

Table with 14 columns representing time slots from 4AM to 11:30 and 4 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, and PACIFIC.

PREMIUM MOVIES

Main grid of movie listings with columns for channel, time, title, and description. Includes sections for SHOWTIME, STARZ, and EPIX.

AMERICA'S TOP PROGRAMMING

Grid of programming listings by channel (A&E, AHC, AMC, etc.) with columns for channel, time, and program title.





	EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30	
	CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	
	MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	
	PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	
<b>AMERICA'S TOP PROGRAMMING</b>																		
<b>FX</b>	136	♣Glass ★★ ('19, Suspense) <i>Bruce Willis</i>					Kingsman: The Secret Service ★★ ('14, Action) <i>Colin Firth</i>					Kingsman: The Golden Circle ★★ ('17, Action) <i>Colin Firth</i>						
<b>FXM</b>	384	♣Fantastic Voyage (66) (:10) Batman '66, Action) <i>Adam West</i> 'PG'					The Peanuts Movie ('15) 'G' (:45)					The Longest Ride ★★ ('15, Drama) <i>Scott Eastwood</i> 'PG-13'					Hidden	
<b>FXX</b>	125	♣Widows ★★ ('18, Suspense) <i>Viola Davis, Colin Farrell</i>					Greta ★★ ('18, Suspense) <i>Isabelle Huppert</i>					The Purge: Election Year ★★ ('16, Action) <i>Frank Grillo</i>					Family Guy	
<b>GETTV</b>	373	♣Hondo Laredo (:45) Casey Jones Casey J.					Guns of Paradise Hawkeye <i>The Bounty</i>					Bret Maverick <i>Hallie</i>					Walker, Texas Ranger	
<b>GMSHW</b>	116	Common Common					Ma. Minds Cash Cab					FamFeud FamFeud					Chain Rea. Chain Rea. Puzler Puzler	
<b>GOLF</b>	401	♣European PGA Golf PGA Golf					PGA Tour Champions Golf <i>Insperty Invitational, Second Round (L)</i>					Golf Central (L) PGA Golf						
<b>GRIT</b>	217	Carson City ('52, Western) <i>Randolph Scott</i>					A Lawless Street ('55, Western) <i>Randolph Scott</i>					7th Cavalry ('56, Western) <i>Randolph Scott</i>					Gunsight Ridge ('57, Western) <i>Joel McCrea</i>	
<b>HALL</b>	185	♣Love on Safari ('18) Mix Up in the Mediterranean ('21)					Winter in Vail ('20, Drama) <i>Lacey Chabert</i>					Pearl in Paradise ('18, Romance) <i>Jill Wagner</i>					Summer Villa ('16)	
<b>HALLDR</b>	186	♣Love Is a Four Looking for Mr. Right ('14, Romance)					All Yours ('16, Romance-Comedy) <i>Dan Payne</i>					Love by the Book ('15, Romance) <i>Leah Renee</i>					Love, Again ('15)	
<b>HALLMV</b>	187	♣Undercover Bridesmaid ('12, Romance-Comedy) Chronicle Mysteries <i>Recovered</i>					Chronicle Mysteries <i>Vines That Bind</i>					Chronicle Mysteries <i>The Deep End</i>						
<b>HDMOV</b>	130	♣Godzilla-Space (:15) Godzilla vs. Destoroyah ('95) <i>Yoko Ishino</i>					Godzilla vs. Megaguirus: The G Annihilation					Godzilla, Mothra and King Ghidorah					Godzilla: Tokyo S.O.S.	
<b>HGTV</b>	112	Love It or List It \$50K Three \$50K Three					Farmhouse Fixer Farmhouse Fixer					Farmhouse Fixer Farmhouse Fixer						
<b>HIST</b>	120	Curse-Island Curse-Island					Curse-Island Curse-Island					The Secret of Skin The Secret of Skin					The Secret of Skin	
<b>ID</b>	192	True Conviction Web of Lies / See You					Web of Lies Web of Lies					Web of Lies Murder Calls Last Call					Valley of the Damned Southern Gothic	
<b>IFC</b>	133	Bad Words ★★ ('14, Comedy-Drama)					Wayne's World 2 ('93, Comedy) <i>Mike Myers</i>					Terminator 2: Judgment Day ★★ ('91, Science Fiction)					Taken 2 ('12, Action)	
<b>LAFF</b>	237	3rd Rock 3rd Rock					Videos Videos					Jim Jim					Home Imp. Home Imp. Home Imp. Home Imp. '70s Show '70s Show	
<b>LIFE</b>	108	♣Deadly Dirty Teacher ('13, Suspense)					A Deadly Affair ('17, Suspense) <i>Valerie Azlynn</i>					Seduced by a Stranger ('17, Suspense)					My Husband's Secret Wife ('18, Suspense)	
<b>LMN</b>	109	My Father, My Kidnaper ('19, Suspense)					Escaping My Stalker ('20, Suspense)					Erasing His Dark Past ('19, Suspense)					The Evil Twin ('21, Suspense) <i>Emily Piggford</i>	
<b>MGMHD</b>	385	♣Music Wit (:35) The Wedding Banquet ('93, Comedy) <i>Winston Chao</i>					Eat Drink Man Woman ('94, Drama) <i>Sihung Lung</i> (:25)					Music From Another Room ('98, Romance)					Things	
<b>MOTOR</b>	246	Four FIA World Endurance					Truck U Garage					Garage Squad Garage Squad					Garage Squad Garage Squad	
<b>MSNBC</b>	209	Alex Witt Reports (L) Alex Witt Reports (L)					Alex Witt Reports (L) Yasmin Vossoughian					Yasmin Vossoughian PoliticsNation (L)					Voices-Alicia Menendez Voices-Alicia Menendez	
<b>NATGEO</b>	197	To Catch a Smuggler To Catch a Smuggler					To Catch a Smuggler To Catch a Smuggler					To Catch a Smuggler To Catch a Smuggler					To Catch a Smuggler	
<b>NGWLD</b>	190	Dr. Oakley, Yukon Vet Dr. Oakley, Yukon Vet					Dr. Oakley, Yukon Vet Dr. Oakley, Yukon Vet					Dr. Oakley, Yukon Vet Dr. Oakley, Yukon Vet					Dr. Oakley, Yukon Vet	
<b>OUTD</b>	396	Wild Ride Spear Life					Zona's Gowdy					Major League Fishing Cups (N)					Fishing Bass For Love Fishmonger MeatEater WildFed Bill Dance Bill Dance	
<b>OWN</b>	189	Hunters Hunters					Hunters Hunters					Hunters Hunters					Hunters Hunters Iyanla, Fix My Life Iyanla, Fix My Life	
<b>OXYG</b>	127	Snapped Snapped					Snapped Snapped					Accident, Suicide Accident, Suicide					Accident, Suicide	
<b>PARMT</b>	241	Bad Boys ★★ ('95, Action) <i>Martin Lawrence, Will Smith</i>					Bad Boys II ★★ ('03, Action) <i>Martin Lawrence, Will Smith</i>					Bad Boys ★★ ('95, Action)						
<b>POP</b>	117	♣Notting Hill ('99) A Walk to Remember ★★ ('02, Romance) <i>Shane West</i>					Notting Hill ★★ ('99, Romance-Comedy) <i>Julia Roberts</i>					NCIS: New Orleans NCIS: New Orleans						
<b>REELZ</b>	299	♣A Spy in the FBI The Real Hunt for Red October					Cops Rel. Cops Rel. Cops Rel. Cops Rel.					Cops Rel. Cops Rel. Truth & Lies: The Family Manson						
<b>RFDTV</b>	231	♣Mecum Classic Tractor Fever Machinery Ag PhD SharkFar.					Next Level Heritage FarmHer J. Wilson					Agriculture Merlin Ge. Gaither Gospel Hour Brothers Presleys'						
<b>SCI</b>	193	Mysteries-Abandoned Mysteries-Abandoned					Mysteries-Abandoned Mysteries-Abandoned					Mysteries-Abandoned Mysteries-Abandoned					Mysteries-Abandoned	
<b>SMITH</b>	367	Aerial Africa Botswana					Mighty Trains AVE 103					Mighty Trains Mighty Trains					Mighty Trains	
<b>SONY</b>	386	♣Black Dawn ('05, Action) (:45) Sniper 2 ('02, Suspense) <i>Tom Berenger</i>					Alien Hunter ('03, Science Fiction) (:15)					The Da Vinci Code ★★ ('06, Mystery) <i>Tom Hanks</i>						
<b>SUND-E</b>	358	Heroes Heroes					Heroes Heroes					Heroes Heroes					Heroes Enemies at the Gates ★★ ('01, War) <i>Joseph Fiennes, Jude Law</i>	
<b>SYFY</b>	122	♣Maleficent ('14) Harry Potter and the Goblet of Fire ★★ ('05, Fantasy) <i>Daniel Radcliffe</i>					Harry Potter and the Order of the Phoenix ★★ ('07, Fantasy) Potter											
<b>TBN</b>	260	Superbook R Defrates Drive Creation Steven Behind					Rubin News Turning Point					Graham Graham Precious Memories In Touch						
<b>TBS</b>	139	Wipeout Joe Dirt ★ ('01, Comedy) <i>David Spade</i>					You Don't Mess With the Zohan ★★ ('08, Comedy)					The Replacements ★★ ('00, Comedy) <i>Keanu Reeves</i>						
<b>TCM</b>	132	♣Weary River ('29) What Ever Happened to Baby Jane? ('62, Horror)					The White Cliffs of Dover ('44, Drama) <i>Irene Dunne</i>					White Heat ('49, Crime Drama) <i>James Cagney</i>						
<b>TLC</b>	183	Four Weddings Four Weddings					Extreme Sisters 90 Day Fiancé: Happily Ever After?					90 Day Fiancé Return to Amish (N) Return to Amish (N)						
<b>TMC-W</b>	329	The Go-Go's ('20) 'NR' Live AID (:05)					28 Days ('00, Comedy-Drama) 'PG-13'					The Children Act ★★ ('17, Drama) 'R'					Official Secrets ('19, Drama) <i>Keira Knightley</i> 'R'	
<b>TNT</b>	138	NCIS: New Orleans NCIS: New Orleans					Man of Steel ★★ ('13, Action) <i>Henry Cavill</i>					Wonder Woman ★★ ('17, Action) <i>Gal Gadot, Chris Pine</i>					Aquaman	
<b>TRU</b>	242	♣Kick-Ass 2 ('13, Action) <i>Aaron Taylor-Johnson</i>					Big Trick Jokes Imp. Jokers Big Trick					After Party Imp. Jokers Imp. Jokers Imp. Jokers					Imp. Jokers Imp. Jokers Imp. Jokers Imp. Jokers	
<b>TRVL</b>	196	Famously Afraid Famously Afraid					Famously Afraid Famously Afraid					Famously Afraid Famously Afraid					Ghost Nation Ghost Nation	
<b>TVLND</b>	106	Roseanne Roseanne					Roseanne Roseanne					Roseanne Roseanne					Roseanne Roseanne Two Men Two Men Two Men Two Men	
<b>UP</b>	188	Little House on Prairie Little House on Prairie					Little House on Prairie A Love to Remember ('21, Romance)					Woman of the House ('17, Comedy)					Designed With Love	
<b>USA</b>	105	♣Chicago White House Down ★★ ('13, Action) <i>Channing Tatum, Jamie Foxx</i> (:25)					London Has Fallen ★★ ('16, Action)					Mr. & Mrs. Smith ★★ ('05, Action) <i>Brad Pitt</i>						
<b>WE</b>	128	Criminal Minds Criminal Minds <i>Normal</i>					Criminal Minds Criminal Minds					Criminal Minds Criminal Minds					Criminal Minds	
<b>NETWORKS</b>																		
<b>Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.</b>																		
<b>ABC-E</b>	2021 NFL Draft Rounds 4-7 Coverage of rounds 4-7 of the draft from Cleveland. (L)															Local Programs		
<b>CBS-E</b>	Local Programs					Local Programs					Local Prog. Course					PGA Tour Golf Valspar Championship, Third Round (L)	Local Prog. News	Local Programs
<b>CW-E</b>	Local Programs																	
<b>FOX-E</b>	Local Programs																	
<b>NBC-E</b>	Local Prog. Local Programs																	
<b>NBC-E</b>	Premier	♣ Premier League Soccer Teams TBA (L) 🏇 147th Kentucky Derby															The 147th renewal of The Greatest Two Minutes in Sports takes place from Churchill Downs. (L)	Local Prog.
<b>METV</b>	247*	The Big Valley					Gunsmoke Bonanza					Rawhide					Have Gun Wanted ... Rifleman Rifleman	Stooges Stooges Stooges Stooges
<b>ABC-W</b>	2021 NFL Draft Rounds 4-7 Coverage of rounds 4-7 of the draft from Cleveland. (L)																	
<b>CBS-W</b>	Mission Hope-Wild Local Programs					Local Prog. Course					PGA Tour Golf Valspar Championship, Third Round (L)					Local Prog. Local Programs		
<b>CW-W</b>	Into Wild This Old H. Friends					Tail-Valor Local Programs					Local Programs							
<b>FOX-W</b>	Local Programs																	
<b>NBC-W</b>	Premier	♣ Premier League Soccer Teams TBA (L) 🏇 147th Kentucky Derby (L)															Local Prog. Local Programs	
<b>PBS</b>	Splash Cyberchase		Old House Old House		Old House Old House		MotorWeek Old House		Chefs Life British Baking		History Detectives		Weekend Hoover		Eyes on the Prize			

Table with 17 columns representing time slots (8PM, 8:30, 9PM, 9:30, 10PM, 10:30, 11PM, 11:30, 12AM, 12:30, 1AM, 1:30, 2AM, 2:30, 3AM, 3:30) and 4 rows representing time zones (EASTERN, CENTRAL, MOUNTAIN, PACIFIC).

