318	Lee-Butler		Billions Victory Smoke		Billions		Yellowjackets		Django Unchained ★★ ('12, Western) Jamie Foxx 'R' (45) Get Rich or Die Tryin' ('05) 'R'							
	SHO2 320	Shameless		Yellowjackets		Gladiator ('00, Historical Drama) Russell Crowe 'R' (35) Yellowjackets (35) Pulp Fiction ('94, Crime Drama) John Travolta 'R'											
	SHOBET 321	Moonlight ('16, Drama) Mahershala Ali 'R'		Fruittvale Station ('13) 'R'		The Last Black Man in San Francisco ('19) 'R'			Bacurau ('19, Suspense) Sonia Braga 'NR'		In Fabric						
	SHOX 322	Total Recall ★★ ('90, Science Fiction) 'R'				Best of All the Smoke		Boxing 2021: Nonito Donaire vs. Reymart Gaballo From Dec. 11, 2021. (N)			Serpico ('73, Crime Drama) 'R'						
	SHOS 323	Fear of a Black Hat Richard Pryor-Sunset Strip				You're Watching Video Music Box (12:05) Hereditary ('18, Horror) Toni Collette 'R' (15) Zack and Miri Make a Porno ('08) 'R'											
	TMC 327	Dreamland ('19, Drama) 'R'		(45) Woman Walks Ahead ('17, Western) 'R'		First Cow ('19, Western) John Magaro 'PG-13' (35) Beanpole ('19, Drama) Viktoria Miroshnichenko 'NR'											
	FLIX-E 333	Dark Skies ★★ ('13) 'PG-13'		(45) Byzantium ★★ ('12, Horror) 'R'		(45) The Yards ★★ ('00, Crime Drama) 'R' (45) Spring Breakers ★★ ('12, Comedy) 'R'			Midnight								
STARZ	ENCR-E 340	Rudy ('93) 'PG'		Love, Weddings		(40) Peggy Sue Got Married ('86) 'PG-13' (28) Grown Ups 2 ★ ('13) 'PG-13' (12) Billy Brown ★★ ('12, Drama) 'R'											
	STARZ-E 350	Someone Like You Naked Singularity ('21, Action) 'R'		Power Book II: Ghost (40) Iron Man 3 ('13, Action) Robert Downey Jr. 'PG-13'		Power Book II: Ghost (2:58) Red Dawn ('84)											
	STRZED 352	Tin Cup ('96) 'R'		The Misfits ('21, Action) 'R'		(37) Forrest Gump ('94, Comedy-Drama) Tom Hanks 'PG-13' (02) The Last Vermeer ('19, Drama) 'R' (03) Piranha 3D ('10)											
	STRZCI 353	Tazmanian Devil ('20, Drama) 'NR'		Mr. Church ('16, Drama) Eddie Murphy 'PG-13' (11:48) Emperor ('20) 'PG-13'		The Broken Hearts Gallery ('20) 'PG-13'			Hands								
	STRZCO 354	Going the Distance ('10) 'R'		(45) Spanglish ('04, Comedy-Drama) Adam Sandler 'PG-13'		How to Deter a Robber ('20) 'NR' (29) Nine Months ★★ ('95, Comedy) 'PG-13'			Babysplit								
EPIX	EPIX 380	Godfather of Harlem		Godfather of Harlem		Godfather of Harlem (10:50) Flight ('12, Drama) Denzel Washington (10) Devil in a Blue Dress ('95, Mystery)		Britannia			Hell						
	EPIX2 381	The Hunger Games ('12, Science Fiction) Jennifer Lawrence (25) The Hunger Games: Catching Fire ★★ ('13)		The Hunger Games: Mockingjay, Part 1 ('14)			Hunger Games										
	EPIXH 382	Bill & Ted Face the Music ('20) (35) A Night at the Roxbury ('98) Coneheads ★★ ('93, Comedy)		The Stepford Wives ('04, Comedy)			Temptation: Confessions o										
	EPIXDR 292	Star Trek VI: The Undiscovered Country ('91) (9:50) Star Trek Generations ★★ ('94) (11:50) Star Trek: First Contact (45) Star Trek: Insurrection ('98, Science Fiction)		Star Trek													
AMERICA'S TOP PROGRAMMING																	
A&E 118	Court Cam		Court Cam		Court Cam		Court Cam		Court Cam		Court Cam		Court Cam		Court Cam		
AHC 195	World War II in Color		WWII: Witness to War		WWII: Witness to War		World War II in Color		World War II in Color		WWII: Witness to War		WWII: Witness to War		World War II in Color		
AMC 131	Men in Black ('97)		Men in Black II ('02, Action) Tommy Lee Jones		Men in Black 3 ★★ ('12, Action) Will Smith			Judge Dredd ('95, Action) Sylvester Stallone			Walking						
APL 184	Alaska: The Last Frontier: The Frozen Edge (N)		Alaska		Alaska (05) Alaska: The Last Frontier: The Frozen Edge		Last Frontier		Alaska		Alaska: The Last Frontier						
AXSTV 167	Nothing but Trailers (N) Slave Trade: How Prince Re-made the Music Business ('14) Beyonce: On Top Jimi Hendrix: Trapped in Amber Nothing but Trailers																
BCBA 135	The Outsiders ★★ ('83, Drama) Matt Dillon		Stand by Me ★★ ('86, Comedy-Drama)		The Maze Runner ('14, Science Fiction) Dylan O'Brien			Star Trek: Next		Star Trek							
BET 124	Proud Mary ★★ ('18, Action) Taraji P. Henson, Billy Brown		Martin		Martin		Martin		Martin		Martin		Husbands		Husbands		
BOUNCE 359	The 30th Annual Trumpet Awards				The 30th Annual Trumpet Awards				Selma ★★ ('14, Historical Drama) David Oyelowo, Tom Wilkinson				29th Trumpet Awards				
BRAVO 129	Below Deck (N)		Summer House (N)		Below Deck		Summer House		Winter House		Below Deck		Below Deck		Summer Watch		
BUZZR 245	Concentrat		Password		Sweep		Card		Match-Squares		Concen.		Concen.		FamFeud FamFeud		
CIHD 249	The Big House Angola		The Big House		The Big House		The Big House		The Big House Angola		The Big House		The Big House		The Big House		
CMT 166	Last Man		Last Man		Mom		Mom		Mom		Mom		Mom		Reba Reba Reba Reba Reba Reba Housewife Housewife		
CNBC 208	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shepard Smith		American Greed		Dateline Devil's Bathub		Dateline		
CNN 200	Anderson Cooper 360 (L)		Anderson Cooper 360 (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		Anderson Cooper 360		Don Lemon Tonight		Don Lemon Tonight		
COM 107	The Office		The Office		The Office		The Office		Daily Show		Seinfeld		Seinfeld		The Daily Show South Park South Park South Park		
COMET 289	Quantum Leap		Quantum Leap		The X-Files Hell Money		The X-Files		The X-Files Avatar		Sliders		Sliders		Paid Programs		
COOK 113	Delicious		Delicious		Zimmern		Zimmern		Delicious		Delicious		Zimmern		Zimmern		
DISC 182	Street Outlaws (N)																
DFC 179	Dream		Dream		Dream		Dream		Dream		Dream		Dream		Buddy's Bakery Rescue Ultimate Cake Off		
DISN-E 172	Raven		Raven		Big City		Big City		Bunk'd		Bunk'd		Sydney		Raven Raven Jessie Jessie Liv-Mad. Liv-Mad. Austin Austin		
ENCR-W 341	(10) Mamma Mia! ('08) Meryl Streep 'PG-13' (02) Rudy ★★ ('93, Drama) Sean Astin 'PG'		Love, Weddings			(40) Peggy Sue Got Married ('86) 'PG-13' (40) Grown 2											
EWESTN 342	(10) Wanted (42) The Guns of Fort Petticoat (05) Broken Lance ('54) 'NR' (42) Love Me Tender ('56) 'NR' (13) Wagon Train (03) The Bravos ('72, Western) 'NR' (41) Maverick																
EACTN 343	Blue Streak ('99, Comedy) 'PG-13' (37) Arena ('11, Action) 'R' (14) Hero Wanted ('08, Suspense) 'R' (12:52) Hardwired ★ ('09) 'R' (28) Empire State ('13, Action) 'R'																
ESUSP 344	Fallen ★★ ('98) 'R' Mom and Dad ('17, Horror) 'R' (28) Sicario: Day of the Soldado ('18) 'R' (35) Along Came a Spider ('01, Mystery) 'R' (21) Pet Sematary Two ('92) 'R'																
EBLACK 345	The 24th ('20) Trai Byers 'NR' (45) Facing Ali ★★ ('09, Documentary) 'R' (28) Men of Honor ★★ ('00, Biography) 'R' (41) Down to Earth ('01) 'PG-13' (11) A Girl Like Grace																
ECLASS 346	Stomp (17) Can't Hardly Wait ★★ ('98) Rescue Me Immortal (13) Damages (12:08) Accepted ('06) 'PG-13' (43) Zero Dark Thirty ('12, Drama) Jessica Chastain 'R'																
EFAMILY 347	Hero Mode ('21, Comedy) 'PG'		The Wishmas Tree ('19) 'NR'		Born Wild		Charmers		Charmers (37) The Red Stallion ('47) 'NR' (1:58) Camp Arrowhead ('20) 'NR'		12 Dogs						
ESPN 140	NFL Football Wild Card: Teams TBA (L)				Postgame		SportsCenter		SportsCenter (L)		SportsCenter		SportsCenter		SportCtr		
ESPN2 143	(15) Monday Night Football With Peyton and Eli NFL Wild Card Game (L)				Postgame		2022 Australian Open Tennis First Round (L)		Around		Interruption		UFC Archival				
EWTN 261	The Journey Home (N) News		Rosary		World Over Live		Battle		Women of		Daily Mass		The Journey Home		News Vincent Foy The Journey Home		
FETV 82	Perry Mason		Perry Mason		Mannix A Step in Time		Mannix		B. Miller		B. Miller		Maude		Maude Bewitched Beaver Beaver		
FNC 205	Tucker Carlson Tonight (L) Hannity (L)		The Ingraham Angle (L) Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle						
FOOD 110	Kids Baking		The Big Bake (N)		The Big Bake		Chopped Pickle Panic		Kids Baking		The Big Bake		The Big Bake		Chopped Pickle Panic		
FREFM 180	The Office		The Office		The Office		The Office		The 700 Club		Simpsons		Simpsons		Simpsons		
F51 150	145th Westminster Kennel Club Dog Show Day 1				College Basketball Purdue at Illinois				College Basketball Teams TBA				TMZ (N)		Greatest Races		

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Hidden Figures ★★★ ('16, Historical Drama) <i>Taraji P. Henson</i>						Hidden Figures ★★★ ('16, Historical Drama) <i>Taraji P. Henson</i>						Mom	Mom	Paid Programs			
FXM	384	Hotel 3 (35)			Hotel Transylvania 3: Summer Vacation			The Peanuts Movie ('15) 'G'			(12:15) The House With a Clock in Its Walls			(10) Snatched ('17, Comedy) <i>Amy Schumer</i> 'R'					
FX	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Cleveland	Cleveland	Cleveland	Cleveland	Archer	Archer	Archer	Archer		
GETT	373	The Rockford Files	Charlie's Angels	Charlie's Angels	Charlie's Angels	Hart to Hart	Hart to Hart	Hart to Hart	All/Family	All/Family	All/Family	All/Family	Sanford	Sanford	Sanford	Good Time	Good Time		
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided			
GOLF	401	PGA Tour Golf <i>Sony Open in Hawaii, Final Round</i>									Golf C'tral	LPGA	PGA Tour Golf <i>Sony Open in Hawaii, Final Round</i>						
GRIT	217	Barbarosa ★★★ ('82, Western) <i>Willie Nelson</i>			The Quick Gun ('64, Western) <i>Audie Murphy</i>			Gun Smoke ★★ ('35, Western) <i>Buck Coburn</i>			Gunpoint ★★ ('66, Western) <i>Audie Murphy</i>								
HALL	185	Winter in Veil ('20, Drama) <i>Lacey Chabert</i>			Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier		
HALLDR	186	A Walton Easter ('97)			The Lost Valentine ★★ ('11, Drama)			The Waltons	The Waltons	The Waltons	The Waltons	The Waltons	The Waltons	The Waltons	<i>The Vigil</i>	Little House on Prairie			
HALLMV	187	Morning			Redemption in Cherry Springs ('21, Mystery)			Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Monk	Monk	Monk	Monk	Monk	Monk		
HMMOV	130	Duel/Diabl			Broken Star ('18, Suspense)			(10) Agony ('20, Suspense) <i>Asia Argento</i>			(12:15) Broken Star ('18, Suspense) <i>Tyler Labine</i>			(1:55) Agony ('20, Suspense) <i>Asia Argento</i>					
HGTV	112	Love It or List It		Tough Love With Hilary		Love It or List It		Love It or List It		Tough Love With Hilary		Love It or List It		Love It or List It		Love It or List It			
HIST	120	American Pickers		(02) American Pickers		(05) American Pickers		(05) American Pickers		(12:03) American Pickers		(05) American Pickers		(08) American Pickers		(08) American Pickers			
ID	192	TBA			Cold Blooded Alaska (N)			TBA			Cold Blooded Alaska			TBA		TBA			
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock		
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	How I Met	How I Met	Nt. Court	Nt. Court	Videos	Videos	Paid Programs			
LIFE	108	Castle		Castle		(03) Castle		(03) Castle		(12:01) Castle		Castle		(04) Castle		(04) Castle			
LMN	109	The Wrong Blind Date ('22, Suspense)			The Wrong Prince Charming ('21, Suspense)			(12:01) The Wrong Blind Date ('22, Suspense)			The Wrong Prince Charming ('21, Suspense)								
MAGN	111	Maine Cabin Masters			Maine Cabin Masters (N)			Maine Cabin Masters			Maine Cabin Masters			Maine Cabin Masters			Maine Cabin Masters		
MGMHD	385	Posse ★★★ ('93, Western) <i>Mario Van Peebles</i>			(9:55) Hammer ★★ ('72, Crime Drama)			UHF ★★★ ('89, Comedy) <i>Weird Al Yankovic</i>			(1:15) Caveman ★★ ('81, Comedy) <i>Ringo Starr</i>								
MOTOR	246	Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection			
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word		The 11th Hour (L)		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes			
NATGEO	197	Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix			
NGWLD	190	The Incredible Dr. Pol (N)		The Incredible Dr. Pol		The Incredible Dr. Pol		Pop Goes the Vet		Pop Goes the Vet		Pop Goes the Vet		Pop Goes the Vet		Paid Programs			
OUTD	396	Fur Hat Ice/Dead (N)		Wicked Tuna		Wild Game/WildFed		Fur Hat Ice/Dead Meat		Wicked Tuna		Wild Game/WildFed		Fur Hat Ice/Dead Meat		Wicked Tuna <i>Fish Fight</i>			
OWN	189	Deadline: Crime			Deadline: Crime			Deadline: Crime			Deadline: Crime			Deadline: Crime					
OXYG	127	911 Crisis		911 Crisis		911 Crisis		911 Crisis		Dateline: Secrets Uncovered		Real Murders		Real Murders		Real Murders			
PARMT	241	Raiders of the Lost Ark ('81, Adventure) <i>Harrison Ford</i>			Indiana Jones and the Temple of Doom ('84, Adventure)			Indiana Jones and the Last Crusade ('89, Adventure) <i>Harrison Ford</i>											
POP	117	Runaway Jury ★★★ ('03, Suspense) <i>John Cusack, Gene Hackman</i>			The Fugitive ★★★ ('93, Suspense) <i>Harrison Ford, Tommy Lee Jones</i>			Heat ★★★ ('95, Crime Drama) <i>Al Pacino</i>											
REELZ	299	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Paid Programs		
SCI	193	Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X			
SMITH	367	Assassination Tapes		Smithsonian Time		America's Hidden		Air Warriors F-15		Assassination Tapes		Smithsonian Time		America's Hidden		America's Hidden			
SONY	386	Jason and the Argonauts ('63, Children's)			The 3 Worlds of Gulliver ('60, Children's)			(11:55) Jason and the Argonauts ★★ ('63)			(1:50) The 3 Worlds of Gulliver Casualties								
SUND-E	358	NCIS			Law & Order			NCIS			NCIS			Columbo		(45) Columbo			
SYFY	122	Resident Alien <i>Secrets</i>		Resident Alien		Resident Alien		Resident Alien		Resident Alien		Resident Alien		Resident Alien		Resident Alien			
TBN	260	Praise (N)		Cahn	McMa (N)	Discovering Love		Praise	Prince	Cahn	McManus	Discovering	Love	J. Rubin	Praise				
TBS	139	Black Panther ('18, Action) <i>Chadwick Boseman</i>			Wipeout			Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Wipeout		Wipeout		Wipeout			
TCM	132	American Revolution 2 ('69)		Black		The Murder of Fred Hampton		People's		American Revolution 2 ('69)		Social		The Murder of Fred Hampton		A Right			
TLC	183	Darcey & Stacey (N)		David &	Loren & Al	1000-Lb. Sisters (N)		Darcey & Stacey (N)		Darcey & Stacey		David &	Loren & Al	1000-Lb. Sisters		Darcey & Stacey			
TMC-W	329	Morris From America (05)			Beauty Shop ('05, Comedy) 'PG-13'			Dreamland ('19, Drama) 'R'			(45) Woman Walks Ahead ('17, Western) 'R'			First Cow ('19, Western) 'PG-13'					
TNT	138	Basketball			Inside the NBA			Beauty Shop		Snowpiercer		Coach Carter			★★★ ('05, Drama) <i>Samuel L. Jackson, Robert Ri'chard</i>				
TRU	242	Imp. Jokers		Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Harold & Kumar Go			(45) Harold & Kumar Escape From Guantanamo Bay								
TRVL	196	Mysteries of the Unknown (N)			Mysteries of the Unknown			Mysteries of the Unknown			Mysteries of the Unknown			Mysteries of the Unknown					
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Raymond	Raymond	Goldbergs	Goldbergs		
UP	188	Reba	Reba	Reba	Reba	Reba	Reba <i>Issues</i>	Reba	Reba	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Paid Programs			
USA	105	WWE Monday Night RAW (L)						Selma ★★★ ('14, Historical Drama) <i>David Oyelowo, Tom Wilkinson</i>						Law & Order: SVU		Law & Order: SVU			
WE	128	Criminal Minds		Criminal Minds		Criminal Minds <i>Scream</i>		Criminal Minds		Criminal Minds		Law Order: CI		Law Order: CI		Monk			

LOCAL NETWORKS

ABC-E	(15)	NFL Football <i>Wild Card: Teams TBA (L)</i>						Local Programs		Jimmy Kimmel Live!		Nightline (N)		Local Prog.		ABC World News Now (N)			
CBS-E	Neighbor	Bob Heart	NCIS		NCIS: Hawai'i		Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)				
CW-E	Naomi		4400 (N)				Local Programs												
FOX-E	9-1-1: Lone Star (N)			The Cleaning Lady (N)			Local Programs												
NBC-E	Kenan (N)	Kenan	That's My Jam (N)		Ordinary Joe (N)		Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Today-Hoda		Early Tdy	Local Prog.	
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone	Alfred Hitchcock Hour	(05) Mannix		(05) Cannon					
ABC-W	(15)	NFL Football <i>Wild Card: Teams TBA (L)</i>						Local Programs						Local Prog.		(35) Jimmy Kimmel Live!		Nightline (N)	
CBS-W	Local Programs		News		Local Programs				Neighbor		Bob Heart	NCIS		NCIS: Hawai'i		Local Prog.		Late Show-Colbert	Corden
CW-W	Local Programs						Naomi		4400 (N)				Local Programs						
FOX-W	Local Programs						9-1-1: Lone Star (N)		The Cleaning Lady (N)		Local Programs								
NBC-W	Local Prog.		News		Local Programs				Kenan (N)		Kenan	That's My Jam (N)		Ordinary Joe (N)		Local Prog.		Tonight Show-J. Fallon	Meyers
PBS	Antiques Roadshow (N)		Antiques Roadshow		Independent Lens (N)				Amanpour-Co		Antiques Roadshow		Antiques Roadshow		Breaking		Around the World		

	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E	310	Profile ★★ (18) 'R' (02) My Baby's Daddy ★★ (04) Flawless ★★★ (07, Crime Drama) 'PG-13' We Are the Dream Tyler Perry's Daddy's Little Girls (05) Chaplin (92)
	HBO2	312	Strange (35) Brown Sugar (02) Taye Diggs 'PG-13' The Great Gatsby (13, Drama) Leonardo DiCaprio 'PG-13' Hard (40) The Photograph (20, Romance) 'PG-13' Res Road
MAX	HBO5	314	Good Day (20) I, Robot ★★★ (04) 'PG-13' Tyler Perry's Diary of a Mad Black Woman (15) King Kong ★★★ (05, Adventure) Naomi Watts, Jack Black 'PG-13' Gone
	HBOF	315	Out (32) Dr. Dolittle: Tail to the Chief K'garden Happily Curious (44) Super Capers ★★ (09, Action) 'PG' Adventures of Sharkboy Hitchhiker's
SHOWTIME	MAX	308	Malice 'R' (45) Matchstick Men (03, Comedy) 'PG-13' (43) Rocky (76, Drama) Sylvester Stallone 'PG' (45) The Quiet Ones (14, Horror) 'PG-13' (25) The Dark Half (93, Horror) 'R'
	5MAX	308	(10) Defending Your Life (91, Comedy) 'PG' Lay the Favorite ★★ (12) 'R' (35) Eulogy ★★ (04, Comedy) 'R' The World's End (13, Comedy) Simon Pegg 'R' (10:49) Norbit (07)
	MMAX	309	Their Finest (16) 'R' (04) Much Ado About Nothing (12) 'PG-13' (6:55) Old Dogs ★ (09) 'PG' (24) Down Periscope (96) 'PG-13' (9:57) Skyline ★★ (10) 'PG-13' Rabbit H
STARZ	SHO-E	318	(10) Sophie's Choice (82, Drama) Meryl Streep 'R' (45) Lee Daniels' The Butler (13, Historical Drama) 'PG-13' The One and Only Dick Gregory (21) 'NR' Kobe Bryant's Muse
	SHO2	320	Get Rich or Die Tryin' (05) 'R' The Last Black Man in San Francisco (19) 'R' Walking Tall (04, Action) 'PG-13' Shameless Hiraeth Shameless Shameless
	SHOBET	321	(15) Yellowjackets (15) Waves (19, Drama) Kelvin Harrison Jr. 'R' Aquarium of the Dead (21) 'NR' Hendrix & Fruitvale Station (13) 'R' Moonlight (16) 'R'
	SHOX	322	Attica (21, Documentary) 'NR' (25) Belushi (20) John Landis 'NR' (15) Come Play ★★★ (20, Horror) 'PG-13' (8:55) Aeon Flux (05) 'PG-13' Crisis (21, Suspense) 'R'
	SHOS	323	Queenpins ★★ (21, Comedy) Kristen Bell 'R' (5:50) Before I Fall (17) 'PG-13' Downeast (21, Drama) 'NR' In the Bedroom (01, Drama) Sissy Spacek 'R' Funny Women
	TMC	327	Son of a Gun (15) 'R' The Golden Child (86) 'PG-13' (35) The Company Men (10, Drama) 'R' The War With Grandpa (20) 'PG' (05) Beauty Shop (05, Comedy) 'PG-13'
	FLIX-E	333	(05) Barbershop 2: Back in Business (04) Memphis (13, Drama) 'NR' (20) The Reluctant Fundamentalist (12) 'R' Sophie's Choice ★★ (82, Drama) Meryl Streep 'R'
EPIX	ENCR-E	340	One Day (11, Romance) 'PG-13' (26) Twisted (04, Suspense) 'R' (06) Peggy Sue Got Married (86) 'PG-13' (8:53) Rudy (93, Drama) Sean Astin 'PG' American Hustle (13)
	STARZ-E	350	Iron Man 3 ★★★ (13, Action) 'PG-13' (5:53) Little Women (19, Drama) 'PG' (12) Red Dawn ★★★ (84, Action) 'PG-13' (10) Homegrown (98, Comedy-Drama) 'R'
	STRZED	352	NXIVM (37) Seduced: Inside the NXIVM Cult Forrest Gump (94, Comedy-Drama) Tom Hanks 'PG-13' (25) The 6th Day (00, Science Fiction) 'PG-13' Tin Cup ★★★ (96, Comedy) 'R'
	STRZCI	353	Daughters (13) Tazmanian Devil (20, Drama) Adepore Oduye 'NR' (16) Emperor (20) 'PG-13' (8:58) 12 O'Clock Boys (13) 'NR' (16) All Joking Aside Church
EPIX	STRZCO	354	Bottle Rocket (96) 'R' (12) The Last Shift (20, Comedy-Drama) 'R' How-College (15) The Good Dinosaur (15, Children's) 'PG' (9:51) Nine Months (95) 'PG-13' New Guy
	EPIX	380	(10) Sex Life (4:55) Emperor (12) Matthew Fox (45) Vault (19, Crime Drama) Theo Rossi (25) We Die Young (19, Action) Where Hope Grows (14, Drama) Gemini
	EPIX2	381	Gallows (35) Mighty Oak (20, Comedy-Drama) (20) Stonewall ★★ (15, Historical Drama) By Whatever Means Harlem By Whatever Means By Whatever Means
	EPIXH	382	Home for the Holidays (95) (20) Black Sunday (77, Suspense) Robert Shaw (45) The Little Hours (17, Comedy) Alison Brie (20) Black Bear (20, Drama) (10) Pain & Gain (13)
	EPIXDR	292	Dead Man Attack Cheer (45) The Lovely Bones ★★ (09, Drama) Mark Wahlberg What's Eating Gilbert Grape ★★ (93) Star Trek: The Motion Picture ★★ (79)

AMERICA'S TOP PROGRAMMING

A&E	118	Paid Programs		Prince	Paid Prog.	Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	Parking	King	King		
AHC	195	Chasing Conspiracies		Chasing Conspiracies		Weaponology USMC		Weaponology		Triggers: Change		Triggers: Change		Weaponology		Triggers: Change	
AMC	131	E.T. the Extra-Terrestrial (82, Children's)		Paid Programs						Deep Impact ★★ (98, Drama) Robert Duvall		Batman (89, Action)					
APL	184	Lone Star Law		Lone Star Law		Too Cute!		My Cat From Hell		Crikey! It's the Irwins		Secret Life-Zoo		The Zoo		Treehouse Masters	
AXSTV	167	Paid Programs								Final 24 Gianni Versace		Final 24 Janis Joplin		Final 24		Yes: Live at The Apollo	
BCBA	135	Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Ender's Game (13)	
BET	124	The Parkers	The Parkers	Browns	Browns	Prince	Prince	Prince	Prince	Live Single	Live Single	black-ish	black-ish	The Parkers	The Parkers	The Parkers	The Parkers
BOUNCE	359	Down	The Game	The Real		Wendy Williams Show	Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	Court	Court	Court	Court	Paternity	Paternity
BRAVO	129	Kelly Clarkson		Paid Programs		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck	
BUZZR	245	Blockbust	Blockbust	Press Luck	Press Luck	Paid Programs				Tell Truth My Line?		Sale of Sweep		Body Lang, Blockbust		Match-Squares	
CIHD	249	Jacked	Jacked	Jacked	Jacked	Auto Theft Task Force Let the Helicopter Take Him		American Justice		American Justice		Nightwatch Nation		Nightwatch			
CMT	166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Roseanne Roseanne		Roseanne Roseanne		Roseanne Roseanne	
CNBC	208	Street Signs (L)		Worldwide Exchange (L)		Squawk Box (L)						Squawk on the Street (L)		TechCheck (L)			
CNN	200	CNN Newsroom Live (L)		Early Start w/Romans		New Day With		New Day With		New Day With		CNN Newsroom		CNN Newsroom		At This Hour-Kate	
COM	107	South Park	South Park	Paid Programs				Futurama Futurama		Futurama Futurama		South Park South Park		South Park South Park		(15) South Park	
COMET	289	Paid Programs										The Terror ★★ (63, Horror) Boris Karloff		Embryo ★★ (76)			
COOK	113	Paid Programs				Taco Trip Taco Trip		Brunch at Brunch at		Brunch at Brunch at		Burgers Burgers		Burgers Burgers		Burgers Burgers	
DISC	182	Bering Sea Gold		Bering Sea Gold		Vegas Rat Rods		Vegas Rat Rods		Vegas Rat Rods		Vegas Rat Rods		Vegas Rat Rods		Vegas Rat Rods	
DFC	179	YardCrash	YardCrash	Gl Joe	Gl Joe	Blazing	Transform.	Beast	Beast	Rescue Bots	Rescue Bots	Transform	Puppies	Puppies	Pet Shop	Monsters	Monsters
DISN-E	172	Austin	Bunk'd	Bunk'd	Ladybug	Sofia	Sofia	Bluey	Bluey	Puppy Pals	Puppy Pals	T.O.T.S.	T.O.T.S.	UglyDolls ★★ (19, Children's) Nick Jonas			
ENCR-W	341	(11) The Abyss (89, Science Fiction) Ed Harris 'PG-13'				(35) One Day ★★ (11, Romance) 'PG-13'		(26) Twisted (04, Suspense) 'R'		(06) Peggy Sue Got Married (86) 'PG-13'							
EWESTN	342	North to Alaska ★★ (60, Western) 'NR'		Guns-Petticoat		(13) Stars Over Texas (12) Alvarez Kelly ★★ (66, Western) 'NR'								Ghost Town		Return-James	
EACTN	343	The Newton Boys (4:53) Tortured (08, Suspense) 'R'		(43) Tremors: A Cold Day in Hell (18) 'PG-13'		(23) Blue Streak ★★ (99) 'PG-13'								Silent Hill: Revelation (12) 'R'		(35) Arena	
ESUSP	344	Fallen (98, Suspense) Denzel Washington 'R'		(5:53) What Lies Beneath ★★ (00) 'PG-13'		(06) Mom and Dad (17) 'R'		(34) Once Upon a Time in America (84, Crime Drama) 'R'									
EBLACK	345	Jackie (36) The 24th (20, Historical Drama) 'NR'		(32) Battle of the Year (13, Drama) 'PG-13'		(25) Facing Ali ★★ (09) 'R'		(08) The Price (17, Drama) 'NR'		The 24th							
ECLASS	346	Grandma (31) Raising Cain ★★ (92) 'R'		(04) Guarding Tess (94) 'PG-13'		(41) Striking Distance ★★ (93, Suspense) 'R'		(25) Can't Hardly Wait ★★ (98) (08) State of Play (09)									
EFAMILY	347	(14) A Cowgirl's Story (17, Adventure) 'PG'		The Snow Queen: Mirrorlands		Charmers		Jimmy Neutron		(11) Tomorrowland ★★ (15, Science Fiction) 'PG'		East Side					
ESPN	140	SportsCenter		NFL Rewind		SportsCenter		SportsCenter (L)		Get Up (L)		First Take (L)					
ESPN2	143	E60 Bonds		SportsCenter		Keyshawn, JWill and Max (L)		SportsCenter (L)		SportsCenter (L)		Get Up					
EWTN	261	Living Di	Sunday	Bookmark	Catholic	Healing	Chesterton	St. Michael	Rosary	Daily Mass (L)	Holy	Sunday	Religious	Mother Angelica Live	Promise		
FETV	82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver	
FNC	205	FOX & Friends First (N)		FOX & Friends First (N)		FOX & Friends (L)						America's Newsroom With Hemmer & Perino		The Faulkner Focus (L)			
FOOD	110	Paid Programs						Trisha's Trisha's		Trisha's Trisha's		The Kitchen		The Kitchen			
FREFM	180	Paid Programs						black-ish black-ish		black-ish black-ish		700 Club Special Programming		The Pacifier (05)			
F51	150	College Basketball		Big East		College Basketball Teams TBA		First Things First (L)				Skip and Shannon: Undisputed (L)					

