

Table with time slots (4AM to 11:30) and regional channels (EASTERN, CENTRAL, MOUNTAIN, PACIFIC).

AMERICA'S TOP PROGRAMMING

Main table listing TV programs such as Fate of Furious, Book Life, The Rocket Man, How to Steal a Million, My Cousin Rachel, Carmen Jones, etc.

NETWORKS

Table listing network broadcast services and their corresponding programs, including ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

DIG (00:00) = Based on Eastern Time. *MeTV channel numbers vary depending on local market.

Table with columns for time slots (EASTERN, CENTRAL, MOUNTAIN, PACIFIC) and rows for times (12PM, 12:30, 1PM, 1:30, 2PM, 2:30, 3PM, 3:30, 4PM, 4:30, 5PM, 5:30, 6PM, 6:30, 7PM, 7:30).

PREMIUM MOVIES

Table with columns for channel (HBO, HBO2, HBO3, HBOF), time, title, and description. Includes titles like 'Robot', 'The Wolverine', 'Tenet', 'Godzilla vs. Kong', etc.

Table with columns for channel (MAX, 5MAX, MMA), time, title, and description. Includes titles like 'Rocky', 'Rocky II', 'Rocky III', 'Rocky IV', 'Rocky V', etc.

Table with columns for channel (SHO-E, SHO2, SHOBET, SHO, SHOX, SHOS, TMC, FLIX-E), time, title, and description. Includes titles like 'Phidel', 'Serpico', 'Patriot Games', 'Lee Daniels' The Butler', etc.

Table with columns for channel (ENCR-E, STARZ-E, STRZED, STRZCI, STRZCO), time, title, and description. Includes titles like 'Jumanji: Welcome to the Jungle', 'Going the Distance', 'Tower Heist', etc.

Table with columns for channel (EPIX, EPIX2, EPIXH, EPIXDR), time, title, and description. Includes titles like 'Open Range', 'The Age of Adaline', 'Breaking News in Yuba County', etc.

AMERICA'S TOP PROGRAMMING

Large table listing various TV programs across multiple channels (A&E, AHC, AMC, APL, AXSTV, BCCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FNC, FOOD, FREFM, F51) with columns for time, title, and description.

Table with 17 columns representing time slots from 8PM to 12:30 AM and 17 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, PACIFIC.

AMERICA'S TOP PROGRAMMING

Main grid of programming listings with columns for channel, time slot, program title, and description. Includes shows like Jurassic World, Spider-Man, The Expendables, and various news and reality programs.

LOCAL NETWORKS

Table listing local network programming for ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

Table with 16 columns representing time slots from 12PM to 7:30 and 16 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, PACIFIC, and PREMIUM MOVIES.

Main content table listing TV programs and movies by channel and time slot. Includes channels like HBO, MAX, SHOWTIME, STARZ, and EPIX with program titles and descriptions.

AMERICA'S TOP PROGRAMMING

Table listing top programming across various channels including A&E, AHC, AMC, APL, AXSTV, BCCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FNC, FOOD, FREFM, and FS1.

Table with 16 columns showing time slots from 12PM to 7:30 for Eastern, Central, Mountain, and Pacific time zones.

AMERICA'S TOP PROGRAMMING

Main grid of TV programs with columns for channel, time, and program details. Includes titles like 'Spider-Man: Far From Home', 'Jurassic World: Fallen Kingdom', 'The Expendables 3', etc.

Networks section with a header: 'Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.' Lists programs for ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

Table with 17 columns representing time slots from 8PM to 12:30 AM and 1 row for each time slot with corresponding program titles.

AMERICA'S TOP PROGRAMMING

Main grid of program listings with columns for channel, time, program title, and description. Includes shows like Transformers: The Last Knight, The Lord of the Rings, and various reality and drama series.

LOCAL NETWORKS

Grid of local network programming for channels ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

Table with 16 columns representing time slots from 12PM to 7:30 and 4 rows for time zones: EASTERN, CENTRAL, MOUNTAIN, and PACIFIC.

AMERICA'S TOP PROGRAMMING

Main program schedule table with columns for channel, time, program title, and description. Includes programs like 'The Revenant', 'Deepwater Horizon', 'The Greatest Showman', etc.

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Table listing network broadcast services for various channels including ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

