

		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
EASTERN		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	
PREMIUM MOVIES																		
HBO	HBO-E	310	Jurassic Park ('93, Adventure) 'PG-13'			(05) Tristan & Isolde ('06, Romance) 'PG-13'			(15) Supernova ★ ('00, Science Fiction) 'PG-13'			(9:50) Geostorm ★★ ('17) 'PG-13'			Greenland			
	HBO2	312	tTrance ('13) 'R'			(10) The 15:17 to Paris ★★ ('18)			(40) The Master of Disguise ('02)			(05) Ron's Gone Wrong ('21, Children's) 'PG'			(9:55) My Boss's Daughter ('03)			Babylon
	HBO5	314	tKing Richard ('21, Biography) 'PG-13'			Rent ★★ ('05, Musical) Rosario Dawson 'PG-13'			(20) West Side Story ('21, Musical) Ansel Elgort 'PG-13'			Judas & Black						
	HBOF	315	tWhos [34] Free Willy 3: The Rescue ('97)			K'garden Happily Curious			(45) Paulie ('98, Children's) Gena Rowlands 'PG'			Mighty Morphin Power Rangers			(10:53) Dr. Dolittle 3			
MAX	MAX	307	(07) Bend It Like Beckham ('02) 'PG-13'			Cloverfield ★★ ('08) 'PG-13'			(25) The Vanishing ★★ ('93) 'R'			(15) The Yellow Birds ('17, War) 'R'			(10:51) Stargate ('94)			
	5MAX	308	Reservation Road ('07, Drama) 'R'			Rodeo			Boy Erased ('18, Biography) Lucas Hedges 'R'			(7:56) City Hall ('96, Drama) Al Pacino 'R'			(9:48) Prime ★★ ('05) 'PG-13'			Sliding
	MMAX	309	(My Cousin (19) High Fidelity ★★ ('00) 'R'			(13) The Benchwarmers ★★ ('06)			(39) Take Me Home Tonight ★★ ('11) 'R'			(17) Enough Said ('13) 'PG-13'			The Way, Way Back			
SHOWTIME	SHO-E	318	tThe Chi C'mon C'mon ('21, Drama) Joaquin Phoenix 'R'			The Captive ('14, Suspense) Ryan Reynolds 'R'			Congo ★★ ('95, Action) Dylan Walsh 'PG-13'			(25) Mad Max ('79, Action) 'R'						
	SHO2	320	(15) It Comes at Night ('17, Horror) 'R'			(5:50) Love Is Strange ('14) 'R'			The Kings of Summer ('13) 'R'			(05) Minari ('20, Drama) Steven Yeun 'PG-13'			Hello I Must Be Going			
	SHOBET	321	tHitsville: Motown (15) Car Wash ★★ ('76, Comedy) 'PG'			Teddy Pendergrass: If You Don't Know Me			(8:50) Step Up Revolution ('12)			The Cuban ('19, Drama) 'NR'						
	SHOX	322	tGrads Mission: Impossible III ('06, Action) 'PG-13'			(35) Victoria ★★ ('15, Suspense) Laia Costa 'NR'			The Hummingbird Project ('18, Drama) 'R'			Better Off Dead ('85)						
	SHOS	323	tJohn and the Hole 'R'			(10) Before I Fall ★★ ('17, Drama) 'PG-13'			(6:50) Jobs ★★ ('13, Biography) 'PG-13'			13 Minutes ('21, Suspense) Amy Smart 'PG-13'			Hard Eight ('96) 'R'			
	TMC	327	tSon (20) Run This Town ('19) 'R'			Low Tide ('19, Drama) 'R'			Moonlight ('16, Drama) Mahershala Ali 'R'			Beat the Devil			Summer School ('87) 'PG-13'			
	FLIX-E	333	(45) Dirty Danc Ladybugs ★ ('92) 'PG-13'			(15) The Wizard ★★ ('89, Children's) 'PG'			Black Sheep ('96, Comedy) 'PG-13'			Orange County ('02) 'PG-13'			The Spectacular Now			
STARZ	ENCR-E	340	tLong Weekend ('21) (4:59) The Mortal Instruments: City of Bones (1:13) Curse of the Pink Panther ('83) 'PG'			(07) Drunk Parents ('19, Comedy) 'R'			American Hustle ('13)									
	STARZ-E	350	tShow Me the Father (4:55) Little Vampire ('20) 'NR'			(21) Neverwas ★★ ('05) 'PG-13'			(08) Final Portrait ★★ ('17) 'R'			(43) Witch Hunt ('21, Suspense) 'R'			Legend			
	STRZED	352	tBreathe ★★ ('17, Biography) 'PG-13'			(5:47) Life or Something Like It (3:33) Mom and Dad ('17) 'R'			The Three Musketeers ('11, Action) 'PG-13'			It's Complicated ('09)						
	STRZCI	353	tMouthful [38] The Broken Hearts Gallery ('20) 'PG-13'			Foxcatcher ★★ ('14, Docudrama) Steve Carell 'R'			(8:48) The Rider ('17, Drama) 'R'			(34) A Mouthful of Air ('21) 'R'						
	STRZCO	354	tSpanglish ★★ ('04) 'PG-13'			(24) The Object of My Affection ('98) 'R'			(18) Osmosis Jones ('01) 'PG'			(8:57) Baby Done ('20) 'NR'			(31) Land of the Lost ('09) 'PG-13'			
	STRZIB	355	(13) The Great White Hype ('96, Comedy) 'R'			(5:46) Pompeii ★★ ('14) 'PG-13'			(34) Pride ('07, Drama) Terrence Howard 'PG'			(24) Rebound ('05, Children's) 'PG'			A Journal for Jordan			
	STRZKF	356	tPlanet 51 The Little Rascals Save the Day (1:13) Candy Planet ('16) 'NR'			Pit Pony Pit Pony			(17) Tomorrowland ('15, Science Fiction) 'PG'			(29) Gladiators of Rome ('12) 'PG'						
EPIX	EPIX	380	(10) Addicted ★★ ('14, Drama) Sharon Leal			Mommy ★★ ('14, Drama) Anne Dorval			(20) The Weekend ('18, Comedy)			(9:50) Euphoria ('17, Drama)			Quiet			
	EPIX2	381	(05) Miss You Already ('15, Comedy-Drama)			The Assault ('17)			(15) In Search of Greatness ('18)			(35) The Addams Family 2 ('21)			(10) Sonic the Hedgehog 2 ('22, Comedy)			
	EPIXH	382	(15) Emperor ★★ ('12, Historical Drama)			(05) Horizon Line ('20, Suspense)			(40) General Commander ('19)			(10) We Were Soldiers ★★ ('02, War) Mel Gibson			Patriot G.			
	EPIXDR	292	tInvasion [3:55] Shine a Light ('08, Documentary)			(40) Young Sherlock Holmes ('85, Mystery)			The Hunter ('80, Crime Drama)			(10) Fire in the Sky ('93, Drama) D.B. Sweeney						
AMERICA'S TOP PROGRAMMING																		
A&E	118	Right to Offend: The		Paid Programs		Jeremiah		Paid Programs		Parking		Parking		The First 48		The First 48		
AHC	195	Codes and Conspiracies		Codes and Conspiracies		How the World Ends		How the World Ends		How the World Ends		How the World Ends		Combat Tech Armor		Combat Countdown		
AMC	131	tWalk:Dead [29] The Walking Dead		Stooges		Paid Programs				Stooges		Better Call Saul		Wine and Roses		[10:48] Better Call Saul		
APL	184	Deadliest Catch		Deadliest Catch		Dogs 101		Secret Life-Zoo		The Zoo		Crikey! It's the Irwins		Dr. Jeff: RMV		Dr. Jeff: RMV		
AXSTV	167	Paid Programs								Rock		Rock		Rock		Rock		
BBCA	135	tVan Helsing ('04, Fantasy) Hugh Jackman		Star Trek: Deep Space		Star Trek: Deep Space		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		
BET	124	Prince		Prince		Browns		Browns		Live Single		Live Single		Martin		black-ish		
BOUNCE	359	Scandal The Candidate		The Real		Wendy Williams Show		Nick Cannon		Injury Ct.		Court		Court		Court		
BRAVO	129	Kelly Clarkson		Paid Programs		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		
BUZZR	245	Match		Match		Paid Programs		Les Feldick		Prince		Tell Truth		My Line?		Concentrat		
CIHD	249	City Confidential		City Confidential		Paid Programs				American Justice		American Justice		Nightwatch		Nightwatch Nation		
CMT	166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Roseanne		Roseanne		Roseanne		
CNBC	208	Shepard Smith		Worldwide Exchange (L)		Squawk Box (L)						Squawk on the Street (L)				TechCheck (L)		
CNN	200	CNN Newsroom Live (L)		Early Start w/Romans		New Day With		New Day With		New Day With		CNN Newsroom		CNN Newsroom		At This Hour-Kate		
COM	107	Creek		Creek		Paid Programs		Futurama		Futurama		Futurama		Futurama		South Park The Black Friday Trilogy		
COMET	289	Paid Programs										Flash Gordon ('80, Science Fiction)		Sam Jones		Teen Wolf ★★ ('85)		
COOK	113	Paid Programs				Brunch at		Brunch at		Brunch at		Brunch at		Best Thing		Best Thing		
DISC	182	World's Top 5		World's Top 5		World's Top 5		World's Top 5		World's Top 5		Gold Rush: F. Dodge		Gold Rush: F. Dodge		Gold Rush: F. Dodge		
DFC	179	BathCrash		BathCrash		Puppies		Puppies		Monsters		Monsters		Pac-Man		Transform		
DISN-E	172	Bunk'd		Jessie		Ladybug		Ladybug		Mickey		Bluey		Bluey		Spidey		
ENCR-W	341	The Abyss ★★ ('89, Science Fiction) Ed Harris 'PG-13'		(24) Long Weekend ('21) 'R'		(7:59) The Mortal Instruments: City of Bones		(13) Curse of the Pink Panther ('83) 'PG'										
EWESTN	342	tBroken Arrow ('50) (4:53) The Spoilers ('42) 'NR'		(22) Cat Ballou ('65, Western) 'NR'		(13) Phoenix ('98, Crime Drama) Ray Liotta 'R'		(41) Gangs of New York ★★ ('02) 'R'										
EACTN	343	tTortured ('08) 'R'		(4:58) Hero Wanted ('08) 'R'		Missing in Action 2												
ESUSP	344	(06) Copycat ★★ ('95, Suspense) 'R'		(10) The Show ('20, Fantasy) Ellie Bamber 'NR'		(08) Don't Say a Word ('01, Suspense) 'R'		(03) Urban Justice ('07, Action) 'R'		Copycat								
EBLACK	345	tIn Too Deep ('99) 'R'		(4:55) Misbehaviour ('20) 'NR'		(44) Tijuana Jackson: Purpose Over Prison		(23) Skyline ★ ('10) 'PG-13'		Step Up: High Water		Step Up		Step Up				
ECLASS	346	tEmpire Records ('95) First Daughter ('04, Romance-Comedy) 'PG'		(6:47) Trail of the Pink Panther		(26) John Tucker Must Die ('06) (9:58) Rudy ('93, Drama) Sean Astin 'PG'												
EFAMILY	347	tHeidi ★★ ('05) 'NR'		Charmers		(37) Black Beauty ★★ ('71, Children's) 'G'		(25) Matilda ('96, Children's) 'PG'		Max Winslow and the House		(45) Explorers ('85, Children's) 'PG'						
ESPN	140	E60				2022 Wimbledon Championships Third Round (L)												
ESPN2	143	SportsCenter (N)		SportsCenter (N)		Keyshawn		SportsCenter (L)		Get Up (L)		First Take (L)						
EWTN	261	tCathedrals/America		Walking With Baraga		Aquinas		Choices		Stations		Rosary		Daily Mass (L)		Holy		
FETV	82	Hillbillies		Hillbillies		Prince		Jeremiah		Joyce M.		Robison		McCoys		McCoys		
FMC	387	tStallion (45) Billy the Kid Returns ('38)		Road Show ('41, Comedy) Adolphe Menjou		The Stranger ('46, Suspense)		(45) The Great Fiamarion ('45)		(15) Captain Scarlett								
FNC	205	FOX & Friends First (L)		FOX & Friends First (L)		FOX and Friends (L)				America's Newsroom (L)						The Faulkner Focus (L)		
FOOD	110	Restaurant: Impossible		Paid Programs				Food Paradise		Food Truck Face Off		Food Truck Race		Beachside Brawl				
FREFM	180	Paid Programs				black-ish		black-ish		black-ish		black-ish		The 700 Club		700 Club		
FS1	150	tMLB Baseball: Padres at Dodgers		Walkoff Stories: Imp.		Best of		First Things First (L)		First Things First						Let's Be Cops ('14)		

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30		
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30		
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30		
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30		
AMERICA'S TOP PROGRAMMING																		
FX	136	Paid Programs					FXM Pres.	Mom	Mom	Mom	Mom	Mom	BlackKkKlansman ('18, Comedy-Drama)					
FXM	384	⚡Bad Med (':40)		Berlin Correspondent ('42)		How to Be Very, Very Popular		(:35) The Fly ('58, Horror) 'NR'		(:10) The Curse of the Fly ('65) (:40) The Day Mars Invaded Earth								
FXN	125	Paid Programs					How to Train Your Dragon: Hidden World					Captain Underpants: The First Epic Movie						
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries	Elevation	Prince	Les Feldick	Paid Prog.	Good Time	Good Time	Good Time	Good Time	Hart to Hart	Futurama		
GMSHW	116	Paid Programs					Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America		
GOLF	401	⚡PGA Golf		Golf Central		Golf Central	Golf Central		♀ DP World Tour Golf Horizon Irish Open, Second Round (L)									
GRIT	217	Paid Programs					Laramie	Laramie	Blood Arrow ★ (':58, Western)				Scott Brady 3:10 to Yuma ('57, Western) Van Heflin					
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	A Christmas Detour ('15, Romance)					
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock The Reunion		Matlock The Gigolo		
HALLMV	187	A Christmas Miracle ('19, Romance-Comedy)				Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder				
HDMOV	130	Paid Programs					Invitation to a Gunfighter ('64)					(:40) Recording in Progress ('18)		Bit x Bit: In Bitcoin				
HERIC	293	The District		The District Meltdown		Maverick		Wanted ...		Wanted ...		Have Gun		Rawhide	The High Chaparral	Cheyenne		
HGTV	112	No Demo Reno		No Demo Reno		Windy City Rehab		Windy City Rehab		Windy City Rehab		Windy City Rehab		Windy City Rehab		Windy City Rehab		
HIST	120	Paid Programs					Amazing	Jeremiah	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens			
ID	192	The Murder Tapes		The Murder Tapes		The Murder Tapes		The Killer Beside Me		The Killer Beside Me		The Killer Beside Me		See No Evil		See No Evil		
IFC	133	(:10) Scrubs		(:40) Scrubs		(:15) The LEGO Movie		('14, Children's) Voices of Chris Pratt		Blues Brothers 2000 ('98, Musical)		Comedy Dan Aykroyd		(:15) Risky Business				
LAFF	237	Paid Programs					Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	
LIFE	108	Paid Programs					Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy	
LMN	109	Paid Programs					A Lover's Revenge ('05, Suspense)				We Have Your Husband ('11, Docudrama)			I Am Watching You ('16, Suspense)				
MAGN	111	French	(:40) The French Chef		French	Old House	Old House	Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Lakefront Bargain Hunt		
MGMHD	385	⚡Leaving ('25) Night Drive ('76, Suspense)		Fluke ★★ ('95, Children's) Matthew Modine		(:05) Clifford ★ ('94, Children's) Martin Short		(:05) Real Men ('87, Comedy) James Belushi										
MOTOR	246	Texas Metal		FantomWorks		Bitchin' Rides		Junkyard Empire		FantomWorks		Roadkill		Hot Rod	Hot Rod	Roadkill		
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)							Morning Joe (L)		José Diaz-Balart	MSNBC Reports (L)		
NATGEO	197	⚡Life Below		Life Below Zero		When	Paid Programs					Doomsday Preppers		Doomsday Preppers		Doomsday Preppers		
NGWLD	190	Paid Programs					The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol			
OUTD	396	Bow Mad.	The One	Hunting TV	Legends	Bowhunter	Quests	Sporting	Raised	Bill Dance	Match Fish.	Major League Fishing		Cups		Fishing		
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil (Part 1 of 2)		
OXYG	127	Dateline		Dateline Broken Bonds		Buried in the Backyard		Buried in the Backyard		Buried in the Backyard		Buried in the Backyard		Twisted Killers		Twisted Killers		
PARMT	241	Paid Programs					Bar Rescue		Bar Rescue		Bar Rescue Bare Rescue		Bar Rescue		Bar Rescue			
POP	117	FBI Crossroads		Goldbergs	Goldbergs	Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER Days Like This		ER Hell & High Water		
REELZ	299	Paid Programs					Under the Influence		Under the Influence		Under the Influence		Unbroken-Real		Croc Terror: Man-Eating Monster			
RFDTV	231	Paid Programs					DocTalk	Corn War.	Agriculture		Jeremiah	Rural News		AgDay (N)		Market Day Report (L)		
SCI	193	Einstein and Hawking		Einstein and Hawking		Unexplained Files		Unexplained Files		Universe Works		Universe Works		The Unexplained Files		The Unexplained Files		
SMITH	367	Combat Trains		Lincoln's Washington		Aerial America		Aerial America		Aerial America Coasts		Mighty Trains		Mighty Trains		How Did- Build		
SONY	386	⚡Men of Respect ('90)		(:06) Dark Vengeance		Movie			(:35) Movie			(:20) Movie			(:05) Movie			
SUND-E	358	Perry Mason		Perry Mason		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.		
SYFY	122	⚡Total Recall ('12, Science Fiction)		Twi. Zone		Quantum Leap		(:05) Quantum Leap		(:10) Quantum Leap		(:18) Quantum Leap		(:25) Quantum Leap		Quantum		
TBN	260	Impact of	Business	Hannen	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick		
TBS	139	Wipeout		Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends		
TCM	132	⚡Red River ('48, Western) John Wayne		Behave Yourself ('51, Suspense)		Small Town Girl ('53) Jane Powell		(:15) Side Street ('50, Crime Drama)		(:45) They Live by Night ('48)								
TLC	183	7 Little Johnstons		7 Little Johnstons		Secretly Pregnant		Secretly Pregnant		Secretly Pregnant		Addiction		Addiction	Addiction	Addiction		
TMC-W	329	⚡Spring Breakers ('12, Comedy) 'R'		Son of a Gun ('15, Suspense) 'R'		(:20) Run This Town ('19) 'R'			Low Tide ('19, Drama) 'R'		Moonlight ('16, Drama) 'R'							
TNT	138	NCIS: New Orleans		NCIS: New Orleans		Charmed Brain Drain		Charmed Black As Cole		Charmed		Charmed		NCIS: New Orleans		NCIS: New Orleans		
TRU	242	Paid Programs					Ad. Ruins		Ad. Ruins	Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro		
TRVL	196	Paid Programs					UFO Hunters					A Haunting Bewitched		A Haunting		A Haunting		
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs					M*A*S*H		M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		
UP	188	Paid Programs					Heartland True Enough		Heartland Starstruck!		Heartland		Little House on Prairie		Little House on Prairie			
USA	105	Law & Order: SVU		Law & Order: SVU		Miz & Mrs	Chicago P.D.		Chicago P.D.		Chicago P.D.		🏆 2022 Tour de France Stage 1 (L)					
WE	128	Waka & Tammy		Paid Programs										Law Order: CI		Law Order: CI		
NETWORKS																		
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																		
ABC-E	Morning		Morning		Morning		Morning		Good Morning America (N)			Local Programs				The View (N)		
CBS-E	⚡CBS Overnight News (N)		News		News		News		CBS Mornings (N)			Local Programs				The Price Is Right		
CW-E	Local Programs					Local Programs												
FOX-E	Local Programs					Local Programs		Local Programs										
NBC-E	Local Programs					Local Programs		Today (N)				Today 3rd Hour (N)		Today-Hoda		Local Programs		
METV	247*	(:05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me		Beaver	Beaver	Perry Mason		Matlock The Body		In the Heat of Night		
ABC-W	Local Programs		ABC World News Now (N)					Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				
CBS-W	⚡Corden	Local Prog.		CBS Overnight News (N)					News		News	News	News	CBS Mornings (N)				
CW-W	Local Programs					Local Programs												
FOX-W	Local Programs																	
NBC-W	⚡Meyers	News		Top Story With		Early Tdy	Local Programs					Local Programs		Today (N)				
PBS	Nature		NOVA		Xavier	Arthur	Molly	Wild Kratts	Curious George 4: Royal Monkey			Curious George 5:			Sesame St. Pinkalicious			

		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
EASTERN		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL		11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN		10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC		9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30
PREMIUM MOVIES																	
HBO	HBO-E	310	◀Greenland (‘20, Action) ‘PG-13’▶ (40) The Command (‘18, Drama) ‘PG-13’▶ (40) Colossal (‘16, Comedy) Anne Hathaway ‘R’▶ Pacific Rim (‘13, Science Fiction) ‘PG-13’▶ King Man														
	HBO2	312	◀Babylon A.D. (‘08)▶ Non-Stop (‘14, Action) Liam Neeson ‘PG-13’▶ (2:50) Johnson Family Vacation The Accidental Spy (‘01) ‘PG-13’▶ Boomerang ★★ (‘92, Romance-Comedy) ‘R’▶														
	HBO5	314	◀Judas & Black (‘10)▶ Getting Played (‘05) ‘PG-13’▶ (3:35) For a Good Time, Call ... (‘12) (‘05) Lara Croft: Tomb Raider (‘01) ‘PG-13’▶ Sam Jay (‘20) Human Capital (‘19) ‘NR’▶														
	HBOF	315	◀Dolittle 3 (‘28)▶ Zoom (‘06, Children’s) ‘PG’▶ (1:57) Jimmy Neutron: Boy Genius (‘20) Space Jam: A New Legacy (‘21) ‘PG’▶ (‘16) Girl Most Likely (‘12) ‘PG-13’▶ Hugo (‘11) ‘PG’▶														
MAX	MAX	307	◀Stargate (‘94) ‘PG-13’▶ (12:54) The Happening ★ (‘08) ‘R’▶ (2:25) Chaplin (‘92, Biography) Robert Downey Jr. ‘PG-13’▶ (4:51) Max Steel ★★ (‘16) ‘PG-13’▶ (2:5) Dom Hemingway (‘13) ‘R’▶														
	5MAX	308	◀Sliding Doors (‘98)▶ (‘13) The Next Three Days ★★ (‘10, Suspense) ‘PG-13’▶ (2:27) Shall We Dance? (‘04) ‘PG-13’▶ (‘14) Long Shot (‘19, Romance-Comedy) Seth Rogen ‘R’▶ Seeking														
	MMA	309	◀Way Back The Incredible Burt Wonderstone (‘15)▶ Anger Management ★★ (‘03) ‘PG-13’▶ The Rocker (‘08, Comedy) ‘PG-13’▶ (‘43) Miss March ★ (‘09) ‘R’▶ (‘13) Adventureland ‘R’▶														
	SHO-E	318	Ex Machina ★★ (‘14, Science Fiction) ‘R’▶ Shooter (‘07, Action) Mark Wahlberg ‘R’▶ (‘10) The Chi (‘15) Deadlock (‘21, Action) Patrick Muldoon ‘R’▶ The Chi														
SHOWTIME	SHO2	320	Hello (‘45) Pixie (‘20, Comedy) Olivia Cooke ‘R’▶ (‘20) Before I Fall (‘17) ‘PG-13’▶ The Disaster Artist (‘17) ‘R’▶ (‘45) Dating & New York (‘21) ‘PG-13’▶ Failure														
	SHOBET	321	Cuban Hands Up (‘21, Crime Drama) ‘NR’▶ (1:55) The Long Shadow (‘20) ‘NR’▶ RINGSIDE (‘19, Documentary) ‘NR’▶ Ali (‘19) Robot Apocalypse (‘21) ‘NR’▶ Man Who Fell														
	SHOX	322	Better Off (‘40) Mine 9 (‘19, Drama) ‘NR’▶ (‘05) Crisis (‘21, Suspense) Gary Oldman ‘R’▶ (‘05) A Most Violent Year (‘14) Oscar Isaac ‘R’▶ (‘10) Mojave (‘15, Suspense) ‘R’▶ (‘45) Glory														
	SHOS	323	Hard 8 (‘45) JFK Revisited: Through the Looking Glass (‘45) Jobs ★★ (‘13, Biography) Ashton Kutcher ‘PG-13’▶ The Green Knight (‘21, Fantasy) Dev Patel ‘R’▶ (‘10) 13 Minutes (‘21)														
FLIX-E	TMC	327	(‘15) Last Call (‘21, Comedy) Jeremy Piven ‘R’▶ The Love Guru ★★ (‘08) ‘PG-13’▶ Down to Earth ★★ (‘01) ‘PG-13’▶ Support the Girls (‘18) ‘R’▶ The Bling Ring ★★ (‘13) ‘R’▶														
	FLIX-E	333	Spec Now (‘35) Blue Caprice ★★ (‘13) ‘R’▶ (‘15) Ain’t Them Bodies Saints (‘13, Drama) ‘R’▶ A Perfect Man (‘12, Romance) ‘R’▶ (‘35) Yanks ★★ (‘79, Romance) Richard Gere ‘R’▶														
	ENCR-E	340	American Hustle (‘13) (‘09) The Abyss (‘89, Science Fiction) Ed Harris ‘PG-13’▶ (‘33) Playing It Cool (‘14) ‘R’▶ (‘11) My Stepmother Is an Alien (‘88) ‘PG-13’▶ (‘02) Hope Floats (‘98)														
	STARZ-E	350	The Legend of Bagger Vance (‘34) Becoming Elizabeth (‘36) Rapture-Palooza (‘13) ‘R’▶ (‘04) Let’s Go to Prison (‘06) ‘R’▶ (‘37) White House Down ★★ (‘13, Action) ‘PG-13’▶														
STARZ	STRZED	352	It’s Complicated (‘09) (12:55) 10x10 (‘18, Suspense) ‘NR’▶ (‘24) Elizabeth: The Golden Age (‘07) ‘PG-13’▶ (‘21) The Craft: Legacy ★★ (‘20) (5:58) The Manchurian Candidate (‘04) ‘R’▶														
	STRZCI	353	Mouthful (‘22) Shutter Island ★★ (‘10, Suspense) ‘R’▶ (‘43) The Human Factor (‘19) ‘PG-13’▶ (‘32) The Truffle Hunters (‘20) (5:58) The Iron Lady (‘11) ‘PG-13’▶ Great														
	STRZCO	354	Land (‘16) Kissing a Fool ★★ (‘98) ‘R’▶ (1:52) Venom (‘18, Action) Tom Hardy ‘PG-13’▶ (3:47) The American President (‘43) Osmosis Jones ★★ (‘01, Children’s) ‘PG’▶ Land														
	STRZIB	355	A Journal for Jordan (‘07) Jarhead (‘05, War) Jake Gyllenhaal ‘R’▶ (‘12) Colombiana ★★ (‘11, Action) ‘PG-13’▶ (‘03) Spiral: From the Book of Saw (‘39) P-Valley Demetrius														
EPIX	STRZKF	356	(‘05) Oz the Great and Powerful (‘13, Children’s) ‘PG’▶ (‘17) Candy Planet The Little Rascals Save the Day (‘12) Open Season 3 (‘10) ‘PG’▶ (‘28) Planet 51 (‘09, Children’s) ‘PG’▶														
	EPIX	380	The Quiet Man (‘52, Drama) (‘40) Carrie (‘13, Horror) Chloë Grace Moretz (‘20) Blair Witch ★★ (‘16, Horror) (4:50) Pet Sematary (‘89, Horror) Paranormi-Marked														
	EPIX2	381	(‘15) Georgetown (‘19, Crime Drama) Silence ★★ (‘16, Historical Drama) Andrew Garfield (‘45) Gandhi ★★ (‘82, Biography) Ben Kingsley, Candice Bergen														
	EPIXH	382	Patriot Games (‘92, Suspense) The Sum of All Fears ★★ (‘02, Suspense) (‘35) The Hunger Games: Mockingjay, Part 1 (‘40) The Hunger Games: Mockingjay, Part 2 (‘15)														
EPIXDR	292	Paranormal Activity (‘07, Horror) Paranormal Activity 3 (‘11) (2:55) The Honeymooners (‘05) (‘25) Soapdish (‘91, Comedy) (‘05) Mermaids (‘90, Comedy-Drama) Cher															
AMERICA'S TOP PROGRAMMING																	
A&E	118	Panic 9-1-1 I'm Dying First Blood The First 48 The First 48 The First 48 The First 48 The First 48 Tracked															
AHC	195	Warrior POV Bullet Points Against the Odds Against the Odds Against the Odds Weaponology Weaponology Bomber Almost, Away															
AMC	131	(‘12) Better Call Saul (‘17) Better Call Saul (‘20) Better Call Saul (‘32) Better Call Saul (‘35) Better Call Saul (‘45) The Breakfast Club ★★ (‘85, Comedy-Drama)															
APL	184	Tanked Tanked Pit Bulls and Parolees Pit Bulls and Parolees Tanked Tanked Tanked Tanked															
AXSTV	167	AXS TV Concerts John Fogerty Classic Rock Live LA Ink Ozzy & Jack's Ozzy & Jack's Wahlburgers Wahlburgr Wahlburgr															
BBCA	135	Star Trek: Next Star Trek: Next Star Trek: Next Planet Earth: Life Planet Earth: Life Planet Earth: Life Planet Earth: Life Planet Earth: Life															
BET	124	Celebrity Family Feud New Jack City ★★ (‘91, Crime Drama) Wesley Snipes, Ice-T Angrily Ever After (‘19, Comedy) Jasmine Burke Tyler Perry's The Oval The Family Business															
BOUNCE	359	Paternity Paternity Hot Bench Hot Bench In the Heat of Night In the Heat of Night Woo ★ (‘98, Comedy) Jada Pinkett Smith G ★★ (‘02, Drama) Richard T. Jones															
BRAVO	129	Below Deck Below Deck Below Deck Below Deck Below Deck Below Deck Below Deck Below Deck Below Deck															
BUZZR	245	Match Match Concen. Concen. Password Password Super Pass Tattletales Press Luck Whew! Match Match Match Match Match Sale of															
CIHD	249	Cajun Cajun Cajun Cajun Cajun Cajun The Squad The Squad The Squad Why I Ran Why I Ran Why I Ran Who Killed Tupac? Who Killed Tupac?															
CMT	166	Roseanne Roseanne King King King King King King King King Last Man Last Man Last Man Last Man Last Man Last Man															
CNBC	208	Fast Money Halftime The Exchange (L) Power Lunch (L) Closing Bell (L) Closing Bell: Overtime (L) Fast (L) Options Mad Money (N) Shepard Smith															
CNN	200	Ins. Politics CNN Newsroom CNN Newsroom CNN Newsroom Jake Tapper Jake Tapper Situation Room Erin Burnett OutFront (L)															
COM	107	South Park South Park South Park South Park South Park South Park Seinfeld Seinfeld Seinfeld Seinfeld The Office The Office The Office The Office															
COMET	289	Teen Wolf ★★ (‘85) Teen Wolf Too (‘87, Comedy) Jason Bateman The Outer Limits The Outer Limits Farscape (Part 2 of 2) Farscape Buffy, Vampire Slayer															
COOK	113	Carn Eats Carn Eats Carn Eats Carn Eats Carn Eats Carn Eats Food Paradise Food Paradise Food Paradise Man, Food Man, Food Man, Food Man, Food															
DISC	182	Gold Rush: F. Dodge Gold Rush: F. Dodge Gold Rush: F. Dodge Gold Rush: F. Dodge Gold Rush: Dave Turin's Gold Rush: Dave Turin's TBA Gold Rush															
DFC	179	Pac-Man Pac-Man Littlest Pet Pet Shop Pet Shop Pony Life LittlePony LittlePony LittlePony LittlePony Too Cute! Too Cute! Dogs 101 Kids Baking															
DISN-E	172	Big City Ladybug Ladybug Ladybug Big City The Villains Ultra Violet Big City Big City Big City Ladybug Jessie Jessie Bunk'd Bunk'd															
ENCR-W	341	(‘07) Drunk Parents (‘19, Comedy) ‘R’▶ (1:47) American Hustle (‘13, Crime Drama) ‘R’▶ (‘09) The Abyss (‘89, Science Fiction) Ed Harris ‘PG-13’▶ (‘33) Playing It Cool (‘14) ‘R’▶															
EWESTN	342	10Wanted (‘32) Rawhide (‘51, Western) ‘NR’▶ The Deputy Wanted ... (2:54) Wagon Train Laramie Death Vall. Tales of Wells Fargo Rifleman (‘22) The Virginian (‘39) Texas															
EACTN	343	Gangs of New York (12:53) Best of the Best ★ (‘89) (‘33) Scream 4 (‘11, Horror) Neve Campbell ‘R’▶ (‘28) Below (‘02, Suspense) Matthew Davis ‘R’▶ (‘16) Gladiator (‘92, Action) ‘R’▶															
ESUSP	344	Copycat (‘95, Suspense) Sigourney Weaver ‘R’▶ (1:47) The Devil Has a Name (‘20) (2:27) City of Lies ★★ (‘18, Crime Drama) ‘R’▶ (‘21) Urban Justice (‘07, Action) ‘R’▶ Leprechaun (‘93) ‘R’▶															
EBLACK	345	Step Up Step Up: High Water Step Up: High Water Step Up Step Up: High Water Step Up Step Up: High Water Step Up: High Water Step Up: High Water (‘31) Legion ★★ (‘10, Horror) ‘R’▶															
ECLASS	346	Empire Records ★★ (‘95) ‘PG-13’▶ (‘28) Forces of Nature ★★ (‘99) ‘PG-13’▶ (‘16) Strike! ★★ (‘98) ‘PG-13’▶ (4:55) Multiplicity (‘96, Comedy) ‘PG-13’▶ (6:55) Empire Records															
EFAMILY	347	Explorers Race for Life, Charlie Brown (1:54) City of Ember (‘08) ‘PG’▶ (‘31) Black Beauty ★★ (‘71, Children’s) ‘G’▶ (‘19) Camp Arrowhead Race for Life, Charlie Brown															
ESPN	140	🏏 2022 Wimbledon Championships Third Round (L) SportsCenter (L) SportsCenter (L) SportsCenter (L) SportsCenter (L) SportsCenter (L) SportsCenter															
ESPN2	143	SportsCenter (L) SportsCenter (L) This Just In (L) NBA Today (L) This Just (N) Jalen Max UFC Live (N) Daily Wager (L) Max UFC Live															
EWTN	261	Daily Mass Women of Grace (N) Life/Rock Stations Chaplet Cathedrals Across America (N) Zanzibar News Saints Daily Mass															
FETV	82	Hillbillies Hillbillies Wagon Train Rawhide Rawhide Perry Mason Perry Mason Mannix Mannix															
FMC	387	Captain (‘45) The Lady Says No ★★ (‘51, Comedy) Parlor, Bedroom and Bath (‘31) Man of the Frontier Rawhide Romance Ranger & Lady Home in Oklahoma															
FNC	205	Outnumbered (L) America Reports (L) The Story With Martha Your World W/ Cavuto The Five (L) Special Report Jesse Watters (L)															
FOOD	110	Diners, Drive Diners, Drive Diners Diners Diners Diners Diners Diners Diners Diners Diners Diners Diners Diners															
FREEF	180	Let's Be Cops (‘14) Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy															
FS1	150	The Herd with Colin Cowherd (L) Speak for Yourself (L) First Things First NASCAR Race Hub (L) USFL Football															

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30							
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30							
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30							
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30							
AMERICA'S TOP PROGRAMMING																							
FX	136	BlackKlansman ('18)		American Made ★★★ ('17, Comedy-Drama)				Tom Cruise xXx: Return of Xander Cage ('17, Action)				Bad Boys for Life ★★ ('20, Action)					Will Smith						
FXM	384	Earth Dies Scr.		Quintet ('79, Science Fiction)				Paul Newman 'R' Dawn of the Planet of the Apes ('14)				Andy Serkis 'PG-13' ('40) Truth or Dare ★ ('18, Horror)				'PG-13' Man Fire							
FXX	125	Futurama		Futurama		Futurama		King of Hill		King of Hill		King of Hill		Simpsons		Simpsons							
GETTV	373	The Rockford Files		Walker, Texas Ranger				Walker, Texas Ranger				Walker, Texas Ranger				Kojak		Kojak Cop in a Cage					
GMSHW	116	Deal or No Deal		Match		Match		Catch 21		Catch 21		25 Words		25 Words		Common							
GOLF	401	DP Tour Golf		Golf Today (L)				Golf		PGA Tour Golf John Deere Classic, Second Round (L)				Golf Central (L)				PGA Golf					
GRIT	217	Death Vail		Death Vail		The Deputy		The Deputy		Tombstone		Tombstone		Masterson		Masterson							
Wyatt Earp		Wyatt Earp		Wyatt Earp		Wyatt Earp		Wyatt Earp		Wyatt Earp		Wyatt Earp		Fargo		Fargo							
Tales of Wells Fargo																							
HALL	185	Boyfriends of Christmas Past ('21)				Christmas Made to Order ('18, Romance)				The Mistletoe Secret ('19, Romance)				One Royal Holiday ('20, Romance)				Laura Osnes					
HALLDR	186	Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		The Waltons				The Waltons The Fawn				The Waltons				Little House on Prairie					
HALLMV	187	Diagnosis Murder		Diagnosis Murder		Diagnosis Murder				Monk (Part 1 of 2)				Monk (Part 2 of 2)				Monk					
Little House on Prairie																							
AT Home in Mitford																							
HDMOV	130	iBit x Bit: In Bitcoin		Johnny Be Good ('88, Comedy)				('35) Double Impact ★★ ('91, Action)				Easy Money ★★ ('83, Comedy)				('15) Caffeine ★★ ('06, Comedy)				Mena Suvari			
HERIC	293	Hawaii Five-0		Hawaii Five-0				Hawaii Five-0				Hawaii Five-0 Hookman				MacGyver GX-1				Walker, Texas Ranger			
HGTV	112	Property Brothers		Property Brothers				Property Brothers				Property Brothers				Property Brothers				Property Brothers			
Dream																							
HIST	120	Ancient Aliens		Ancient Aliens				Ancient Aliens				Ancient Aliens				Ancient Aliens				Ancient Aliens			
ID	192	See No Evil		Swamp Murders				Swamp Murders				Swamp Murders				48 Hours on ID				48 Hours on ID			
IFC	133	Risky Business ('83, Comedy)		Stripes ★★ ('81, Comedy)				Bill Murray, Harold Ramis				Planes, Trains and Automobiles ('87, Comedy)				The Blues Brothers ('80, Musical Comedy)							
LAFF	237	Nt. Court		Nt. Court		Videos		Videos		Funniest		Funniest		How I Met		How I Met							
LIFE	108	The Mentalist		The Mentalist 18-5-4				The Mentalist Red Letter				Castle Law & Boarder				Castle Veritas							
Castle																							
LMN	109	A Murder to Remember ('20, Docudrama)				Sleeping With Danger ('20, Docudrama)				A House on Fire ('21, Drama)				Stephanie March				Fallen Angels Murder Club: Friends to Die					
MAGN	111	Lakefront Bargain Hunt		Lakefront Bargain Hunt		Lakefront Bargain Hunt		Lakefront Bargain Hunt		Restoring Galveston				Restoring Galveston				Restoring Galveston					
Restoring Galveston																							
MGMHD	385	The Big Country ★★ ('58, Western)				Gregory Peck, Jean Simmons				('25) Avanti! ★★ ('72, Comedy)				Jack Lemmon, Juliet Mills				The Russians Are Coming!					
MOTOR	246	Dirt-Day		Dirt-Day		Roadkill				Hot Rod		Hot Rod		Roadkill		Junkyard Empire							
MSNBC	209	Andrea Mitchell Reports (L)		Chris Jansing Reports (L)				Katy Tur Reports (L)				Hallie Jackson Reports (L)				Deadline: White House (L)							
NATGEO	197	Doomsday Preppers		Something Bit Me!				Something Bit Me!				Something Bit Me!				Something Bit Me!							
Wicked Tuna																							
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol				The Incredible Dr. Pol				The Incredible Dr. Pol				The Incredible Dr. Pol							
Heartland Docs, DVM																							
OUTD	396	Thirteen		Legends		Bone Coll.		Drop Zone		Heartland		Crush		Buck.		Bushman							
Whitetail																							
OWN	189	Dr. Phil		Court		Court		Court		Court		Court		Dr. Phil		Dr. Phil							
OXYG	127	Twisted Killers		Twisted Killers				Killer Couples				Killer Couples				Killer Couples							
PARMT	241	Bar Rescue		Bar Rescue				Mom		Mom		Mom		Two Men		Two Men							
POP	117	ER The Secret Sharer		ER Home				ER				House				House House vs. God							
REELZ	299	Cops		Cops		Cops		Cops		Jail		Jail		Jail		Jail							
RFDTV	231	Market Day Report (L)				Cow Guy				Perley's		TruCou (N)		Penny G		Porter							
SCI	193	Strange Evidence		Strange Evidence				What on Earth?				What on Earth?				Unexplained-Unexplored							
SMITH	367	Air Disasters		Air Disasters				Air Disasters				Air Disasters				Air Disasters							
SONY	386	Movie		(:25:0) Movie				Movie				Movie				Movie							
SUND-E	358	Andy G.		Andy G.		Law & Order				Law & Order				Law & Order				Law & Order					
SYFY	122	Quantum		(:35) Quantum Leap		(:40) Quantum Leap				(:45) Quantum Leap (Part 2 of 3)				(:50) Quantum Leap				(:55) Quantum Leap					
TBN	260	R. Jeffress		Robert		Joyce M.		Together		Robison		Wommack		The 700 Club		David							
TBS	139	Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends							
TCM	132	They Live Strangers on a Train ('51)				('15) 42nd Street ('33)				Ruby Keeler ('45) Footlight Parade ★★ ('33, Musical)				The Boy Friend ★★ ('71, Musical Comedy)				Twiggy					
TLC	183	I Love a Mama's Boy		I Love a Mama's Boy				The Family Chantel				The Family Chantel				The Family Chantel				90 Day Diaries			
TMC-W	329	Moonlight		Beat the Devil				Summer School ('87) 'PG-13'				('15) Last Call ('21, Comedy)				Jeremy Piven 'R'							
The Love Guru																							
TNT	138	NCIS: New Orleans		(:02) NCIS: New Orleans				(:03) NCIS: New Orleans				(:04) NCIS: New Orleans				(:05) Solo: A Star Wars Story ('18, Science Fiction)				Alden Ehrenreich			
Rogue One																							
TRU	242	World's Dumbest ...		World's Dumbest ...				World's Dumbest ...				World's Dumbest ...				Imp. Jokers							
TRVL	196	A Haunting		A Haunting				A Haunting				A Haunting				A Haunting							
TVLND	106	Gunsmoke		Gunsmoke				Gunsmoke				Gunsmoke				Gunsmoke							
UP	188	Little House on Prairie		Little House on Prairie				Gilmore Girls				Gilmore Girls				Gilmore Girls							
USA	105	🏇 2022 Tour de France Stage 1 (L)				Lamborghini				Pilot Challenge				Fast Lane				NASCAR Xfinity					
2 Fast 2 Furious																							
WE	128	Law Order: CI		Law Order: CI				Law Order: CI				Law Order: CI				Criminal Minds							
Criminal Minds																							
NETWORKS																							
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																							
ABC-E	Local Programs			GMA3-Need to Know			General Hospital (N)			Local Programs			Local Programs			News							
CBS-E	Local Prog.			Young & Restless			Bold			The Talk (N)			Let's Make a Deal (N)			Local Programs							
CW-E	Local Programs						Local Programs			Local Programs			Local Programs			Local Programs							
FOX-E	Local Programs						Local Programs																
NBC-E	Local Programs			Days of our Lives (N)			Local Programs			Local Programs			Local Programs			News							
METV	247*	The Waltons The Pursuit		Gunsmoke Quint's Trail				Bonanza				Rifleman		Rifleman		Wagon Train							
Adam-12																							
ABC-W	Local Programs			The View (N)			Local Programs			GMA3-Need to Know			General Hospital (N)			Local Programs							
CBS-W	Local Programs			The Price Is Right			Young & Restless			Local Prog.			Bold			The Talk (N)							
CW-W	Local Programs															Local Programs							
FOX-W	Local Programs						Local Programs									Local Programs							
NBC-W	Today 3rd Hour (N)			Today-Hoda			Local Programs						Days of our Lives (N)			Local Programs							
PBS	Dinosaur		Clifford		Sesame St.		Donkey		Tiger		Go Luna		Nature Cat		Wild Kratts								
Almas																							

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30
PREMIUM MOVIES																	
HBO	HBO-E	310	The King's Man '21, Action) <i>Ralph Fiennes</i> 'R'				Westworld		Sam Jay	Mind Over Murder		Sam Jay	Chernobyl: The Lost Tapes		(40) Malignant '21, Horror) 'R'		
	HBO2	312	Black Lady	Black Lady	Black Lady	We're the Millers ★★ '13, Comedy) 'R'			(25) Non-Stop '14, Action) 'PG-13'	(15) Bad Words ★★ '14) 'R'	(45) Private Parts ★★ '97) 'R'						
	HBO5	314	REAL Sports		Nightmare Alley '21, Suspense) <i>Bradley Cooper</i> 'R'			(35) Memento '00, Suspense) <i>Guy Pearce</i> 'R'	Moon '09, Science Fiction) 'R'		(10) Pariah '11) 'R'						
	HBOF	315	Hugo '11) 'PG'		(07) The Holiday ★★ '06, Romance-Comedy) 'PG-13'			(23) Across the Universe '07, Musical) 'PG-13'	(37) Alex & Emma '03) 'PG-13'	(13) Jungle Master							
MAX	MAX	307	Land ★★ '21, Drama) 'PG-13'		Solaris '02, Science Fiction) 'PG-13'		(10) Escape Plan ★★ '13, Action) 'R'	(07) All I See Is You ★★ '16, Drama) 'R'		I Used to Go Here							
	5MAX	308	Seeking a Friend		Freaky ★★ '20, Horror) 'R'		(43) Waiting ... ★★ '05, Comedy) 'R'	(17) Something New '06) 'PG-13'		(157) The Wood '99, Drama) 'R'	Mighty W						
	MMAX	309	Adventureland '09)		Jumper ★ '08) 'PG-13'		(29) Voyagers '21, Science Fiction) 'PG-13'	(18) Max Payne ★ '08) 'PG-13'	(158) War '07, Action) <i>Jet Li</i> 'R'	Master							
SHOWTIME	SHO-E	318	Braveheart ★★ '95, Historical Drama) <i>Mel Gibson</i> 'R'				Shooter '07, Action) <i>Mark Wahlberg</i> 'R'		(15) The Chi		Flatbush	(45) Deadlock '21, Action) 'R'					
	SHO2	320	Failure to Launch '06)		How to Lose a Guy in 10 Days '03) 'PG-13'			Flatbush	Man Who Fell		Swipe Right for Sex '21) 'NR'		(05) Come Play '20) 'PG-13'	John Hole			
	SHOBET	321	Immanence '22, Horror) 'NR'		(40) Snipes '01, Suspense) <i>Sam Jones III</i> 'R'		Talkin' Dirty After Dark '91) 'R'		Slice '18, Horror) <i>Zazie Beetz</i> 'R'		American Honey '16) 'R'						
	SHOX	322	Glory '89, War) <i>Matthew Broderick</i> 'R'		Bellator MMA 255: <i>Pitbull</i> vs. <i>Sanchez 2</i>			Son of a Gun '15, Suspense) 'R'		Dark Places '15, Mystery) 'R'							
	SHOS	323	113 Minutes '21)		Mission: Impossible III '06, Action) 'PG-13'			(05) Pulp Fiction '94, Crime Drama) <i>John Travolta</i> 'R'	(40) Free Fire '16, Action) 'R'		(10) The Bronze '15)						
	TMC	327	Whiplash '14, Drama) <i>Miles Teller</i> 'R'			My Salinger Year '20, Drama) 'R'			(45) August: Osage County '13, Comedy-Drama) 'R'		(150) Ema '19, Drama) 'R'		3 Day				
FLIX-E	333	A Fish Called Wanda '88, Comedy) 'R'				Terms of Endearment ★★ '83) 'PG'		(12:15) Ask the Dust ★★ '06, Romance) 'R'		(15) The Canyons ★ '13, Suspense) 'R'							
STARZ	ENCR-E	340	Hope Floats ★ '98)		Mrs. Doubtfire ★★ '93, Children's) 'PG'		(09) Vertical Limit '00, Suspense) <i>Chris O'Donnell</i> 'PG-13'		(17) Bachelor Party ★★ '84) 'R'		(06) The Frighteners						
	STARZ-E	350	P-Valley <i>Demetrius</i> Becoming Elizabeth		Becoming Elizabeth		Becoming Elizabeth		(12:02) P-Valley		(10) Ghostbusters: Afterlife ★★ '21, Comedy) 'PG-13'		Cake				
	STRZED	352	(10) Resident Evil: Welcome to Raccoon City			Ghislaire Maxwell?		Venom: Let There Be Carnage		Ghislaire Maxwell?		(28) The Intruder '19) 'PG-13'		(13) Doomsday '08)			
	STRZCI	353	The Great Raid '05, War) <i>Benjamin Bratt</i> 'R'		Shutter Island '10, Suspense) <i>Leonardo DiCaprio</i> 'R'			(21) The Truffle Hunters '20)		Becoming Elizabeth		(2:48) The Great Raid					
	STRZCO	354	Land of the Lost '09)		(05) Venom '18, Action) <i>Tom Hardy</i> 'PG-13'		Party	Party	(12:01) Date Movie '06) 'PG-13'		(26) Jumping the Broom '11, Comedy) 'PG-13'		Money				
	STRZIB	355	A Journal for Jordan '21, Drama) 'PG-13'			P-Valley <i>Demetrius</i>		(07) Colombiana ★★ '11, Action) 'PG-13'		Dave Chappelle's Block Party 'R'		(45) Jarhead '05, War) 'R'					
STRZKF	356	Oz the Great and Powerful ★★ '13) 'PG'			(12) Monkey Trouble '94, Children's) 'PG'			(11:50) Open Season 3		(06) The Last Unicorn '82) 'G'		Big Bad Fox and Other Tales					
EPIX	EPIX	380	A Quiet Place Part II '21, Horror)		(40) World War Z '13, Horror) <i>Brad Pitt</i>			(40) Candyman '21, Horror)		(15) The Wolf of Snow Hollow		(40) Internal Affairs ★★ '90)					
	EPIX2	381	Respect ★★ '21, Biography) <i>Jennifer Hudson</i>			(25) Lincoln '12, Historical Drama) <i>Daniel Day-Lewis</i>			(12:55) Leaving Las Vegas '95, Drama)		(2:50) Event Horizon						
	EPIXH	382	Snake Eyes: G.I. Joe Origins '21, Action)			(05) Aeon Flux '05, Science Fiction)			(40) Virtuosity '95, Action) <i>Denzel Washington</i>		The Machinist '04, Suspense)		3 Days-Condor				
	EPIXDR	292	Mystic Pizza '88) <i>Julia Roberts</i>			(45) Election '99, Comedy) <i>Matthew Broderick</i>			Morning Glory ★★ '10, Romance-Comedy)		(20) Mermaids ★★ '90) <i>Cher</i>		Racing-Moon				
AMERICA'S TOP PROGRAMMING																	
A&E	118	The First 48		The First 48 <i>Spree Killer</i>		The First 48 <i>Gangland</i>		(04) The First 48		(12:03) The First 48		(03) The First 48		(04) The First 48		(05) The First 48	
AHC	195	Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away	
AMC	131	Caddyshack '80, Comedy) <i>Chevy Chase</i>				The Great Outdoors ★★ '88, Comedy)				The Karate Kid Part II ★★ '86, Drama) <i>Ralph Macchio</i>				(32) Hulk '03, Fantasy) <i>Eric Bana</i>			
APL	184	Tanked (N)		Tanked		Tanked		Tanked		Tanked		Tanked		Tanked		Tanked	
AXSTV	167	Wahlburgers		Wahlburgers		Rolling Stones Olé, Olé, Olé: A Trip Across				The Rainbow '19, Documentary)		AXS TV Concerts <i>John Fogerty</i>					
BBCA	135	Planet Earth: Life		Planet Earth: Dynasties		(23) Planet Earth: Life		(24) Planet Earth: Life		(25) Planet Earth: Life		(25) Planet Earth: Dynasties		(2:48) Planet Earth: Life			
BET	124	Celebrity Family Feud		New York Undercover		New York Undercover		TBA		TBA		Tyler Perry's Sistas		Martin	Martin	Prince	Prince
BOUNCE	359	The Best Man ★★ '99, Comedy-Drama)				<i>Taye Diggs</i>		The Perfect Match '16, Romance-Comedy)		King's Ransom ★★ '05, Comedy) <i>Jay Mohr</i>		In the Heat of Night		The Game			
BRAVO	129	Below Deck		Below Deck		Below Deck		Below Deck <i>Smash</i>		Below Deck		Below Deck		Below Deck		Below Deck	
BUZZR	245	Talkabout Super Pass.		Sweep The		Match-Squares		Talkabout Super Pass.		Sweep The		Match-Squares		Concen. Concen.		FamFeud FamFeud	
CIHD	249	Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?		Who Killed Tupac?	
CMT	166	Joe Dirt ★ '01, Comedy) <i>David Spade</i>				Son-in-Law ★★ '93, Comedy) <i>Pauly Shore</i> , <i>Carla Gugino</i>				Joe Dirt ★ '01, Comedy) <i>David Spade</i>				Last Man		Last Man	Last Man
CNBC	208	American Greed		American Greed		American Greed		American Greed		Shepard Smith		American Greed		Dateline (Part 1 of 2)		Dateline (Part 2 of 2)	
CNN	200	Anderson Cooper 360 (L)		CNN Tonight (L)		CNN Special Program		Anderson Cooper 360		CNN Tonight		CNN Newsroom Live (L)		CNN Newsroom Live (L)		CNN Newsroom Live (L)	
COM	107	The Office: The Office		The Office: The Office		The Office: The Office		South Park		South Park		South Park		South Park		South Park	
COMET	289	Buffy, Vampire Slayer		The X-Files <i>Pusher</i>		The X-Files		The X-Files <i>Hell Money</i>		The X-Files		Quantum Leap		Quantum Leap		Paid Programs	
COOK	113	Man, Food Man, Food		Man, Food Man, Food		Man, Food Man, Food		Man, Food Man, Food		Man, Food Man, Food		Man, Food Man, Food		Man, Food Man, Food		Man, Food Man, Food	
DISC	182	Gold Rush (N)		Gold Rush: Dave Turin's		Outback Opal Hunters (N)		Outback Opal Hunters (N)		Gold Rush		Gold Rush: Dave Turin's		Outback Opal Hunters		Outback Opal Hunters	
DFC	179	Kids Baking		Kids Baking		Kids Baking		Kids Baking		Kids Baking		Kids Baking		Buddy's Bakery Rescue		Ultimate Cake Off	
DISN-E	172	The Villains Ultra Violet		Raven		Disney Summer		Bunk'd		The Villains Ultra Violet		Raven	Jessie	Jessie	Jessie	Raven	Raven
ENCR-W	341	(11) My Stepmother Is an Alien '88) 'PG-13'				(02) Hope Floats ★ '98, Romance) 'PG-13'				Mrs. Doubtfire ★★ '93, Children's) 'PG'				(09) Vertical Limit '00, Suspense) 'PG-13'			
EWESTN	342	Texas '41) 'NR'		(14) The Spoilers '42) 'NR'		(43) Ten Wanted Men '55) 'NR'		(12:04) Tornado Range		Oath of Vengeance		(157) My Darling Clementine '46)		Hawk			
EACTN	343	Gangs of New York '02, Historical Drama) <i>Leonardo DiCaprio</i> 'R'					(10:49) Scream 4 '11, Horror) 'R'		(44) Legends of the Fall ★★ '94, Drama) <i>Brad Pitt</i> 'R'		(2:59) Rapid Fire '92)						
ESUSP	344	Lepchrn '34) Leprechaun 2 '94, Horror) 'R'		(02) Leprechaun 3 '95, Horror) 'R'		(38) Leprechaun 4 in Space '96, Horror) 'R'		(17) Leprechaun 5: In the Hood		Leprechaun: Back 2							
EBLACK	345	(14) Idiocracy '06, Comedy) 'R'		(41) Summertime '20) 'R'		(14) Friday Night Lights ★★ '04, Drama) 'PG-13'		(16) Tales From the Hood '95) 'R'		(256) Legion '10) 'R'							
ECLASS	346	Empire '27) All the Right Moves '83) 'R'				Rescue Me <i>Retards</i>		(12) Damages		(12:02) Multiplicity '96, Comedy) 'PG-13'		(02) Prelude to a Kiss '92, Fantasy) 'PG-13'					
EFAMILY	347	Matilda '96, Children's) 'PG'			(40) Explorers ★★ '85, Children's) 'PG'			(31) Black Beauty ★★ '71, Children's) 'G'		(19) This Is the Year '20) 'NR'		A Cowgirl's Story '17)					
ESPN	140	Pro Fighters League				NBA Today (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (N)	
ESPN2	143	⊗ Softball (L)				Cornhole ACL Final Chase (L)		Max		UFC Live		UFC Countdown		UFC Unleashed		UFC Unleashed	
EWTN	261	EWTN News In-Depth (N)		News		Rosary		Life/Rock Icons		Women of Grace		Daily Mass		EWTN News In-Depth		News Zanzibar	
FETV	82	Perry Mason		Perry Mason		Emergency!		Emergency! Zero		B. Miller B. Miller		Mannix		Mannix		Emergency!	
FMC	387	Tokyo Joe '49, Drama) <i>Humphrey Bogart</i>				Mad Dog Coll ★★ '61, Crime Drama)				Winterset ★★ '36, Drama)		Sherlock Ho		Killer Dill ★ '47, Comedy)			
FNC	205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
FOOD	110	Diners		Diners		Diners		Diners		Diners		Diners		Diners		Diners	
FREEFM	180	Family Guy Family Guy		Family Guy Family Guy		Family Guy Family Guy		The 700 Club		Simpsons		Simpsons		Paid Programs		The 700 Club	
FS1	150	USFL Football: Stars vs Generals				United by Ftb.		USFL		USFL		USFL		USFL		USFL	

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30						
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30						
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30						
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30						
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30						
AMERICA'S TOP PROGRAMMING																							
FX	136	Talladega Nights: The Ballad of Ricky Bobby ('06)					Talladega Nights: The Ballad of Ricky Bobby ('06)					Sausage Party ★★★ ('16, Comedy)				Sausage Party ('16)							
FXM	384	Man on Fire ★★★ ('04, Crime Drama) 'R'					Bloodshot ★★ ('20, Action) Vin Diesel 'PG-13'					(12:15) Keep Watching ★★ ('17, Horror) 'R'				('05) Unfriended: Dark Web ('18, Horror) 'R'							
FXX	125	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	FXM Pres.						
GETTV	373	The Rockford Files			Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford	Sanford	Sanford	Catch 21					
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided						
GOLF	401	PGA Golf					DP World Tour Golf Horizon Irish Open, Second Round					Golf Central		PGA Golf									
GRIT	217	Jeremiah Johnson ★★★ ('72, Adventure) Robert Redford					The Hard Man ('57, Western) Guy Madison					The Way West ★★ ('67, Western) Kirk Douglas, Robert Mitchum					Paid Prog						
HALL	185	Switched for Christmas ('17, Drama)					Christmas With the Darlings ('20, Romance)					Gold Girls		Gold Girls		Frasier	Frasier	Frasier	Frasier				
HALLDR	186	Little House on Prairie			Little House on Prairie		Little House on Prairie		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons						
HALLMV	187	At Home in Mitford			Advice to Love By ('21, Romance-Comedy)		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk (Part 1 of 2)						
HDMOV	130	About Last Night ... ('86, Comedy-Drama)					('10) Blind Date ('87, Comedy) Kim Basinger					Hardbodies ★★ ('84, Comedy)		('45) About Last Night ... ('86, Comedy-Drama) Rob Lowe									
HERIC	293	Star Trek			Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch Seize the Day		House Human Error		House Alone						
HGTV	112	Dream	Dream	Vacation House Rules (N)		Dream	Dream	Dream	Dream	Vacation House Rules		Dream	Dream	Dream	Dream	Dream	Dream	Dream					
HIST	120	Ancient Aliens: Declassified Roswell & UFO Conspiracies Investigating reports of UFOs. (N)										(12:03) Ancient Aliens: Declassified Roswell & UFO Conspiracies Investigating reports of UFOs.											
ID	192	People Magazine			Murdaugh Murders		Murdaugh Murders		Murdaugh Murders		Murdaugh Murders		Murdaugh Murders		Murdaugh Murders		People Magazine						
IFC	133	The Blues Brothers			Dazed and Confused ★★ ('93, Drama)		('15) Risky Business ★★ ('83, Comedy) Tom Cruise		Tom Cruise		Planes, Trains and Automobiles ('87, Comedy)		Stripes										
LAFF	237	Death Becomes Her ★★★ ('92, Comedy)					Heartbreakers ★★ ('01, Comedy) Sigourney Weaver					Desperately Seeking Susan ('85, Comedy)				Paid Programs							
LIFE	108	Castle			Castle Child's Play		('03) Castle		('03) Castle		(12:01) Castle		Castle Child's Play		('04) Castle		('04) Castle						
LMN	109	Fallen Angels Murder Club: Heroes					How I Met Your Murderer ('21, Suspense)					Fallen Angels Murder Club: Heroes					How I Met Your Murderer ('21, Suspense)						
MAGN	111	Making	Making	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Making	Making				
MGMHD	385	Russians Are			Mac and Me ('88, Children's) Christine Ebersole		('15) Saved! ★★ ('04, Comedy-Drama) Jena Malone					(20) Ghost World ('01, Comedy-Drama)		Art School									
MOTOR	246	Engine Masters (N)			Hot Rod		Hot Rod		Engine Masters		Full Custom Garage		Full Custom Garage		Engine Masters		Engine Masters						
MSNBC	209	All In With Chris Hayes (L)			MSNBC Prime (L)		The Last Word With					11th Hour		MSNBC Prime		The Last Word With		11th Hour					
NATGEO	197	Wicked Tuna			Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		When Sharks Attack		When Sharks Attack						
NGWLD	190	Heartland Docs, DVM			Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Paid Programs						
OUTD	396	Longmire		Wardens	The Trail	The Trail	Longmire Running Eagle Challenge		Wardens	The Trail	The Trail	Wicked Tuna		Das Boat	Match Fish.	Gowdy	Bass						
OWN	189	Hunters		Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters						
OXYG	127	Golden State Killer: Main Suspect					Homicide Hol					Homicide Hol					Dateline: Secrets		Final Moments				
PARMT	241	The Accountant ★★★ ('16, Suspense) Ben Affleck, Anna Kendrick					2012 ★★★ ('09, Action) John Cusack, Chiwetel Ejiofor										The Office						
POP	117	Final Destination ★★★ ('00, Horror) Devon Sawa					Final Destination 2 ('03, Horror) Ali Larter					Final Destination 3 ★★ ('06, Horror)					Movie						
REELZ	299	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Paid Programs						
RFDTV	231	Bluegrass	Penny G	Reporter	FarmHer	Farming	Blu. Trail	Country	Rural News	Bluegrass	Penny G	Reporter	Farming	Paid Programs									
SCI	193	Expedition X			Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X						
SMITH	367	Air Disasters			Air Disasters		Air Disasters		Diana- Goodby.		America's Hidden		America's Hidden		America's Hidden		America's Hidden						
SONY	386	Movie			('45) Movie					(11:51) Drive ('11, Crime Drama)					('40) Guarding Tess ('94, Comedy-Drama)			Exp					
SUND-E	358	Law & Order			Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Columbo		Columbo						
SYFY	122	('10) Quantum Leap			('15) Quantum Leap			('20) Quantum Leap		('25) Quantum Leap		('33) Quantum Leap		('40) Quantum Leap		('45) Quantum Leap (Part 2 of 3)							
TBN	260	Mother's Day			Mother's Day		Greenberg		Centerpoint		Praise		Prince	Robert	Gaither	Jason	Watchman	Insights	Gospel	Xtreme Life			
TBS	139	Independence Day ('96, Science Fiction)			('10) Suicide Squad ★★ ('16, Action) Will Smith					Full Frontal		Gemini Man ★★ ('19, Action) Will Smith					Suicide						
TCM	132	Some Like It Hot ('59, Comedy) Tony Curtis					('15) The Apartment ('60, Comedy-Drama) Jack Lemmon					Irma La Douce ★★★ ('63, Comedy) Shirley MacLaine					Repo Man ('84)						
TLC	183	90 Day Fiancé (N)					90 Day					The Family Chantel					90 Day						
TMC-W	329	Support the Girls ('18) 'R'			The Bling Ring ★★★ ('13) 'R'			Whiplash ('14, Drama) Miles Teller 'R'					My Salinger Year ('20, Drama) 'R'					('45) August: Osage County ('13)					
TNT	138	Rogue One: A Star Wars Story ★★★ ('16)					All Elite Wrestling			Star Wars: The Rise of Skywalker ('19, Science Fiction) Carrie Fisher					('03) Rogue One: A Star Wars Story ('16)								
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Jokes	Jokes						
TRVL	196	Ghost Adventures			Ghost Adventures		Trapped With the Dead (N)		Ghost Adventures		Ghost Adventures		Ghost Adventures					Trapped With the Dead		Ghost Adventures			
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Mom	Mom	Mom	Mom						
UP	188	Gilmore Girls			Gilmore Girls		Gilmore Girls		Gilmore Girls					Gilmore Girls			Paid Programs						
USA	105	Fast 2 Furious ('03)			The Fast and the Furious ★★ ('01, Action) Vin Diesel					('28) Fast & Furious ('09, Action) Vin Diesel		Vin Diesel		Fast Lane	Miz & Mrs	Chrisley	Dateline						
WE	128	Mama June- Not to Hot			Mama June- Not to Hot			Mama June- Not to Hot			(12:01) Brat Loves Judy			Mama June- Not to Hot			Mama June- Not to Hot						
LOCAL NETWORKS																							
ABC-E		Shark Tank			20/20 (N)			Local Prog. (35) Jimmy Kimmel Live!			Nightline (N)		Local Programs										
CBS-E		S.W.A.T. Albatross			Magnum P.I.			Blue Bloods Guilt			Local Prog.		Late Show-Colbert		James Corden		Local Programs						
CW-E		Penn & Teller: Fool Us			Dynasty (N)			Local Programs															
FOX-E		WWE Friday Night SmackDown (L)					Local Programs																
NBC-E		American Ninja Warrior Qualifiers 4					Dateline NBC (N)			Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		1st Look		1st Look	
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason			Twi. Zone	Hitchcock	Hitchcock	('05) Mannix			('05) Cannon Snapshot					
ABC-W		Local Programs			News		Local Programs			Shark Tank		(12:01) 20/20 (N)					Local Prog. (35) Jimmy Kimmel Live!			Nightline (N)			
CBS-W		Local Programs			News		Local Programs			S.W.A.T. Albatross		Magnum P.I.		Blue Bloods Guilt		Local Prog.		Late Show-Colbert		Corden			
CW-W		Local Programs					Penn & Teller: Fool Us					Dynasty (N)			Local Programs								
FOX-W		Local Programs					WWE Friday Night SmackDown (N)																
NBC-W		Local Prog.	News	Local Programs			Local Programs			American Ninja Warrior Qualifiers 4					Dateline NBC (N)		Local Prog.		Tonight Show-J. Fallon		Meyers		
PBS		Wash	Hoover	Great American		Anthems		Antiques		Amanpour-Co		Wash	Hoover	Great American		Anthems		Antiques		Hiding in Plain			

