

Table with 14 columns representing time slots from 4AM to 11:30 and 14 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, PACIFIC, and PREMIUM MOVIES.

Main program listing table with columns for channel, time, and program details. Includes sections for HBO, MAX, SHOWTIME, STARZ, and EPIX.

AMERICA'S TOP PROGRAMMING

Table listing top programming across various channels including A&E, AMC, AXSTV, BBCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FMC, FNC, FOOD, FREFM, and F51.

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Better	FXM Pres.	Paid Programs				Mom	Widows ★★★ ('18, Suspense) <i>Viola Davis, Colin Farrell</i>				Mission: Impossible: Fallout ('18)					
FXM	384	Demetrius	(:45) The Alligator People ('59)	Those Magnificent Men in Their Flying Machines ('65)				(:20) Sodom and Gomorrah ('63, Historical Drama) 'NR'	The Robe ('53) 'NR'									
FXM	125	Paid Programs				Snatched ★★ ('17, Comedy) <i>Amy Schumer</i>				Little ★★ ('19, Comedy) <i>Regina Hall, Issa Rae</i>				Cleveland				
GETTV	373	Fantasy Island		Fantasy Island		Inspiration Ministries		World	Jewish Jes	Paid Prog.		Mass	The Quest		Laredo	Here Come the Brides		
GMSHW	116	Paid Programs																
GOLF	401	PGA Golf PGA Champions				PGA	Golf Central		DP World Tour Golf Volvo Car Scandinavian Mixed, Final Round (L)									
GRIT	217	Paid Programs																
HALL	185	Frasier	Frasier	Reba	Reba	Reba	Reba As Is	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Sailing Into Love ('19, Romance) <i>Leah Renee</i>				
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		
HALLMV	187	Monk		Monk		Monk		Monk		Monk		Monk		Monk		Signed, Sealed		
HDMOV	130	Paid Programs																
HERIC	293	The District Party Favors		The District A.K.A.		Eco Co.	Science	Walk Wild	Dragonfly	Family	Eat This!	Batman	Batman	Wonder Woman	Superman	Superman		
HGTV	112	Paid Programs																
HIST	120	Paid Programs																
ID	190	Murder Decoded		Murder Decoded		Murder Decoded		Disappeared		Disappeared		Disappeared Last Stop		The Perfect Murder		The Perfect Murder		
IFC	133	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	The Hitchhiker's Guide to the Galaxy ('05, Science Fiction)				Kicking & Screaming ★★★ ('05, Comedy) <i>Zoolander</i>						
LAFF	237	Paid Programs																
LIFE	108	Paid Programs																
LMN	109	Paid Programs																
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Art in	Art in	Magnolia Workshops (N)		
MGMHD	385	War Games		MGM	Studio	Witness for the Prosecution ★★★ ('57, Crime Drama)				The Children's Hour ★★★ ('61, Drama) <i>Audrey Hepburn</i>				(10:50) 12 Angry Men				
MOTOR	246	24 Hours of Le Mans (N)																
MSNBC	209	Dateline		Dateline		Mehdi Hasan (N)		The Katie Phang Show (L)		Velshi (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)				
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs										Wicked Tuna	Wicked Tuna	Wicked Tuna
NGWLD	190	Paid Programs																
OUTD	396	Wicked Tuna		Conchs	Spear Life	Fisherman	Bass	Major League Fishing				Zonas	Angling	Outdr.	Bill Dance	Fishing	Lake	
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday		
OXYG	127	Dateline (Part 2 of 2)		Dateline The Sting		Dateline		Dateline		Dateline		Dateline		Dateline		Snapped		
PARMT	241	Paid Programs																
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		
REELZ	299	Paid Programs																
RFDTV	231	Paid Programs																
SCI	193	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	
SMITH	367	Mighty Cruise Ships		Mighty Cruise Ships		Aerial America		Aerial America		Aerial America		Aerial America		Aerial America		Aerial America		
SONY	386	Two Fist (:42) Two Rode Together ('61, Western)		(:41) Conquest of Cochise ('53)				72 Hours (:24) The Blue and the Gray Major battle. (Part 1 of 3)				The Blue and the Gray						
SUND-E	358	Smokey Pt. 3		Monk		Monk		Monk		Monk		Monk		Monk		Smokey-Bndt. 2		
SYFY	122	Transformers		Twi. Zone	Twi. Zone	Paid Programs				Twi. Zone	Mortal Engines ★★ ('18, Science Fiction) <i>Hera Hilmar</i>				Transformers			
TBN	260	Hagee	Harvest	Jackson	Connect	Harbinger	From His	Passion!	T. Evans	S. Furtick	Merritt	Jentezen	David	R. Jeffress	Winning	Hagee Min	Daily Hope	
TBS	139	Evan Almighty ('07)		Matters	Matters	Rat in the Kitchen		Rat in the Kitchen		American American		American American		Friends	Friends	Friends	Friends	
TCM	132	Promises in the Dark ★★★ ('79, Drama)		A Family Affair ('37) (:15) The Nun's Story ★★★ ('59, Drama) <i>Audrey Hepburn</i>				The Guilty ('47, Mystery) <i>Little</i>										
TLC	183	OutDaughtered Quints on the High Seas				Gypsy Wedding		Gypsy Wedding		The Family Chantel		The Family Chantel		The Family Chantel		TBA		
TMC-W	329	Sound (:45) Green Room ★★★ ('15, Suspense) 'R' (:20) Spring Breakers ('12) 'R' (:755) August: Osage County ★★★ ('13) 'R'		Room ★★★ ('15, Drama) <i>Brie Larson</i> 'R'														
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Walking Tall ('04, Action) <i>The Rock</i>		Star Wars: A New Hope ('77)		
TRU	242	Funniest	Funniest	Funniest	Funniest	Ad. Ruins	Ad. Ruins	Ad. Ruins	Ad. Ruins	World's Dumbest ...	World's Dumbest ...	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers		
TRVL	196	Paid Programs																
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
UP	188	Paid Programs																
USA	105	Chicago P.D. Captive		Chicago P.D.		Miz & Mrs	Miz & Mrs	Miz & Mrs	Miz & Mrs	Miz & Mrs	Miz & Mrs	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU		
WE	128	Commit or Quit		Paid Programs														

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs				Local Programs				Good Morning America (N)				Local Programs				This Week				Local Programs			
CBS-E	Local Programs				Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)				Local Prog.			
CW-E	Local Programs																							
FOX-E	Local Programs																							
NBC-E	Local Programs																							
NETV	247*	Time Tunnel		The Invaders		Buck Rogers		Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Saved/Bell	Flintstones	Flintstones	Flintstones	The Jetsons					
ABC-W	Local Programs																							
CBS-W	Local Programs																							
CW-W	Local Programs																							
FOX-W	Local Programs																							
NBC-W	1st Look	House	House	Local Programs													Local Programs	FOX News Sunday (N)	Local Programs					
PBS	Margaret	Margaret-Rebel	Hoover	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious									



Channel time slots table with columns: Eastern, Central, Mountain, Pacific, 12PM, 12:30, 1PM, 1:30, 2PM, 2:30, 3PM, 3:30, 4PM, 4:30, 5PM, 5:30, 6PM, 6:30, 7PM, 7:30

Premium Movies section listing titles like Legend Under, Suicide, F9 The Fast Saga, SpArk: A Space Tail, Collateral, Anger, Shutter, BlackShp Shooter, Another 48 HRS, Robot Apocalypse, Beyond the Law, Norman: Moderate Rise, Werewolves Within, Paint Your, Inferno, Gaslit, Pompeii, A.I.: Artificial Intelligence, High School High, Venom, Where Hands Touch, Arctic Tale, Star Trek Into Darkness, Black Sunday, Snake Eye, As Good as Dead, etc.

America's Top Programming section listing shows and movies on various channels: A&E, AHC, AMC, APL, AXSTV, BBKA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FMC, FNC, FOOD, FREFM, FS1

Table with 16 columns representing time slots from 12PM to 7:30, and 4 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, and PACIFIC.

AMERICA'S TOP PROGRAMMING

Main table listing TV programs with columns for channel number, program title, time slot, and description. Includes shows like Mission: Impossible: Fallout, Spider-Man: Far From Home, Jurassic World, and various reality and news programs.

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Table listing network-specific programming and services, including ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

Table with 16 columns representing time slots (Eastern to 3:30) and 16 rows representing time slots (8PM to 5:30).

PREMIUM MOVIES

Table with 16 columns (Time slot) and 5 rows (HBO, HBO2, HBO3, HBOF, MAX) listing premium movie titles and times.

Table with 16 columns (Time slot) and 3 rows (MAX, 5MAX, MMAX) listing premium movie titles and times.

Table with 16 columns (Time slot) and 8 rows (SHO-E to FLIX-E) listing premium movie titles and times.

Table with 16 columns (Time slot) and 7 rows (ENCR-E to STRZKF) listing premium movie titles and times.

Table with 16 columns (Time slot) and 4 rows (EPIX, EPIX2, EPIXH, EPIXDR) listing premium movie titles and times.

AMERICA'S TOP PROGRAMMING

Main table with 16 columns (Time slot) and 45 rows (A&E to F51) listing various TV programs, movies, and sports events.

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Jurassic World: Fallen Kingdom ★★ (18)				Jurassic World: Fallen Kingdom ★★ (18, Adventure) <i>Chris Pratt</i>				Money Monster ★★ (16, Suspense)				Paid Programs			
FXM	384	Hitman: Agent 47 (15, Action) <i>R</i> (35)				Hitman: Agent 47 ★ (15, Action) <i>R</i>				Truth or Dare (18, Horror) <i>Lucy Hale</i> 'PG-13' (25)				Truth or Dare ★ (18, Horror) 'PG-13' Sodom			
FXM	125	Burgers	Burgers	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Futurama	Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer
GETTV	373	Walker, Texas Ranger				Walker, Texas Ranger				The Rockford Files				Kojak <i>Dead on His Feet</i> Kojak			
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	Idiotest	Idiotest
GOLF	401	PGA Korn Ferry Tour				PGA Tour Golf RBC <i>Canadian Open, Final Round</i>				PGA Champions							
GRIT	217	The Big Country ★★★ (58, Western) <i>Gregory Peck, Jean Simmons</i>				The Savage ★★★ (52, Western) <i>Charlton Heston</i>				The Legend of the Lone Ranger							
HALL	185	A Taste of Summer (19, Romance) <i>Eric Winter</i>				Gold Girls				Gold Girls				Gold Girls			
HALLDR	186	Jane Doe: Face				Jane Doe: Yes, I Remember It Well (06)				The Waltons <i>The Pinup</i>				The Waltons <i>The Attack</i>			
HALLMV	187	Signed, Sealed				Color My World With Love (22, Drama)				Murder, She Wrote				Murder, She Wrote			
HDMOV	130	Cowboy				Hangman's Knot (52, Western)				Hour of the Gun (67, Western) <i>James Garner</i>				(11:50) Ride Beyond Vengeance (40) Force 10 From Navarone (78, War) <i>Robert Shaw</i>			
HERIC	293	Star Trek				Star Trek: Next				Star Trek: Deep Space				Star Trek: Voyager			
HGTV	112	Battle on the Beach (N)				Battle on the Beach (N)				Beach				Beach			
HIST	120	The Booze, Bets and Sex That Built America (N)				The Fast				The Fast				(03) TBA			
ID	192	American Monster				American Monster (N)				On the Case, Zahn				On the Case, Zahn			
IFC	133	Raymond				Raymond				Raymond				Raymond			
LAFF	237	Home Imp.				Home Imp.				'70s Show				'70s Show			
LIFE	108	Deadly Yoga Retreat (22, Suspense)				(03) Deadly Mom Retreat (21, Suspense)				(12:01) Deadly Yoga Retreat (22, Suspense)				(04) Deadly Mom Retreat (21, Suspense)			
LMN	109	A Gift of Murder (22, Suspense) <i>Bailey Bass</i>				Killer Prom (20, Suspense) <i>Yvonne Zima</i>				(12:01) A Gift of Murder (22, Suspense)				Killer Prom (20, Suspense) <i>Yvonne Zima</i>			
MAGN	111	Baking Compe.				Fixer Upper: Welcome				Fixer Upper: Welcome				Fixer Upper: Welcome			
MGMHD	385	The Killing (56, Crime Drama) <i>Sterling Hayden</i>				Adventures of Priscilla, Queen of the Desert				(12:10) My Beautiful Laundrette (85, Comedy-Drama)				(20) Summer Lovers (82, Romance)			
MOTOR	246	Iron Resurrection				Street Outlaws				Street Outlaws							
MSNBC	209	The Mehdi Hasan Show (L)				Ayman (L)				Voices-Alicia Menendez				The Mehdi Hasan Show			
NATGEO	197	Wicked Tuna (N)				Wicked Tuna (N)				Wild Fish (N)				Wicked Tuna			
NGWLD	190	Secrets of the Zoo				Secrets of the Zoo (N)				Secrets-Zoo				(15) Secrets of the Zoo			
OUTD	396	Crush				Hunt				Outdoors				Bone Coll.			
OWN	189	20/20 on OWN				20/20 on OWN				20/20 on OWN				20/20 on OWN			
OXYG	127	Snapped				Snapped				Snapped				Snapped			
PARMT	241	Bar Rescue				Bar Rescue				Bar Rescue (N)				Bar Rescue			
POP	117	NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans			
REELZ	299	Guns N Roses: Story of Their Songs (N)				Def Leppard:				Guns N Roses: Story of Their Songs				Def Leppard:			
RFDTV	231	Wild				Wild				The Rural Americans				FarmHer			
SCI	193	Forbidden History				Forbidden History				Forbidden History				Forbidden History			
SMITH	367	Air Warriors <i>Galaxy</i> (N)				America's Lost Airships				America in Color				The Curious Life			
SONY	386	A Few Good Men (92, Drama) <i>Tom Cruise</i>				(03) ...And Justice for All (79, Comedy-Drama)				(12:08) A Few Good Men (92, Drama) <i>Tom Cruise</i>				(31) ...And Justice for All (79)			
SUND-E	358	National Lampoon's Vacation (83, Comedy)				National Lampoon's European Vacation (85)				National Lampoon's Vacation (83, Comedy)				Airplane! ★★★ (80, Comedy) <i>Robert Hays</i>			
SYFY	122	Ind. Day Armageddon ★★ (98, Science Fiction) <i>Bruce Willis</i>				Spider-Man 3 ★★ (07, Action) <i>Tobey Maguire, Kirsten Dunst</i>				2012 (09, Action) <i>John Cusack</i>							
TBN	260	Joel Osteen				David				Huckabee				Metaxas			
TBS	139	Big Bang				Big Bang				Big Bang				Big Bang			
TCM	132	Fiddler on the Roof ★★★★★ (71, Musical) <i>Topol, Norma Crane</i>				(15) Judge Hardy and Son (39, Comedy)				Grass (25, Documentary)				The White Balloon (95, Drama)			
TLC	183	90 Day Fiancé (N)				Unexpected (N)				(02) 90 Day Fiancé (N)				90 Day Fiancé			
TMC-W	329	Fruitvale Station (13) <i>R</i>				Obvious Child (14, Comedy) <i>R</i>				Mainstream (20) <i>Maya Hawke</i> <i>R</i> (35)				Under the Silver Lake (18, Suspense) <i>Riley Keough</i> <i>R</i>			
TNT	138	Avengers: Infinity War ★★★ (18, Action) (03)				Avengers: Endgame ★★★★★ (19, Action) <i>Robert Downey Jr., Chris Evans</i>				(1:58) Charmed				(2:58) Charmed			
TRU	242	Imp. Jokers				Imp. Jokers				Imp. Jokers				Imp. Jokers			
TRVL	196	Expedition Bigfoot				Expedition Bigfoot				Expedition Bigfoot (N)				Paranormal Ca.			
TVLND	106	Two Men				Two Men				Two Men				Two Men			
UP	188	Engagement Back-Up				The Seven Year Hitch				(12, Romance-Comedy)				The Engagement Back-Up (22, Romance)			
USA	105	Law & Order: SVU				Law & Order: SVU				Law & Order: SVU				Law & Order: SVU			
WE	128	Law & Order <i>Switch</i>				Law & Order <i>Pride</i>				Law & Order				Law & Order <i>Rebels</i>			

LOCAL NETWORKS

ABC-E	Celebrity Family Feud				Celebrity Family Feud				The \$100,000 Pyramid				Local Programs				
CBS-E	The 75th Annual Tony Awards <i>Honoring excellence on Broadway.</i> (L)				Local Programs				Local Programs				ABC World News Now (N)				
CW-E	Riverdale (N)				Whose Line				Would I				Local Programs				
FOX-E	Simpsons				Burgers				Duncan (N)				Duncan (N)				
NBC-E	Dancing With Myself				America's Got Talent				Local Programs				Local Programs				
METV	247*	Perry Mason: Case of Murdered Madam				Ed Sullivan				C. Burnett				Van Dyke			
ABC-W	Local Programs				News				Funniest Home Videos				Celebrity Family Feud				
CBS-W	The 75th Annual Tony Awards <i>Honoring excellence on Broadway.</i> (L)				Local Programs				Local Programs				Local Programs				
CW-W	Local Programs				Riverdale (N)				Whose Line				Would I				
FOX-W	Local Programs				MasterChef				Simpsons				Burgers				
NBC-W	Local Prog.				News				Local Programs				Weakest Link				
PBS	Professor T <i>Mother Love</i>				Professor T				Professor T				Austin City Limits				

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AMERICA'S TOP PROGRAMMING

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EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs					Mom	Mom	Mom	Mom	Suite Française ('14, Historical Drama) <i>Michelle Williams</i>				Money																									
FXM	384	Sodom and Gomorrah ★★ ('63) 'NR'			Squad Car ('60) 'NR'			Little ★★ ('19, Comedy) <i>Regina Hall, Issa Rae</i>				How to Marry a Millionaire ('05) Nine to Five ('80)																												
FXN	125	Paid Programs																																						
GETTV	373	Fantasy Island			Fantasy Island			Inspiration Ministries			Elevation		J. Prince		Paid Programs		Good Time		Good Time		Good Time		Good Time		Hart to Hart															
GMSHW	116	Paid Programs																																						
GOLF	401	PGA Champions			PGA Korn Ferry Tour			PGA Korn Ferry Tour			Golf 2022 <i>Curtis Cup, Final Round</i>				PGA Champions				PGA Golf																					
GRIT	217	Paid Programs																																						
HALL	185	Cheers		Cheers		Reba		Reba As Is		Reba		Reba		Reba		Reba		Reba		Reba		Reba		Reba																
HALLDR	186	Medicine Woman			Medicine Woman			Little House on Prairie			Little House on Prairie			Little House on Prairie			Matlock <i>The Juror</i>			Matlock (Part 1 of 2)			Matlock (Part 2 of 2)																	
HALLMV	187	Monk			Monk			Monk			Murder, She Wrote			Murder, She Wrote			Murder, She Wrote			Diagnosis Murder																				
HDMOV	130	Paid Programs																																						
HERIC	293	House <i>Skin Deep</i>			The District			Maverick <i>Stage West</i>			Wanted ...		Wanted ...		Have Gun		Have Gun		Rawhide <i>Hostage Child</i>		The High Chaparral		Cheyenne																	
HGTV	112	Home Town			Home Town			Vacation House Rules			Vacation House Rules			Vacation House Rules			Vacation House Rules			Vacation House Rules			Vacation House Rules																	
HIST	120	Paid Programs																																						
ID	192	Forbidden-Dying			Forbidden-Dying			Forbidden-Dying			On the Case, Zahn			On the Case, Zahn			On the Case, Zahn			Hometown Homicide			Hometown Homicide																	
IFC	133	3's Comp. 3's Comp.			3's Comp. 3's Comp.			Gilligan			Gilligan			Gilligan			Gilligan			Parks		Parks		Parks		Parks														
LAFF	237	Paid Programs																																						
LIFE	108	Paid Programs																																						
LMN	109	Paid Programs																																						
MAGN	111	French		(:40) The French Chef		French		Old House		Old House		Bargain		Bargain		Bargain		Bargain		Bargain		Bargain		Bargain																
MGMHD	385	Summer LV			MGM HD Showcase			Studio			Tales of Terror ('62, Horror) <i>Vincent Price</i>				The Comedy of Terrors ★★ ('64, Horror)				(:9:55) The Raven ('63, Horror) <i>Vincent Price</i>																					
MOTOR	246	Roadkill			Roadkill			Roadkill			Bitchin' Rides			Garage			Garage			Iron Resurrection			Overhaulin'			Overhaulin'														
MSNBC	209	Meet the Press			Way Too Early			Morning Joe (L)																																
NATGEO	197	When Sharks Attack			When Sharks Attack			Paid Programs																																
NGWLD	190	Paid Programs																																						
OUTD	396	Buck.		Hunting		Archer's		Addicted		Outdr.		Angling		McMillan		Outdoors		Whitetail		Heartland		Conchs		Spear Life		Fowl Life		GunDogT		Whitetail		Jim Shock								
OWN	189	David Makes Man			David Makes Man			Dr. Phil			Dr. Phil			Dr. Phil			Dr. Phil			Dr. Phil			Dr. Phil			Dr. Phil														
OXYG	127	Dateline (Part 2 of 2)			Dateline <i>The Target</i>			Snapped			Snapped																													
PARMT	241	Paid Programs																																						
POP	117	48 Hours			48 Hours			Ghost Whisperer			Ghost Whisperer			Ghost Whisperer			ER			ER			ER																	
REELZ	299	Paid Programs																																						
RFDTV	231	Paid Programs																																						
SCI	193	Forbidden History			Forbidden History			Universe Works			Universe Works			Unearthed-Wonders			Unearthed			Strange Evidence			What on Earth?																	
SMITH	367	Volcanoes: Dual			Nepal Quake- Ever.			Aerial America			Aerial America <i>Hawaii</i>			Aerial America <i>Virginia</i>			Secrets <i>Griffin Warrior</i>			Secrets			Secrets																	
SONY	386	And Justice (:36) The Cutter ('05, Action)			(:13) Impulse ('08, Suspense) <i>Angus MacFadyen</i>															Cover Up ★★ ('91, Action) <i>Dolph Lundgren</i>			(:9:47) The 27th Day ★★ ('57)			Art of														
SUND-E	358	Airplane II: The Sequel ★★ ('82, Comedy)			Heroes		Heroes		Heroes		Heroes		Heroes		Heroes		Law Order: CI		Law Order: CI		Law Order: CI																			
SYFY	122	2012 ★★ ('09, Action) <i>John Cusack</i>			Signs ★★ ('02, Suspense) <i>Mel Gibson, Joaquin Phoenix</i>															(:22) The Village ('04, Suspense) <i>Bryce Dallas Howard</i>			(:10:51) Battleship ('12)																	
TBN	260	Rubin		Behind		Jackson		S. Furtick		Joyce M.		Wommack		David		Prince		R. Jeffress		Joyce M.		Creflo		Hagee Min		Joel Osteen		Jackson		S. Furtick		Jentezen								
TBS	139	Dumb-Dumber			Matters			Matters			Matters			George			George			George			Broke Girl			Broke Girl			Broke Girl			Broke Girl			Friends			Friends		
TCM	132	(:15) Daughtered ('90, Drama) <i>Hossain Sabzian</i>			Very Honorable (:15) The Devil Bat ★ ('41, Horror)															Spook Busters ('46)			(:45) Master Minds ('49, Comedy)			Forbidden Planet ('56)														
TLC	183	OutDaughtered			OutDaughtered			Say Yes UK			Say Yes			Say Yes to the Dress			Little People, Big World			Little People, Big World			Little People, Big World			Little People, Big World														
TMC-W	329	Overnight (:20) Ask the Dust ★★ ('06, Romance) 'R'			(:20) Son of a Gun ('15) 'R'															(:10) The Fits ('15, Drama) 'NR'			Daddy Day Camp ★ ('07) 'PG'			Run This Town ('19)														
TNT	138	Charmed			Charmed			Charmed			Charmed			Charmed			Charmed			Charmed			Supernatural			Supernatural														
TRU	242	Paid Programs																																						
TRVL	196	Paid Programs																																						
TVLND	106	Roseanne			Roseanne		Goldbergs		Goldbergs		Paid Programs																													
UP	188	Paid Programs																																						
USA	105	Law & Order: SVU			Law & Order: SVU			NCIS: Los Angeles			NCIS <i>Grace Period</i>			NCIS <i>Cover Story</i>			Chicago P.D. 8:30 PM			Chicago P.D. <i>My Way</i>			Chicago P.D. <i>The Docks</i>																	
WE	128	Commit or Quit			Paid Programs																																			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning		Morning		Morning		Morning		Morning		Morning		Good Morning America (N)				Local Programs				The View (N)																					
CBS-E	CBS Overnight News (N)															News		News		News		CBS Mornings (N)				Local Programs				The Price Is Right (N)												
CW-E	Local Programs															Local Programs																										
FOX-E	Local Programs															Local Programs																										
NBC-E	Local Programs															Local Programs															Today (N)				Today 3rd Hour (N)				Today-Hoda		Local Programs	
METV	247*	Peter Gunn		Peter Gunn		Patrol		Dragnet		Dragnet		Three Sons		Toon in With Me (N)		Beaver		Beaver		Perry Mason				Matlock <i>The Reporter</i>		In the Heat of Night																
ABC-W	Local Programs			ABC World News Now (N)						Morning		Morning		Morning		Morning		Morning		Morning		Good Morning America (N)																				
CBS-W	Local Programs			CBS Overnight News (N)						News															News		CBS Mornings (N)															
CW-W	Local Programs															Local Programs																										
FOX-W	Local Programs															Local Programs																										
NBC-W	Local Programs			Meet the Press			Early Tdy		Local Programs						Local Programs				Today (N)																							
PBS	Earth's Sacred Wonders		Earth's Sacred Wonders			Xavier		Arthur		Molly		Wild Kratts		Elementary		Almas		Curious		Tiger		Donkey		Elinor		Sesame St.		Pinkalicious														

	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
EASTERN																
CENTRAL																
MOUNTAIN																
PACIFIC																

PREMIUM MOVIES

HBO	HBO-E 310	Australia ★★ (08, Adventure) <i>Nicole Kidman</i> 'PG-13' (250) Runner Runner '13 'R' Last Week Barry Time Traveler's Wife (25) The Matrix Resurrections (21)
	HBO2 312	View From the Top '03 (15) Genius '16, Biography) <i>Colin Firth</i> 'PG-13' Barry (N) Big Game '14, Action) 'PG-13' Gentleman Jack Irma Vep
	HBO3 314	Johnson Family Vacation '04) Girl Most Likely '12 'PG-13' (15) Blood Ties ★★ (13, Crime Drama) <i>Clive Owen</i> 'R' (25) The Many Saints of Newark '21 'R' Sleuth 'R'
MAX	HBOF 315	Miracle-34 St. (02) Early Man ★★ (18) 'PG' Space Chimps '08, Children's) 'G' (3.51) Nanny McPhee '05 'PG' Who's Harry Crumb? '89 'PG-13' Space Jam: Leg
	MAX 307	Black Nativity '13 (12:53) Henry Poole Is Here '08 (34) Girl With a Pearl Earring '03 'PG-13' (16) The Savages '07, Drama) 'R' (12) Romancing the Stone ★★ (84) 'PG'
	5MAX 308	Inside Man '06, Suspense) 'R' (37) The Crying Game '92, Suspense) 'R' (29) Promised Land ★★ (12, Drama) 'R' (16) Monster's Ball '01, Drama) 'R' (08) Super 8 '11)
SHOWTIME	MMAX 309	Someth (21) Notorious ★★ (09, Biography) 'R' (25) Transformers '07, Action) <i>Shia LaBeouf</i> 'PG-13' (4:49) Cold Pursuit '19, Action) <i>Liam Neeson</i> 'R' (6:49) Thelma & Louise
	SHO-E 318	Demonic ★ (21) 'R' (15) Broadcast Signal Intrusion '21 'NR' Striptease ★★ '96, Drama) <i>Demi Moore</i> 'R' VICE Stillwater ★★ (21, Drama) <i>Matt Damon</i> 'R'
	SHO2 320	Mission 3 Hereditary '18, Horror) <i>Toni Collette</i> 'R' (45) Vox Lux '18, Drama) <i>Natalie Portman</i> 'R' (45) Side Effects '13, Drama) <i>Jude Law</i> 'R' Hello I Must Be Going '12 'R'
STARZ	SHOBET 321	This Ain't Normal (05) Madeline's Madeline '18 (40) Finding Forrester '00, Drama) <i>Sean Connery</i> 'PG-13' Hitsville: The Making of Motown '19 'NR' I'm Dying Up Here
	SHOX 322	The Tuxedo '02, Comedy) 'PG-13' Undercover Grandpa '16 'PG-13' Naked Gun 2 1/2: Fear Texas Rangers ★★ (01) 'PG-13' Billionaire Boys Club ★★ (18, Suspense) 'R'
	SHOS 323	Seabiscuit '03, Drama) <i>Tobey Maguire</i> 'PG-13' An Officer and a Gentleman '82, Drama) 'R' (05) Lady Bird ★★ (17) 'R' (40) The L Word L Word (15) The L Word Lacuna
STARZ	TMC 327	Mojave 'R' (40) The Nest '20, Suspense) <i>Jude Law</i> 'R' The War With Grandpa '20 'PG' (05) The Humans '21, Comedy-Drama) 'R' Kinky Boots '05, Comedy-Drama) 'PG-13'
	FLIX-E 333	Troop Beverly Hills '89) 'PG' (20) Mirror Mirror '12) 'PG' (15) An Ideal Husband ★★ '99) 'PG-13' The Love Guru ★★ (08) 'PG-13' Fear of a Black Hat '93) 'R'
	ENCR-E 340	The Birthday Cake 'R' (12:59) How Stella Got Her Groove Back '98 (06) Revenge '90, Suspense) <i>Kevin Costner</i> 'R' (12) Night Passage ★★ (57, Western) 'NR' (6:46) Iron Man 3 '13)
STARZ	STARZ-E 350	Liar Liar (32) Lawless ★★ (12, Crime Drama) 'R' (31) Becoming Elizabeth (32) <i>Gaslit</i> Final Days (36) The Unholy ★★ (21, Horror) 'PG-13' (19) Witch Hunt '21, Suspense) 'R'
	STRZED 352	Rise of the Planet of the Apes (35) A Journal for Jordan ★★ (21, Drama) 'PG-13' Escape Room: Tournament (18) I Saw the Light ★★ (15, Biography) 'R' Small
	STRZCI 353	The Walk '15, Biography) 'PG' (42) Jane Eyre ★★ (11, Drama) 'PG-13' (43) The People vs. Larry Flynt ★★ (96, Drama) 'R' (5:55) Port Authority '19) 'R' The Walk
STARZ	STRZCO 354	Firehouse Dog ★★ (07) 'PG' (43) The Scout '94, Comedy-Drama) 'PG-13' (27) Kiss Me Goodbye '82) 'PG' (11) Multiplicity ★★ (96, Comedy) 'PG-13' (11) Charlie's Angels
	STRZIB 355	Naked (27) Cry, the Beloved Country '95) 'PG-13' (16) Pride '07, Drama) 'PG' (07) Lakeview Terrace '08, Suspense) 'PG-13' Power Book II: Ghost Power Book II: Ghost
	STRZKF 356	Fairy Tale: A True Story ★★ (97) 'PG' The Reef 2: High Tide (09) Dunston Checks In '96) 'PG' (39) A Cowgirl's Story '17, Adventure) 'PG' (19) Fairy Tale: A True Story (97)
EPIX	EPIX 380	Candyman '21) American Refugee '21, Horror) (35) Horizon Line '20, Suspense) (10) Hamburger Hill '87, War) <i>Anthony Barilla</i> Patriot Games '92, Suspense) <i>Harrison Ford</i>
	EPIX2 381	Reacher (25) Kiss the Girls ★★ '97, Mystery) (25) 2 Days in the Valley '96) (10) Snatch ★★ '00, Comedy-Drama) (5:55) The Longest Yard '74, Comedy-Drama)
	EPIXH 382	The Marksman ★★ (21, Action) (40) Witness '85, Crime Drama) <i>Harrison Ford</i> (35) The Hunger Games: Mockingjay, Part 1 (40) The Hunger Games: Mockingjay, Part 2 (15)
EPIXDR 292	Step Up ★★ (06, Musical) Win a Date With Tad Hamilton! (05) Forces of Nature '99, Romance-Comedy) (4:55) The Dictator '12, Comedy) (20) Head of State '03, Comedy)	

AMERICA'S TOP PROGRAMMING

A&E 118	The First 48	TextMeWhen	Panic 9-1-1	The First 48	The First 48	The First 48	Intervention	Intervention									
AHC 195	American Lawmen	Evolution of Evil	Evolution of Evil	Evolution of Evil	Bullet Points	Bullet Points	Bullet Points	Apocalypse: WWI Fury									
AMC 131	Fool's Gold ★★ (08, Action)	A League of Their Own ★★ (92, Comedy-Drama) <i>Tom Hanks</i>	O Brother, Where Art Thou? '00, Comedy-Drama)	The Green Mile '99)													
APL 184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	Dr. Jeff: RMV	Dr. Jeff: RMV	Dr. Jeff: RMV	Dr. Jeff: RMV									
AXSTV 167	Mötley Crüe - The End	Kiss Rocks Vegas	Live From Artists Den	Live From Artists Den	Live From Artists Den	Wahlburgers	Wahlburgers										
BBCA 135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Law & Order	Law & Order	Law & Order Possession									
BET 124	Black Card	Black Card	Celebrity Family Feud	Celebrity Family Feud	Martin	Martin	Movie	Ambitions Ex-Factor	The Family Business								
BOUNCE 359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night	In the Heat of Night	In the Heat of Night	Bernie Mac	Hitch ★★ (05, Romance-Comedy) <i>Will Smith</i>								
BRAVO 129	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck								
BUZZR 245	Match	Match	Concen.	Concen.	Password	Password	Super Pass	Tattletales	Press Luck	Whew!	Match	Match	Match	Match	Match	Sale of	
CIHD 249	Runaway	Runaway	Runaway	Runaway	Runaway Squad	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	Manhunters	The Big House	The Big House				
CMT 166	Mike	Mike	Mike	Mike	King	King	King	King	King	King	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	
CNBC 208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Closing Bell (L)	Closing Bell: Overtime (L)	Fast Money (L)	Mad Money (N)	Shepard Smith								
CNN 200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Jake Tapper	Situation Room	Erin Burnett OutFront (L)								
COM 107	South Park	South Park	South Park	South Park	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office	The Office				
COMET 289	Time Bandits '81)	Retrospective ★★ '97, Suspense) <i>James Belushi</i>	The Outer Limits	The Outer Limits	Farscape (Part 1 of 3)	Farscape (Part 2 of 3)	Buffy, Vampire Slayer										
COOK 113	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Good Eats	Good Eats	Good Eats	Good Eats
DISC 182	MythBusters	MythBusters	MythBusters	<i>Viral Hour</i>	MythBusters	MythBusters	<i>Spy Car 2</i>	Street Outlaws: Full Throttle (N)									
DFC 179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!	Cats 101	Extreme Makeover				
DISN-E 172	Ladybug	Ladybug	Big City	Big City	Jessie	Jessie	Jessie	Jessie	Big City	Big City	Bunk'd	Bunk'd	Jessie	Jessie	Frozen '13, Children's)		
ENCR-W 341	The Money Pit '86) (12:49)	The Great White Hypo 'R' (23)	The Birthday Cake '21) 'R' (3:59)	How Stella Got Her Groove Back '98) (06)	Revenge '90, Suspense) <i>Kevin Costner</i> 'R'												
EWESTN 342	Joe Kidd (33)	Chief Crazy Horse '55) 'NR	The Deputy	Wanted ... (2:54)	Wagon Train	Laramie	Death Vall.	Tales of Wells Fargo	Rifleman	(22)	Men From Shiloh	Joe Kidd					
EACTN 343	Roadracer	Crocodile Dundee in Los Angeles (09)	Trapped '02, Suspense) <i>Charlize Theron</i> 'R' (3:57)	Carlito's Way '93, Crime Drama) <i>Al Pacino</i> 'R'	The Adventures of Pluto Nash												
ESUSP 344	A Man Apart '03, Crime Drama) <i>Vin Diesel</i> 'R' (1:52)	Smokin' Aces '07, Action) 'R' (4:3)	The Vanishing '18, Suspense) 'R' (3:3)	Man on Fire '87, Action) 'R' (0:8)	A Man Apart 'R'												
EBLACK 345	In Deep (4:3)	Motives '04, Suspense) 'R' (1:3)	In America ★★ (02, Drama) 'PG-13' Venom ★★ (05, Horror) 'R' (3:1)	Held Up '00, Comedy) 'PG-13' (0:2)	Motives '04) 'R'												
ECLASS 346	S.W.A.T. '03, Action) 'PG-13' (2:5)	Game of Death ★ (78) 'PG' (0:8)	Rapid Fire '92, Action) <i>Brandon Lee</i> 'R' (4:46)	The Last Hard Men '76) 'R' (2:6)	Regarding Henry '91) 'PG-13'												
EFAMILY 347	The Eagle Huntress (11)	Balto '95, Children's) 'G' Brightheart: Let Your Light Shine	Brightheart: Firefly Action	Adv. of Tom T (4:1)	Balto '95, Children's) 'G'												
ESPN 140	SportsCenter (L)	SportCtr	The Point (L)	This Just In (L)	NBA Today (L)	NFL Live (L)	Around	Interruption	SportsCenter (L)	SportsCenter (L)							
ESPN2 143	Ⓜ College Baseball	NCAA Tournament, Super Regional: Teams TBA (L)	Ⓜ College Baseball	NCAA Tournament, Super Regional: Teams TBA (L)	College Baseball												
EWTN 261	Holy Mass On	Women of	At Home	Called to Communion	Chaplet	Rosary	Rosary	Image	Bookmark	Eucharist	News	Living	Daily Mass				
FETV 82	Bewitched	Bewitched	Wagon Train	Rawhide	Rawhide	Perry Mason	Perry Mason	Matlock	<i>The Buddies</i>	Matlock	<i>The Scrooge</i>						
FMC 387	Movie	Movie	Movie	Movie	Movie												
FNC 205	Outnumbered (L)	America Reports	With John Roberts	The Story With Martha	Your World	W/ Cavuto	The Five (L)	Special Report	Jesse Watters (L)								
FOOD 110	The Kitchen	Food Paradise	Food Paradise	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby			
FREFM 180	The Middle	The Middle	The Middle	The Middle	The Middle	The Middle	Horrible Bosses 2 ★★ (14, Comedy) <i>Jason Bateman</i>	The Proposal ★★ (09, Romance-Comedy)									
F51 150	The Herd with Colin Cowherd (L)	Pregame	Ⓜ FIFA World Cup 2022 Qualifying (L)	Speak for Yourself (L)	NASCAR Race Hub (L)	FIFA 2022 Qualifying											

Channel and time slot grid for Eastern, Central, Mountain, and Pacific regions.