Monday, Jan. 3

Ⓢ = LIVE SPORTS MOVIES MOVIE PREMIERE



EASTERN		8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30																															
CENTRAL		7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30																															
MOUNTAIN		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30																															
PACIFIC		5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30																															
PREMIUM MOVIES																																																
HBO	HBO-E 310	Profile ★★★ ('18, Suspense) Valene Kane 'R'				(9:50) High-Rise ★★★ ('15, Comedy) 'R'				REAL Sports			(12:50) No Country for Old Men '07' 'R'			(2:55) Oblivion ('13)																																
	HBO2 312	Street Gang: How We Got to Sesame Street				(9:50) The Hobbit: An Unexpected Journey ('12) 'PG-13'				(4:5) Life of Crime 1984-2020 ('21, Documentary) 'NR'			2 Days in the Valley																																			
	HBO5 314	The Peacemaker ('97) Tenet ★★★ ('20, Action) John David Washington 'PG-13'				(3:5) Transformers ('07, Action) Shia LaBeouf 'PG-13'				Racer and the Jailbird ('17, Crime Drama) 'R'																																						
	HBOF 315	Herbie (41) Ballet 422 ('14) Tiler Peck 'PG'				(9:57) Shall We Dance? ('04)				(44) Jurassic Park III ('01, Adventure) 'PG-13'			(17) She's All That ('99) 'PG-13'			The New Mutants																																
MAX	MAX 307	Chasing Amy ('97, Romance-Comedy) 'R'				Jay and Silent Bob Strike Back				(40) Identity Thief ★★ ('13, Comedy) 'R'			(33) Stand Up Guys ★★ ('12) 'R'			(10) The Quiet Ones																																
	5MAX 308	Robin Hood ★★ ('18) The Faculty ('98, Horror) 'R'				(4:5) The Counselor ★★ ('13, Suspense) 'R'				(4:3) Confidence ★★★ ('03, Crime Drama) 'R'			Angriest Man			Tales-Dark																																
	MMAX 309	Phantom ('13) 'R'				The Amityville Horror ('79) 'R'				Primal Fear ★★★ ('96, Crime Drama) 'R'			(41) Deadfall ('12, Suspense) Eric Bana 'R'			(16) Dragged Across Concrete ('18)																																
SHOWTIME	SHO-E 318	Dexter: New Blood		Billions The Limitless S...		Billions Copenhagen		Yellowjackets		Zack and Miri Make a Porno '08			(4:5) Zola ★★★ ('20, Comedy) 'R'			(1:5) Gloria Bell ('18)																																
	SHO2 320	Yellowjackets		The Last Black Man in San Francisco ('19) 'R'				Django Unchained ★★★ ('12, Western) Jamie Foxx 'R'				(4:5) Dexter: New Blood			(4:5) Yellowjackets			Kill Team																														
	SHOBET 321	The Last Tree ('19, Drama) 'NR'				(4:5) The Long Shadow ('20, Mystery) 'NR'				Last Holiday ★★★ ('06, Comedy) 'PG-13'			TBA			Rafiki ('18, Drama) 'NR'																																
	SHOX 322	The Yards ★★★ ('00, Crime Drama) 'R'				Best of All the Smoke		Boxing 2021: David Benavidez vs. Ronald Ellis				(4:5) Brimstone ★★ ('16, Western) Dakota Fanning 'R'																																				
	SHOS 323	1917 ★★★ ('19, War) George MacKay 'R'				Victoria ★★★ ('15, Suspense) Laia Costa 'NR'				She Hate Me ('04, Comedy-Drama) Anthony Mackie 'R'			High Life ('18) 'R'																																			
	TMC 327	The Gentlemen ★★★ ('20, Crime Drama) 'R'				Becky ('20, Action) Kevin James 'R'				(3:5) L.A. Confidential ('97, Crime Drama) Kevin Spacey 'R'			American Bagger ('19) 'NR'			Hustle																																
FLIX-E 333	The Spectacular Now ('13) 'R'				(3:5) The Kings of Summer ('13) 'R'				(1:5) Sex, Lies, and Videotape ('89, Drama) 'R'			The Look of Love ('13) 'NR'			(4:5) Reign Over Me ('07) 'R'																																	
STARZ	ENCR-E 340	Indecent Proposal 'R'				Play Misty for Me ★★★ ('71, Suspense) 'R'				(10:46) The Kid Detective ('20) 'R'			What Lies Beneath ('00, Suspense) 'PG-13'			(4:3) Half Past Dead ('02) 'PG-13'																																
	STARZ-E 350	Milk ('08) 'R'				Saw ★★★ ('04, Horror) Cary Elwes 'R'				(10:47) Saw II ('05, Horror) 'R'			(2:4) Limitless ★★★ ('11) 'PG-13'			(1:2) Spanglish ('04, Comedy-Drama) 'PG-13'																																
	STRZED 352	Mr. & Mrs. Smith				Me, Myself and Irene ★★ ('00, Comedy) 'R'				(10:59) Undercover Brother ('02)			(2:9) Dublin Murders			(3:2) Dublin Murders			(3:4) Mom and Dad ('17) 'R'																													
	STRZCI 353	Munich ★★★ ('05, Suspense) Eric Bana 'R'				The Violent Heart ('20) 'NR'				(4:5) Measure for Measure ('19, Drama) 'NR'			Mark Felt: Man Who Brought Down			Devil																																
	STRZCO 354	White People Money ('20) 'NR'				(21) Fever Pitch ('05) 'PG-13'				(0:7) Long Weekend ('21) 'R'			(4:2) Date Movie ★★ ('06) 'PG-13'			(0:7) Life Happens ★★ ('11, Comedy) 'R'																																
EPIX	EPIX 380	Arrival ('16, Science Fiction) Amy Adams				Britannia Episode 8				Britannia (40) A.I.: Artificial Intelligence ('01, Science Fiction)			(1:0) Star Trek Into Darkness ('13) Chris Pine																																			
	EPIX2 381	Sonic the Hedgehog ★★ ('20)				(4:0) Like a Boss ('20, Comedy)				Win a Date With Tad Hamilton!			(4:5) Big Top Pee-wee ★★ ('88)			(1:5) Mommy ★★★ ('14, Drama) Anne Dorval																																
	EPIXH 382	Flight ★★★ ('12, Drama) Denzel Washington				(2:0) The Conversation ('74)				(12:15) Bombshell ('19, Drama) Charlize Theron			(0:5) Three Days of the Condor ('75, Suspense)																																			
	EPIXDR 292	Jacob's Ladder ('90, Horror) Tim Robbins				(9:55) The Haunting ('99, Horror) Liam Neeson				(11:50) Vampire in Brooklyn ('95)			(3:5) Paranormal Activity 3 ('11)			Cujo ('83, Horror)																																
AMERICA'S TOP PROGRAMMING																																																
A&E 118	The First 48				The First 48				(0:4) The First 48				(12:03) The First 48				(0:3) The First 48				(0:4) The First 48				(0:5) The First 48																							
AHC 195	Evolution of Evil				Evolution of Evil				Evolution of Evil				Evolution of Evil				Evolution of Evil				Evolution of Evil				Evolution of Evil																							
AMC 131	Man of Steel ★★★ ('13, Action) Henry Cavill, Amy Adams				(1:5) Batman & Robin ★★ ('97, Action) Arnold Schwarzenegger				(1:5) Batman Returns ★★★ ('92, Action)																																							
APL 184	Last Frontier				Last Frontier				Last Frontier				Last Frontier				Last Frontier				Last Frontier																											
AXSTV 167	Nothing but Trailers				Redemption ('13, Suspense) Jason Statham				(1:15) Redemption ★★ ('13, Suspense) Jason Statham				Nothing but Trailers				Legends				Legends																											
BCBA 135	X-Men 2 ('03, Action)				X-Men: First Class ★★★ ('11, Action) James McAvoy				X-Men 2 ★★★ ('03, Action) Patrick Stewart, Hugh Jackman				X-Men: First Class																																			
BET 124	White Chicks ('04)				Life ★★★ ('99, Comedy-Drama) Eddie Murphy, Martin Lawrence				Martin				Martin				Martin				Husbands				Husbands																							
BOUNCE 359	Miss Congeniality 2: Armed and Fabulous ('05, Comedy)				Tyler Perry's Why Did I Get Married? ('07) Tyler Perry				Higher Learning ★★★ ('95, Drama) Omar Epps				The Game																																			
BRAVO 129	Below Deck (N)				(1:5) TBA				Watch				(4:5) Below Deck				Million Dollar LA				Million Dollar LA				Below Deck				Watch What				Watch															
BUZZR 245	Concen.		Super Pass.		Sweep		Newlywed		Match-Squares		Concen.		Super Pass.		Sweep		Newlywed		Match-Squares		Concen.		Concen.		FamFeud		FamFeud																					
CIHD 249	Monster in My Family				Monster in My Family				Monster in My Family				Monster in My Family				Monster in My Family				Monster in My Family																											
CMT 166	Last Man		Last Man		Mom		Mom		Mom		Mom		Mom		Reba		Reba		Reba		Reba		Reba		Reba		Reba		Housewife		Housewife																	
CNBC 208	Shark Tank				Shark Tank				Shark Tank				Shark Tank				Shepard Smith				American Greed				Dateline				Dateline																			
CNN 200	Anderson Cooper 360 (L)				Anderson Cooper 360 (L)				Don Lemon Tonight (L)				Don Lemon Tonight (L)				Anderson Cooper 360				Anderson Cooper 360				Don Lemon Tonight				Don Lemon Tonight																			
COM 107	The Office		The Office		The Office		The Office		The Office		The Office		Daily Show		Seinfeld		Seinfeld		Seinfeld		The Daily Show		South Park		South Park		South Park		South Park																			
COMET 289	Quantum Leap				Quantum Leap				The X-Files				The X-Files Fresh Bones				The X-Files (Part 1 of 2)				Sliders				Sliders In Dino Veritas				Paid Programs																			
COOK 113	Delicious		Delicious		Zimmern		Zimmern		Delicious		Delicious		Delicious		Delicious		Delicious		Zimmern		Zimmern		Delicious		Delicious		Delicious		Delicious																			
DISC 182	Street Outlaws (N)				(0:2) Street Outlaws				Street Outlaws				Street Outlaws				(0:2) Street Outlaws																															
DFC 179	Dream		Dream		Dream		Dream		Dream		Dream		Dream		Dream		Dream		Buddy's Bakery Rescue		Ultimate Cake Off																											
DISN-E 172	Big City		Big City		Jessie		Jessie		Big City		Big City		Ladybug		Ladybug		Ladybug		Ladybug		Jessie		Jessie		Bunk'd		Bunk'd		Bizaard		Bizaard																	
ENCR-W 341	Starship Troopers ('97, Science Fiction) 'R'				Indecent Proposal ★★ ('93, Drama) 'R'				Play Misty for Me ★★★ ('71, Suspense) 'R'				(1:46) The Kid Detective ('20) 'R'				What Lies																															
EWESTN 342	Joe Dakota (3:5) The Last Posse ('53) 'NR'				(9:50) Ride Beyond Vengeance				(3:2) Buffalo Bill ★★ ('44) 'NR'				(0:4) Smoky ('66, Western) Fess Parker 'NR'				The Hallelujah Trail																															
EACTN 343	Zero Dark Thirty ('12, Drama) Jessica Chastain 'R'				(3:9) The Marine 4: Moving Target				Frank Miller's Sin City: A Dame to Kill For 'R'				(1:58) 4.3.2.1. ★★★ ('10, Crime Drama) 'NR'																																			
ESUSP 344	The Juror ('96) 'R'				Kiss of Death ★★★ ('95) 'R'				(4:3) Out of Time ('03, Suspense) 'PG-13'				(3:3) French Connection II ('75, Action) 'R'				(3:5) The Juror ('96, Suspense) 'R'																															
EBLACK 345	Grown Ups 2 ★ ('13) 'PG-13'				(3:1) Chain Reaction ★★ ('96, Action) 'PG-13'				(2:0) The Caveman's Valentine 'R'				(1:0) Redemption Day ('21, Action) 'R'				(2:52) The Big Hit ('98)																															
ECLASS 346	Julie & Julia ('09, Comedy-Drama) 'PG-13'				Rescue Me Ashes				Rules				(2:6) Damages				(1:6) Because I Said So ★★ ('07) Rescue Me Ashes				Conan the Barbarian																											
EFAMILY 347	Cinderella ('15, Children's) Cate Blanchett 'PG'				(9:47) Grace Unplugged ('13) 'PG'				(3:1) Cowgirls 'n Angels ('12) 'PG'				(0:4) Matilda ('96, Children's) 'PG'				(4:4) Kidco ('84, Comedy) 'PG'																															
ESPN 140	NFL Football Cleveland Browns at Pittsburgh Steelers (L)				Postgame				SportsCenter				NFL Rewind				SportsCenter				NFL Rewind				SportCtr																							
ESPN2 143	(1:5) NFL Football Cleveland Browns at Pittsburgh Steelers (N)				Postgame				UFC Archival				SportsCenter (L)				Around				Interruption				SportsCenter				Football																			
EWTN 261	The Journey Home				News				Rosary				World Over Live				Battle				Women of				Daily Mass				The Journey Home				News				Mariapoch				Franciscan U. Presents							
FETV 82	Perry Mason				Perry Mason				Mannix War of Nerves				Mannix				B. Miller				B. Miller				Maude				Maude				Bewitched				Bewitched				Beaver				Beaver			
FNC 205	Tucker Carlson Tonight (L)				Hannity (L)				The Ingraham Angle (L)				Gutfeld! (N)				Fox News at Night				Tucker Carlson Tonight				Hannity				The Ingraham Angle																			
FOOD 110	Kids Baking				Tiny Food		Tiny Food		Chopped Taco Brawl		Chopped Holy Bologna!		Kids Baking				Tiny Food		Tiny Food		Chopped Taco Brawl		Chopped Holy Bologna!																									
FREFM 180	The Office		The Office		The Office		The Office		The Office		The Office		The 700 Club		Simpsons		Simpsons		Simpsons		Simpsons		Paid Programs		The 700 Club																							
F51 150	Greatest Races: NASCAR 2016: NASCAR Cup Series: Sonoma								NASCAR Race Hub				NASCAR Race Hub				Skip and Shannon: Undisputed				TMZ (N)				Greatest Races																							