PREMIUM MOVIES

Main content table with columns for channel (e.g., SHO-E, STARZ-E, EPIX), time slot, and movie title/description. Includes rows for Silver Linings Playbook, Hustlers, Django Unchained, etc.

AMERICA'S TOP PROGRAMMING

Main content table with columns for channel (e.g., A&E, AHC, AMC, APN, AXSTV, BBCA, BET, BOUNCE, BRAVO, BUZZR, CHHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, DIY, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FNC, FOOD, FREFM, FS1) and program details.

	EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30					
	CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30					
	MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30					
	PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30					
<b>AMERICA'S TOP PROGRAMMING</b>																						
FX	136	Straight Outta Compton ★★★ ('15, Biography) O'Shea Jackson Jr.			Mayans M.C.			Breeders	Shadows	Shadows	Shadows	Shadows	Inbetween	Inbetween	Inbetween							
FXM	384	Hidden Figures ('16, Historical Drama) 'PG'			Hidden Figures ★★★ ('16, Historical Drama) 'PG'			FXM Pres.	Don't Breathe ('16, Horror) Jane Levy 'R'			Fantastic Voyage ('66)										
FXX	125	Family Guy Family Guy Family Guy Family Guy			Family Guy Family Guy Family Guy			Cake	The Purge: Election Year ★★★ ('16, Action) Frank Grillo			Sunny			FXM Pres.							
GETTV	373	Walker, Texas Ranger			Walker, Texas Ranger			FamFeud	FamFeud	Starsky and Hutch	Starsky and Hutch	Charlie's Angels	Charlie's Angels	Hart to Hart	Hart to Hart							
GMSHW	116	America America America America			FamFeud			FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	Emogenius	Snap				
GOLF	401	PGA Tour Golf Valspar Championship, Third Round			LPGA Tour Golf HSBC World Championship, Final Round (L)													PGA				
GRIT	217	The Gunfight at Dodge City ('59, Western)			Colorado Territory ★★★ ('49, Western) Joel McCrea			Stars in My Crown ('50, Drama) Joel McCrea			Badman's Country ('58, Western)											
HALL	185	Summer Villa ('16)			Love, Romance & Chocolate ('19, Romance)			Sun, Sand & Romance ('17, Drama)			Gold Girls			Gold Girls			Gold Girls					
HALLDR	186	Love, Again ('15)			Mom's Day Away ('14, Comedy)			The Waltons The Prize			The Waltons			The Waltons The Fawn			The Waltons					
HALLMV	187	Chronicle Mysteries Helped to Death			Crossword Mysteries Riddle Me Dead			Murder, She Wrote			Murder, She Wrote			Murder, She Wrote			Murder, She Wrote					
HDMOV	130	Godzilla (45) Godzilla: Final Wars ★★★ ('04, Science Fiction)			(10:55) The Ring ('02, Horror) Naomi Watts			Godzilla vs. Space Godzilla ★★ ('94)			(2:55) The Ring ('02)											
HGTV	112	Escape to the Chateau (N)			Life Under Renovation (N)			Property Brothers			Property Brothers			Property Brothers			Escape to the Chateau					
HIST	120	The Secret of Skinwalker Ranch Countdown to Season 2 (N)			(12:03) The Secret of Skinwalker Ranch Countdown to Season 2																	
ID	192	People Magazine			People Magazine			People Magazine			Fear Thy Neighbor			People Magazine			People Magazine					
IFC	133	Taken 2 ('12, Action)			2 Guns ★★★ ('13, Action) Denzel Washington			Terminator 2: Judgment Day ★★★★★ ('91, Science Fiction)			Run All Night ★★★ ('15, Action)											
LAFF	237	'70s Show '70s Show			How I Met How I Met			How I Met How I Met			How I Met How I Met			Jim			Jim					
LIFE	108	Revenge Delivered ('21, Suspense)			(03) Galentine's Day Nightmare ('21)			(12:01) Revenge Delivered ('21, Suspense)			(04) Galentine's Day Nightmare ('21)											
LMN	109	My Father's Other Family ('21, Suspense)			Trapped by My Father's Killer ('20, Suspense)			My Father's Other Family ('21)			Trapped by My Father's Killer ('20, Suspense)											
MGMHD	385	Things You Can Tell Just by Looking at Her			The Perez Family ('95, Comedy-Drama) Marisa Tomei			Sweet Land ★★★ ('05, Drama) Elizabeth Reaser			Beach Blanket Bingo											
MOTOR	246	Garage Squad			Street Outlaws			Street Outlaws America's List: The First Spot			Street Outlaws			Street Outlaws America's List: The First Spot			Garage Squad					
MSNBC	209	Week-Joshua Johnson			Voices-Alicia Menendez			Week-Joshua Johnson			Week-Joshua Johnson			Dateline Unraveled			Dateline Nightfall					
NATGEO	197	To Catch a Smuggler			To Catch a Smuggler			Cocaine Crackdown			To Catch a Smuggler			To Catch a Smuggler			Narco Wars					
NGWLD	190	Dr. Oakley, Yukon Vet (N)			Dr. Oakley, Yukon Vet (N)			Alaska Animal Rescue (N)			Dr. Oakley, Yukon Vet			Dr. Oakley, Yukon Vet			Alaska Animal Rescue					
OUTD	396	Bill Dance Bill Dance			Rooster Cogburn ★★ ('75, Western) John Wayne			Rooster Cogburn ★★ ('75, Western) John Wayne			Kayak Fishing Fun			Fishmonger			Hook Look					
OWN	189	Iyanla, Fix My Life			Iyanla, Fix My Life (N)			Iyanla, Fix My Life			Iyanla, Fix My Life			Iyanla, Fix My Life			Iyanla, Fix My Life					
OPYG	127	Dateline: Secrets Uncovered Deadly Twist			Dateline: Secrets Uncovered Family Business			Accident, Suicide			Accident, Suicide			Accident, Suicide			Dateline Devil's Bathtub					
PARMT	241	Bad Boys ★★★ ('95, Action)			Bad Boys II ★★ ('03, Action) Martin Lawrence, Will Smith			Coming to America ★★★ ('88, Comedy) Eddie Murphy, Arsenio Hall														
POP	117	NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			Scorpion					
REELZ	299	Confessions of			Charles Manson: The Final Words			Confessions of			Charles Manson: The Funeral			Celebrity			Celebrity					
RFDTV	231	Stuart			Country			Daniel O'Donnell Show			Mollie B Polka Party			Larry's Country Diner			Paid Programs					
SCI	193	What on Earth? (N)			What on Earth?			What on Earth?			What on Earth?			What on Earth?			What on Earth?					
SMITH	367	Mighty Trains KiwiRail			Mighty Trains			Mighty Trains			America in Color			Mighty Trains			Mighty Trains					
SUND	386	Angels & Demons ★★ ('09, Action) Tom Hanks			Deliver Us From Evil ('14, Horror) Eric Bana ('40) Angels & Demons ★★ ('09, Action) Tom Hanks			Deliver Us From Evil														
SONY-E	358	Midway ★★★ ('76, War) Charlton Heston, Henry Fonda			Midway ★★★ ('76, War) Charlton Heston, Henry Fonda			Windtalkers ★★ ('02, War) Nicolas Cage														
SYFY	122	Harry Potter and the Half-Blood Prince ★★★ ('09, Children's)			Futurama			Futurama			Futurama			Futurama			Futurama					
TBN	260	Huckabee (N)			Somebody			Hour Power: Schuller			Youseff			Huckabee			Somebody					
TBS	139	Big Bang Big Bang			Big Bang Big Bang			Big Bang Big Bang			Chad			Big Trick			Big Trick					
TCM	132	The Wizard of Oz ★★★★★ ('39, Children's)			Wuthering Heights ★★★ ('39, Romance)			The Year of Living Dangerously ★★★★★ ('82)			(15) The Yearling ('46, Children's) Gregory Peck											
TLC	183	Return to Amish (N)			Return to Amish (N)			Return to Amish (N)			Return to Amish (N)			Return to Amish			Return to Amish					
TMC-W	329	Hot Summer Nights ★★ ('17, Suspense) 'R'			Law Abiding Citizen ★★ ('09, Suspense) 'R'			Witches in the Woods ('19) 'NR'			Sorority Row ★★ ('09, Horror) 'R'			Witches in the Woods								
TNT	138	Aquaman ★★★ ('18, Action) Jason Momoa			(45) Man of Steel ★★ ('13, Action) Henry Cavill, Amy Adams			Patriots Day ★★ ('16, Crime Drama) Mark Wahlberg														
TRU	242	Jokes Jokes			Jokes Jokes			Imp. Jokers			Imp. Jokers			Imp. Jokers			Imp. Jokers					
TRVL	196	Ghost Nation			Ghost Nation (N)			The Holzer Files (N)			The Holzer Files (N)			Ghost Nation			Ghost Nation					
TVLND	106	Two Men Two Men			Two Men Two Men			Two Men Two Men			Two Men Two Men			King			King					
UP	188	Designed With Love			Love in Harmony Valley ('20, Romance)			Late Bloomer ('16, Romance) Italia Ricci			Tomboy ('17, Romance) Makenzie Vega			Paid Programs								
USA	105	White House Down ★★ ('13, Action) Channing Tatum, Jamie Foxx			(10:58) Mr. & Mrs. Smith ★★ ('05, Action) Brad Pitt			Miz & Mrs			Chicago P.D.			Chicago P.D.								
WE	128	Criminal Minds			Criminal Minds			Criminal Minds			Criminal Minds			Law Order: CI			Law Order: CI					
<b>LOCAL NETWORKS</b>																						
ABC-E		Shark Tank			American Idol 414 (Oscar Nominated Songs)			Local Programs														
CBS-E		NCIS: New Orleans			NCIS: New Orleans			48 Hours			Local Programs											
CW-E		Local Programs																				
FOX-E		Boxing			The Masked Singer			Local Programs			America's Most Wanted			Local Programs								
NBC-E		Inspiring America			Dateline NBC			Saturday Night Live (N)			Local Prog. (29) Saturday Night Live			1st Look			House					
MEVTV	247*	Svengoolie The Ghost and Mr. Chicken			Star Trek			Buck Rogers			Kolchak: Night Stalker			Lost in Space			Voyage/Bottom of Sea					
ABC-W		Local Programs			News			Local Programs			Shark Tank			American Idol 414 (Oscar Nominated Songs)			Local Programs					
CBS-W		Local Programs			News			Local Programs			NCIS: New Orleans			48 Hours			Local Programs					
CW-W		Local Programs																				
FOX-W		Boxing			Local Programs			Local Programs			The Masked Singer			Local Programs			America's Most Wanted					
NBC-W		Local Prog. News			Local Programs			Inspiring America			Dateline NBC			Saturday Night Live (N)			Local Prog. (29) Saturday Night Live					
PBS		Eyes on the Prize			Philly D.A.			Asian Americans			Austin City Limits			Bluegrass			Chefs Life					

Grid showing time slots for Eastern, Central, Mountain, and Pacific regions from 4AM to 11:30AM.