AMERICA'S TOP PROGRAMMING

Main program listing table with columns for channel number, time slot, and program title. Includes titles like 'Money Monster', 'Good Boys', 'Rough Night', 'Bad Moms', 'Hangerover', etc.

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Summary table for network programming including ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

Channel and time slot grid for Eastern, Central, Mountain, and Pacific time zones.

PREMIUM MOVIES

Main grid of premium movies including titles like Matrix Resurrections, The Mule, The Wolverine, and others.

AMERICA'S TOP PROGRAMMING

Grid of America's top programming across various channels like A&E, AMC, Bravo, and ESPN.

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Hangover Part II ★★ ('11, Comedy)				Breeders (N)	Breeders	Breeders	Good Boys ('19, Comedy) <i>Jacob Tremblay</i>	Breeders	Mom	FXM Pres.	Paid Programs									
FXM	384	(.05) Kingsman: The Golden Circle ★★★ ('17, Action) <i>Colin Firth 'R'</i>				(10:55) Free State of Jones ('16, Historical Drama) 'R'				(45) Jojo Rabbit ★★★ ('19, Comedy-Drama) 'PG-13'												
FXM	125	Family Guy		Family Guy		Family Guy		Family Guy		Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer						
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Family To Hart	All/Family	All/Family	Sanford	Sanford	Sanford	Sanford	Catch 21							
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided						
GOLF	401	U.S. Open				Live From the U.S. Open				PGA TOUR	PGA TOUR	Live From the U.S. Open										
GRIT	217	Valdez Is Coming ('71, Western) <i>Burt Lancaster</i>				Showdown ★★ ('73, Western) <i>Dean Martin</i>				White Comanche ('67, Western) <i>Joseph Cotten</i>			A Lawless Street ('55, Western) <i>Randolph Scott</i>									
HALL	185	Love on the Sidelines ('16, Drama)				Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier					
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		The Waltons		The Waltons		The Waltons		The Waltons								
HALLMV	187	Cut, Color, Murder		Witness to Murder: A Darrow Mystery ('19)				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk								
HDMOV	130	Blurred (.25) The Endless Season ('20)		(.10) Forever Strong ★★ ('08, Drama)				(12:15) The Endless Season ('20, Documentary)			(1:55) Forever Strong ★★ ('08, Drama)											
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House <i>Sex Kills</i>		House <i>Clueless</i>						
HGTV	112	Celebrity IOU (N)		Great Giveback		Home Town		Home Town		Great Giveback		Home Town		Home Town		Celebrity IOU						
HIST	120	The American		The American		The American		The American		The American		The American		The American		The American						
ID	192	Sins of the Father (N)		People Magazine		Fear Thy Neighbor (N)		People Magazine		People Magazine		Fear Thy Neighbor		People Magazine		Sins of the Father						
IFC	133	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Slo Pitch		3rd Rock	3rd Rock	3rd Rock				
LAFF	237	Home Imp.		Home Imp.		'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Hates Chris	Hates Chris	Paid Programs				
LIFE	108	The First 48		TextMeWhen		Sleeping With a Killer (N)		TextMeWhen		(12:01) The First 48		TextMeWhen		Sleeping With a Killer		TextMeWhen						
LMN	109	The Wrong Blind Date ('22, Suspense)				The Wrong Prince Charming ('21, Suspense)				(12:01) The Wrong Blind Date ('22, Suspense)			The Wrong Prince Charming ('21, Suspense)									
MAGN	111	Maine Cabin Masters		Inn-Works		Inn-Works		Maine Cabin Masters		Maine Cabin Masters		Inn-Works		Inn-Works		Maine Cabin Masters		Maine Cabin Masters				
MGMHD	385	Follow That Dream (8:55) Frankie and Johnny ('66, Musical)				(10:55) Clambake ('67, Musical) <i>Elvis Presley</i>		(0:55) Hackers ★★ ('95, Suspense) <i>Jonny Lee Miller</i>					Last Embr									
MOTOR	246	Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire				
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word With		11th Hour		Rachel Maddow Show		The Last Word With		11th Hour		All In With Chris Hayes						
NATGEO	197	Life Below		Life Below		Life Below		Life Below		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix						
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs						
OUTD	396	Das Boat		Fishmonger		Wicked Tuna		Fishing		WildFed		Das Boat		Fishmonger		Wicked Tuna						
OWN	189	Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime						
OXYG	127	Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped						
PARMT	241	Ghostbusters ★★★ ('84, Comedy) <i>Bill Murray</i>				Ghostbusters II ★★★ ('89, Comedy) <i>Bill Murray</i>				Ghostbusters ★★★ ('84, Comedy) <i>Bill Murray</i>				The Office								
POP	117	Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion						
REELZ	299	Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		Paid Programs						
RFDTV	231	Rural America Live (L)		Rancher		Red Ste.		Rodeo		Horse-West		Jodi Clark		Rural News		Rural America Live						
SCI	193	Expedition Unknown		Expedition Unknown		Expedition X		Aesh Gates Tonight		Expedition Unknown		Expedition X		Josh Gates Tonight		Expedition Unknown						
SMITH	367	How Did- Build		How Did- Build		How Did- Build		Aerial America		How Did- Build		How Did- Build		How Did- Build		Humongous Moves						
SONY	386	(.12) Angel of Death ('09, Action) ('09, Action)				(.43) Already Dead ('07, Suspense)		<i>Ron Eldard</i> ('31) Angel of Death ('09, Action)		(12:54) Already Dead ('07)			(.34) Silent Rage ★★ ('82, Action)									
SUND-E	358	NCIS		NCIS		NCIS		NCIS		NCIS		Columbo		(.45) Columbo								
SYFY	122	2012 ★★ ('09, Action) <i>John Cusack, Chiwetel Ejiofor</i>						(3:30) Dante's Peak ★★ ('97, Action) <i>Pierce Brosnan</i>				Eragon ★★ ('06, Children's) <i>Ed Speleers</i>										
TBN	260	Robert Morris:		Takeaway-Kirk		Grier		Centerpoint		Robert Morris:		Prince		Takeaway-Kirk		Jordan Ruben		Hannen	Mother's Day Special			
TBS	139	Big Bang		Big Bang		Big Bang		Big Bang		American		American		American		Wipeout		Wipeout				
TCM	132	A Taste of Honey ('61) <i>Dora Bryan</i> (.45) What's the Matter With Helen? ('71)				TBA						Private Parts ★★ ('72, Horror)				Female Trouble ('75)						
TLC	183	The Family Chantel (N)		TBA		Seeking Sister Wife (N)				Unexpected		The Family Chantel		Seeking Sister Wife		TBA		Unexpected				
TMC-W	329	The Humans ('21) 'R'		Kinky Boots ('05, Comedy-Drama) 'PG-13'		Pieces of April ('03) 'PG-13'				Get Over It ★★ ('01) 'PG-13'		Ice Girls ('16, Comedy-Drama) 'PG'				Megalodn						
TNT	138	Avengers: Endgame				Rich & Shameless (N)				Rich & Shameless				Cold Case <i>Sleeper</i>		Cold Case		Cold Case <i>Red Glare</i>				
TRU	242	Jokes		Jokes		Jokes		Jokes		Kingsman: The Secret Service ('14, Action) <i>Colin Firth</i> (.45) Kingsman: The Secret Service ★★ ('14, Action) <i>Colin Firth</i>				Jokes								
TRVL	196	Mysteries of the Unknown (N)				Mysteries of the Unknown				Mysteries of the Unknown				Mysteries of the Unknown								
TVLND	106	Raymond		Raymond		Raymond		Raymond		King		King		King		King		Raymond		Raymond	Raymond	
UP	188	Reba		Reba		Reba		Reba		Reba		Reba		Reba		Gilmore Girls		Gilmore Girls		Gilmore Girls		
USA	105	🏹 WWE Monday Night RAW (L)								Miz (N)		Last Man		Last Man		Last Man		Last Man		Dateline (Part 1 of 2)		Dateline (Part 2 of 2)
WE	128	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Law Order: CI		Law Order: CI		Monk				

LOCAL NETWORKS

ABC-E	J. Kimmel	NBA	🏆 2022 NBA Finals Game 5: Teams TBA (If necessary). (L) Local Prog.					Jimmy Kimmel Live!		Nightline (N) Local Prog.		ABC World News Now (N)									
CBS-E	Neighbor	Bob Heart	NCIS		NCIS: Hawai'i			Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)					
CW-E	Roswell, New Mexico (N)		In the Dark (N)		Local Programs																
FOX-E	Don't Forget the Lyrics! (N)		Beat Shazam (N)		Local Programs																
NBC-E	American Ninja Warrior (N)				Weakest Link			Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		Early Tdy		Local Prog.	
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Tw. Zone		Hitchcock	Hitchcock	(.05) Mannix		(.05) Cannon					
ABC-W	Local Prog.		NBA	🏆 2022 NBA Finals Game 5: Teams TBA (If necessary). (L) J. Kimmel					Local Programs		Local Prog.					(.05) Jimmy Kimmel Live!					
CBS-W	Local Prog.		News	Local Programs			Neighbor		Bob Heart	NCIS	NCIS: Hawai'i		Local Prog.		Late Show-Colbert	Corden					
CW-W	Local Programs						Roswell, New Mexico (N)										In the Dark (N)	Local Programs			
FOX-W	Local Programs						Don't Forget the Lyrics! (N)		Beat Shazam (N)		Local Programs										
NBC-W	Local Prog.		News	Local Programs			American Ninja Warrior (N)				Weakest Link		Local Prog.		Tonight Show-J. Fallon		Meyers				
PBS	Antiques Roadshow		Antiques Roadshow		Independent Lens		<i>Made in Boise</i>		Amanpour-Co		Antiques Roadshow		Antiques Roadshow		History		Professor T		<i>Mother Love</i>		

REGION	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	
PREMIUM MOVIES																	
HBO	HBO-E 310	◀Bad Words ('14) 'R' (4:50)	Life Partners ★★★ ('14) 'R' (:25)	Chicago ★★★ ('02, Musical) 'PG-13' (:20)	Stuck on You ('03, Comedy) 'PG-13' (:20)	Babylon A.D. ('08) 'PG-13'											
HBO	HBO2 312	◀Equilibrium ('02) 'R'	Duplex ('03, Comedy) 'PG-13'	King Kong ★★★ ('05, Adventure) Naomi Watts, Jack Black 'PG-13' (:40)	Tenet ('20, Action) John David Washington 'PG-13'												
HBO	HBO3 314	◀The Mighty Quinn 'R'	The Haunting in Connecticut ('09, Horror) Fast and Furious-Drift	Old ★★ ('21, Horror) 'PG-13'	Halloween Kills ★★ ('21) 'R'												
HBO	HBOF 315	◀Alvin and the Chipmunks ('07)	Storybook 'K'garten Happily Curious ('43)	Leap Year ('10, Romance-Comedy) 'PG'	All Dogs Go to Heaven 2 'G'	Mr. Magorium											
MAX	MAX 307	◀Adventureland ('09) (4:48)	Biker Boyz ★★ ('03) 'PG-13'	Dragonball: Evolution ('09) (:05)	Johnny English Strikes Again (:35)	The Untouchables ('87, Crime Drama) 'R'	First Blood										
MAX	5MAX 308	◀Out (:34)	My Fellow Americans ★★ ('96) 'PG-13'	J. Edgar ★★★ ('11, Biography) 'R'	The Fisher King ★★★ ('91, Comedy-Drama) 'R'	Red Dragon 'R'											
MAX	MMAX 309	◀The Snowman ★★ ('17, Suspense) 'R'	Race ★★★ ('16, Biography) Stephan James 'PG-13'	Welcome to Mooseport ('04) (:09)	Identity Thief ★★ ('13, Comedy) 'R'												
SHOWTIME	SHO-E 318	◀Wild Things ('98, Suspense) 'R'	Vampire Academy ('14) 'PG-13'	Moon Manor ('21, Comedy-Drama) 'NR'	Ellie and Abbie (Dead Aunt)	Love Is Strange ('14, Drama) 'R'											
SHOWTIME	SHO2 320	◀Into the Blue ('05, Adventure) 'PG-13'	Jimmy Hollywood ★★ ('94) Joe Pesci 'R'	Swingers ('96, Comedy) Jon Favreau 'R'	Minority Report ('02, Science Fiction) 'PG-13'												
SHOWTIME	SHOBET 321	◀It Comes at Night ('17, Horror) 'R'	Useless Humans (:45)	Mandela: Long Walk to Freedom ('13) 'PG-13'	The Last Black Man in San Francisco ('19) (:15)	Miles Ahead ('16)											
SHOWTIME	SHOX 322	◀Man Who Desus	Shaolin Soccer ('01) 'PG-13'	Blazing Saddles ('74, Comedy) 'R'	Snipes ('01, Suspense) Sam Jones III 'R'	13 Minutes ('21, Suspense) Amy Smart 'PG-13'											
SHOWTIME	SHOS 323	◀What (:20)	John and the Hole ('21) 'R'	Queen Bees ('21, Comedy) 'PG-13'	Mirror Mirror ('12) 'PG'	Lee Daniels' The Butler ('13, Historical Drama) 'PG-13'											
SHOWTIME	TMC 327	The Humans ('21, Comedy-Drama) 'R'	Murder on the Orient Express ('74) 'PG'	The Ballad of Lefty Brown ('17) 'R'	Crisis ('21, Suspense) Gary Oldman 'R'												
SHOWTIME	FLIX-E 333	◀Master	Dirty Dancing: Havana Nights	Run Lola Run ('98, Suspense) 'R'	The Andromeda Strain ★★★ ('71) 'G'	An Inconvenient Truth ('06)	Man Who Knew-Little										
STARZ	ENCR-E 340	◀White 2 (:23)	The Score ★★★ ('01, Suspense) 'R'	Only the Lonely ('91) John Candy 'PG-13' (:17)	Working Girl ★★★ ('88) 'R'	Phoenix ('98, Crime Drama) Ray Liotta 'R'											
STARZ	STARZ-E 350	◀The Amityville Horror ('05) 'R'	Dawn of the Dead ('04, Horror) 'R'	The Intruder ('19) 'PG-13'	Men of Honor ('00, Biography) Robert De Niro 'R'	Gaslit											
STARZ	STRZED 352	◀Here Today ('21, Comedy-Drama) 'PG-13'	The Father ★★★ ('20, Drama) 'PG-13' (:7:55)	American Hustle ('13, Crime Drama) Christian Bale 'R'	The Cable Guy ('96) 'PG-13'												
STARZ	STRZCI 353	◀The People vs. Larry Flynt ('96) 'R'	I Carry You With Me ('20, Drama) 'R'	The Lost Leonardo ('21)	Outlander Temperance (:07)	Outlander (:08)	Destroyer ('18) 'R'										
STARZ	STRZCO 354	◀French Exit ('20, Comedy-Drama) 'R'	The Scout ★★ ('94) 'PG-13'	Major Payne ★★ ('95, Comedy) 'PG-13'	Julie & Julia ('09, Comedy-Drama) 'PG-13'	Ricki											
STARZ	STRZIB 355	◀Take-Hard (:19)	Stomp the Yard ('07, Drama) 'PG-13'	Trading Places ('83) 'R'	Scary Movie ('00, Comedy) 'R'	Scary Movie 2 ★★ ('01) 'R'	Scary Movie 3										
STARZ	STRZKF 356	◀Daisy's Dream ('21) 'NR'	Camp Arrowhead ('20) 'NR'	Christmas-Hill	Charmers Charmers (:8:47)	Strike ('19, Adventure) 'NR'	Spy Kids-Time in the World										
EPIX	EPIX 380	◀Jacob's L. (:45)	Sex Life (:45)	The Preacher's Wife ('96, Fantasy) Denzel Washington (7:50)	The Space Between ('21)	The Party ('17)	Robot & Frank ('12)										
EPIX	EPIX2 381	◀Solace ★★ ('15, Suspense)	Sets True Grit ★★★ ('69, Western) John Wayne (:10)	Norm of the North ★★ ('16)	The Wolf of Wall Street ★★ ('13, Biography)												
EPIX	EPIXH 382	◀Red Dawn ★★ ('12, Action)	Personal (:5:55)	The Mod Squad ('99, Drama) Stronger ('17, Biography) Jake Gyllenhaal	The Virgin Suicides ('99, Drama) (:10)	Spontaneous ('20)											
EPIX	EPIXDR 292	◀Fighting Tempt	Win a Date With Tad Hamilton!	Someone Marry Barry ★★ ('14)	Election ★★★ ('99, Comedy)	The Foot Fist Way ('06)	White Men										
AMERICA'S TOP PROGRAMMING																	
A&E	118	Paid Programs		Prince	Paid Prog.	Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	Parking	Parking	Origins of Hip Hop		
AHC	195	Apocalypse: WWI		Bullet Points	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA		
AMC	131	◀Walk:Dead (:33)		The Walking Dead	Stooges	Paid Programs										A League of Their Own ('92, Comedy-Drama)	O Brother, Where Art
APL	184	Dr. Jeff: RMV		Dr. Jeff: RMV	Too Cute!	My Cat From Hell	The Crocodile Hunter	Secret Life-Zoo	The Zoo	Treehouse Masters							
AXSTV	167	Paid Programs				Live From Daryl's House	Live From Daryl's House	Daryl's	Daryl's	Counting Crows							
BBCA	135	UK PD		UK PD	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next							
BET	124	Husbands	Husbands	Husbands	Husbands	Browns	Browns	Payne	Payne	Martin	Martin	Martin	Martin	black-ish	black-ish	Live Single/Black Card	
BOUNCE	359	Scandal		The Real Tinashe	Wendy Williams Show	Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	Court	Court	Court	Paternity	Paternity		
BRAVO	129	Kelly Clarkson		Paid Programs	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm		
BUZZR	245	Match	Match	Match	Match	Paid Programs	J. Prince	Tell Truth	My Line?	Sale of	Sweep	Body Lang.	Blockbust	Match-Squares			
CIHD	249	The Big House		The Big House	Paid Programs	American Justice	American Justice	Nightwatch	Nightwatch								
CMT	166	CMT Music		CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne		
CNBC	208	Shepard Smith		Worldwide Exchange (L)	Squawk Box (L)	Squawk on the Street (L)	TechCheck (L)										
CNN	200	CNN Newsroom Live (L)		Early Start w/Romans	New Day With	New Day With	New Day With	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	At This Hour-Kate			
COM	107	South Park/South Park		Paid Programs	Futurama	Futurama	Futurama	Futurama	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park	South Park/South Park			
COMET	289	Paid Programs				Sharktopus vs. Pteracuda ('14, Science Fiction)	Gate II ('92, Horror)										
COOK	113	Paid Programs				Beach Bites	Beach Bites	Taco Trip	Taco Trip	Food Truck	Food Truck	Unwrap2.0	Unwrap2.0	Unwrap2.0	Unwrap2.0		
DISC	182	Street Outlaws: Mega Cash Days 'I'm So Paid				Dude, You're Screwed	Dude, You're Screwed	Dude, You're Screwed	Dude, You're Screwed	Airplane Repo	Airplane Repo	Airplane Repo	Airplane Repo	Airplane Repo	Airplane Repo		
DFC	179	BathCrash	BathCrash	Gl Joe	Gl Joe	Monsters	Monsters	Pac-Man	Beast	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony	Monsters	
DISN-E	172	Jessie	Jessie	Ladybug	Ladybug	Sofia the First	Bluey	Bluey	Puppy Pals	Puppy Pals	T.O.T.S.	T.O.T.S.	Puppy Pals	Puppy Pals	Bluey	Bluey	
ENCR-W	341	◀My Bloody Valentine ('81) 'R'	White Noise 2: The Light ('07) 'PG-13'	The Score ★★★ ('01, Suspense) 'R'	Only the Lonely ('91) John Candy 'PG-13'	Work. Girl											
EWESTN	342	◀Cat Ballou ('65) 'NR'	Banjo Hackett ('76) 'NR'	The Proud Ones ('56) 'NR'	The Duel at Silver Creek ('52)	The Stranger Wore a Gun ('46)	Cat Ballou ('65)										
EACTN	343	◀Bats ('99) (:25)	The Postman ★★ ('97, Drama) Kevin Costner, Will Patton 'R'	Revolt ('17, Science Fiction) 'R'	Waterworld ('95, Science Fiction) 'PG-13'	Act of Valor ('12)											
ESUSP	344	◀Spy Game ('01, Suspense) Robert Redford 'R'	Ghost Rider ★★ ('07, Action) 'PG-13'	School's Out Forever ('21) (:40)	3 Days to Kill ★★ ('14, Action) 'PG-13'	Spy Game											
EBLACK	345	◀Held Up ('00) 'PG-13'	Broken Arrow ★★ ('96, Action) 'R'	Guess Who's Coming to Dinner ('67) 'NR'	National Security ★★ ('03)	Finding Kendrick Johnson											
ECLASS	346	◀Arlington Road ('99) (:11)	The Mortal Instruments: City of Bones ('13) 'PG-13'	Wanderlust ('12, Comedy) 'R'	Regarding Henry ('91, Drama) 'PG-13'	Good, Bad & Ugly											
EFAMILY	347	◀All Creatures (:02)	Beethoven's 2nd ('93) 'PG'	Open Season 3 ('10) 'PG'	Nim's Island ('08) 'PG'	Thomas and the Magic Railroad (10:55)	Flicka 2 ('10)										
ESPN	140	2022 NBA Finals Game 5: Teams TBA		SportsCenter	SportsCenter (L)	Get Up (L)	First Take (L)										
ESPN2	143	SportsCenter		SportsCenter	Keyshawn, JWill and Max (L)	SportsCenter (L)	SportsCenter (L)	Get Up (N)									
EWTN	261	Signs/Life	Journey	The Church Living	Love	Church	St. Michael/Rosary	Daily Mass (L)	Holy	Living Right	Mother Angelica Live	Sacraments					
FETV	82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver	
FMC	387	◀Movie	Movie	Movie	Movie	Movie											
FNC	205	FOX & Friends First (L)		FOX & Friends First (L)	FOX and Friends (L)	America's Newsroom (L)	The Faulkner Focus (L)										
FOOD	110	Bobby and Giada		Paid Programs	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious		
FREFM	180	Paid Programs				black-ish	black-ish	black-ish	black-ish	The 700 Club	The 700 Club	The Middle	The Proposal ('09)				
F51	150	FIFA World Cup 2022 Qualifying TBA vs Peru		Skip and Shannon: Undisputed	First Things First (L)	Skip and Shannon: Undisputed (L)											

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs					Mom	Mom	Talkien ★★ ('19, Biography) <i>Nicholas Hoult, Lily Collins</i>				Action Point ★ ('18, Comedy)					
FXM	384	Von Ryan's Express ★★★ ('65, War) 'NR'				How to Marry a Millionaire ('53) (40)				The River's Edge ('57) 'NR'		(10) Von Ryan's Express ('65, War) 'NR'		(10) Tony Rome ('67)				
FXN	125	Paid Programs					Miss Peregrine's Home for Peculiar Children ('16, Fantasy) <i>Eva Green</i>				The Art of Racing in the Rain ★★ ('19)							
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries	Elevation	J. Prince	Paid Programs		Good Time	Good Time	Good Time	Good Time	Hart to Hart			
GMSHW	116	Paid Programs					Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America		
GOLF	401	Live From the U.S. Open				Live From the U.S. Open <i>From Brookline, Mass.</i>				Live From the U.S. Open <i>From Brookline, Mass.</i> (L)								
GRIT	217	Paid Programs					Laramie	Bandolero! ★★★ ('68, Western) <i>James Stewart</i>				100 Rifles ★★★ ('69, Western) <i>Jim Brown, Raquel Welch</i>						
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba <i>Issues</i>	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Debt</i>		Matlock <i>The Revenge</i>		Matlock <i>The Obsession</i>		
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		
HDMOV	130	Paid Programs					Bob the Butler ★★ ('05, Comedy) <i>Tom Green</i>				(9:50) The Caine Mutiny ('54, Drama)							
HERIC	293	The District <i>On Guard</i>		The District		Maverick		Wanted ...	Wanted ...	Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne		
HGTV	112	Celebrity IOU		Celebrity IOU		Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Property Brothers		
HIST	120	Paid Programs					Amazing	Jeremiah	Proof-There	Proof-There	Proof-There	Proof-There	Proof-There	Proof-There	Proof-There	Proof-There	Proof-There	Proof-There
ID	192	Your Worst Nightmare		Your Worst Nightmare		Your Worst Nightmare		48 Hours on ID		48 Hours on ID		48 Hours on ID		Evil Twins		Evil Twins <i>Born to Sin</i>		
IFC	133	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Parks	Parks	Parks	Parks	Parks	Parks	
LAFF	237	Paid Programs					Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court
LIFE	108	Paid Programs					Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Mentalist	
LMN	109	Paid Programs					High School Lover ('17, Drama) <i>Paulina Singer</i>				The Wrong Crush ('17, Drama) <i>Vivica A. Fox</i>		The Wrong Student ('17, Suspense)					
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Home Work		Home Work		Home Work		Home Work		Beachfront Renovation		
MGMHD	385	Last Embrace ('79, Suspense) MGM		Studio		How to Murder Your Wife ('65, Comedy) <i>Jack Lemmon</i>				Avanti! ★★★ ('72, Comedy) <i>Jack Lemmon, Juliet Mills</i>								
MOTOR	246	Texas Metal		FantomWorks		Bitchin' Rides		Garage	Garage	Iron Resurrection		Speed Is the New Black		Speed Is the New Black		Speed Is the New Black		
MSNBC	209	Rachel Maddow Show		Way Too Early		Morning Joe (L)				Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)				
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs					Port Protection Alaska		Port Protection Alaska		Port Protection Alaska			
NGWLD	190	Paid Programs					The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol	
OUTD	396	Fishing	WildFed	Das Boat	Fishmonger	BigWater	Seahunter	Hunt Adv	Wardens	Bone Coll.	Hunt	Lake	Zonas	Wild Ride	Whitetail	Live 2 Hunt/Africa		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		
OXYG	127	Snapped		Snapped		Exhumed-Killer		Exhumed-Killer		Mark of a Serial Killer		Mark of a Serial Killer		Mark of a Serial Killer		An Unexpected Killer		
PARMT	241	Paid Programs					Bar Rescue <i>Tiki Curse</i>				Bar Rescue <i>In a Pinch</i>		Bar Rescue		Bar Rescue			
POP	117	Goldbergs	Goldbergs	Goldbergs	Goldbergs	Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER		ER		
REELZ	299	Paid Programs					Madonna & Sean Penn		Charlie Sheen & Denise		Johnny Depp		CopyCat Killers		CopyCat Killers		CopyCat Killers	
RFDTV	231	Paid Programs					Coop	Presleys'	Stuart	Jeremiah	Rural News/AgDay (N)		Market Day Report (L)					
SCI	193	Expedition Unknown		Expedition Unknown		Universe Works		Universe Works		Unearthed		Unearthed (Part 1 of 2)		Strange Evidence		What on Earth?		
SMITH	367	Humongous Moves		Humongous Moves		Aerial America		Aerial America		Aerial America <i>Vermont</i>		Inside the Factory		Inside the Factory		Inside the Factory		
SONY	386	Silent Rage (20) Love Lies Bleeding ('08)		Gambler Returns: Luck of the Draw (40)				The Gambler Returns: The Luck of the Draw (29)				The Mask of Zorro ('98, Adventure) <i>Antonio Banderas</i>						
SUND-E	358	Columbo	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Law Order: CI		Law Order: CI		Law Order: CI		
SYFY	122	Paid Programs					Twi. Zone		Dante's Peak ★★★ ('97, Action) <i>Pierce Brosnan</i>		(8:55) Constantine ★★★ ('05, Fantasy) <i>Keanu Reeves</i>				Point Brk			
TBN	260	Believe Boldly		Jackson	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen	
TBS	139	Matters	Matters	Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	
TCM	132	Female (45) Ali: Fear Eats the Soul ('74, Romance)		The Lusty Men ('52, Western) <i>Susan Hayward</i>				Bed of Roses ('93) (45) Grand Hotel ('32, Drama) <i>Greta Garbo</i>		Wet Prde								
TLC	183	OutDaughtered <i>Fournado Warning</i>				Gypsy Wedding		Gypsy Wedding		Gypsy Wedding		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		
TMC-W	329	Megalodon Rising Monday ('20, Romance) <i>Sebastian Stan 'R'</i>		The Humans ('21, Comedy-Drama) 'R'				Murder on the Orient Express ('74) 'PG'				Ballad of Lefty						
TNT	138	Cold Case		Charmed		Charmed <i>Wicca Envy</i>		Charmed <i>Feats of Clay</i>		Charmed <i>The Wendigo</i>		Charmed		Supernatural		Supernatural <i>Optimism</i>		
TRU	242	Paid Programs					Ad. Ruins				Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers	
TRVL	196	Paid Programs					Web of Darkness				Web of Darkness		Web of Darkness		Web of Darkness		Web of Darkness	
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs					M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		
UP	188	Paid Programs					Heartland		Heartland		Heartland		Highway to Heaven		Highway to Heaven		Little House on Prairie	
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		NCIS: Los Angeles		NCIS <i>Brothers in Arms</i>		NCIS <i>In the Dark</i>		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
WE	128	Commit or Quit		Paid Programs					Law & Order				Law & Order <i>Paranoia</i>					

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)				
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right (N)				
CW-E	Local Programs					Local Programs					Local Programs				Local Programs					
FOX-E	Local Programs					Local Programs					Local Programs				Local Programs					
NBC-E	Local Programs					Local Programs					Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	(05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me		Beaver	Beaver	Perry Mason		Matlock <i>The Doctors</i>		In the Heat of Night				
ABC-W	Nightline (N)		Local Prog.			ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				
CBS-W	Corden		Local Prog.		CBS Overnight News (N)				News		News	News	News	News	CBS Mornings (N)					
CW-W	Local Programs					Local Programs					Local Programs				Local Programs					
FOX-W	Local Programs					Local Programs					Local Programs				Local Programs					
NBC-W	Meyers		News	Top Story With		Early Tdy	Local Programs				Local Programs				Today (N)					
PBS	Professor T		Professor T			Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St./Pinkalicious				

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E	310	Ⓧ	Jurassic Park ('93, Adventure) 'PG-13'	Ⓧ	(05) The Suicide Squad ('21, Action) <i>Margot Robbie</i> 'R'	Ⓧ	(20) Ride Along ★★ ('14) 'PG-13'	Real Time, Bill Maher	The Baby	Man Steel		
	HBO2	312	(10)	Halloween ★★ ('99) 'PG-13'	(35)	The Cooler ★★ ('03, Drama) 'R'	(20)	Cry Macho ('21) 'PG-13'	(05) George Carlin's American Dream <i>Part One</i>	Barry	(35) Barry		
MAX	HBO3	314	Ⓧ	Magorium's Fatal Attraction ('87, Suspense) 'R'	(25)	Golden Arm ('20) 'NR'	Gentleman Jack (N)		(15) Boomerang ('92, Romance-Comedy) 'R'	This Is Where			
	HBOF	315	Ⓧ	Magorium's Water Horse: Legend	(14)	Wiener Dog Internationals ('15) 'G'	(347)	Racing Stripes ('05) 'PG'	(29)	Spark: A Space Tail ('16) 'PG'	Free Willy 3		
SHOWTIME	MAX	307	Ⓧ	First Blood ('82) 'R'	(11)	Meet the Spartans ★ ('08)	(36)	Kajillionaire ('20, Comedy-Drama) 'R'	(22)	Waist Deep ('06, Action) 'R'	Things We Lost in the Fire ('07, Drama) 'R'		
	5MAX	308	Ⓧ	Red Dragon ('86) 'R'	(07)	Anna Karenina ('12, Romance) <i>Keira Knightley</i> 'R'	(17)	Enough Said ('13) 'PG-13'	(451)	The Firm ★★ ('93, Drama) <i>Tom Cruise</i> 'R'	Escape 2		
	MMAX	309	Ⓧ	Something Borrowed ★ ('11) 'PG-13'	(155)	Chasing Amy ('97, Romance-Comedy) 'R'	(349)	Double Jeopardy ('99) 'R'	(35)	2 Guns ('13, Action) <i>Denzel Washington</i> 'R'	Aftermath		
	SHO-E	318	(15)	Deadlock ('21, Action) <i>Patrick Muldoon</i> 'R'	Internal Affairs ('90, Crime Drama) 'R'			Cypress Hill: Insane in the Brain	(45)	Soapdish ('91, Comedy) <i>Sally Field</i> 'PG-13'	I Love		
STARZ	SHO2	320	Ⓧ	Minority 13 Fanboy ('21, Horror) 'NR'	(15)	Ain't Them Bodies Saints ('13, Drama) 'R'	Shakespeare in Love ('98) <i>Joseph Fiennes</i> 'R'		(05)	The Florida Project ('17, Drama) 'R'			
	SHOBET	321	Ⓧ	Miles Ahead ('16) 'R'	(16)	Shots ('19, Documentary) 'NR'	(40)	Whitney: Can I Be Me ('17) 'NR'	(20)	Shooter ('07, Action) <i>Mark Wahlberg</i> 'R'	Hav Plenty ★★ ('07) 'R'		
	SHOX	322	Ⓧ	The Crossing Guard ★★ ('95, Drama) 'R'	Volition ('19, Science Fiction) 'NR'		(35)	Demonic ★ ('21, Science Fiction) 'NR'	The Green Knight ('21, Fantasy) <i>Dev Patel</i> 'R'				
	SHOS	323	Ⓧ	The Lighthouse ★★ ('19, Suspense) 'R'	(15)	Ghost ★★ ('90, Fantasy) <i>Patrick Swayze</i> 'PG-13'	(25)	The First Lady <i>Rift</i> (N)	I Love	(5:55) The L Word	(6:55) The L Word		
	TMC	327	(05)	Blithe Spirit ('20) 'PG-13'	15 Things About Bigfoot		(10)	Ladybugs ★ ('92) 'PG-13'	(40)	Senior Moment ('21) 'NR'	(15)	The Farewell ('19, Comedy-Drama) 'PG'	
	FLIX-E	333	Ⓧ	Man Who Knew Little (12:50)	Failure to Launch ('06)	A Room With a View ('86, Drama) 'NR'		Run Lola Run ('98, Suspense) 'R'		(5:55)	Match Point ★★ ('05, Drama) 'R'		
STARZ	ENCR-E	340	(02)	Balls of Fury ('07) 'PG-13'	(36)	White House Down ★★ ('13, Action) 'PG-13'	(351)	Jumping the Broom ('11) 'PG-13'	Spiral: From the Book of Saw 'R'				
	STARZ-E	350	Ⓧ	Gaslit (22)	Grown Ups 2 ★ ('13) 'PG-13'	(06)	Becoming Elizabeth	(08)	The Amityville Horror ('05) 'R'	(41)	Idiocracy ('06, Comedy) 'R'	(09)	Inferno ('16, Suspense) <i>Tom Hanks</i> 'PG-13'
	STRZED	352	Ⓧ	Here Today ('21, Comedy-Drama) 'PG-13'	(154)	Now White and the Huntsman ('12) 'PG-13'	(04)	Made ('01, Comedy-Drama) 'R'	(41)	Don't Breathe 2 ★★ ('21, Suspense) 'R'	Cable Guy		
	STRZCI	353	Ⓧ	Destroyer ('18) 'R'	(12)	Dear Frankie ★★ ('04, Drama) 'PG-13'	Long Weekend ('21, Romance) 'R'		(35)	The Climb ('19, Comedy-Drama) 'R'	(17)	I Carry You With Me ('20) 'R'	
	STRZCO	354	Ⓧ	Ricki and the Flash ('09)	Tyler Perry's the Family That Preys ('08)	The Romantics ★★ ('10) 'PG-13'		(40)	About Last Night ('14) <i>Kevin Hart</i> 'R'	(23)	Grandma's Boy ★ ('06) 'R'		
	STRZIB	355	Ⓧ	Scary 3 (37)	Trading Places ★★ ('83, Comedy) 'R'	(36)	Stomp the Yard ('07, Drama) 'PG-13'	Deuce Bigalow: European Gigolo		Power Book II: Ghost	Power Book II: Ghost		
	STRZKF	356	Ⓧ	October Sky ★★ ('99, Docudrama) 'PG'	(146)	Daisy's Dream ('21) 'NR'	Horton Hears		(43)	Be Somebody ('16) 'PG'	(11)	October Sky ('99, Docudrama) 'PG'	
EPICX	EPIX	380	Ⓧ	Robot (20)	Words and Pictures ('13, Comedy-Drama)	(20)	Elizabethtown ('05, Comedy-Drama)	(25)	Morning Glory ★★ ('10)	(15)	She's Out of My League ★★ ('10)		
	EPIX2	381	Ⓧ	Wolf Wall (45)	Desperate Hours ('90, Crime Drama)	The Lovely Bones ★★ ('09, Drama) <i>Mark Wahlberg</i>		(450)	Domestic Disturbance ('01)	(20)	The Presidio ('88, Action)		
	EPIXH	382	Ⓧ	Spontaneous ('20)	(12:55)	The Lost City ('22, Romance-Comedy)	(2:50)	Sahara ★★ ('05, Adventure)	(4:55)	Spell ★★ ('20, Horror)	A House on the Bayou ('21)		
	EPIXDR	292	Ⓧ	White Men	(10)	Office Space ('99, Comedy)	Cheech & Chong-Brothers		(15)	The Time Machine ('02, Science Fiction)	(5:55)	Stealth ★★ ('05, Action) <i>Josh Lucas</i>	