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs					Mom	A Dog's Journey ★★ ('19, Children's) <i>Voice of Josh Gad</i>					The Art of Racing in the Rain ★★ ('19)									
FXM	384	The Book of Life ★★★ ('14, Children's) 'PG'				State Fair ('45, Musical) 'NR'		(45) The King and I ('56, Musical) <i>Deborah Kerr</i> 'G'			The Black Swan ('42) 'NR'			Abomin								
FXX	125	Paid Programs					Dragon Blade ('15, Action) <i>Jackie Chan</i>					Rough Night ('17, Comedy) <i>Scarlett Johansson</i> Cleveland Cleveland										
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs					Good Time/Good Time		Good Time/Good Time		All/Family	All/Family						
GMSHW	116	Paid Programs					Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America								
GOLF	401	PGA Golf		Golf C'tral	Golf C'tral	Golf C'tral	Golf C'tral	Golf C'tral	Golf C'tral	LPGA	GOLF Films		GOLF Films		GOLF Films							
GRIT	217	Paid Programs					Zane Grey	Zane Grey	Laramie	A Day of Fury ('56, Western)			Will Penny ★★★ ('68, Western) <i>Charlton Heston</i>									
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls					
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Aronson</i>		Matlock <i>The Formula</i>		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)						
HALLMV	187	Monk		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder						
HDMOV	130	Paid Programs					Fort Defiance ('51, Western) Trailer					Chato's Land ('72, Western) <i>Charles Bronson</i>										
HGTV	112	Love it or List it		Love it or List it		No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno						
HIST	120	Paid Programs					Jeremiah		Beyond Oak Island		Beyond Oak Island		Beyond Oak Island		America's Book		America's Book					
ID	192	Evil Kin		Evil Kin		Nightmare Next Door		Nightmare Next Door		Nightmare Next Door		Deadly Women		Deadly Women		Deadly Women						
IFC	133	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks					
LAFF	237	Paid Programs					How I Met		How I Met		Videos		Videos		Jim	Jim	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	Nt. Court	Nt. Court
LIFE	108	Paid Programs					Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Closer					
LMN	109	Paid Programs					The Novack Murders ★★ ('15, Docudrama)					Lethal Admirer ('18, Suspense) <i>Drew Seeley</i>		Fatal Homeymoon ('12, Docudrama)								
MAGN	111	Building Off the Grid		Building Off the Grid		Old House		Old House		Rehab	Rehab	Rehab	Rehab	Home Work	Home Work							
MGMHD	385	CAveman (20) Night Drive ('76, Suspense)		The Hound of the Baskervilles ('59, Mystery)		The Private Life of Sherlock Holmes ('70, Adventure) (40) The Package ('89, Suspense)																
MOTOR	246	Iron Resurrection		Iron Resurrection		Garage Squad		Restoration		Restoration	Hot Rod	Hot Rod	Overhaul	Overhaul	Overhaul	Overhaul	Overhaul					
MSNBC	209	Rachel Maddow Show		Way Too Early		Morning Joe (L)					Stephanie Ruhle (L)		Reports		Craig Melvin Reports (L)							
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs					Tiny House Nation		Tiny House Nation		Tiny House Nation							
NGWLD	190	Paid Programs					The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol					
OUTD	396	Wild Game	WildFed	Fur Hat Ice	Dead Meat	BigWater	Seahunter	Wardens	Bone Coll.	Hunt	Lake	Zona's	Wild Ride	Whitetail	Live 2 Hunt	Africa						
OWN	189	20/20 on OWN		20/20 on OWN		Dr. Phil		Dr. Phil		Dr. Phil (Part 1 of 2)		Dr. Phil (Part 2 of 2)		Dr. Phil		Dr. Phil						
OXYG	127	Real Murders		Real Murders		911 Crisis	911 Crisis	Homicide Hol'		An Unexpected Killer		An Unexpected Killer		An Unexpected Killer		An Unexpected Killer						
PARMT	241	Paid Programs					Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue					
POP	117	Heat ★★★ ('95, Crime Drama) <i>Al Pacino</i>					Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER		ER					
REELZ	299	Paid Programs					Dr. Feelgood		Dr. Feelgood		Dr. Feelgood		Mafia Killers		Mafia Killers		Mafia Killers					
SCI	193	Secrets		Secrets		Universe Works		Universe Works		Unearthed		Unearthed		Strange Evidence		What on Earth?						
SMITH	367	America's Hidden		America's Hidden		Aerial America		Aerial America		Aerial America		Inside Buckingham		Inside Buckingham		Am. Princesses						
SONY	386	Casualties of War ('89, War)			Planet		(:15) Flight of Fury ('07, Action) <i>Steven Seagal</i>					(:05) Redbelt ('08, Drama) <i>Chiwetel Ejiofor</i>		Planet		The Art of War III: Retribution						
SUND-E	358	Columbo		Heroes		Heroes		Heroes		Heroes		Heroes		Law Order: CI		Law Order: CI		Law Order: CI				
SYFY	122	Paid Programs					Neverknock ('17, Horror) <i>Jodelle Ferland</i>					Fantastic Four: Rise of the Silver Surfer ('07)		Unstoppable ('10, Action) <i>Denzel Washington</i>								
TBN	260	J. Rubin	Mysteries	Church	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen					
TBS	139	Wipeout		Matters		Matters		George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends				
TCM	132	Am Curious - Yellow ('67, Drama)					(:15) Destination Tokyo ★★★ ('43, War) <i>Cary Grant</i>			(:45) Every Girl Should Be Married			(:15) Gunga Din ('39, Adventure) <i>Cary Grant</i>									
TLC	183	Four Weddings ... <i>Family Ties</i>			Four Weddings		Four Weddings		Four Weddings		Long Lost Family		Long Lost Family		Long Lost Family							
TMC-W	329	(:35) First Cow		(:19, Drama) <i>Viktoria Miroshnichenko</i> 'NR'		(:6:55) Amy ('15, Documentary) <i>Tony Bennett</i> 'R'			(:05) Locke ★★★ ('13, Drama) 'R'		The Truth ('19, Drama) 'PG'											
TNT	148	Bones		Bones		Charmed <i>Sin Francisco</i>		Charmed		Charmed <i>Exit Strategy</i>		Charmed		Supernatural <i>Carly On</i>		Supernatural <i>Pilot</i>						
TRU	242	Paid Programs					Ad. Ruins		Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers		Carbonaro		Carbonaro		Carbonaro	
TRVL	196	Paid Programs					Most Haunted (N)		Most Haunted (N)		Most Haunted (N)		Most Haunted (N)		Most Haunted (N)		True Terror					
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs					M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		Bonanza			
UP	188	Paid Programs					Heartland <i>One Day</i>		Heartland <i>Local Hero</i>		Heartland <i>Mood Swings</i>		Little House on Prairie		Little House on Prairie		Little House on Prairie					
USA	105	(:4:59) Dateline (Part 1 of 2)			(:4:59) Dateline <i>Scorned</i>		NCIS: Los Angeles		NCIS <i>Scope</i>		NCIS		NCIS <i>Tell-All</i>		NCIS <i>Two-Faced</i>		NCIS <i>Dead Reflection</i>					
WE	128	Mama June- Not to Hot		Paid Programs					Law & Order		Law & Order		Law & Order									

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)					Local Programs		The View (N)						
CBS-E	CBS Overnight News (N)		News	News	News	News	CBS Mornings (N)					Local Programs		The Price Is Right (N)						
CW-E	Local Programs					Local Programs					Local Programs		Local Programs							
FOX-E	Local Programs					Local Programs					Local Programs		Local Programs							
NBC-E	Local Programs					Local Programs					Today (N)		Today 3rd Hour (N)		Today-Hoda		Local Programs			
METV	247*	(:05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me	Beaver	Beaver	Perry Mason	Matlock	In the Heat of Night							
ABC-W	Local Prog.	Local Prog.	ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)							
CBS-W	◀Corden	Local Prog.	CBS Overnight News (N)				News	News	News	News	News	News	CBS Mornings (N)							
CW-W	Local Programs					Local Programs					Local Programs		Local Programs							
FOX-W	Local Programs					Local Programs					Local Programs		Local Programs							
NBC-W	◀Meyers	News	Today-Hoda		Early Tdy	Local Programs					Local Programs		Today (N)							
PBS	All Creatures Great		Vienna Blood		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious				

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES																	
HBO	HBO-E 310	Bee Gees: How Can You Mend (1:46) Pitch Perfect '12 'PG-13' (41) Showtime ★ (02, Comedy) 'PG-13'					Hard					(10) 2 Fast 2 Furious '03, Action' 'PG-13'					
	HBO2 312	Fast 6 Collateral '04, Suspense) Tom Cruise 'R' (35) The Italian Job '03, Crime Drama' 'PG-13'					Surrogates ★★★ (09) 'PG-13'					Gemstones		Gemstones		Gemstones	
	HBO5 314	Igby Goes Down '02, Comedy' 'R' News (1:50) Hotel Rwanda '04, Drama' 'PG-13'					Hard					(40) In the Heights '21, Musical' Anthony Ramos 'PG-13' (05) Godzilla vs. Kong					
	HBOF 315	Curious George (17) Snow Dogs ★★ (02) 'PG' (1:57) Chasing Mavericks '12, Docudrama' 'PG'					The Seeker: The Dark Is Rising Dr. Dolittle: Million Dollar Mutts Dr. Dolittle										
MAX	MAX 307	Save Last Gangster Squad '13, Crime Drama' 'R' (1:17) Ira and Abby ★★ (06) 'R' (03) The East ★★★ (13, Suspense) 'PG-13'					The Counselor ★★ (13, Suspense) 'R'										
	5MAX 308	Mimic ★★★ (97, Horror) 'R' (3:36) Miss Julie '14, Drama) Jessica Chastain 'PG-13'					(3:47) The High Note '20 'PG-13' (40) Stand Up Guys ★★ (12) 'R' (15) Cop Land (97) 'R'										
	MMAX 309	10 Years (34) The Witches of Eastwick '87, Comedy) 'R' (3:33) Get a Job '16, Comedy) 'R' (3:56) The Rocker '08 'PG-13'					(3:39) Golden Arm '20 'NR' (10) Up in the Air '09										
SHOWTIME	SHO-E 318	Blown Total Recall ★★★ (90, Science Fiction) 'R' The Bling Ring ★★★ (13) 'R' Walking and Talking '96 'R' (25) Gladiator '00, Historical Drama) Russell Crowe 'R'					(05) Dark Waters '19, Drama) 'PG-13' (15) Fruitvale Station '13 'R' (40) You're Watching Video Music Box (40) Holler '20, Drama) 'R' (15) Last Call '21 'R'										
	SHO2 320	Mid90s '18, Comedy-Drama) 'R' Useless Humans '20 'NR' The Guard '11, Comedy) 'R' (45) Scary Movie '00, Comedy) 'R' (15) I Got the Hook-Up ★ (98, Comedy) 'R'															
	SHOBET 321	The Show (15) Savage '19, Crime Drama) John Tui 'NR' Detainee 001 JFK Revisited: Through the Looking Glass Dirty Tricks '21, Documentary) 'NR'															
	SHOX 322	The Match '21 'NR' (12:55) The Mauritanian '21, Drama) 'R' (05) Falling '20, Drama) Viggo Mortensen 'R' Room ★★★ (15, Drama) Brie Larson 'R' Martin Eden '19 'NR'															
	SHOS 323	Lean on Pete '17 'R' (05) The End of the Tour '15, Drama) 'R' Eighth Grade '18) Elsie Fisher 'R' (35) The Last Movie Star '17) Burt Reynolds 'R' The Escort '15 'NR'															
	TMC 327	Game 6 (25) Neil Young: Heart of Gold (15) The Talented Mr. Ripley '99, Crime Drama) 'R' (35) Sex, Lies, and Videotape '89) (15) Asylum ★★ (05, Drama) 'R'															
STARZ	ENCR-E 340	Grown Ups 2 ★ (13, Comedy) 'PG-13' (1:48) Just My Luck '06 'PG-13' (34) Be Cool ★★ (05, Comedy) 'PG-13' (38) Smokin' Aces '07, Action) Ben Affleck 'R' BlackShip															
	STARZ-E 350	Naked Singularity '21, Action) 'R' (1:52) The Ides of March '11 'R' (37) One Fine Day '96, Romance-Comedy) 'PG' (29) Intolerable Cruelty '03 (12) Paul '11 'R'															
	STRZED 352	Piranha 3D '10 'R' (12:59) The Craft: Legacy '20 (3:36) The Misfits '21, Action) 'R' (13) The Call '13, Suspense) Halle Berry 'R' (5:50) Suspect Zero ★★ (04) 'R' Undercover															
	STRZCI 353	World Without End World Without End World End (42) World Without End (33) World Without End World End (13) World Without End (03) The Broken Hearts Gallery '20 'PG-13'															
STRZCO 354	Greed ★★ (19) 'R' (12:51) Wagons East! '94 'PG-13' (41) RV '06, Children's) Robin Williams 'PG' (22) Out to Sea '97 'PG-13' (11) The Family Fang '15, Comedy-Drama) 'R'																
EPIX	EPIX 380	Florence Foster (05) Alfie '04, Comedy-Drama) Jude Law Win a Date With Tad Hamilton! (35) Soapdish '91, Comedy) (15) She's Out of My League ★★ (10)															
	EPIX2 381	Hunger Games: Catching Fire (40) A.I.: Artificial Intelligence '01, Science Fiction) (10) Sky Captain and the World of Tomorrow Paycheck '03, Science Fiction) Ben Affleck															
	EPIXH 382	Bill & Ted Face Night-Roxbury (15) Coneheads '93, Comedy) (45) Dead Man Walking ★★★ (95, Crime Drama) (5:50) Flesh and Bone ★★★ (93, Suspense)															
	EPIXDR 292	Black Sunday ★★ (77, Suspense) Robert Shaw (35) The Warriors '79, Action) (10) King Kong ★★ (76, Adventure) Jeff Bridges (25) Cujo '83, Horror) Dee Wallace															

AMERICA'S TOP PROGRAMMING																				
A&E 118	King	King	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage				
AHC 195	Weaponology		Weaponology		Rangers		Weaponology		Weaponology		World War II in Color		WWII: Witness to War		WWII: Witness to War					
AMC 131	Predator ★★★ (87, Action)			Men in Black 3 ★★★ (12, Action) Will Smith				Men in Black '97, Action) Tommy Lee Jones				Men in Black II '02, Action) Tommy Lee Jones								
APL 184	Tanked		Pit Bulls and Parolees		Pit Bulls and Parolees		Lone Star Law		Tanked		Tanked		Tanked		Insane Pools					
AXSTV 167	Shania Sugarland: Incredible		Toby Keith: 35 MPH Town				Ozzy & Jack's		Ozzy & Jack's		Ozzy & Jack's		Ozzy & Jack's		Ozzy & Jack's					
BBCA 135	Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Stand by Me ★★★ (86, Comedy-Drama)		Stand by Me		The Last Samurai '03, Adventure) Tom Cruise							
BET 124	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Proud Mary ★ (18, Action) Taraji P. Henson, Billy Brown								
BOUNCE 359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night	In the Heat of Night	In the Heat of Night	In the Heat of Night	Hard Target ★★ (93, Action)			Fire With Fire '12, Action) Josh Duhamel								
BRAVO 129	Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules					
BUZZR 245	Match	Match	Concen.	Concen.	Password	Password	Super Pass, Tattletales	Press Luck/Whew!	Match	Match	Match	Match	Match	Match	Match	Sale of				
CIHD 249	Nightwatch		Behind Bars		Behind Bars		Grace vs. Abrams		Marcia Clark Investigates The First 48		The First 48: Detective		First 48: Missing							
CMT 166	Mike	Mike	Mike	Mike	King	King	King	King	King	King	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man				
CNBC 208	Fast Money Halftime		The Exchange (L)		Power Lunch (L)		Closing Bell (L)		Fast Money (L)		Mad Money (N)		Shepard Smith							
CNN 200	Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Erin Burnett OutFront (L)							
COM 107	South Park	South Park	South Park	South Park	South Park	South Park	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office				
COMET 289	Deathsport ★★ (78)		The Prophecy '95, Fantasy) Christopher Walken				The Outer Limits		The Outer Limits		Farscape		Farscape		Vitas Mortis		Quantum Leap			
COOK 113	Good Eats	Good Eats	Good Eats	Good Eats	Eddie Eats	Eddie Eats	Cheat Day	Cheat Day	Man Fire	Man Fire	Man Fire	Man Fire	Man, Food	Man, Food	Man, Food	Man, Food				
DISC 182	Catastrophes		Catastrophes		Catastrophes		Catastrophes		Catastrophes		Catastrophes		Bering Sea Gold		Bering Sea Gold					
DFC 179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Toto Cute!	Cats 101		Buddy vs. Duff						
DISN-E 172	Big City	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Big City	Big City	Bunk'd	Bunk'd	Jessie	Jessie	Jessie	Jessie				
ENCR-W 341	Tremors 4: The Legend Begins (22) Tremors 5: Bloodlines (15)				(04) Grown Ups 2 ★ (13, Comedy) 'PG-13'		(4:48) Just My Luck '06 'PG-13' (34) Be Cool '05, Comedy) 'PG-13'													
EWESTN 342	Maverick (22) The Bravos '72, Western) 'NR'		The Deputy/Wanted ... (2:55) Wagon Train		Laramie		Death Vall.		Fargo		Rifleman		(5:58) The Virginian		Major Dun					
EACTN 343	Anthrop (34) 3 Days to Kill ★★ (14, Action) 'PG-13'		(34) Curse of the Golden Flower '06 'R' (31) Bobby Z '07, Suspense) 'R' (10) 88 Minutes '07, Suspense) Al Pacino 'R'																	
ESUSP 344	(09) My Bloody Valentine '81 'R' (42) The Craft '96, Horror) Robin Tunney 'R' (26) The Mortal Instruments: City of Bones (39) Twilight Zone: The Movie '83 'PG'		Season																	
EBLACK 345	(12) The Argument '20 'NR' (36) The Caveman's Valentine '01 'R' (24) Miles Ahead ★★ (16) 'R' (07) Lakeview Terrace '08, Suspense) 'PG-13'		Malcolm																	
ECLASS 346	Zero Dark Thirty '12, Drama) Jessica Chastain 'R' (16) Breaking Up ★★ (97) 'R' (3:48) Into the Blue '05 'PG-13' (41) Joy Ride '01, Suspense) Steve Zahn 'R' Zero Dark																			
EFAMILY 347	Explorers '85, Children's) 'PG' (20) Buttons: A Christmas Tale		12 Dogs of Christmas-Rescue (33) Titan A.E. ★★★ (00) 'PG'		(09) Explorers ★★★ (85, Children's) 'PG'															
ESPN 140	SportsCenter (L)		SportsCenter (L)		This Just In (L)		NBA Today (L)		NFL Live (L)		Around		Interruption		SportsCenter (L)		College Basketball			
ESPN2 143	First Take (N)		2022 Australian Open Tennis First Round				College Basketball Baylor at West Virginia (L)		College Basketball											
EWTN 261	Daily Mass		Women of Pro-Life		Scripture and Tradition		Chaplet		Rosary		With Jesus		The Friar		Choices		40 Days	News	Crusades	Daily Mass
FETV 82	Bewitched		Bewitched		Wagon Train		Rawhide		Rawhide		Perry Mason		Perry Mason		Perry Mason		Matlock		Matlock	
FNC 205	Outnumbered (L)		America Reports With John Roberts				The Story With Martha		Your World W/ Cavuto		The Five (L)		Special Report		FOX News Primetime (L)					
FOOD 110	Food Paradise		Alex vs. America		Chopped		Chopped		True Grits		Chopped		Chopped		Chopped					
FREFM 180	Home Alone 2: Lost in New York		The Parent Trap ★★★ (98, Children's) Lindsay Lohan, Dennis Quaid				The Office		The Office		The Office		The Office		The Office		The Office			
F51 150	The Herd with Colin Cowherd (L)					Speak for Yourself (L)					Skip and Shannon: Undisputed					PBC				

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Art Racing	The Secret Life of Pets ('16, Children's)	The Secret Life of Pets 2 ('19, Children's)	Despicable Me 3 ★★ ('17, Children's)	Beautiful Day Neighborhood																	
FXM	384	Abominable	Von Ryan's Express ★★★ ('65, War) 'NR'	Thank You for Your Service ('17, War) 'R'	FXM Pres.	Tolkien ★★ ('19, Biography) <i>Nicholas Hoult</i> 'PG-13'																	
FXX	125	King of Hill	King of Hill	King of Hill	King of Hill	Futurama	Futurama	Futurama	Futurama	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons								
GETTV	373	The Rockford Files	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Kojak	Kojak	<i>Cop in a Cage</i>									
GMSHW	116	Deal or No Deal	Match	Match	FamFeud	Catch 21	The Chase	America	Tug	Chain Rea.	Common	Puzzler	America	America	America								
GOLF	401	Golf Today (L)				Golf Today				Golf Central (L)		PGA TOUR	Lessons	Golf Central	Golf	Lessons							
GRIT	217	Laramie	Laramie	Death Vall.	Death Vall.	Death Vall.	Death Vall.	The Deputy	The Deputy	The Deputy	The Deputy	Fargo	Fargo	Fargo	Fargo								
HALL	185	Fashionably Yours ('20, Romance-Comedy)				Season for Love ('18, Romance) <i>Autumn Reeser</i>				Sun, Sand & Romance ('17, Drama)				Sweet Pecan Summer ('21, Romance-Comedy)									
HALLDR	186	The Waltons		The Waltons		The Waltons		The Waltons		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie							
HALLMV	187	Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Signed, Sealed, Delivered: The Road Less				Signed, Sealed							
HDMOV	130	American History X ★★★★★ ('98, Drama)				Trailer		(:35) Duel at Diablo ★★ ('66, Western)		Spaceballs ★★ ('87, Comedy)		(:15) Sahara ★★ ('05, Adventure)											
HGTV	112	No Demo Reno		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous									
HIST	120	America's Book		America's Book		America's Book		America's Book		America's Book		America's Book		Curse-Island		Curse-Island							
ID	192	Deadly Women		Married With Secrets		Married With Secrets		Married With Secrets		The Killer Beside Me		The Killer Beside Me		The Killer Beside Me		The Killer Beside Me							
IFC	133	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Two Men	Two Men	Two Men	Two Men						
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Videos	Videos	'70s Show	'70s Show	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.						
LIFE	108	The Closer		The Closer		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Castle		Castle		Castle							
LMN	109	Dating a Sociopath ('18, Drama) <i>Jon Cor</i>				My Husband's Deadly Past ('20, Suspense)				Framed by My Fiancé ('17, Suspense)				Fatal Fiancé ('21, Suspense) <i>Camila Banus</i>									
MAGN	111	Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders							
MGMHD	385	The Package ('89)		Kalifornia ★★ ('93, Suspense) <i>Brad Pitt, Juliette Lewis</i>				Cyborg ★ ('89, Science Fiction)				Death Warrant ★★ ('90, Action)				Double I.							
MOTOR	246	Overhaul'n'		Overhaul'n'		Overhaul'n'		Overhaul'n'		Restoration		Restoration		Hot Rod		Hot Rod		FantomWorks		Mundial		Mundial	
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)				The Beat With		The ReidOut (L)							
NATGEO	197	Tiny House Nation		Tiny House Nation		Tiny House Nation		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero					
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol					
OUTD	396	Fisherman	Fishing	Outdoors	Addicted	MeatEater	Hunter	Gun Stories	Guns	Am. Archer	Heartland	Drop Zone	Crush	Conchs	Spear Life	Hunting	Lindsey						
OWN	189	Dr. Phil	Court	Court	Court	Court	Court	Court	Court	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	The Kings of Napa Pilot						
OXYG	127	An Unexpected Killer		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets Uncovered				Dateline: Secrets Uncovered									
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom		Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		XXX ('02, Action)	
POP	117	ER		ER		ER		House		House		House		House		House		House		House			
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Mafia Killers		Mafia Killers		Mafia Killers		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Gangsters: Most Evil			
SCI	193	What on Earth?		Mysteries-Abandoned		Mysteries-Abandoned		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence					
SMITH	367	Air Warriors		Air Warriors		Air Warriors F-16		Air Warriors B-52		Air Warriors		Air Warriors		Air Warriors		Air Disasters		Air Disasters					
SONY	386	(:15) TBA		(:45) The Shepherd ★★ ('08, Action)				(:35) Lake Placid ★★ ('99, Horror)		(:15) Lake Placid 2 ('07, Horror) <i>John Schneider</i>				One False Move ('91, Crime Drama) <i>Bill Paxton</i>									
SUND-E	358	Law Order: Cl		Law Order: Cl		Law Order: Cl		Law Order: Cl		NCIS		NCIS		NCIS		NCIS							
SYFY	122	Angels & Demons ★★ ('09, Action) <i>Tom Hanks, Ewan McGregor</i>				2012 ★★ ('09, Action) <i>John Cusack, Chiwetel Ejiofor</i>				Escape Plan ★★ ('13, Action)													
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	Scudder	Praise		Jordan	T. Evans	Church	The Potter's						
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang						
TCM	132	(:15) Mr. Blandings Builds His Dream House				Mr. Lucky ('43, Comedy-Drama)				(:45) The Bachelor and the Bobby-Soxer ('47)				North by Northwest ★★ ('59, Suspense) <i>Cary Grant</i>									
TLC	183	My 600-Lb. Life: Where Are They Now? <i>Milla</i>				My 600-Lb. Life: Where Are They Now?				I Am Shauna Rae		I Am Jazz Raw		I Am Jazz		I Am Jazz Smashed							
TMC-W	329	The Truth (:25) Eighth Grade ('18) 'R'				Lean on Pete ('17, Drama) <i>Charlie Plummer</i> 'R'				(:05) The End of the Tour ('15, Drama) 'R'				Eighth Grade ('18) <i>Elsie Fisher</i> 'R'		Last Movie							
TNT	138	Supernatural		Supernatural		Back to the Future ★★ ('85, Comedy) <i>Michael J. Fox</i>				Back to the Future Part II ('89, Comedy) <i>Michael J. Fox</i>													
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes		Jokes		Jokes		Jokes		Jokes					
TRVL	196	True Terror		True Terror		True Terror		True Terror		True Terror		Osbourne- Bel.		Osbourne- Bel.		Osbourne- Bel.							
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.					
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba		Reba					
USA	105	NCIS Baltimore		NCIS Swan Song		(:02) NCIS Pyramid		(:03) NCIS		(:04) NCIS Restless		(:05) The Accountant ★★ ('16, Suspense) <i>Ben Affleck, Anna Kendrick</i>											
WE	128	Law & Order		Law & Order		Law & Order		Law & Order Vendetta		Law & Order Gajjin		Law & Order		Law & Order C.O.D.		Law & Order Paradigm							

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs	News	Local Programs						
CBS-E	Local Prog./Young & Restless	Bold	The Talk (N)	Let's Make a Deal (N)	Local Programs	News	Local Programs						
CW-E	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs							
FOX-E	Local Programs	Local Programs	Local Programs	Local Prog./Local Programs									
NBC-E	Local Programs	Days of our Lives (N)	Local Programs	Local Prog./News	Local Programs								
MEVTV	247*	The Waltons	Gunsmoke/Gunsmoke	Bonanza	Rifeman	Rifeman	Wagon Train	Adam-12	Adam-12	Addams	Happy Day	M*A*S*H	M*A*S*H
ABC-W	Local Programs	The View (N)	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs						
CBS-W	Local Programs	The Price Is Right (N)	Young & Restless	Local Prog./Bold	The Talk (N)	Let's Make a Deal (N)	Local Programs						
CW-W	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs							
FOX-W	Local Programs	Local Programs	Local Programs	Local Prog./Local Programs									
NBC-W	Today 3rd Hour (N)	Today-Hoda	Local Programs	Days of our Lives (N)	Local Programs								
PBS	Dinosaur	Clifford	Sesame St./Donkey	Tiger	Go Luna	Nature Cat/Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Beautiful Day				Jurassic World: Fallen Kingdom ★★ (‘18, Adventure) <i>Chris Pratt</i>				Jurassic World: Fallen Kingdom ★★ (‘18, Adventure) <i>Chris Pratt</i>				Paid Programs			
FXM	384	Alita: Battle Angel (‘19) <i>Rosa Salazar</i> 'PG-13'				Alita: Battle Angel (‘19, Science Fiction) 'PG-13'				Thank You for Your Service (‘17, War) 'R'				FXM Pres. Abominable			
FX	125	Family Guy		Family Guy		Family Guy		Family Guy		Cleveland	Cleveland	Cleveland	Cleveland	Archer	Archer	Archer	Archer
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family	All/Family	All/Family	All/Family	Sanford	Sanford	Good Time	Good Time
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided
GOLF	401	GOLF Films		GOLF Films		GOLF Films		Golf Central		Golf	Lessons	Lessons	Golf Central	PGA TOUR		Paid Programs	
GRIT	217	Red-Headed Stranger ★★ (‘86, Western) <i>Willie Nelson</i>				The Quick and the Dead (‘95, Western)				Arizona Raiders ★★ (‘65, Western) <i>Audie Murphy</i>				Paid Programs			
HALL	185	A Winter Princess (‘19, Romance) <i>Natalie Hall</i>				Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier
HALLDR	186	Little House on Prairie				Love Is a Four Letter Word (‘07) <i>Teri Polo</i>				The Waltons		The Waltons		The Waltons		Little House on Prairie	
HALLMV	187	Signed, Sealed		Signed, Sealed, Delivered		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk	
HMMOV	130	Sahara	Kickboxer ★★ (‘89, Action)		(‘15) Blue Chips (‘94, Drama) <i>Nick Nolte</i>				(12:15) Kickboxer ★★ (‘89, Action)				Blue Chips ★★ (‘94, Drama) <i>Nick Nolte</i>				
HGTV	112	Fixer to Fabulous (N)		Fixer to Fabulous (N)		Hunters	Hunt Intl	Fixer to Fabulous	Fixer to Fabulous	Hunters	Hunt Intl	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	
HIST	120	Digging Deeper		Curse-Island		(‘03) Beyond Oak Island (N)		Curse-Island		Digging Deeper		Curse-Island		(‘06) Beyond Oak Island		Curse-Island	
ID	192	Murder in the		Murder in the		TBA		Fear Thy Neighbor		Murder in the		TBA		Fear Thy Neighbor		Murder in the	
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	How I Met	How I Met	Nt. Court	Nt. Court	Videos	Videos	Paid Programs	
LIFE	108	Castle		Castle		(‘03) Castle		(‘03) Castle		(12:01) Castle		Castle		(‘04) Castle		(‘04) Castle	
LMN	109	A Date With Danger (‘21, Suspense)				Lethal Love Letter (‘20, Suspense) <i>Clare Grant</i>				(12:01) A Date With Danger (‘21, Suspense)				Lethal Love Letter (‘20, Suspense) <i>Clare Grant</i>			
MAGN	111	Restoration Road- Clint		Restoration Road- Clint		Barnwood Builders		Barnwood Builders		Restoration Road- Clint		Barnwood Builders		Barnwood Builders		Restoration Road- Clint	
MGMHD	385	Double Impact ★★ (‘91, Action)				Breaker! Breaker! (‘77, Action) <i>Chuck Norris</i>				Sweet Smell of Success ★★ (‘57, Drama)				(‘05) Thunder Road ★★ (‘58, Adventure)			
MOTOR	246	Bitchin' Rides		Motor Mythbusters		Rust Valley Restorers (N)		Full Custom Garage		Motor Mythbusters		Rust Valley Restorers		Full Custom Garage		Bitchin' Rides	
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word		The 11th Hour (L)		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes	
NATGEO	197	Life Below Zero: Next Generation <i>Clean Shot</i> (N)				Life Below Zero (N)		Life Below Zero		Port Protection Alaska		Life Below Zero		Locked Up Abroad		Locked Up Abroad	
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs	
OUTD	396	Hunt	Nugent	McMillan	Driven	Fowl Life	GunDogT	Viral	Jim Shock	The Choice	Hunter	Hunting	Lindsey	Hunt	Nugent	McMillan	Driven
OWN	189	The Kings of Napa (N)		Ladies Who		The Kings of Napa Pilot		The Kings of Napa		Ladies Who		The Kings of Napa Pilot		The Kings of Napa		The Kings of Napa Pilot	
OXYG	127	Dateline: Unforgettable (N)		911 Crisis		911 Crisis		Dateline: Secrets Uncovered		Dateline: Unforgettable		Buried in the Backyard		Buried in the Backyard		Dateline	
PARMT	241	XXX ★★ (‘02, Action) <i>Vin Diesel</i>				Non-Stop ★★ (‘14, Action) <i>Liam Neeson, Julianne Moore</i>				Taken ★★ (‘08, Action) <i>Liam Neeson</i>				TBA		TBA	
POP	117	House		House		House		House		House		Goldbergs	Goldbergs	Goldbergs	Goldbergs	Goldbergs	Goldbergs
REELZ	299	Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Paid Programs	
SCI	193	Strange Evidence (N)				Spycraft		Strange Evidence		Strange Evidence		Spycraft		Strange Evidence		Strange Evidence	
SMITH	367	Air Warriors Zero		Air Warriors		Ice Airport Alaska		The USS Enterprise		Air Disasters		Air Disasters		Air Disasters		Air Disasters	
SONY	386	Sniper 3 (‘04, Action) <i>Tom Berenger</i> (‘45)		Sniper: Ghost Shooter (‘16, Action)		(‘40) Sniper 3 (‘04, Action)		(‘15) Sniper: Ghost Shooter (‘16, Action)		(‘15) Sniper: Ghost Shooter (‘16, Action)		Gloria ★ (‘99)					
SUND-E	358	NCIS		NCIS		NCIS		NCIS		NCIS		Columbo		(‘45) Columbo			
SYFY	122	Escape Plan (‘13)		The Accountant ★★ (‘16, Suspense) <i>Ben Affleck, Anna Kendrick</i>				(11:57) Escape Plan ★★ (‘13, Action) <i>Sylvester Stallone</i>				(‘32) The Prestige (‘06, Drama)					
TBN	260	Praise		Joyce M.	Liv Proof	Together	Christine	Praise		Prince	Youseff	Sekulow	Christine	Jewish	Harbinger	Praise	
TBS	139	Big Bang	Big Bang	Wipeout (N)		Wipeout		Sheldon	Sheldon	Sheldon	Sheldon	George	George	George	George	Imp. Jokers	Imp. Jokers
TCM	132	Places in the Heart (‘84, Drama) <i>Sally Field</i>				The Friends of Eddie Coyle (‘73, Crime Drama)				Gloria (‘80, Crime Drama) <i>Gena Rowlands</i>				(‘15) Badlands (‘73, Crime Drama) <i>Martin Sheen</i>			
TLC	183	David &	Loren & Al	I Am Jazz (N)		I Am Shauna Rae (N)		Sister Wives		David &	Loren & Al	I Am Jazz	I Am Jazz	I Am Shauna Rae	Sister Wives		
TMC-W	329	The Last Movie Star (‘17) 'R'		The Escort (‘15) 'NR'		Jexi ★ (‘19, Comedy) 'R'		S...house (‘20, Comedy) 'R'		(‘15) How to Build a Girl (‘19, Comedy) 'R'							
TNT	138	Back to the Future Part III (‘90, Comedy) <i>Michael J. Fox</i>				Back to the Future ★★ (‘85, Comedy) <i>Michael J. Fox</i>				Back to the Future Part II (‘89, Comedy) <i>Michael J. Fox</i>				War			
TRU	242	Jokes	Jokes	Jokes	Jokes	50 First Dates ★★ (‘04, Romance-Comedy)		(12:15) What Happens in Vegas (‘08, Romance-Comedy)		Jokes		Videos		Videos			
TRVL	196	The Osbournes Want to Believe (N)				Osbournes- Bel.		Osbournes- Bel.		The Osbournes Want to Believe				Osbournes- Bel.		Osbournes- Bel.	
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Raymond	Raymond	Goldbergs	Goldbergs
UP	188	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Paid Programs	
USA	105	WWE NXT (L)				(‘08) The Accountant ★★ (‘16, Suspense) <i>Ben Affleck, Anna Kendrick</i>				Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
WE	128	Law & Order		Law & Order		Law & Order		Law & Order <i>Gunplay</i>		Law & Order <i>Cut</i>		Law & Order <i>Gov Love</i>		Law Order: CI		Monk	