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	A Beautiful Day in the Neighborhood ('19, Biography)				A Beautiful Day in the Neighborhood ('19, Biography)				The Greatest Showman ★★ ('17, Musical)				Paid Programs			
FXM	384	Kingsman: The Golden Circle ('17, Action) <i>Colin Firth</i> 'R'				Kingsman: The Golden Circle ★★ ('17, Action) <i>Colin Firth</i> 'R'				The Darkest Minds ★★ ('18) 'PG-13'				Hem			
FXX	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Cleveland	Cleveland	Cleveland	Cleveland	Archer	Archer	Archer	Archer	
GETTV	373	The Rockford Files	Charlie's Angels	Charlie's Angels	Charlie's Angels	Hart to Hart	Hart to Hart	All/Family	All/Family	All/Family	All/Family	All/Family	Sanford	Sanford	Good Time	Good Time	
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided	
GOLF	401	GOLF Films	GOLF Films	GOLF Films	St. Andrews	Golf Central	Golf Central	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	
GRIT	217	A Fistful of Dollars ★★★ ('64, Western) <i>Clint Eastwood</i>				A Fistful of Dynamite ★★★ ('71, Western) <i>Rod Steiger, James Coburn</i>				Gunpoint ★★ ('66, Western) <i>Audie Murphy</i>							
HALL	185	Love, Romance & Chocolate ('19, Romance)		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	
HALLDR	186	Little House on Prairie		Grace & Gloria ('98, Drama) <i>Gena Rowlands</i>		The Waltons		The Waltons		The Waltons		The Waltons		Little House on Prairie			
HALLMV	187	Gourmet Detective		Gourmet Detective		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk (Part 1 of 2)		Monk (Part 2 of 2)			
HDMOV	130	Agony ('20, Suspense) <i>Asia Argento</i>		House of Quarantine ('20)		Final Stop ('21, Suspense) <i>Vince Rodriguez</i>		House of Quarantine ('20)		Final Stop ('21, Suspense)							
HGTV	112	Love It or List It		Tough Love With Hilary		Ugliest	Hunters	(:02) Love It or List It	Tough Love With Hilary	Ugliest	Hunters	(:02) Love It or List It	Love It or List It				
HIST	120	Ancient Aliens		(:02) Ancient Aliens		(:05) Ancient Aliens		(:05) Ancient Aliens		(:12:03) Ancient Aliens		(:05) Ancient Aliens		(:08) Ancient Aliens			
ID	192	Dead of Winter		Cold Blooded Alaska (N)		Crimes	Crimes	The Fog of Murder	Cold Blooded Alaska	Crimes	Crimes	Crimes	Crimes	Crimes	Dead of Winter		
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock	3rd Rock		
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	How I Met	How I Met	Nt. Court	Nt. Court	Videos	Videos	Paid Programs	
LIFE	108	Castle <i>Lucky Stiff</i>		Castle <i>The Final Nail</i>		(:03) Castle (Part 1 of 2)		(:03) Castle (Part 2 of 2)		(:12:01) Castle <i>Lucky Stiff</i>		Castle <i>The Final Nail</i>		(:04) Castle (Part 1 of 2)		(:04) Castle (Part 2 of 2)	
LMN	109	Dangerous Snow Day ('21, Suspense)				The Boy Next Door ★ ('15, Suspense)				Dangerous Snow Day ('21, Suspense)				The Boy Next Door ★ ('15, Suspense)			
MAGN	111	Maine Cabin Masters				Maine Cabin Masters (N)				Maine Cabin Masters				Maine Cabin Masters			
MGMHD	385	Desperate Hours ★★ ('90)		Kalifornia ★★ ('93, Suspense)		<i>Brad Pitt, Juliette Lewis</i>		Hackers ★★ ('95, Suspense) <i>Jonny Lee Miller</i>		(:20) S.F.W. ★★ ('94, Drama)							
MOTOR	246	Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire		Junkyard Empire	
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word		The 11th Hour (L)		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes	
NATGEO	197	The '80s: Top Ten		The '80s: Top Ten (N)		The '80s: Top Ten (N)		The '80s: Top Ten		The '80s: Top Ten Toys		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix	
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Pop Goes the Vet		America's		America's		America's		Paid Programs	
OUTD	396	Fur Hat Ice/Dead (N)		Wicked Tuna		Wild Game/Man Eats		Fur Hat Ice/Dead Meat		Wicked Tuna		Wild Game/Man Eats		Fur Hat Ice/Spear Life		Wicked Tuna Go Fish!	
OWN	189	Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime	
OXYG	127	Snapped		Snapped		Dateline: Secrets Uncovered		<i>Internal Affairs</i>		Dateline: Secrets		New York Homicide		911 Crisis Center		911 Crisis Center	
PARMT	241	Yellowstone		Yellowstone		The Magnificent Seven ★★ ('16, Western) <i>Denzel Washington, Chris Pratt</i>				Kill Bill: Vol. 1 ★★ ('03, Action) <i>Uma Thurman</i>							
POP	117	Runaway Jury ★★ ('03, Suspense) <i>John Cusack, Gene Hackman</i>				Heat ★★ ('95, Crime Drama) <i>Al Pacino, Robert De Niro</i>				Goldbergs/Goldbergs							
REELZ	299	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Paid Programs	
SCI	193	Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X		Expedition X	
SMITH	367	Combat Ships		Combat Ships		America's Hidden		America in Color		Combat Ships		Combat Ships		America's Hidden		America's Hidden	
SONY	386	Sinbad and the Eye of the Tiger ★★ ('77)				The 7th Voyage of Sinbad ('58, Fantasy)				Sinbad and the Eye of the Tiger ('77)				The 7th Voyage of Sinbad (:35) Angel			
SUND-E	358	NCIS (Part 1 of 2)		Law & Order <i>Red Ball</i>		NCIS (Part 2 of 2)		NCIS <i>Gone</i>		NCIS <i>Devil's Trifecta</i>		Columbo <i>A Matter of Honor</i>		(:45) Columbo			
SYFY	122	Matrix Revol.		Unstoppable ('10, Action) <i>Denzel Washington</i>		Transformers: Dark of the Moon ★★ ('11, Action) <i>Shia LaBeouf</i>				Twi. Zone		Twi. Zone		Magical			
TBN	260	Praise (N)		Cahn	McMa (N)	Discovering Love		Praise	Prince	Cahn	McManus	Discovering	Love	J. Rubin	Praise		
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Burgers	Burgers	Wipeout	Wipeout	Wipeout	Wipeout		
TCM	132	Jewel Robbery ('32, Comedy)		Trouble in Paradise ('32, Comedy)		Raffles ★★ ('30, Crime Drama)		First Lady ★★ ('37, Comedy)		It's a Date ★★ ('40, Musical Comedy)							
TLC	183	Darcey & Stacey (N)		90 Day Fiancé (N)		1000-Lb. Sisters (N)		(:03) Darcey & Stacey		Darcey & Stacey		90 Day Fiancé		1000-Lb. Sisters		(:03) Darcey & Stacey	
TMC-W	329	Before the Fire ('20)		(:05) The Appearance ('18, Horror) 'NR'		The Gentlemen ★★ ('20, Crime Drama) 'R'				Becky ('20, Action) <i>Kevin James</i> 'R'				(:35) L.A. Confidential ('97) 'R'			
TNT	138	Kingsman: The Secret Service ('14, Action) <i>Colin Firth</i>				(:45) The Hitman's Bodyguard ('17, Action) <i>Ryan Reynolds</i>				Bones				Bones			
TRU	242	Jokes	Jokes	Jokes	Jokes	Neighbors ★★ ('14, Comedy) <i>Seth Rogan</i>		Dirty Grandpa ('16, Comedy) <i>Robert De Niro</i>		Jokes		Jokes		Jokes		Jokes	
TRVL	196	Mysteries of the Unknown (N)				UFO Witness (N)		UFO Witness		Mysteries of the Unknown				UFO Witness		UFO Witness	
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Raymond	Raymond	Goldbergs/Goldbergs	
UP	188	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Paid Programs	
USA	105	WWE Monday Night RAW (L)						Chicago Fire <i>Pilot</i>		Chicago Fire		Chicago Fire		Law & Order: SVU		Law & Order: SVU	
WE	128	Criminal Minds		Criminal Minds		Criminal Minds <i>Broken</i>		Criminal Minds		Criminal Minds		Law Order: CI		Law Order: CI		Monk	