AMERICA'S TOP PROGRAMMING

A&E	118	Origins of Hip Hop	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	Bobby Brown:
AHC	195	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA
AMC	131	10 Brother, Where Art Thou? ('00)						The Green Mile ★★ ('99, Drama) <i>Tom Hanks, David Morse</i>	Draft Day ★★ ('14, Drama) <i>Kevin Costner</i>								
APL	184	Tanked <i>Tank This</i>	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law
AXSTV	167	Matchbox Twenty	Noel Gallagher: Out of the Now	Ozzy & Jack's	Ozzy & Jack's	Ozzy & Jack's	Ozzy & Jack's	Ozzy & Jack's	Top Ten	Top Ten	Top Ten	Top Ten	Top Ten	Top Ten	Top Ten	Top Ten	Top Ten
BBCA	135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Robin Hood: Men in Tights ('93, Comedy) <i>Cary Elwes</i>	The Goonies ('85, Children's)										
BET	124	Black Card	Black Card	Celebrity Family Feud	Celebrity Family Feud	All About the Benjamins ★★ ('02, Action) <i>Ice Cube, Mike Epps</i>		<i>Ice Cube, Mike Epps</i>	Ambitions	The Family Business							
BOUNCE	359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night	In the Heat of Night	In the Heat of Night	Bernie Mac	Déjà Vu ★★ ('06, Suspense) <i>Denzel Washington</i>							
BRAVO	129	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm							
BUZZR	245	Match	Match	Concen.	Concen.	Password	Password	Super Pass	Tattletales	Press Luck	Whew!	Match	Match	Match	Match	Match	Sale of
CIHD	249	Nightwatch	Behind Bars	Behind Bars	Grace vs. Abrams	Marcia Clark Investigates	The First 48	The First 48: Detective	The First 48: Missing								
CMT	166	Mike	Mike	Mike	Mike	King	King	King	King	King	King	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man
CNBC	208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Closing Bell	Overtime (L)	Fast Money (L)	Mad Money (N)	Shepard Smith							
CNN	200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Jake Tapper	Situation Room	Erin Burnett OutFront (L)							
COM	107	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	
COMET	289	Gate II ('92, Horror)	Buried Alive ★ ('90, Horror) <i>Robert Vaughn</i>		The Outer Limits	The Outer Limits	Farscape	(Part 3 of 3)	Farscape	Buffy, Vampire Slayer							
COOK	113	Good Eats	Good Eats	Good Eats	Good Eats	Best Thing	Best Thing	Best Thing	Best Thing	Man Fire	Man Fire	Man Fire	Man Fire	Man, Food	Man, Food	Man, Food	Man, Food
DISC	182	Airplane Repo	Airplane Repo	Airplane Repo	Airplane Repo	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch							
DFC	179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!	Cats 101	Kittens	Kids BBQ Championship		
DISN-E	172	Big City	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Big City	Big City	Bunk'd	Bunk'd	Jessie	Jessie	Jessie	Jessie
ENCR-W	341	Working Girl ('88) 'R'	(13)	Phoenix ('98, Crime Drama) <i>Ray Liotta</i> 'R'	(02)	Balls of Fury ('07) 'PG-13'	(36)	White House Down ★★ ('13, Action) 'PG-13'	Jumping the Broom								
EWESTN	342	Cat Ballou (24)	The Proud Ones ('56) 'NR'	The Deputy	Wanted ...	(2:55) Wagon Train	Laramie	Death Vall.	Tales of Wells Fargo	Rifleman	(23) Men From Shiloh	Coroner					
EACTN	343	Act of Valor ('12) 'R'	(05) Arena ('11, Action) 'R'	(42) The Postman ★ ('97, Drama) <i>Kevin Costner, Will Patton</i> 'R'	(42)	Waterworld ('95, Science Fiction) <i>Kevin Costner</i> 'PG-13'											
ESUSP	344	Spy Game ('01, Suspense) <i>Robert Redford</i> 'R'	(1:51) Curve ('15, Horror) 'R'	(19) Ghost Rider ('07) 'PG-13'	(12) Vice ★ ('15, Action) <i>Bruce Willis</i> 'R'	(6:51) Spy Game ('01)											
EBLACK	345	(07) Half Nelson ('06, Drama) <i>Ryan Gosling</i> 'R'	(1:56) Puff, Puff, Pass ('06) 'R'	(33) Skyline ★ ('10) 'PG-13'	(09) National Security ('03) 'PG-13'	(40) The Violent Heart ('20) 'NR'											
ECLASS	346	The Good, the Bad and the Ugly ('67) 'R'	(1:53) The Mortal Instruments: City of Bones ('06, Romance-Drama) 'PG-13'	Wanderlust ('12, Comedy) 'R'		For Love											
EFAMILY	347	Flicka 2 (32) A Dog's Way Home ('19) 'PG'	(09) Open Season 3 ('10) 'PG'	Thomas and the Magic Railroad		(4:52) Nim's Island ('08) 'PG'	Beethoven's 2nd ('93) 'PG'										
ESPN	140	SportsCenter (L)	SportCtr	The Point (L)	This Just In (L)	NBA Today (L)	NFL Live (L)	Around	Interruption	SportsCenter (L)	SportsCenter (L)						
ESPN2	143	First Take (N)	SportsCenter (N)	This Just In	Jalen	The Point	NFL Live	Daily Wager	WNBA Basketball								
EWTN	261	Daily Mass	Women of Pro-Life	Scripture and Tradition	Chaplet	Rosary	Catholic	Catholic	Choices	Eucharist	News	Catholic	Daily Mass				
FETV	82	Bewitched	Bewitched	Wagon Train	Rawhide	Reunion	Rawhide	Perry Mason	Perry Mason	Matlock	The Witness	Matlock	The Student				
FMC	387	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie							
FNC	205	Outnumbered (L)	America Reports With John Roberts	The Story With Martha	Your World W/ Cavuto	The Five (L)	Special Report	Jesse Watters (L)									
FOOD	110	Food Paradise	Chopped	Chopped	Chopped	Chopped	Chopped	Chopped									
FREFM	180	The Proposal ('09) <i>Sandra Bullock</i>	Sweet Home Alabama ★★ ('02, Romance-Comedy)		The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office				
F51	150	The Herd with Colin Cowherd (L)	Ⓧ UEFA Nations League Soccer <i>Germany vs Italy</i> (L)		Speak for Yourself (L)	NASCAR Race Hub (L)	FIFA 2022 Qualifying										

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	Action	Rough Night ('17, Comedy) <i>Scarlett Johansson</i>				Bad Moms ★★★ ('16, Comedy) <i>Mila Kunis</i>				The Hangover Part II ★★ ('11, Comedy) <i>Bradley Cooper</i>				Fate of Furious				
FXM	384	Tony Rome ('67) 'NR'		[:05] The Detective ('68, Crime Drama) 'NR'		Live Free or Die Hard ('07, Action) <i>Bruce Willis</i> 'PG-13'				[:45] Kingsman: The Golden Circle ★★★ ('17, Action) 'R'									
FXN	125	Art Racing Cleveland		Cleveland		King of Hill		King of Hill		King of Hill		King of Hill		Simpsons		Simpsons			
GETTV	373	The Rockford Files		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Kojak		Kojak					
GMSHW	116	Deal or No Deal		Match		Match		Catch 21		Catch 21		25 Words		25 Words		Common			
GOLF	401	Live From the U.S. Open From Brookline, Mass. (L)										U.S. Open Highlights		PGA TOUR		PGA TOUR			
GRIT	217	Death Vail		Death Vail		The Deputy		The Deputy		Tombstone		Tombstone		Masterson		Masterson			
HALL	185	The Secret Ingredient ('20, Romance-Comedy)				Nature of Love ('20, Romance-Comedy)				Love on Ice ('17, Drama) <i>Julie Berman</i>				The Wedding Veil Legacy ('22, Romance)					
HALLDR	186	Magnum, P.I. <i>Kapu</i>				Magnum, P.I.				The Waltons				The Waltons					
HALLM	187	Diagnosis Murder				Diagnosis Murder				Monk				Monk					
HDMOV	130	[:10] Blurred Lines: Inside the Art World ('17)				[:55] The Feels ('17, Comedy)				[:40] El Dorado ★★★ ('67, Western) <i>John Wayne</i>				Force 10 From Navarone ★★★ ('78, War)					
HERIC	293	Monk				Monk				Monk				MacGyver					
HGTV	112	Property Brothers		Property Brothers		Property Brothers		Property Brothers		Property Brothers		Unsellable Houses		Unsellable Houses		Unsellable Houses			
HIST	120	Proof-There		Proof-There		TBA		TBA		TBA		The Secret of Skin		The Secret of Skin		The Secret of Skin			
ID	192	Evil Twins				Twisted Sisters				Twisted Sisters				The Killer Beside Me					
IFC	133	Parks		Parks		Parks		Parks		Scrubs		Scrubs		Scrubs		Scrubs			
LAFF	237	Nt. Court		Nt. Court		Videos		Videos		Funniest		Funniest		How I Met		How I Met			
LIFE	108	The Mentalist				The Mentalist				Castle				Castle					
LMN	109	Psycho Prom Queen ('18, Suspense)				Killer Prom ('20, Suspense) <i>Yvonne Zima</i>				Psycho Party Planner ('20, Suspense)				Deadly Girls Night Out ('21, Suspense)					
MAGN	111	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Restoring Galveston		Restoring Galveston			
MGMHD	385	The Long Riders ★★★ ('80, Western)				[:10] Things You Can Tell Just by Looking at Her ('00)				Music From Another Room ('98, Romance) [:45] Wedding Daze ★★★ ('06)									
MOTOR	246	Speed Is the New Black				Speed Is the New Black				Garage		Garage		Iron Resurrection		FantomWorks			
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)				The Beat With		The ReidOut (L)			
NATGEO	197	Port Protection Alaska		Port Protection Alaska		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Ze			
NGWLD	190	The Incredible Dr. Pol				The Incredible Dr. Pol				The Incredible Dr. Pol				The Incredible Dr. Pol		The Incredible Dr. Pol			
OUTD	396	Fisherman		Fishing		Outdoors		Addicted		MeatEater		Hunter		Gun Stories		Guns			
OWN	189	Dr. Phil				Court				Court				Dr. Phil		Dr. Phil			
OXYG	127	An Unexpected Killer				An Unexpected Killer				Dateline: Secrets				Dateline: Secrets		Dateline: Secrets			
PARMT	241	Bar Rescue				Bar Rescue				Mom		Mom		Two Men		Two Men			
POP	117	ER				ER				House				House		House			
REELZ	299	Cops		Cops		Cops		Cops		Vegas		Vegas		Vegas		Vegas			
RFDTV	231	Market Day Report (L)				Cow Guy		Next Level		Horse-West		Horseman		Duttons		Machinery			
SCI	193	What on Earth?				Mysteries Aband.				Mysteries Aband.				Mysteries Aband.		Mysteries Aband.			
SMITH	367	Air Disasters				Air Disasters				Mighty Trains				Mighty Trains		Mighty Cruise Ships			
SONY	386	Rage and Honor ('92, Action)				[:44] Rage and Honor II: Hostile Takeover ('93) 72 Hours				[:05] We Own the Night ('07, Crime Drama)				[:13] Breakout ('13, Suspense) <i>Brendan Fraser</i>					
SUND-E	358	Law Order: CI				Law Order: CI				NCIS				NCIS		NCIS			
SYFY	122	Point Break ★★ ('15, Action) <i>Edgar Ramirez</i>				[:55] Hitman ('07, Action) <i>Timothy Olyphant</i>				Hitman: Agent 47 ('15, Action) <i>Rupert Friend</i>				Death Race ★★ ('08, Action) <i>Jason Statham</i>					
TBN	260	R. Jeffress		Robert		Joyce M.		Together		Robison		Wommack		The 700 Club		David			
TBS	139	Friends		Friends		Friends		Friends		Friends		Sheldon		Sheldon		Sheldon			
TCM	132	The Wet Parade ('32, Drama) <i>Walter Huston</i>				New Morals for Friends ('32, Comedy)				Blonde Crazy ('31, Crime Drama)				The Divorcee ★★ ('30, Drama)		Baby Face ★★★ ('33, Drama)			
TLC	183	Pregnant		Pregnant		Pregnant		My 600-Lb. Life: Where Are They Now?				900 Pound Man: Race		Welcome to Plathville		Welcome to Plathville			
TMC-W	329	Ballad of Lefty		[:05] Crisis ('21, Suspense) <i>Gary Oldman</i> 'R'		[:05] Blithe Spirit ('20) 'PG-13'				15 Things About Bigfoot				[:10] Ladybugs ★ ('92) 'PG-13'		Senior			
TNT	138	Supernatural				Supernatural <i>Byzantium</i>				Supernatural <i>The Spear</i>				Batman Returns ★★★ ('92, Action) <i>Michael Keaton</i>				Batman Begins ★★★ ('05, Action) <i>Christian Bale</i>	
TRU	242	World's Dumbest ...				World's Dumbest ...				World's Dumbest ...				Jokes		Jokes			
TRVL	196	Web of Darkness				Web of Darkness				Web of Darkness				The Ghost Town Terror		The Ghost Town Terror			
TVLND	106	Gunsmoke				Gunsmoke				Gunsmoke				Andy G.		Andy G.			
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls				Gilmore Girls		Gilmore Girls				Reba			
USA	105	Law & Order: SVU				Law & Order: SVU				Law & Order: SVU				Law & Order: SVU		Law & Order: SVU			
WE	128	Law & Order				Law & Order <i>Angel</i>				Law & Order				Law & Order <i>Remand</i>		Law & Order <i>Trophy</i>			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		Local Programs		News		Local Programs			
CBS-E	Local Prog, Young & Restless		Bold		The Talk (N)				Let's Make a Deal (N)				News		Local Programs			
CW-E	Local Programs				Local Programs				Local Programs				Local Programs					
FOX-E	Local Programs				Local Programs				Local Programs				Local Prog, Local Programs					
NBC-E	Local Programs				Days of our Lives (N)				Local Programs				Local Prog, News					
METV	247*	The Waltons		Gunsmoke		Bonanza		Rifleman		Rifleman		Wagon Train		Adam-12		Adam-12		
ABC-W	Local Programs		The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		Local Programs			
CBS-W	Local Programs		The Price Is Right (N)		Young & Restless				Local Prog, Bold		The Talk (N)		Let's Make a Deal (N)					
CW-W	Local Programs				Local Programs				Local Programs				Local Programs					
FOX-W	Local Programs		Local Programs		Local Programs				Local Prog, Local Programs									
NBC-W	Today 3rd Hour (N)		Today-Hoda		Local Programs				Days of our Lives (N)				Local Programs					
PBS	Dinosaur		Clifford		Sesame St. Donkey		Tiger		Go Luna		Nature Cat		Wild Kratts		Almas		Xavier	

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30			
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30			
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30			
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30			
PREMIUM MOVIES																			
HBO	HBO-E 310	Man of Steel ('13, Action) Henry Cavill 'PG-13'			Time Traveler's Wife			Sam Jay (20) The Last Duel ('21, Historical Drama) Matt Damon 'R'			(1:55) 3:10 to Yuma ★★★ ('07, Western) 'R'								
	HBO2 312	Last Week Sam Jay (:10) The Bourne Identity ('02, Action) 'PG-13'			(10) Irma Vep			(12:10) Free Guy ★★★ ('21, Action) 'PG-13'			(05) Atonement ('07, Drama) James McAvoy 'R'								
	HBO3 314	Free Is Where The Grand Budapest Hotel ('14) (:40) Nobody ('21, Action) 'R'			Sam Jay			Baby (N) (:15) Sleeping With the Enemy ('91) 'R'			(2:55) Danny Collins 'R'								
	HBOF 315	4 True Willy (:26) The Mummy Returns ('01) 'PG-13'			(:36) Spare Parts ★★★ ('15, Drama) 'PG-13'			(:31) Down Periscope ('96) 'PG-13'			The Gospel According to Danny Trushood								
MAX	MAX 307	Cymbeline ('14, Drama) 'R'			(:40) The Truman Show ('98) Jim Carrey 'PG'			(:23) The Forgotten ('04) 'PG-13'			(12:55) The Prince ('14, Action) 'R'			(:27) Deep Impact ('98) 'PG-13'					
	5MAX 308	Escape Plan 2: Hades Mindhunters ('04, Suspense) LL Cool J 'R'			(10:47) Blood Father ('16) 'R'			(:16) Collateral ('04, Suspense) Tom Cruise 'R'			(:16) Twisted ('04, Suspense) 'R'								
	MMAX 309	Aftermath ('17) 'R'			Oblivion ★★★ ('13, Science Fiction) 'PG-13'			(:05) The Day After Tomorrow ('04) 'PG-13'			(:09) The Happening ★ ('08) 'R'			(:40) The World's End ('13) 'R'					
SHOWTIME	SHO-E 318	Sheryl ('22, Documentary) 'NR'			(:35) Love Is Strange ('14) 'R'			(10) Moon Manor ('21, Comedy-Drama) 'NR'			(:05) The First Lady Rift I Love			Man Who Fell Wrong					
	SHO2 320	VICE Man Who Fell			Spotlights Wild Things ('98, Suspense) Kevin Bacon 'R'			Double D Dystopia ('19) 'NR'			Primal Fear ★★★ ('96, Crime Drama) 'R'			Em battled					
	SHOBET 321	Couples The First Lady Rift			A Girl From Mogadishu ('19, Drama) 'NR'			VICE American Dream/American			Desu Bacurau ('19, Suspense) Sonia Braga 'NR'								
	SHOX 322	Stillwater ★★★ ('21, Drama) Matt Damon 'R'			Boxing 2022 - ShoBox: The New Generation														
	SHOS 323	L Word (:40) The Carnivores ('20) 'NR'			Queer/Folk (:45) Queer as Folk			Queer/Folk (:12:15) Queer as Folk			Couples			The Killing of a Sacred Deer ★★★ ('17) 'R' Lighthouse					
TMC 327	Holler ('20, Drama) 'R'			(:35) Them That Follow ('19) 'R'			(:15) Mine 9 ('19, Drama) 'NR'			(:40) Dark Places ★★ ('15, Mystery) 'R'			(:35) Narc ('02, Crime Drama) 'R'						
FLIX-E 333	Midnight Run ★★★ ('88, Comedy) 'R'			(:15) The Lonely Guy ★★★ ('84, Comedy) 'R'			Glimpse Inside-Swan			Ganja & Hess ('73, Horror) Duane Jones 'R'			House						
STARZ	ENCR-E 340	Haywire ('11) 'R'			White House Down ★★ ('13, Action) 'PG-13'			(:15) See No Evil, Hear No Evil ★★★ ('89) 'R'			Spiral: From the Book of Saw 'R'			(:36) The Vanishing ('18) 'R'					
	STARZ-E 350	The Intruder ★★ ('19, Suspense) 'PG-13'			P-Valley			(:07) Gaslit Final Days			(12:09) Dawn of the Dead ('04, Horror) 'R'			(1:53) Gaslit Final Days 12 Mighty Orphans					
	STRZED 352	The Cable Guy ('96) Becoming Elizabeth (N)			Here Today ('21, Comedy-Drama) 'PG-13'			(11:58) Don't Breathe 2 ('21) 'R'			(:38) Becoming Elizabeth (:38) P-Valley (N)			Collection					
	STRZCI 353	Dear Frankie ★★★ ('04, Drama) 'PG-13'			Puzzle ('18, Drama) Kelly Macdonald 'R'			(11:46) Destroyer ★★★ ('18, Crime Drama) 'R'			(1:49) The Climb ★★★ ('19) 'R'			Tigerland					
	STRZCO 354	Tyler Perry's the Family That Preys ('08)			(9:52) Ricki and the Flash ('15)			(:36) Dead Man on Campus ('98)			(:15) Slap Shot ('77, Comedy-Drama) Paul Newman 'R'			I Dont					
	STRZIB 355	Scary Movie 3 ★★ ('03) 'PG-13'			(:28) Fighting ('09, Drama) 'PG-13'			(:15) No Good Deed ★★ ('02, Suspense) 'R'			(12:57) A Girl Like Grace ('15) 'NR'			(:33) Baby Mama's Club ('10) 'R'					
STRZKF 356	Spy Kids-Time in the World			Cowgirls 'N Angels 2: Dakota			Dr. Seuss' Horton Hears a Who!			(:29) Explorers ★★★ ('85, Children's) 'PG'			(:20) Strike ('19, Adventure) 'NR'						
EPIX	EPIX 380	Sideways ('04, Comedy-Drama) Paul Giamatti			(:10) As Good as It Gets ★★★ ('97, Comedy-Drama)			(500) Days of Summer ('09)			(:10) Beatriz at Dinner ('17)			Billy-Kid					
	EPIX2 381	Billy the Kid			(8:55) The Marksman ('21, Action) (:45) Nick of Time ('95, Suspense) (:12:15) Turbulence ('97, Suspense) Ray Liotta			Sex Life			Stonewall ★★ ('15)								
	EPIXH 382	Sleepy Hollow ('99, Horror) Johnny Depp			(9:50) A Quiet Place Part II ('21)			The Deep House ('21, Horror)			(12:55) A House on the Bayou			(:25) The Accused ('88, Drama)					
EPIXDR 292	Virtuosity ('95, Action) Denzel Washington			(9:50) The Saint ★★ ('97, Action) Val Kilmer			(11:50) Paycheck ★★ ('03, Science Fiction)			(1:50) Stealth ★★ ('05, Action) Josh Lucas									
AMERICA'S TOP PROGRAMMING																			
A&E 118	Bobby			Origins of Hip Hop (N)			Bobby Brown:			Bobby			Origins of Hip Hop			Bobby Brown:			
AHC 195	TBA			TBA			TBA			TBA			TBA			TBA			
AMC 131	Die Hard ★★★ ('88, Action) Bruce Willis, Alan Rickman			Die Hard 2 ★★★ ('90, Action) Bruce Willis			The Walking Dead			(:31) The Walking Dead Walking									
APL 184	North Woods Law: Uncuffed (N)			Louisiana Law			Louisiana Law			North Woods Law: Uncuffed			Louisiana Law			Louisiana Law			
AXSTV 167	Top Ten Music			Top Ten Top Ten			Top Ten Music			Music Music			Rob Thomas: Live			Sheryl Crow: Miles Rock Legends Cher			
BBCA 135	The Goonies ('85)			The Goonies ★★★ ('85, Children's) Sean Astin			Robin Hood: Men in Tights ('93, Comedy) Cary Elwes			The Hitchhiker's Guide to the Galaxy ('05)									
BET 124	Celebrity Family Feud (N)			The Family Business			The Family Business			Ms. Pat Martin			Martin Martin			Martin Martin			
BOUNCE 359	Deep Blue Sea ★★★ ('99, Science Fiction)			Cleaner ('07, Suspense) Samuel L. Jackson			It ★★★ ('17, Horror) Jaeden Lieberher, Jeremy Ray Taylor			In the Heat of Night									
BRAVO 129	Real Housewives			Real Housewives			Watch Miz & Mrs			Miz & Mrs Housewives-Atlanta			Real Housewives of Dubai			Housewives of Dubai Watch			
BUZZR 245	Concentrat Password			Sweep Card			Match-Squares			Concentrat Password			Sweep Card			Match-Squares			
CIHD 249	The First 48: Detective			First 48: Missing			Marcia Clark Investigates The First 48			The First 48: Detective			First 48: Missing			Marcia Clark Investigates The First 48			
CMT 166	Last Man			Last Man			Mom Mom			Mom Mom			Gold Girls Gold Girls			Gold Girls Gold Girls			
CNBC 208	Shark Tank			Shark Tank			Shark Tank			Shepard Smith			American Greed			Dateline			
CNN 200	Anderson Cooper 360 (L)			CNN Tonight (L)			Don Lemon Tonight (L)			Don Lemon Tonight (L)			Anderson Cooper 360			CNN Tonight			
COM 107	The Office			The Office			The Office			The Office			The Daily Show			South Park South Park			
COMET 289	Buffy, Vampire Slayer			The X-Files			The X-Files			The X-Files Lazarus			The X-Files			Quantum Leap			
COOK 113	Man, Food Man, Food			Man, Food Man, Food			No Reservation			No Reservation			Man, Food Man, Food			Man, Food Man, Food			
DISC 182	Deadliest Catch (N)			Deadliest Catch			Deadliest Catch			Deadliest Catch			Deadliest Catch			Deadliest Catch			
DFC 179	Kids BBQ Championship			Kids BBQ Championship			Kids BBQ Championship			Kids BBQ Championship			Kids BBQ Championship			Kids BBQ Championship			
DISN-E 172	Big City			Big City			Big City			Bunk'd			Bunk'd			Sydney			
ENCR-W 341	Jumping the Broom Spiral: From the Book of Saw 'R'			(:24) Haywire ('11, Action) 'R'			White House Down ★★ ('13, Action) 'PG-13'			(:15) See No Evil, Hear No Evil ★★ ('89) 'R'									
EWESTN 342	Coroner Creek ('48) (:06) The Duel at Silver Creek ('52)			(:24) Cat Ballou ('65, Western) 'NR'			(12:02) Smoky ('66, Western) Fess Parker 'NR'			(1:46) The Man From Snowy River Coroner									
EACTN 343	Captain Phillips ('13, Docudrama) Tom Hanks 'PG-13'			(:17) Act of Valor ('12, Action) 'R'			(12:12) The Postman ★★ ('97, Drama) Kevin Costner, Will Patton 'R'			Kiss of the Dragon 'R'									
ESUSP 344	Spy Game ('01) 'R'			SEAL Team Six: Raid			(:32) Ghost Rider ★★ ('07, Action) 'PG-13'			(:27) Fear ★★ ('96, Suspense) 'R'			(:07) Missing in Action ★★★ ('84, War) 'R'						
EBLACK 345	Violent (:25) 5 Flights Up ('14) 'PG-13'			The United States of Leland ('03, Drama) 'R'			(11:47) National Security ('03)			(:20) Black or White ★★ ('14, Drama) 'PG-13'			Tortured						
ECLASS 346	For Love of the Game ('99, Drama) 'PG-13'			Rescue Me Brains			(:12) Damages			(12:05) Eat Pray Love ('10, Drama) Julia Roberts 'PG-13'			(:28) Gangs of New York ('02) 'R'						
EFAMILY 347	Bogus ('96, Children's) Whoopi Goldberg 'PG'			(:9:53) Flicka 2 ('10, Children's) 'PG'			Thomas and the Magic Railroad			(:12:57) Beethoven ★★ ('92) 'PG'			(:25) Little Boy ★★ ('15) 'PG-13'						
ESPN 140	NHL Hockey Conference Final: Teams TBA (L)			SportsCenter			SportsCenter (L)			SportsCenter (L)			SportsCenter (L)			SportsCenter			
ESPN2 143	WNBA Basketball			WNBA Basketball: Storm at Lynx			W. Studios W. Studios			W. Studios UFC			Around Interruption			NFL Live			
EWTV 261	Mother Angelica Live			News Rosary			Scripture and Tradition			Long Ride Women of			Daily Mass			Mother Angelica Live			
FETV 82	Perry Mason			Perry Mason			Emergency!			Emergency!			B. Miller B. Miller			Maude Maude			
FMC 387	Movie			Movie			Movie			Movie			Movie			Movie			
FNC 205	Tucker Carlson Tonight (L)			Hannity (L)			The Ingraham Angle (L)			Gutfeld! (N)			Fox News at Night			Tucker Carlson Tonight			
FOOD 110	Chopped Father's Day Chopped (N)			Supermarket Stakeout (N)			Supermarket Stakeout			Chopped			Supermarket Stakeout			Supermarket Stakeout			
FREFM 180	The Office			The Office			The Office			The Office			The 700 Club			Simpsons Simpsons			
F51 150	FIFA 2022 Qualifying			UEFA Nations League Soccer Germany vs Italy			UEFA Nations League Soccer			UEFA Nations League			TMZ (N)			USFL Football Teams TBA			

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Fate of the Furious ('17, Action) <i>Vin Diesel</i>				Mayans M.C. (N)		Mayans M.C.		Mayans M.C.		Mayans M.C.		FXM Presents		Paid Programs			
FXM	384	Kingsman (35) Bloodshot ★★ ('20, Action) <i>Vin Diesel</i> 'PG-13'				(10:50) Bloodshot ('20, Action) <i>Vin Diesel</i> 'PG-13'		(05) Upgrade ★★★ ('18, Science Fiction) 'R'						The Terrorists ('75)					
FXM	125	Family Guy		Family Guy		Family Guy		Family Guy		Family Guy		Family Guy		Family Guy		Family Guy			
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Hart to Hart		Futurama		Futurama		Futurama		Futurama			
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided		
GOLF	401	U.S. Open		U.S. Open		Live From the U.S. Open				U.S. Open		Live From the U.S. Open							
GRIT	217	Bullwhip ★★ ('58, Western) <i>Guy Madison</i>				They Rode West ('54, Western) <i>Robert Francis</i>				Run of the Arrow ('57, Western) <i>Rod Steiger</i>				Cattle Drive ('51, Western) <i>Joel McCrea</i>					
HALL	185	Winter Castle ('19, Romance) <i>Emilie Ullerup</i>				Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier		Frasier	
HALLDR	186	Little House on Prairie				Little House on Prairie				The Waltons				The Waltons		The Starlet		The Waltons	
HALLMV	187	Murder, She Baked		Hannah Swensen		Mysteries Swensen		Mysteries Swensen		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk	
HDMOV	130	Force 10 (20) Beach Red ★★★ ('67, War)		(15) Attack! ★★★ ('56, War) <i>Jack Palance</i>		(12:15) Beach Red ('67, War) <i>Cornel Wilde</i>		(05) Attack! ★★★ ('56, War) <i>Jack Palance</i>											
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House Safe		House All In			
HGTV	112	Unsellable Houses (N)		Unsellable Houses (N)		Hunters		Hunt Intl		Unsellable Houses		Hunters		Hunt Intl		Unsellable Houses			
HIST	120	The Secret of Skin		The Secret of Skin		The Proof Is Out There		The Secret of Skin		The Secret of Skin		The Secret of Skin		The Proof Is Out There		The Secret of Skin			
ID	192	Sins of the Father (N)		Body Cam <i>The Sting</i> (N)		Body Cam		48 Hours		Body Cam <i>The Sting</i>		Body Cam		48 Hours		Sins of the Father			
IFC	133	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Scrub		Scrub			
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		How I Met		How I Met		Bernie Mac		Bernie Mac			
LIFE	108	Castle		Castle		(03) Castle		(03) Castle		(12:01) Castle		Castle		(04) Castle		(04) Castle			
LMN	109	A Date With Danger ('21, Suspense)				Lethal Love Letter ('20, Suspense) <i>Clare Grant</i>				(12:01) A Date With Danger ('21, Suspense)		Lethal Love Letter ('20, Suspense) <i>Clare Grant</i>							
MAGN	111	Restoring Galveston		Restoring Galveston (N)		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston			
MGMHD	385	Wedding Daze ('06)				(8:50) Autumn in New York ('01, Romance)				(05) Valmont ★★★ ('89, Drama) <i>Colin Firth, Annette Bening</i>				Haunted Summer ('88, Horror) <i>Philip Anglim</i>					
MOTOR	246	Roadkill		Roadkill (N)		Faster With Finnegan (N)		Full Custom Garage		Roadkill		Faster With Finnegan		Full Custom Garage		Roadkill			
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		All In With Chris Hayes			
NATGEO	197	Life Below Ze		Life Below		Life Below Ze		Life Below Ze		Life Below		Narco Wars		Narco Wars		Narco Wars			
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs			
OUTD	396	Hunt		Nugent		McMillan		Driven		Fowl Life		GunDogT		Viral		Jim Shock			
OWN	189	All Rise (N)		All Rise <i>YeeT</i>		All Rise		All Rise		All Rise <i>Leap of Faith</i>		All Rise <i>YeeT</i>		All Rise		All Rise			
OXYG	127	Dateline: Unforgettable (N)				Snapped		Snapped		Snapped		Snapped		Snapped		Dateline (Part 1 of 2)			
PARMT	241	Movie				Top Gun ★★★ ('86, Action) <i>Tom Cruise, Kelly McGillis</i>				Movie				The Office					
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		FBI			
REELZ	299	Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Paid Programs			
RFDTV	231	Ag PhD (N)		Cattlemen (N)		SharkFar.		Horseman,		Saddle Up		Best Amer		Rural News		Ag PhD			
SCI	193	Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.			
SMITH	367	Air Warriors <i>Galaxy</i>		Mighty Ships		Disasters at Sea		Air Warriors		Air Disasters		Air Disasters		Air Disasters		Air Disasters			
SONY	386	Men of Respect ★★★ ('90, Crime Drama)				Fathers and Sons ★★ ('92, Drama)				(11:55) Men of Respect ('90, Crime Drama)		(1:54) Fathers and Sons ★★ ('92) Suspect							
SUND-E	358	NCIS		NCIS		NCIS		NCIS		NCIS		Columbo		(45) Columbo					
SYFY	122	The Transporter ('02, Action) <i>Jason Statham</i>				Olympus Has Fallen ★★ ('13, Action) <i>Gerard Butler</i>				Constantine ★★ ('05, Fantasy) <i>Keanu Reeves</i>				Xena: Warrior Princess					
TBN	260	Christian History		Joyce M.		Livg Proof		Together		Centerpoint		Christian History		Prince		Youseff			
TBS	139	MLB Baseball: Rays at Yankees				MLB Baseball Los Angeles Angels at Los Angeles Dodgers (L)				MLB Close				George					
TCM	132	How to Marry a Millionaire ('53) (45) <i>How to Succeed in Business Without Really Trying</i>				How to Steal a Million ★★ ('66, Comedy)				How to Save a Marriage and Ruin Your Life									
TLC	183	Little People, Big (N)		Little People, Big (N)		Welcome to Plathville (N)		(02) Seeking Sister Wife		Little People, Big World		Little People, Big World		Welcome to Plathville		(02) Seeking Sister Wife			
TMC-W	329	Senior Moment ('21)		(15) The Farewell ('19, Comedy-Drama) 'PG'		Holler ('20, Drama) 'R'		(35) Them That Follow ('19) 'R'		(15) Mine 9 ('19, Drama) 'NR'		Dark							
TNT	138	Batman: The Dark Knight ★★★ ('08, Action) <i>Christian Bale, Heath Ledger</i>				Central Intelligence ★★ ('16, Action)				Cold Case <i>Discretions</i>				Cold Case					
TRU	242	Jokes		Jokes		Jokes		Jokes		Zombieland ('09, Comedy) <i>Woody Harelson</i>		Zombieland ('09, Comedy) <i>Woody Harelson</i>		Jokes		Jokes			
TVL	196	The Ghost Town Terror <i>Battle of Good and Evil</i> (N)				The Osbournes: Night of Terror				The Ghost Town Terror <i>Battle of Good and Evil</i>				The Osbournes: Night of Terror					
TVLND	106	Raymond		Raymond		Raymond		Raymond		Raymond		King		King		King			
UP	188	Reba		Reba		Reba		Reba		Reba		Reba		Gilmore Girls		Gilmore Girls			
USA	105	WWE NXT (L)				(08) Sicario ★★★ ('15, Suspense) <i>Emily Blunt, Benicio Del Toro</i>				Miz & Mrs		Chrisley		Law & Order: SVU		Law & Order: SVU			
WE	128	Law & Order <i>Encore</i>		Law & Order <i>Savior</i>		Law & Order <i>Deceit</i>		Law & Order		Law & Order <i>Slave</i>		Law & Order		Law & Order <i>Pro Se</i>		Monk			

LOCAL NETWORKS

ABC-E	Holey Moley		The Chase		Who Do You Believe?		Local Prog.		(35) Jimmy Kimmel Live!		Nightline (N)		Local Programs		ABC World News Now (N)						
CBS-E	FBI		FBI: International		FBI: Most Wanted		Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)						
CW-E	Superman & Lois (N)		Tom Swift (N)		Local Programs																
FOX-E	Crime Scene Kitchen				I Can See Your Voice				Local Programs												
NBC-E	America's Got Talent (N)				Dancing With Myself (N)				Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		Early Tdy		Local Prog.
METV	247*	Andy G.		Andy G.		G. Pyle		Green Acre		Heroes		Heroes		C. Burnett		Perry Mason		Tw. Zone		Hitchcock	
ABC-W	Local Programs				Local Programs				Holey Moley				The Chase		Who Do You Believe?		Local Prog.				
CBS-W	Local Programs				Local Programs				FBI				FBI: International		FBI: Most Wanted		Local Prog.		Late Show-Colbert		Corden
CW-W	Local Programs				Local Programs				Superman & Lois (N)				Tom Swift (N)				Local Programs				
FOX-W	Local Programs				Local Programs				Crime Scene Kitchen				I Can See Your Voice				Local Programs				
NBC-W	Local Prog.		News		Local Programs				America's Got Talent (N)				Dancing With Myself (N)		Local Prog.		Tonight Show-J. Fallon		Meyers		
PBS	Finding Your Roots		American Masters (N)				Antiques		Amanpour-Co		Finding Your Roots		American Masters		Antiques		Independent Lens				

Table with columns for time slots (4AM, 4:30, 5AM, 5:30, 6AM, 6:30, 7AM, 7:30, 8AM, 8:30, 9AM, 9:30, 10AM, 10:30, 11AM, 11:30) and rows for regions (EASTERN, CENTRAL, MOUNTAIN, PACIFIC).