		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30								
EASTERN		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30								
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30								
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30								
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30								
PREMIUM MOVIES																									
HBO	HBO-E	310	Malignant (35) Tenet (20, Action) John David Washington 'PG-13'				(05) Ender's Game (13, Science Fiction) 'PG-13'				Fast and Furious-Drift				Lara Croft Tomb Raider										
	HBO2	312	Private (35) After the Sunset (04) 'PG-13'				(15) Delivery Man ★★ (13, Comedy) 'PG-13'				TBA				Sam Jay	Boomerang ★★ (92, Romance-Comedy) 'R'									
	HBO5	314	Pariah (R) (40) Dracula Untold (14) 'PG-13'				(15) Mona Lisa Smile (03, Drama) 'PG-13'				(15) The Eyes of Tammy Faye (21, Biography) 'PG-13'				(25) Young Adult ★★ (11) 'R'										
	HBOF	315	Jungle (36) Presenting Princess Shaw				A Mouse Tale (15, Children's) 'PG'				(33) Catch That Kid (04) 'PG'				The Importance of Being Earnest (39) Tootsie (82, Comedy) 'PG'										
MAX	MAX	307	Used Go (27) Thelma & Louise (91, Comedy-Drama) 'R'				(37) Cops and Robbersons (94)				(10) Le Divorce (03, Romance-Comedy) 'PG-13'				(08) Notorious ★★ (09, Biography) 'R'										
	5MAX	308	A Mighty Wind (03) 'PG-13'				(16) Back to School (86) 'PG-13'				(653) Joyful Noise (12) Queen Latifah 'PG-13'				(851) Employee of the Month (06) Black Extremely Loud										
	MMAX	309	Master and Commander: The Far Side				The Core (03, Action) Aaron Eckhart 'PG-13'				(15) The Forgotten (04, Suspense) 'PG-13'				(9:47) Win Win ★★ (11) 'R' Larry										
SHOWTIME	SHO-E	318	Deadlock (45) Old Henry (21, Western) Scott Haze 'NR'				(25) Nacho Libre ★★ (06) 'PG'				Indiana Jones and the Raiders of the				Indiana Jones and the Temple of Doom (84)										
	SHO2	320	John and the Hole (21) 'R'				Madrina: Savage Life				The War With Grandpa (20) 'PG'				(35) Paycheck (03, Science Fiction) 'PG-13'										
	SHOBET	321	American Honey (16) (15) The Last Tree (19, Drama) 'NR'				(6:55) The Evers (20) 'NR'				Stir Crazy (80, Comedy) Gene Wilder 'R'				Public This Ain't Normal										
	SHOX	322	Dark Megalodon Rising (21) 'NR'				Demonic (21, Science Fiction) 'R'				(45) The Host (06, Horror) Song Kang-ho 'R'				Spotlights The Terminator (84, Science Fiction) 'R'										
	SHOS	323	The Bronze (15) 'R' Billionaire Boys Club ★ (18, Suspense) 'R'				The Hummingbird Project (18, Drama) 'R'				Lady Bird (17, Comedy-Drama) 'R'				(35) Vampire Academy ★ (14)										
	TMC	327	3 Day Weekend (19) Beat the Devil				The Go-Go's (20) 'NR'				(45) Gunfight at Dry River (21, Western) 'NR'				Undercover Grandpa (16) 'PG-13'										
STARZ	FLIX-E	333	Bone Daddy (98, Suspense) 'R'				(35) Ginger & Rosa (12) 'PG-13'				Scrambled (45) The Other Boleyn Girl (08) 'PG-13'				Bill & Ted's Excellent Adventure (15) Summer School										
	ENCR-E	340	The Frighteners (96) (4:58) Jumpin' Jack Flash (86, Comedy) 'R'				(6:47) Mrs. Doubtfire (93, Children's) 'PG'				(8:56) My Stepmother Is an Alien (88) 'PG-13'				(10:47) Twins (88) 'PG'										
	STARZ-E	350	The Birthday Cake 'R' (4:53) The Postman ★ (97, Drama) Kevin Costner, Will Patton 'R'				(7:54) Aliens ★★ (86, Science Fiction) 'R'				(15) White House Down (13, Action) 'PG-13'														
	STRZED	352	Doomsday (08) 'R' (6:08) Killing Them Softly (12, Crime Drama) 'R'				(6:46) Elysium (13) Matt Damon 'R'				(38) A Knight's Tale (01, Action) Heath Ledger 'PG-13'				Resident Evil										
	STRZCI	353	The Great Raid (05) (4:04) Julie & Julia (09, Comedy-Drama) 'PG-13'				(1:11) Shutter Island (10, Suspense) Leonardo DiCaprio 'R'				(32) The Broken Hearts Gallery (20) 'PG-13'				Great										
	STRZCO	354	Money (43) Good Kids (16, Comedy) 'R'				(1:15) BASEketball (98, Comedy) Trey Parker 'R'				Here Today (21, Comedy-Drama) 'PG-13'				Party	Party	(02) Venom ★★ (18)								
	STRZIB	355	Jarhead (05, War) 'R' (4:50) The Truth About Charlie				(37) Colombiana ★★ (11, Action) 'PG-13'				(28) Alien 3 ★★ (92, Science Fiction) 'R'				(26) The Rundown (03) 'PG-13'										
STRZKF	356	(0:05) H Is for Happiness (19) 'NR'				(4:5) Oz the Great and Powerful (13, Children's) 'PG'				(7:57) The Last Unicorn (82) 'G'				(32) On the Line ★ (01) 'PG'											
EPIX	EPIX	380	Int. Affairs Sets		Dead Man Walking (95, Crime Drama)				(05) Four Feathers ★★ (02, Adventure) Heath Ledger				(20) A Quiet Place Part II (21) Candyman (21)												
	EPIX2	381	Event Midnight in Paris ★★ (11)		(05) Little Man Tate (91, Drama) (45) Maggie ★★ (15, Horror)				(25) Respect ★★ (21, Biography) Jennifer Hudson																
	EPIXH	382	3 Days-Condor		(15) Not Fade Away ★★ (12, Drama)				(10) The Hunger Games: Mockingjay, Part 1				(15) The Hunger Games: Mockingjay, Part 2 (15) Virtuosity												
	EPIXDR	292	Racing-Moon		(05) Gunfight at the O.K. Corral ★★ (57)				(10) Black Sunday ★★ (77, Suspense) Robert Shaw				(35) Cousins ★★ (89, Romance-Comedy) Mystic												
AMERICA'S TOP PROGRAMMING																									
A&E	118	Paid Programs						Zombie House Flipping		Zombie House Flipping		Zombie House Flipping		Zombie House Flipping		Zombie House Flipping									
AHC	195	Almost, Away		Weaponology Bomber		Combat Countdown		Weaponology Fighter		Weaponology		Weaponology		Weaponology Bomber		Almost, Away									
AMC	131	Hulk ★★ (03, Fantasy) Eric Bana				Two Men		Two Men		Two Men		Two Men		The Outsiders ★★ (83, Drama) Matt Dillon											
APL	184	Tanked		Tanked		Last Frontier		Last Frontier		Last Frontier		Last Frontier		Last Frontier		Last Frontier									
AXSTV	167	Paid Programs						The Day		Paid Programs				Wahlburg		Wahlburg									
BBCA	135	Planet Earth: Life		(4:50) Planet Earth: Life		Planet Earth: Life Birds		Moon Landing				Earthflight		Seasonal Wonderlands		Nature's Great Events									
BET	124	Prince	Prince	Prince	Prince	Payne	Payne	Payne	Payne	Martin	Martin	Martin	Martin	Martin	Martin	Live Single	Live Single								
BOUNCE	359	Scandal Wild Card		The Game		The Game		Wendy Williams Show		Bl'k Forum		Black Quiz		Diff. World		Diff. World									
BRAVO	129	Below Deck		Below Deck Exodus		Below Deck Witch-hunt		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck									
BUZZR	245	Match Match		Match Match		Paid Programs								Hidden Price		(10) The Price Is Right									
CIHD	249	American Justice		American Justice		Paid Programs				The Big House		The Big House Folsom		The Big House		The Big House									
CMT	166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Hot 20 Countdown		Holiday Salute to the Troops (N)											
CNBC	208	Shepard Smith		American Greed		Options		Paid Programs								Paid Prog.									
CNN	200	CNN Newsroom Live (L)		CNN Newsroom Live (L)		New Day We		New Day We		New Day We		CNN Newsroom		CNN Newsroom		CNN Newsroom									
COM	107	Creek	Creek	Paid Programs				Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld								
COMET	289	Paid Programs										Paid Programs				Nt. Gallery									
COOK	113	Paid Programs						Unique	Unique	Unique	Unique	Fire Masters		Fire Masters		Man's Greatest Food									
DISC	182	Josh Gates Tonight		Deadliest Catch		Locations		Sport		Major League Fishing		Naked and Afraid		Naked and Afraid		Naked and Afraid									
DFC	179	BathCrash	BathCrash	Puppies	Puppies	Adventures	Adventures	Transform.	Transform.	Rescue Bots	Rescue Bots	Transform	Monsters	Monsters	Pac-Man	LittlePony	Pony Life								
DISN-E	172	Bunk'd	Jessie	Bluey	Bluey	Bluey	Bluey	Bluey	Bluey	Big City	Big City	Ghost	Ghost	Big City	Big City	Big City	Big City								
ENCR-W	341	Vertical (17) Bachelor Party ★★ (84) 'R'		(06) The Brighteners ★★ (96, Fantasy) 'R'		(7:58) Jumpin' Jack Flash (86, Comedy) 'R'		(9:47) Mrs. Doubtfire (93, Children's) 'PG'																	
EWESTN	342	Hawk (31) The Ballad of Josie (68) 'NR'		(15) U2ana's Raid ★★ (72, Western) 'R'		The Range Feud (31)		Centennial Only the Rocks Live Forever (Part 1 of 12)																	
EACTN	343	Rapid Fire (38) Gangs of New York (02, Historical Drama) Leonardo DiCaprio 'R'		(28) Sky Captain and the World of Tomorrow (17) Attack the Block (11) 'R'		(10:49) Skyline (10)																			
ESUSP	344	Leprechaun (22) Leprechaun: Origins (14) 'R'		(5:55) Leprechaun (93, Horror) 'R'		(29) Leprechaun 2 (94, Horror) 'R'		(8:57) Leprechaun 3 ★ (95) 'R'		(33) Leprechaun 4 in Space (96)															
EBLACK	345	Legion 'R' (39) Stomp the Yard (07, Drama) 'PG-13'		(37) The 24th (20, Historical Drama) 'NR'		(33) Friday Night Lights (04, Drama) 'PG-13'		(34) The Big Hit (98, Action) 'R'																	
ECLASS	346	The Secret of My Success (87) (43) The Pallbearer ★★ (96) 'PG-13'		(24) All the Right Moves (83) 'R'		(8:57) Casino ★★ (95, Crime Drama) Robert De Niro 'R'																			
EFAMILY	347	Cowgirl's (39) That Thing You Do! ★★ (96) 'PG'		(28) Flipper (96, Children's) 'PG'		(05) Pit Pony (97, Drama) 'NR'		(38) Firehouse Dog ★★ (07, Children's) 'PG'										Cowgirl's							
ESPN	140	SportsCenter (N)		SportsCenter (N)		SportsCenter		Breakfast at Wimbledon (L)		2022 Wimbledon Championships Third Round (L)															
ESPN2	143	UFC Main Event		Max		UFC Live		30 for 30										SportsCenter (L)		SportsCenter (L)		Formula 1 Racing		SportsCenter (L)	
EWTN	261	At Home	Icons	Catholic	Catholics	Aquinas	Religious	St. Michael	Rosary									Daily Mass (L)		Devotion		Lukas Story		Image	Cat Chat
FETV	82	Bewitched	Bewitched	McCoys	McCoys	Paid Programs		Hillbillies		Hillbillies		Hillbillies		Hillbillies		Wagon Train		Wagon Train							
FMC	387	Idaho (43, Western)		The Carson City Kid		Ranger & Lady		Home in Oklahoma		Tokyo Joe (49, Drama) Humphrey Bogart		Mad Dog Coll ★★ (61, Crime Drama)													
FNC	205	Hannity		The Five		FOX and Friends		Saturday (L)		Cavuto Live (L)															
FOOD	110	Diners	Diners	Paid Programs				Be My	Be My									The Kitchen		Duff: Ace		Duff: Ace		Pioneer	Pioneer
FREFM	180	Paid Programs						Prates of the Caribbean: The Curse of the Black Pearl ★★ (03)										Pirates of the Caribbean: Dead Man's Chest							
FS1	150	The Great Brady Heist		TMZ (N)		TMZ Sports		USFL		USFL		USFL		USFL		USFL Football Philadelphia Stars vs New Jersey Generals									

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	5:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
AMERICA'S TOP PROGRAMMING																				
FX	136	♣Sausage Party ('16) Paid Programs					Mom	Mom	Mom	Trolls ('16, Children's) Voices of Anna Kendrick			Family Guy	Family Guy	Family Guy					
FXM	384	Cocoon ('85, Fantasy) Don Ameche 'PG-13'			The Fly ('58, Horror) 'NR'		(35) The Curse of the Fly ('65)			(05) The Day Mars Invaded Earth			Earth Dies Scr.		Day-Earth					
FXX	125	Paid Programs					Action Point ('18, Comedy) Johnny Knoxville			Good Boys ('19, Comedy) Jacob Tremblay			Cleveland		Cleveland					
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries		Paid Programs			Curios -ity	Curios -ity	Laredo	Here Come the Brides						
GMSHW	116	Paid Programs								America	America	America	America	Chain Rea.	Chain Rea.					
GOLF	401	♣PGA Golf		Golf Central		Golf Central		Golf Central		♀ DP World Tour Golf Horizon Irish Open, Third Round (L)										
GRIT	217	Paid Programs				The Virginian Crime Wave in Buffalo Springs				Death Vall.	Death Vall.	Laramie		Scallock ★★ ★ ('67, Western) Dale Robertson						
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Christmas Next Door ('17, Romance-Comedy)						
HALLDR	186	The Waltons		The Waltons The Gift		The Waltons The Cradle		The Waltons		The Waltons		A Decade of the Waltons			A Wedding-Mt.					
HALLMV	187	Monk (Part 2 of 2)		Monk		Monk		Monk		Monk		Monk		Love Under the Stars						
HDMOV	130	Paid Programs					The Great Escape ★★ ★★ ('63, War) Steve McQueen, James Garner					Blind Date ★★ ('87)								
HERIC	293	The District		The District Tug of War		Superman	Superman	Renegade		Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Wonder Woman						
HGTV	112	Paid Programs					Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses					
HIST	120	Paid Programs					Counting Cars		Counting Cars		Counting Cars		Counting Cars		Counting Cars					
ID	192	Wonderland Murders		Wonderland Murders		Wonderland Murders		The Devil Speaks		The Devil Speaks		The Devil Speaks		Murder Comes to Town		Murder Comes to Town				
IFC	133	♣Stripes ★★ ★ ('81, Comedy) Bill Murray				Kids in Hall (45)		Dazed and Confused ('93, Drama) Jason London			The Blues Brothers ★★ ★ ('80, Musical Comedy) John Belushi									
LAFF	237	Paid Programs				Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court			
LIFE	108	Paid Programs										Paid Programs					Jodi Arias-Dirty			
LMN	109	Paid Programs				Babynapped ('17, Drama) Kaitlyn Black				The Sinister Surrogate ('18, Suspense)				You're Not Safe Here ('21, Suspense)						
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Fixer Upper				
MGMHD	385	♣Art School Confidential ('06, Comedy-Drama)				Studio	Born Romantic ★★ ★ ('00, Romance-Comedy)			(40) Nobody's Fool ★★ ('86, Romance-Comedy)			Sleepover ★★ ('04)							
MOTOR	246	Garage Squad		Bitchin' Rides		Roadkill	Gearz (N)	Hot Rod	EveryDay	Roadkill	Classic Car	LOKAR	Junkyard	Dir-T-Day	Caffeine	Car Fix	Garage			
MSNBC	209	♣Dateline		Dateline		Zerlina (N)		The Katie Phang Show (L)			Velshi (L)		Velshi (L)		The Cross Connection		With Tiffany Cross (L)			
NATGEO	197	When Sharks Attack		When Sharks Attack		Paid Programs					Locked Up Abroad		Locked Up Abroad		Locked Up Abroad					
NGWLD	190	Paid Programs					Dr. Pol: Pol-a-palooza			Dr. Pol: Spring It On		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol				
OUTD	396	Bill Dance	Hunt Adv	Uncharted		Field Ethos	Critical	Bow Mad.	Bowlife	Fowl Life	The Flush	Buck.	Bucks Tec.	Bone Coll.	Hunter	Hunting	Raised			
OWN	189	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil				
OXYG	127	Final Moments		Final Moments		Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		Dateline: Secrets Uncovered A Shot in the Dark							Murdered by Morning			
PARMT	241	Paid Programs					NCIS					NCIS		NCIS		Yellowstone Daybreak				
POP	117	♣Movie				Charmed		Charmed		Charmed		Charmed		Movie						
REELZ	299	Paid Programs					Genesis: Breaking		Pink Floyd: Breaking		Rush: Beyond the Lighted Stage ('10, Documentary)				Freddie Mercury: Inside His Mind					
RFDTV	231	Paid Programs					Rural America Live		Red Ste.	DocTalk	Agribusiness		Cattlemen to Cattlemen		U.S. Farm Report (N)		Adventures Mecum			
SCI	193	Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence		Strange Evidence				
SMITH	367	America's Hidden		America's Hidden		Aerial America		Aerial America		Aerial America Arizona		Aerial America		Aerial America		Aerial America				
SONY	386	♣The Experiment ('10)		(02)	Walking Tall: Lone Justice		(42)	The Desperados ★★ ('69, Western)			Planet	(846) Sinbad and the Eye of the Tiger ('77)		7th Voyage of Sinbad						
SUND-E	358	♣Columbo			Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.			
SYFY	122	♣Quantum Leap		(455)	Quantum Leap		Paid Programs			Quantum Leap		Quantum Leap		Quantum Leap		Quantum Leap				
TBN	260	Daniah	Jordan	Harbinger II		Rubin	Robert	Joel Osteen/Prince		VeggieTales			Joel Osteen/Prince		S. Furtick	Franklin				
TBS	139	♣Suicide Squad ★★ ('16, Action) Will Smith				Wipeout		Wipeout		American	American	American	American	American	Friends	Friends	Friends			
TCM	132	♣Repo Man (45)		Sid and Nancy ★★ ★ ('86, Biography)		(45) You Said a Mouthful ('32)		I Play Golf		Riders of the Range		TBA		(07) Bomba, the Jungle Boy ('49)		Dublin				
TLC	183	7 Little Johnstons		7 Little Johnstons		Pregnant	Pregnant	Pregnant	Pregnant	My 40-Year-Old Child		Welcome to Plathville			Welcome to Plathville		Welcome to Plathville			
TMC-W	329	♣August: Osage		(450)	Ema ('19, Drama) 'R'		(40) 3 Day Weekend ('19) 'NR'		Beat the Devil		The Go-Go's ('20) 'NR'		(45) Gunfight at Dry River ('21)							
TNT	138	♣Rogue One		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans				
TRU	242	World's Dumbest ...		World's Dumbest ...		Funniest		Funniest		Carbonaro	Carbonaro	Carbonaro	Carbonaro	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers			
TRVL	196	Paid Programs					Man, Food		Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food			
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne			
UP	188	Paid Programs					Heartland Seismic Shifts		Heartland Do or Die		Heartland Dark Horse		Little House on Prairie		Little House on Prairie					
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		Chicago P.D. Endings		Chicago P.D. Bad Boys		2022 Tour de France Stage 2 Flat stage. Distance 199 km. From Roskilde to Nyborg. (N)										
WE	128	Waka & Tammy		Paid Programs										NCIS Two-Faced		NCIS Dead Reflection				
NETWORKS																				
ABC-E	Local Programs					Local Programs		Good Morning America (N)		Good Morning America (N)			Local Programs			Local Prog.				
CBS-E	Local Programs					Local Programs		Lucky (N)		Innovation		Mission Hope-Wild		CBS Saturday Morning (N)			Pet Vet	All In		
CW-E	Local Programs					Local Programs		Local Prog.		Local Prog.		Into Wild		Into Wild	Open Rd	Ready-Pet	Local Programs			
FOX-E	Local Programs					Local Programs					Local Programs		Local Programs							
NBC-E	1st Look	Local Programs			Local Programs		Today (N)			News-Kids		Local Programs		Earth Ody.	Earth Ody.	Wild (N)	One Team			
METV	247*	(05) Barnaby Jones	Petticoat	Petticoat	Hillbillies	Hillbillies	Pink Panther's Party			The Tom and		Bugs Bunny (N)		Maverick		Wagon Train				
ABC-W	Local Programs										Good Morning America (N)		Good Morning America (N)		Local Prog.		Local Prog.			
CBS-W	♣Corden	Local Programs										CBS Saturday Morning (N)					Lucky (N)	Innovation		
CW-W	Local Programs										Local Programs					Local Prog.		Local Prog.	Into Wild	
FOX-W	Local Programs										Local Programs									
NBC-W	♣Meyers	News	Top Story With		1st Look	1st Look	1st Look	Local Programs			Today (N)			News-Kids		Earth Ody.	Earth Ody.			
PBS	♣Hiding in Plain		Old House	Old House	Mr. Rogers	Arthur	Molly	Wild Kratts		Elementary/Almas		Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious			

		EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30		
		CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30		
		MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30		
		PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30		
PREMIUM MOVIES																				
HBO	HBO-E	310	Lara Croft (45) Phoenix Rising (Part 1 of 2)				Phoenix Rising (Part 2 of 2)				(25) Blue Bayou '21, Drama) Justin Chon 'R'			(25) Wonder Woman 1984 '20, Action) Gal Gadot 'PG-13'						
	HBO2	312	Enthusiasm	Enthusiasm	Enthusiasm	Enthusiasm	Enthusiasm	Enthusiasm	Enthusiasm	Enthusiasm	Curb Your Enthusiasm			Enthusiasm	Nightmare Alley '21, Suspense) Bradley Cooper 'R'					
	HBO5	314	2 Guns '13, Action) Denzel Washington 'R'				(1:50) Fast & Furious 6 '13, Action) 'PG-13'				(0:5) Chernobyl: The Lost Tapes			(4:5) TBA			(4:0) Child 44 '15, Mystery) 'R'			
	HBOF	315	Tootsie Adventures of Sharkboy				(0:9) Wiener Dog Internationals 'R'				(4:2) Fury Vengeance '10 'PG'			(1:4) Percy Jackson: Sea of Monsters '13) 'PG'			The Last Airbender			
MAX	MAX	307	(1:2) Excess Baggage ★ ('97) 'PG-13'				(1:55) Cold Pursuit '19, Action) Liam Neeson 'R'				(3:55) Frida '02, Biography) Salma Hayek 'R'			My Cousin Vinny '92, Comedy) Joe Pesci 'R'						
	5MAX	308	(0:8) Extremely Loud Jennifer Eight ★★ '92, Suspense) 'R'				(1:4) Waiting to Exhale ★★ ★ '95, Comedy-Drama) 'R'				(1:8) Double Jeopardy '99) 'R'			(0:4) Escape Plan '13)						
	MMAX	309	Larry Crowne '11)				(1:2) Murder in the First '95, Drama) 'R'				(1:5) John Grisham's The Rainmaker '97, Drama) 'PG-13'			(3:1) Changing Lanes '02) 'R'			I Am Number Four			
SHOWTIME	SHO-E	318	Indiana Jones and the Last Crusade '89)				(1:5) Indiana Jones and the Kingdom of the Crystal Skull				Man Who Fell			The Chi			Stillwater ★★ ★ ('21, Drama) 'R'			
	SHO2	320	(0:5) Shooter '07, Action) Mark Wahlberg 'R'				(1:5) VICE				(2:55) The Chi			Flatbush			(25) Mad Max '79, Action) 'R'			
	SHOBET	321	Ain't (35) Fruitvale Station '13) 'R'				It Comes at Night '17, Horror) 'R'				(3:5) 12 O'Clock Boys '13) 'NR'			Beyond the Law '19, Action) 'NR'			Public	(6:55) Set It Off '96)		
	SHOX	322	The Monster '16, Horror) 'R'				(3:5) Good Time ★★ ★ '17, Suspense) 'R'				(2:0) Deadlock '21, Action) 'R'			The Hurricane '99, Drama) Denzel Washington 'R'			(1:5) RoboCop '87) 'R'			
	SHOS	323	(2:0) Vamp Acd Before I Fall '17) 'PG-13'				Spotlights Kingpin ★★ ★ '96, Comedy) 'PG-13'				Mission: Impossible III '06, Action) 'PG-13'			(3:5) Sophie Jones '20) 'NR'						
	TMC	327	(0:8) Orange Ct The Jerk ★★ ★ '79, Comedy) 'R'				(0:5) A Fish Called Wanda '88, Comedy) 'R'				Striptease ★★ ★ '96, Drama) Demi Moore 'R'			The Exchange '21, Comedy) 'NR'			The Djinn			
	FLIX-E	333	(4:5) Summer School '87) (12:55) Double Impact '91) 'R'				(4:5) Jobs ★★ ★ '13, Biography) Ashton Kutcher 'PG-13'				(4:55) Road Trip '00, Comedy) 'R'			Down to Earth ★ ★ ('01) 'PG-13'						
STARZ	ENCR-E	340	(3:7) Twins 'PG' (3:7) Vertical Limit '00, Suspense) 'PG-13'				(4:4) Thor: The Dark World '13, Action) 'PG-13'				(4:0) Tomorrowland ★★ ★ ('15, Science Fiction) 'PG'			(6:51) Mrs. Doubtfire						
	STARZ-E	350	White Hse Becoming Elizabeth (3:2) Ghostbusters: Afterlife '21) 'PG-13'				(3:9) Alien '79, Science Fiction) Tom Skerritt 'R'				(3:9) Aliens '86, Science Fiction) Sigourney Weaver 'R'									
	STRZED	352	(4:4) Resident: Let There Be Carnage '21)				(2:4) The Manchurian Candidate '04) 'R'				(3:6) The Intruder ★★ ★ '19, Suspense) 'PG-13'			(2:1) American Gangster '07) 'R'						
	STRZCI	353	The Great Raid '05, War) 'R'				(4:0) The Iron Lady '11, Biography) 'PG-13'				(2:9) Becoming Elizabeth			(3:1) The Hurricane '99, Drama) Denzel Washington 'R'			Ghislaine Maxwell?			
	STRZCO	354	Venom '18) 'PG-13' M. Lawr				Larry the Cable Guy				Beethoven '92, Children's) 'PG'			Beethoven's 2nd '93) 'PG'			Here Today '21, Comedy-Drama) 'PG-13'			
	STRZIB	355	(1:3) The Bone Collector '99, Suspense) 'R'				(1:4) Dave Chappelle's Block Party '05) 'R'				Run the			Run the			Run the			
	STRZKF	356	(0:6) Flicka '06) Adventures of Tom Thumb				(1:52) The Last Unicorn '82) 'G'				(2:7) The Clockwork Girl '14) 'NR'			(4:53) On the Line ★★ ★ ('01) 'PG'			(2:0) H is for Happiness '19) 'NR'			
EPIX	EPIX	380	(3:5) Candy Serpico ★★ ★ ★ '73, Crime Drama) Al Pacino				(2:50) Mississippi Burning '88, Crime Drama)				The Wolf of Wall Street ★★ ★ ★ ('13, Biography) Leonardo DiCaprio									
	EPIX2	381	(0:3) The Fighting Temptations '03, Comedy)				(1:55) Sabrina ★★ ★ ('95, Romance-Comedy)				(0:5) Bill & Ted Face the Music			(4:0) The Mask of Zorro '98, Adventure) Antonio Banderas						
	EPIXH	382	(0:2) Virtuosity ★★ ★ ('95, Action)				(2:5) Aeon Flux '05, Science Fiction)				Snake Eyes: G.I. Joe Origins '21, Action)			(0:5) The Deep House '21, Horror)			Gretel & Hansel '20, Horror)			
	EPIXDR	292	(0:8) Mystic Pizza '88) Julia Roberts				(2:0) Election ★★ ★ ('99, Comedy)				(0:5) Morning Glory '10, Romance-Comedy)			Dickie Roberts: Former Child Star			(3:5) A Night at the Roxbury '98)			
AMERICA'S TOP PROGRAMMING																				
A&E	118	Living	Living	The First 48			The First 48 Shattered			First Blood			Panic 9-1-1 I'm Dying			The First 48				
AHC	195	Almost, Away	Almost, Away	Almost, Away			Almost, Away			Chasing Conspiracies			Codes and Conspiracies			Godfather of Vegas				
AMC	131	National Lampoon's European Vacation '85)			The Great Outdoors ★★ ★ ('88, Comedy)			Caddyshack '80, Comedy)			Chevy Chase			National Lampoon's Vacation '83, Comedy)						
APL	184	Last Frontier	Last Frontier	Last Frontier			River Monsters			River Monsters			River Monsters			River Monsters				
AXSTV	167	Legends	Legends	Legends	Legends	Legends	Legends	Legends	Legends	Legends	Legends	Top Ten	Top Ten	The Making of Darkness on the Edge of Town						
BBCA	135	Eden: Untamed Planet	Seven Worlds, Planet	Planet Earth: Wild West			Planet Earth: Wild West			Planet Earth: Wild West			Yellowstone Winter			Yellowstone Autumn				
BET	124	Live Single	Live Single	Live Single	Live Single	New York Undercover			New York Undercover			New York Undercover			Friday ★★ ★ ('95, Comedy) Ice Cube, Chris Tucker					
BOUNCE	359	Diff. World	Diff. World	The Cookout ★★ ★ ('04, Comedy) Ja Rule			Welcome Home Roscoe Jenkins '08, Comedy)			Johnson			Johnson			Johnson				
BRAVO	129	Below Deck	Below Deck	Below Deck			Below Deck			Below Deck			Below Deck			Below Deck				
BUZZR	245	Price	Match	Match	Match	Match	Match	Match	Match	Concen.	Concen.	Concen.	Concen.	Paid Programs			Card	Card		
CIHD	249	Cajun	Cajun	Cajun	Cajun	My Evil Sister			My Evil Sister			My Evil Sister			Crime 360 Payback					
CMT	166	The Goonies ★★ ★ ('85, Children's) Sean Astin				Gremlins ★★ ★ ★ ('84, Fantasy)				Zach Galligan			Ghostbusters ★★ ★ ★ ('84, Comedy) Bill Murray			Goonies				
CNBC	208	Monster Jam (N)		Track & Field			Undercover Boss			Undercover Boss			Undercover Boss Maaco			Undercover Boss				
CNN	200	CNN Newsroom		CNN Newsroom			CNN Newsroom			CNN Newsroom			CNN Newsroom			CNN Newsroom				
COM	107	The Office		The Office			The Office			The Office			The Office			The Office				
COMET	289	Nt. Gallery	(4:2) Night Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery	Nt. Gallery	Piranha ★★ ★ ('78, Horror) Bradford Dillman			Raptor ★★ ★ ('01, Science Fiction) Eric Roberts			Sharktopus						
COOK	113	Man's Greatest Food		Man Fire			Man Fire			Man Fire			Good Eats			Iron Chef America				
DISC	182	Naked and Afraid		Naked and Afraid			Naked and Afraid			Naked and Afraid			Stomping Grounds			Naked and Afraid				
DFC	179	My Little Pony Equestria Girls		My Little			Too Cute!			Buddy's Bakery Rescue			Kids Baking			Ultimate Cake Off				
DISN-E	172	Ladybug	Ladybug	Ladybug	Ladybug	Ultra Violet			Ultra Violet			Raven			Bunk'd					
ENCR-W	341	My Stepmother Is an Alien '88) 'PG-13'				(1:47) Twins '88, Comedy) 'PG'				(3:7) Vertical Limit '00, Suspense) 'PG-13'			(4:4) Thor: The Dark World '13, Action) 'PG-13'							
EWESTN	342	Centennial		(0:2) Centennial (Part 3 of 12)			(4:0) Centennial (Part 4 of 12)			(1:8) Centennial (Part 5 of 12)			(5:56) Centennial (Part 6 of 12)			Ulzana's				
EACTN	343	Skyline		(25) Paul ★★ ★ ('11, Comedy) 'R'			Frank Miller's Sin City: A Dame to Kill For 'R'			(3:56) Legends of the Fall '94, Drama) 'R'			(1:1) Sky Captain and the World of Tomorrow							
ESUSP	344	(1:1) Leprechaun 5: In the Hood		(4:4) Leprechaun: Back 2 tha Hood '03) 'R'			(1:6) Leprechaun: Origins '14) 'R'			(4:49) Leprechaun '93, Horror) 'R'			Prophecy: For			Masque				
EBLACK	345	(0:8) A Time to Kill ★★ ★ ('96, Drama) Sandra Bullock 'R'		(4:1) Battle of the Year '13, Drama) 'PG-13'			(3:3) Friday Night Lights '04, Drama) 'PG-13'			(3:3) Stomp the Yard '07) 'PG-13'										
ECLASS	346	Boys on the Side '95, Comedy-Drama) 'R'				(1:58) The Secret of My Success '87) 'PG-13'				(3:51) All the Right Moves '83) 'R'			(2:4) For Richer or Poorer '97, Comedy) 'PG-13'			Cable Guy				
EFAMILY	347	A Cowgirl's Story '17)		(1:1) Flipper '96, Children's) Elijah Wood 'PG'			(2:48) Hero Mode '21) 'PG'			(1:8) That Thing You Do! '96) 'PG'			(0:7) Firehouse Dog ★★ ★ ('07, Children's) 'PG'							
ESPN	140	Wimbledon		WNBA Basketball: Mercury at Sky			Selection			ESPN Films			ESPN Films			SportsCenter (L)				
ESPN2	143	Cornhole ACL Final Chase (L)		World Chase Tag 5 (N)			World Chase Tag 5 (N)			The Walk			UFC Live			ESPN Films				
EWTN	261	Daily Mass		Religious	Dominican	Voices of Persecuted			Marian Procession			Called to Communion			Catechism					
FETV	82	Rawhide		Rawhide			Rawhide			Ranger			Ranger			Ranger				
FMC	387	Winterset ★★ ★ ('36, Drama)			Sherlock Ho			Killer Dill ★★ ★ ('47, Comedy)			Idaho '43, Western)			The Carson City Kid			The Fighting Stallion			
FNC	205	Fox News Live (L)				Fox News Live (L)			Journal Editorial Report			Fox News Live (L)			The Big Saturday Show (L)					
FOOD	110	Symon	Symon	BBQ Brawl Impress Us			Diners			Diners			Diners			Diners				
FREEFM	180	Pirates of the Caribbean			Pirates of the Caribbean: At World's End ★★ ★ ('07, Adventure) Johnny Depp			The Office			The Office			(1:15) The Office Money			The Office			
FS1	150	USFL		Horse Racing America's Day at the Races (L)			MLB on FS1 Pregame (L)			MLB Baseball Oakland Athletics at Seattle Mariners (L)			Major League Rugby							

DIG (00:00) = Based on Eastern Time. *MeTV channel numbers vary depending on local market. 11

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30
PREMIUM MOVIES																	
HBO	HBO-E	310	The Heat ('13, Comedy) Sandra Bullock 'R'			Westworld			Sam Jay		The Card Counter ★★★ ('21, Suspense) 'R'			(25) That Awkward Moment ('14)		Little Miss Sunshine	
	HBO2	312	TBA			Annabelle ★★ ('14, Horror) 'R' (45) Antlers ('21, Horror) Keri Russell 'R'			Last Week			Sam Jay		(35) 3:10 to Yuma ★★★ ('07, Western) 'R'		Domino	
	HBO5	314	Child 44 ('15) 'R'			Gone Baby Gone ★★★ ('07, Mystery) 'R' (10:55) American Pastoral ('16) 'R' (45) At Close Range ('86, Crime Drama) 'R' (45) Perfect Stranger ('07) 'R'			(10:55) American Pastoral ('16) 'R' (45) At Close Range ('86, Crime Drama) 'R' (45) Perfect Stranger ('07) 'R'			(10:55) American Pastoral ('16) 'R' (45) At Close Range ('86, Crime Drama) 'R' (45) Perfect Stranger ('07) 'R'			(10:55) American Pastoral ('16) 'R' (45) At Close Range ('86, Crime Drama) 'R' (45) Perfect Stranger ('07) 'R'		
	HBOF	315	Airbender (44) Man of Steel ★★ ('13, Action) Henry Cavill 'PG-13' (07) King Kong ★★ ('05, Adventure) Naomi Watts 'PG-13' (15) Remember Me ('10, Romance) 'PG-13'			(07) King Kong ★★ ('05, Adventure) Naomi Watts 'PG-13' (15) Remember Me ('10, Romance) 'PG-13'			(07) King Kong ★★ ('05, Adventure) Naomi Watts 'PG-13' (15) Remember Me ('10, Romance) 'PG-13'			(07) King Kong ★★ ('05, Adventure) Naomi Watts 'PG-13' (15) Remember Me ('10, Romance) 'PG-13'			(07) King Kong ★★ ('05, Adventure) Naomi Watts 'PG-13' (15) Remember Me ('10, Romance) 'PG-13'		
MAX	MAX	307	Little Man ('06, Comedy) 'PG-13' (40) Hot Shots! ('91) 'PG-13' (05) Hot Shots! Part Deux ('93) (35) Boogie ★★ ('21, Drama) 'R' (07) Let Him Go ('20, Suspense) Diane Lane 'R'			(05) Hot Shots! Part Deux ('93) (35) Boogie ★★ ('21, Drama) 'R' (07) Let Him Go ('20, Suspense) Diane Lane 'R'			(05) Hot Shots! Part Deux ('93) (35) Boogie ★★ ('21, Drama) 'R' (07) Let Him Go ('20, Suspense) Diane Lane 'R'			(05) Hot Shots! Part Deux ('93) (35) Boogie ★★ ('21, Drama) 'R' (07) Let Him Go ('20, Suspense) Diane Lane 'R'			(05) Hot Shots! Part Deux ('93) (35) Boogie ★★ ('21, Drama) 'R' (07) Let Him Go ('20, Suspense) Diane Lane 'R'		
	5MAX	308	Escape Plan ('13) 'R' Promising Young Woman ('20, Comedy) 'R' (10:54) Spare Parts ('15, Drama) 'PG-13' (12:49) Race ★★ ('16, Biography) 'PG-13' (04) Catch a Fire ('06)			(10:54) Spare Parts ('15, Drama) 'PG-13' (12:49) Race ★★ ('16, Biography) 'PG-13' (04) Catch a Fire ('06)			(10:54) Spare Parts ('15, Drama) 'PG-13' (12:49) Race ★★ ('16, Biography) 'PG-13' (04) Catch a Fire ('06)			(10:54) Spare Parts ('15, Drama) 'PG-13' (12:49) Race ★★ ('16, Biography) 'PG-13' (04) Catch a Fire ('06)			(10:54) Spare Parts ('15, Drama) 'PG-13' (12:49) Race ★★ ('16, Biography) 'PG-13' (04) Catch a Fire ('06)		
	MMAX	309	I Am Number Four 28 Days Later ('02, Horror) Cillian Murphy 'R' (10:54) 28 Weeks Later ('07) 'R' (35) Deep Impact ★★ ('98, Drama) 'PG-13' (37) Super 8 ★★ ('11) 'PG-13'			(10:54) 28 Weeks Later ('07) 'R' (35) Deep Impact ★★ ('98, Drama) 'PG-13' (37) Super 8 ★★ ('11) 'PG-13'			(10:54) 28 Weeks Later ('07) 'R' (35) Deep Impact ★★ ('98, Drama) 'PG-13' (37) Super 8 ★★ ('11) 'PG-13'			(10:54) 28 Weeks Later ('07) 'R' (35) Deep Impact ★★ ('98, Drama) 'PG-13' (37) Super 8 ★★ ('11) 'PG-13'			(10:54) 28 Weeks Later ('07) 'R' (35) Deep Impact ★★ ('98, Drama) 'PG-13' (37) Super 8 ★★ ('11) 'PG-13'		
SHOWTIME	SHO-E	318	Stillwater ('21) 'R' The Contractor ('22, Action) 'R' (45) The Chi (45) Ida Red ('21, Crime Drama) 'R' (35) Pulp Fiction ('94, Crime Drama) John Travolta 'R'			(45) The Chi (45) Ida Red ('21, Crime Drama) 'R' (35) Pulp Fiction ('94, Crime Drama) John Travolta 'R'			(45) The Chi (45) Ida Red ('21, Crime Drama) 'R' (35) Pulp Fiction ('94, Crime Drama) John Travolta 'R'			(45) The Chi (45) Ida Red ('21, Crime Drama) 'R' (35) Pulp Fiction ('94, Crime Drama) John Travolta 'R'			(45) The Chi (45) Ida Red ('21, Crime Drama) 'R' (35) Pulp Fiction ('94, Crime Drama) John Travolta 'R'		
	SHO2	320	Braveheart ('95) 'R' Crisis ('21, Suspense) Gary Oldman 'R' Shooter ('07, Action) Mark Wahlberg 'R' (10) Bad Santa 2 ('16, Comedy) 'R' (45) Beverly Hills Ninja ★ ('97)			(10) Bad Santa 2 ('16, Comedy) 'R' (45) Beverly Hills Ninja ★ ('97)			(10) Bad Santa 2 ('16, Comedy) 'R' (45) Beverly Hills Ninja ★ ('97)			(10) Bad Santa 2 ('16, Comedy) 'R' (45) Beverly Hills Ninja ★ ('97)			(10) Bad Santa 2 ('16, Comedy) 'R' (45) Beverly Hills Ninja ★ ('97)		
	SHOBET	321	Set It Off ('96) 'R' The Chi Man Who Fell New York Ninja ('21, Action) 'NR' (35) Pimp ('18, Crime Drama) 'NR' Tangerine ('15, Comedy-Drama) 'R' Rafiki ('18)			(35) Pimp ('18, Crime Drama) 'NR' Tangerine ('15, Comedy-Drama) 'R' Rafiki ('18)			(35) Pimp ('18, Crime Drama) 'NR' Tangerine ('15, Comedy-Drama) 'R' Rafiki ('18)			(35) Pimp ('18, Crime Drama) 'NR' Tangerine ('15, Comedy-Drama) 'R' Rafiki ('18)			(35) Pimp ('18, Crime Drama) 'NR' Tangerine ('15, Comedy-Drama) 'R' Rafiki ('18)		
	SHOX	322	RoboCop ('87) 'R' The Terminator ('84, Science Fiction) 'R' The Original Kings of Comedy ('00) 'R' Martin Lawrence Live: Runteldat (45) Under the Skin ('13) 'R'			(45) Under the Skin ('13) 'R'			(45) Under the Skin ('13) 'R'			(45) Under the Skin ('13) 'R'			(45) Under the Skin ('13) 'R'		
STARZ	SHOS	323	Lady Bird ('17, Comedy-Drama) 'R' (35) Vampire Academy ('14, Fantasy) 'PG-13' Crank ★★ ('06, Action) 'R' Woodshock ★ ('17, Drama) 'R' (40) Last of the Grads ('21) 'NR'			(40) Last of the Grads ('21) 'NR'			(40) Last of the Grads ('21) 'NR'			(40) Last of the Grads ('21) 'NR'			(40) Last of the Grads ('21) 'NR'		
	TMC	327	The Djinn ('21) 'R' 13 Fanboy ('21, Horror) 'NR' (45) Silent Hill: Revelation ('12, Horror) 'R' (20) 13 Fanboy ('21, Horror) 'NR' (05) Silent Hill: Revelation ('12) 'R' Lobster			(20) 13 Fanboy ('21, Horror) 'NR' (05) Silent Hill: Revelation ('12) 'R' Lobster			(20) 13 Fanboy ('21, Horror) 'NR' (05) Silent Hill: Revelation ('12) 'R' Lobster			(20) 13 Fanboy ('21, Horror) 'NR' (05) Silent Hill: Revelation ('12) 'R' Lobster			(20) 13 Fanboy ('21, Horror) 'NR' (05) Silent Hill: Revelation ('12) 'R' Lobster		
	FLIX-E	333	Bill & Ted's Excellent Adventure Summer School ('87) 'PG-13' (15) Better Off Dead ★★ ('85, Comedy) 'PG' Car Wash ('76, Comedy) 'PG' (45) Dirty Pretty Things ('02) 'R'			(15) Better Off Dead ★★ ('85, Comedy) 'PG' Car Wash ('76, Comedy) 'PG' (45) Dirty Pretty Things ('02) 'R'			(15) Better Off Dead ★★ ('85, Comedy) 'PG' Car Wash ('76, Comedy) 'PG' (45) Dirty Pretty Things ('02) 'R'			(15) Better Off Dead ★★ ('85, Comedy) 'PG' Car Wash ('76, Comedy) 'PG' (45) Dirty Pretty Things ('02) 'R'			(15) Better Off Dead ★★ ('85, Comedy) 'PG' Car Wash ('76, Comedy) 'PG' (45) Dirty Pretty Things ('02) 'R'		
STARZ	ENCR-E	340	Mrs. Doubtfire ('93) Twins ★★ ('88, Comedy) 'PG' (10:50) Thor: The Dark World ('13) 'PG-13' (12:46) Jumpin' Jack Flash ('86) 'R' (34) Grown Ups 2 ★ ('13) 'PG-13'			(10:50) Thor: The Dark World ('13) 'PG-13' (12:46) Jumpin' Jack Flash ('86) 'R' (34) Grown Ups 2 ★ ('13) 'PG-13'			(10:50) Thor: The Dark World ('13) 'PG-13' (12:46) Jumpin' Jack Flash ('86) 'R' (34) Grown Ups 2 ★ ('13) 'PG-13'			(10:50) Thor: The Dark World ('13) 'PG-13' (12:46) Jumpin' Jack Flash ('86) 'R' (34) Grown Ups 2 ★ ('13) 'PG-13'			(10:50) Thor: The Dark World ('13) 'PG-13' (12:46) Jumpin' Jack Flash ('86) 'R' (34) Grown Ups 2 ★ ('13) 'PG-13'		
	STARZ-E	350	Becoming Elizabeth (02) About Time ('13, Romance-Comedy) 'R' (09) P-Valley Demethrius (17) Alien ('79, Science Fiction) Tom Skerritt 'R' (17) P-Valley Demethrius Men			(09) P-Valley Demethrius (17) Alien ('79, Science Fiction) Tom Skerritt 'R' (17) P-Valley Demethrius Men			(09) P-Valley Demethrius (17) Alien ('79, Science Fiction) Tom Skerritt 'R' (17) P-Valley Demethrius Men			(09) P-Valley Demethrius (17) Alien ('79, Science Fiction) Tom Skerritt 'R' (17) P-Valley Demethrius Men			(09) P-Valley Demethrius (17) Alien ('79, Science Fiction) Tom Skerritt 'R' (17) P-Valley Demethrius Men		
	STRZED	352	American Gangster P-Valley Demethrius (07) Guess Who ★★ ('05, Comedy) 'PG-13' (11:55) P-Valley (02) Spiral: From the Book of Saw (38) Becoming Elizabeth Knight Tile			(11:55) P-Valley (02) Spiral: From the Book of Saw (38) Becoming Elizabeth Knight Tile			(11:55) P-Valley (02) Spiral: From the Book of Saw (38) Becoming Elizabeth Knight Tile			(11:55) P-Valley (02) Spiral: From the Book of Saw (38) Becoming Elizabeth Knight Tile			(11:55) P-Valley (02) Spiral: From the Book of Saw (38) Becoming Elizabeth Knight Tile		
	STRZCI	353	Julie & Julia ('09, Comedy-Drama) 'PG-13' Becoming Elizabeth Toni Erdmann ★★ ('16, Comedy-Drama) Peter Simonischek 'R' Ghislaine (39) The Foot Fist Way ('06) 'R'			(39) The Foot Fist Way ('06) 'R'			(39) The Foot Fist Way ('06) 'R'			(39) The Foot Fist Way ('06) 'R'			(39) The Foot Fist Way ('06) 'R'		
EPIX	STRZCO	354	Date Movie ★ ('06) 'PG-13' (25) Scott Pilgrim vs. the World ('10) 'PG-13' Larry the Cable Guy (12:53) The Climb ('19) 'R' (33) The Last Shift ★★ ('20) 'R'			(25) Scott Pilgrim vs. the World ('10) 'PG-13' Larry the Cable Guy (12:53) The Climb ('19) 'R' (33) The Last Shift ★★ ('20) 'R'			(25) Scott Pilgrim vs. the World ('10) 'PG-13' Larry the Cable Guy (12:53) The Climb ('19) 'R' (33) The Last Shift ★★ ('20) 'R'			(25) Scott Pilgrim vs. the World ('10) 'PG-13' Larry the Cable Guy (12:53) The Climb ('19) 'R' (33) The Last Shift ★★ ('20) 'R'			(25) Scott Pilgrim vs. the World ('10) 'PG-13' Larry the Cable Guy (12:53) The Climb ('19) 'R' (33) The Last Shift ★★ ('20) 'R'		
	STRZIB	355	(02) Naked Singularity ('21) 'R' (38) Fallen ★★ ('98, Suspense) 'R' (45) Death of a Telemarketer ('20) 'R' (17) The Bone Collector ('99, Suspense) 'R' How Stell			(38) Fallen ★★ ('98, Suspense) 'R' (45) Death of a Telemarketer ('20) 'R' (17) The Bone Collector ('99, Suspense) 'R' How Stell			(38) Fallen ★★ ('98, Suspense) 'R' (45) Death of a Telemarketer ('20) 'R' (17) The Bone Collector ('99, Suspense) 'R' How Stell			(38) Fallen ★★ ('98, Suspense) 'R' (45) Death of a Telemarketer ('20) 'R' (17) The Bone Collector ('99, Suspense) 'R' How Stell			(38) Fallen ★★ ('98, Suspense) 'R' (45) Death of a Telemarketer ('20) 'R' (17) The Bone Collector ('99, Suspense) 'R' How Stell		
	STRZKF	356	Flicka ★★ ('06, Children's) 'PG' (36) Keeping Up With the Steins (07) On the Line ★★ ('01) 'PG' (34) Dudley Do-Right ('99) 'PG' (1:58) Combat Wombat ('20) 'NR' Adv Tom			(36) Keeping Up With the Steins (07) On the Line ★★ ('01) 'PG' (34) Dudley Do-Right ('99) 'PG' (1:58) Combat Wombat ('20) 'NR' Adv Tom			(36) Keeping Up With the Steins (07) On the Line ★★ ('01) 'PG' (34) Dudley Do-Right ('99) 'PG' (1:58) Combat Wombat ('20) 'NR' Adv Tom			(36) Keeping Up With the Steins (07) On the Line ★★ ('01) 'PG' (34) Dudley Do-Right ('99) 'PG' (1:58) Combat Wombat ('20) 'NR' Adv Tom			(36) Keeping Up With the Steins (07) On the Line ★★ ('01) 'PG' (34) Dudley Do-Right ('99) 'PG' (1:58) Combat Wombat ('20) 'NR' Adv Tom		
EPIX	EPIX	380	House of Gucci ★★ ('21, Drama) Lady Gaga (40) Kiss the Girls ★★ ('97, Mystery) (40) House of Gucci ★★ ('21, Drama) Lady Gaga, Adam Driver Sex Life			(40) Kiss the Girls ★★ ('97, Mystery) (40) House of Gucci ★★ ('21, Drama) Lady Gaga, Adam Driver Sex Life			(40) Kiss the Girls ★★ ('97, Mystery) (40) House of Gucci ★★ ('21, Drama) Lady Gaga, Adam Driver Sex Life			(40) Kiss the Girls ★★ ('97, Mystery) (40) House of Gucci ★★ ('21, Drama) Lady Gaga, Adam Driver Sex Life			(40) Kiss the Girls ★★ ('97, Mystery) (40) House of Gucci ★★ ('21, Drama) Lady Gaga, Adam Driver Sex Life		
	EPIX2	381	The Lost City ★★ ('22, Romance-Comedy) (9:55) Love and Monsters ('20) (45) Galaxy Quest ('99, Comedy) Tim Allen In & Out ('97, Comedy) Kevin Kline Summer Days			(9:55) Love and Monsters ('20) (45) Galaxy Quest ('99, Comedy) Tim Allen In & Out ('97, Comedy) Kevin Kline Summer Days			(9:55) Love and Monsters ('20) (45) Galaxy Quest ('99, Comedy) Tim Allen In & Out ('97, Comedy) Kevin Kline Summer Days			(9:55) Love and Monsters ('20) (45) Galaxy Quest ('99, Comedy) Tim Allen In & Out ('97, Comedy) Kevin Kline Summer Days			(9:55) Love and Monsters ('20) (45) Galaxy Quest ('99, Comedy) Tim Allen In & Out ('97, Comedy) Kevin Kline Summer Days		
	EPIXH	382	Spell ('20, Horror) Omari Hardwick (35) A House on the Bayou ('21) (05) American Refugee ('21) (40) Gretel & Hansel ('20, Horror) Paranormi-Marked Haunting			(35) A House on the Bayou ('21) (05) American Refugee ('21) (40) Gretel & Hansel ('20, Horror) Paranormi-Marked Haunting			(35) A House on the Bayou ('21) (05) American Refugee ('21) (40) Gretel & Hansel ('20, Horror) Paranormi-Marked Haunting			(35) A House on the Bayou ('21) (05) American Refugee ('21) (40) Gretel & Hansel ('20, Horror) Paranormi-Marked Haunting			(35) A House on the Bayou ('21) (05) American Refugee ('21) (40) Gretel & Hansel ('20, Horror) Paranormi-Marked Haunting		
	EPIXDR	292	Wayne's World 2 ('93, Comedy) So I Married an Axe Murderer Throw Momma From the Train (40) A Night at the Roxbury ('98) (05) She's Out of My League ★★ ('10)			(05) She's Out of My League ★★ ('10)			(05) She's Out of My League ★★ ('10)			(05) She's Out of My League ★★ ('10)			(05) She's Out of My League ★★ ('10)		
AMERICA'S TOP PROGRAMMING																	
A&E	118	The First 48		First Blood (N)		Panic 9-1-1 (N)		(04) The First 48 Missing		The First 48		(03) First Blood		(04) Panic 9-1-1		(05) The First 48 Missing	
AHC	195	The Mob Cops		Mafia's Greatest Hits		Mafia's Greatest Hits		Mafia's Greatest Hits		The Mob Cops		Mafia's Greatest Hits		Mafia's Greatest Hits		Mafia's Greatest Hits	
AMC	131	Sixteen Candles ('84, Comedy) Molly Ringwald		Fast Times at Ridgemont High ('82, Comedy)		Road House ★★ ('89, Action) Patrick Swayze, Kelly Lynch		The Outsiders ('83, Drama)									
APL	184	River Monsters: Deadliest Man-Eaters (N)		Shark Academy (N)		River Monsters		River Monsters: Deadliest Man-Eaters		Shark Academy		River Monsters					
AXSTV	167	Darkness on the Edge of Town		The Making of Darkness on the Edge of Town		Tom Petty: Live From Gatorville The band performs.		AXS TV		Legends		Top Ten		Top Ten			
BBCA	135	Planet Earth: Dynasties		Willy Wonka and the Chocolate Factory ('71, Children's)		Willy Wonka and the Chocolate Factory ('71, Children's)		Monty Python and the Holy Grail ('75)									
BET	124	Next Friday ★★ ('00, Comedy) Ice Cube, Mike Epps		Friday After Next ★ ('02, Comedy) Ice Cube, Mike Epps		Martin		Martin		Martin		Martin					
BOUNCE	359	Johnson	Johnson	Johnson	Johnson	The Losers ('10, Action) Jeffrey Dean Morgan		Swordfish ★★ ('01, Suspense) John Travolta		Along Came a Spider ★★ ('01, Mystery)							
BRAVO	129	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck	
BUZZR	245	Match-Squares		Super Pass, Super Pass.		Sweep Sweep		Match-Squares		Super Pass, Super Pass.		Sweep Sweep		Tell Truth Tell Truth		Password Password	
CHD	249	Crime 360 Senseless		Crime 360		Crime 360 Overkill		Crime 360		Crime 360 Senseless		Crime 360		Crime 360 Overkill		Crime 360	
CMT	166	The Goonies ('85, Children's) Sean Astin		Gremlins ★★ ★ ('84, Fantasy) Zach Galligan		Ghostbusters II ★★ ('89, Comedy) Bill Murray		Housewife		Housewife							
CNBC	208	Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		Paid Programs		American Greed			
CNN	200	CNN Newsroom		Citizen Ashe ('21, Documentary) Billie Jean King		The Nineties		The Nineties		The Movies The Eighties (Part 1 of 6)		CNN Newsroom Live (N)					
COM	107	The Office The Office		The Office The Office		The Office The Office		The Office The Office		South Park South Park		South Park South Park		South Park South Park		South Park South Park	
COMET	289	Sharktopus		Tales of Terror ('62, Horror) Vincent Price		The Terror ★ ('63, Horror) Boris Karloff		The Pit and the Pendulum ('61, Horror)		Paid Programs							
COOK	113	Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America	
DISC	182	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid	
DFC	179	Cake Boss Cake Boss		Cake Boss Cake Boss		Cake Boss Cake Boss		Cake Boss Cake Boss		Cake Boss Cake Boss		Cake Boss Cake Boss		Cake Boss Cake Boss		Ultimate Cake Off	
DISN-E	172	Big City Big City		Ghost Ghost		Big City Big City		Big City Ladybug		Ladybug Ladybug		Jessie Jessie		Jessie Raven		Raven Jessie	
ENCR-W	341	Tomorrorland ('15, Science Fiction) 'PG' (9:51) Mrs. Doubtfire ('93, Children's) 'PG'		Twins ★★ ★ ('88, Comedy) 'PG'		(1:50) Thor: The Dark World ('13) 'PG-13'											
EWESTN	342	Ulzana's Raid ('72, Western) 'R' (21) The Ballad of Josie ('68) 'NR'		Hawk-River		Lights of Old		(12:57) Yankee Fakir		(09) Ride Beyond Vengeance ★★ ('66) 'NR'							
EACTN	343	Paul ★★ ★ ('11, Comedy) Simon Pegg 'R' (9:46) Skyline ★★ ('10) 'PG-13'		(22) Attack the Block ('11) 'R'		(12:54) Snow White and the Huntsman ('12) (04) Beneath Us ('19)											
ESUSP	344	Masquerade ('21) 'NR' Escape Room ('19, Horror) 'PG-13' (42) The Amityville Horror ('05) 'R' (12:14) The Unholy ★ ('21, Horror) 'PG-13'		Rise of the Planet of the Apes		Starz Inside											
EBLACK	345	Stomp Stomp the Yard: Homecoming		A Time to Kill ★★ ★ ('96, Drama) Sandra Bullock 'R' (34) The 24th ('20, Historical Drama) 'NR'		The Brothers ★★ ★ ('01) 'R'											
ECLASS	346	The Cable Guy ('96) Trading Places ('83, Comedy) Dan Aykroyd 'R' (10:59) The Secret of My Success ('87) 'PG-13'		(12:52) Pretty in Pink ('86) 'PG-13'		(32) Teaching Mrs. Tingle ('99)											
EFAMLY	347	Flipper ('96, Children's) 'PG' (37) This Is the Year ('20, Comedy-Drama) 'NR' (17) That Thing You Do! ('96) 'PG'		(06) Good Burger ('97) 'PG'		(43) Christmas at Cattle Hill ('20)											
ESPN	140	UFC 276: Adesanya vs. Cannonier - Prelims (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter			
ESPN2	143	NFL Football: Alouettes at Roughriders		30 for 30		30 for 30		Streetball		Streetball		E60		Prelims			
EWTN	261	Maria Goretti ('03, Biography)		Pier		Living Right		Web/Faith Bookmark		Daily Mass		Fr. Spitzer's Universe		Living Saints		Saint Benedict	
FETV	82	Perry Mason Returns ★★ ★ ('85, Mystery)		Emergency! Promise		Emergency!		B. Miller B. Miller		Mannix		Mannix		Emergency! Promise			
FMC	387	Harriet Craig ('50, Drama) Joan Crawford		Affair in Trinidad ('52, Drama) Rita Hayworth		The Little Princess ('39, Drama) Shirley Temple		Little Men ('40, Drama) Kay Francis		El Diablo							
FNC	205	One Nation		Dan Bongino		Lawrence Jones		One Nation		Dan Bongino		Lawrence Jones		One Nation		Dan Bongino	
FOOD	110	Guy's Trip Guy's Trip		Guy's Trip Guy's Trip		Diners Diners		Diners Diners		Guy's Trip Guy's Trip		Diners Diners		Diners Diners		Guy's Trip Guy's Trip	
FREFM	180	The Office The Office		The Office The Office		The Office The Office		Pirates of the Caribbean: On Stranger Tides ★★ ★ ('11, Adventure)		Paid Programs							
FS1	150	Major League Rugby		USFL Football Philadelphia Stars vs New Jersey Generals Semifinal.		MLB Baseball San Diego Padres at Los Angeles Dodgers		MLB Baseball									

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
AMERICA'S TOP PROGRAMMING																			
FX	136	Despicable Me 3 (17)				Despicable Me 3 ★★ (17, Children's)			Sing (16, Children's)			Voices of Matthew McConaughey			Mike and Dave Need Wedding Dates (16)			Shadows	
FXM	384	Bloodshot (20, Action) PG-13			Independence Day: Resurgence ★★ (16) PG-13					(11:50) Speed (94, Action) Keanu Reeves 'R'			(10) The Shallows (16, Suspense) PG-13						
FXX	125	Family Guy Family Guy		Family Guy Family Guy		Family Guy Family Guy		Family Guy Family Guy		Archer Archer		Archer Archer		Archer Dave		Dave Jail FXM Pres.			
GETTV	373	Walker, Texas Ranger			Walker, Texas Ranger			The Rockford Files		The Rockford Files		Kojak Slay Ride		Kojak Nursemaid		Hart to Hart			
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	Idiotest	Idiotest		
GOLF	401	PGA Tour Golf John Deere Classic, Third Round						DP Tour Golf			Golf Central			PGA Tour Golf John Deere Classic, Third Round					
GRIT	217	The Outlaw Josey Wales ★★★ (76, Western) Clint Eastwood						The Long Riders ★★★ (80, Western) David Carradine			Chino ★★ (73, Western) Charles Bronson, Jill Ireland								
HALL	185	On the 12th Date of Christmas (20)				A Christmas Treasure (21, Romance)				Gold Girls Gold Girls		Gold Girls Gold Girls		Frasier Frasier		Frasier Frasier			
HALLDR	186	A Walton Wedding			A Walton Easter (97, Drama) Richard Thomas			The Waltons		The Waltons		The Waltons The Car			The Waltons		The Waltons		
HALLMV	187	Moonlight in Vermont			In the Key of Love (19, Romance) Laura Osnes					Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk			
HDMOV	130	Great Esc (20) The Crow (94, Action)				(15) Gerry ★★ (02, Drama) Casey Affleck			(12:10) The Crow (94, Action) Brandon Lee			(05) Gerry ★★ (02, Drama) Casey Affleck							
HERIC	293	Tour of Duty			Tour of Duty			Combat!		Combat! A Day in June		Rat Patrol Rat Patrol		12 O'Clock High		Rat Patrol Rat Patrol		The District Cop Hunt	
HGTV	112	Fixer to Fabulous			Fixer to Fabulous			Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous	
HIST	120	American Pickers			(02) American Pickers			(05) American Pickers		(05) American Pickers		(12:03) American Pickers		(04) American Pickers		(06) American Pickers		(05) American Pickers	
ID	192	Betrayed			Betrayed Final Curtain			Betrayed		Affairs Deadly		Betrayed		Betrayed		Affairs Deadly		Betrayed	
IFC	133	Rocky III Rocky IV ★★ (85, Drama) Sylvester Stallone			Rocky V ★★ (90, Drama) Sylvester Stallone, Talia Shire					Rocky Balboa (06, Drama) Sylvester Stallone			Stooges SBTB						
LAFF	237	RV (06, Children's)			Robin Hood: Men in Tights (93, Comedy) Cary Elwes					RV ★★ (06, Children's) Robin Williams			Bernie Mac		Hates Chris Hates Chris		Paid Programs		
LIFE	108	Jailbreak Lovers (22, Drama) Catherine Bell			TextMeWhen			Sleeping With a Killer		(12:01) Jailbreak Lovers (22, Drama)			TextMeWhen			Sleeping With a Killer			
LMN	109	Stolen in Her Sleep (22, Suspense)			The Baby Stealer (20, Suspense) Sara Mitich					(12:01) Stolen in Her Sleep (22, Suspense)			The Baby Stealer (20, Suspense) Sara Mitich						
MAGN	111	Fixer Upper: Welcome			Fixer Upper: Welcome			Fixer Upper		Fixer Upper		Fixer Upper: Welcome			Fixer Upper		Fixer Upper: Welcome		
MGMHD	385	Deuces Wild (02, Crime Drama) Stephen Dorff			(10) Benny & Joon (93, Romance-Comedy) Johnny Depp					(20) My Beautiful Laundrette ★★ (85)			The Children's Hour (61, Drama)						
MOTOR	246	Full Custom Garage			Full Custom Garage			Garage Garage		Auto/Biography		Full Custom Garage		Garage Garage		Auto/Biography		Full Custom Garage	
MSNBC	209	Ayman (L)			Ayman (L)			Voices-Alicia Menendez		Ayman		Ayman		Dateline		Dateline		Dateline	
NATGEO	197	To Catch a Smuggler			Smuggler Smuggler		To Catch a Smuggler		To Catch a Smuggler		Smuggler Smuggler		To Catch a Smuggler		To Catch a Smuggler		Drugs, Inc.: The Fix		
NGWLD	190	Heartland Docs, DVM			Heartland Docs, DVM			Heartland Docs, DVM (N)		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Paid Programs	
OUTD	396	Das Boat Fishmonger			McLintock! ★★★ (63, Western) John Wayne					McLintock! ★★★ (63, Western) John Wayne			Hollywood American		Gun Stories Gunfather				
OWN	189	Love & Marriage			Love & Marriage: DC (N) Nightcap Nightcap			Love & Marriage		Love & Marriage: DC		Nightcap Nightcap		Love & Marriage		Love & Marriage			
OXYG	127	Murdered by Morning (N)			Snapped Nena Bolton			Homicide Hol		Homicide Hol		Dateline: Secrets Uncovered			Murdered by Morning		Dateline (Part 1 of 2)		
PARMT	241	Yellowstone			Yellowstone			Yellowstone		Yellowstone		Yellowstone			Movie				
POP	117	NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Scorpion	
REELZ	299	Vegas Jail Vegas Jail			Jail Jail		Jail Jail		Jail Jail		Jail Jail		Jail Jail		Jail Git 'er		Celebrity Celebrity		Paid Programs
RFDTV	231	Stuart Country		Daniel O'Donnell Show			Mollie B Polka Party		Larry's Country Diner		Paid Programs		The Red Skelton Show			Paid Programs			
SCI	193	What on Earth? (N)			What on Earth? (N)			What on Earth? (N)		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?	
SMITH	367	Aerial America			Aerial America			Aerial America		Aerial America Idaho		Aerial America		Aerial America Maine		Aerial America		Aerial America	
SONY	386	Red Water ★★ (03, Suspense) (17) Into the Grizzly Maze (14)			(10:57) Red Water (03, Suspense) (37) Into the Grizzly Maze (14)					(10) Private Lessons (81, Comedy) Starman									
SUND-E	358	(15) Pale Rider ★★ (85, Western) Clint Eastwood, Michael Moriarty			Big Jake ★★ (71, Western) John Wayne, Richard Boone					El Dorado ★★ (67, Western) John Wayne									
SYFY	122	Despicable Me (10) (05) Despicable Me 2 ★★ (13, Children's)			(15) Transformers: Dark of the Moon ★★ (11, Action) Shia LaBeouf, Josh Duhamel					(248) The Host (13)									
TBN	260	Huckabee (N)			Mike Rowe Hour Power: Schuller Youseff			Huckabee		Mike Rowe L. Fontaine		Rubin Mother's Day		Believe		Praise			
TBS	139	Independence Day			Big Bang Big Bang			Big Bang Big Bang		Wipeout		Wipeout		Ready Player One ★★ (18, Science Fiction) Tye Sheridan					
TCM	132	Funny Face ★★ (57, Musical Comedy)			Belle de Jour (67, Drama) Catherine Deneuve					The Strange One (57, Drama) Ben Gazzara			Reflections in a Golden Eye (67, Drama)						
TLC	183	Dr. Pimple Popper			Dr. Pimple Popper			Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper	
TMC-W	329	Striptease (96) 'R'			The Exchange (21, Comedy) 'NR' (35) The Djinn (21, Horror) 'R'					13 Fanboy (21, Horror) 'NR'			(45) Silent Hill: Revelation (12, Horror) 'R'			13 Fanboy			
TNT	138	Star Wars: Jedi			Star Wars: The Rise of Skywalker (19, Science Fiction) Carrie Fisher					(12:03) Star Wars: The Last Jedi ★★ (17, Science Fiction) Mark Hamill			Star Wars:						
TRU	242	Imp. Jokers Imp. Jokers			Jokes Jokes		Jokes Jokes		Jokes Imp. Jokers		Jokes Jokes		Jokes Imp. Jokers		Jokes Jokes		Jokes Jokes		
TRVL	196	Ghost Hunters			Ghost Hunters (N)			Portals to Hell (N)		Portals to Hell		Ghost Hunters		Ghost Hunters		Portals to Hell		Portals to Hell	
TVLND	106	Mom Mom		Two Men Two Men		Two Men Two Men		Two Men Two Men		Two Men Two Men		Two Men Two Men		Two Men Two Men		Two Men Two Men		Christine Christine	
UP	188	Love Begins (11)			Love's Everlasting Courage ★★ (10, Drama)					Love's Christmas Journey (Part 1 of 2)			Love's Christmas Journey (Part 2 of 2)					Paid Programs	
USA	105	Fast Five (11, Action)			(15) Fast Five ★★ (11, Action) Vin Diesel, Paul Walker					Fast Lane Chrysler			Chicago P.D. Endings		Chicago P.D. Bad Boys		Chicago P.D.		
WE	128	NCIS Thirst			NCIS Devil's Triangle			NCIS (Part 1 of 2)		NCIS (Part 2 of 2)		NCIS Sins of the Father			Law Order: CI		Monk		
LOCAL NETWORKS																			
ABC-E		Funniest Home Videos			Shark Tank			The Rookie		Local Programs									
CBS-E		Auto Racing Camping World SRX Series (L)			48 Hours (N)			Local Programs											
CW-E		Whose Line/Would I			Masters of Masters of			Local Programs											
FOX-E		MLB Baseball Regional Coverage (L)			Local Programs														
NBC-E		Transplant Locked (N) Dateline NBC			Local Prog. (29) Saturday Night Live								1st Look House		House		Local Programs		
METV	247	Svengoolie Attack of the Puppet People			Svento (N) Batman			Star Trek		Kolchak: Night Stalker		Lost in Space		Voyage/Bottom of Sea/Land of the Giants					
ABC-W		Local Programs			News			Local Programs		Funniest Home Videos		Shark Tank		The Rookie		Local Programs			
CBS-W		Auto Racing Camping World SRX Series (L)			Local Programs														
CW-W		Local Programs			Local Programs								Whose Line/Would I		Masters of Masters of		Local Programs		
FOX-W		MLB Baseball (L)			Local Programs														
NBC-W		Local Prog./News			Local Programs			Local Programs		Transplant Locked (N) Dateline NBC			Local Prog. (29) Saturday Night Live						
PBS		Independent Lens			Bridging the Divide			Finding Your Roots		Austin City Limits		NOVA		Nature		Planet California		Hiding in Plain	

		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
EASTERN		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
PREMIUM MOVIES																					
HBO	HBO-E	310	Little Miss Sunshine (4:48) Leap Year ★★ ('10) 'PG'				The Bourne Identity '02, Action) 'PG-13'				Tig Notaro: Drawn		(25) What to Expect When You're Expecting (20) Snitch								
	HBO2	312	Domino ★★ ('05, Action) Keira Knightley 'R' Queen of the World (6:55) Man of Steel ('13, Action) Henry Cavill 'PG-13'				(20) Ride Along ★★ ('14) 'PG-13'				Sam Jay		Little								
	HBO5	314	Stranger (35) I'll See You in My Dreams (15) Getting Played ('05) 'PG-13' (40) Tyler Perry's Why Did I Get Married? (40) One for the Money ★★ ('12) Last Week Tonight-John				(27) The Wild Thornberrys Movie Rugsats Go Wild ('03)														
	HBOF	315	(08) Defending Your Life ('91, Comedy) 'PG' The Freshman ('90, Comedy) 'PG' (43) Prancer ('89, Children's) Sam Elliott 'G' (27) The Wild Thornberrys Movie Rugsats Go Wild ('03)																		
MAX	MAX	307	(02) Red Eye ★★ ★★ ('05) 'PG-13' (29) Devil's Due ('14, Horror) 'R' Julia ★★ ★★ ('08, Drama) Tilda Swinton, Saul Rubinek 'R' (26) Shallow Grave ('95) 'R' The Uninvited ('09)																		
	5MAX	308	Catch a Fire ('06) (4:46) The Secret Life of Bees ('08) (36) The Day After Tomorrow ('04) 'PG-13' (40) The Yellow Birds ('17, War) 'R' (16) Welcome to Mooseport ('04)																		
	MMAX	309	Super 8 (29) R.I.P.D. ('13, Action) 'PG-13' (05) Life of Pi ★★ ★★ ('12, Adventure) 'PG' (13) Dirty Rotten Scoundrels ★★ ★★ ('88) 'PG' (04) The Brothers Grimm ('05, Fantasy) 'PG-13'																		
SHOWTIME	SHO-E	318	Man Who Fell (05) Debug ('14) 'NR' (35) Stillwater ★★ ★★ ('21, Drama) Matt Damon 'R' Man Who Fell Man Who Fell Man Who Fell																		
	SHO2	320	(15) The War With Grandpa ★★ ('20) 'PG' (5:50) Bowfinger ('99) 'PG-13' The Contractor ('22, Action) 'R' (15) Minority Report ★★ ★★ ('02, Science Fiction) 'PG-13' Mission 3																		
	SHOBET	321	Rafiki ('18) 'NR' Spotlights (20) Working Man ('19, Drama) 'NR' (20) The Fits ('15) 'NR' (35) Girlhood ('14, Drama) Karidja Touré 'NR' Dirty Pretty Things ('02) 'R'																		
	SHOX	322	Under Skin (35) Cypress Hill: Insane in the Brain (05) 7 Days in Entebbe ('18, Suspense) John Cusack 'PG-13' (7:55) Hard Eight ('96, Drama) 'R' (40) The Dry ('20, Crime Drama) Eric Bana 'R' Mad Max																		
	SHOS	323	Grads (35) The Hummingbird Project ('18, Drama) 'R' Indiana Jones and the Raiders of the Indiana Jones and the Temple of Doom ('84) Indiana Jones-Last Crusade																		
	TMC	327	The Lobster ('15) Colin Farrell 'R' (40) Lola The Lovers ('17) Debra Winger 'R' (40) Letters to Juliet ★★ ('10, Drama) 'PG' (25) Philomena ('13) 'PG-13' The Florida Project 'R'																		
	FLIX-E	333	Dirty Scrambled A Case of You ('13) Justin Long 'R' (35) Stir Crazy ('80, Comedy) Gene Wilder 'R' The Jerk ★★ ★★ ('79, Comedy) 'R' (15) Sleepy Hollow ★★ ★★ ('99, Horror) 'R'																		
STARZ	ENCR-E	340	Grown 2 (18) Dear God ('96, Comedy) 'PG' (14) Jumanji: Welcome to the Jungle ('17) 'PG-13' (17) Heaven Is for Real ('14) 'PG' Rawhide ('51, Western) 'NR' Tomorrow																		
	STARZ-E	350	Men in Black: International ('19) Escape Room: Tournament (6:55) About Time ('13, Romance-Comedy) 'R' (02) Elizabeth: The Golden Age ('07) 'PG-13' Becoming Elizabeth																		
	STRZED	352	A Knight's Tale ★★ ('01, Action) 'PG-13' (5:54) Tyler Perry's The Family That Preys ('08) (7:46) Don't Breathe 2 ('21) 'R' (27) The Equalizer 2 ★★ ('18, Action) 'R' Becoming																		
	STRZCI	353	(06) The Father ('20) 'PG-13' (45) Runaway Jury ('03, Suspense) John Cusack 'PG-13' (7:55) The Hurricane ('99, Drama) Denzel Washington 'R' (23) Toni Erdmann ('16) 'R'																		
	STRZCO	354	(06) Notting Hill ('99) Julia Roberts 'PG-13' (12) How to Deter a Robber ('20) (38) This Is the End ★★ ★★ ('13, Comedy) 'R' (27) The Climb ★★ ★★ ('19) 'R' (07) Notting Hill ('99)																		
	STRZIB	355	How Stella Got Her Groove Back (24) Fallen ★★ ('98, Suspense) 'R' Held Up ★ ('00, Comedy) 'PG-13' The Soloist ('09, Drama) Jamie Foxx 'PG-13' How Stella Got																		
	STRZKF	356	Adv Tom (41) Dreambuilders ('20) 'NR' (02) The Little Rascals ('94) 'PG' (25) Elephant Kingdom ('16) 'PG' (07) Capture the Flag ('15) 'PG' (43) House Arrest ★★ ('96) 'PG'																		
EPIX	EPIX	380	Sex Life (20) Breakfast at Tiffany's ('61) (15) Rosemary's Baby ★★ ★★ ('68, Horror) Mia Farrow (35) The Wolf of Wall Street ('13, Biography) Leonardo DiCaprio Gucci																		
	EPIX2	381	Summer Days (4:50) The Mod Squad ('99, Drama) (25) How It Ends ('21) (7:50) Heatwave ('22, Suspense) (35) Love and Monsters ★★ ★★ ('20, Fantasy) Lost City																		
	EPIXH	382	The Haunting ★★ ('99, Horror) Internal Affairs ★★ ★★ ('90, Crime Drama) Pet Sematary ★★ ★★ ('89, Horror) Carrie ★★ ★★ ('76, Horror) Sissy Spacek (10:55) Spell ('20)																		
	EPIXDR	292	42 Days in the Valley ★★ ('96) (35) Danica (45) The Pirates! Band of Misfits (15) Little Man Tate ('91, Drama) Jodie Foster (9:55) Heaven Can Wait ('78) Wayne's-2																		
AMERICA'S TOP PROGRAMMING																					
A&E	118	Paid Programs					The Potter's Tiny House		Tiny House		Tiny House		Living		Living		Living				
AHC	195	Brothels-Built America Godfather of Vegas					Combat Countdown		Combat Countdown		Combat Tech Bombers		Weaponology Bomber		Weaponology		Weaponology				
AMC	131	Outsiders: The Karate Kid ★★ ★★ ('84, Drama) Ralph Macchio					National Lampoon's Vacation ('83, Comedy)		Sixteen Candles ('84, Comedy)		Molly Ringwald		Fast Times								
APL	184	Last Frontier					Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law				
AXSTV	167	Paid Programs					Legends		Paid Prog.		Legends		Legends		Paid Prog.		Lynrd Skynyrd				
BBCA	135	UK PD					UK PD		UK PD		UK PD		UK PD		UK PD		UK PD				
BET	124	Payne					Payne		Payne		Payne		Payne		Payne		Payne				
BOUNCE	359	Along Mann & Inspiration Ministries					Bernie Mac		Bernie Mac		Bernie Mac		Bernie Mac		Bernie Mac		Bernie Mac				
BRAVO	129	Below Deck					Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck				
BUZZR	245	You See It You See It Sharks					In Touch		Key/David		Paid Programs		Wild Amer.		Press Luck		Press Luck				
CIHD	249	Crime 360 Final Call Crime 360 Senseless					Paid Programs		City Confidential		City Confidential		City Confidential		City Confidential		City Confidential				
CMT	166	CMT Music					CMT Music		CMT Music		CMT Music		Hot 20 Countdown		Holiday Salute to the Troops						
CNBC	208	American Greed					Options		Paid Programs								Paid Prog.				
CNN	200	CNN Newsroom Live (N) CNN Newsroom Live (N) New Day Week					New Day Week		Inside Politics		State of the Union With		CNN Special Program		Reliable Sources		Brian				
COM	107	South Park South Park Paid Programs					Seinfeld		Seinfeld		Seinfeld		Seinfeld		Seinfeld		Seinfeld				
COMET	289	Paid Programs															Bradbury				
COOK	113	Paid Programs					Cheap Eats		Cheap Eats		Cheap Eats		Cheap Eats		Best Thing		Best Thing				
DISC	182	Dino Hunters					Locations		Adventure		Retriever		Locations		Naked and Afraid		Naked and Afraid XL				
DFC	179	BathCrash BathCrash Puppies					Puppies		Adventures		Adventures		Transform.		Rescue Bots		Rescue Bots				
DISN-E	172	Bunk'd Jessie Bluey					Bluey		Bluey		Bluey		Big City		Big City		Big City				
ENCR-W	341	Jumplin' Jack Flash ('86) 'R' (34) Grown Ups 2 ★ ('13, Comedy) 'PG-13' (18) Dear God ('96, Comedy) 'PG' (14) Jumanji: Welcome to the Jungle ('17) 'PG-13' Heaven Is																			
EWESTN	342	Blue Steel ('34) 'NR' 4 Guns-Bord. (10) The Domino Kid ('57) 'NR' (25) Texas ('41, Western) 'NR' Centennial (Part 7 of 12) (34) Centennial The Storm																			
EACTN	343	Beneath (33) Dragonheart ★★ ★★ ('96, Fantasy) 'PG-13' (18) Johnny English ('03) 'PG' (7:48) After Earth ('13) 'PG-13' Spy Kids-Time in the World Snow White																			
ESUSP	344	Starz Inside (42) The Trust ('16, Crime Drama) 'R' (17) Hollywoodland ★★ ('06, Mystery) 'R' (26) Inferno ('16, Suspense) Tom Hanks 'PG-13' Rise of the Planet of the Apes																			
EBLACK	345	(15) A Man Apart ★★ ('03, Crime Drama) 'R' (07) Captain Phillips ('13, Docudrama) Tom Hanks 'PG-13' (23) A Time to Kill ★★ ★★ ('96, Drama) Sandra Bullock 'R' (10:55) You Got Served																			
ECLASS	346	(10) Knocked Up ('07, Romance-Comedy) Seth Rogen 'R' (22) Trading Places ★★ ★★ ('83, Comedy) 'R' (21) Pretty in Pink ('86) 'PG-13' Big ★★ ★★ ('88, Children's) Tom Hanks 'PG'																			
EFAMILY	347	The Red Stallion (47) (11) Hook ★★ ★★ ('91, Children's) Dustin Hoffman 'PG' Dr. Seuss' Horton Hears a Who! (02) Sheep and Wolves: Pig Deal The Reef 2: High Tide Burger																			
ESPN	140	SportsCenter				SportsCenter		SportsCenter		Breakfast at Wimbledon (L) 2022 Wimbledon Championships Round of 16 (L)											
ESPN2	143	4UFC 276: Prelims				30 for 30		SportsCenter (L)		SportCtr Formula 1: Grand Prix Sunday (L) 2022 Formula 1 Racing Great Britain Grand Prix (L)											
EWTN	261	EWTN Live				Reform		God		Angelus Heresies		St. Michael Rosary		Sunday Mass (L)		Holy					
FETV	82	Hillbillies				Hillbillies		Gospel		Worship		Perry Stone		In Touch		Wagon Train					
FMC	387	El Diablo (45) Northwest Trail ('45, Western) The Fighting Stallion Sundown Saunders Harriet Craig ('50, Drama) Joan Crawford														Affair in Trinidad ('52, Drama) Rita Hayworth					
FNC	205	Lawrence Jones				One Nation		FOX and Friends Sunday (L)								Maria Bartiromo					
FOOD	110	TBA				Paid Programs		Girl-Farm		Girl-Farm		Valerie's		Valerie's		Pioneer					
FREFM	180	Paid Programs						The Middle		The Middle		The Huntsman: Winter's War ★★ ('16, Fantasy)				Pirates of the Caribbean					
FS1	150	MLB Baseball Boston Red Sox at Chicago Cubs MLB Baseball San Diego Padres at Los Angeles Dodgers										Best of		Major League Rugby Collegiate Rugby Shield		Motorcycle					