LOCAL NETWORKS

ABC-E	Judge Steve Harvey (N)	Abbott	black-ish (N)	Queens (N)	Local Prog.	(‘35) Jimmy Kimmel Live!	Nightline (N)	Local Programs	ABC World News Now (N)				
CBS-E	FBI	FBI: International	FBI: Most Wanted	Local Prog.	Late Show-Colbert	James Corden	Local Prog.	CBS Overnight News (N)					
CW-E	Superman & Lois (N)	Naomi (N)	Local Programs										
FOX-E	Our Kind of People (N)	Local Programs	Local Programs										
NBC-E	American	Grand	This Is Us (N)	New Amsterdam (N)	Local Prog.	Tonight Show-J. Fallon	Late Night-Seth Meyers	News	Today-Hoda	Early Tdy	Local Prog.		
MEV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone	Alfred Hitchcock Hour	(‘05) Mannix	(‘05) Cannon
ABC-W	Local Programs	News	Local Programs	Judge Steve Harvey (N)	Abbott	black-ish (N)	Queens (N)	Local Prog.	(‘35) Jimmy Kimmel Live!	Nightline (N)			
CBS-W	Local Programs	News	Local Programs	FBI	FBI: International	FBI: Most Wanted	Local Prog.	Late Show-Colbert	Corden				
CW-W	Local Programs	Superman & Lois (N)	Naomi (N)	Local Programs									
FOX-W	Local Programs	Our Kind of People (N)	Local Programs	Local Programs									
NBC-W	Local Prog.	News	Local Programs	American	Grand	This Is Us (N)	New Amsterdam (N)	Local Prog.	Tonight Show-J. Fallon	Meyers			
PBS	Finding Your Roots	Great Performances (N)	Frontline	Amanpour-Co	Finding Your Roots	Great Performances	Frontline	Independent Lens					

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E 310	⚡The Bourne Legacy '12, Action' PG-13' (14) Laws of Attraction ★★ '04' (45) Collide '16, Action' <i>Nicholas Hoult</i> PG-13' (25) Wonder Woman 1984 '20, Action' <i>Gal Gadot</i> PG-13'
	HBO2 312	⚡Stigmata '99' R' CC Sabathia (15) Pulse '06, Horror' <i>Kristen Bell</i> PG-13' (15) The Accidental Spy '01' (45) Disaster Movie '08' PG-13' (15) The Score '01' R'
	HBO5 314	⚡For Greater Glory True Story Spare Parts '15, Drama' <i>George Lopez</i> PG-13' (7:55) The 15:17 to Paris '18' (7:55) The Mummy ★★ '99, Adventure' PG-13' (7:55) Last Night
	HBOF 315	⚡Collision Course '89' El Perro The Letter K'garten Happily Curious Crashbox (07) Flipper '96, Children's' PG' (43) Firehouse Dog ★★ '07, Children's' PG' (43) Happily 2
MAX	MAX 307	⚡Being Flynn ★★ '12' R' (38) Mimic 2 ★★ '01, Horror' R' The Mighty Quinn ★★ '89' R' (40) One More Time '15, Comedy-Drama' NR' David Copperfield
	5MAX 308	(04) My Cousin Vinny '92, Comedy' R' (04) Wicker Park ★★ '04, Suspense' PG-13' (09) The Falcon and the Snowman '85, Suspense' R' (21) Billy Elliot '00, Drama' R'
	MMAX 309	(04) Cinderella Man '05, Biography' <i>Russell Crowe</i> PG-13' (29) The Flight of the Phoenix '65, Adventure' NR' (8:51) Point Break ★★ '15, Action' PG-13' (10:46) Capote '05' R'
SHOWTIME	SHO-E 318	Best of All the Smoke (15) The Bling Ring '13' R' (45) Anything Else '03, Romance-Comedy' R' (35) Queenpins '21, Comedy' <i>Kristen Bell</i> R' (35) The Survivalist '21, Action' R'
	SHO2 320	⚡High Life '18, Science Fiction' R' (40) The Real Charlie Chaplin '21' NR' (45) Dirty Tricks '21, Documentary' NR' JFK Revisited: Through the Looking Glass 1917 '19
	SHOBET 321	⚡American Honey '16' (15) Ricky Powell: The Individualist '20' NR' (05) Rafiki '18, Drama' NR' Memphis '13, Drama' NR' Against the Tide Attica '21' NR'
	SHOX 322	⚡The Jesus Rolls '19' (15) Fast and Fierce: Death Race (40) Useless Humans '20' NR' The Spy Next Door '10' PG' (35) Hoosiers '86, Drama' <i>Gene Hackman</i> PG' Borg
	SHOS 323	⚡The Mauritanian '21, Drama' R' (40) Martin Eden '19, Historical Drama' <i>Luca Marinelli</i> NR' (7:50) Senior Moment '21' NR' Adam Sandler's (45) Paradise Cove '21' NR'
	TMC 327	⚡The Escort '15' NR' (15) The Last Movie Star '17' <i>Burt Reynolds</i> R' The Wrong Todd '18' NR' The Parts You Lose '19' NR' (05) The Golden Child ★★ '86' Obv Child
	FLIX-E 333	⚡Aug First! (45) The Ring Two ★★ '05, Horror' PG-13' (35) Marley ★★ '12, Documentary' <i>Bob Marley</i> PG-13' (35) You Better Watch Out '80' R' (35) Cutting Class '89, Horror' R'
STARZ	ENCR-E 340	⚡Fantasy (24) Smokin' Aces '07, Action' <i>Ben Affleck</i> R' (16) The Kid Detective '20' R' (7:59) Just My Luck '06' PG-13' (43) Starship Troopers ★★ '97, Science Fiction' R'
	STARZ-E 350	⚡12 Mighty Orphans '21' PG-13' (29) Welcome Home Roscoe Jenkins '08' (27) Mystery Men '99, Fantasy' PG-13' (33) Shaun of the Dead '04, Comedy' R' (17) Paul
	STRZED 352	⚡McFarland, USA '15, Docudrama' PG' (5:53) Paris Can Wait '16' PG' (27) The Kids Are All Right '10' (15) Premonition ★★ '07, Suspense' PG-13' (10:53) The Change-Up
	STRZCI 353	⚡Julie & Julia '09' PG-13' (41) The Last Shift ★★ '20' R' (14) The Lucky Ones ★★ '08, Drama' R' (09) The Seagull '18, Drama' PG-13' (10:50) Country Strong
	STRZCO 354	⚡Mr. & Mrs. Smith (4:56) Heartbreakers '01, Comedy' PG-13' Here Today '21, Comedy-Drama' PG-13' The Longshot ★★ '86' PG-13' (31) Mr. & Mrs. Smith '05, Action)
EPIX	EPIX 380	(05) The Turkey Bowl '19, Comedy' (10) Tonight You're Mine '11' (35) Come Away '20, Children's' (10) Britannia Shane ★★ '53, Western' <i>Alan Ladd</i>
	EPIX2 381	⚡The Machinist '04' (4:50) Wuthering Heights '03' (20) Silence '16, Historical Drama' <i>Andrew Garfield</i> The Avengers ★★ '12, Action' <i>Robert Downey Jr.</i> Robot
	EPIXH 382	⚡Master and Commander: The Far Side (10) Mommy ★★ '14, Drama' <i>Anne Dorval</i> Beatriz at Dinner '17, Comedy' (9:55) The Lovely Bones ★★ '09, Drama)
	EPIXDR 292	⚡Punk (45) King Kong ★★ '76, Adventure' <i>Jeff Bridges</i> Lifeguard '76, Drama' <i>Sam Elliott</i> (40) Internal Affairs '90, Crime Drama' (35) Paranormal Activity 3 '11)

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs		Prince	Paid Programs		Parking	Parking	Parking	Parking	Parking	Parking	Court Cam	Court Cam	Court Cam	Court Cam			
AHC 195	World War II in Color		WWII: Witness to War	WWII: Witness to War		The Civil War: Brothers	The Civil War: Brothers		The Civil War: Brothers		The Civil War: Brothers		The Civil War: Brothers		The Civil War: Brothers			
AMC 131	⚡Walking Dead: World		Norman Reedus	Paid Programs				Predator '87, Action' <i>Arnold Schwarzenegger</i>		The Last Samurai								
APL 184	Tanked		Tanked	Too Cute!		My Cat From Hell		Crikey! It's the Irwins		Secret Life-Zoo		The Zoo		Treehouse Masters				
AXSTV 167	Paid Programs								Live From Daryl's House		Live From Daryl's House		Daryl's		Alison Krauss			
BCBA 135	⚡Star Trek	Star Trek: Next	M. Python		Star Trek: Deep Space	Star Trek: Deep Space		Star Trek: Deep Space		Star Trek: Deep Space		Star Trek: Next		Star Trek: Deep Space				
BET 124	The Parkers	The Parkers	The Parkers	The Parkers	Prince	Prince	Prince	Prince	Live Single	Live Single	black-ish	black-ish	The Parkers	The Parkers	The Parkers	The Parkers		
BOUNCE 359	Scandal		The Real		Wendy Williams Show		Nick Cannon		Injury Ct.		Injury Ct.		Court	Court	Court	Court		
BRAVO 129	Kelly Clarkson		Paid Programs		Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC			
BUZZR 245	Match	Match	Match	Match	Paid Programs				Tell Truth	My Line?	Sale of	Sweep	Body Lang.	Blockbust	Match-Squares			
CIHD 249	The First 48: Detective		The First 48: Missing Persons 3:10 to Yuma; Harm's Way						American Justice		American Justice		Nightwatch		Nightwatch			
CMT 166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne		
CNBC 208	Shepard Smith		Worldwide Exchange (L)		Squawk Box (L)						Squawk on the Street (L)				Tech Check (L)			
CNN 200	CNN Newsroom Live (L)		Early Start w/Romans		New Day With		New Day With		New Day With		CNN Newsroom		CNN Newsroom		At This Hour-Kate			
COM 107	South Park		South Park	Paid Programs				Futurama		Futurama	Futurama	Futurama	South Park	South Park	South Park	South Park		
COMET 289	Paid Programs										Mega Piranha '10, Science Fiction' <i>Tiffany</i>		11-11-11 '11, Horror)					
COOK 113	Paid Programs						Man's Greatest Food		Man's Greatest Food		Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire		
DISC 182	Moonshiners		Moonshiners		Airplane Repo		Airplane Repo		Airplane Repo		Airplane Repo		Airplane Repo		Airplane Repo			
DFC 179	Kit. Crash	Kit. Crash	Gl Joe	Gl Joe	Blazing	Transform.	Beast	Beast	Rescue Bots	Rescue Bots	Transform	Puppies	Puppies	Pet Shop	Monsters	Monsters		
DISN-E 172	Jessie	Jessie	Ladybug	Ladybug	Mickey	Bluey	Bluey	Mira, Royal	Detective				Ladybug	Ladybug	Ladybug	Ladybug		
ENCR-W 341	⚡The Kid Detective '20' R' (31) Fantasy Island ★★ '20, Horror' PG-13' (24) Smokin' Aces '07, Action' <i>Ben Affleck</i> R' (16) The Kid Detective '20' R' (10:59) Just My Luck																	
EWESTN 342	⚡Two Flags West '50' (43) The Ox-Bow Incident '43' NR' (19) Smoky '66, Western' NR' (04) The Gunfighter '50' NR' (20) Two Flags West ★★ '50' NR' (50) Stranger Work																	
EACTN 343	⚡Braddock (43) Curse of the Golden Flower '06' R' (38) 3 Days to Kill ★★ '14, Action' PG-13' (37) Hours '13, Drama' <i>Paul Walker</i> PG-13' (19) A Knight's Tale '01' PG-13'																	
ESUSP 344	(12) The Accused '88, Drama' <i>Kelly McGillis</i> R' (04) Rosemary's Baby '68, Horror' <i>Mia Farrow</i> R' (23) Driven '18, Suspense' <i>Jason Sudeikis</i> R' (19) The Mortician '11' R'																	
EBLACK 345	⚡Chocolate (18) The Siege ★★ '98, Suspense' R' (17) Redemption Day '21' R' The One '01, Action' PG-13' Chain Reaction ★★ '96, Action' PG-13' Misbehav																	
ECLASS 346	⚡Hoffa '92' (43) Into the Blue '05, Adventure' PG-13' (35) The Delta Force ★★ '86, Action' <i>Chuck Norris</i> R' (8:47) Limitless '11' PG-13' (34) Hoffa '92, Biography' R'																	
EFAMILY 347	⚡Born Wild (20) Watch Out! (16) Prancer '89, Children's' G' (02) Kidco '84, Comedy' <i>Scott Schwartz</i> PG' Sheep and Wolves (05) Jimmy Neutron: Boy Genius Cinderella																	
ESPN 140	SportsCenter		SportsCenter		SportsCenter		SportsCenter (L)		Get Up (L)				First Take (L)					
ESPN2 143	UFC Archival		NFL Live		Keyshawn, JWill and Max (L)				SportsCenter (L)		SportsCenter (L)		Get Up (N)					
EWTN 261	Reflections Real		Dominican Crusades		Healing		Matthew's	St. Michael	Rosary	Daily Mass (L)		Holy		Scripture and Tradition		Mother Angelica Live	Marriage	
FETV 82	Hillbillies		Hillbillies		Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train		Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver
FNC 205	FOX & Friends First (L)		FOX & Friends First (L)		FOX & Friends First (L)								America's Newsroom With Hemmer & Perino		The Faulkner Focus (L)			
FOOD 110	Chopped Junior		Paid Programs						Girl-Farm	Girl-Farm	Girl-Farm	Girl-Farm	Pioneer	Pioneer	Pioneer	Pioneer		
FREFM 180	Paid Programs						black-ish		black-ish	black-ish	black-ish	700 Club Special Programming				A Dog's Way Home		
FS1 150	College Basketball <i>Providence at Seton Hall</i>		Skip and Shannon: Undisputed		First Things First (L)								Skip and Shannon: Undisputed (L)					

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs						Mom <i>Pilot</i>	Mom	Mom	The Secret Life of Pets ('16, Children's)			The Secret Life of Pets 2 ('19)			
FXM	384	4Abomin	The Black Swan ('42) 'NR'			Von Ryan's Express ★★ ('65, War) 'NR'			Hemingway's Adventures of a Young Man ('62) 'NR'			The Innocents ('61, Horror) 'NR'					
FXX	125	Paid Programs						Rough Night ('17, Comedy) <i>Scarlett Johansson</i>			Instant Family ('18, Comedy-Drama) <i>Mark Wahlberg</i>			Cleveland			
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs						Good Time	Good Time	Good Time	Good Time	All/Family	All/Family
GMSHW	116	Paid Programs						Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America		
GOLF	401	Paid Programs			Golf Central			Golf Central	Golf Central	Golf Central	Lessons	Lessons	Champion	Lessons	Lessons	PGA TOUR	
GRIT	217	Paid Programs						Zane Grey	Zane Grey	Zane Grey	Stagecoach ('39, Western) <i>John Wayne</i>			Stagecoach ★★ ('66, Western) <i>Ann-Margret, Alex Cord</i>			
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Accident</i>		Matlock <i>The Witness Killings</i> (Part 1 of 2)		Matlock (Part 2 of 2)			
HALLMV	187	Monk		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder	
HDMOV	130	Paid Programs						Sahara ('05, Adventure) <i>Matthew McConaughey</i>			Trailer	(40) Blue Chips ('94, Drama)					
HGTV	112	Fixer to Fabulous		Fixer to Fabulous		Home	Home	Home	Home	Home	Home	Dream	Dream	Dream	Dream		
HIST	120	Paid Programs						Jeremiah	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	
ID	192	Home Alone		Home Alone		Man With a Van		Man With a Van		Man With a Van		Your Worst Nightmare		Your Worst Nightmare		Your Worst Nightmare	
IFC	133	Scrubs	Scrubs	Scrubs	Scrubs	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	
LAFF	237	Paid Programs						How I Met	How I Met	Videos	Videos	Jim	Jim	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire
LIFE	108	Paid Programs						Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		The Closer	
LMN	109	Paid Programs						Malpractice ('01, Drama) <i>Gabrielle Carteris</i>			Stalked by My Doctor: The Return ('16)			Killer Caregiver ('18, Suspense) <i>Nicole Hayden</i>			
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters			
MGMHD	385	(05) Noose for a Gunman ('60)	Studio	Studio	(35) Casanova Brown ★★ ('44, Comedy)	(45) Two for the Seesaw ('62, Drama) <i>Robert Mitchum</i>	(15) Pieces of April										
MOTOR	246	Mundial	Mundial	FantomWorks	Garage Squad	Restoration	Restoration	Hot Rod	Hot Rod	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South	Fastest Cars-Dirty South				
MSNBC	209	Rachel Maddow Show		Way Too Early		Morning Joe (L)				Stephanie Ruhle (L)	Reports	Craig Melvin Reports (L)					
NATGEO	197	Locked Up Abroad		Locked Up Abroad		Paid Programs				Locked Up Abroad	Locked Up Abroad	Locked Up Abroad					
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol	
OUTD	396	Fowl Life	GunDogT	Viral	Jim Shock	Andrews	Unfathom	Buck.	The One	Whitetail	The Choice	Angling	A Fishing	Hunting TV/Outdoors	Am. Archer	Crush	
OWN	189	20/20: Homicide		20/20: Homicide		Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil		
OXYG	127	Dateline		Dateline		911 Crisis	911 Crisis	Homicide Hol		Snapped	Snapped	Snapped	Snapped	Snapped			
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue <i>Gutterball!</i>		(9:58) Bar Rescue	(10:56) Bar Rescue				
POP	117	Goldbergs	Goldbergs	Goldbergs	Goldbergs	Ghost Whisperer	Ghost Whisperer	Ghost Whisperer	ER	ER	ER	ER	ER				
REELZ	299	Paid Programs						Whitney Houston: Scandal and Legacy			Rihanna & Chris Brown	Steven Avery	Scott Peterson: Ultimate	Capturing Chris Watts			
SCI	193	Phantom Signals		Phantom Signals		Universe Works	Universe Works	Unearthed	Unearthed	Unearthed	Unearthed	Strange Evidence	What on Earth?				
SMITH	367	Disasters at Sea		Disasters at Sea		Aerial America	Aerial America	Aerial America	Aerial America	Mighty Trains	Mighty Trains	Mighty Trains	Mighty Trains				
SONY	386	4Gloria ★ ('99)		(4:55) The Hunt for the BTK Killer		Dark Vengeance ('11, Action)		Planet	(25) The Contractor ('07, Action) <i>Wesley Snipes</i>	(20) Shadow Man ('06, Action)							
SUND-E	358	4Columbo	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.		
SYFY	122	4The Prestige ★★ ('06, Drama)		Twi. Zone		Face Off		Face Off		Face Off		2012 ★★ ('09, Action) <i>John Cusack, Chiwetel Ejiofor</i>					
TBN	260	Christine	Access 360	Church	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen
TBS	139	Misery	Misery	Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends
TCM	132	Circus Clown ★★ ('34, Comedy)		MGM		The Younger Brothers ★★ ('49)		The Bandit Trail ('41)		(45) Along the Rio Grande ('41)	Ride in the Whirlwind ('65)		Rio Bravo				
TLC	183	Four Weddings ... <i>And Sorority Sisters</i>				Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Addiction	Addiction	Addiction	Addiction	Addiction	Addiction			
TMC-W	329	The Overnight ('15, Comedy) 'R'		The Get Together		(45) The Escort ('15) 'NR'	(15) The Last Movie Star ('17) <i>Burt Reynolds</i>	The Wrong Todd ('18) 'NR'		Parts Lose							
TNT	138	4War of the Worlds ('05, Science Fiction)		Charmed		Charmed (Part 1 of 2)		Charmed (Part 2 of 2)		Charmed		Supernatural	Supernatural	Supernatural <i>Skin</i>			
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro
TRVL	196	Paid Programs						Most Haunted (N)		Most Haunted (N)		Most Haunted (N)		Scariest Night			
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs				M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza			
UP	188	Paid Programs						Heartland		Heartland <i>Lost Song</i>		Heartland		Little House on Prairie	Little House on the Prairie (Part 2 of 2)		
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS: Los Angeles		NCIS		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
WE	128	Mama June- Not to Hot		Paid Programs						Law & Order <i>Cry Wolf</i>		Law & Order					

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)	Local Programs				The View (N)				
CBS-E	4CBS Overnight News (N)		News	News	News	News	CBS Mornings (N)	Local Programs				The Price Is Right (N)				
CW-E	Local Programs						Local Programs									
FOX-E	Local Programs						Local Programs									
NBC-E	Local Programs						Local Programs									
MEV	247*	(05) Barnaby Jones	Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me	Beaver	Beaver	Perry Mason	Matlock	In the Heat of Night				
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)			
CBS-W	4Corden	Local Prog.	CBS Overnight News (N)				News	News	News	News	CBS Mornings (N)					
CW-W	Local Programs						Local Programs									
FOX-W	Local Programs						Local Programs									
NBC-W	4Meyers	News	Today-Hoda		Early Tdy	Local Programs		Local Programs		Today (N)						
PBS	4Independ.	Breaking	Antiques Roadshow		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious

Time zone schedule for Eastern, Central, Mountain, and Pacific regions with 12 time slots from 12PM to 7:30.

PREMIUM MOVIES

Main grid of premium movies categorized by channel (HBO, MAX, SHOWTIME, STARZ, EPIX) and time slot, including titles like 'The Bourne Identity', 'The Wolverine', and 'A Good Day to Die Hard'.

AMERICA'S TOP PROGRAMMING

Main grid of America's Top Programming categorized by channel (A&E, AHC, AMC, APL, AXSTV, BCCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FNC, FOOD, FREFM, F51) and time slot, including titles like 'Court Cam', 'The Civil War: Brothers', and 'The Last Samurai'.

Timezone conversion table for Eastern, Central, Mountain, and Pacific time zones.

AMERICA'S TOP PROGRAMMING

Main program schedule table with columns for channel, time, and program title.

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Table listing network broadcast services such as ABC-E, CBS-E, and FOX-E.

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

HBO	HBO-E 310	Blades of Glory ('07) 'PG-13'	Somebody	Gemstones	(45) Euphoria	(45) Oblivion ('13, Science Fiction) <i>Tom Cruise</i> 'PG-13'	(1:50) Inside Man ★★★ ('06, Suspense) 'R'
	HBO2 312	Euphoria (N)	Somebody	Hard	(15) No Country for Old Men ('07, Crime Drama) 'R'	(2:0) TBA	(4:0) Man Down ('15, Suspense) 'R'
	HBO5 314	Young Woman	Insomnia ('02, Suspense) <i>Al Pacino</i> 'R'	Solaris ('02, Science Fiction) 'PG-13'	Gemstones	(15) Thelma & Louise ★★★ ('91, Comedy-Drama) 'R'	(25) Tenet
	HBOF 315	Mouse Hit (38)	Jurassic Park III ('01) 'PG-13'	(10) Enough Said ('13) 'PG-13'	(43) The Way, Way Back ★★★ ('13, Comedy) 'R'	(27) The League of Extraordinary Gentlemen 'For You'	You for
MAX	MAX 307	Snitch ★★ ('13, Crime Drama) 'PG-13'	(9:54) The Legend of Hercules ('14)	(35) The World's End ('13, Comedy) 'R'	(25) Swingers ('96, Comedy) 'R'	(03) Matchstick Men	
	5MAX 308	A Simple Plan ('98)	Disturbia ('07, Suspense) 'PG-13'	(45) Rocky ('76, Drama) <i>Sylvester Stallone</i> 'PG'	(45) Rocky II ★★★ ('79, Drama) 'PG'	(45) Rocky III ('82, Drama) 'PG'	
	MMAX 309	Raw Deal ('86) 'R'	Domino ★★ ('05, Action) <i>Keira Knightley</i> 'R'	(08) Tinker Tailor Soldier Spy ★★★ ('11, Mystery) 'R'	(16) The Savages ('07, Drama) 'R'	(11) Deerskin ('19) 'NR'	
SHOWTIME	SHO-E 318	The Dry ('20, Crime Drama) <i>Eric Bana</i> 'R'	Ray Donovan: The Movie ('22)	(45) Serpico ★★★ ('73, Crime Drama) <i>Al Pacino</i> 'R'	Bad Lieutenant ★★★ ('92) 'R'	Dead Man	
	SHO2 320	Ray Donovan	Philadelphia ('93, Drama) <i>Tom Hanks</i> 'PG-13'	(10) Ema ('19, Drama) <i>Mariana Di Girolamo</i> 'R'	Free Fire ★★★ ('16, Action) 'R'	(35) Trainspotting ('96) 'R'	
	SHOBET 321	Best of All the Smoke	Lies	Lies	Are We There Yet? ('05) 'PG'	Richard Pryor-Sunset Strip	The Queens of Comedy ('01) 'R'
	SHOX 322	Manchurian Cn	TBA	Bellator MMA Bellator 264: <i>Mousasi vs. Salter</i>	Brimstone ★★ ('16, Western) <i>Dakota Fanning</i> 'R'	Outlaws ('17) 'R'	
	SHOS 323	Mid90s 'R'	The Bling Ring ★★★ ('13) 'R'	Yellowjackets	Scream 4 ('11, Horror) <i>Neve Campbell</i> 'R'	The Death of Dick Long ('19) 'R'	(40) The Exception ('16) 'R'
	TMC 327	Becky ('20, Action) <i>Kevin James</i> 'R'	(35) Ex Machina ('15, Science Fiction) 'R'	The Captive ('14, Suspense) <i>Ryan Reynolds</i> 'R'	Frank Miller's Sin City ('05, Action) 'R'	Retreat	
	FLIX-E 333	Delivery Man ★★ ('13) 'PG-13'	(45) Young Adult ('11, Comedy-Drama) 'R'	Best Defense ('84, Comedy) 'R'	The Texas Chain Saw Massacre	Targets ★★ ('68, Suspense) 'R'	
STARZ	ENCR-E 340	Tremors ('90) 'PG-13'	Fantasy Island ★★ ('20, Horror) 'PG-13'	(10:53) Starship Troopers ★★★ ('97) 'R'	(07) St. Elmo's Fire ('85, Drama) <i>Rob Lowe</i> 'R'	What Lies Beneath	
	STARZ-E 350	Power Book II: Ghost (8:55)	Mystery Men ('99, Fantasy) 'PG-13'	Power Book II: Ghost (12:04)	Captain Fantastic ★★★ ('16) 'R'	(07) The Father ★★★ ('20, Drama) 'PG-13'	
	STRZED 352	(05) The Change-Up ★★ ('11, Comedy) 'R'	Robin Hood ★★★ ('10, Adventure) <i>Russell Crowe</i> 'PG-13'	Power Book II: Ghost (2:27)	Caged ('21, Suspense) 'NR'	(251) French Exit ('20)	
	STRZCI 353	(04) The Lucky Ones ★★ ('08, Drama) 'R'	Dean Spanley ★★★ ('08) 'PG'	(42) The Accidental President ('20) 'NR'	(34) The Unholy ★ ('21) 'PG-13'	(15) Kings ('17) 'R'	
	STRZCO 354	Bulletproof Monk ★★ ('03, Action) 'PG-13'	(9:46) This Is the End ('13) 'R'	(35) Here Today ('21, Comedy-Drama) 'PG-13'	(35) Tin Cup ★★★ ('96, Comedy) <i>Kevin Costner</i> 'R'		
EPIX	EPIX 380	Hidalgo ★★★ ('04, Adventure) <i>Viggo Mortensen</i>	(2:20) Open Range ('03, Western) <i>Robert Duvall</i>	(4:0) True Grit ★★★ ('69, Western) <i>John Wayne</i>	Britannia	Time	
	EPIX2 381	Teenage Mutant Ninja Turtles	Dora and the Lost City of Gold (4:0)	Love and Monsters ★★★ ('20, Fantasy)	Britannia	(20) We Die Young ('19, Action)	
	EPIXH 382	What's Eating Gilbert Grape ★★ ('93)	The Peanut Butter Falcon ('19)	(40) All the Right Moves ('83)	(15) Mr. Holland's Opus ('95, Drama) <i>Richard Dreyfuss</i>	Ordinary	
	EPIXDR 292	Kingpin ('96, Comedy) <i>Woody Harrelson</i>	(9:55) Coneheads ('93, Comedy)	(25) A Night at the Roxbury ('98)	(12:50) Head of State ★★ ('03)	Someone Marry Barry ★★ ('14)	

AMERICA'S TOP PROGRAMMING

A&E 118	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48
AHC 195	Iran Hostage Crisis	Patriots Rising	Patriots Rising	Patriots Rising	Patriots Rising	Iran Hostage Crisis	Patriots Rising	Patriots Rising	Patriots Rising
AMC 131	Beetlejuice ('88, Comedy) <i>Michael Keaton</i>	The Great Outdoors ★★ ('88, Comedy)	Beetlejuice ('88, Comedy) <i>Michael Keaton</i>	Walking Dead: World	Walking Dead: World				
APL 184	River Monsters: Deadliest Man-Eaters (N)	Monsters	Monsters	(05) River Monsters: Deadliest Man-Eaters	River Monsters	Monsters	River Monsters		
AXSTV 167	Live From Artists Den	The Last Waltz ('78, Documentary) <i>Robbie Robertson</i>	(45) The Last Waltz ★★★ ('78, Documentary) <i>Robbie Robertson</i>	Live From Artists Den	Legends				
BCBA 135	Law & Order Terminal	Law & Order Thrill	Law & Order	Law & Order	Eraser ★★ ('96, Action) <i>Arnold Schwarzenegger</i>	Star Trek: Next	Star Trek		
BET 124	White Chicks ('04)	Tyler Perry's Sistas (N)	First Wives	Bigger (N)	Tyler Perry's Sistas	First Wives	Bigger		
BOUNCE 359	Miss Congeniality 2: Armed and Fabulous ('05, Comedy)	Cop Out ★ ('10, Comedy) <i>Bruce Willis</i>	Eraser ★★ ('96, Action) <i>Arnold Schwarzenegger</i>	In the Heat of Night					
BRAVO 129	Housewives/OC	Housewives/OC	Watch	Housewives/OC	Housewives-Atlanta	Real Housewives of SLC	Vanderpump Rules		
BUZZR 245	Concentrat	Password	Sweep	Card	Match-Squares	Concentrat	Password		
CIHD 249	Paranormal	Paranormal	Paranormal	Paranormal	Female Forces	<i>Irish Luck</i>	Female Forces		
CMT 166	Last Man	Last Man	Mom	Mom	Mom	Mom	Mom		
CNBC 208	Shark Tank	Shark Tank	American Greed (N)	American Greed	Shepard Smith	American Greed	Dateline		
CNN 200	Anderson Cooper 360 (L)	Anderson Cooper 360 (L)	Don Lemon Tonight (L)	Don Lemon Tonight (L)	Anderson Cooper 360	Anderson Cooper 360	Don Lemon Tonight		
COM 107	South Park	South Park	South Park	South Park	Daily Show	South Park	South Park		
COMET 289	Quantum Leap	Quantum Leap	The X-Files (Part 2 of 2)	The X-Files	<i>Home</i>	The X-Files	<i>Teliko</i>		
COOK 113	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Food Paradise (N)	Food Paradise	Carn Eats		
DISC 182	Moonshiners (N)	Moonshiners	Moonshiners	Moonshiners					
DFC 179	Chopped Junior	Chopped Junior	Chopped Junior	Chopped Junior	Chopped Junior	Chopped Junior	Buddy's Bakery Rescue		
DISN-E 172	Big City	Big City	Big City	Big City	Owl Hse.	Amphibia	Big City		
ENCR-W 341	Yellow (38)	The Kid Detective ('20, Comedy) 'R'	(21) Tremors ('90, Horror) 'PG-13'	Fantasy Island ★ ('20, Horror) 'PG-13'	(1:53) Starship Troopers ('97, Science Fiction) 'R'				
EWESTN 342	Ride Beyond	(03) 100 Rifles ('69, Western) <i>Jim Brown</i> 'PG'	(12:12) The Stranger Wore a Gun (37)	The Comancheros ('61, Western) 'NR'	RideBeyond				
EACTN 343	P2 ('07, Suspense) <i>Wes Bentley</i> 'R'	(40) Tortured ('08, Suspense) <i>Cole Hauser</i> 'R'	Hours ('13, Drama) 'PG-13'	(12) Congo ('95, Action) <i>Dylan Walsh</i> 'PG-13'	(03) A Knight's Tale				
ESUSP 344	Driven ('18) 'R'	District 9 ★★★ ('09, Science Fiction) 'R'	(10:55) Fair Game ('10, Suspense) 'PG-13'	(12:47) Dead Birds ('04, Horror) 'R'	(20) Driven ('18, Suspense) 'R'				
EBLACK 345	Glory ('89, War) <i>Matthew Broderick</i> 'R'	(9:53) Celeste and Jesse Forever (28)	The Siege ★★ ('98, Suspense) 'R'	(29) Attack the Block ('11) 'R'	Glory ('89, War) 'R'				
ECLASS 346	(13) Limitless ★★ ('11, Suspense) 'PG-13'	Rescue Me	<i>Leaving</i>	(12) Damages	(12:08) Evil Dead ('13, Horror) 'R'	(43) Because I Said So ★ ('07) 'PG-13'	Smoke		
EFAMILY 347	Prancer ('89, Children's) 'G'	(45) Cinderella ★★★ ('15, Children's) 'PG'	(32) Big ('88, Children's) <i>Tom Hanks</i> 'PG'	(18) Hero Mode ('21, Comedy) 'PG'	(2:48) The Red Stallion				
ESPN 140	NBA Basketball: Hornets at Celtics	NBA Basketball: Los Angeles Clippers at Denver Nuggets (L)	SportsCenter	SportsCenter	SportsCenter (L)	SportCtr			
ESPN2 143	College Basketball	2022 Australian Open Tennis	<i>Second Round</i> (L)	SportsCenter (L)	UFC	Around	Interruption		
EWTN 261	EWTN Live (N)	News	Rosary	Fr. Spitzer's Universe	Crossing	Women of Daily Mass	EWTN Live		
FETV 82	Perry Mason	Perry Mason	Mannix	<i>Run Till Dark</i>	Mannix	<i>The Glass Trap</i>	B. Miller		
FNC 205	Tucker Carlson Tonight (L)	Hannity (L)	The Ingraham Angle (L)	Gutfeld! (N)	Fox News at Night	Tucker Carlson Tonight	Hannity		
FOOD 110	Guy's Grocery Games	Worst Cooks in America	Beach Bites (N)	Diners	Diners	Guy's Grocery Games	Worst Cooks in America		
FREFM 180	The Office	The Office	The Office	The Office	The Office	The 700 Club	Simpsons		
FS1 150	College Basketball	College Basketball: Xavier at DePaul (L)	Big East	Skip and Shannon: Undisputed	TMZ (N)	NFL Films	College Basketball		