PREMIUM MOVIES

Main grid of premium movies with columns for channel, time, title, and description.

AMERICA'S TOP PROGRAMMING

Grid of America's Top Programming including channels like A&E, AMC, Bravo, CNN, ESPN, and Food Network.





Table with columns for time slots (EASTERN, CENTRAL, MOUNTAIN, PACIFIC) and rows for various times (12PM, 12:30, 1PM, 1:30, 2PM, 2:30, 3PM, 3:30, 4PM, 4:30, 5PM, 5:30, 6PM, 6:30, 7PM, 7:30).

PREMIUM MOVIES

Table containing premium movie listings with columns for showtimes (SHO-E, SHO-W, SHO2-E, SHO-BET, SHO-X-E, SHOS-E, TMC-E, TMCX-E, FLIX-E, ENCR-E, STARZ-E, STARZ-W, STRZED, STRZCI, STRZCO, STRZIB, STRZKF, EPIX, EPIX2, EPIXH, EPIXDR) and movie titles/descriptions.

STARZ

Table containing Starz channel listings with columns for showtimes (EPIX, EPIX2, EPIXH, EPIXDR) and movie titles/descriptions.

AMERICA'S TOP PROGRAMMING

Main table containing America's Top Programming listings with columns for channels (A&E, AHC, AMC, APL, AXSTV, BBCA, BET, BOUNCE, BRAVO, BUZZR, CHHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, DIY, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FNC, FOOD, FREFM, F51) and program titles/descriptions.



Table with columns for time slots (8PM, 8:30, 9PM, 9:30, 10PM, 10:30, 11PM, 11:30, 12AM, 12:30, 1AM, 1:30, 2AM, 2:30, 3AM, 3:30) and rows for various channels (EASTERN, CENTRAL, MOUNTAIN, PACIFIC, PREMIUM MOVIES, SHOWTIME, STARZ, EPIX, AMERICA'S TOP PROGRAMMING, A&E, AHC, AMC, APL, AXSTV, BBCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, DIY, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTV, FETV, FNC, FOOD, FREFM, F51) listing programs and their descriptions.

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Bohemian Rhapsody ('18, Biography)				Pose On the Run (N)		Pose Intervention (N)		Pose On the Run		Pose Intervention		Mike	FXM Pres.	Paid Programs	
FXM	384	300: Rise of an Empire ('14) 'R' (45)				300: Rise of an Empire ('14, Action) 'R'				FXM Pres.		Logan ★★★ ('17, Action) Hugh Jackman, Patrick Stewart 'R'		GentleM-Blind			
FXX	125	Family Guy		Family Guy		Simpsons		Simpsons		Burgers		Burgers		Burgers		Burgers	
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		Starky and Hutch		Starky and Hutch		Charlie's Angels		Charlie's Angels		Hart to Hart		Hart to Hart	
GMSHW	116	FamFeud		Texas Ranga		America		America		FamFeud		FamFeud		FamFeud		FamFeud	
GOLF	401	PGA Tour Golf Valspar Championship, Final Round								PGA Tour Champions Golf Inesperity Invitational, Final Round				LPGA Golf			
GRIT	217	The Magnificent Seven ★★★ ('54, Action) Toshirō Mifune				Return of the Seven ('66, Western) Yul Brynner				The Charge at Feather River ('53, Western) Guy Madison				Paid Prog.			
HALL	185	My Favorite Wedding		When Calls the Heart (N)		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Frasier		Frasier	
HALLDR	186	Cloudy With		Kiss at Pine Lake ('12, Romance) Barry Watson				The Waltons		The Waltons		The Waltons		The Waltons		Medicine Woman	
HALLMV	187	Murder, She Baked A		Deadly Recipe				Murder, She Baked		Just Desserts				Murder, She Wrote		Murder, She Wrote	
HDMOV	130	Valdez Is Coming		Ace High ★★ ('69, Western) Eli Wallach				Chato's Land ★★ ('72, Western)		(12:55) The Hunting Party ★ ('71, Western)				(2:50) Ace High ('69)			
HGTV	112	Home Town Takeover (N)				Home Town (N)				Home Town				\$50K Three		Home Town Takeover	
HIST	120	Revealed: The Hunt for Bin Laden (N)				(05) 9/11: Inside Air Force One				(12:03) Revealed: The Hunt for Bin Laden				(07) 9/11: Inside Air Force One			
ID	192	Evil Lives Here		Evil Lives Here (N)		On the Case, Zahn		On the Case, Zahn		Evil Lives Here		On the Case, Zahn		On the Case, Zahn		Evil Lives Here	
IFC	133	2 Guns ('13, Action)		The Wolverine ★★★ ('13, Action) Hugh Jackman				(45) The Wolverine ★★★ ('13, Action) Hugh Jackman				Point Break ★★ ('15, Action)					
LAFF	237	'70s Show		'70s Show		How I Met		How I Met		How I Met		How I Met		How I Met		How I Met	
LIFE	108	How I Met Your Murderer ('21, Suspense)				(03) The Bad Seed ('18, Mystery) Rob Lowe				(12:01) How I Met Your Murderer ('21)				(04) The Bad Seed ('18, Mystery) Rob Lowe			
LMN	109	Daddy's Perfect Little Girl ('21, Suspense)				A Daughter's Plan to Kill ('19, Drama)				(12:01) Daddy's Perfect Little Girl ('21)				A Daughter's Plan to Kill ('19, Drama)			
MGMHD	385	Mulholland Falls ★★ ('96, Mystery) Nick Nolte				(20) Under Fire ★★ ('83, Drama) Nick Nolte				(05) Teachers ★★★ ('84, Comedy-Drama) Nick Nolte				Breathless			
MOTOR	246	Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides	
MSNBC	209	The Mehdi Hasan Show (L)		Week-Joshua Johnson		Voices-Alicia Menendez		The Mehdi Hasan Show		Week-Joshua Johnson		Dateline		Dateline Unthinkable: The Menendez Murders			
NATGEO	197	Wicked Tuna (N)		Wicked Tuna (N)		Running Wild		(15) Wicked Tuna		(12:15) Wicked Tuna		W. Tuna		Nazi Underworld		Nazi Underworld	
NGWLD	190	Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Secrets-Zoo		Paid Programs	
OUTD	396	Crush		Hunt		Outdoors		Bone Coll.		Buck.		Hunting		Driven		Addicted	
OWN	189	Dream		Dream		Dream		Dream		Dream		Dream		Dream		Dream	
OXYG	127	Snapped		Snapped		Snapped		Mastermind of Murder				Mastermind of Murder					
PARMT	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
POP	117	NCIS: New Orleans		48 Hours		48 Hours		48 Hours		48 Hours		48 Hours		48 Hours		48 Hours	
REELZ	299	Autopsy-Last		Aretha Franklin: Story				Autopsy-Last		Autopsy-Last		Aretha Franklin: Story		Autopsy-Last		Celebrity	
RFDTV	231	Wild		Wild		The Rural Americans (N)		FarmHer		Agribusiness		Farm Mon.		Gentle Gi. Pulling		Classic Tractor Fever	
SCI	193	Strange Evidence		Unearthed (N)		If We Built It Today (N)		Mysteries-Abandoned		Unearthed		If We Built It Today		Mysteries-Abandoned		Strange Evidence	
SMITH	367	Air Disasters (N)		Murderous History (N)				The Curious Life		The Hunt for Bin Laden		Air Disasters		Murderous History		The Curious Life	
SONY	386	The Caine Mutiny ('54, Drama) Humphrey Bogart				(20) The Caine Mutiny Court-Martial ('88)				(35) The Caine Mutiny ('54, Drama) Humphrey Bogart				Caine Mutiny			
SUND-E	358	Double Jeopardy ('99)		Shutter Island ★★★ ('10, Suspense) Leonardo DiCaprio, Mark Ruffalo				Shutter Island ★★★ ('10, Suspense) Leonardo DiCaprio, Mark Ruffalo				The Firm ('93, Drama)					
SYFY	122	Harry Potter				(12) Harry Potter and the Deathly Hallows: Part 2 ('11, Fantasy)				Futurama		Futurama		Futurama		Futurama	
TBN	260	Joel Osteen		David		Huckabee		Metaxas		Creflo Doll		Praise		Praise		God's	
TBS	139	The Wizard of Oz		(15) The Wizard of Oz ('39, Children's) Judy Garland				Wipeout		Wipeout		Wipeout		Despicable Me ★★★ ('10, Children's)		Despicbl 2	
TCM	132	Pather Panchali ('55, Drama) Kanu Bannerjee				(15) Aparajito ('56, Drama) Pinaki Sengupta				(12:15) The World of Apu ('59, Drama)				(15) The Big City ('63, Comedy-Drama)			
TLC	183	90 Day Fiancé: Happily Ever After? (N)				(11) Extreme Sisters (N)				90 Day Fiancé		90 Day Fiancé: Happily Ever After?		(11) Extreme Sisters		90 Day Fiancé	
TMC-W	329	Alex Cross ★ ('12) (8:50) The Legend of Bagger Vance ('00)				Made in Italy ('20) 'R'				(35) Pavarotti ('19, Documentary) Bono 'PG-13'				Hollywoodland ('06, Mystery) 'R'			
TNT	138	Shazam! ★★★ ('19, Action) Zachary Levi, Mark Strong				(45) Justice League ★★ ('17, Action) Ben Affleck				Batman v Superman: Dawn of Justice ★★ ('16, Action) Ben Affleck							
TRU	242	Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers	
TRVL	196	Expedition Bigfoot		Expedition Bigfoot		Monsters and Mysteries in America (N)				Expedition Bigfoot		Expedition Bigfoot		Monsters and Mysteries in America			
TVLND	106	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		King		King	
UP	188	Just for the Summer		The Charm of Love ('20, Romance) Tilly Hines				Just for the Summer ('20, Romance-Comedy)				Advance & Retreat ('16, Romance)					
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Queen of the South		Law & Order: SVU		Law & Order: SVU	
WE	128	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law Order: CI		Law Order: CI		Monk	

LOCAL NETWORKS

ABC-E	American Idol 416 (Disney Night) (L)				The Rookie (N)		Local Programs				ABC World News Now (N)							
CBS-E	The Equalizer (N)		NCIS: Los Angeles (N)		NCIS: New Orleans (N)				Local Programs				CBS Overnight News (N)					
CW-E	DC's Legends		Batwoman (N)		Local Programs													
FOX-E	Simpsons		The-North		Burgers		Family (N)		Local Programs									
NBC-E	Ellen's Game of Games (N) Zoey's-Playlist				Good Girls (N)		Local Programs				Meet the Press		Early Tdy					
METV	247*	Columbo		Blueprint for Murder		Ed Sullivan		C. Burnett		Honeymn.		Van Dyke		Van Dyke		Twi. Zone		
ABC-W	American Idol 416 (Disney Night) (L)				Funnest Home Videos		American Idol				The Rookie (N)		Local Programs					
CBS-W	Local Programs		News		60 Minutes (N)				The Equalizer (N)		NCIS: Los Angeles (N)		NCIS: New Orleans (N)					
CW-W	Local Programs				DC's Legends		Batwoman (N)		Local Programs									
FOX-W	Local Programs				Simpsons		Bless		Simpsons		The-North		Burgers		Family (N)		Local Programs	
NBC-W	Local Programs				News		Ellen's Game of Games		Ellen's Game of Games (N)		Zoey's-Playlist		Good Girls (N)		Local Programs			
PBS	Rise of the Nazis		Atlantic Crossing		World on Fire		Austin City Limits		Rise of the Nazis		Atlantic Crossing		World on Fire		International			

Table with 15 columns representing time slots (4AM to 11:30) and 4 rows representing time zones (EASTERN, CENTRAL, MOUNTAIN, PACIFIC).

PREMIUM MOVIES

Table listing premium movies with columns for time slot, title, and details. Includes titles like 'The Reluctant Fundamentalist', 'Hulk', 'Couples', etc.

Table listing movies with columns for time slot, title, and details. Includes titles like 'The Song of Names', 'Major League', 'Hellboy', etc.

Table listing movies with columns for time slot, title, and details. Includes titles like 'Abduction', 'Spare Parts', 'Marianne & Leonard', etc.

AMERICA'S TOP PROGRAMMING

Large table listing various TV programs across different channels (A&E, AMC, ESPN, etc.) with columns for time slot, title, and details.