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
AMERICA'S TOP PROGRAMMING																				
FX	136	Shadows	FXM Pres.	Paid Programs				Mom	Mom	Mom	Mom	Downhill ('20, Comedy-Drama) <i>Will Ferrell</i>				Mike and Dave				
FXM	384	Battle of the Sexes ('17) <i>Emma Stone</i> 'PG-13'				Diplomatic Courier ('52) 'NR'		(40) The Quiller Memorandum ('66) 'NR'			The Kremlin Letter ('70, Suspense) 'PG'			Salzburg						
FX	125	Paid Programs						Good Boys ('19, Comedy) <i>Jacob Tremblay</i>			Sausage Party ★★ ('16, Comedy)			Futurama						
GETTV	373	Fantasy Island		Fantasy Island		Inspiration Ministries		World	Jewish Jes	Paid Prog.	Mass	The Quest (Part 1 of 2)		Laredo	Here Come the Brides					
GMSHW	116	Paid Programs										America	America	America	America	Chain Rctn Chain Rctn				
GOLF	401	PGA Tour Golf <i>John Deere Classic, Third Round</i>				Golf Central		Golf Central		DP World Tour Golf <i>Horizon Irish Open, Final Round (L)</i>										
GRIT	217	Paid Programs				Death Vail.		Wichita ★★ ('55, Western) <i>Joel McCrea</i>		Overland Pacific ('54, Western)			McLintock! ★★ ('63, Western) <i>John Wayne</i>							
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Christmas at Pemberley Manor ('18, Romance)						
HALLDR	186	The Waltons		The Waltons		Matlock <i>The Umpire</i>		Matlock <i>The Hucksters</i>		Matlock <i>The Lovelorn</i>			Matlock <i>The Genius</i>		Matlock <i>The Fisherman</i>					
HALLMV	187	Monk		Monk		Monk		Monk		Monk			Monk		Love in Paradise ('16)					
HDMOV	130	Paid Programs							Denver & Rio Grande ('52)			(40) Clintock! ★★ ('63, Western) <i>John Wayne</i>								
HERIC	293	The District <i>Thursday</i>		The District		Eco Co.	Science	Walk Wild	Dragonfly	Family St.	Eat This!	Batman	Batman	Wonder Woman	Superman Superman					
HGTV	112	Paid Programs						Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It				
HIST	120	Paid Programs						Power	Power	The Cars That		The Cars That		The Cars That		The Cars That				
ID	192	Swamp Murders		Swamp Murders		Swamp Murders		Murder- Amish		Murder- Amish		Murder- Amish		Southern Gothic		Southern Gothic				
IFC	133	SBTB	SBTB	SBTB	Saved/Bell	Rocky IV ★★ ('85, Drama) <i>Sylvester Stallone</i>				Rocky V ★★ ('90, Drama) <i>Sylvester Stallone, Talia Shire</i>			Rocky II ★★ ('79, Drama)							
LAFF	237	Paid Programs				The Longshots ('08, Docudrama) <i>Ice Cube</i>				Heartbreakers ★★ ('01, Comedy) <i>Sigourney Weaver</i>						Death Becomes Her				
LIFE	108	Paid Programs						Youseff	Harvest	Amazing	Jeremiah	Joel Osteen	Paid Prog.	Tyler Perry's Acrimony ★★ ('18, Suspense)						
LMN	109	Paid Programs				Stalker's Prey ('17, Suspense) <i>Cynthia Gibb</i>				Deep Blue Nightmare ('20, Suspense)			Deadly Excursion ('19, Suspense)							
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Fixer Upper	Fixer Upper		Fixer Upper		Fixer Upper		Magnolia Workshops (N)					
MGMHD	385	The Children's Hour		(4:50) The White Bus		Studio	MGM HD Showcase		It! The Terror From Beyond Space		X: The Man With the X-Ray Eyes ('63)			(10:50) Mac and Me						
MOTOR	246	FantomWorks		FantomWorks		Bitchin' Rides	Garage Squad		Sam's		Motorhead		Water: We	Roadkill	Garage	Truck U (N)	Car Fix	Garage		
MSNBC	209	Dateline		Dateline <i>The Deed</i>		Mehdi Hasan Show (N)				The Katie Phang Show (L)		Velshi (L)		The Sunday Show With Jonathan Capehart (L)						
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs						Wicked Tuna		Wicked Tuna		Wicked Tuna				
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol				
OUTD	396	Ballistics	Sporting	Outdoors	Driven	Gowdy	Bass	Bill Dance	Match Fish.	Hollywood	Gunfather	Dirt Trax	Thirteen	Territories	Game	Drop Zone	Quests			
OWN	189	Ready to Love		Ready to Love		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday				
OXYG	127	Dateline (Part 2 of 2)		Dateline		Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		Living With a Serial Killer			Living With a Serial Killer		Snapped: Killer Couples					
PARMT	241	Paid Programs						NCIS		NCIS		NCIS		Yellowstone						
POP	117	Scorpion <i>Faire Is Foul</i>		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion		Scorpion				
REELZ	299	Paid Programs				Michael Jackson: Fame and Scandal				Celebrity	Celebrity	Black Sabbath-Band		Ozzy Osbourne: Black Sabbath		Frontman				
RFDTV	231	Paid Programs				Church	Being Y	Jackson	Jeffress	David	Hagee Min	Church	Leading	Stuart	Porter	California	Reporter			
SCI	193	What on Earth?		What on Earth?		The Explosion Show		The Explosion Show		The Explosion Show		The Explosion Show		The Explosion Show		The Explosion Show				
SMITH	367	Aerial America		Aerial America <i>Missouri</i>		Aerial America		Aerial America		Aerial America <i>Nevada</i>		Aerial America		Aerial America		Aerial America				
SONY	386	Starman ('84, Science Fiction)		(4:5) The Quick Gun ★★ ('64, Western)		(22) A Fire in the Sky ★★ ('78, Suspense) <i>Richard Crenna, Elizabeth Ashley</i>			72 Hours					Pathfinder						
SUND-E	358	El Dorado		Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan			
SYFY	122	The Host ★★ ('13, Science Fiction)		Twi. Zone		Paid Programs				Twi. Zone		Hellboy II: The Golden Army ('08, Action) <i>Ron Perlman</i>			(04) Battleship ('12)					
TBN	260	Hagee	Harvest	Jackson	Connect	Harbinger	From His	Passion!	T. Evans	S. Furtick	Merritt	Jentezen	David	R. Jeffress	Winning	Hagee Min	Daily Hope			
TBS	139	XXX: State of the Union ★★ ('05, Action)				Wipeout		Wipeout		American		American		Friends	Friends	Ghosts-Girlfrnd				
TCM	132	The Heart Is a Lonely Hunter ('68, Drama)				(1:5) Colleen ('36, Musical Comedy) <i>Ruby Keeler</i>		The Constant Nymph ★★ ('43, Drama)			The Strange One ('57, Drama) <i>Ben Gazzara</i>									
TLC	183	7 Little Johnstons		7 Little Johnstons		Gypsy Wedding		Gypsy Wedding		The Family Chantel			The Family Chantel		The Family Chantel					
TMC-W	329	113 Fanboy ('21) 'NR'		(0:5) Silent Hill: Revelation ('12) 'R'		(4:0) The Lobster ('15, Romance-Comedy) 'R'		(4:0) Lola		The Lovers ('17) <i>Debra Winger</i> 'R'			(4:0) Letters to Juliet ('10) 'PG'							
TNT	138	Star Wars: The Phantom Menace ('99, Science Fiction)				(1:6) Star Wars: Attack of the Clones ★★ ('02, Science Fiction)				(2:3) Star Wars: Revenge of the Sith ('05, Science Fiction)										
TRU	242	Funniest	Funniest	Funniest	Funniest	Ad. Ruins	Ad. Ruins	Ad. Ruins	Ad. Ruins	World's Dumbest ...		World's Dumbest ...		Imp. Jokers Imp. Jokers	Imp. Jokers Imp. Jokers	Imp. Jokers Imp. Jokers				
TRVL	196	Paid Programs						Deep Fried Masters		Deep Fried Masters		Deep Fried Masters		Deep Fried Masters		Deep Fried Masters				
TVLND	106	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Christine	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls			
UP	188	Paid Programs				Fresh-Boat		Mass	Charles Stanley	Paid Prog. Amazing		Little House on Prairie		Little House on Prairie		Little House on Prairie				
USA	105	Chicago P.D.		Chicago P.D.		Law & Order: SVU			Law & Order: SVU			2022 Tour de France Stage 3 Flat stage. Distance 182 km. From Vejle to Sonderborg. (N)								
WE	128	Waka & Tammy		Paid Programs				Law & Order Juvenile										Law & Order		
NETWORKS																				
ABC-E	Local Programs				Local Programs				Good Morning America (N)				Local Programs							
CBS-E	Local Programs				Local Programs				Local Programs				News Sunday Morning (N)				Face the Nation (N)		Local Prog.	
CW-E	Local Programs				Local Programs				Local Programs				Local Programs				Local Programs			
FOX-E	Local Programs				Local Programs				FOX News Sunday (N)				Local Programs				Local Programs			
NBC-E	Local Programs				Local Programs				Local Programs				Sunday Today				Meet the Press (N)		Local Programs	
METV	247*	Time Tunnel		The Invaders		Buck Rogers		Saved/Bell Saved/Bell		Saved/Bell Saved/Bell		Saved/Bell Saved/Bell		Saved/Bell Saved/Bell		Flintstones Flintstones	Flintstones Flintstones	Flintstones The Jetsons		
ABC-W	Local Programs										Good Morning America (N)		This Week		Local Programs					
CBS-W	Local Programs										News Sunday Morning (N)		Face the Nation (N)		Local Prog.					
CW-W	Local Programs										Local Programs									
FOX-W	Local Programs										Local Programs		FOX News Sunday (N)		Local Programs					
NBC-W	1st Look										House		Local Programs		Local Programs		Sunday Today		Meet the Press (N)	
PBS	Hiding in Plain		Wash	Hoover	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious				

16 ◀ = Program already in progress; (N) = New program/episode; LB = Letterbox Format; ★ = Critique. DIG

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30				
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30				
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30				
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30				
AMERICA'S TOP PROGRAMMING																				
FX	136	Mike and Dave		The Hangover '09, Comedy Bradley Cooper				The Hangover Part II ★★ ('11, Comedy) Bradley Cooper				Jumanji: The Next Level ('19, Adventure) Dwayne Johnson								
FXM	384	Salzburg Conn.		(10) Gleaming the Cube '88, Action PG-13				Speed ★★ ★★ ('94, Action) Keanu Reeves R				(20) Independence Day: Resurgence '16 Ind. Day								
FXH	125	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Burgers	Burgers	Burgers	Burgers				
GETTV	373	Brides		Hondo		(45) The Outcasts The Candidates		Father Murphy		Hawkeye The Escape		Bret Maverick Hallie		Walker, Texas Ranger		Walker, Texas Ranger				
GMSHW	116	Chain Rctn	Chain Rctn	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	Cash Cab	America	America	FamFeud	FamFeud	FamFeud	FamFeud	America	America			
GOLF	401	Golf	Golf	PGA Tour Golf John Deere Classic (L)				GOLF Films		GOLF Films		GOLF Films		Golf Central (L)		PGA Golf				
GRIT	217	McLintock! '63		The Magnificent Seven ★★ ★★ ('60, Western) Yul Brynner				Once Upon a Time in the West ★★ ★★ ('69, Western) Henry Fonda, Claudia Cardinale												
HALL	185	Christmas in Evergreen: Letters to Santa '18				The Christmas Cottage '17, Drama				Pride, Prejudice and Mistletoe '18, Romance				The Most Wonderful Time of the Year '08						
HALLDR	186	Matlock The Heiress		Matlock The Lemon		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		Matlock The Mistress		Matlock The DJ		Matlock The Captain		Matlock The Vendetta				
HALLMV	187	Love in Paradise '16		The Last Cowboy '03, Drama Jennie Garth				Midway to Love '19, Romance Rachel Hendrix				Sweet Carolina '21, Romance Lacey Chabert		High Flying Romance						
HDMOV	130	Doc '71, Western Stacy Keach		(45) Indian Uprising '52, Western				(10) Clintock! ★★ ★★ ('63, Western) John Wayne				Red River ★★ ★★ ('48, Western) John Wayne								
HERIC	293	Superman	Superman	Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Lethal Weapon Lawmen		Lethal Weapon				
HGTV	112	Love It or List It		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones				
HIST	120	America the Story of Us Rebels				America the Story of Us Westward				America the Story of Us Civil War				America-Story		America-Story				
ID	192	Southern Gothic		Murder in the		Murder in the		Murder in the		The Lake Erie Murders		The Lake Erie Murders		The Lake Erie Murders		The Lake Erie Murders				
IFC	133	Rocky II ★★ ★★ ('79, Drama)		Rocky III ★★ ★★ ('82, Drama) Sylvester Stallone, Mr. T				Rocky IV ★★ ('85, Drama) Sylvester Stallone												
LAFF	237	Death Becomes Her		Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show		'70s Show		Jim	Jim	Home Imp.	Home Imp.			
LIFE	108	Acrimony Tyler Perry's A Madea Family Funeral '19, Comedy				Fifty Shades of Grey ★★ ('15, Romance) Dakota Johnson				Fifty Shades Darker ★★ ('17, Romance) Dakota Johnson										
LMN	109	Deadly Excursion: Kidnapped From Beach				A Predator's Obsession '20, Suspense				A Predator Returns '21, Suspense				Drowning in Secrets '22, Suspense						
MAGN	111	Fixer Upper: Welcome		Magnolia	Magnolia	Zoe Bakes	Zoe Bakes	From the	From the	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Delicious	Bizarre			
MGMHD	385	Mac and Me '88		Solarbabies ★★ ('86, Science Fiction)				(05) Rollerball ★★ ★★ ('75, Science Fiction) James Caan				(45) Tank Girl ★★ ('95, Science Fiction) Lori Petty								
MOTOR	246	Four	Hot Rod	Junkyard Empire		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection		Iron Resurrection				
MSNBC	209	Alex Witt Reports (L)		Alex Witt Reports (L)		Yasmin Vossoughian		Yasmin Vossoughian		Symone (L)		PoliticsNation (L)		Voices-Alicia Menendez		Voices-Alicia Menendez				
NATGEO	197	Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna				
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo				
OUTD	396	Archer's	Addicted	Am. Archer	Bushman	Outdoors	Outdoors	Bowhunter	Hunt	Major League Fishing Cups				Fishing		Jim Shock	McMillan	Live 2 Hunt		
OWN	189	Super Soul Sunday		Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	20/20 on OWN				
OXYG	127	Killer Couples		Killer Couples		Killer Couples		Killer Couples		Snapped		Snapped Michelle Paet		Snapped		Snapped				
PARMT	241	Yellowstone		Yellowstone		Yellowstone		Yellowstone		Yellowstone		Yellowstone		Yellowstone		Yellowstone				
POP	117	Scorpion		Scorpion Dumbster Fire		Scorpion		Scorpion Gator Done		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans				
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops			
RFDTV	231	Rancher	Rodeo	Equestrian	Horses	Horseman, Best Amer		Horse-West/FFA (N)		U.S. Farm Report		Gentle Gi. Jimmy		Midwest Country (N)		Church	Stuart			
SCI	193	MythBusters		MythBusters		MythBusters		MythBusters		MythBusters		MythBusters		MythBusters		MythBusters				
SMITH	367	Aerial America		Aerial America		Aerial America		Aerial America Ohio		Aerial America		Aerial America Oregon		Aerial America		Aerial America				
SONY	386	The Pathfinder '52		(04) California Conquest ★★ ★★ ('52) (33) The Man From Laramie '55, Western													It Came From Beneath the Sea		(04) Company of Heroes '13, Action	
SUND-E	358	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan			
SYFY	122	Battleship '12, Science Fiction Taylor Kitsch		Tomb Raider ★★ ★★ ('18, Adventure) Alicia Vikander				Despicable Me ★★ ★★ ('10, Children's)				Despicable Me 2 '13, Children's								
TBN	260	Jackson	In Touch	PowerPoint	Written	Gregory	Mazzapica	Dave and Carpenter		Mother's Day		Youseff	Shook	Your Move Joyce M.		Hagee Min	Robert			
TBS	139	Ghosts-Girlfrnd		The Wedding Planner '01, Romance-Comedy				Couples Retreat ★★ ('09, Comedy) Vince Vaughn				The Proposal '09, Romance-Comedy Sandra Bullock								
TCM	132	Bringing Up Baby ★★ ★★ ('38, Comedy)				Casablanca '42, Drama Humphrey Bogart				An American in Paris '51, Musical Gene Kelly				All Fall Down '62, Drama Warren Beatty						
TLC	183	90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé How To Marry a Stripper						
TMC-W	329	Letters '25		Philomena '13 PG-13		(05) The Florida Project '17, Drama R				Match Point '05, Drama Scarlett Johansson R				(05) Out of Africa '85, Romance PG						
TNT	138	Star Wars		Star Wars: A New Hope '77, Science Fiction Mark Hamill				(15) Star Wars: The Empire Strikes Back '80, Science Fiction				(02) Star Wars: Return of the Jedi '83								
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers			
TRVL	196	Woo.- Haunted		Woo.- Haunted		Woo.- Haunted		Woo.- Haunted		Woo.- Haunted		Woo.- Haunted		Woo.- Haunted		Woo.- Haunted				
TVLND	106	Gold Girls Gold Girls		Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mom	Mom			
UP	188	Little House on Prairie		Little House on Prairie		Little House on Prairie		Avenging Angel '07, Western Kevin Sorbo				Last Stand at Saber River '97, Western				Monte Walsh '03				
USA	105	Law & Order: SVU		NASCAR Racing		NASCAR-Countdown		NASCAR Cup Series Kwik Trip 250 From Road America in Elkhart Lake, Wis. (L)				NASCAR		Fast Lane		Fast Lane				
WE	128	Law & Order Empire		Law & Order Ambitious		Law & Order		Law & Order Refuge		Law & Order Refuge		Law & Order Gunshow		Law & Order Killerz		Law & Order DNR				
NETWORKS																				
ABC-E	ESPYs Nomination		2022 Wimbledon Championships Fourth Round (L)						Local Programs				Local Prog. News				Funniest Home Videos			
CBS-E	Local Programs		Sailing			One Shot Course		PGA Tour Golf John Deere Classic, Final Round (L)						Local Prog. News				60 Minutes (N)		
CW-E	Local Programs					Local Programs														
FOX-E	Local Programs						Local Programs						Local Prog.		Local Prog.	USFL	USFL			
NBC-E	Local Prog.		IndyCar Racing Honda Indy 200 at Mid-Ohio (L)				IndyCar	IMSA Weathertech SportsCar Championship SportsCar Grand Prix (L)				Local Prog.		News	Weakest Link					
METV	247*	The Summer of Me Sunday Block Party										Full House		Full House	Andy G.	Collector	M*A*S*H	M*A*S*H		
ABC-W	ESPYs Nomination		2022 Wimbledon Championships Fourth Round (L)						Local Programs				Local Programs							
CBS-W	Local Programs		Sailing			One Shot Course		PGA Tour Golf John Deere Classic, Final Round (L)						Local Prog.				Local Programs		
CW-W	Local Programs									Local Programs										
FOX-W	Local Programs						Local Programs						Local Prog.		Local Prog.	USFL	USFL			
NBC-W	Local Prog.		IndyCar Racing Honda Indy 200 at Mid-Ohio (L)				IndyCar	IMSA Weathertech SportsCar Championship SportsCar Grand Prix (L)				Local Prog.		Local Programs						
PBS	Dinosaur	Cyberchase	Contrary	Nature		Austin City Limits		Chefs Life		Craft in America		NOVA		Weekend Wash		Antiques Roadshow				

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
PREMIUM MOVIES																			
HBO	HBO-E	310	The Batman '22		Westworld (N)		(9:55) Westworld		(10:50) Frank Miller's Sin City '05, Action		'R'		(12:55) Westworld		(1:50) Lone Survivor ★★★ '13, War		'R'		
	HBO2	312	Westworld		Total Recall ★★★ '90, Science Fiction		'R'		The Mighty Quinn ★★ '89		'R'		(40) Rules of Engagement ★★		'00, Drama		'R'		
	HBO5	314	The Mule '18		'R'		Atonement '07, Drama		James McAvoy 'R'		(05) Little Black Book ★★ '04		'PG-13'		(12:55) Shiva Baby		(15) I Give It a Year '13, Romance-Comedy	'R'	
	HBOF	315	Dolphin Tale '11		'PG'		League of Extra. Gentlemen		(44) The Incredible Hulk '08, Action		'PG-13'		(37) The New Mutants ★★ '20		(12) Love & Mercy '14, Biography		'PG-13'		
MAX	MAX	307	Oblivion ★★★ '13, Science Fiction		'PG-13'		(05) Vanilla Sky ★★ '01, Suspense		Tom Cruise 'R'		(22) Transformers '07, Action		Shia LaBeouf 'PG-13'		(2:48) Accepted '06				
	5MAX	308	4Cop Land '97		'R'		47 Ronin '13, Adventure		Keanu Reeves 'PG-13'		(10:59) Set Up '11, Suspense		'R'		(24) News of the World '20, Western		'PG-13'		
	MMAX	309	Red Dragon '02		'R'		Reindeer Games ★★ '00		'R'		(45) Riddick '13, Science Fiction		Vin Diesel 'R'		(44) Jackie Brown ★★★ '97, Crime Drama		Pam Grier 'R'		
																	Gonna		
SHOWTIME	SHO-E	318	(15) We Hunt Together (N)		The Chi (N)		Man Who Fell		Flatbush		The Chi		Flatbush		Man Who Fell		The Chi		
	SHO2	320	Aida Red		The Contractor '22, Action		'R'		(15) The Green Knight ★★★ '21, Fantasy		Dev Patel 'R'		We Hunt		(15) We Hunt Together		Flatbush		
	SHOBET	321	Bowfinger		Spotlights		The Queens of Comedy '01		'R'		Down to Earth ★★ '01		'PG-13'		Flatbush		The Chi (N)		
	SHOX	322	(05) Pulp Fiction '94, Crime Drama		John Travolta 'R'		(40) Hard Eight ★★ '96, Drama		'R'		Wrong Turn '21, Horror		Charlotte Vega 'R'		(20) The Witch '15, Horror		'R'		
	SHOS	323	Indiana Jones		Indiana Jones and Crystal Skull				(15) Let the Right One In '08, Horror		'R'		(10) The Survivalist '21, Action		'R'		(40) Tangerine ★★★ '15		
	TMC	327	After Yang '21		Colin Farrell 'PG'		(35) The Farewell '19		'PG'		(15) Mainstream '20, Comedy-Drama		'R'		(12:50) The Light of the Moon '17		Barb Wire ★★ '96, Action		'R'
	FLIX-E	333	The Jerk ★★★ '79, Comedy		'R'		(35) The Lonely Guy '84		'R'		(15) Spring Breakers ★★★ '12, Comedy		'R'		(12:50) Narc '02, Crime Drama		'R'		(40) Heartworn Highways '76
STARZ	ENCR-E	340	Grown Ups 2 ★ '13		Jumanji: Welcome to the Jungle '17		'PG-13'		(03) Almost Famous '00, Comedy-Drama		'R'		(10) Flight of the Intruder '91, War		'PG-13'		Legends of the Fall		
	STARZ-E	350	Becoming Elizabeth (N)		Ghislaine Maxwell?		(9:58) P-Valley (N)		(06) Becoming Elizabeth		Ghislaine Maxwell?		(02) P-Valley		(09) Becoming Elizabeth		Ghislaine Maxwell?		
	STRZED	352	(07) Tyler Perry's The Family That Preys '08		(9:59) The Equalizer 2 ★★ '18, Action		'R'		(12:02) Don't Breathe 2 '21		'R'		(43) Escape Room ★★ '19, Horror		'PG-13'		Vanishing		
	STRZCI	353	The Professor and the Madman '19		'NR		Billy Elliot '00, Drama		Julie Walters 'R'		(11:53) The Father '20		'PG-13'		(33) The Rider '17, Drama		Brady Jandreau 'R'		
	STRZCO	354	Notting Hill '99, Romance-Comedy		'PG-13'		(06) Fifty Shades of Black '16		'R'		(40) Supercool '21, Comedy		Jake Short 'NR'		(16) Venom '18, Action		'PG-13'		
	STRZIB	355	(09) The Inevitable Defeat of Mister & Pete		The House: Meet the Blacks 2		(39) National Security '03		'PG-13'		(12) Monster Hunter '20, Fantasy		'PG-13'		(2:58) Rapture-Palooza				
	STRZKF	356	Dudley Do-Right ★★ '99		'PG'		(24) House Arrest ★★ '96		'PG'		(14) Elephant Kingdom '16, Adventure		'PG'		(12:56) The Little Rascals '94		'PG'		
EPIX	EPIX	380	Snake Eyes: G.I. Joe Origins '21, Action		(05) Wrath of Man '21, Action		Jason Statham		(12:05) Jack Reacher ★★★ '12, Action		Tom Cruise		(20) The Presidio '88, Action						
	EPIX2	381	The Addams Family 2 ★★ '21		(35) Clifford the Big Red Dog '21		(15) The Golden Child ★★ '86, Comedy		(12:50) Yours, Mine & Ours '05		(20) The Machinist '04, Suspense								
	EPIXH	382	Fences ★★★ '16, Drama		Denzel Washington		(20) Flight '12, Drama		Denzel Washington		(40) Bugsy ★★★ '91, Biography		Warren Beatty		Seabiscuit '03				
	EPIXDR	292	Aeon Flux '05, Science Fiction		(35) Event Horizon ★★ '97		(15) Virtuosity '95, Action		Denzel Washington		(05) Arrival '16, Science Fiction		Amy Adams		(05) King Kong '76				
AMERICA'S TOP PROGRAMMING																			
A&E	118	Biography: WWE Legends				Biography: WWE Legends (N)				(12:03) Biography: WWE Legends				(04) Biography: WWE Legends					
AHC	195	What History Forgot		Patriots Rising		Patriots Rising		Patriots Rising		What History Forgot		Patriots Rising		Patriots Rising		Patriots Rising			
AMC	131	Back-Future II		Dark Winds Hooghandi (N)		(02) Back to the Future '85, Comedy		Michael J. Fox		(32) Back to the Future Part II ★★ '89, Comedy		(02) Dark Winds K'e							
APL	184	Louisiana Law (N)				Lone Star Law				Louisiana Law				Lone Star Law					
AXSTV	167	Pearl Jam Twenty		AXS TV Concerts Pearl Jam: Let's Play Two						Pearl Jam Twenty ★★ '11, Documentary				Cameron Crowe		Stone Temple Pilots			
BBCA	135	The Karate Kid ★★★ '84, Drama				Ralph Macchio				The Karate Kid Part II ★★ '86, Drama				Ralph Macchio					
BET	124	Like a Boss ★★ '20, Comedy				Tiffany Haddish, Rose Byrne				Martin		Martin		Martin		Martin		Martin	
BOUNCE	359	Monster-in-Law '05, Romance-Comedy				Jennifer Lopez				Tower Heist ★★ '11, Comedy				Ben Stiller					
BRAVO	129	Below Deck		Below Deck		Below Deck		Cast Away ★★ '00, Drama				Tom Hanks, Helen Hunt				Cast Away ★★ '00, Drama			
BUZZR	245	Password		Password		Match		Match		FamFeud		FamFeud		Sale of		Sale of		My Line?	
CIHD	249	Jacked		Jacked		Jacked		Jacked		Manhunters		Manhunters		Manhunters		Manhunters		Manhunters	
CMT	166	Tommy Boy ★★ '95, Comedy		Chris Farley		Indiana Jones and the Last Crusade '89, Adventure				Harrison Ford				Last Man		Last Man		Last Man	
CNBC	208	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Paid Programs		American Greed			
CNN	200	RBG '18, Documentary		Ruth Bader Ginsburg		The Eighties		The Eighties		The Movies The Eighties (Part 1 of 6)		CNN Newsroom Live (N)		CNN Newsroom Live (N)		CNN Newsroom Live (N)			
COM	107	Seinfeld		Seinfeld		Seinfeld		Seinfeld		Seinfeld		South Park		South Park		South Park		South Park	
COMET	289	Highlander: Fnl		Highlander: Endgame ★ '00, Fantasy		Beowulf '99, Adventure		Christopher Lambert		Burnt Offerings '76, Horror		Karen Black		Paid Programs					
COOK	113	Carn Eats		Carn Eats		Carn Eats		Best Thing		Best Thing		Carn Eats		Carn Eats		Best Thing		Best Thing	
DISC	182	Naked and Afraid XL (N)				(07) Naked and Afraid				(07) Naked and Afraid				(07) Naked and Afraid					
DFC	179	Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Extreme Makeover		Ultimate Cake Off			
DISN-E	172	Sky High		Ultra Violet		The Villains		Raven		Bunk'd		Big City		Big City		Big City		Big City	
ENCR-W	341	Cinderella		(33) Heaven Is for Real '14, Drama		'PG'		(16) Grown Ups 2 ★ '13		'PG-13'		Jumanji: Welcome to the Jungle '17		'PG-13'		(03) Almost Famous '00, Comedy-Drama		'R'	
EWESTN	342	The Domino Kid '57		4 Guns-Bord.		(13) Ride Beyond Vengeance ★★ '66		'NR'		(11:55) Winchester '73 '50		'NR'		Hawk-River		(25) The Domino Kid		Gunsmoke	
EACTN	343	Snow White and the Huntsman '12		'PG-13'		(10) Dragonheart ★★ '96, Fantasy		'PG-13'		(11:55) The Mermaid '16		'R'		(33) The Great Raid ★★ '05, War		Benjamin Bratt 'R'			
ESUSP	344	Rise of Planet of Apes		The Unholy '21, Horror		'PG-13'		(42) Inferno ★★ '16, Suspense		Tom Hanks 'PG-13'		(12:46) A.I.: Artificial Intelligence '01		'PG-13'		(13) The Postman '97			
EBLACK	345	(08) A Man Apart ★★ '03, Crime Drama		'R'		Redemption Day '21, Action		'R'		(42) The Brothers '01, Comedy-Drama		'R'		(29) Clockers '95, Drama		Harvey Keitel 'R'		BoyznHood	
ECLASS	346	Pretty in Pink '86		Knocked Up '07, Romance-Comedy		'R'		(11) Riding in Cars With Boys ★★ '01		'PG-13'		(25) Streets of Laredo (Part 1 of 3)		(2:54) Streets of Laredo					
EFAMILY	347	Dr. Seuss' Horton Hears a Who!		(28) Good Burger '97		'PG'		(05) Hook ★★ '91, Children's		Dustin Hoffman 'PG'		(28) Cowgirls 'n Angels '12		'PG'		Cowgirls 'N Angels 2			
ESPN	140	MLB Baseball: Cardinals at Phillies				SportsCenter (L)				SportsCenter (L)				SportsCenter					
ESPN2	143	MLB Baseball: Cardinals at Phillies				NBA Summer League (L)				World of X Games				World of X 30 for 30					
EWTN	261	Sun. Mass		Catholics		Life/Rock		Rosary		Franciscan U. Presents		Catholic		Catholic		Sunday Mass		Maria Goretti '03, Biography	
FETV	82	Perry Mason		Perry Mason		Emergency!		Emergency!		B. Miller		B. Miller		Maude		Maude		Bewitched	
FMC	387	Mackenna's Gold ★★ '69, Western				Gregory Peck				(45) Law of the Wild ★★ '41, Western				Dennis Moore, Luana Walters				Town	
FNC	205	Life, Liberty & Levin (N)		The Next Revolution		Sunday Night		Life, Liberty & Levin		The Next Revolution		Sunday Night		FOX News Sunday		The Next Revolution			
FOOD	110	Guy's Grocery Games		Food Truck Race		Beachside Brawl (N)		Guy: Hawaiian Style		Food Truck Race		Beachside Brawl		Guy: Hawaiian Style		Guy's Grocery Games			
FREEFM	180	Spider-Man 3 ★★ '07, Action		Tobey Maguire, Kirsten Dunst		(10:55) Spider-Man: Far From Home '19, Action		Tom Holland		Paid Programs									
FS1	150	Mexico Primera Division Soccer				World Cup				Bowling				Bowling					
														USFL Football Championship: Teams TBA					

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	TBA					Captain America: The Winter Soldier ★★★ ('14, Action) <i>Chris Evans</i>					Better	Better	FXM Pres.	Paid Programs		
FXM	384	Independence Day '96, Science Fiction) <i>Will Smith</i> 'PG-13'					Independence Day ★★★ ('96, Science Fiction) <i>Will Smith</i> 'PG-13'					(20) Ma ★★ ('19, Suspense) 'R'	House of the Damned				
FX	125	Burgers	Burgers	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer	
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		The Rockford Files		The Rockford Files		Kojak		Kojak		Hart to Hart		Hart to Hart	
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	Idiotest	
GOLF	401	PGA Tour Golf <i>John Deere Classic, Final Round</i>					DP Tour Golf					Golf Central		PGA Tour Golf <i>John Deere Classic, Final Round</i>			
GRIT	217	Pale Rider ★★★ ('85, Western) <i>Clint Eastwood, Michael Moriarty</i>					Rough Night in Jericho ('67, Western) <i>Dean Martin</i>					Devil's Canyon ('53, Western) <i>Virginia Mayo</i>					Paid Prog
HALL	185	The Nine Lives of Christmas ('14, Children's)				The Christmas Contest ('21, Romance-Comedy)				Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier
HALLDR	186	Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		Matlock		Matlock		Matlock <i>The Starlet</i>		Matlock <i>The Psychic</i>		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)	
HALLMV	187	High Flying Romance Taking the Reins ('21, Romance) <i>Nikki DeLoach</i>					Murder, She Wrote					Murder, She Wrote		Murder, She Wrote		Monk	
HDMOV	130	Doc ('71, Western) <i>Stacy Keach</i>		(40) Indian Uprising ('52, Western)		(05) McIntock! ★★★ ('63, Western) <i>John Wayne</i>		Red River ★★★★★ ('48, Western) <i>John Wayne</i>									
HERIC	293	Star Trek: Next		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch <i>A Little Help</i>		House <i>The Right Stuff</i>		House <i>97 Seconds</i>	
HGTV	112	Battle on the Beach		Battle on the Beach (N)		Beach		Beach		Battle on the Beach		Beach		Beach		Battle on the Beach	
HIST	120	America the Story of Us <i>Bust; WWII</i>				(04) America the Story of Us <i>Superpower</i>				(12:03) America the Story of Us <i>Bust; WWII</i>				(05) America the Story of Us <i>Superpower</i>			
ID	192	Evil Lives Here		American Monster (N)		Evil Lives Here (N)		On the Case, Zahn		American Monster		Evil Lives Here		On the Case, Zahn		Evil Lives Here	
IFC	133	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Hates Chris	Hates Chris	Paid Programs	
LIFE	108	Fifty Shades Freed ★ ('18, Romance)			(03) The Call ★★ ('13, Suspense) <i>Halle Berry</i>			(12:01) Fifty Shades Freed ★ ('18, Romance)		(04) The Call ★★ ('13, Suspense) <i>Halle Berry</i>							
LMN	109	Psycho Storm Chaser ('21, Suspense) <i>Rib Hillis</i>				Burning Little Lies ('21, Suspense) <i>Annika Foster</i>				(12:01) Psycho Storm Chaser ('21, Suspense)		Burning Little Lies ('21, Suspense) <i>Annika Foster</i>					
MAGN	111	Family	Family	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Family	
MGMHD	385	Witness to Murder ★★★ ('54, Suspense)				(9:55) Pumpkinhead ★★★ ('88, Horror)				(11:55) Monkey Shines: An Experiment in Fear ('88)				(20) Dolls ★★★ ('87, Horror)			
MOTOR	246	Iron Resurrection				Street Outlaws: America's List <i>Five Alive</i>				Street Outlaws: America's List <i>Five Alive</i>				Iron Resurrection			
MSNBC	209	The Mehdi Hasan Show (L)		Ayman (L)		Voices-Alicia Menendez		The Mehdi Hasan Show		Ayman		Dateline		Dateline <i>At the Bottom of the Lake</i>			
NATGEO	197	Wicked Tuna (N)		Wicked Tuna (N)		Wild Fish <i>King Sized</i> (N)		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wild Fish <i>King Sized</i>		When Sharks Attack	
NGWLD	190	Secrets of the Zoo		Secrets of the Zoo (N)		Secrets-Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets-Zoo		Secrets-Zoo		Paid Programs	
OUTD	396	Crush	Hunt	Outdoors	Bone Coll.	Bushman	Hunting	Driven	Addicted	Nugent	Drop Zone	Field Ethos	Live 2 Hunt	Crush	Wardens	Outdoors	Bone Coll.
OWN	189	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN	
OXYG	127	Snapped <i>Eric Cople</i>		Snapped		Homicide Hol		Homicide Hol		Exhumed-Killer		Exhumed-Killer		Murdered by Morning			
PARMT	241	Yellowstone		Yellowstone		Yellowstone		Yellowstone <i>The Beating</i>		Yellowstone		Movie					
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans	
REELZ	299	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Celebrity	Celebrity	Paid Programs	
RFDTV	231	Kingdom	Wild	The Rural Americans		FarmHer		Agribusiness		Farm Mon.		Gentle Gi. Pulling		Classic Tractor Fever			
SCI	193	MythBusters		MythBusters		MythBusters		MythBusters		MythBusters		MythBusters		MythBusters		MythBusters	
SMITH	367	Aerial America		Aerial America		Aerial America <i>Texas</i>		The Curious Life		Aerial America <i>Utah</i>		Aerial America <i>Vermont</i>		Aerial America <i>Virginia</i>		Aerial America	
SONY	386	The Taking of Pelham 123 ('09, Action)					(9:54) Alpha ('18, Adventure)		(4:3) The Taking of Pelham 123 ('09, Action)		(3:3) All American Bikini Car Wash ('15)		Malibu				
SUND-E	358	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	
SYFY	122	Despicbi 2 Tomb Raider ★★★ ('18, Adventure) <i>Alicia Vikander</i>		Alicia Vikander		Battleship ★★ ('12, Science Fiction) <i>Taylor Kitsch, Alexander Skarsgard</i>		(1:58) Sharknado ★ ('13, Action) <i>Tara Reid</i>									
TBN	260	Joel Osteen	David	Huckabee	Metaxas	Creflo	Drive Thru History		Praise (N)		Jordan	Robert	Savior	Rubin	Truths That	Robert	
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Ghosts of Girlfriends Past ★★ ('09)				The Wedding Planner ('01, Romance-Comedy)			Trainwreck ('15)		
TCM	132	Annie ★★ ('82, Children's) <i>Aileen Quinn</i>				(1:15) Under the Volcano ('84, Drama)				(12:15) Mare Nostrum ★★★ ('26, War) <i>Antonio Moreno</i>		A Brighter Summer Day ('91)					
TLC	183	90 Day Fiancé (N)				I Love a Mama's Boy (N)				(02) 90 Day Fiancé (N)		90 Day Fiancé		I Love a Mama's Boy		(02) 90 Day Fiancé	
TMC-W	329	Out of Africa ('85)		(8:50) Hereditary ('18, Horror) <i>Toni Collette</i> 'R'		After Yang ('21) <i>Colin Farrell</i> 'PG'		(3:5) The Farewell ('19) 'PG'		(1:5) Mainstream ('20, Comedy-Drama) 'R'							
TNT	138	Star Wars: R		Animal Kingdom <i>Covet</i> (N)		Animal Kingdom <i>Covet</i>		Star Wars: Revenge of the Sith ('05, Science Fiction) <i>Ewan McGregor</i>					(0:4) Charmed		(0:4) Charmed		
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	World's Dumbest ...		World's Dumbest ...	
TRVL	196	Woo.- Haunted		Alaskan Killer Bigfoot		Alaskan Killer Bigfoot (N)		Loch Ness		Woo.- Haunted		Alaskan Killer Bigfoot		Alaskan Killer Bigfoot		Loch Ness	
TVLND	106	Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Roseanne	Roseanne
UP	188	Monte Walsh ('03)		Crossfire Trail ('01, Western) <i>Tom Selleck</i>				Last Stand at Saber River ('97, Western)				Monte Walsh ('03, Western) <i>Tom Selleck</i>				Paid Programs	
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	128	Law & Order <i>Merger</i>		Law & Order <i>Justice</i>		Law & Order <i>Marathon</i>		Law & Order <i>Patsy</i>		Law & Order		Law & Order <i>Sundown</i>		Law Order: CI		Monk	
LOCAL NETWORKS																	
ABC-E	Celebrity Family Feud		Celebrity Family Feud		The \$100,000 Pyramid		Local Programs					ABC World News Now (N)					
CBS-E	60 Minutes (N)		The Equalizer <i>Exposed</i>		NCIS: Los Angeles		Local Programs					CBS Overnight News (N)					
CW-E	Animals	Animals	Penn & Teller: Fool Us				Local Programs										
FOX-E	USFL Football Championship: Teams TBA (L) Local Prog.																
NBC-E	Dancing With Myself		America's Got Talent <i>Auditions</i> 5				Local Programs					Meet the Press					
METV	247*	Perry Mason: Case of Lady in Lake				Ed Sullivan	C. Burnett	Van Dyke	Van Dyke	Honeymn.	Twi. Zone	Alfred Hitchcock Hour	The Fugitive		Mission: Impossible		
ABC-W	Local Programs			News	Funniest Home Videos		Celebrity Family Feud		Celebrity Family Feud		The \$100,000 Pyramid		Local Programs				
CBS-W	Local Programs			News	60 Minutes (N)		60 Minutes (N)		The Equalizer <i>Exposed</i>		NCIS: Los Angeles		Local Programs				
CW-W	Local Programs						Animals	Animals	Penn & Teller: Fool Us		Local Programs						
FOX-W	USFL Football Championship: Teams TBA (L) Local Prog.																
NBC-W	Local Prog./News		Local Programs		Weakest Link		Dancing With Myself		America's Got Talent <i>Auditions</i> 5		Local Programs						
PBS	Hotel Portofino (N)		Endeavour on Masterpiece <i>Terminus</i> (N)				Austin City Limits		Hotel Portofino		Endeavour on Masterpiece <i>Terminus</i>				Great American		

	EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30								
	CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30								
	MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30								
	PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30								
PREMIUM MOVIES																									
HBO	HBO-E	310	(:10) The World's End ('13, Comedy) 'R'				The Day the Earth Stood Still (:45) Pacific Rim ★★★ ('13, Science Fiction) 'PG-13'				(9:55) Godzilla vs. Kong ★★★ ('21) 'PG-13'														
	HBO2	312	(:35) The Loft Kin ★★ ('18, Science Fiction) 'PG-13'				(:20) Tootsie ('82, Comedy) <i>Dustin Hoffman</i> 'PG'				(:20) What Happens in Vegas ('08)				100-Foot Wave		100-Foot Wave								
	HBO5	314	(:15) Rush ★★★ ('91, Drama) <i>Jason Patric</i> 'R'				Rent ('05, Musical) <i>Rosario Dawson</i> 'PG-13'				(:15) Mickey Blue Eyes ★★★ ('99) 'PG-13'				Memento ('00, Suspense) <i>Guy Pearce</i> 'R'										
	HBOF	315	(:12) The Chosen ★★★ ('81, Drama) 'PG'				K'garden Happily Curious Built America				(:32) Dr. Dolittle: Tail to the Chief 'MR' Magorium's Wonder				Space										
MAX	MAX	307	(:23) Accepted (:23) The Brothers Bloom ★★★ ('08) 'PG-13'				(:17) Max Steel ★ ('16) 'PG-13'				(7:50) Extremely Loud & Incredibly Close ('11)				Cloverfield ★★★ ('08) 'PG-13'				(:25) Mimic						
	5MAX	308	(:15) The Good German ('06, Drama) 'R'				(:03) City Hall ('96, Drama) <i>Al Pacino</i> 'R'				(:12) I Heart Huckabees ('04, Comedy) 'R'				(9:59) Let Him Go ('20, Suspense) <i>Diane Lane</i> 'R'										
	MMAX	309	(:4:48) Gonna Git You				(:4:48) Jack the Giant Slayer ('13)				(:4:43) Chasing Papi ('03) 'PG'				(:04) Hoosiers ('86, Drama) <i>Gene Hackman</i> 'PG'				The Rocker ('08, Comedy) 'PG-13'				Internship		
SHOWTIME	SHO-E	318	Parenthood ('89, Comedy-Drama) 'PG-13'				(:05) Sleepy Hollow ★★★ ('99, Horror) 'R'				How to Lose a Guy in 10 Days ('03) 'PG-13'				The Terminator ('84, Science Fiction) 'R'										
	SHO2	320	American Insurrection Megalodon Rising ('21) 'NR'				Elizabeth: A Portrait in Part(s)				Lady Bird ('17, Comedy-Drama) 'R'				Indiana Jones and the Raiders of the				Indiana J.						
	SHOBET	321	Complicit ('13, Crime Drama) 'NR'				(:45) Moonlight ('16, Drama) <i>Mahershala Ali</i> 'R' <i>Madonna</i>				Step Up Revolution ('12) 'PG-13'				(:40) Whitney: Can I Be Me ('17) 'NR'				Hav						
	SHOX	322	Enemy ★★★ ('13, Suspense) 'R'				(:35) It Comes at Night ('17) 'R'				(:10) Locke ★★★ ('13, Drama) 'R'				Madrina: Savage Life				Set It Off ('96, Action) <i>Jada Pinkett</i> 'R'						
	SHOS	323	(:10) The Disaster Artist ('17) <i>James Franco</i> 'R'				(:5:55) The Kings of Summer ('13)				John and the Hole ('21) 'R'				(:15) Still Alice ★★★ ('14, Drama) 'PG-13'				The Mexican ('01) 'R'						
	TMC	327	(:10) Philomena ('13, Docudrama) 'PG-13'				The Bling Ring ★★★ ('13) 'R'				The Love Guru ★ ('08) 'PG-13'				Down to Earth ★ ('01) 'PG-13'				Werewolves Within ('21) 'R'						
FLIX-E	333	(:10) Meek's Cutoff ★★★ ('10, Western) 'PG'				Sophie's Choice ★★★ ('82, Drama) <i>Meryl Streep</i> 'R'				(:35) Frankie and Johnny ('91) <i>Al Pacino</i> 'R'				(:35) A Fish Called Wanda ('88) 'R'											
STARZ	ENCR-E	340	Legends of the Fall ('94) 'R'				(:25) Cesar Chavez ('14) 'PG-13'				(:10) First Daughter ('04, Romance-Comedy) 'PG'				(8:59) Almost Famous ('00, Comedy-Drama) 'R'				(:06) La Bamba ('87)						
	STARZ-E	350	(:05) P-Valley				(:11) Elysium ★★★ ('13, Science Fiction) 'R'				(:04) Die Hard With a Vengeance ('95) 'R'				(:15) The Curious Case of Benjamin Button ('08, Fantasy) 'PG-13'										
	STRZED	352	(:14) The Vanishing ('18)				(:14) Ghost Rider: Spirit of Vengeance ('11)				(6:51) Pompeii ★★ ('14) 'PG-13'				(:38) Idlewild ('06, Drama) <i>André Benjamin</i> 'R'				(:41) Ghostbusters: Afterlife ('21)						
	STRZCI	353	Search-Bobby				(:10) Kinky Boots ('05, Comedy-Drama) 'PG-13'				Confronting				Confronting				Confronting						
	STRZCO	354	Bandits ('01, Comedy) 'PG-13'				(:19) That Thing You Do! ('96) 'PG'				(:10) Twins ★★★ ('88, Comedy) 'PG'				28 Days ★★ ('00, Comedy-Drama) 'PG-13'				(:10:46) Venom ('18)						
	STRZIB	355	Rapture (:26) Puff, Puff, Pass ('06) 'R'				(:03) Dance Flick ('09) 'PG-13'				(:28) Ray ★★★ ('04, Biography) <i>Jamie Foxx</i> 'PG-13'				(:03) Rapture-Palooza ('13) 'R'				Prison						
	STRZKF	356	Bigger Fatter Liar ('17) 'PG'				(:17) Aquamarine ('06) 'PG'				Pit Pony				Pit Pony				(7:50) Two by Two: Overboard!				The Land Before Time (:27) Aquamarine ('06) 'PG'		
EPICX	EPICX	380	Labor Day ★★ ('13, Romance) <i>Kate Winslet</i> Sets				(:20) Hondo ★★★ ('53, Western)				(7:50) Beatriz at Dinner				(:15) The Party ('17, Comedy)				Hamburger Hill ★★ ('87, War)						
	EPICX2	381	(:05) Unprotected Sets				(:05) Solace ('15, Suspense) <i>Anthony Hopkins</i>				(6:50) Primal ('19, Action)				Lucky Day ('19, Suspense)				(:10) Clifford the Big Red Dog ('21, Children's)						
	EPICXH	382	Seabiscuit ★★★ ('03, Drama)				Personal (5:55) Flight ('12, Drama) <i>Denzel Washington</i>				(:15) The Hunger Games ★★★ ('12, Science Fiction)				Hunger Games: Catching Fire										
	EPICXDR	292	King Kong ('76, Adventure)				(:20) Black Rain ★★★ ('89, Crime Drama)				Pet Sematary ★★ ('89, Horror)				(:15) Futureworld ★★ ('76, Science Fiction)				(:05) Aeon Flux ('05)						
AMERICA'S TOP PROGRAMMING																									
A&E	118	Paid Programs				Jeremiah				Paid Prog.				WWE's Most Wanted				WWE's Most Wanted							
AHC	195	Hitler (Part 3 of 6)		Hitler (Part 5 of 6)		America: Facts				America: Facts				America: Facts				America: Facts							
AMC	131	(:05) Dark Winds		Stooges		Stooges		Paid Programs								Mad Max ★★★ ('79, Action) <i>Mel Gibson</i>				Space Cowboys ('00)					
APL	184	Lone Star Law		Lone Star Law		Naked and Afraid				Naked and Afraid				Naked and Afraid				Naked and Afraid							
AXSTV	167	Paid Programs												Dolly Parton: 50 Years at the Opry				Shania Twain: Still the One		Sugarland					
BBCA	135	Cujo ★★★ ('83, Horror) <i>Dee Wallace</i>				Star Trek: Next				Star Trek: Next				Star Trek: Next				Star Trek: Next							
BET	124	Browns		Browns		Browns		Browns		Live Single				Live Single				Live Single							
BOUNCE	359	Hustle		The Game		The Real		Wendy Williams Show				Nick Cannon				Injury Ct.				Injury Ct.					
BRAVO	129	Kelly Clarkson		Paid Programs		Below Deck		Below Deck				Below Deck				Below Deck				Below Deck					
BUZZR	245	Blockbust		Blockbust		Press Luck		Press Luck		Paid Programs				Les Feldick				Prince							
CHD	249	Jacked		Jacked		Jacked		Jacked		Paid Programs				American Justice				American Justice							
CMT	166	CMT Music		CMT Music		CMT Music		CMT Music				CMT Music				Last Man				Last Man					
CNBC	208	Street Signs (L)		Jay Leno's Garage		Jay Leno's Garage		Jay Leno's Garage				Jay Leno's Garage				Jay Leno's Garage				Jay Leno's Garage					
CNN	200	CNN Newsroom Live (N)		Early Start w/Romans		New Day With				New Day With				New Day With				CNN Newsroom							
COM	107	South Park		South Park		Paid Programs								Futurama				Futurama							
COMET	289	Paid Programs																							
COOK	113	Paid Programs																							
DISC	182	Bad Chad Customs		Bad Chad Customs		Street Outlaws: America's List				<i>Fly, Hummingbird, Fly</i>								MythBusters							
DFC	179	BathCrash		BathCrash		Puppies		Puppies		Monsters				Monsters				Pac-Man							
DISN-E	172	Bunk'd		Jessie		Ladybug		Ladybug		Bluey				Bluey				Bluey							
ENCR-W	341	(:10) Flight of the Intruder ('91, War) 'PG-13'				(:08) Legends of the Fall ★★ ('94, Drama) <i>Brad Pitt</i> 'R'				(:25) Cesar Chavez ('14) 'PG-13'				(:10) First Daughter ('04, Romance-Comedy) 'PG'											
EWESTN	342	Gunsmoke ('53) 'NR'				(:02) Gunpoint ('66, Western) 'NR'				Walk the Proud Land ('56) 'NR'				Dead Man's Walk (Part 1 of 3)				(:31) Dead Man's Walk (Part 2 of 3)							
EACTN	343	Tigerland ★★ ('00, Drama) 'R'				Patton ★★★ ('70, War) <i>George C. Scott, Karl Malden</i> 'PG'				(:22) Missing in Action ('84) 'R'				(:08) Missing in Action 2: The Beginning ('85)											
ESUSP	344	The Postman ('97, Drama) <i>Kevin Costner</i> 'R'				(:13) 88 Minutes ('07, Suspense) <i>Al Pacino</i> 'R'				(:03) Lakeview Terrace ('08, Suspense) 'PG-13'				(9:56) A.I.: Artificial Intelligence ('01) 'PG-13'											
EBLACK	345	Boyz n the Hood ('91, Drama) 'R'				(:34) Men of Honor ★★ ('00, Biography) 'R'				(:45) No Good Deed ★★ ('02, Suspense) 'R'				(:25) 100 Streets ('16, Drama) 'NR'				Boyz n the Hood ('91)							
ECLASS	346	Streets of (:24) Streets of Laredo (Part 3 of 3)				(:5:56) Bandidas ★★ ('06) 'PG-13'				Lonesome Dove (Part 1 of 4)				(:07) Lonesome Dove (Part 2 of 4)				(:40) Lonesome Dove (Part 3 of 4)							
EFAMILY	347	Cowgirls 2 (:33) By Dawn's Early Light ('01, Drama) 'NR'				Born Wild Race for Life, Charlie Brown				(:22) Strike ('19, Adventure) 'NR'				(:04) Agent F.O.X. ('14) 'G'				Bon Voyage							
ESPN	140	SportsCenter		SportsCenter		SportsCenter (N)				SportsCenter (L)				🏏 2022 Wimbledon Championships Round of 16 (L)											
ESPN2	143	MLB Baseball		UFC Main Event		🏏 2022 Wimbledon Championships Round of 16 (L)																			
EWTN	261	Metanoia		Sunday		Bookmark		Catholic		Aquinas				Chesterton				St. Michael							
FETV	82	Hillbillies		Hillbillies		Prince		Jeremiah		Joyce M.				Robison				McCoys							
FMC	387	Mackenna's Gold ('69, Western) <i>Gregory Peck</i>				Doll Face ★★ ('45, Musical)				People Are Funny ('45) <i>Jack Haley</i>				The Duke Is Tops ('38, Musical)				I'm From Arkansas ('44, Comedy)							
FNC	205	FOX & Friends First (N)				FOX & Friends First (N)				FOX and Friends (L)								America's Newsroom (L)							
FOOD	110	Paid Programs												Diners				Diners							
FREEFM	180	Paid Programs								black-ish				black-ish				black-ish							
FS1	150	USFL		USFL Football <i>Championship: Teams TBA</i>																					
										First Things First (L)								Skip and Shannon: Undisputed (L)							

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30		
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30		
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30		
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30		
AMERICA'S TOP PROGRAMMING																		
FX	136	Paid Programs					Mom	Mom	Independence Day: Resurgence ★★ ('16, Science Fiction)				The Hangover ('09, Comedy)					
FXM	384	4House	(20)	Diplomatic Courier ('52) 'NR'	The Kremlin Letter			(70, Suspense) 'PG'	(05)	The Salzburg Connection 'PG'		(40)	The French Connection ('71) 'R'		Gleaming			
FXN	125	Paid Programs					Sausage Party ★★★ ('16, Comedy)			The Simpsons Movie ★★★ ('07, Comedy)				Futurama		Futurama		
GETTV	373	Fantasy Island		Fantasy Island		Inspiration Ministries		Elevation	Prince	Les Feldick	Paid Prog.	Good Time	Good Time	Good Time	Good Time	Hart to Hart		
GMSHW	116	Paid Programs					Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America		
GOLF	401	PGA Tour Golf John Deere Classic, Final Round				Golf Central		Golf Central		PGA Tour Golf John Deere Classic, Final Round								
GRIT	217	Paid Programs				Laramie The Fugitives		Guns of the Magnificent Seven ★★ ('69, Western)				The Magnificent Seven Ride! ('72, Western) Lee Van Cleef						
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	It's Christmas, Eve ('18, Drama) LeAnn Rimes		LeAnn Rimes			
HALLDR	186	Matlock		Matlock The Model		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		
HDMOV	130	Paid Programs								Tentacles ★★ ('77, Horror) John Huston				(9:50)	The Deadly Bees ('67)		Anaconda	
HERIC	293	House Guardian Angels		The District		Maverick		Wanted ... Wanted ...		Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne		
HGTV	112	Hunters	Hunters	Hunters	Hunters	Houses With History		Houses With History		Houses With History		Houses With History		Houses With History		Houses With History		
HIST	120	Paid Programs				Amazing	Jeremiah	Built America		Built America		Built America		Built America		Built America		
ID	192	Someone You		Someone You		Someone You		American Detective		American Detective		American Detective		American Detective		American Detective		
IFC	193	3's Comp.		3's Comp.		3's Comp.		Gilligan	Gilligan	Gilligan	Gilligan	Parks	Parks	Parks	Parks	Parks		
LAFF	237	Paid Programs				Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court	
LIFE	108	Paid Programs				Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		
LMN	109	Paid Programs				The Wrong Friend ('18, Suspense) Li Eubanks				The Wrong Neighbor ('17, Suspense)			The Wrong Cruise ('18, Suspense) Vivica A. Fox					
MAGN	111	French	(40)	The French Chef	French	Old House	Old House	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper		
MGMHD	385	(10)	Shield for Murder ('54, Crime Drama)			MGM	(25)	The Train ★★★ ('65, Suspense) Burt Lancaster			(15)	The Bounty ★★★ ('84, Adventure) Mel Gibson, Anthony Hopkins			Bitchin' Rides			
MOTOR	246	Iron Resurrection		Iron Resurrection		Bitchin' Rides Fore!		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		
MSNBC	209	Meet the Press		Way Too Early		Morning Joe (L)						Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)		
NATGEO	197	When Sharks Attack		When Sharks Attack		Paid Programs					Life Below Zero		Life Below Zero		Life Below Zero			
NGWLD	190	Paid Programs					Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM	
OUTD	396	Bushman	Hunting	Archer's	Addicted	Uncharted		Hunt Adv	Outdoors	Whitetail	Heartland	Wild Ops		The Flush		Jim Shock		
OWN	189	Ready to Love		Ready to Love		Dr. Phil (Part 1 of 2)		Dr. Phil (Part 1 of 2)		Dr. Phil (Part 2 of 2)		Dr. Phil		Dr. Phil		Dr. Phil (Part 2 of 2)		
OXYG	127	Dateline (Part 2 of 2)		Dateline		Murdered by Morning		Murdered by Morning		Murdered by Morning		Murdered by Morning		Murdered by Morning		Murdered by Morning		
PARMT	241	Paid Programs									Bar Rescue		Bar Rescue		Bar Rescue		Yellowstone	
POP	117	NCIS: New Orleans		NCIS: New Orleans		ER Dead of Winter		ER True Lies		ER		Movie						
REELZ	299	Paid Programs				Nancy O'Dell		Nancy O'Dell		Fatal Addiction		BTK Killer: What		Gainesville Ripper		Ken & Barbie Killers		
RFDTV	231	Paid Programs				Pulling	Agribusiness		Jeremiah	Rural News/AgDay (N)		Market Day Report (L)						
SCI	193	MythBusters		MythBusters		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		
SMITH	367	Aerial America		Aerial America		Aerial America		Aerial America		Aerial America Georgia		Aerial America		Aerial America		Aerial America		
SONY	386	4Malibu	(41)	Earth vs. the Flying Saucers		(13)	The Guns of Fort Petticoat		72 Hours	(07)	Major Dundee ★★ ('65, Western) Charlton Heston			(38)	A Time for Killing ('67)			
SUND-E	358	Gilligan	Gilligan	Gilligan	Gilligan	Heroes	Heroes	Heroes	Heroes	Heroes	Heroes	Law Order: CI		Law Order: CI		Law Order: CI		
SYFY	122	Sharknado 2: The Second One ('14, Action)				Sharknado 3: Oh Hell No! ★★ ('15, Action)			Sharknado: The 4th Awakens ('16, Action)			Sharknado 5: Global Swarming ('17, Action)						
TBN	260	Rubin	Behind	Jackson	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen	
TBS	139	4Trainwreck ('15, Romance-Comedy)		Matters		Matters		George	George	George	Broke Girl	Broke Girl	Broke Girl	How to Be Single ('16, Romance-Comedy)		Couples		
TCM	132	4A Brighter Summer Day ★★ ('91, Drama)			Ah, Wilderness! ('35, Comedy)			(45)	John Paul Jones ★★ ('59, Biography) Robert Stack		The Scarlet Coat ('55, Historical Drama)			The Scarlet Coat ('55, Historical Drama)				
TLC	183	7 Little Johnstons		7 Little Johnstons		Four Weddings		Four Weddings		Four Weddings		Seeking Sister Wife		Seeking Sister Wife		Seeking Sister Wife		
TMC-W	329	4The Light of the Moon ('17) 'NR'		Barb Wire ★★ ('96, Action) 'R'		(10)	Philomena ('13, Docudrama) 'PG-13'		The Bling Ring ★★★ ('13) 'R'			The Bling Ring ★★★ ('13) 'R'		The Love Guru ★★ ('08) 'PG-13'		The Love Guru ★★ ('08) 'PG-13'		
TNT	138	(02)	Charmed		Charmed		Charmed		Charmed		Cowboys & Aliens ('11, Science Fiction) Daniel Craig				Star Wars: A New Hope ('77)			
TRU	242	Paid Programs							Ad. Ruins	Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	
TRVL	196	Paid Programs									Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.	
TVLND	106	Roseanne	Roseanne	Goldbergs	Goldbergs	Paid Programs				M*A*S*H		M*A*S*H	M*A*S*H	M*A*S*H	Bonanza			
UP	188	Paid Programs				Heartland		Heartland Full Circle		Heartland Step by Step		Love Begins ★★ ('11, Drama) Wes Brown			Avening Angel ('07)			
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS Twisted Sister		NCIS Smoked		John Wick ★★★ ('14, Action) Keanu Reeves			John Wick: Chapter 2 ★★★ ('17, Action)					
WE	128	Waka & Tammy		Paid Programs										Criminal Minds Painless		Criminal Minds		
NETWORKS																		
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																		
ABC-E	Morning		Morning		Morning		Morning		Good Morning America (N)			Local Programs				The View (N)		
CBS-E	CBS Overnight News (N)			News		News		News		CBS Mornings (N)		Local Programs				The Price Is Right (N)		
CW-E	Local Programs					Local Programs												
FOX-E	Local Programs					Local Programs												
NBC-E	Local Programs					Local Programs		Today (N)						Today 3rd Hour (N)		Today-Hoda		Local Programs
METV	247*	Peter Gunn	Peter Gunn	Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock The Reunion		In the Heat of Night		
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)					
CBS-W	Local Programs		CBS Overnight News (N)								News	News	News	News	CBS Mornings (N)			
CW-W	Local Programs										Local Programs							
FOX-W	Local Programs										Local Programs							
NBC-W	Local Programs					Local Programs		Today (N)						Today 3rd Hour (N)		Today-Hoda		Local Programs
TRU	247*	Peter Gunn	Peter Gunn	Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock The Reunion		In the Heat of Night		
ABC-W	Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)					
CBS-W	Local Programs		CBS Overnight News (N)								News	News	News	News	CBS Mornings (N)			
CW-W	Local Programs										Local Programs							
FOX-W	Local Programs										Local Programs							
NBC-W	Local Programs		Meet the Press		Early Tdy		Local Programs									Local Programs		
PBS	Anthems		Antiques		Finding Your Roots		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious

	EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30												
	CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30												
	MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30												
	PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30												
PREMIUM MOVIES																													
HBO	HBO-E	310	Ⓢ Terminator 2: Judgment Day '91 'R'				(10) Ⓢ The Matrix Resurrections '21, Science Fiction' 'R'				(40) Westworld			(35) Westworld			Fantastic Beasts: Secrets												
	HBO2	312	Ⓢ Bad Words '14 Jason Bateman 'R'				George Carlin's American Dream (Part 1 of 2)				George Carlin's American Dream				(15) TBA			(15) Ⓢ Cry Macho ★★ '21, Drama' 'PG-13'											
	HBO5	314	Ⓢ The Conjuring: The Devil Made Me Do It 'R'				(1:50) Ⓢ The Stepford Wives '04				(25) Ⓢ Golden Arm '20 'NR'				The King's Man '21, Action Ralph Fiennes 'R'			(15) Ⓢ Mickey Blue Eyes											
	HBOF	315	Ⓢ Space Jam: A New Legacy '21				(31) Ⓢ Hugo '11, Adventure Ben Kingsley 'PG'				(38) Ⓢ Alvin and the Chipmunks				(10) Ⓢ Good Deeds ★★ '12, Drama' 'PG-13'				Adventures of Tintin										
MAX	MAX	307	Ⓢ Mimic '97, Horror 'R'				(10) Ⓢ Bloodsport '88, Biography 'R'				(43) Ⓢ Waiting ... ★★ '05, Comedy 'R'				(18) Ⓢ Aftermath '17, Suspense 'R'				(5:53) Ⓢ Jennifer Eight ★★ '92, Suspense 'R'										
	5MAX	308	Ⓢ Solaris '02, Science Fiction 'PG-13'				Ⓢ Dolapo (1:48) Ⓢ Freaky '20, Horror 'R'				(31) Ⓢ My Cousin Vinny '92, Comedy 'R'				(31) Ⓢ Excess Baggage '97 'PG-13'				(13) Ⓢ The Wood '99 'R'										
	MMAX	309	Ⓢ The Internship '13 'PG-13'				(43) Ⓢ The Truman Show '98 Jim Carrey 'PG'				Master and Commander: The Far Side				(45) Ⓢ Voyagers '21, Science Fiction 'PG-13'				Red Eye										
	SHO-E	318	Ⓢ Primal Fear ★★ '96, Crime Drama 'R'				(15) Ⓢ The Green Knight ★★ '21, Fantasy Dev Patel 'R'				Ⓢ Old Henry '21, Western 'NR'				(15) Ⓢ The Contractor '22, Action Chris Pine 'R'														
SHOWTIME	SHO2	320	Ⓢ Indiana Jones & the Temple				(45) Ⓢ Indiana Jones and the Last Crusade '89 'PG-13'				Ⓢ Indiana Jones and Crystal Skull				(05) Ⓢ Deadlock '21, Action 'R'				We Hunt										
	SHOBET	321	Ⓢ Hav Plenty '97 'R'				Ⓢ The Challenger '15 'PG-13'				(35) Ⓢ Shooter '07, Action Mark Wahlberg 'R'				(40) Ⓢ Stealth '05, Action Josh Lucas 'PG-13'				Spotlights I'm Dying Up Here										
	SHOX	322	(05) Ⓢ Vehicle 19 '13, Suspense 'R'				Ⓢ 13 Minutes '21, Suspense Amy Smart 'PG-13'				Ⓢ Thank You for Your Service '17, War 'R'				Ⓢ World Trade Center '06, Drama 'PG-13'				Ⓢ Windtalkers										
	SHOS	323	Ⓢ The Mexican '01 'R'				(05) Ⓢ Stillwater ★★ '21, Drama Matt Damon 'R'				Ⓢ Before I Fall '17, Drama 'PG-13'				(10) Ⓢ Still Alice ★★ '14, Drama 'PG-13'				Ⓢ The Mexican '01 'R'										
FLIX-E	TMC	327	(10) Ⓢ Misery '90, Horror James Caan 'R'				Ⓢ 20th Century Women '16, Comedy-Drama 'R'				Ⓢ Whiplash '14, Drama Miles Teller 'R'				(5:50) Ⓢ Midnight Run '88, Comedy 'R'														
	FLIX-E	333	Ⓢ Fish Wnda (25) Ⓢ Terms of Endearment '83 'PG'				(35) Ⓢ Up in the Air '09, Comedy-Drama 'R'				Ⓢ Hard Eight '96, Drama 'R'				(15) Ⓢ RoboCop '87, Science Fiction 'R'														
	ENCR-E	340	Ⓢ La Bamba '87				(12:59) Ⓢ The American President '95 'PG-13'				(2:57) Ⓢ Legends of the Fall '94, Drama 'R'				(14) Ⓢ The Babe ★★ '92, Biography 'PG'				(12) Ⓢ First Daughter										
	STARZ-E	350	(05) Ⓢ The Amazing Spider-Man 2 '14, Action 'PG-13'				Becoming Elizabeth				(32) Ⓢ Die Hard ★★ '88, Action Bruce Willis 'R'				(5:48) Ⓢ Die Hard With a Vengeance '95 'R'														
STARZ	STRZED	352	Ⓢ Ghostbusters (12:47) Ⓢ A Journal for Jordan '21 'PG-13'				Gaslit Will				(03) Gaslit California				Gaslit King George				Gaslit Malum in Se (6:57) Gaslit Homeywood										
	STRZCI	353	Ⓢ French Exit ★★ '20 'R'				(44) Ⓢ Captain Fantastic ★★ '16, Comedy-Drama 'R'				(3:46) Ⓢ Eat Pray Love ★★ '10, Drama 'PG-13'				(09) Ⓢ Megan Leavy ★★ '17, War 'PG-13'														
	STRZCO	354	Ⓢ Venom (41) Ⓢ Supercool '21, Comedy 'NR'				(14) Ⓢ Fear and Loathing in Las Vegas '98 'R'				(15) Ⓢ That Thing You Do! ★★ '96 'PG'				(05) Ⓢ Venom '18, Action Tom Hardy 'PG-13'														
	STRZIB	355	Ⓢ Let's Go to Prison 'R'				Ⓢ Ticking Clock '11, Action 'R'				(45) Ⓢ Ray ★★ '04, Biography Jamie Foxx 'PG-13'				(19) Ⓢ Phat Girlz ★★ '06 'PG-13'				Ⓢ Let's Go to Prison 'R'										
EPICX	STRZKF	356	(12) Ⓢ An American Tail '86 'G'				Ⓢ An American Tail				Ⓢ American Tail				Ⓢ American Tail: Night Monster				Ⓢ The Land Before Time										
	EPIX	380	Ⓢ Hamburger! (20) Ⓢ Patriot Games ★★ '92, Suspense				(20) Ⓢ The Sum of All Fears '02, Suspense				(25) Ⓢ Red Dawn ★ '12, Action				Ⓢ Wrath of Man '21, Action Jason Statham														
	EPIX2	381	Ⓢ The Guilt Trip ★★ '12, Comedy				Ⓢ The Wedding Plan '16, Romance-Comedy				Ⓢ So I Married an Axe Murderer				Ⓢ The Brady Bunch Movie '95				Ⓢ Throw Momma From the Train										
	EPIXH	382	Ⓢ Catching Fire				(10) Ⓢ The Hunger Games: Mockingjay, Part 1				(15) Ⓢ The Hunger Games: Mockingjay, Part 2 '15				(35) Ⓢ The Hunger Games ★★ '12, Science Fiction														
EPIXDR	EPIXDR	292	Ⓢ Aeon Flux (40) Ⓢ Event Horizon ★★ '97, Science Fiction				(20) Ⓢ Virtuosity ★★ '95, Action				(10) Ⓢ The Gift '00, Suspense Cate Blanchett				(05) Ⓢ The Haunting '99, Horror Liam Neeson														
	AMERICA'S TOP PROGRAMMING																												
A&E	118	Ⓢ Biography		Biography: WWE Legends Rowdy Roddy Piper				Biography: WWE Legends Mick Foley				Chris Farley: Anything for a Laugh				Cultureshock													
AHC	195	America: Facts		America: Facts				America: Facts				America: Facts				America: Facts													
AMC	131	Ⓢ Space Cowboys ★★ '00, Adventure				Ⓢ Rocky ★★ '76, Drama Sylvester Stallone, Talia Shire				Ⓢ Rocky II ★★ '79, Drama Sylvester Stallone, Talia Shire				Ⓢ Rocky III '82, Drama															
APL	184	Naked and Afraid				Naked and Afraid				Naked and Afraid				Naked and Afraid				Naked and Afraid											
AXSTV	167	Ⓢ Sugarland																											
BBCA	135	Bones A Boy in a Tree				Bones				Bones A Boy in a Bush				Bones				Bones											
BET	124	Ⓢ Lethal Weapon ★★ '87, Action Mel Gibson, Danny Glover				Ⓢ Lethal Weapon 2 ★★ '89, Action Mel Gibson, Danny Glover				Ⓢ Lethal Weapon 3 '92, Action Mel Gibson																			
BOUNCE	359	Paternity		Paternity		Hot Bench		Hot Bench		In the Heat of Night		In the Heat of Night		Ⓢ The Longshots '08, Docudrama Ice Cube		Ⓢ Rat Race ★★ '01, Comedy Rowan Atkinson													
BRAVO	129	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck													
BUZZR	245	Match		Match		Concen.		Concen.		Password		Password		Super Pass		Tattletales													
CIHD	249	Runaway		Runaway		Runaway		Runaway		Runaway Squad		Manhunters		Manhunters		Manhunters													
CMT	166	Ⓢ Raids-Lost Ark		Ⓢ Indiana Jones and the Temple of Doom ★★ '84, Adventure										Ⓢ Indiana Jones and the Last Crusade '89, Adventure Harrison Ford				Ⓢ Raids-Lost Ark											
CNBC	208	Shark Tank		Shark Tank				Shark Tank				Shark Tank				Shark Tank													
CNN	200	Ins. Politics		CNN Newsroom				CNN Newsroom				CNN Newsroom				Jake Tapper													
COM	107	The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office													
COMET	289	Ⓢ Amityville 3-D '83		Ⓢ Highway to Hell '91, Comedy Patrick Bergin				The X-Files (Part 3 of 3)				The X-Files (Part 2 of 2)				The X-Files Zero Sum													
COOK	113	Bizarre Foods America		Bizarre Foods America				Bizarre Foods America				Bizarre				Bizarre													
DISC	182	MythBusters		MythBusters				MythBusters				MythBusters				MythBusters													
DFC	179	Pac-Man		Pac-Man		Littlest Pet		Pet Shop		Pet Shop		Pony Life		LittlePony		LittlePony													
DISN-E	172	Big City		Big City		Big City		Big City		Big City		Big City		Big City		Big City													
ENCR-W	341	Ⓢ Almost Famous '00, Comedy-Drama 'R'				(06) Ⓢ La Bamba '87, Biography 'PG-13'				(3:59) Ⓢ The American President '95 'PG-13'				(5:57) Ⓢ Legends of the Fall '94, Drama 'R'															
EWESTN	342	Ⓢ Dead Man (33) Ⓢ Gunpoint '66, Western 'NR'				The Deputy				Wanted ...				Wagon				Laramie											
EACTN	343	Ⓢ The Great Raid '05, War Benjamin Bratt 'R'				Ⓢ Patton ★★ '70, War George C. Scott, Karl Malden 'PG'				(4:53) Ⓢ Commando '85, Action 'R'				(26) Ⓢ The Marine ★ '06 'PG-13'															
ESUSP	344	Ⓢ A.I.		(24) Ⓢ The Postman ★★ '97, Drama Kevin Costner, Will Patton 'R'										The Dec		(11) The Deceived		The Dec		(45) The Deceived		(32) Ⓢ A.I.: Artificial Intelligence							
EBLACK	345	Ⓢ Boyz N the Hood '91				(12:56) Ⓢ Next Day Air ★★ '09 'R'				(23) Ⓢ No Good Deed ★★ '02 'R'				(03) Ⓢ Pride '07, Drama Terrence Howard 'PG'				(5:54) Ⓢ Men of Honor '00, Biography 'R'											
ECLASS	346	Ⓢ Lone Dove (17) Ⓢ Lonesome Dove (Part 4 of 4)				(1:54) Return to Lonesome Dove				(28) Return to Lonesome Dove				Return to Lonesome Dove				(29) Return to Lonesome Dove											
EFAMLY	347	Ⓢ Bon Voyage		Ⓢ Race for Life				(08) Ⓢ Cowgirls 'n Angels '12 'PG'				Ⓢ Cowgirls 'N Angels 2: Dakota				Ⓢ Kangaroo Jack: G'Day U.S.A.				Ⓢ Dunston Checks In '96 'PG'									
ESPN	140	Ⓢ 2022 Wimbledon Championships Round of 16 (L)										Great American Events				Cornhole (N)				Ⓢ WNBA Basketball									
ESPN2	143	Ⓢ 2022 Wimbledon Championships Round of 16 (L)										World Chase Tag				Daily Wager				ESPN Films									
EWTN	261	Daily Mass		Women of		At Home		Called to Communion		Chaplet		Rosary		With Jesus		Image		Bookmark		Giorgio: A		Vatican		Living		Daily Mass			
FETV	82	Hillbillies		Hillbillies		Wagon Train				Rawhide				Rawhide				Perry Mason				Perry Mason				Mannix		Mannix	
FMC	387	Ⓢ Dancing Pirate '36		Charles Collins (45) Ⓢ Swing Hostess '44, Musical				(15) Ⓢ Happy Go Lovely ★★ '51				(45) Ⓢ Hi Diddle Diddle ★★ '43				(15) Ⓢ Something to Sing About '37, Musical													
FNC	205	Outnumbered (L)		America Reports (L)				The Story With Martha				Your World W/ Cavuto				The Five (L)				Special Report				Jesse Watters (L)					
FOOD	110	Ⓢ Tournament		Tournament of Champions 8 Warriors Remain										Tournament of Champions				Diners				Diners		Diners		Diners			
FREEF	180	Ⓢ Spider-Man '02, Action Tobey Maguire				Ⓢ Spider-Man 2 ★★ '04, Action Tobey Maguire, Kirsten Dunst				Ⓢ Spider-Man 3 ★★ '07, Action Tobey Maguire, Kirsten Dunst																			
FS1	150	The Herd with Colin Cowherd (L)										Speak for Yourself (L)				Undisputed				NASCAR Race Hub (L)				USFL		USFL			

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30			
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30			
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30			
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30			
AMERICA'S TOP PROGRAMMING																			
FX	136	ⓂHangover The Hangover Part II ★★ ('11, Comedy) <i>Bradley Cooper</i>					Jumanji: The Next Level ('19, Adventure) <i>Dwayne Johnson</i>					TBA							
FXM	384	ⓂGleaming the Cube (15) Eyewitness ('81, Suspense) <i>William Hurt</i> 'R'					Live Free or Die Hard ('07, Action) <i>Bruce Willis</i> 'PG-13'					(45) Independence Day ('96, Science Fiction) 'PG-13'							
FXX	125	Cleveland	Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons			
GETTV	373	The Rockford Files			Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Kojak		Kojak		Kojak				
GMSHW	116	Deal or No Deal			Match	Catch 21	Catch 21	25 Words	25 Words	Common	Common	Chain Rea.	Chain Rea.	Puzzler	Puzzler	Puzzler	America		
GOLF	401	Golf Today (L)				Golf Today				Golf Central (L)		The Open Highlights		Golf Central		Golf	One Shot		
GRIT	217	Return of the Seven ('66, Western) <i>Yul Brynner</i>				Pale Rider ★★★ ('85, Western) <i>Clint Eastwood, Michael Moriarty</i>				The Outlaw Josey Wales ★★★ ('76, Western) <i>Clint Eastwood</i>									
HALL	185	Christmas Waltz ('20, Romance) <i>Lacey Chabert</i>				Let It Snow ('13, Drama) <i>Jesse Hutch</i>				The Christmas House ('20, Romance)				A Timeless Christmas ('20, Romance)					
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie			
HALLMV	187	Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Monk		One Summer ('21)			
HDMOV	130	ⓂAnacondas: Hunt (15) Lake Placid 2 ('07, Horror) <i>John Schneider</i>		(255) Leviathan ★★ ('89, Science Fiction)		(450) DeepStar Six ('89, Horror)		(45) Tentacles ★★ ('77, Horror)											
HERIC	293	Nash Bridges <i>El Diablo</i>		Nash Bridges		Nash Bridges <i>Cop Out</i>		Nash Bridges		Nash Bridges <i>Heist</i>		MacGyver <i>Hell Week</i>		Walker, Texas Ranger		Walker, Texas Ranger			
HGTV	112	Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		Home Town		Home Town			
HIST	120	Built America		Built America		Built America		Built America		Built America		Built America		The Food That Built America (Part 1 of 3)					
ID	192	TBA		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda			
IFC	133	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Raymond	Raymond	Raymond	Raymond	Raymond	Two Men	Two Men			
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.		
LIFE	108	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy <i>Blink</i>		Grey's Anatomy		Sleeping With a Killer		Sleeping With a Killer		Sleeping With a Killer		Sleeping With a Killer			
LMN	109	The Wrong Boy Next Door ('19, Suspense)				The Wrong Teacher ('18, Suspense)				The Wrong High School Sweetheart ('22)				Keeping Up With the Joneses <i>The Wrong Family</i>					
MAGN	111	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation			
MGMHD	385	Revolt at Fort Laramie ('57)		(45) Gunfighters of Abilene ('60, Western)		Breaker! Breaker! ('77, Action) <i>Chuck Norris</i> (25) Firewalker ('86, Adventure) <i>Chuck Norris</i>		Delta Force											
MOTOR	246	Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides		Bitchin' Rides <i>Temptress</i>		Bitchin' Rides		Bitchin' Rides <i>Finally!</i>			
MSNBC	209	Andrea Mitchell Reports (L)		Chris Jansing Reports (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)				The Beat With		The ReidOut (L)			
NATGEO	197	Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero <i>Loaded</i>		Life Below Zero		Life Below		Life Below			
NGWLD	190	Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!			
OUTD	396	ⓂJim Shockey's Shock Therapy		Lindsey	Hunt	The One	Driven Hunts 2 <i>Hunting scenes and shots.</i>						McMillan	McMillan	Fishing	WildFed			
OWN	189	Dr. Phil		Court	Court	Court	Court	Court	Court	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Deadline: Crime				
OXYG	127	Snapped		Snapped		Snapped		Snapped <i>Janeene Jones</i>		Snapped		Snapped		Snapped		Snapped <i>Kelly Harrod</i>			
PARMT	241	Yellowstone		Yellowstone		Yellowstone		Yellowstone		Yellowstone		Yellowstone		Yellowstone		Yellowstone			
POP	117	Movie						Movie						Movie					
REELZ	299	Cops	Cops	Cops	Cops	Jail	Jail	Jail	Jail	Jail	Jail	Cops	Cops	Cops	Cops	Cops Rel.	Cops Rel.		
RFDTV	231	ⓂMarket Day Report (L)				Cow Guy		FFA Today	Horses	Toy Trains	Paula	DocTalk (N)	Trains & Locomotives		Rural Health Matters		Jodi Clark	Rural News	
SCI	193	Expedition X		Expedition X		Expedition X		Expedition X		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown			
SMITH	367	Aerial America		Aerial America <i>Virginia</i>		Aerial America		Aerial America		Aerial America		Aerial America <i>Vermont</i>		Aerial America		Aerial America			
SONY	386	(22) The Final Countdown ('80, Science Fiction) (20) The Taking of Pelham 123 ('09, Action) (17) Guarding Tess ★★★ ('94) (05) Striking Distance ★★ ('93, Suspense)																	
SUND-E	358	Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		NCIS		NCIS		NCIS		NCIS			
SYFY	122	Jaws the Revenge ★ ('87, Suspense)				Jaws 3 ★★ ('83, Suspense) <i>Dennis Quaid</i>				Jaws 2 ★★ ('78, Suspense) <i>Roy Scheider, Lorraine Gary</i> (32) Jaws ('75, Suspense)									
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	S. Furtick	Mother's Day		New Seas Jewish		The Potter's Centerpoint			
TBS	139	ⓂCouples Retreat ('09, Comedy) <i>Vince Vaughn</i>				(15) The Proposal ('09, Romance-Comedy) <i>Sandra Bullock</i> (45) Friends With Benefits ★★★ ('11, Romance-Comedy)				Big Bang				Big Bang					
TCM	132	Yankee Doodle Dandy ('42, Musical)				(15) 1776 ★★ ('72, Musical Comedy) <i>William Daniels</i>				(15) The Music Man ★★★ ('62, Musical Comedy) <i>Robert Preston</i>									
TLC	183	90 Day Diaries		90 Day Diaries		90 Day Diaries		90 Day Diaries		The Family Chantel		The Family Chantel		The Family Chantel		The Family Chantel			
TMC-W	329	Down to Earth ★★ ('01, 'PG-13')		(10) Werewolves Within ('21, 'R')		(10) Misery ('90, Horror) <i>James Caan</i> 'R'		20th Century Women ('16, Comedy-Drama) 'R'				Whiplash ('14) 'R'							
TNT	138	ⓂStar Wars: New (15) Star Wars: The Empire Strikes Back ('80, Science Fiction)		(02) Star Wars: Return of the Jedi ('83, Science Fiction) <i>Mark Hamill</i>				Independence Day											
TRU	242	Bar Wars	Bar Wars	Bar Wars	Bar Wars	Foodies	Foodies	Foodies	Foodies	Imp. Jokers	Imp. Jokers	Impractical Jokers		Imp. Jokers	Imp. Jokers	Jokes	Jokes		
TRVL	196	Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Mysteries of the Unknown					
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.		
UP	188	ⓂAvenge Angel ('07) Last Stand at Saber River ('97, Western)				Crossfire Trail ('01, Western) <i>Tom Selleck</i>				Blue Bloods <i>Pilot</i>				Blue Bloods <i>Samaritan</i>		Blue Bloods <i>Privilege</i>			
USA	105	(32) John Wick ('14, Action) <i>Keanu Reeves</i> (35) John Wick: Chapter 2 ('17, Action) <i>Keanu Reeves</i> (05) John Wick: Chapter 3: Parabellum ('19, Action) <i>Keanu Reeves</i>																	
WE	128	Criminal Minds		Criminal Minds		Criminal Minds <i>Hope</i>		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds			
NETWORKS																			
ABC-E	Local Programs			GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs				News		Local Programs			
CBS-E	Local Prog. Young & Restless			Bold		The Talk (N)		Let's Make a Deal		Local Programs				News		Local Programs			
CW-E	Local Programs					Local Programs		Local Programs		Local Programs		Local Programs							
FOX-E	Local Programs																		
NBC-E	Local Programs			Days of our Lives (N)		Local Programs										Local Prog./News		Local Programs	
METV	247*	The Waltons		Gunsmoke <i>Ex-Con</i>		Bonanza <i>Justice</i>		Rifleman	Rifleman	Wagon Train		Adam-12	Adam-12	The A-Team		M*A*S*H	M*A*S*H		
ABC-W	Local Programs			The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs				Local Programs			
CBS-W	Local Programs					The Price Is Right (N)		Young & Restless		Local Prog./Bold		The Talk (N)		Let's Make a Deal		Local Programs			
CW-W	Local Programs																		
FOX-W	Local Programs									Local Programs									
NBC-W	Today 3rd Hour (N)			Today-Hoda		Local Programs				Days of our Lives (N)				Local Programs					
PBS	Dinosaur	Clifford	Sesame St.	Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)				

	EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30									
	CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30									
	MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30									
	PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30									
PREMIUM MOVIES																										
HBO	HBO-E	310	⚡ Fantastic Beast			Irma Vep (N)		Mind Over Murder (N)		Irma Vep		(45) Mind Over Murder		(40) Gone Baby Gone '07, Mystery		'R'		(35) The Bourne Supremacy '04								
	HBO2	312	Westworld (N)			(8:55) Moonrise Kingdom '12		(35) Jurassic Park '93, Adventure		'PG-13'		Sam Jay		Sam Jay		Sam Jay		(15) Private Parts ★★ ★ '97, Biography								
	HBO5	314	⚡ Mickey Blue Eyes '99			(8:47) Coming to America ★★ ★ '88, Comedy		'R'		⚡ Admission '13, Comedy-Drama		'PG-13'		Westw (N)		(45) Inheritance '20, Suspense		Lily Collins 'NR'								
	HBOF	315	⚡ Adventures of Tintin			(8:47) Australia '08, Adventure		Nicole Kidman 'PG-13'		⚡ Mom and Dad Save the World		(02) The Batman ★★ ★ ★ '22, Action		Robert Pattinson 'PG-13'												
MAX	MAX	307	⚡ Stargate ★★ ★ '94, Science Fiction			'PG-13'		(03) R.I.P.D. '13, Action		'PG-13'		(40) Hollow Man ★★ '00, Science Fiction		'R'		(34) Race ★★ ★ '16, Biography		Stephan James 'PG-13'								
	5MAX	308	⚡ The Wood '99 'R'			⚡ Soul Food ★★ ★ '97, Comedy-Drama		'R'		(10:55) Something New ★★ '06		(35) Lars and the Real Girl '07		'PG-13'		(22) Imperium '16, Suspense		'R'								
	MMAX	309	⚡ Red Eye '05 'PG-13'			⚡ Strange but True '19 'PG-13'		(36) War ★★ '07, Action		Jet Li 'R'		(20) Gun Shy '00, Comedy		'R'		(1:52) Biker Boyz ★★ '03 'PG-13'		⚡ Out								
SHOWTIME	SHO-E	318	The Chi			Man Who Fell		Spotlights		⚡ Braveheart ★★ ★ ★ '95, Historical Drama		Mel Gibson 'R'		The Chi		We Hunt		(15) We Hunt Together								
	SHO2	320	⚡ We Hunt			(35) We Hunt Together		Flatbush		The Chi (N)		Man Who Fell		⚡ The Host '06, Horror		Song Kang-ho 'R'		⚡ Demonic '21, Science Fiction								
	SHOBET	321	Flatbush			⚡ Glory '89, War		Matthew Broderick 'R'		(35) Selma '14, Historical Drama		'PG-13'		Spotlights		⚡ The Original Kings of Comedy '00 'R'		⚡ Talkin' Dirty								
	SHOX	322	⚡ Windtalkers ★★ '02, War			Nicolas Cage 'R'		Bellator		(40) 13 Minutes '21, Suspense		'PG-13'		⚡ Bad Santa 2 '16, Comedy		'R'		Man Who Fell								
FLIX-E	SHOS	323	⚡ The Mexican '01 'R'			(05) Stillwater ★★ ★ '21, Drama		Matt Damon 'R'		⚡ Zola ★★ ★ '20, Comedy		'R'		⚡ Black Sheep '96, Comedy		'PG-13'		⚡ Wild Things '98, Suspense								
	TMC	327	⚡ Werewolves Within '21 'R'			(40) Hide and Seek '21 'R'		(05) Misery '90, Horror		James Caan 'R'		⚡ The Mauritanian '21, Drama		Jodie Foster 'R'		(10) Surge '20 'NR'										
	FLIX-E	333	⚡ Mission: Impossible III '06, Action			'PG-13'		(15) Mad Max '79, Action		Mel Gibson 'R'		⚡ The Texas Chain Saw Massacre		Martin Lawrence Live: Runteldat		⚡ Beverly Hills Ninja										
STARZ	ENCR-E	340	⚡ First Daughter '04			⚡ The American President ★★ ★ '95 'PG-13'		(10:57) Cesar Chavez '14 'PG-13'		(43) The Entity ★★ ★ '82, Horror		Barbara Hershey 'R'		(2:52) Dog Soldiers 'R'												
	STARZ-E	350	P-Valley White Knights			(07) Becoming Elizabeth		(09) The Amazing Spider-Man 2 '14, Action		'PG-13'		(35) Die Hard ★★ ★ ★ '88, Action		Bruce Willis 'R'		Becoming Elizabeth										
	STRZED	352	⚡ Gaslit Tuffy			(8:58) Gaslit		(9:58) Gaslit Final Days		Ghislaire Maxwell?		(11:53) Pompeii ★★ ★ '14 'PG-13'		Ghislaire Maxwell?		(35) Wonderland ★★ '03 'R'										
	STRZCI	353	(08) Searching for Bobby Fischer '93 'PG'			⚡ Stan & Ollie '18, Biography		'PG'		(40) Eat Pray Love ★★ '10, Drama		Julia Roberts 'PG-13'		(04) The Broken Hearts Gallery '20 'PG-13'												
EPIX	STRZCO	354	⚡ Twins ★★ ★ '88, Comedy			'PG'		(9:49) Fear and Loathing in Las Vegas '98 'R'		(11:50) Empire Records ★★ '95		(24) This Is the End '13 'R'		⚡ Block Party												
	STRZIB	355	⚡ Prison			(32) Rapture-Palooza '13 'R'		⚡ Ray ★★ ★ ★ '04, Biography		Jamie Foxx 'PG-13'		(37) The Legend of Baggar Vance '00, Drama		'PG-13'		(2:46) Underclassman										
	STRZKF	356	⚡ Big Fat Liar '02, Children's			'PG'		(29) Bigger Fatter Liar '17 'PG'		(05) Iron Man 3 '13, Action		Robert Downey Jr. 'PG-13'		(17) Talent for the Game '91		⚡ H Is for Happiness										
EPIX	EPIX	380	⚡ Lincoln ★★ ★ ★ '12, Historical Drama			Daniel Day-Lewis		⚡ We Were Soldiers ★★ ★ '02, War		Mel Gibson		(12:50) The Rhythm Section '20		(40) The Hunted '03, Action												
	EPIX2	381	⚡ Anchorman 2: The Legend Continues '13			⚡ Pain & Gain '13, Action		Mark Wahlberg		(12:10) Election ★★ ★ '99, Comedy		(1:55) Mighty Oak '20		⚡ Little												
	EPIXH	382	⚡ The Hunger Games: Catching Fire '13, Science Fiction			⚡ The Hunger Games: Mockingjay, Part 1 '14		(35) The Hunger Games: Mockingjay, Part 2 '15		⚡ The Time Machine																
	EPIXDR	292	⚡ Jacob's Ladder '90, Horror			Tim Robbins		(9:55) Dead Again '91, Mystery		(45) The Machinist ★★ ★ '04, Suspense		⚡ The Haunting ★★ '99, Horror		Liam Neeson		⚡ Mod										
AMERICA'S TOP PROGRAMMING																										
A&E	118	Right to Offend: The Black Comedy Revolution				Right to Offend: The Black Comedy Revolution				Right to Offend: The Black Comedy Revolution				Right to Offend: The Black Comedy Revolution												
AHC	195	America: Facts				America: Facts				America: Facts				America: Facts												
AMC	131	⚡ Rocky III ★★ ★ '82, Drama				⚡ Rocky IV ★★ ★ '85, Drama				Sylvester Stallone ⚡ Rocky Balboa '06, Drama				Sylvester Stallone ⚡ Rocky V ★★ ★ '90, Drama												
APL	184	Naked and Afraid				Naked and Afraid				Naked and Afraid				Naked and Afraid												
AXSTV	167	Nothing but Trailers (N)				⚡ The Crow ★★ ★ '94, Action				Brandon Lee				⚡ Beats, Rhymes & Life: The Travels												
BBCA	135	Bones				Bones				Bones Fragments.				The Split (N)												
BET	124	⚡ Lethal Weapon 3 '92				⚡ Lethal Weapon 4 ★★ '98, Action				Mel Gibson, Danny Glover				Martin												
BOUNCE	359	⚡ Wild Wild West ★★ '99, Action				Will Smith, Kevin Kline				⚡ Posse ★★ ★ '93, Western				Mario Van Peebles												
BRAVO	129	Below Deck				Below Deck				Below Deck				⚡ Ocean's Eleven '01, Comedy-Drama												
BUZZR	245	Talkabout Super Pass.				Sweep Newlywed				Match-Squares				Talkabout Super Pass.												
CIHD	249	The Big House				The Big House				The Big House				The Big House												
CMT	166	⚡ Raiders of the Lost Ark '81, Adventure				CMT Let Freedom Sing!				July 4th				CMT Let Freedom Sing!												
CNBC	208	Shark Tank				Shark Tank				Shark Tank				Shark Tank												
CNN	200	⚡ CNN Special Program																								
COM	107	The Office				The Office				The Office				South Park												
COMET	289	The X-Files (Part 1 of 2)				The X-Files (Part 2 of 2)				The X-Files (Part 1 of 2)				The X-Files (Part 2 of 2)												
COOK	113	Delicious Delicious				Zimmer Zimmer				Delicious Delicious				Delicious Delicious												
DISC	182	Street Outlaws				Street Outlaws				(02) Street Outlaws: Mega Cash Days				Street Outlaws												
DFC	179	Extreme Makeover				Extreme Makeover				Extreme Makeover				Extreme Makeover												
DISN-E	172	Big City				Big City				Big City				Big City												
ENCR-W	341	(14) The Babe ★★ ★ '92, Biography				'PG'				(12) First Daughter '04, Romance-Comedy				'PG'												
EWESTN	342	⚡ Walk the Proud Land				(05) Gunpoint '66, Western				'NR'				(32) Gunsmoke '53, Western												
EACTN	343	⚡ The Great Raid '05, War				Benjamin Bratt 'R'				(15) Missing in Action ★★ ★ '84, War				'R'												
ESUSP	344	⚡ A.I.: Artificial				Lakeview Terrace '08, Suspense				'PG-13'				(10:53) The Postman ★★ '97, Drama												
EBLACK	345	(05) Boyz n the Hood '91, Drama				'R'				⚡ Clockers ★★ ★ '95, Drama				Harvey Keitel 'R'												
ECLASS	346	⚡ Streets of Laredo (Part 1 of 3)				(18) Streets of Laredo (Part 2 of 3)				(10:48) Streets of Laredo				(20) Bandidas ★★ '06 'PG-13'												
EFAMLY	347	⚡ Race for Life, Charlie Brown				Bon Voyage				(35) By Dawn's Early Light '01, Drama				'NR'												
ESPN	140	⚡ WNBA Basketball				ESPN Films				SportsCenter (L)				SportsCenter (L)												
ESPN2	143	⚡ ESPN Films				⚡ USL Championship Soccer				30 for 30				Great American Events												
EWTN	261	The Journey Home				Vatican Rosary				World Over Live				Battle Women of												
FETV	82	Perry Mason				Perry Mason				Emergency!				Emergency!												
FMC	387	(15) Second Chorus '40, Musical Comedy				⚡ All-American Co-ed				⚡ Evergreen ★★ ★ '34, Musical Comedy				⚡ The Gorilla ★★ '39, Comedy												
FNC	205	Tucker Carlson Tonight (L)				Hannity (L)				The Ingraham Angle (L)				Gutfeld! (N)												
FOOD	110	Diners				Diners				Diners				Diners												
FREFM	180	⚡ Spider-Man: Far From Home ★★ ★ ★ '19, Action				Tom Holland				The 700 Club				Simpsons												
FS1	150	⚡ USFL Football Championship: Teams TBA				USFL				Skip and Shannon: Undisputed				TMZ (N)												

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
AMERICA'S TOP PROGRAMMING																			
FX	136	Captain America: The Winter Soldier ★★ ★ ('14, Action) <i>Chris Evans</i>							Independence Day: Resurgence ★★ ('16, Science Fiction)				Mom	Mom	Mom	Paid Programs			
FXM	384	1Ind. Day (35) Independence Day ★★ ★ ('96, Science Fiction) <i>Will Smith</i> 'PG-13' (25) Live Free or Die Hard ('07, Action) <i>Bruce Willis</i> 'PG-13' (10) Proud Mary ★★ ('18, Action) 'R'																	
FXX	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Futurama	Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer		
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Family to Hart		All/Family		Sanford		Sanford	Sanford	Sanford	Catch 21		
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided		
GOLF	401	PGA Tour Golf <i>John Deere Classic, Final Round</i>									Golf Central		Golf	Golf	One Shot	Paid Programs			
GRIT	217	Silverado ★★ ★ ('85, Western) <i>Kevin Kline, Scott Glenn</i>						Law and Order ('53, Western) <i>Ronald Reagan</i>			Days of Jesse James ★★ ('39)			Pals of the Saddle ('38, Western)					
HALL	185	The Sweetest Christmas ('17, Romance)				Crown for Christmas ('15, Romance)				Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier		
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie			
HALLMV	187	1One Summer ('21)		The Birthday Wish ('17, Romance-Comedy)		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk			
HDMOV	130	1Tentacles (40) The Deadly Bees ★★ ★ ('67, Horror)				Anacondas: Hunt			(12:15) Lake Placid 2 ('07, Horror)			Leviathan ('89, Science Fiction) <i>Peter Weller</i>							
HERIC	293	Star Trek			Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch <i>Father's Day</i>		House <i>Mirror Mirror</i>		House		
HGTV	112	Home Town			Great Giveback		Home Town		Home Town		Home Town		Home Town		Home Town		Home Town		
HIST	120	The Food That Built America (Part 2 of 3)					(05) The Food That Built America			(12:03) The Food That Built America (Part 2 of 3)			(06) The Food That Built America						
ID	192	Homicide Hunter- Trail		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter- Trail			
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock		
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Hates Chris	Hates Chris	Paid Programs			
LIFE	108	TextMeWhen			TextMeWhen		TextMeWhen		TextMeWhen		TextMeWhen		TextMeWhen		TextMeWhen		TextMeWhen		
LMN	109	Keeping Up With the Joneses <i>The Wrong Letter</i>					Keeping Up With the Joneses			(12:01) Keeping Up With the Joneses			Keeping Up With the Joneses						
MAGN	111	Van Go (N)	Van Go (N)	Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Van Go	Van Go		
MGMHD	385	1The Delta Force ★★ ('86, Action) <i>Chuck Norris</i>					(25) Braddock: Missing in Action III ★★ ★ ('88) (35) Convoy ★★ ('78, Action) <i>Kris Kristofferson</i>			(2:55) Flesh & Blood									
MOTOR	246	Full Custom Garage			Full Custom Garage		Full Custom Garage		Full Custom Garage		Full Custom Garage		Full Custom Garage		Full Custom Garage		Full Custom Garage		
MSNBC	209	All In With Chris Hayes (L)			Rachel Maddow Show		The Last Word With		11th Hour		Rachel Maddow Show		The Last Word With		11th Hour		All In With Chris Hayes		
NATGEO	197	Life Below			Life Below		Life Below		Life Below		Life Below		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		
NGWLD	190	Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!		Dr. Pol: Deja MOO!		The Incredible Dr. Pol		Dr. Pol: Deja MOO!		Paid Programs			
OUTD	396	Das Boat	Fishmonger	Wicked Tuna		Fishing	WildFed	Das Boat	Fishmonger	Wicked Tuna	Fishing	WildFed	Das Boat	Fishmonger	Wicked Tuna	Wicked Tuna			
OWN	189	Deadline: Crime			Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		
OXYG	127	Snapped <i>Jerrie Bryant</i>			Snapped <i>Hannah Stone</i>		Snapped		Living With a Serial Killer		Living With a Serial Killer		Living With a Serial Killer		Living With a Serial Killer		Cold		
PARMT	241	Yellowstone			Yellowstone		Yellowstone		Silverado ★★ ★ ('85, Western) <i>Kevin Kline, Scott Glenn</i>				The Office		The Office	The Office			
POP	117	1Movie			Movie				Movie				Panic Room ('02, Suspense)						
REELZ	299	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Cops Rel.	Paid Programs			
RFDTV	231	Rural America Live		Rancher	Red Ste.	Rodeo	Horse-West	Jodi Clark	Rural News	Rural America Live		Rancher	Red Ste.	Paid Programs					
SCI	193	Expedition Unknown			Expedition Unknown		Expedition X		Josh Gates Tonight		Expedition Unknown		Expedition X		Josh Gates Tonight		Expedition Unknown		
SMITH	367	America's Hidden			America's Hidden		America's Hidden		Aerial America		America's Hidden		America's Hidden		America's Hidden		Humongous Moves		
SONY	386	Summer Job ★ ('89, Comedy)			(44) Private Resort ('85, Comedy)		Rob Morrow ('18) Summer Job ('89, Comedy)		(12:55) Private Resort ('85, Comedy)		(24) The Final Countdown ('80)								
SUND-E	358	NCIS			NCIS		NCIS		NCIS		NCIS		Columbo		(45) Columbo				
SYFY	122	1Jaws ('75, Suspense) <i>Roy Scheider</i> (28) Jaws ★★ ★★ ('75, Suspense) <i>Roy Scheider, Robert Shaw</i>					Jaws 2 ★★ ★ ('78, Suspense) <i>Roy Scheider, Lorraine Gary</i>				Tw. Zone		Tw. Zone						
TBN	260	Robert Morris:			Takeaway-Kirk		Grier	Centerpoint	Robert Morris:		Prince	Takeaway-Kirk		Jordan Rubin	Hannen	Mother's Day Special			
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American	American	ELEAGUE Presents (L)		Friends With Benefits ('11, Romance-Comedy)				(15) How to Be Single			
TCM	132	Jailhouse Rock ('57, Musical)			(45) The Buddy Holly Story ('78, Biography)		(45) Great Balls of Fire! ('89, Biography)		(45) Mystery Train ('89, Comedy-Drama)		(45) Mystery Train ('89, Comedy-Drama)		(45) Mystery Train ('89, Comedy-Drama)		(45) Mystery Train ('89, Comedy-Drama)		Hail Hall		
TLC	183	The Family Chantel (N)			90 Day Diaries (N)		Seeking Sister Wife (N)		Welcome to Plathville		The Family Chantel		90 Day Diaries		Seeking Sister Wife		Welcome to Plathville		
TMC-W	329	1Whiplash ('14) 'R'			(8:50) Midnight Run ('88, Comedy) 'R'		Werewolves Within ('21) 'R'		(21) 'R'		(40) Hide and Seek ('21) 'R'		(05) Misery ('90, Horror) <i>James Caan</i> 'R'						
TNT	138	1Independence Day ('96, Science Fiction)				Independence Day ★★ ★ ('96, Science Fiction) <i>Will Smith, Bill Pullman</i>				Cold Case <i>Revolution</i>		Cold Case <i>Wishing</i>		Cold Case <i>Revenge</i>					
TRU	242	Jokes	Jokes	Jokes	Jokes	Ride Along 2 ★★ ('16, Comedy) <i>Ice Cube</i>				Ride Along 2 ★★ ('16, Comedy) <i>Ice Cube</i>				Jokes	Jokes	Jokes	Jokes		
TRVL	196	Mysteries of the Unknown (N)				Mysteries of the Unknown				Mysteries of the Unknown				Mysteries of the Unknown					
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	Mom	Mom	Mom	Mom	Mom		
UP	188	Blue Bloods			Blue Bloods		Blue Bloods		Blue Bloods <i>Brothers</i>		Blue Bloods <i>Chinatown</i>		Blue Bloods <i>Re-Do</i>		Blue Bloods <i>After Hours</i>		Paid Programs		
USA	105	1WWE Monday Night RAW (L)																	
WE	128	Criminal Minds			Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Law Order: CI		Law Order: CI		Monk		
LOCAL NETWORKS																			
ABC-E		Great American Tag			The American Rescue Dog Show		Local Prog.		(35) Jimmy Kimmel Live!		Nightline (N)	Local Programs		ABC World News Now (N)					
CBS-E		Neighbor	Bob Heart	NCIS <i>Starting Over</i>		NCIS: Hawai'i <i>T/N/T</i>		Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)			
CW-E		Roswell, New Mexico			In the Dark		Local Programs												
FOX-E		Don't Forget the Lyrics!			Beat Shazam		Local Programs												
NBC-E		Macy's 4th of July Fireworks Spectacular (L)					July Fireworks		Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News	Top Story With		Early Tdy	Local Prog.
METV	247	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Tw. Zone		Hitchcock	Hitchcock	(05) Mannix		(05) Cannon			
ABC-W		Local Programs			News		Local Programs		Great American Tag		The American Rescue Dog Show		Local Prog.		(35) Jimmy Kimmel Live!		Nightline (N)		
CBS-W		Local Prog.			News		Local Programs		Neighbor		Bob Heart		NCIS <i>Starting Over</i>		NCIS: Hawai'i <i>T/N/T</i>		Local Prog.	Late Show-Colbert	Corden
CW-W		Local Programs					Roswell, New Mexico		In the Dark		Local Programs								
FOX-W		Local Programs					Don't Forget the Lyrics!		Beat Shazam		Local Programs								
NBC-W		Local Prog.			News		Local Programs		Macy's 4th of July Fireworks Spectacular (N)				July Fireworks		Local Prog.		Tonight Show-J. Fallon		Meyers
PBS		A Capitol Fourth 2022 (L)			A Capitol Fourth 2022			Amanpour-Co		A Capitol Fourth 2022			A Capitol Fourth 2022			Hotel Portofino			

		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30						
EASTERN		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30						
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30						
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30						
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30						
PREMIUM MOVIES																							
HBO	HBO-E	310	Bourne Su (25) Killers ('10, Action) 'PG-13'			(10) Masters of the Universe ★★ ('87) 'PG'			Ender's Game ('13, Science Fiction) 'PG-13'			(9:55) Against the Ropes ('04, Drama) 'PG-13'											
	HBO2	312	(10) Daredevil ('03, Action) Ben Affleck 'PG-13'			(5:55) Lottery Ticket ('10) 'PG-13'			(35) Ella Enchanted ('04) 'PG'			(15) Say Anything... ('89, Romance) 'PG-13'			Red ('10) 'PG-13'								
	HBO5	314	The Counselor ('13, Suspense) 'R' Black			Warm Bodies ★★ ('13) 'PG-13'			(40) I'll See You in My Dreams ('15) 'PG-13'			(20) Dying Young ('91, Drama) 'R'			Many Saints								
	HBOF	315	Kruill ★★ ('83, Fantasy) Ken Marshall 'PG'			K'garten Happily Curious Crashbox (7:50) The Secret Garden ('93) 'G'			(32) Wiener Dog Internationals (05) Bee Movie ('07)														
MAX	MAX	307	Ouija ★★ ('14, Horror) 'PG-13'			(20) Joyful Noise ('12, Comedy-Drama) 'PG-13'			(20) Cops and Robbersons ('94)			(8:55) Shutter ('08, Horror) 'PG-13'			(20) Hot Shots! ('91)								
	5MAX	308	The Personal History of David Copperfield			Seeking a Friend for the End of the World (7:52) Never Let Me Go ('10) 'R'			(36) Ghost Town ('08, Comedy) 'PG-13'			Next 3											
	MMAX	309	The Out-of-Towners (14) Chasing Papi ('03) 'PG'			(35) Laws of Attraction ★★ ('04)			(06) Deerskin ('19, Comedy) 'NR'			Master of the Nine Dragon Fist			Win Win ('11) 'R'								
SHOWTIME	SHO-E	318	Flatbush Man Who Fell			The Contractor ('22, Action) 'R'			(15) Florence Foster Jenkins ('16) 'PG-13'			(15) Elizabeth: A Portrait in Part(s) (45) Laurel Canyon ★★ ('02) 'R'											
	SHO2	320	Immortals ('11, Adventure) 'R'			(40) Congo ('95, Action) Dylan Walsh 'PG-13'			Better Off Dead ★★ ('85) 'PG'			(10) Sleepy Hollow ★★ ('99, Horror) 'R'			Fruitvale Station ('13)								
	SHOBET	321	Talkin Marley ★★ ('12, Documentary) Bob Marley 'PG-13'			Ali			Car Wash ('76, Comedy) 'PG'			(15) Beneath a Sea of Lights ('20) 'NR'			Under the Volcano								
	SHOX	322	Cape Fear ('91) 'R'			(15) A Perfect World ('93, Drama) Kevin Costner 'PG-13'			(35) Dreamland ('19, Drama) Margot Robbie 'R'			(20) The Hummingbird Project 'R'			(10) Old Henry ('21)								
STARZ	SHOS	323	Wild Thing The Perfect Score ('04) 'PG-13'			(05) The Ballad of Lefty Brown ('17) 'R'			Room ★★ ('15, Drama) Brie Larson 'R'			Terms of Endearment ★★ ('83) 'PG'											
	TMC	327	Surge ('20) 'NR'			Whiplash ('14, Drama) Miles Teller 'R'			The Sea of Trees ★ ('15, Drama) 'PG-13'			Texas Rangers ★ ('01) 'PG-13'			The Jerk ★★ ('79, Comedy) 'R'								
	FLIX-E	333	Beverly (45) Orange County ('02) 'PG-13'			Joan Kiss. (45) August the First ('07) 'NR'			(15) The Spectacular Now ('13) Miles Teller 'R'			The Love Guru ★ ('08) 'PG-13'			Down Erth								
STARZ	ENCR-E	340	Dog Slids (41) The Climb ('19, Comedy-Drama) 'R'			(22) The Return of the Pink Panther ('75) 'G'			(17) Breathe ★★ ('17, Biography) 'PG-13'			(17) The Last Vermeer ('19) 'R'											
	STARZ-E	350	P-Vallance White Knights (4:58) The Hurricane ('99, Drama) Denzel Washington 'R'			(27) The Amazing Spider-Man 2 ('14, Action) 'PG-13'			(9:51) Black or White ('14, Drama) 'PG-13'			(26) White House Down ('13)											
	STRZED	352	Won (22) The Kid Detective ('20) 'R'			(04) The Last Castle ('01, Suspense) Robert Redford 'R'			(18) Mrs. Doubtfire ('93, Children's) 'PG'			(26) White House Down ('13)											
	STRZCI	353	The Seagull ('18, Drama) 'PG-13'			(36) Concussion ('15, Drama) Will Smith 'PG-13'			(41) Eat Pray Love ★★ ('10, Drama) Julia Roberts 'PG-13'			(03) Naked Singularity ('21) 'R'			Gangs NY								
EPICX	STRZCO	354	Block Party (4:58) The Smell of Success ('09)			Prelude to a Kiss ('92, Fantasy) 'PG-13'			(16) The Big Hit ('98, Action) 'R'			(9:48) Things Are Tough All Over Jersey Girl											
	STRZIB	355	Underclia (22) In Too Deep ★★ ('99) 'R'			The Craft: Legacy ('20) 'PG-13'			(38) Hardwired ★ ('09) 'R'			(14) Underclassman ('05, Comedy) 'PG-13'			(10:50) The Misfits ('21)								
	STRZKF	356	Happiness Ever After ★★ ('98, Romance) 'PG-13'			Pit Pony Pit Pony (21) Little Vampire (45) Gladiators of Rome ('12, Comedy) 'PG'			Thomas and the Magic Railroad														
EPICX	EPIX	380	(15) Sex Life (15) Hell on the Border ('19, Western)			(10) Case 39 ('09, Horror) Renée Zellweger			Gully ('19, Suspense)			(25) Hondo ★★ ('53, Western)											
	EPIX2	381	The Little Hours ('17) Sets (35) Carrie ★★ ('76, Horror)			(15) The Choice ★ ('16, Romance)			This Is Home: A Refugee Story			Anchorman 2-Legend Cont.											
	EPIXH	382	Time M (35) Supervized ('19, Comedy) (05) The Tracker ('19, Action)			(35) Not Fade Away ★★ ('12, Drama)			Cadillac Man ('90, Comedy)			(10) Robot & Frank											
	EPIXDR	292	The Mod Squad ('99) Apache Uprising ('65, Western) (35) Gandhi ★★ ('82, Biography) Ben Kingsley, Candice Bergen			(9:50) Jacob's Ladder ('90, Horror)			DeadAg														
AMERICA'S TOP PROGRAMMING																							
A&E	118	Paid Programs				Jeremiah	Paid Prog.	WWE's Most Wanted	WWE's Most Wanted	WWE's Most Wanted	Treasures Ric Flair				WWE's Most Wanted								
AHC	195	America: Facts				America: Facts		Nazi Death Squads		Nazi Death Squads					Nazi Death Squads		Nazi Death Squads		Apocalypse: WWI Fury		Apocalypse: WWI Fear		
AMC	131	(15) Dark Winds Hooghandi				Stooges		Paid Programs				Rocky Balboa ('06, Drama)		Rocky ★★ ('76, Drama)									
APL	184	Naked and Afraid				Homestead Rescue		Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue										
AXSTV	167	Paid Programs						Music	Music	Live From Daryl's House	Rock	Rock	The Crow ('94, Action)										
BBCA	135	Dune ★★ ('84, Science Fiction)				Stooges		Star Trek: Next		Star Trek: Next	Star Trek: Next	Star Trek: Next	Star Trek: Next	Bones	Bones Quarantined.								
BET	124	Husbands	Husbands	Husbands	Husbands	Browns	Browns	Live Single	Live Single	Live Single	Live Single	Martin	Martin	black-ish	black-ish	Martin	Martin						
BOUNCE	359	Scandal		The Real		Wendy Williams Show		Nick Cannon		Injury Ct.	Injury Ct.	Court	Court	Court	Court	Paternity	Paternity						
BRAVO	129	Kelly Clarkson		Paid Programs		Below Deck		Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck						
BUZZR	245	Match	Match	Match	Match	Paid Programs		Les Feldick	Prince	Tell Truth	My Line?	Concentrat	You See It	Sharks	Card	Newlywed	Sweep						
CIHD	249	The Big House		The Big House		Paid Programs				American Justice		American Justice	Nightwatch	Nightwatch	Nightwatch	Nightwatch	Nightwatch						
CMT	166	CMT Music		CMT Music		CMT Music		CMT Music	CMT Music	CMT Music	CMT Music	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne						
CNBC	208	Street Signs (L)		Worldwide Exchange (L)		Squawk Box (L)						Squawk on the Street (L)		TechCheck (L)									
CNN	200	CNN Newsroom Live (L)		Early Start w/Romans		New Day With		New Day With	New Day With	New Day With	New Day With	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	At This Hour-Kate							
COM	107	South Park		South Park	Paid Programs		Futurama		Futurama	Futurama	Futurama	South Park	South Park	South Park	South Park	South Park	South Park						
COMET	289	Paid Programs										Motel Hell ★★ ('80, Horror) Rory Calhoun		Love Bites ('92)									
COOK	113	Paid Programs						Beach Bites	Beach Bites	Taco Trip	Taco Trip	Food Truck	Food Truck	Unwrap2.0	Unwrap2.0	Unwrap2.0	Unwrap2.0						
DISC	182	Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law						
DFC	179	Kit. Crash	Kit. Crash	Puppies	Puppies	Monsters	Monsters	Pac-Man	Transform.	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony	Monsters	Monsters						
DISN-E	172	Bunk'd	Jessie	Ladybug	Ladybug	Mickey	Bluey	Alice's	Bluey	Bluey	(25) TBA	Bluey	Bluey	Bluey	Bluey	Big City	Big City						
ENCR-W	341	The Entity ('82, Horror) Barbara Hershey 'R'				(5:52) Dog Soldiers ('02, Horror) 'R'		(41) The Climb ('19, Comedy-Drama) 'R'				(22) The Return of the Pink Panther ('75) 'G'		Breathe									
EWESTN	342	Dead Man's Walk				(4:57) Dead Man's Walk		(27) Dead Man's Walk		(Part 3 of 3)		Bullet for a Badman ('64) 'NR'		(22) Rawhide ('51, Western) 'NR'		The Hired Hand ('71)							
EACTN	343	Stop-Loss ('08) 'R'				(07) Vertical Limit ('00, Suspense) 'PG-13'		(14) End of Days ('99, Horror) Arnold Schwarzenegger 'R'				(19) Beneath Us ('19, Horror) 'R'		(10:48) Rapid Fire ('92)									
ESUSP	344	Legion ★ ('10, Horror) 'R'		(16) Inferno ('16, Suspense) Tom Hanks 'PG-13'		(20) The Equalizer 2 ★★ ('18, Action) 'R'		(25) Machete Kills ('13, Action) 'R'		Sicario-Soldado													
EBLACK	345	Loving (38) Stomp the Yard ('07, Drama) 'PG-13'		(33) Jumanji: Welcome to the Jungle ('17)		(34) The Surrogate ('20) 'NR'		(09) Captain Phillips ('13, Docudrama) 'PG-13'															
ECLASS	346	Lonesome Dove (05) Lonesome Dove		(Part 3 of 4)		(42) Lonesome Dove Return		(Part 4 of 4)		Rise of the Planet of the Apes (06) The Bone Collector ('99, Suspense) 'R'													
EFAMILY	347	Cinderella (24) Arctic Tale ★★ ('07) 'G'		Max Winslow and the House		(31) Agent Cody Banks ('03) 'PG'		(15) Cinderella ★★ ('15, Children's) 'PG'		(02) Be Somebody													
ESPN	140	SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (L)		2022 Wimbledon Championships Quarterfinals: Centre Court													
ESPN2	143	Oliveira/Poirier		Great American Events		Keyshawn, JWill and Max (L)		2022 Wimbledon Championships Quarterfinals: No. 1 Court (L)															
EWTN	261	Signs/Life	Journey	The Church	Living	Aquinas	Church	St. Michael	Rosary	Daily Mass (L)	Holy	Living Right	Mother Angelica Live	Sacraments									
FETV	82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	McCoys	McCoys	Wagon Train	Wagon Train	Hazel	Hazel	Beaver	Beaver								
FMC	387	Sin-Harold College ★★ ('27, Comedy)				Law of the Wild ★ ('41, Western) Dennis Moore, Luana Walters				College ★★ ('27, Comedy)				Life Fathr									
FNC	205	FOX & Friends First (L)		FOX & Friends First (L)		FOX and Friends (L)						America's Newsroom (L)				The Faulkner Focus (L)							
FOOD	110	Battle of the Brothers		Paid Programs				Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Food Paradise	Food Paradise	Food Paradise	Food Paradise						
FREFM	180	Paid Programs						black-ish	black-ish	black-ish	black-ish	The 700 Club	The 700 Club	700 Club	The Middle	The Middle	The Middle						
FS1	150	USFL	USFL	USFL	USFL	Skip and Shannon: Undisputed			First Things First (L)			Skip and Shannon: Undisputed (L)											

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30		
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30		
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30		
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30		
AMERICA'S TOP PROGRAMMING																		
FX	136	Paid Programs						Mom	Mom	Mom	Mom	Ad Astra ★★ ★ ('19, Science Fiction) Brad Pitt				Dawn		
FXM	384	Tony Rome ★★ ★ ('67, Crime Drama) 'NR'				Caprice ★ ('67, Comedy) 'NR'		(:40) The French Connection ('71) 'R'				(:25) Eyewitness ('81, Suspense) 'R'		(:10) Tony Rome ('67)				
FXX	125	Paid Programs						The Simpsons Movie ★★ ★ ('07, Comedy)				Red Sparrow ★★ ★ ('18, Suspense) Jennifer Lawrence, Joel Edgerton						
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries		Elevation	Prince	Les Feldick/Paid Prog.		Good Time	Good Time	Good Time	Good Time	Hart to Hart		
GMSHW	116	Paid Programs						Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America	
GOLF	401	Paid Programs			Golf Central		Golf Central		Golf Central		Golf Central		DP World Tour Golf Horizon Irish Open, Final Round					
GRIT	217	Paid Programs				Laramie Broken Honor		Laramie		A Day of Fury ('56, Western)			The Command ★★ ★ ('54, Western) Guy Madison					
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Heart of the Holidays ('20, Romance)				
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock The Cult	Matlock			
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder				
HDMOV	130	Paid Programs					Loverboy ★★ ('89, Romance-Comedy)					(:950) Indian Uprising		(:15) DeepStar Six ('89)				
HERIC	293	The District		The District Wasteland		Maverick		Wanted ... / Wanted ...		Have Gun	Have Gun	Rawhide		The High Chaparral	Cheyenne Satonka			
HGTV	112	Home Town		Home Town		Tough Love With Hilary		Tough Love With Hilary		Tough Love With Hilary		Tough Love With Hilary		Tough Love With Hilary		Tough Love With Hilary		
HIST	120	Paid Programs				Amazing	Jeremiah	The Proof Is Out There		The Proof Is Out There		The Proof Is Out There		The Proof Is Out There		The UnXplained		
ID	192	Murder in the		Murder in the		Murder in the		Fear Thy Neighbor		Fear Thy Neighbor		Fear Thy Neighbor		Homicide City		Homicide City		
IFC	133	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Parks	Parks	Parks	Parks	Parks	Parks		
LAFF	237	Paid Programs				Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court	
LIFE	108	Paid Programs				Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		
LMN	109	Paid Programs				Sugar Babies ('15, Drama) Alyson Stoner				Psycho Escort ('20, Suspense) Victoria Barabas			Mile High Escorts ('20, Suspense)					
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	
MGMHD	385	Flesh & Blood ('85, Adventure) Studio			MGM HD Showcase		(:05) A Kiss Before Dying ('56, Suspense)				(:15) The Private Life of Sherlock Holmes ★★ ★ ('70, Adventure)							
MOTOR	246	Bitchin' Rides			Bitchin' Rides		Junkyard Empire		FantomWorks			Garage Squad		Garage Squad		Garage Squad		
MSNBC	209	Rachel Maddow Show		Way Too Early		Morning Joe (L)						Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)		
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs						Port Protection Alaska		Port Protection Alaska		Port Protection Alaska		
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		
OUTD	396	Fishing	WildFed	Das Boat	Fishmonger	Backyard Ballistics			Wardens		Bone Coll. / Hunt Masters					Live 2 Hunt With		
OWN	189	Ready to Love		Ready to Love		Dr. Phil		Dr. Phil (Part 2 of 2)		Dr. Phil (Part 1 of 2)		Dr. Phil		Dr. Phil		Dr. Phil		
OXYG	127	Cold	Cold Justice Small Town Conspiracy			Exhumed-Killer		Exhumed-Killer		Exhumed-Killer		Exhumed-Killer		Dateline: Secrets Uncovered				
PARMT	241	Paid Programs										Bar Rescue		Bar Rescue		Bar Rescue		
POP	117	Panic Room ('02)		Goldbergs	Goldbergs	Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER The Right Thing		ER Baby Shower		ER The Healers		
REELZ	299	Paid Programs				Gwyneth Paltrow	Christina Grimmie		Madonna: Stalked		CopyCat Killers		CopyCat Killers Scream		CopyCat Killers			
RFDTV	231	Paid Programs				Coop	Presleys'	Stuart	Jeremiah	Rural News/AgDay (N)		Market Day Report (L)						
SCI	193	Expedition Unknown		Expedition Unknown		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		
SMITH	367	Humongous Moves		Humongous Moves		Aerial America		Aerial America Hawaii		Aerial America Virginia		How Did- Build		How Did- Build		How Did- Build		
SONY	386	(:15) The Art of War II: Betrayal ('08, Action)			(:06) 20 Million Miles to Earth ('57)		(:37) Jason and the Argonauts ('63, Children's)		(:36) Damn the Defiant! ('62, Historical Drama)		Sniper 3							
SUND-E	358	Columbo	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Gilligan	Law Order: CI		Law Order: CI		Law Order: CI		
SYFY	122	Paid Programs				Intergalactic		Intergalactic		Olympus Has Fallen ★★ ★ ('13, Action) Gerard Butler (:35) The 5th Wave ★★ ('16)								
TBN	260	Believe Boldly		Jackson	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen	
TBS	139	How to Be Single ★★ ('16)		Matters	Matters	George	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	
TCM	132	Hail! Hail! Rock 'n' Roll ('87)		(:45) Jamboree ('57, Musical)		(:15) Go, Johnny, Go! ('58, Musical)		Cat People ('42)		(:45) The Curse of the Cat People		The Seventh Victim						
TLC	183	7 Little Johnstons		Long Island Medium		Long Lost Family		Long Lost Family		Long Lost Family		The Family Chantel		The Family Chantel		The Family Chantel		
TMC-W	329	The Mauritanian ('21, Drama) Jodie Foster 'R'			(:10) Surge ('20, Suspense) Ben Whishaw 'NR'		Whiplash ('14, Drama) Miles Teller 'R'				The Sea of Trees ★ ('15, Drama) 'PG-13'							
TNT	138	Cold Case		Charmed		Charmed Bite Me		Charmed		Charmed		Charmed Womb Raider		Supernatural		Supernatural Unity		
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers/Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	
TRVL	196	Paid Programs						True Paranormal				True Paranormal		True Paranormal		True Paranormal		
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs								M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza
UP	188	Paid Programs				Heartland Miracle		Heartland Little Secrets		Heartland		Little House on Prairie		Little House on Prairie		Little House on Prairie		
USA	105	Dateline (Part 1 of 2)		(:450) Dateline		NCIS Driven		NCIS Suspicion		2022 Tour de France Stage 4		Hilly stage. Distance 172 km. From Dunkirk to Calais. (N)						
WE	128	Waka & Tammy		Paid Programs										Law & Order		Law & Order Collision		
NETWORKS																		
ABC-E		Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)		
CBS-E		CBS Overnight News (N)		News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right		
CW-E		Local Programs				Local Programs												
FOX-E		Local Programs				Local Programs								Local Programs		Local Programs		
NBC-E		Local Programs				Local Programs		Today (N)						Today 3rd Hour (N)		Today-Hoda		Local Programs
METV	247*	(:05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock The Gigolo		In the Heat of Night		
ABC-W		Local Programs		ABC World News Now (N)				Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				
CBS-W		Corden	Local Prog.	CBS Overnight News (N)						News		News	News	News	CBS Mornings (N)			
CW-W		Local Programs										Local Programs						
FOX-W		Local Programs										Local Programs		Local Programs				
NBC-W		Meyers	News	Top Story With		Early Tdy	Local Programs								Local Programs		Today (N)	
PBS		Endeavour on Masterpiece Terminus				Xavier	Arthur	Molly	Wild Kratts	Elementary/Almas		Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious	

	EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30					
	CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30					
	MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30					
	PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30					
PREMIUM MOVIES																						
HBO	HBO-E	310	◀Leap Year '10 Amy Adams PG' (35)				Little Black Book ★★ '04 PG-13' (25)				The Janes '22 NR' (10)				Blue Bayou '21, Drama Justin Chon R' (10)				Mind Over Murder			
	HBO2	312	◀Red '10 PG-13' (12:55)				Red 2 '13, Action Bruce Willis PG-13' (2:55)				Love & Mercy '14, Biography PG-13' (TBA)				(5:50) Judas and the Black Messiah '21 R' (5:50)							
	HBO5	314	◀The Many Saints of Newark '21 (20)				Greenland ★★ '20, Action PG-13' (20)				American Pastoral '16 R' (10)				(21, Science Fiction) PG-13' (10)				Westworld			
	HBOF	315	◀Bee Movie (36)				The Last Airbender '10, Fantasy PG' (38)				Mighty Morphin Power Rangers (3:58)				Dr. Dolittle 3 ★★ '06 PG' (31)				Zoom '06, Children's PG' (Walter Mitty)			
MAX	MAX	307	◀Dom Hemingway ★★ '13 R' (20)				How to Deal '03 PG-13' (3:03)				20 Feet From Stardom '13 (3:56)				The Wrestler ★★ '08, Drama R' (2:56)				(25) The Last Five Years '14			
	5MAX	308	◀The Next Three Days '10 PG-13' (3:33)				Le Divorce '03, Romance-Comedy PG-13' (3:11)				Chasing Amy '97, Romance-Comedy R' (2:56)				(25) Something Borrowed ★★ '11 PG-13' (Amr Psych)							
	MMA	309	◀Win Win '11 R' (12:46)				Super 8 '11 PG-13' (3:38)				I Am Number Four '11, Action PG-13' (2:58)				Jumper ★★ '08 PG-13' (5:57)				Blood Father '16, Action R' (Escape 2)			
SHOWTIME	SHO-E	318	◀Laurel C Mission: Impossible III '06, Action PG-13' (4:51)				Up in the Air '09, Comedy-Drama R' (3:56)				(35) The Mexican '01, Comedy-Drama R' (4:51)				(45) We Hunt Together We Hunt							
	SHO2	320	◀Fruitvale The Rover '14, Drama R' (1:51)				(15) Dating & New York '21 PG-13' (3:50)				(3:50) Failure to Launch ★★ '06 A Perfect World '93, Drama Kevin Costner PG-13' (3:50)											
	SHOBET	321	◀Volcano (40)				Poly Styrene: I Am a Cliché '21 NR' (Slicé '18, Horror Zazie Beetz R' (4:51)				Coming From Insanity '19 NR' (4:51)				(45) A Most Violent Year ★★ '14, Crime Drama R' (4:51)							
	SHOX	322	◀Old Henry '21 NR' (Mine 9 '19, Drama NR' (RoboCop '87, Science Fiction R' (1:51)				(15) Indiana Jones and the Temple of Doom (1:51)				(15) Indiana Jones and the Last Crusade '89 (1:51)											
	SHOS	323	(10) Green Room ★★ '15 R' (4:51)				(45) Miles Ahead ★★ '16, Biography R' (The Mauritanian '21, Drama Jodie Foster R' (4:01)				(40) Yanks ★★ '79, Romance Richard Gere R' (4:01)											
	TMC	327	(05) A Perfect Man ★★ '12 R' (4:01)				(40) Mirror Mirror ★★ '12, Children's PG' (Anywhere With You '18 NR' (The Lonely Guy '84, Comedy R' (3:56)				(35) Orange County '02 PG-13' (0:51)											
FLIX-E	333	◀Down to Earth '01 Primal Fear ★★ '96, Crime Drama R' (Glimpse Inside-Swan (4:51)				(45) Fear of a Black Hat '93 R' (1:15)				(15) The Spectacular Now '13 Miles Teller R' (1:15)												
STARZ	ENCR-E	340	◀Vermeer (1:19) The Climb ★★ '19 R' (Sommersby '93, Drama Richard Gere PG-13' (3:57)				(3:57) Adam '20, Drama R' (4:11)				(41) Love, Weddings & Other Disasters '20 Burger											
	STARZ-E	350	◀Mr. Deeds '02, Comedy PG-13' (3:36)				Becoming Elizabeth (3:36)				The Hurricane '99, Drama Denzel Washington R' (0:07)				(07) The Manchurian Candidate '04, Suspense R' (Gangster							
	STRZED	352	◀White Hse Ghislaine Maxwell? (3:36)				The Kid Detective '20 R' (1:15)				Ticking Clock '11, Action R' (4:59)				(4:59) Scott Pilgrim vs. the World '10 PG-13' (6:54)				Elizabeth '98			
	STRZCI	353	◀Gangs of New York ★★ '02, Historical Drama R' (2:28)				A Mouthful of Air '21, Drama R' (1:16)				(16) The Broken Hearts Gallery (0:07)				(07) The Salt of the Earth '14 PG-13' (0:07)							
	STRZCO	354	◀Jersey Girl '04 (0:05)				Chéri '09, Romance R' (4:01)				Envy '04, Comedy Ben Stiller PG-13' (2:22)				(22) This Is the End '13 R' (1:11)				(11) Kinky Boots '05, Comedy-Drama PG-13' (1:11)			
	STRZIB	355	◀Misfits (2:27)				Rhyme & Reason '97 R' (1:58)				Feel the Noise '07 PG-13' (Mo' Better Blues ★★ '90, Drama R' (4:11)				(41) Alien '79, Science Fiction Tom Skerritt R' (4:01)				(40) Aliens			
	STRZKF	356	◀12 Mighty Orphans '21 Luke Wilson PG-13' (1:47)				Talent for the Game '91 (2:01)				(20) Gladiators of Rome '12 PG' (4:56)				(4:56) H Is for Happiness '19 NR' (3:36)				(36) Little Vampire '20 NR' (3:36)			
EPIX	EPIX	380	◀True Grit ★★ '69, Western John Wayne King Kong ★★ '76, Adventure Jeff Bridges (1:15)				(15) Young Sherlock Holmes '85, Mystery Teenage Mutant Ninja Turtles															
	EPIX2	381	◀Anchor 2 (4:01)				Eye for an Eye '96, Drama Sally Field (2:51)				(25) Internal Affairs '90, Crime Drama (2:01)				(20) Domestic Disturbance '01 (5:50)				(5:50) Mississippi Burning '88, Crime Drama (5:50)			
	EPIXH	382	◀Robot (4:01)				In & Out '97, Comedy (1:15)				Nebraska '13, Drama Bruce Dern (1:10)				(10) Finding Your Feet '17, Comedy-Drama (0:05)				(05) Miss You Already '15, Comedy-Drama (0:05)			
	EPIXDR	292	◀Dead Again ★★ '91, Mystery (3:35)				The Machinist ★★ '04, Suspense (2:01)				(20) Black Sunday '77, Suspense Robert Shaw (4:51)				(45) Serpico ★★ '73, Crime Drama Al Pacino							
AMERICA'S TOP PROGRAMMING																						
A&E	118	◀VW's Most Wanted The First 48				The First 48				The First 48				The First 48				Bobby Bobby Bobby Bobby				
AHC	195	Apocalypse: WWI Hell Apocalypse: WWI Rage				Apocalypse: WWI				Bullet Points				Bullet Points				Weaponology Weaponology				
AMC	131	◀Rocky '76, Drama Rocky II ★★ '79, Drama Sylvester Stallone, Talia Shire Rocky III ★★ '82, Drama Sylvester Stallone, Mr. T				Rocky IV ★★ '85, Drama Sylvester Stallone																
APL	184	Homestead Rescue Homestead Rescue				Homestead Rescue				Homestead Rescue				Homestead Rescue				Homestead Rescue				
AXSTV	167	◀The Crow '94, Action AXS TV				AXS TV Concerts				LA Ink				Ozzy & Jack's Wahlburgers				Top Ten Top Ten Top Ten Top Ten				
BBCA	135	Bones Bones				Bones				Bones Fragments.				Bones				Bones Bones				
BET	124	Celebrity Family Feud Just Wright ★★ '10, Romance-Comedy Queen Latifah, Common				Always a Bridesmaid '19, Comedy				Tyler Perry's The Oval				The Family Business								
BOUNCE	359	Paternity Paternity				Hot Bench Hot Bench				In the Heat of Night				Above the Law '88, Action Steven Seagal				(Unleashed ★★ '05, Action) Jet Li				
BRAVO	129	Below Deck Below Deck				Below Deck				Below Deck				Below Deck				Married to Medicine				
BUZZR	245	Match Match				Concen. Concen.				Password Password				Super Pass, Tattletales				Press Luck Whew! Match Match Match Sale of				
CIHD	249	Nightwatch Behind Bars				Behind Bars				Grace vs. Abrams				Marcia Clark Investigates The First 48				The First 48: Detective First 48: Missing				
CMT	166	Mike Mike				Mike Mike				King King				King King				Last Man Last Man Last Man Last Man				
CNBC	208	Fast Money Halftime The Exchange (L)				Power Lunch (L)				Closing Bell (L)				Closing Bell: Overtime (L)				Fast Money (L) Mad Money (N) Shepard Smith				
CNN	200	Ins. Politics CNN Newsroom				CNN Newsroom				CNN Newsroom				Jake Tapper				Situation Room Situation Room Erin Burnett OutFront (L)				
COM	107	Seinfeld Seinfeld				Seinfeld Seinfeld				Seinfeld Seinfeld				Seinfeld Seinfeld				The Office The Office The Office The Office				
COMET	289	◀Love Bites '92 Flash Gordon '80, Science Fiction Sam Jones				The Outer Limits				The Outer Limits				Farscape Promises				Farscape Buffy, Vampire Slayer				
COOK	113	Good Eats Good Eats				Good Eats Good Eats				Best Thing Best Thing				Best Thing Best Thing				Man Fire Man Fire Man Fire Food Man, Food Man, Food Man, Food				
DISC	182	North Woods Law North Woods Law				North Woods Law				North Woods Law				Deadliest Catch				Deadliest Catch Deadliest Catch (N) Deadliest Catch				
DFC	179	Pac-Man Pac-Man				Littlest Pet Pet Shop				Pet Shop Pony Life				LittlePony LittlePony				LittlePony LittlePony Too Cute! Too Cute! Cats 101 Best Baker in America				
DISN-E	172	Big City Ladybug Ladybug				Ladybug Ladybug				Big City Bunk'd Bunk'd				Big City Big City				Big City Ladybug Ladybug Ladybug Ladybug Big City Big City				
ENCR-W	341	◀Breathe '17, Biography PG-13' (1:17)				The Last Vermeer '19, Drama R' (1:19)				(19) The Climb ★★ '19 R' (Sommersby '93, Drama Richard Gere PG-13' (6:57)				(6:57) Adam '20 R' (6:57)								
EWESTN	342	◀HiredHnd (2:33) Texas '41, Western NR' (The Deputy) Wanted ... (2:54)				Wagon Train				Laramie Death Vall. Tales of Wells Fargo Rifleman (2:22)				The Virginian HiredHnd								
EACTN	343	◀Rapid Fire (2:26) Best of the Best '89 PG-13' (0:06)				Vertical Limit '00, Suspense PG-13' (1:13)				(13) Stop-Loss '08, Drama Ryan Phillippe R' (0:08)				(8) A Man Apart ★★ '03, Crime Drama R' (0:03)								
ESUSP	344	◀Sicario: Day of the Soldado '18 (20)				Basic ★★ '03, Suspense R' (The Equalizer 2 ★★ '18, Action R' (0:06)				Inferno '16, Suspense Tom Hanks PG-13' (10)				(10) Machete Kills '13								
EBLACK	345	◀Capt Phil (2:26) The 24th '20, Historical Drama NR' (2:22)				Jumanji: Welcome to the Jungle '17 (2:24)				Stomp the Yard '07, Drama PG-13' (2:24)				(24) Behind the Curtain: Todrick Hall								
ECLASS	346	(0:06) A Time to Kill ★★ '96, Drama Sandra Bullock R' (3:38)				Loser ★★ '00, Romance-Comedy PG-13' (1:16)				Hope Floats ★★ '98 PG-13' (1:13)				(13) Boys on the Side '95, Comedy-Drama R' (1:13)								
EFAMLY	347	◀Somebody (3:31) Spider-Man: Homecoming '17, Action PG-13' (2:46)				Harriet the Spy '96 PG' (2:29)				Agent Cody Banks '03 PG' (1:13)				(13) Cinderella ★★ '15, Children's PG' (1:13)								
ESPN	140	(2022 Wimbledon Championships Quarterfinals: Centre Court				NBA Today (L)				NFL Live (L)				Around Interruption				SportsCenter (L) ESPN Films				
ESPN2	143	(2022 Wimbledon Championships Quarterfinals: No. 1 Court (L)				Great American Events				Jalen NBA Today (N)				Jalen Daily Wager (L)				NFL Live				
EWTN	261	Daily Mass Women of Pro-Life				Scripture and Tradition				Chaplet Rosary				Catholic Catholic				Choices Knight News Catholic Daily Mass				
FETV	82	Hillbillies Hillbillies				Wagon Train				Rawhide				Rawhide				Perry Mason Perry Mason Mannix Mannix				
FMC	387	◀Life With Father '47, Comedy William Powell Penny Serenade ★★ '41, Drama Irene Dunne				Bells of Rosarita '45, Western Sagebrush Trail '33				(33) Lawless Range '35												
FNC	205	Outnumbered (L) America Reports (L)				The Story With Martha				Your World W/ Cavuto				The Five (L)				Special Report Jesse Watters (L)				
FOOD	110	Supermarket Stakeout Chopped				Chopped				Chopped				Chopped				Chopped Cocktail Party Chopped				
FREEFM	180	The Middle The Middle Ice Age: The Meltdown ★★ '06, Children's Ice Age: Continental Drift '12, Children's				The Office The Office				The Office The Office				The Office The Office The Office The Office								
FS1	150	The Herd with Colin Cowherd (L)				Speak for Yourself (L)				Undisputed				NASCAR Race Hub (L) Hub				Greatest				