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Blind Side ('09, Drama) Sandra Bullock				The Blind Side ★★★ ('09, Drama) Sandra Bullock, Tim McGraw				The Expendables ★★ ('10, Action)				Snowfall Re-Entry					
FXM	384	Deadpool 2 ('18, Action) Ryan Reynolds 'R'				Deadpool 2 ★★★ ('18, Action) Ryan Reynolds 'R'				Assassin's Creed ('16, Action) 'PG-13'				FXM Pres. Wizards ('77) 'PG'					
FX	125	Family Guy		Family Guy		Family Guy		Family Guy		Burgers		Burgers		Burgers		Burgers			
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		All/Family		All/Family			
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided		
GOLF	401	PGA TOUR		Golf Central		PGA Preview		Golf 2022		The American Express Charity Event		Golf		Golf Central		DP Tour Golf			
GRIT	217	The Last Days of Frank and Jesse James				The Oregon Trail ('75, Western) Rod Taylor				The Night of the Grizzly ('66, Western) Clint Walker				Death Vall.		Paid Programs			
HALL	185	The Baker's Son ('21, Romance)				Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier		Frasier	
HALLDR	186	Little House on Prairie		Mom's Day Away ('14, Comedy)				The Waltons		The Waltons		The Waltons		The Waltons		Little House on Prairie			
HALLMV	187	Emma Fielding		Emma Fielding				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk	
HDMOV	130	Falsely Accused ('16)		The Starving Games ★ ('13)		Dance Flick ('09, Comedy) Shoshana Bush		The Starving Games ('13)		Dance Flick ('09, Comedy)									
HGTV	112	Property Brothers		Home Inspector Joe (N)				Hunters		Hunters		Moving for Love (N)		Home Inspector Joe		Hunters		Moving for Love	
HIST	120	Forged in Fire		Forged in Fire (N)				(03) Forged in Fire		(12:03) Forged in Fire		(06) Forged in Fire		(04) Forged in Fire					
ID	192	Body Cam		Calls From the Inside (N)		Ch.- Court		Ch.- Court		See No Evil		Calls From the Inside		Ch.- Court		Ch.- Court		See No Evil	
IFC	133	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		'70s Show		'70s Show		How I Met		How I Met		How I Met	
LIFE	108	Married at First Sight (N)				(03) Leave it to Geeg (N)		Married at First Sight (N)				(12:01) Married at First Sight		(04) Leave it to Geeg		Married at First Sight			
LMN	109	Malicious Motives ('21, Suspense)				Black Hearted Killer ('20, Suspense)				(12:01) Malicious Motives ('21, Suspense)				Black Hearted Killer ('20, Suspense)					
MAGN	111	Fixer Upper: Welcome		Fixer Upper: Welcome				Fixer Upper		Fixer Upper		Fixer Upper: Welcome		Fixer Upper		Fixer Upper: Welcome		Fixer Upper: Welcome	
MGMHD	385	Missouri		The Big Country ★★★ ('58, Western) Gregory Peck, Jean Simmons				(12:10) The Wonderful Country ★★★ ('59, Western)				(20) Rancho Deluxe ('75, Western)							
MOTOR	246	Texas Metal		Texas Metal (N)		Iron Resurrection		Iron Resurrection		Texas Metal		Iron Resurrection		Iron Resurrection		Texas Metal			
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show				The Last Word		The 11th Hour (L)		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes	
NATGEO	197	To Catch a Smuggler		Mariana van				Mariana van		To Catch a Smuggler		Mariana van		Trafficked		To Catch a Smuggler		To Catch a Smuggler	
NGWLD	190	Life Below Zero (N)		Life Below Zero (N)		Life Below Zero (N)		Life Below Zero (N)		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Paid Programs	
OUTD	396	Guns	Rifleman	Shooting USA		Shoot Gllry		Gun Stories		Guns		Rifleman		Shooting USA		Shoot Gllry		Gun Stories	
OWN	189	20/20 on OWN		20/20: Homicide				20/20 on OWN		20/20 on OWN		20/20: Homicide		20/20 on OWN		20/20 on OWN		20/20 on OWN	
OXYG	127	Dateline: Secrets Uncovered (N)				Dateline: Secrets Uncovered				Cold Justice				Cold Justice		Cold Justice		Dateline	
PARMT	241	The Shawshank Redemption ('94, Drama)				Air Force One ★★★ ('97, Suspense) Harrison Ford, Gary Oldman				The Shawshank Redemption ★★★★★ ('94, Drama) Tim Robbins									
POP	117	NCIS: New Orleans		NCIS: New Orleans				NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans	
REELZ	299	Thunderbolt and Lightfoot ★★★ ('74, Comedy-Drama)				Johnny Cash				Willie Nelson		Thunderbolt and Lightfoot ★★★ ('74, Comedy-Drama)				Paid Programs			
SCI	193	Catastrophes		Catastrophes		Engineering Catastrophes (N)				Catastrophes		Engineering Catastrophes				Catastrophes			
SMITH	367	The Life of Earth		The Life of Earth				Age of Humans Earth		Aerial Cities Miami 24		The Life of Earth		The Life of Earth		Air Disasters		Air Disasters	
SONY	386	Good Day for a Hanging ('58)				The Legend of Tom Dooley ('59, Action) (20)				Good Day for a Hanging				(12:55) The Legend of Tom Dooley (25)		The Last Supper ★★★ ('95)			
SUND-E	358	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Perry Mason		Perry Mason		Perry Mason	
SYFY	122	The Accountant ('16)		Geostorm ★ ('17, Action) Gerard Butler, Jim Sturgess				Battleship ★★ ('12, Science Fiction) Taylor Kitsch				Tw. Zone		Tw. Zone		Tw. Zone		Magical	
TBN	260	David	Gaither	Main Stage		Worship		Gospel		Elevation		S. Furtick		Watchman		Prince		Access 360	
TBS	139	All Elite Wrestling: Dynamite (L)				Go-Big Show				Sheldon		Sheldon		Sheldon		Sheldon		George	
TCM	132	Mr. Smith Goes to Washington ('39, Comedy-Drama)				Mr. Deeds Goes to Town ('36, Comedy)				(45) You Can't Take It With You ★★★★★ ('38, Comedy)				It Happened					
TLC	183	My 600-Lb. Life (N)				Too Large (Part 1 of 2)				Save My Skin		My 600-Lb. Life		Too Large (Part 1 of 2)		Save My Skin			
TMC-W	329	Krisha ('15, Drama) 'R'		(8:55) The Vanishing of Sidney Hall ('17) 'R'				Becky ('20, Action) Kevin James 'R'		(35) Ex Machina ('15, Science Fiction) 'R'				The Captive ('14, Suspense) 'R'					
TNT	138	NHL Hockey: Maple Leafs at Rangers				NHL Hockey Colorado Avalanche at Anaheim Ducks (L)				NCIS: New Orleans				NCIS: New Orleans					
TRU	242	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	
TRVL	196	Ghost Adventures		Ghost Adventures				Ghosts of Tragedy (N)				Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghosts of Tragedy	
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	King	King	Raymond	Raymond	Goldbergs	
UP	188	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Paid Programs	
USA	105	TBA		TBA				Law & Order: SVU				Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
WE	128	NCIS Kill Screen		NCIS One Last Score				NCIS				NCIS Tell-All		NCIS Two-Faced		Law Order: CI		Law Order: CI	

LOCAL NETWORKS

ABC-E	Goldbergs		Wonder		Conners		Home E.		The Chase (N)		Local Prog.		(35) Jimmy Kimmel Live!		Nightline (N)		Local Programs		ABC World News Now (N)			
CBS-E	Price Is Right				The Amazing Race (N)				Good Sam (N)				Local Prog.		Late Show-Colbert		James Corden		Local Prog.			
CW-E	DC's Legends				Batwoman (N)				Local Programs													
FOX-E	I Can See Your Voice (N)				Next Level Chef (N)				Local Programs													
NBC-E	Chicago Med				Chicago Fire				Chicago P.D.				Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Today-Hoda	
MEV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Tw. Zone	Alfred Hitchcock Hour	(05) Mannix	(05) Cannon									
ABC-W	Local Programs				News				Local Programs				Goldbergs		Wonder		Home E.		The Chase (N)			
CBS-W	Local Programs				News				Local Programs				Price Is Right		The Amazing Race (N)				Good Sam (N)		Local Prog.	
CW-W	Local Programs				DC's Legends				Batwoman (N)				Local Programs									
FOX-W	Local Programs				I Can See Your Voice (N)				Next Level Chef (N)				Local Programs									
NBC-W	Local Prog.		News		Local Programs				Chicago Med		Chicago Fire		Chicago P.D.		Local Prog.		Tonight Show-J. Fallon		Meyers			
PBS	Animals With Cameras		NOVA (N)				Big Pacific		Voracious		Amanpour-Co		Animals With Cameras		NOVA		Big Pacific		Voracious			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES																
HBO	HBO-E 310	High-Rise ('15, Comedy) Tom Hiddleston 'R'	(04) Speed 2: Cruise Control ('97) 'PG-13'	(10) All My Life ('20) 'PG-13'	Tyler Perry's Why Did I Get Married Too? Fast 6											
	HBO2 312	420 Feet From (4:50) Hearts in Atlantis ★★ ('01) (35) Western Stars ('19) 'PG'	The Spirit ('08, Action) 'PG-13' (45) The Aviator ★★★ ('04, Biography) 'PG-13'													
	HBO5 314	Tenet ★★★ ('20, Action) 'PG-13'	Keeping the Faith ('00) Ben Stiller 'PG-13' (10) What Women Want ('00, Romance-Comedy) 'PG-13' (20) Anna Karenina ('12) 'R'													
	HBOF 315	For Your (44) Ballet 422 ('14) Tiler Peck 'PG'	K'garten Happily Crashbox (10) The Truman Show ('96) Jim Carrey 'PG'	(23) Igor ('08, Children's) 'PG'	Johnny English											
MAX	MAX 307	Matchstick Men ('03) The Trouble With Spies ('87) 'PG'	Mimic 2 ★ ('01, Horror) 'R'	(09) A Family Thing ('96, Drama) 'PG-13'	(958) Genius ★★★ ('16) 'PG-13'	(42) Si 'NR'										
	5MAX 308	Rocky III (25) Save the Last Dance ★★★ ('01) 'PG-13'	(18) Runaway Train ('85) 'R'	(09) A Family Thing ('96, Drama) 'PG-13'	(958) Genius ★★★ ('16) 'PG-13'	(42) Si 'NR'										
	MMAX 309	Deerskin (28) The Brothers Grimm ('05, Fantasy) 'PG-13'	(41) Kicking & Screaming ('05, Comedy) 'PG'	(16) Down With Love ('03) 'PG-13'	(958) The Cider House Rules ('99) 'PG-13'											
SHOWTIME	SHO-E 318	Dead-Campus (05) Gridiron Gang ('06, Crime Drama) 'PG-13'	(15) Dirty Tricks ('21, Documentary) 'NR'	The Manchurian Candidate ('04, Suspense) 'R' (15) Detainee 001												
	SHO2 320	(10) Martin Eden ('19, Historical Drama) Luca Marinelli 'NR'	(20) Room ('15, Drama) Brie Larson 'R'	(20) Before I Fall ('17) 'PG-13'	Rolling Like Thunder Grizzly II											
	SHOBET 321	Coming From Insanity ('19) 'NR' (45) Fast and Fierce: Death Race (15) Under the Volcano ('21) Sting 'NR'	Hoops U Gridiron Gang ('06) Xzibit 'PG-13'													
	SHOX 322	Outlaws You're Watching Video Music Box Desus Assault in the Ring Boxing (7:55) RINGSIDE ('19) 'NR'	The Dry ('20, Crime Drama) Eric Bana 'R' Disgraced													
	SHOS 323	Exception Smoke ★★★ ('95, Drama) William Hurt 'R'	My Salinger Year ('20, Drama) 'R'	(15) The Survivalist ('21, Action) 'R'	(45) Fruitvale Station ('13) 'R'	(10) Philadelphia ('93)										
	TMC 327	The Retreat ('21) 'NR' The Parts You Lose ('19) 'NR'	Long Hot Summers - The Lucky Grandma ('19, Drama) 'NR' Mick A Case of You ('13) Justin Long 'R' Anywhere													
FLIX-E 333	Remember Me ★★ ('10, Romance) 'PG-13'	Memphis ('13, Drama) 'NR'	(20) Are We Done Yet? ('07) 'PG'	(8:55) Elizabethtown ★★ ('05) 'PG-13'	Mighty Aphrodite 'R'											
STARZ	ENCR-E 340	What Lies Beneath (12) State of Play ('09, Crime Drama) Russell Crowe 'PG-13'	(22) Striking Distance ('93) 'R'	(06) Prelude to a Kiss ('92, Fantasy) 'PG-13'	(10:53) Captain Phillips											
	STARZ-E 350	The Burnt Orange Heresy ('19) 'R' Walk Hard: The Dewey Cox Story (09) Munich ★★★ ('05, Suspense) Eric Bana, Daniel Craig 'R'	(9:56) The Father ('20) 'PG-13'	Date Mov												
	STRZED 352	French Exit ('20) 'R' (4:47) The Abyss ('89, Science Fiction) 'PG-13'	(10) The Good Dinosaur ('15, Children's) 'PG'	(8:46) Iron Man 3 ★★★ ('13, Action) 'PG-13'	Marine 4											
	STRZCI 353	Kings ('17) (44) Final Portrait ★★★ ('17, Biography) 'R'	(16) Dean Spanley ('08) 'PG'	(7:59) The Rider ('17, Drama) 'R'	(45) Inglourious Basterds ★★★ ('09, War) Brad Pitt 'R'											
STRZCO 354	Welcome Matt ('21) 'NR'	(26) So Undercover ('12) 'PG-13'	(03) Life Happens ★★ ('11, Comedy) 'R'	(8:46) Nine Months ('95) 'PG-13'	(32) Tin Cup ('96, Comedy) 'R'											
EPIX	EPIX 380	Time Freak ('18, Romance-Comedy) (25) Addicted ★ ('14, Drama) (15) Euphoria ('17, Drama) Alicia Vikander (8:55) The Space Between ('21) (35) Hidalgo ('04, Adventure)														
	EPIX2 381	Hope Gap ('19, Drama) Bill Nighy Sets (10) Revolutionary Road ★★★ ('08, Drama) (10) Bitter Harvest ★★ ('17, Historical Drama) Dora and the Lost City of Gold Turtles														
	EPIXH 382	Ordinary People ('80, Drama) (45) Bolden ('19, Biography) Gary Carr In Search of Greatness ('18) (8:50) Mighty Oak ('20) (35) Not Fade Away ('12, Drama)														
	EPIXDR 292	French Postcards ★★ ('79) (40) Dead Man Walking ('95, Crime Drama) (45) The Outsider ★★ ('79, Drama) Craig Wasson (9:50) Clockstoppers ('02, Children's) Kingpin														

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs		Prince	Paid Prog.	Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	Taking the Stand	The First 48			
AHC 195	Waco Standoff		Deadly Cults	Mafia Drug	AI Capone: Public	The Mexican Godfather		The Renegade Mobster		CIA Declassified	CIA Declassified					
AMC 131	Walking Dead: World		Ultra City	Stooges	Paid Programs						Three Amigos! ('86, Western)		The Break-Up ('06) Vince Vaughn			
APL 184	River Monsters		River Monsters	Too Cute!	My Cat From Hell		Crikey! It's the Irwins		Secret Life-Zoo		The Zoo		Treehouse Masters			
AXSTV 167	Paid Programs															
BCBA 135	Star Trek	Star Trek: Next	M. Python	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Next	Star Trek: Next				
BET 124	The Parkers	The Parkers	The Parkers	The Parkers	Prince	Prince	Prince	Prince	Live Single	Live Single	black-ish	black-ish	The Parkers	The Parkers	The Parkers	The Parkers
BOUNCE 359	Scandal Buckle Up		The Real	Wendy Williams Show	Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	Court	Court	Paternity	Paternity			
BRAVO 129	Kelly Clarkson		Paid Programs			Movie					Below Deck	Below Deck	Below Deck			
BUZZR 245	Match	Match	Match	Match	Paid Programs				Tell Truth	My Line?	Sale of	Sweep	Body Lang	Blockbust	Match-Squares	
CIHD 249	Paranormal	Paranormal	Paranormal	Paranormal	Cops Stirring Up the Dead				American Justice	American Justice	Nightwatch	Nightwatch				
CMT 166	CMT Music		CMT Music	CMT Music	CMT Music	CMT Music				Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	
CNBC 208	Shepard Smith	Worldwide Exchange (L)			Squawk Box (L)					Squawk on the Street (L)				TechCheck (L)		
CNN 200	CNN Newsroom Live (L)		Early Start w/Romans	New Day With			New Day With		CNN Newsroom		CNN Newsroom		At This Hour-Kate			
COM 107	South Park	South Park	Paid Programs		Futurama		Futurama	Futurama	Futurama	South Park	South Park	South Park	South Park	South Park	South Park	
COMET 289	Paid Programs										100 Degrees Below Zero ★ ('13, Action)			The 4th Floor ('99)		
COOK 113	Paid Programs						Unique	Unique	Unique	Unique	Cheap Eats	Cheap Eats	Cheap Eats	Cheap Eats	Cheap Eats	Cheap Eats
DISC 182	BattleBots		BattleBots	Master Distiller		Master Distiller	Master Distiller	Master Distiller	Homestead Rescue		Homestead Rescue		Homestead Rescue			
DFC 179	Kit. Crash	Kit. Crash	Gl Joe	Gl Joe	Blazing	Transform.	Transform.	Transform.	Rescue Bots	Rescue Bots	Transform	Puppies	Puppies	Pet Shop	Monsters	Monsters
DISN-E 172	Austin	Bunk'd	Bunk'd	Big City Greens				Ladybug				Ladybug	Ladybug	Ladybug		
ENCR-W 341	(07) St. Elmo's Fire ('85, Drama) Rob Lowe 'R'	(5:59) What Lies Beneath ★★ ('00) 'PG-13'	(12) State of Play ('09, Crime Drama) Russell Crowe 'PG-13'	(22) Striking Distance ('93) 'R'												
EWESTN 342	Ride Beyond (10) Warlock ★★★ ('59, Western) 'NR'	(14) The Stranger Wore a Gun (39) My Darling Clementine ('46) 'NR'	(18) 100 Rifles ('69, Western) 'PG'													
EACTN 343	A Knight's Tale ('01) 'PG-13'	(17) The Grandmaster ('13)	(08) The Equalizer 2 ★★ ('18, Action) 'R'	(11) Half Past Dead ★ ('02, Action) 'PG-13'	(10:52) Congo ('95)											
ESUSP 344	Driven 'R' Before the Devil (14) The Newton Boys ★★ ('98, Crime Drama) 'PG-13'	(18) The Gift ('00, Suspense) 'R'	(11) Joshua ('07, Suspense) Sam Rockwell 'R'													
EBLACK 345	Glory ('89, War) 'R'	(05) Behind the Curtain: Todrick Hall ('17) (6:48) Accepted ★★ ('06) 'PG-13'	(23) Emperor ('20) 'PG-13'	(04) Where's the Money ('17) 'R'	Rent Due											
ECLASS 346	Up in Smoke ('78) 'R'	(4:57) Damages (5:52) The Edge ★★ ('97, Adventure) 'R'	(7:53) Fun With Dick and Jane (26) Up in Smoke ★★ ('78) 'R'	Tremors 3: Perfection												
EFAMILY 347	(07) Millions ★★★ ('04, Comedy-Drama) 'PG'	Jimmy Neutron (12) Warren Miller's Timeless ('19) 'NR'	(8:53) Leave It to Beaver ('97) 'PG'	(22) Matilda ('96, Children's) 'PG'												
ESPN 140	NBA Basketball: Hornets at Celtics			SportsCenter	SportsCenter (L)	Get Up (L)					First Take (L)					
ESPN2 143	SportsCenter		SportsCenter	Keyshawn, JWill and Max (L)			SportsCenter (L)		SportsCenter (L)		Get Up (N)					
EWTN 261	Bob	Promise	Living Right	Healing	Saints	St. Michael	Rosary	Daily Mass (L)	Holy	EWTN Live	Saint Margaret		Marriage			
FETV 82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver	
FNC 205	FOX & Friends First (L)		FOX & Friends First (L)	FOX & Friends (L)				America's Newsroom With Hemmer & Perino				The Faulkner Focus (L)				
FOOD 110	Vermont	Vermont	Paid Programs				Valerie's	Valerie's	Valerie's	Valerie's	Kids Baking	Chopped				
FREFM 180	Paid Programs						black-ish	black-ish	black-ish	black-ish	700 Club Special Programming				Mr. Deeds ★ ('02)	
FS1 150	College Basketball Xavier at DePaul			Skip and Shannon: Undisputed			First Things First (L)			Skip and Shannon: Undisputed (L)						

Table with 15 columns representing time slots from 4AM to 11:30 and 5 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, PACIFIC, and AMERICA'S TOP PROGRAMMING.

Main grid of programming schedules for various channels including FX, FXM, FXX, GEMTV, GMSHW, GOLF, GRIT, HALL, HALLDR, HALLMV, HDMOV, HGTV, HIST, ID, IFC, LAFF, LIFE, LMN, MAGN, MGMHD, MOTOR, MSNBC, NATGEO, NGWLD, OUTD, OWN, OXYG, PARM, POP, REELZ, SCI, SMITH, SONDY, SONY-E, SYFY, TBN, TBS, TCM, TLC, TMC-W, TNT, TRU, TRVL, TVLND, UP, USA, and WE. Each row lists channel number, program title, and time slots.

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Table listing network broadcast services for channels ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS, detailing program titles and time slots.

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E 310	Fast & Furious 6 ★★★ ('13, Action) 'PG-13'	Half Brothers ★★ ('20) 'PG-13'	The Mummy Returns ★★★ ('01, Adventure) 'PG-13'	Real Steel ★★★ ('11, Action) 'PG-13'
	HBO2 312	Aviator (35) The Reader ('08, Drama) Kate Winslet 'R' (40) Hitman ★★ ('07, Action) 'R' (15) I, Robot ('04, Science Fiction) 'PG-13'	The Photograph ('20, Romance) 'PG-13'		
MAX	HBO5 314	Anna K Chaplin ('92, Biography) Robert Downey Jr. 'PG-13'	Rounders ('98, Drama) Matt Damon 'R'	Never Let Me Go ('10, Drama) 'R'	The Bourne Legacy ('12)
	HBOF 315	Johnny (19) New in Town ★★ ('09) 'PG' (1:56) Dolittle ('20, Children's) 'PG' (38) The Seeker: The Dark Is Rising ('07) 'PG' (17) Epic ('13, Children's) 'PG'	Percy Jackson: Sea		
SHOWTIME	MAX 307	Body Brokers ('21) 'R' (05) The Purge ('13, Suspense) 'R' (32) Stand Up Guys ★★ ('12) 'R' (08) Underwater ('20) 'PG-13'	This Is 40 ('12, Romance-Comedy) Paul Rudd 'R'		
	5MAX 308	The Hundred-Foot Journey ★★ ('14) 'PG' (1:55) Being Flynn ★★ ('12) 'R' (37) Against the Ropes ('04, Drama) 'PG-13'	2 Guns ('13, Action) Denzel Washington 'R'	Evolution	
STARZ	MMAX 309	Runner Runner ★★ ('13) 'R' (36) Max Payne ★★ ('08, Action) 'PG-13'	The X-Files ('98, Science Fiction) 'PG-13'	The Amityville Horror ('79, Horror) 'R'	The Order
	SHO-E 318	Detainee (45) The Mauritanian ★★ ('21, Drama) Jodie Foster 'R'	The Guard ('11, Comedy) 'R'	Last Call ('21, Comedy) Jeremy Piven 'R'	Last Black Man in San Fran
STARZ	SHO2 320	Grizzly II (45) Crash ('04, Drama) Sandra Bullock 'R' (40) Six Minutes to Midnight ('20) 'PG-13'	Patriot Games ★★★ ('92, Suspense) 'R' (20) TBA	Aint Them	
	SHOBET 321	Gridiron (35) The Long Shadow ('20) 'NR' (15) Step Up Revolution ('12, Drama) 'PG-13'	A Thousand Words ('12) 'PG-13'	Hitsville: The Making of Motown ('19)	When We
STARZ	SHOX 322	Disgraced ('17) 'NR' (15) Targets ('68, Suspense) 'R' (45) The Kill Team ('19, War) 'R' (15) Come Play ★★ ('20, Horror) 'PG-13'	The Match ('21, Historical Drama) 'NR'		
	SHOS 323	Philadelphia ('93) (15) My Sailing Year ('20, Drama) 'R'	Misery ★★★ ('90, Horror) James Caan 'R' (450) Fear of a Black Hat ('93) 'NR'	You're Watching Video Music Box	
STARZ	TMC 327	Anywhere With You (05) Windows on the World ('19, Drama) 'NR'	Being Rose ('17, Romance) 'NR'	Witches in the Woods ('19) 'NR'	Proximity ('19) 'NR'
	FLIX-E 333	Mighty (35) Heartworn Highways ('76) (05) Sophie's Choice ('82, Drama) Meryl Streep 'R' (40) Blue Caprice ★★ ('13) 'R' (15) Dark Skies ('13, Science Fiction) 'PG-13'			
STARZ	ENCR-E 340	Captain Phillips ('13) (10) State of Play ('09, Crime Drama) Russell Crowe 'PG-13' (19) Rudy ★★★ ('93, Drama) Sean Astin 'PG' (17) Stomp the Yard ('07) 'PG-13'	Striking Distance		
	STARZ-E 350	Date Movie ★★ ('06) (03) Hit & Run ('12, Comedy) Dax Shepard 'R' (246) Fever Pitch ('05) 'PG-13'	The Father ('20) 'PG-13'	Munich ('05, Suspense) Eric Bana 'R'	
STARZ	STRZED 352	Marine 4 Power Book II: Ghost (36) Ticking Clock ('11, Action) 'R' (21) The Abyss ('89, Science Fiction) 'PG-13'	Power Book II: Ghost (647) Iron Man 3 ('13)		
	STRZCI 353	Basterds (20) Great Expectations ('98) 'R' (14) Dean Spanley ('08, Comedy-Drama) 'PG' (357) The Unholy ('21) 'PG-13'	Inglourious Basterds ★★★ ('09, War) Brad Pitt 'R'		
STARZ	STRZCO 354	Tin Cup ('96) 'R' (1249) The Family Fang ('15) 'R' (38) Me, Myself and Irene ('00, Comedy) 'R' (37) Peggy Sue Got Married ('86) 'PG-13'	So Undercover ('12) 'PG-13'		
	EPIX 380	Hidalgo ★★ ('04) (12:55) Dear White People ('14) (45) The Mexican ★★ ('01, Comedy-Drama) Brad Pitt (4:50) The Stepford Wives ('04) (25) Bill & Ted Face the Music			
EPIX	EPIX2 381	Teenage Mutant Ninja Turtles (35) Love and Monsters ★★★ ('20, Fantasy) Master and Commander: The Far Side (45) King Kong ★★ ('76, Adventure) Jeff Bridges			
	EPIXH 382	Not Fade What's Eating Gilbert Grape ★★ ('93) The Peanut Butter Falcon ('19) (10) Star Trek VI: The Undiscovered Country Star Trek Generations ('94, Science Fiction)			
EPIXDR 292	Kingpin ★★ ('96, Comedy) Night-Roxbury (45) Coneheads ('93, Comedy) (15) Prophecy ('79, Science Fiction) Talia Shire The Saint ★★ ('97, Action) Val Kilmer				