PREMIUM MOVIES

Table of Premium Movies with columns for channel (HBO, MAX, SHOWTIME, STARZ, EPIC), time slot, and movie titles (e.g., The Boondock Saints II: All Saints Day, The Book Thief, Remember Me).

AMERICA'S TOP PROGRAMMING

Table of America's Top Programming with columns for channel (A&E, AMC, APB, etc.), time slot, and program titles (e.g., Fear the Walking Dead, The Walking Dead, The Voice).

Table with time slots (4AM to 11:30) and regional channels (EASTERN, CENTRAL, MOUNTAIN, PACIFIC) with corresponding program titles.

AMERICA'S TOP PROGRAMMING

Main table of TV programs including FX, FXM, GETTV, GMSHW, GOLF, GRIT, HALL, HALLDR, HALLMV, HDMOV, HERIC, HGTV, HIST, ID, IFC, LAFF, LIFE, LMN, MAGN, MGMHD, MOTOR, MSNBC, NATGEO, NGWLD, OUTD, OWN, OXYG, PARM, POP, REELZ, RFDTV, SCI, SMITH, SONY, SUND-E, SYFY, TBN, TBS, TCM, TLC, TMC-W, TNT, TRU, TRVL, TVLND, UP, USA, WE. Each row lists channel, program title, and time slot.

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Table listing network broadcast services for ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS, including program titles like Morning News, Good Morning America, and various local programs.

	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E	310	Time Traveler's Wife	The King's Man	(21, Action) Ralph Fiennes	R	(10)	The New Mutants	★★	(20)	Sam Jay	The Baby	(45)	Fast & Furious 6	(13, Action) Vin Diesel	'PG-13'			
	HBO2	312	Chaplin	(92, Biography) 'PG-13'	(45)	Pacific Rim	★★★	(13, Science Fiction) 'PG-13'	The Stepford Wives	(04) 'PG-13'	(35)	George Carlin's American Dream Part Two	Time						
	HBO3	314	Spartan	★★★	(04, Suspense) 'R'	(45)	12 Years a Slave	★★★★	(13, Historical Drama) 'R'	Time Traveler's Wife	The Secret Life of Walter Mitty	Last Week Tonight	Hitman						
MAX	HBOF	315	(10) Walking With Dinosaurs	3D	(38)	Nanny McPhee	(05, Children's) 'PG'	(17)	Space Jam: A New Legacy	(13)	Tyler Perry's Madea's Big Happy Family	West Side Story	(61)						
	MAX	307	Inside Man	★★★	(06, Suspense) 'R'	(07)	The Jewel of the Nile	★★★	(85) 'PG'	(355)	The Day After Tomorrow	(04) 'PG-13'	Riddick	(13, Science Fiction) Vin Diesel	'R'				
	5MAX	308	Endings, Beginnings	(19) 'NR'	Lonely	(149)	Happy-Go-Lucky	(08, Comedy) 'R'	(348)	Biker Boyz	★	(03) 'PG-13'	(39)	Reindeer Games	(00, Crime Drama) 'R'	R.I.P.D.			
	MMAX	309	47 Ronin	(26)	The Ruins	(08, Horror) 'R'	(157)	The Uninvited	(09) 'PG-13'	(25)	Disturbia	★★	(07) 'PG-13'	(11)	Shutter	(08, Horror) 'PG-13'	(37)	The Great Gatsby	(13)
SHOWTIME	SHO-E	318	Lamb	★★★	(21, Horror) 'R'	Cape Fear	(91, Suspense) Robert De Niro	'R'	(45)	What Breaks the Ice	(20, Drama) 'NR'	(45)	Eighth Grade	(18, Comedy-Drama) 'R'	Lady Bird				
	SHO2	320	(15) Mirror Mirror	★★★	(12, Children's) 'PG'	Black Famous	The Love Guru	★	(08) 'PG-13'	Striptease	★★	(96, Drama) Demi Moore	'R'	Beverly Hills Cop II	(87) 'R'				
	SHOBT	321	Kevin Garnett	One & Done: Ben Simmons	(45)	Quiet Storm: The Ron Artest Story	(19)	(40)	Event Horizon	(97, Science Fiction) 'R'	(25)	Immanence	(22, Horror) 'NR'						
	SHOX	322	Slow West	(15, Western) 'R'	Fast and Furious: Death Race	(20)	Undercover Grandpa	(16) 'PG-13'	(35)	Midnight Run	★★★★	(88, Comedy) 'R'	(45)	Crank	★★★	(06, Action) 'R'			
	SHOS	323	Disaster	(45) Vox Lux	(18, Drama) Natalie Portman	'R'	(40)	Last Vegas	★★★	(13, Comedy) 'PG-13'	I Love	(455)	The First Lady	Rift (N) L Word	(45)	The L Word	Lifeline	L Word	
	TMC	327	Jobs	(13) 'PG-13'	(15)	Mother	★★★	(96, Comedy) 'PG-13'	Tinker Tailor Soldier Spy	(11, Mystery) 'R'	(15)	Small City	(21, Suspense) 'NR'	Rafiki	(18, Drama) 'NR'				
FLIX-E	333	Valkyrie	(20)	The Skulls	★	(00) 'PG-13'	(15)	The Lost Boys	(87, Horror) Jason Patric	'R'	Internal Affairs	(90, Crime Drama) 'R'	Bull Durham	(88, Romance-Comedy) 'R'					
STARZ	ENCR-E	340	The Equalizer 2	(18, Action) 'R'	(33)	Mr. Deeds	★	(02) 'PG-13'	(14)	The Last Shift	(20, Comedy-Drama) 'R'	(448)	Crooklyn	(94) 'PG-13'	(45)	Erin Brockovich	(00) 'R'		
	STARZ-E	350	12 Mighty Orphans	(1255) Gaslit	Final Days	(158)	Inferno	(16, Suspense) Tom Hanks	'PG-13'	(03)	A Journal for Jordan	★★	(21, Drama) 'PG-13'	(18)	Supercool	(21, Comedy) 'NR'			
	STRZED	352	Don't Breathe	(21, Suspense) 'R'	(33)	Cowboys & Aliens	★★★	(11) 'PG-13'	(32)	Becoming Elizabeth	(32)	The Perfect Score	(04, Drama) 'PG-13'	(06)	Boyz n the Hood	(91, Drama) 'R'			
	STRZCI	353	The Leisure Seeker	'R'	(14)	Silent Hill	★★	(06, Horror) Radha Mitchell	'R'	(23)	The Devil Has a Name	(20)	(03)	Tigerland	(00, Drama) Colin Farrell	'R'	(646)	Elle	(16) 'R'
	STRZCO	354	Johnny English	(02)	Strange Wilderness	(08) 'R'	(29)	Leap of Faith	(92, Comedy-Drama) 'PG-13'	(19)	Senseless	(98, Comedy) 'R'	(555)	Slap Shot	(77, Comedy-Drama) 'R'				
	STRZIB	355	Misfits	(34)	Here and Now	(18) 'R'	(07)	Shot Caller	(17, Crime Drama) 'R'	(10)	Girl 6	(96, Drama) Theresa Randle	'R'	Power Book II: Ghost	Power Book II: Ghost				
STRZKF	356	Heaven Is for Real	(08) Little Manhattan	(05) 'PG'	(40)	East Side Sushi	(14, Comedy-Drama) 'PG'	(28)	Explorers	★★★	(85, Children's) 'PG'	(19)	Heaven Is for Real	(14) 'PG'					
EPIX	EPIX	380	To Catch a Thief	(55) Cary Grant	(25)	Blue Chips	(94, Drama) (15)	Ordinary People	(80, Drama) Donald Sutherland	Summer Days, Summer Nights	(05) Billy the Kid								
	EPIX2	381	Silence	(45) The Marksman	(21, Action) Liam Neeson	(35)	Vampire in Brooklyn	★★	(95, Comedy) (25)	Forces of Nature	★★★	(99)	(15)	Dirty Grandpa	★	(16, Comedy)			
	EPIXH	382	Sleepy Hollow	(99, Horror) A Quiet Place Part II	(21, Horror) (10)	The Deep House	(21, Horror) (35)	Monster Trucks	(16, Adventure) Lucas Till	(20)	Clifford the Big Red Dog	(21)							
	EPIXDR	292	Virtuosity	(95, Action) The Saint	★★	(97, Action) Val Kilmer	Paycheck	(03, Science Fiction) Ben Affleck	Yours, Mine & Ours	★★	(05)	The Brady Bunch Movie	(95)						

AMERICA'S TOP PROGRAMMING

A&E	118	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Panic 9-1-1	The First 48	Underworld	The First 48	The First 48			
AHC	195	Gunslingers	Gunslingers	Gunslingers	Gunslingers	High Hitter	Weaponology USMC	Weaponology	Weaponology	Weaponology	Rangers	Weaponology	Rangers	Weaponology			
AMC	131	District 9	A Good Day to Die Hard	★★	(13, Action) Die Hard	★★★★	(88, Action) Bruce Willis, Alan Rickman	Die Hard	★★★	(90, Action) Bruce Willis							
APL	184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	I Was Prey	I Was Prey	I Was Prey	I Was Prey	I Was Prey							
AXSTV	167	Fleetwood Mac: Live in Boston	Foreigner	Music	Music	Music	Music	Top Ten	Top Ten	Top Ten	Top Ten	Top Ten	Top Ten				
BBCA	135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Police Academy	★★	(84, Comedy)						
BET	124	Black Card	Black Card	Celebrity Family Feud	Celebrity Family Feud	Martin	Martin	Movie	Ambitions	Ex-Factor	The Family Business						
BOUNCE	359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night	In the Heat of Night	In the Heat of Night	Bernie Mac	Fresh	★★★	(94, Drama) Sean Nelson, Giancarlo Esposito					
BRAVO	129	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives							
BUZZR	245	Match	Match	Concen.	Concen.	Password	Password	Super Pass, Tattletales	Press Luck	Whew!	Match	Match	Match	Match	Sale of		
CIHD	249	Model Killers	Model Killers	Model Killers	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Female Forces	Irish Luck	Female Forces				
CMT	166	Mike	Mike	Mike	Mike	King	King	King	King	King	King	King	King	King			
CNBC	208	Fast Money Halftime	The Exchange	(L)	Power Lunch	(L)	Closing Bell	(L)	Closing Bell	Overtime	(L)	Fast Money	(L)	Mad Money	(N)	Shepard Smith	
CNN	200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Jake Tapper	Jake Tapper	Situation Room	Erin Burnett	OutFront	(L)				
COM	107	South Park	South Park	South Park	South Park	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	South Park	South Park	South Park				
COMET	289	Raptor	★	(01)	The Beast of Hollow Mountain	(56, Horror) The Outer Limits	The Outer Limits	The Outer Limits	Farscape	Farscape	Buffy, Vampire Slayer						
COOK	113	Carn Eats	Carn Eats	Bizarre	Bizarre	Delicious	Delicious	Delicious	Delicious	Delicious	No Reservation	Man's Greatest Food	Man's Greatest Food				
DISC	182	Expedition Unknown	Expedition Unknown	Expedition Unknown	(N)	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	(N)	Expedition Unknown					
DFC	179	Pac-Man	Pac-Man	Littlest Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!	Cats 101	Chopped				
DISN-E	172	Big City	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Bunk'd	Jessie	Jessie	Jessie				
ENCR-W	341	Last Shift	(44) Funny Farm	★★	(88, Comedy) 'PG'	(29)	The Equalizer 2	★★	(18, Action) 'R'	(33)	Mr. Deeds	★	(02) 'PG-13'	(14)	The Last Shift	(20, Comedy-Drama) 'R'	
EWESTN	342	(05) Stagecoach	★★	(66, Western) 'NR'	The Deputy	Wanted ...	(256) Wagon Train	Laramie	Death Vall.	Tales of Wells Fargo	Rifleman	(24)	The Virginian	(41)	Smoky		
EACTN	343	The Prophecy II	(98, Horror) 'R'	(21) Bulletproof Monk	(03) 'PG-13'	Missing in Action 2	(45) The Big Hit	★★	(98, Action) 'R'	(19)	Kiss of the Dragon	(01) 'R'					
ESUSP	344	Missing in Action	(84)	(11) Fear	(96, Suspense) Mark Wahlberg	'R'	(25) L.A. Confidential	(97, Crime Drama) 'R'	(12) The Amityville Horror	(79, Horror) 'R'	(13) Wonderland	(03)					
EBLACK	345	Black Wht	(40) Stander	(03, Drama) Thomas Jane	'R'	(34) Drop Squad	(94, Drama) 'R'	(03) Idlewild	(06, Drama) André Benjamin	'R'	(06) Tortured	(08, Suspense) Cole Hauser	'R'				
ECLASS	346	Spanglish	(04) 'PG-13'	(02) For Love of the Game	★★	(99, Drama) 'PG-13'	(22) How Stella Got Her Groove Back	(98) 'R'	(29) A Knight's Tale	(01, Action) 'PG-13'	Spider						
EFAMILY	347	(03) Babe: Pig in the City	(98) 'G'	(40) The Last Unicorn	(82) 'G'	(14) Beethoven	★★	(92) 'PG'	(42) Aquamarine	★★★	(06, Children's) 'PG'	(27) Babe	(95, Children's) 'G'				
ESPN	140	SportsCenter	(L)	SportCtr	The Point	(L)	This Just In	(L)	NBA Today	(L)	NFL Live	(L)	Around	Interruption	SportsCenter	(L)	ESPN Films
ESPN2	143	First Take	(N)	SportsCenter	This Just In	Jalen	This Just In	NFL Live	Daily Wager	(L)	NFL Live						
EWTN	261	Daily Mass	Women of	At Home	Fr. Spitzer's Universe	Chaplet	Rosary	Behold	Truth	Religious	Eucharist	News	Living	Daily Mass			
FETV	82	Bewitched	Bewitched	Wagon Train	Rawhide	Gold Fever	Rawhide	Perry Mason	Perry Mason	Matlock	The Talk Show	Matlock	The Victim				
FMC	387	Movie	Movie	Movie	Movie												
FNC	205	Outnumbered	(L)	America Reports With John Roberts	The Story With Martha	Your World W/ Cavuto	The Five	(L)	Special Report	Jesse Watters	(L)						
FOOD	110	Pioneer	Pioneer	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games							
FREFM	180	The Middle	The Middle	Let's Be Cops	(14, Comedy) Jake Johnson	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office				
F51	150	The Herd with Colin Cowherd	(L)	Speak for Yourself	(L)	NASCAR Race Hub	(L)	MLB on FS1 Pregame	(L)	MLB Baseball							

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	The Hate U Give ('18, Crime Drama) <i>Amanda Stenberg</i>				Men in Black: International ★★ ('19, Science Fiction)				The Fate of the Furious ★★★ ('17, Action) <i>Vin Diesel</i>							
FXM	384	EyeWitness ('81) 'R' (:10) Gleaming the Cube ('88, Action) 'PG-13'				Upgrade ★★★ ('18, Science Fiction) 'R'				Rogue ('20, Action) <i>Megan Fox</i> 'R'							
FXM	125	Lucy Sky Cleveland Cleveland Cleveland				King of Hill King of Hill King of Hill King of Hill King of Hill				Simpsons Simpsons Simpsons Simpsons Simpsons							
GETTV	373	The Rockford Files				Walker, Texas Ranger				Walker, Texas Ranger							
GMSHW	116	Deal or No Deal		Match		Catch 21		Catch 21		25 Words		25 Words		Common		Common	
GOLF	401	Golf Today				Golf Today				Golf Central				U.S. Open Highlights			
GRIT	217	Death Vall.		Death Vall.		The Deputy		The Deputy		Tombstone		Tombstone		Masterson		Masterson	
HALL	185	South Beach Love ('21, Romance) <i>Taylor Cole</i>				Love on the Slopes ('18, Romance)				Dater's Handbook ('16, Romance-Comedy)				One Perfect Wedding ('21, Romance)			
HALLDR	186	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		The Waltons				The Waltons			
HALLMV	187	Diagnosis Murder				Diagnosis Murder				Diagnosis Murder				Diagnosis Murder			
HDMOV	130	El Dorado '88 ('15, Action) <i>Katharine Isabelle</i>				There Are No Fakes ('19, Documentary)				King Rat ★★★ ('65, War) <i>George Segal</i>				Das Boot ('81, War)			
HERIC	293	JAG The Promised Land				JAG Family Business				JAG Dangerous Game				JAG In Thin Air			
HGTV	112	Home Town Kickstart				Home Town Kickstart				Home Town Kickstart				Home Town Kickstart			
HIST	120	TBA				TBA				TBA				TBA			
ID	192	Night- Di. End				The Perfect Murder				The Perfect Murder				The Perfect Murder			
IFC	133	3's Comp.		3's Comp.		3's Comp.		3's Comp.		Raymond		Raymond		Raymond		Raymond	
LAFF	237	Nt. Court		Nt. Court		Videos		Videos		Funnest		Funnest		How I Met		How I Met	
LIFE	108	The Mentalist				The Mentalist				Castle				Castle			
LMN	109	The Secret Lives of Cheerleaders ('19, Drama)				Who Is Killing the Cheerleaders? ('20)				Webcam Cheerleaders ('21, Suspense)				Killer Grades ('21, Suspense) <i>Laurie Fortier</i>			
MAGN	111	Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper	
MGMHD	385	Young Billy Young ★★ ('69, Western)				New York, New York ★★★ ('77, Musical)				Robert De Niro, Liza Minnelli (:25) Stanley & Iris ('90, Romance) <i>Jane Fonda</i> (:40) Ronin							
MOTOR	246	Wheeler Dealers				Wheeler Dealers				Wheeler Dealers				Wheeler Dealers			
MSNBC	209	Andrea Mitchell Reports (L)		MTP Daily (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)				The Beat With		The Reid Out (L)	
NATGEO	197	Drugs, Inc.: The Fix				Drugs, Inc.: The Fix				Drugs, Inc.: The Fix				Drugs, Inc.: The Fix			
NGWLD	190	Dr. Oakley, Yukon Vet				Dr. Oakley, Yukon Vet				Dr. Oakley, Yukon Vet				Dr. Oakley, Yukon Vet			
OUTD	396	Outdr.		Bill Dance		Whitetail		Driven		Hunting		Africa		Lake		Zonas	
OWN	189	Dr. Phil		Court		Court		Court		Court		Court		Fatal Vows		Fatal Vows	
OXYG	127	Dateline: Secrets				Dateline: Secrets				Dateline: Secrets				Dateline: Secrets			
PARMT	241	Bar Rescue		(:12:52) Bar Rescue		(:1:49) Mom		(:4:5) Mom		(:15) Mom		(:44) Mom		Two Men		Two Men	
POP	117	ER				ER				ER				ER			
REELZ	299	Cops		Cops		Cops		Cops		Vegas		Vegas		Vegas		Vegas	
RFDTV	231	Market Day Report (L)				Cow Guy		Wild		Equestrian		Best Amer		Southern		Bucket List	
SCI	193	What on Earth?				Mysteries Aband.				Mysteries Aband.				What on Earth?			
SMITH	367	Air Disasters				Air Disasters				Pacific War				Pacific War			
SONY	386	Screamers: The Hunting ('09) (:42) The Detonator ('06, Action) <i>Wesley Snipes</i> 72 Hours				Ice Soldiers ('13, Action) (:44) Against All Odds ('84, Crime Drama) <i>Rachel Ward</i>											
SUND-E	358	Andy G.		Andy G.		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
SYFY	122	Gulliver's Travels (:10) Land of the Lost ('09, Comedy) <i>Will Ferrell</i>				The Transporter ('02, Action) <i>Jason Statham</i>				Olympus Has Fallen ★★★ ('13, Action) <i>Gerard Butler</i> Tomb							
TBN	260	R. Jeffress		Robert		Joyce M.		Together		Robison		Wommack		The 700 Club		David	
TBS	139	Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends	
TCM	132	Life Party Outcasts of Poker Flat (:45) Border Cafe ('37, Western)				Hollywood Cowboy (:15) Super Sleuth ('37, Comedy)				China Passage ('37) (:45) Flight From Glory ★★ ('37)							
TLC	183	Little People, Big World				Little People, Big World				Little People, Big World				The Family Chantel			
TMC-W	329	Grace and Grit ('21, Romance) <i>Mena Suvari</i> 'R'				Jobs ('13, Biography) <i>Ashton Kutcher</i> 'PG-13'				Mother ★★★ ('96, Comedy) 'PG-13'				Tinker Tailor Soldier Spy ('11, Mystery) 'R'			
TNT	138	Supernatural				Supernatural <i>Lebanon</i>				Supernatural <i>Ouroboros</i>				Supernatural			
TRU	242	World's Dumbest ...				World's Dumbest ...				World's Dumbest ...				World's Dumbest ...			
TRVL	196	Woo.- Haunted				Woo.- Haunted				Woo.- Haunted				Woo.- Haunted			
TVLND	106	Gunsmoke				Gunsmoke				Gunsmoke				Gunsmoke			
UP	188	Little House on Prairie				Little House on Prairie				Gilmore Girls				Gilmore Girls			
USA	105	Law & Order: SVU				Law & Order: SVU				Law & Order: SVU				Law & Order: SVU			
WE	128	NCIS <i>Internal Affairs</i>				NCIS <i>In the Zone</i>				NCIS <i>Recoil</i>				NCIS <i>About Face</i>			

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs		Local Programs		News		Local Programs		
CBS-E	Local Prog./Young & Restless		Bold		The Talk (N)		Let's Make a Deal (N)		Local Programs		Local Programs		News		Local Programs		
CW-E	Local Programs				Local Programs				Local Programs				Local Programs				
FOX-E	Local Programs				Local Programs				Local Programs				Local Programs				
NBC-E	Local Programs				Days of our Lives (N)				Local Programs				Local Programs				
METV	247*	The Waltons		Gunsmoke		Bonanza		Rifeman		Rifeman		Wagon Train		Adam-12		Adam-12	
ABC-W	Local Programs				The View (N)				Local Programs				GMA3-Need to Know				
CBS-W	Local Programs				The Price Is Right (N)				Young & Restless				Local Prog./Bold				
CW-W	Local Programs				Local Programs				Local Programs				Local Programs				
FOX-W	Local Programs				Local Programs				Local Programs				Local Programs				
NBC-W	Today 3rd Hour (N)				Today-Hoda				Local Programs				Days of our Lives (N)				
PBS	Dinosaur		Clifford		Sesame St.		Donkey		Tiger		Go Luna		Nature Cat		Wild Kratts		

Wednesday, June 15

☉ = LIVE SPORTS
MOVIES
MOVIE PREMIERE


EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

HBO	HBO-E 310	Irma Vep	Irma Vep	Daybreakers ('09, Horror) 'R'	(40) Barry	(12:10) Gentleman Jack	(25) The French Dispatch ('21) 'R'	(15) Irma Vep								
HBO	HBO2 312	Time Traveler's Wife	Admission ('13, Comedy-Drama) 'PG-13'	Baby (N)	Irma Vep (N)	Sam Jay	(45) The Janes ('22, Documentary) 'NR'	Shiva Baby ('20, Comedy) 'NR'								
HBO	HBO3 314	Hitman's Wife	TBA				(25) Miami Vice ★★ ('06, Crime Drama) 'R'	Sam Jay	(10) The Hunter ('11, Drama) <i>Willem Dafoe</i> 'R'							
HBO	HBOF 315	West Side Story ('61, Musical) 'NR'	(32) View From the Top ('03)	The Last Five Years ('14) 'PG-13'	(34) The Confirmation ('16) <i>Clive Owen</i> 'PG-13'	(16) The East ★★ ('13) 'PG-13'										
MAX	MAX 307	The Way, Way Back ('13) 'PG-13'	(45) The Incredible Burt Wonderstone ('13)	(27) Miss March ★ ('09) 'R'	(12:58) Bad News Bears ('05, Comedy) 'PG-13'	(2:53) Super 8 ('11)										
5MAX	5MAX 308	R.I.P.D. ('13) 'PG-13'	Win Win ★★ ('11, Comedy-Drama) 'R'	(10:46) Serving Sara ('02) 'PG-13'	(26) Adventureland ('09) 'R'	Cheech & Chong's Up in Smoke Backtrack										
MMAX	MMAX 309	The Great Gatsby	Vanilla Sky ★★ ('01, Suspense) <i>Tom Cruise</i> 'R'	(16) Imperium ('16, Suspense) 'R'	(05) Taken 2 ('12, Action) 'PG-13'	(44) Death Warrant ★★ ('90) 'R'										
SHOWTIME	SHO-E 318	Lady Bird ('17) 'R'	Still Alice ('14, Drama) 'PG-13'	(45) Gloria Bell ('18, Romance-Comedy) 'R'	Zola ★★ ('20, Comedy) 'R'	Desus	Hot Summer Nights ('17) 'R'									
SHOWTIME	SHO2 320	(15) Demonic ★★ ('21, Science Fiction) 'R'	Stillwater ★★ ('21, Drama) <i>Matt Damon</i> 'R'	Desus	Basic Instinct ★★ ('92, Suspense) 'R'	(10) Aquasplash ('19)										
SHOWTIME	SHOBET 321	In Fabric ('18, Horror) <i>Sidsa Babett Knudsen</i> 'R'	Man Who Fell	VICE	The Challenger ('15) 'PG-13'	(15) American Hero ★★ ('16, Comedy-Drama) <i>Sasha Lane</i> 'R'										
SHOWTIME	SHOX 322	(15) Swingers ('96, Comedy) <i>Jon Favreau</i> 'R'	Bellator MMA 275: <i>Mousasi vs. Vanderford</i>	VICE	Love the One You Love ('14) 'NR'	Pulp Fiction ('94, Crime Drama) 'R'										
SHOWTIME	SHOS 323	L Word	L Word Mississippi: Hate the Sin	Queer as Folk	Queer/Folk (40) Queer as Folk	Queer as Folk	Spotlights	Hereditary ('18, Horror) <i>Toni Collette</i> 'R'								
SHOWTIME	TMC 327	Waves ('19, Drama) <i>Kelvin Harrison Jr.</i> 'R'	(15) Moonlight ('16, Drama) <i>Mahershala Ali</i> 'R'	(12:10) Finding Forrester ('00, Drama) <i>Sean Connery</i> 'PG-13'	Ask the Dust ('06, Romance) 'R'											
FLIX-E	FLIX-E 333	Labyrinth ('86, Fantasy) 'PG'	(45) Desperately Seeking Susan ('85) 'PG-13'	Monsoon Wedding ('01, Comedy-Drama) 'R'	Hav Plenty ★★ ('97) 'R'	Jimmy Hollywood 'R'										
STARZ	ENCR-E 340	Erin Brockovich ('00)	The Equalizer 2 ★★ ('18, Action) 'R'	(04) One Fine Day ('96, Romance-Comedy) 'PG'	(12:56) Crooklyn ★★ ('94, Drama) 'PG-13'	(2:53) French Exit ('20)										
STARZ	STARZ-E 350	Concussion ('15, Drama) <i>Will Smith</i> 'PG-13'	Becoming Elizabeth	(02) Jumanji: Welcome to the Jungle ('17)	(05) Becoming Elizabeth	(07) Scarface ('83, Crime Drama) <i>Al Pacino</i> 'R'										
STARZ	STRZED 352	P-Valley	(06) American Wedding ('03) 'R'	(45) P-Valley	(11:51) American Reunion ('12, Comedy) 'R'	(1:47) Boyz n the Hood ('91) 'R'	Hannibal									
STARZ	STRZCI 353	Elle ('16, Suspense) 'R'	<i>Gaslit Final Days</i> (N)	The White Crow ('18, Biography) 'R'	(12:11) Playing by Heart ('98, Drama) 'R'	To Decadence With Love, Thanks Kill										
STARZ	STRZCO 354	The Money Pit ('86, Comedy) 'PG'	(33) Strange Wilderness ('08) 'R'	Venom: Let There Be Carnage ('20) 'PG-13'	(40) Ghostbusters: Afterlife ★★ ('21, Comedy) 'PG-13'	(2:46) Mom and Dad										
STARZ	STRZIB 355	Power Book II: Ghost	(09) Next Day Air ★★ ('09) 'R'	The Fan ('96, Suspense) <i>Robert De Niro</i> 'R'	(29) P-Valley (N)	(35) Men of Honor ('00, Biography) <i>Robert De Niro</i> 'R'										
STARZ	STRZKF 356	Dreambuilders ('20) 'NR'	(22) East Side Sushi ('14) 'PG'	(10) Little Manhattan ('05) 'PG'	(42) Agent Cody Banks 2: Destination London	(24) Heaven Is for Real ('14) 'PG'										
EPIX	EPIX 380	Respect ★★ ('21, Biography) <i>Jennifer Hudson</i>	(25) Nebraska ('13, Drama) <i>Bruce Dern</i>	(20) Flight ('12, Drama) <i>Denzel Washington</i>	(40) Billy the Kid	Sex Life										
EPIX	EPIX2 381	The Lost City ★★ ('22, Romance-Comedy)	(9:55) The Addams Family 2 ('21)	Anchorman 2: The Legend Continues ('13)	(35) Bill & Ted's Bogus Journey	Win a Date										
EPIX	EPIXH 382	Sonic the Hedgehog 2 ★★ ('22, Comedy)	(05) Galaxy Quest ('99, Comedy) <i>Tim Allen</i>	(11:50) Star Trek Into Darkness ('13) <i>Chris Pine</i>	(05) Clifford the Big Red Dog ('21)	How It										
EPIX	EPIXDR 292	The Preacher's Wife ★★ ('96, Fantasy)	(05) Mermaids ('90, Comedy-Drama) <i>Cher</i>	In & Out ('97, Comedy) <i>Kevin Kline</i>	(35) The Brady Bunch Movie ('95)	Wuthering Heights										

AMERICA'S TOP PROGRAMMING

A&E	118	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48
AHC	195	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends
AMC	131	Die Hard With a Vengeance ★★ ('95, Action) <i>Bruce Willis</i>	Live Free or Die Hard ★★ ('07, Action) <i>Bruce Willis, Justin Long</i>	Fear the Walking Dead	Fear the Walking Dead											
APL	184	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego
AXSTV	167	Music's	Music's	Mr. Dynamite: The Rise of James Brown	Mr. Dynamite: The Rise of James Brown	Legends	Legends									
BBCA	135	(15) Major League ★★ ('89, Comedy) <i>Tom Berenger</i>	(45) Police Academy ★★ ('84, Comedy) <i>Steve Guttenberg</i>	Major League ★★ ('89, Comedy) <i>Tom Berenger</i>	Monty											
BET	124	Celebrity Family Feud	Tyler Perry's Sistas (N)	All the Queen's Men (N)	Tyler Perry's Sistas	All the Queen's Men	Martin	Martin	Martin	Martin	Prince	Prince				
BOUNCE	359	Half Past Dead ★ ('02, Action) <i>Steven Seagal</i>	Marked for Death ('90, Action) <i>Steven Seagal</i>	The Taking of Pelham 123 ('09, Action)	Exposed ★ ('16, Suspense) <i>Ana de Armas</i>											
BRAVO	129	Real Housewives	Housewives of Dubai	Watch	Real Housewives	Housewives of Dubai	Housewives-Atlanta	Vanderpump Rules	Vanderpump Rules	Vanderpump Rules	Watch					
BUZZR	245	Concentrat	Password	Sweep	Card	Match-Squares	Concentrat	Password	Sweep	Card	Match-Squares	Concen.	Concen.	FamFeud	FamFeud	
CIHD	249	Paranormal	Paranormal	Paranormal	Paranormal	Female Forces	Female Forces	<i>Bulls-Eye</i>	Paranormal	Paranormal	Paranormal	Paranormal	Female Forces	Female Forces	<i>Bulls-Eye</i>	
CMT	166	Last Man	Last Man	Last Man	Last Man	CMT Crossroads (N)	CMT Crossroads	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Housewife	Housewife
CNBC	208	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shepard Smith	American Greed	Dateline	Dateline	<i>The Silhouette</i>						
CNN	200	Anderson Cooper 360 (L)	CNN Tonight (L)	Don Lemon Tonight (L)	Don Lemon Tonight (L)	Anderson Cooper 360	CNN Tonight	Don Lemon Tonight	Don Lemon Tonight	Don Lemon Tonight	Don Lemon Tonight	Don Lemon Tonight	Don Lemon Tonight	Don Lemon Tonight	Don Lemon Tonight	Don Lemon Tonight
COM	107	South Park	South Park	South Park	South Park	Daily Show	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park
COMET	289	Buffy, Vampire Slayer	The X-Files	<i>E.B.E.</i>	The X-Files	<i>Miracle Man</i>	The X-Files	<i>Shapes</i>	The X-Files	Quantum Leap	Quantum Leap	Paid Programs				
COOK	113	Burgers	Burgers	Burgers	Burgers	Food Paradise	Food Paradise	Burgers	Burgers	Burgers	Burgers	Food Paradise	Food Paradise			
DISC	182	Expedition Unknown (N)	Expedition Unknown	Expedition Unknown	Expedition Unknown											
DFC	179	Chopped	Chopped	Chopped	Chopped	Chopped	Chopped	Chopped	Chopped		Buddy's Bakery Rescue	Ultimate Cake Off				
DISN-E	172	Big City	Big City	Big City	Big City	Owl Hse.	Amphibia	Big City	Big City	Jessie	Bunk'd	Raven	Raven	Cali Style	Cali Style	Austin
ENCR-W	341	Crooklyn ('94, Drama) 'PG-13'	(45) Erin Brockovich ★★ ('00, Drama) <i>Julia Roberts</i> 'R'	The Equalizer 2 ★★ ('18, Action) 'R'	(04) One Fine Day ('96, Romance-Comedy) 'PG'											
EWESTN	342	Smoky ★★ ('66, Western) 'NR'	(25) Paint Your Wagon ('69, Musical Comedy) 'PG-13'	(12:01) The Mark of Zorro ('74)	(16) Broken Arrow ('50) 'NR'	(2:50) Showdown ('73)										
EACTN	343	Repo Men ('10, Science Fiction) <i>Jude Law</i> 'R'	(9:54) Mr. & Mrs. Smith ('05, Action) 'PG-13'	(11:56) The Prophecy II ('98) 'R'	(24) D.E.B.S. ('04, Comedy) 'PG-13'	SEAL Team Six: Raid										
ESUSP	344	Wonderland ('03) 'R'	Missing in Action ('84, War) 'R'	(44) L.A. Confidential ('97, Crime Drama) <i>Kevin Spacey</i> 'R'	(04) Pan's Labyrinth ('06, Fantasy) 'R'	Marine 4										
EBLACK	345	Black or White ★★ ('14, Drama) 'PG-13'	Underclassman ★★ ('05) 'PG-13'	(36) Escape Room ★★ ('19, Horror) 'PG-13'	(20) Carlito's Way: Rise to Power	(2:56) Arena ('11) 'R'										
ECLASS	346	Spider-Man: Homecoming ('17) 'PG-13'	<i>Rescue Me Bitch</i>	(11) Damages	(12:01) The Mexican ('01, Comedy-Drama) 'R'	(08) Trapped ('02, Suspense) <i>Charlize Theron</i> 'R'										
EFAMILY	347	Babe: Pig in the City ('98) 'G'	(37) House Arrest ★★ ('96, Comedy) 'PG'	(27) Jingle All the Way ('96) 'PG'	(12:58) Capture the Flag ('15) 'PG'	Pit Pony	Adv. of Tom T									
ESPN	140	30 for 30	30 for 30	30 for 30	SportsCenter	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter				
ESPN2	143	☉ Athletes Unlimited Softball (L)	UFC	☉ Athletes Unlimited Softball (L)	30 for 30	30 for 30	30 for 30									
EWTN	261	EWTN Live (N)	News	Rosary	Fr. Spitzer's Universe	Crossing	Women of	Daily Mass	EWTN Live	News	Eucharist	Life/Rock	At Home			
FETV	82	Perry Mason	Perry Mason	Emergency! <i>Dilemma</i>	Emergency! <i>Hangup</i>	B. Miller	B. Miller	Maude	Maude	Bewitched	Bewitched	Beaver	Beaver			
FMC	387	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie							
FNC	205	Tucker Carlson Tonight (L)	Hannity (L)	The Ingraham Angle (L)	Giuffel! (N)	Guy News at Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle							
FOOD	110	Guy's Grocery Games	Guy's Grocery Games (N)	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games
FREFM	180	The Office	The Office	The Office	The Office	The Office	The Office	The 700 Club	Simpsons	Simpsons	Simpsons	Simpsons	Paid Programs	The 700 Club		
FS1	150	MLB Baseball: Brewers at Mets	MLB on FS1 Postgame (L)	USFL Football	Teams TBA	USFL	TMZ (N)	MLB Baseball								

Table with 17 columns representing time slots from 8PM to 12:30 AM across four time zones: Eastern, Central, Mountain, and Pacific.

