

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

AMERICA'S TOP PROGRAMMING

FX	136	4Push ('09)	Assassin's Creed ★★ ('16, Action)	Michael Fassbender	X-Men: Dark Phoenix ★★ ('19, Action)	James McAvoy	The Wolverine ★★ ('13, Action)	Hugh Jackman								
FXM	384	4Holiday for Lovers	(15) Do Not Disturb ★★ ('65, Comedy)	'NR'	The Broken Hearts Gallery ('20) 'PG-13'	(15) Book Club ('18, Romance-Comedy)	'PG-13'	(10) Waiting to Exhale								
FX	125	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Burgers	Burgers	Burgers	Burgers
GETTV	373	Inside (Part 2 of 2)	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Magnum, P.I.	Magnum, P.I.	Adelaide	Adelaide
GMSHW	116	Deal or No Deal	Match	Match	America	America	America	Puzzler	The \$100,000 Pyramid	Chain Rea.	Chain Rea.	Chain Rea.	Ma. Minds	Puzzler	Switch (N)	America
GOLF	401	Golf Today (L)			Golf Today				Golf Central (L)	PGA TOUR	PGA TOUR	PGA TOUR	Golf Central	Lessons	Golf Acad.	
GRIT	217	4The Virginian	The Virginian	The Runaway		Tombstone	Tombstone	Masterson	Masterson	The Texan	The Texan	The Texan	Fargo	Fargo	Fargo	Fargo
HALL	185	The Secret Ingredient ('20, Romance-Comedy)	My Secret Valentine ('18, Romance-Comedy)	The Story of Us ('19, Romance-Comedy)	Matching Hearts ('20, Romance)	Taylor Cole										
HALLDR	186	Matlock The Fighter	Matlock The Critic	The Waltons	The Waltons The Book	The Waltons The Job	The Waltons						Little House on Prairie	Little House on Prairie		
HALLMV	187	Monk	Monk	Psych Bounty Hunters!	Psych	Psych	Psych						Drop Dead Diva	Drop Dead Diva	Mystery 101	
HDMOV	130	4Raisin-Sun	(25) Kung Fu Killer	(15) Felony ('13, Suspense)	Joel Edgerton, Jai Courtney	(20) For Greater Glory ('12, Historical Drama)	Andy Garcia	Real Genius ('85)								
HERIC	293	Vega\$ Out of Sight	Vega\$ Set Up	Vega\$ The Killing	Vega\$ Seek & Destroy	Vega\$ Dead Ringer	MacGyver	Walker, Texas Ranger	Walker, Texas Ranger							
HGTV	112	Flipping 101	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous
HIST	120	History's Greatest of All	History's Greatest of All	History's-Mysteries	History's-Mysteries	History's Greatest Heists	Curse of Oak Island	Curse of Oak Island	Curse of Oak Island	Curse of Oak Island	Curse of Oak Island	Curse of Oak Island	Curse of Oak Island	Curse of Oak Island	Curse of Oak Island	Curse of Oak Island
ID	192	Married With Secrets	Married With Secrets	Fatal Vows	Fatal Vows	Fatal Vows	Fatal Vows	Fatal Vows	Fatal Vows	Fatal Vows	Fatal Vows	Fatal Vows	Fatal Vows	Fatal Vows	Fatal Vows	Fatal Vows
IFC	133	Parks	Parks	Parks	Parks	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Two Men	Two Men
LAFF	237	Laughs	Laughs	Videos	Videos	Funnest	Funnest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Home Imp.	Home Imp.
LIFE	108	Major Crimes	Major Crimes	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	65 Hours
LMN	109	Anniversary Nightmare ('19, Drama)	Stalked by a Prince ('22, Suspense)	Stalked in Paradise ('21, Suspense)	All My Husband's Wives ('19, Suspense)											
MAGN	111	Barnwood Builders	Barnwood Builders	Barnwood Builders	Barnwood Builders	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid	Building Off the Grid
MOTOR	246	Rust Valley Restorers	Garage	Garage	Rust Valley Restorers	Rust Valley Restorers	Iron Resurrection	Bitchin' Rides	Garage Squad	Texas Metal						
MSNBC	209	Andrea Mitchell Reports (L)	Chris Jansing Reports (L)	Katy Tur Reports (L)	Hallie Jackson Reports (L)	Deadline: White House (L)	The Beat With	The ReidOut (L)								
NATGEO	197	Food	Food	Toughest Days on Earth	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero
NGWLD	190	Dr. Oakley, Yukon Vet	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol	The Incredible Dr. Pol
OUTD	396	Two Conchs Fishing	Whitetail	Whitetail	Whitetail	Whitetail	Guns	Rifleman	Buck.	Bowlife	The Choice	Whitetail	Fowl Life	King of the	Hunt	Whitetail
OWN	189	Dr. Phil	Court	Court	Court	Court	Court	Court	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil
OXYG	127	Framed By the Killer	Mastermind of Murder	Mastermind of Murder	Mastermind of Murder	Mastermind of Murder	Dateline: Secrets	Dateline: Secrets	Dateline: Secrets	Dateline: Secrets	Dateline: Secrets	Dateline: Secrets	Dateline: Secrets	Dateline: Secrets	Dateline: Secrets	Dateline: Secrets
PARMT	241	Law & Order	Law & Order	Law & Order	Law & Order	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men
POP	217	ER	ER	ER	House	House	House	House	House	House	House	House	House	House	House	House
REELZ	299	Vegas	Vegas	Vegas	Vegas	Cops	Cops	Cops	Cops	Vegas	Vegas	Vegas	Vegas	Vegas	Cops	Cops
RFDTV	231	4Market Day Report (L)	Cow Guy	Next Level	Horse-West	Horseman.	Duttons	Heritage	Machinery	Mecum Auctions Gone	Pulling	Agriculture	Rural News			
SCI	193	Strange Evidence	Strange Evidence	Mysteries of the Abandoned	Greatest Icons	Mysteries of	Mysteries of	Mysteries of	Mysteries of	Mysteries of	Mysteries of	Mysteries of	Mysteries of	Mysteries of	Mysteries of	Mysteries of
SMITH	367	Air Disasters	Air Disasters	Combat Ships Sunk	Combat Ships	Combat Ships	Combat Ships	Combat Ships	Combat Ships	Combat Ships	Combat Ships	Air Disasters	Air Disasters	Air Disasters	Air Disasters	Air Disasters
SONY	386	(15) All the Young Men ('60, War)	Alan Ladd	(1:55) The Pathfinder ★★ ('52)	Every Time We Say Goodbye ('86, Romance)	(20) Aloha ★★ ('15, Romance-Comedy)	Golden									
SUND-E	358	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS
SYFY	122	Valerian and the City of a Thousand Planets ('17, Science Fiction)	Despicable Me ★★ ('10, Children's)	(13) Despicable Me 2 ('13, Children's)	Voices of Steve Carell	Scott Pig										
TBN	260	R. Jeffress	Robert Joyce M.	Better Together	Wommack	The 700 Club	Turning	S. Furtick	Praise	Harvest	T. Evans	The Potter's	Centerpoint			
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon
TCM	132	That Hamilton Woman ('41, Historical Drama)	(15) Romeo and Juliet ('36, Romance)	Norma Shearer	Brief Encounter ('45, Romance)	Dear Heart ★★ ('65, Comedy)	Glenn Ford									
TLC	183	My 600-Lb. Life: Where	The 685-Lb. Teen	90 Day: Other	90 Day: Other	I Am Jazz	I Am Jazz	1000-Lb. Sisters	1000-Lb. Sisters	1000-Lb. Sisters	1000-Lb. Sisters	1000-Lb. Sisters	1000-Lb. Sisters	1000-Lb. Sisters	1000-Lb. Sisters	1000-Lb. Sisters
TMC-W	329	(15) Martin Eden ('19, Historical Drama)	Luca Marinelli 'NR'	Summer of 85 ('20, Drama) 'NR'	(15) Queen Bees ('21, Comedy) 'PG-13'	Rhapsody of Love ('21) 'NR'	Ice Castles									
TNT	138	Supernatural	Ghostbusters ★★ ('16, Comedy)	Melissa McCarthy	(45) Transformers ★★ ('07, Action)	Shia LaBeouf, Tyrese Gibson	Pregame	Basketball								
TRU	242	MythBusters	MythBusters	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes
TRVL	196	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting	A Haunting
TVLND	106	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.
UP	188	Touched by an Angel	Gilmore Girls	Gilmore Girls	Gilmore Girls	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba
USA	105	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU
WE	128	Law & Order	Law & Order	Law & Order Magnet	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order