AMERICA'S TOP PROGRAMMING

A&E 118	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48							
AHC 195	CIA Declassified	America: Facts	America: Facts	America's-Bunkers	Brothels-Built America	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies							
AMC 131	The Break-Up ('06)	The Great Outdoors ★★ ('88, Comedy)	Lethal Weapon ★★★ ('87, Action) Mel Gibson	Lethal Weapon 2 ★★★ ('89, Action) Mel Gibson												
APL 184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	North Woods Law	North Woods Law	North Woods Law	Louisiana Law								
AXSTV 167	UAddiction	Stone Temple Pilots	Soundgarden	IMPACT Wrestling (N)	IMPACT in 60 (N)											
BBCA 135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Eraser ('96, Action) Arnold Schwarzenegger								
BET 124	Martin	Martin	Martin	Martin	Martin	White Chicks ★★ ('04, Comedy) Shawn Wayans, Marlon Wayans	ATL ★★ ('06, Comedy-Drama) Tip Harris									
BOUNCE 359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night	In the Heat of Night	In the Heat of Night	Bernie Mac	Blade ★★ ('98, Horror) Wesley Snipes, Stephen Dorff							
BRAVO 129	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck							
BUZZR 245	Match	Match	Concen.	Concen.	Password	Password	Super Pass, Tattletales	Press Luck/Whew!	Match	Match	Match	Match	Sale of			
CIHD 249	Bordertown	Bordertown	Bordertown	Bordertown	Bordertown	Bordertown	Crime 360 Fatal Feud	Crime 360 Bad Blood	Crime 360	City Confidential	City Confidential	City Confidential	City Confidential			
CMT 166	Mike	Mike	Mike	Mike	King	King	King	King	King	King	King	King	King			
CNBC 208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Fast Money (L)	Mad Money (L)	Shepard Smith					
CNN 200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Situation Room	Situation Room	Erin Burnett OutFront (L)					
COM 107	South Park	South Park	South Park	South Park	South Park	South Park	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office	The Office			
COMET 289	The 4th Floor ('99)	Unforgettable ★★ ('96, Mystery) Ray Liotta	The Outer Limits	The Outer Limits	The Outer Limits	The Outer Limits	Farscape	Farscape	Farscape	Farscape	Quantum Leap					
COOK 113	Carnival	Carnival	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Best Thing	Best Thing	Best Thing	Best Thing	Delicious	Delicious	Delicious	Delicious
DISC 182	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots
DFC 179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!	Cats 101	Cake Boss	Cake Boss	Cake Boss	Cake Boss
DISN-E 172	Big City	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Bunk'd	Jessie	Jessie	Jessie	Raven	Raven	Holly H.	Holly H.
ENCR-W 341	Prelude to a Kiss ('92, Fantasy) 'PG-13'	Captain Phillips ('13, Docudrama) 'PG-13'	State of Play ('09, Crime Drama) Russell Crowe 'PG-13'	Rudy ('93, Drama) 'PG'												
EWESTN 342	The Comancheros ('61, Western) 'NR'	The Deputy	Wanted ... (2:56) Wagon Train	Laramie	Death Vall.	Fargo	Rifleman	(03) The Virginian	Warlock							
EACTN 343	Congo (43) Quarantine ('08, Horror) 'R' (15) The Equalizer 2 ('18, Action) Denzel Washington 'R' (18) The Grandmaster ('13) (09) Congo ('95, Action) Dylan Walsh 'PG-13'															
ESUSP 344	Behind Enemy Lines II (37) The Newborn Boys ★★ ('98) 'PG-13'	Behind Enemy Lines: Colombia ('09) 'R' (18) Joshua ('07, Suspense) 'R' (06) The Gift ('00) 'R'														
EBLACK 345	Rent Due ('20) 'NR' (1248) Attack the Block ('11) 'R' (19) Emperor ('20) 'PG-13'	Behind the Curtain: Todrick Hall (44) Rent Due ('20, Comedy) 'NR'	Malcolm	Malcolm												
ECLASS 346	Tremors 3 (41) Tremors 4: The Legend Begins ★ ('04) (24) Tremors 5: Bloodlines ('15) (06) Tremors: A Cold Day in Hell ('18) 'PG-13'	Hannibal ★★ ('01, Suspense) 'R'														
EFAMILY 347	Max Winslow and the House (41) Hero Mode ('21, Comedy) 'PG' (11) Millions ★★★ ('04, Comedy-Drama) 'PG' (451) Matilda ('96, Children's) 'PG' (31) Leave It to Beaver ('97) 'PG'															
ESPN 140	SportsCenter (L)	SportsCenter (L)	This Just In (L)	NBA Today (L)	NFL Live (L)	Around	Interruption	SportsCenter (L)	SportCtr	Basketball						
ESPN2 143	First Take (N)	2022 Australian Open Tennis	Second Round	The Point (L)	Daily Wager (L)	College Basketball										
EWTN 261	Daily Mass	Women of	At Home	The Journey Home	Chaplet	Rosary	Cat Chat	Polish	Opening Mass of the National	News	Fighting					
FETV 82	Bewitched	Bewitched	Wagon Train	Rawhide	Rawhide	Perry Mason	Perry Mason	Matlock (Part 1 of 2)	Matlock (Part 2 of 2)							
FNC 205	Outnumbered (L)	America Reports With John Roberts	The Story With Martha	Your World W/ Cavuto	The Five (L)	Special Report	FOX News Primetime (L)									
FOOD 110	Chopped	Chopped Booza Blues	Chopped Epic Eats	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby			
FREFM 180	Mr. Deeds ★ ('02)	Hitch ★★ ('05, Romance-Comedy) Will Smith	The Hangover ★★★ ('09, Comedy) Bradley Cooper	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office			
FS1 150	The Herd with Colin Cowherd (L)	Speak for Yourself (L)	Fox Bet	Undisputed	Elite (N)	Hoops	College Basketball									

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Lucy in the Sky ★★ ('19, Drama) <i>Natalie Portman, Jon Hamm</i>	Pitch Perfect 3 ★★★ ('17, Musical Comedy)				The Expendables ★★ ('10, Action)				The Expendables 2						
FXM	384	The Alligator People	Cocoon ('85, Fantasy) <i>Don Ameche 'PG-13'</i>	The Shape of Water ('17, Fantasy) <i>Sally Hawkins 'R'</i> (20) Yesterday ('19, Romance-Comedy) 'PG-13'				Mamma									
FXX	125	King of Hill King of Hill King of Hill King of Hill King of Hill King of Hill	Futurama Futurama Futurama Futurama Futurama Futurama				Simpsons Simpsons Simpsons Simpsons Simpsons Simpsons										
GETTV	373	The Rockford Files	Walker, Texas Ranger				Walker, Texas Ranger				Kojak						
GMSHW	116	Deal or No Deal	Match	Match	FamFeud	Catch 21	The Chase		America	Tug	Chain Rea.	Common	Puzzler	America	America	America	
GOLF	401	LPGA Golf				♀ PGA Tour Golf <i>The American Express, First Round (L)</i>				PGA Champions							
GRIT	217	Laramie	Laramie	Death Vall.	Death Vall.	Death Vall.	Death Vall.	The Deputy The Deputy The Deputy The Deputy	Fargo	Fargo	Fargo	Fargo	Fargo	Fargo	Fargo	Fargo	
HALL	185	Autumn Dreams ('15, Romance-Comedy)				All of My Heart: The Wedding ('18, Drama)				Raise a Glass to Love ('21, Romance-Comedy)				The Secret Ingredient ('20, Romance-Comedy)			
HALLDR	186	The Waltons		The Waltons		The Waltons		The Waltons		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie	
HALLMV	187	Diagnosis Murder		Diagnosis Murder		Monk		Monk		North to Home ('22, Drama) <i>Kimberley Sustad</i>		Christmas-My					
HDMOV	130	Dance Flick ★★ ('09)		Trailer	(25) Falsely Accused ('16)	(2:55) Kickboxer 3: The Art of War (35) Kickboxer 4: The Aggressor				Trailer	(40) Tom Horn ('80, Western)						
HGTV	112	Christina on the Coast		HGTV Dream		Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	
HIST	120	Swamp People		Swamp People		Swamp People		Swamp People		Swamp People		Swamp People		Swamp People		Swamp People	
ID	192	Til Death Do Us Part		Til Death Do Us Part		Til Death Do Us Part		Til Death Do Us Part		Web of Lies		Web of Lies		Web of Lies		Web of Lies	
IFC	133	3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.		Two Men		Two Men	
LAFF	237	Nt. Court		Nt. Court		Videos		Videos		'70s Show		'70s Show		Jim		Jim	
LIFE	108	The Closer		The Closer		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles	
LMN	109	Til Lies Do Us Part ★★ ('07, Drama)				Their Killer Affair ('17, Suspense)				Deceitful Dating ('21, Suspense)				Sex, Lies and Murder ('21, Suspense)			
MAGN	111	Delicious	Bizarre	Bizarre	Delicious	Delicious	Bizarre	Delicious	Bizarre	Family	Family	Family	Family	Zoe Bakes	Zoe Bakes	Magnolia	Magnolia
MGMHD	385	The Apple (45) Futureworld ★★ ('76, Science Fiction) <i>Peter Fonda</i> (05) The Woods ('05, Horror) <i>Patricia Clarkson</i> (10) Carrie ★★ ('76, Horror) <i>Sissy Spacek</i>				Rage											
MOTOR	246	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Roadkill	Restoration	Restoration	Hot Rod	Hot Rod	FantomWorks	Texas Metal		
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)		The Beat With		The ReidOut (L)			
NATGEO	197	Food	Food	Food	Food USA	Food USA	Food USA	Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero	
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		The Incredible Dr. Pol		The Incredible Dr. Pol	
OUTD	396	BigWater	Seahunter	Live 2 Hunt	Hunts	Snow Trax	Jim Shock	Shooting USA		Wild Ride	Addicted	The Choice	Driven	Lake	Gowdy	Drop Zone	Outdoors
OWN	189	Dr. Phil		Court		Court		Court		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN	
OXYG	127	Killer Couples		Killer Couples		Killer Couples		Buried in the Backyard		Buried in the Backyard		Buried in the Backyard		Buried in the Backyard		Buried in the Backyard	
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom		Two Men		Two Men		Two Men		Two Men	
POP	117	ER		ER		ER		House		House		House		House		House	
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	David Letterman		Steven Spielberg		Michael Douglas		Cops Rel.		Cops Rel.		The Affluenza Teen: The	
SCI	193	What on Earth?		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned		Mysteries-Abandoned	
SMITH	367	Air Disasters		Air Disasters		WWII Battles in Color		WWII Battles in Color		America in Color		America in Color		Air Disasters		Air Disasters	
SONY	386	(15) Angel ('84, Crime Drama) <i>Donna Wilkes</i> (05) Avenging Angel ★★ ('85, Crime Drama) (3:55) Under Suspicion ★★ ('00, Suspense)				Cross ('11, Action) <i>Michael Clarke Duncan</i>											
SUND-E	358	Andy G.		Andy G.		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order	
SYFY	122	Immortals ★★ ('11) The Chronicles of Riddick ('04, Science Fiction) <i>Vin Diesel</i> Battleship ★★ ('12, Science Fiction) <i>Taylor Kitsch</i>				(15) Geostorm ★★ ('17, Action) <i>Gerard Butler</i>											
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	Hope	Graham	Graham	Joel Osteen	Jewish	Church	The Potter's
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang
TCM	132	Cash-Call (45) Executive Suite ★★ ('54, Drama) (45) The Fountainhead ★★ ('49, Drama) (45) Patterns ('56, Drama)				(15) The Power and the Prize ('56, Drama)											
TLC	183	David &	David &	Loren & Al	Loren & Al	Sister Wives		Sister Wives		Sister Wives		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper	
TMC-W	329	Lucky G Mick		A Case of You ('13) <i>Justin Long 'R'</i> (35) Anywhere With You ('18) (05) Windows on the World ('19, Drama) 'NR'				Being Rose ('17, Romance) 'NR'				Witches					
TNT	138	Supernatural Faith		Supernatural Route 666		Supernatural Nightmare		Bones		Bones		Bones		Bones		Tip-Off	
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers	
TRVL	196	Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.		Osbornes- Bel.		Fright Club	
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.		Andy G.		Andy G.		Andy G.	
UP	188	Little House on the Prairie <i>The Godsister</i>				Gilmore Girls				Gilmore Girls				Gilmore Girls			
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Last Man		Last Man	
WE	128	Law Order: Cl		Law Order: Cl		Law Order: Cl		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs	GMA3-Need to Know				General Hospital (N)		Local Programs				Local Programs				News	Local Programs					
CBS-E	Local Prog. Young & Restless		Bold		The Talk (N)		Let's Make a Deal (N)				Local Programs				News	Local Programs						
CW-E	Local Programs				Local Programs		Local Programs				Local Programs											
FOX-E	Local Programs		Local Programs				Local Programs				Local Programs											
NBC-E	Local Programs				Days of our Lives (N)		Local Programs				Local Programs				Local Prog. News		Local Programs					
METV	247*	The Waltons		Gunsmoke Gunsmoke		Bonanza		Rifeman Rifeman		Wagon Train		Adam-12 Adam-12		Addams		Happy Day M*A*S*H M*A*S*H						
ABC-W	Local Programs				The View (N)		Local Programs				GMA3-Need to Know		General Hospital (N)				Local Programs					
CBS-W	Local Programs				The Price Is Right (N)		Young & Restless				Local Prog. Bold		The Talk (N)		Let's Make a Deal (N)				Local Programs			
CW-W	Local Programs				Local Programs				Local Programs				Local Programs				Local Programs					
FOX-W	Local Programs				Local Programs		Local Programs				Local Programs											
NBC-W	Today 3rd Hour (N)		Today-Hoda		Local Programs				Days of our Lives (N)				Local Programs									
PBS	Dinosaur	Clifford	Sesame St. Donkey		Tiger	Go Luna	Nature Cat Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)								

EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30						
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30						
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30						
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30						
PREMIUM MOVIES																							
HBO	HBO-E	310	Euphoria			(05) Euphoria			The Hitman's Wife's Bodyguard			Somebody			Chillin			(45) Godzilla vs. Kong ★★★ ('21) 'PG-13'			(40) Pitch Perfect ('12) 'PG-13'		
	HBO2	312	Magic Mike XXL ('15, Comedy-Drama) 'R'			Gemstones			Dreamgirls ('06, Musical) Jamie Foxx 'PG-13'			(45) The Hobbit: An Unexpected Journey ('12, Fantasy) 'PG-13'			Great								
	HBO5	314	The Bourne Legacy Profile ★★★ ('18, Suspense) Valene Kane 'R'			(10:50) Inheritance ('20) 'NR'			(45) For Colored Girls ★★ ('10, Drama) Kimberly Elise 'R'			Chillin			Witness								
	HBOF	315	Percy Jackson: Sea			(8:47) The Out-of-Towners ('99)			(18) The New Mutants ★★ ('20) (11:53) Independence Day ('96, Science Fiction) 'PG-13'			(18) Bend It Like Beckham ('02)											
MAX	MAX	307	Identity Thief ('13, Comedy) Jason Bateman 'R'			(9:53) How to Be Single ('16) 'R'			(45) Don't Tell Mom the Babysitter's Dead			The Quiet Ones ('14) 'PG-13'			Amityville II								
	5MAX	308	Evolution ('01) 'PG-13'			Chasing Amy ('97, Romance-Comedy) 'R'			(10:54) Beverly Hills Cop ('84) 'R'			(40) Beverly Hills Cop II ('87, Comedy) 'R'			(23) Reasonable Doubt ('14) 'R'								
	MMAX	309	The Order ('03) 'R'			The Prophecy ('95, Fantasy) 'R'			(38) The Prophecy II ('98) 'R'			The Prophecy 3: The Ascent ('00)			(27) The Prophecy: Uprising ('05) Prophecy: For								
SHOWTIME	SHO-E	318	Black Man Django Unchained ★★★ ('12, Western) Jamie Foxx 'R'			Best of All the Smoke			Yellowjackets			The Souvenir ('19, Romance) Tom Burke 'R'			In Bedrm								
	SHO2	320	Ain't Bodies			A Ghost Story ('17, Drama) 'R'			(35) Zola ★★★ ('20, Comedy) 'R'			Zack and Miri Make a Porno ('08)			(45) Scream 4 ('11, Horror) Neve Campbell 'R'			Wrong					
	SHOBET	321	When We Were Kings			Boxing			(45) Gridiron Gang ('06, Crime Drama) The Rock 'PG-13'			Queenpins ★★ ('21, Comedy) Kristen Bell 'R'			Waves ('19, Drama) Kelvin Harrison Jr. 'R'								
	SHOX	322	The Dry ('20, Crime Drama) Eric Bana 'R'			Boxing ShoBox: The New Generation: Bocachica vs. Reyes			(35) Passion in Prison ('20) 'NR'			Get Rich or Die Tryin' ('05, Crime Drama) 'R'											
	SHOS	323	Philadelphia ('93, Drama) Tom Hanks 'PG-13'			(05) My Tender Matador ('20) 'NR'			(40) Kobe Bryant's Muse			(05) Ray Donovan: The Movie			(45) Yellowjackets			Victoria					
	TMC	327	Scary Movie V ★ ('13) 'PG-13'			Hustle & Flow ★★ ('05, Drama) 'R'			Beauty Shop ★★ ('05) 'PG-13'			(15) Drunk Bus ('20, Comedy-Drama) 'NR'			Burden ('18) 'R'								
FLIX-E	323	The Spy Next Door ('10) 'PG'			(35) Anaconda ★ ('97) 'PG-13'			(05) Java Heat ('13, Action) Kellan Lutz 'R'			The Look of Love ('13) 'NR'			(45) On the Road ('12, Drama) 'R'									
STARZ	ENCR-E	340	Striking Distance ('93)			Captain Phillips ('13, Docudrama) Tom Hanks 'PG-13'			(18) Rudy ★★★ ('93, Drama) Sean Astin 'PG'			(16) The Broken Hearts Gallery			(08) Stomp the Yard								
	STARZ-E	350	Munich ('05) 'R'			Escape Room: Tournament			(32) Mortdecai ('15, Comedy) Johnny Depp 'R'			(22) Hit & Run ('12, Comedy) 'R'			(04) Saw ★★★ ('04, Horror) Cary Elwes 'R'								
	STRZED	352	Iron Man 3 ('13)			Power Book II: Ghost			(02) Monster Hunter ('20, Fantasy) 'PG-13'			(11:48) Bad Boys for Life ('20, Action) 'R'			(1:56) The Last Word ('17, Comedy-Drama) 'R'								
	STRZCI	353	(14) The Rider ('17, Drama) Brady Jandreau 'R'			Tamara Drewe ★★★ ('10, Comedy) 'R'			(11:54) Great Expectations ('98, Drama) 'R'			(1:40) Hannah and Her Sisters			Here Now								
STRZCO	354	Tin Cup ★★★ ('96, Comedy) Kevin Costner 'R'			(17) Me, Myself and Irene ('00, Comedy) 'R'			(18) Standing Up, Falling Down			(1:52) Trading Places ★★★ ('83, Comedy) 'R'												
EPIX	EPIX	380	Lemony Snicket's Series of Unfortunate			(9:50) What About Bob? ('91)			How It Ends ('21, Comedy-Drama)			(12:55) Election ('99, Comedy)			(40) The Guilt Trip ('12, Comedy)								
	EPIX2	381	Britannia			(8:50) World War Z ('13, Horror) Brad Pitt			(10:50) The Last of the Mohicans			(45) Resident Evil ('02, Horror) Milla Jovovich			Vault ('19, Crime Drama)								
	EPIXH	382	Star Trek: First Contact ('96, Science Fiction)			(9:55) Star Trek: Insurrection ('98)			(40) Star Trek: Nemesis ('02, Science Fiction)			(40) Star Trek Generations ('94, Science Fiction)			Priceless								
	EPIXDR	292	Paycheck ('03, Science Fiction) Ben Affleck			A.I.: Artificial Intelligence ★★★ ('01, Science Fiction)			Fire in the Sky ('93, Drama) D.B. Sweeney			(20) The Saint ★★ ('97, Action)											
AMERICA'S TOP PROGRAMMING																							
A&E	118	The First 48			The First 48 (N)			The Stand			The Stand			The First 48									
AHC	195	Codes and Conspiracies			Codes and Conspiracies			Codes and Conspiracies			Codes and Conspiracies			Codes and Conspiracies									
AMC	131	Gone in 60 Seconds ★★ ('00, Action) Nicolas Cage			(45) Edge of Tomorrow ('14, Science Fiction) Tom Cruise			(15) AVP: Alien vs. Predator ★★ ('04)			Walking Dead: World												
APL	184	Louisiana Law: Uncuffed (N)			North-Law			North-Law			(05) Louisiana Law: Uncuffed			North Woods Law									
AXSTV	167	IMPACT Wrestling (N)			TBA			IMPACT Wrestling			TBA			IMPACT in 60									
BBCA	135	Eraser Fury ★★★ ('14, War) Brad Pitt, Shia LaBeouf			Fury ★★★ ('14, War) Brad Pitt, Shia LaBeouf			Black Mass ('15, Biography)															
BET	124	ATL ('06) Tip Harris			Love Don't Cost a Thing ★★ ('03, Romance-Comedy) Nick Cannon			Martin			Martin			Martin									
BOUNCE	359	Blade II ★★★ ('02, Horror) Wesley Snipes			Blade: Trinity ★★ ('04, Horror) Wesley Snipes			A Man Apart ('03, Crime Drama) Vin Diesel			In the Heat of Night												
BRAVO	129	Million Dollar LA			Project Runway (N)			Watch			Below Deck			Movie									
BUZZR	245	Concentrat/Password			Sweep			Card			Match-Squares			Concen. Concen. FamFeud FamFeud									
CIHD	249	City Confidential			City Confidential			Crime 360			Crime 360 Killing Field			City Confidential									
CMT	166	Last Man			Last Man			Mom			Mom			Reba									
CNBC	208	Shark Tank			Shark Tank			Shark Tank			Shepard Smith			American Greed									
CNN	200	Anderson Cooper 360 (L)			Anderson Cooper 360 (L)			Don Lemon Tonight (L)			Don Lemon Tonight (L)			Anderson Cooper 360									
COM	107	The Office			The Office			The Office			The Office			Daily Show									
COMET	289	Quantum Leap			Quantum Leap			The X-Files Unruhe			The X-Files			The X-Files									
COOK	113	Good Eats			Good Eats			Good (N)			Good Eats			Back in Time for Dinner (N)									
DISC	182	BattleBots (N)			BattleBots			BattleBots			BattleBots			BattleBots									
DFC	179	Cake Boss			Cake Boss			Cake Boss			Cake Boss			Cake Boss									
DISN-E	172	Jessie			Jessie			Bunk'd			Bunk'd			Sydney									
ENCR-W	341	Rudy ('93)			(17) Stomp the Yard ('07) 'PG-13'			(15) Striking Distance ★★ ('93, Suspense) 'R'			Captain Phillips ('13, Docudrama) Tom Hanks 'PG-13'			(18) Rudy ('93, Drama) 'PG'									
EWESTN	342	Warlock ('59, Western) 'NR'			(24) Jericho ('01, Western) 'NR'			(07) My Darling Clementine ('46)			(45) Cowboy ('58, Western) Glenn Ford 'NR'			(18) Warlock ('59, Western) 'NR'									
EACTN	343	Silent Hill: Revelation ('12) 'R'			(35) The Equalizer 2 ★★ ('18, Action) 'R'			(40) Quarantine ('08, Horror) 'R'			(14) Braddock: Missing in Action III ('88) 'R'			(02) Anthropoid ('16)									
ESUSP	344	The Gift ('00) 'R'			Behind Enemy Lines II			(38) Behind Enemy Lines: Colombia ('09) 'R'			(16) Take Shelter ★★★ ('11, Drama) 'R'			(20) Scream 3 ('00, Horror) 'R'									
EBLACK	345	Where's the Money ('17) 'R'			Behind the Curtain: Todrick Hall			Emperor ('20) 'PG-13'			(43) Girl 6 ('96, Drama) Theresa Randle 'R'			The Black Full Monty									
ECLASS	346	The Edge ('97, Adventure) Anthony Hopkins 'R'			Rescue Me Sanctuary			Rules			(16) Damages			(16) Up in Smoke ('78)									
EFAMILY	347	Max Winslow and the House			(39) Millions ★★★ ('04, Comedy-Drama) 'PG'			My Hero Academia			12 Dogs of Christmas: Great Puppy Rescue			(2:48) Titan A.E. ('00)									
ESPN	140	Women's College Basketball			NHL Hockey Colorado Avalanche at Los Angeles Kings (L)			SportsCenter			SportsCenter (L)			SportsCenter									
ESPN2	143	College Basketball			News 2022 Australian Open Tennis Third Round (L)			UFC			NFL Live			Around									
EWNTN	261	The World Over News (N)			News			Rosary			Pro-Life			Defend Life									
FETV	82	Perry Mason			Perry Mason			Mannix			Mannix			B. Miller									
FNC	205	Tucker Carlson Tonight (L)			Hannity (L)			The Ingraham Angle (L)			Gutfeld! (N)			Fox News at Night									
FOOD	110	Restaurant: Impossible (N)			Beat Bobby			Beat Bobby			Beat Bobby			Beat Bobby									
FREFM	180	The Office			The Office			Single			Single			The 700 Club									
F51	150	College Basketball			College Basketball Connecticut at Butler (L)			College Basketball UCLA at Utah (L)			Elite Youth			TMZ (N)									

Table with 17 columns representing time slots: EASTERN, CENTRAL, MOUNTAIN, PACIFIC, 8PM, 8:30, 9PM, 9:30, 10PM, 10:30, 11PM, 11:30, 12AM, 12:30, 1AM, 1:30, 2AM, 2:30, 3AM, 3:30.

AMERICA'S TOP PROGRAMMING

Main program grid table with columns for channel, time, and program details. Rows include FX, FXM, FXX, GETTV, GMSHW, GOLF, GRIT, HALL, HALLDR, HALLMV, HDMOV, HGTV, HIST, ID, IFC, LAFF, LIFE, LMN, MAGN, MGMHD, MOTOR, MSNBC, NATGEO, NGWLD, OUTD, OWN, OXYG, PARM, POP, REELZ, SCI, SMITH, SOND, SONY-E, SYFY, TBN, TBS, TCM, TLC, TMC-W, TNT, TRU, TRVL, TVLND, UP, USA, WE.

LOCAL NETWORKS

Table listing local network programming for ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

Friday, Jan. 21

Ⓢ = LIVE SPORTS MOVIES MOVIE PREMIERE



EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E	310	Ⓢ Pitch (35) Rent ★★★ ('05, Musical) Rosario Dawson 'PG-13' (6:50) Pride & Prejudice ('05, Drama) 'PG' Solaris ('02, Science Fiction) 'PG-13' (40) News of the World ('20)
HBO	HBO2	312	Ⓢ The Great Gatsby ('13, Drama) 'PG-13' (05) Tom & Jerry ★ ('21, Children's) 'PG' (7:50) She's All That ('99) 'PG-13' Moonrise Kingdom ('12) 'PG-13' (05) Tully ('18) 'R'
HBO	HBO5	314	Ⓢ Witness ('85, Crime Drama) 'R' (20) Something New ('06) 'PG-13' Ouija ★ ('14, Horror) 'PG-13' Taken 2 ('12, Action) 'PG-13' (10) The Peacemaker ★★ ('97, Action) 'R'
HBO	HBOF	315	(11) The Hitchhiker's Guide to the Galaxy K'garden Happily Curious Crashbox Happily N'Ever After (09) Curious George ('06) 'G' (37) Dirty Rotten Scoundrels ('88)
MAX	MAX	307	Ⓢ Amityville II (4:55) Bill & Ted's Bogus Journey (31) Butter ★★ ('11, Comedy) 'R' (03) Warm Bodies ('13) 'PG-13' (42) Man Up ('15) Simon Pegg 'R' Beverly Hills Cop III
MAX	5MAX	308	Ⓢ The Banger Sisters ('02) 'R' (33) Save the Last Dance 2 ('06) (05) Volunteers ('85, Comedy) Tom Hanks 'R' (8:52) Eulogy ('04, Comedy) 'R' (18) Lay the Favorite ('12) 'R'
MAX	MMAX	309	(12) The Relic ★★ ('97, Horror) 'R' (02) In & Out ★★★ ('97) 'PG-13' (33) The Comebacks ('07) 'PG-13' (02) Skyline ★★ ('10) 'PG-13' (36) Their Finest ★★ ('16) 'R'

SHOWTIME	SHO-E	318	Ⓢ In the Bedroom ('01, Drama) 'R' (45) Aeon Flux ('05, Science Fiction) 'PG-13' 1917 ★★★ ('19, War) George Mackay 'R' Under the Volcano ('21) Sting 'NR' Video Music Box
SHOWTIME	SHO2	320	Ⓢ Wrong Turn ('21, Horror) 'R' Queen Bees ('21, Comedy) 'PG-13' (15) The Manchurian Candidate ('04, Suspense) 'R' A Thousand Words ('12) 'PG-13' (05) Anaconda ('97)
SHOWTIME	SHOBET	321	Ⓢ Waves 'R' Complicit ('13, Crime Drama) 'NR' Pariah: The Lives an (45) Aquarium of the Dead ('21) (15) Bitchin': The Sound and Fury of Rick James (15) Reign Over Me
SHOWTIME	SHOX	322	Ⓢ The Last Laugh ('20, Horror) 'NR' 3 Day Weekend ('19) 'NR' Slice ('18, Horror) Zazie Beetz 'R' (25) It Comes at Night ('17) 'R' The Blackcoat's Daughter ('15) 'R' Barely
SHOWTIME	SHOS	323	Ⓢ Victoria ('15, Suspense) Laia Costa 'NR' (05) Passion Play: Russell Westbrook The Sea of Trees ★ ('15, Drama) 'PG-13' (9:50) While We're Young ('14) 'R' Crisis ('21)
SHOWTIME	TMC	327	Ⓢ Burden ('18) 'R' Proximity ('19, Science Fiction) 'NR' Lean on Pete ('17, Drama) Charlie Plummer 'R' (05) Locke ★★ ('13, Drama) 'R' Relic ('20, Horror) Robyn Nevin 'R'
SHOWTIME	FLIX-E	333	Ⓢ On the Road ('12) 'R' Inescapable ('12, Suspense) 'R' Blackout (6:50) Gridiron Gang ('06) The Rock 'PG-13' Love and Honor ('12) 'PG-13' (35) The Way We Were ('73) 'PG'

STARZ	ENCR-E	340	Ⓢ Stomp the Yard ('07) (06) Wimbledon ('04) Kirsten Dunst 'PG-13' (6:47) Rudy ('93, Drama) 'PG' (45) Pretty in Pink ('86) Molly Ringwald 'PG-13' (26) Mr. Church ('16) 'PG-13'
STARZ	STARZ-E	350	Ⓢ Greed ★★ ('19, Comedy) 'R' (39) I Carry You With Me ('20, Drama) 'R' (34) Best Sellers ('21, Comedy-Drama) 'NR' (21) Little Women ★★ ('19, Drama) 'PG' Mortdecai
STARZ	STRZED	352	Ⓢ John Carpenter's Vampires ('98) (36) Yellow Rose ('19) 'PG-13' (12) Hulk ★★ ('03, Fantasy) Eric Bana 'PG-13' (32) Home Sweet Hell ★ ('15) 'R' (12) Spanglish ('04)
STARZ	STRZCI	353	Ⓢ Here and Now ('18) (11) The Rider ('17, Drama) Brady Jandreau 'R' (6:56) Tamara Drewe ('10, Comedy) 'R' Film Stars Don't Die in Liverpool (38) Call Me by Your Name ('17)
STARZ	STRZCO	354	Ⓢ M. Lawr (20) City Island ('09) 'PG-13' (06) Babysplitters ('19, Comedy) 'NR' (07) The New Guy ('02) 'PG-13' (38) Blind Date ★ ('87, Comedy) 'PG-13' City Island
EPIX	EPIX	380	Ⓢ Guilt Trip Britannia (10) The Babysitter ('95, Suspense) (40) Bernie the Dolphin 2 ('19, Children's) (20) Matriarch ('18, Horror) (9:55) Beatriz at Dinner ('17) How It
EPIX	EPIX2	381	(10) Solace ('15, Suspense) Anthony Hopkins (5:55) The Courier ('19, Action) (35) Under the Gun ('16, Documentary) (25) Mean Creek ('04, Drama) (10:55) World War Z
EPIX	EPHX	382	Ⓢ Priceless ★★ ('16, Drama) (20) Mighty Oak ('20) Janel Parrish (05) Once Upon a Time in the West ('69, Western) Henry Fonda (9:55) Star Trek: First Contact ★★ ('96)
EPIX	EPXDR	292	Ⓢ The Saint (20) Intersection ('94, Drama) Days of Heaven ('78, Drama) (35) The Lovely Bones ★★ ('09, Drama) Mark Wahlberg (9:50) Fire in the Sky ('93, Drama) Paycheck

AMERICA'S TOP PROGRAMMING

A&E	118	Paid Programs		Prince	Paid Prog.	Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	The First 48	The First 48			
AHC	195	Inside Secret Societies		Inside Secret Societies	Manhunt: Kill	Gunslingers	Manhunt: Kill	American Lawmen	Gunslingers	Legends of the West							
AMC	131	Ⓢ Walking	Walking Dead: World	Stooges	Paid Programs	Stooges	(45) Deep Impact ★★ ('98, Drama) Robert Duvall										
APL	184	North Woods Law		North Woods Law	Too Cute!	My Cat From Hell	Crikey! It's the Irwins	Secret Life-Zoo	The Zoo	Treehouse Masters							
AXSTV	167	Paid Programs		Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Black Mass ('15)							
BET	124	The Parkers	The Parkers	The Parkers	The Parkers	Prince	Prince	Prince	Prince	Live Single	Live Single	black-ish	black-ish	The Parkers	The Parkers	The Parkers	The Parkers
BOUNCE	359	Scandal Trump Card		The Real	Wendy Williams Show	Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	Court	Court	Paternity	Paternity			
BRAVO	129	Kelly Clarkson		Paid Programs	Million Dollar LA	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck					
BUZZR	245	Match	Match	Match	Match	Paid Programs	Tell Truth	My Line?	Sale of	Sweep	Body Lang.	Blockbust	Match-Squares				
CIHD	249	City Confidential		City Confidential	Boston: Betrayal in Beantown		American Justice	American Justice	Nightwatch	Mardi Gras	Nightwatch						
CMT	166	CMT Music		CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne				
CNBC	208	Shepard Smith		Worldwide Exchange (L)	Squawk Box (L)	Squawk on the Street (L)	TechCheck (L)										
CNN	200	CNN Newsroom Live (L)		Early Start w/Romans	New Day With	New Day With	CNN Newsroom	CNN Newsroom	At This Hour-Kate								
COM	107	Creek	Creek	Paid Programs	Futurama	Futurama	Futurama	Futurama	South Park	South Park	South Park	South Park	(15) South Park				
COMET	289	Paid Programs		Kaw ('07, Horror) Sean Patrick Flanery	Intruders ('11, Horror)												
COOK	113	Paid Programs		Junk Food	Junk Food	Yum-Yum	Yum-Yum	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Cupcake Wars					
DISC	182	Master Distiller		Master Distiller	Dual Survival	Dual Survival	Dual Survival	Dual Survival	Dual Survival	Dual Survival	Dual Survival						
DFC	179	Kit. Crash	Kit. Crash	Gl Joe	Gl Joe	Blazing	Transform.	Transform.	Transform.	Rescue Bots	Rescue Bots	Transform	Puppies	Puppies	Pet Shop	Monsters	Monsters
DISN-E	172	Austin	Bunk'd	Bunk'd	Big City	Ladybug	Ladybug	DuckTales	Amphibia	Big City	Big City	Big City	Puppy Pals	Ladybug	Ladybug	Ladybug	Ladybug
ENCR-W	341	Ⓢ Rudy ('93) (16) The Broken Hearts Gallery (08) Stomp the Yard ('07, Drama) 'PG-13' (06) Wimbledon ('04) Kirsten Dunst 'PG-13' (9:47) Rudy ('93, Drama) 'PG' (39) Pretty															
EWESTN	342	Ⓢ Warlock (20) Winchester '73 ('50) 'NR' (5:54) My Darling Clementine ('46) (32) The Return of Frank James (06) Cowboy ('58, Western) 'NR' (09) Broken Label ('54) 'NR'															
EACTN	343	Ⓢ Anthropoid ('16) 'R' (07) Arlington Road ★★ ('99, Suspense) 'R' (09) State Property 2 ('05, Crime Drama) 'R' (8:46) The Devil's Tomb ('09) 'R' (19) Anthropoid ★★ ('16) 'R'															
ESUSP	344	Ⓢ Scream 3 (19) The Gift ('00, Suspense) 'R' (14) Hours ('13, Drama) Paul Walker 'PG-13' (7:55) The Family ★★ ('13, Comedy) 'R' (9:50) Scream 3 ('00, Horror) David Arquette 'R'															
EBLACK	345	Ⓢ Where's the Money (4:51) See No Evil, Hear No Evil 'R' (36) Two Can Play That Game 'R' (10) The Fan ('96, Suspense) Robert De Niro 'R' (09) Blue Streak ★★ ('99, Comedy) 'PG-13'															
ECLASS	346	Ⓢ Guarding Tess ('94) (04) Hannibal ★★ ('01, Suspense) Anthony Hopkins 'R' (17) The Meddler ('15) 'PG-13' (02) The Juror ('96, Suspense) Demi Moore 'R' (Indecent Proposal 'R'															
EFAMILY	347	Ⓢ Titan A.E. (24) Strike ('19, Adventure) 'NR' (35) Spy Kids-Time in the World (35) Daisy's Dream ('21) 'NR' (05) The Wishmas Tree ('19) 'NR' (36) Titan A.E. ★★ ('00) 'PG'															
ESPN	140	NHL Hockey: Avalanche at Kings		SportsCenter	SportsCenter (L)	Get Up (L)	First Take (L)										
ESPN2	143	SportsCenter		SportsCenter	Keyshawn, JWill and Max (L)	SportsCenter (L)	Get Up (N)										
EWTN	261	Web/Faith	Living	The Journey Home	Original	Choices	Stations	Rosary	Litany	March For Life Coverage of the annual March For Life. (N)							
FETV	82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver	
FNC	205	FOX & Friends First (L)		FOX & Friends First (L)	FOX & Friends (L)	America's Newsroom With Hemmer & Perino	The Faulkner Focus (L)										
FOOD	110	Beat Bobby		Beat Bobby	Paid Programs	Best Baker in America	Best Baker in America	Food Paradise	Food Paradise								
FREFM	180	Paid Programs		black-ish	black-ish	black-ish	black-ish	700 Club Special Programming	The Middle	The Middle							
F51	150	College Basketball UCLA at Utah		Skip and Shannon: Undisputed	First Things First (L)	Skip and Shannon: Undisputed (L)											