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30						
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30						
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30						
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30						
AMERICA'S TOP PROGRAMMING																						
FX	136	Dawn of the Planet of the Apes ('14, Science Fiction)					X-Men: Apocalypse ★★ ('16, Action) James McAvoy					X-Men: Dark Phoenix ★★ ('19, Action) James McAvoy										
FXM	384	Tony Rome ('67) 'NR' (:05)			The Detective ('68, Crime Drama) 'NR'			Lucy in the Sky ★ ('19, Drama) Natalie Portman 'R' (:40)			Green Book ★★ ★ ('18, Comedy-Drama) 'PG-13'											
FXX	125	Cleveland	Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons						
GETTV	373	The Rockford Files		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Kojak		Kojak		Kojak						
GMSHW	116	Deal or No Deal		Match	Match	Catch 21	Catch 21	25 Words	25 Words	Common	Common	Chain Rea.	Chain Rea.	Puzzler	Puzzler	Puzzler	America					
GOLF	401	Golf Today (L)				Golf Today			Golf Central (L)			PGA TOUR	Golf	Golf Central		Lessons	Golf Acad.					
GRIT	217	Death Vail.	Death Vail.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Tales of Wells Fargo						
HALL	185	A Shoe Addict's Christmas ('18)				Snow Bride ('13, Drama) Katrina Law				Nantucket Noel ('21, Romance) Sarah Power				The Christmas Club ('19, Romance)								
HALLDR	186	Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		The Waltons			The Waltons			The Waltons The Ring		The Waltons The System		Little House on Prairie	Little House on Prairie					
HALLMV	187	Diagnosis Murder		Diagnosis Murder		Diagnosis Murder			Monk			Monk			Monk		Mystery 101 Pilot					
HDMOV	130	DeepStar Six ('89)		Bright Lights, Big City ★★ ('88, Drama)			The Bride ★★ ('85, Horror) Sting			Loverboy ★★ ('89, Romance-Comedy)			Find Your Groove									
HERIC	293	Monk		Monk		Monk			Monk			MacGyver Blow Out		Walker, Texas Ranger		Walker, Texas Ranger						
HGTV	112	This House		This House		This House			This House			This House		Unsellable Houses		Unsellable Houses						
HIST	120	The UnXplained		The UnXplained		The UnXplained			The UnXplained			The UnXplained		The Secret of Skin		The Secret of Skin						
ID	192	Homicide City		See No Evil		See No Evil			See No Evil			See No Evil Manhunt		See No Evil		See No Evil						
IFC	133	Parks	Parks	Parks	Parks	Parks	Parks	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Two Men	Two Men					
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show		'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.				
LIFE	108	The Mentalist		The Mentalist		The Mentalist			Castle			Castle Kill Switch		Castle Last Action Hero		Castle Bad Santa		Castle Castle, P.I.				
LMN	109	Trapped by My Sugar Daddy ('22, Suspense)				Sorority Secrets ('20, Suspense)				Her Deadly Sugar Daddy ('20, Suspense)				My Best Friend's Secret Life ('22, Suspense)								
MAGN	111	Lakefront Bargain Hunt		Lakefront Bargain Hunt		Lakefront Bargain Hunt		Lakefront Bargain Hunt		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston						
MGMHD	385	Valdez Is Coming ('71, Western) Burt Lancaster				The Scalphunters ('68, Western) Burt Lancaster				The Misfits ★★ ★ ('61, Western) Clark Gable, Marilyn Monroe				Lilies of the Field ('63)								
MOTOR	246	Garage Squad		Garage Squad		Garage Squad			Garage Squad			Junkyard Empire		FantomWorks		Bitchin' Rides		Garage Squad				
MSNBC	209	Andrea Mitchell Reports (L)		Chris Jansing Reports (L)		Katy Tur Reports (L)			Hallie Jackson Reports (L)			Deadline: White House (L)				The Beat With		The ReidOut (L)				
NATGEO	197	Port Protection Alaska		Life Below Ze		Life Below Ze			Life Below Ze			Life Below Ze		Life Below Ze		Life Below Ze		Life Below Ze				
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol			The Incredible Dr. Pol			The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol				
OUTD	396	Live 2 Hunt With		Realtree Outdoors			Hunter		Gun Stories		Guns		Am. Archer		Heartland	Bowhunter	Crush	Man Eats	Man Eats	Truth Hunting		
OWN	189	Dr. Phil		Court	Court	Court	Court	Court	Court	Dr. Phil	Dr. Phil		Dr. Phil		Dr. Phil		All Rise					
OXYG	127	Dateline: Secrets Uncovered				Dateline: Secrets Uncovered				Dateline				Dateline: Secrets				Dateline				
PARMT	241	Bar Rescue		Bar Rescue		Mom		Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men				
POP	117	ER The Match Game		ER A Shift in the Night		ER Fire in the Belly			House			House No Reason		House Meaning		House Cane & Able		House				
REELZ	299	Cops	Cops	Cops	Cops	Jail	Jail	Jail	Jail	Jail	Jail	Cops	Cops	Cops	Cops	Gangsters: Most Evil						
RFDTV	231	Market Day Report (L)				Cow Guy		Next Level		Horse-West		Horseman.		Duttons		Heritage		Machine	Mecum Auctions	Gone Pulling	Agriculture	Rural News
SCI	193	Mysteries Aband.		Mysteries Aband.		Mysteries Aband.			Mysteries Aband.			Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.				
SMITH	367	Air Disasters		Air Disasters		Mighty Trains			Mighty Trains			Mighty Cruise Ships		Mighty Cruise Ships		Air Disasters		Air Disasters				
SONY	386	Sniper 3 ('04, Action) Tom Berenger (:18)		The Experiment ★★ ★ ('10)			The Heroes of Telemark ('65, War) Kirk Douglas			The Golden Voyage of Sinbad ★★ ★ ('73)		Hit List										
SUND-E	358	Law Order: CI		Law Order: CI		Law Order: CI			Law Order: CI			NCIS		NCIS		NCIS		NCIS				
SYFY	122	The 5th Wave ('16)		The Thing ★★ ('11, Horror) Mary Elizabeth Winstead			Dredd ★★ ★ ('12, Action) Karl Urban				(31) Wanted ★★ ★ ('08, Action) James McAvoy											
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	S. Furtick	Robert Morris:		Harvest	T. Evans	The Potter's		Centerpoint				
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Sheldon	Leadoff	MLB Baseball						
TCM	132	(15) The Enchanted Cottage ('45, Romance)				Night Song ★★ ('47, Drama) Dana Andrews				The Yellow Canary ★★ ('43)				(45) Billy Budd ★★ ★ ('62, Drama) Robert Ryan								
TLC	183	I Love a Mama's Boy		I Love a Mama's Boy		Little People, Big World			Little People, Big World			Little People, Big World		Welcome to Plathville		Welcome to Plathville		Welcome to Plathville				
TMC-W	329	Texas Rangers ★★ ('01) 'PG-13'		The Jerk ★★ ★ ('79, Comedy) 'R'			(05) A Perfect Man ★★ ('12) 'R' (:40)			Mirror Mirror ★★ ★ ('12, Children's) 'PG'		Anywhere With You ('18) 'NR'										
TNT	138	Supernatural Despair		Supernatural		(:02) Supernatural		(:03) Supernatural Pilot		(:04) Fantastic Four ('15, Action) Miles Teller		(:05) Avengers: Endgame ('19, Action)										
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes					
TRVL	196	True Paranormal		True Paranormal		True Paranormal			True Paranormal			True Paranormal		True Paranormal		UFO Witness		UFO Witness				
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke			Gunsmoke			Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.				
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls			Gilmore Girls			Reba		Reba		Reba		Reba				
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			Law & Order: SVU			Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU				
WE	128	Law & Order		Law & Order Panic		Law & Order Entitled			Law & Order			Law & Order		Law & Order		Law & Order Mega		Law & Order				
NETWORKS																						
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																						
ABC-E	Local Programs			GMA3-Need to Know			General Hospital (N)			Local Programs			Local Programs			News		Local Programs				
CBS-E	Local Prog./Young & Restless			Bold			The Talk (N)			Let's Make a Deal			Local Programs			News		Local Programs				
CW-E	Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs						
FOX-E	Local Programs			Local Programs			Local Programs			Local Programs			Local Prog./Local Programs									
NBC-E	Local Programs			Days of our Lives (N)			Local Programs			Local Programs			Local Prog./News			Local Programs						
METV	247*	The Waltons The Move		Gunsmoke (Part 1 of 2)		Bonanza			Rifleman		Rifleman	Wagon Train		Adam-12	Adam-12	The A-Team		M*A*S*H	M*A*S*H			
ABC-W	Local Programs			The View (N)			Local Programs			GMA3-Need to Know			General Hospital (N)			Local Programs			Local Programs			
CBS-W	Local Programs			The Price Is Right			Young & Restless			Local Prog./Bold			The Talk (N)			Let's Make a Deal			Local Programs			
CW-W	Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			
FOX-W	Local Programs			Local Programs			Local Programs			Local Prog./Local Programs			Local Prog./Local Programs			Local Programs			Local Programs			
NBC-W	Today 3rd Hour (N)			Today-Hoda			Local Programs			Local Programs			Days of our Lives (N)			Local Programs						
PBS	Dinosaur		Clifford	Sesame St./Donkey		Tiger		Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)					

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
	CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
	MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
	PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
PREMIUM MOVIES																		
HBO	HBO-E	310	Warrior ★★★ ('11, Action) Joel Edgerton 'PG-13'				Westworld		Sam Jay	(45) Body Brokers ('21, Crime Drama) 'R'		(40) Human Capital ('19, Drama) 'NR'				Endanger		
	HBO2	312	Delivery Man ★★ ('13) 'PG-13'		Sam Jay		(15) Irma Vep (N)		(10) The French Dispatch ★★★ ('21) 'R'		Malignant ('21, Horror) Annabelle Wallis 'R'		(255) Donnie Darko 'R'					
	HBO5	314	(05) Westworld		Sam Jay		F9 The Fast Saga ★★★ ('21, Action) Vin Diesel 'PG-13'		(1155) Brooklyn's Finest ('09, Crime Drama) 'R'		(10) Borg vs. McEnroe ★★★ ('17, Drama) 'R'							
	HBOF	315	4Walter Mitty		(8:55) Remember Me ('10, Romance) 'PG-13'		The Accidental Spy		(12:15) Stuck on You ('03, Comedy) 'PG-13'		(14) Across the Universe ('07, Musical) 'PG-13'							
MAX	MAX	307	Boogie ★★ ('21, Drama) 'R'		(32) The Yellow Birds ('17) 'R'		(09) Universal Soldier ('92, Science Fiction) 'R'		(12:55) 47 Ronin ★★ ('13, Adventure) 'PG-13'		(14) My Baby's Daddy							
	5MAX	308	4American Psycho ('00)		Vanilla Sky ★★ ('01, Suspense) Tom Cruise 'R'		(16) The Aviator ★★★★★ ('04, Biography) 'PG-13'		(07) Unbroken ★★ ('14, Biography) 'PG-13'									
	MMAX	309	4Escape Plan 2: Hades		Deep Impact ★★ ('98, Drama) 'PG-13'		(02) Twisted ('04, Suspense) 'R'		(40) Murder in the First ('95, Drama) 'R'		John Grisham's The Rainmaker							
SHOWTIME	SHO-E	318	(15) Last Vegas ★★ ('13, Comedy) 'PG-13'		The Chi		Man Who Fell		Flatbush		Pulp Fiction ('94, Crime Drama) John Travolta 'R'		(05) Windtalkers ('02)					
	SHO2	320	Man Who Fell		Spotlights		Bill & Ted's Excellent Adventure		Crank ★★ ('06, Action) 'R'		Passion in Prison ('20, Adult) 'NR'		Lamb ★★ ('21, Horror) Noomi Rapace 'R'					
	SHOBET	321	The Chi (N)		Flatbush		Tangerine ('15, Comedy-Drama) 'R'		Car Wash ('76, Comedy) 'PG'		(40) We Hunt Together		We Hunt Together		Robot Apocalypse ('21) 'NR'			
	SHOX	322	4Indiana		Dead Water ('19, Suspense) 'R'		Boxing 2020: Danny Garcia vs. Ivan Redkach		(10) Free Fire ('16, Action) 'R'		(45) Basic Instinct ★★ ('92) 'R'							
	SHOS	323	Thank You for Your Service ('17, War) 'R'		The Contractor ('22, Action) 'R'		(45) Chloe ('09, Drama) Julianne Moore 'R'		The Chi		Flatbush		The Bronze ('15) 'R'					
	TMC	327	Mid90s ('18, Comedy-Drama) 'R'		The Exchange ('21, Comedy) 'NR'		(05) Last Call ('21, Comedy) Jeremy Piven 'R'		(12:50) The Death of Dick Long 'R'		The Adderall Diaries ('15) 'R'							
	FLIX-E	333	The Love Guru ★★ ('08) 'PG-13'		Down to Earth ★★ ('01) 'PG-13'		The Canyons ('13, Suspense) 'R'		(45) Headhunters ('11, Action) Aksel Hennie 'R'		Assault on Precinct 13 ('76) 'R'							
STARZ	ENCR-E	340	4Good Burger ('97)		Sommersby ('93, Drama) Richard Gere 'PG-13'		(10:57) Psycho ('98, Suspense) 'R'		(45) The Unholy ★ ('21, Horror) 'PG-13'		(28) The Last Vermeer ('19) 'R'							
	STARZ-E	350	4American Gangster ('07, Crime Drama) 'R'		P-Valley White Knights		(07) Shutter Island ('10, Suspense) Leonardo DiCaprio 'R'		(29) The Iron Lady ('11, Biography) 'PG-13'		It's a Crime							
	STRZED	352	4Elizabeth ('98) 'R'		Becoming Elizabeth (N)		White House Down ('13, Action) Channing Tatum 'PG-13'		(17) Becoming Elizabeth		(18) The Marine 4: Moving Target (251) Elizabeth ('08)							
	STRZCI	353	Ghislaine Maxwell?		(8:53) Gangs of New York ('02, Historical Drama) 'R'		(42) Naked Singularity ('21, Action) 'R'		(19) Nine Days ('20, Fantasy) Winston Duke 'R'		Devil							
	STRZCO	354	Jersey Girl ★★ ('04) 'PG-13'		(45) Dave Chappelle's Block Party ('05) 'R'		National Security ('03) 'PG-13'		(02) Here Today ('21, Comedy-Drama) 'PG-13'		The Last Shift ('20) 'R'							
	STRZIB	355	4Aliens ★★★★★ ('86, Science Fiction) 'R'		Colombiana ('11, Action) Zoe Saldana 'PG-13'		(11:51) Mo' Better Blues ('90, Drama) 'R'		(04) P-Valley (N)		Motives 2: Retribution							
	STRZKF	356	12 Mighty Orphans ('21) Luke Wilson 'PG-13'		(9:59) Ever After ('98, Romance) 'PG-13'		Sky Captain and the World of Tomorrow		(1:50) Beethoven ★★ ('92) 'PG'		Thomas							
EPIX	EPIX	380	The Hunger Games ('12, Science Fiction) Jennifer Lawrence (25) The Hunger Games: Catching Fire ★★ ('13)				(12:55) Aeon Flux ★★ ('05)		The Conversation ('74, Suspense)									
	EPIX2	381	Snake Eyes ★ ('98, Suspense) (40) The General's Daughter ('99, Suspense) (40) Black Rain ('89, Crime Drama) Michael Douglas				(1:50) Stonewall ★ ('15, Historical Drama)											
	EPIXH	382	How It Ends ('21, Comedy-Drama) (25) Spontaneous ('20, Comedy) (10) Black Bear ('20, Drama) Aubrey Plaza				The Little Hours ('17, Comedy) Miss You Already ★★ ('15)											
	EPIXDR	292	Switchback ★★ ('97, Suspense) Dennis Quaid				Criminal Law ('88, Crime Drama) Gary Oldman (11:55) The Saint ★★ ('97, Action) Val Kilmer (1:55) Serpico ('73, Crime Drama) Al Pacino											
AMERICA'S TOP PROGRAMMING																		
A&E	118	Bobby	Bobby	Bobby	Bobby	Origins of Hip-Hop (N)		Bobby	Bobby	Bobby	Bobby	Bobby	Bobby	(04) Origins of Hip-Hop		Bobby	Bobby	
AHC	195	Hitler (Part 3 of 6)		Hitler (Part 2 of 6)		Hitler (Part 5 of 6)		Hitler (Part 6 of 6)		Hitler (Part 3 of 6)		Hitler (Part 2 of 6)		Hitler (Part 5 of 6)		Hitler (Part 6 of 6)		
AMC	131	The Fugitive ★★★ ('93, Suspense) Harrison Ford, Tommy Lee Jones				Rambo ★★ ('08, Action) Sylvester Stallone		The Walking Dead		(13) The Walking Dead		Worth		Walk:Dead				
APL	184	Homestead Rescue				Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		
AXSTV	167	Top Ten	Music	Music	Music	Top Ten	Top Ten	Top Ten	Music	Music	Music	John Mayer With Special Guest Buddy Guy		Best-'70s		Best-'70s		
BBCA	135	Bones		Bones		Bones		Bones		Bones		Bones		Bones		UK PD		
BET	124	Celebrity Family Feud		The Family Business		Tales Put It On Me (N)		Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Prince	Prince	
BOUNCE	359	Alex Cross ★★ ('12, Action) Tyler Perry				Along Came a Spider ('01, Mystery) Morgan Freeman		Scarface ★★ ('83, Crime Drama) Al Pacino, Michelle Pfeiffer										
BRAVO	129	Married to Medicine		Medicine		Ocean's Eleven ('01, Comedy-Drama) George Clooney		Ocean's Twelve ('04, Comedy-Drama) George Clooney		Below Deck		Below Deck						
BUZZR	245	Talkabout	Super Pass	Sweep	Newlywed	Match-Squares	Talkabout	Super Pass	Sweep	Newlywed	Match-Squares	Concen.	Concen.	FamFeud	FamFeud	FamFeud	FamFeud	
CIHD	249	The First 48: Detective		First 48: Missing		Marcia Clark Investigates		The First 48		The First 48: Detective		First 48: Missing		Marcia Clark Investigates		The First 48		
CMT	166	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Reba	Reba	Reba	Reba	Reba	Reba	Housewife	Housewife	
CNBC	208	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shepard Smith		American Greed		Dateline		Dateline		
CNN	200	Anderson Cooper 360 (L)		CNN Tonight (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		Don Lemon Tonight		
COM	107	The Office		The Office		The Office		The Office		South Park		South Park		South Park		South Park		
COMET	289	Buffy, Vampire Slayer		The X-Files Avatar		The X-Files Quagmire		The X-Files Wetwired		The X-Files (Part 1 of 2)		Quantum Leap		Quantum Leap		Paid Programs		
COOK	113	Man, Food		Man, Food		Man, Food		Man, Food		Man, Food		Man, Food		Man, Food		No Reservation		
DISC	182	Deadliest Catch (N)				(07) Deadliest Catch		(07) Deadliest Catch		Deadliest Catch		(07) Deadliest Catch		(07) Deadliest Catch		(07) Deadliest Catch		
DFC	179	Best Baker in America		Best Baker in America		Best Baker in America		Best Baker in America		Best Baker in America		Best Baker in America		Buddy's Bakery Rescue		Ultimate Cake Off		
DISN-E	172	Big City	Big City	Bunk'd	Bunk'd	Big City	Big City	Ladybug	Ladybug	Ultra Violet	Ultra Violet	Jessie	Jessie	Jessie	Raven	Raven	Jessie	
ENCR-W	341	4Adam 'R' (41) Love, Weddings & Other Disasters ('20) (21) Good Burger ('97) 'PG'		Sommersby ('93, Drama) Richard Gere 'PG-13'		(1:57) Psycho ('98, Suspense) 'R'		Unholy										
EWESTN	342	4The Hired Hand ('71) (10) Shootout ('71, Western) Gregory Peck 'PG' (10:46) Rawhide ('51)		Range Beyond		(10) Forty Guns ('57, Western) 'R' (34) The Ox-Bow Incident ('43)												
EACTN	343	Best of the Best ★ ('89) 'PG-13' (40) 3 Days to Kill ★★ ('14, Action) 'PG-13' (40) Destroyer ★★ ('18, Crime Drama) 'R' (43) Vice ★★ ('15, Action) Bruce Willis 'R'		End Days														
ESUSP	344	4Machete Kills ('13) 'R'		Home Sweet Hell ★ ('15) 'R'		(40) The Equalizer 2 ★★ ('18, Action) 'R'		(45) Pet Sematary Two ★★ ('92, Horror) 'R' (28) Scream 4 ('11, Horror) 'R'										
EBLACK	345	(04) The 24th ('20, Historical Drama) 'NR'				Captain Phillips ('13, Docudrama) Tom Hanks 'PG-13'		(18) Stomp the Yard ('07) 'PG-13'		(15) Dysfunktional Family ('03) 'R' Jumanji								
ECLASS	346	(12) Bachelor Party ★★ ('84, Comedy) 'R'				Rescue Me Twilight ('13) Damages		(12:08) American Hustle ★★★★★ ('13, Crime Drama) 'R' (29) Rescue Me Twilight		Bachelor								
EFAMILY	347	Spider-Man: Homecoming ('17) 'PG-13'				Spy Kids-Time in the World ('44) Agent Cody Banks ('03, Children's) 'PG' (28) The Beverly Hillsbillies ('93)				Heaven Is for Real								
ESPN	140	ESPN Films		ESPN Films		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (N)		
ESPN2	143	4 NBA Summer League (L)				4 NBA Summer League (L)		DC & (N) UFC		Around Interruption		E60						
EWTN	261	Mother Angelica Live		News		Rosary		Scripture and Tradition		Long Ride		Women of		Daily Mass		Mother Angelica Live		
FETV	82	Perry Mason		Perry Mason		Emergency! Fools		Emergency!		B. Miller		B. Miller		Maude		Maude		
FMC	387	The Man From Laramie ('55, Western)				(15) Utah Blaine ('57, Western)		(45) Private Buckaroo ('42, Musical)		(15) The Stilwell Road		(15) Gung Ho! ('43, War) Randolph Scott						
FNC	205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle		
FOOD	110	Chopped Beach Bites		Supermarket Stakeout (N)		Supermarket Stakeout		Chopped		Supermarket Stakeout		Supermarket Stakeout		Chopped		Chopped Beach Bites		
FREFM	180	The Office		The Office		The Office		Motherland: Fort Salem (N)		The 700 Club		Simpsons		Simpsons		Paid Programs		
FS1	150	4Greatest Races: NASCAR 2005 Golden Corral 500 - Atlanta				Skip and Shannon: Undisputed		TMZ (N)		USFL Football Championship: Teams TBA		USFL						

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30									
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30									
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30									
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30									
AMERICA'S TOP PROGRAMMING																									
FX	136	TBA										Mom		Mom	Mom	Paid Programs									
FXM	384	Green		(20) The Greatest Showman		(17)		(15) The Greatest Showman		★★★		(17) PG		(12:10) Green Book		(18, Comedy-Drama) Viggo Mortensen PG-13		The Innocents (61)							
FXX	125	Family Guy		Family Guy		Family Guy		Family Guy		Family Guy		Futurama		Futurama	Archer	Archer	Archer	Archer	Archer						
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family	Sanford	Sanford	Sanford	Sanford	Sanford	Catch 21	Catch 21						
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided	Divided	Divided						
GOLF	401	Champion	Champion	Champion	Champion	GOLF Films (N)		GOLF Films		Golf Central		Golf	Golf	PGA TOUR	Champion	Paid Programs			Paid Programs						
GRIT	217	Seven Men From Now				★★ ('56, Western)		7th Cavalry		('56, Western) Randolph Scott		The Good Guys and the Bad Guys			(69)		Fort Dobbs		★★ ('58, Western) Clint Walker						
HALL	185	Cross Country Christmas				('20, Romance)		Christmas by Starlight				('20, Romance)		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier				
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		The Waltons		The Waltons		The Waltons		The Book		The Job		The Waltons		The Waltons					
HALLMV	187	Mystery 101 Pilot		Aurora Teagarden Mysteries		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk							
HDMOV	130	Groove	Avenge the Crows: Loca		(15) The Bygone		('19, Crime Drama)		Avenge the Crows: The Legend of Loca				('17)		The Bygone				('19, Crime Drama) Shawn Hatosy						
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager Fury		Star Trek: Enterprise		Baywatch Fire With Fire		House Ugly		House			House						
HGTV	112	Unsellable Houses (N)		Unsellable Houses (N)		Hunters		Hunt Intl		Hunters		Hunt Intl		Hunters		Hunt Intl		Unsellable Houses							
HIST	120	Secret of Skinwalker		The Secret of Skin		The Proof Is Out There		The Secret of Skin		Secret of Skinwalker		The Secret of Skin		The Proof Is Out There		The Secret of Skin			The Secret of Skin						
ID	192	Homicide Hunter- Trail		Homicide Hunter- Trail		American Detective		American Detective		Homicide Hunter- Trail		American Detective		American Detective		Homicide Hunter- Trail			Homicide Hunter- Trail						
IFC	133	Two Men		Two Men		Two Men		Two Men		Two Men		Two Men		Scrubs		Scrubs		Scrubs							
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		How I Met		How I Met		Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Hates Chris	Hates Chris	Paid Programs					
LIFE	108	Castle		Castle I, Witness		(03) Castle (Part 1 of 2)		(03) Castle (Part 2 of 2)		(12:01) Castle		Castle I, Witness		(04) Castle (Part 1 of 2)		(04) Castle (Part 2 of 2)		(04) Castle (Part 2 of 2)							
LMN	109	Secrets of an Escort				('21, Suspense) Jim Klock		Soccer Mom Madam				('21, Docudrama)		(12:01) Secrets of an Escort				('21, Suspense)		Soccer Mom Madam		('21, Docudrama)			
MAGN	111	Restoring Galveston		Restoring Galveston (N)		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston							
MGMHD	385	Lilies of the Field		(63)		(05) New York, New York		★★★		('77, Musical) Robert De Niro, Liza Minnelli		The Basketball Diaries			★★ ('95, Drama)		(45) The Indian Runner ('91)								
MOTOR	246	Roadkill		Faster With Finnegan		Faster With Finnegan (N)		Geared Up Shelly		Faster With Finnegan		Faster With Finnegan		Geared Up Shelly		Roadkill			Roadkill						
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		All In With Chris Hayes			All In With Chris Hayes						
NATGEO	197	Life Below Ze		Life Below		Life Below Ze		Life Below Ze		Life Below		Port Protection Alaska		Port Protection Alaska		Port Protection Alaska			Port Protection Alaska						
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs			Paid Programs						
OUTD	396	Primos Truth About Hunting						Wild Ops		Jim Shock		Archer's Choice		Primos Truth About Hunting											
OWN	189	All Rise (N)		All Rise Give It Time		All Rise		All Rise		All Rise The Game		All Rise Give It Time		All Rise		All Rise		All Rise							
OXYG	127	Dateline: Unforgettable (N)		Dateline		Dateline: Secrets Uncovered		Dateline: Secrets		Dateline: Secrets		Mastermind of Murder		Mastermind of Murder		Dateline									
PARMT	241	Rush Hour 2				★★ ('01, Action) Jackie Chan		Rush Hour 3				★★ ('07, Action) Jackie Chan		Rush Hour 2				★★ ('01, Action) Jackie Chan		Rush Hour 3				★★ ('07, Action) Jackie Chan	
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		FBI Outsider		FBI Undisclosed			FBI Undisclosed						
REELZ	299	Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Paid Programs			Paid Programs						
RFDTV	231	Ag PhD (N) Cattlemen to (N)		SharkFar.		Horseman, Saddle Up		Best Amer Rural News		Ag PhD Cattlemen to Cattlemen		SharkFar.		Paid Programs											
SCI	193	Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.			Mysteries Aband.						
SMITH	367	Carriers at War		Mighty Ships		Disasters at Sea		Air Warriors B-52		Air Disasters		Air Disasters		Air Disasters		Air Disasters			Air Disasters						
SONY	386	The Hit List ('11)		(11) Driven		★★ ('01, Action) Sylvester Stallone		(17) The Hit List		('11, Action)		(12:58) Driven		('01, Action) Sylvester Stallone		(2:57) The Net ('95)									
SUND-E	358	NCIS		NCIS		NCIS		NCIS		NCIS		Columbo		(45) Columbo											
SYFY	122	Olympus Has Fallen				★★★ ('13, Action) Gerard Butler		Constantine				★★★ ('05, Fantasy) Keanu Reeves		The Bourne Legacy					★★★ ('12, Action) Jeremy Renner, Rachel Weisz						
TBN	260	Christian History		Joyce M.	Livg Proof	Together	Centerpoint	Christian History	Prince	Youseff	Sekulow	Christine	Jewish	Greenberg	Max Lucado: 3:16 The										
TBS	139	MLB Baseball Tampa Bay Rays at Boston Red Sox (L)				MLB Close		Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Sheldon	George	George	Wipeout									
TCM	132	The Westerner				('40, Western) Gary Cooper		Laura		('44, Mystery) Gene Tierney		(45) State Fair		('45, Musical) Jeanne Crain		Ball of Fire		('41, Comedy) Garry Cooper		Tobacco					
TLC	183	Little People, Big (N)		Little People, Big (N)		Welcome to Plathville (N)		(02) Seeking Sister Wife		Little People, Big World		Little People, Big World		Welcome to Plathville		(02) Seeking Sister Wife									
TMC-W	329	The Lonely Guy		('84, Comedy) 'R		(35) Orange County		('02) PG-13		Mid90s		('18, Comedy-Drama) 'R		The Exchange		('21, Comedy) 'NR		(05) Last Call ('21, Comedy) Jeremy Piven 'R'							
TNT	138	Avengers: Endgame				★★★ ('19, Action)		Titans Trigon				Avengers: Endgame								★★★ ('19, Action) Robert Downey Jr., Chris Evans		(2:55) Cold Case			
TRU	242	Jokes	Jokes	Jokes	Jokes	Fantastic Four				★★ ('15, Action) Miles Teller		Fantastic Four				★★ ('15, Action) Miles Teller		Jokes	Jokes	Jokes	Jokes				
TRVL	196	UFOs: The Lost Evidence (N)				UFO Witness (N)		UFO Witness		UFOs: The Lost Evidence				UFO Witness		UFO Witness									
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	Mom	Mom	Mom		Mom	Mom	Mom						
UP	188	Blue Bloods Pilot		Blue Bloods Samaritan		Blue Bloods Privilege		Blue Bloods		Gilmore Girls		Gilmore Girls		Gilmore Girls		Paid Programs			Paid Programs						
USA	105	WWE NXT (L)		(08) Happy Gilmore		★★ ('96, Comedy)		(12:08) Happy Gilmore				★★ ('96, Comedy)		Law & Order: SVU				Law & Order: SVU							
WE	128	Law & Order Untitled		Law & Order Narcosis		Law & Order		Law & Order Stiff		Law & Order		Law & Order		Law & Order		Monk			Monk						
LOCAL NETWORKS																									
ABC-E	Holey Moley (N)		The Chase (N)		Who Do You Believe? (N)		Local Prog.		(35) Jimmy Kimmel Live!		Nightline (N)		Local Programs		ABC World News Now (N)										
CBS-E	FBI		FBI: International		FBI: Most Wanted		Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)										
CW-E	Superman & Lois				Tom Swift (N)		Local Programs																		
FOX-E	Crime Scene Kitchen		Fantasy Island		Local Programs				Local Programs																
NBC-E	America's Got Talent (N)				Dancing With Myself (N)		Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		Early Tdy	Local Prog.							
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone		Hitchcock	Hitchcock	(05) Mannix		(05) Cannon Blood Lines									
ABC-W	Local Programs			News		Local Programs		Holey Moley (N)		The Chase (N)		Who Do You Believe? (N)		Local Prog.		(35) Jimmy Kimmel Live!		Nightline (N)							
CBS-W	Local Programs			News		Local Programs		FBI		FBI: International		FBI: Most Wanted		Local Prog.		Late Show-Colbert		Corden							
CW-W	Local Programs				Superman & Lois												Tom Swift (N)		Local Programs						
FOX-W	Local Programs				Crime Scene Kitchen		(12:01) Fantasy Island		Local Programs				Local Programs				Local Programs								
NBC-W	Local Prog./News		Local Programs		America's Got Talent (N)				Dancing With Myself (N)				Local Prog.		Tonight Show-J. Fallon		Meyers								
PBS	Finding Your Roots		America Outdoors		Great Muslim American		Amanpour-Co		Finding Your Roots		America Outdoors		Great Muslim American		A Capitol Fourth 2022										

	EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30
PREMIUM MOVIES																	
HBO	HBO-E	310	ⓈEndangered '22 'NR' (4:50)			ⓈOne for the Money '12' (2:5)			ⓈWonder Woman 1984 '20, Action' Gal Gadot 'PG-13'			Fast and Furious-Drift			(4:5) Collide '16, Action' 'PG-13'		
	HBO2	312	ⓈDonnie Darko '01 'R' (4:50)			ⓈThe New Mutants '20' (4:50)			Space Chimps '08, Children's 'G' (4:50)			Space Chimps 2 '15' (4:50)			(1:5) Who's Harry Crumb? '89' (4:5) After the Sunset '04' 'PG-13'		
	HBO5	314	ⓈW.E. ★★ '11, Drama' Abbie Cornish 'R' (4:50)			ⓈLike Crazy '11, Drama' 'PG-13' (4:50)			ⓈView From the Top '03 'PG-13' (4:50)			ⓈGodzilla vs. Kong '21, Science Fiction' 'PG-13' (10:55)			ⓈThe Batman '10:55' (10:55)		
	HBOF	315	ⓈK'arten '28' Catch That Kid '04' 'PG' (4:50)			ⓈK'arten '28' Catch That Kid '04' 'PG' (4:50)			Crashbox '08, Children's 'G' (4:50)			Rugrats in Paris '98, Children's 'G' (4:50)			(1:2) Prancer '89, Children's' Sam Elliott 'G' (10:56) Igor '08' 'PG' (10:56)		
MAX	MAX	307	ⓈMy Baby's '22' The Raven '12, Suspense' 'R' (4:50)			ⓈJulia ★★ '08, Drama' Tilda Swinton 'R' (4:50)			ⓈCity Hall '96, Drama' Al Pacino 'R' (4:50)			ⓈAmerican Psycho '00 'R' (4:50)					
	5MAX	308	ⓈUnbroken '25' Back to School '86' 'PG-13' (4:50)			ⓈTo Be or Not to Be '83, Comedy' 'PG' (4:50)			ⓈJennifer Eight ★★ '92, Suspense' 'R' (4:50)			ⓈThe Brothers Bloom ★★ '08 'PG-13' (4:50)					
	MMA	309	ⓈJohn Grisham '4:59' All My Life '20' 'PG-13' (4:59)			ⓈChasing Papi '03 'PG' (4:59)			ⓈJohnny English Strikes Again '20' (4:59)			ⓈDirty Rotten Scoundrels '88' (4:59)			ⓈMax Payne '08' (4:59)		
	SHO-E	318	ⓈWindtalkers ★★ '02, War' 'R' (4:50)			ⓈForce majeure ★★ '14, Comedy' 'R' (4:50)			ⓈThe Captive '14, Suspense' Ryan Reynolds 'R' (4:50)			Ⓢ13 Minutes '21, Suspense' Amy Smart 'PG-13' (4:50)			ⓈNaked '10:55' (10:55)		
SHOWTIME	SHO2	320	ⓈClimax ★★ '18, Drama' 'R' (4:50)			ⓈMinari '20, Drama' Steven Yeun 'PG-13' (4:50)			Ⓢ7 Days in Entebbe '18, Suspense' 'PG-13' (4:50)			ⓈThe Humans '21' 'R' (4:50)			ⓈPixie '20' 'R' (4:50)		
	SHOBET	321	ⓈJamel Shabazz Street '13, Drama' 'NR' (4:50)			ⓈMemphis '13, Drama' 'NR' (4:50)			ⓈRunning For His Life: Phillips '19' (4:50)			ⓈThe Last Black Man in San Francisco '19 'R' (4:50)			ⓈHands Up '21, Crime Drama' 'NR' (4:50)		
	SHOX	322	ⓈBasic Instinct '92 'R' Teddy Pendergrass: If You Don't Know Me (4:50)			ⓈThe Tuxedo '02 'PG-13' (4:50)			ⓈBeverly Hills Ninja '97 'PG-13' (4:50)			ⓈCrisis '21, Suspense' Gary Oldman 'R' (4:50)					
	SHOS	323	ⓈBronze '40' Slow West '15, Western' 'R' (4:50)			ⓈEighth Grade '18 'R' (4:50)			ⓈLocke ★★ '13, Drama' 'R' (4:50)			ⓈHome for the Holidays '95' 'PG-13' (4:50)			ⓈShakespeare in Love '95' (4:50)		
FLIX-E	TMC	327	ⓈAnywhere With You '18 'NR' (4:50)			ⓈTexas Rangers ★★ '01 'PG-13' (4:50)			ⓈThe Kill Team '19, War' 'R' (4:50)			ⓈThe Gasoline Thieves '19 'NR' (4:50)			ⓈLow Tide '19, Drama' 'R' (4:50)		
	FLIX-E	333	ⓈThe Watermelon Woman '05' (4:50)			ⓈAugust the First '07, Drama' 'NR' (4:50)			ⓈBlack Sheep '96' 'PG-13' (4:50)			ⓈCar Wash '76, Comedy' 'PG' (4:50)			ⓈThe Jerk '79, Comedy' 'R' (4:50)		
	ENCR-E	340	ⓈVermeer 'Long Weekend' '21, Romance' 'R' (4:50)			ⓈSommersby ★★ '93, Drama' 'PG-13' (4:50)			ⓈThe Unholy ★★ '21 'PG-13' (4:50)			ⓈKnocked Up '07, Romance-Comedy' Seth Rogen 'R' (4:50)					
	STARZ-E	350	ⓈIt's Complicated ★★ '09 'R' (4:50)			ⓈLife or Something Like It '02' (4:50)			ⓈKiss of the Dragon '01, Action' Jet Li 'R' (4:50)			ⓈAmerican Gangster ★★ '07, Crime Drama' 'R' (4:50)			ⓈShutter '07, Crime Drama' 'R' (4:50)		
STARZ	STRZED	352	ⓈElizabeth '98 'R' (4:58)			ⓈGuess Who '05, Comedy' 'PG-13' (4:58)			ⓈScott Pilgrim vs. the World '10' (4:58)			ⓈMonster Hunter '20, Fantasy' 'PG-13' (4:58)			ⓈHeart of Champions '21' (4:58)		
	STRZCI	353	ⓈBefore the Devil Knows You're Dead '07, Crime Drama' 'R' (4:58)			ⓈMerchants of Doubt '14' (4:58)			ⓈThe Human Factor '19 'PG-13' (4:58)			ⓈThe Rider '17, Drama' 'R' (4:58)					
	STRZCO	354	ⓈLast Shift '34' The Monuments Men '14' 'PG-13' (4:58)			ⓈAbout Last Night '14' Kevin Hart 'R' (4:58)			ⓈStrange Wilderness '44' (4:58)			ⓈCrocodile Dundee in Los Angeles '01' (4:58)			ⓈHere '01' (4:58)		
	STRZIB	355	ⓈMotives 2: Retribution '23' (4:58)			ⓈJumpin' Jack Flash '86 'R' (4:58)			ⓈResident Evil: Welcome to Raccoon City '10' (4:58)			ⓈEscape Room: Tournament '10' (4:58)			ⓈPower III '10' (4:58)		
EPICX	STRZKF	356	ⓈThomas '45' Baby's Day Out '94, Children's' 'PG' (4:58)			ⓈPit Pony '13' (4:58)			ⓈCarpool '96, Children's' 'PG' (4:58)			ⓈSky Captain and the World of Tomorrow '44' (4:58)			ⓈCapture the Flag '15' 'PG' (4:58)		
	EPIX	380	ⓈConvrsatn '25' Lucky Day '19, Suspense' (4:58)			ⓈThe Festival '18, Comedy' (4:58)			ⓈForever My Girl '18, Romance' Alex Roe (4:58)			ⓈTo Catch a Thief '55, Romance-Comedy' (4:58)			ⓈNight Rox '55' (4:58)		
	EPIX2	381	ⓈNorm of the North ★★ '16' (4:58)			ⓈHell on the Border '19, Western' (4:58)			ⓈCome Away '20, Children's' (4:58)			ⓈInvasion of the Body Snatchers '55' (4:58)			ⓈKiss Girls '55' (4:58)		
	EPIXH	382	ⓈMiss You '44' Dickie Roberts: Former Child Star '05' (4:58)			ⓈThe Mod Squad '99, Drama' (4:58)			ⓈWayne's World 2 '93' (4:58)			ⓈA Madea Christmas ★★ '13, Comedy' (10:55)			ⓈHow It Ends '10:55' (10:55)		
EPICXDR	EPIXDR	292	ⓈThe Babysitter '95, Suspense' (4:58)			ⓈThe Pirates! Band of Misfits '10' (4:58)			ⓈThe Outsider '79, Drama' Craig Wasson (4:58)			ⓈSwitchback '97, Suspense' Dennis Quaid (4:58)			ⓈCriminal Law '88' (4:58)		
	AMERICA'S TOP PROGRAMMING																
	A&E	118	Paid Programs			Jeremiah 'Paid Prog.			Parking 'Parking			Parking 'Parking Wars			Neighbor. 'Neighbor.		
	AHC	195	Weaponology			Weaponology			What History Forgot			Patriots Rising			Patriots Rising		
APL	AMC	131	ⓈWalk:Dead '36' Dark Winds 'K'e			ⓈStooges 'Paid Programs			Hulk ★★ '03, Fantasy' Eric Bana, Jennifer Connelly								
	APL	184	Homestead Rescue			Dogs 101			Secret Life-Zoo			The Zoo			Crikey! It's the Irwins		
	AXSTV	167	Paid Programs						Music 'Music			Live From Daryl's House			Rock 'Rock		
	BBCA	135	UK PD			Star Trek: Next			Star Trek: Next			Star Trek: Next			Bones		
BET	BET	124	Browns 'Browns			Browns 'Browns			Live Single 'Live Single			Live Single 'Live Single			Martin 'Martin		
	BOUNCE	359	Scandal / See You			The Real Chlöe Bailey			Wendy Williams Show			Nick Cannon			Injury Ct. 'Injury Ct.		
	BRAVO	129	Kelly Clarkson			Paid Programs			Below Deck			Below Deck			Court 'Court		
	BUZZR	245	Match 'Match			Match 'Match			Paid Programs			Les Feldick 'Prince			Tell Truth 'My Line?		
CIHD	CIHD	249	The First 48: Detective			First 48: Missing			Paid Programs			American Justice			American Justice		
	CMT	166	CMT Music			CMT Music			CMT Music			CMT Music			Roseanne 'Roseanne		
	CNBC	208	Shepard Smith			Worldwide Exchange (L)			Squawk Box (L)			Squawk on the Street (L)			TechCheck (L)		
	CNN	200	CNN Newsroom Live (L)			Early Start w/Romans			New Day With			New Day With			CNN Newsroom		
COMET	COM	107	South Park 'South Park			Paid Programs			Futurama 'Futurama			Futurama 'Futurama			South Park 'South Park		
	COMET	289	Paid Programs												The Pit and the Pendulum '61, Horror' (6:2)		
	COOK	113	Paid Programs						Ice Cream Nation			Cheap Eats 'Cheap Eats			Cheap Eats 'Cheap Eats		
DISC	DISC	182	Expedition Unknown			Expedition Unknown			Secret Nazi Ruins			Secret Nazi Ruins			Secret Nazi Ruins		
	DFC	179	Kit. Crash 'Kit. Crash			Puppies 'Puppies			Monsters 'Monsters			Pac-Man 'Transform.			Rescue Bots 'Transform		
	DISN-E	172	Bunk'd 'Jessie			Ladybug 'Ladybug			Mickey 'Bluey			Alice's 'Bluey			(2:5) TBA 'Bluey		
	ENCR-W	341	ⓈThe Unholy '21, Horror' 'PG-13' (2:5)			ⓈThe Last Vermeer '19, Drama' 'R' (2:5)			ⓈLong Weekend '21, Romance' 'R' (2:5)			ⓈSommersby ★★ '93, Drama' 'PG-13' (2:5)			ⓈThe Unholy '21' (2:5)		
EWESTN	EWESTN	342	ⓈDecision at Sundown '10' Rawhide '51, Western' 'NR' (3:8)			ⓈThe Tall T '57, Western' 'NR' (7:57)			ⓈThe Hired Hand '71' 'R' (2:9)			ⓈMy Darling Clementine '46' (0:8)			ⓈBend of the River '46' (0:8)		
	EACTN	343	ⓈEnd of Days ★★ '99, Horror' 'R' (2:7)			ⓈThe Mortal Instruments: City of Bones '12' (4:0)			ⓈMercury Rising ★★ '98, Suspense' 'R' (3:4)			ⓈRedemption Day '21, Action' 'R' (6:2)			ⓈJohnny '62' (6:2)		
	ESUSP	344	ⓈScream 4 '21' The Show '20, Fantasy' Ellie Bamber 'NR' (1:9)			ⓈMobsters ★★ '91' 'R' (4:0)			ⓈIce Game of Stones '87' (8:57)			ⓈIce '91' (9:51)			ⓈIce Blood Brothers '40' (4:0)		
	EBLACK	345	ⓈJumanji: Welcome to the Jungle '43' A Good Man in Africa '94, Drama' 'R' (2:0)			ⓈJohn Tucker Must Die '06' (8:52)			ⓈHere and Now '18' 'R' (2:6)			ⓈSee No Evil, Hear No Evil 'R' (2:6)					
ECLASS	ECLASS	346	ⓈBachelor Party '84' (0:8)			ⓈThe Object of My Affection '98' 'R' (1:0)			ⓈWinchester '73 '50, Western' 'NR' (3:5)			ⓈHook ★★ '91, Children's' Dustin Hoffman 'PG' (10:59)			ⓈLoser ★★ '00' (10:59)		
	EFAMLY	347	ⓈHeaven Is '44' Grace Unplugged ★★ '13, Drama' 'PG' (4:4)			ⓈSheep and Wolves '44' (4:4)			ⓈThe Beverly Hillbillies '93, Children's' 'PG' (1:9)			ⓈTomorrowland '15, Science Fiction' 'PG' (1:9)			ⓈBlack Bty '15' (1:9)		
	ESPN	140	SportsCenter (N)			SportsCenter (N)			SportsCenter (L)			Ⓢ2022 Wimbledon Championships Quarterfinals: Centre Court (L)					
	ESPN2	143	UFC Main Event			UFC Main Event			Keyshawn, JWill and Max (L)			Ⓢ2022 Wimbledon Championships Quarterfinals: No. 1 Court (L)					
EWTN	EWTN	261	Reflections 'Real			Dominican 'Catholic			Aquinass 'The Miracle			St. Michael 'Rosary			Daily Mass (L)		
	FETV	82	Hillbillies 'Hillbillies			Prince 'Jeremiah			Joyce M. 'Robison			McCoys 'McCoys			Wagon Train 'Wagon Train		
	FMC	387	West of the Divide			ⓈThe Desert Trail '35' (3:5)			ⓈSagebrush Trail '33' (3:3)			ⓈLawless Range '35' (3:5)			ⓈPrivate Buckaroo '42, Musical' (4:2)		
	FNC	205	FOX & Friends First (L)			FOX & Friends First (L)			FOX and Friends (L)						America's Newsroom (L)		
FOOD	FOOD	110	Restaurant: Impossible			Paid Programs						Symon 'Symon			Valerie's 'Valerie's		
	REFRM	180	Paid Programs						black-ish 'black-ish			black-ish 'black-ish			The 700 Club '700 Club		
	FS1	150	WWE Friday Night SmackDown			Skip and Shannon: Undisputed			First Things First (L)						Skip and Shannon: Undisputed (L)		

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
AMERICA'S TOP PROGRAMMING																				
FX	136	Paid Programs						Mom	Mom	Mom	X-Men: Apocalypse ★★ (16, Action) <i>James McAvoy</i>						Phoenix			
FXM	384	Innocents (45) <i>The Alligator People</i> (59)			Gentlemen Prefer Blondes (53)			(35) How to Marry a Millionaire (15) All About Eve ★★★★★ (50, Drama) <i>Bette Davis 'NR'</i>			My Cousin									
FXN	125	Paid Programs						Red Sparrow ★★ (18, Suspense) <i>Jennifer Lawrence, Joel Edgerton</i>						Ma ★★ (19, Suspense) <i>Octavia Spencer</i>						
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries		Elevation	Prince	Les Feldick	Jewish Jes	Good Time	Good Time	Good Time	Good Time	Hart to Hart				
GMSHW	116	Paid Programs						Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America			
GOLF	401	Paid Programs			Golf Central		Golf Central		Ladies Golf			Ladies Golf			One Shot		PGA TOUR			
GRIT	217	Paid Programs				Laramie		Laramie		Red River ★★ (88, Western) <i>James Arness, Bruce Boxleitner</i>						Death Vall.	Death Vall.			
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	You, Me & the Christmas Trees (21)						
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Priest</i>	Matlock <i>The Good Boy</i>					
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder						
HDMOV	130	Paid Programs						The Bride ★★ (85, Horror) <i>Sting</i>						(15) Recording in Progress (18) <i>Eddie</i>						
HERIC	293	The District		The District		Maverick		Wanted ...		Wanted ...		Have Gun	Have Gun	Rawhide	The High Chaparral	Cheyenne <i>Sweet Sam</i>				
HGTV	112	Unsellable	Unsellable	Unsellable	Unsellable	Battle on the Beach		Battle on the Beach		Battle on the Beach		Battle on the Beach		Battle on the Beach		Good Bones				
HIST	120	Paid Programs				Amazing	Jeremiah	WWII in HD <i>End Game</i>		WW2 From Space				A Few Good Men (92, Drama) <i>Tom Cruise</i>						
ID	192	Homicide Hunter: Kenda		Homicide Hunter: Kenda		Homicide Hunter: Kenda		Night- Di. End		Night- Di. End		Night- Di. End		Murder Among Friends		Murder Among Friends				
IFC	133	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.				
LAFF	237	Paid Programs				Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court			
LIFE	108	Paid Programs				Creflo	Robison	Joyce M.	TBA	Grey's Anatomy <i>Push</i>		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy				
LMN	109	Paid Programs				Newlywed and Dead (16, Drama)				Nightmare Wedding (16, Drama)			Engaged to a Psycho (18, Suspense)							
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Restoring Galveston		Restoring Galveston		Restoring Galveston		Time Fixer	Time Fixer	Time Fixer	Time Fixer			
MGMHD	385	The Indian Runner (91, Drama) <i>Studio</i>			MGM HD Showcase		The Wedding Banquet (93, Comedy) <i>Winston Chao</i>			(20) Eat Drink Man Woman (94, Drama) <i>Sihung Lung</i>										
MOTOR	246	Garage Squad		Bitchin' Rides		Bitchin' Rides		Junkyard Empire		FantomWorks		Faster With Finnegan		Faster With Finnegan		Faster With Finnegan				
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)						Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)				
NATGEO	197	Port Protection Alaska		Port Protection Alaska		Paid Programs						Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix				
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol				
OUTD	396	Truth Hunting		Wild Ops		Jim Shockey's		The Flush		Archer's Choice With Ralph & Vicki				Outdoors		Am. Archer	Crush			
OWN	189	Ready to Love		Ready to Love		Dr. Phil (Part 2 of 2)		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil				
OXYG	127	Dateline		Dateline		Buried in the Backyard		Buried in the Backyard		Buried in the Backyard		Buried in the Backyard		Dateline: Secrets		Dateline: Secrets				
PARMT	241	Paid Programs				Bar Rescue				Bar Rescue		Pie Hard (9:58) Bar Rescue		(10:56) Bar Rescue						
POP	117	FBI		Goldbergs	Goldbergs	Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER		ER <i>John Carter, M.D.</i>				
REELZ	299	Paid Programs				Joan Rivers		John Belushi		Richard Pryor		I Lived With a Killer		I Lived With a Killer		I Lived With a Killer				
RFDTV	231	Paid Programs				C. Burnett	Midwest Country		Jeremiah		Rural News		AgDay (N)		Market Day Report (L)					
SCI	193	Mysteries Aband.		Mysteries Aband.		Universe Works		Universe Works		Unearthed		Unearthed		Strange Evidence		What on Earth?				
SMITH	367	Disasters at Sea		Disasters at Sea		Aerial America		Aerial America		Aerial America <i>Vermont</i>		Mighty Cruise Ships		Mighty Cruise Ships		Mighty Cruise Ships				
SONY	386	The Net ★★ (95)		(4:57) The Cave ★★ (05, Horror)		(38) Mysterious Island (61, Science Fiction)		(27) Earth vs. the Flying Saucers		(06) Seems Like Old Times (80) <i>Chevy Chase</i>										
SUND-E	358	Columbo	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.				
SYFY	122	Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess		Xena: Warrior Princess				
TBN	260	Christine	Max	Jordan	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick				
TBS	139	Wipeout		Matters		Matters		George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends			
TCM	132	Tobacco Road (41)		December 7th (43, Documentary)		The North Star ★★ (43, War) <i>Anne Baxter</i>			Up in Arms (44, Musical Comedy) <i>Danny Kaye</i>								Act of Violence (49, Crime Drama)			
TLC	183	Long Island Medium		Long Island Medium		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		My 600-Lb. Life: Where		My 600-Lb. Life: Where Are They Now?						
TMC-W	329	The Death of Dick Long (19) 'R'		The Adderall Diaries (15) 'R'		Anywhere With You (18) 'NR'			Texas Rangers ★ (01) 'PG-13'		The Kill Team (19, War) 'R'						Gasoline			
TNT	138	Cold Case <i>Strange Fruit</i>		Charmed		Charmed (Part 1 of 2)		Charmed (Part 2 of 2)		Charmed		Charmed <i>Siren's Song</i>		Supernatural <i>Wendigo</i>		Supernatural				
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers		Imp. Jokers	Carbonaro	Carbonaro	Carbonaro			
TRVL	196	Paid Programs								My Haunted House		My Haunted House		My Haunted House		My Haunted House				
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs					M*A*S*H		M*A*S*H	M*A*S*H	M*A*S*H	Bonanza				
UP	188	Paid Programs				Heartland		Heartland <i>Glory Days</i>		Heartland		Little House on Prairie		Little House on Prairie		Little House on Prairie				
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS <i>Sharif Returns</i>		NCIS <i>Blowback</i>		2022 Tour de France <i>Stage 5</i> Hilly stage. Distance 155 km. From Lille to Arenberg. (N)										
WE	128	Mama June- Not to Hot		Paid Programs													NCIS <i>Newborn King</i>		NCIS <i>Housekeeping</i>	
NETWORKS																				
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																				
ABC-E	Morning		Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)				
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right				
CW-E	Local Programs						Local Programs													
FOX-E	Local Programs						Local Programs							Local Programs		Local Programs				
NBC-E	Local Programs						Local Programs		Today (N)					Today 3rd Hour (N)		Today-Hoda		Local Programs		
METV	247*	(05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me		Beaver	Beaver	Perry Mason		Matlock <i>The Umpire</i>		In the Heat of Night				
ABC-W	Local Programs		ABC World News Now (N)					Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)						
CBS-W	Corden		Local Prog.	CBS Overnight News (N)					News		News	News	News	CBS Mornings (N)						
CW-W	Local Programs						Local Programs													
FOX-W	Local Programs						Local Programs							Local Programs		Local Programs				
NBC-W	Meyers		News	Top Story With		Early Tdy	Local Programs			Local Programs				Today (N)						
PBS	Capitol		Anthem	America Outdoors		Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious			

	EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30												
	CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30												
	MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30												
	PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30												
PREMIUM MOVIES																													
HBO	HBO-E	310	◀Collide (25) Geostorm (17, Action) 'PG-13' (1:55)		Lara Croft: Tomb Raider (01) 'PG-13' (3:55)		Snitch ★★ (13, Crime Drama) 'PG-13' (5:55)		Thoroughbreds (17) 'R' (1:10)		Sam Jay																		
	HBO2	312	◀After Sun (25) What Happens in Vegas (08) (1:05)		Chicago ★★★ (02, Musical) 'PG-13' (2:50)		Hugo (11, Adventure) Ben Kingsley 'PG' (3:51)		Halloween Kills ★★ (21, Horror) 'R' (1:10)																				
	HBO5	314	◀The Batman ★★★ (22, Action) 'PG-13' (1:55)		The Wolverine (13, Action) 'PG-13' (1:55)		◀Endangered (22) 'NR' (0:02)		King Richard (21, Biography) Will Smith 'PG-13' (3:34)																				
	HBOF	315	◀Igor (08) (23) Furry Vengeance (10) 'PG' (1:55)		Tootsie (82, Comedy) Dustin Hoffman 'PG' (1:55)		Rio 2 (14, Children's) 'G' (3:34)		The Wild Thornberrys Movie A Mouse Tale (15)																				
MAX	MAX	307	(14) Excess Baggage ★★ (97) 'PG-13' (1:57)		Freaky (20, Horror) 'R' (4:01)		Frida (02, Biography) Salma Hayek 'R' (4:45)		The Next Three Days ★★ (10, Suspense) 'PG-13' (5:53)																				
	5MAX	308	◀Welcome to Mooseport ★★ (04) Rodeo (47 Ronin (13, Adventure) Keanu Reeves 'PG-13' (3:59)		Promising Young Woman (20) 'R' (5:53)		Best in Show (00) 'PG-13' (Shes All																						
	MMAX	309	◀Max Payne ★★ (08) (12:50) Collateral (04, Suspense) Tom Cruise 'R' (2:50)		R.I.P.D. (13, Action) 'PG-13' (2:50)		Riddick (13, Science Fiction) Vin Diesel 'R' (2:51)		Jackie Brown (97) 'R' (2:51)																				
SHOWTIME	SHO-E	318	◀Naked Gun Naked Gun 2 1/2: Fear (35)		Naked Gun 33 1/3 (35)		Ida Red (21, Crime Drama) Josh Hartnett 'R' (1:15)		Indiana Jones and the Raiders of the																				
	SHO2	320	◀Pixie (20) (45) The Lighthouse (19, Suspense) 'R' (3:51)		Vox Lux (18, Drama) Natalie Portman 'R' (1:15)		RoboCop (87, Science Fiction) 'R' (1:15)		Inside Llewyn Davis (13, Drama) 'R' (1:15)																				
	SHOBET	321	Beyond the Law (19, Action) 'NR' (Fast and Fierce: Death Race (20)		Hitsville: The Making of Motown (19) 'NR' (The Cuban (19, Drama) Louis Gossett Jr. 'NR' (Last Black Man																								
	SHOX	322	Stealth ★★ (05, Action) Josh Lucas 'PG-13' (Paycheck ★★ (03, Science Fiction) 'PG-13' (Minority Report (02, Science Fiction) Tom Cruise 'PG-13' (25) The Mexican (01) Brad Pitt 'R' (1:15)																										
	SHOS	323	◀Shakespeare in Love Kate & Leopold (01) Meg Ryan 'PG-13' (Demonic (21, Science Fiction) 'R' (45) Lee Daniels' The Butler (13, Historical Drama) 'PG-13' (The Chi																										
	TMC	327	◀3 Day Weekend (19) Unearth (20, Horror) 'NR' (35) Run This Town (19) 'R' (15) Swiss Army Man (16, Comedy) 'R' (A Fish Called Wanda (88, Comedy) 'R' (1:15)																										
FLIX-E	333	(15) Flashdance (83, Drama) Jennifer Beals 'R' (The Other Boleyn Girl ★★ (08) 'PG-13' (Sleepy Hollow (99, Horror) Johnny Depp 'R' (Double Impact ★★ (91, Action) 'R' (1:15)																											
STARZ	ENCR-E	340	◀The Frighteners ★★ (96, Fantasy) 'R' (The House: Meet the Blacks 2 (The Unholy (21, Horror) 'PG-13' (13) Leprechaun (93, Horror) Warwick Davis 'R' (6:48) Knocked Up (07)																										
	STARZ-E	350	◀Shutter Island ★★ (10, Suspense) 'R' (1:53) The Manchurian Candidate (04) 'R' (0:06) The Iron Lady (11, Biography) 'PG-13' (5:55) It's Complicated (09) Meryl Streep 'R' (1:15)																										
	STRZED	352	◀Heart Guess Who (05, Comedy) Bernie Mac 'PG-13' (1:19) Flight of the Phoenix (04) (15) Becoming Elizabeth (16) Alien 3 ★★ (92) 'R' (14) Monster Hunter																										
	STRZCI	353	(08) Nine Days (20, Fantasy) Winston Duke 'R' (Ghislaine Maxwell? (08) The Truffle Hunters (20) (34) Great Expectations (98, Drama) 'R' (28) The Jane Austen Book Club																										
	STRZCO	354	◀Here Today ★★ (21) 'PG-13' (20) School's Out Forever (21) (07) The Last Shift ★★ (20) 'R' (40) About Last Night (14) Kevin Hart 'R' (Crocodile Dundee in Los Angeles																										
	STRZIB	355	◀Power III Power Book III Power Book III Power Book III Power Book III Power Book III Power Book III Power Book III Power Book III																										
STRZKF	356	Adventures of Tom Thumb (25) Baby's Day Out (94) 'PG' (05) Sky Captain and the World of Tomorrow (4:53) Carpool (96, Children's) 'PG' (24) Flicka (06, Children's) 'PG' (1:15)																											
EPIX	EPIX	380	◀Night-Roxbury (12:50) Dirty Grandpa ★★ (16) (35) The Longest Yard (74, Comedy-Drama) (40) The Golden Child ★★ (86) (15) Galaxy Quest (99, Comedy) Tim Allen																										
	EPIX2	381	◀Kiss the Girls ★★ (97, Mystery) Dead Man Walking (95, Crime Drama) (35) Revolutionary Road ★★ (08, Drama) (35) The Doors ★★ (91, Biography) Val Kilmer																										
	EPIXH	382	◀How It (20) Spontaneous (20, Comedy) (05) Black Bear (20, Drama) Aubrey Plaza (3:55) Patriot Games ★★ (92, Suspense) (5:55) The Sum of All Fears (02, Suspense)																										
	EPIXDR	292	◀Criminal Law (88) (10) The Saint ★★ (97, Action) Val Kilmer (10) Little Man Tate (91, Drama) Jodie Foster (4:50) Charlotte's Web (06) Yours, Mine & Ours ★★ (05)																										
AMERICA'S TOP PROGRAMMING																													
A&E	118	Neighbor.	Neighbor.	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam												
AHC	195	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts	America: Facts												
AMC	131	(15) Rambo (08, Action) Sylvester Stallone	(15) Red Dawn ★★ (84, Action) Patrick Swayze, C. Thomas Howell	The Fugitive ★★ (93, Suspense) Harrison Ford, Tommy Lee Jones																									
APL	184	Tanked	Tanked	Pit Bulls and Parolees		Pit Bulls and Parolees		The Zoo		The Zoo		The Zoo		The Zoo		The Zoo													
AXSTV	167	◀Jewel - Live	Norah Jones	Macy Gray		LA Ink		Ozzy & Jack's		Wahlburgers		Top Ten		Top Ten		Allman Brothers-Crash													
BBCA	135	Bones	Bones	Bones		Bones		Bones		Bones		Bones		Bones		Bones													
BET	124	Celebrity Family Feud		The Cookout ★★ (04, Comedy) Ja Rule, Tim Meadows		Haunted Trail (21, Horror) Desi Banks		Tyler Perry's The Oval		The Family Business																			
BOUNCE	359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night		In the Heat of Night		In the Heat of Night		Bernie Mac		The Best Man ★★ (99, Comedy-Drama) Taye Diggs															
BRAVO	129	Below Deck	Below Deck	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Real Housewives															
BUZZR	245	Match	Match	Concen.	Concen.	Password	Password	Super Pass	Tattletales	Press Luck	Whew!	Match	Match	Match	Match	Match	Sale of												
CIHD	249	Casanova Killers	Casanova Killers	Casanova Killers		Female Forces		Female Forces		Female Forces		Female Forces		Female Forces Irish Luck		Female Forces													
CMT	166	Mike	Mike	Mike	Mike	King	King	King	King	King	King	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man												
CNBC	208	Fast Money Halftime	The Exchange (L)	Power Lunch (L)		Closing Bell (L)		Closing Bell: Overtime (L)		Fast Money (L)		Mad Money (N)		Shepard Smith															
CNN	200	Ins. Politics	CNN Newsroom	CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront (L)															
COM	107	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park												
COMET	289	◀Tales of Terror (62) The Island of Dr. Moreau (77, Horror)		The Outer Limits		The Outer Limits		Farscape John Quixote		Farscape		Buffy, Vampire Slayer																	
COOK	113	Carn Eats	Carn Eats	Bizarre	Bizarre	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	No Reservation		Man's Greatest Food		Man's Greatest Food													
DISC	182	Expedition X	Expedition Unknown	Expedition Unknown		Expedition X (N)		Expedition Unknown		Expedition Unknown		Expedition Unknown (N)		Expedition Unknown															
DFC	179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!		Too Cute!		Cats 101													
DISN-E	172	Big City	Ladybug	Ladybug	Ladybug	Big City	Raven	Raven	Big City	Big City	Big City	Big City	Ladybug	Ladybug	Big City	Big City	Big City												
ENCR-W	341	◀Unholy (45) Knocked Up (07, Romance-Comedy) Seth Rogen 'R' (2:57) The Frighteners ★★ (96, Fantasy) 'R' (2:57) The House: Meet the Blacks 2 (The Unholy (21, Horror) 'PG-13' (1:15)																											
EWESTN	342	◀Bend Rivr (41) Decision at Sundown (57) (The Deputy) Wanted ... (2:54) Wagon Train		Laramie		Death Vall.		Tales of Wells Fargo		Rifleman		(22) The Virginian		The Tall T															
EACTN	343	◀Johnny English (03) (12:46) Johnny English Reborn Vice (15, Action) Bruce Willis 'R' (0:09) The Mortal Instruments: City of Bones (13) 'PG-13' (2:22) City of Ember (08) 'PG' (1:10)																											
ESUSP	344	◀Ice (38) Ice Strange Friends (29) Ice Two Ounces (23) Ice (16) Ice (02) Ice (4:53) Enemy at the Gates (01, War) 'R' (1:07) Scream 4 (11) 'R' (1:10)																											
EBLACK	345	(10) Dysfunktional Family (03) 'R' (36) John Tucker Must Die (06) (08) Baby Mama's Club (10) Tommy Ford 'R' (4:51) City of Lies ★★ (18) 'R' (4:51) Cry, the Beloved Country																											
ECLASS	346	◀Loser (00) (37) The Object of My Affection (98) 'R' (31) After Earth ★★ (13) 'PG-13' (1:13) American Hustle (13, Crime Drama) Christian Bale 'R' (3:34) The Amityville Horror (05) 'R' (1:10)																											
EFAMILY	347	◀Black Beauty (71, Children's) 'G' (1:18) The Painted Hills (28) Heaven Is for Real (14) 'PG' (0:09) Tomorrowland ★★ (15, Science Fiction) 'PG' (2:20) A Cowgirl's Story (17) 'PG' (1:10)																											
ESPN	140	🏏 2022 Wimbledon Championships Quarterfinals: Centre Court (L) NBA Today (L) NFL Live (L)		Around		Interruption		SportsCenter (L)		MLB Baseball																			
ESPN2	143	🏏 2022 Wimbledon Championships Quarterfinals: No. 1 Court (L) UEFA Women's EURO 2022		Jalen		Around		Daily Wager (L)		NFL Live																			
EWTN	261	Daily Mass		Women of At Home		Fr. Spitzer's Universe		Chaplet Rosary		Behold Lukas Story		Religious Saints		News Living		Daily Mass													
FETV	82	Hillbillies Hillbillies		Wagon Train		Rawhide		Rawhide		Perry Mason		Perry Mason		Mannix		Mannix													
FMC	387	West of the Divide (15) The Desert Trail (15) Abilene Town ★★ (46, Western)		(15) The Man From Laramie (55, Western) James Stewart		Utah Blaine ★★ (57, Western)																							
FNC	205	Outnumbered (L)		America Reports (L)				The Story With Martha		Your World W/ Cavuto		The Five (L)		Special Report		Jesse Watters (L)													
FOOD	110	Pioneer	Pioneer	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games													
FREEFM	180	Ice Age Ice Age: Continental Drift (12, Children's) Madagascar ★★ (05, Children's)						The Office		The Office		The Office		The Office		The Office													
FS1	150	The Herd with Colin Cowherd (L)						Speak for Yourself (L)				Undisputed		NASCAR Race Hub (L)		The Day Atlanta 1992													

		EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30				
		CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30				
		MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30				
		PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30				
AMERICA'S TOP PROGRAMMING																						
FX	136	X-Men: Dark Phoenix ★★ ('19, Action)					X-Men: Days of Future Past ★★★ ('14, Action) <i>Hugh Jackman, James McAvoy</i>					TBA										
FXM	384	My Cousin Rachel		(15) The Innocents ('61, Horror) 'NR'			Don't Let Go ('19, Suspense) <i>David Oyelowo</i> 'R'			(15) Assassin's Creed ★★ ('16, Action) 'PG-13'			Passenger									
FXH	125	Cleveland	Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons				
GETTV	373	The Rockford Files			Walker, Texas Ranger			Walker, Texas Ranger			Walker, Texas Ranger			Kojak			Kojak 18 Hours of Fear					
GMSHW	116	Deal or No Deal			Match		Match		Catch 21	Catch 21	25 Words	25 Words	Common	Common	Chain Rea.	Chain Rea.	Puzzler	Puzzler				
GOLF	401	Golf Today (L)					Golf Today					Golf Central (L)		GOLF Films		Golf Central		Golf	PGA TOUR			
GRIT	217	Death Vail.	Death Vail.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Tales of Wells Fargo						
HALL	185	Christmas Joy ('18, Romance-Comedy)					Reunited at Christmas ('18, Drama)					Christmas Sail ('21, Romance) <i>Katee Sackhoff</i>			On the Twelfth Day of Christmas ('15)							
HALLDR	186	Matlock The Bestseller		Matlock The Ex			The Waltons			The Waltons			The Waltons The Book			The Waltons The Job			Little House on Prairie	Little House on Prairie		
HALLMV	187	Diagnosis Murder		Diagnosis Murder			Diagnosis Murder			Monk			Monk			Monk			Crossword Mysteries			
HDMOV	130	Eddie and the Cruisers ('83)			(25) About Last Night ... ('86, Comedy-Drama)			(35) For Keeps ★★ ('88, Comedy-Drama)			Dying Laughing ('16) <i>Kevin Hart</i>			The Woman in Red								
HERIC	293	JAG Empty Quiver			JAG Fortunate Son			JAG Second Acts			JAG (Part 1 of 2)			JAG (Part 2 of 2)			MacGyver Kill Zone		Walker, Texas Ranger	Walker, Texas Ranger		
HGTV	112	Good Bones			Good Bones			Good Bones			Good Bones			Good Bones			Good Bones		Bargain Block	Bargain Block		
HIST	120	4A Few Good Men			Hacksaw Ridge ★★ ('16, War) <i>Andrew Garfield</i>					Unforgiven ★★ ('92, Western) <i>Clint Eastwood, Gene Hackman</i>					Forged in Fire							
ID	192	Murder Among Friends		The Killer Beside Me			The Killer Beside Me			The Killer Beside Me			The Murder Tapes			The Murder Tapes			The Murder Tapes			
IFC	133	3's Comp. 3's Comp.		3's Comp. 3's Comp.			3's Comp. 3's Comp.			Raymond			Raymond			Raymond			Raymond			
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	Home Imp.	Home Imp.				
LIFE	108	The Mentalist			The Mentalist			The Mentalist			Castle The Wrong Stuff			Castle			Castle At Close Range			Castle Habeas Corpse	Castle Sleeper	
LMN	109	Secrets in the Mansion ('21, Suspense)					Her Deadly Groom ('20, Suspense)					I Won't Let You Go ('22, Drama) <i>Paniz Zade</i>					Happily Never After ('22, Suspense)					
MAGN	111	Fixer Upper			Fixer Upper			Fixer Upper			Fixer Upper			Fixer Upper			Fixer Upper			Fixer Upper: Welcome		
MGMHD	385	The Big Country ★★ ('58, Western) <i>Gregory Peck, Jean Simmons</i>					(25) Frontier Uprising ★ ('61)			Nobody's Fool ('86, Romance-Comedy) <i>Rosanna Arquette</i>					Love Is All							
MOTOR	246	Faster With Finnegan			Faster With Finnegan			Faster With Finnegan			Faster With Finnegan			Junkyard Empire			FantomWorks			Bitchin' Rides	Garage Squad	
MSNBC	209	Andrea Mitchell Reports (L)			Chris Jansing Reports (L)			Katy Tur Reports (L)			Hallie Jackson Reports (L)			Deadline: White House (L)			The Beat With			The ReidOut (L)		
NATGEO	197	Drugs, Inc.: The Fix			Drugs, Inc.: The Fix			Drugs, Inc.: The Fix			Drugs, Inc.: The Fix			To Catch a Smuggler			To Catch a Smuggler			To Catch a Smuggler		
NGWLD	190	Heartland Docs, DVM			Heartland Docs, DVM			Heartland Docs, DVM			Heartland Docs, DVM			Port Protection Alaska			Port Protection Alaska			Port Protection Alaska (N)		
OUTD	396	Wild Ops	The One	Whitetail Freaks										Outdoors			Hunt	Wardens	Wardens	The Gunfather		
OWN	189	Dr. Phil			Court	Court	Court	Court	Court	Court	Court	Court	20/20 on OWN	20/20 on OWN	20/20 on OWN	20/20 on OWN	20/20 on OWN					
OXYG	127	Dateline: Secrets			Dateline: Secrets			Dateline: Secrets			Dateline: Secrets			Dateline: Secrets			Dateline: Secrets			Dateline: Secrets		
PARMT	241	Bar Rescue Caving In			(12:52) Bar Rescue			(1:49) Mom			(4:5) Mom			(15) Mom			(44) Mom			Two Men		
POP	117	ER			ER Let the Games Begin			ER Don't Ask, Don't Tell			House Lines in the Sand			House Fools for Love			House Que Sera Sera			House		
REELZ	299	Cops	Cops	Cops	Cops	Jail	Jail	Jail	Jail	Jail	Jail	Cops	Cops	Cops	Cops	Cops	Cops	Mobsters Joey Gallo				
RFDTV	231	Market Day Report (L)					Cow Guy	Kingdom	Equestrian	Best Amer	Southern	Bucket List	Rodeo	Heartland	Big Deal	Mollie B Polka Party	Rural News					
SCI	193	What on Earth?			Mysteries Aband.			Mysteries Aband.			What on Earth?			What on Earth?			What on Earth?			What on Earth?		
SMITH	367	Air Disasters			Air Disasters			Inside- Tower of London			Inside- Tower of London			WWII Battles in Color			WWII Battles in Color			Air Disasters	Air Disasters	
SONY	386	The 7th Voyage of Sinbad ('58) (:44) Sinbad and the Eye of the Tiger ★★ ('77, Fantasy)					(3:52) The Art of War ★★ ('00, Suspense)					(02) The Man From Laramie ('55, Western)										
SUND-E	358	Andy G.	Andy G.	Criminal Minds			Criminal Minds			Criminal Minds			Criminal Minds			Criminal Minds			Criminal Minds			
SYFY	122	(02) The Bourne Legacy ★★ ('12, Action) <i>Jeremy Renner</i>					(04) The Bourne Ultimatum ('07, Action) <i>Matt Damon</i>					(38) Peppermint ★ ('18, Action) <i>Jennifer Garner</i>										
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club			David	S. Furtick	Praise		Graham	Scudder	The Potter's Centerpoint					
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang				
TCM	132	Pete Kelly's Blues ('55, Musical) (:45) Holiday Affair ★★ ('49, Romance)					Angels in the Outfield ('51)					(15) Just This Once ('52, Comedy) (:45) Confidentially Connie ('53)										
TLC	183	Untold Stories of the ER			Untold Stories of the ER			Untold Stories of the ER			Born With Albinism			30 Inches Tall			My Feet Are Killing Me			My Feet Are Killing Me	My Feet Are Killing Me	
TMC-W	329	The Gasoline Thieves (:05)			Low Tide ('19, Drama) 'R'			(3:5) 3 Day Weekend ('19) 'NR'			Unearth ('20, Horror) 'NR'			(35) Run This Town ('19) 'R'			(15) Swiss Army Man					
TNT	138	Supernatural			Supernatural			Supernatural Skin			Supernatural Hook Man			Lucifer			Lucifer			Lucifer		
TRU	242	World's Dumbest ...			World's Dumbest ...			World's Dumbest ...			World's Dumbest ...			Jokes	Jokes	Jokes	Jokes	Jokes	Jokes			
TRVL	196	My Haunted House			My Haunted House			My Haunted House			My Haunted House			Most Terrifying Places			Most Terrifying Places			Most Terrifying Places		
TVLND	106	Gunsmoke			Gunsmoke			Gunsmoke			Gunsmoke			Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.			
UP	188	Little House on Prairie			Little House on Prairie			Gilmore Girls			Gilmore Girls			Reba			Reba			Reba	Reba	
USA	105	Law & Order: SVU			Law & Order: SVU			Law & Order: SVU			Law & Order: SVU			Law & Order: SVU			Law & Order: SVU			Law & Order: SVU		
WE	128	NCIS A Desperate Man			NCIS			NCIS Secrets			NCIS Psych Out			NCIS Need to Know			NCIS The Tell			NCIS The Good Son		
Networks																						
ABC-E		Local Programs			GMA3-Need to Know			General Hospital (N)			Local Programs			Local Programs			News			Local Programs		
CBS-E		Local Prog. Young & Restless			Bold			The Talk (N)			Let's Make a Deal			Local Programs			News			Local Programs		
CW-E		Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs		
FOX-E		Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs		
NBC-E		Local Programs			Days of our Lives (N)			Local Programs			Local Programs			Local Programs			Local Prog. News			Local Programs		
METV	247*	The Waltons			Gunsmoke (Part 2 of 2)			Bonanza Black Friday			Rifleman	Rifleman	Wagon Train		Adam-12	Adam-12	The A-Team		M*A*S*H	M*A*S*H		
ABC-W		Local Programs			The View (N)			Local Programs			GMA3-Need to Know			General Hospital (N)			Local Programs			Local Programs		
CBS-W		Local Programs			The Price Is Right			Young & Restless			Local Prog. Bold			The Talk (N)			Let's Make a Deal			Local Programs		
CW-W		Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs		
FOX-W		Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs			Local Programs		
NBC-W		Today 3rd Hour (N)			Today-Hoda			Local Programs			Local Programs			Days of our Lives (N)			Local Programs			Local Programs		
PBS		Dinosaur	Clifford	Sesame St. Donkey			Tiger	Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)					

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30										
		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30										
		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30										
		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30										
PREMIUM MOVIES																											
HBO	HBO-E	310	Lone Survivor '13, War			Mark Wahlberg 'R' '05 Mind Over Murder			(10:55) Irma Vep			(11:55) Westworld			(12:50) Indecent Proposal '93, Drama			REAL Sports									
	HBO2	312	Irma Vep Hypnotic Eyes			The Holiday '06, Romance-Comedy			Cameron Diaz 'PG-13'			Sam Jay			(11:50) The Heat ★★ '13, Comedy			'R' (1:50) Magic Mike ★★★ '12' 'R' Mike XXL									
	HBO5	314	Mind Over Murder (N)			Westworld '13, Science Fiction			Chernobyl: The Lost Tapes			(25) Young Adult ★★ '11' 'R'			Sam Jay			Jason's Lyric '94, Drama	Allen Payne 'R' Defiance								
	HBOF	315	Mouse Ta (33) Dune '21, Science Fiction			Timothée Chalamet 'PG-13'			(09) Australia ★★ '08, Adventure			Nicole Kidman 'PG-13'			(1:55) Girl Most Likely '12' 'PG-13'			Percy J									
MAX	MAX	307	Cop Land '97, Crime Drama			'R' '45 Escape Plan ★★ '13, Action			'R' '42 The Empty Man '20, Horror			James Badge Dale 'R'			The Unborn '09, Horror			'PG-13' Set Up 'R'									
	5MAX	308	4She's All That '99			The Great Gatsby '13, Drama			Leonardo DiCaprio 'PG-13'			(23) Catch a Fire '06			'PG-13' '05 Movie 43 '13, Comedy			'R' '44 What Women Want '00									
	MMA	309	Jackie Brown '97			'R' The Untouchables '87, Crime Drama			'R' Kajillionaire ★★ '20			'R' '45 J. Edgar '11, Biography			Leonardo DiCaprio 'R'			The Devil's Double 'R'									
SHOWTIME	SHO-E	318	Indiana Jones and the Temple of Doom '84			Indiana Jones and the Last Crusade '89			Indiana Jones and Crystal Skull			(15) Immortals '11, Adventure			Henry Cavill 'R'												
	SHO2	320	A Most Violent Year '14, Crime Drama			'R' '05 Ex Machina '14, Science Fiction			'R' Mojave ★★ '15, Suspense			'R' '35 The Promise '16, Historical Drama			Oscar Isaac 'PG-13'												
	SHOBET	321	4Last Black Man			We Hunt '45 We Hunt Together			Man Who Fell Flatbush			Waves '19, Drama			Kelvin Harrison Jr., Taylor Russell 'R'			'20 Sound of Violence '21' 'NR'									
	SHOX	322	4Mexican Debug '14, Science Fiction			'NR' Boxing 2019: Erislandy Lara vs. Brian Carlos Castano			We Hunt '45 We Hunt Together			Student Body '22, Horror			'NR'												
	SHOS	323	Man Who Fell			Flatbush			Spotlights			Bill & Ted's Excellent Adventure			Ingrid Goes West ★★ '17' 'R'			'10 Kate & Leopold '01	Meg Ryan 'PG-13' '10 Lifeguard '76								
	TMC	327	August: Osage County '13			Meryl Streep 'R' Out of Africa ★★ '85, Romance			Meryl Streep 'PG' '45 Dreamland '19, Drama			Margot Robbie 'R' The Lobster '15			Colin Farrell 'R'												
	FLIX-E	333	Drop Zone ★★ '94, Action			'R' '45 Narc '02, Crime Drama			Ray Liotta 'R' '35 Run Lola Run '98			'R' The Master ★★ '12, Drama			Joaquin Phoenix 'R'			Crumbs 'R'									
STARZ	ENCR-E	340	4Knocked Up '07' 'R' Dragonheart ★★ '96, Fantasy			'PG-13' The House: Meet the Blacks 2 '27			The Great Raid ★★ '05, War			'R' '43 A Time to Kill '96, Drama			'R'												
	STARZ-E	350	4Ghislaine Maxwell?			(8:53) Ghostbusters: Afterlife '21			'PG-13' Becoming Elizabeth			Ghislaine Maxwell?			(12:56) Alien Resurrection ★★ '97			'R' Becoming Elizabeth									
	STRZED	352	4Monster Hunter '20			Guess Who '05, Comedy			Bernie Mac 'PG-13' '10:48 A Journal for Jordan '21			'PG-13' '03 Elysium ★★ '13, Science Fiction			'R' '2:55 Kings '17			'R'									
	STRZCI	353	4Jane			(16) The Ides of March '11			'R' A Good Year '06, Romance-Comedy			'PG-13' Breathe ★★ '17, Biography			'PG-13' '02 The Wife '17, Drama			'R' 12 Or									
	STRZCO	354	The Monuments Men ★★ '14			'PG-13' Strange Wilderness ★★ '08			'R' '28 About Last Night '14			'R' '12 Supercool '21, Comedy			Jake Short 'NR'			Men in Black									
	STRZIB	355	Power Book III			P-Valley White Knights '06			Resident Evil: Welcome to Raccoon City '11:56			P-Valley '04 Tortured '08, Suspense			Cole Hauser 'R'			Leprechaun 5									
	STRZKF	356	Baby's Day Out ★★ '94			'PG' '41 Beethoven ★★ '92			'PG' '10 Carpool '96, Children's			'PG' American Tail: Treasure			Big Bad Fox and Other Tales			Amer Tail									
EPIX	EPIX	380	The Lost City ★★ '22, Romance-Comedy			(9:55) Sonic the Hedgehog 2 '22, Comedy			Love and Monsters '20, Fantasy			Dylan O'Brien			(1:50) Head of State '03, Comedy			Addicted									
	EPIX2	381	Seabiscuit ★★ '03, Drama			Tobey Maguire			(25) Gandhi ★★ '82, Biography			Ben Kingsley, Candice Bergen			(40) Nebraska '13, Drama			Bruce Dern			Wuthering						
	EPIXH	382	Jack Ryan: Shadow Recruit '14, Action			(9:50) The Marksman '21, Action			(40) The Hunted '03, Action			(15) The Sum of All Fears '02, Suspense			Ben Affleck			Silence									
	EPIXDR	292	The Brady Bunch Movie '95			So I Married an Axe Murderer			(05) Election '99, Comedy			Matthew Broderick			(12:50) Yours, Mine & Ours '05			(20) French Postcards ★★ '79									
AMERICA'S TOP PROGRAMMING																											
A&E	118	Court Cam	Court Cam	Court (N)	Court (N)	Neighbor.	Road (N)	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Neighbor.	Road Wars	Court Cam	Court Cam										
AHC	195	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies	Inside Secret Societies										
AMC	131	Pearl Harbor ★★ '01, War			Ben Affleck, Josh Hartnett			1917 ★★ '19, War			George MacKay			(45) The Walking Dead			(10) The Walking Dead										
APL	184	The Zoo: San Diego (N)			Crikey! It's the Irwins			Crikey! It's the Irwins			The Zoo: San Diego			Crikey! It's the Irwins			Crikey! It's the Irwins										
AXSTV	167	Allman Brothers-Crash			Between Me and My Mind '19, Documentary			Between Me and My Mind '19, Documentary			Allman Brothers: After the Crash			Best-'70s			Best-'70s										
BBCA	135	Bones			Bones			Bones			Bones			Bones			UK PD										
BET	124	Celebrity Family Feud			Tyler Perry's Sistas (N)			All the Queen's Men (N)			Tyler Perry's Sistas			TBA			Martin			Martin	Martin	Martin	Prince	Prince			
BOUNCE	359	Monster-in-Law '05, Romance-Comedy			Jennifer Lopez			Out of Sight ★★ '98, Crime Drama			George Clooney			Next Day Air ★★ '09, Comedy-Drama			In the Heat of Night										
BRAVO	129	Real Housewives			Housewives of Dubai			Real Housewives			Housewives of Dubai			Ocean's Thirteen '07, Comedy-Drama			George Clooney			Housewives-Atlanta	Medicine						
BUZZR	245	Talkabout	Super Pass.	Sweep	Newlywed	Match-Squares				Talkabout	Super Pass.	Sweep	Newlywed	Match-Squares	Concen.	Concen.	FamFeud	FamFeud									
CIHD	249	Paranormal	Paranormal	Paranormal	Paranormal	Female Forces				Female Forces	Bulls-Eye	Paranormal	Paranormal	Paranormal	Female Forces	Female Forces			Bulls-Eye								
CMT	166	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Housewife	Housewife										
CNBC	208	Shark Tank			Shark Tank			Shark Tank			Shepard Smith			American Greed			Dateline			Dateline							
CNN	200	Anderson Cooper 360 (L)			CNN Tonight (L)			Don Lemon Tonight (L)			Don Lemon Tonight (L)			Anderson Cooper 360			CNN Tonight			Don Lemon Tonight	Don Lemon Tonight						
COM	107	Yankers	Yankers	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park										
COMET	289	Buffy, Vampire Slayer			The X-Files (Part 2 of 2)			The X-Files Teliko			The X-Files Unruhe			The X-Files			Quantum Leap			Quantum Leap	Paid Programs						
COOK	113	Burgers			Burgers			Food Paradise			Food Paradise			Burgers			Burgers			Food Paradise	Food Paradise						
DISC	182	Expedition Unknown (N)			Expedition Unknown			Expedition Unknown			Expedition Unknown			Expedition Unknown			Expedition Unknown			Expedition Unknown							
DFC	179	Chopped			Chopped Teen Talent			Chopped			Chopped			Chopped Teen Talent			Buddy's Bakery Rescue			Ultimate Cake Off							
DISN-E	172	Big City			Big City			Big City			Big City			Ladybug			Ladybug			The Villains	The Villains	Jessie	Jessie	Jessie	Raven	Raven	Jessie
ENCR-W	341	(13) Leprechaun '93, Horror			Warwick Davis 'R' '94			Knocked Up '07, Romance-Comedy			'R' Dragonheart ★★ '96, Fantasy			'PG-13' The House: Meet the Blacks 2			Great										
EWESTN	342	4The Tall T '57			'NR' (8:58) Decision at Sundown '57			(17) Forty Guns '57			(39) Bend of the River '52			'NR' (12) Buchanan Rides Alone '58			(33) North to Alaska '60			'NR'							
EACTN	343	Mercury Rising '98, Suspense			Bruce Willis 'R' '94			Johnny English '03			'PG' (24) Johnny English Reborn '11			(09) Jarhead 2: Field of Fire '14, Action			'R' My Bloody Valentine										
ESUSP	344	4Scream 4 '11			'R' Candyman: Day of the Dead 'R' '36			Mobsters ★★ '91, Crime Drama			'R' '24 Psycho '98, Suspense			'R' '10 Hamlet '00, Drama			Ethan Hawke 'R'										
EBLACK	345	4Cry			(34) Dysfunktional Family '03			'R' Girl 6 ★★ '96, Drama			Theresa Randle 'R' (11:51) City of Lies ★★ '18, Crime Drama			'R' (1:47) Summertime '20			'R' Behind										
ECLASS	346	(08) The Object of My Affection '98			'R' Rescue Me Hell			(13) Damages			(12:12) The Watcher ★★ '00, Suspense			'R' (1:51) Almost Famous '00, Comedy-Drama			'R'										
EFAMLY	347	The Painted Hills '51			(10) The Red Stallion			(47) 'NR' '29 Black Beauty ★★ '71, Children's			G' '17 Firehouse Dog '07			'PG' '10 Sheep and Wolves: Pig Deal			Camp										
ESPN	140	4MLB Baseball			Teams TBA (L) Baseball Tonight (L)			SportsCenter (L)			SportsCenter (L)			SportsCenter (L)			SportsCenter (L)			SportsCenter							
ESPN2	143	3 NBA Summer League (L)			3 NBA Summer League (L)			30 for 30			Streetball			Around			Interruption			NFL Live							
EWTN	261	EWTN Live (N)			News			Rosary			Fr. Spitzer's Universe			Crossing			Women of			Daily Mass	EWTN Live	News	Saints	Life/Rock	At Home		
FETV	82	Perry Mason			Perry Mason			Emergency!			Emergency!			B. Miller			B. Miller			Maude	Maude	Bewitched	Bewitched	Beaver	Beaver		
FMC	387	The Guns of Navarone ★★ '61, War			Gregory Peck			(15) Go for Broke! '51, War			Van Johnson			Memphis Belle			At War With the Army ★★ '50, Comedy										
FNC	205	Tucker Carlson Tonight (L)			Hannity (L)			The Ingraham Angle (L)			Gutfeld! (N)			Fox News at Night			Tucker Carlson Tonight			Hannity			The Ingraham Angle				
FOOD	110	Guy's Grocery Games			Guy's Grocery Games (N)			Guy's Grocery Games			Guy's Grocery Games			Guy's Grocery Games			Guy's Grocery Games			Guy's Grocery Games			Guy's Grocery Games				
FREFM	180	The Office			The Office			The Office			The 700 Club			Simpsons			Simpsons			Simpsons			Simpsons			Paid Programs	The 700 Club
FS1	150	4PBA Bowling			Anthony Division Finals (L)			Skip and Shannon: Undisputed			TMZ (N)			PBA Bowling			Anthony Division Finals			USFL Football Championship: Teams TBA							

	EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30														
	CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30														
	MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30														
	PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30														
AMERICA'S TOP PROGRAMMING																															
FX	136	1TBA											American Horror Story		American Horror Story		Horror														
FXM	384	Passengers ★★ ('16, Science Fiction) 'PG-13' (9:50)					Passengers ('16, Science Fiction) 'PG-13' (9:50)					FXM Pres. (25) Assassin's Creed ('16, Action) 'PG-13'		FXM Pres.		My Cousin Rachel															
FXX	125	Family Guy		Family Guy		Family Guy		Family Guy		Burgers		Burgers		Futurama		Futurama															
GETTV	373	The Rockford Files			The Rockford Files			Charlie's Angels			Hart to Hart		All/Family		All/Family		Sanford														
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided														
GOLF	401	GOLF Films St. Andrews					The Open for the Ages					GOLF Films St. Andrews					Paid Programs														
GRIT	217	Santa Fe ★★★ ('51, Western) Randolph Scott					The Doolins of Oklahoma ★★ ('49, Western)					Dallas ★★★ ('50, Western) Gary Cooper, Ruth Roman					Clearing the Range ('31, Western)														
HALL	185	12 Gifts of Christmas ('15, Romance)					A Christmas Together With You ('21)					Gold Girls		Gold Girls		Frasier		Frasier													
HALLDR	186	Little House on the Prairie ('74, Drama)					Little House on Prairie					The Waltons The Visitor		The Waltons The Lie		The Waltons		The Waltons													
HALLMV	187	Crossword Mysteries			Emma Fielding Mysteries Site Unseen			Murder, She Wrote			Murder, She Wrote			Murder, She Wrote			Monk														
HDMOV	130	The Woman in Red (8:50)		Caffeine ★ ('06, Comedy) (3:35)		Just One of the Guys ('85, Comedy) (25) Caffeine ★ ('06, Comedy)					(25) Caffeine ★ ('06, Comedy)		(10) Just One of the Guys ('85, Comedy)																		
HERIC	293	Star Trek			Star Trek: Next			Star Trek: Deep Space			Star Trek: Voyager			Star Trek: Enterprise			Baywatch Deep Trouble		House Games		House Paralysis.										
HGTV	112	Bargain Block			Bargain Block			Hunters			Hunters			Bargain Block			Hunters			Hunters			Bargain Block								
HIST	120	Forged in Fire			Forged in Fire (N)			Power		Power		(03) Forged in Fire		(12:03) Forged in Fire		(06) Forged in Fire		(05) Forged in Fire		Power		Power									
ID	192	Homicide Hunter- Trail			The Murder Tapes (N)			American Detective			Homicide Hunter: Kenda			The Murder Tapes			American Detective			Homicide Hunter: Kenda			Homicide Hunter- Trail								
IFC	133	Raymond		Raymond		Raymond		Raymond		Raymond		Raymond		3's Comp.		3's Comp.		3's Comp.		3's Comp.		3's Comp.									
LAFF	237	Home Imp.		Home Imp.		'70s Show		'70s Show		'70s Show		'70s Show		How I Met		How I Met		Bernie Mac		Bernie Mac		Bernie Mac		Bernie Mac		Hates Chris		Hates Chris		Paid Programs	
LIFE	108	Married at First Sight So Ready in Socal (N)							Married at First Sight (N)			(12:01) Married at First Sight So Ready in Socal							Married at First Sight												
LMN	109	Dying to Marry Him ('21, Suspense)					The Wrong Wedding Planner ('20, Suspense)					(12:01) Dying to Marry Him ('21, Suspense)					The Wrong Wedding Planner ('20, Suspense)														
MAGN	111	The Established Home (N)			Fixer Upper: Welcome			Fixer Upper			Fixer Upper			Fixer Upper: Welcome			Fixer Upper			Fixer Upper			The Established Home								
MGMHD	385	Love Is All There Is ★★ ('96) (4:0)			Something Wild ★★ ('86, Suspense) Jeff Daniels			(12:05) Wedding Daze ('06, Romance-Comedy)			(10) The Other End of the Line ('08, Romance)																				
MOTOR	246	Texas Metal			Car (N) Car Issues			ToyMakerz			Graveyard Carz			Car Issues			Car Issues			ToyMakerz			Graveyard Carz			Texas Metal					
MSNBC	209	All In With Chris Hayes (L)			MSNBC Prime (L)			The Last Word With			11th Hour			MSNBC Prime			The Last Word With			11th Hour			All In With Chris Hayes								
NATGEO	197	To Catch a Smuggler			To Catch a Smuggler			To Catch a Smuggler			To Catch a Smuggler			To Catch a Smuggler			To Catch a Smuggler			Smuggler			Smuggler			Drugs, Inc.: The Fix					
NGWLD	190	Life Below Ze			Life Below Ze			Life Below Ze			Life Below Ze			Life Below Ze			The Incredible Dr. Pol			The Incredible Dr. Pol			Paid Programs								
OUTD	396	The Gunfather					Hollywood Weapons					The Gunfather																			
OWN	189	Love It or List It			Love It or List It			Love It or List It			Love It or List It			Love It or List It			Love It or List It			Love It or List It			Love It or List It								
OXYG	127	Dateline: Secrets			Dateline: Secrets Uncovered					Dateline			Dateline: Secrets			Murdered by Morning			Murdered by Morning			Dateline									
PARMT	241	Grease ★★★ ('78, Musical) John Travolta						Movie		Hitch ★★★ ('05, Romance-Comedy) Will Smith, Eva Mendes																					
POP	117	NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans			FBI Salvation			FBI Ties That Bind								
REELZ	299	Mobsters Nicky Barnes			Mobsters			Mobsters			Mobsters Joey Gallo			Mobsters Nicky Barnes			Mobsters			Mobsters			Paid Programs								
RFDTV	231	Hayden	Saddle Up	Where	Cowboy	Horse-West	Equestrian	Roping	Rural News	Hayden	Saddle Up	Big Deal	Cowboy	Paid Programs																	
SCI	193	What on Earth?			What on Earth? (N)			What on Earth?			What on Earth?			What on Earth?			What on Earth?			What on Earth?											
SMITH	367	Carpathian Predators			Russia's Wild Sea			Russia's Wild Sea			Make It Out Alive			Carpathian Predators			Russia's Wild Sea			Air Disasters			Air Disasters								
SONY	386	The Pathfinder ('52, Adventure) (3:33)			California Conquest ('52)			(06) The Pathfinder ★ ('52)			(32) California Conquest ('52)			(1:58) Dean Koontz's Sole Survivor					D. Koontz												
SUND-E	358	Criminal Minds			Criminal Minds			Criminal Minds			Criminal Minds			Perry Mason			Perry Mason			Perry Mason											
SYFY	122	Constantine ★★★ ('05, Fantasy) Keanu Reeves					Speed ★★★ ('94, Action) Keanu Reeves, Dennis Hopper					Tremors ★★★ ('90, Horror) Kevin Bacon					Twi. Zone			Twi. Zone											
TBN	260	David	Gaither	Praise		Gospel	Centerpoint	S. Furtick	Business	Prince	Max	Harvest	Worship	Jordan	Elevation	2nd Chance															
TBS	139	All Elite Wrestling: Dynamite (L)					American			American			American			George			George			George			Wipeout						
TCM	132	Oscar Micheaux: The Superhero Of Black					Unconquered			(15) Souls of Sin ('49, Drama)			The Flying Ace ('26) (4:5)			Blood of Jesus ('41, Drama)			Dirty Gertie												
TLC	183	Dr. Pimple Popper (N)			My Feet Are Killing Me (N)			My Feet Are Killing Me (N)			Hoarding: Buried Alive			Dr. Pimple Popper			My Feet Are Killing Me			My Feet Are Killing Me			Hoarding: Buried Alive								
TMC-W	329	Swiss Army Man ('16)			A Fish Called Wanda ('88, Comedy) 'R'			August: Osage County ('13) Meryl Streep 'R'					Out of Africa ★★★ ('85, Romance) Meryl Streep 'PG'			Dream															
TNT	138	Central Intelligence ★★ ('16, Action)					Ride Along 2 ★★ ('16, Comedy) Ice Cube					Central Intelligence ★★ ('16, Action)					Rich & Shameless			(02) Rich & Shameless											
TRU	242	Jokes	Jokes	Jokes	Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers														
TRVL	196	Eli Roth Presents: A Ghost Ruined My Life (N)					Most Terrifying Places					Eli Roth Presents: A Ghost Ruined My Life					Most Terrifying Places			Top 10-Terrifying											
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Mom	Mom	Mom	Mom														
UP	188	Blue Bloods			Blue Bloods			Blue Bloods Brothers			Blue Bloods Chinatown			Gilmore Girls			Gilmore Girls			Gilmore Girls			Paid Programs								
USA	105	Law & Order: SVU			Law & Order: SVU			Law & Order: SVU			Law & Order: SVU			Law & Order: SVU			Law & Order: SVU			Law & Order: SVU											
WE	128	NCIS Rekindled			NCIS Playing With Fire			NCIS (Part 1 of 2)			NCIS (Part 2 of 2)			NCIS Extreme Prejudice			Law Order: CI			Law Order: CI			Monk								
LOCAL NETWORKS																															
ABC-E		Conners	Goldbergs	Abbott	Home E.	Press Your Luck			Local Prog. (35) Jimmy Kimmel Live!			Nightline (N)		Local Programs			ABC World News Now (N)														
CBS-E		Big Brother (N)			The Challenge: USA (N)			Local Prog.			Late Show-Colbert			James Corden		Local Prog.			CBS Overnight News (N)												
CW-E		Mysteries Decoded (N)			Wellington	Wellington	Local Programs																								
FOX-E		MasterChef			So You Think			Local Programs																							
NBC-E		Chicago Med			Chicago Fire			Chicago P.D.			Local Prog.			Tonight Show-J. Fallon			Late Night-Seth Meyers		News		Top Story With			Early Tdy		Local Prog.					
METV	247	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone			Hitchcock	Hitchcock	(05) Mannix			(05) Cannon			Madman										
ABC-W		Local Programs			News			Local Programs			Conners			Goldbergs			Abbott		Home E.			Press Your Luck			Local Prog. (35) Jimmy Kimmel Live!			Nightline (N)			
CBS-W		Local Programs			News			Local Programs			Big Brother (N)			The Challenge: USA (N)			Local Prog.			Late Show-Colbert			Corden								
CW-W		Local Programs							Mysteries Decoded (N)			Wellington			Wellington			Local Programs													
FOX-W		Local Programs							MasterChef			So You Think			Local Programs																
NBC-W		Local Prog.		News		Local Programs			Chicago Med			Chicago Fire			Chicago P.D.			Local Prog.			Tonight Show-J. Fallon			Meyers							
PBS		The Green Planet (N)			NOVA			Expedition With Steve			Amanpour-Co			The Green Planet			NOVA			Expedition With Steve			America Outdoors								

		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30					
EASTERN		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30					
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30					
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30					
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30					
PREMIUM MOVIES																						
HBO	HBO-E	310	Assassins '95, Action			Sylvester Stallone 'R' (05)			Tenet '20, Action			John David Washington 'PG-13' (40)			The Legend of Hercules '14' 'PG-13' (20)			The Command '18' 'PG-13' (10)				
	HBO2	312	Magic Mike XXL ★★ (15) 'R' (45)			Down With Love ★★ (03) 'PG-13'			Caddyshack II '88, Comedy' 'PG' (10)			Across the Universe ★★ (07, Musical) 'PG-13'			Only Love '13, Musical' 'PG-13' (10)							
	HBO5	314	Defiance ★★ (08, Historical Drama) 'R' (05)			The Bourne Identity '02, Action' 'PG-13' (05)			The Bourne Supremacy '04' 'PG-13' (10)			The World's End '13, Comedy' 'R' (10)										
	HBOF	315	Percy Jackson: Sea of Monsters			I Can't Do '09, Action' 'PG-13' (10)			K'garden '09, Action' 'PG-13' (10)			Happily '02, Action' 'PG-13' (10)			Curious '02, Action' 'PG-13' (10)							
MAX	MAX	307	Set Up '11' 'R' (45)			The Uninvited '09' 'PG-13' (23)			The Faculty '98, Horror' 'R' (08)			The Ruins '08, Horror' 'R' (40)			Little Man ★★ '06, Comedy' 'PG-13' (10)			Ghost Town '06, Horror' 'R' (10)				
	5MAX	308	What Women Want (45)			Joe Versus the Volcano '90 (34)			Greystoke: The Legend of Tarzan, Lord of the Apes (85)			The Reader '08, Drama			Kate Winslet 'R' (10)			The Good German '08, Drama' 'R' (10)				
	MMAX	309	The Devil's Double 'R' (45)			The Prince '14, Action' 'R' (22)			Just Married ★ '03' 'PG-13' (10)			Master and Commander: The Far Side (15)			John Grisham's The Rainmaker '97 (10)							
SHOWTIME	SHO-E	318	(05) Enemy '13, Suspense' 'R' (45)			The Disaster Artist '17 James Franco 'R' (65)			The War '94, Drama			Elijah Wood 'PG-13' (35)			Thank You for Your Service '17, War' 'R' (10)			The Host '12, Action' 'PG-13' (10)				
	SHO2	320	Bad Santa 2 '16, Comedy' 'R' (55)			Vehicle 19 ★ (13, Suspense) 'R' (55)			The Great Gilly Hopkins '16' 'PG' (40)			Hello I Must Be Going ★★ (12) 'R' (20)			Waves '19, Drama' 'R' (10)							
	SHOBET	321	Aquarium of the Dead '21' 'NR' (55)			Save the Last Dance 2 ★★ '06' (05)			Memphis '13, Drama' 'NR' (17)			Rafiki '18, Drama' 'NR' (11)			In My Father's House '15' 'R' (11)			Beyond the Lights '16, Drama' 'R' (10)				
	SHOX	322	Pete Lee: Tall, Dark			Cypress Hill: Insane in the Brain			Vehicle 19 ★ (13, Suspense) 'R' (55)			Cut Bank '14, Suspense' 'R' (35)			7 Days in Entebbe '18, Suspense' 'PG-13' (13)			Minute 82 '18, Action' 'R' (10)				
	SHOS	323	Lifeguard '76' 'PG' (65)			Billionaire Boys Club ★ (18, Suspense) 'R' (65)			Crisis '21, Suspense' Gary Oldman 'R' (85)			Slice '18' 'R' (15)			American Insurrection '21, Action' 'R' (10)							
	TMC	327	Lobster			A Fish Called Wanda '88, Comedy' 'R' (20)			Undercover Grandpa '16' (75)			Equals ★★ '15' 'PG-13' (40)			Misery '90, Horror' James Caan 'R' (10)			Bling Ring '18, Crime' 'R' (10)				
	FLIX-E	333	Crumb '94, Documentary' 'R' (35)			Step Up Revolution '12' (15)			Reefer Madness '36' 'PG' (25)			Ginger & Rosa '12' 'PG-13' (15)			Hav Plenty ★★ '97' 'R' (10)			Orange County '07, Comedy' 'R' (10)				
STARZ	ENCR-E	340	A Time to Kill '96, Drama' 'R' (16)			Home Sweet Hell ★ '15' 'R' (65)			Battle of the Year '13, Drama' 'PG-13' (84)			The Cider House Rules '99' 'PG-13' (10)			(10:56) Fallen '98' 'R' (10)							
	STARZ-E	350	Parallel Mothers ★★ (21, Drama) 'R' (54)			The Craft: Legacy ★★ (20) (32)			Ticking Clock '11, Action' 'R' (17)			Spiral: From the Book of Saw			Venom: Carnage '15, Action' 'R' (10)							
	STRZED	352	Kings '17' (25)			Mr. Deeds ★ '02' 'PG-13' (04)			Can't Hardly Wait '98, Comedy' 'PG-13' (74)			Yellow Rose '19' 'PG-13' (23)			Trapped '02, Suspense' 'R' (11)			Mr. Deeds '02 (10)				
	STRZCI	353	12 Mighty Orphans '21			Luke Wilson 'PG-13' (54)			The Broken Hearts Gallery (38)			The Father ★★ (20, Drama) 'PG-13' (18)			Brothers '09, Drama' 'R' (05)			Little Birds '18, Drama' 'R' (10)				
	STRZCO	354	Men (43)			I.Q. ★★ (94, Romance-Comedy) 'PG' (21)			Dear God '96, Comedy' 'PG' (14)			The Fluffy Movie '14, Comedy' 'PG-13' (95)			Men in Black: International '19' 'PG-13' (10)							
	STRZIB	355	Leprechaun: Back 2 tha Hood (27)			Leprechaun: Back 2 tha Hood (59)			Tyler Perry's the Family That Preys '08' (75)			Rebound ★★ '05' 'PG' (20)			Roll Bounce '05' 'PG-13' (10)			Truth Abt Char '18, Drama' 'R' (10)				
	STRZKF	356	Amer Tail (44)			Beethoven's 2nd '93' 'PG' (10)			Pit Pony (10)			The Little Rascals Save the Day (42)			Open Season 3 '10' 'PG' (95)			All Creatures Big and Small '18, Drama' 'R' (10)				
EPIX	EPIX	380	Addicted '14, Drama			Sharon Leal (20)			Emperor '12, Historical Drama' (10)			The Warrior Queen of Jhansi '19' (85)			Breakfast at Tiffany's ★★ (61) (10:50)			Morning Glory '06, Comedy' 'R' (10)				
	EPIX2	381	Wuthering Heights (05)			Three Days of the Condor '75, Suspense' (05)			Words and Pictures '13, Comedy-Drama' (05)			Gandhi ★★ (82, Biography)			Ben Kingsley, Candice Bergen							
	EPIXH	382	Silence '16, Historical Drama			Andrew Garfield (05)			Trauma Center '19, Action' (35)			The Virgin Suicides '99' (15)			Georgetown '19, Crime Drama' (15)			Jack Ryan: Shd '18, Action' 'R' (10)				
	EPIXDR	292	Broadway Danny Rose '84' (25)			Punk (Part 4 of 4) (20)			Charlotte's Web ★★ '06' (40)			Cadillac Man '90, Comedy' (40)			Dickie Roberts: Former Child Star '03' (10)			BradyBunch '70, Comedy' 'R' (10)				
AMERICA'S TOP PROGRAMMING																						
A&E	118	Paid Programs				Jeremiah		Paid Prog.	Parking	Parking	Parking	Parking	Parking	Parking	Interrogation Raw	Interrogation Raw						
AHC	195	America: Facts		America: Facts		Apocalypse: WWI		Fury	Apocalypse: WWI	Fear	Apocalypse: WWI	Hell	Apocalypse: WWI	Rage	Apocalypse: WWI	Weaponology						
AMC	131	(15) The Walking Dead				Stooges		Paid Programs				(15) RoboCop 3 '93, Science Fiction)				Robert John Burke 'Red Dawn' '86, Action' 'R' (10)						
APL	184	The Zoo		The Zoo		Dogs 101				Secret Life-Zoo				Crikey! It's the Irwins				Dr. Jeff: RMV				
AXSTV	167	Paid Programs												Music		Music	Live From Daryl's House		Rock	Rock	AXS TV Concerts Train	
BBCA	135	UK PD		UK PD		Star Trek: Next		Star Trek: Next		Star Trek: Next		Doctor Who The Day of the Doctor (45)				Dune '84, Science Fiction)						
BET	124	Browns	Browns	Browns	Browns	Browns	Browns	Live Single	Live Single	Live Single	Live Single	Martin	Martin	black-ish	black-ish	Martin	Martin					
BOUNCE	359	Scandal Pencils Down		The Real DC Young Fly		Wendy Williams Show				Nick Cannon		Injury Ct.	Injury Ct.	Court	Court	Court	Court	Paternity	Paternity			
BRAVO	129	Kelly Clarkson		Paid Programs		Below Deck				Below Deck		Below Deck		Below Deck		Below Deck		Below Deck				
BUZZR	245	Match	Match	Match	Match	Paid Programs				Les Feldick		Prince	Tell Truth	My Line?	Concentrat	You See It	Sharks	Card	Newlywed	Sweep		
CIHD	249	Paranormal	Paranormal	Paranormal	Paranormal	Paid Programs								American Justice		American Justice		Nightwatch		Nightwatch		
CMT	166	CMT Music		CMT Music		CMT Music				CMT Music		CMT Music		Roseanne		Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	
CNBC	208	Shepard Smith		Worldwide Exchange (L)		Squawk Box (L)								Squawk on the Street (L)				TechCheck (L)				
CNN	200	CNN Newsroom Live (L)		Early Start w/Romans		New Day With				New Day With		New Day With		CNN Newsroom		CNN Newsroom		At This Hour-Kate				
COM	107	South Park	South Park	Paid Programs				Futurama				Futurama	Futurama	Futurama	South Park		South Park	South Park	South Park	South Park		
COMET	289	Paid Programs																Burnt Offerings '76, Horror) Karen Black 'Journey-Center' '76, Horror) Karen Black				
COOK	113	Paid Programs								Beach Bites		Beach Bites	Yum-Yum	Yum-Yum	Best Thing		Best Thing	Best Thing	Best Thing	Food Paradise		
DISC	182	Bering Sea Gold Machine Gun Kellys				What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?				
DFC	179	Kit. Crash	Kit. Crash	Puppies	Puppies	Monsters	Monsters	Pac-Man	Transform.	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony	Monsters	Monsters					
DISN-E	172	Bunk'd	Jessie	Ladybug	Ladybug	Mickey	Bluey	Alice's	Bluey	Bluey	(25) TBA	Bluey	Bluey	Bluey	Bluey	Big City	Big City					
ENCR-W	341	The Great Raid '05, War' 'R' (43)				A Time to Kill ★★ (96, Drama) Sandra Bullock 'R' (16)				Home Sweet Hell ★ '15' 'R' (95)				Battle of the Year '13, Drama' 'PG-13' (10)				Return				
EWESTN	342	North-Alsk (36)				The Range Feud (35)				Bend of the River '52' 'NR' (03)				North to Alaska '60, Western' 'NR' (07)				Buchanan Rides Alone '58' (07)				
EACTN	343	Bloody (37)				Stander '03, Drama) Thomas Jane 'R' (32)				The Three Musketeers ★ (11) 'PG-13' (23)				Venom ★ (05, Horror) 'R' (93)				Sicario: Day of the Soldado '18' 'R' (93)				
ESUSP	344	(04) Overdrive '17, Action' 'PG-13' (38)				The Trust '16' 'R' (08)				Sherlock Holmes (22)				Lawless ★★ (12, Crime Drama) 'R' (21)				Below ★★ '02, Suspense' 'R' (10)				
EBLACK	345	Behind the Curtain (03)				Where Hands Touch '18' 'PG-13' (08)				Legion ★ (10, Horror) Paul Bettany 'R' (85)				Senseless '98, Comedy' 'R' (27)				Port Authority '19, Drama' 'R' (36)				
ECLASS	346	The Amityville Horror '05' 'R' (29)				Stop-Loss '08, Drama) Ryan Phillippe 'R' (24)				Idiocracy '06, Comedy' 'R' (85)				Picture Perfect '97' 'PG-13' (36)				Almost Famous '00' 'R' (10)				
EFAMILY	347	Camp Arrowhead		Charmers (41)		Strike '19, Adventure' 'NR' (23)				Flipper '96, Children's' 'PG' (10)				Camp Arrowhead '20' 'NR' (23)				The Pink Panther 2 '09' 'PG' (10)				
ESPN	140	SportsCenter		SportsCenter		SportsCenter		Breakfast at Wimbledon (L)				2022 Wimbledon Championships Ladies Semifinals (L)										
ESPN2	143	SportsCenter		SportsCenter		Keyshawn		SportsCenter (L)				Get Up (L)				First Take (L)						
EWTN	261	Bob	Matthew's	Living Right		Aquinas	Saints	St. Michael	Rosary	Daily Mass (L)		Holy	EWTN Live	Saints		The Church	Sacraments					
FETV	82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	McCoys	McCoys	Wagon Train		Wagon Train		Hazel	Hazel	Beaver	Beaver					
FMC	387	The Last of the Mohicans '36, Adventure)				Abilene Town '46, Western) Randolph Scott				The Guns of Navarone ★★ (61, War) Gregory Peck				(15) Go for Broke! '51)								
FNC	205	FOX & Friends First (L)				FOX & Friends First (L)				FOX and Friends (L)				America's Newsroom (L)				The Faulkner Focus (L)				
FOOD	110	Restaurant: Impossible				Paid Programs				Restaurant: Impossible				Chopped				Supermarket Stakeout				
REFRM	180	Paid Programs								black-ish		black-ish	black-ish		black-ish		The 700 Club		700 Club	The Middle	The Middle	
FS1	150	USFL Football		USFL	USFL	Skip and Shannon: Undisputed				First Things First (L)				Skip and Shannon: Undisputed (L)								

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
AMERICA'S TOP PROGRAMMING																				
FX	136	Horror	Mom	Paid Programs				Mom	Mom	The Darkest Minds ★★ ('18, Science Fiction)				X-Men: Days of Future Past ('14, Action)						
FXM	384	My Cousin	Witchcraft	'64, Horror	'NR'	The 300 Spartans '62, Historical Drama		'NR'	7:55	The Seven Year Itch '55		'40	The Three Faces of Eve '57		'15	Two for the Road				
FX2	125	Paid Programs						Ma ★★ ('19, Suspense)		Octavia Spencer		The Grudge ('20, Horror)		Andrea Riseborough		Cleveland	Cleveland			
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries		Elevation	Prince	Les Feldick	Paid Prog.	Good Time	Good Time	Good Time	Good Time	Hart to Hart				
GMSHW	116	Paid Programs						Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America			
GOLF	401	Paid Programs			Golf Central		Golf Central		Golf Central		Golf	PGA Tour Golf Genesis Scottish Open, First Round (L)								
GRIT	217	Paid Programs				Laramie The Stranger		Laramie Trapped		Cry Blood, Apache '70, Western			Jody McCrea	Comanche '56, Western			Dana Andrews			
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Never Kiss a Man in a Christmas Sweater						
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on the Prairie '74, Drama			Matlock The Clown		Matlock The Star					
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote			Murder, She Wrote		Diagnosis Murder					
HDMOV	130	Paid Programs								The Woman in Red '84, Comedy			'40	Eddie and the Cruisers '83, Musical		For Keeps				
HERIC	293	The District Still Life			The District		Maverick		Wanted ...	Wanted ...	Have Gun	Have Gun	Rawhide		The High Chaparral		Cheyenne Man Alone			
HGTV	112	Bargain Block		Bargain Block		Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Help-Wrecked				
HIST	120	Paid Programs				Amazing	Jeremiah	The Fast	The Fast	Unforgiven ★★ ★★ ('92, Western)				Clint Eastwood, Gene Hackman		Magnificent Seven				
ID	192	Homicide City		Homicide City		Homicide City		Man With a Van		Man With a Van		Man With a Van Lucifer		Cold Blooded Alaska		Cold Blooded Alaska				
IFC	133	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock			
LAFF	237	Paid Programs				Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court			
LIFE	108	Paid Programs				Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy				
LMN	109	Paid Programs				Suburban Swingers Club ('19, Drama)				Secrets in Suburbia '17, Suspense			Brody Behr		Tempted by Danger '20, Suspense					
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Restored		Restored		Restored		Restored		Restored				
MGMHD	385	Other End	'25	Night Drive '76, Suspense		The White Bus '67, Drama			'20	The Dungeonmaster '84		'15	Rollerball ★★ ★		'75, Science Fiction	James Caan				
MOTOR	246	Garage Squad		Bitchin' Rides		Bitchin' Rides		Junkyard Empire		FantomWorks		Texas Metal		Texas Metal		Texas Metal				
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)						Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)				
NATGEO	197	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Paid Programs						Life Below Zero: Port		Life Below Zero: Port		Life Below Zero: Port				
NGWLD	190	Paid Programs						America's		America's		America's		America's		America's				
OUTD	396	Hollywood Weapons				Wild Ops		Realtree Outdoors		American Archer				Hunt Masters						
OWN	189	Ready to Love		Ready to Love		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil				
OXYG	127	Dateline		Dateline		Murdered by Morning		Murdered by Morning		Killer Relationship		Killer Relationship		Killer Relationship		Final Moments				
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue				
POP	117	FBI Fallout		Goldbergs	Goldbergs	Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER Last Call		ER Ghosts		ER Fear of Flying				
REELZ	299	Paid Programs				Case Closed-AJ		Case Closed-AJ		Case Closed-AJ		Murder in the Family		Geraldo Rivera's Murder in the Family						
RFDTV	231	Paid Programs				Daniel O'Donnell Show		Merlin Ge.	Jeremiah	Rural News/AgDay (N)		Market Day Report (L)								
SCI	193	What on Earth?		What on Earth?		Universe Works		Universe Works		Unearthed		Unearthed		Strange Evidence		What on Earth?				
SMITH	367	Air Disasters		Air Disasters		Aerial America		Aerial America		Aerial America Maine		America's Hidden		America's Hidden		Pocahontas				
SONY	386	Dean Koontz	'10	A Time for Killing ★★ ★ ('67, Western)			6:47	A Better Way to Die '00		'34	Hard Times '75, Drama		Charles Bronson	'21	Animal Kingdom '10					
SUND-E	358	Perry Mason		Perry Mason		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.			
SYFY	122	Paid Programs				Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica		Battlestar Galactica				
TBN	260	Israel	Jordan Rubin	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen				
TBS	139	Wipeout		Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends			
TCM	132	'15	Bathing Beauty '44, Musical		Red Skelton	Dinner at Eight '33, Comedy			Marie Dressler	Sylvia Scarlett ★★ ★ ('35)		'45	The Women ★★ ★ ('39, Comedy)		Norma Shearer					
TLC	183	Long Island Medium		Long Island Medium		Extreme	Extreme	Extreme	Pregnant	Pregnant	Pregnant	My Feet Are Killing Me	My Feet Are Killing Me	My Feet Are Killing Me	My Feet Are Killing Me	My Feet Are Killing Me				
TMC-W	329	Dreamland '19, Drama			'R'	The Lobster '15, Romance-Comedy			'R'	A Fish Called Wanda '88, Comedy			'R'	'20	Undercover Grandpa '16		'10:55	Equals '15		
TNT	138	'02	NCIS: New Orleans		NCIS: New Orleans		Charmed		Charmed		Charmed		Charmed		NCIS: New Orleans		NCIS: New Orleans			
TRU	242	Paid Programs							Ad. Ruins	Ad. Ruins	Ad. Ruins	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro			
TRVL	196	Paid Programs								Ghosts of Morgan City		Ghosts of Morgan City		Ghosts of Morgan City		Ghosts of Morgan City				
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs						M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza				
UP	188	Paid Programs				Heartland		Heartland The Fix		Heartland		Little House on Prairie		Little House on Prairie		Little House on Prairie				
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS		NCIS		2022 Tour de France		Stage 6 Hilly stage. Distance 220 km. From Binche to Longwy. (N)								
WE	128	Mama June- Not to Hot		Paid Programs													Brat Loves Judy		Law Order: CI	
NETWORKS																				
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																				
ABC-E	Morning		Morning		Morning		Morning		Good Morning America (N)				Local Programs				The View (N)			
CBS-E	CBS Overnight News (N)			News	News	News	News	CBS Mornings (N)			Local Programs				The Price Is Right					
CW-E	Local Programs					Local Programs														
FOX-E	Local Programs					Local Programs						Local Programs			Local Programs					
NBC-E	Local Programs					Local Programs			Today (N)			Today 3rd Hour (N)			Today-Hoda		Local Programs			
METV	247*	'05	Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock (Part 1 of 2)		In the Heat of Night			
ABC-W	Local Programs			ABC World News Now (N)					Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)					
CBS-W	Corden		Local Prog.		CBS Overnight News (N)					News		News		News	News	CBS Mornings (N)				
CW-W	Local Programs						Local Programs													
FOX-W	Local Programs						Local Programs						Local Programs			Local Programs				
NBC-W	Meyers		News		Top Story With		Early Tdy	Local Programs				Local Programs			Today (N)					
PBS	Great Muslim American			Finding Your Roots		Xavier	Arthur	Molly	Wild Kratts	Elementary		Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

		EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
		CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
		MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
		PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30
PREMIUM MOVIES																		
HBO	HBO-E	310	Command (20) Hellboy '04, Fantasy Ron Perlman 'PG-13' (25) Terminator 2: Judgment Day '91) 'R' (45) Pacific Rim ★★★ '13, Science Fiction) 'PG-13' Westworld															
	HBO2	312	Only Lovers Left Alive '13) 'R' The Book Thief '13, Historical Drama) 'PG-13' (45) We're the Millers ★★ '13, Comedy) 'R' (35) Fantastic Beasts: The Secrets of Dumbledore (22)															
	HBO5	314	Coming to America ★★★ '88, Comedy) 'R' Little Miss Sunshine '06) 'R' (45) Golden Arm '20, Comedy) 'NR' Murder (10) Gone Baby Gone '07, Mystery) 'R'															
	HBOF	315	Zoom '06, Children's) 'PG' The Importance of Being Earnest (08) Hugo '11, Adventure) Ben Kingsley 'PG' (13) The Adventures of Tintin '11) 'PG' Space Jam: Leg															
MAX	MAX	307	Ghost Town '08) Joyful Noise '12, Comedy-Drama) 'PG-13' Cloverfield ★★★ '08) 'PG-13' (28) Let Him Go '20, Suspense) Diane Lane 'R' (23) R.I.P.D. '13, Action) 'PG-13'															
	5MAX	308	German (43) High Fidelity '00, Romance-Comedy) 'R' (37) Reservoir Dogs '92, Crime Drama) 'R' (17) Ouija '14, Horror) 'PG-13' (547) Solaris ★★★ '02) 'PG-13' Waiting ...															
	MMA	309	Grisham (31) Romancing the Stone ★★★ '84) 'PG' (17) Coneheads '93) (44) Endings, Beginnings '19, Drama) 'NR' (35) 10 Years ★★★ '11, Comedy) 'PG-13' Way Back															
SHOWTIME	SHO-E	318	The Host '06, Horror) 'R' Lamb ★★★ '21, Horror) Noomi Rapace 'R' The Promise '16, Historical Drama) 'PG-13' Spotlights The Souvenir '19, Romance) Tom Burke 'R'															
	SHO2	320	Waves 'R' (45) Congo '95, Action) Dylan Walsh 'PG-13' (45) How to Lose a Guy in 10 Days '03) (45) Sheryl '22, Documentary) Sheryl Crow 'NR' Elizabeth: A Portrait in Part(s)															
	SHOBET	321	Beyond the Law '19) (10) 16 Shots '19, Documentary) 'NR' Madeline's Madeline '18) 'NR' (35) Mid90s '18) Sunny Suljic 'R' (15) Critical Condition ★★ '87, Comedy) 'R'															
	SHOX	322	13 Minutes '21, Suspense) 'PG-13' (20) Cape Fear ★★★ '91, Suspense) 'R' The Green Knight '21, Fantasy) Dev Patel 'R' (40) Stillwater ★★ '21, Drama) Matt Damon 'R'															
	SHOS	323	The Rover '14, Drama) Guy Pearce 'R' Side Effects '13, Drama) 'R' (45) Jobs ★★ '13, Biography) Ashton Kutcher 'PG-13' Glory '89, War) Matthew Broderick 'R'															
	TMC	327	The Bling Ring '13) (05) Oasis: Supersonic '16, Documentary) 'R' (10) Krishna '15, Drama) 'R' (35) Another Girl '21) 'NR' (15) Into the Forest ★★ '15, Suspense) 'R'															
FLIX-E	333	Orange County '02) Stealth ★★ '05, Action) Josh Lucas 'PG-13' (05) Kingpin ★★ '96, Comedy) 'PG-13' Beverly Hills Ninja '97) 'PG-13' Bill & Ted's Excellent Adventure																
STARZ	ENCR-E	340	Fallen ★★ '98) 'R' (04) The Bone Collector '99, Suspense) 'R' (05) The Great Raid ★★ '05, War) Benjamin Bratt 'R' (21) Commando '85, Action) 'R' (6:55) Inferno '16)															
	STARZ-E	350	Venom (33) Becoming Elizabeth (34) French Exit '20, Comedy-Drama) 'R' Ghislaine Maxwell? (23) Die Hard With a Vengeance '95) 'R' (35) The Amazing Spider-Man 2															
	STRZED	352	Mr. Deeds ★ '02) (12:50) Elysium ★★★ '13) 'R' (42) Don't Breathe 2 ★★ '21, Suspense) 'R' (22) Yellow Rose '19) 'PG-13' (5:59) Mr. Deeds ★ '02) 'PG-13' [P-Valley (N)]															
	STRZCI	353	Little Birds Episode 2 Little Birds (40) Little Birds Little Birds Episode 5 Little Birds (12) 12 Mighty Orphans ★★ '21) 'PG-13' (12) Becoming Elizabeth (N) (13) Brothers '09) 'R'															
	STRZCO	354	Dance Flick '09, Comedy) 'PG-13' (21) I.Q. '94) Tim Robbins 'PG' (2:59) Fear and Loathing in Las Vegas '98) 'R' Date Movie ★★ '06) 'PG-13' (26) Supercool '21, Comedy) 'NR'															
	STRZIB	355	Truth Abt Char Tazmanian Devil '20, Drama) 'NR' (03) The Rundown '03, Adventure) 'PG-13' Family That Preys (41) Brick Mansions '14) 'PG-13'															
	STRZKF	356	Amer Tail (38) The Little Rascals Save the Day '14) 'PG' (18) Combat Wombat (45) Open Season 3 '10) 'PG' Brightheart: Firefly Action Beethoven's 2nd '93) 'PG'															
EPIX	EPIX	380	Morning (40) She's Out of My League ★★ '10) (25) Sabrina ★★ '95, Romance-Comedy) (35) Heartburn '86, Drama) Meryl Streep (25) In & Out '97, Comedy)															
	EPIX2	381	Gandhi (20) Young Sherlock Holmes '85) (10) The Mod Squad '99, Drama) (45) We Were Soldiers ★★ '02, War) Mel Gibson (05) G.I. Joe: Retaliation ★★ '13, Action)															
	EPIXH	382	Jack Ryan (45) The Marksman '21, Action) Liam Neeson (35) The Hunted '03, Action) (10) Mighty Oak '20, Comedy-Drama) (5:55) The Fighting Temptations '03, Comedy)															
	EPIXDR	292	Brady Bunch So I Married an Axe Murderer (25) Election ★★ '99, Comedy) (10) Marathon Man '76, Suspense) Dustin Hoffman (20) Shaft ★★ '00, Action)															
AMERICA'S TOP PROGRAMMING																		
A&E	118	Interrogation Raw		Panic 9-1-1 I'm Dying		Panic 9-1-1		The First 48		The First 48		The First 48		The First 48		The First 48		
AHC	195	Weaponology		Weaponology Fighter		Weaponology		Weaponology		Hitler (Part 3 of 6)		Hitler (Part 2 of 6)		Hitler (Part 5 of 6)		Hitler (Part 6 of 6)		
AMC	131	Red Dawn ★★ '84, Action) Patrick Swayze		(15) 1917 ★★ '19, War) George MacKay										Pearl Harbor ★★ '01, War) Ben Affleck, Josh Hartnett				
APL	184	Tankd		Tankd		Pit Bulls and Parolees		Pit Bulls and Parolees		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		
AXSTV	167	Matchbox Twenty		AXS TV Concerts		Live From Artists Den		IMPACT Wrestling (N)								IMPACT in 60 (N)		
BBCA	135	Dune '84, Science Fiction) Kyle MacLachlan		Mad Max ★★ '79, Action) Mel Gibson				RoboCop '87, Science Fiction) Peter Weller		The Terminator '84, Science Fiction)								
BET	124	Celebrity Family Feud		Tyler Perry's Meet the Browns ★★ '08, Comedy-Drama) Tyler Perry				Fruits of the Heart '21, Comedy-Drama)		Tyler Perry's The Oval		The Family Business						
BOUNCE	359	Paternity		Paternity		Hot Bench		Hot Bench		In the Heat of Night		In the Heat of Night		Hardball ★★ '01, Drama) Keanu Reeves		Hustle and Heat '03, Suspense) Duane Martin		
BRAVO	129	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Southern Charm		
BUZZR	245	Match		Match		Concen.		Concen.		Password		Password		Super Pass, Tattletales		Press Luck		
CIHD	249	Bordertown		Bordertown		Bordertown		Bordertown		Bordertown		Crime 360		Crime 360 Bad Blood		Crime 360 Full House		
CMT	166	Mike		Mike		Mike		Mike		King		King		King		King		
CNBC	208	Fast Money Halftime		The Exchange (L)		Power Lunch (L)		Closing Bell (L)		Closing Bell: Overtime (L)		Fast Money (L)		Mad Money (N)		Shepard Smith		
CNN	200	Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		
COM	107	Seinfeld		Seinfeld		Seinfeld		Seinfeld		Seinfeld		Seinfeld		The Office		The Office		
COMET	289	Journey-Center		The People That Time Forgot '77, Fantasy)		The Outer Limits		The Outer Limits		The Outer Limits		Farscape		Farscape		Buffy, Vampire Slayer		
COOK	113	Food Paradise		Food Paradise		Man's Greatest Food		Man's Greatest Food		Man's Greatest Food		Man's Greatest Food		Man Fire		Man Fire		
DISC	182	Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries of the Abandoned		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		
DFC	179	Pac-Man		Pac-Man		Littlest Pet		Pet Shop		Pony Life		LittlePony		LittlePony		Too Cute!		
DISN-E	172	Big City		Ladybug		Ladybug		Ladybug		Big City		Bunk'd		Bunk'd		Big City		
ENCR-W	341	The Cider House Rules '99, Drama) 'PG-13' (1:56) Fallen ★★ '98, Suspense) 'R' (04) The Bone Collector '99, Suspense) 'R' (05) The Great Raid ★★ '05, War) 'R'																
EWESTN	342	Return-James (02) Arizona Trail '43) The Deputy																
EACTN	343	The Marine '06, Action) 'PG-13' (32) Man on Fire '87, Action) 'R' (07) Venom ★★ '05, Horror) 'R' Missing in Action 2 (15) Jarhead 2: Field of Fire '14, Action) 'R'																
ESUSP	344	You're Next '11, Horror) Sharni Vinson 'R' (1:46) Psycho '98, Suspense) 'R' (32) The Family ★★ '13, Comedy) 'R' (26) Lawless ★★ '12, Crime Drama) 'R' Haywire																
EBLACK	345	Tales From the Hood '95, Horror) 'R' (1:51) Summertime '20) 'R' (24) A Haunted House 2 '14) 'R' (4:53) Legion ★★ '10, Horror) 'R' (36) Tales From the Hood '95) 'R'																
ECLASS	346	Almost (42) Stop-Loss '08, Drama) Ryan Phillippe 'R' (37) Pretty in Pink '86) Molly Ringwald 'PG-13' (17) Idiocracy '06) 'R' (44) Almost Famous '00, Comedy-Drama) Billy Crudup 'R'																
EFAMILY	347	Strike '19, Adventure) 'NR' Kangaroo Jack: G'Day U.S.A.! (2:56) Flipper '96, Children's) 'PG' (33) Firehouse Dog ★★ '07, Children's) 'PG' (26) The Pink Panther 2 '09) 'PG'																
ESPN	140	Wimbledon Wimbledon Championships NBA Today (L) NFL Live (L) Around Interruption SportsCenter (L) 2022 NHL Draft (L)																
ESPN2	143	SportsCenter (L) SportsCenter (L) This Just (L) UEFA Women's EURO 2022 Norway vs Northern Ireland (L) The Point (L) Daily Wager (L) Women's Lacrosse																
EWTN	261	Daily Mass Women of At Home The Journey Home Chaplet Rosary Rosary Cat Chat Heresies India: One News Vaticano Daily Mass																
FETV	82	Hillbillies Hillbillies Wagon Train Rawhide Rawhide Perry Mason Perry Mason Mannix Mannix																
FMC	387	Go for Broke! '51) Memphis Belle At War With the Army ★★ '50, Comedy) The Last of the Mohicans '36, Adventure) Song of Arizona '46) Song of Texas '43)																
FNC	205	Outnumbered (L) America Reports (L) The Story With Martha Your World W/ Cavuto The Five (L) Special Report Jesse Watters (L)																
FOOD	110	Me or the Menu Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby																
FREFM	180	Madagascar ★★ '05, Children's) Dr. Dolittle ★★ '98, Comedy) Eddie Murphy Dr. Dolittle 2 '01, Children's) Eddie Murphy The Office The Office The Office The Office																
FS1	150	The Herd with Colin Cowherd (L) Speak for Yourself (L) USFL USFL NASCAR Race Hub (L) NASCAR Race Hub																

EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30	
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	X-Men: Days of Future Past ('14) Logan ★★★ ('17, Action) Hugh Jackman, Patrick Stewart								TBA							
FXM	384	Two for the Road		Nine to Five ★★★ ('80, Comedy) 'PG'		Snatched ('17, Comedy) Amy Schumer 'R'				(4:50) Stuber ('19, Comedy) 'R'		Mike and Dave Need Wedding					
FXX	125	Cleveland	Cleveland	Cleveland	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	King of Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	
GETTV	373	The Rockford Files		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Kojak		Kojak Dead on His Feet			
GMSHW	116	Deal or No Deal		Match	Match	Catch 21	Catch 21	25 Words	25 Words	Common	Common	Chain Rea.	Chain Rea.	Puzzler	Puzzler	Puzzler	
GOLF	401	PGA Golf			Senior Players Championship				PGA Tour Golf Barbasol Championship, First Round (L)						Golf C'tral	PGA Golf	
GRIT	217	Death Vail.	Death Vail.	The Deputy	The Deputy	Tombstone	Tombstone	Masterson	Masterson	Wyatt Earp	Wyatt Earp	Wyatt Earp	Wyatt Earp	Fargo	Fargo	Tales of Wells Fargo	
HALL	185	A Christmas Carousel ('20, Romance)				'Tis the Season to Be Merry ('21)				Write Before Christmas ('19, Romance)			Christmas in Tahoe ('21, Romance) Kyle Selig				
HALLDR	186	Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		The Waltons The Visitor			The Waltons		The Waltons The Lie		The Waltons		Little House on Prairie		
HALLMV	187	Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Five More Minutes			
HDMOV	130	For Keeps ('88, Comedy-Drama)		(25) Tentacles ★★ ('77, Horror) John Huston		(20) Once Upon a Time in the West ('69, Western) Henry Fonda		(20) The Great Escape ('63, War)									
HERIC	293	MacGyver		MacGyver Thin Ice		MacGyver		MacGyver		MacGyver The Spoilers		MacGyver		Walker, Texas Ranger		Walker, Texas Ranger	
HGTV	112	Help-Wrecked		Help-Wrecked		Help-Wrecked		Help-Wrecked		Help-Wrecked		Help-Wrecked		No Demo Reno		No Demo Reno	
HIST	120	The Magnificent Seven ★★ ('16, Western)				Alone Drop Shock		Alone Consequences		Alone		Alone The Beaver			Alone The Land Giveth...		
ID	192	Cold Blooded Alaska		Evil Lives Here		Evil Lives Here		Evil Lives Here		Murder in the		Murder in the		Murder in the		Murder in the	
IFC	133	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Two Men	Two Men	
LAFF	237	Nt. Court	Nt. Court	Videos	Videos	Funniest	Funniest	How I Met	How I Met	'70s Show	'70s Show	Jim	Jim	Jim	Jim	Home Imp.	
LIFE	108	The Mentalist		The Mentalist Red Hot		The Mentalist		Rizzoli & Isles Knockout		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles	
LMN	109	Dirty Little Deeds ('21, Suspense) Adam Hollick				Old Flames Never Die ('22, Suspense)				Lust: A Seven Deadly Sins Story ('21)			Envy: A Seven Deadly Sins Story ('21)				
MAGN	111	Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters	
MGMHD	385	Rancho Deluxe ('75, Western) Jeff Bridges				(05) Buffalo Bill and the Indians ★★ ('76, Western)		(45) Tank Girl ★★ ('95, Science Fiction) Lori Petty		Howling II You							
MOTOR	246	Texas Metal		Texas Metal		Texas Metal		Wide World of Speed		Mundial Roadkill		FantomWorks		Bitchin' Rides		Garage Squad	
MSNBC	209	Andrea Mitchell Reports (L)		Chris Jansing Reports (L)		Katy Tur Reports (L)		Hallie Jackson Reports (L)		Deadline: White House (L)			The Beat With		The ReidOut (L)		
NATGEO	197	Life Below Zero: Port		Life Below Zero: Port		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero	
NGWLD	190	Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Dr. Oakley, Yukon Vet		Critter Fixers		Critter Fixers		Critter Fixers		Critter Fixers	
OUTD	396	Driven Hunts 2		Live 2 Hunt With Cody & Kelsy			Jim Shockey's Shock Therapy			Archer's Choice			Farming	Farming	Farming the Wild		
OWN	189	Dr. Phil		Court	Court	Court	Court	Court	Court	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN	
OXYG	127	Final Moments		Final Moments		Final Moments		Final Moments		Snapped		Snapped		Snapped		Buried in the Backyard	
PARMT	241	Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	
POP	117	ER No Brain, No Gain		ER Union Station		ER		House Finding Judas		House		House		House		House	
REELZ	299	Cops	Cops	Cops	Cops	Jail	Jail	Jail	Jail	Jail	Jail	Cops	Cops	Cops	Cops	Cops	
RFDTV	231	Market Day Report (L)				Cow Guy	Wild	Coop	Grown	TCR	Agriculture	Corn War.	Farmweek	Farm Mon.	Gaither Gospel Hour	Rural News	
SCI	193	What on Earth?		Mysteries Aband.		Mysteries Aband.		Forbidden History		Forbidden History		Forbidden History		Forbidden History		Forbidden History	
SMITH	367	Air Disasters		Air Disasters		Hell Below		Hell Below		Hell Below		Hell Below		Air Disasters		Air Disasters	
SONY	386	Animal		(26) Drive ('11, Crime Drama) Ryan Gosling		(22) The Desperados ('69, Western)		It Came From Beneath the Sea		(41) The 3 Worlds of Gulliver ('60, Children's)		Lake Plcid					
SUND-E	358	Andy G.	Andy G.	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order	
SYFY	122	Tremors ★★ ('90, Horror) Kevin Bacon				Face/Off ★★ ('97, Action) John Travolta,				Nicolas Cage		(02) Dante's Peak ★★ ('97, Action) Pierce Brosnan		Speed			
TBN	260	R. Jeffress	Robert	Joyce M.	Together	Robison	Wommack	The 700 Club		David	S. Furtick	Graham	Graham	Joel Osteen	Harvest	The Potter's Centerpoint	
TBS	139	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	
TCM	132	(15) The Philadelphia Story ('40) Cary Grant				(15) Gaslight ('44, Suspense) Charles Boyer				(15) Born Yesterday ('50, Comedy-Drama)		(15) It Should Happen to You ('54, Comedy)					
TLC	183	My 600-Lb. Life Travis's Story				Welcome to Plathville				Welcome to Plathville		Welcome to Plathville		Seeking Sister Wife		Seeking Sister Wife	
TMC-W	329	Equals		(40) Misery ('90, Horror) James Caan 'R'		The Bling Ring ★★ ('13) 'R'		(05) Oasis: Supersonic ('16, Documentary) 'R'		(10) Krishna ('15, Drama) 'R'		Another					
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Batman Begins ★★ ('05, Action) Christian Bale				(45) The Dark Knight ('08, Action)			
TRU	242	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TRVL	196	Ghosts of Morgan City		Ghosts of Morgan City		Ghosts of Morgan City		Ghosts of Morgan City		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.	
TVLND	106	Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
UP	188	Little House on Prairie		Little House on Prairie		Gilmore Girls		Gilmore Girls		Gilmore Girls		Reba	Reba	Reba Pilot		Reba	
USA	105	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	128	Law Order: CI		Law Order: CI		Law Order: CI		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds Hit	
NETWORKS																	
ABC-E	Local Programs			GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs				News		Local Programs	
CBS-E	Local Prog./Young & Restless			Bold		The Talk (N)		Let's Make a Deal		Local Programs				News		Local Programs	
CW-E	Local Programs					Local Programs		Local Programs		Local Programs		Local Programs					
FOX-E	Local Programs			Local Programs		Local Programs		Local Programs		Local Programs							
NBC-E	Local Programs			Days of our Lives (N)		Local Programs						Local Programs		Local Prog./News		Local Programs	
METV	247*	The Waltons		Gunsmoke		Bonanza		Rifleman	Rifleman	Wagon Train		Adam-12	Adam-12	The A-Team		M*A*S*H	
ABC-W	Local Programs			The View (N)		Local Programs		GMA3-Need to Know		General Hospital (N)		Local Programs		Local Programs			
CBS-W	Local Programs			The Price Is Right		Young & Restless		Local Prog./Bold		The Talk (N)		Let's Make a Deal		Local Programs			
CW-W	Local Programs											Local Programs		Local Programs		Local Programs	
FOX-W	Local Programs			Local Programs		Local Programs		Local Programs		Local Programs							
NBC-W	Today 3rd Hour (N)			Today-Hoda		Local Programs		Local Programs		Days of our Lives (N) Local Programs							
PBS	Dinosaur		Clifford	Sesame St./Donkey	Tiger	Go Luna	Nature Cat	Wild Kratts	Almas	Xavier	Odd	Arthur	Molly	Ready Jet	PBS NewsHour (N)		