LOCAL NETWORKS

ABC-E	The Bachelor (N)				Abbott		black-ish	Local Prog.	(:35) Jimmy Kimmel Live!	Nightline (N)	Local Programs		ABC World News Now (N)			
CBS-E	Neighbor	Bob Heart	NCIS (N)		NCIS: Hawai'i Lost (N)		Local Prog.	Late Show-Colbert	James Corden	Local Prog.	CBS Overnight News (N)					
CW-E	All American		4400 <i>Past Is Prologue</i>			Local Programs										
FOX-E	9-1-1: Lone Star (N)		The Cleaning Lady <i>TNT</i> (N)			Local Programs										
NBC-E	Kenan (N)	Kenan (N)	That's My Jam (N)		Ordinary Joe (N)		Local Prog.	Tonight Show-J. Fallon	Late Night-Seth Meyers	News	Today-Hoda	Early Tdy	Local Prog.			
MEV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone	Alfred Hitchcock Hour	(:05) Mannix	(:05) Cannon			
ABC-W	Local Programs			News	Local Programs		The Bachelor (N)				Abbott	black-ish	Local Prog. (:35) Jimmy Kimmel Live! Nightline (N)			
CBS-W	Local Programs			News	Local Programs		Neighbor	Bob Heart	NCIS (N)		NCIS: Hawai'i Lost (N)		Local Prog.	Late Show-Colbert	Corden	
CW-W	Local Programs								All American		4400 <i>Past Is Prologue</i> Local Programs					
FOX-W	Local Programs								9-1-1: Lone Star (N)		The Cleaning Lady <i>TNT</i> (N) Local Programs					
NBC-W	Local Prog.	News	Local Programs		Kenan (N)	Kenan (N)	That's My Jam (N)		Ordinary Joe (N)		Local Prog.	Tonight Show-J. Fallon	Meyers			
PBS	Antiques Roadshow (N)		Antiques Roadshow		Independent Lens			Amanpour-Co		Antiques Roadshow		Antiques Roadshow		Earth Emergency	Around	

Tuesday, Jan. 4

⊕ = LIVE SPORTS MOVIES MOVIE PREMIERE



	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

PREMIUM MOVIES																	
HBO	HBO-E 310	ⓈOblivion '13 'PG-13'	ⓈThe Scorpion King '02 'PG-13'	ⓈThe Next Three Days '10, Suspense' 'PG-13'	ⓈSuperstar ★★ '99 'PG-13'	ⓈGodzilla vs. Kong ★★ '21 'PG-13'											
	HBO2 312	Ⓢ2 Days '40	Ⓢ20 Feet From Stardom '13	ⓈRomancing the Stone ★★★ '84 'PG'	ⓈChasing Mavericks '12, Docudrama' 'PG'	ⓈMama ★★ '13, Horror' 'PG-13'											
	HBO5 314	ⓈSpeed 2: Cruise Control ★★ '97, Action' 'PG-13'	ⓈPrime ★★ '05 'PG-13'	Ⓢ13 Going on 30 ★★ '04 'PG-13'	ⓈCity of Ghosts '02, Crime Drama' 'R'												
	HBOF 315	ⓈMutants Neverending Story II	K'garten	Happily	Curious	Crashbox	ⓈPaulie '98, Children's' 'PG'	ⓈIgor '08, Children's' 'PG'	ⓈDr. Dolittle 2								
MAX	MAX 307	ⓈThe Quiet Ones '14	ⓈGod's Not Dead '14 'PG'	ⓈThe Secret Life of Bees '08 'PG-13'	ⓈGenius '16, Biography' 'PG-13'	ⓈSpartan '04, Solitaire' 'R'											
	5MAX 308	ⓈTales From the Darkside	ⓈThe Trouble With Spies '87	ⓈThe Truth About Cats & Dogs	ⓈThe Cooler '03, Drama' 'R'	ⓈA Simple Plan ★★ '98, Suspense' 'R'											
	MMAX 309	ⓈDragged Across	ⓈMax Payne '08 'PG-13'	ⓈTinker Tailor Soldier Spy '11, Mystery' 'R'	ⓈThe X-Files ★★ '98, Science Fiction' 'PG-13'	ⓈDown a Dark Hall											
SHOWTIME	SHO-E 318	ⓈGloria Bell '18 'R'	ⓈA Thousand Words '12 'PG-13'	ⓈDark Waters '19, Drama' 'PG-13'	ⓈDefining Moments '21 'NR'	ⓈThe Lovers '17' Debra Winger 'R'											
	SHO2 320	ⓈThe Kill Team '19 'R'	ⓈThe Guard ★★★ '11, Comedy' 'R'	ⓈCrisis '21, Suspense' Gary Oldman 'R'	ⓈScary Movie 3 ★★ '03 'PG-13'	ⓈAnaconda '97, Suspense' 'PG-13'											
	SHOBET 321	ⓈMemphis '13, Drama' 'NR'	ⓈThe Fits '15 'NR'	ⓈTeddy Pendergrass: If You Don't Know Me	ⓈPublic	ⓈBasketball County: In	ⓈFast and Furious: Death Race '20	ⓈMorris									
	SHOX 322	ⓈBrimstone '20	ⓈDexter: New Blood	ⓈEric Clapton: Life in 12 Bars '17 'NR'	ⓈThe Hummingbird Project '18, Drama' 'R'	ⓈThe Natural ★★ '84, Drama' 'PG'											
	SHOS 323	ⓈHigh Life '18 'R'	ⓈWalking and Talking '96 'R'	ⓈCut Bank '14, Suspense' 'R'	ⓈIn the Bedroom '01, Drama' Sissy Spacek 'R'	ⓈLast Call '21, Comedy' 'R'											
	TMC 327	ⓈHustle & Flow '05, Drama' 'R'	ⓈEquals '15, Science Fiction' 'PG-13'	ⓈThe Parts You Love '19, Drama' 'NR'	ⓈThe Wrong Todd '18 'NR'	ⓈLucky Grandma '19, Drama' 'NR'											
	FLIX-E 333	ⓈReign Over Me '07	ⓈKnife Fight ★★ '12, Drama' 'R'	ⓈAre We Done Yet? '07 'PG'	ⓈThe Phantom '96, Action' Billy Zane 'PG'	ⓈThe Spy Next Door '10 'PG'	ⓈComplicit										
STARZ	ENCR-E 340	ⓈHalf Past '25	ⓈThe Evil That Men Do '84	ⓈMen of Honor '00, Biography' Robert De Niro 'R'	ⓈYou, Me and Dupree '06	ⓈYellow Rose '19 'PG-13'	ⓈCable Guy										
	STARZ-E 350	ⓈSpanglish '27	ⓈMcFarland, USA '15, Docudrama' 'PG'	ⓈFame ★★ '09, Drama' Asher Book 'PG'	ⓈHome Sweet Hell ★ '15 'R'	ⓈCome as You Are '19	ⓈHayden Szeto 'NR'										
	STRZED 352	ⓈUntraceable '08, Suspense' Diane Lane 'R'	ⓈProm Night '08 'PG-13'	ⓈBad Parents '12 'NR'	ⓈPaul '11, Comedy' 'R'	ⓈGood Kids '16, Comedy' 'R'											
	STRZCI 353	ⓈBefore the Devil	ⓈThe Rider '17, Drama' 'R'	ⓈJuno '07, Comedy-Drama' 'PG-13'	ⓈFinal Portrait '17 'R'	ⓈMade in Dagenham '10 'R'											
STRZCO 354	ⓈGoing the Distance '10 'R'	ⓈTrading Places ★★ '83, Comedy' 'R'	ⓈBulletproof Monk '03, Action' 'PG-13'	ⓈAliens Ate My Homework	ⓈRoll Bounce												
EPIX	EPIX 380	ⓈStar Trek '25	ⓈYou're Next '11, Horror	ⓈPriceless ★★ '16, Drama	ⓈIn a World ... '13, Comedy	ⓈArrival '16, Science Fiction' Amy Adams	ⓈStar Trek-Dark.										
	EPIX2 381	ⓈMommy '35	ⓈBolden '19, Biography' Gary Carr	ⓈThe Kid ★★ '19, Western	ⓈAddicted ★★ '14, Drama' Sharon Leal	ⓈSonic the Hedgehog '20	ⓈLike Boss										
	EPIXX 382	ⓈEscape From Alcatraz '79, Suspense	ⓈRevolutionary Road ★★ '08, Drama	ⓈThe Last Castle '01, Suspense' Robert Redford	ⓈFlight '12, Drama' Denzel Washington												
	EPIXDR 292	ⓈCujo '83	ⓈShane ★★ '53, Western' Alan Ladd	Personal	ⓈFrench Postcards ★★ '79	ⓈStephen King's Thinner '96, Horror	ⓈJacob's Ladder '90, Horror										