Time slots table with columns: EASTERN, CENTRAL, MOUNTAIN, PACIFIC and rows for 4AM, 4:30, 5AM, 5:30, 6AM, 6:30, 7AM, 7:30, 8AM, 8:30, 9AM, 9:30, 10AM, 10:30, 11AM, 11:30.

AMERICA'S TOP PROGRAMMING

Main program schedule table listing channels (FX, FXM, GXX, GETTV, GMSHW, GOLF, GRIT, HALL, HALLDR, HALLMV, HDMOV, HGTV, HIST, ID, IFC, LAFF, LIFE, LMN, MGMHD, MOTOR, MSNBC, NATGEO, NGWLD, OUTD, OWN, OXYG, PARMT, POP, REELZ, RFDTV, SCI, SMITH, SONY, SUND-E, SYFY, TBN, TBS, TCM, TLC, TMC-W, TNT, TRU, TRVL, TVLND, UP, USA, WE) and their corresponding programs with time slots.

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Network-specific schedule table listing channels (ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, PBS) and their corresponding programs.

Table with 16 columns representing time slots from 12PM to 7:30 and 4 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, and PACIFIC.

PREMIUM MOVIES

Table of premium movies with columns for channel, time, title, and description. Includes titles like 'Limitless', 'Hulk', 'Hart's War', 'The Gentlemen', 'Law Abiding Citizen', etc.

AMERICA'S TOP PROGRAMMING

Table of America's top programming with columns for channel, time, title, and description. Includes titles like 'Intervention', 'Bullet Points', 'Field of Dreams', 'Star Trek: Next', etc.

Table with 17 columns representing time slots from 12PM to 7:30 and 4 rows for Eastern, Central, Mountain, and Pacific time zones.

AMERICA'S TOP PROGRAMMING

Main programming grid table with columns for channel, time, and program title. Includes programs like American Made, My Gal, A Dog's Way Home, and Independence Day: Resurgence.

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Table detailing network broadcast services for ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.





Table with columns for time slots: EASTERN, CENTRAL, MOUNTAIN, PACIFIC and rows for 8PM, 8:30, 9PM, 9:30, 10PM, 10:30, 11PM, 11:30, 12AM, 12:30, 1AM, 1:30, 2AM, 2:30, 3AM, 3:30

AMERICA'S TOP PROGRAMMING

Main program schedule table with columns for channel, time, title, and description. Includes programs like Venom, Girls Trip, Simpsons, and various other shows.

LOCAL NETWORKS

Table showing local network programming for channels like ABC-E, CBS-E, CW-E, FOX-E, NBC-E, etc., including programs like American Idol, The Good Doctor, and various news shows.





Table with 17 columns representing time slots from 12PM to 7:30 and 4 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, and PACIFIC.

PREMIUM MOVIES

Main program grid table with columns for channel, time, and program details. Includes rows for SHOWTIME, STARZ, and EPIX channels.

AMERICA'S TOP PROGRAMMING

Main program grid table with columns for channel, time, and program details. Includes rows for A&E, AHC, AMC, APX, AXSTV, BCCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, DIY, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FNC, FOOD, FREFM, and F51 channels.









Grid showing time slots for Eastern, Central, Mountain, and Pacific time zones from 4AM to 11:30.

PREMIUM MOVIES

Main grid of TV programming including shows like RoboCop 2, Fargo, and various movie premieres across channels like SHO-E, STARZ-E, and EPIX.

AMERICA'S TOP PROGRAMMING

Grid of network programming for channels like A&E, AMC, Bravo, CNN, etc., listing show titles and time slots.







Table with columns for time slots: EASTERN, CENTRAL, MOUNTAIN, PACIFIC. Rows for 8PM, 8:30, 9PM, 9:30, 10PM, 10:30, 11PM, 11:30, 12AM, 12:30, 1AM, 1:30, 2AM, 2:30, 3AM, 3:30.

PREMIUM MOVIES

Table listing premium movies with columns for channel, number, title, year, genre, and other details. Includes titles like 'About Last Night', 'Fatal Attraction', 'The Exorcist'.

SHOWTIME

Table listing Showtime programs with columns for channel, number, title, year, genre, and other details. Includes titles like 'Robin Hood', 'The Juror', 'Indecent Proposal'.

STARZ

Table listing Starz programs with columns for channel, number, title, year, genre, and other details. Includes titles like 'Charlie Wilson's War', 'Fever Pitch', 'The Wolf of Snow Hollow'.

EPIX

Table listing EPIX programs with columns for channel, number, title, year, genre, and other details. Includes titles like 'The Expendables', 'The Sum of All Fears', 'Internal Affairs'.

AMERICA'S TOP PROGRAMMING

Large table listing various TV programs across channels like A&E, AMC, Bravo, Comedy Central, etc. Columns include channel, number, title, year, genre, and other details.

Table with columns for time slots (8PM, 8:30, 9PM, 9:30, 10PM, 10:30, 11PM, 11:30, 12AM, 12:30, 1AM, 1:30, 2AM, 2:30, 3AM, 3:30) and rows for various channels (EASTERN, CENTRAL, MOUNTAIN, PACIFIC, AMERICA'S TOP PROGRAMMING, FX, FXM, etc.) listing program titles, times, and descriptions.

Table with 14 columns representing time slots from 4AM to 11:30 and 3 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, and PACIFIC.

PREMIUM MOVIES

Table listing premium movies with columns for time slot, channel, movie title, and description.

Table listing standard movies with columns for time slot, channel, movie title, and description.

Table listing movies with columns for time slot, channel, movie title, and description.

AMERICA'S TOP PROGRAMMING

Large table listing various TV programs and shows with columns for channel, time slot, and program name.







EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

**AMERICA'S TOP PROGRAMMING**

<b>FX</b>	136	Darkest	Pacific Rim Uprising ('18, Science Fiction) John Boyega				Fantastic Four ★★ ('15, Action) Miles Teller				X-Men: Days of Future Past ★★★ ('14, Action) Hugh Jackman				
<b>FXM</b>	384	Hush Hush-Charlotte	:15 The Other ('72, Horror) Uta Hagen 'PG'				Inferno ★★ ('16, Suspense) Tom Hanks 'PG-13'				Mission: Impossible 2 ('00, Action) Tom Cruise 'PG-13'				
<b>FXX</b>	125	The Boss Baby ('17) The Emoji Movie ★★ ('17, Children's)													
<b>GETTV</b>	373	Walker, Texas Ranger													
<b>GMSHW</b>	116	Deal or No Deal													
<b>GOLF</b>	401	2021 Regions Tradition First Round (L) PGA Tour Golf Wells Fargo Championship, First Round (L)													
<b>GRIT</b>	217	The Virginian The Family Man													
<b>HALL</b>	185	Love in Design ('18, Romance) Danica McKellar													
<b>HALLDR</b>	186	The Waltons													
<b>HALLMV</b>	187	Matlock The Student													
<b>HDMOV</b>	130	Ace High ★★ ('69, Western) Eli Wallach													
<b>HDTV</b>	112	Home Town													
<b>HIST</b>	120	American Pickers													
<b>ID</b>	192	48 Hours on ID													
<b>IFC</b>	133	Saved/Bell													
<b>LAFF</b>	237	Jim													
<b>LIFE</b>	108	Major Crimes													
<b>LMN</b>	109	Stalked by My Patient ('18, Suspense)													
<b>MGMHD</b>	385	Solarbabies ★★ ('86) The Little Girl Who Lives Down the Lane ('76) 2:55 The Believers ★★★ ('87, Horror) Martin Sheen 2:20 Carrie ★★ ('02, Horror) Angela Bettis													
<b>MOTOR</b>	246	Wheeler Dealers													
<b>MSNBC</b>	209	Andrea Mitchell Reports (L) MTP Daily (L)													
<b>NATGEO</b>	197	Food													
<b>NGWLD</b>	190	Critic Fixers													
<b>OUTD</b>	396	Fishing													
<b>OWN</b>	189	Dr. Phil													
<b>OXYG</b>	127	Snapped													
<b>PARMT</b>	241	Bar Rescue													
<b>POP</b>	117	ER													
<b>REELZ</b>	299	Cops Rel.													
<b>RFDTV</b>	231	Market Day Report (L)													
<b>SCI</b>	193	Catastrophes													
<b>SMITH</b>	367	Air Disasters													
<b>SONY</b>	386	The Caine Mutiny 12:50 Seminole Uprising ('55) The Wackiest Ship in the Army 1:15 Pistol Whipped ('08, Action) Steven Seagal 1:10 The Detonator ('06, Action) Wesley Snipes													
<b>SUND-E</b>	358	Andy G.													
<b>SYFY</b>	122	Shut In ★★ ('16, Suspense) Naomi Watts													
<b>TBN</b>	260	S. Furtick													
<b>TBS</b>	139	Friends													
<b>TCM</b>	132	Don't Look Back ('67, Documentary) 1:15 ABBA: The Movie ★★ ('78, Musical) 1:15 A Hard Day's Night ('64, Musical Comedy) Elvis: That's the Way It Is ('70, Documentary)													
<b>TLC</b>	183	Dr. Pimple Popper													
<b>TMC-W</b>	329	Peter Pan ('03) 'PG' Hannah and Her Sisters ('86) 'PG-13'													
<b>TNT</b>	138	Supernatural													
<b>TRU</b>	242	World's Dumbest ...													
<b>TRVL</b>	196	Paranormal Ca.													
<b>TVLND</b>	106	Gunsmoke													
<b>UP</b>	188	Little House on Prairie													
<b>USA</b>	105	Law & Order: SVU													
<b>WE</b>	128	Law Order: CI													

**NETWORKS** Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

<b>ABC-E</b>	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs	News	Local Programs
<b>CBS-E</b>	Local Prog./Young & Restless	Bold	The Talk (N)	Let's Make a Deal (N)	Local Programs	News	Local Programs
<b>CW-E</b>	Local Programs	Local Programs	Local Programs	Jerry Springer	Local Programs	Local Programs	
<b>FOX-E</b>	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs		
<b>NBC-E</b>	Local Programs	Days of our Lives (N)	Local Programs	Local Programs	Local Programs	Local Prog./News	Local Programs
<b>ME-TV</b>	247* The Waltons The Hawk	Gunsmoke	Bonanza Erin	Riflemen Riflemans	Wagon Train	Adam-12 Adam-12	Addams Happy Day M*A*S*H M*A*S*H
<b>ABC-W</b>	Local Programs	The View (N)	Local Programs	GMA3-Need to Know	General Hospital (N)	Local Programs	Local Programs
<b>CBS-W</b>	Local Programs	The Price Is Right (N)	Young & Restless	Local Prog./Bold	The Talk (N)	Let's Make a Deal (N)	Local Programs
<b>CW-W</b>	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Jerry Springer
<b>FOX-W</b>	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs		
<b>NBC-W</b>	Today 3rd Hour (N)	Today-Hoda	Local Programs	Local Programs	Days of our Lives (N)	Local Programs	
<b>PBS</b>	Dinosaur Clifford	Sesame St. Donkey	Tiger Go Luna	Nature Cat Wild Kratts	Molly Xavier	Odd Arthur	Cat in the Hat Peg & Cat PBS NewsHour (N)

Channel and time slot grid for Eastern, Central, Mountain, and Pacific time zones.

PREMIUM MOVIES

Table of premium movies including titles like 'S...house', 'The Nest', 'The Art of War', and 'The Reluctant Fundamentalist'.

Table of TV shows and movies including 'Stand by Me', 'The Lone Ranger', 'Charlie Weir', 'Mom and Dad', 'Natural Born Killers', and 'Waiting to Exhale'.

AMERICA'S TOP PROGRAMMING

Large table of America's top programming including shows like 'The First 48', 'The Fifth Element', 'Van Helsing', 'Life', 'Exposed', 'Shark Tank', 'The Office', 'Runaway Bride', 'Serendipity', 'Friday the 13th Part', 'Wild America', and 'The Spring League'.

Table with 17 columns representing time slots (8PM to 12:30) and 4 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, and PACIFIC.

AMERICA'S TOP PROGRAMMING

Main grid table containing program titles, networks, and air times for various shows including Spider-Man: Into the Spider-Verse, Passengers, Family Guy, and others.

LOCAL NETWORKS

Table listing local programming for networks ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

Grid showing time slots for Eastern, Central, Mountain, and Pacific regions, with times from 4AM to 11:30PM.