NETWORKS		Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.											
ABC-E	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs				News	Local Programs			
CBS-E	Local Prog.	Young & Restless	Bold	UEFA Champ. Today	UEFA Champions League			Local Programs		News	Local Programs		
CW-E	Local Programs		Local Programs	Local Programs	Local Programs	Local Programs							
FOX-E	Local Programs				Local Programs								
NBC-E	Local Programs	News Daily (N)	Local Programs				Local Prog.	News	Local Programs				
METV	247*	The Waltons	Gunsmoke	Bonanza	Rifleman	Rifleman	Wagon Train	Adam-12	Adam-12	The A-Team	M*A*S*H	M*A*S*H	
ABC-W	Local Programs	The View (N)	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs		Local Programs					
CBS-W	Local Programs	The Price Is Right (N)	UEFA Champ. Today	UEFA Champions League			Local Programs						
CW-W	Local Programs						Local Programs	Local Programs	Local Programs				
FOX-W	Local Programs				Local Programs								
NBC-W	Today 3rd Hour (N)	Today-Hoda	Local Programs			News Daily (N)	Local Programs						
PBS	Pinkalicious & Peterrific	Elementary	Xavier	Chefs Life	Old House	Big Pacific	Violent	Finding Your Roots	Secrets of the Dead	BBC News	News	PBS NewsHour (N)	