AMERICA'S TOP PROGRAMMING																								
A&E 118	Paid Programs			Prince	Jeremiah	Joyce M.	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Shipping	Shipping	Shipping	Shipping								
AHC 195	Hitler (Part 2 of 6)		Hitler (Part 1 of 6)		Civil War: Battlefields		Civil War: Battlefields		Civil War: Battlefields		Apocalypse: WWI Fury		Apocalypse: WWI Fear		Apocalypse: WWI Hell									
AMC 131	ⓈBatman Returns '92			(15) Ultra City Smiths			Paid Programs			ⓈThe Maze Runner ★★ '14			(45) ⓈBatman Returns '92, Action											
APL 184	Last Frontier		Last Frontier		Too Cute!		My Cat From Hell		Crikey! It's the Irwins		Secret Life-Zoo		The Zoo		Treehouse Masters									
AXSTV 167	Paid Programs								The Big Interview		The Big Interview		The Big Interview		Rascal Flatts									
BCBA 135	ⓈX-Men: First Class '11, Action' James McAvoy			Star Trek: Deep Space			Star Trek: Deep Space			Star Trek: Deep Space		Star Trek: Deep Space		Star Trek: Deep Space		Star Trek: Next								
BET 124	Husbands	Husbands	The Parkers	The Parkers	Prince	Prince	Prince	Prince	Live Single	Live Single	black-ish	black-ish	The Parkers	The Parkers	The Parkers	The Parkers								
BOUNCE 359	Scandal		The Real		Wendy Williams Show		Nick Cannon		Injury Ct.		Injury Ct.		Court		Court		Paternity	Paternity						
BRAVO 129	Kelly Clarkson		Paid Programs			Housewives		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives						
BUZZR 245	Match	Match	Match	Match	Paid Programs		Les Feldick		Paid Prog.		Tell Truth		My Line?		Concentrat		You See It		Sharks	Card	Newlywed	Sweep		
CIHD 249	The Big House		The Big House Auburn			Paid Programs					American Justice		American Justice		Nightwatch		Nightwatch							
CMT 166	CMT Music		CMT Music			CMT Music		CMT Music		CMT Music		Roseanne		Roseanne		Roseanne		Roseanne		Roseanne		Roseanne		
CNBC 208	Shepard Smith		Worldwide Exchange (L)			Squawk Box (L)							Squawk on the Street (L)				TechCheck (L)							
CNN 200	CNN Newsroom Live (L)		Early Start w/Romans			New Day With		New Day With		New Day With		CNN Newsroom		CNN Newsroom		CNN Newsroom		At This Hour-Kate						
COM 107	South Park		South Park		Paid Programs					Cleveland		Cleveland		Cleveland		Cleveland		South Park		South Park		South Park		
COMET 289	Paid Programs												ⓈAlien Agent '07, Science Fiction' Billy Zane		ⓈThe 4th Floor '99									
COOK 113	Paid Programs						Unwrap2.0		Unwrap2.0		Unwrap2.0		Unwrap2.0		PizzaMast		PizzaMast		PizzaMast		PizzaMast		Good Eats	Good Eats
DISC 182	Street Outlaws		Street Outlaws		Airplane Repo		Airplane Repo		Airplane Repo		Airplane Repo		Airplane Repo		Airplane Repo		Airplane Repo							
DFC 179	Kit. Crash	Kit. Crash	Gl Joe	Gl Joe	Blazing	Transform.	Transform.	Transform.	Rescue Bots	Rescue Bots	Transform	Puppies	Puppies	Puppies	Pet Shop	Monsters	Monsters							
DISN-E 172	Jessie	Jessie	Ladybug	Ladybug	Sofia	Sofia	Bluey	Bluey	Bluey	Mickey	Spidey	Bluey	Bluey	Puppy Pals	Bluey	Bluey								
ENCR-W 341	ⓈWhat Lies Beneath '00 'PG-13'			ⓈHalf Past Dead ★ '02, Action' 'PG-13'			ⓈThe Evil That Men Do '84		ⓈMen of Honor '00, Biography' Robert De Niro 'R'		ⓈDupree													
EWESTN 342	ⓈThe Hallelujah Trail '15			The Virginian			ⓈThe Comancheros '61, Western' 'NR'		ⓈJericho '01, Western' 'PG-13'		ⓈThe Gunfighter '50 'NR'		ⓈHallelujah											
EACTN 343	ⓈDelta Force II: The Colombian Connection 'R'			Ⓢ(5:50) The Mortal Instruments: City of Bones			Ⓢ(03) Hours '13, Drama' 'PG-13'		Ⓢ(43) The Lookout ★★ '07, Suspense' 'R'		ⓈJoy Ride													
ESUSP 344	ⓈThe Juror '35		ⓈSleepy Hollow ★★ '99, Horror' 'R'			Ⓢ(23) P2 ★★ '07, Suspense' 'R'		Ⓢ(04) The Craft '96, Horror' Robin Tunney 'R'		Ⓢ(9:48) Twisted '04, Suspense' 'R'		ⓈThe Gift												
EBLACK 345	ⓈBig Hit '26		ⓈGrown Ups 2 ★ '13 'PG-13'			Ⓢ(09) Three Can Play That Game		Ⓢ(42) This Is Personal '19, Documentary' 'R'		ⓈBehind Enemy Lines: Colombia		ⓈRedemption Day '21												
ECLASS 346	ⓈConan the Barbarian '13			ⓈMamma Mia! '08			ⓈMeryl Streep 'PG-13'		Ⓢ(05) The Abyss '89, Science Fiction' Ed Harris 'PG-13'		Ⓢ(29) Get Carter '00, Suspense' 'R'		ⓈConan the Barbarian											
EFAMILY 347	ⓈKidco '84		ⓈWarren Miller's Timeless '19			Ⓢ(11) Pit Pony '97, Drama' 'NR'		Charmers		Ⓢ(09) Kidco '84, Comedy' Scott Schwartz 'PG'		Ⓢ(9:55) Matilda '96, Children's' 'PG'		ⓈMax										
ESPN 140	ⓈSportCtr		SportCtr		SportsCenter		SportsCenter		SportsCenter (L)		Get Up (L)				First Take (L)									
ESPN2 143	ⓈCollege Football			UFC Archival		Keyshawn, JWill and Max (L)					SportsCenter (L)		SportsCenter		Get Up									
EWTN 261	First/Love	Blueprint	The Church		Metanoia	Healthcare	Church	St. Michael	Rosary	Daily Mass (L)			Holy		Living Right		Mother Angelica Live		Man/					
FETV 82	Hillbillies	Hillbillies	Prince	Jeremiah	Joyce M.	Robison	Ranger	Ranger	Ranger	Wagon Train			Hillbillies		Hillbillies		Hazel		Hazel		Beaver	Beaver		
FNC 205	ⓈFOX & Friends First (L)		ⓈFOX & Friends First (L)			ⓈFOX & Friends First (L)							America's Newsroom With Hemmer & Perino		The Faulkner Focus (L)									
FOOD 110	Kids Baking			Paid Programs					Delicious		Delicious		Delicious		Delicious		Food Paradise		Food Paradise					
FREFM 180	Paid Programs						black-ish		black-ish		black-ish		black-ish		The 700 Club		700 Club		The Middle		The Middle			
F51 150	ⓈGreatest Races: NASCAR						Skip and Shannon: Undisputed		First Things First (L)						Skip and Shannon: Undisputed (L)									