PREMIUM MOVIES

Main table of premium movies, organized by time slot (e.g., SHOE-E 318, STARZ-E 350) and listing titles, genres, and cast members.

AMERICA'S TOP PROGRAMMING

Table of America's Top Programming across various channels (A&E, AHC, AMC, etc.) listing program titles and times.

<b>EASTERN</b>	<b>4AM</b>	<b>4:30</b>	<b>5AM</b>	<b>5:30</b>	<b>6AM</b>	<b>6:30</b>	<b>7AM</b>	<b>7:30</b>	<b>8AM</b>	<b>8:30</b>	<b>9AM</b>	<b>9:30</b>	<b>10AM</b>	<b>10:30</b>	<b>11AM</b>	<b>11:30</b>
<b>CENTRAL</b>	<b>3AM</b>	<b>3:30</b>	<b>4AM</b>	<b>4:30</b>	<b>5AM</b>	<b>5:30</b>	<b>6AM</b>	<b>6:30</b>	<b>7AM</b>	<b>7:30</b>	<b>8AM</b>	<b>8:30</b>	<b>9AM</b>	<b>9:30</b>	<b>10AM</b>	<b>10:30</b>
<b>MOUNTAIN</b>	<b>2AM</b>	<b>2:30</b>	<b>3AM</b>	<b>3:30</b>	<b>4AM</b>	<b>4:30</b>	<b>5AM</b>	<b>5:30</b>	<b>6AM</b>	<b>6:30</b>	<b>7AM</b>	<b>7:30</b>	<b>8AM</b>	<b>8:30</b>	<b>9AM</b>	<b>9:30</b>
<b>PACIFIC</b>	<b>1AM</b>	<b>1:30</b>	<b>2AM</b>	<b>2:30</b>	<b>3AM</b>	<b>3:30</b>	<b>4AM</b>	<b>4:30</b>	<b>5AM</b>	<b>5:30</b>	<b>6AM</b>	<b>6:30</b>	<b>7AM</b>	<b>7:30</b>	<b>8AM</b>	<b>8:30</b>

**AMERICA'S TOP PROGRAMMING**

<b>FX</b>	<b>136</b>	Paid Programs						<b>The Darkest Minds</b> ★★ ('18, Science Fiction)				Mike	Mike	Mike	Mike	<b>Logan</b> ('17, Action)					
<b>FXM</b>	<b>384</b>	<b>Salzburg</b> (:35) <b>It Happened in Flatbush</b> (:42)		<b>The Ghost and Mrs. Muir</b> (:47)		(:45) <b>The Other</b> ('72, Horror) <i>Uta Hagen</i> 'PG'		<b>The Quiller Memorandum</b> ('66, Suspense) 'NR'		<b>Kremlin</b>											
<b>FXX</b>	<b>125</b>	Paid Programs																			
<b>GETTV</b>	<b>373</b>	Catch 21	Face Race	All/Family	All/Family	Paid Programs						Amen	Amen	Good Time	Good Time	Good Time	Good Time				
<b>GMSHW</b>	<b>116</b>	Paid Programs																			
<b>GOLF</b>	<b>401</b>	2021 Regions Tradition <i>First Round</i>				2021 Tradition		♀ <b>European PGA Tour Golf Tenerife Championship, Second Round (L)</b>				Golf Central Pregame (L)		<b>2021 Tradition</b>							
<b>GRIT</b>	<b>217</b>	Paid Programs																			
<b>HALL</b>	<b>185</b>	Reba	Reba	Reba	Reba	Reba <i>Pilot</i>	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	<b>Eat, Play, Love</b> ('17, Romance) <i>Jen Lilley</i>							
<b>HALLDR</b>	<b>186</b>	Medicine Woman		Medicine Woman		Medicine Woman		Touched by an Angel		Touched by an Angel		The Waltons		The Waltons		The Waltons					
<b>HALLMV</b>	<b>187</b>	Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Talk Show</i>		Matlock <i>The Victim</i>					
<b>HDMOV</b>	<b>130</b>	<b>Who We Are Now</b> Paid Programs																			
<b>HGTV</b>	<b>112</b>	Flip	Flip	Flip	Flip	Hunters	Hunters	Hunt Intl	Hunters	Hunters	Hunt Intl	Hunters	Hunters	Bargain Block	Bargain Block	Bargain Block					
<b>HIST</b>	<b>120</b>	Paid Programs																			
<b>ID</b>	<b>192</b>	Dead Silent		Dead Silent		Night- Di. End		The Missing		The Missing		Little Boy Lost		Disappeared		Disappear   Homicide		Homicide Hunter: Kenda			
<b>IFC</b>	<b>133</b>	<b>Planes, Trains</b>		<b>Life of Brian</b> ('79, Comedy) <i>Graham Chapman</i>		<b>Bee Movie</b> ★★★ ('07, Children's)		<b>Addams Family Values</b> ★★★ ('93, Comedy)				TBA									
<b>LAFF</b>	<b>237</b>	Paid Programs																			
<b>LIFE</b>	<b>108</b>	Paid Programs																			
<b>LMN</b>	<b>109</b>	Paid Programs																			
<b>MGMHD</b>	<b>385</b>	<b>The House Where Evil Dwells</b> ('82, Horror)		<b>Night Drive</b> ('76, Suspense) <i>Valerie Harper</i>		(:75) <b>Stormy Monday</b> ('88, Crime Drama)		(9:55) <b>Best Seller</b> ★★★ ('87, Crime Drama)													
<b>MOTOR</b>	<b>246</b>	Bitchin' Rides		FantomWorks		Car Sharks		Car Sharks		Garage Squad		Roadkill		Roadkill		Roadkill		Roadkill			
<b>MSNBC</b>	<b>209</b>	Rachel Maddow Show		Way Too Early With		Morning Joe (L)				Stephanie Rühle (L)		Hallie Jackson Reports (L)		Craig Melvin Reports (L)							
<b>NATGEO</b>	<b>197</b>	◀Roswell	Secret History of UFOs		Science		Paid Programs				Battleground A		Battleground A		Battleground A						
<b>NGWLD</b>	<b>190</b>	Paid Programs																			
<b>OUTD</b>	<b>396</b>	Territories	Heartland	Africa	Outdoors	Gowdy	Spear Life	Unfathom	BigWater	Zona's	Match Fish	Major League Fishing			MLF Angle		Bass				
<b>OWN</b>	<b>189</b>	20/20 on OWN		20/20 on OWN		Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil			
<b>OXYG</b>	<b>127</b>	Snapped <i>Minnie Salinas</i>		Snapped		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Accident, Suicide		Accident, Suicide		Accident, Suicide			
<b>PARMT</b>	<b>241</b>	Paid Programs																			
<b>POP</b>	<b>117</b>	Charmed		Goldbergs		Goldbergs		ER		ER		ER		ER		ER		ER			
<b>REELZ</b>	<b>299</b>	Paid Programs																			
<b>RFDTV</b>	<b>231</b>	Paid Programs																			
<b>SCI</b>	<b>193</b>	Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Underground Marvels		Underground Marvels		Underground Marvels					
<b>SMITH</b>	<b>367</b>	Inside- Tower of London		Aerial Britain		Aerial America		Aerial America		Aerial America		Aerial America		Sacred Sites		Air Warriors <i>MiG</i>		Survival in the Skies			
<b>SONY</b>	<b>386</b>	<b>Wild</b> (:25) <b>White Water Summer</b> ('87)		<b>Alien Hunter</b> ('03, Science Fiction)		(:40) <b>Borderline</b> ★★★ ('80, Crime Drama)		(:35) <b>Angel</b> ('84, Crime Drama)		( <i>Donna Wilkes</i> ) <b>Watrd</b>											
<b>SUND-E</b>	<b>358</b>	Perry Mason		Perry Mason		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.		Andy G.			
<b>SYFY</b>	<b>122</b>	◀Van Hel.	Twi. Zone		Twi. Zone		Twi. Zone		Z Nation <i>Day One</i>		Z Nation		(7:59) Z Nation <i>No Mercy</i>		Z Nation		<b>Leatherface</b> ('17)				
<b>TBN</b>	<b>260</b>	Steven	Taking	John Gray	S. Furtick	Joyce M.	Wommack	David	Prince	Dr. Jeffress	Joyce M.	Creflo Doll	Hagee	Joel Osteen	Jackson	Copeland	Jentezen				
<b>TBS</b>	<b>139</b>	Matters	Matters	Raymond	Raymond	Raymond	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Wipeout		Friends		Friends			
<b>TCM</b>	<b>132</b>	<b>Ocean's Eleven</b> ('60) <i>Frank Sinatra</i> (:45) <b>My Favorite Wife</b> ★★★ ('40, Comedy)		<b>The Fortune Cookie</b> ('66, Comedy-Drama) <i>Jack Lemmon</i>		<b>The Whistle at Eaton Falls</b> ('51) <b>Annie-</b>															
<b>TLC</b>	<b>183</b>	Dragnificent!		Dragnificent!		OutDaughtered		OutDaughtered		OutDaughtered		OutDaughtered		Seeking Sister Wife		Seeking Sister Wife					
<b>TMC-W</b>	<b>329</b>	<b>All I See Is You</b> ('16, Drama) 'R' (:40) <b>Play or Die</b> ('19, Horror) 'NR'		Separated		Dali and the Cooper		<b>Peter Pan</b> ('03, Children's) <i>Jason Isaacs</i> 'PG'		Teddly Pendergrass: If You Don't											
<b>TNT</b>	<b>138</b>	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed <i>Witch Wars</i>		Charmed (Part 1 of 2)		NCIS: New Orleans		NCIS: New Orleans					
<b>TRU</b>	<b>242</b>	Paid Programs																			
<b>TRVL</b>	<b>196</b>	Paid Programs																			
<b>TVLND</b>	<b>106</b>	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		Bonanza	
<b>UP</b>	<b>188</b>	Paid Programs																			
<b>USA</b>	<b>105</b>	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		NCIS: Los Angeles		NCIS		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.			
<b>WE</b>	<b>128</b>	Waka & Tammy		Paid Programs																	

**NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.**

<b>ABC-E</b>	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)		
<b>CBS-E</b>	◀CBS Overnight News (N)		News	News	News	News	CBS This Morning (N)				Local Programs				The Price Is Right (N)		
<b>CW-E</b>	Local Programs																
<b>FOX-E</b>	Local Programs																
<b>NBC-E</b>	Local Programs																
<b>MEVTV</b>	<b>247*</b>	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me (N)		Beaver	Beaver	Perry Mason		Matlock <i>The Psychic</i>		In the Heat of Night	
<b>ABC-W</b>	Local Programs																
<b>CBS-W</b>	◀Corden	Local Prog.		CBS Overnight News (N)		Morning		Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)			
<b>CW-W</b>	Local Programs																
<b>FOX-W</b>	Local Programs																
<b>NBC-W</b>	◀Meyers	Late-Lilly	Today-Hoda		Early Tdy	Local Programs				Local Programs		Today (N)					
<b>PBS</b>	Greta Thunberg-Year		Human-World		Ready Jet	Arthur	Molly	Wild Kratts	Elementary	Xavier	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious	









Table with 17 columns representing time slots: EASTERN, CENTRAL, MOUNTAIN, PACIFIC, 8PM, 8:30, 9PM, 9:30, 10PM, 10:30, 11PM, 11:30, 12AM, 12:30, 1AM, 1:30, 2AM, 2:30, 3AM, 3:30.

AMERICA'S TOP PROGRAMMING

Main table listing TV programs by channel and time slot. Includes titles like Deadpool, Spys, Logan, and various reality and drama series.

LOCAL NETWORKS

Table listing local network programming for various channels like ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.





EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

## PREMIUM MOVIES

SHOWTIME	SHO-E 318	◀Arbitrage ★★★ ('12, Drama) Richard Gere, Tim Roth 'R'	◀The Adjustment Bureau ★★★ ('11, Suspense) Matt Damon 'PG-13'	(15) ◀The Art of War ★★ ('00, Suspense) Wesley Snipes, Anne Archer 'R'	(15) ◀21 Bridges ★★ ('19, Action) Chadwick Boseman, Sienna Miller 'R'	City on a Hill Don't Go Sayin Last Words
	SHO-W 319	◀Bellator MMA Bellator 258: Archuleta vs. Pettis	◀Arbitrage ('12, Drama) Richard Gere 'R'	◀The Adjustment Bureau ('11)	(15) ◀The Art of War ★★ ('00, Suspense) 'R'	
STARZ	SHO2-E 320	◀Rosemary's Baby ★★★★★ ('68, Horror) Mia Farrow, John Cassavetes 'R'	◀The Nest ('20, Suspense) Jude Law, Carrie Coon 'R'	Couples Therapy	Couples Therapy	◀S...house ('20, Comedy) Cooper Raiff, Dylan Gelula 'R'
	SHOBET 321	◀Mother of George ('13, Drama) 'R'	◀Fast and Furious: Death Race ('20)	◀You Got Served ('04) 'PG-13'	(35) ◀Booty Call ('97, Comedy) 'R'	◀Biker Boyz ★ ('03, Action) 'PG-13'
EPIX	SHOX-E 322	◀Reluctant Death Wish ('74, Crime Drama) 'R'	(05) ◀Carlito's Way ('93, Crime Drama) Al Pacino 'R'	1917 ★★★★★ ('19, War) George MacKay 'R'	◀True History of the Kelly Gang	
	SHOS-E 323	◀Gentle Texas Rangers ★★ ('01) 'PG-13'	◀Hulk ★★ ('03, Fantasy) Eric Bana 'PG-13'	◀Born on the Fourth of July ★★ ('89, Docudrama) 'R'	◀Dallas Buyers Club 'R'	
FLIX-E	TMC-E 327	◀A Fish Called Wanda Hollywoodand ('06, Mystery) Adrien Brody 'R'	(10) ◀The Assassination of Jesse James by the Coward Robert Ford (5:55) The Humanity Bureau ('17)   The			
	TMCX-E 328	◀Legend-Bagger	(10) ◀Out of Time ('03, Suspense) 'PG-13'	◀The Go-Go's ('20) 'NR'	(45) ◀Collide ('16, Action) Nicholas Hoult 'PG-13'	(25) ◀The Turning ('20) 'PG-13'
STARZ	FLIX-E 333	(15) ◀Killer Elite ('11, Action) Jason Statham 'R'	(15) ◀No Country for Old Men ('07, Crime Drama) 'R'	(20) ◀Red ('10, Action) 'PG-13'	(15) ◀Without a Paddle ('04, Comedy) 'PG-13'	
	ENCR-E 340	◀Gattaca ★★★ ('97, Science Fiction) Ethan Hawke 'PG-13'	(37) ◀St. Elmo's Fire ★★ ('85, Drama) Rob Lowe, Demi Moore 'R'	(29) ◀Stealth ★★ ('05, Action) Josh Lucas, Jessica Biel 'PG-13'	(33) ◀Hot Tub Time Machine ('10, Comedy) John Cusack 'R'	(15) ◀Postcards From the Edge ('90) 'R'
EPIX	STARZ-E 350	◀Step Up	◀Step Up	(13) ◀Step Up: High Water The Running Man	(05) ◀Step Up: High Water Shuffle	(2:54) ◀Step Up: High Water 75.6.7.8
	STARZ-W 351	◀The Kid Detective ('20) 'R'	(34) The Gloaming	◀Step Up: High Water	◀Step Up	◀Step Up: High Water
EPIX	STRZED 352	◀Chicago ('02) 'PG-13'	(03) ◀Titanic ★★★★★ ('97, Historical Drama) Leonardo DiCaprio 'PG-13'	Gloaming	(15) ◀The Craft: Legacy ('20, Fantasy) 'PG-13'	◀Girlfriend
	STRZCI 353	◀Broken	(41) ◀L.A. Confidential ('97, Crime Drama) Kevin Spacey 'R'	(02) ◀Chloe ★★ ('09, Drama) 'R'	(40) ◀Maiden ('18, Documentary) 'PG'	(20) ◀The Broken Hearts Gallery
EPIX	STRZCO 354	◀Fever	(25) ◀3000 Miles to Graceland ('01, Action) 'R'	(34) ◀Madea's Family Reunion ('06) 'PG-13'	◀Madea's Big Happy Family	(15) ◀Tyler Perry's Madea Goes to Jail ('09)
	STRZIB 355	◀Bloodshot	(39) ◀Jumanji: The Next Level ('19) 'PG-13'	(45) ◀How High ('01, Comedy) Method Man 'R'	(21) ◀Black and Blue ('19) 'R'	(12) ◀Bloodshot ('20, Action) Vin Diesel 'PG-13'
EPIX	STRZKF 356	◀Beautiful Day Neighborhood	(39) ◀Max Winslow and the House of Secrets	(18) ◀Big Hero 6 ('14) 'PG'	◀Alexander and the Terrible	(24) ◀Inside Out ('15) 'PG'
	EPIX 380	◀True Confessions	(25) ◀Condor What Loneliness	(20) ◀Condor Patriot	◀Condor Trapped in History	(3:50) ◀Condor No Such Thing
EPIX	EPIX2 381	◀Star Trek Beyond ('16)	(05) ◀Arrival ('16, Science Fiction) Amy Adams	(05) ◀Some Kind of Wonderful ('87)	(40) ◀The Out-of-Towners ('99)	(15) ◀Scrooged ('88, Comedy) Bill Murray
	EPIXH 382	◀Spontaneous ('20)	(12:55) ◀Anna and the Apocalypse	◀Fast Color ('18, Science Fiction)	(15) ◀Footloose ★★ ('11, Comedy-Drama)	(10) ◀Regarding Henry ★★ ('91, Drama)
EPIX	EPIXDR 292	◀Once Upon a Time in the West ('69, Western)	(10) ◀Gunfight at the O.K. Corral ★★★★★ ('57)	(15) ◀The Devil's Double ★★ ('11, Action)	(10) ◀Abduction ('11, Action) Taylor Lautner	

## AMERICA'S TOP PROGRAMMING

A&E	118	◀Jurassic Park III ('01, Adventure) Sam Neill	◀Jurassic Park ★★★★★ ('93, Adventure) Sam Neill, Laura Dern	◀The Lost World: Jurassic Park ★★ ('97, Adventure) Jeff Goldblum
AHC	195	◀World War II in Color	◀World War II in Color	◀Project Nazi
AMC	131	◀Road House ★★ ('89, Action) Patrick Swayze, Kelly Lynch	◀Demolition Man ('93, Science Fiction) Sylvester Stallone	◀XXX ★★ ('02, Action) Vin Diesel, Asia Argento
APL	184	◀Pit Bulls and Parolees	◀Pit Bulls and Parolees	◀Pit Bulls and Parolees
AXSTV	167	◀IMPACT Wrestling	◀IMPACT in 60	◀Top Ten
BBCA	135	◀Planet Earth: Dynasties	◀Seven Worlds, Planet Earth	◀Planet Earth: Frozen
BET	124	◀Prince	◀Prince	◀Prince
BOUNCE	359	◀The Golden Child ('86, Comedy) Eddie Murphy	◀12 Rounds 3: Lockdown ('15, Action)	◀Deep Blue Sea ★★ ('99, Science Fiction)
BRAVO	129	◀Top Chef	(45) ◀Top Chef	(45) ◀Million Dollar Listing New York
BUZZR	245	◀Price	◀Game	◀Match Gm.
CHD	249	◀Cajun	◀Cajun	◀Cajun
CMT	166	◀Mamma Mia! ★★ ('08, Musical Comedy) Meryl Streep	◀Movie	◀Movie
CNBC	208	◀Paid Programs	◀Undercover Boss	◀Undercover Boss
CNN	200	◀CNN Newsroom	◀CNN Newsroom	◀CNN Newsroom
COM	107	◀The Office	◀The Office	◀The Office
COMET	289	◀Nt. Gallery	◀Nt. Gallery	◀Nt. Gallery
COOK	113	◀Man Fire	◀Man Fire	◀Man Fire
DISC	182	◀Building Off the Grid	◀Building Off the Grid	◀Building Off the Grid
DFC	179	◀My Little Pony Equestria Girls	◀Pet Shop	◀Too Cute!
DISN-E	172	◀Raven	◀Sydney	◀Jessie
DIY	111	◀Maine Cabin Masters	◀Maine Cabin Masters	◀Maine Cabin Masters
ENCR-W	341	◀Mr. Mom ('83) 'PG'	(04) ◀Hot Tub Time Machine ('10, Comedy) 'R'	(246) ◀Gattaca ('97) 'PG-13'
EWESTN	342	◀The Bravados ('58)	(12:47) ◀Yellow Sky ('48) 'NR'	(27) ◀Draw! ('84, Western) 'NR'
EACTN	343	◀Titan A.E.	(41) ◀Red Sonja ★★ ('85) 'PG-13'	(12) ◀The Edge ★★ ('97, Adventure) 'R'
ESUSP	344	(06) ◀Air ('15) 'PG-13'	(42) ◀Silent House ('11, Horror) 'R'	(09) ◀Driven ('18, Comedy-Drama) Lee Pace 'R'
EBLACK	345	◀Tears of the Sun ('03)	(12:46) ◀The Contractor ('07) 'R'	(27) ◀White Men Can't Jump ('92, Comedy) 'R'
ECLASS	346	◀Drop-Diva	◀Drop-Diva	◀Drop-Diva
EFAMILY	347	◀Spider-Man ★★ ('02, Action) 'PG-13'	◀Spider-Man 2 ★★ ('04, Action) 'PG-13'	(09) ◀Spider-Man 3 ('07, Action) Tobey Maguire 'PG-13'
ESPN	140	◀College Football NCAA FCS Championship	◀Semifinal: Teams TBA (L)	◀ESPN Original Documentaries
ESPN2	143	◀Rookie	◀Hey Rookie	◀Hey Rookie
EWTV	261	◀Daily Mass	◀Religious	◀Bookmark
FETV	82	◀Masterson	◀Masterson	◀Masterson
FNC	205	◀Fox News Live (L)	◀Fox News Live (L)	◀Journal Editorial Report
FOOD	110	◀Symon	◀Guy's	◀Chopped
FREFM	180	◀Mirror Mirror ('12, Children's)	(35) ◀Matilda ('96, Children's) Mara Wilson	(40) ◀Mrs. Doubtfire ★★ ('93, Children's) Robin Williams, Sally Field
F51	150	◀Bassmaster	◀RaceDay	◀NASCAR Xfinity Racing Series
		◀Steakhouse Elite 200 (L)	◀Post Race	◀MLB Baseball
		◀San Diego Padres at San Francisco Giants (L)	◀MLB Baseball	◀MLB Baseball