AMERICA'S TOP PROGRAMMING

Main programming grid table with columns for channel, time, and program title. Includes shows like FX's Jumanji, FXM's X-Men, and various other network offerings.

LOCAL NETWORKS

Table listing local network programming for various channels including ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES

HBO	HBO-E 310	(15) Hugo ★★★ (‘11, Adventure) Ben Kingsley ‘PG’	(20) Return to Me ★★★ (‘00, Romance) ‘PG’	(20) Love & Mercy (‘14, Biography) ‘PG-13’	(25) Cry Macho (‘21) ‘PG-13’				
	HBO2 312	Gone Baby Gone ★★★ (‘07, Mystery) ‘R’	(5:50) Hellboy ★★★ (‘04, Fantasy) ‘PG-13’	(7:55) Tyler Perry’s Why Did I Get Married? (9:55) Next ★★ (‘07) ‘PG-13’	Ron				
HBO5 314	Rules of Engagement ★★ (‘00, Drama) ‘R’	(05) Red (‘10, Action) Bruce Willis ‘PG-13’	Australia ★★ (‘08, Adventure) Nicole Kidman ‘PG-13’	(10:50) El cantante ‘R’					
HBOF 315	(12) Rango ★★★ (‘11, Children’s) ‘PG’	K’garten	Happy	Curious	Crashbox	Classical	We Are the Dream	(37) All Dogs Go to Heaven (‘89)	Americano (‘16) ‘G’
MAX	MAX 307	(45) I’m Gonna Git You Sucka (‘88) ‘R’	Master and Commander: The Far Side	(36) Reservation Road ★★ (‘07, Drama) ‘R’	(19) Rambo III (‘88, Action) ‘R’				
	5MAX 308	Backtrack (‘15) ‘R’	(10) Nothing but Trouble (‘91)	(44) Promised Land ★★ (‘12, Drama) ‘R’	(31) Hangman (‘17, Suspense) ‘R’	(11) The Birdcage ★★★ (‘96, Comedy) ‘R’			
MMAX 309	(13) The Counselor ★★ (‘13, Suspense) ‘R’	(11) Robin Hood (‘10, Adventure) ‘PG-13’	(08) Something New ★★ (‘06) ‘PG-13’	(9:49) City Hall (‘96, Drama) ‘R’	(41) Freaky				
SHOWTIME	SHO-E 318	(20) Out of Africa (‘85, Romance) Meryl Streep ‘PG’	Mirror Mirror (‘12, Children’s) ‘PG’	Spotlights	Up in the Air (‘09, Comedy-Drama) ‘R’	Cider House			
	SHO2 320	Aquaslash Moon Manor (‘21) ‘NR’	(10) Congo (‘95, Action) Dylan Walsh ‘PG-13’	Broadcast Signal Intrusion (‘21)	(45) Black Sheep (‘96) ‘PG-13’	(15) Flashdance (‘83)			
SHOBET 321	Dean Smith	The Fists (‘15) ‘NR’	(15) Under the Volcano (‘21) Sting ‘NR’	(7:50) Memphis (‘13)	(10) August the First (‘07) ‘NR’	The Evers (‘20, Documentary) ‘NR’			
SHOX 322	Pulp Fiction (‘94) ‘R’	(05) Swingers (‘96, Comedy) ‘R’	(40) Low Tide (‘19, Drama) ‘R’	(10) Drop Zone (‘94, Action) Wesley Snipes ‘R’	Barely Lethal (‘15, Action) ‘PG-13’	Fast			
SHOS 323	(10) Billionaire Boys Club (‘18, Suspense) ‘R’	Some Kind of Wonderful (‘87)	(45) Hide and Seek (‘21) ‘R’	(10) First Cow ★★ (‘19, Western) ‘PG-13’	Spotlights	Into Blue			
TMC 327	Ask Dust (‘96, Comedy) ‘PG-13’	(15) Meek’s Cutoff ★★ (‘10, Western) ‘PG’	Megalodon Rising (‘21) ‘NR’	Cut Bank (‘14, Suspense) ‘R’	(15) 48 HRS. (‘82) ‘R’				
FLIX-E 333	Jimmy Hollywood ‘R’	The Skulls III ★★ (‘03) ‘PG-13’	(45) Texas Rangers ★ (‘01, Western) ‘PG-13’	(20) An Ideal Husband (‘99)	An Officer and a Gentleman (‘82, Drama) ‘R’				
STARZ	ENCR-E 340	(4:48) French Exit (‘20) ‘R’	(21) Rebound (‘05, Children’s) ‘PG’	Family That Preys	(43) Venom (‘18, Action) Tom Hardy ‘PG-13’	Erin Brock			
	STARZ-E 350	(83) Scarface (‘83) ‘R’	12 Mighty Orphans (‘21) Luke Wilson ‘PG-13’	Cinderella (‘15, Children’s) Cate Blanchett ‘PG’	(8:50) Show Me the Father (‘21)	Jumanji: Welcome to the Jungle			
STRZED 352	Hannibal (‘01, Suspense) Anthony Hopkins ‘R’	(5:54) The Perfect Score ★★ (‘04)	The Amityville Horror (‘05) ‘R’	Basic ★★ (‘03, Suspense) ‘R’	(40) Charlie’s Angels (‘00) ‘PG-13’				
STRZCI 353	Kill Your Darlings ‘R’	(02) Easy Virtue (‘08) ‘PG-13’	(40) American Hustle (‘13, Crime Drama) Christian Bale ‘R’	Outlander	(06) Outlander	(12) The Duchess (‘08)			
STRZCO 354	(14) Meet the Parents (‘00, Comedy) ‘PG-13’	(04) A Good Man in Africa (‘94)	(41) Things Are Tough All Over	(13) Mom and Dad (‘17) ‘R’	(39) Tremors 2: Aftershocks (‘96)				
STRZIB 355	Just Another Girl on the I.R.T. ‘R’	(26) The Misfits (‘21, Action) ‘R’	Stomp the Yard: Homecoming (‘33)	Men of Honor ★★ (‘00, Biography) ‘R’	(44) On These Grounds (‘21) ‘NR’				
STRZKF 356	(05) Kidco (‘84, Comedy) Scott Schwartz ‘PG’	(5:51) Dreambuilders	(13) Flipper (‘96, Children’s) Elijah Wood ‘PG’	Charmers	(40) Cowgirls ’n Angels (‘12) ‘PG’	(14) East Side Sushi			
EPIC	EPIX 380	(35) Sex Life	(05) The Babysitter (‘95, Suspense)	(05) The Conversation (‘74, Suspense)	The Festival (‘18, Comedy)	(40) Jungleland (‘19, Drama)	(10) Respect (‘21)		
	EPIX2 381	Win a Date	(4:55) Billy the Kid	(5:50) Rumble (‘21, Children’s)	The Space Between (‘21)	(15) A Hologram for the King (‘16) Tom Hanks	The Addams Family 2		
EPIXH 382	How It Ends (‘21)	(10) Horizon Line (‘20, Suspense)	(45) True Grit ★★ (‘69, Western) John Wayne	(8:55) Bernie the Dolphin 2 (‘19)	(35) Sonic the Hedgehog 2 (‘22)				
EPIXDR 292	Wuthering (‘35) Stealth ★★ (‘05, Action) Josh Lucas	(40) Shine a Light (‘08, Documentary)	(45) Hardball ★ (‘01, Drama) Keanu Reeves	(35) The Preacher’s Wife (‘96)					

AMERICA’S TOP PROGRAMMING

A&E 118	Paid Programs	Prince	Paid Prog.	Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	Parking	Interrogation Raw	Interrogation Raw			
AHC 195	Weaponology Artillery	Weaponology Rangers	What History Forgot	What History Forgot	What History Forgot	What History Forgot	Air Aces	Air Aces	Air Aces	Air Aces	Air Aces	Air Aces	Air Aces			
AMC 131	(12) The Walking Dead	Laura	Stooges	Paid Programs	Stooges	A Good Day to Die Hard ★★ (‘13, Action)	Karate II									
APL 184	I Was Prey	I Was Prey	Too Cute!	My Cat From Hell	The Crocodile Hunter	Secret Life-Zoo	The Zoo	Treehouse Masters								
AXSTV 167	Paid Programs	The Big Interview	The Big Interview	The Big Interview	Jane’s Addiction											
BBCA 135	Monty Python and the Holy Grail	M. Python	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next								
BET 124	Browns	Browns	Browns	Browns	Payne	Payne	Martin	Martin	Martin	Martin	black-ish	black-ish	Live Single	Black Card		
BOUNCE 359	Scandal	The Real	Wendy Williams Show	Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	Court	Court	Paternity	Paternity				
BRAVO 129	Kelly Clarkson	Paid Programs	Ocean’s Eleven (‘01, Comedy-Drama)	George Clooney	Southern Charm	Southern Charm	Southern Charm	Southern Charm								
BUZZR 245	Match	Match	Match	Match	Paid Programs	J. Prince	Tell Truth	My Line?	Sale of	Sweep	Body Lang.	Blockbust	Match-Squares			
CIHD 249	Paranormal	Paranormal	Paranormal	Paranormal	Paid Programs	American Justice	American Justice	Nightwatch	Nightwatch							
CMT 166	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne				
CNBC 208	Shepard Smith	Worldwide Exchange (L)	Squawk Box (L)	Squawk on the Street (L)	TechCheck (L)											
CNN 200	CNN Newsroom Live (L)	Early Start w/Romans	New Day With	New Day With	New Day With	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	At This Hour-Kate				
COM 107	South Park	South Park	South Park	South Park	Futurama	Futurama	Futurama	Futurama	South Park	South Park	South Park	South Park	South Park			
COMET 289	Paid Programs	Hercules ★ (‘83, Adventure) Lou Ferrigno	Adventure-Herc													
COOK 113	Paid Programs	Beach Bites	Beach Bites	Yum-Yum	Yum-Yum	Food Paradise	Food Paradise	Food Paradise								
DISC 182	Diesel Brothers (N)	Diesel Brothers (N)	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.							
DFC 179	BathCrash	BathCrash	Gl Joe	Gl Joe	Monsters	Monsters	Pac-Man	Beast	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony	Monsters	Monsters
DISN-E 172	Austin	Bunk’d	Bunk’d	Big City Greens	Ladybug	Ladybug	Ladybug	Ladybug								
ENCR-W 341	Crooklyn (‘94, Drama) Alfre Woodard ‘PG-13’	(5:53) French Exit (‘20, Comedy-Drama) ‘R’	(7:48) The Last Shift (‘20) ‘R’	(21) Rebound (‘05, Children’s) ‘PG’	Family That Preys											
EWESTN 342	Show	Paint Your Wagon ★★ (‘69, Musical Comedy) ‘PG-13’	(05) Comanche Territory (‘50) ‘NR’	(22) Johnson County War (‘02)	(9:53) Johnson County War (‘02)	Paint Your										
EACTN 343	SEAL 6	Rise of the Planet of the Apes	(15) The Prophecy II (‘98) ‘R’	(40) Haywire (‘11, Action) ‘R’	(14) McHale’s Navy ★ (‘97, Comedy) ‘PG’	(05) Twelve Monkeys										
ESUSP 344	Marine 4	(37) The Air I Breathe (‘07) ‘R’	(14) 3 Days to Kill ★★ (‘14, Action) ‘PG-13’	(13) L.A. Confidential (‘97, Crime Drama) Kevin Spacey ‘R’	(33) The Marine 4: Moving Target											
EBLACK 345	Arena ‘R’	The Adventures of Pluto Nash	(10) Underclassman (‘05, Comedy) ‘PG-13’	(7:46) The Soloist (‘09) ‘PG-13’	(45) The Great White Hype (‘96, Comedy) ‘R’	Critical										
ECLASS 346	Patton ★★ (‘70, War) George C. Scott, Karl Malden ‘PG’	(6:50) You Got Served (‘04) ‘PG-13’	(28) Dead Man’s Walk (Part 1 of 3)	Dead Man’s Walk (Part 2 of 3)	Dead Man’s Walk (Part 3 of 3)											
EFAMILY 347	Adv Tom	(40) Conni and the Cat (‘20) ‘NR’	Big Bad Fox and Other Tales	Adv. of Tom T	(43) Capture the Flag (‘15, Children’s) ‘PG’	(19) Candy Planet	Open Sn									
ESPN 140	SportsCenter	SportsCenter	SportsCenter	SportsCenter (L)	Get Up (L)	First Take (L)										
ESPN2 143	Interruption	W. Studios	W. Studios	W. Studios	Keyshawn, JWill and Max (L)	SportsCenter (L)	SportsCenter (L)	Get Up (N)								
EWTN 261	Bob	Matthew’s	Living Right	Love	Saints	St. Michael	Rosary	Daily Mass (L)	Holy	EWTN Live	Catholic	The Church	Sacraments			
FETV 82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver	
FMC 387	Movie	Movie	Movie	Movie	Movie	Movie										
FNC 205	FOX & Friends First (L)	FOX & Friends First (L)	FOX & Friends (L)	America’s Newsroom (L)	The Faulkner Focus (L)											
FOOD 110	Ben & Jerry’s Clash	Paid Programs	Restaurant: Impossible	Chopped	Chopped	Supermarket Stakeout										
FREFM 180	Paid Programs	black-ish	black-ish	black-ish	black-ish	The 700 Club	700 Club	The Middle	The Middle	The Middle						
F51 150	MLB Baseball: Brewers at Mets	Skip and Shannon: Undisputed	First Things First (L)	Skip and Shannon: Undisputed (L)												

	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30		
EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30		
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30		
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30		
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30		
AMERICA'S TOP PROGRAMMING																		
FX	136	Mom	FXM Pres.	Paid Programs				Love, Simon ★★★ ('18, Romance-Comedy) Nick Robinson				The Hate U Give ('18, Crime Drama) Amanda Stenberg						
FXM	384	43 Faces of Eve	Champagne Charlie	How to Be Very, Very Popular (35) Daddy Long Legs ('55, Musical) 'NR'				(45) Carmen Jones ★★★ ('54, Musical) 'NR'					My Cousin					
FXM	125	Paid Programs				Lucy in the Sky ★★ ('19, Drama) Natalie Portman, Jon Hamm				Mamma Mia! Here We Go Again ('18)								
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries		Elevation	J. Prince	Paid Programs		Good Time	Good Time	Good Time	Good Time	Hart to Hart		
GMSHW	116	Paid Programs				Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America			
GOLF	401	Live From the U.S. Open				Live From the U.S. Open From Brookline, Mass. (L)				GOLF Films				GOLF Films				
GRIT	217	Paid Programs				Laramie The Dynamiters	Laramie Trial by Fire	Mohawk ★★★ ('56, Adventure) Scott Brady				Man or Gun ('58, Western) Macdonald Carey						
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		
HALLMV	187	Monk		Monk		Murder, She Wrote				Murder, She Wrote				Diagnosis Murder				
HDMOV	130	Paid Programs				King Rat ★★★ ('65, War) George Segal, Tom Courtenay				Cast a Long Shadow ★ ('59)								
HERIC	293	The District		The District		Maverick Stampede		Wanted ...	Wanted ...	Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne		
HGTV	112	Bargain Block		Bargain Block		Home Town		Home Town		Home Town		Home Town		Home Town		Good Bones		
HIST	120	Paid Programs				Amazing	Jeremiah	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	
ID	192	Twisted Sisters		Twisted Sisters		Twisted Sisters		Twisted Love		Twisted Love		Twisted Love		20/20 on ID		20/20 on ID		
IFC	133	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	
LAFF	237	Paid Programs				Videos	Funnest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court	
LIFE	108	Paid Programs				Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Mentalist		
LMN	109	Paid Programs				Killer Reputation ('19, Suspense) Mark Lawson				Stalked by a Reality Star ('18, Suspense)				InstaPsycho ('20, Suspense) Nicky Whelan				
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Maine Cabin Masters		Maine Cabin Masters		Inn-Works	Inn-Works	Inn-Works	Inn-Works	Maine Cabin Masters		
MGMHD	385	Rollerball ('75, Science Fiction) James Caan		Night Drive ★★ ('76, Suspense) (40) Firewalker ★★ ('86, Adventure) Chuck Norris		(955) Malone ★★ ('87, Action) Burt Reynolds												
MOTOR	246	Texas Metal		FantomWorks		Bitchin' Rides		Garage	Garage	Iron Resurrection		Junkyard	Junkyard	Junkyard	Junkyard	Junkyard	Junkyard	
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)				Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)				
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs				Life Below		Life Below		Life Below				
NGWLD	190	Paid Programs				The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		
OUTD	396	Shoot Gilry	Gun Stories	Guns	Rifleman	Fishing	Fishing	Outdoors	GunDogT	Am. Archer	Whitetail	Andrews	Unfathom	Nugent	Hunt	MeatEater	Lindsey	
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		
OXYG	127	Dateline		Dateline		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		
PARMT	241	Paid Programs				Bar Rescue				Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	FBI		Goldbergs		Goldbergs		Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER		
REELZ	299	Paid Programs				US Weekly		US Weekly		US Weekly		Natural	Zodiac	Conjuring	Exorcist	Fargo	Psycho	
RFDTV	231	Paid Programs				Daniel O'Donnell		Merlin Ge, Jeremiah		Rural News/AgDay (N)		Market Day Report (L)						
SCI	193	What on Earth?		What on Earth?		Universe Works		Universe Works		Unearthed-Wonders		Unearthed-Wonders		Strange Evidence		What on Earth?		
SMITH	367	Air Disasters		Air Disasters		Aerial America Oregon		Aerial America		Aerial America		America's Hidden		America's Hidden		America's Hidden		
SONY	386	Oklahoma Crude ('73) (4:47) Two-Fisted Law		Coward of the County ('81) (4:3) Good Day for a Hanging ('58, Western) (24) Texas Cyclone (44) The Wild Westerners ('62)														
SUND-E	358	Perry Mason		Perry Mason		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
SYFY	122	Paid Programs				Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Jennifer's Body ('09)		
TBN	260	Israel	Jordan Rubin	S. Furtick		Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen	
TBS	139	Wipeout		Matters	Matters	Matters	Matters	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	
TCM	132	(15) Kramer vs. Kramer ('79, Drama)		(15) Jezebel ★★★ ('38, Drama) Bette Davis (15) The Little Foxes (41, Drama) Bette Davis (15) Mrs. Miniver (42, Drama) Greer Garson														
TLC	183	OutDaughtered		OutDaughtered		I Love a Mama's Boy		I Love a Mama's Boy		I Love a Mama's Boy		I Love a Mama's Boy		Seeking Sister Wife		Seeking Sister Wife		
TMC-W	329	Finding Forrester ('00) 'PG-13'		Ask the Dust ('06, Romance) Colin Farrell 'R'		Mother ('96, Comedy) 'PG-13'		(15) Meek's Cutoff ★★★ ('10, Western) 'PG'		Megalodon Rising								
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed Blind Sided		Charmed		Charmed Love Hurts		Charmed		Supernatural		Supernatural		
TRU	242	Paid Programs				Ad. Ruins				Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers		
TRVL	196	Paid Programs				UFO Hunters				Hometown Horror		Hometown Horror		Hometown Horror		Hometown Horror		
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs				M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		
UP	188	Paid Programs				Heartland		Heartland Fairytale		Heartland				Highway to Heaven		Highway to Heaven		
USA	105	Law & Order: SVU		Law & Order: SVU		Miz & Mrs	NCIS: Los Angeles	NCIS Bury Your Dead		NCIS Family		2022 U.S.		Open Golf Championship		First Round (N)		
WE	128	Growing Up Hip Hop		Paid Programs				Brat Loves Judy				Law Order: CI						
NETWORKS																		
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																		
ABC-E	Morning		Morning		Morning		Morning		Good Morning America (N)				Local Programs			The View (N)		
CBS-E	CBS Overnight News (N)		News		News		News		CBS Mornings (N)				Local Programs			The Price Is Right (N)		
CW-E	Local Programs				Local Programs													
FOX-E	Local Programs				Local Programs				Local Programs				Local Programs					
NBC-E	Local Programs				Local Programs				Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	(05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock (Part 2 of 2)		In the Heat of Night		
ABC-W	Local Programs				ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)			
CBS-W	◀Corden	Local Prog.		CBS Overnight News (N)				News				News		News		CBS Mornings (N)		
CW-W	Local Programs				Local Programs				Local Programs				Local Programs					
FOX-W	Local Programs				Local Programs				Local Programs				Local Programs					
NBC-W	◀Meyers	News	Top Story With		Early Tdy	Local Programs				Local Programs				Today (N)				
PBS	◀Masters	Antiques	Finding Your Roots		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St./Pinkalicious			

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E 310	(10) Gentleman Jack It's Not Illegal (25) Babylon A.D. '08 'PG-13' The Incredible Hulk '08, Action 'PG-13' (4:55) Limitless '11 'PG-13' Time Traveler's Wife Barry
	HBO2 312	Ron's Gone Wrong '21 'PG' (25) West Side Story '21, Musical Ansel Elgort 'PG-13' (05) The Eyes of Tammy Faye '21 'PG-13' (15) The Janes '22, Documentary 'NR'
	HBO3 314	Cantante (45) After the Sunset ★★ '04 'PG-13' (25) The Mighty Quinn '89 'R' (10) Free Guy ★★ '21, Action 'PG-13'
	HBOF 315	Amante (29) Jungle Master '13 'PG' (1:52) Space Chimps (13) Racing Stripes ★★ '05, Children's 'PG' (4:55) The Mummy '99, Adventure 'PG-13' Dune '21 'PG-13'
	MAX	MAX 307
5MAX	5MAX 308	(11) Street Kings ★★ '08, Crime Drama 'R' The Incredible Burt Wonderstone (41) Driving Miss Daisy ★★ ★★ '89 'PG' (20) Things We Lost in the Fire '07 'R' 28 Weeks
MMAX	MMAX 309	Freaky ★★ ★★ '20, Horror 'R' Seeking a Friend (05) News of the World '20, Western 'PG-13' (04) Promising Young Woman '20 'R' (6:58) A Simple Plan
SHOWTIME	SHO-E 318	Cider House (05) Florence Foster Jenkins '16 'PG-13' Spotlights (20) The Lovers ★★ ★★ '17 'R' Up in the Air '09, Comedy-Drama 'R' Couples Pulp
	SHO2 320	Flashdance '83 'R' (12:50) Dating & New York '21 'R' (25) Lady Bird ★★ ★★ '17 'R' The Green Knight '21, Fantasy Dev Patel 'R' (10) Lamb '21, Horror Noomi Rapace 'R'
	SHOBET 321	(05) The Long Shadow '20 'NR' (40) Waves '19, Drama Kelvin Harrison Jr. 'R' Morris From America '16 'R' Kevin Garnett: Anything Is Possible Kobe
	SHOX 322	Fast and Fierce (05) Unearth '20, Horror 'NR' (40) Slow West '15, Western 'R' (05) The Rover '14, Drama Guy Pearce 'R' Drop Zone ★★ '94, Action 'R' Shooter 'R'
	SHOS 323	Into the Blue ★★ '05 'PG-13' Internal Affairs '90, Crime Drama 'R' Hello I Must Be Going '12 'R' (05) VICE (35) The L Word The L Word Latecomer L Word
	TMC 327	48 HRS. '82 'R' Another 48 HRS. '90, Action 'R' (45) Beverly Hills Cop '84, Comedy 'R' Beverly Hills Cop II '87 'R' (15) Beverly Hills Cop III '94, Comedy 'R'
	FLIX-E 333	(05) Yanks ★★ ★★ '79, Romance Richard Gere 'R' Kinky Boots '05, Comedy-Drama 'PG-13' Material Girls ★ '06 'PG' (15) Mother ★★ ★★ '96, Comedy 'PG-13'
STARZ	ENCR-E 340	Erin Brockovich '00, Drama Julia Roberts 'R' (1:50) Rebound ★★ '05 'PG' (19) French Exit ★★ '20 'R' (13) Regarding Henry '91, Drama 'PG-13' (04) Venom ★★ '18'
	STARZ-E 350	Jumanji (28) Becoming Elizabeth Long Weekend '21, Romance 'PG' (05) A Mouthful of Air '21, Drama 'R' (4:54) The Replacement Killers 'R' (26) A Time to Kill '96, Drama 'R'
	STRZE 352	(20) Tomorrowland '15, Science Fiction 'PG' (32) Moulin Rouge '01, Musical 'PG-13' (42) Gaslit Final Days (N) (43) Captain Phillips '13, Docudrama Tom Hanks 'PG-13'
	STRZCI 353	The Duchesse '08 (05) Gaslit Final Days (06) American Hustle '13, Crime Drama Christian Bale 'R' (27) The Last Vermeer '19, Drama 'R' (28) Easy Virtue '08 'PG-13'
	STRZCO 354	Tremors 2 (21) Meet the Parents '00 (11) Smokin' Aces '07, Action Ben Affleck 'R' (02) In Good Company ★★ ★★ '04 'PG-13' (5:54) Ghostbusters: Afterlife '21 'PG-13'
	STRZIB 355	Grounds (28) Tales From the Hood '95 'R' (08) Meeting Evil ★ '11 'R' (39) Men of Honor '00, Biography Robert De Niro 'R' Power Book II: Ghost Power Book II: Ghost
STRZKF 356	East Side Sushi '14 (02) Firehouse Dog ★★ '07, Children's 'PG' (2:55) Big '88, Children's 'PG' (41) Cowgirls 'n Angels '12 'PG' (14) Kidco '84, Comedy Scott Schwartz 'PG'	
EPIX	EPIX 380	Respect ★★ '21, Biography (35) Dear White People '14, Comedy-Drama (25) Head of State '03, Comedy (05) Office Space '99, Comedy (35) Like a Boss '20, Comedy
	EPIX2 381	Addams 2 Anchorman 2: The Legend Continues (13) Spell '20, Horror Omari Hardwick (05) Gretel & Hansel '20, Horror (35) A House on the Bayou '21 (05) Billy the Kid
	EPIXH 382	Sonic 2 (40) Galaxy Quest '99, Comedy Tim Allen (25) Star Trek Into Darkness '13 Chris Pine (40) Shaft '00, Action Samuel L. Jackson (20) Snake Eyes '98, Suspense)
	EPIXDR 292	Preacher (40) Mermaids '90, Comedy-Drama Cher (35) In & Out '97, Comedy (10) Elizabethtown '05, Comedy-Drama (15) Election '99, Comedy Matthew Broderick

AMERICA'S TOP PROGRAMMING

A&E 118	Interrogation Raw	First Blood	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	Truly Lost
AHC 195	Freemasons: Decoded	America's Bunkers	Brothers Built America	Alcatraz: Beyond	Inside Secret Societies	Inside Secret Societies	Manhunt: Kill	El Chapo: Caught!		
AMC 131	The Karate Kid Part II ★★ ★★ '86, Drama	Die Hard With a Vengeance ★★ ★★ '95, Action	<i>Bruce Willis</i>	Live Free or Die Hard ★★ ★★ '07, Action	<i>Bruce Willis, Justin Long</i>					
APL 184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees	Lone Star Law	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch
AXSTV 167	JA Addiction	Stone Temple Pilots	Soundgarden	IMPACT Wrestling (N)						IMPACT in 60 (N)
BBCA 135	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next
BET 124	Black Card	Black Card	Celebrity Family Feud	Celebrity Family Feud	Martin	Martin	Movie	Ambitions	The Family Business	
BOUNCE 359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night	In the Heat of Night	Bernie Mac	Training Day '01, Crime Drama	<i>Denzel Washington</i>	
BRAVO 129	Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm	Southern Charm
BUZZR 245	Match	Match	Concen.	Concen.	Password	Password	Super Pass	Tattletales	Press Luck	Whew!
CIHD 249	Bordertown	Bordertown	Bordertown	Bordertown	Bordertown	Bordertown	Crime 360	Crime 360	<i>Bad Blood</i>	Crime 360 <i>Full House</i>
CMT 166	Mike	Mike	Mike	Mike	King	King	King	King	King	King
CNBC 208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)	Closing Bell (L)	Closing Bell (L)	Closing Bell (L)	Closing Bell (L)	Fast Money (L)	Mad Money (N)	Shepard Smith
CNN 200	Ins. Politics	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Jake Tapper	Situation Room	Erin Burnett OutFront (L)	
COM 107	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office	The Office
COMET 289	Adventure-Herc	The Barbarians '87, Adventure	<i>Peter Paul</i>	The Outer Limits	The Outer Limits	Farscape (Part 1 of 2)	Farscape (Part 2 of 2)	Buffy, Vampire Slayer		
COOK 113	Food Paradise	Man's Greatest Food	Man's Greatest Food	Man's Greatest Food	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire
DISC 182	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.	Mysteries Aband.
DFC 179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	Too Cute!	Cats 101
DISN-E 172	Big City	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Bunk'd	Jessie
ENCR-W 341	Family (49) Venom '18, Action	<i>Tom Hardy</i> 'PG-13'	(37) Erin Brockovich ★★ ★★ '00, Drama	<i>Julia Roberts</i> 'R'	(4:50) Rebound ★★ '05 'PG'	(19) French Exit ★★ '20 'R'				
EWESTN 342	Paint Your Wagon '69	<i>Lee Marvin</i> 'PG-13'	The Deputy	Wanted ...	(2:54) Wagon Train	Laramie	Death Vall.	Tales of Wells Fargo	Rifleman	(22) The Virginian
EACTN 343	Twelve Monkeys '95, Mystery	'R' Rise of the Planet of the Apes	SEAL Team Six: Raid	(37) McHale's Navy ★★ '97, Comedy	'PG'	(28) Alien Nation ★★ ★★ '88 'R'				
ESUSP 344	(05) Commando '85, Action	'R' (38) 6 Days '17, Action	'R' (15) 3 Days to Kill ★★ '14, Action	'PG-13'	(15) Pan's Labyrinth '06, Fantasy	<i>Sergi López</i> 'R'	Bloody			
EBLACK 345	Critical Thinking '20, Drama	'NR' (18) Dominio: Battle of the Bones	(10) The Soloist ★★ ★★ '09, Drama	'PG-13'	(10) In Too Deep '99, Crime Drama	'R' (6:50) Arena '11 'R'				
ECLASS 346	Dead Man's Walk (06) Trapped '02, Suspense	<i>Charlize Theron</i> 'R'	(2:54) The Mexican '01, Comedy-Drama	'R' The Jackal '97, Suspense	<i>Bruce Willis</i> 'R' (07) Patton '70 'PG'					
EFAMILY 347	Open Season 3 '10	(12:51) Carpool ★★ ★★ '96 'PG'	(22) The Clockwork Girl '14 'NR'	(3:47) Capture the Flag '15 'PG'	(23) Open Season 3 (39) Conni and The Cat '20 'NR'					
ESPN 140	SportsCenter (L)	SportCtr	The Point (L)	This Just In (L)	NBA Today (L)	NFL Live (L)	Around	Interruption	SportsCenter (L)	SportsCenter (L)
ESPN2 143	First Take (N)		SportsCenter (N)	This Just In	Jalen	The Point	NFL Live (N)	Daily Wager (L)	Interruption	Football
EWTN 261	Daily Mass	Women of	At Home	The Journey Home	Chaplet	Rosary	Catholic	Cat Chat	Heresies	Eucharist
FETV 82	Bewitched	Bewitched	Wagon Train	Rawhide	Abilene	Rawhide	Perry Mason	Perry Mason	Matlock	The Kidnapper
FMC 387	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie
FNC 205	Outnumbered (L)	America Reports With John Roberts	The Story With Martha	Your World W/ Cavuto	The Five (L)	Special Report	Jesse Watters (L)			
FOOD 110	B&B Brawl	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby
FREFM 180	The Middle	The Middle	The Middle	The Middle	The Middle	Big Daddy ★★ '99, Comedy	<i>Adam Sandler</i>	The Office	The Office	The Office
F51 150	The Herd with Colin Cowherd (L)	Speak for Yourself (L)	USFL	USFL	NASCAR Race Hub (L)	Fri. Night SmackDown				

Time slot grid for Eastern, Central, Mountain, and Pacific time zones. Columns represent time slots from 12PM to 7:30. Rows represent time zones.