EASTERN	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30	11AM	11:30
CENTRAL	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30	10AM	10:30
MOUNTAIN	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30	9AM	9:30
PACIFIC	1AM	1:30	2AM	2:30	3AM	3:30	4AM	4:30	5AM	5:30	6AM	6:30	7AM	7:30	8AM	8:30

AMERICA'S TOP PROGRAMMING

FX	136	Paid Programs						Mom	Mom	Mom	Mom	The Revenant ★★★ ('15, Adventure) <i>Leonardo DiCaprio</i>									
FXM	384	Hemingway's Adventures of a Young Man				The Robe ★★★ ('53, Historical Drama) 'NR'				('15) Demetrius and the Gladiators ('54) 'NR'		Diplomatic Courier ('52) 'NR'		Quiller							
FXX	125	Paid Programs						Downsizing ★★★ ('17, Comedy-Drama) <i>Matt Damon, Christoph Waltz</i>				Split ★★★ ('16, Suspense) <i>James McAvoy</i>									
GETTV	373	Catch 21	Catch 21	All/Family	All/Family	Paid Programs						Good Time		Good Time		All/Family		All/Family			
GMSHW	116	Paid Programs						Catch 21	Catch 21	Ma. Minds	Ma. Minds	Puzzler	Puzzler	America	America						
GOLF	401	GOLF Films		Golf Central		Golf Central		Golf Central		Golf Central		GOLF Films <i>St. Andrews</i>				GOLF Films					
GRIT	217	Paid Programs						Zane Grey	Zane Grey	<i>Laramie The Dynamiters</i>		Decision at Sundown ★★★ ('57, Western)		Seven Men From Now ★★ ('56, Western)							
HALL	185	Cheers	Cheers	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls				
HALLDR	186	Little House on Prairie		Little House on Prairie		Little House on Prairie		Little House on Prairie		Matlock <i>The Ex</i>		Matlock <i>The Clown</i>		Matlock <i>The Star</i>		Matlock <i>The Con Man</i>					
HALLMV	187	Monk		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder					
HDMOV	130	Paid Programs						The Bad News Bears ★★★ ('76, Children's)				('95) Death Rides a Horse ('69, Western)									
HGTV	112	Love it or List it		Love it or List it		Builds	Builds	Builds	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	HGTV Dream				
HIST	120	Paid Programs						Amazing	Jeremiah	Brad Meltzer's Decoded		Brad Meltzer's Decoded		Brad Meltzer's Decoded		Brad Meltzer's Decoded		Beyond Oak Island			
ID	192	Disappeared		Disappeared		Murder by Numbers		Murder by Numbers		Murder by Numbers		Ice Cold Killers		Ice Cold Killers		Ice Cold Killers					
IFC	133	3rd Rock	3rd Rock	3rd Rock	3rd Rock	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks	Parks				
LAFF	237	Paid Programs						How I Met	How I Met	Videos	Videos	Jim	Jim	Grace/Fire	Grace/Fire	Grace/Fire	Grace/Fire	Nt. Court	Nt. Court		
LIFE	108	Paid Programs						Creflo	Robison	Joyce M.	Paid Prog.	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Closer			
LMN	109	Paid Programs						Your Family or Your Life ('19, Drama)				Hidden Family Secrets ('18, Suspense)				Long Lost Daughter ('18, Suspense)					
MAGN	111	Paid Prog. Flea		Paid Programs		Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone	Stone				
MGMHD	385	5.S.F.W.	Studio	Studio	Studio	Studio	Studio	(6:50) The Dirty Dozen: The Deadly Mission				(8:55) The Dirty Dozen: The Fatal Mission ('88)				Siege-Firebase					
MOTOR	246	Texas Metal		FantomWorks		Garage	Garage	Restoration	Restoration	Hot Rod Garage		Junkyard Empire		Junkyard Empire		Car Fix		Garage			
MSNBC	209	Rachel Maddow Show		Way Too Early		Morning Joe (L)						Reports				Craig Melvin Reports (L)					
NATGEO	197	Drugs, Inc.		Drugs, Inc.: The Fix		Paid Programs						Tiny House Nation				Tiny House Nation (N)					
NGWLD	190	Paid Programs						The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol					
OUTD	396	The Race to the Hudson		Fur Hat Ice	Dead Meat	BigWater	Seahunter	Snow (N)	Wardens	Bone Coll.	Hunt	Lake	Zona's	Wild Ride	Whitetail	Live 2 Hunt	Africa				
OWN	189	20/20 on OWN		20/20 on OWN		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil					
OXYG	127	911 Crisis Center		911 Crisis Center		911 Crisis	911 Crisis	Killer Siblings <i>Engels</i>				Killer Siblings		Buried in the Backyard		Buried in the Backyard		Buried in the Backyard			
PARMT	241	Paid Programs						Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue					
POP	117	Goldbergs	Goldbergs	Goldbergs	Goldbergs	Ghost Whisperer		Ghost Whisperer		Ghost Whisperer		ER		ER		ER					
REELZ	299	Paid Programs						Charlie Sheen: Fame and Scandal				Mel Gibson: Fame		Mary Kay Letourneau		Amy Fisher: Kill for Me		Sex Behind Bars			
SCI	193	Secrets		Secrets		Universe Works		Universe Works		Unearthed		Unearthed		Strange Evidence		What on Earth?					
SMITH	367	America's Hidden		America's Hidden		Aerial America		Aerial America		Aerial America <i>Vermont</i>		Inside Windsor Castle		Adventure Windsor Castle		Am. Princesses					
SONY	386	Angel ★ ('84)		('15) Angel of Death ('09, Action)		('40) Mysterious Island ('61, Science Fiction)		High Road to China ★★★ ('83, Adventure)		('45) Never Talk to Strangers ('95)											
SUND-E	358	Columbo		Heroes		Heroes		Heroes		Heroes		Heroes		Law Order: Cl		Law Order: Cl		Law Order: Cl			
SYFY	122	Paid Programs						Victor Frankenstein ★★ ('15, Horror) <i>Daniel Radcliffe</i>				('26) Scarecrow ('13, Horror) <i>Lacey Chabert</i>		Shut In ★ ('16, Suspense)							
TBN	260	J. Rubin	Mysteries	Church	S. Furtick	Joyce M.	Wommack	David	Prince	R. Jeffress	Joyce M.	Creflo	Hagee Min	Joel Osteen	Jackson	S. Furtick	Jentezen				
TBS	139	Wipeout		Matters	Matters	Matters	George	George	George	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends				
TCM	132	Comet-Broad.		('15) Always in My Heart ★★★ ('42, Drama)		The Feminine Touch ★★★ ('41)		('45) The Goose and the Gander		Play Girl ('40, Comedy) <i>Kay Francis</i>		Secrets									
TLC	183	Say Yes to the		Say Yes to the		Addicted to Marriage		Addicted to Marriage		Addicted to Marriage		Untold Stories of the ER		Untold Stories of the ER		Untold Stories of the ER					
TMC-W	329	LA Confidential ('97)		American Badger ('19) 'NR'		Hustle & Flow ★★★ ('05, Drama) 'R'		Equals ('15, Science Fiction) 'PG-13'		('15) The Parts You Lose ('19, Drama) 'NR'											
TNT	138	Bones		Bones		Charmed		Charmed <i>Blind Sided</i>		Charmed		Charmed <i>Love Hurts</i>		Supernatural		Supernatural					
TRU	242	Paid Programs						Ad. Ruins		Ad. Ruins		Imp. Jokers		Imp. Jokers		Carbonaro		Carbonaro	Carbonaro	Carbonaro	
TRVL	196	Paid Programs						From Beyond (N)		Paranormal Witness		Paranormal Witness		Paranormal Witness		Paranormal Witness					
TVLND	106	Christine	Christine	Christine	Christine	Paid Programs						M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		Bonanza	
UP	188	Paid Programs						Heartland		Heartland <i>Showdown</i>		Heartland <i>True Enough</i>		Little House on Prairie		Little House on Prairie		Little House on Prairie			
USA	105	Dateline (Part 1 of 2)		Dateline (Part 2 of 2)		NCIS: Los Angeles		NCIS <i>Personal Day</i>		NCIS <i>Incognito</i>		NCIS <i>Double Trouble</i>		NCIS <i>Lockdown</i>		NCIS <i>Viral</i>					
WE	128	Marriage- Reality Stars		Paid Programs						Law & Order				Law & Order							