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

**AMERICA'S TOP PROGRAMMING**

<b>FX</b>	136	<b>The Amazing Spider-Man 2</b> ★★ (‘14, Action) <i>Andrew Garfield</i>					<b>Spider-Man: Homecoming</b> ★★ (‘17, Action) <i>Tom Holland</i>					<b>Venom</b> ★★ (‘18, Action) <i>Tom Hardy</i>							
<b>FXM</b>	384	<b>Day Mars-Earth</b> (‘10) <b>The Gods Must Be Crazy</b> (‘81) 'PG'					<b>Mamma Mia! Here We Go Again</b> ★★ (‘18) 'PG-13'					<b>The Greatest Showman</b> (‘17, Musical) 'PG'							
<b>FXX</b>	125	<b>Blockers</b> (‘18, Comedy) <b>The Boss</b> (‘16, Comedy) <i>Melissa McCarthy</i>					<b>Snatched</b> ★★ (‘17, Comedy) <i>Amy Schumer</i>					<b>Bad Moms</b> ★★ (‘16, Comedy) <i>Mila Kunis</i> Family Guy Family Guy							
<b>GETTV</b>	373	Hondo		Laredo		(‘45) Casey Jones		Casey J.		Guns of Paradise		Hawkeye (Part 1 of 2)		Bret Maverick		Bret Maverick		Walker, Texas Ranger	
<b>GMSHW</b>	116	Common		Common		Ma. Minds		Cash Cab		Cash Cab		Cash Cab		America		America		Puzzler	
<b>GOLF</b>	401	<b>Golf 2021 Walker Cup</b>					<b>PGA Golf</b>					<b>2021 Regions Tradition Third Round (L)</b>							
<b>GRIT</b>	217	<b>The Command</b> ★★ (‘54, Western) <i>Guy Madison</i>					<b>She Wore a Yellow Ribbon</b> (‘49, Western) <i>John Wayne</i>					<b>McLintock!</b> ★★ (‘63, Western) <i>John Wayne, Maureen O'Hara</i>							
<b>HALL</b>	185	<b>Just My Type</b> (‘20)					<b>Once Upon a Prince</b> (‘18, Romance-Comedy)					<b>Hearts Down Under</b> (‘20, Romance-Comedy)							
<b>HALLDR</b>	186	<b>Little John</b> (‘02)		<b>Follow the Stars Home</b> ★★ (‘01, Drama)			<b>Candles on Bay Street</b> ★★ (‘06, Drama)			<b>The Locket</b> (‘02, Drama) <i>Vanessa Redgrave</i>			<b>Back When-Grownups</b>						
<b>HALLMV</b>	187	Crossword Mysteries <i>Proposing Murder</i>					Crossword Mysteries <i>Abracadaver</i>					Gourmet Detective Mysteries <i>Death al Dente</i>							
<b>HDMOV</b>	130	<b>Alfie</b> ★★ (‘04, Comedy-Drama) (‘45) <b>Kalifornia</b> ★★ (‘93, Suspense) <i>Brad Pitt</i>					(3:50) <b>The Barefoot Contessa</b> (‘54, Drama)					(‘05) <b>The River Murders</b> (‘11)							
<b>HGTV</b>	112	Property Brothers		Property Brothers		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous			
<b>HIST</b>	120	<b>Race</b> ★★ (‘16, Biography) <i>Stephan James, Jason Sudeikis</i>					<b>Fury</b> ★★ (‘14, War) <i>Brad Pitt, Shia LaBeouf</i>					American Pickers							
<b>ID</b>	192	Fear Thy Neighbor		Murder in the		The Murder Tapes		The Murder Tapes		The Murder Tapes		Forbidden-Dying		Married With Secrets		Fatal Vows			
<b>IFC</b>	133	<b>The Karate Kid Part III</b> ★★ (‘89, Drama) <i>Ralph Macchio</i>					<b>The Karate Kid Part II</b> ★★ (‘86, Drama) <i>Ralph Macchio</i>					<b>The Karate Kid</b> ★★ (‘84, Drama) <i>Ralph Macchio</i>							
<b>LAFF</b>	237	3rd Rock		3rd Rock		Videos		Videos		Videos		Home Imp.		Home Imp.		Home Imp.			
<b>LIFE</b>	108	<b>Deranged</b> <b>A Mother Knows Worst</b> (‘20)					<b>Suburban Swingers Club</b> (‘19, Drama)					<b>Bad Sister</b> (‘16, Crime Drama) <i>Ryan Newman</i>							
<b>LMN</b>	109	<b>The Sinister Surrogate</b> (‘18, Suspense)					<b>A Surrogate's Nightmare</b> (‘17, Drama)					<b>Adopted in Danger</b> (‘19, Suspense)							
<b>MGMHD</b>	385	<b>King Solomon's Mines</b> (12:50) <b>Report to the Commissioner</b> (‘75)					(‘15) <b>Wild Geese II</b> ★★ (‘85, Action) <i>Scott Glenn, Barbara Carrera</i>					(‘55) <b>Vigilante Force</b> ★★ (‘76, Action)							
<b>MOTOR</b>	246	Four		Engine		Truck U		Garage		Texas Metal		Texas Metal		Texas Metal		Texas Metal			
<b>MSNBC</b>	209	Alex Witt Reports (L)					Alex Witt Reports (L)					Yasmin Vossoughian							
<b>NATGEO</b>	197	Life & Death in the American Mob					Inside Cocaine Wars					Inside Cocaine Wars							
<b>NGWLD</b>	190	Dr. K's Exotic Animal		Dr. K's Exotic Animal		Dr. K's Exotic Animal		Dr. K's Exotic Animal		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet			
<b>OUTD</b>	396	Wild Ride		Spear Life		Zona's		Gowdy		Major League Fishing (N)		MLF Angle		Bass		For Love			
<b>OWN</b>	189	Hunters		Hunters		Hunters		Hunters		Hunters		Hunters		Hunters		Hunters			
<b>OXYG</b>	127	Cold Justice <i>Mother</i>					Cold Justice					Cold Justice							
<b>PARMT</b>	241	<b>The Help</b> ★★ (‘11, Drama) <i>Viola Davis</i>					<b>Forrest Gump</b> ★★ (‘94, Comedy-Drama) <i>Tom Hanks, Robin Wright</i>					<b>The Help</b> ★★ (‘11, Drama) <i>Viola Davis, Emma Stone</i>							
<b>POP</b>	117	<b>Movie</b>					<b>Maid in Manhattan</b> (‘02, Romance-Comedy) <i>Jennifer Lopez</i>					<b>A Walk to Remember</b> ★★ (‘02, Romance) <i>Shane West</i>							
<b>REELZ</b>	299	Autopsy-Last		Autopsy-Last		Autopsy-Last		Cops Rel.		Cops Rel.		Cops Rel.		Cops Rel.		KISS-The Band			
<b>RFDTV</b>	231	McMecum		Classic Tractor Fever		Machinery		Ag PhD		SharkFar.		Next Level		Heritage		FarmHer			
<b>SCI</b>	193	Mysteries-Abandoned					Mysteries-Abandoned					Mysteries-Abandoned							
<b>SMITH</b>	367	Aerial America		Race to Victory: WWII			Race to Victory: WWII			Apocalypse			Apocalypse						
<b>SONY</b>	386	<b>Like</b> <b>Urban Justice</b> ★ (‘07, Action) <i>Steven Seagal</i>					<b>Hit List</b> ★★ (‘89, Action)					(‘10) <b>Hardwired</b> ★ (‘09, Science Fiction)							
<b>SUND-E</b>	358	Heroes		Heroes		Heroes		Heroes		Heroes		(‘45) <b>The Good, the Bad and the Ugly</b> ★★ (‘67, Western) <i>Clint Eastwood, Eli Wallach</i>							
<b>SYFY</b>	122	<b>The Purge: Anarchy</b> (‘14, Action)					(‘24) <b>Cold Pursuit</b> ★★ (‘19, Action) <i>Liam Neeson</i>					(‘37) <b>London Has Fallen</b> ★★ (‘16, Action)							
<b>TBN</b>	260	Superbook		R Defrates		Drive		Creation		Steven		Behind		Rubin		News			
<b>TBS</b>	139	<b>Mummy: Dragon Emp.</b>					<b>Ready Player One</b> ★★ (‘18, Science Fiction) <i>Tye Sheridan</i>					<b>Doctor Strange</b> ★★ (‘16, Action) <i>Benedict Cumberbatch</i>							
<b>TCM</b>	132	<b>Nichols &amp; May</b>		<b>Who's Afraid of Virginia Woolf?</b> ★★ (‘66, Drama)			<b>On the Waterfront</b> ★★ (‘54, Drama)			(‘45) <b>Bullitt</b> ★★ (‘68, Crime Drama) <i>Steve McQueen</i>									
<b>TLC</b>	183	Say Yes to the Dress		Seeking Sister Wife		Seeking Sister Wife		Seeking Sister Wife		Seeking Sister Wife		Extreme Sisters		Extreme Sisters		Little People, Big World			
<b>TMC-W</b>	329	<b>Olympic The Rental</b> (‘20, Horror) 'R'					<b>A Fish Called Wanda</b> (‘88, Comedy) 'R'					<b>Hollywoodland</b> (‘06, Mystery) <i>Adrien Brody</i>							
<b>TNT</b>	148	NCIS: New Orleans					<b>Game Night</b> (‘18, Comedy) <i>Jason Bateman</i>					<b>Ocean's 8</b> ★★ (‘18, Comedy) <i>Sandra Bullock</i>							
<b>TRU</b>	232	<b>Hot Tub Time Machine 2</b> ★ (‘15, Comedy)					Big Trick		Jokes		Jokes		Jokes		Big Trick		Imp. Jokers		
<b>TRVL</b>	196	The Holzer Files					The Holzer Files					The Holzer Files							
<b>TVLND</b>	106	Roseanne		Roseanne		Roseanne		Roseanne		Roseanne		Roseanne		Roseanne		Two Men			
<b>UP</b>	188	<b>Touched by Romance</b> <b>Soldier Love Story</b> (‘10, Romance) <i>Lori Loughlin</i>					<b>Starting Up Love</b> (‘19, Romance-Comedy)					<b>My Birthday Romance</b> (‘20, Romance)							
<b>USA</b>	105	Chicago		Chicago P.D.		Chicago P.D.		<b>X-Men Origins: Wolverine</b> (‘09, Action) <i>Hugh Jackman</i>					<b>Avengers: Age of Ultron</b> ★★ (‘15, Action) <i>Robert Downey Jr.</i>						
<b>WE</b>	128	Criminal Minds		Criminal Minds		100		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Parasite			

**NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.**

<b>ABC-E</b>	Local Programs		Local Prog.		UFC 262 Countdown		College Football NCAA FCS Championship Semifinal: Teams TBA (L)		Local Prog.		Local Prog.		News		Local Programs			
<b>CBS-E</b>	Local Programs		<b>2021 NWSL Challenge Cup</b>					PGA Tour Golf Wells Fargo Championship, Third Round (L)					Local Prog.		Local Programs			
<b>CW-E</b>	Local Programs																	
<b>FOX-E</b>	Local Programs																	
<b>NBC-E</b>	Local Prog.		<b>Premier League Soccer Teams TBA (L)</b>					Goal Zone		<b>NHL Hockey Teams TBA (L)</b>					Local Prog.		Local Programs	
<b>MEV 247*</b>	The Big Valley		Gunsmoke		<i>Uncle Finney</i>		<i>Bonanza</i>		<i>The Clarion</i>		<i>Rawhide</i>		<i>Piney</i>		Have Gun		Wanted ...	
<b>ABC-W</b>	Local Programs		Local Prog.		UFC 262 Countdown		College Football NCAA FCS Championship Semifinal: Teams TBA (L)		Local Prog.		Local Prog.		Local Programs		Local Programs		Local Prog.	
<b>CBS-W</b>	Mission		Hope-Wild		<b>2021 NWSL Challenge Cup</b>					PGA Tour Golf Wells Fargo Championship, Third Round (L)					Local Prog.		Local Programs	
<b>CW-W</b>	Into Wild		This Old H.		Friends		Tail-Valor		Local Programs		Local Programs							
<b>FOX-W</b>	Local Programs																	
<b>NBC-W</b>	Earth Ody.		<b>Premier League Soccer Teams TBA (L)</b>					Goal Zone		<b>NHL Hockey Teams TBA (L)</b>					Local Prog.		Local Programs	
<b>PBS</b>	Splash		Cyberchase		Old House		Old House		Old House		MotorWeek		Old House		Chefs Life		British Baking	

Table with 17 columns representing time slots from 8PM to 12:30 AM across four time zones: Eastern, Central, Mountain, and Pacific.

PREMIUM MOVIES

Main table of premium movies, organized by channel (SHO, STARZ, EPIX) and time slot. Includes titles like 'Django Unchained', 'The Hurt Locker', and 'The Money Pit'.

AMERICA'S TOP PROGRAMMING

Table of America's Top Programming, listing various shows and movies across channels like A&E, AMC, Bravo, and ESPN.