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30												
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30												
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30												
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30												
PREMIUM MOVIES																													
HBO	HBO-E	310	Westworld		(8:55) Old '21, Horror		'PG-13'		(4:5) Irma Vep		Sam Jay		(12:15) Endangered '22		'NR'		(4:5) The King's Man ★★ '21, Action		Ralph Fiennes 'R'										
	HBO2	312	Miami Vice '06, Crime Drama				Colin Farrell 'R'		(1:15) TBA		(0:5) Chef '14, Comedy-Drama		Jon Favreau 'R'		Assassination Nation ★★ ★ '18, Action				'R' (2:50) Chinatown '74										
	HBO5	314	(0:5) Irma Vep (N)		The Conjuring: The Devil Made Me Do It 'R'				(10:55) Human Capital '19		'NR'		(3:35) Moon '09, Science Fiction		'R'		(1:15) Racer and the Jailbird '17		'R'										
	HBOF	315	4Space Jam: Leg		(8:56) Dear Evan Hansen '21, Musical		'PG-13'		(1:14) Love & Mercy '14, Biography		'PG-13'		(1:15) Ondine '09, Drama		Colin Farrell 'PG-13'		(2:58) Rugrats Go Wild												
MAX	MAX	307	Aftermath '17, Suspense		'R'		(3:35) The Day After Tomorrow '04		'PG-13'		(4:0) Robin Hood '10, Adventure		'PG-13'		(3:38) Transformers '07, Action		Shia LaBeouf 'PG-13'												
	5MAX	308	4Waiting ... '05		'R'		Taken 2 '12, Action		'PG-13'		(3:39) Oblivion '13, Science Fiction		'PG-13'		(4:44) Imperium ★★ ★ '16, Suspense		'R'		(3:33) The Dreamers '03		'NC-17'								
	MMAX	309	4The Way, Way Back		The Internship ★★ ★ '13, Comedy				'PG-13'		Borat: Cultural Learnings				(2:24) Adventureland '09		'R'		(1:11) Miss March ★ '09		'R'								
																					Rocker								
SHOWTIME	SHO-E	318	The Souvenir Part II '21, Drama			'R'		Man Who Fell		The Chi		Flatbush		We Hunt		(1:15) We Hunt Together		Ex Machina ★★ ★ '14, Science Fiction		'R'									
	SHO2	320	Braveheart ★★ ★ '95, Historical Drama				Mel Gibson 'R'		How to Lose a Guy in 10 Days '03				'PG-13'		Wrong Turn '21, Horror				Charlotte Vega 'R'		(2:50) Pimp '18		'NR'						
	SHOBET	321	The Chi		Bellator MMA		New York Ninja '21, Action				'NR'		(3:35) Kobe Bryant's Muse		Mother of George ★★ ★ '13, Drama				'R'		Da Sweet Bld								
	SHOX	322	Sleepy Hollow '99, Horror				Johnny Depp 'R'		Boxing 2009: Froch vs. Taylor				(4:45) Deadlock '21, Action		Patrick Muldoon 'R'		Martin Lawrence Live: Runteldat						Talkin' Dirty						
	SHOS	323	(0:5) American Insurrection '21, Action				'R'		Layer Cake '04, Crime Drama		Daniel Craig 'R'		The Killing of a Sacred Deer ★★ ★ '17				'R'		Man Who Fell		Under the Skin '13								
	TMC	327	The Mauritanian '21, Drama				Jodie Foster 'R'		(1:10) Six Minutes to Midnight '20		'PG-13'		(11:50) Complicit '13		'NR'		Sacrifice '20, Horror				'NR'		Barb Wire '96		'R'				
	FLIX-E	333	Road Trip ★★ '00, Comedy				'R'		(3:35) Orange County '02		'PG-13'		RoboCop '87, Science Fiction		'R'		The Texas Chain Saw Massacre				(1:15) Bone Daddy ★		'98, Suspense		'R'				
STARZ	ENCR-E	340	4Inferno '16		'PG-13'		The Bone Collector ★★ ★ '99, Suspense				'R'		Fallen '98, Suspense				Denzel Washington 'R'		(0:9) The Last Vermeer '19, Drama				'R'		Candyman: Day				
	STARZ-E	350	4Spider-Man 2		Scott Pilgrim vs. the World '10				'PG-13'		Venom: Let There Be Carnage				(3:38) The Intruder ★		'19, Suspense		'PG-13'		(2:24) Rapture-Palooza '13		'R'						
	STRZED	352	4P-Valley (N)		(4:44) Die Hard ★★ ★ '88, Action		Bruce Willis 'R'		P-Valley White Knights		(12:07) Queen of the Capital '20		(2:29) The Grandmaster '13, Biography		'PG-13'		Concuss												
	STRZCI	353	4Brothers '09				'R'		Ghislaine Maxwell?		Becoming Elizabeth		(10:55) The Broken Hearts Gallery '20				'PG-13'		Ghislaine		(4:41) Becoming Elizabeth		(4:42) Capernaum '18, Drama		'R'				
	STRZCO	354	Dance Flick '09, Comedy				'PG-13'		(2:26) Men in Black: International '19		'PG-13'		(2:23) Booty Call '97, Comedy		'R'		(12:46) Fear and Loathing in Las Vegas '98		(2:47) It's Complicated										
	STRZIB	355	(1:14) The Truth About Charlie '02				'PG-13'		The Rundown '03, Adventure				'PG-13'		(11:47) Trois 2: Pandora's Box '02		(3:34) P-Valley		(4:40) In America '02				'PG-13'						
	STRZKF	356	House Arrest ★ '96, Comedy				'PG'		(9:50) Planet 51 ★★ '09		'PG'		The Little Rascals Save the Day				Searching for Bobby Fischer '93				'PG'		The Land Before Time						
EPIX	EPIX	380	Mystic Pizza '88		Julia Roberts		(4:45) Mermaids '90, Comedy-Drama		Cher		(4:40) Midnight in Paris '11		(1:15) Heaven Can Wait '78, Comedy				The Glass Castle '17												
	EPIX2	381	Snake Eyes: G.I. Joe Origins '21, Action				(0:5) Star Trek Into Darkness '13, Science Fiction		Chris Pine		(2:20) Allied '16, Historical Drama		Brad Pitt		(2:25) Sex Life		Beatriz												
	EPIXH	382	Dear White People '14, Comedy-Drama				(9:50) Peebles '13		Craig Robinson		(2:25) The Weekend '18, Comedy		(12:55) The Fighting Temptations ★★ ★ '03				Summer Days												
	EPIXDR	292	Mississippi Burning '88, Crime Drama				(1:10) Dark Blue '02, Crime Drama		Kurt Russell		(12:10) Criminal Law '88, Crime Drama				(0:5) Shaft ★★ '00, Action		King Kong												
AMERICA'S TOP PROGRAMMING																													
A&E	118	The First 48 (N)		Accused: Guilty		Interrogation Raw (N)		(0:4) The First 48		(12:03) The First 48		Accused: Guilty		(0:4) Interrogation Raw		(0:5) The First 48													
AHC	195	Evolution of Evil		Evolution of Evil		Evolution of Evil		Evolution of Evil		Evolution of Evil		Evolution of Evil		Evolution of Evil		Evolution of Evil													
AMC	131	Forrest Gump ★★ ★ '94, Comedy-Drama				Tom Hanks				Forrest Gump ★★ ★ '94, Comedy-Drama				Tom Hanks				The Walking Dead				(0:4) The Walking Dead							
APL	184	Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch													
AXSTV	167	IMPACT Wrestling (N)				Japan Pro Wrestling				IMPACT Wrestling				Japan Pro Wrestling				IMPACT in 60		IMPACT in 60									
BBCA	135	4Terminatr		The Chronicles of Riddick '04, Science Fiction				Vin Diesel				The Terminator ★★ ★ '84, Science Fiction				The Running Man '87, Science Fiction				Weird									
BET	124	Celebrity Family Feud		Harriet ★★ ★ '19, Biography				Cynthia Erivo, Janelle Monáe				Martin		Martin		Martin		Martin		Prince		Prince							
BOUNCE	359	The Losers '10, Action				Jeffrey Dean Morgan				Swordfish ★★ ★ '01, Suspense				John Travolta				Southpaw ★★ ★ '15, Drama				Jake Gyllenhaal, Forest Whitaker				In the Heat of Night			
BRAVO	129	Southern Charm (N)		Southern Charm (N)		Fast Lane		Fast Lane		The Fast and the Furious ★★ ★ '01, Action				2 Fast 2 Furious '03, Action				Paul Walker				Southern Charm							
BUZZR	245	Talkabout		Super Pass		Sweep		Newlywed		Match-Squares		Talkabout		Super Pass		Sweep		Newlywed		Match-Squares		Concen.		Concen.		FamFeud		FamFeud	
CIHD	249	City Confidential		City Confidential		Crime 360		Crime 360		City Confidential		City Confidential		City Confidential		Crime 360		Crime 360		Crime 360									
CMT	166	Mom		Mom		Mom		Mom		Mom		Mom		Mom		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Housewife		Housewife	
CNBC	208	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shepard Smith		American Greed		Dateline (Part 1 of 2)		Dateline (Part 2 of 2)													
CNN	200	Anderson Cooper 360 (L)		CNN Tonight (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		Don Lemon Tonight													
COM	107	The Office		The Office		The Office		The Office		The Office		The Office		South Park		South Park		South Park		South Park		South Park		South Park		South Park		South Park	
COMET	289	Buffy, Vampire Slayer		The X-Files		The X-Files		The X-Files		The X-Files (Part 1 of 2)		The X-Files (Part 2 of 2)		Quantum Leap		Quantum Leap		Paid Programs											
COOK	113	Fire Masters		Fire Masters		Bizarre		Bizarre		Delicious		Delicious		Fire Masters		Fire Masters		Bizarre		Bizarre		Delicious		Delicious					
DISC	182	Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.		Mysteries Aband.											
DFC	179	Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Cake Boss		Buddy's Bakery Rescue		Ultimate Cake Off									
DISN-E	172	Big City		Big City		Jessie		Jessie		Big City		Big City		Ladybug		Ladybug		Jessie		Jessie		Jessie		Raven		Raven		Jessie	
ENCR-W	341	4Great		(2:1) Commando '85, Action		'R'		(9:55) Inferno '16, Suspense		Tom Hanks 'PG-13'		The Bone Collector ★★ ★ '99, Suspense				'R'		Fallen '98, Suspense				Denzel Washington 'R'							
EWESTN	342	4Buchanan Ride		(8:59) Arizona Trail		(9:57) The Return of Frank James		(3:31) Kid Blue '73, Western		'PG'		(1:13) The Virginian		The Judgment		(2:29) Yankee Fakir '47		Tall Men											
EACTN	343	Sicario: Day of the Soldado '18, Suspense				'R'		(0:5) Venom ★★ '05, Horror		'R'		(3:35) My Bloody Valentine '09, Horror		'R'		(1:19) Bad Girls '94, Western		'R'		Jumanji: Welcome									
ESUSP	344	4Haywire '11		'R'		You're Next '11, Horror		'R'		(3:37) Dog Soldiers '02, Horror		Sean Pertwee 'R'		(2:26) Fright Night 2: New Blood		(0:8) The Unholy ★★ '21, Horror		'PG-13'											
EBLACK	345	4Tales		(1:16) Port Authority '19, Drama		'R'		Summertime '20		Tyris Winter 'R'		(3:33) Legion ★★ '10, Horror		Paul Bettany 'R'		(1:17) Epic Movie '07		(4:44) Tales From the Hood '95		'R'									
ECLASS	346	4Moulin Rouge ★★ ★ '01, Musical				'PG-13'		Rescue Me Beached		(1:14) Damages		(12:12) Stop-Loss '08, Drama				Ryan Phillippe 'R'		(0:7) Rescue Me Beached		The Pink Panther '63									
EFAMILY	347	Kangaroo Jack: G'Day U.S.A.!				(1:17) Camp Arrowhead		(4:0) Flipper '96, Children's		Elijah Wood 'PG'		(1:17) Cinderella ★★ ★ '15		'PG'		Dr. Seuss' Horton Hears a Who!				Tomorrow									
ESPN	140	42022 NHL Draft (L)				NBA Summer League Teams TBA (L)		NBA Summer League Teams TBA (L)		SportsCenter (L)		SportsCenter		NFL Live		Around		Interruption											
ESPN2	143	4Women's Lacrosse				World Lacrosse Women's World Champ.				SportsCenter (L)		SportsCenter		NFL Live		Around		Interruption											
EWTN	261	The World Over News (N)		News		Rosary		Pro-Life		Defend Life		Real		Women of		Daily Mass		World Over Live		News		India: One		Battle		At Home			
FETV	82	Perry Mason		Perry Mason		Emergency!		Propinquity		Emergency!		Inventions		B. Miller		B. Miller		Maude		Maude		Bewitched		Bewitched		Beaver		Beaver	
FMC	387	Nightfall '56, Crime Drama		(4:5) Knock on Any Door '49, Crime Drama		(4:45) The Woman in Green '45		(1:15) The Black Raven ★★ '43		Who Killed Doc		Town																	
FNC	205	Tucker Carlson Tonight (L)		Hannity (L)		The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle													
FOOD	110	Restaurant: Impossible (N)		Beat Bobby		Beat Bobby		Me or the Menu (N)		Beat Bobby		Beat Bobby		Beat Bobby		Beat Bobby		Restaurant: Impossible											
FREEFM	180	The Office		The Office		The Office		Good Trouble (N)		The 700 Club		Simpsons		Simpsons		Simpsons		Paid Programs		The 700 Club									
FS1	150	PBA Bowling				Carter Division Finals (L)				Off Road Race				WWE Friday Night SmackDown				PBA Bowling				Carter Division Finals							

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	TBA				The Old Man V (N)		The Old Man V		The Old Man V		The Old Man V		FXM Presents		Paid Programs	
FXM	384	Mike	(40) Mike and Dave Need Wedding Dates 'R'				(35) Stuber	'19, Comedy) Dave Bautista 'R'		Yesterday		'19, Romance-Comedy) Himesh Patel 'PG-13'		Nine to Five '80) 'PG'			
FXX	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Futurama	Futurama	Futurama	Futurama	Archer	Archer	Archer	Archer	
GETTV	373	The Rockford Files		The Rockford Files		Charlie's Angels		Hart to Hart		All/Family		Sanford	Sanford	Sanford	Sanford	Catch 21	
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided	
GOLF	401	PGA Tour Golf Genesis Scottish Open, First Round								2022 Bridgestone Senior Players Championship First Round				Golf C'tral	PGA Golf		
GRIT	217	Bullet for a Badman ★★ (64, Western)				The Texican (66, Western) Audie Murphy			The Hanging Tree ★★ (59, Western) Gary Cooper			Colorado Kid ★★ (37, Western)					
HALL	185	Chateau Christmas (20, Romance)				A Very Merry Bridesmaid (21, Romance)			Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		The Waltons		The Waltons		The Waltons The Choice		The Waltons The Statue		The Waltons The Song	
HALLMV	187	Five More Minutes Love on Harbor Island (20, Romance)				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk	
HDMOV	130	The Great Escape (63, War)		(20) The Long Riders (80, Western)		(10) The Great Escape ★★★★★ (63, War) Steve McQueen			(10) The Long Riders ★★ (80, Western)								
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House Frozen		House	
HGTV	112	No Demo Reno (N)		No Demo Reno (N)		Hunters		Hunt Intl	Hunters	Hunt Intl	No Demo Reno		Hunters	Hunt Intl	No Demo Reno		
HIST	120	Alone The Weasel		Alone The Birds (N)			(34) Kings of Pain (N)		Mnt. Men		(12:03) Alone		(02) Alone The Birds			(34) Kings of Pain Mnt. Men	
ID	192	Body Cam Firing Line		Crimes	Crimes	Mattress Store Murder (N)		48 Hours on ID		Crimes	Crimes	Mattress Store Murder		48 Hours on ID		Body Cam	
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	
LAFF	237	Home Imp.		Home Imp.		'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Hates Chris Hates Chris Paid Programs	
LIFE	108	Rizzoli & Isles		Rizzoli & Isles		(03) Rizzoli & Isles		(03) Rizzoli & Isles		(12:01) Rizzoli & Isles		Rizzoli & Isles		(04) Rizzoli & Isles		(04) Rizzoli & Isles	
LMN	109	Wrath: A Seven Deadly Sins Story (22)				Death Saved My Life (21, Suspense)				(12:01) Wrath: A Seven Deadly Sins Story (22)		Death Saved My Life (21, Suspense)					
MAGN	111	Maine Cabin Masters		Barnwood Builders (N)		Maine Cabin Masters		Maine Cabin Masters		Barnwood Builders		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters	
MGMHD	385	Howling II You		The Fugitive Kind ★★ (60, Drama) Marlon Brando		(40) The Resurrected ★★ (92, Horror) John Terry		Pumpkinhead (88, Horror) Lance Henriksen									
MOTOR	246	Texas Metal		Texas Metal		Iron Resurrection		Iron Resurrection		Texas Metal		Iron Resurrection		Iron Resurrection		Texas Metal	
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		All In With Chris Hayes	
NATGEO	197	Life Below Ze		Life Below Ze		Life Below Ze		Life Below Ze		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero	
NGWLD	190	Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo (N)		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Secrets of the Zoo		Paid Programs	
OUTD	396	Farming the Wild		Field Ethos				Bone Collector						Field Ethos		Heartland	
OWN	189	48 Hours: Hard Evid.		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		48 Hours: Hard Evid.	
OXYG	127	Buried in the Backyard		Dateline				Dateline: Secrets		Dateline: Secrets		Accident, Suicide		Accident, Suicide		Dateline Toxic	
PARMT	241	Movie				Ghostbusters ★★ (84, Comedy) Bill Murray				Ghostbusters II ★★ (89, Comedy) Bill Murray				The Office			
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		FBI Hard Decisions		FBI Payback	
REELZ	299	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Paid Programs	
RFDTV	231	Larry's Country Diner		Natur-rath	Where	Rural America Live		Adventures Rural News		Grown	Farm Mon.	Natur-rath	Where	Paid Programs			
SCI	193	Forbidden History		Strange Evidence (N)		Forbidden History		Forbidden History		Strange Evidence		Forbidden History		Forbidden History		Forbidden History	
SMITH	367	Mighty Cruise Ships		Mighty Cruise Ships		Mighty Cruise Ships		Aerial America Nevada		Mighty Trains		Mighty Trains		Mighty Trains		Secrets	Secrets
SONY	386	Lake Placid ★★ (99)		(09) Lake Placid 2 (07, Horror) John Schneider		(10:51) Lake Placid (99, Horror)		(18) Lake Placid 2 (07, Horror)		(1:53) Lake Placid 3 (10, Horror)		Bridge					
SUND-E	358	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Perry Mason		Perry Mason	
SYFY	122	Speed ★★ (94, Action) Keanu Reeves		Cast Away ★★ (00, Drama) Tom Hanks, Helen Hunt		Anaconda ★ (97, Suspense) Jennifer Lopez		(06) Face/Off (97)									
TBN	260	Mother's Day Special		History	Insights	Watchman	Centerpoint	Mother's Day Special		Prince	Joel Osteen	Amazing	Jordan Rubin	Main Stage	This Dangerous Book		
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	Full Frontal	Full Frontal	Sheldon	Sheldon	Sheldon	Sheldon	Wipeout Break Dancer		Wipeout Bowl 1		Wipeout	
TCM	132	The Half-Naked Truth (32)		A Woman Rebels (36, Drama)		(15) The Great Man Votes (39)		(45) Ladies of the Jury (32)		Doctor Zhivago (65, Romance) Omar Sharif							
TLC	183	Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper	
TMC-W	329	Another Girl (21) 'NR		(15) Into the Forest ★★ (15, Suspense) 'R'		The Mauritanian (21, Drama) Jodie Foster 'R'		(10) Six Minutes to Midnight (20) 'PG-13'		(2:50) Complicit (13)							
TNT	138	The Dark Knight (08, Action) Christian Bale		H. Quinn	H. Quinn	Batman Begins ★★ (05, Action) Christian Bale, Michael Caine		The Closer Pilot		The Closer About Face							
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Jokes	Imp. Jokers	Foodies	Jokes	Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TRVL	196	Paranormal Caught on Camera (N)				Fright Club (N)		Fright Club		Paranormal Caught on Camera				Fright Club		Fright Club	
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Mom	Mom	Mom	
UP	188	Heartland (N)		Mystic (N)		Blue Bloods Re-Do		Blue Bloods After Hours		Gilmore Girls		Gilmore Girls		Gilmore Girls		Paid Programs	
USA	105	Chrisley	Chrisley	Chrisley	Fast Lane	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Fast Lane	Miz & Mrs	Chrisley	Chrisley	Chrisley	Law & Order: SVU	
WE	128	Brat Loves Judy		Brat Loves Judy (N)		Terror Lake Drive Leap (N)		Brat Loves Judy		Brat Loves Judy		Brat Loves Judy		Brat Loves Judy		Terror Lake Drive Leap	
LOCAL NETWORKS																	
ABC-E	Press Your Luck (N)		Generation Gap (N)		Big Sky		Local Prog. (35) Jimmy Kimmel Live!		Nightline (N)		Local Programs		ABC World News Now (N)				
CBS-E	Sheldon	United-AI	Ghosts	B Positive	Bull Caliban		Local Prog.		Late Show-Colbert		James Corden		Local Prog.		CBS Overnight News (N)		
CW-E	Walker		The Flash (Part 1 of 2)		Local Programs												
FOX-E	MasterChef		Don't Forget the Lyrics!		Local Programs		Local Programs										
NBC-E	Law & Order		Law & Order: SVU		Law & Order		Local Prog.		Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone		Hitchcock	Hitchcock	(05) Mannix		(05) Cannon Pilot	
ABC-W	Local Programs			News	Local Programs		Press Your Luck (N)		Generation Gap (N)		Big Sky		Local Prog. (35) Jimmy Kimmel Live!		Nightline (N)		
CBS-W	Local Programs			News	Local Programs		Sheldon	United-AI	Ghosts	B Positive	Bull Caliban		Local Prog.		Late Show-Colbert Corden		
CW-W	Local Programs					Walker		The Flash (Part 1 of 2)		Local Programs							
FOX-W	Local Programs					MasterChef		Don't Forget the Lyrics!		Local Programs		Local Programs			Local Programs		
NBC-W	Local Prog./News			Local Programs		Law & Order		Law & Order: SVU		Law & Order		Local Prog.		Tonight Show-J. Fallon		Meyers	
PBS	Old House		Old House	Broadchurch		Hotel Portofino		Amanpour-Co		Old House		Old House	Broadchurch		Finding Your Roots Expedition With Stev		

		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30	
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	
PREMIUM MOVIES																		
HBO	HBO-E	310	Shiva Baby '21, Comedy) 'NR'			Tig Notaro (15) Warrior ★★ ★ '11, Action) Joel Edgerton 'PG-13' (35) The Impossible '12, Drama) 'PG-13'			Lara Croft Tomb Raider									
	HBO2	312	Chinatown '74) 'R' (05) Krull '83, Fantasy) Ken Marshall 'PG'			(10) The League of Extraordinary Gentlemen			My Boss's Daughter '03) 'PG-13'			Percy Jackson: Sea of Monsters						
	HBO5	314	Racer (25) Tyler Perry's Why Did I Get Married?			(25) The Stepford Wives '04)			Little Black Book '04) Brittany Murphy 'PG-13' (950) The Best Man Holiday ★★ ★ '13) 'R'									
	HBOF	315	Rugrats (19) Little Monsters '89) 'PG'			K'garten Happily Curious Crashbox Classic. Mi Casa (855) Dolphin Tale '11, Children's) 'PG' (1048) Catch That Kid												
MAX	MAX	307	(04) The Vanishing ★★ '93, Suspense) 'R' (555) Jury Duty ★★ '95) 'PG-13' (23) Hot Shots! Part Deux '93) (852) Shallow Grave '95) 'R' (25) The Wrestler '08, Drama) 'R'															
	5MAX	308	(25) Sliding Doors '98) 'PG-13' (04) Rising Sun '93) You, Me and Dupree (14) Mimic '97, Horror) Mira Sorvino 'R'			Robin Hood '18, Action) Taron Egerton 'PG-13'												
	MMAX	309	(The Rocker '08, Comedy) 'PG-13' (24) Deerskin '19) 'NR' (41) Days of Thunder '90, Action) 'PG-13' (29) Jack the Giant Slayer ★★ '13) 'PG-13' (24) The Truman Show '98) 'PG'															
SHOWTIME	SHO-E	318	Mojave ★★ '15, Suspense) 'R' (35) A Most Violent Year '14) Oscar Isaac 'R' (45) Paycheck '03, Science Fiction) 'PG-13' (45) Better Off Dead ★★ '85, Comedy) 'PG' Win Date															
	SHO2	320	Spotlights Madrina: Savage Life			Bowfinger '99, Comedy) 'PG-13' (40) Black Sheep '96) 'PG-13' (10) Ingrid Goes West '17, Comedy-Drama) 'R' (1050) Room '15) 'R'												
	SHOBET	321	Da Sweet Bld (15) The Challenger '15, Drama) 'PG-13' Stir Crazy '80, Comedy) Gene Wilder 'R' Glory '89, War) Matthew Broderick 'R' Spotlights Clock															
	SHOX	322	Talkin (45) Ape vs. Monster '21) 'NR' (15) Ladybugs ★ '92) 'PG-13' (45) Nacho Libre '06, Comedy) Jack Black 'PG' (20) Megalodon Rising (45) Set It Off '96, Action) 'R'															
	SHOS	323	Under the Skin '13) Mississippi Grind ★★ ★ '15, Drama) 'R' Moon Manor '21) 'NR' (40) North Hollywood '21) 'NR' (15) Mine 9 '19, Drama) 'NR' Downeast															
	TMC	327	(40) Barb Wire (40) Six Minutes to Midnight '20) 'PG-13' Man Invented Christmas (15) The Exchange '21, Comedy) 'NR' The Lobster '15, Romance-Comedy) 'R'															
FLIX-E	333	You Better Watch Out '80) 'R' (45) A Case of You '13, Romance-Comedy) 'R' Scrambled Snipes ★★ ★ '01, Suspense) Sam Jones III 'R' Behind Enemy Lines '97) 'R' Lonely																
STARZ	ENCR-E	340	Candyman: Day (448) An Ordinary Man '17) 'R' (22) Tigerland '00, Drama) 'R' (06) Talent for the Game '91) (41) The Climb '19, Comedy-Drama) 'R' Vermeer															
	STARZ-E	350	French Exit ★★ ★ '20, Comedy-Drama) 'R' (548) Eat Pray Love ★★ '10, Drama) 'PG-13' (11) The Postman ★★ '97, Drama) Kevin Costner, Will Patton 'R' (12) 28 Days '00)															
	STRZED	352	Concussion '15, Drama) 'PG-13' (25) Yellow Rose '19) 'PG-13' (02) Pompeii ★★ '14, Adventure) 'PG-13' (849) Captain Fantastic ★★ ★ '16) 'R' (1050) Concussion '15)															
	STRZCI	353	Capernaum '18) 'R' (448) People I Know '02) 'R' Adore ★★ '13, Drama) Robin Wright 'R' (24) Nine Days '20, Fantasy) Winston Duke 'R' Half Nelson '06, Drama) 'R'															
	STRZCO	354	It's Complicated '09) (451) Date Movie '06) 'PG-13' M. Lawr M. Lawr (17) Keeping Up With the Steins (849) That Thing You Do! '96) (39) Grown Ups 2 ★ '13) 'PG-13'															
	STRZIB	355	In Amer (28) Kingdom Come '01) 'PG' (05) Rhyme & Reason '97) 'R' (36) The Equalizer 2 ★★ '18, Action) 'R' (39) In America ★★ ★ '02, Drama) 'PG-13' How Stell															
STRZKF	356	Far From Home: Yellow Dog (24) Jingle All the Way '96) 'PG' Pit Pony (43) Dudley Do-Right '99) 'PG' (07) Searching for Bobby Fischer '93) 'PG' The Eagle Huntress																
EPIX	EPIX	380	The Glass Castle '17) Invasion of the Body Snatchers The Outsider '79, Drama) Craig Wasson (35) The Space Between '21) (15) Dead Man Walking '95, Crime Drama)															
	EPIX2	381	Beatriz at Dinner '17) (450) Lincoln '12, Historical Drama) Daniel Day-Lewis (20) Not Fade Away '12, Drama) (15) Snake Eyes: G.I. Joe Origins ★★ '21, Action) Star Trek															
	EPIXH	382	Summer (45) Wuthering Heights '03) (15) Hard Night Falling '19) (40) Bill & Ted Face the Music '20, Comedy) (20) The Weekend '18, Comedy) (1050) Peeples '13)															
	EPIXDR	292	King Kong ★★ ★ '76, Adventure) Jeff Bridges True Grit ★★ ★ '69, Western) John Wayne (10) Shine a Light '08, Documentary) (15) Mississippi Burning '88, Crime Drama)															
AMERICA'S TOP PROGRAMMING																		
A&E	118	Paid Programs				Jeremiah Paid Prog.		Parking	Parking	Parking	Parking	Parking	Road Wars	The First 48		The First 48		
AHC	195	Hitler (Part 6 of 6)		Hitler (Part 5 of 6)		American Lawmen		American Lawmen		American Lawmen		Evolution of Evil		Evolution of Evil		Evolution of Evil		
AMC	131	(09) The Walking Dead		Stooges		Paid Programs		Breaking Bad Pilot		Breaking Bad Pilot		(07) Breaking Bad		(15) Breaking Bad		Break-Bad		
APL	184	Deadliest Catch				Dogs 101		Secret Life-Zoo		The Zoo		Crikey! It's the Irwins		Dr. Jeff: RMV		Dr. Jeff: RMV		
AXSTV	167	Paid Programs								Music		Music		Live From Daryl's House		Rock		
BBCA	135	Weird Science '85, Comedy) Kelly LeBrock				Star Trek: Next		The Punisher ★★ '04, Action) Thomas Jane				RoboCop '87, Science Fiction) Peter Weller				Hunt		
BET	124	Browns	Browns	Browns	Browns	Browns	Browns	Live Single	Live Single	Live Single	Live Single	Martin	Martin	black-ish	black-ish	Martin	Martin	
BOUNCE	359	Scandal		The Real		Wendy Williams Show		Nick Cannon		Injury Ct.		Court		Court		Paternity		
BRAVO	129	Kelly Clarkson		Paid Programs		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		
BUZZR	245	Match	Match	Match	Match	Paid Programs		Les Feldick		Prince		Tell Truth		My Line?		Concentrat		
CIHD	249	City Confidential		City Confidential		Paid Programs		American Justice		American Justice		American Justice		Nightwatch		Nightwatch		
CMT	166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Roseanne		Roseanne		Roseanne		
CNBC	208	Shepard Smith		Worldwide Exchange (L)		Squawk Box (L)						Squawk on the Street (L)		TechCheck (L)				
CNN	200	CNN Newsroom Live (L)		Early Start w/Romans		New Day With		New Day With		New Day With		CNN Newsroom		CNN Newsroom		At This Hour-Kate		
COM	107	Creek	Creek	Paid Programs				Futurama		Futurama		Futurama		Futurama		Futurama		
COMET	289	Paid Programs												Squirm ★★ '76, Horror) Don Scardino				
COOK	113	Paid Programs						Brunch at		Brunch at		Brunch at		Brunch at		Cheat Day		
DISC	182	Blind Frog Ranch		Blind Frog Ranch		Blind Frog Ranch		Blind Frog Ranch		Blind Frog Ranch		Blind Frog Ranch		Dual Survival		Dual Survival		
DFC	179	Kit. Crash	Kit. Crash	Puppies	Puppies	Monsters	Monsters	Pac-Man	Transform.	Rescue Bots	Transform	Puppies	Pet Shop	LittlePony	LittlePony	Monsters	Monsters	
DISN-E	172	Bunk'd	Jessie	Ladybug	Ladybug	Mickey	Bluey	Alice's	Bluey	Bluey	Spidey	Bluey	Bluey	Bluey	Bluey	Big City	Big City	
ENCR-W	341	(09) The Last Vermeer '19, Drama) 'R' (11) Candyman: Day of the Dead '99) 'R' (748) An Ordinary Man '17) 'R' (22) Tigerland '00, Drama) 'R' Talent for the Game																
EWESTN	342	The Tall Men '55, Western) 'NR' (45) Kid Blue '73, Western) Dennis Hopper 'PG' (27) The Return of Frank James			Two Flags West ★★ ★ '50) 'NR' (34) The Tall Men '55) 'NR'													
EACTN	343	Jumanji: Welcome (03) Sicario: Day of the Soldado '18) 'R' (08) Never Back Down '08, Action) 'PG-13' (02) 3 Days to Kill ★★ '14, Action) 'PG-13' Jumanji: Welcome																
ESUSP	344	The Frighteners '96, Fantasy) 'R' (42) Leprechaun: Origins '14) 'R' (13) The Entity ★★ ★ '82, Horror) Barbara Hershey 'R' (21) A.I.: Artificial Intelligence '01, Science Fiction) 'PG-13'																
EBLACK	345	Tales (24) The Accidental President '20) (15) Stomp the Yard: Homecoming '10) (746) Lakeview Terrace '08) (39) Saint Frances '19, Comedy-Drama) 'NR' Deuce Eur																
ECLASS	346	The Pink Panther '63) (456) Heaven Is for Real '14) 'PG' (39) Moulin Rouge '01, Musical) Nicole Kidman 'PG-13' (850) The Abyss '89, Science Fiction) 'PG-13' (14) The Pink Panther																
EFAMILY	347	Tomorrowland ★★ ★ '15) 'PG' (41) By Dawn's Early Light '01, Drama) 'NR' Charmers			Dr. Seuss' Horton Hears a Who!			Charmers (946) Fairy Tale: A True Story '97) Cinderella										
ESPN	140	SportsCenter		SportsCenter		SportsCenter (N)		Breakfast at Wimbledon (L)		2022 Wimbledon Championships Gentlemen's Semifinals (L)								
ESPN2	143	UFC Main Event		NFL Live		Keyshawn		SportsCenter (L)		Get Up (L)		First Take (L)						
EWTN	261	Web/Faith Metanoia		Franciscan U. Presents		Aquinas Choices		Stations Rosary		Daily Mass (L)		Holy World Over Live		Classics		At Home		
FETV	82	Hillbillies Hillbillies		Prince Jeremiah		Joyce M. Robison		McCoys McCoys		Wagon Train		Wagon Train		Hazel Hazel		Beaver Beaver		
FMC	387	Silver Spurs '43)		Song of Nevada '44)		Song of Arizona '46)		Song of Texas '43)		Nightfall '56, Crime Drama)		(45) Knock on Any Door '49, Crime Drama)		Woman				
FNC	205	FOX & Friends First (L)		FOX & Friends First (L)		FOX and Friends (L)				America's Newsroom (L)				The Faulkner Focus (L)				
FOOD	110	Restaurant: Impossible		Paid Programs						Food Paradise		Food Paradise		Food Truck Race		Beachside Brawl		
FREFM	180	Paid Programs						black-ish black-ish		black-ish black-ish		The 700 Club		700 Club		Pixels '15, Comedy) Adam Sandler		
FS1	150	PBA Bowling Anthony Division Finals				Skip and Shannon: Undisputed			First Things First (L)					Skip and Shannon: Undisputed (L)				

	EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30				
	CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30				
	MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30				
	PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30				
AMERICA'S TOP PROGRAMMING																					
FX	136	Paid Programs						Mom	Mom	Logan ★★★ ('17, Action) <i>Hugh Jackman, Patrick Stewart</i>						Spider-Man					
FXM	384	Nine to Five ('80) 'PG' (4:50) <i>Thunder Island</i>				The Horror of It All ('64) 'NR' (20) <i>How to Marry a Millionaire</i>				Daddy Long Legs ★★★ ('55, Musical) 'NR' (10) <i>Carmen Jones</i>											
FXN	125	Paid Programs						The Grudge ('20, Horror) <i>Andrea Riseborough</i>				Get Out ★★★ ('17, Horror) <i>Daniel Kaluuya</i>				Futurama					
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries			Elevation	Prince	Les Feldick		Paid Prog.	Good Time	Good Time	Good Time	Hart to Hart				
GMSHW	116	Paid Programs						Funny You	Funny You	Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America				
GOLF	401	PGA Golf				PGA Golf	Golf C'tral	Golf C'tral	Golf C'tral	Golf C'tral	PGA Tour Golf <i>Genesis Scottish Open, Second Round (L)</i>										
GRIT	217	Paid Programs						Laramie Stage Stop		Laramie Cemetery Road		Gun Glory ('57, Western) <i>Stewart Granger</i>			Saddle Tramp ('50, Western) <i>Joel McCrea</i>						
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	A Cheerful Christmas ('19, Romance-Comedy)							
HALLDR	186	Medicine Woman		Medicine Woman		Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Con Man</i>		Matlock <i>The Fugitive</i>					
HALLMV	187	Monk		Monk		Monk		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder							
HDMOV	130	Paid Programs						Once Upon a Time in the West ★★★ ('69, Western) <i>Henry Fonda</i>				Bright Lights, Big City									
HERIC	293	The District <i>Shell Game</i>		The District		Maverick <i>Black Fire</i>		Wanted ...		Wanted ...		Have Gun	Have Gun	Rawhide		The High Chaparral	Cheyenne				
HGTV	112	No Demo Reno		No Demo Reno		Vacation House Rules		Vacation House Rules		Vacation House Rules		Vacation House Rules		Vacation House Rules		Vacation House Rules					
HIST	120	Paid Programs						Amazing	Jeremiah	Modern Marvels		The Magnificent Seven ★★★ ('16, Western) <i>Denzel Washington</i>				Ancient Aliens					
ID	192	The Killer Beside Me		The Killer Beside Me		The Killer Beside Me		Nightmare Next Door		Nightmare Next Door		Nightmare Next Door		20/20 on ID		20/20 on ID					
IFC	133	Scrubs	Scrubs	(05) Scrubs	(35) Scrubs	(05) Scrubs	(45) Mystery	Science Theater 3000 <i>Gorgo</i>				Killer Elite ★★ ('11, Action) <i>Jason Statham</i>				U.N.C.L.E.					
LAFF	237	Paid Programs						Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.				
LIFE	108	Paid Programs						Creflo	Robison	Joyce M.	TBA	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy	Grey's Anatomy				
LMN	109	Paid Programs						The Wrong Blind Date ('22, Suspense)				The Wrong Mommy ('19, Suspense)				The Wrong Cheerleader Coach ('20, Suspense)					
MAGN	111	French	(40) The French Chef	French		Old House	Old House	Homegro.	Homegro.	Homegro.	Homegro.	Fixer Upper		Fixer Upper		Fixer Upper					
MGMHD	385	From Beyond ('86, Horror) <i>Jeffrey Combs</i>				The Girl in Black Stockings ('57) (40) <i>The Dirty Dozen: The Deadly Mission</i> ('87, War)				(9:50) <i>The Dirty Dozen: The Fatal Mission</i> ('88)											
MOTOR	246	Garage Squad		Bitchin' Rides		Bitchin' Rides		Junkyard Empire		FantomWorks		Bitchin' Rides <i>Fireproof</i>		Bitchin' Rides		Bitchin' Rides					
MSNBC	209	MSNBC Prime		Way Too Early		Morning Joe (L)						Morning Joe (L)		José Diaz-Balart		MSNBC Reports (L)					
NATGEO	197	Life Below Zero <i>Loaded</i>		Life Below Zero		Paid Programs						Wild Fish		Wild Fish		Wild Fish					
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol					
OUTD	396	Africa	The One	Hunting TV	Whitetail	Conchs	Spear Life	Seahunter	BigWater	Bill Dance	Angling	Major League Fishing		Cups		Fishing	Bass				
OWN	189	Ready to Love		Ready to Love		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil					
OXYG	127	Dateline <i>Deadly Deceit</i>		Dateline		Murdered by Morning		Murdered by Morning		Real Murders		Real Murders		Real Murders		Real Murders					
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue					
POP	117	FBI <i>Studio Gangster</i>		Goldbergs	Goldbergs	Ghost Whisperer <i>Slam</i>		Ghost Whisperer		Ghost Whisperer		ER		ER <i>Night-Shift</i>		ER <i>Post Mortem</i>					
REELZ	299	Paid Programs						John Denver		Gloria Estefan: Collision		Justin Bieber: Collision		Serpico: The Real Story		Benghazi					
RFDTV	231	Paid Programs						DocTalk	Corn War.	Agriculture	Jeremiah	Rural News/AgDay (N)		Market Day Report (L)							
SCI	193	Einstein and Hawking		Einstein and Hawking		Unexplained Files		Unexplained Files		Universe Works		Universe Works		The Unexplained Files		The Unexplained Files					
SMITH	367	Secrets	Secrets	Secrets	Secrets	Aerial America <i>Oregon</i>		Aerial America		Aerial America		Mighty Trains		Mighty Trains		How Did- Build					
SONY	386	The Bridge on the River Kwai ('57, War) <i>William Holden</i>				(25) <i>Lost Command</i> ('66, Action) <i>Anthony Quinn</i>	(43) <i>Murphy's Romance</i> ('85, Romance-Comedy) <i>Sally Field</i>	First Men In													
SUND-E	358	Perry Mason		Perry Mason		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.				
SYFY	122	Face/Off ★★★ ('97, Action) <i>John Travolta</i>				Quantum Leap		(05) Quantum Leap	(10) Quantum Leap	(15) Quantum Leap	(20) Quantum Leap				Quantum Leap						
TBN	260	Impact of	Business	Hannen	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen				
TBS	139	Wipeout <i>Couples</i>		Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends				
TCM	132	Doctor Zhivago ('65, Romance) <i>Omar Sharif</i>				Public Wedding ('37)		The Big Gamble ('32)		(15) <i>Married Bachelor</i> ★★★ ('41)	(45) <i>Lucky Night</i> ('39, Comedy)	Any Number									
TLC	183	Long Island Medium		Long Island Medium		Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive		Cellblock 6		Cellblock 6		Cellblock 6					
TMC-W	329	Complicit <i>Sacrifice</i> ('20, Horror) 'NR'				Barb Wire ★ ('96, Action) 'R'				(40) <i>Six Minutes to Midnight</i> ('20) 'PG-13'	Man Invented Christmas				(15) <i>The Exchange</i>						
TNT	138	The Closer		The Closer		Charmed <i>Sam I Am</i>		Charmed		Charmed		Charmed		NCIS: New Orleans		NCIS: New Orleans					
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins	Ad. Ruins	Imp. Jokers		Imp. Jokers	Carbonaro	Carbonaro	Carbonaro				
TRVL	196	Paid Programs										Portals to Hell		Portals to Hell		Portals to Hell					
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Paid Programs						M*A*S*H		M*A*S*H	M*A*S*H	M*A*S*H	Bonanza				
UP	188	Paid Programs						Heartland		Heartland		Heartland		Little House on the Prairie <i>The Hunters</i>		Little House on Prairie					
USA	105	Law & Order: SVU		Law & Order: SVU		NCIS <i>Skeletons</i>		NCIS <i>Iceman</i>		2022 Tour de France Stage 7 (N)											
WE	128	Mama June- Not to Hot		Paid Programs														Law Order: CI		Law Order: CI	
NETWORKS																					
Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																					
ABC-E	Morning		Morning		Morning		Morning		Good Morning America (N)				Local Programs				The View (N)				
CBS-E	CBS Overnight News (N)		News		News		News		CBS Mornings (N)				Local Programs				The Price Is Right				
CW-E	Local Programs						Local Programs														
FOX-E	Local Programs						Local Programs				Local Programs										
NBC-E	Local Programs						Local Programs				Today (N)				Today 3rd Hour (N)		Today-Hoda				
METV	247*	(05) Barnaby Jones	Patrol	Dragnet	Dragnet	Three Sons	Toon in With Me (N)		Beaver	Beaver	Perry Mason		Matlock (Part 2 of 2)		In the Heat of Night						
ABC-W	Local Programs		ABC World News Now (N)				Morning		Morning		Morning		Morning		Good Morning America (N)						
CBS-W	4	Corden	Local Prog.	CBS Overnight News (N)						News		News		News		CBS Mornings (N)					
CW-W	Local Programs						Local Programs														
FOX-W	Local Programs						Local Programs														
NBC-W	4	Meyers	News	Top Story With		Early Tdy	Local Programs				Local Programs				Today (N)						
PBS	The Green Planet		NOVA			Xavier	Arthur	Molly	Wild Kratts	Elementary		Almas	Curious	Tiger	Donkey	Elinor	Sesame St.				
																	Pinkalicious				

		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
EASTERN		12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL		11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN		10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC		9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30
PREMIUM MOVIES																	
HBO	HBO-E	310	Lara Croft: Wonder Woman 1984 '20, Action) Gal Gadot 'PG-13' (05) The Wolverine '13, Action) 'PG-13' (15) The Janes '22, Documentary) 'NR' Mind Over Murder														
	HBO2	312	Percy J '20 West Side Story '61, Musical) Natalie Wood 'NR' (2:55) TBA (2:5) Stuck on You '03, Comedy) 'PG-13' (2:5) Life Partners ★★, '14) 'R'														
	HBO5	314	Being Flynn ★★, '12) 'R' (40) F9 The Fast Saga '21, Action) Vin Diesel 'PG-13' (35) The Suicide Squad '21, Action) Margot Robbie 'R' (6:50) The Little Things					Sam Jay (3:5) Dr. Dolittle: Tail to the Chief (1:16) The Last Airbender '10) 'PG' Ella Enchanted '04)									
	HBOF	315	Catch Kid Dr. Seuss' How-Grinch (0:05) Epic ★★, '13, Children's) 'PG' (3:48) Dr. Dolittle: Tail to the Chief (1:16) The Last Airbender '10) 'PG' Ella Enchanted '04)														
MAX	MAX	307	(1:15) The Snowman ★★, '17, Suspense) 'R' (1:15) Shutter '08, Horror) 'PG-13' (4:2) Hollow Man ★★, '00, Science Fiction) 'R' (3:36) The Great Gatsby ★★, '13, Drama) 'PG-13'														
	5MAX	308	Lars and the Real Girl '07 (4:44) Frida ★★, '02, Biography) Salma Hayek 'R' (3:47) The Uninvited (1:15) Spare Parts ★★, '15, Drama) George Lopez 'PG-13'														
	MMAX	309	The Bad News Bears in Breaking Training (1:47) Inside Man ★★, '06, Suspense) 'R' (3:56) Blood Father '16, Action) 'R' (2:25) 28 Days Later ★★, '02, Horror) 'R' 28 Weeks														
SHOWTIME	SHO-E	318	Win a Date (1:15) Midnight Sun ★★, '18, Romance) 'PG-13' Lady Bird '17, Comedy-Drama) 'R' (3:35) How to Lose a Guy in 10 Days '03 Failure to Launch '06) 'PG-13'														
	SHO2	320	Room '15, Drama) 'R' (12:50) Guest Artist (0:05) Shooter '07, Action) Mark Wahlberg 'R' (1:15) Ida Red '21, Crime Drama) 'R' Indiana Jones and Crystal Skull														
	SHOBET	321	12 O'Clock Boys '13 Kevin Garnett: Anything Is Possible The Captive '14, Suspense) Ryan Reynolds 'R' A Thin Line Between Love and Hate '96) 'R' Man Who Fell														
	SHOX	322	Set It Off '96) 'R' A Perfect World '93, Drama) Kevin Costner 'PG-13' (2:20) The Contractor ★★, '22) 'R' (1:15) Good Time ★★, '17, Suspense) 'R' Braveheart '95) 'R'														
	SHOS	323	Downeast '21) 'NR' (1:10) Summer of 85 '20, Drama) 'NR' Save the Last Dance 2 ★★, '06) (3:35) Step Up Revolution '12) Spotlights The Survivalist '21, Action) 'R'														
	TMC	327	After Yang '21) Colin Farrell 'PG' (3:35) Columbus '17, Drama) John Cho 'NR' (2:20) The Farewell '19) 'PG' Flashdance '83, Drama) 'R' (3:35) Run Lola Run '98) 'R'														
FLIX-E	333	The Lonely Guy '84) (0:05) Match Point ★★, '05, Drama) 'R' (1:15) Sophie's Choice ★★, '82, Drama) Meryl Streep 'R' (5:50) Mission: Impossible III '06) 'PG-13'															
STARZ	ENCR-E	340	The Last Vermeer '19, Drama) 'R' (2:25) The Object of My Affection '98) 'R' Rise of the Planet of the Apes (0:09) For Richer or Poorer '97, Comedy) 'PG-13' (0:08) Broken Arrow 'R'														
	STARZ-E	350	28 Days '00) 'PG-13' (12:58) Rapture-Palooza '13) 'R' (2:26) Scott Pilgrim vs. the World '10) 'PG-13' (2:22) Becoming Elizabeth (2:24) Ray ★★, '04, Biography) Jamie Foxx 'PG-13'														
	STRZED	352	Concussion '15) (12:55) Die Hard '88, Action) Bruce Willis 'R' (0:09) Pompeii ★★, '14, Adventure) 'PG-13' (4:57) About Time '13, Romance-Comedy) 'R' (0:02) Concussion '15)														
	STRZCI	353	Half Nelson (1:19) Capernaum ★★, '18, Drama) 'R' (2:24) The Seagull '18) 'PG-13' (0:05) The Secret Scripture '16, Drama) 'PG-13' (5:55) Here Today '21, Comedy-Drama) 'PG-13'														
	STRZCO	354	Grown 2 (2:22) One Fine Day '96) 'PG' (1:13) Bachelor Party ★★, '84, Comedy) 'R' Loser '00) Jason Biggs 'PG-13' (3:39) Grown Ups 2 ★★, '13, Comedy) 'PG-13' That														
	STRZIB	355	How Stella Got Her Groove Back (3:33) Motives 2: Retribution '07) (0:09) Guess Who ★★, '05, Comedy) 'PG-13' (4:57) The Equalizer 2 ★★, '18, Action) 'R' P-Valley White Knights														
STRZKF	356	Eagle Far From Home: Yellow Dog The Land Before Time (2:58) Little Boy ★★, '15) 'PG-13' (4:45) Searching for Bobby Fischer '93) 'PG' (3:36) Dudley Do-Right '99) 'PG'															
EPIX	EPIX	380	Dead Man (2:20) Dead Again '91, Mystery) (1:10) Flag Day ★★, '21, Drama) Dylan Penn Snake Eyes ★★, '98, Suspense) (4:40) Bugsy ★★, '91, Biography) Warren Beatty														
	EPIX2	381	Star Trek Into Darkness '13) (3:35) Saint Maud '19, Horror) The Gift ★★, '00, Suspense) Cate Blanchett (4:55) Carrie ★★, '76, Horror) (3:35) Paranormal Activity 3 '11)														
	EPIXH	382	Peeples (2:25) Head of State '03, Comedy) (0:05) Dear White People '14, Comedy-Drama) (3:55) The Saint ★★, '97, Action) Val Kilmer (5:55) Allied '16, Historical Drama) Brad Pitt														
	EPIXDR	292	Miss (2:25) Dark Blue '02, Crime Drama) Kurt Russell (2:25) Criminal Law ★★, '88, Crime Drama) (2:20) Young Sherlock Holmes '85) (1:10) Small Soldiers '98, Comedy) Kirsten Dunst														
AMERICA'S TOP PROGRAMMING																	
A&E	118	First Blood		First Blood		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48	
AHC	195	Nazi Death Squads		Nazi Death Squads		Colombian Rambo		El Chapo: Caught!		Russian Arms Dealer		Cocaine King: El Negro		American Gangster		Almost, Away	
AMC	131	Break-Bad (3:31) Breaking Bad		(3:39) Breaking Bad		(2:47) Breaking Bad		(3:55) Breaking Bad		(0:03) Breaking Bad		(1:12) Breaking Bad				Break-Bad	
APL	184	Tanked		Tanked		Pit Bulls and Parolees		Pit Bulls and Parolees		Tanked		Tanked		Tanked		Tanked	
AXSTV	167	AXS TV Presents: Lee		Live From Artists Den		KT Tunstall		LA Ink		Ozzy & Jack's		Ozzy & Jack's		Wahlburgers		Wahlburgers	
BBCA	135	The Hunt for Red October '90, Suspense) Sean Connery		The Punisher ★★, '04, Action) Thomas Jane										The Chronicles of Riddick '04, Science Fiction) Vin Diesel		300 Rise	
BET	124	Celebrity Family Feud		Harriet ★★, '19, Biography) Cynthia Erivo, Janelle Monáe						Brotherly Love '15, Drama) Keke Palmer		Tyler Perry's The Oval		The Family Business			
BOUNCE	359	Paternity		Paternity		Hot Bench		Hot Bench		In the Heat of Night		Grand-Daddy Day Care '19, Comedy) Ben Stiller		Tower Heist ★★, '11, Comedy) Ben Stiller			
BRAVO	129	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		The Fast and the Furious ★★, '01, Action) 2 Fast 2 Furious '03, Action)					
BUZZR	245	Match		Match		Concen.		Concen.		Password		Password		Super Pass		Tattletales	
CIHD	249	Cajun		Cajun		Cajun		Cajun		The Squad		The Squad		The Squad		The Squad	
CMT	166	Roseanne		Roseanne		King		King		King		King		Why I Ran		Why I Ran	
CNBC	208	Fast Money Halftime		The Exchange (L)		Power Lunch (L)		Closing Bell (L)		Closing Bell: Overtime (L)		Fast (L)		Options		TBA	
CNN	200	Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront (L)	
COM	107	South Park		South Park		South Park		South Park		Seinfeld		Seinfeld		Seinfeld		The Office	
COMET	289	The Bat People '74)		Black Sabbath '63, Horror) Boris Karloff		The Outer Limits		The Outer Limits		The Outer Limits		Farscape		Farscape Kansas		Buffy, Vampire Slayer	
COOK	113	Man, Food		Man, Food		Man, Food		Man, Food		Carn Eats		Carn Eats		Carn Eats		Food Paradise Epic Eats	
DISC	182	Dual Survival		Dual Survival		Dual Survival		Dual Survival		Dual Survival		Dual Survival		Gold Rush		Gold Rush	
DFC	179	Pac-Man		Pac-Man		Littlest Pet		Pet Shop		Pony Life		LittlePony		LittlePony		LittlePony	
DISN-E	172	Big City		Ladybug		Ladybug		Big City		Raven		Raven		Bunk'd		Bunk'd (N)	
ENCR-W	341	Talent		(4:41) The Climb '19, Comedy-Drama) 'R' (2:23) The Last Vermeer '19, Drama) 'R' (2:25) The Object of My Affection '98) 'R' Rise of the Planet of the Apes													
EWESTN	342	Tall Men (3:38) Ten Wanted Men '55) 'NR'		The Deputy		Wanted ... (2:54) Wagon Train		Laramie		Death Vall.		Tales of Wells Fargo		Rifleman (2:22) The Virginian		Saw Light	
EACTN	343	Jumanji: Welcome		(0:02) Bad Girls '94, Western) 'R' (4:44) Never Back Down '08, Action) 'PG-13' (4:40) Bandidas ★★, '06) 'PG-13' (1:15) Dragonheart ★★, '96, Fantasy) 'PG-13'													
ESUSP	344	Destroyer '18, Crime Drama) Nicole Kidman 'R' (1:52) Machete Kills '13, Action) 'R' (4:42) The Unholy ★★, '21, Horror) 'PG-13' (2:42) The Dead Girl '06, Drama) 'R' Casino '95) 'R'															
EBLACK	345	Deuce Bigalow (12:48) Next Day Air (1:13) Lakeview Terrace '08, Suspense) 'PG-13' Stomp the Yard: Homecoming (3:36) Meeting Evil ★★, '11) 'R' (0:07) Next Day Air '09)															
ECLASS	346	The Pink Panther '63) (1:12) A Shot in the Dark '64, Comedy) 'PG' (2:58) The Return of the Pink Panther '75) 'G' The Pink Panther Strikes Again (4:40) Revenge of the Pink Panther															
EFAMILY	347	Cinderella '15) 'PG' (1:12) Tomorrowland ★★, '15, Science Fiction) 'PG' (2:23) Dunston Checks In '96) 'PG' Dr. Seuss' Horton Hears a Who! (2:21) Fairy Tale: A True Story '97)															
ESPN	140	Wimbledon Championships		This Just In (L)		NBA Today (L)		NFL Live (L)		Around		Interruption		SportsCenter (L)		SportCtr	
ESPN2	143	SportsCenter (L)		SportsCenter (L)		⚡ UEFA Women's EURO 2022 Germany vs Denmark (L)		Max		UFC Live (L)		NBA Summer League		Basketball Teams TBA			
EWTN	261	Daily Mass		Women of Grace (N)		Life/Rock		Stations		Chaplet		Rosary		Saints		Casey	
FETV	82	Hillbillies		Hillbillies		Wagon Train		Rawhide		Rawhide		Perry Mason		Perry Mason		Mannix Little Girl Lost	
FMC	387	The Woman in Green (1:15) The Black Raven ★★, '43) Who Killed Doc Town Silver Spurs '43) Song of Nevada '44) The Man From Utah The Lucky Texan '34)															
FNC	205	Outnumbered (L)		America Reports (L)				The Story With Martha		Your World W/ Cavuto		The Five (L)		Special Report		Jesse Watters (L)	
FOOD	110	Diners, Drive		Diners, Drive		Diners		Diners		Diners		Diners		Diners		Diners	
FREFM	180	APixels '15, Comedy) Family Guy															

		EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30			
		CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30			
		MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30			
		PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30			
AMERICA'S TOP PROGRAMMING																					
FX	136	Spider-Man: Spider-Verse				X-Men: Dark Phoenix ★★ ('19, Action) James McAvoy				TBA											
FXM	384	Carmen Jones ('54)		Let's Make Love ('60, Musical Comedy) 'NR'		Yesterday ('19, Romance-Comedy) Himesh Patel 'PG-13'		A Beautiful Day in the Neighborhood ('19)		Wendy											
FX	125	Futurama		Futurama		Futurama		Futurama		King of Hill		King of Hill		King of Hill		Simpsons		Simpsons			
GETTV	373	The Rockford Files				Walker, Texas Ranger				Walker, Texas Ranger				Walker, Texas Ranger				Kojak			
GMSHW	116	Deal or No Deal				Match		Match		Catch 21		Catch 21		25 Words		25 Words		Common			
GOLF	401	PGA Golf				Senior Players Championship				PGA Tour Golf Barbasol Championship, Second Round (L)				Golf C'tral				Golf Amer			
GRIT	217	Death Vail		Death Vail		The Deputy		The Deputy		Tombstone		Tombstone		Masterson		Masterson		Wyatt Earp			
HALL	185	A Dickens of a Holiday! ('21, Romance)				With Love, Christmas ('17, Romance-Comedy)				A Christmas Tree Grows in Colorado ('20)				A Very Merry Mix-Up ('13, Romance)							
HALLDR	186	Matlock The Buddies				Matlock The Scrooge				The Waltons				The Waltons				The Waltons			
HALLMV	187	Diagnosis Murder				Diagnosis Murder				Diagnosis Murder				Monk				Monk			
HDMOV	130	Bright Lights, Big City (1250)				Hardbodies ('84, Comedy) (25)				Welcome to Macintosh ('08)				(350) McLintock! ('63, Western) John Wayne				(10) Leviathan ('89, Science Fiction) Peter Weller			
HERIC	293	Hawaii Five-0				Hawaii Five-0				Hawaii Five-0				Hawaii Five-0				MacGyver			
HGTV	112	Vacation House Rules				Dream		Dream		Dream		Dream		Dream		Dream		Dream			
HIST	120	Ancient Aliens				Ancient Aliens Earth Station Egypt				Ancient Aliens				Ancient Aliens				Ancient Aliens			
ID	192	20/20 on ID				Murder in the				Murder in the				Murder Comes to Town				Murder Comes to Town			
IFC	133	The Man From U.N.C.L.E. ★★★ ('15, Action)				Focus ★★★ ('15, Comedy-Drama) Will Smith				My Super Ex-Girlfriend ('06, Romance-Comedy) (45)				Get Hard ★★ ('15, Comedy)							
LAFF	237	Nt. Court		Nt. Court		Videos		Videos		Funniest		Funniest		How I Met		How I Met		'70s Show			
LIFE	108	The Mentalist				The Mentalist				The Mentalist				Castle In Plane Sight				Castle			
LMN	109	The Wrong Real Estate Agent ('21, Drama)				Keeping Up With the Joneses The Wrong Family				Keeping Up With the Joneses The Wrong Letter				Keeping Up With the Joneses							
MAGN	111	Beachfront Renovation				Beachfront Renovation				Beachfront Renovation				Beachfront Renovation				Fixer Upper			
MGMHD	385	Man of the West ('58, Western) Gary Cooper				(15) Mr. Majestyk ★★★ ('74, Action) Charles Bronson				(35) The Mechanic ★★★ ('72, Action) Charles Bronson				Kinjite Forbid.							
MOTOR	246	Mecum Auto Auctions Orlando 2022 (N)				Mecum Auto Auctions Orlando 2022 (N)				Mecum Auto Auctions Orlando 2022 (N)				Mecum Auto Auctions Orlando 2022 (N)							
MSNBC	209	Andrea Mitchell Reports (L)				Chris Jansing Reports (L)				Katy Tur Reports (L)				Hallie Jackson Reports (L)				Deadline: White House (L)			
NATGEO	197	Wild Fish King Sized				Wild Fish				Wild Fish				Wild Fish				Wild Fish Off the Hook			
NGWLD	190	The Incredible Dr. Pol				The Incredible Dr. Pol				The Incredible Dr. Pol				The Incredible Dr. Pol				The Incredible Dr. Pol			
OUTD	396	Andrews		Zona's		Bone Coll.		Drop Zone		Heartland		Crush		Fisherman		A Fishing		Whitetail			
OWN	189	Dr. Phil				Court				Court				Court				Dr. Phil			
OXYG	127	Real Murders				Real Murders				Snapped: Killer Couples				Snapped: Killer Couples				Snapped: Killer Couples			
PARMT	241	Bar Rescue Beach Rats				Bar Rescue				Mom				Mom				Two Men			
POP	117	ER Fortune's Fools				ER Whose Appy Now?				ER				House Insensitive				House Half-Wit			
REELZ	299	Cops		Cops		Cops		Cops		Jail		Jail		Jail		Jail		Jail			
RFDTV	231	Market Day Report (L)				Cow Guy				Perley's				TruCountry/Penny G				Porter			
SCI	193	Strange Evidence				Strange Evidence				What on Earth?				What on Earth?				If We Built It Today			
SMITH	367	Air Disasters				Air Disasters				Air Disasters				Air Disasters				Air Disasters			
SONY	386	First Men 72 Hours (13)				Major Dundee ★★★ ('65, Western) Charlton Heston				Planet				(14) Alpha ('18, Adventure) Kodi Smit-McPhee				(03) The Taking of Pelham 123 ('09, Action)			
SUND-E	358	Andy G.		Andy G.		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order			
SYFY	122	Quantum (33) Quantum Leap				(40) Quantum Leap				(45) Quantum Leap				(350) Quantum Leap				(455) Quantum Leap			
TBN	260	R. Jeffress		Robert		Joyce M.		Together		Robison		Wommack		The 700 Club		David		S. Furtick			
TBS	139	Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends			
TCM	132	Any Number				Silver River ★★ ('48, Western) Errol Flynn				Lady Luck ★★ ('46, Comedy)				(45) Dark Hazard ('34, Drama)				The Great Sinner ('49, Drama) Gregory Peck			
TLC	183	The Family Chantel				The Family Chantel				The Family Chantel				Little People, Big World				Little People, Big World			
TMC-W	329	The Exchange ('21)				The Lobster ('15, Romance-Comedy) 'R'				After Yang ('21) Colin Farrell 'PG'				(35) Columbus ('17, Drama) John Cho 'NR'				(20) The Farewell ('19) 'PG'			
TNT	138	NCIS: New Orleans				NCIS: New Orleans				NCIS: New Orleans				The Legend of Tarzan ★★ ('16, Adventure)				Rampage ★★ ('18, Action) Dwayne Johnson			
TRU	242	World's Dumbest ...				World's Dumbest ...				World's Dumbest ...				World's Dumbest ...				Imp. Jokers			
TRVL	196	Portals to Hell				Portals to Hell				Portals to Hell				Portals to Hell				Portals to Hell			
TVLND	106	Gunsmoke				Gunsmoke				Gunsmoke				Gunsmoke				Andy G.			
UP	188	Little House on Prairie				Little House on Prairie				Gilmore Girls Pilot				Gilmore Girls				Gilmore Girls			
USA	105	Pilot Challenge				Chicago Fire				Chicago Fire				Chicago Fire				Chicago Fire			
WE	128	Law Order: CI				Law Order: CI				Law Order: CI				Law Order: CI				Criminal Minds Run			
NETWORKS																					
ABC-E		Local Programs				GMA3-Need to Know				General Hospital (N)				Local Programs				Local Programs			
CBS-E		Local Prog./Young & Restless				Bold				The Talk (N)				Let's Make a Deal				Local Programs			
CW-E		Local Programs				Local Programs				Local Programs				Local Programs				Local Programs			
FOX-E		Local Programs				Local Programs				Local Programs				Local Programs				Local Programs			
NBC-E		Local Programs				Days of our Lives (N)				Local Programs				Local Programs				Local Programs			
METV	247*	The Waltons				Gunsmoke				Bonanza				Rifleman				Wagon Train			
ABC-W		Local Programs				The View (N)				Local Programs				GMA3-Need to Know				General Hospital (N)			
CBS-W		Local Programs				The Price Is Right				Young & Restless				Local Prog./Bold				The Talk (N)			
CW-W		Local Programs				Local Programs				Local Programs				Local Programs				Local Programs			
FOX-W		Local Programs				Local Programs				Local Programs				Local Programs				Local Programs			
NBC-W		Today 3rd Hour (N)				Today-Hoda				Local Programs				Days of our Lives (N)				Local Programs			
PBS		Dinosaur		Clifford		Sesame St./Donkey		Tiger		Go Luna		Nature Cat		Wild Kratts		Almas		Xavier			

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
PREMIUM MOVIES																		
HBO	HBO-E	310	Frank Miller's Sin City '05, Action) 'R'			Westworld		Sam Jay		Irma Vep Hypnotic Eyes		Sam Jay		The Counselor ★★ ('13, Suspense) 'R'		Extraction ('15) 'R'		
	HBO2	312	The Card Counter ★★ ('21, Suspense) 'R'			(9:55) The Heat ★★ ('13, Comedy) 'R'		(11:55) The Grand Budapest Hotel		(40) What Happens in Vegas '08) 'PG-13'		(Queens						
	HBO5	314	The Little Things ('21) The Many Saints of Newark ★★ ('21) 'R'			(05) The Matrix Resurrections ('21, Science Fiction) 'R'		(35) Child 44 ★★ ('15, Mystery) Tom Hardy 'R'										
	HBOF	315	Ella (37) Unfinished Song ('12) 'PG-13'			(11) Man of Steel ★★ ('13, Action) Henry Cavill 'PG-13'		(34) The Batman ★★ ('22, Action) Robert Pattinson 'PG-13'		Defending								
MAX	MAX	307	Long Shot ★★ ('19, Romance-Comedy) 'R'			(05) The Last Five Years ('14)		(40) Something New ★★ ('06) 'PG-13'		(21) Gossip '00, Suspense) 'R'		(2:53) Boy Erased ('18)						
	5MAX	308	Spare Parts ('15)			Thelma & Louise '91, Comedy-Drama) 'R'		(10) Cop Land ★★ ('97, Crime Drama) 'R'		(12:55) Killing Gunther ('17) 'R'		(29) Le Divorce ★★ ('03) 'PG-13'						
	MMAX	309	28 Weeks Later '07) I Am Number Four ★★ ('11, Action) 'PG-13'			(10:50) Red Eye '05) 'PG-13'		(16) Adult Beginners ('14) 'R'		(1:49) Mindhunters ★★ ('04) 'R'		War						
	SHO-E	318	(15) Last Vegas ★★ ('13, Comedy) 'PG-13'			We Hunt (45) We Hunt Together		The Chi		Flatbush		Bad Santa 2 '16, Comedy) 'R'		(35) The Terminator '84) 'R'				
SHOWTIME	SHO2	320	(15) We Hunt Together			We Hunt		Spotlights		The Chi		Flatbush		Man Who Fell		Erotic Eats ('21, Adult) 'NR'		
	SHOBET	321	Dirty Pretty Things '02) 'R'			(40) Pimp '18, Crime Drama) 'NR'		(05) Martin Lawrence Live: Runteldat ('02) 'R'		We Hunt (45) We Hunt Together		Black Famous		Pryor				
	SHOX	322	Braveheart '95, Historical Drama) 'R'			Boxing (N)		Boxing (N)		The Contractor '22, Action) 'R'		(45) Headhunters ('11, Action) Aksel Hennie 'R'		Tusk ('14)				
	SHOS	323	The Souvenir '19, Romance) Tom Burke 'R'			The Souvenir Part II ('21, Drama) 'R'		Wild Things '98, Suspense) Kevin Bacon 'R'		More Funny Women		Crumb '94) 'R'						
TMC	327	Violet ('21, Drama) Olivia Munn 'R'			(35) Gloria Bell ('18, Romance-Comedy) 'R'		The Light of the Moon ('17) 'NR'		(05) Beanpole ('19, Drama) Viktoria Miroshnichenko 'NR'		Adderall							
FLIX-E	333	Primal Fear ★★ ('96, Crime Drama) 'R'			(15) Hard Eight ★★ ('96, Drama) 'R'		Assault on Precinct 13 '76) 'R'		(35) Team America: World Police		Shuttlecock							
STARZ	ENCR-E	340	Broken Arrow '96) 'R'			Boyz N the Hood ★★ ('91, Drama) 'R'		Rise of the Planet of the Apes		(45) Snow White and the Huntsman '12, Fantasy) 'PG-13'		(2:56) The Trust ('16)						
	STARZ-E	350	P-Valley White Knights (07) Becoming Elizabeth			(09) Notting Hill ★★ ('99, Romance-Comedy) 'PG-13'		(16) P-Valley		(23) Die Hard With a Vengeance '95) 'R'		Escape						
	STRZED	352	Concussion ('15) Ghislaine Maxwell?			Thor: The Dark World ('13, Action) 'PG-13'		(11:55) Iron Man 3 ('13, Action) 'PG-13'		(10) Ghost Rider: Spirit of Vengeance ('11)								
	STRZCI	353	Capernaum ('18, Drama) Nadine Labaki 'R'			The Curious Case of Benjamin Button '08, Fantasy) Brad Pitt 'PG-13'		Becoming Elizabeth		(1:50) Sommersby ★★ ('93, Drama) 'PG-13'								
	STRZCO	354	That Thing You Do! (12) Bachelor Party ★★ ('84, Comedy) 'R'			Party		Party		(12:01) Domino: Battle of the Bones ('21) 'R'		(1:53) Men in Black: International ('19) 'PG-13'						
	STRZIB	355	(06) How Stella Got Her Groove Back '98) 'R'			(13) P-Valley White Knights		(19) Guess Who '05) 'PG-13'		(08) Underclassman '05) 'PG-13'		(44) The Equalizer 2 ★★ ('18) 'R'						
STRZKF	356	Jingle All the Way '96) 'PG'			Far From Home: Yellow Dog		(10:53) The Eagle Huntress '16)		(22) Dreambuilders		(44) Capture the Flag '15, Children's) 'PG'		Brilliant					
EPIX	EPIX	380	House of Gucci ★★ ('21, Drama) Lady Gaga			(40) The General's Daughter '99, Suspense)		(40) Black Rain '89, Crime Drama) Michael Douglas		(2:50) Stonewall '15)								
	EPIX2	381	Candyman ★★ ('21, Horror)			(35) A Quiet Place Part II ('21)		(15) American Refugee '21, Horror)		(12:50) Pet Sematary '89, Horror)		(35) Horizon Line '20, Suspense)						
	EPIXH	382	Wrath of Man ('21, Action) Jason Statham			Jack Reacher ★★ ('12, Action) Tom Cruise		(12:15) The Sum of All Fears '02, Suspense) Ben Affleck		(20) Allied '16, Historical Drama)								
	EPIXDR	292	Hansel & Gretel: Witch Hunters			Aeon Flux '05, Science Fiction)		(05) Event Horizon ★★ ('97)		(45) Small Soldiers '98, Comedy) Kirsten Dunst		(35) Drillbit Taylor '08, Comedy)						
AMERICA'S TOP PROGRAMMING																		
A&E	118	The First 48			The First 48		The First 48		(04) The First 48		(12:03) The First 48		(03) The First 48		(04) The First 48		(05) The First 48	
AHC	195	Almost, Away			Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away		Almost, Away	
AMC	131	Break-Bad! (28) Breaking Bad			(36) Breaking Bad		(44) Breaking Bad Negro Y Azul		(11:52) Breaking Bad		Breaking Bad		(10) Breaking Bad Over		Break-Bad			
APL	184	Tankd (N)			Tankd		Tankd		Tankd		Tankd		Tankd		Tankd		Tankd	
AXSTV	167	Wahlburgers			Wahlburgers		Music		Music		Music		Music		Music		Best-'70s	
BBCA	135	4300: Rise of an Empire ('14)			(45) 300: Rise of an Empire ('14, Action) Sullivan Stapleton		Sleepless ★★ ('17, Action) Jamie Foxx		(15) The Hunt for Red October '90, Suspense)									
BET	124	Celebrity Family Feud			New York Undercover		New York Undercover		Tyler Perry's Sistas		Martin		Martin		Martin		Prince	
BOUNCE	359	Welcome Home Roscoe Jenkins '08, Comedy)			The Cookout ★ ('04, Comedy) Ja Rule		G ★★ ('02, Drama) Richard T. Jones		Woo ★ ('98, Comedy) Jada Pinkett Smith									
BRAVO	129	2 Fast Fast Five ★★ ('11, Action) Vin Diesel, Paul Walker			Fast Five ★★ ('11, Action) Vin Diesel, Paul Walker		The Bourne Ultimatum ★★ ('07, Action) Matt Damon											
BUZZR	245	Talkabout			Super Pass. Sweep		Newlywed		Match-Squares		Talkabout		Super Pass. Sweep		Newlywed		Match-Squares	
CIHD	249	The Eleven (Part 3 of 6)			The Eleven (Part 4 of 6)		The Eleven (Part 5 of 6)		The Eleven (Part 6 of 6)		The Eleven (Part 3 of 6)		The Eleven (Part 4 of 6)		The Eleven (Part 5 of 6)		The Eleven (Part 6 of 6)	
CMT	166	Along Came Polly '04, Romance-Comedy)			Movie		Along Came Polly '04, Romance-Comedy)		Last Man		Last Man		Last Man		Last Man		Last Man	
CNBC	208	American Greed			American Greed		American Greed		American Greed		Shepard Smith		American Greed		Dateline (Part 1 of 2)		Dateline (Part 2 of 2)	
CNN	200	Anderson Cooper 360 (L)			CNN Tonight (L)		Don Lemon Tonight (L)		Don Lemon Tonight (L)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		Don Lemon Tonight	
COM	107	The Office			The Office		The Office		The Office		South Park		The Coon Trilogy		South Park		South Park	
COMET	289	Buffy, Vampire Slayer			The X-Files		The X-Files		The X-Files		The X-Files Never Again		Quantum Leap		Quantum Leap		Paid Programs	
COOK	113	Chopped			Chopped		Chopped		Chopped		Chopped		Chopped		Chopped		Chopped	
DISC	182	Gold Rush (N)			Outback Opal Hunters (N)		Outback Opal Hunters (N)		Gold Rush		Outback Opal Hunters		Outback Opal Hunters		Outback Opal Hunters		Outback Opal Hunters	
DFC	179	Kids Baking			Kids Baking		Kids Baking		Kids Baking		Kids Baking		Kids Baking		Buddy's Bakery Rescue		Ultimate Cake Off	
DISN-E	172	The Villains Ultra Violet			Raven		Ghost		Disney's Raven		Roll With It		Fam Jam		Jessie		Bunk'd	
ENCR-W	341	(09) For Richer or Poorer '97, Comedy) 'PG-13'			(08) Broken Arrow ★★ ('96, Action) 'R'		Boyz N the Hood ★★ ('91, Drama) 'R'		Rise of the Planet of the Apes		Snow Wht							
EWESTN	342	I Saw the Light ★★ ('15) 'R'			(43) The Tall Men ★★ ('55, Western) Clark Gable 'NR'		(11:47) Two Flags West ('50) 'NR'		(20) Smoky '46, Western) 'NR'		(2:49) Warlock ('59)							
EACTN	343	Jumanji: Welcome to the Jungle ('17) 'PG-13'			(02) Never Back Down '08, Action) 'PG-13'		(1:58) A Man Apart '03, Crime Drama) 'R'		(1:51) The Evil That Men Do '84) 'Hero									
ESUSP	344	Casino '95, Crime Drama) Robert De Niro 'R'			Brimstone ★★ ('16, Western) Dakota Fanning 'R'		(34) Night of the Living Dead 'NR'		(12) The Yards ★★ ('00, Crime Drama) 'R'									
EBLACK	345	Next Day Deuce Bigalow: European Gigolo			Lakeview Terrace '08, Suspense) 'PG-13'		(11:53) Meeting Evil ★ ('11) 'R'		(27) No Good Deed ★★ ('02) 'R'		Deuce Bigalow							
ECLASS	346	Rev. Pink (21) Trail of the Pink Panther '82)			Rescue Me Babyface (11) Damages		(12:08) Spy Game ★★ ('01, Suspense) 'R'		(15) Lawless ★★ ('12, Crime Drama) 'R'									
EFAMILY	347	Big ★★ ('88, Children's) Tom Hanks 'PG'			(9:46) Kidco '84, Comedy) 'PG'		(32) Cowgirls 'n Angels ('12) 'PG'		(05) Dragon Ball Super: Broly ('18, Action) 'PG'		Grace Unplugged							
ESPN	140	MLS D.C. United at Philadelphia Union (L)			MLS Soccer LA Galaxy at Los Angeles FC (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter (L)		SportsCenter		SportsCenter	
ESPN2	143	NBA Summer League (L)			NBA Summer League (L)		Streetball		Streetball		Around		Interruption		NFL Live		UFC Live	
EWTN	261	EWTN News In-Depth (N) News			Rosary		Life/Rock		Icons		Women of Grace		Daily Mass		EWTN News In-Depth		News	
FETV	82	Perry Mason			Perry Mason		Emergency!		Emergency! I'll Fix It		B. Miller		B. Miller		Mannix Desert Run		Mannix Silent Target	
FMC	387	The Devil at 4 O'Clock '61, Adventure) Spencer Tracy			(45) East of Borneo ★ ('31)		(12:15) Bird of Paradise ★★ ('32, Romance)		Mr. Robinson Crusoe ★★ ('32) Blue Steel									
FNC	205	Tucker Carlson Tonight (L) Hannity (L)			The Ingraham Angle (L)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle			
FOOD	110	Diners			Diners		Diners		Diners		Diners		Diners		Diners		Diners	
FREFM	180	Family Guy			Family Guy		Family Guy		Family Guy		The 700 Club		Simpsons		Simpsons		Simpsons	
FS1	150	2022 Copa América Femenina			Mexico Primera Division Soccer		NASCAR Truck Series		Off Road Race		Drag Racing							