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

ABC-E	Morning	Morning	Morning	Morning	Morning	Morning	Morning	Good Morning America (N)				Local Programs				The View (N)	
CBS-E	CBS Overnight News (N)		News	News	News	News	News	CBS Mornings (N)				Local Programs				The Price Is Right (N)	
CW-E	Local Programs						Local Programs										
FOX-E	Local Programs						Local Programs						Local Programs		Local Programs		
NBC-E	Local Programs						Local Programs		Today (N)		Today 3rd Hour (N)		Today-Hoda		Local Programs		
ME-TV	247*	('05) Barnaby Jones		Patrol	Dragnet	Dragnet	Three Sons	Toon In With Me (N)		Beaver	Beaver	Perry Mason	Matlock <i>The Biker</i>		In the Heat of Night		
ABC-W	Local Programs						ABC World News Now (N)				Morning		Morning		Good Morning America (N)		
CBS-W	Corden	Local Prog.		CBS Overnight News (N)						News		News		CBS Mornings (N)			
CW-W	Local Programs						Local Programs										
FOX-W	Local Programs						Local Programs						Local Programs		Local Programs		
NBC-W	Meyers	News	Today-Hoda		Early Tdy	Local Programs						Local Programs		Today (N)			
PBS	Around	United in Song Celebrating			Xavier	Arthur	Molly	Wild Kratts	Elementary	Almas	Curious	Tiger	Donkey	Elinor	Sesame St.	Pinkalicious	

	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30	7PM	7:30
CENTRAL	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30	6PM	6:30
MOUNTAIN	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30	5PM	5:30
PACIFIC	9AM	9:30	10AM	10:30	11AM	11:30	12PM	12:30	1PM	1:30	2PM	2:30	3PM	3:30	4PM	4:30

PREMIUM MOVIES

HBO	HBO-E 310	(05) Cloverfield ('08) 'PG-13'	Collide ★★ ('16, Action) 'PG-13'		(10) Transformers ('07, Action) <i>Shia LaBeouf</i> 'PG-13'		(35) The Wolverine ('13, Action) 'PG-13'		Nightmare								
	HBO2 312	(06) Dinner for Schmucks ('10) 'PG-13'	REAL Sports		(45) The Internship ('13, Comedy) 'PG-13'		(45) Insecure: The End		(5:50) The Reader ('08, Drama) <i>Kate Winslet</i> 'R'								
	HBO5 314	(06) Memento ('00, Suspense) 'R'	(45) Human Capital ('19, Drama) 'NR'		(25) Wonder Woman 1984 ('20, Action) <i>Gal Gadot</i> 'PG-13'		Hard		How to		(15) Limbo ('20) 'R'						
	HBOF 315	(13) Dolphin Tale ★★ ('11, Children's) 'PG'	(06) Epic ★★ ('13, Children's) 'PG'		(25) Wonder Woman 1984 ('20, Action) <i>Gal Gadot</i> 'PG-13'		(3:49) Dolittle ('20, Children's) 'PG'		(31) Zoom ('06, Children's) 'PG'		Mr. Magorium						
MAX	MAX 307	(06) Bandits ('11, Comedy) <i>Bruce Willis</i> 'PG-13'	(10) Irresistible ('20, Comedy) <i>Steve Carell</i> 'R'		(25) Miss Julie ('14, Drama) 'PG-13'		(05) High Fidelity ('00, Romance-Comedy) 'R'										
	5MAX 308	(10) 2 Guns ('13, Action) <i>Denzel Washington</i> 'R'	(1:59) Evolution ★★ ('01) 'PG-13'		(41) Against the Ropes ('04, Drama) 'PG-13'		(32) The Legend of Hercules ('14)		Employee-Mnth								
	MMAX 309	(23) Dark Hall	(23) Birthday Girl ★★ ('01) 'R'		(1:54) Stoker ('13, Horror) 'R'		(34) Bad Words ★★ ('14) 'R'		(04) Private Parts ★★ ('97, Biography) 'R'		Cider House						
	SHO-E 318	(15) Queen Bees ('21, Comedy) 'PG-13'	Adam Sandler's		(15) Scrooged ('88, Comedy) <i>Bill Murray</i> 'PG-13'		My Salinger Year ('20, Drama) 'R'		(45) Titanic ('97) 'PG-13'								
SHOWTIME	SHO2 320	Attica ('21, Documentary) 'NR'	Reindeer Games ★★ ('00) 'R'		(45) The Last Picture Show ★★ ('71, Drama) 'R'		Embattled ('20, Drama) <i>Stephen Dorff</i> 'R'										
	SHOBET 321	Morris From America Under the Volcano ('21) <i>Sting</i> 'NR'		(45) The Manchurian Candidate ('04, Suspense) 'R'		Mid90s ('18, Comedy-Drama) 'R'		Jexi ★ ('19, Comedy) 'R'									
	SHOX 322	Natural		(35) Disgraced ('17, Documentary) 'NR'		The Challenger ('15) 'PG-13'		(15) Ricky Powell: The Individualist ('20) 'NR'		(05) Rolling Like Thunder		Natural					
	SHOS 323	(10) Four Rooms ('95, Drama) <i>Tim Roth</i> 'R'	Philadelphia ('93, Drama) <i>Tom Hanks</i> 'PG-13'		(05) Targets ('68, Suspense) 'R'		(35) Big Night ('96, Drama) <i>Minnie Driver</i> 'R'		Station								
STARZ	TMC 327	Relic ('20, Horror) <i>Robyn Nevin</i> 'R'	Nighthawks ('19, Drama) 'NR'		(05) Backstabbing for Beginners ('18) 'R'		Abducted ('20, Action) 'NR'		(35) Krishna ('15, Drama) 'R'								
	FLIX-E 333	Complicit ('13) 'NR'		(15) A Perfect Man ★★ ('12, Romance) 'R'		Vicky Cristina Barcelona ('08)		(45) Heartworn Highways ('76)		(15) Glenngary Glen Ross ('92, Drama) 'R'							
	ENCR-E 340	The Cable Guy ('96) 'PG-13'		(24) Men of Honor ★★ ('00, Biography) 'R'		(36) Fantasy Island ★ ('20, Horror) 'PG-13'		(29) Yellow Rose ('19) 'PG-13'		You, Me and Dupree							
	STARZ-E 350	(03) Spanglish ('04, Comedy-Drama) <i>Adam Sandler</i> 'PG-13'		(18) Milk ('08, Biography) <i>Sean Penn</i> 'R'		McFarland, USA ('15, Docudrama) 'PG'		(42) Tin Cup ('96, Comedy) 'R'									
EPIX	STRZED 352	(14) The Unholy ★ ('21, Horror) 'PG-13'		(1:57) The Burnt Orange Heresy		(39) Slither ('06, Horror) <i>Nathan Fillion</i> 'R'		(18) Paul ★★ ('11, Comedy) 'R'		(05) The Change-Up							
	STRZCI 353	Dagen ('17) <i>Sweetness in the Belly</i> ('19)		(10) Munich ★★ ('05, Suspense) <i>Eric Bana, Daniel Craig</i> 'R'		(4:57) Breathe ★★ ('17, Biography) 'PG-13'		Importance-Ern									
	STRZCO 354	Roll Bounce ('05)		(12:46) Intolerable Cruelty ('03)		(28) Bulletproof Monk ('03) 'PG-13'		(14) Trading Places ★★ ('83, Comedy) 'R'		(13) Greed ('19, Comedy) <i>Steve Coogan</i> 'R'							
	EPIX 380	Star Trek Into Darkness ('13)		The Peanut Butter Falcon ('19)		(10) The Indian in the Cupboard ('95, Fantasy)		(4:50) Hotel for Dogs ★★ ('09)		The Addams Family ★★ ('19)							
EPIX2 381	Like a Boss ★ ('20) (12:55) True Grit ('69, Western) <i>John Wayne</i>		(05) Once Upon a Time in the West ('69, Western) <i>Henry Fonda</i>		(5:55) Gunfight at the O.K. Corral ('57)												
EPIXH 382	Flight ('12) (35) The Conversation ('74, Suspense)		Bombshell ('19, Drama) <i>Charlize Theron</i>		(20) The Saint ★★ ('97, Action) <i>Val Kilmer</i>		(20) Dredd ('12, Action) <i>Karl Urban</i>										
EPIXDR 292	(15) The Haunting ('99, Horror) <i>Liam Neeson</i>		(10) Vampire in Brooklyn ★★ ('95, Comedy)		(3:55) Ordinary People ★★ ('80, Drama)		The Soloist ★★ ('09, Drama) <i>Jamie Foxx</i>										