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs						Mom	Mom	Lucy in the Sky ★★ ('19, Drama) <i>Natalie Portman, Jon Hamm</i>				Holmes & Watson							
FXM	384	☾Cocoon ('85) 'PG-13'		Champagne Charlie		Those Magnificent Men in Their Flying Machines ('65) (:20)				Devils of Darkness ('65) 'NR'		The Alligator People		Day Mars-Earth							
FXX	125	Paid Programs						Little ★★ ('19, Comedy) <i>Regina Hall, Issa Rae</i>				The 5th Wave ('16, Science Fiction) <i>Chloë Grace Moretz</i>									
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs						Good Time	Good Time	Good Time	Good Time	All/Family	All/Family				
GMSHW	116	Paid Programs						Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America						
GOLF	401	DP Tour Golf			DP Tour Golf			PGA Champions			Golf Central Pregame (L)										
GRIT	217	Paid Programs						Zane Grey	Zane Grey	Bandolero! ★★★ ('68, Western) <i>James Stewart</i>		Rough Night in Jericho ('67, Western) <i>Dean Martin</i>									
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls					
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		Matlock <i>The Defense</i>		Matlock					
HALLMV	187	Monk		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder					
HDMOV	130	Paid Programs						Barefoot in the Park ★★★ ('67, Comedy)				(9:55) Billy Two Hats ('73, Western) Kickbox4									
HGTV	112	Flip	Flip	Flip	Flip	Bargain Block		Bargain Block		Bargain Block		Bargain Block		Bargain Block							
HIST	120	Paid Programs						Jeremiah		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens					
ID	192	Fatal Vows		Fatal Vows		Primal Instinct		Primal Instinct		Primal Instinct		Twisted Sisters		Twisted Sisters		Twisted Sisters					
IFC	133	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Silent House ('11, Horror) <i>Elizabeth Olsen</i>			The Mist ★★ ('07, Horror) <i>Thomas Jane</i>			(15) Predator ('87)								
LAFF	237	Paid Programs						How I Met	How I Met	Videos	Videos	Jim	Jim	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	Nt. Court	Nt. Court		
LIFE	108	Paid Programs						Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Castle					
LMN	109	Paid Programs						High School Lover ('17, Drama) <i>Paulina Singer</i>				The Wrong Crush ('17, Drama) <i>Vivica A. Fox</i>		The Wrong Student ('17, Suspense)							
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	French	(40) The French Chef	French	Magnolia	Magnolia	Magnolia	Magnolia	Magnolia	Zoe Bakes	Zoe Bakes				
MGMHD	385	☾Code 46 ('03, Science Fiction) <i>Tim Robbins</i>		Studio		Studio		(10) Elmer Gantry ★★ ('60, Drama) <i>Burt Lancaster, Jean Simmons</i>			(15) Inherit the Wind ★★ ('60, Drama)										
MOTOR	246	Texas Metal		FantomWorks		Garage Squad		Restoration	Restoration	Hot Rod	Hot Rod	Junkyard Empire		Junkyard Empire		Junkyard Empire					
MSNBC	209	Rachel Maddow Show		Way Too Early		Morning Joe (L)				Stephanie Ruhle (L)		Reports		Craig Melvin Reports (L)							
NATGEO	197	Life Below Zero		Life Below Zero		Paid Programs						Drain the Oceans		Drain the Oceans		Drain the Ocean: WWII					
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol					
OUTD	396	Africa	The One	Hunting TV	Whitetail	Conchs	Spear Life	Seahunter	BigWater	Bill Dance	Angling	Major League Fishing		Cups		Fishing	Goody				
OWN	189	20/20 on OWN		20/20 on OWN		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil					
OXYG	127	Dateline		Dateline		911 Crisis	911 Crisis	911 Crisis	911 Crisis	Killer Siblings		Killer Siblings		Killer Siblings		Killer Siblings					
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue					
POP	117	NCIS: New Orleans		NCIS: New Orleans		Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER		ER					
REELZ	299	Paid Programs						US Weekly		US Weekly		US Weekly		Apocalypse Now		Nightmare		Living Dead			
SCI	193	Mysteries-Abandoned		Mysteries-Abandoned		Universe Works		Universe Works		Unearthed		Unearthed		Strange Evidence		What on Earth?					
SMITH	367	Ten Steps to Disaster		Ten Steps to Disaster		Aerial America		Aerial America		Aerial America		Aircraft Invest.		Ice Airport Alaska		Air Warriors					
SONY	386	Art of	Planet	Decision at Sundown ('57)		Planet	(6:55) Bite the Bullet ★★ ('75, Western) <i>Gene Hackman</i> (:25)				The 7th Voyage of Sinbad (:10)		Loose Cannons								
SUND-E	358	Perry Mason		Perry Mason		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.				
SYFY	122	The Last Witch Hunter ('15, Fantasy) <i>Vin Diesel</i>		Immortals ★★ ('11, Adventure) <i>Henry Cavill</i>		(25) Red ★★ ('10, Action) <i>Bruce Willis, Morgan Freeman</i>				(10:57) The Matrix ('99)											
TBN	260	Jordan	Business	Church	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen				
TBS	139	Wipeout		Matters	Matters	Matters	George	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Friends	Friends				
TCM	132	☾Dog Day (:45) Star 80 ('83, Biography) <i>Marlee Hemingway</i>		(45) The Man With Two Faces				(15) Conspirator ('49, Suspense)				(45) The Stranger ★★ ('46, Suspense) Shadow									
TLC	183	Four Weddings ... <i>And Brides on a Vine</i>				Extreme	Extreme	Extreme	Extreme	Extreme	Extreme	My 40-Year-Old Child		I Am Shauna Rae		I Am Shauna Rae					
TMC-W	329	(15) Drunk Bus ('20, Comedy-Drama) 'NR'		Burden ('18, Drama) <i>Garrett Hedlund</i> 'R'		Proximity ('19, Science Fiction) 'NR'				Lean on Pete ('17, Drama) <i>Charlie Plummer</i> 'R'											
TNT	238	NCIS: New Orleans		NCIS: New Orleans		Charmed <i>Black As Cole</i>		Charmed		Charmed		NCIS: New Orleans		NCIS: New Orleans							
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers		Carbonaro	Carbonaro	Carbonaro	Carbonaro
TRVL	196	Paid Programs						Most Haunted (N)		Most Haunted (N)		Most Haunted (N)		Most Haunted (N)		Paranormal Ca.					
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza					
UP	188	Paid Programs						Heartland		Heartland <i>Passages</i>		Heartland		Little House on Prairie		Little House on Prairie		Little House on Prairie			
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS: Los Angeles		NCIS: Los Angeles		Chicago Fire (N)		Chicago Fire <i>Joyriding</i> (N)		Chicago Fire (N)		Chicago Fire (N)					
WE	128	Mama June- Not to Hot		Paid Programs						Law Order: CI		Law Order: CI									

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)		
CBS-E	☾CBS Overnight News (N)		News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right (N)		
CW-E	Local Programs						Local Programs										
FOX-E	Local Programs						Local Programs		Local Programs								
NBC-E	Local Programs						Local Programs		Today (N)				Today 3rd Hour (N)	Today-Hoda	Local Programs		
MEVTV	247*	(:05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me	Beaver	Beaver	Perry Mason	Matlock	In the Heat of Night				
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				
CBS-W	☾Corden	Local Prog.	CBS Overnight News (N)				News		News	News	News	News	CBS Mornings (N)				
CW-W	Local Programs						Local Programs										
FOX-W	Local Programs						Local Programs										
NBC-W	☾Meyers	News	Today-Hoda		Early Tdy	Local Programs				Local Programs		Today (N)					
PBS	Animals With Cameras		NOVA			Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious



	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E	310	News	(40)	2 Fast 2 Furious ('03, Action) 'PG-13'	The Day After Tomorrow ('04, Action) 'PG-13'		(35)	Tenet ('20, Action) <i>John David Washington</i> 'PG-13'	Somebody			Suicide
	HBO2	312	Tully ('18)	(45)	Mama ★★ ('13, Horror) 'PG-13'	Feast of Love ('07, Drama) 'R'		(15)	The Incredible Burt Wonderstone ('13)	Collateral ('04, Suspense) <i>Tom Cruise</i> 'R'			
MAX	HBO5	314	(15) In the Heart of the Sea ('15, Adventure) 'PG-13'	(20)	King Kong ★★ ('05, Adventure) <i>Naomi Watts</i> 'PG-13'	The Transporter ('02) 'PG-13'		(05)	Memento ('00) 'R'	Vervinger Story II			
	HBOF	315	Dirty Rtn' ('28)	Wiener Dog Internationals	Dr. Dolittle: Tail to the Chief ('08)	(29)	Chasing Mavericks ('12, Docudrama) 'PG'	Mr. Magorium's Wonder		Neverending Story II			
MAX	MAX	307	Beverly Hills Cop III (12:58)	Just Before I Go ('14) 'R'	(31)	The Chosen ★★ ('81, Drama) 'PG'	The Faculty ('98, Horror) 'R'		(05)	Gangster Squad ('13, Crime Drama) 'R'			
	5MAX	308	Gangs of New York ★★ ('02, Historical Drama) 'R'	(39)	Cap	(257)	Tristan & Isolde ('06, Romance) 'PG-13'	(03)	Staying Alive ★★ ('83) 'PG'	(40)	Hacksaw Ridge ('16, War) 'R'		
SHOWTIME	MMAX	309	Finest (34)	War Horse ('11, Historical Drama) <i>Emily Watson</i> 'PG-13'	Breakdown ('97, Suspense) 'R'		(35)	Cinderella Man ('05, Biography) <i>Russell Crowe</i> 'PG-13'	Fatal Attraction ('87)				
	SHO-E	318	Video Music Box	(15)	Cusp ('21, Documentary) 'NR'	(45)	Mine 9 ('19, Drama) 'NR'	(15)	Reindeer Games ('00, Crime Drama) 'R'	Patriot Games ('92, Suspense) <i>Harrison Ford</i> 'R'			
STARZ	SHO2	320	Anaconda (35)	Walking Tall ('04) 'PG-13'	(05)	Scary Movie 2 ★ ('01) 'R'	Scary Movie 3 ★★ ('03) 'PG-13'	The Kill Team ('19, War) 'R'		The Bling Ring ★★ ('13) 'R'			
	SHOBET	321	Reign Over Me ('07, Drama) 'R'	Mid90s ('18, Comedy-Drama) 'R'	21 Bridges ★★ ('19, Action) 'R'	(45)	A Raisin in the Sun ('08, Drama) <i>Sean Combs</i> 'NR'	Best of All the Smoke					
STARZ	SHOX	322	Barely Lethal ('15)	(15)	Hereditary ★★ ('18, Horror) <i>Toni Collette</i> 'R'	Total Recall ★★ ('90, Science Fiction) 'R'		The Rover ('14, Drama) <i>Guy Pearce</i> 'R'		Gladiator			
	SHOS	323	Crisis ('21, Suspense) 'R'	Remember ('15, Suspense) 'R'	(05)	Passion Play: Russell Westbrook	JFK Revisited: Through the Looking Glass		Ray Donovan				
STARZ	TMC	327	Morris From America ('16) 'R'	Guest Artist ('19) 'NR'	(45)	Equals ★★ ('15, Science Fiction) 'PG-13'	Woman Walks Ahead ('17) 'R'		(15)	A Royal Night Out ★★ ('15) 'PG-13'			
	FLIX-E	333	Way-Were (35)	The Natural ('84, Drama) <i>Robert Redford</i> 'PG'	The Kings of Summer ('13) 'R'		(40)	As Cool as I Am ('13) 'R'	(15)	Step Up Revolution ('12, Drama) 'PG-13'			
STARZ	ENCR-E	340	(15) The Call ('13, Suspense) <i>Halle Berry</i> 'R'	(15)	The Broken Hearts Gallery (43)	You, Me and Dupree ('06) 'PG-13'	(36)	Wimbledon ('04) <i>Kirsten Dunst</i> 'PG-13'	Bad Girls				
	STARZ-E	350	Mortdecai ★ ('15, Comedy) 'R'	(29)	Sleepy Hollow ★★ ('99, Horror) 'R'	(18)	Donnie Brasco ('97, Crime Drama) 'R'	Escape Room: Tournament		Outlander <i>The Bakra</i>			
STARZ	STRZED	352	Spanglish ★★ ('04) 'PG-13'	(25)	Monster Hunter ('20) 'PG-13'	(11)	Hulk ★★ ('03, Fantasy) <i>Eric Bana</i> 'PG-13'	(32)	Stay Cool ('09) 'PG-13'	(07) Act of Valor ('12)			
	STRZCI	353	Call by Name	(12:53)	Kill Your Darlings ('13) 'R'	(38)	Hannah and Her Sisters ('86) 'PG-13'	(27)	Tamara Drewe ★★ ('10, Comedy) 'R'	(21)	Dangerous Beauty ('98) 'R'		
STARZ	STRZCO	354	City Island ('09)	(02)	Trading Places ★★ ('83, Comedy) 'R'	The New Guy ★ ('02) 'PG-13'		(32)	Here Today ('21, Comedy-Drama) 'PG-13'	(31)	How I Got Into College ('89)		
	EPIX	380	How It	(45)	Election ('99, Comedy) <i>Matthew Broderick</i>	Escape From Alcatraz ★★ ('79, Suspense)		(25)	Three Days of the Condor ('75, Suspense)	(25)	The Hunted ('03, Action)		
EPIX	EPIX2	381	World War Z ('13)	(12:55)	The Last of the Mohicans ★★ ('92)	(250)	The Indian in the Cupboard	Some Kind of Wonderful ('87)		(05)	The Age of Adaline ('15, Romance)		
	EPIXH	382	Star Trek: Insurrection ('98)	(35)	Star Trek: Nemesis ('02, Science Fiction)	(35)	The Soloist ('09, Drama) <i>Jamie Foxx</i>	(35)	Mr. Holland's Opus ('95, Drama) <i>Richard Dreyfuss</i>				
EPIX	EPIXDR	292	Paycheck ('03, Science Fiction)	(40)	A.I.: Artificial Intelligence ('01, Science Fiction)	(10)	Vampire in Brooklyn ★★ ('95, Comedy)	(5:55)	The Mexican ('01, Comedy-Drama)				

AMERICA'S TOP PROGRAMMING

A&E	118	The First 48	The First 48	The First 48	The First 48	Cold Case Files	Cold Case Files	Cold Case Files	Cold Case Files	
AHC	195	Legends of the West	Codes and Conspiracies	Codes and Conspiracies	UFOs: Uncovering	UFOs: Uncovering	UFOs: Uncovering	UFOs: Uncovering	Almost, Away	
AMC	131	(15) Lethal Weapon ★★ ('87, Action) <i>Mel Gibson</i>	(45)	Lethal Weapon 2 ★★ ('89, Action) <i>Mel Gibson</i>	(15)	Gone in 60 Seconds ★ ('00, Action) <i>Nicolas Cage</i>				
APL	184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	
AXTV	167	Chris Isaak	John Fogerty	The artist performs.	LA Ink	LA Ink Outside Interests	LA Ink	LA Ink	LA Ink LA Pink	
BBCA	135	Black Mass ('15, Biography)	Fury ★★ ('14, War) <i>Brad Pitt, Shia LaBeouf</i>	Rambo: First Blood ★★ ('82, Action)		Rambo: First Blood Part II ('85)				
BET	124	Martin	Martin	Martin	Martin	ATL ★★ ('06, Comedy-Drama) <i>Tip Harris, Lauren London</i>	Love Don't Cost a Thing ('03) <i>Nick Cannon</i>			
BOUNCE	359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night	In the Heat of Night	Money Talks ('97, Comedy) <i>Chris Tucker</i>	From the Rough ('13, Docudrama) <i>Tom Felton</i>	
BRAVO	129	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	
BUZZR	245	Match	Match	Concen.	Concen.	Password	Password	Super Pass, Tattletales	Press Luck/Whew!	
CIHD	249	Cajun	Cajun	Cajun	Cajun	Cajun	Cajun	The Squad	The Squad	
CMT	166	Mike	Mike	Mike	King	King	King	King	King	
CNBC	208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Fast (L) Options		Mad Money (N)	Shepard Smith	
CNN	200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Jake Tapper	Situation Room	Erin Burnett OutFront (L)	
COM	107	South Park	South Park	South Park	South Park	Seinfeld	Seinfeld	Seinfeld	Seinfeld	
COMET	289	Intruders ('11, Horror)	The Final Countdown ('80, Science Fiction)	The Outer Limits		The Outer Limits	Farscape	Farscape	Quantum Leap	
COOK	113	Cupcake Wars	Cupcake Wars	Best Thing	Best Thing	Best Thing	Best Thing	Delicious	Delicious	
DISC	182	Dual Survival	Dual Survival	Dual Survival	Dual Survival	Gold Rush	Gold Rush	Gold Rush	Gold Rush: Pay Dirt (N)	
DFC	179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	
DISN-E	172	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Bunk'd	
ENCR-W	341	Pretty in Pink ('86) 'PG-13'	(26)	Mr. Church ('16) 'PG-13'	(15)	The Call ('13, Suspense) <i>Halle Berry</i> 'R'	(4:51)	The Broken Hearts Gallery (43)	You, Me and Dupree ('06)	
EWESTN	342	Broken ('17) <i>Jericho</i> ('01, Western) 'PG-13'	The Deputy	Wanted ...	(2:56)	Wagon Train	Laramie	Death Vall.	Fargo	
EACTN	343	Anthrop ('24) The Delta Force ★★ ('86, Action) 'R'	(36)	Maverick ('94, Western) <i>Mel Gibson</i> 'PG'	(45)	Get Carter ★ ('00, Suspense) 'R'	Stop! Or My Mom Will Shoot ('92)			
ESUSP	344	Take Shelter ('11, Drama) <i>Michael Shannon</i> 'R'	(1:54)	Oculus ('13, Horror) 'R'	(41)	John Carpenter's Escape From L.A. ('96)	(26)	The Family ★★ ('13, Comedy) 'R'	(20)	Hours
EBLACK	345	The Pursuit of Happyness ('06) 'PG-13'	(1:46)	Empire State ('13, Action) 'R'	(24)	Girl 6 ★★ ('96, Drama) 'R'	(15)	See No Evil, Hear No Evil ★★ ('89) 'R'	Malcolm	
ECLASS	346	Indecent Proposal 'R'	Guarding Tess ('94) 'PG-13'	(37)	The Prince and Me ('04) <i>Julia Stiles</i> 'PG'	(29)	The Dilemma ★★ ('11, Comedy) 'PG-13'	(22)	Twisted ('04, Suspense) 'R'	
EFAMILY	347	Spy Kids-Time in the World	(41)	Strike ('19, Adventure) 'NR'	(23)	Wagons East! ('94) 'PG-13'	(12)	Sheep and Wolves: Pig Deal ('29)	The Wishmas Tree ('19) 'NR'	
ESPN	140	SportsCenter (L)	SportsCenter (L)	This Just In (L)	NBA Today (L)	NFL Live (L)	Around	Interruption	SportsCenter (L)	
ESPN2	143	Golf Latin America Amateur Championship, Sec	2022 Australian Open Tennis <i>Third Round</i>		Max	UFC Live	Daily Wager (L)	College Basketball		
EWTN	261	March For Life (N)	March For Life Coverage of the annual <i>March For Life</i> . (N)		Mary	Feasts	Daily (L)	Daily Mass/No Love		
FETV	82	Bewitched	Bewitched	Wagon Train	Rawhide	Rawhide	Perry Mason	Perry Mason	Matlock <i>The Model</i>	
FNC	205	Outnumbered (L)	America Reports With	John Roberts	The Story With	Martha	Your World W/ Cavuto	The Five (L)	Special Report	
FOOD	110	Food Paradise	Diners, Drive	Diners	Diners	Diners	Diners	Diners	Diners	
FREFM	180	The Middle	The Middle	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	
F51	150	The Herd with Colin Cowherd (L)	Speak for Yourself (L)		Fox Bet	Undisputed	Hoops	College Basketball		

Table with 16 columns for time slots: EASTERN, CENTRAL, MOUNTAIN, PACIFIC, 12PM, 12:30, 1PM, 1:30, 2PM, 2:30, 3PM, 3:30, 4PM, 4:30, 5PM, 5:30, 6PM, 6:30, 7PM, 7:30.

AMERICA'S TOP PROGRAMMING

Main grid of TV programming with columns for channel, time, program title, and description. Includes shows like 'Holmes & Watson', 'Daddy's Home', 'The Expendables 2', 'Fate of Furious', etc.

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Table listing network broadcast services for channels ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

Main grid table with columns for time slots (8PM-12:30AM) and rows for various channels (HBO, MAX, SHOWTIME, STARZ, EPIX, A&E, AMC, etc.).

EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30						
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30						
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30						
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30						
AMERICA'S TOP PROGRAMMING																							
FX	136	The Fate of the Furious ('17, Action) Vin Diesel					Night School ★★ ('18, Comedy) Kevin Hart					Night School ★★ ('18, Comedy) Kevin Hart					Blockers ('18, Comedy)						
FXM	384	Bad Moms ('16, Comedy) 'R'			Bad Moms ('16, Comedy) Mila Kunis 'R'			Snatched ('17, Comedy) Amy Schumer 'R'			Safe ★★★ ('12, Action) 'R'			Day Earth-Still									
FXX	125	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny						
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		All/Family		All/Family							
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity						
GOLF	401	PGA Champions						Golf C'tral			PGA Tour					Golf The American Express, Second Round							
GRIT	217	Pale Rider ★★★ ('85, Western) Clint Eastwood, Michael Moriarty					Dragoon Wells Massacre ★★ ('57, Western)					The Gambler From Natchez ('54, Western)					Paid Programs						
HALL	185	A Holiday in Harlem ('21, Romance)					Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier						
HALLDR	186	Little House on Prairie		The Last Cowboy ('03, Drama) Jennie Garth		The Waltons		The Hero		The Waltons			The Waltons			The Waltons							
HALLMV	187	Matchmaker Mysteries		Matchmaker Mysteries		The Art of the Kill		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk							
HDMOV	130	Airplane! (':35) Airplane II: The Sequel ('82) (:10) Airplane! ('80, Comedy) (:45) Airplane II: The Sequel ('82, Comedy) (:20) The Last Waltz ★★★ ('78, Documentary)			Trailer																		
HGTV	112	Dream	Dream	Dream	Dream	Reno-Rental	Reno-Rental	Dream	Dream	Dream	Dream	Reno-Rental	Reno-Rental	Dream	Dream	Dream	Dream						
HIST	120	Ancient Aliens		Ancient Aliens (N)		Proof-There		Proof-There		(':03) Ancient Aliens		(':12:03) Ancient Aliens		(':06) Ancient Aliens		(':06) Ancient Aliens							
ID	192	48 Hours on ID		The Grim Sleeper ('14, Docudrama)				TBA				The Grim Sleeper ('14, Docudrama)				TBA							
IFC	133	Avatar ★★★ ('09, Science Fiction) Sam Worthington					Portlandia		Portlandia		Portlandia		Portlandia		Portlandia		Portlandia						
LAFF	237	Overboard ★★★ ('87, Comedy) Goldie Hawn, Kurt Russell					Death Becomes Her ★★★ ('92, Comedy)					She-Devil ★★★ ('89, Comedy) Meryl Streep					Paid Programs						
LIFE	108	Castle		Castle		(':03) Castle		(':03) Castle		(':12:01) Castle			Castle			(':04) Castle							
LMN	109	Movie						Party From Hell ('21, Suspense) April Martucci						Party From Hell ('21, Suspense) April Martucci									
MAGN	111	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation			Beachfront Renovation			Beachfront Renovation							
MGMHD	385	Stanley & Iris ('90, Romance)			The Indian Runner ★★★ ('91, Drama) David Morse			Troll ★★ ('86, Fantasy) Noah Hathaway			Troll 2 ('92, Horror) Michael Stephenson												
MOTOR	246	Dirt-Day	Dirt-Day	Engine	Engine	Roadkill	Roadkill	Roadkill	Roadkill	Engine	Engine	Roadkill	Roadkill	Roadkill	Roadkill	Dirt-Day	Dirt-Day						
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word		The 11th Hour (L)		Rachel Maddow Show		The Last Word		The 11th Hour		Dateline							
NATGEO	197	24 Hours-Hell		24 Hours-Hell		24 Hours-Hell		24 Hours-Hell		Narco Wars		Narco Wars		Narco Wars		Narco Wars							
NGWLD	190	Pop Goes the Vet		Pop Goes the Vet		Pop Goes the Vet		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs							
OUTD	396	Longmire		Wardens (N)		Kid Rodeo		Longmire		The Calling Back		Wardens		Kid Rodeo		Viral							
OWN	189	Ready to Love (N)		Ladies Who		Ready to Love		Ready to Love		Ladies Who		Ready to Love		Ready to Love		Ready to Love							
OXYG	127	Killer Siblings (N)		Family Massacre (N)		911 Crisis Center		911 Crisis Center		911 Crisis Center		911 Crisis Center		911 Crisis Center		911 Crisis Center							
PARMT	241	The Fugitive ('93, Suspense) Harrison Ford					Movie					The Negotiator ★★★ ('98, Suspense) Samuel L. Jackson					TBA						
POP	117	Movie						Movie						Georgia Rule ★★ ('07, Drama) Jane Fonda					Charmed				
REELZ	299	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops						
SCI	193	Mythical Beasts (N)					Forbidden History (N)			Forbidden History			Mythical Beasts			Forbidden History							
SMITH	367	Mighty Trains		Mighty Trains		AVE 103		Aerial America		Combat Ships		Mighty Trains		Mighty Trains		AVE 103							
SONY	386	The Net ★★ ('95, Suspense) Sandra Bullock			The Net 2.0 ('06, Suspense) Nikki Deloach			The Net ★★ ('95, Suspense) Sandra Bullock			The Net 2.0 ('06, Suspense)					ManLaram							
SUND-E	358	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order			Columbo			Columbo							
SYFY	122	The Matrix ★★★ ('99, Science Fiction) Keanu Reeves					The Matrix Reloaded ★★★ ('03, Science Fiction) Keanu Reeves					The Matrix Revolutions ('03) Keanu Reeves											
TBN	260	Christian History		Christian History		Christian History		Christian History		Prince		Love Lang		Gaither		Rubin							
TBS	139	Creed ★★★ ('15, Drama) Michael B. Jordan					Creed II ★★★ ('18, Drama) Michael B. Jordan					Full Frontal			Ted 2 ★★ ('15, Comedy) Mark Wahlberg			Million					
TCM	132	Electra Glide in Blue ('73, Crime Drama)					Easy Rider ★★★ ('69, Drama) Peter Fonda					Mad Max ★★★ ('79, Action) Mel Gibson					Heavy Metal ('81, Fantasy)						
TLC	183	90 Day Fiancé: Before the 90 Days (N)					90 Day		David &		Loren & Al		90 Day		90 Day Fiancé: Before the 90 Days								
TMC-W	329	Woman Walks Ahead (':15) A Royal Night Out ★★ ('15) 'PG-13'					Eighth Grade ('18) Elsie Fisher 'R' (:35) The War With Grandpa ('20)					Morris From America ('16) 'R'											
TNT	138	Rush Hour 3 ★ ('07, Action) Jackie Chan					All Elite Wrestling					Star Wars: Return of the Jedi ('83, Science Fiction) Mark Hamill											
TRU	242	Jokes		Jokes		Jokes		Jokes		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers							
TRVL	196	Paranormal Ca.		Eli Roth Presents: A		A Haunting (N)		A Haunting		Paranormal Ca.		Eli Roth Presents: A		A Haunting		A Haunting							
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	King	King	Raymond	Raymond						
UP	188	Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Whose Line		Whose Line		Whose Line		Whose Line							
USA	105	Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)		Chicago Fire (N)		Dateline							
WE	128	Love After Lockup		Love After Lockup (N)		Love After Lockup		Love After Lockup		Growing Up Hip Hop		Love After Lockup		Love After Lockup		Love After Lockup							
LOCAL NETWORKS																							
ABC-E	Shark Tank (N)		20/20 (N)					Local Prog. (:35) Jimmy Kimmel Live!					Nightline (N) Local Programs										
CBS-E	Undercover Boss (N)		Magnum P.I.					Blue Bloods					Local Prog. Late Show-Colbert			James Corden							
CW-E	Penn & Teller: Fool Us (N)		Nancy Drew (N)					Local Programs															
FOX-E	WWE Friday Night SmackDown (L) Local Programs																						
NBC-E	That's My Jam			Dateline NBC (N)					Local Prog.			Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Today-Hoda		1st Look		1st Look	
MEVTV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone	Alfred Hitchcock Hour	(':05) Mannix		(':05) Cannon									
ABC-W	Local Programs		News		Local Programs			Shark Tank (N)			(':12:01) 20/20 (N)					Local Prog. (:35) Jimmy Kimmel Live!							
CBS-W	Local Programs		News		Local Programs			Undercover Boss (N)			Magnum P.I.			Blue Bloods			Local Prog. Late Show-Colbert						
CW-W	Local Programs		Penn & Teller: Fool Us (N)					Nancy Drew (N)			Local Programs												
FOX-W	Local Programs		WWE Friday Night SmackDown (N)					Local Programs															
NBC-W	Local Prog.		News		Local Programs			That's My Jam (N)			Dateline NBC (N)					Local Prog.							
PBS	Wash	Hoover	Stars on Stage			Great Performances			Amanpour-Co		Wash	Hoover	Stars on Stage		Great Performances		Independent Lens						