AMERICA'S TOP PROGRAMMING

Main program schedule table with columns for channel, time, program title, and description. Includes shows like 'Hate', 'Men in Black: International', 'The Predator', 'X-Men: Dark Phoenix', 'My Cousin Rachel', etc.

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Network-specific programming details table. Columns include network name (ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, PBS) and corresponding program information.

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

CH	TIME	PROGRAM	DESCRIPTION	CH	TIME	PROGRAM	DESCRIPTION
HBO-E	310	The Card Counter ★★★ ('21, Suspense)	R' Time The Baby Sam Jay (45) We're the Millers★★ ('13, Comedy) 'R' (35) Magic Mike XXL ('15, Comedy-Drama) 'R' Private				
HBO2	312	Time (45) Barry (15) Gentleman Jack It's Not Illegal	The Matrix Resurrections★★★ ('21, Science Fiction) 'R' Memento ('00, Suspense) Guy Pearce 'R' (255) Nobody ('21) 'R'				
HBO5	314	(05) Irma Vep (N) Nightmare Alley ('21, Suspense) Bradley Cooper 'R' (35) The Conjuring: The Devil Made Me Do It Donnie Darko★★★ ('01, Science Fiction) 'R' (25) Chef					
HBOF	315	♣Dune ('21, Science Fiction) 'PG-13' (36) Tyler Perry's Madea Goes to Jail ('09) Tyler Perry's Why Did I Get Married Too? (20) The Wild Life★★ ('16) 'PG' (252) Admission ('13)					
MAX	307	♣Collateral ('04, Suspense) Tom Cruise 'R' Phone Booth ('02, Suspense) 'R' (22) Days of Thunder ('90) 'PG-13' (10) Kajillionaire ('20, Comedy-Drama) 'R' (255) True Crime ('99)					
5MAX	308	♣28 Weeks Later ('07) Inside Man★★★ ('06, Suspense) 'R' (09) The Prince ('14, Action) 'R' (40) Extract ('09, Comedy) 'R' (12) Strange but True ('19, Mystery) 'PG-13'					
MMAF	309	♣A Simple Plan ('98) Cloverfield★★★ ('08) 'PG-13' (25) Universal Soldier ('92) 'R' (12.09) Machine Gun Preacher★★ ('11, Drama) 'R' (18) American Psycho ('00) 'R'					
SHO-E	318	♣Pulp Fiction★★★★ ('94, Crime Drama) 'R' Man Who Fell Desus VICE Spotlights Desus The Bronze ('15, Comedy) 'R' (45) Embattled ('20, Drama) 'R'					
SHO2	320	(10) Black Sheep ('96) 'PG-13' (40) Last Vegas★★★ ('13, Comedy) 'PG-13' Desus Ida Red ('21, Crime Drama) Josh Hartnett 'R' Crank★★★ ('06, Action) 'R' Zola ('20)					
SHOBET	321	♣Kobe Bryant's Muse Boxing The Kings A Haunted House★★ ('13) 'R' Desus Step Up Revolution ('12) 'PG-13' (45) In My Father's House ('15) 'R'					
SHOX	322	♣Shooter ('07, Action) Mark Wahlberg 'R' Boxing (35) Into the Blue 2: The Reef (10) Wild Things ('98, Suspense) Kevin Bacon 'R' Wrong Turn ('21) 'R'					
SHOS	323	♣L Word (25) XY Chelsea ('19) 'NR' Queer as Folk Queer/Folk (40) Queer as Folk Queer/Folk Man Who Fell (15) The Souvenir ('19, Romance) 'R'					
TMC	327	♣Werewolves Within ('21) 'R' (40) The Lost Boys ('87, Horror) Jason Patric 'R' Hood Rat ('01, Horror) Ice-T 'R' Kiss Me ('19, Adult) 'NR' Enemy★★★ ('13, Suspense) 'R'					
FLIX-E	333	Kingpin★★★ ('96, Comedy) 'PG-13' The Love Guru★★ ('08) 'PG-13' Assault on Precinct 13 ('76) 'R' (05) The Look of Love ('13, Biography) 'NR' Blue Caprice ('13) 'R'					
ENCR-E	340	♣Venom ('18) 'PG-13' Tyler Perry's the Family That Preys ('08) (10:53) French Connection II ('75, Action) 'R' (12:56) The Craft: Legacy ('20) (34) Kiss of Death★★★ ('95) 'R'					
STARZ-E	350	♣A Time to Kill ('96) 'R' About Last Night★★★ ('14) 'R' (44) The House Next Door: Meet the Blacks 2 (23) Hostel★★ ('05, Horror) 'R' (159) The Trust ('16) 'R' (The Ball					
STRZED	352	Gaslit Final Days The Amityville Horror ('05) 'R' (33) Charlie's Angels ('00) 'PG-13' (12:14) Gaslit Final Days (15) The Father★★★ ('20, Drama) 'PG-13' (253) Rudy ('93) 'PG'					
STRZCI	353	(07) Becoming Elizabeth (N) (08) The Duchess ('08) Keira Knightley 'PG-13' Becoming Elizabeth (12:01) The Devil Has a Name 'R' (41) Becoming Elizabeth (42) Shock and Awe ('17) 'R'					
STRZCO	354	Meet the Parents ('00, Comedy) 'PG-13' (9:50) Things Are Tough All Over (22) Boys and Girls ('00) 'PG-13' (12:59) Funny Farm ('88) 'PG' (43) The Wilde Wedding ('17) 'R'					
STRZIB	355	♣Power Book II: Ghost P-Valley (06) Booty Call ('97, Comedy) 'R' (28) Tales From the Hood ('95) 'R' (10) P-Valley (16) Test Pattern ('19) Booty Call					
STRZKF	356	Firehouse Dog★★ ('07, Children's) 'PG' (9:53) Flipper ('96, Children's) 'PG' Big★★★★ ('88, Children's) Tom Hanks 'PG' (16) Big Miracle★★★ ('12) 'PG' Dunston Checks In					
EPIX	380	♣White Men Can't Jump ('92, Comedy) (9:55) Snatch ('00, Comedy-Drama) (40) The Wolf of Wall Street ('13, Biography) Leonardo DiCaprio (40) Billy the Kid Fate Billy-Kid					
EPIX2	381	A Quiet Place Part II ('21, Horror) (40) Paranormal Activity ('07) (05) American Refugee ('21) (40) The Deep House ('21, Horror) (05) Sex Life (05) Finding Your Feet					
EPIXH	382	Wrath of Man ('21, Action) Jason Statham Along Came a Spider★★ ('01) (45) Bound★★★ ('96, Suspense) Jennifer Tilly (35) Snake Eyes ('98, Suspense) (15) Primal ('19)					
EPIXDR	292	Untamed Heart ('93, Romance) (45) Sabrina★★★ ('95, Romance-Comedy) Harrison Ford (11:55) Morning Glory★★★ ('10) (45) Election ('99, Comedy) Matthew Broderick Someone					

AMERICA'S TOP PROGRAMMING

CH	PROGRAM	DESCRIPTION	CH	PROGRAM	DESCRIPTION
A&E	118	After the First 48 (N) Accused: Guilty Interrogation Raw (N) The First 48 After the First 48 Accused: Guilty Interrogation Raw The First 48			
AHC	195	Natural Born Outlaws Natural Born Outlaws Natural Born Outlaws Natural Born Outlaws Natural Born Outlaws Natural Born Outlaws			
AMC	131	Unclue Buck★★★ ('89, Comedy) John Candy (15) Willy Wonka and the Chocolate Factory ('71) (45) Dark Winds (45) Fear the Walking Dead Fear the Walking Dead			
APL	184	Deadliest Catch Deadliest Catch Deadliest Catch Born Mucky Deadliest Catch Deadliest Catch Deadliest Catch Deadliest Catch			
AXSTV	167	IMPACT Wrestling (N) Japan Pro Wrestling IMPACT Wrestling Japan Pro Wrestling IMPACT in 60 IMPACT in 60			
BBCA	135	Office Space ('99, Comedy) Ron Livingston Real Genius★★★ ('85, Comedy) Val Kilmer, Gabe Jarret Office Space ('99, Comedy) Ron Livingston Real Genius★★★ ('85, Comedy)			
BET	124	Celebrity Family Feud 2021 BET Awards Celebrating the best of Black culture. Martin Martin Martin Martin Martin Prince Prince			
BOUNCE	359	The Fifth Element★★★★ ('97, Science Fiction) Bruce Willis 16 Blocks★★★ ('06, Action) Bruce Willis The Bodyguard★★★ ('92, Drama) Kevin Costner, Whitney Houston The Game			
BRAVO	129	♣Charm Charm Southern Charm (N) Watch Ocean's Eleven ('01, Comedy-Drama) George Clooney Ocean's Twelve ('04, Comedy-Drama) George Clooney Watch			
BUZZR	245	Concentrat Password Sweep Card Match-Squares Concentrat Password Sweep Card Match-Squares Concen. Concen. FamFeud FamFeud			
CIHD	249	City Confidential City Confidential Crime 360 Crime 360 City Confidential City Confidential Crime 360 Crime 360			
CMT	166	Last Man Last Man Mom Mom Mom Mom Mom Mom Gold Girls Gold Girls Gold Girls Gold Girls Gold Girls Gold Girls Housewife Housewife			
CNBC	208	Shark Tank Shark Tank Shark Tank Shark Tank Shepard Smith American Greed Dateline (Part 1 of 2) Dateline (Part 2 of 2)			
CNN	200	Anderson Cooper 360 (L) CNN Tonight (L) Don Lemon Tonight (L) Don Lemon Tonight (L) Anderson Cooper 360 CNN Tonight Don Lemon Tonight Don Lemon Tonight			
COM	107	The Office The Office The Office The Office The Office Daily Show South Park South Park South Park The Daily Show South Park South Park South Park South Park			
COMET	289	Buffy, Vampire Slayer The X-Files Tooms The X-Files Born Again The X-Files Roland The X-Files Quantum Leap Quantum Leap Paid Programs			
COOK	113	Fire Masters Fire Masters Bizarre Bizarre Delicious Delicious Fire Masters Fire Masters Bizarre Bizarre Delicious Delicious			
DISC	182	Mysteries Aband. Mysteries Aband. Mysteries Aband. Mysteries Aband. Mysteries Aband. Mysteries Aband. Mysteries Aband. Mysteries Aband.			
DFC	179	Say Yes Say Yes Say Yes Say Yes Say Yes Say Yes Say Yes Say Yes Say Yes Say Yes Say Yes Say Yes Buddy's Bakery Rescue Ultimate Cake Off			
DISN-E	172	Jessie Jessie Jessie Bunk'd Bunk'd Bunk'd Sydney Sydney Jessie Jessie Bunk'd Raven Raven Cali Style Cali Style Austin			
ENCR-W	341	(13) Regarding Henry ('91, Drama) 'PG-13' (04) Venom ('18, Action) Tom Hardy 'PG-13' Tyler Perry's the Family That Preys ('08) (15:53) French Connection II ('75, Action) 'R'			
EWESTN	342	♣Santa Fe ('51) 'NR' (08) My Darling Clementine ('46) 'NR' (10:47) J.W. Coop ('71) 'PG-13' (41) Desolation Canyon ('06) 'NR' (04) The Last Hard Men ('76) 'R' Take-Hard			
EACTN	343	Rise of the Planet of the Apes ('11) 'PG-13' (9:47) Twelve Monkeys ('95, Mystery) 'R' (12:01) The Abyss ('89, Science Fiction) Ed Harris 'PG-13' (24) A Knight's Tale ('01) 'PG-13'			
ESUSP	344	♣My Bloody Valentine 6 Days ('17, Action) Jamie Bell 'R' (37) Commando ('85, Action) 'R' (12:11) Gangs of New York★★★ ('02, Historical Drama) 'R' My Bloody Valentine			
EBLACK	345	♣Arena 'R' (27) The Great White Hype ('96) The Soloist ('09, Drama) Jamie Foxx 'PG-13' (12:01) The Gunman ('15, Action) Sean Penn 'R' (1:59) The Equalizer 2★★ ('18, Action) 'R'			
ECLASS	346	♣Patton ('70, War) George C. Scott 'PG' Rescue Me Happy (12) Damages You Got Served ('04) 'PG-13' (38) Carolina ('03, Romance-Comedy) 'PG-13' Kiss Me			
EFAMILY	347	Adventures of Tom Thumb (17) Carpool ('96, Children's) 'PG' (10:48) Open Season 3 (12:04) Little Boy ('15, Historical Drama) 'PG-13' (1:52) The Painted Hills (02) Carpool ('96) 'PG'			
ESPN	140	NBA ESPN Films ESPN Films SportsCenter SportsCenter (L) SportsCenter (L) SportsCenter (L) SportsCenter			
ESPN2	143	♣ CFL Football Montreal Alouettes at Toronto Argonauts (L) UFC NFL Live UFC Archival Around Interruption 30 for 30 30 for 30			
EWTN	261	The World Over News (N) News Rosary Pro-Life Defend Life Real Women of Daily Mass World Over Live News Eucharist Battle At Home			
FETV	82	Perry Mason Perry Mason Emergency! Crash Emergency! Problem B. Miller B. Miller Maude Maude Bewitched Bewitched Beaver Beaver			
FMC	387	♣Movie Movie Movie Movie Movie Movie			
FNC	205	Tucker Carlson Tonight (L) Hannity (L) The Ingraham Angle (L) Gutfield! (N) Fox News at Night Tucker Carlson Tonight Hannity The Ingraham Angle			
FOOD	110	Restaurant: Impossible (N) Beat Bobby Beat Bobby BBQ Brawl Beat Bobby Beat Bobby Beat Bobby Beat Bobby BBQ Brawl Beat Bobby Beat Bobby Restaurant: Impossible			
FREFM	180	The Office The Office The Office The Office The Office The Office The 700 Club Simpsons Simpsons Simpsons Simpsons Paid Programs The 700 Club			
F51	150	♣Fri. Night SmackDown USFL Football Teams TBA WWE Friday Night SmackDown TMZ (N) USFL USFL Football			

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Guardians of the Galaxy ('14, Science Fiction)					The Old Man (N)			The Old Man (N)			The Predator ★★ ('18, Science Fiction)		Paid Programs				
FXM	384	Underwater ★★ ('20, 'PG-13')			Underwater ('20, 'PG-13')			Money Monster ★★★ ('16, Suspense) 'R			Money Monster ★★★ ('16, Suspense) 'R			Warning Sign 'R					
FXN	125	Family Guy/Family Guy		Family Guy/Family Guy		Family Guy/Family Guy		Family Guy/Family Guy		Futurama		Futurama		Archer		Archer			
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford		Sanford			
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided		
GOLF	401	U.S. Open		2022 U.S. Open Golf Championship First Round From The Country Club in Brookline, Mass.					Live From the U.S. Open From Brookline, Mass.										
GRIT	217	Duel at Diablo ★★★ ('66, Western) James Garner				Rage at Dawn ('55, Western) Randolph Scott			The Oklahoman ('57, Western) Joel McCrea		The Lawless Frontier ★ ('35)								
HALL	185	Caribbean Summer ('22, Romance)			Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier		Frasier		
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons			
HALLMV	187	The Christmas Ring					Love in Paradise ('16, Comedy-Drama)			Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk			
HDMOV	130	The Legend of Zorro ★★ ('05, Adventure)			Bloodsport ('88, Biography)			The Legend of Zorro ('05, Adventure) Antonio Banderas			Bloodsport ★★ ('88, Biography)								
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House (Part 1 of 2)		House (Part 2 of 2)			
HGTV	112	Windy City Rehab		Windy City Rehab (N)		Hunters		Hunt Intl		Hunters		Hunt Intl		Windy City Rehab		Hunters			
HIST	120	Alone		Alone The Beaver (N)			(35) Kings of Pain (N)		(35) TBA		(12:03) Alone		(03) Alone		(33) Kings of Pain		(32) TBA		
ID	192	Sins of the Father (N)		Crimes		Crimes		Devil in the Web (N)		48 Hours on ID		Crimes		Crimes		Devil in the Web		48 Hours on ID	
IFC	133	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Scrubs		Scrubs		Scrubs	
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		How I Met		How I Met		Bernie Mac		Bernie Mac		Bernie Mac	
LIFE	108	The Mentalist		The Mentalist		(03) The Mentalist		(03) The Mentalist		(12:01) The Mentalist		The Mentalist		(04) The Mentalist		(04) The Mentalist			
LMN	109	Stalked by a Prince ('22, Suspense)			The Wrong Prince Charming ('21, Suspense)			(12:01) Stalked by a Prince ('22, Suspense)			The Wrong Prince Charming ('21, Suspense)								
MAGN	111	Barnwood Builders		Barnwood Builders (N)		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders	
MGMHD	385	Mr. Majestyk ('74)			The Misfits ★★★ ('61, Western) Clark Gable			(40) The Dogs of War ('80, Action) Christopher Walken			(10) Stone Cold ('91, Action) Brian Bosworth								
MOTOR	246	Texas Metal		Texas Metal		Iron Resurrection		Iron Resurrection		Texas Metal		Iron Resurrection		Iron Resurrection		Texas Metal			
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		All In With Chris Hayes			
NATGEO	197	Life Below Ze		Life Below Ze		Life Below Ze		Life Below Ze		Life Below		Life Below Zero Thin Ice		Life Below Zero		Life Below Zero			
NGWLD	190	Secrets-Zoo		Secrets-Zoo		Secrets of the Zoo (N)		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Paid Programs	
OUTD	396	Whitetail		Hunter		Territories		Heartland		Africa		The One		Hunting TV		Whitetail		Hunt	
OWN	189	48 Hours: Hard Evid.		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		48 Hours: Hard Evid.	
OXYG	127	Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Dateline	
PARMT	241	Knives Out ★★★ ('19, Mystery) Daniel Craig, Chris Evans				The Fugitive ★★★ ('93, Suspense) Harrison Ford, Tommy Lee Jones						Bar Rescue Ace's Wild				Bar Rescue			
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		FBI		FBI			
REELZ	299	Bruce Dickinson		Ozzy Osbourne: Black Sabbath Frontman				KISS Frontmen: Gene Simmons & Paul Stanley				Axl Rose: Guns N' Roses Frontman				Paid Programs			
RFDTV	231	Larry's Country Diner (N)		Next Level		Where		Rural America Live		Adventures		Rural News		Grown		Farm Mon.		Next Level	
SCI	193	Secrets in the Ice		Secrets in the Ice		Secrets in the Ice		Secrets in the Ice		Secrets in the Ice		Secrets in the Ice		Secrets in the Ice		Secrets in the Ice		Secrets in the Ice	
SMITH	367	Mighty Cruise Ships		Mighty Cruise Ships		Mighty Cruise Ships		Mighty Cruise Ships		Lincoln's Washington		Mighty Trains		Mighty Trains		Mighty Trains		Combat Trains	
SONY	386	Nowhere to Run ('93, Action)			(26) Double Team ('97, Adventure)			(12) Nowhere to Run ★★ ('93, Action)			(12:52) Double Team ★★ ('97)			Jagged Edge ('85, Crime Drama)					
SUND-E	358	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Perry Mason		Perry Mason			
SYFY	122	The Hitman's Bodyguard ('17, Action) Ryan Reynolds					The Hitman's Bodyguard ('17, Action) Ryan Reynolds					(03) Colombiana ('11, Action) Zoe Saldana			(06) Unbreakable ('00)				
TBN	260	Mother's Day Special		History		Insights		Watchman		Centerpoint		Mother's Day Special		Prince		Joel Osteen		Amazing	
TBS	139	Big Bang		Big Bang		Rat in the Kitchen (N)		Full Frontal		Full Frontal		Sheldon		Sheldon		Sheldon		Wipeout	
TCM	132	Ride in the Whirlwind ('65)			The Shooting ('67, Western)			China 9, Liberty 37 ('78, Western)			(45) The Missouri Breaks ('76, Western) Marlon Brando			Comes a Horseman					
TLC	183	Dr. Pimple Popper		My Feet Are Killing Me (N)		Addiction		Addiction		Save My Skin		Dr. Pimple Popper		My Feet Are Killing Me		Addiction		Addiction	
TMC-W	329	Beverly Hills Cop II 'R			(15) Beverly Hills Cop III ('94, Comedy) 'R			Werewolves Within ('21) 'R			(40) The Lost Boys ('87, Horror) Jason Patric 'R			Hood Rat ('01, Horror) Ice-T 'R					
TNT	138	Aquaman ★★ ('18, Action) Jason Momoa		AFI Life Achievement Award					AFI Life Achievement Award					NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans	
TRU	242	Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		After Party		Jokes		Jokes		Imp. Jokers		After Party	
TRVL	196	Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.	
TVLND	106	Raymond		Raymond		Raymond		Raymond		Raymond		King		King		King		King	
UP	188	Heartland (N)		Mystic (N)		The Wedding Planners					Heartland								
USA	105	Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Law & Order: SVU		Law & Order: SVU	
WE	128	Brat Loves Judy		Brat Loves Judy (N)		Commit or Quit (N)		For the Love of Jason (N)		Brat Loves Judy		Commit or Quit		For the Love of Jason		Brat Loves Judy			

LOCAL NETWORKS

ABC-E	J. Kimmel	NBA	2022 NBA Finals Game 6: Teams TBA (If necessary). (L)										Local Prog. Jimmy Kimmel Live!		Nightline (N)		Local Prog. ABC World News Now (N)					
CBS-E	Sheldon	United-AI	Ghosts	We Roll	Bull			Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)						
CW-E	Walker (N)	Legacies (N)			Local Programs																	
FOX-E	MasterChef (N)		Don't Forget the Lyrics!			Local Programs					Local Programs											
NBC-E	Law & Order		Law & Order: SVU			Law & Order			Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		Early Tdy		Local Prog.	
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Tw. Zone		Hitchcock	Hitchcock	(05) Mannix		(05) Cannon						
ABC-W	Local Prog. NBA		2022 NBA Finals Game 6: Teams TBA (If necessary). (L)										J. Kimmel	Local Programs					(35) Jimmy Kimmel Live!		Nightline (N)	
CBS-W	Local Programs		News		Local Programs			Sheldon	United-AI	Ghosts	We Roll	Bull		Local Prog.		Late Show-Colbert		Corden				
CW-W	Local Programs																					
FOX-W	Local Programs																					
NBC-W	Local Prog. News		Local Programs			Law & Order		Law & Order: SVU		Law & Order		Local Prog.		Tonight Show-J. Fallon		Meyers						
PBS	Old House	Old House	Broadchurch			Antiques Roadshow			Amanpour-Co	Old House	Old House	Broadchurch		Antiques Roadshow		Nature Wild Florida						

Friday, June 17

⊕ = LIVE SPORTS MOVIES MOVIE PREMIERE



	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
EASTERN																
CENTRAL																
MOUNTAIN																
PACIFIC																

CHANNEL	TIME	PROGRAM	DESCRIPTION	TIME	PROGRAM	DESCRIPTION	TIME	PROGRAM	DESCRIPTION	TIME	PROGRAM	DESCRIPTION	TIME	PROGRAM	DESCRIPTION	TIME	PROGRAM	DESCRIPTION
PREMIUM MOVIES																		
HBO	HBO-E 310	Private Parts '97, Biography	Saudi Women	Rabbit Hole '10, Drama	PG-13	Reminiscence '21, Science Fiction	PG-13	Daredevil '03, Action	Ben Affleck	PG-13								
HBO	HBO2 312	Nobody	Last Night '10, Drama	R	Zoom '06, Children's	PG	Superstar ★ '99, PG-13	Getting Played '05, PG-13	Mona Lisa Smile '03, PG-13									
HBO	HBO3 314	Chef '14, Comedy-Drama	R	Jurassic Park III '01, PG-13	20 Feet From Stardom '13	King Richard ★★ '21, Biography	Will Smith	PG-13	Runner Runner									
HBO	HBOF 315	Admission '39	The Master of Disguise '02	K'garten	Happily	Curious '43	Space Jam: A New Legacy '21, PG	Spark: A Space Tail '16, PG	Chitty Chitty									
MAX	MAX 307	True Crime '99, R	Red Dragon ★★★ '02, Suspense	R	The X-Files: I Want to Believe '08	The Brothers Grimm ★★ '05, PG-13	Serving Sara											
5MAX	5MAX 308	The Eichmann Show '15, NR	Coneheads '93, Comedy	PG	Imagine That '09, PG	Harley Davidson and the Marlboro Man '19	Bug ★★★ '06, Drama	R										
MMA	MMA 309	Thelma & Louise '91, Comedy-Drama	R	My Big Fat Greek Wedding '02, PG	Stargate '94, Science Fiction	PG-13	Oblivion '13, Science Fiction	PG-13										
SHOWTIME	SHO-E 318	Embattled '45	The Hummingbird Project '18, Drama	R	Hello I Must Be Going ★★ '12, R	Dating & New York '21, PG-13	Beverly Hills Cop '84, Comedy	R										
SHOWTIME	SHO2 320	Zola '20, Comedy	R	Down to Earth ★ '01, PG-13	Blazing Saddles '74, Comedy	R	The Cider House Rules '99, PG-13	Into the Blue '05, Adventure	PG-13									
SHOWTIME	SHOBET 321	Father	Useless Humans '20, NR	It Comes at Night '17, Horror	R	Robot Apocalypse '21, NR	Snipes '01, Suspense	Sam Jones III 'R	Poly Styrene									
SHOWTIME	SHOX 322	Wrong Turn '21, R	April Fool's Day '86, Suspense	R	The Naked Sun: Police Squad	Naked Gun 2 1/2: Fear	Gunfight at Dry River '21, NR	American Insurrection										
SHOWTIME	SHOS 323	It Comes at Night '17, Horror	R	Testament '83, Drama	PG	My Salinger Year '20, R	A Fish Called Wanda '88, Comedy	R	Shakespeare in Love									
SHOWTIME	TMC 327	Cary Grant	Cut Bank '14, Suspense	R	Love Story '70, Romance	PG	Separated	American Graffiti '73, Comedy-Drama	PG	The Farewell '19	Awkwafina	PG	Senior					
FLIX-E	FLIX-E 333	Blue Cprc '35	The Gong Show Movie '80	Blackout '25	Murder on the Orient Express '74, PG	Finding Forrester '00, Drama	Sean Connery	PG-13	Down to Earth '01									
STARZ	ENCR-E 340	Kiss Death '16	If Only '04, Romance	PG-13	Rebound ★★ '05, PG	For Love or Money '93, PG	The Good, the Bad and the Ugly '67, Western	Clint Eastwood	R									
STARZ	STARZ-E 350	She Ball '20, Drama	Nick Cannon	Chris Brown	R	The Professor and the Madman '19	Mel Gibson	NR	Resident Evil: Welcome	Lakeview Terrace								
STARZ	STRZED 352	Rudy '93, PG	Tomorrowland '15, Science Fiction	PG	Inferno '16, Suspense	Tom Hanks	PG-13	Thor: The Dark World '13, Action	PG-13	A Journal for Jordan								
STARZ	STRZCI 353	Damascus Cover '17, Action	R	The Climb ★★ '19, R	Eternal Sunshine of the Spotless Mind '04	The Ticket '16, Drama	NR	Gaslit	Final Days									
STARZ	STRZCO 354	Wilde '20	Baby Mama's Club '10, R	John Tucker Must Die '06	The Broken Hearts Gallery '20, PG-13	Wanderlust '12, Comedy	R	Paul '11, R										
STARZ	STRZIB 355	Booty Call '97, R	Two Can Play That Game 'R	High School High ★★ '96	Venom: Let There Be Carnage '21	Legion ★ '10, Horror	R	Man										
STARZ	STRZKF 356	Dunston '33	Pit Pony '97, Drama	NR	Hook ★★★ '91, Children's	Dustin Hoffman	PG	Charmers	Charmers	Buttons: A Christmas Tale '19	Strike '19, NR							
EPICX	EPIX 380	Billy-Kid	Sets	Vault '19, Crime Drama	Dead Man Walking '95, Crime Drama	Dickie Roberts: Former Child Star '15	The Courier '19, Action	Gary Oldman										
EPICX	EPIX2 381	Finding Your Feet	Punk (Part 1 of 4)	Solace ★★ '15, Suspense	This Is Home: A Refugee Story '15	The Virgin Suicides ★★ '99, Drama	A Quiet Place Part II											
EPICX	EPIXH 382	Primal '19, Action	Elvis Goes	Three Days of the Condor '75, Suspense	Norm of the North ★ '16, Children's	Lucky Day '19, Suspense	The Tracker '19											
EPICX	EPIXDR 292	Someone Marry Barry	Gunfight at the O.K. Corral '57, Western	Untamed Heart ★★ '93, Romance	Sabrina ★★ '95, Romance-Comedy	Morning Glory '10												

AMERICA'S TOP PROGRAMMING

A&E	118	Paid Programs	Prince	Paid Prog.	Joyce M.	Parking	Parking	Parking	Parking	Parking	Parking	BTK: Confession	BTK: Confession				
AHC	195	El Chapo: Caught!	Manhunt: Kill	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	How the World Ends	FBI Takedowns	FBI Takedowns						
AMC	131	Fear the Walking Dead	Fear the Walking Dead	Paid Programs						The Karate Kid Part II '86, Drama	Ralph Macchio	Karate					
APL	184	Deadliest Catch	Deadliest Catch	Too Cute!	My Cat From Hell	The Crocodile Hunter	Secret Life-Zoo	The Zoo	Treehouse Masters								
AXSTV	167	Paid Programs				Rock	Rock	Rock	Rock	Rock	Rock	Black Crowes					
BBCA	135	Real Genius '85	Star Trek: Next	Star Trek: Deep Space	Star Trek: Deep Space	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next						
BET	124	Browns	Browns	Browns	Browns	Payne	Payne	Martin	Martin	Martin	Martin	black-ish	black-ish	Live Single	Live Single		
BOUNCE	359	Scandal	The Real	Wendy Williams Show	Nick Cannon	Injury Ct.	Injury Ct.	Court	Court	Court	Court	Paternity	Paternity				
BRAVO	129	Kelly Clarkson	Paid Programs	Summer House	Housewives of NJ	Housewives of NJ	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Movie					
BUZZR	245	Match	Match	Match	Match	Paid Programs	J. Prince	Tell Truth	My Line?	Sale of	Sweep	Body Lang.	Blockbuster	Match-Squares			
CIHD	249	City Confidential	City Confidential	Paid Programs		American Justice	American Justice	American Justice	American Justice	Nightwatch	Nightwatch	Nightwatch	Nation				
CMT	166	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne		
CNBC	208	Shepard Smith	Worldwide Exchange (L)	Squawk Box (L)		Squawk on the Street (L)		Squawk on the Street (L)									
CNN	200	CNN Newsroom Live (L)	Early Start w/Romans	New Day With	New Day With	New Day With	New Day With	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	At This Hour-Kate					
COM	107	Creek	Creek	Paid Programs	Futurama	Futurama	Futurama	Futurama	Futurama	South Park	South Park	South Park	South Park				
COMET	289	Paid Programs								The Land That Time Forgot '09, Adventure	Bubba Ho-Tep '02						
COOK	113	Paid Programs			Brunch at	Brunch at	Brunch at	Brunch at	Food	Food	Best Thing	Best Thing	Best Thing	Best Thing			
DISC	182	Hunting Atlantis	Hunting Atlantis	Moonshiners	Moonshiners	Moonshiners	Moonshiners	Moonshiners	Moonshiners	Moonshiners	Moonshiners	Moonshiners	Moonshiners				
DFC	179	BathCrash	BathCrash	Gl Joe	Gl Joe	Monsters	Monsters	Pac-Man	Beast	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony	Monsters	Monsters
DISN-E	172	Austin	Bunk'd	Bunk'd	Big City	Ladybug	Ladybug	DuckTales	Amphibia	Big City	Spidey	Big City	Big City	Ladybug	Ladybug	Ladybug	Ladybug
ENCR-W	341	The Craft: Legacy '20, PG-13	341	Kiss of Death '95, Crime Drama	R	161	If Only '04, Romance	PG-13	8:55	Rebound ★★ '05, PG	25	For Love or Money '93, PG					
EWESTN	342	Take a Hard Ride ★★ '75, Western	Jim Brown, Lee Van Cleef	PG	Cat Ballou '65, Western	NR	39	The Rider '17, Drama	Brady Jandreau	R	24	J.W. Coop '71, PG-13					
EACTN	343	Knight Tie '39	The Score ★★ '01, Suspense	Robert De Niro	R	6:47	Iron Man 3 ★★ '13, Action	PG-13	6:22	Machete Kills '13, Action	Danny Trejo	R	10:52	The Abyss '89			
ESUSP	344	Bloody '43	Abandon ★ '02, Suspense	PG-13	24	How to Deter a Robber '20	7:51	The Truth About Charlie '37	Gangs of New York '02, Historical Drama	R							
EBLACK	345	White House Down ★★ '13, Action	PG-13	Guess Who's Coming to Dinner '08	The Gospel '05, Drama	Boris Kodjoe	PG	9:54	The Equalizer 2 ★★ '18, Action	R							
ECLASS	346	Kiss Me Goodbye '82	Girl in Progress ★★ '12, PG-13	36	Only the Lonely '91	John Candy	PG-13	23	Grease 2 ★★ '82, Musical Comedy	PG	19	I.Q. '94	Tim Robbins	PG			
EFAMILY	347	Carroll '34	All Creatures Big and Small	Balto II: Wolf Quest '13	Combat Wombat '20, NR	Far From Home: Yellow Dog '02	The Painted Hills '12	Beethoven '92									
ESPN	140	2022 NBA Finals Game 6: Teams TBA	SportsCenter	SportsCenter	SportsCenter (L)	Get Up (L)	First Take (L)										
ESPN2	143	SportsCenter	SportsCenter	Keyshawn, JWill and Max (L)	SportsCenter (L)	SportsCenter (L)	Get Up (N)										
EWTN	261	Web/Faith	Metanoia	EWTN on Location	Of Mercy	Choices	Stations	Rosary	Daily Mass (L)	Holy	World Over Live	Classics	At Home	Priesthood			
FETV	82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Wagon Train	Hillbillies	Hillbillies	Hazel	Hazel	Beaver	Beaver	
FMC	387	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie					
FNC	205	FOX & Friends First (L)	FOX & Friends First (L)	FOX & Friends (L)						America's Newsroom (L)							
FOOD	110	Restaurant: Impossible	Paid Programs							Symon	Symon	Symon	Food Truck Face Off	The Great Food Truck Race			
FREFM	180	Paid Programs				black-ish	black-ish	black-ish	black-ish	The 700 Club	700 Club	The Middle	Big Daddy ★ '99				
F51	150	USFL Football	Teams TBA	Skip and Shannon: Undisputed	First Things First (L)					Skip and Shannon: Undisputed (L)							