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

**AMERICA'S TOP PROGRAMMING**

<b>FX</b>	<b>136</b>	<b>Thor: The Dark World</b> ('13, Action) <i>Chris Hemsworth</i>	Mayans M.C.	Pose <i>On the Run</i>	Pose <i>Intervention</i>	Breeders	Inbetween	Inbetween	Shadows	Shadows
<b>FXM</b>	<b>384</b>	<b>Hidden Figures</b> ('16, Historical Drama) 'PG' (:05) <b>Hidden Figures</b> ★★ ★★ ('16, Historical Drama) 'PG' (:45) <b>The Greatest Showman</b> ★★ ★ ('17) 'PG'					FXM Pres.		<b>Batman</b> ('66) 'PG'	
<b>FX</b>	<b>125</b>	Family Guy/Family Guy/Family Guy/Family Guy/Family Guy/Family Guy/Family Guy/Family Guy	Cake	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	FXM Pres.
<b>GETTV</b>	<b>373</b>	Walker, Texas Ranger	Walker, Texas Ranger	Starksy and Hutch	Starksy and Hutch	Charlie's Angels	Charlie's Angels	Hart to Hart	Hart to Hart	
<b>GMSHW</b>	<b>116</b>	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest
<b>GOLF</b>	<b>401</b>	♣ Golf C'tral PGA Tour Golf Wells Fargo Championship, Third Round		♀ <b>LPGA Tour Golf Honda LPGA Thailand, Final Round (L)</b>						
<b>GRIT</b>	<b>217</b>	<b>El Dorado</b> ★★ ★ ('67, Western) <i>John Wayne, Robert Mitchum</i>	<b>The Undeclared</b> ★★ ★ ('69, Western) <i>John Wayne, Rock Hudson</i>	<b>Pat Garrett and Billy the Kid</b> ('73, Western)						
<b>HALL</b>	<b>185</b>	<b>My Secret Valentine</b> <b>Baby, It's Cold Inside</b> ('21, Romance)	<b>Very, Very, Valentine</b> ('18, Romance-Comedy)	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls
<b>HALLDR</b>	<b>186</b>	<b>Back When-Grownups</b> <b>Grace &amp; Gloria</b> ('98, Drama) <i>Gena Rowlands</i>	The Waltons	The Waltons <i>The Book</i>	The Waltons <i>The Job</i>	The Waltons	The Waltons	Medicine Woman		
<b>HALLMV</b>	<b>187</b>	Gourmet Detective Mysteries	Gourmet Detective Mysteries	Murder, She Wrote	(:02) Murder, She Wrote	(:02) Murder, She Wrote	(:02) Murder, She Wrote	(:02) Murder, She Wrote	(:02) Murder, She Wrote	
<b>HDMOV</b>	<b>130</b>	<b>The Frozen Ground</b> ('13, Suspense) <b>Frailty</b> ('02, Suspense) <i>Bill Paxton</i>	(:15) <b>Half Light</b> ('06, Suspense) <i>Demi Moore</i>	(:15) <b>Frailty</b> ★★ ★ ('02, Suspense) <i>Bill Paxton</i>	(:15) <b>Half Light</b> ('06)					
<b>HGTV</b>	<b>112</b>	Escape to the Chateau (N)	Bought-Cheateau	Unsellable Houses	Unsellable Houses	Unsellable Houses	Unsellable Houses	Unsellable Houses	Unsellable Houses	Unsellable Houses
<b>HIST</b>	<b>120</b>	American Pickers	(:02) American Pickers	(:05) American Pickers	(:05) American Pickers	(:12:03) American Pickers	(:05) American Pickers	(:06) American Pickers	(:06) American Pickers	(:06) American Pickers
<b>ID</b>	<b>192</b>	See No Evil <i>Cold Feet</i>	See No Evil <i>Manhunt</i>	See No Evil	Fear Thy Neighbor	See No Evil	See No Evil	Fear Thy Neighbor	See No Evil	
<b>IFC</b>	<b>133</b>	<b>Dazed and Confused</b> ★★ ★ ('93, Drama) <i>Jason London</i>	<b>The Blues Brothers</b> ★★ ★ ('80, Musical Comedy) <i>John Belushi</i>	<b>Blues Brothers 2000</b> ('98, Musical Comedy) <i>Dan Aykroyd</i>						
<b>LAFF</b>	<b>237</b>	'70s Show	'70s Show	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met
<b>LIFE</b>	<b>108</b>	<b>Memories of a Murder</b> ('20, Suspense)	(:03) <b>The Secret Sex Life of a Single Mom</b> ('14)	(:12:01) <b>Memories of a Murder</b> ('20, Suspense)	(:04) <b>The Secret Sex Life of a Single Mom</b> ('14)					
<b>LMN</b>	<b>109</b>	<b>Beware of the Midwife</b> ('21, Crime Drama)	<b>His Fatal Fixation</b> ('20, Suspense) <i>Sarah Fisher</i>	(:12:01) <b>Beware of the Midwife</b> ('21)	<b>His Fatal Fixation</b> ('20, Suspense) <i>Sarah Fisher</i>					
<b>MGMHD</b>	<b>385</b>	<b>Miami Blues</b> ('90, Comedy) <i>Alec Baldwin</i>	<b>Harsh Times</b> ★★ ('05, Crime Drama) <i>Christian Bale</i>	<b>Original Gangstas</b> ★★ ('96, Action)	(:40) <b>Leviathan</b> ('89, Science Fiction)					
<b>MOTOR</b>	<b>246</b>	Texas Metal	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Street Outlaws	Texas Metal
<b>MSNBC</b>	<b>209</b>	Week-Joshua Johnson	Week-Joshua Johnson	Voices-Alicia Menendez	Week-Joshua Johnson	Week-Joshua Johnson	Dateline	Dateline	Dateline	Dateline
<b>NATGEO</b>	<b>197</b>	Outlaw Bikers	Outlaw Bikers	Outlaw Bikers	Biker Chicks	Outlaw Bikers	Outlaw Bikers	Outlaw Bikers	Outlaw Bikers	Outlaw Bikers
<b>NGWLD</b>	<b>190</b>	Yukon Vet-Ex	Dr. Oakley, Yukon Vet (N)	Alaska Animal Rescue (N)	Yukon Vet-Ex	Dr. Oakley, Yukon Vet	Alaska Animal Rescue	Alaska Animal Rescue	Alaska Animal Rescue	Paid Programs
<b>OUTD</b>	<b>396</b>	Hook Look	Hook Look	<b>Pale Rider</b> ★★ ★ ('85, Western) <i>Clint Eastwood</i>	<b>Pale Rider</b> ★★ ★ ('85, Western) <i>Clint Eastwood</i>	<b>Pale Rider</b> ★★ ★ ('85, Western) <i>Clint Eastwood</i>	Country	WildFed	Fishmonger	Hook Look
<b>OWN</b>	<b>189</b>	Iyanla, Fix My Life	Iyanla, Fix My Life (N)	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life
<b>OXYG</b>	<b>127</b>	Murders at the Boarding House	Murders at the Boarding House	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Betty Neumar
<b>PARMT</b>	<b>241</b>	<b>The Help</b> ('11, Drama)	<b>Forrest Gump</b> ★★ ★★ ('94, Comedy-Drama) <i>Tom Hanks, Robin Wright</i>	<b>Saving Private Ryan</b> ★★ ★★ ('98, War) <i>Tom Hanks, Edward Burns</i>						
<b>POP</b>	<b>117</b>	<b>She's All That</b> ('99)	TBA	<b>A Walk to Remember</b> ★★ ('02, Romance) <i>Shane West</i>	Scorpion	Scorpion	Scorpion	Scorpion	Scorpion	Scorpion
<b>REELZ</b>	<b>299</b>	Metallica: The Story of	Aerosmith: Breaking The Band	KISS-The Band	Metallica: The Story of	Black Sabbath-Band	Celebrity	Celebrity	Celebrity	Paid Programs
<b>RFDTV</b>	<b>231</b>	Stuart	Country	Daniel O'Donnell Show	Mollie B Polka Party	Larry's Country Diner	Paid Programs	The Red Skelton Show	Paid Programs	
<b>SCI</b>	<b>193</b>	What on Earth? (N)		What on Earth?	What on Earth?	What on Earth?	What on Earth?	What on Earth?	What on Earth?	What on Earth?
<b>SMITH</b>	<b>367</b>	Apocalypse	World War II	World War II	Race to Victory: WWII	Live.- Windsors	Live.- Windsors	Live.- Windsors	Live.- Windsors	Live.- Windsors
<b>SUNDY</b>	<b>386</b>	<b>Basic</b> ★★ ('03, Suspense) <i>John Travolta</i>	(9:55) <b>We Own the Night</b> ('07, Crime Drama)	(:12:10) <b>Basic</b> ★★ ('03, Suspense) <i>John Travolta</i>	(:15:55) <b>We Own the Night</b> ('07, Crime Drama)					
<b>SONY-E</b>	<b>358</b>	<b>Smockey and the Bandit</b> ('77, Comedy)	(:15) <b>Smockey and the Bandit II</b> ('80, Comedy) <i>Burt Reynolds</i>	(:45) <b>Smockey and the Bandit</b> ('77, Comedy) <i>Burt Reynolds</i>	<b>Smockey-Bndt. 2</b>					
<b>SYFY</b>	<b>122</b>	<b>Mr. Smith</b> <b>White House Down</b> ★★ ('13, Action) <i>Channing Tatum, Jamie Foxx</i>	Futurama	Futurama	Futurama	Futurama	Futurama	(:34) <b>Rise of the Zombies</b> ('12, Horror)	<b>Stake II</b>	
<b>TBN</b>	<b>260</b>	Huckabee (N)	Somebody	Hour Power: Schuller	Youseff	Huckabee	Somebody	L. Fontaine	Jordan Rubin	Praise
<b>TBS</b>	<b>139</b>	<b>Black Panther</b> ('18, Action) <i>Chadwick Boseman</i>	Big Bang	Big Bang	Chad	Wipeout	Wipeout	<b>Just Friends</b> ★★ ★ ('05, Romance-Comedy)	<b>Broke Girl</b>	
<b>TCM</b>	<b>132</b>	<b>They Won't Believe Me</b> ('47, Crime Drama)	<b>Lady Sings the Blues</b> ('72, Biography) <i>Diana Ross</i>	(:45) <b>Diner</b> ★★ ★ ('82, Comedy-Drama) <i>Steve Guttenberg</i>	Richard Glazier: From					
<b>TLC</b>	<b>183</b>	Little People, Big World	Little People, Big World	Little People, Big World	Little People, Big World	Little People, Big World	Little People, Big World	Little People, Big World	Little People, Big World	Little People, Big World
<b>TMC-W</b>	<b>329</b>	<b>Jesse James</b>	(8:55) <b>The Humanity Bureau</b> ('17)	<b>The Rental</b> ('20, Horror) 'R'	<b>Hereditary</b> ('18, Horror) <i>Toni Collette</i> 'R'	(:10) <b>Carrie</b> ('76, Horror) <i>Sissy Spacek</i> 'R'				
<b>TNT</b>	<b>138</b>	<b>Captain Marvel</b> ★★ ★ ('19, Action) <i>Brie Larson</i>	<b>Captain Marvel</b> ★★ ★ ('19, Action) <i>Brie Larson</i>	<b>The LEGO Movie 2: The Second Part</b> ('19)	NCIS: New Orleans					
<b>TRU</b>	<b>242</b>	Jokes	Jokes	Jokes	Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers
<b>TRVL</b>	<b>196</b>	Ghost Nation	Ghost Nation (N)	The Holzer Files (N)	The Holzer Files (N)	Ghost Nation	Ghost Nation	Ghost Nation	The Holzer Files	The Holzer Files
<b>TVLND</b>	<b>106</b>	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	King	King	King
<b>UP</b>	<b>188</b>	<b>Just for the Summer</b>	<b>Undercover Angel</b> ('17, Drama) <i>Shawn Roberts</i>	<b>Win, Lose or Love</b> ('15, Romance) <i>Corey Sevier</i>	<b>The Baby Proposal</b> ('19, Romance-Comedy)					
<b>USA</b>	<b>105</b>	<b>Guardians of the Galaxy Vol. 2</b> ('17, Science Fiction) <i>Chris Pratt</i>	<b>Guardians of the Galaxy Vol. 2</b> ('17, Science Fiction) <i>Chris Pratt</i>	Chicago P.D.	Chicago P.D.					
<b>WE</b>	<b>128</b>	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI

**LOCAL NETWORKS**

<b>ABC-E</b>	VAX LIVE: The Concert	American Idol 416 ( <i>Disney Night</i> )	Local Programs
<b>CBS-E</b>	VAX LIVE: The Concert	48 Hours	48 Hours
<b>CW-E</b>	Local Programs	Local Programs	Local Programs
<b>FOX-E</b>	♣ <b>MLS Soccer</b> Los Angeles FC at LA Galaxy (L)	Local Programs	VAX LIVE: The Concert
<b>NBC-E</b>	Dateline NBC	Dateline NBC	Saturday Night Live (N)
<b>ME-TV</b>	<b>247*</b> Svengoolie <i>From Hell It Came</i>	Star Trek	Buck Rogers
<b>ABC-W</b>	Local Programs	News	Local Programs
<b>CBS-W</b>	Local Programs	News	Local Programs
<b>CW-W</b>	Local Programs	Local Programs	Local Programs
<b>FOX-W</b>	♣ <b>MLS Soccer</b> Los Angeles FC at LA Galaxy (L)	Local Programs	Local Programs
<b>NBC-W</b>	Local Prog.	News	Dateline NBC
<b>PBS</b>	Eyes on the Prize	Philly D.A.	Asian Americans