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30		
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30		
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30		
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30		
AMERICA'S TOP PROGRAMMING																		
FX	136	TBA							TBA		Spider-Man: Into the Spider-Verse ('18, Children's)				Phoenix			
FXM	384	Wendy ('20, Adventure) Devin France 'PG-13'				Wendy ★★ ('20, Adventure) Devin France 'PG-13'				A Beautiful Day in the Neighborhood ('19)		FXM Pres.		The Sandlot ('93) 'PG'				
FXX	125	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	FXM Pres.		
GETTV	373	The Rockford Files		The Rockford Files		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford	Sanford	Sanford	Catch 21	
GMSHW	116	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided		
GOLF	401	Golf American Century Champion				PGA Tour				Golf Genesis Scottish Open, Second Round				Senior Players Championship				
GRIT	217	Seven Ways From Sundown ('60, Western)				The Wild and the Innocent ('59, Western)				Springfield Rifle ★★ ('52, Western) Gary Cooper				Three Texas Steers ('39, Western)				
HALL	185	An Unexpected Christmas ('21) Tyler Hynes				Christmas at Castle Hart ('21) Lacey Chabert				Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		The Waltons		The Waltons		The Waltons		The Waltons The Genius		The Waltons The Fighter		
HALLMV	187	A Summer Romance		Rip in Time ('22, Romance) Torrey DeVitto		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk				
HDMOV	130	Mystic Pizza ★★★ ('88, Romance-Comedy)						The Legend of Billie Jean ★★ ('85, Drama)				(11:55) UHF ('89, Comedy) Weird Al Yankovic		(1:55) Mystic Pizza ('88, Romance-Comedy)				
HERIC	293	Star Trek		Star Trek: Next		Star Trek: Deep Space		Star Trek: Voyager		Star Trek: Enterprise		Baywatch		House		House Living the Dream		
HGTV	112	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	Dream	
HIST	120	Ancient Aliens		Ancient Aliens (N)		(:03) Ancient Aliens		(:05) Ancient Aliens		(12:03) Ancient Aliens		(:05) Ancient Aliens		(:06) Ancient Aliens		(:05) Ancient Aliens		
ID	192	Psychopath	Psychopath	Ted Bundy: Mind of a Monster				48 Hours on ID		Ted Bundy: Mind of a Monster		48 Hours on ID		Signs of a Psychopath				
IFC	133	Get Hard ★★ ('15)		21 Jump Street ★★ ('12, Comedy) Jonah Hill				The Bounty Hunter ('10, Romance-Comedy) Jennifer Aniston				21 Jump Street ('12, Comedy) Jonah Hill						
LAFF	237	Major League ('89, Comedy) Tom Berenger				Major League II ★ ('94, Comedy) Charlie Sheen				Major League: Back to the Minors ★★ ('98, Comedy)				Paid Programs				
LIFE	108	Castle PhDead		Castle		(:03) Castle The Nose		(:03) Castle Cool Boys		(12:01) Castle PhDead		Castle		(:04) Castle The Nose		(:04) Castle Cool Boys		
LMN	109	Keeping Up With the Joneses (N)				The Wrong Mr. Right ('21, Suspense)				(12:01) Keeping Up With the Joneses				The Wrong Mr. Right ('21, Suspense)				
MAGN	111	Making	Making	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Making	Making	
MGMHD	385	Kinjite Forbid.		Dolls ★★★ ('87, Horror) Ian Patrick Williams				(10:50) The Devil Within Her ★★ ('75, Horror)		Kalifornia ★★ ('93, Suspense) Brad Pitt, Juliette Lewis		Flawless						
MOTOR	246	Mecum Auto Auctions		Mecum Auto Auctions		Orlando 2022		FantomWorks		FantomWorks		FantomWorks		FantomWorks		FantomWorks		
MSNBC	209	All In With Chris Hayes (L)		MSNBC Prime (L)		The Last Word With		11th Hour		MSNBC Prime		The Last Word With		11th Hour		Dateline Unbreakable		
NATGEO	197	Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		When Sharks Attack		When Sharks Attack		
NGWLD	190	Critter Fixers		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Heartland Docs, DVM		Paid Programs		
OUTD	396	Longmire	Wardens	Trail	Trail	Longmire		Wardens		Trail	Trail	Viral	Hunts	MeatEater's	Angling	Gowdy	Bass	
OWN	189	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	
OXYG	127	Snapped		Snapped		Snapped		Dateline: Secrets Uncovered				Cold Justice		Cold Justice				
PARMT	241	The Goonies ★★★ ('85, Children's) Sean Astin						Gremlins ★★★★★ ('84, Fantasy) Zach Galligan				The Goonies ★★★ ('85, Children's) Sean Astin				The Office		
POP	117	Steel Magnolias ('12, Comedy-Drama) Queen Latifah, Phylicia Rashad				The Notebook ★★ ('04, Romance) Ryan Gosling, Rachel McAdams				The Time Traveler's Wife ★★ ('09, Romance)								
REELZ	299	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Paid Programs		
RFDTV	231	Bluegrass	Penny G	Reporter	FarmHer	Farming	Blu. Trail	Country	Rural News	Bluegrass	Penny G	Reporter	Farming	Paid Programs				
SCI	193	If We Built It Today		If We Built It Today		If We Built It Today		If We Built It Today		If We Built It Today		If We Built It Today		If We Built It Today		If We Built It Today		
SMITH	367	Air Disasters		Air Disasters		Air Disasters		Private Liv		How Did- Build		How Did- Build		How Did- Build		How Did- Build		
SONY	386	The Golden Voyage of Sinbad ★★ ('73)				20 Million Miles to Earth ('57) (:31) Gloria ('99, Crime Drama) Sharon Stone				(:25) Into the Grizzly Maze ('14)				(2:58) Summer Job ★				
SUND-E	358	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Columbo		Columbo		
SYFY	122	(:10) Quantum Leap		(:15) Quantum Leap		(:20) Quantum Leap		(:25) Quantum Leap		(:33) Quantum Leap		(:40) Quantum Leap		(:45) Quantum Leap				
TBN	260	Mother's Day		Mother's Day		Greenberg	Centerpoint	Praise	Prince	Robert	Gaither	Jason	Watchman	Insights	Gospel	Xtreme Life		
TBS	139	The Nutty Professor ★★ ('96, Comedy)				Nutty Professor II: The Klumps				Full Frontal (12:10) The Nutty Professor ('96, Comedy)		(:10) Nutty Professor II: The Klumps ('00)						
TCM	132	Earth vs. the Flying Saucers ('56) (:45) The Thing ('82, Horror) Kurt Russell		(:45) Invasion of the Body Snatchers ('78, Science Fiction)		The Velvet Vampire ('71, Horror)		Hunger										
TLC	183	90 Day Fiancé (N)			90 Day	The Family Chantel		90 Day	90 Day Fiancé		90 Day		The Family Chantel		90 Day			
TMC-W	329	Flashdance ('83, Drama) 'R' (:35) Run Lola Run ('98) 'R'			Violet ('21, Drama) Olivia Munn 'R' (:35) Gloria Bell ('18, Romance-Comedy) 'R'		The Light of the Moon ('17) 'NR'											
TNT	138	San Andreas ('15, Action) Dwayne Johnson				All Elite Wrestling		Titans Trigon		Watchmen ★★ ('09, Action) Billy Crudup, Malin Akerman				NCIS: New Orleans				
TRU	242	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jokes	Jokes	Jokes	Jokes		
TRVL	196	Ghost Adventures		Ghost Adventures Encountering the Wicked (N)				Ghost Adventures		Ghost Adventures		Ghost Adventures Encountering the Wicked				Ghost Adventures		
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	Mom	Mom	Mom	Mom		
UP	188	Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Gilmore Girls		Paid Programs		
USA	105	Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Dateline		Dateline		
WE	128	Mama June- Not to Hot		Mama June- Not to Hot		Mama June- Not to Hot		Mama June- Not to Hot		(12:01) Brat Loves Judy		Mama June- Not to Hot		Mama June- Not to Hot		Mama June- Not to Hot		
LOCAL NETWORKS																		
ABC-E	Shark Tank				20/20 (N)				Local Prog. (:35) Jimmy Kimmel Live!		Nightline (N)		Local Programs					
CBS-E	S.W.A.T. Donor			Magnum P.I.		Blue Bloods		Local Prog. Late Show-Colbert		James Corden		Local Programs						
CW-E	Penn & Teller: Fool Us			Dynasty (N)		Local Programs												
FOX-E	WWE Friday Night SmackDown (L)				Local Programs													
NBC-E	American Ninja Warrior				Dateline NBC (N)		Local Prog. Tonight Show-J. Fallon		Late Night-Seth Meyers		News		Top Story With		1st Look	1st Look		
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone	Hitchcock	Hitchcock	(:05) Mannix		(:05) Cannon Pilot			
ABC-W	Local Programs			News		Local Programs		Shark Tank		(12:01) 20/20 (N)				Local Prog. (:35) Jimmy Kimmel Live!		Nightline (N)		
CBS-W	Local Programs			News		Local Programs		S.W.A.T. Donor		Magnum P.I.		Blue Bloods		Local Prog. Late Show-Colbert		Corden		
CW-W	Local Programs			Penn & Teller: Fool Us		Dynasty (N)		Local Programs										
FOX-W	Local Programs			WWE Friday Night SmackDown (N)		Local Programs												
NBC-W	Local Prog.	News	Local Programs		Local Programs		American Ninja Warrior				Dateline NBC (N)		Local Prog.	Tonight Show-J. Fallon	Meyers			
PBS	Wash	Hoover	Great American		Anthems	Antiques	Amanpour-Co		Wash	Hoover	Great American		Anthems	Antiques	America Outdoors			

		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30		
EASTERN		4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30		
CENTRAL		3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30		
MOUNTAIN		2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30		
PACIFIC		1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30		
PREMIUM MOVIES																			
HBO	HBO-E	310	«Extraction» (25) Those Who Wish Me Dead 'R'			«10» Snitch ★★ (13, Crime Drama) 'PG-13'			«05» Next ★★ (07) 'PG-13'			«45» The X-Files: I Want to Believe (08)			Hellboy				
	HBO2	312	«Queens» (20) Godzilla vs. Kong (21)			«15» Queen of the World			«20» Tootsie (82, Comedy) Dustin Hoffman 'PG'			«20» Moonrise Kingdom (12)			REAL Sports				
	HBO5	314	«10» Greenland ★★ (20, Action) 'PG-13'			«10» At First Sight ★★ (99, Romance) Val Kilmer 'PG-13'			«20» Like Crazy (11) 'PG-13'			«9:55» Atonement ★★ (07, Drama) 'R'							
	HBOF	315	«Defending Your Life (91) 'PG' Can't Do			Igor ★★ (08, Children's) 'PG'			«26» The Freshman (90) 'PG'			«09» Alvin and the Chipmunks			«41» The Wild Thornberrys Movie				
MAX	MAX	307	«Boy Erased (18) 'R' (4:50) Oblivion (13, Science Fiction) 'PG-13'			«6:55» Mimic 2 (01, Horror) 'R'			«18» The Happening ★ (08) 'R'			«9:50» Jennifer Eight ★★ (92, Suspense) 'R'							
	5MAX	308	«Le Divorce» (27) Hearts in Atlantis ★★ (01)			«08» Baby Boom ★★ (87, Comedy) 'PG'			Storybook (18) Moonstruck (87) Cher 'PG'			Best in Show (00) 'PG-13'			Vanilla				
	MMAX	309	«War on Everyone (16) (15) Phone Booth ★★ (02) 'R' (36)			Serving Sara ★ (02, Comedy) 'PG-13'			«16» Take Me Home Tonight (11)			Popstar: Never Stop			Jumper				
SHOWTIME	SHO-E	318	«Terminatr The Naked Gun: Police Squad			Mission: Impossible III (06, Action) 'PG-13'			«15» The Mexican (01, Comedy-Drama) Brad Pitt 'R'			«25» Mad Max (79, Action) 'R'							
	SHO2	320	«Road Trip ★★ (00, Comedy) 'R' (20) Laggies ★★ (14) 'R'			How to Lose a Guy in 10 Days (03) 'PG-13'			13 Minutes (21, Suspense) Amy Smart 'PG-13'			«10:55» The Contractor							
	SHOBET	321	«Richard Pryor» Down to Earth ★★ (01) 'PG-13'			«40» A Most Violent Year ★★ (14, Crime Drama) 'R'			Night Catches Us (10, Drama) 'R'			Selma (14) David Oyelowo 'PG-13'							
	SHOX	322	«Tusk (14, Horror) 'R' (15) Volition (19, Science Fiction) 'NR'			Beverly Hills Ninja (97) 'PG-13'			Come Play (20, Horror) 'PG-13'			Blackout Megalodon Rising (21) 'NR'							
	SHOS	323	«Crumb (94) 'R' Waves (19, Drama) Kelvin Harrison Jr. 'R'			«15» Parenthood (89, Comedy-Drama) Steve Martin 'PG-13'			The War With Grandpa (20) 'PG'			Elizabeth: Part							
	TMC	327	«The Adderall Diaries» Orson The Farewell (19) Awkwafina 'PG'			«10» Out of Africa ★★ (85, Romance) Meryl Streep 'PG'			The Florida Project ★★ (17, Drama) 'R'										
STARZ	FLIX-E	333	«Shuttlecock» Scrambled (25) Mirror Mirror (12) 'PG'			«15» Mother ★★ (96, Comedy) 'PG-13'			Stir Crazy (80, Comedy) Gene Wilder 'R'			«10:55» The Jerk (79)							
	ENCR-E	340	«The Trust» (32) John Tucker Must Die (06) (06) Feel the Noise (07) 'PG-13'			«40» Hook ★★ (91, Children's) Dustin Hoffman 'PG'			«06» Empire Records (95) 'PG-13'			Stran Wild							
	STARZ-E	350	«Escape Room» (07) Oz the Great and Powerful (13, Children's) 'PG'			«21» Planet 51 (09, Children's) 'PG' (6:53) Land of the Lost ★★ (09) (38) Notting Hill (99) 'PG-13'													
	STRZED	352	«Venom: Let There Be Carnage» Ghislaine Maxwell? (23) Spider-Man: Homecoming (17) 'PG-13'			«25» Ghost Rider: Spirit of Vengeance (11) (18) Thor: The Dark World (13)													
	STRZCI	353	«The Human Factor» (19, Documentary) 'PG-13'			«7:52» Here Today (21, Comedy-Drama) 'PG-13'			«9:51» Schindler's List (93, Historical Drama) 'R'										
	STRZCO	354	«M. Lawr M. Lawr (4:49) About Last Night (14) 'R' (32) Jersey Girl (04, Romance-Comedy) 'PG-13'			«17» Grown Ups 2 ★ (13) 'PG-13'			Party Party Men in Black										
EPIX	STRZIB	355	«The Equalizer 2 (18) (4:47) A Journal for Jordan ★★ (21) 'PG-13'			«How Stella Got Her Groove Back (98) 'R' (07) Guess Who ★★ (05, Comedy) 'PG-13'			«10:54» Monster Hunter										
	STRZKF	356	«Brilliant Young» (14) Osmosis Jones ★★ (01, Children's) 'PG'			«6:51» Dreambuilders (13) Flicka 2 (10, Children's) 'PG'			«9:51» A Brilliant Young Mind (14) Little Rasc										
EPIX	EPIX	380	«Stonewall ★★ (15) Bound ★★ (96, Suspense) Jennifer Tilly (6:50) Jungleland (19, Drama) Summer Days, Summer Nights			Bridge Bridge Bridge Bridge													
	EPIX2	381	«10» Hamburger Hill (87, War) Anthony Barille Switchback ★★ (97, Suspense) Dennis Quaid True Grit ★★ (69, Western) John Wayne (10) Candyman (21, Horror) Quiet II																
	EPIXH	382	«Allied (16) (25) Gully (19, Suspense) (5:50) Red Dawn ★★ (12, Action) (25) The Assault (17) (40) Inherit the Viper (19) (05) Wrath of Man (21, Action) Jason Statham																
	EPIXDR	292	«Drillbit» (20) Wayne's World 2 (93) (5:55) Blue Chips (94, Drama) (4:5) Eye of the Needle ★★ (81, Suspense) (40) Fire in the Sky (93, Drama) D.B. Sweeney Hansel																
AMERICA'S TOP PROGRAMMING																			
A&E	118	Paid Programs						Zombie House Flipping		Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	
AHC	195	Almost, Away		American Gangster		Evolution of Evil		Evolution of Evil		Evolution of Evil		Weaponology		Weaponology		Almost, Away			
AMC	131	«Break-Bad» (25) Breaking Bad		«33» Breaking Bad ABQ (41) Breaking Bad No Mas				(7:49) Breaking Bad		(8:57) Breaking Bad		(05) Breaking Bad		(13) Breaking Bad Mas					
APL	184	Tankd		Tankd		Last Frontier		Last Frontier		Last Frontier		Last Frontier		Last Frontier		Last Frontier			
AXSTV	167	Paid Programs						The Day		Paid Programs		Wahlburgers		Wahlburgers					
BBCA	135	«Red October»		Stooges		Stooges		Hidden		Hidden		Meerkat		Meerkat		Meerkat			
BET	124	Browns		Browns		Payne		Payne		Payne		Live Single		Live Single		Martin			
BOUNCE	359	Scandal Thwack!		The Game		The Game		Wendy Williams Show		Bl'k Forum		Black Quiz		Diff. World		Diff. World			
BRAVO	129	Watch What Happens Live		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck			
BUZZR	245	Match		Match		Match		Paid Programs				Hidden		Price		(10) The Price Is Right			
CIHD	249	American Justice		American Justice		Paid Programs				The Big House		The Big House Folsom		The Big House		The Big House			
CMT	166	CMT Music		CMT Music		CMT Music		CMT Music		CMT Music		Hot 20 Countdown (N)							
CNBC	208	Shepard Smith		American Greed		Options		Paid Programs								Paid Prog.			
CNN	200	CNN Newsroom Live (L)		CNN Newsroom Live (L)		New Day We		New Day We		New Day We		CNN Newsroom		CNN Newsroom		CNN Newsroom			
COM	107	Creek		Creek		Paid Programs		Seinfeld		Seinfeld		Seinfeld		Seinfeld		Seinfeld			
COMET	289	Paid Programs										Paid Programs				Nt. Gallery			
COOK	113	Paid Programs						Unique		Unique		Unique		Fire Masters		Fire Masters			
DISC	182	Josh Gates Tonight		Adventure		Auction		Locations		Sport		Major League Fishing		Homestead Rescue		Homestead Rescue			
DFC	179	Kit. Crash		Kit. Crash		Puppies		Puppies		My Little Pony Equestria Girls		My Little Pony Equestria Girls		My Little Pony: Rainbow Roadtrip		My Little Pony			
DISN-E	172	Austin		Bunk'd		Bunk'd		Big City		Ladybug		Ladybug		DuckTales		Amphibia			
ENCR-W	341	«Snow White and the Huntsman (12) 'PG-13' (5:56) The Trust (16) 'R' (32) John Tucker Must Die (06) (06) Feel the Noise (07) 'PG-13' (40) Hook (91, Children's) 'PG'																	
EWESTN	342	«Warlock (59) 'NR' (4:52) The Appaloosa (66) 'NR' (32) Rawhide (51, Western) 'NR' Rooster Cogburn ★★ (75, Western) 'PG' Ten Wanted Men (11) The Appaloosa																	
EACTN	343	«Hero Wanted (08) 'R' (07) City of Ember (08) 'PG' (45) After Earth (13, Science Fiction) 'PG-13' (28) Season of the Witch (11) (05) In Too Deep ★★ (99) 'R' Haywire																	
ESUSP	344	Sherlock Holmes (20) Hammer (19) (42) Suicide Kings (97, Crime Drama) 'R' (31) Night of the Living Dead 'NR' (09) The Ghost and the Darkness (96) 'R'																	
EBLACK	345	«Deuce Eur (33) Lila & Eve (15, Suspense) 'R' (09) The Brothers (01, Comedy-Drama) 'R' (7:54) No Good Deed (02) 'R' (34) Shot Caller (17, Crime Drama) 'R' Meet Evil																	
ECLASS	346	«13» The Abyss (89, Science Fiction) Ed Harris 'PG-13' (35) Mercury Rising ★★ (98, Suspense) 'R' (29) Spy Game ★★ (01, Suspense) 'R' (38) Copycat (95, Suspense) 'R'																	
EFAMLY	347	«Grace The Snow Queen: Mirrorlands Strike (19, Adventure) 'NR' (44) Camp Arrowhead (20) 'NR' (08) Grace Unplugged ★★ (13, Drama) 'PG' Bon Voyage																	
ESPN	140	SportsCenter		SportsCenter		SportsCenter		SportsCenter (L)		Breakfast at Wimbledon (L)		🏏 2022 Wimbledon Championships Ladies' Final/Men's Doubles Final (L)							
ESPN2	143	«UFC Event» NFL Live		Max		UFC		Formula 1 Racing		UFC Live		SportsCenter (L)		Outside the Lines		SportCtr			
EWTN	261	Savoring Icons		Catholic		Catholics		Aquinas		Religious		St. Michael		Rosary		Daily Mass (L)			
FETV	82	Bewitched		Bewitched		McCoys		McCoys		Paid Programs		Hillbillies		Hillbillies		Hillbillies			
FMC	387	«Blue Steel (45) Born to the West ★★ (38) The Man From Utah The Lucky Texan (34) The Devil at 4 O'Clock (61, Adventure) Spencer Tracy (45) East of Borneo ★★ (31)																	
FNC	205	Hannity		The Five		FOX and Friends Saturday (L)										Cavuto Live (L)			
FOOD	110	Diners		Diners		Paid Programs		Be My		Be My		The Kitchen		Duff: Ace		Duff: Ace			
FREFM	180	Paid Programs						Rookie of the Year (93, Children's) Thomas Ian Nicholas		The Sandlot ★★ (93, Children's) Thomas Guiry									
FS1	150	TMZ (N)		TMZ Sports		🏈 AFL Premiership Football St. Kilda Saints vs Fremantle Dockers (L)		ARCA Racing Series Mid-Ohio						NASCAR Race Hub		Motorcycle Race			

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING																		
FX	136	X-Men: Dark Phoenix ★★ ('19, Action)				Paid Programs		Mom	Mom	Mom	Family Guy	Family Guy	Family Guy	Family Guy	TBA			
FXM	384	Sandlot (45) The Day Mars Invaded Earth				Berlin Correspondent		A Nice Little Bank			(45) Daddy Long Legs ('55, Musical)		Fred Astaire 'NR'		Magnificent Men			
FXN	125	Paid Programs					Get Out ★★ ★★ ('17, Horror)			Daniel Kaluuya		Don't Let Go ★★ ('19, Suspense)					David Oyelowo	
GETTV	373	Catch 21	Catch 21	Tug	Winsanity	Inspiration Ministries		Paid Programs			Curios -ity	Curios -ity	Laredo	Here Come the Brides				
GMSHW	116	Paid Programs								America		America	America	America	Chain Rea		Chain Rea.	
GOLF	401	Sr. Players Ch.		Golf C'tral	Golf C'tral	PGA Tour Golf Barbasol Championship, Second Round					Golf Central Pregame (L)		PGA Golf					
GRIT	217	Paid Programs				The Virginian				Price of Love		Death Vall.	Death Vall.	Laramie Glory Road		Gun Belt ('53, Western)		George Montgomery
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Coyote Creek Christmas ('21, Romance)				
HALLDR	186	The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons		The Waltons
HALLMV	187	Monk Scouting trip.		Monk		Monk		Monk (Part 1 of 2)		Monk (Part 2 of 2)		Monk (Part 1 of 2)		Monk (Part 2 of 2)		Morning		
HDMOV	130	Paid Programs								The Legend of Billie Jean ★★ ('85, Drama)		(950) Red River ('48, Western)		John Wayne				
HERIC	293	The District Convictions		The District Payback		Superman	Superman	Renegade		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Wonder Woman		
HGTV	112	Paid Programs					Bargain Block			Bargain Block		Bargain Block		Bargain Block		Bargain Block		
HIST	120	Paid Programs					Mountain Men			Mountain Men		Mountain Men		Mountain Men		Mountain Men		
ID	192	Evil Lives Here		Evil Lives Here		Evil Lives Here		Murder by Numbers		Murder by Numbers		Murder by Numbers		Fear Thy Roommate		Fear Thy Roommate		
IFC	133	21 Jump Focus ★★ ★ ('15, Comedy-Drama)		Will Smith		My Super Ex-Girlfriend ('06, Romance-Comedy)		(15) The Bounty Hunter ★★ ('10, Romance-Comedy)		(15) The Bounty Hunter ★★ ('10, Romance-Comedy)		(15) The Bounty Hunter ★★ ('10, Romance-Comedy)		(15) The Bounty Hunter ★★ ('10, Romance-Comedy)		Get Hard		
LAFF	237	Paid Programs				Videos	Funniest	How I Met	How I Met	Jim	Jim	Home Imp.	Home Imp.	Home Imp.	Home Imp.	Nt. Court	Nt. Court	
LIFE	108	Paid Programs										Paid Programs		TextMeWhen				
LMN	109	Paid Programs				Killer Inspiration ('18, Suspense)			Erin Cahill		Killer Reputation ('19, Suspense)		Mark Lawson		The Art of Murder ('18, Crime Drama)			
MAGN	111	Building Off the Grid		Building Off the Grid		Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Old House	Restoring Galveston		
MGMHD	385	Flawless ★★ ★ ('99, Comedy)				Robert De Niro		MGM HD Showcase		Casanova Brown ('44, Comedy)		Gary Cooper		(05) Pajama Party ★★ ('64, Musical Comedy)		Kid Galahad ('62)		
MOTOR	246	Bitchin' Rides		Bitchin' Rides		Roadkill	GearZ	Hot Rod	EveryDay	Roadkill	Classic Car	LOKAR	Junkyard	Car Fix	Garage			
MSNBC	209	Dateline Unbreakable		Dateline		Zerlina (N)		The Katie Phang Show (L)		Velshi (L)		Velshi (L)		The Cross Connection				With Tiffany Cross (L)
NATGEO	197	When Sharks Attack		When Sharks Attack		Paid Programs					Locked Up Abroad		Locked Up Abroad		Locked Up Abroad			
NGWLD	190	Paid Programs					The Incredible Dr. Pol			The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		
OUTD	396	Bill Dance	Outdr.	Fishing	Fishing	Gowdy	Lake	Zona's	A Fishing	Fisherman	Fishing	Conchs	BigWater	Andrews	Seahunter	Unfathom	Spear Life	
OWN	189	Ready to Love		Ready to Love		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Home Invasions
OXYG	127	Cold Justice		Cold Justice		Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		Mark of a Serial Killer		Mark of a Serial Killer		Living With a Serial Killer		Serial Killer		
PARMT	241	Paid Programs					NCIS			NCIS		NCIS		NCIS		NCIS		
POP	117	Time Traveler		Charmed		Charmed		Charmed		Charmed		Charmed		Charmed		Time Traveler		
REELZ	299	Paid Programs					Jimi Hendrix's Legacy		Jim Morrison's Legacy		Autopsy-Last		Bruce Dickinson: Iron Maiden Frontman		David Lee Roth: Van			
RFDTV	231	Paid Programs					Rural America Live		Red Ste.	DocTalk	Agribusiness		Cattlemen to Cattlemen		U.S. Farm Report (N)		Adventures	Mecum
SCI	193	If We Built It Today		If We Built It Today		Unearthed		Unearthed		Unearthed		Unearthed		Unearthed		Unearthed		
SMITH	367	Mighty Cruise Ships		Mighty Cruise Ships		Aerial America Georgia		Aerial America		Aerial America		Aerial America		Aerial America		Aerial America		
SONY	386	Summr Jb (35) Private Resort ('85, Comedy)		(06) One-Eyed Jacks ★★ ★ ('61, Western)		Marlon Brando		72 Hours		(05) The Golden Voyage of Sinbad ('73)		20 Million Mile						
SUND-E	358	Columbo		Andy G.		Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
SYFY	122	Quantum Leap		(455) Quantum Leap		Paid Programs			Twi. Zone		Twi. Zone	Twi. Zone	(32) Batman ★★ ★ ('89, Action)		Jack Nicholson			
TBN	260	Daniah	Jordan	Harbinger II		Rubin	Robert	Joel Osteen	Prince	VeggieTales			Joel Osteen		J. Prince	S. Furtick	Franklin	
TBS	139	TBS	Matters	Matters	Matters	American	American	American	American	American	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
TCM	132	The Hunger ('83)		Danger	Dishes	Skirts Ahoy! ★★ ★ ('52, Musical Comedy)			I Play Golf		Cyclone on Horseback		Flash		(08) Bomba on Panther Island		I'm Much	
TLC	183	Long Island Medium		Say Yes to the Dress		Seeking Sister Wife		Seeking Sister Wife		The Family Chantel		The Family Chantel		90 Day Diaries		90 Day Diaries		
TMC-W	329	(05) Beanpole ('19, Drama)		Viktoria Miroshnichenko 'NR'		The Adderall Diaries ('15) 'R'		Orson		The Farewell ('19) Awkwafina 'PG'		(10) Out of Africa ('85, Romance) 'PG'						
TNT	138	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		
TRU	242	World's Dumbest ...		World's Dumbest ...		Funniest	Funniest	Funniest	Funniest	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TRVL	196	Paid Programs					Food Paradise			Food Paradise		Food Paradise		Food Paradise		Food Paradise		
TVLND	106	Raymond	Raymond	Goldbergs	Goldbergs	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	
UP	188	Paid Programs					Heartland Quarantine			Heartland		Heartland		Little House on Prairie		Little House on Prairie		
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		NCIS Grace Period		NCIS Cover Story		2022 Tour de France Stage 8		Medium-mountain stage. From Dole to Lausanne. (N)						
WE	128	Mama June: Not to Hot		Paid Programs										NCIS Recovery		NCIS Phoenix		

NETWORKS		Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.																
ABC-E	Local Programs				Local Programs		Good Morning America (N)		Good Morning America (N)		Local Programs				Local Prog.			
CBS-E	Local Programs				Local Programs		Lucky (N)		Innovation	Mission	Hope-Wild	CBS Saturday Morning (N)			Pet Vet	All In		
CW-E	Local Programs				Local Programs		Local Prog.		Local Prog.	Into Wild	Into Wild	Into Wild	Into Wild	Open Rd	Ready-Pet	Local Programs		
FOX-E	Local Programs				Local Programs				Local Programs		Local Programs							
NBC-E	1st Look	Local Programs			Local Programs		Today (N)			News-Kids		Local Programs		Earth Ody.	Earth Ody.	Wild (N)	One Team	
METV	247*	(05) Barnaby Jones		Petticoat	Petticoat	Hillbillies	Hillbillies	Pink Panther's Party		The Tom and		Bugs Bunny (N)		Maverick		Wagon Train		
ABC-W	Local Programs										Good Morning America (N)		Good Morning America (N)		Local Prog.	Local Prog.		
CBS-W	Corden	Local Programs										Lucky (N)	Innovation	CBS Saturday Morning (N)				
CW-W	Local Programs											Local Programs		Local Prog.		Local Prog.	Into Wild	Into Wild
FOX-W	Local Programs											Local Programs						
NBC-W	Meyers	News	Top Story With		1st Look	1st Look	1st Look	Local Programs			Today (N)		News-Kids		Earth Ody.	Earth Ody.		
PBS	Great Muslim American		Old House	Old House	Mr. Rogers	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious		

	EASTERN	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30																																				
	CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30																																				
	MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30																																				
	PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30																																				
PREMIUM MOVIES																																																					
HBO	HBO-E	310	Hellboy '04, Fantasy 'PG-13'		(40) The World's End '13, Comedy 'R'		(35) Colossal '16, Comedy Anne Hathaway 'R'		(25) Nightmare Alley '21, Suspense Bradley Cooper 'R'																																												
	HBO2	312	Bad Words '14 Jason Bateman 'R'		Godzilla vs. Kong '21, Science Fiction 'PG-13'		Sam Jay		Chef '14, Comedy-Drama Jon Favreau 'R'		(5:55) TBA		(4:5) The King's Man '21 'R'																																								
	HBO5	314	Judas and the Black Messiah '21 'R'		(10) The Loving Story '11 'NR'		(4:5) King Richard '21, Biography Will Smith 'PG-13'		(10) Irma Vep		(05) Memento '00 'R'																																										
	HBOF	315	(07) Paulie '98, Children's 'PG'		(39) Rio 2 ★★ '14, Children's 'G'		(21) Prancer '89, Children's 'G'		(05) The Secret Life of Walter Mitty '13 'PG'		Dr. Dolittle 3 '06																																										
MAX	MAX	307	The Faculty '98, Horror 'R'		Seeking a Friend for the End of the World		(25) Chaplin '92, Biography Robert Downey Jr. 'PG-13'		(5:50) Extremely Loud & Incredibly Close '11																																												
	5MAX	308	Vanilla Sky '01, Suspense Tom Cruise 'R'		(1:47) Something New ★★ '06		(27) Soul Food '97, Comedy-Drama 'R'		(22) Never Let Me Go '10 'R'		(06) Let Him Go '20																																										
	MMAX	309	Jumper '08 'PG-13' (12:50) Biker Boyz '03 'PG-13'		(41) Jackie Brown ★★ '97, Crime Drama Pam Grier 'R'		(16) Riddick '13, Science Fiction 'R'		(15) Reindeer Games																																												
	SHO-E	318	Man Who Fell		Set It Off '96, Action Jada Pinkett 'R'		(15) Shooter ★★ '07, Action Mark Wahlberg 'R'		(25) Deadlock '21, Action 'R'		The Chi																																										
SHOWTIME	SHO2	320	Contractor (40) Stillwater ★★ '21, Drama Matt Damon 'R'		The Chi		Flatbush		Lady Bird '17, Comedy-Drama 'R'		(10) Lamb '21, Horror Noomi Rapace 'R'		Waves '19, Drama 'R'																																								
	SHOBET	321	Selma (40) Talkin' Dirty After Dark '91		(10) Useless Humans '20 'NR'		We Hunt		(15) We Hunt Together		Hav Plenty ★★ '97 'R'																																										
	SHOX	322	Layer Cake '04, Crime Drama 'R'		(45) The Survivalist '21, Action 'R'		(15) Old Henry '21, Western Scott Haze 'NR'		Indiana Jones and the Raiders of the		Indiana Jones																																										
	SHOS	323	Elizabeth Spotlight		Norman: Moderate Rise and Tragic Fall		Double Impact ★★ '91, Action 'R'		(4:50) The Green Knight '21, Fantasy 'R'		Braveheart '95 'R'																																										
TMC	327	August: Osage County '13 Meryl Streep 'R'		Match Point '05, Drama Scarlett Johansson 'R'		(05) Hide and Seek '21 'R'		The Guest '14, Action 'R'		Werewolves Within																																											
FLIX-E	333	The Jerk Fear of a Black Hat '93 'R'		A Thin Line Between Love and Hate '96 'R'		The Spectacular Now '13 'R'		(4:5) Jobs ★★ '13, Biography Ashton Kutcher 'PG-13'																																													
STARZ	ENCR-E	340	Strange Wilderness (08) Knocked Up '07, Romance-Comedy Seth Rogen 'R'		(20) Boyz n the Hood '91, Drama 'R'		(16) John Tucker Must Die '06		Snow White																																												
	STARZ-E	350	Notting (4:5) Becoming Elizabeth		(1:47) You're Next '11, Horror 'R'		(25) Die Hard With a Vengeance '95 'R'		(37) Shutter Island '10, Suspense Leonardo DiCaprio 'R'																																												
	STRZED	352	(13) The Amazing Spider-Man 2 '14, Action 'PG-13'		(37) Iron Man 3 '13, Action Robert Downey Jr. 'PG-13'		(4:50) Spider-Man: Homecoming '17 'PG-13'		Thor: The Dark World																																												
	STRZCI	353	Schindler's List '93		(09) The Curious Case of Benjamin Button '08, Fantasy 'PG-13'		Becoming Elizabeth		(4:59) Brideshead Revisited '08 'PG-13'		Ghislaine Maxwell?																																										
STRZCO	354	Men in Black		(12:58) My Stepmother Is an Alien '88		(2:48) About Last Night '14 'R'		(31) Daddy and Them '01 'R'		(15) Jersey Girl '04, Romance-Comedy 'PG-13'																																											
STRZIB	355	Monster (40) A Journal for Jordan ★★ '21, Drama 'PG-13'		(2:54) Tyler Perry's the Family That Preys '08		(4:46) White House Down '13, Action 'PG-13'		Power																																													
STRZKF	356	The Little Rascals '94		(08) Capture the Flag '15 'PG'		(4:4) 12 Mighty Orphans ★★ '21 'PG-13'		(4:4) Flicka 2 '10, Children's 'PG'		(22) Monkey Trouble '94 'PG'																																											
EPIX	EPIX	380	Bridge		(15) House of Gucci ★★ '21, Drama Lady Gaga, Adam Driver		(3:55) Shaft ★★ '00, Action		(35) Skyfall ★★ '12, Action Daniel Craig, Judi Dench																																												
	EPIX2	381	A Quiet Place Part II '21, Horror		(25) A Night at the Roxbury '98		(2:50) Heaven Can Wait '78		(35) Spontaneous ★★ '20, Comedy		(20) Sonic the Hedgehog '20																																										
	EPIXH	382	(05) Jack Reacher ★★ '12, Action Tom Cruise		(20) The Sum of All Fears '02, Suspense		(25) Mermaids '90, Comedy-Drama Cher		(20) The Guilt Trip '12, Comedy																																												
	EPIXDR	292	Hansel & Gretel		Aeon Flux '05, Science Fiction		(35) Event Horizon ★★ '97		(15) Case 39 '09, Horror Renée Zellweger		(05) Jacob's Ladder '90, Horror Tim Robbins																																										
AMERICA'S TOP PROGRAMMING																																																					
A&E	118	Living		Living		Panic 9-1-1 I'm Dying		Panic 9-1-1		First Blood		The First 48		The First 48 M.I.A.		The First 48																																					
AHC	195	Almost, Away		Almost, Away		Almost, Away		Almost, Away		America: Facts		America: Facts		America: Facts		America: Facts																																					
AMC	131	Break-Bad (21) Breaking Bad		(29) Breaking Bad		(37) Breaking Bad		(4:5) Breaking Bad Kafkaesque		(4:53) Breaking Bad Fly		Breaking Bad Abiquiu		(09) Breaking Bad																																							
APL	184	Last Frontier		Last Frontier		Last Frontier		River Monsters		River Monsters		River Monsters		River Monsters		River Monsters																																					
AXSTV	167	Robert Plant		Classic Albums		Legends Legends		Classic Rock Live		Peter Frampton		AXS TV Concerts		AXS TV Concerts																																							
BBCA	135	Meerkat		Meerkat		Meerkat		Planet Earth		Planet Earth Mountains		Planet Earth Freshwater		Planet Earth Ice Worlds		Planet Earth Caves																																					
BET	124	Martin		Martin		Martin		Life ★★ '99, Comedy-Drama Eddie Murphy, Martin Lawrence		TBA																																											
BOUNCE	359	Diff. World		Diff. World		Diff. World		Diff. World		Amos & Andrew '93, Comedy Nicolas Cage													Judgment Day ★★ '99, Action Ice-T		Above the Law '88, Action Steven Seagal																												
BRAVO	129	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck													Below Deck		Below Deck		Below Deck																										
BUZZR	245	Price		Match		Match		Match		Match													Concen.		Concen.		Card																										
CIHD	249	Cajun		Cajun		Cajun		Cajun		My Evil Sister													My Evil Sister		Crime 360 Payback		Crime 360 Killing Spree																										
CMT	166	Tombstone ★★ '93, Western Kurt Russell, Val Kilmer		Silverado ★★ '85, Western Kevin Kline, Scott Glenn		Tombstone ★★ '93, Western Kurt Russell																																															
CNBC	208	Monster Jam		Monster Jam		Paid Programs																	Undercover Boss		Undercover Boss Orkin		Undercover Boss		Undercover Boss		Undercover Boss																						
CNN	200	CNN Newsroom		CNN Newsroom		CNN Newsroom																	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom																						
COM	107	Seinfeld		Seinfeld		Seinfeld																	Seinfeld		Seinfeld		Seinfeld		Seinfeld		Seinfeld																						
COMET	289	Nt. Gallery		(42) Night Gallery		Nt. Gallery																	Nt. Gallery		Ghoulies ★★ '85, Horror Peter Liapis		Ghoulies II ★★ '88, Horror Damon Martin		Teen Wolf ★★ '85																								
COOK	113	Man's Greatest Food		Man Fire		Man Fire																	Man Fire		Man Fire		Good Eats		Good Eats		Iron Chef America																						
DISC	182	Homestead Rescue		Homestead Rescue		Homestead Rescue																	Homestead Rescue		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown																						
DFC	179	Lil Pony		My Little Pony: Equestria Girls		Too Cute!																	Buddy's Bakery Rescue		Kids Baking		Ultimate Cake Off		Cake Boss		Cake Boss																						
DISN-E	172	Movie		Paddy		Roll With It																	Raven		Jessie		Jessie		Liv-Mad.		Raven																						
ENCR-W	341	Hook '91 'PG'		(06) Empire Records '95 'PG-13'		(40) Strange Wilderness '08 'R'												(10) Knocked Up '07, Romance-Comedy Seth Rogen 'R'		(20) Boyz n the Hood '91 'R'																																	
EWESTN	342	The Appaloosa '66		(12:52) I Saw the Light '15, Biography 'R'		(2:58) Rawhide '51, Western 'NR'												(27) Warlock ★★ '59, Western 'NR'		(31) Smoky '46, Western 'NR'																																	
EACTN	343	Haywire ★★ '11, Action 'R'		(17) After Earth ★★ '13 'PG-13'		(28) Redemption Day '21 'R'												(40) Game of Death ★★ '78, Adventure 'PG'		(21) In To Deep ★★ '99 'R'																																	
ESUSP	344	The Yards ★★ '00, Crime Drama 'R'		(1:59) A Perfect Getaway '09 'R'		(39) Suicide Kings '97, Crime Drama 'R'												(28) The Marine ★★ '06 'PG-13'		(02) The Yards '00 'R'																																	
EBLACK	345	Meeting Evil '11 'R'		(08) Lila & Eve '15, Suspense 'R'		(44) This Is the End ★★ '13, Comedy 'R'												(33) Men of Honor ★★ '00, Biography 'R'		(44) No Good Deed ★★ '02 'R'																																	
ECLASS	346	Copicat (4:3) Captain Phillips '13, Docudrama Tom Hanks 'PG-13'		(2:59) Mercury Rising ★★ '98, Suspense 'R'		(4:53) Lawless ★★ '12, Crime Drama 'R'												(6:51) Spy Game '01																																			
EFAMILY	347	Spy Kids-Time in the World		(40) The Pink Panther '06 'PG'		(14) The Pink Panther 2 '09, Comedy 'PG'												(4:48) Dragon Ball Super: Broly										Spy Kids-Time in the World																									
ESPN	140	2022 Wimbledon Championships Ladies' Final/Men's Doubles Final (L)		WNBA Skills		NBA Summer League Teams TBA (L)												UFC Fight Night - Prelims																																			
ESPN2	143	World Lacrosse Women's World Champ. UFC Live		UEFA Women's EURO 2022 Netherlands vs Sweden (L)		UFC Archival												NBA Summer League Teams TBA (L)																																			
EWTN	261	Daily Mass		Religious		Dominican												Saint Benedict																		Chaplet		Rosary		Called to Communion		Catechism											
FETV	82	Rawhide (Part 1 of 2)		Rawhide (Part 2 of 2)		Rawhide												Ranger																		Ranger		Ranger		Ranger		Mannix Desert Run											
FMC	387	(1:15) Bird of Paradise ★★ '32, Romance		Mr. Robinson Crusoe ★★ '32		Blue Steel ★★ '34												(4:5) Born to the West ★★ '38																		Arizona Days ★ '37		Cheyenne Ride															
FNC	205	Fox News Live (L)		Fox News Live (L)		Journal Editorial Report												Fox News Live (L)																		The Big Saturday Show (L)		Fox Report						Gutfeld!									
FOOD	110	Symon		Symon		Beachside Brawl												Guy: Hawaiian Style																		Guy: Hawaiian Style		Guy: Hawaiian Style						Diners		Diners							
FREEF	180	Madagascar ★★ '05, Children's		Tarzan ★★ '99, Children's		(10) Monsters, Inc. ★★ '01, Children's												(1:15) The Office																		The Office		The Office															
FS1	150	Motorcycle Race		RaceDay		NASCAR Truck Series		MLB Baseball Tampa Bay Rays at Cincinnati Reds (L)		MLS Soccer																																											

DIG (00:00) = Based on Eastern Time. *MeTV channel numbers vary depending on local market. **53**

		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30																	
EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30																	
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30																	
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30																	
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30																	
PREMIUM MOVIES																																		
HBO	HBO-E	310	The Other Woman ('14) Cameron Diaz 'PG-13'			Westworld ('45) Westworld			Sam Jay ('12-10) West Side Story ★★ ★★ ('21, Musical) Ansel Elgort 'PG-13'			(2:50) Thoroughbreds																						
	HBO2	312	The King's Man ('21) The Bourne Identity ('02, Action) 'PG-13'			The Bourne Supremacy ('04, Action) 'PG-13'			(12:50) Blue Bayou ('21, Drama) Justin Chon 'R'			Sam Jay Lottery																						
	HBO5	314	Memento ('00) 'R' The Missing ★★ ★★ ('03, Western) Tommy Lee Jones 'R' (20) Non-Stop ('14, Action) 'PG-13'			(10) Lone Survivor ★★ ★★ ('13, War) 'R'			For Good Time																									
	HBOF	315	Dolittle 3 (35) Good Deeds ★★ ('12, Drama) 'PG-13'			(25) The New Mutants ★★ ★★ ('20) Jurassic Park ('93, Adventure) 'PG-13'			(10:07) The Holiday ('06) Cameron Diaz 'PG-13'																									
MAX	MAX	307	News of the World ('20, Western) 'PG-13'			Joe Versus the Volcano ('90) 'PG' (44) Freaky ('20, Horror) Vince Vaughn 'R'			(28) Reasonable Doubt ('14) 'R' Weightless ('17) 'R'																									
	5MAX	308	Let Him Go ('20) 'R' Cold Pursuit ('19, Action) Liam Neeson 'R' (10:59) The Wood ('99, Drama) Omar Epps 'R' (12:46) She's All That ('99) 'PG-13'			(22) I Heart Huckabees ('04) 'R'																												
	MMAX	309	Reindeer Games ('00) First Blood ('82, Action) 'R' (34) Rambo: First Blood Part II 'R' (12:11) Rambo III ★★ ★★ ('88, Action) 'R'			(1:54) Escape Plan 2: Hades ('18) Gonna																												
	SHO-E	318	The Chi			Boxing Mark Magsayo vs. Rey Vargas (L)			The Chi			The Chi			Man Who Fell Crank 'R'																			
SHOWTIME	SHO2	320	The Contractor ('22, Action) 'R' (45) Stillwater ★★ ★★ ('21, Drama) Matt Damon 'R'			(12:05) 13 Minutes ('21, Suspense) 'PG-13'			We Hunt (45) We Hunt Together Terminatr																									
	SHOBET	321	Waves ('19, Drama) 'R' The Chi			Man Who Fell Snipes ★★ ★★ ('01, Suspense) Sam Jones III 'R' Robot Apocalypse ('21) 'NR'			Complicit ('13, Crime Drama) 'NR'																									
	SHOX	322	Indiana Jones Indiana Jones and the Last Crusade ('89) Indiana Jones and Crystal Skull			Spotlights Boxing Mark Magsayo vs. Rey Vargas																												
	SHOS	323	Braveheart ('95, Historical Drama) 'R' Pulp Fiction ('94, Crime Drama) John Travolta 'R'			(35) The Witch ('15, Horror) 'R' (10) The Green Knight ('21, Fantasy) 'R'																												
FLIX-E	TMC	327	Werewolves Within Piranha ★★ ★★ ('10, Horror) 'R' Aquarium of the Dead ('21) 'NR' Piranha ★★ ★★ ('10, Horror) 'R'			Aquarium of the Dead ('21) 'NR' Becky ('20, Action) 'R'																												
	FLIX-E	333	Up in the Air ('09, Comedy-Drama) 'R' Bounce ★★ ★★ ('00, Romance) 'PG-13'			Texas Rangers ★★ ('01) 'PG-13' (35) Meek's Cutoff ★★ ★★ ('10, Western) 'PG' Heartworn																												
	ENCR-E	340	Snow White Knocked Up ('07, Romance-Comedy) 'R' (13) The Kid Detective ('20, Comedy) 'R'			(12:57) Scream 4 ★★ ★★ ('11, Horror) 'R'			(2:52) Empire Records																									
	STARZ-E	350	Becoming Elizabeth Venom: Let There Be Carnage (43) P-Valley White Knights			(11:50) Colombiana ('11) 'PG-13' (42) P-Valley White Knights			Jumping the Broom																									
STARZ	STRZED	352	Thor: The Dark World P-Valley White Knights (06) Venom ('18, Action) Tom Hardy 'PG-13'			(12:02) The Amazing Spider-Man 2 ('14, Action) 'PG-13' (29) P-Valley			Becoming																									
	STRZCI	353	(08) Jimmy's Hall ('14) Barry Ward 'PG-13'			Becoming Elizabeth Schindler's List ★★ ★★ ('93, Historical Drama) Liam Neeson, Ben Kingsley 'R'			Ghislaine (13) Final Portrait ('17)																									
	STRZCO	354	Men in Black: International ('19) 'PG-13' (9:57) About Last Night ('14) 'R' (40) Let's Go to Prison ('06) 'R' (13) Envy ('04, Comedy) Ben Stiller 'PG-13'			The Monster Squad																												
	STRZIB	355	Power Damage Control (8:59) Power			Power Second Chances A Journal for Jordan ★★ ('21, Drama) 'PG-13'			(16) The Hurricane ★★ ★★ ('99, Drama) 'R' Monster																									
EPHX	STRZKF	356	Osmosis Jones ★★ ('01) 'PG' (36) A Brilliant Young Mind ('14) 'PG-13'			(29) 12 Mighty Orphans ★★ ★★ ('21) 'PG-13' (28) Monkey Trouble ('94) 'PG' (06) On the Line ('01)																												
	EPIX	380	No Time to Die ★★ ★★ ('21, Action) Daniel Craig (45) Patriot Games ★★ ★★ ('92, Suspense) (45) No Time to Die ★★ ★★ ('21, Action) Daniel Craig, Rami Malek			Babysitter																												
	EPIX2	381	Sonic the Hedgehog 2 ★★ ★★ ('22, Comedy) (05) Shanghai Noon ('00, Comedy) Jackie Chan			Bill & Ted Face the Music ('20) (35) Head of State ('03, Comedy) (15) Sabrina ('95)																												
	EPIXH	382	The Lost City ★★ ★★ ('22, Romance-Comedy) (9:55) The Wolf of Wall Street ('13, Biography) Leonardo DiCaprio			(12:55) Dirty Grandpa ★★ ('16) (40) The Guilt Trip ('12, Comedy)																												
EPIXDR	EPIXDR	292	The Haunting ★★ ('99, Horror) Liam Neeson (9:55) The Mask of Zorro ('98, Adventure)			(12:15) Four Feathers ★★ ('02, Adventure) Heath Ledger Jacob's Ladder ('90, Horror)																												
	AMERICA'S TOP PROGRAMMING																																	
	A&E	118	The First 48			First Blood (N)			Panic 9-1-1 (N) (04) The First 48			The First 48			(03) First Blood (04) Panic 9-1-1 (05) The First 48																			
	AHC	195	The Mob's Assassin			Mafia vs. JFK			Real Don of New York			The Mafia Kingpin			The Mob's Assassin			Mafia vs. JFK			Real Don of New York			The Mafia Kingpin										
AMC	131	Break-Bad! (17) Breaking Bad			(25) Breaking Bad			(33) Breaking Bad			(39) Breaking Bad			(45) Breaking Bad			Bullet Points			(14:49) Breaking Bad (25:7) Breaking Bad														
APL	184	River Monsters: Deadliest Man-Eaters (N)			Shark Academy (N)			River Monsters			River Monsters: Deadliest Man-Eaters			Shark Academy			River Monsters																	
AXSTV	167	The Who: Tommy: Royal Albert			Sensation: The Story of The Who's			Rush: The Rise of Kings 1968-1981			Legends			Legends			Legends			Best-'70s Best-'70s														
BBCA	135	Robin Hood: Prince of Thieves ★★ ★★ ('91, Adventure) Kevin Costner			Cliffhanger ('93, Action) Sylvester Stallone			Robin Hood: Prince of Thieves ★★ ★★ ('91, Adventure) Kevin Costner																										
BET	124	TBA			Life ★★ ★★ ('99, Comedy-Drama) Eddie Murphy, Martin Lawrence			Martin			Martin			Martin			Martin																	
BOUNCE	359	Scarface ★★ ★★ ('83, Crime Drama) Al Pacino, Michelle Pfeiffer			Carlito's Way ★★ ★★ ('93, Crime Drama) Al Pacino, Sean Penn			Carlito's Way: Rise to Power ('05)																										
BRAVO	129	The Bourne Legacy ★★ ★★ ('12, Action) Jeremy Renner, Rachel Weisz			The Bourne Ultimatum ★★ ★★ ('07, Action) Matt Damon			The Bourne Legacy ★★ ★★ ('12, Action) Jeremy Renner																										
BUZZR	245	Match-Squares			Super Pass, Super Pass, Sweep			Sweep			Sweep			Sweep			Tell Truth			Tell Truth			Password			Password								
CIHD	249	Crime 360 Senseless			Crime 360			Crime 360 Overkill			Crime 360			Crime 360 Senseless			Crime 360			Crime 360 Overkill			Crime 360											
CMT	166	Tombstone ('93)			Silverado ★★ ★★ ('85, Western) Kevin Kline, Scott Glenn			Cowboy Up ★★ ('00, Drama) Marcus Thomas, Kiefer Sutherland			Last Man			Last Man																				
CNBC	208	Undercover Boss			Undercover			Undercover Boss			Undercover Boss			Undercover			Undercover Boss			Paid Programs			American Greed											
CNN	200	CNN Newsroom			CNN Newsroom			CNN Special Program			CNN Special Program			CNN Special Program			CNN Special Program			CNN Special Program			CNN Newsroom Live (N)											
COM	107	Seinfeld			Seinfeld			Seinfeld			Seinfeld			Seinfeld			Seinfeld			South Park			South Park			South Park			South Park			South Park		
COMET	289	Teen Wolf ★★ ('85)			Teen Wolf Too ('87, Comedy) Jason Bateman			Troll ★★ ('86, Fantasy) Noah Hathaway			Troll 2 ★★ ('92, Horror) Michael Stephenson			Paid Programs																				
COOK	113	Iron Chef America			Iron Chef America			Iron Chef America			Iron Chef America			Iron Chef America			Iron Chef America			Iron Chef America														
DISC	182	Expedition Unknown			Expedition Unknown			Expedition Unknown			Expedition Unknown			Expedition Unknown			Expedition Unknown			Expedition Unknown														
DFC	179	Cake Boss			Cake Boss			Cake Boss			Cake Boss			Cake Boss			Cake Boss			Cake Boss			Cake Boss			Ultimate Cake Off								
DISN-E	172	Movie			Amphibia (N) Gabby			Big City			Raven			Roll With It			Jessie			Jessie			Liv and Maddie			Bunk'd			Bunk'd					
ENCR-W	341	BoyzHood (16) John Tucker Must Die ('06)			(9:49) Snow White and the Huntsman ('12)			Knocked Up ('07, Romance-Comedy) 'R'			(13) The Kid Detective ('20, Comedy) 'R'																							
EWESTN	342	Rooster Cogburn ★★ ('75, Western) 'PG' (9:48) The Appaloosa ('66) 'NR'			(27) Alvarez Kelly ★★ ★★ ('66, Western) 'NR' Hawk			(13) Texas ('41, Western) William Holden 'NR'																										
EACTN	343	After Earth ★★ ('13) 'PG-13' (43) Haywire ('11, Action) Gina Carano 'R'			(18) Game of Death ★★ ('68, 'PG') (02) Vice ★★ ('15, Action) 'R'			(41) Phoenix ('98, Crime Drama) 'R'																										
ESUSP	344	The Yards ('00) 'R' The Ghost and the Darkness ★★ ★★ ('96) 'R' (10:52) Suicide Kings ('97) 'R'			(42) Sicario: Day of the Soldado ★★ ★★ ('18, Suspense) 'R' A Perfect Getaway																													
EBLACK	345	No Good (24) Lila & Eve ('15, Suspense) 'R' The Brothers ★★ ★★ ('01) 'R'			(45) This Is the End ★★ ★★ ('13, Comedy) 'R' (35) Pride ('07, Drama) Terrence Howard 'PG' Men																													
ECLASS	346	Spy Game ('01) 'R' Captain Phillips ('13, Docudrama) Tom Hanks 'PG-13'			(17) Copycat ★★ ★★ ('95, Suspense) 'R'			(24) A.I.: Artificial Intelligence ('01, Science Fiction) 'PG-13'																										
EFAMLY	347	Bon Voyage Charlie Brown (17) The Pink Panther ('06) 'PG' (10:51) The Pink Panther 2 ('09) (25) Harriet the Spy ('96) 'PG'			(08) Camp Arrowhead ('20) 'NR' Spy Kids																													
ESPN	140	UFC - Prelims			UFC Fight Night: Dos Anjos vs. Fiziev (L)			SportsCenter (L)			SportsCenter (L)			SportsCenter (L)			SportsCenter																	
ESPN2	143	NBA Summer League Teams TBA (L)			NBA Summer League Teams TBA (L)			30 for 30			Streetball			UFC Fight Night																				
EWTN	261	Chiara Lubich: Love Conquers All (N)			Living Right			Web/Faith			Bookmark			Daily Mass			Fr. Spitzer's Universe			Living			Saints			I Shall Serve You								
FETV	82	Perry Mason: The Case of the Notorious Nun			Emergency! Gossip			Emergency!			B. Miller			B. Miller			Mannix			Mannix			Emergency! Gossip											
FMC	387	Sahara ★★ ★★ ('43, War) Humphrey Bogart			A Farewell to Arms ('32) (45) The Green Glove ('52, Crime Drama) (45) Never Wave at a WAC ('52, Comedy) Trouble																													
FNC	205	One Nation			Dan Bongino			Lawrence Jones			One Nation			Dan Bongino			Lawrence Jones			One Nation			Dan Bongino											
FOOD	110	Diners			Diners			Diners			Diners			Diners			Diners			Diners			Diners			Diners								
FREFM	180	The Office			The Office			The Office			The Office			The Office			Shrek Forever After ★★ ★★ ('10, Children's) Paid Programs																	
FS1	150	MLS Soccer			Glory			Mexico Primera Division Soccer			USFL Football Championship: Teams TBA			MLB Baseball																				

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30	
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	
AMERICA'S TOP PROGRAMMING																	
FX	136	TBA									Shadows	Shadows	Better	Mom	Mom	Mom	Mom
FXM	384	Hotel Transylvania 3 (8:55) The Secret Life of Pets 2 (40)				The House With a Clock in Its Walls (18) (45)				The House With a Clock in Its Walls (18)				FXM Pres.	The Lost World (60)		
FXX	125	Family Guy Family Guy		Family Guy Family Guy	Family Guy Family Guy	Family Guy Family Guy	Family Guy Family Guy	Archer	Archer	Archer	Archer	Archer	Dave	Dave Antsy FXM Pres.			
GETTV	373	Walker, Texas Ranger		Walker, Texas Ranger		The Rockford Files		The Rockford Files		Kojak		Kojak		Hart to Hart		Hart to Hart	
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	Idiotest	Idiotest	Idiotest	Idiotest	Idiotest	
GOLF	401	PGA Tour Golf Genesis Scottish Open, Third Round									2022 Bridgestone Senior Players Championship Third Round					Golf American Century	
GRIT	217	Support Your Local Sheriff! (69, Western)				Support Your Local Gunfighter (71, Western)				Drum Beat ★★★ (54, Western) Alan Ladd				Santa Fe Stampede (38, Western)			
HALL	185	My Grown-Up Christmas List (22, Romance)				Next Stop, Christmas (21, Fantasy)				Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier
HALLDR	186	The Waltons		The Waltons The Test		The Waltons		The Waltons The House		The Waltons		The Waltons		The Waltons		The Waltons The Vigil	
HALLMV	187	Hannah Swensen		Curious Caterer: Dying for Chocolate (22)				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk (Part 1 of 2)	
HDMOV	130	Anacon (40) Over the Top ★ (87, Action)				Enter the Ninja (81, Adventure) Franco Nero (25) Over the Top (87, Action)				(10) Enter the Ninja ★★ (81, Adventure)							
HERIC	293	Tour of Duty		Tour of Duty		Combat! The Prisoner		Combat! Reunion		Rat Patrol	Rat Patrol	12 O'Clock High		Rat Patrol	Rat Patrol	The District Resurrection	
HGTV	112	Love It or List It		Steal This House (N)		Love It or List It		Love It or List It		Steal This House		Love It or List It		Love It or List It		Love It or List It	
HIST	120	American Pickers		American Pickers (N)		(05) American Pickers				(12:03) American Pickers				(06) American Pickers		(05) American Pickers	
ID	192	Married With Secrets		Married With Secrets		Deadly	Deadly	Deadly	Deadly	Married With Secrets		Deadly	Deadly	Deadly	Deadly	Married With Secrets	
IFC	133	Twister (96, Action) Helen Hunt		Point Break ★★★ (91, Action) Patrick Swayze, Keanu Reeves		Varsity Blues (99, Comedy-Drama) James Van Der Beek				Saved/Bell				Saved/Bell		Saved/Bell	
LAFF	237	Spy Kids ★★★ (01)		Uptown Girls (03, Comedy) Brittany Murphy		Kiss the Bride (02, Drama) Amanda Detmer		Bernie Mac	Bernie Mac	Bernie Mac	Bernie Mac	Hates Chris	Hates Chris	Paid Programs			
LIFE	108	Flowers in the Attic: The Origin (N) (Part 1 of 4) (03) Flowers in the Attic (14, Suspense)				(12:01) Flowers in the Attic: The Origin				(04) Flowers in the Attic (14, Suspense)							
LMN	109	Deadly Hollywood Obsession (19, Suspense) His Killer Fan (21, Suspense) Brooke Butler				(12:01) Deadly Hollywood Obsession (19)				His Killer Fan (21, Suspense) Brooke Butler							
MAGN	111	Fixer Upper		Fixer Upper: Welcome		Fixer Upper		Fixer Upper		Fixer Upper: Welcome		Fixer Upper		Fixer Upper		Fixer Upper	
MGMHD	385	F/X ★★★ (86, Suspense) Bryan Brown, Brian Dennehy (20) FX2 ★★★ (91, Action) Bryan Brown		(40) Cutter's Way ★★★ (81, Suspense) Jeff Bridges				The Dogs of War (80)									
MOTOR	246	Mecum Auto Auctions				Mecum Auto Auctions Orlando 2022				FantomWorks		FantomWorks		Garage	Garage	FantomWorks	
MSNBC	209	Ayman (L)		Ayman (L)		Voices-Alicia Menendez		Ayman	Ayman	Dateline		Dateline		Consumed		Dateline Tangled	
NATGEO	197	To Catch a Smuggler		To Catch a Smuggler		To Catch a Smuggler		Airport Security: Peru		To Catch a Smuggler		To Catch a Smuggler		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix	
NGWLD	190	The Incredible Dr. Pol		Dr. Pol		Heartland Docs, DVM (N) Heartland Docs, DVM		Dr. Pol		Heartland Docs, DVM		Heartland Docs, DVM		Dr. T, Lone Star Vet		Paid Programs	
OUTD	396	MeatEater Dead Meat		Blazing Saddles (74, Comedy) Cleavon Little				Blazing Saddles ★★ (74, Comedy) Cleavon Little, Gene Wilder				Major League Fishing					
OWN	189	Love & Marriage: DC		Love & Marriage: DC (N)		Love & Marriage: DC		Love & Marriage: DC		Love & Marriage: DC		Love & Marriage: DC		Love & Marriage: DC		Love & Marriage: DC	
OXYG	127	Murdered by Morning (N)		Serial Killer		Snapped		Serial Killer		Dateline: Secrets		Dateline: Secrets		Murdered by Morning		Dateline (Part 1 of 2)	
PARMT	241	The Accountant (16, Suspense) Ben Affleck				Movie				The Negotiator ★★★ (98, Suspense) Samuel L. Jackson							
POP	117	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		Scorpion Foul Balls	
REELZ	299	Jail	Jail	Jail	Jail	Vegas	Vegas	Vegas	Vegas	Vegas	Vegas	Vegas	Vegas	Celebrity	Celebrity	Paid Programs	
RFDTV	231	Stuart	Country	Daniel O'Donnell		Mollie B Polka Party		Larry's Country Diner		Paid Programs		The Red Skelton Show		Paid Programs			
SCI	193	What on Earth? (N)		What on Earth? (N)		What on Earth? (N)		What on Earth?		What on Earth?		What on Earth?		What on Earth?		What on Earth?	
SMITH	367	Ice Age Giants		Mass Extinction: Life		Ice Bridge		David Hockney: See		How Did- Build		How Did- Build		How Did- Build		How Did- Build	
SONY	386	Guarding Tess ★★ (94) (21) Random Hearts ★★ (99, Drama) Harrison Ford				(11:47) Guarding Tess ★★ (94) (28) Random Hearts ★★ (99, Drama) Harrison Ford											
SUND-E	358	Rocky III (82, Drama) Sylvester Stallone, Mr. T Rocky IV ★★ (85, Drama) Sylvester Stallone				Rocky V ★★ (90, Drama) Sylvester Stallone, Talia Shire Rocky ★★ ★★ (76, Drama)											
SYFY	122	Batman (89, Action)		Guardians of the Galaxy Vol. 2 (17, Science Fiction) Chris Pratt				(12:05) Batman & Robin ★ (97, Action) Arnold Schwarzenegger				(249) Hanna (11)					
TBN	260	Huckabee (N)		Mike Rowe		Hour Power: Schuller Youseff		Huckabee		Mike Rowe L. Fontaine Ruben		Mother's Day		Believe		Praise	
TBS	139	Burgers Burgers		Big Bang Big Bang		Big Bang Big Bang		The Boss (16, Comedy) Melissa McCarthy		Game Night (18, Comedy) Jason Bateman				Spy (15, Comedy)			
TCM	132	Bonnie and Clyde (67, Crime Drama)				Blow-Up (66, Crime Drama) David Hemmings				High Tide (47, Mystery) Lee Tracy		Citizen Kane (41, Drama) Orson Welles		Front Pg.			
TLC	183	Say Yes to the Dress (N) (03) 90 Day Fiancé				90 Day Fiancé		90 Day Fiancé		Say Yes to the Dress (03) 90 Day Fiancé		90 Day Fiancé		90 Day Fiancé			
TMC-W	329	Hide Seek The Guest (14, Action) 'R'		(10) Werewolves Within (21, Comedy) 'R'				Piranha ★★ (10, Horror) 'R'		Aquarium of the Dead (21) 'NR'				Piranha (10) 'R'			
TNT	138	The Meg ★★ (18, Science Fiction) Jason Statham				Kong: Skull Island (17, Adventure) Tom Hiddleston				Zombieland (09, Comedy) Woody Harrelson				NCIS: New Orleans			
TRU	242	Imp. Jokers Imp. Jokers		Jokes Jokes		Jokes Jokes		Jokes Imp. Jokers		Jokes Jokes		Jokes Imp. Jokers		Jokes Jokes		Jokes Jokes	
TRVL	196	Ghost Hunters		Ghost Hunters (N)		Ghost Brothers: Lights		Ghost Hunters		Ghost Hunters		Ghost Hunters		Ghost Brothers: Lights		Ghost Hunters	
TVLND	106	Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Christine	Christine	
UP	188	Blue Bloods Pilot		Blue Bloods Samaritan		Blue Bloods Privilege		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods Brothers		Paid Programs	
USA	105	9-1-1 Kids Today		9-1-1 Sink or Swim		9-1-1 The Searchers		9-1-1 Triggers		Chicago P.D. Trigger		Chicago P.D.		Chicago P.D. Descent		Chicago P.D.	
WE	128	NCIS Shiva		NCIS Hit and Run		NCIS Canary		NCIS Hereafter		NCIS Detour		Law Order: CI		Law Order: CI		Monk	
LOCAL NETWORKS																	
ABC-E	Funniest Home Videos			Generation Gap		The Rookie Long Shot		Local Programs									
CBS-E	Auto Racing Camping World SRX Series (L)					48 Hours (N)		Local Programs									
CW-E	Whose Line Would I			Masters of Masters of		Local Programs											
FOX-E	MLB Baseball Regional Coverage (L)					Local Programs											
NBC-E	Transplant (N)			Dateline NBC			Local Prog. (29) Saturday Night Live					1st Look House		House Local Programs			
METV	247*	Svengoolie The Deadly Mantis				Svento(N) Batman		Star Trek Court Martial Kolchak: Night Stalker				Lost in Space		Voyage/Bottom of Sea Land of the Giants			
ABC-W	Local Programs			News		Local Programs		Funniest Home Videos			Generation Gap		The Rookie Long Shot		Local Programs		
CBS-W	Auto Racing Camping World SRX Series (L)					Local Programs											
CW-W	Local Programs						Whose Line Would I		Masters of Masters of		Local Programs			Local Programs			
FOX-W	MLB Baseball (L)					Local Programs		Local Programs		Local Programs			Local Programs				
NBC-W	Local Prog. Baseball			Local Programs			Local Programs		Transplant (N)		Dateline NBC			Local Prog. (29) Saturday Night Live			
PBS	America Outdoors			Great Muslim American		Finding Your Roots		Austin City Limits		NOVA		The Green Planet		Expedition With Steve		Broadchurch	