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs						Mom	Mom	Mom	Mom	Mom	Widows ★★★ ('18, Suspense)	Viola Davis, Colin Farrell					
FXM	384	⚠Warning (45) The Day Mars Invaded Earth			Thunder Island ('63)		(10) The Innocents ('61, Horror) 'NR'				House of the Damned	Devils of Darkness ('65) 'NR'	Race Devil						
FXN	125	Paid Programs						Mamma Mia! Here We Go Again ('18, Musical Comedy)				Downhill ('20, Comedy-Drama)	Will Ferrell	Futurama					
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries		Elevation	J. Prince	Paid Programs		Good Time	Good Time	Good Time	Good Time	Hart to Hart			
GMSHW	116	Paid Programs						Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America		
GOLF	401	Live From the U.S. Open				Live From the U.S. Open From Brookline, Mass. (L)						LPGA Golf							
GRIT	217	Paid Programs				Laramie The Marshals		Laramie Bad Blood		White Comanche ('67, Western)			Joseph Cotten				Run of the Arrow ('57, Western)	Rod Steiger	
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls		
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock The Play		Matlock The Diner		Matlock The View			
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder					
HDMOV	130	Paid Programs						633 Squadron ★★ ('64, War)				Cliff Robertson		(9:50) Magic Max ('21, Drama)		Memphis			
HERIC	293	The District		The District Pilot		Maverick		Wanted ... Wanted ...		Have Gun Have Gun		Rawhide Reunion		The High Chaparral		Cheyenne			
HGTV	112	Windy City Rehab		Windy City Rehab		Renovation Island		Renovation Island		Renovation Island		Renovation Island		Renovation Island		Renovation Island			
HIST	120	Paid Programs						Amazing Jeremiah		TBA TBA		TBA TBA		TBA TBA		TBA TBA		TBA	
ID	192	The Perfect Murder		The Perfect Murder		The Perfect Murder		Atlanta Justice		Atlanta Justice		Atlanta Justice		Primal Instinct		Primal Instinct			
IFC	133	Scrubs	Scrubs	Scrubs	Scrubs	The Transporter Refueled ★★ ('15, Action)				(15) RoboCop ★★★ ('14, Science Fiction)		Joel Kinnaman (45) The Hurt Locker ('08, War)							
LAFF	237	Paid Programs				Videos Funniest		How I Met How I Met		Jim Jim		Home Imp. Home Imp.		Home Imp. Home Imp.		Nt. Court Nt. Court			
LIFE	108	Paid Programs				Creflo Robison		Joyce M. TBA		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Mentalist			
LMN	109	Paid Programs						Stalker's Prey ('17, Suspense)				Cynthia Gibb		Anniversary Nightmare ('19, Drama)		A Predator's Obsession ('20, Suspense)			
MAGN	111	French (40) The French Chef		French		Old House Old House		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper			
MGMHD	385	(10) Ghoulies ★★ ('85, Horror)				Peter Liapis		Studio Studio		MGM (20) Casanova Brown ★★★ ('44, Comedy)		The Russians Are Coming! The Russians Are Coming!							
MOTOR	246	Texas Metal		FantomWorks		Bitchin' Rides		Garage Garage		Iron Resurrection		Roadkill		Roadkill		Faster With Finnegan			
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)				Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)					
NATGEO	197	Life Below Zero		When		Paid Programs				Doomsday Preppers		Doomsday Preppers		Doomsday Preppers					
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol			
OUTD	396	Africa	The One	Hunting TV	Whitetail	Conchs	Spear Life	Seahunter	BigWater	Bill Dance	Angling	Major League Fishing		Cups		Fishing Bass			
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil			
OXYG	127	Dateline		Dateline As Night Fell		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped			
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue			
POP	117	FBI		Goldbergs		Goldbergs		Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER			
REELZ	299	Paid Programs				George Michael		Amy Winehouse		Prince: Cashed Out		Argo: The Real Story		Shark Terror: The Real Jaws					
RFDTV	231	Paid Programs				DocTalk		Corn War		Agriculture Jeremiah		Rural News AgDay (N)		Market Day Report (L)					
SCI	193	Forbidden History		Forbidden History		Universe Works		Universe Works		Unearthed		Unearthed		Strange Evidence		What on Earth?			
SMITH	367	Combat Trains		Combat Trains		Aerial America Georgia		Aerial America		Aerial America		Aerial America		Mighty Ships		Mighty Ships Tonsberg			
SONY	386	Jagged (24) Untraceable ('08, Suspense)		Planet		(40) Already Dead ('07, Suspense)		Ron Eldard (20) Game of Death ('10, Action)		(14) Suspect ★★★ ('87, Suspense)		Cher							
SUND-E	358	Perry Mason		Perry Mason		Andy G. Andy G.		Andy G. Andy G.		Andy G. Andy G.		Andy G. Andy G.		Andy G. Andy G.		Andy G. Andy G.			
SYFY	122	Unbreakable ('00, Suspense)		Twi. Zone		Quantum Leap		(05) Quantum Leap		(10) Quantum Leap		(15) Quantum Leap		(20) Quantum Leap		Quantum			
TBN	260	Impact of	Business	Hannen	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen		
TBS	139	Wipeout		Matters Matters		Matters George		George George		George George		Broke Girl Broke Girl		Broke Girl Broke Girl		Friends Friends			
TCM	132	Comes a Horseman (15) Wells Fargo Days		Mutiny on the Bounty ★★★ ('62, Adventure)		Marlon Brando		(15) Ocean's Eleven ('60, Comedy-Drama)		Frank Sinatra				My Life					
TLC	183	OutDaughtered		OutDaughtered		Secretly Pregnant		Secretly Pregnant		Secretly Pregnant		My 600-Lb. Life		My 600-Lb. Life James K's Story					
TMC-W	329	Kiss Me ('19, Adult) 'NR'		Enemy ★★★ ('13, Suspense) 'R'		Cary Grant		Cut Bank ('14, Suspense) 'R'		(05) Love Story ('70, Romance) 'PG'		Separated		American Graffiti ('73)					
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed Witch Trial		Charmed Morality Bites		Charmed		Charmed		NCIS: New Orleans		NCIS: New Orleans			
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins Ad. Ruins		Imp. Jokers Imp. Jokers		Carbonaro Carbonaro		Carbonaro Carbonaro			
TRVL	196	Paid Programs						UFO Hunters USOs		True Paranormal		True Paranormal		True Paranormal		True Paranormal			
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs				M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		Bonanza					
UP	188	Paid Programs				Heartland		Heartland Legacy		Heartland		Highway to Heaven		Highway to Heaven		Little House on Prairie			
USA	105	Law & Order: SVU		Dateline		Miz & Mrs		NCIS: Los Angeles		NCIS Ex-File		NCIS Identity Crisis		2022 U.S.		Open Golf Championship First Round			
WE	128	Growing Up Hip Hop		Paid Programs				Law Order: CI		Law Order: CI									

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)					
CBS-E	CBS Overnight News (N)			News	News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right (N)			
CW-E	Local Programs						Local Programs													
FOX-E	Local Programs						Local Programs													
NBC-E	Local Programs						Local Programs						Today (N)		Today 3rd Hour (N)		Today-Hoda		Local Programs	
METV	247*	(05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock Blind Justice		In the Heat of Night				
ABC-W	Local Programs				ABC World News Now (N)				Morning		Morning		Morning		Morning		Good Morning America (N)			
CBS-W	⚠Corden	Local Prog.		CBS Overnight News (N)				News		News		News		News		CBS Mornings (N)				
CW-W	Local Programs						Local Programs													
FOX-W	Local Programs						Local Programs													
NBC-W	⚠Meyers	News	Top Story With		Early Tdy		Local Programs				Local Programs		Today (N)							
PBS	NOVA Polar Extremes				Xavier		Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious			

Table with 16 columns representing time slots from 12PM to 7:30 and 16 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, PACIFIC, and PREMIUM MOVIES.

Main program grid with columns for channel, time, and program details. Rows include HBO, MAX, SHOWTIME, STARZ, and EPIX.

AMERICA'S TOP PROGRAMMING grid with columns for channel, time, and program details. Rows include A&E, AMC, APB, AXSTV, BCCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FMC, FNC, FOOD, FREFM, and F51.

Table with 16 columns representing time slots from 12PM to 7:30 and 16 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, PACIFIC, and AMERICA'S TOP PROGRAMMING.

Main grid of TV programs with columns for channel, time, program title, and descriptions. Includes shows like 'Widows', 'The Fury', 'Fantasy Island', 'Guardians of the Galaxy', 'The Mentalist', 'The Negotiator', etc.

NETWORKS section containing a table of broadcast services by network (ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, PBS) with details on local programming and service availability.

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30
PREMIUM MOVIES																
HBO	HBO-E 310	(10) Old ★★ ('21, Horror) 'PG-13'	Real Time, Bill Maher Sam Jay		Real Time, Bill Maher Sam Jay	Sabotage ★★★ ('14, Action) 'R'					(2:50) Moon ('09) 'R'					
	HBO2 312	The 15:17 to Paris ('18) 'PG-13' (40) Snitch ★★★ ('13, Crime Drama) 'PG-13' (35) The King's Man ★★ ('21, Action) <i>Ralph Fiennes</i> 'R'	Real Time, Bill Maher		(2:50) Kick-Ass ('10) 'R'											
	HBO3 314	The French Dispatch Gentleman Jack	(15) The Janes (22), Documentary) 'NR'	The Hours ('02, Drama) <i>Meryl Streep</i> 'PG-13' (1:55) William Shakespeare's Romeo & Juliet												
	HBOF 315	Real Steel ('11, Action) (06) Death on the Nile ('22, Mystery) 'PG-13' (13) The Mummy Returns ★★★ ('01, Adventure) 'PG-13' (22) Wonder Woman 1984 ('20, Action) <i>Gal Gadot</i> 'PG-13'														
MAX	MAX 307	R.I.P.D. ★ ('13, Action) 'PG-13' (37) Reindeer Games ('00, Crime Drama) 'R' (23) Dragged Across Concrete ('18, Crime Drama) 'R'	(03) Adult Beginners ('14) 'R'	The Firm												
	5MAX 308	10 Years ('11) 'PG-13' (10) Anger Management ('03) 'PG-13' (45) Enough Said ★★★ ('13) 'PG-13' (18) The Way, Way Back ('13) (02) The Forgotten ('04) 'PG-13' (21) Cruising														
	MMA 309	Notorious ('09) 'R'	The Wrestler ('08, Drama) <i>Mickey Rourke</i> 'R' (10:50) The Mustang ('19) 'R' (27) Chasing Amy ('97, Romance-Comedy) 'R' (21) The Reader ('08, Drama) 'R'													
	SHOWTIME	SHO-E 318	Flatbush Flatbush	The Disaster Artist ('17) 'R' Spotlights	Shooter ('07, Action) <i>Mark Wahlberg</i> 'R' (15) Crank ★★★ ('06, Action) 'R' (45) The First Lady <i>Rift</i> Hunt											
SHO2 320		Stillwater ★★★ ('21, Drama) <i>Matt Damon</i> 'R'	The First Lady <i>Rift</i> I Love	Man Who Fell Desus	Lost Lust ('20, Adult) 'NR' (35) A Haunted House ('13) 'R'											
SHOBET 321		Moonlight ('16, Drama) <i>Mahershala Ali</i> 'R'	Zola ★★★ ('20, Comedy) 'R'	Rafiki ('18, Drama) 'NR'	The Watermelon Woman ('96)	Moonlight ('16, Drama) 'R'										
SHOX 322		13 Minutes ('21, Suspense) <i>Amy Smart</i> 'PG-13'	Boxing Boxing	Last of the Grads ('21, Horror) <i>Kyle Prue</i> 'NR' Desus			Immanence ('22, Horror) 'NR'									
SHOS 323		Ⓛ Word (25) Love Is Strange ('14) 'R'	Queer as Folk	Queer/Folk (40) Queer as Folk	Queer as Folk (20) Midsommar ★★★ ('19, Horror) <i>Florence Pugh</i> 'R'											
TMC 327	Monsoon Wedding ('01, Comedy-Drama) 'R'	The Farewell ('19) <i>Awkwafina</i> 'PG' (40) Queen of the Morning Calm (10) The Long Shadow ('20) 'NR' (45) Mojave ('15, Suspense) 'R'														
FLIX-E 333	Flashdance ('83, Drama) 'R' (35) Step Up Revolution ('12) (15) Barb Wire ★ ('96, Action) 'R' (12:55) Byzantium ★★★ ('12, Horror) 'R' (2:55) Event Horizon 'R'															
STARZ	ENCR-E 340	National Security ('03)	The Good, the Bad and the Ugly ('67, Western) <i>Clint Eastwood</i> 'R' (12:02) The Postman ★ ('97, Drama) <i>Kevin Costner, Will Patton</i> 'R'	SEAL Team Six: Raid												
	STARZ-E 350	Lakeview Terrace ('08) P-Valley	(07) Becoming Elizabeth (09) Resident Evil: Welcome to Raccoon City <i>Gaslit</i> <i>Final Days</i> (03) P-Valley	(10) Destroyer ('18) 'R'												
	STRZED 352	A Journal for Jordan Thor: The Dark World ('13, Action) 'PG-13' (10:54) Friday Night Lights ('04) 'PG-13' (12:55) Twelve Monkeys ('95, Mystery) 'R'	American Reunion 'R'													
	STRZCI 353	<i>Gaslit</i> <i>Final Days</i>	The Devil Has a Name ('20) 'R' (41) Damascus Cover ('17, Action) 'R' (18) Becoming Elizabeth (19) Legends of the Fall ('94, Drama) 'R'	Yellow												
	STRZCO 354	Excess Baggage ('97)	Knocked Up ('07, Romance-Comedy) 'R' (13) Paul ★★ ('11, Comedy) <i>Simon Pegg</i> 'R'	LOL ('12, Comedy-Drama) 'PG-13' (39) The Broken Hearts Gallery												
	STRZIB 355	(14) P-Valley	Venom: Let There Be Carnage P-Valley	Spiral: From the Book of Saw 'R' (44) StreetDance ★★★ ('10, Drama) 'PG-13' Venom												
STRZKF 356	Dunston Checks In Hook ★★★ ('91, Children's) <i>Dustin Hoffman</i> 'PG'	Dr. Seuss' Horton Hears a Who! (12:51) Fairy Tale: A True Story My Hero Academia														
EPix	EPIX 380	Gunfight at the O.K. Corral ('57, Western) (05) Once Upon a Time in the West ('69, Western) <i>Henry Fonda</i>	(12:55) Sex Life (N) (1:55) Billy the Kid (2:50) True Grit ('69)													
	EPIX2 381	Skyfall ★★★ ('12, Action) <i>Daniel Craig, Judi Dench</i>	(25) Snake Eyes: G.I. Joe Origins ('21, Action) G.I. Joe: Retaliation ★★ ('13, Action) (25) (500) Days of Summer ('09)													
	EPIXH 382	The Hunger Games ('12, Science Fiction) <i>Jennifer Lawrence</i> (25) The Hunger Games: Catching Fire ★★ ('13) (12:55) Love and Monsters ('20) (45) Small Soldiers ('98, Comedy)														
	EPIXDR 292	The Sum of All Fears ★★★ ('02, Suspense) (05) Switchback ('97, Suspense) <i>Dennis Quaid</i> (12:05) Shaft ★★ ('00, Action) (45) Patriot Games ★★ ('92, Suspense) Bloody S														
AMERICA'S TOP PROGRAMMING																
A&E 118	The First 48 Senior Year The First 48	The First 48	The First 48	The First 48	The First 48 Senior Year	The First 48	The First 48	The First 48								
AHC 195	Almost, Away	Almost, Away	Almost, Away	Almost, Away	Almost, Away	Almost, Away	Almost, Away	Almost, Away								
AMC 131	Back to the Future ('85, Comedy) Back to the Future Part II ('89, Comedy) <i>Michael J. Fox</i>	Back to the Future Part III ('90, Comedy) <i>Michael J. Fox</i>	Cujo ('83, Horror) <i>Dee Wallace</i>													
APL 184	Treehouse Masters: Branched Out (N)		Insane Pools	Insane Pools	Treehouse Masters: Branched Out		Insane Pools	Insane Pools								
AXSTV 167	Wahlburg Wahlburg Wahlburg Wahlburg	Cassette: A Documentary Mixtape ('16)			Bon Jovi: Lost Highway Heart	Heart	Billy Idol-Super									
BBCA 135	Planet Earth II Deserts Planet Earth: Dynasties Hyena (23) Planet Earth II (24) Planet Earth II (25) Planet Earth II (25) Planet Earth: Dynasties Hyena (2:48) Planet Earth II															
BET 124	The New Edition Story New York Undercover New York Undercover The Encore	The Encore	The Encore	Martin Martin Martin Martin	Prince Prince											
BOUNCE 359	The Little Richard Story ('80, Documentary)	Hendrix ★★ ('00, Docudrama) <i>Wood Harris</i>	Hitch ★★★ ('05, Romance-Comedy) <i>Will Smith</i>	In the Heat of Night		The Game										
BRAVO 129	Movie			Movie												
BUZZR 245	Concentrat Password Sweep Card	Match-Squares	Concentrat Password Sweep Card	Match-Squares	Concen. Concen.	FamFeud FamFeud										
CIHD 249	The Killer Speaks			The Killer Speaks	The Killer Speaks	The Killer Speaks	The Killer Speaks									
CMT 166	Here Comes the Boom ★★ ('12, Comedy) <i>Kevin James</i>			Paul Blart: Mall Cop ★★ ('09, Comedy) Movie	Housewife Housewife											
CNBC 208	American Greed	American Greed	American Greed	American Greed	Shepard Smith	American Greed	Dateline (Part 1 of 2)	Dateline (Part 2 of 2)								
CNN 200	Anderson Cooper 360 (L) CNN Tonight (L)	Don Lemon Tonight (L)	Don Lemon Tonight (L)	Anderson Cooper 360	CNN Tonight	Don Lemon Tonight	Don Lemon Tonight									
COM 107	The Office The Office The Office The Office	South Park South Park South Park South Park														
COMET 289	Buffy, Vampire Slayer	The X-Files	The X-Files: The Host The X-Files: Blood The X-Files: Sleepless	Quantum Leap	Quantum Leap	Paid Programs										
COOK 113	Chopped Sweets	Chopped Sweets	Baker's Dozen	Baker's Dozen	Chopped Sweets	Chopped Sweets	Baker's Dozen	Baker's Dozen								
DISC 182	Gold Rush (N)			Gold Rush	Gold Rush	Gold Rush	Gold Rush									
DFC 179	Kids Baking	Kids Baking	Kids Baking	Kids Baking	Kids Baking	Kids Baking	Buddy's Bakery Rescue	Ultimate Cake Off								
DISN-E 172	The Villains Ultra Violet Raven Bunk'd (N) Disney's Raven Roll With It	Fam Jam Jessie Bunk'd Raven Cali Style Cali Style Austin														
ENCR-W 341	He Said, She Said (8:57) Scary Movie ★★ ('00) 'R' (28) National Security ('03) 'PG-13' (11:58) The Good, the Bad and the Ugly ('67, Western) <i>Clint Eastwood</i> 'R' (02) The Postman ('97)															
EWESTN 342	Stranger Wore	Bad Girls ★★ ('94, Western) 'R' (41) The Rider ('17, Drama) <i>Bradley Jandreau</i> 'R' (26) Hot Lead ('51) (28) Ten Wanted Men ('55) 'NR'	Sheriff-Fracture													
EACTN 343	A Knight's Tale ('01)	The Abyss ★★ ('89, Science Fiction) <i>Ed Harris</i> 'PG-13' (23) Iron Man 3 ★★ ('13, Action) 'PG-13' (37) Repo Men ★ ('10, Science Fiction) 'R'	Arlington													
ESUSP 344	The Craft ('96) 'R'	Gangs of New York ('02, Historical Drama) <i>Leonardo DiCaprio</i> 'R' (11:49) You're Next ('11) 'R' (28) The Ninth Gate ★★ ('99, Suspense) 'R'	Attack Blk													
EBLACK 345	Fifty Shades of Black After Earth ★ ('13) 'PG-13' (43) White House Down ★★ ('13, Action) 'PG-13' (12:59) Phat Girlz ('06) 'PG-13' (40) Underclassman ('05) 'PG-13'															
ECLASS 346	Mr. & Mrs. Smith ★★ ('05, Action) 'PG-13' Rescue Me <i>Justice</i> (15) Danages (11:59) Motives ('04, Suspense) 'R' (29) Girl in Progress ('12) 'PG-13' (04) End of Days ('99)															
EFAMILY 347	Far From Home Beethoven ('92, Children's) 'PG' (28) Beethoven's 2nd ('93) 'PG' (11:58) A Dog's Way Home ('19)	Thomas and the Magic Railroad		Elephant Kingdom												
ESPN 140	📺 2022 Men's College World Series (L) 📺 Professional Fighters League (L)			SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)									
ESPN2 143	ESPN Films	ESPN Films	NFL Live	SportsCenter	UFC Archival	Around	Interruption	UFC Archival	UFC Archival							
EWTV 261	EWTN News In-Depth (N)	News Rosary Life/Rock Icons Women of Grace	Daily Mass	EWTN News In-Depth	News Eucharist	Discerning At Home										
FETV 82	Perry Mason	Perry Mason	Emergency! Kids	Emergency! Show Biz	B. Miller B. Miller Mannix	Mannix Scapegoat	Emergency! Kids									
FMC 387	Movie			Movie												
FNC 205	Tucker Carlson Tonight (L) Hannity (L)	The Ingraham Angle (L)	Gutfeld! (N)	Fox News at Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle									
FOOD 110	Diners Diners Guy's Trip Diners Diners Diners Diners Diners Diners Diners Diners Diners Diners Diners Diners Diners Diners Diners															
FREFM 180	Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy	The 700 Club		Simpsons Simpsons Simpsons Simpsons	Paid Programs	The 700 Club										
F51 150	NHRA USFL Football Teams TBA	USFL Football Teams TBA			USFL USFL USFL											

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Jurassic World ★★★ ('15, Adventure) Chris Pratt			The Old Man			The Old Man			Assassin's Creed★★ ('16, Action) Michael Fassbender							
FXM	384	Hitman: Agent 47 ('15, Action) R' (25) Hitman: Agent 47★★ ('15, Action) R' (20)			Dawn of the Planet of the Apes ('14) PG-13'			Morgan ('16, Science Fiction) Kate Mara 'R'										
FX	125	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny		
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford		Sanford		
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided	
GOLF	401	U.S. Open		2022 U.S. Open Golf Championship <i>Second Round</i> From The Country Club in Brookline, Mass.						Live From the U.S. Open <i>From Brookline, Mass.</i>								
GRIT	217	The Gambler From Natchez ('54, Western)			The Silver Whip ('53, Western)			Broken Lance ★★★ ('54, Western) Spencer Tracy			Bandidas★★ ('06, Western) Penélope Cruz							
HALL	185	A Shoe Addict's Christmas ('18)			Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier		Frasier	
HALLDR	186	Little House on Prairie			Little House on Prairie			The Waltons			The Waltons			The Waltons <i>The Medal</i>				
HALLMV	187	Love at the Shore		The Irresistible Blueberry Farm ('16, Drama)		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk				
HDMOV	130	Battle of Britain ('69) (05)		The Eagle Has Landed ('76, War) Michael Caine		(25) Battle of Britain ★★★ ('69, War)		(40) The Eagle Has Landed ('76, War) Michael Caine										
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch Aftershock		House Forever		House		
HGTV	112	Dream	Dream	Vacation House Rules (N)		Dream		Dream		Vacation House Rules		Dream		Dream		Dream		
HIST	120	Watergate		Watergate (03)		Watergate (03)		Watergate (12:03)		Watergate (06)		Watergate (06)		Watergate (04)		Watergate (04)		
ID	192	Man With a Van		The Serial Killer Among Us: Phillip Jablonski						48 Hours on ID						The Serial Killer Among Us: Phillip Jablonski		
IFC	133	Zero Dark The Negotiator ★★★ (98, Suspense) Samuel L. Jackson		(45) Taken 3★★ (14, Action) Liam Neeson		(15) The Hunted ('03, Action) Tommy Lee Jones												
LAFF	237	Tooth Fairy ('10, Children's) Dwayne Johnson		Twins ★★★ ('88, Comedy) Arnold Schwarzenegger		The 'Burbz★★★ ('89, Comedy) Tom Hanks, Bruce Dern		Paid Programs										
LIFE	108	Castle		(03) Castle		(03) Castle		(12:01) Castle		Castle		(04) Castle		(04) Castle				
LMN	109	Love Triangle Nightmare ('22, Suspense)		Deadly Girls Night Out ('21, Suspense)		(12:01) Love Triangle Nightmare ('22)		Deadly Girls Night Out ('21, Suspense)										
MAGN	111	Making	Making	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Making		
MGMHD	385	Real Man ★★ ('87) Clifford ★ ('94, Children's) Martin Short		(05) Heartbreakers ('01, Comedy) Sigourney Weaver		(45) Wedding Daze ('06, Romance-Comedy) Jason Biggs												
MOTOR	246	Engine	Engine	Hot Rod	Roadkill	Roadkill	Garage	Full Custom Garage	Hot Rod	Roadkill	Garage	Full Custom Garage	Engine	Engine				
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		Dateline		
NATGEO	197	Drug Lords: Next Gen.		Drug Lords: Next Gen.		Drug Lords: Next Gen.		Drug Lords: Next Gen.		Locked Up Abroad		Locked Up Abroad		Locked Up Abroad		Locked Up Abroad		
NGWLD	190	Critic Fixers		Critic Fixers		Heartland Docs, DVM		Critic Fixers		Critic Fixers		Heartland Docs, DVM		Heartland Docs, DVM		Paid Programs		
OUTD	396	Longmire	Wardens	The Trail	The Trail	Longmire	Wardens	The Trail	The Trail	Viral	Hunts	Das Boat	Angling	Govdy	Bass			
OWN	189	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters			
OXYG	127	Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped				
PARMT	241	The Fugitive ★★★ ('93, Suspense) Harrison Ford, Tommy Lee Jones			The Accountant★★★ ('16, Suspense) Ben Affleck, Anna Kendrick			Movie										
POP	117	Movie						Message in a Bottle★★ ('99, Romance) Kevin Costner			Nights in Rodanthe★★ ('08, Romance)							
REELZ	299	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Paid Programs		
RFDTV	231	Bluegrass	Penny G	Reporter	FarmHer	Farming	Blu. Trail	Country	Rural News	Bluegrass	Penny G	Reporter	Farming	Paid Programs				
SCI	193	How/Made	How/Made	How Do?	How/Made	How/Made	How/Made	How/Made	How Do?	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made	How/Made		
SMITH	367	Air Disasters		Air Disasters		Air Disasters		Am. Princesses		Murderous History		Murderous History		Murderous History		Murderous History		
SONY	386	Cowboy Up ('00)		The Mask of Zorro ('98, Adventure) Antonio Banderas		(29) Cowboy Up ('00, Drama) Marcus Thomas		(20) The Mask of Zorro ('98, Adventure)		Art of								
SUND-E	358	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Columbo		Columbo		
SYFY	122	(10) Quantum Leap		(15) Quantum Leap		(20) Quantum Leap		(25) Quantum Leap		(33) Quantum Leap		(40) Quantum Leap		(45) Quantum Leap				
TBN	260	Mother's Day		Mother's Day		Greenberg		Centerpoint		Praise		Prince		Robert		Gaither		
TBS	139	Men in Black ('97)		Men in Black II★★ ('02, Action) (45)		Men in Black 3★★★ ('12, Action) Will Smith		Full Frontal		Avengers: Infinity War ('18, Action) Robert Downey Jr.								
TCM	132	The Harvey Girls ('46, Musical Comedy)		Easter Parade ('48, Musical Comedy)		Summer Stock ★★★ ('50, Musical Comedy)		Puppet Master★★ ('89, Horror) (45) Magic										
TLC	183	90 Day Fiancé (N)		90 Day		TBA		90 Day		90 Day Fiancé		90 Day		TBA		90 Day		
TMC-W	329	Bill & Ted's Excellent Adventure		Boy ('10, Comedy-Drama) 'NR'		Monsoon Wedding ('01, Comedy-Drama) 'R'		The Farewell ('19) Awkwafina 'PG'		(40) Queen of the Morning Calm								
TNT	138	Justice League★★ ('17, Action) Ben Affleck		All Elite Wrestling		Rich & Shameless		Girls Gone Wild Exposed		Justice League★★ ('17, Action) Ben Affleck, Henry Cavill								
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Jokes		
TRVL	196	Ghost Adventures		Ghost Adventures		Haunted History Lives On (N)		Ghost Adventures		Ghost Adventures		Ghost Adventures		Haunted History Lives On		Ghost Adventures		
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	Raymond	Raymond	Raymond	Raymond			
UP	188	The Wedding Planners (N)		The Wedding Planners (N)		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Paid Programs		
USA	105	9-1-1 Buck, Actually		9-1-1 Hen Begins		9-1-1 Merry Ex-Mas		Independence Day★★★ ('96, Science Fiction) Will Smith, Bill Pullman		Antwone Fisher ('02, Drama) Derek Luke								
WE	128	Mama June- Not to Hot		Mama June- Not to Hot		Mama June- Not to Hot		Mama June- Not to Hot		(12:01) Brat Loves Judy		Mama June- Not to Hot		Mama June- Not to Hot		Mama June- Not to Hot		

LOCAL NETWORKS

ABC-E	Shark Tank		20/20 (N)				Local Prog.			(35) Jimmy Kimmel Live!			Nightline (N)			Local Programs									
CBS-E	Come Dance With Me (N)				Magnum P.I.		Blue Bloods			Local Prog.			Late Show-Colbert			James Corden									
CW-E	Penn & Teller: Fool Us		Animals		Animals		Local Programs																		
FOX-E	WWE Friday Night SmackDown (L)																								
NBC-E	American Ninja Warrior					Dateline NBC (N)			Local Prog.			Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		1st Look		1st Look			
METV	247*	Andy G.	Andy G.	G. Pyle	Green Ace	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone		Hitchcock	Hitchcock	(05) Mannix		(05) Cannon		The Hero							
ABC-W	Local Programs			News		Local Programs			Shark Tank			(12:01) 20/20 (N)			Local Prog.			(35) Jimmy Kimmel Live!			Nightline (N)				
CBS-W	Local Programs			News		Local Programs			Come Dance With Me (N)			Magnum P.I.		Blue Bloods			Local Prog.			Late Show-Colbert			Corden		
CW-W	Local Programs					Penn & Teller: Fool Us			Animals		Local Programs														
FOX-W	Local Programs					WWE Friday Night SmackDown (N)						Local Programs													
NBC-W	Local Prog.		News		Local Programs			Local Prog.		News		American Ninja Warrior			Dateline NBC (N)		Local Prog.		Tonight Show-J. Fallon		Meyers				
PBS	Wash	Hoover	Great Performances at the Met <i>Rigoletto (N)</i>				Amanpour-Co			Wash	Hoover	Great Performances at the Met <i>Rigoletto</i>													

DIG (00:00) = Based on Eastern Time. *MeTV channel numbers vary depending on local market.

Table with 14 columns representing time slots from 4AM to 11:30 and 4 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, and PACIFIC.

PREMIUM MOVIES

Main program grid listing channels (e.g., HBO, MAX, SHOWTIME, STARZ, EPIX), program numbers, titles, and descriptions.

AMERICA'S TOP PROGRAMMING

Grid listing various channels (A&E, AMC, etc.) and their top programming options for the day.

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Mom	FXM Pres.	Paid Programs				Mom Pilot	Mom	Mom	Family Guy	Family Guy	Family Guy	Family Guy	House With a Clock in Walls				
FXM	384	Quintet ('79, Science Fiction) <i>Paul Newman</i> 'R'				Devils of Darkness ('65) 'NR'			Race With the Devil ('75) 'PG'			The Fury ('78, Suspense) <i>Risk Douglas</i> 'R'			Quintet ★★ ('79) 'R'				
FX	125	Paid Programs							Downhill ('20, Comedy-Drama) <i>Will Ferrell</i>			Neighbors 2: Sorority Rixing ('16, Comedy)			Cleveland	Cleveland			
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries			Paid Programs			Curios -ity	Curios -ity	Laredo	Here Come the Brides				
GMSHW	116	Paid Programs																	
GOLF	401	Live From the U.S. Open				Live From the U.S. Open				Live From the U.S. Open (L)				LPGA Golf					
GRIT	217	Paid Programs				The Virginian <i>Death Wait</i>				Death Vall.		Death Vall.	Laramie	Rage at Dawn ('55, Western) <i>Randolph Scott</i>					
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Love by Chance ('16, Romance) <i>Beau Garrett</i>					
HALLDR	186	Medicine Woman		Medicine Woman		Little House on the Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie					
HALLMV	187	Monk		Monk		Monk		Monk		Monk		Monk		Morning					
HDMOV	130	Paid Programs										Hangman's Knot ('52, Western)		Sunset ★★ ('88, Comedy-Drama)	<i>Bruce Willis</i>		Hudson		
HERIC	293	The District		The District <i>Worst Block</i>		Superman	Superman	Renegade		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Wonder Woman			
HGTV	112	Paid Programs							Celebrity IOU		Celebrity IOU		Celebrity IOU		Celebrity IOU		Celebrity IOU		
HIST	120	Paid Programs							TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA			
ID	192	Nightmare Next Door		Nightmare Next Door		Nightmare Next Door		Someone You		Someone You		Dark Waters: Murder		Dark Waters: Murder		Dark Waters: Murder			
IFC	133	Hunted	RoboCop ★★ ('14, Science Fiction) <i>Joel Kinnaman</i>			The Hurt Locker ★★ ('08, War) <i>Jeremy Renner, Anthony Mackie</i>					Zero Dark Thirty ('12, Drama) <i>Jessica Chastain</i>								
LAFF	237	Paid Programs				Videos	Funnest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court		
LIFE	108	Paid Programs										Paid Programs				Deadly Yoga Retreat			
LMN	109	Paid Programs				A Father's Nightmare ('18, Suspense)				Double Daddy ('15, Drama) <i>Mollie Gray</i>			Fatherly Obsession ('17, Suspense)						
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Fixer Upper			
MGMHD	385	Up the Creek ★ ('84, Comedy) <i>Tim Matheson</i>		Theater of Blood ('73, Horror) <i>Vincent Price</i>												The Dungeonmaster ('84, Science Fiction)		Ghoulies ★★ ('85, Horror) <i>Peter Liapis</i>	
MOTOR	246	Texas Metal		FantomWorks		Hot Rod	GearZ	Bitchin' Rides	Hot Rod	Classic Car	Sam's	Sam's	Car Fix	Coffee	Car Fix	Garage			
MSNBC	209	Dateline		Dateline		Zerlina (N)		The Katie Phang Show (L)		Velshi (L)		Velshi (L)		The Cross Connection		With Tiffany Cross (L)			
NATGEO	197	Locked Up Abroad		Locked Up Abroad		Paid Programs					Locked Up Abroad		Locked Up Abroad		Locked Up Abroad				
NGWLD	190	Paid Programs							The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		
OUTD	396	Bill Dance	Outdr.	Fishing	Fishing	Gowdy	Lake	Zonas	A Fishing	Fisherman	Fishing	Conchs	BigWater	Andrews	Seahunter	Unfathom	Spear Life		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil			
OXYG	127	Snapped		Snapped		Dateline		Dateline		Snapped		Snapped		Snapped		Snapped			
PARMT	241	Paid Programs										NCIS		NCIS		NCIS		NCIS	
POP	117	Nights in Rodanthe		Charmed		Charmed		Charmed		Charmed		Charmed		Charmed		Nights in Rodanthe			
REELZ	299	Paid Programs				Balloon Boy: Notorious		Anthony Weiner		The Bling Ring		Slender Man Stabbing		The Untold Story		House of Hor.			
RFDTV	231	Paid Programs				Rural America Live		Red Ste.	DocTalk	Agribusiness		Cattlemen to Cattlemen		U.S. Farm Report (N)		Machinery	Mecum		
SCI	193	What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?			
SMITH	367	Murderous History		Murderous History		Aerial America		Aerial America		Aerial America		Aerial America		Aerial America		Aerial America			
SONY	386	The Art of War III: Retribution		[:16] The Three Burials of Melquiades Estrada 72 Hours										(7:50) Unthinkable ('10, Drama)	Planet	(9:58) Against All Odds ('84, Crime Drama)			
SUND-E	358	Columbo		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Profession			
SYFY	122	Quantum Leap		(4:55) Quantum Leap	Paid Programs				Quantum Leap		Quantum Leap		Quantum Leap		Quantum Leap				
TBN	260	Danah	Jordan	Harbinger II	Rubin	Robert	Joel Osteen	Prince	VeggieTales			Joel Osteen		Prince	S. Furtick	Franklin			
TBS	139	Avengers		Matters	Matters	Rat in the Kitchen		Rat in the Kitchen		American	American	American	Burgers	Burgers	Burgers	Burgers			
TCM	132	Magic ★★ ('78, Horror)		When You			Joy in the Morning ★★ ('65, Drama)		Captain	Rockets-Rnge		F. Gordon	The Case of the Curious Bride Miracle						
TLC	183	Doubling Down-Derricos		Doubling Down-Derricos		Addiction	Addiction	Addiction	Addiction	My Strange Addiction		My Feet Are Killing Me		My Feet Are Killing Me		My Feet Are Killing Me			
TMC-W	329	[:10] The Long Shadow ('20) 'NR'		[:45] Mojave ('15, Suspense) <i>Oscar Isaac</i> 'R'		(35) Blithe Spirit ('20, Comedy)		PG-13'		(25) Ice Girls ('16) 'PG'		Waves ('19, Drama) 'R'							
TNT	138	Joker ('19, Crime Drama) <i>Joaquin Phoenix</i>		NCIS: New Orleans				NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans			
TRU	242	World's Dumbest ...		World's Dumbest ...		Funnest	Funnest	Funnest	Funnest	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers		
TRVL	196	Paid Programs							Best Places to Pig Out		Best Places to Pig Out		Best Places to Pig Out		Best Places to Pig Out		Best Places to Pig Out		
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne			
UP	188	Paid Programs				Heartland		Heartland		Heartland		Little House on Prairie		Little House on Prairie		Little House on Prairie			
USA	105	Antwone		Dateline <i>Life Inside</i>		Miz & Mrs	Chicago P.D. <i>Anthem</i>		Chicago P.D. <i>Sisterhood</i>		Chicago P.D. <i>Profiles</i>		Chicago P.D.		Chicago P.D. <i>Ghosts</i>		Chicago P.D. <i>Payback</i>		
WE	128	Growing Up Hip Hop		Paid Programs				NCIS <i>Cloak</i>		NCIS <i>Cloak</i>		NCIS <i>Cloak</i>		NCIS <i>Dagger</i>					

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs		Local Programs		Good Morning America (N)		Good Morning America (N)		Local Programs				Local Prog.				
CBS-E	Local Programs				Local Programs		L Dog (N)	Innovation	Mission	Hope-Wild	CBS Saturday Morning (N)			Pet Vet	All In		
CW-E	Local Programs				Local Programs		Local Prog.		Local Prog.	Into Wild	Into Wild	Into Wild	Into Wild	Open Rd	Ready-Pet	Local Programs	
FOX-E	Local Programs				Local Programs				Local Programs				Local Programs				
NBC-E	1st Look	Local Programs			Local Programs		Local Programs		🏇 Horse Racing <i>Royal Ascot</i> From Ascot Racecourse in Berkshire, England. (L)								
METV	247*	(05) Barnaby Jones	Petticoat	Petticoat	Hillbillies	Hillbillies	Pink Panther's Party		The Tom and		Bugs Bunny (N)		Maverick <i>Stampede</i>		Wagon Train		
ABC-W	Local Programs				Good Morning America (N)		Good Morning America (N)		Local Prog.				Local Prog.				
CBS-W	ⓈCorden	Local Programs			CBS Saturday Morning (N)		L Dog (N)				Innovation						
CW-W	Local Programs				Local Programs		Local Prog.		Local Prog.	Into Wild	Into Wild	Into Wild	Into Wild				
FOX-W	Local Programs				Local Programs				Local Programs								
NBC-W	ⓈMeyers	News	Top Story With		1st Look	1st Look	1st Look	Local Programs		🏇 Horse Racing <i>Royal Ascot</i> From Ascot Racecourse in Berkshire, England. (L)							
PBS	Broadchurch		Old House	Old House	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.		Pinkalicious

Table with 16 columns representing time slots (12PM, 12:30, 1PM, 1:30, 2PM, 2:30, 3PM, 3:30, 4PM, 4:30, 5PM, 5:30, 6PM, 6:30, 7PM, 7:30) and rows for different time zones: EASTERN, CENTRAL, MOUNTAIN, PACIFIC.