	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E 310	Speed ★★★ ('94, Action) Keanu Reeves 'R'	The Call of the Wild ('20) 'PG'				(40) Showtime ★ ('02, Comedy) 'PG-13'			(20) The Hobbit: An Unexpected Journey ('12) 'PG-13'					
	HBO2 312	TBA (45) Disaster Movie ('08) 'PG-13'	(15) Just Married ('03) Ashton Kutcher 'PG-13'				(7:50) R.I.P.D. ('13, Action) 'PG-13'			Real Time, Bill Maher 12 Strong ★★★ ('18, War) 'R'					
MAX	HBO5 314	Godsend (25) 13 Going on 30 ('04) 'PG-13'	(05) Spare Parts ★★★ ('15, Drama) 'PG-13'				I, Robot ('04, Science Fiction) Will Smith 'PG-13'			(9:55) Oblivion ('13, Science Fiction) 'PG-13'					
	HBOF 315	The Aviator ★★★ ('04, Biography) 'PG-13'	The Wild Life ('16, Children's) 'PG'				(32) Heaven Can Wait ('78) 'PG'			(14) Early Man ★★★ ('18) 'PG'			Percy Jackson: Sea of Monsters		
SHOWTIME	MAX 307	Domino ★★ ('05, Action) 'R'	(22) Mimic 3: Sentinel (40) Swimfan ★ ('02) 'PG-13'				(05) The Trouble With Spies ('87)			(35) Barefoot ★ ('14) 'PG-13'			(05) Evolution ('01)		
	5MAX 308	(11) Saturday Night Fever ('77, Drama) 'R'	(10) Parental Guidance ('12, Children's) 'PG'				(7:55) Baggage Claim ('13) 'PG-13'			(32) 40 Days and 40 Nights ('02)			(08) At First Sight ('99)		
STARZ	MMAX 309	Chasing Papi ('03)	(11) Golden Arm ('20) 'NR'				(42) Henry Poole Is Here ('08) Luke Wilson 'PG'			Master of the Nine Dragon Fist (9:58) Babylon A.D. ('08) 'PG-13'			(29) Stoker		
	SHO-E 318	EMA ('19, Drama) 'R'	Patriot Games ('92, Suspense) Harrison Ford 'R'				Queen Bees ('21, Comedy) 'PG-13'			(15) Scrooged ('88, Comedy) Bill Murray 'PG-13'			Holler ('20, Drama) 'R'		
EPIX	SHO2 320	Death (45) Dark Waters ('19, Drama) Mark Ruffalo 'PG-13'	Minari ('20, Drama) Steven Yeun 'PG-13'				Misery ★★★ ('90, Horror) James Caan 'R'			My Salinger Year ('20)					
	SHOBET 321	Honey Kevin Garnett: Anything Is Possible	Moonlight ('16, Drama) Mahershala Ali 'R'				Rolling Like Thunder			Waves ('19, Drama) Kelvin Harrison Jr. 'R'					
EPIX	SHOX 322	Death of Dick (05) Belushi ('20, Documentary) 'NR'	Cut Bank ('14, Suspense) 'R'				(35) 1917 ('19, War) George MacKay 'R'			(35) The Manchurian Candidate					
	SHOS 323	Mo'Nique & Friends: Live-Atlanta	JFK Revisited: Through the Looking Glass				Anything Else ('03, Romance-Comedy) 'R'			Big Night ('96, Drama) Minnie Driver 'R'			Titanic		
EPIX	TMC 327	Scrambled (40) Guest Artist ('19, Drama) 'NR'	The Truth ('19, Drama) Catherine Deneuve 'PG'				Broken Diamonds ('21) 'PG-13'			The Golden Child ('86) 'PG-13'				(05) Patriot Games 'R'	
	FLIX-E 333	As Cool Ginger & Rosa ('12) 'PG-13'	Are We There Yet? ('05) 'PG'				(35) Delivery Man ★★ ('13, Comedy) 'PG-13'			Barbershop 2: Back in Business (10) A Perfect Man 'R'					
EPIX	ENCR-E 340	I Don't Know How She Does It (39) You, Me and Dupree ('06) 'PG-13'	(33) The Devil Wears Prada ('06) 'PG-13'				(27) Bad Girls ('94, Western) 'R'			(11) This Is the End 'R'					
	STARZ-E 350	The Kids Are All Right ('10) 'R'	(38) Heartbreakers ('01, Comedy) 'PG-13'				(45) McFarland, USA ('15, Docudrama) Kevin Costner 'PG'			(9:57) Going the Distance ('10) 'R'			Suspect Z		
EPIX	STRZED 352	The Family Fang ('15) One Fine Day ('96, Romance-Comedy) 'PG'	(6:50) White House Down ('13, Action) 'PG-13'				(03) Narc ('02, Crime Drama) Ray Liotta 'R'			(10:50) Act of Valor 'R'					
	STRZCI 353	French Exit ★★★ ('20) 'R'	(42) Bottle Rocket ★★★ ('96, Comedy) 'R'				(16) Seven Years in Tibet ('97, Drama) 'PG-13'			(34) The Truffle Hunters ('20)			Dangerous Beauty 'R'		
EPIX	STRZCO 354	Homegrw (27) Here Today ('21, Comedy-Drama) 'PG-13'	(27) Paul ★★★ ('11, Comedy) 'R'				(14) How I Got Into College ('89)			(44) Galaxy Quest ★★★ ('99, Comedy) 'PG'				Necessary	
	EPIX 380	(15) The Hunted ('03, Action) Tommy Lee Jones	(5:50) The Last Castle ★★★ ('01, Suspense)				(05) Sense and Sensibility ★★★ ('95, Comedy-Drama)			(25) Monster Trucks ('16) Lucas Till					
EPIX	EPIX2 381	Playing With Fire ('19, Comedy) Real Genius ★★★ ('85, Comedy)	(15) The Weekend ('18, Comedy)				(45) Shaun the Sheep Movie ('15)			(10) An Officer and a Gentleman ('82, Drama)					
	EPIXH 382	Holland Black Sunday ★★★ ('77, Suspense) Robert Shaw	(6:55) Black Bear ('20, Drama)				(45) Florence Foster Jenkins ('16, Biography)			(40) Arrival ('16, Science Fiction)					
EPIX	EPIXDR 292	The Hunter ('80) Stephen King's Graveyard Shift (25) Wuthering Heights ('03)	(7:55) Racing With the Moon ('84)				(45) Lifeguard ★★★ ('76, Drama) Sam Elliott			Charlies					

AMERICA'S TOP PROGRAMMING

A&E 118	Paid Programs				Zombie House Flipping				Zombie House Flipping				Zombie House Flipping				Zombie House Flipping				Tiny House Nation:																																											
AHC 195	Almost, Away				UFOs: Uncovering				Spies Declassified				Spies Declassified				America's-Bunkers				Brothels-Built America				Evolution of Evil				Evolution of Evil																																			
AMC 131	Deep Impact ★★ ('98, Drama) Robert Duvall, Tea Leoni				Two Men				Two Men				Two Men				Two Men				Two Men				Apollo 13 ('95, Historical Drama) Tom Hanks																																							
APL 184	Treehouse Masters				Treehouse Masters				Crikey! It's the Irwins				Crikey! It's the Irwins				Crikey! It's the Irwins				Crikey! It's the Irwins				Crikey! It's the Irwins																																							
AXSTV 167	Paid Programs								The Day				Paid Programs								The Big Interview				The Big Interview																																							
BBCA 135	Madagascar				Madagascar				Attenborough and the				Attenborough's Journey				Madagascar				Madagascar				Seven Worlds, Planet																																							
BET 124	The Parkers				The Parkers				Payne				Payne				Prince				Prince				Prince				Live Single				Live Single																															
BOUNCE 359	Scandal That's My Girl				Off-Chain				Off-Chain				Wendy Williams Show				Bl'k Forum				Black Quiz				Diff. World				Diff. World				Diff. World				Diff. World				Diff. World				Diff. World				Diff. World															
BRAVO 129	Movie				Project Runway				TBA				Housewives-Atlanta				Housewives-Atlanta				Housewives-Atlanta				Housewives-Atlanta				Housewives-Atlanta				Housewives-Atlanta				Movie																											
BUZZR 245	Match				Match				Match				Match				Paid Programs												Science				Price				(10) The Price Is Right																											
CHD 249	American Justice				American Justice				Kidnapped				Mountaineers kidnap bride.				The Big House				The Big House				The Big House				The Big House																																			
CMT 166	CMT Music				CMT Music				CMT Music				CMT Music				CMT Music				CMT Music				Hot 20 Countdown (N)																																							
CNBC 208	Shepard Smith				American Greed				Options				Paid Programs																Premiership Rugby (L)																																			
CNN 200	CNN Newsroom Live (L)				CNN Newsroom Live (L)				New Day We				New Day We				New Day We				Smerconish (L)				CNN Newsroom				CNN Newsroom																																			
COM 107	Creek				Creek				Paid Programs								Seinfeld				Seinfeld				Seinfeld				Seinfeld				The Office				The Office				The Office				The Office																			
COMET 289	Paid Programs																				Nt. Gallery				Nt. Gallery				Nt. Gallery				(42) Night Gallery				Nt. Gallery																											
COOK 113	Paid Programs								Unique				Unique				Unique				Unique				Unique				Unique				Man's Greatest Food				Man's Greatest Food																											
DISC 182	Gold Rush: The Dirt				Gold Rush: Dave Turin's				Auction				Fly Rod				Auction				Next Bite				RV There				Chasin'				Moonshiners				Moonshiners				Moonshiners																							
DFC 179	Kit. Crash				Kit. Crash				Gl Joe				Gl Joe				Adventures				Pirata				Transform.				Rescue Bots				Rescue Bots				Transform				Transform				Monsters				Pac-Man'd				LittlePony				Pony Life				Pony Life			
DISN-E 172	Austin				Bunk'd				Bunk'd				Big City				Ladybug				Ladybug				DuckTales				Amphibia				Big City				Big City				Big City				Big City				Bunk'd				Coop				Movie							
ENCR-W 341	The Equalizer 2 ('18, Action) 'R'				(20) Turbulence ('97, Suspense) 'R'				I Don't Know How She Does It (39) You, Me and Dupree ('06) 'PG-13'				(33) The Devil Wears Prada ('06)																																																			
EWESTN 342	Kid Blue ('25) The Gunfighter ('50) 'NR'				(5:51) Mackenna's Gold ('69, Western) 'PG'				The Comancheros ★★★ ('61, Western) 'NR'				(9:51) River of No Return ('54) 'NR'				Tall Men																																															
EACTN 343	Zero Dark (19) Disturbing the Peace ('20) 'R'				(5:54) Get Carter ('00, Suspense) 'R'				(40) Joy Ride ('01, Suspense) Steve Zahn 'R'				(21) Maverick ('94, Western) Mel Gibson 'PG'				The Edge																																															
ESUSP 344	The Family ('13) 'R'				(4:46) Catch a Fire ('06) 'PG-13'				(31) Oculus ('13, Horror) Karen Gillan 'R'				(19) Red Dawn ★★★ ('84, Action) 'PG-13'				Carpenter's Escape From L.A.																																															
EBLACK 345	Booty Call ('97) 'R'				The Big Hit ★★ ('98, Action) 'R'				(34) Blue Streak ★★ ('99) 'PG-13'				(11) Chain Reaction ★★ ('96, Action) 'PG-13'				Stomp the Yard: Homecoming				Bobby Z																																											
ECLASS 346	State of Play ('09, Crime Drama) 'PG-13'				(04) 3 Days to Kill ★★ ('14, Action) 'PG-13'				(03) White Men Can't Jump ('92, Comedy) 'R'				Drop-Diva (45) Drop Dead Diva				Lone Dove																																															
EFAMILY 347	Wagons East! ★★ ('94) 'PG-13'				Charmers				(06) Cowgirls 'n Angels ('12) 'PG'				(39) Tomorrowland ★★ ('15, Science Fiction) 'PG'				(9:50) Rebound ★★ ('05) 'PG'				East Side																																											
ESPN 140	NBA Basketball: Raptors at Wizards				SportsCenter				SportsCenter (L)				SportsCenter (L)				Outside the Lines (L)				Postseason NFL Countdown (L)																																											
ESPN2 143	SportsCenter				SportsCenter				UFC				NFL				TBA				2022 Australian Open Tennis Third Round				College GameDay (L)																																							
EWTN 261	Solemnity of Mary				Heartbeat				Catholics				Original				Religious				St. Michael				Rosary				Daily Mass (L)				Holy				Catholic				Lucy Friend				Hermie and				At Home				Bob											
FETV 82	McCoys				McCoys				McCoys				McCoys				Paid Programs				Hillbillies				Hillbillies				Hillbillies				Hillbillies				Wagon Train				Wagon Train				Wagon Train																			
FNC 205	Hannity				The Five				FOX and Friends Saturday (L)																								Cavuto Live (L)																															
FOOD 110	Diners				Diners				Paid Programs								Contessa				Contessa				The Kitchen				Giada				Giada				Pioneer				Pioneer				The Kitchen Eat Local (N)																			
FREFM 180	Paid Programs																				Spider-Man ★★★ ('02, Action) Tobey Maguire				(40) Night at the Museum ('06, Children's) Ben Stiller																																							
F51 150	College Basketball				College Basketball				Fresno State at Nevada				TMZ (N)				TMZ Sports				145th Westminster Kennel Club Dog Show				Bassmaster Elite Series (N)				Bassmaster Elite Series (N)																																			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Blockers ('18, Comedy)	Paid Programs				Mom	Mom	Mom	Family Guy	Family Guy	Family Guy	Family Guy	Daddy's Home ('15, Comedy)				
FXM	384	Day Earth-Still	Earth Dies Scr.	The Seven Year Itch ('55) 'NR'				(45) Gentlemen Prefer Blondes ('53) 'NR'	(20) Carousel ★★★ ('56, Musical) 'NR'	SnowWhite								
FX	125	Paid Programs						The 5th Wave ('16, Science Fiction) <i>Chloë Grace Moretz</i>			Ad Astra ★★★ ('19, Science Fiction) <i>Brad Pitt</i>							
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs				Curios-ity	Curios-ity	The Outcasts	Here Come the Brides					
GMSHW	116	Paid Programs																
GOLF	401	DP Tour Golf			DP Tour Golf				PGA Champions			DP Tour Golf						
GRIT	217	Paid Programs				The Virginian <i>Good-Hearted Badman</i>				Men From Shiloh		Death Vall.	The Gambler From Natchez ('54, Western)					
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Falling for You ('18, Drama) <i>Taylor Cole</i>				
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie				
HALLMV	187	Monk		Magnum, P.I. <i>Flashback</i>		Monk		Monk		Monk		Monk		Murder, She Baked				
HDMOV	130	Paid Programs						Airplane! ★★★ ('80, Comedy) (35)			Airplane II: The Sequel ('82)		Kickboxer 5					
HGTV	112	Paid Programs				Tough Love With Hilary				Tough Love With Hilary		Tough Love With Hilary						
HIST	120	Paid Programs				Swamp People		Swamp People		Swamp People		Swamp People						
ID	192	Dark Minds		Dark Minds		Obsession: Dark Desires		Obsession: Dark Desires		Obsession: Dark Desires		The Perfect Murder		The Perfect Murder				
IFC	133	Kids in Hall	Kids in Hall	Kids in Hall	Kids in Hall	Kids in Hall	Kids in Hall	Kids in Hall	Predator ★★★ ('87, Action)	Arnold Schwarzenegger		Predator 2 ('90, Science Fiction) <i>Danny Glover</i>						
LAFF	237	Paid Programs				How I Met	How I Met	Videos	Videos	Jim	Jim	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	Nt. Court	Nt. Court	
LIFE	108	Paid Programs						Paid Programs			Abducted Story							
LMN	109	Paid Programs				Sinister Minister ('17, Drama)				Sins & Seduction ('19, Suspense) <i>Nicky Whelan</i>		My Father, My Kidnapper ('19, Suspense)						
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Fixer Upper	Mind for	Mind for		
MGMHD	385	Howling II ... Your Sister Is a Werewolf ('85)		Studio (25) Two for the Seesaw ('62, Drama) <i>Robert Mitchum</i>				(8:55) The Honey Pot ★★★ ('67, Comedy) <i>Rex Harrison</i>		Nobody's								
MOTOR	246	Texas Metal		FantomWorks		FantomWorks		Garage	EveryDay	Garage	Classic Car	Car Fix	Garage	Garage Squad	Car Fix	Garage		
MSNBC	209	Dateline		Dateline <i>Secret Lives</i>		Zerlina (N)		MSNBC Reports (L)		Velshi (L)		Velshi (L)		The Cross Connection		With Tiffany Cross (L)		
NATGEO	197	Narco Wars		Narco Wars		Paid Programs				Locked Up Abroad		Locked Up Abroad		Locked Up Abroad				
NGWLD	190	Paid Programs						Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet				
OUTD	396	Bill Dance	Outdr.	Fishing	Fishing	Bass	Lake	Zona's	A Fishing	Fisherman	Fishing	Conchs	BigWater	Andrews	Seahunter	Unfathom	Spear Life	
OWN	189	20/20 on OWN		20/20 on OWN		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		
OXYG	127	Killer Siblings		Killer Siblings		Dateline		Dateline		Dateline: Secrets		Dateline: Secrets		911 Crisis	911 Crisis	911 Crisis	911 Crisis	
PARMT	241	Paid Programs						NCIS		NCIS		NCIS		NCIS				
POP	117	Charmed		Charmed		Charmed		Charmed		Charmed		Charmed		Charmed		Movie		
REELZ	299	Paid Programs				John Lennon		Janis Joplin		Kurt Cobain		Jimi Hendrix: A Perfect Murder?		Jim Morrison: Rider				
SCI	193	Ancient Unexplained		Ancient Unexplained		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		
SMITH	367	Air Warriors		Air Warriors <i>Apache</i>		Aerial America		Aerial America		Aerial Cities		Aerial Cities		Aerial Cities <i>Seattle 24</i>		Aerial Cities <i>Miami 24</i>		
SOND	386	The Man From Laramie ('55)		Planet		First Men in the Moon ('64, Science Fiction) (7:55)				The Legend of Tom Dooley		Good Day for a Hanging ('58) (10) <i>Angel of Death</i>						
SUND-E	358	Columbo		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Law Order: CI	Law CI		
SYFY	122	Matrix Revol.		Twi. Zone		Twi. Zone		Paid Programs				The Hollow ('15, Horror) <i>Deborah Kara Unger</i>		Harry Potter and the Sorcerer's Stone ('01)				
TBN	260	Why Israel	Harbinger	Jordan Rubin: CBD Pills		Father	Mysteries	Joel Osteen	Prince	Veggie	Veggie	Veggie	Veggie	Joel Osteen	Prince	S. Furtick	Franklin	
TBS	139	A Million Ways to Die in the West ★★ ('14)				Go-Big Show		Go-Big Show		Amer. Dad	Amer. Dad	Amer. Dad	Friends	Friends	Friends	Friends	I Feel Pretty ('18)	
TCM	132	American Pop ('81, Musical)		Danger		Susan and God ★★★ ('40, Comedy-Drama)				Goofy (28) The Rookie Cop		Batmn.		(08) Bowery Battalion ★★ ('51)	One Good			
TLC	183	Four Weddings ...Family Ties				Four Weddings		Four Weddings		Four Weddings		My 600-Lb. Life		My 600-Lb. Life <i>Vianey & Allen's Story</i>				
TMC-W	329	The Turning ('20, Horror) 'PG-13' (20)				The Appearance ('18) 'NR'		Scrambled (40) Guest Artist ('19, Drama) 'NR'				The Truth ('19, Drama)		Catherine Deneuve 'PG'		Broken Diamonds		
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		
TRU	242	World's Dumbest ...		World's Dumbest ...		Funniest		Funniest		Carbonaro	Carbonaro	Carbonaro	Carbonaro	Imp. Jokers	Imp. Jokers	Tacoma FD	Tacoma FD	
TRVL	196	Paid Programs						Mansions		Mansions		Mansions	Mansions	Gu. Alaska	Gu. Alaska	Gu. Alaska	Gu. Alaska	
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	
UP	188	Paid Programs				Heartland		Heartland		Heartland		Little House on Prairie		Little House on Prairie		Little House on Prairie		
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		Chicago P.D.		Premier		Premier League <i>Everton vs Aston Villa (L)</i>			Premier		Premier League Soccer <i>Arsenal vs Burnley (L)</i>			
WE	128	Mama June- Not to Hot		Paid Programs								Criminal Minds		Criminal Minds <i>L.D.S.K.</i>				

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs				Local Programs				Good Morning America (N)				Good Morning America (N)				Local Programs				Local Prog.											
CBS-E	Local Programs				Local Programs				Lucky (N)		Innovation		Mission		Hope-Wild		CBS Saturday Morning (N)				Pet Vet		All In									
CW-E	Local Programs				Local Programs				Local Prog.		Local Prog.		Into Wild		Into Wild		Into Wild		Into Wild		Open Rd		Ready-Pet		Local Programs							
FOX-E	Local Programs				Local Programs				Local Programs				Local Programs																			
NBC-E	1st Look		Local Programs		Local Programs				Today (N)				Local Programs				Earth Ody.		Wild Child		Roots Less		One Team									
MEV	247*	(05) Barnaby Jones		Petticoat	Petticoat	Hillbillies		Hillbillies		Pink Panther's Party		The Tom and		Bugs Bunny and (N)		Maverick		Wagon Train														
ABC-W	Local Programs												Good Morning America (N)		Good Morning America (N)		Local Prog.		Local Prog.													
CBS-W	Corden		Local Programs										Local Programs																			
CW-W	Local Programs												Local Programs		Local Prog.		Local Prog.		Into Wild		Into Wild											
FOX-W	Local Programs												Local Programs																			
NBC-W	Meyers		News		Today-Hoda		1st Look		1st Look		1st Look		Local Programs		Today (N)				One Team		Earth Ody.		Wild Child									
PBS	Independ.		Breaking		Old House		Old House		Mr. Rogers		Arthur		Molly		Wild Kratts		Elementary		Almas		Curious		Tiger		Donkey		Elinor		Sesame St.		Pinkalicious	

	EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30	
	CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	
	MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	
	PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	
PREMIUM MOVIES																		
HBO	HBO-E 310	(:10) Collide ('16, Action) <i>Nicholas Hoult</i> 'PG-13' (:15:50) TBA					(2:50) Space Jam: A New Legacy ('21) 'PG' Real Time, Bill Maher					(5:48) The Wolverine ('13, Action) 'PG-13'						
	HBO2 312	(:45) 12 Strong (:45) Proof of Life ★★ ('00, Suspense) <i>Meg Ryan</i> 'R'					Somebody (:35) Changeling ★★ ('08, Drama) <i>Angelina Jolie</i> 'R'					Promising Young Woman ('20, Comedy) 'R'						
	HBO5 314	The Hitman's Wife's Bodyguard (:40) 2 Fast 2 Furious ('03, Action) 'PG-13'					Chillin' Tyler Perry's Madea Goes to Jail Somebody					Gemstones Extremely Loud						
	HBOF 315	(:Percy J Herbie: Fully Loaded) (:05) 'G' (:11) A Mouse Tale ('15) 'PG'					(:44) Johnny English Strikes Again (:13) Shall We Dance? ★★ ('04) 'PG-13'					Adventures						
MAX	MAX 307	(:Evolution ('01) 'PG-13' (:12:48) Desperately Seeking Susan (:33) Disturbia ★★ ('07, Suspense) 'PG-13' (:19) Matchstick Men ('03, Comedy) 'PG-13' (:17) Rocky Balboa ('06) 'PG'																
	5MAX 308	(:At First Sight ★★ ('99) 'PG-13' (:The Personal History of David Copperfield (:32) My Cousin Vinny ('92, Comedy) 'R'					(:32) High Fidelity ('00, Romance-Comedy) 'R'					(:Bill & Ted						
	MMAX 309	(:Stoker ('13, Horror) 'R' (:08) The X-Files: I Want to Believe ('08)					(2:53) The Savages ★★ ('07, Drama) 'R'					(4:48) Primal Fear ('96, Crime Drama) 'R'						
SHOWTIME	SHO-E 318	(:Holler ('20) (:35) Gloria Bell ('18, Romance-Comedy) 'R'					Walking Tall ('04, Action) 'PG-13' (:3:55) Gladiator ('00, Historical Drama) <i>Russell Crowe</i> 'R'					Yellowjackets Holler ('20)						
	SHO2 320	(:Salingor (:45) The Guest ('14, Action) <i>Dan Stevens</i> 'R'					Philadelphia ('93, Drama) <i>Tom Hanks</i> 'PG-13' (:40) The Last Black Man in San Francisco ('19)					(:45) Lee Daniels' The Butler ('13)						
	SHOBET 321	The Resurgence: DeMarcus Cousins Fear of a Black Hat ('93) 'R'					Ricky Powell: The Individualist ('20) 'NR'					The Long Shadow ('20) 'NR' (:45) I Got the Hook-Up ('98) 'R'						
	SHOX 322	(:Machriar (:45) The Mauritanian ★★ ('21, Drama) <i>Jodie Foster</i> 'R'					Mine 9 ('19, Drama) 'NR'					Anaconda ('97, Suspense) 'PG-13' Scream 4 ('11, Horror) <i>Neve Campbell</i> 'R'						
	SHOS 323	(:Titanic ('97, Historical Drama) <i>Leonardo DiCaprio</i> 'PG-13' (:45) Big Stone Gap ('14) <i>Ashley Judd</i> 'PG-13'					The Last Right ('19, Comedy-Drama) 'NR'					(:20) Before I Fall ('17) 'PG-13'						
	TMC 327	(:Patriot Games ('92) (:05) The Captive ★★ ('14, Suspense) 'R'					Dreamland ('19, Drama) <i>Margot Robbie</i> 'R'					(:4:55) A Call to Spy ★★ ('19) 'PG-13' Patriot Games ('92)						
	FLIX-E 333	(:Perf Man (:45) Sex, Lies, and Videotape ('89, Drama) 'R'					(:25) Quartet ★★ ('12) 'PG-13' (:05) Paper Moon ★★ ('73, Comedy) 'PG'					(:5:50) Rescue Dawn ★★ ('06, War) 'PG-13'						
STARZ	ENCR-E 340	(:This Is the End ('13) (:02) Congo ('95, Action) <i>Dylan Walsh</i> 'PG-13' (2:54) Fallen ★★ ('98, Suspense) 'R'					(:02) The Equalizer 2 ★★ ('18, Action) 'R'					Devil-Prada						
	STARZ-E 350	(:Suspect Zero ('04, Suspense) 'R' Power Book II: Ghost (:28) The Hurt Locker ★★ ('08, War) 'R'					(:42) Van Helsing ('04, Fantasy) <i>Hugh Jackman</i> 'PG-13'					Mr. & Mrs. Smith						
	STRZED 352	(:Act Valor (:42) Stay Cool ★★ ('09, Comedy) 'PG-13'					(:16) Righteous Kill ★★ ('08) 'R' (:3:58) White House Down ('13, Action) 'PG-13'					Power Book II: Ghost (:13) Narc ('02) 'R'						
	STRZCI 353	(:Dangerous Beauty 'R' (:12:54) The Darjeeling Limited ('07)					(:28) Stander ('03, Drama) <i>Thomas Jane</i> 'R'					(:23) The Human Factor ('19)						
	STRZCO 354	(:Necessary Roughness ('91) 'PG-13' (:17) Paul ★★ ('11, Comedy) 'R'					(:02) From Prada to Nada ★★ ('11) 'PG-13'					(:4:50) Next Day Air 'R'						
EPIX	EPIX 380	Temptation: Confessions o (:05) The Last of the Mohicans ★★ ('92)					Dredd ('12, Action) <i>Karl Urban</i>					(:40) Commando ('85, Action) G.I. Joe: Retaliation						
	EPIX2 381	(:15) Bombshell ('19, Drama) <i>Charlize Theron</i> (:05) The Peanut Butter Falcon (:45) Spontaneous ★★ ('20, Comedy)					Head of State ('03, Comedy)					(:10) Britannia						
	EPIXH 382	(:40) Judy ('19, Biography) <i>Renée Zellweger</i> (:40) Moulin Rouge ★★ ('01, Musical) <i>Nicole Kidman</i>					Wolf of Snow					(:15) Resident Evil ('02, Horror) <i>Milla Jovovich</i>						
	EPIXDR 292	(:Charlie's Angels ('00) (:05) Forces of Nature ('99, Romance-Comedy)					Win a Date With Tad Hamilton! (:35) The Love Guru ('08, Comedy)					(:05) Kingpin ('96, Comedy) <i>Woody Harrelson</i>						
AMERICA'S TOP PROGRAMMING																		
A&E 118	Sell House/Sell House		Court Cam		Taking the Stand		Transporter 3 ★★ ('08, Action) <i>Jason Statham</i>			John Wick: Chapter 2 ★★ ('17, Action) <i>Keanu Reeves, Common</i>								
AHC 195	Evolution of Evil		Evolution of Evil		Codes and Conspiracies		Apocalypse: Stalin		Apocalypse: Stalin		Apocalypse: Stalin		Chernobyl Disaster		Deadly Cults			
AMC 131	(:Apollo 13 ('95)		Unbroken ★★ ('14, Biography) <i>Jack O'Connell, Domhnall Gleeson</i>		Fury ★★ ('14, War) <i>Brad Pitt, Shia LaBeouf</i>			Midway ('19, War)										
APL 184	Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins			
AXSTV 167	Classic Albums		Classic Albums		Classic Albums		Classic Albums		Classic Albums		Classic Albums		Classic Albums		Classic Albums			
BBCA 135	Seven Worlds, Planet		Seven Worlds, Planet		Seven Worlds, Planet		Seven Worlds, Planet		Seven Worlds, Planet		Seven Worlds, Planet		Planet Earth: Life		Planet Earth: Life			
BET 124	Live Single		Live Single		Live Single		Live Single		Live Single		Live Single		Live Single		Live Single			
BOUNCE 359	Paper Soldiers ('02, Comedy) <i>Kevin Hart</i>					Major League ('89, Comedy) <i>Tom Berenger</i>					Hustle and Heat ('03, Suspense) <i>Duane Martin</i>							
BRAVO 129	Movie					Movie					Movie							
BUZZR 245	Price		Match		Match		Match		Match		Match		Match		Match			
CIHD 249	Cajun		Cajun		Cajun		Cajun		Evil: My Life in a Cult		Evil: My Life in a Cult		Evil: My Life in a Cult		Crime 360			
CMT 166	Campfire		Movie		Movie		Movie		Movie		Movie		Movie		Movie			
CNBC 208	Rugby Paid Programs					Undercover Boss					Undercover Boss							
CNN 200	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom			
COM 107	The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office			
COMET 289	Nt. Gallery		Nt. Gallery		Asteroid vs. Earth ('14, Science Fiction)			Airplane vs Volcano ('14, Action) <i>Dean Cain</i>			Bubba Ho-Tep ('02, Comedy) <i>Bruce Campbell</i>			Pumpkinhead ('88)				
COOK 113	Man Fire		Man Fire		Man Fire		Man Fire		Man Fire		Man Fire		Man Fire		Man Fire			
DISC 182	Moonshiners		Moonshiners		Moonshiners		Moonshiners		Moonshiners		Moonshiners		Moonshiners		Moonshiners			
DFC 179	My Little Pony: Equestria Girls			Pet Shop		Too Cute!		Chopped Junior		Cake Wars		Ultimate Cake Off		Cake Boss		Cake Boss		
DISN-E 172	Movie		Gabby		Roll With It		Raven		Jessie		Jessie		Liv-Mad.		Bunk'd		Raven	
ENCR-W 341	(:Devil (:27) Bad Girls ('94, Western) 'R'					(:11) This Is the End ★★ ('13, Comedy) 'R'					(:02) Congo ('95, Action) <i>Dylan Walsh</i> 'PG-13'							
EWESTN 342	(:The Tall Men ('55, Western) 'NR' (:28) The Gunfighter ('50) 'NR'					(2:55) Kid Blue ('73, Western) 'PG' (:38) Conquest of Cochise ('53)					(:5:51) Mackenna's Gold ('69, Western) 'PG'							
EACTN 343	(:The Edge ('97, Adventure) 'R'					(:33) Zero Dark Thirty ('12, Drama) <i>Jessica Chastain</i> 'R'					(:13) Redemption Day ('21, Action) 'R'							
ESUSP 344	(:Legion ★ ('10, Horror) 'R'					(:44) The Kid Detective ('20, Comedy) 'R'					(:27) Revenge ('90, Suspense) <i>Kevin Costner</i> 'R'							
EBLACK 345	(:Bobby Z ('07) 'R'					(:06) The Big Hit ('98, Action) 'R'					(:40) Chain Reaction ★★ ('96, Action) 'PG-13' (:29) Men of Honor ★★ ('00, Biography) 'R'							
ECLASS 346	(:Lonesome Dove Leaving ('07) Lonesome Dove (Part 2 of 4)					(:40) Lonesome Dove <i>The Plains</i> (Part 3 of 4)					(:17) Lonesome Dove (Part 4 of 4)							
EFAMILY 347	(:East Side Sushi ('14) (:07) Grace Unplugged ★ ('13, Drama) 'PG'					(2:51) Tomorrowland ('15, Science Fiction) 'PG'					(:02) Rebound ('05, Children's) 'PG'							
ESPN 140	College Basketball <i>Teams TBA (L)</i>					College Basketball <i>Teams TBA (L)</i>					College Basketball <i>Teams TBA (L)</i>							
ESPN2 143	College Basketball <i>Teams TBA (L)</i>					College Basketball <i>Teams TBA (L)</i>					College Basketball <i>Teams TBA (L)</i>							
EWTN 261	Daily Mass		Religious		Dominican		Saint Molla/Walk for Life West Coast <i>Hearing from pro-life leaders.</i> (L)					One Life LA. (N)		Daily Mass				
FETV 82	Rawhide		Rawhide		Rawhide		Ranger		Ranger		Ranger		Ranger		Matlock			
FNC 205	Fox News Live (L)					Fox News Live (L)					Journal Editorial Report		Fox News Live (L)		The Big Saturday Show (L)			
FOOD 110	Trisha's		Trisha's		Food Paradise		Food Paradise		Food Paradise		Food Paradise		Diners		Diners			
FREFM 180	(:15) Mrs. Doubtfire ★★ ('93, Children's) <i>Robin Williams, Sally Field</i>					(2:55) National Treasure ★★ ('04, Adventure) <i>Nicolas Cage</i>					(:05) National Treasure: Book of Secrets ('07)							
F51 150	College Basketball <i>Seton Hall at St. John's (L)</i>					College <i>Colorado State at Air Force (L)</i>					Bowling							

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Daddy	The Hangover ('09, Comedy) <i>Bradley Cooper</i>				The Hangover Part II ★★ ('11, Comedy) <i>Bradley Cooper</i>				The Fate of the Furious ★★★ ('17, Action) <i>Vin Diesel</i>						
FXM	384	Snow White & the 3 Stooges (:20)		The Book of Life ('14) 'PG'		The Peanuts Movie ('15) 'G'		(:45) The Angry Birds Movie 2 ('19) 'PG'		(:40) Abominable ('19) 'PG'							
FXX	125	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons			
GETTV	373	Brides		Hondo		(:45) Casey Jones		Casey J.		Guns of Paradise		Hawkeye		The Warrior			
GMSHW	116	Ma. Minds	Ma. Minds	Ma. Minds	Ma. Minds	Chain Rea.	Chain Rea.	Chain Rea.	Chain Rea.	America	America	FamFeud	FamFeud	FamFeud	FamFeud	America	
GOLF	401	DP Tour Golf		Golf Central Pregame (L)		LPGA Golf		PGA Tour Golf		<i>The American Express, Third Round (L)</i>		PGA Champions					
GRIT	217	Sitting Bull ★★★ ('54, Western) <i>Dale Robertson</i>				The Silver Whip ('53, Western)		Law of the Lawless ★★ ('64, Western)				Gunfight in Black Horse Canyon ★★ ('61)					
HALL	185	Love on Ice ('17, Drama) <i>Julie Berman</i>			The Birthday Wish ('17, Romance-Comedy)			The Wedding Veil ('22, Romance)				Roadhouse Romance ('21, Romance-Comedy)					
HALLDR	186	Little House on Prairie				Little House on Prairie				Little House on Prairie							
HALLMV	187	Murder, She Baked		Murder, She Baked A Peach Cobbler Mystery		Murder, She Baked A Deadly Recipe		Murder, She Baked Just Desserts		Aurora Teagarden							
HDMOV	130	Kickboxer (:45)		A Man Called Horse ('70, Western) <i>Richard Harris</i>		(:250) Agony ('20, Suspense) <i>Asia Argento</i>		(:455) The Last Waltz ('78, Documentary)		Danny Deckchair ('03)							
HGTV	112	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It					
HIST	120	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers					
ID	192	Your Worst Nightmare		Your Worst Nightmare		Your Worst Nightmare		Your Worst Nightmare		Diabolical		Diabolical					
IFC	133	Predator 2				Prometheus ★★★ ('12, Science Fiction) <i>Noomi Rapace</i>				Avatar ★★★ ('09, Science Fiction) <i>Sam Worthington, Voice of Zoe Saldana</i>				Ex-Girlfriend			
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Videos	Videos	'70s Show	'70s Show	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Spaceballs ('87)	
LIFE	108	Abducted		Stolen by My Mother: Kamiyah		Keeping Up With the Joneses (N) (Part 1 of 3)				Keeping Up With the Joneses (N) (Part 2 of 3)				Keeping Up With the Joneses (N) (Part 3 of 3)			
LMN	109	Escaping the NXIVM Cult: Mother Fight				Missing and Alone ('21, Suspense) <i>Megan Best</i>				Saving My Daughter ('21, Suspense)				My Daughter's Double Life ('21, Suspense)			
MAGN	111	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Johnnyswim			
MGMHD	385	Nobody's Fool ★★ ('86, Romance-Comedy)				Pieces of April ('03) <i>Katie Holmes</i>				(:40) The Cutting Edge: Going for the Gold ('06, Drama)				(:550) The Cutting Edge: Chasing the Dream			
MOTOR	246	Four	Garage	Truck U	Garage	Restoration	Restoration	Restoration	Restoration	Restoration	Restoration	Restoration	Restoration	Restoration	Restoration	Restoration	
MSNBC	209	Alex Witt Reports (L)		Alex Witt Reports (L)		Alex Witt Reports (L)		Yasmin Vossoughian		Yasmin Vossoughian		PoliticsNation (L)		Voices-Alicia Menendez		Voices-Alicia Menendez	
NATGEO	197	Locked Up Abroad		Locked Up Abroad		To Catch A Smuggler		To Catch A Smuggler		To Catch A Smuggler		To Catch A Smuggler		To Catch A Smuggler		Drugs, Inc. <i>Heroin</i>	
NGWLD	190	Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. K's Exotic Animal		Dr. K's Exotic Animal		Dr. K's Exotic Animal		Dr. K's Exotic Animal		The Incredible Dr. Pol		The Incredible Dr. Pol	
OUTD	396	Major League Fishing (N)				Major League Fishing Cups (N)				MLFAngle		Gowdy		Viral		Wardens	
OWN	129	Dr. Phil		Ready to Love		Ready to Love		Ready to Love		Ready to Love		Ready to Love		Hunters		Hunters	
OXYG	187	911 Crisis		911 Crisis		911 Crisis		911 Crisis		Cold Justice		Cold Justice		Cold Justice		Cold Justice	
PARMT	241	NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		Batman Begins ('05)	
POP	117	Movie		Georgia Rule ★ ('07, Drama) <i>Jane Fonda</i>				Movie				Movie					
REELZ	299	Jim Morrison: Rider		Autopsy-Last		Autopsy-Last		Cops		Cops		Cops		Cops		The Suicide Texts: The Friends Speak	
SCI	193	What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?	
SMITH	367	Aerial Cities		Rise of Tokyo in Color		Battle of Okinawa		Britain in Color		Britain in Color <i>Empire</i>		Britain in Color <i>Royalty</i>		America in Color		America in Color	
SONY	386	Angel		(:45) A Better Way to Die ★★ ('00, Drama)		(:40) Redbelt ('08, Drama) <i>Chiwetel Ejiofor</i>		(:35) Lake Placid ★★ ('99, Horror)		(:15) Lake Placid 2 ('07, Horror) <i>John Schneider</i>							
SUND-E	358	Law Cl		Law Order: Cl		Law Order: Cl		(:45) American Psycho ★★★ ('00, Horror) <i>Christian Bale</i>		The Devil's Advocate ★★★ ('97, Suspense) <i>Keanu Reeves, Al Pacino</i>							
SYFY	122	Harry Potter & Sorcerer's Stone (:33)				Harry Potter and the Chamber of Secrets ★★ ('02, Children's) <i>Daniel Radcliffe</i>				Harry Potter and the Prisoner of Azkaban ('04, Children's)							
TBN	260	R. Jeffress	Veggie	Drive Thru	Creation	The Unholy	7 Men	Jordan	News	Turning Point	Graham	Graham	Precious Memories	Charles Stanley			
TBS	139	I Feel Pretty ('18)		(:15) Shallow Hal ('01, Romance-Comedy) <i>Gwyneth Paltrow</i>		(:45) She's the Man ('06, Romance-Comedy) <i>Amanda Bynes</i>						Amer. Dad		Amer. Dad	Amer. Dad	Amer. Dad	
TCM	132	Tortilla Flat ('42, Drama) <i>Spencer Tracy</i>		King Solomon's Mines ('50, Adventure)				Young Cassidy ('65, Biography) <i>Rod Taylor</i>		The Sunshine Boys ★★ ('75, Comedy)							
TLC	183	Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé	
TMC-W	329	Broken		The Golden Child ('86) 'PG-13'		(:05) Patriot Games ★★ ('82, Suspense) 'R'		(:05) The Captive ★★ ('14, Suspense) 'R'		Dreamland ('19, Drama) <i>Margot Robbie</i> 'R'							
TNT	138	NCIS: New Orleans				Con Air ★★ ('97, Action) <i>Nicolas Cage, John Cusack</i>				Star Wars: A New Hope ('77, Science Fiction) <i>Mark Hamill</i>				(:15) Star Wars: The Empire Strikes Back ('80)			
TRU	242	Jokes	Jokes	Jokes	Jokes	Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TRVL	196	Hometown Horror		Hometown Horror		Hometown Horror		Hometown Horror		Hometown Horror		Most Terrifying Places		Most Terrifying Places		Most Terrifying Places	
TVLND	106	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Two Men	Two Men	Two Men	Two Men	
UP	188	Little House on Prairie		Little House on Prairie		Little House on Prairie		Diagnosis Delicious ('16, Romance)		Romance in the Wilds ('21, Romance)		Fishing for Love ('20)					
USA	105	Premier	College Basketball				College Basketball				College Basketball		The Replacements ('00, Comedy)				
WE	128	Criminal Minds		<i>The Fox</i> Criminal Minds		Criminal Minds <i>Derailed</i>		NCIS <i>Dead Reflection</i>		NCIS <i>Baltimore</i>		NCIS <i>Swan Song</i>		NCIS <i>Pyramid</i>		NCIS	

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		UFC Live (N)				Winter X Games (L)				Local Prog. News				Local Programs												
CBS-E	Local Prog. Basketball		College Basketball				Kentucky at Auburn (L)				Local Programs				Local Prog. NFL												
CW-E	Local Programs																										
FOX-E	College Basketball				Villanova at Georgetown (L)				Local Programs				NFL Football				Divisional Round: Teams TBA (L)										
NBC-E	Local Prog. Premier League Soccer		Goal Zone				LPGA Golf				Skiing				Local Prog. News		Local Programs										
METV	247*	The Big Valley		Gunsmoke		Gunsmoke		Bonanza		Rawhide		Have Gun		Wanted ...		Rifleman		Rifleman		Stooges		Stooges		Stooges		Stooges	
ABC-W	Local Programs		UFC Live (N)				Winter X Games (L)				Local Prog. Local Programs																
CBS-W	Local Prog. Basketball		College Basketball				Kentucky at Auburn (L)				Local Programs																
CW-W	Into Wild		Into Wild		Open Rd		Ready-Pet		Local Programs				Local Programs														
FOX-W	College Basketball				Villanova at Georgetown (L)				Local Programs				NFL Football				Divisional Round: Teams TBA (L)										
NBC-W	Roots Less		Premier League Soccer				Goal Zone				LPGA Golf				Skiing				Local Prog. Local Prog. Local Programs								
PBS	Dinosaur		Cyberchase		Old House		Old House		Old House		MotorWeek		Old House		Chefs Life		No Passport Required		History Detectives		Weekend		Hoover		Antiques Roadshow		

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
PREMIUM MOVIES																		
HBO	HBO-E 310	Nobody ★★★ ('21, Action) 'R'			Gemstones		Gemstones (05) Euphoria		(12:05) The 15:17 to Paris ('18)		(40) No Country for Old Men ('07) 'R'		Euphoria					
HBO	HBO2 312	El cantante ('06, Biography) Marc Anthony 'R'			Independence Day ('96, Science Fiction) Will Smith 'PG-13'		Real Time, Bill Maher		Limbo ('20, Comedy-Drama) Amir El-Masry 'R'		Extract 'R'							
HBO	HBO5 314	Extremely Loud Trance ('13, Crime Drama) 'R'			(45) Aftermath ★★ ('17, Suspense) 'R'		(20) Euphoria		(20) High-Rise ('15, Comedy) Tom Hiddleston 'R'		Human							
HBO	HBOF 315	Adventure (33) Best Man Down ('12) 'PG-13'			(03) Enough Said ('13) 'PG-13'		(36) Envy ('04, Comedy) Ben Stiller 'PG-13'		(16) Bend It Like Beckham ('02)		Poseidon Adv.							
MAX	MAX 307	Reasonable Doubt ('14) 'R'			(33) Gangs of New York ('02, Historical Drama) Leonardo DiCaprio 'R'		(21) The Purge ('13, Suspense) 'R'		(1:48) The Legend of Hercules ('14)		Dracula							
MAX	5MAX 308	Bill-Ted's Jour. Irresistible ★★ ('20, Comedy) 'R'			(42) Cop Land ★★ ('97, Crime Drama) 'R'		(27) Risky Business ('83) 'R'		(07) Swingers ('96, Comedy) 'R'		Wicker							
MAX	MMAX 309	Argo ('12) 'R'			Ted ★★ ('12, Comedy) Mark Wahlberg 'R'		(10:47) Private Parts ('97) 'R'		(37) This Is 40 ('12, Romance-Comedy) Paul Rudd 'R'		(2:51) House Arrest 'R'							
SHOWTIME	SHO-E 318	Holler ('20, Drama) 'R'			Boxing Showtime Championship (L)		Yellowjackets		Dead Man on Campus ('98) 'R'		(05) Gladiator ('00) 'R'							
SHOWTIME	SHO2 320	Lee-Butler The Dry ('20, Crime Drama) Eric Bana 'R'			Midsummer ★★ ('19, Horror) Florence Pugh 'R'		Last Holiday ★★ ('06, Comedy) 'PG-13'		Philadel.									
SHOWTIME	SHOBET 321	Got Scary Movie ('00, Comedy) 'R'		Yellowjackets		Scary Movie 2 ('01, Comedy) 'R'		Scary Movie 3 ★★ ('03) 'PG-13'		(1:48) Get Rich or Die Tryin' ('05, Crime Drama) 'R'								
SHOWTIME	SHOX 322	Pulp Fiction ('94, Crime Drama) John Travolta 'R'			(35) Grindhouse Presents: Death Proof ('07)		Best of All the Smoke		Boxing Showtime Championship									
SHOWTIME	SHOS 323	Titanic ★★ ('97, Historical Drama) Leonardo DiCaprio 'PG-13'			(15) Django Unchained ★★ ('12, Western) Jamie Foxx 'R'		Richard Pryor-Sunset Strip		Silver Lake									
SHOWTIME	TMC 327	Patriot Games ('92) Puppet Master ('89, Horror) 'R'			Puppet Master II ('90, Horror) 'R'		Puppet Master III		Puppet Master ('89, Horror) 'R'		American Badger ('19)							
SHOWTIME	FLIX-E 333	Crash ('04, Drama) Sandra Bullock 'R'			Midnight Cowboy ★★ ('69, Drama) 'R'		Byzantium ('12, Horror) Gemma Arterton 'R'		The Canyons ('13, Suspense) 'R'		Barbershop							
STARZ	ENCR-E 340	Devil-Prada Congo ★★ ('95, Action) Dylan Walsh 'PG-13'			(10:52) Turbulence ★ ('97) 'R'		(37) Parkland ★★ ('13) 'PG-13'		(14) Jumanji: Welcome to the Jungle ('17)									
STARZ	STARZ-E 350	Mr. & Mrs. Smith Power Book II: Ghost (03) The Change-Up ★★ ('11, Comedy) 'R'			Escape Room: Tournament		(32) Mystery Men ('99, Fantasy) 'PG-13'		Monster									
STARZ	STRZED 352	Narc ★★ ('02) 'R' The Birthday Cake ('21) 'R'			(35) Righteous Kill ('08, Crime Drama) 'R'		Power Book II: Ghost		(23) Narc ('02, Crime Drama) 'R'		(11) The 6th Day ('00)							
STARZ	STRZCI 353	(15) The Violent Heart ('20, Suspense) 'NR'			Rare Beasts ('19, Romance) 'NR'		(34) Bottle Rocket ★★ ('96) 'R'		(09) The Darjeeling Limited ('07)		(42) Celeste and Jesse Forever 'R'							
STARZ	STRZCO 354	Paul ★★ ('11, Comedy) Simon Pegg 'R'			(9:47) Slither ('06, Horror) 'R'		(25) Next Day Air ★ ('09) 'R'		(12:54) Made in America ('93, Comedy) 'PG-13'		(2:47) Baby Done ('20)							
EPIX	EPIX 380	G.I. Joe: Retaliation Snake Eyes: G.I. Joe Origins ('21, Action)			(05) The Avengers ('12, Action) Robert Downey Jr.		Snake Eyes: G.I. Joe Origins ('21, Action)		Command									
EPIX	EPIX2 381	Sonic the Hedgehog ★★ ('20) (40) Bill & Ted Face the Music			(15) Pain & Gain ★★ ('13, Action) Mark Wahlberg		(25) Heartburn ('86, Drama)		(15) Britannia									
EPIX	EPIXH 382	World War Z ★★ ('13, Horror) Brad Pitt			Spell ('20, Horror) Omari Hardwick (35) Jacob's Ladder ('90, Horror) Tim Robbins		Resident Evil ★★ ('02, Horror)		(15) Friday the 13th									
EPIX	EPIXDR 292	Coneheads ★★ ('93, Comedy) A Night at the Roxbury ('98)			(10:55) What About Bob? ('91)		(35) Kingpin ('96, Comedy) Woody Harrelson		Alfie ★★ ('04, Comedy-Drama)									
AMERICA'S TOP PROGRAMMING																		
A&E	118	John Wick: Chapter 3: Parabellum ('19, Action) Keanu Reeves			Mile 22 ★★ ('18, Action) Mark Wahlberg		John Wick: Chapter 3: Parabellum ('19, Action) Keanu Reeves											
AHC	195	The Mafia Kingpin Mafia's Greatest Hits			Mafia's Greatest Hits		Mafia's Greatest Hits		The Mafia Kingpin		Mafia's Greatest Hits		Mafia's Greatest Hits		Mafia's Greatest Hits			
AMC	131	Midway ★★ ('19, War) Ed Skrein			Pearl Harbor ★★ ('01, War) Ben Affleck, Josh Hartnett		Fury ★★ ('14, War) Brad Pitt, Shia LaBeouf											
APL	184	Crikey! It's the Irwins (N) Crikey! It's the Irwins			The Irwins		The Irwins		Crikey! It's the Irwins		Crikey! It's the Irwins		The Irwins		Crikey! It's the Irwins			
AXSTV	167	Tom Petty: Live From Gatorville The band performs.			(45) Stevie Nicks: 24 Karat Gold: The Concert (N)		John Fogerty The artist performs.											
BBCA	135	Planet Earth: Life Insects Planet Earth: Life Plants Planet Earth: Life			Planet Earth: Life		Planet Earth: Life		Planet Earth: Life Insects		Planet Earth: Life		Seven Worlds, Planet					
BET	124	Life ★★ ('17, Science Fiction) Jake Gyllenhaal, Rebecca Ferguson			A Thin Line Between Love and Hate ★★ ('96, Comedy-Drama)		The Parkers The Parkers		The Parkers The Parkers		The Parkers The Parkers							
BOUNCE	359	Tyler Perry's Why Did I Get Married? ('07) Tyler Perry			Just Wright ★★ ('10, Romance-Comedy) Queen Latifah		The Perfect Match ('16, Romance-Comedy)		Class Act ★★ ('92)									
BRAVO	129	Movie			Movie		Movie		Movie									
BUZZR	245	Match-Squares		Super Pass. Super Pass.		Sweep Sweep		Match-Squares		Super Pass. Super Pass.		Sweep Sweep		Tell Truth Tell Truth		Password Password		
CIHD	249	Crime 360 Senseless			Crime 360 Fatal Feud		Crime 360 Bad Blood		Crime 360		Crime 360 Senseless		Crime 360 Fatal Feud		Crime 360 Bad Blood		Crime 360	
CMT	166	Movie			Movie		Movie		Movie		Movie		Movie		Housewife			
CNBC	208	Undercover Boss			Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		Paid Programs		Jay Len's Garage	
CNN	200	CNN Newsroom			CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program	
COM	107	Movie			Movie		Movie		Movie		South Park		South Park		South Park		South Park	
COMET	289	Pumpkinhead ('88) Amityville 3-D ★★ ('83, Horror) Tony Roberts			The Amityville Haunting ★★ ('11, Horror)		Battlestar Galactica		Battlestar Galactica		Paid Programs							
COOK	113	Iron Chef America			Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America			
DISC	182	Expedition Unknown			Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown			
DFC	179	Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Ultimate Cake Off		
DISN-E	172	Movie			Amphibia (N) Gabby		Big City		Raven		Roll With It		Jessie Jessie		Liv and Maddie		Bunk'd Bunk'd	
ENCR-W	341	(02) The Equalizer 2 ★★ ('18, Action) 'R'			(07) The Devil Wears Prada ('06) 'PG-13'		Congo ★★ ('95, Action) Dylan Walsh 'PG-13'		(1:52) Turbulence ('97, Suspense) 'R'		Parkland							
EWESTN	342	Man in the Wilderness ('71, Adventure) 'PG'			(9:47) The Comancheros ('61) 'NR'		(36) The Last Posse ('53) 'NR'		(12:51) Winchester '73 ('50) 'NR'		(25) Ten Wanted Men ('55) 'NR'							
EACTN	343	Scarico: Day of the Soldado ('18, Suspense) 'R'			Joy Ride ('01, Suspense) 'R'		(40) The Edge ★★ ('97, Adventure) 'R'		(40) Patton ★★ ('70, War) George C. Scott 'PG'									
ESUSP	344	Red Dawn ('84) The Kid Detective ('20) 'R'			(42) Legion ★ ('10, Horror) Paul Bettany 'R'		(27) Pet Sematary Two ('92) 'R'		(10) District 9 ('09, Science Fiction) 'R'									
EBLACK	345	Miles (23) Bobby Z ('07, Suspense) 'R'			Stomp the Yard: Homecoming		Men of Honor ★★ ('00, Biography) 'R'		(43) Wieners ('08, Comedy) Kenan Thompson 'R'		Mortician							
ECLASS	346	Return/Lonesome Dove			Return to Lonesome Dove		(28) Return to Lonesome Dove		(11:48) Legends of the Fall ('94, Drama) 'R'		(04) What Lies Beneath ('00, Suspense) 'PG-13'							
EFAMILY	347	East Side Sushi ('14, Comedy-Drama) 'PG'			(9:48) Tomorrowland ('15, Science Fiction) 'PG'		Little Manhattan ('05) 'PG'		(32) Camp Arrowhead ('20) 'NR'		(2:57) Big Miracle ('12)							
ESPN	140	UFC 270: Ngannou vs. Gane - Prelims (L) X Games (L)			NFL Rewind (L)		SportsCenter (L)		SportsCenter (L)		NFL Rewind							
ESPN2	143	ESPN Documentaries 2022 Australian Open Tennis Round of 16 (L)			SportCtr		SportsCenter		X Games		SportsCenter							
EWTN	261	Don Bosco The life of Saint John Bosco.			Living Right		Web/Faith		Bookmark		Daily Mass		Fr. Spitzer's Universe		Walk for Life West Coast			
FETV	82	Perry Mason		Perry Mason		Mannix Catspaw		Mannix		B. Miller B. Miller		Mannix Catspaw		Mannix		Hillbillies Hillbillies		
FNC	205	Watters' World (N) Justice With Jeanine			Unfiltered with		Watters' World		Justice With Jeanine		Unfiltered with		Watters' World		Justice With Jeanine			
FOOD	110	Diners		Diners		Diners		Diners		Diners		Diners		Diners		Diners		
FREFM	180	Treasure (45) Spider-Man: Homecoming ★★ ('17, Action) Tom Holland, Michael Keaton			(11:55) Lara Croft: Tomb Raider ★★ ('01)		Paid Programs											
F51	150	146th Westminster Kennel Club Dog Show (L)			Elite Youth		College Basketball Arizona State at Stanford (L)		College Basketball Villanova at Georgetown (N)		Bowling							

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Fast & Furious Presents: Hobbs & Shaw ('19, Action) <i>Dwayne Johnson</i>				Better	Better	Inbetween	Inbetween	Inbetween	Mom	Mom	Mom	Mom	Mom		
FXM	384	Abomin (:35) Abominable ★★★ ('19, Children's) 'PG'				The Angry Birds Movie 2 ('19, Children's) 'PG'	(:25) Mortal Engines ★★ ('18, Science Fiction) 'PG-13'			The Seven Year Itch							
FXX	125	Family Guy Family Guy Family Guy Family Guy Family Guy				Family Guy	Family Guy	Family Guy	Archer	Archer	Archer	Archer	Cake	Cake	FXM Pres.		
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		Kojak		Kojak		Charlie's Angels		Charlie's Angels		Hart to Hart			
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	Idiotest		
GOLF	401	PGA Champions				Golf C'tral	PGA Tour Golf	<i>The American Express, Third Round</i>				DP Tour Golf					
GRIT	217	Dakota Incident ('56, Western) <i>Linda Darnell</i>		Scallock ★★★ ('67, Western) <i>Dale Robertson</i>		A Day of Fury ('56, Western)			Rawhide ★★★ ('51, Western) <i>Tyrone Power</i>				Paid Prog.				
HALL	185	Romancing the Birthday Girl ('22, Romance)		You're Bacon Me Crazy ('20) <i>Natalie Hall</i>		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier			
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie			
HALLMV	187	Aurora Teagarden		Hannah Swensen		Mysteries <i>Sweet Revenge</i>		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote			
HDMOV	130	Danny Deckchair ('03) (:8:50)		The Mechanic ('11, Action)		(:35) Redemption ('13, Suspense) <i>Jason Statham</i>		(:25) The Mechanic ('11, Action)		(:10) Redemption ('13, Suspense) <i>Jason Statham</i>							
HGTV	112	Holmes Family Rescue (N)		Unfinished Business (N)		Love It or List It		Love It or List It		Holmes Family Rescue		Unfinished Business					
HIST	120	American Pickers		American Pickers		Fort Knox of Toys		(:05) American Pickers		(:12:03) American Pickers		(:05) American Pickers		(:06) American Pickers			
ID	192	Evil Lives Here		Evil Lives Here		Evil Lives Here		Affairs		Affairs		Evil Lives Here		Evil Lives Here			
IFC	133	My Super Ex-Girlfriend ★★ ('06)		Men in Black II ('02, Action) <i>Tommy Lee Jones</i>		The Maze Runner ('14, Science Fiction) <i>Dylan O'Brien</i>		Saved/Bell		Saved/Bell		Saved/Bell		Saved/Bell			
LAFF	237	Spaceballs ('87)		Major League ('89, Comedy) <i>Tom Berenger</i>		Parenthood ★★★ ('89, Comedy-Drama) <i>Steve Martin</i>		Nt. Court		Videos		Videos		Paid Programs			
LIFE	108	Vanished: Searching for My Sister ('22) (:03)		Imperfect High ('21, Drama) <i>Nia Sioux</i>		(:12:01) Vanished: Searching for My Sister ('22)		(:04) Imperfect High ('21, Drama) <i>Nia Sioux</i>									
LMN	109	The Virgin Sinners ('20, Horror)		Memories of a Murder ('20, Suspense)		(:12:01) The Virgin Sinners ('20, Horror)		Memories of a Murder ('20, Suspense)									
MAGN	111	Home Work		Home Work (N)		Fixer Upper: Welcome		Fixer Upper		Home Work		Fixer Upper: Welcome		Fixer Upper			
MGMHD	385	Benny & Joon ★★★ ('93, Romance-Comedy)		Four Weddings and a Funeral ('94, Romance-Comedy)		Something Wild ★★★ ('86, Suspense) <i>Jeff Daniels</i>		(:2:50) Women in Love									
MOTOR	246	Auto/Biography		Roadkill		Roadkill		Roadkill		Roadkill		Roadkill		Roadkill			
MSNBC	209	Ayman (L)		Ayman (L)		Voices-Alicia Menendez		Ayman		Ayman		Dateline		Dateline			
NATGEO	197	Drugs, Inc. <i>Heroin</i>		Drugs, Inc.: The Fix		Mariana van		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Mariana van		Locked Up Abroad			
NGWLD	190	The Incredible Dr. Pol (N)		The Incredible Dr. Pol		Pop Goes the Vet		The Incredible Dr. Pol		The Incredible Dr. Pol		Pop Goes the Vet		Pop Goes the Vet			
OUTD	396	Fur Hat Ice Dead Meat		Hatfields & McCoys <i>Episode 3 (N)</i> (Part 3 of 3)		Hatfields & McCoys <i>Episode 3 (Part 3 of 3)</i>		Fur Hat Ice Dead Meat		Major League Fishing							
OWN	189	Hunters		Hunters		Hunters		Hunters		Hunters		Hunters		Hunters			
OXYG	127	Cold Justice (N)		911 Crisis Center (N)		New York Homicide (N)		911 Crisis		911 Crisis		New York Homicide		Snapped			
PARMT	241	Batman Begins ('05, Action) <i>Christian Bale</i>		The Dark Knight ★★★ ('08, Action) <i>Christian Bale, Heath Ledger</i>		Batman Begins ★★★ ('05, Action) <i>Christian Bale, Michael Caine</i>											
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Scorpion		Scorpion			
REELZ	299	Grim Sleeper: The Friends Speak				The Suicide Texts: The Friends Speak				Grim Sleeper: The Friends Speak							
SCI	193	What on Earth? <i>Nazi Arctic Station</i> (N)				What on Earth?				What on Earth?							
SMITH	367	America in Color		America in Color		America in Color		Private Liv		Bomb Dropped		Atomic Age Declassified		Atomic Age Declassified			
SONY	386	The Contractor ('07, Action) <i>Wesley Snipes</i>		(9:55) Flight of Fury ('07, Action) <i>Steven Seagal</i>		(11:50) The Contractor ('07, Action)		(35) Flight of Fury ('07, Action) <i>Steven Seagal</i>		Wild							
SUND-E	358	A Few Good Men ★★★ ('92, Drama) <i>Tom Cruise, Jack Nicholson</i>				A Few Good Men ★★★ ('92, Drama) <i>Tom Cruise, Jack Nicholson</i>				The Devil's Advocate ★★★ ('97, Suspense)							
SYFY	122	Harry Potter and the Goblet of Fire ★★★ ('05, Fantasy) <i>Daniel Radcliffe</i>		Resident Alien <i>Pilot</i>				Resident Alien <i>Homesick</i>		Resident Alien <i>Secrets</i>		Resident Alien					
TBN	260	Huckabee (N)		Somebody		Hour Power: Schuller		Youseff		Huckabee		Somebody L. Fontaine		J. Rubin			
TBS	139	Amer. Dad		Burgers		Burgers		Burgers		Burgers		Wipeout		Jerry Maguire ★★★ ('96, Romance-Comedy) <i>Tom Cruise</i>			
TCM	132	Doctor Zhivago ★★★ ('65, Romance) <i>Omar Sharif, Julie Christie</i>				Over-Exposed ★ ('56, Drama) (:45) The China Syndrome ('79, Suspense) <i>Jane Fonda</i>											
TLC	183	TBA		TBA		TBA		TBA		TBA		TBA		TBA			
TMC-W	329	A Call to Spy ('19, Historical Drama) 'PG-13'		Patriot Games ('92, Suspense) <i>Harrison Ford</i>		'R'		Puppet Master ('89, Horror) 'R'		Puppet Master II ('90, Horror) 'R'		Puppet Master III					
TNT	138	Star Wars: The		(:02) Star Wars: Return of the Jedi ('83, Science Fiction) <i>Mark Hamill</i>		Star Wars: The Force Awakens ('15, Science Fiction) <i>Harrison Ford</i>				NCIS: New Orleans							
TRU	242	Jokes		Jokes		Imp. Jokers Imp. Jokers		Jokes		Jokes		Jokes		Jokes			
TRVL	196	Most Terrifying Places		Most Terrifying Places		Kindred Spirits (N)		Kindred Spirits		Most Terrifying Places		Most Terrifying Places		Kindred Spirits			
TVLND	106	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Raymond			
UP	188	Fishing for Love ('20)		Just for the Summer ('20, Romance-Comedy)		Sweet Surrender ('13, Romance-Comedy)		The Wishing Well ('10, Drama) <i>Jordan Ladd</i>				Paid Programs					
USA	105	The Replacements		Last Man		AMA Supercross <i>Monster Energy Series, Round 3 (L)</i>				Chicago P.D.		Chicago P.D.		Chicago P.D. <i>Trust</i>			
WE	128	NCIS <i>Restless</i>		NCIS		NCIS <i>Enemy on the Hill</i>		NCIS <i>Safe Harbor</i>		NCIS <i>Thirst</i>		Law & Order		Law & Order <i>Fluency</i>			

LOCAL NETWORKS

ABC-E	Shark Tank		Shark Tank		The Rookie <i>Red Hot</i>		Local Programs									
CBS-E	NFL Football <i>Divisional Round: Teams</i> TBA (L)				Local Programs											
CW-E	Whose Line Whose Line		Animals		Animals		Local Programs									
FOX-E	TBA				Local Programs		I Can See Your Voice		Local Programs							
NBC-E	The Wall		Dateline NBC		Saturday Night Live (N)		Local Prog. (:29) Saturday Night Live (L)		1st Look		House		Local Programs			
METV	247*	Svengoolie				Star Trek		Buck Rogers		Kolchak: Night Stalker		Lost in Space		Voyage/Bottom of Sea Land of the Giants		
ABC-W	Local Programs		News		Local Programs		Shark Tank		Shark Tank		The Rookie <i>Red Hot</i>		Local Programs			
CBS-W	NFL Football <i>Divisional Round: Teams</i> TBA (L)				Local Programs											
CW-W	Local Programs				Whose Line Whose Line		Animals		Animals		Local Programs					
FOX-W	Local Programs				TBA				Local Programs							
NBC-W	Local Prog. News		Local Programs		The Wall		(:29) Saturday Night Live (L)		Saturday Night Live (N)		Local Prog. (:29) Saturday Night Live					
PBS	Independent Lens		Finding Your Roots		Hoover		Austin City Limits (N)		MotorWeek		Chefs Life		NOVA		Animals With Cameras Big Pacific <i>Voracious</i>	