PREMIUM MOVIES

Main content table with rows for premium movies and TV shows. Includes channels like HBO, MAX, SHOWTIME, STARZ, and EPIX, with titles such as 'Down a Dark Hall', 'Street Gang: How We Got to Sesame Street', 'Dear Evan Hansen', etc.

AMERICA'S TOP PROGRAMMING

Main content table with rows for America's Top Programming. Includes channels like A&E, AMC, AXSTV, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTV, FETV, FMC, FNC, FOOD, FREFM, and F51, with various program titles and descriptions.

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	House	Passengers ★★ ('16, Science Fiction) <i>Jennifer Lawrence</i>	Assassin's Creed ★★ ('16, Action) <i>Michael Fassbender</i>	Jurassic World ★★ ('15, Adventure) <i>Chris Pratt</i>
FXM	384	Quintet ★★ ('79) 'R' Alien ('79, Science Fiction) <i>Tom Skerritt</i> 'R'	Alien: Covenant ★★ ('17, Science Fiction) 'R'	('20) Dawn of the Planet of the Apes ('14) 'PG-13'	
FXM	125	King of Hill King of Hill King of Hill King of Hill King of Hill	Simpsons Simpsons Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons
GETTV	373	♣Brides Hondo	(:45) The Outcasts <i>The Heady Wine</i>	Father Murphy	Hawkeye <i>The Child</i>
GMSHW	116	Ma. Minds Ma. Minds Ma. Minds Ma. Minds	Chain Rea. Chain Rea. Chain Rea. Chain Rea.	America America	FamFeud FamFeud FamFeud FamFeud
GOLF	401	♣LPGA Golf	Feherty <i>Raymond Floyd</i> Feherty	♀ LPGA Tour Golf <i>Meijer LPGA Classic, Third Round (L)</i>	
GRIT	217	Ride the High Country ('62, Western) <i>Randolph Scott</i>	Frontier Marshal ('39, Western)	Comanche Station ★★ ('60, Western)	Gunfighters ('47, Western) <i>Randolph Scott</i>
HALL	185	Autumn Dreams ('15, Romance-Comedy)	Love, for Real ('21, Romance) <i>Chloe Bridges</i>	Hidden Gems ('22, Romance) <i>Hunter King</i>	Love, Classified ('22, Romance) <i>Melora Hardin</i>
HALLDR	186	Little House on Prairie	Be My Valentine ('13, Romance)	Come Dance at My Wedding ('09, Drama)	Love on the Air ('15, Romance-Comedy)
HALLMV	187	♣Morning	Morning Show Mysteries <i>Murder on the Menu</i>	Morning Show Mysteries <i>A Murder in Mind</i>	Morning Show Mysteries <i>Countdown to Murder</i>
HDMOV	130	Hudson Hawk ('91)	(:15) Striking Distance ★★ ('93, Suspense)	(:05) Last Man Standing ★★ ('96, Action)	(:45:55) The Cold Light of Day ('12) (:40) Sunset ('88, Comedy-Drama)
HERIC	293	MacGyver	MacGyver <i>Jack of Lies</i>	Martial Law	Lethal Weapon
HGTV	112	Great Giveback	No Demo Reno	No Demo Reno	No Demo Reno
HIST	120	TBA	TBA	TBA	TBA
ID	192	Fear Thy Neighbor	Fear Thy Neighbor	Fear Thy Neighbor	Dead Silent
IFC	133	Zero Dark Thirty ('12, Drama)	Taken 3 ★★ ('14, Action) <i>Liam Neeson, Forest Whitaker</i>	Fool's Gold ★ ('08, Action) <i>Matthew McConaughey</i>	The Bounty Hunter ★★ ('10)
LAFF	237	Nt. Court Nt. Court	Videos Videos	Funniest Funniest	How I Met How I Met
LIFE	108	Yoga	Lies My Sister Told Me ('22)	The Good Father: The Martin MacNeill Story	Girl in the Shed: Kidnapping of Abby
LMN	109	Her Deadly Sugar Daddy ('20, Suspense)	Trapped by My Sugar Daddy ('22, Suspense)	Killer Daddy Issues ('20, Suspense)	My Father's Other Family ('21, Suspense)
MAGN	111	Van Go (N) Van Go	S Dad (N) S Dad (N)	Maine Cabin Masters	Maine Cabin Masters
MGMHD	385	Ghoulies II ★★ ('88, Horror) <i>Damon Martin</i>	From Beyond ('86, Horror) <i>Jeffrey Combs</i>	(3:55) The Horror Show ★★ ('89, Horror)	
MOTOR	246	Four Four	Truck U Garage	Garage Squad	Garage Squad
MSNBC	209	Alex Witt Reports (L)	Alex Witt Reports (L)	Yasmin Vossoughian	Yasmin Vossoughian
NATGEO	197	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix
NGWLD	190	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol
OUTD	396	Major League Fishing	Major League Fishing	Cups	Fishing Bass
OWN	189	Dr. Phil	Hunters Hunters	Hunters Hunters	Hunters Hunters
OXYG	127	Snapped	Snapped	Snapped	Snapped
PARMT	241	NCIS	NCIS	NCIS	Movie
POP	117	Nights in Rodanthe ★★ ('08, Romance)	Message in a Bottle ★★ ('99, Romance) <i>Kevin Costner</i>	Movie	
REELZ	299	House of Hor.	Scott Peterson: The Friends Speak	Cops Rel. Cops Rel.	Cops Rel. Cops Rel.
RFDTV	231	♣Mecum	Classic Tractor Fever	Machinery	Ag PhD SharkFar.
SCI	193	What on Earth?	What on Earth?	What on Earth?	What on Earth?
SMITH	367	Aerial America <i>Nevada</i>	Volcanoes: Dual	Supervolcano	Bl vs. Plane: Miracle
SONY	386	(:14) Alien Hunter ('03, Science Fiction)	(:1:59) Silent Rage ('82, Action) <i>Chuck Norris</i>	(:3:53) Rage and Honor ('92, Action)	(:39) Rage and Honor II: Hostile Takeover ('93) Fortress
SUND-E	358	The Professional ('94, Suspense) <i>Jean Reno</i>	Copycat ★★ ('95, Suspense) <i>Sigourney Weaver</i>	(:45) The Negotiator ★★ ('98, Suspense) <i>Samuel L. Jackson, Kevin Spacey</i>	
SYFY	122	Quantum Leap	Exodus: Gods and Kings ★★ ('14, Action) <i>Christian Bale, Joel Edgerton</i>	(:28) The Mechanic ('11, Action) <i>Jason Statham</i>	(:32) The Fast and the Furious
TBN	260	R. Jeffress	Veggie	Drive Thru History	Praise
TBS	139	Friends Friends	Friends Friends	Avengers: Infinity War ★★ ('18, Action) <i>Robert Downey Jr.</i>	(:12) Avengers: Endgame ★★ ('19, Action) <i>Robert Downey Jr.</i>
TCM	132	Boys Town ★★ ('38, Drama)	(:45) Rebel Without a Cause ('55, Drama)	(:45) Four for Texas ★★ ('63, Western) <i>Frank Sinatra</i>	Dean Martin: King of Cool ('21, Documentary)
TLC	183	My 600-Lb. Life <i>Kelly's Story</i>	My 600-Lb. Life <i>Michael's Story</i>	Little People, Big World	Little People, Big World
TMC-W	329	Waves ('19, Drama) 'R'	(:15) Another 48 HRS. ★★ ('90, Action) 'R'	(:2:55) Almost Famous ('00, Comedy-Drama) 'R'	The Skulls ★ ('00, Suspense) 'PG-13'
TNT	138	Shaft ★★ ('19, Action) <i>Samuel L. Jackson, Jessie T. Usher</i>	Men in Black ('97, Action) <i>Tommy Lee Jones</i>	Men in Black II ★★ ('02, Action)	(:15) Men in Black 3 ('12, Action) <i>Will Smith</i>
TRU	242	Jokes Jokes	Jokes Jokes	Jokes Jokes	Imp. Jokers/After Party
TRVL	196	Most Terrifying Places	Most Terrifying Places	Most Terrifying Places	Most Terrifying Places
TVLND	106	Roseanne Roseanne	Mike Mike	Mike Mike	Mike Mike
UP	188	Little House on Prairie	Little House on Prairie	Little House on Prairie	A Honeymoon to Remember ('21)
USA	105	USFL Football <i>Teams</i>	TBA	Independence Day ★★ ('96, Science Fiction) <i>Will Smith, Bill Pullman</i>	Captain America: Civil War ('16, Action)
WE	128	NCIS <i>Road Kill</i>	NCIS <i>Silent Night</i>	NCIS <i>Caged</i>	NCIS <i>Broken Bird</i>

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Local Programs	Premier Lacrosse League	MLS Soccer	Local Programs	News	Local Programs
CBS-E	Local Prog./Local Programs	Racing Preview	Big3 Koff	♣ BIG3 Basketball (L)		Local Prog./News
CW-E	Local Programs					
FOX-E	Local Programs		USFL	♣ USFL Football Teams TBA (L)		MLB Baseball
NBC-E	♀ 2022 U.S. Open Golf Championship Third Round From The Country Club in Brookline, Mass. (L)					
METV	247*	The Big Valley	Gunsmoke <i>Old York</i>	Bonanza	Rawhide	Haw Gun/Wanted...
ABC-W	Local Programs	Premier Lacrosse League	MLS Soccer	Local Programs	News	Local Programs
CBS-W	Mission	Local Programs	Racing Preview	Big3 Koff	♣ BIG3 Basketball (L)	
CW-W	Into Wild	Into Wild	Open Rd	Ready-Pet	Local Programs	Local Prog./Local Programs
FOX-W	Local Programs		USFL	♣ USFL Football Teams TBA (L)		♣ MLB Baseball (L)
NBC-W	♀ 2022 U.S. Open Golf Championship Third Round From The Country Club in Brookline, Mass. (L)					
PBS	Dinosaur	Cyberchase	Old House	Old House	MotorWeek	Old House



EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

HBO	HBO-E	310	Non-Stop ('14, Action) <i>Liam Neeson</i> 'PG-13'	Time	Sam Jay	(10) Barry	(40) The Matrix Resurrections ('21, Science Fiction) 'R'	(10) The Suicide Squad ('21, Action) 'R'
	HBO2	312	(B) Barry Barry The Stepford Wives ('04) 'PG-13'	(35) Golden Arm ('20) 'NR'	Real Time, Bill Maher	Last Week	Sam Jay	(15) The Hangover Part III ('13, Comedy) 'R'
	HBO5	314	Across the Universe ('07, Musical) 'PG-13'	(15) Limitless ★★ ('11, Suspense) 'PG-13'	Wrong Turn at Tahoe ('09) 'R'	(35) The Last Duel ('21, Historical Drama) <i>Matt Damon</i> 'R'	(12:14) West Side Story ('21, Musical) 'PG-13'	
	HBOF	315	(M) Magorium (35) Racing Stripes ★★ ('05, Children's) 'PG'	(40) Diary of a Mad Black Woman ('12) 'PG-13'	(12:14) Venus and Serena ('12) 'PG-13'	(15:54) West Side Story ('21, Musical) 'PG-13'		
	MAX	307	The Benchwarmers ('06) 'PG-13'	(27) The Animal ★ ('01) 'PG-13'	(10:52) Strange but True ('19)	(28) Blood Father ('16, Action) 'R'	(1:58) John Grisham's The Rainmaker ('97)	
5MAX	308	(B) Biker Boyz ★★ ('03) Borat: Cultural Learnings	(24) Adventureland ('09) 'R'	(12:11) 2 Minutes of Fame ('20, Comedy) 'R'	(1:49) The X-Files ('98, Science Fiction) 'PG-13'			
MMA	309	(C) Confidence ('03) 'R'	The Great Gatsby ('13, Drama) <i>Leonardo DiCaprio</i> 'PG-13'	(23) The World's End ('13) 'R'	(12) Vanilla Sky ★★ ('01, Suspense) <i>Tom Cruise</i> 'R'	Jay &		
SHOWTIME	SHO-E	318	The Chi	🎪 Boxing Jermall Charlo vs. Maciej Sulecki (L)	Man Who Fell	Desus	Lamb ★★ ('21, Horror) <i>Noomi Rapace</i> 'R'	
	SHO2	320	The L Word	I Love I Love I Love I Love	I Love I Love I Love	Hereditary ('18, Horror) <i>Toni Collette</i> 'R'	(40) Last Vegas ('13) 'PG-13'	
	SHOBET	321	(S) Support the Girls ('18) The First Lady <i>Rift</i>	Man Who Fell	Richard Pryor: Omit the Logic 'R'	Desus	Beverly Hills Cop ('84, Comedy) 'R'	
	SHOX	322	(E) Event Horizon ('97) 'R'	(15) Crank ★★ ('06, Action) 'PG-13'	(45) Pulp Fiction ★★ ('94, Crime Drama) <i>John Travolta</i> 'R'		Boxing Jermall Charlo vs. Maciej Sulecki	
	SHOS	323	Stillwater ★★ ('21, Drama) <i>Matt Damon</i> 'R'	Ida Red ('21, Crime Drama) <i>Josh Hartnett</i> 'R'	Wrong Turn ('21, Horror) <i>Charlotte Vega</i> 'R'	(20) The Bronze ('15, Comedy) 'R'		
TMC	327	(G) Good Time ('17) 'R'	It Cuts Deep ('20, Horror) 'NR'	(20) Useless Humans ('20) 'NR'	(40) It Cuts Deep ('20, Horror) 'NR'	Useless Humans ('20) 'NR'		
FLIX-E	333	Letters to Juliet ★★ ('10, Drama) 'PG'	Troop Beverly Hills ★★ ('89, Comedy) 'PG'	Piranha ★★ ('10, Horror) 'R'	Clue ★★ ('85, Mystery) 'PG'	(15) Drop Zone ('94)		
STARZ	ENCR-E	340	Waterworld ('95)	For Love of the Game ('99, Drama) <i>Kevin Costner</i> 'PG-13'	(21) Revenge ('90, Suspense) <i>Kevin Costner</i> 'R'	(28) Held Up ('00, Comedy) 'PG-13'	(2:59) Joe Kidd ('72)	
	STARZ-E	350	(14) The Intruder ★ ('19, Suspense) 'PG-13'	P-Valley	(07) Boyz n the Hood ('91, Drama) 'R'	(04) P-Valley	(11) Shot Caller ('17, Crime Drama) 'R'	
	STRZED	352	(06) P-Valley	(12) American Pie 2 ★★ ('01, Comedy) 'R'	<i>Gaslit Final Days</i>	(12:01) P-Valley	(07) Say It Isn't So ★ ('01) 'R'	
	STRZCI	353	(L) Legends of the Fall	Becoming Elizabeth	Captain Fantastic ('16, Comedy-Drama) 'R'	(12:03) Talk to Her ★★ ('02, Drama) 'R'	(1:59) American Hustle ('13, Crime Drama) 'R'	
	STRZCO	354	Charlie's Angels: Full Throttle ('03) 'PG-13'	(9:48) Hanging Up ('00) 'PG-13'	(25) Tremors ('90, Horror) 'PG-13'	(04) For Love or Money ('93) 'PG'	(40) Diamonds ('99) 'PG-13'	
STRZIB	355	Jumanji: Welcome to the Jungle ('17) 'PG-13'	Nine Days ('20, Fantasy) <i>Winston Duke</i> 'R'	(12:07) Legion ('10, Horror) <i>Paul Bettany</i> 'R'	(1:49) The 24th ('20) 'NR'	Clockers		
STRZKF	356	Harriet the Spy ★★ ('96) 'PG'	(43) Johnny English ('03) 'PG'	(12) Johnny English Reborn ('11, Comedy) 'PG'	(12:55) Ghostbusters: Afterlife ('21) 'PG-13'	Born Wild/Bon Voyage		
EPIX	EPIX	380	The Marksman ('21, Action) <i>Liam Neeson</i>	(9:50) Wrath of Man ★★ ('21, Action)	(11:50) We Were Soldiers ★★ ('02, War)	(10) The Haunting ('99, Horror) <i>Liam Neeson</i>	Longest	
	EPIX2	381	Fences ★★ ('16, Drama) <i>Denzel Washington</i>	(20) Flight ('12, Drama) <i>Denzel Washington</i>	(40) Blue Chips ('94, Drama) <i>Nick Nolte</i>	Billy the Kid	Longest	
	EPIXH	382	The Hunger Games: Mockingjay, Part 1 ('14)	(05) The Hunger Games: Mockingjay, Part 2 ('15)	(25) Star Trek Into Darkness ('13) <i>Chris Pine</i>	(40) Arrival ('16, Science Fiction)		
	EPIXDR	292	World War Z ★★ ('13, Horror) <i>Brad Pitt</i>	Snatch ('00, Comedy-Drama)	(45) Allied ★★ ('16, Historical Drama) <i>Brad Pitt</i>	(1:50) Kalifornia ('93, Suspense) <i>Brad Pitt</i>		

AMERICA'S TOP PROGRAMMING

A&E	118	The First 48	First Blood (N)	Panic 9-1-1 (N)	The First 48	The First 48	First Blood	Panic 9-1-1	The First 48
AHC	195	Capital of Deception	Code Breakers	Ancient Astronauts	America's Zombie Army	Capital of Deception	Code Breakers	Ancient Astronauts	America's Zombie Army
AMC	131	Lethal Weapon 2 ('89, Action) <i>Mel Gibson</i>	Lethal Weapon 3 ★★ ('92, Action) <i>Mel Gibson</i>	Lethal Weapon 4 ★★ ('98, Action) <i>Mel Gibson, Danny Glover</i>	Walk:Dead				
APL	184	Shark Academy (N)	River Monsters	River Monsters	River Monsters	Shark Academy	River Monsters	River Monsters	River Monsters
AXSTV	167	The Story of Jay-Z	Beats, Rhymes & Life: The Travels	Kanye West: A Higher Power	The Story of Jay-Z	Beats, Rhymes & Life: The Travels	Top Ten		
BBCA	135	Planet Earth: Dynasties (N)	(24) Planet Earth: Africa	(25) Planet Earth: Africa	(25) Planet Earth: Africa	(25) Planet Earth: Africa	(25) Planet Earth: Dynasties	Planet Earth: Africa	
BET	124	Get Rich or Die Tryin' ★★ ('05, Crime Drama) <i>Curtis 50 Cent Jackson</i>	8 Mile ★★ ('02, Drama) <i>Eminem, Kim Basinger</i>	Martin	Martin	Martin	Martin		
BOUNCE	359	Nutty Professor II: The Klumps ('00, Comedy)	Tyler Perry's Meet the Browns ★★ ('08, Comedy-Drama)	Showtime ★★ ('02, Comedy) <i>Robert De Niro</i>	The Wash ('01, Comedy) <i>Dr. Dre</i>				
BRAVO	129	Movie	Movie	Movie	Movie	Love Match Atlanta	Housewives-Atlanta	Housewives-Atlanta	
BUZZR	245	Match-Squares	Super Pass, Super Pass, Sweep	Sweep	Match-Squares	Super Pass, Super Pass, Sweep	Supermarket Sweep	Password	Password
CIHD	249	Crime 360 <i>Senseless</i>	Crime 360	Crime 360 Overkill	Crime 360	Crime 360 <i>Senseless</i>	Crime 360	Crime 360 Overkill	Crime 360
CMT	166	Grumpy Old Men	Movie	Movie	Movie	Movie	Movie	Housewife/Housewife	
CNBC	208	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	Paid Programs	American Greed
CNN	200	CNN Newsroom	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program
COM	107	Movie	Movie	Movie	Movie	South Park	South Park/South Park	South Park/South Park	
COMET	289	Puppet Master ('89)	Puppet Master II ★ ('90, Horror)	Puppet Master III ('91, Horror) <i>Guy Rolfe</i>	Contamination .7 ('93, Horror) <i>Jason Saucier</i>				Paid Programs
COOK	113	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America
DISC	182	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid
DFC	179	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss
DISN-E	172	Movie	Amphibia (N)	Gabby	Big City	Raven	Roll With It	Jessie	Jessie
ENCR-W	341	The Postman ('97, Drama) 'R'	(41) Waterworld ('95, Science Fiction) <i>Kevin Costner</i> 'PG-13'	For Love of the Game ('99, Drama) <i>Kevin Costner</i> 'PG-13'	(21) Revenge ('90, Suspense) 'R'				
EWESTN	342	The Undefeated ★★ ('69, Western) 'G'	(9:59) The Nevadan ('50) 'NR'	(22) California ('46, Western) 'NR'	The Mountain Men ★ ('80) 'R'	(43) The Comancheros ('61) 'NR'			
EACTN	343	The Last Castle ★★ ('01, Suspense) 'R'	(09) Enemy Mine ('85, Science Fiction) 'PG-13'	The Evil That Men Do ('84) 'R'	(39) Fist of Fury ('72, Adventure) <i>Bruce Lee</i> 'R'	Gunman			
ESUSP	344	The Violent Heart	Spy Game ('01, Suspense) <i>Robert Redford</i> 'R'	The Possession of Hannah Grace (38) Tales From the Hood ('95, Horror) 'R'	(18) Bordertown ('07, Mystery) 'R'				
EBLACK	345	(08) Tyler Perry's the Family That Preys ('08)	Jumping the Broom ('11, Comedy) 'PG-13'	(11:55) Honey ('03, Drama) 'PG-13'	(33) Prom Night ('08) 'PG-13'	(03) 5 Flights Up ('14)			
ECLASS	346	Escape Room ('19)	L.A. Confidential ('97, Crime Drama) <i>Kevin Spacey</i> 'R'	(20) The Ghost and the Darkness ('12) Tangled ('01, Suspense) 'R'	(44) Spider-Man: Homecoming				
EFAMILY	347	On the Line ('01) <i>Lance Bass</i> 'PG'	(27) Clockstoppers ★★ ('02) 'PG'	(02) H Is for Happiness ('19) 'NR'	(42) Monkey Trouble ('94, Children's) 'PG'	(19) Bogus ('96, Children's) 'PG'			
ESPN	140	Ⓞ UFC Fight Night: Kattar vs. Emmett (L)	🎪 Boxing Top Rank Boxing (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter (L)	SportsCenter	SportsCenter
ESPN2	143	2022 Men's College World Series	SportsCenter	SportsCenter	W. Studios	W. Studios	W. Studios	UFC	UFC Archival
EWTN	261	Saint Peter (Part 1 of 2)	Living Right	Web/Faith	Bookmark	Daily Mass	Fr. Spitzer's Universe	Living	Saints
FETV	82	Perry Mason	Perry Mason	Emergency!	<i>Virus</i>	Emergency!	<i>Peace Pipe</i>	B. Miller	B. Miller
FMC	387	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie
FNC	205	One Nation	Dan Bongino	Lawrence Jones	One Nation	Dan Bongino	Lawrence Jones	One Nation	Dan Bongino
FOOD	110	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners
FREFM	180	Hotel Transylvania (8:50) Hotel Transylvania 2 ('15, Children's)	(10:55) Mrs. Doubtfire ★★ ('93, Children's) <i>Robin Williams</i>	Paid Programs					
F51	150	NASCAR RaceDay	NASCAR Truck Series	Drag Racing	USFL Football	<i>Teams TBA</i>	MLB Baseball		

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Jurassic World: Fallen Kingdom ★★★ ('18, Adventure) <i>Chris Pratt</i>				The Old Man				The Old Man				Shadows	Shadows	Shadows	Shadows				
FXM	384	Alien ★★★★★ ('79, Science Fiction) <i>Tom Skerritt</i> 'R'				(25) Alien Resurrection ('97, Science Fiction) 'R'				(20) Alien: Covenant ('17, Science Fiction) 'R'				FXM Pres. Day Earth-Still							
FXM	125	Family Guy/Family Guy/Family Guy/Family Guy/Family Guy				Family Guy/Family Guy/Archer				Archer				Archer Dave Dave FXM Pres.							
GETTV	373	Walker, Texas Ranger				The Rockford Files				Kojak <i>Kojak</i>				Hart to Hart Hart to Hart							
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	Idiotest	Idiotest				
GOLF	401	Live From the U.S. Open (L)				2022 U.S. Open Golf Championship <i>Third Round</i>				From The Country Club in Brookline, Mass.				U.S. Open							
GRIT	217	Open Range ★★★ ('03, Western) <i>Robert Duvall, Kevin Costner</i>				Border River ★★ ('54, Western) <i>Joel McCrea</i>				Warpath ★★ ('51, Western) <i>Edmond O'Brien</i>				Paid Prog.							
HALL	185	Moriah's Lighthouse (22, Romance)				Sweet Pecan Summer ('21, Romance-Comedy)				Gold Girls Gold Girls Gold Girls Gold Girls				Frasier Frasier Frasier Frasier							
HALLDR	186	Bad Date Chronicles Cloudy With a Chance of Love ('14, Romance)				The Waltons				The Waltons				The Waltons <i>The Pledge</i> The Waltons							
HALLMV	187	Morning				A Second Chance at Love ('22, Romance)				Murder, She Wrote				Murder, She Wrote Monk							
HDMOV	130	Sunset (:35) Hudson Hawk ('91, Comedy) <i>Bruce Willis</i> (:25)				Striking Distance ★★ ('93, Suspense) (:20)				Last Man Standing ('96)				(:15) The Cold Light of Day ★★ ('12, Action)							
HERIC	293	Tour of Duty				Combat!				Rat Patrol Rat Patrol 12 O'Clock High				Rat Patrol Rat Patrol The District <i>Surveillance</i>							
HGTV	112	No Demo Reno				Everything Everything				Renovation Goldmine				Love It or List It No Demo Reno							
HIST	120	After Jackie (N)				(:03) Pawn Stars (N)				(:05) Pawn Stars				(:12:03) Pawn Stars				(:06) Pawn Stars (:05) Pawn Stars			
ID	192	Forbidden-Dying				Fatal Vows				Affairs				Deadly Fatal Vows				Affairs Deadly Forbidden-Dying			
IFC	133	The Bounty Hunter				Fool's Gold ★★ ('08, Action) <i>Matthew McConaughey</i>				The Bounty Hunter ('10, Romance-Comedy) <i>Jennifer Aniston</i>				Saved/Bell Saved/Bell Saved/Bell Saved/Bell							
LAFF	237	Sixteen Candles ('84)				Overboard ★★ ('87, Comedy) <i>Goldie Hawn, Kurt Russell</i>				She-Devil ★★ ('89, Comedy) <i>Meryl Streep</i>				Hates Chris Hates Chris Paid Programs							
LIFE	108	Suitcase Killer: The Melanie McGuire Story				TextMeWhen				Sleeping With a Killer				Suitcase Killer: The Melanie McGuire Story TextMeWhen Sleeping With a Killer							
LMN	109	The Wrong Stepfather ('20, Suspense)				The Stepfather ('09, Suspense) <i>Dylan Walsh</i>				(:20:01) The Wrong Stepfather ('20, Suspense)				The Stepfather ('09, Suspense) <i>Dylan Walsh</i>							
MAGN	111	Baking Compe.				Fixer Upper: Welcome				Fixer Upper				Fixer Upper: Welcome Fixer Upper				Fixer Upper Baking Compe.			
MGMHD	385	Firewalker ★★ ('86, Adventure) <i>Chuck Norris</i>				(:15) Breaker! Breaker! ★ ('77, Action)				(:12:15) Hackers ★★ ('95, Suspense) <i>Jonny Lee Miller</i>				Antitrust ★★ ('01, Suspense)							
MOTOR	246	Wheeler Dealers				Wheeler Dealers				Garage				Carspotting				Wheeler Dealers			
MSNBC	209	Ayman (L)				Ayman (L)				Voices-Alicia Menendez				Ayman				Dateline			
NATGEO	197	To Catch A Smuggler				Smuggler Smuggler				To Catch A Smuggler				To Catch A Smuggler				Smuggler Smuggler To Catch A Smuggler To Catch A Smuggler			
NGWLD	190	America's				Heartland Docs, DVM				Heartland Docs, DVM (N)				America's				Heartland Docs, DVM			
OUTD	396	Das Boat				Fishmonger				Rescue Dawn ('06, War) <i>Christian Bale</i>				Rescue Dawn ('06, War) <i>Christian Bale</i>				Hollywood Hollywood Major League Fishing			
OWN	189	Love & Marriage				Love & Marriage: DC (N)				Nightcap				Nightcap				Love & Marriage Love & Marriage			
OXYG	127	Murdered by Morning (N)				Snapped				Snapped				Snapped				Snapped Dateline			
PARMT	241	The Accountant ('16) Movie												The Godfather, Part II ★★★★★ ('74, Crime Drama) <i>Al Pacino, Robert Duvall</i>							
POP	117	NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans Scorpion			
REELZ	299	Vegas Jail				Vegas Jail				Vegas Jail				Vegas Jail				Jail Jail Jail Jail			
RFDTV	231	Stuart				Country				Daniel O'Donnell: Hope				Mollie B Polka Party				Larry's Country Diner			
SCI	193	What on Earth?				What on Earth?				What on Earth?				What on Earth?				What on Earth? What on Earth?			
SMITH	367	Disasters at Sea				Disasters at Sea				Disasters at Sea				Serio. Amazing Objects				Disasters at Sea Disasters at Sea			
SONY	386	Fortress ★★ ('92, Action)				(:17) Fortress 2: Re-Entry ★★ ('99)				(:03) Fortress ★★ ('92, Action)				(:43) Fortress 2: Re-Entry ('99, Science Fiction)				(:21) We Own the Night ('07)			
SUND-E	358	American Gangster ★★ ('07, Crime Drama) <i>Denzel Washington, Russell Crowe</i>				The Warriors: Ultimate Director's Cut ('79)				American Gangster ('07, Crime Drama) <i>Denzel Washington</i>											
SYFY	122	Fast & Furious				2 Fast 2 Furious ('03, Action) <i>Paul Walker</i>				Fast & Furious ★★ ('09, Action) <i>Vin Diesel</i>				(:02) 300 ★★ ('06, Action) <i>Gerard Butler, Lena Headey</i>				Immortals			
TBN	260	Huckabee (N)				The Story				Hour Power: Schuller Youseff				Huckabee				The Story L. Fontaine Rubin Mother's Day Believe Praise			
TBS	139	Avengers: Endgame				Big Bang				Big Bang				Big Bang				Rat in the Kitchen			
TCM	132	Woman of the Year ★★ ('42, Comedy)				Annie Hall ★★★★★ ('77, Romance-Comedy)				Thieves' Highway ★★ ('49, Crime Drama)				The Natural ('84, Drama) <i>Robert Redford</i>							
TLC	183	Welcome to Plathville				Welcome to Plathville				Welcome to Plathville				Welcome to Plathville				Welcome to Plathville			
TMC-W	329	Skulls II				The Skulls III ★★ ('03) 'PG-13'				(:15) Good Time ★★ ('17, Suspense) 'R'				It Cuts Deep ('20, Horror) 'NR'				(:20) Useless Humans (:40) It Cuts Deep ('20, Horror) 'NR'			
TNT	138	MB3				Gemini Man ★★ ('19, Action) <i>Will Smith</i>				Blade II ★★ ('02, Horror) <i>Wesley Snipes</i>				Blade: Trinity ('04, Horror) <i>Wesley Snipes</i>				NCIS: New Orleans			
TRU	242	Imp. Jokers				Imp. Jokers				Jokes				Jokes				Imp. Jokers Jokes Jokes			
TRVL	196	Ghost Hunters				Ghost Hunters				Portals to Hell (N)				Portals to Hell				Ghost Hunters			
TVLND	106	Two Men				Two Men				Two Men				Two Men				Two Men Two Men			
UP	188	Engagement Back-Up				A Very Country Wedding ('19, Romance)				A Love to Remember ('21, Romance)				Love Under the Lemon Tree ('22, Romance)				Paid Programs			
USA	105	Captain America				Doctor Strange ★★ ('16, Action) <i>Benedict Cumberbatch</i>				Captain America: Civil War ★★ ('16, Action) <i>Chris Evans</i>				Miz & Mrs				Chicago P.D. <i>Anthem</i>			
WE	128	NCIS <i>Knockout</i>				NCIS <i>Hide and Seek</i>				NCIS <i>Dead Reckoning</i>				NCIS (Part 1 of 2)				NCIS (Part 2 of 2)			

LOCAL NETWORKS

ABC-E	2022 Stanley Cup Final Game 1: Teams TBA (L)																Local Programs																							
CBS-E	Auto Racing <i>Camping World SRX Series</i> (L) 48 Hours (N)																Local Programs																							
CW-E	Whose Line/Would I																Masters of				Masters of																			
FOX-E	MLB Baseball <i>Regional Coverage</i> (L)																Local Programs				Name That Tune				Local Programs															
NBC-E	Transplant (N)																Dateline NBC				Local Prog. (:29) Saturday Night Live				1st Look House				House Local Programs											
METV	247*	Svengoolie <i>Forbidden Planet</i>																Svent (N) Batman				Star Trek				Kolchak: Night Stalker				Lost in Space										
ABC-W	2022 Stanley Cup Final Game 1: Teams TBA (L)																Local Programs																							
CBS-W	Auto Racing <i>Camping World SRX Series</i> (L)																Local Programs				Local Programs				48 Hours (N)				Local Programs											
CW-W	Local Programs																Whose Line/Would I				Masters of				Masters of				Local Programs											
FOX-W	MLB Baseball (L)																Local Programs				Local Programs				Local Programs				Name That Tune				Local Programs							
NBC-W	Local Programs																Transplant (N)				Dateline NBC				Local Prog. (:29) Saturday Night Live															
PBS	Slavery by Another Name																POV <i>Out in the Night</i>				Hoover				Austin City Limits				NOVA <i>Polar Extremes</i>				Nature <i>Wild Florida</i>				Independent Lens			