AMERICA'S TOP PROGRAMMING

A&E 118	Shipping	Shipping	Shipping	Shipping	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage		
AHC 195	Apocalypse: WWI <i>Rage</i>		Apocalypse: WWI		World War II in Color		World War II in Color		Weaponology		Weaponology		Weaponology		Weaponology			
AMC 131	Batman Returns ('92, Action)		(45) Batman & Robin ★ ('97, Action) <i>Arnold Schwarzenegger</i>		(45) Man of Steel ★★ ('13, Action) <i>Henry Cavill, Amy Adams</i>													
APL 184	Tanked		Pit Bulls and Parolees		Pit Bulls and Parolees		Lone Star Law		Tanked		Tanked		Tanked		Insane Pools (N)			
AXTV 167	R Flatts		Alan Jackson: Keepin' It Country - Live At Red Rocks		Ozzy & Jack's		Ozzy & Jack's		Ozzy & Jack's		Ozzy & Jack's		Ozzy & Jack's		Ozzy & Jack's			
BBCA 135	Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		Batman Forever ('95, Action) <i>Val Kilmer</i>			
BET 124	Martin	Martin	Martin	Martin	White Chicks ★★ ('04, Comedy) <i>Shawn Wayans, Marlon Wayans</i>		Life ★★ ('99, Comedy-Drama) <i>Eddie Murphy, Martin Lawrence</i>											
BOUNCE 359	Paternity	Paternity	Hot Bench	Hot Bench	In the Heat of Night		In the Heat of Night		A Low Down Dirty Shame ★ ('94, Action)		Hustle and Heat ('03, Suspense) <i>Duane Martin</i>							
BRAVO 129	Housewives	Housewives of NJ	Housewives of NJ	Housewives of NJ	Housewives of NJ	Housewives of NJ	The Real Housewives of New Jersey		Housewives of NJ		Vanderpump Rules							
BUZZR 245	Match	Match	Concen.	Concen.	Password	Password	Super Pass	Tattletales	Press Luck	Whew!	Match	Match	Match	Match	Match	Sale of		
CIHD 249	Nightwatch		Behind Bars		Behind Bars		Grace vs. Abrams		Marcia Clark Investigates The First 48		The Killer Speaks		The Killer Speaks					
CMT 166	Mike	Mike	Mike	Mike	King	King	King	King	King	King	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man		
CNBC 208	Fast Money Halftime		The Exchange (L)		Power Lunch (L)		Clinging Bell (L)		Fast Money (L)		Mad Money (N)		Shepard Smith					
CNN 200	Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Erin Burnett OutFront (L)					
COM 107	South Park	South Park	South Park	South Park	South Park	South Park	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office		
COMET 289	The 4th Floor ('99)		11-11-11 ★★ ('11, Horror) <i>Timothy Gibbs</i>		The Outer Limits		The Outer Limits		Farscape		Farscape		Quantum Leap					
COOK 113	Good Eats	Good Eats	Good Eats	Good Eats	Eddie Eats	Eddie Eats	Cheat Day	Cheat Day	Man Fire	Man Fire	Man Fire	Man Fire	Man, Food	Man, Food	Man, Food	Man, Food		
DISC 182	Airplane Repo		Airplane Repo		Airplane Repo		Airplane Repo		Airplane Repo		Airplane Repo		Street Outlaws: Fastest		Street Outlaws: Fastest			
DFC 179	Pac-Man	Pac-Man	Littlest Pet	Pet Shop	Pet Shop	Pony Life	LittlePony	LittlePony	LittlePony	LittlePony	Too Cute!	Too Cute!	America's Cutest		Buddy vs. Duff			
DISN-E 172	Ladybug	Ladybug	Ladybug	Big City	Ghost	Big City	Bunk'd	Bunk'd	Big City	Big City	Bunk'd	Bunk'd	Ladybug	Ladybug	Big City	Big City		
ENCR-W 341	You, Me and Dupree ('08) Yellow Rose ('19) 'PG-13'		(45) The Cable Guy ('96, Comedy) 'PG-13'		(24) Men of Honor ★★ ('00, Biography) 'R'		(36) Fantasy Island ('20) 'PG-13'											
EWESTN 342	The Hallelujah Trail ('65, Western) 'NR'		The Deputy		Wanted ...		(2:55) Wagon Train		Laramie		Death Vall.		Fargo		Rifleman		(5:20) Hallelujah	
EACTN 343	Joy Ride ('01) 'R'		(04) Into the Blue ('05, Adventure) 'PG-13'		(2:57) Hours ('13, Drama) 'PG-13'		(37) Night of the Living Dead 'NR'		Frank Miller's Sin City: A Dame to Kill For 'R'									
ESUSP 344	The Gift ★★ ('00, Suspense) 'R'		(22) Dune ★★ ('84, Science Fiction) 'PG-13'		(41) Driven ('18, Suspense) <i>Jason Sudeikis</i> 'R'		(37) Twisted ('04, Suspense) <i>Ashley Judd</i> 'R'		The Craft									
EBLACK 345	Redemp ('40) Three Can Play That Game ('12) aTypical Wednesday ('20)		(45) Basic ('03, Suspense) <i>John Travolta</i> 'R'		(26) The Big Hit ('98, Action) 'R'		Malcolm		Malcolm									
ECLASS 346	Conan the Barbarian ('82) 'R'		(25) The Edge ★★ ('97, Adventure) 'R'		(26) 3 Days to Kill ★★ ('14, Action) 'PG-13'		(26) The Abyss ('89, Science Fiction) <i>Ed Harris</i> 'PG-13'											
EFAMILY 347	Max Winslow		(14) My Hero Academia: Heroes Rising ('19)		The Beverly Hillbillies ('93) 'PG'		(35) Kidco ('84, Comedy) <i>Scott Schwartz</i> 'PG'		Max Winslow and the House									
ESPN 140	SportsCenter (L)		SportsCenter (L)		This Just In (L)		NBA Today (L)		NFL Live (L)		Around		Interruption		SportsCenter		College Basketball	
ESPN2 143	First Take		SportsCenter		This Just In		Jalen		College Football Live (L)		NFL Live		Daily Wager		College Basketball			
EWTN 261	Daily Mass		Women of Seton		Scripture and Tradition		Chaplet		Holy Mass In Honor of Saint		Choices		Elizabeth		News		Crusades	
FETV 82	Bewitched		Bewitched		Wagon Train		Rawhide		Rawhide		Perry Mason		Perry Mason		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)	
FNC 205	Outnumbered (L)		America Reports With John Roberts		The Story With Martha		Your World W/ Cavuto		The Five (L)		Special Report		FOX News Primetime (L)					
FOOD 110	Food Paradise		Alex vs. America		Chopped <i>Clean Eatin'</i>		Chopped <i>Fat Chance</i>		Chopped		Chopped <i>Dill Dilemma</i>		Chopped <i>Frying Times</i>		Chopped <i>Lighten Up</i>			
FREFM 180	The Middle		The Blind Side ★★ ('09, Drama) <i>Sandra Bullock, Tim McGraw</i>		Grown Ups ★★ ('10, Comedy) <i>Adam Sandler</i>		The Office		The Office		The Office		The Office		The Office			
F51 150	The Herd with Colin Cowherd (L)		Speak for Yourself (L)		Skip and Shannon: Undisputed		NFL Films		College Basketball									

Table with 16 columns representing time slots from 12PM to 7:30 and 16 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, PACIFIC.

AMERICA'S TOP PROGRAMMING

Main programming grid table with columns for channel, time, program title, and description. Includes programs like Revenant, The Quiller Memorandum, Spirit, and The Last Waltz.

NETWORKS

Table detailing network programming for ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

PREMIUM MOVIES

HBO	HBO-E 310	Real Steel ('11, Action)	High Jackman 'PG-13'	How to	Hard Knocks: Colts	Chillin	Inside Man ★★★ ('06, Suspense) 'R'	(10) Four Hours at the Capitol			Thelma					
	HBO2 312	Murders, Rock	Murders, Rock	TBA	(20) The Campaign 'R'			Chillin	(15) Iris ★★★ ('01, Drama)	Judi Dench 'R'	World's Greatest Dad					
	HBO5 314	Limbo ('20) 'R'	Half Brothers ★★ ('20) 'PG-13'	I, Robot ('04, Science Fiction) 'PG-13'	(35) King Kong ★★★ ('05, Adventure)			Naomi Watts 'PG-13'	(45) Rent							
	HBOF 315	Magorium Dr. Doittle: Million Dollar Mutts (02)	The Animal ★★ ('01) 'PG-13'	(26) Max Steel ★★ ('16) 'PG-13'	(12:58) Little Man ('06) 'PG-13'	League of Extra. Gentlemen										
MAX	MAX 307	The Personal History of David Copperfield		Matchstick Men ('03, Comedy) 'PG-13'	(11:58) Hacksaw Ridge ('16, War)			Andrew Garfield 'R'	(19) The Raven ('12, Suspense) 'R'							
	5MAX 308	Employee-Mnth	Varsity Blues ★★ ('99) 'R'	(45) My Cousin Vinny ('92, Comedy) 'R'	(45) Saturday Night Fever ('77, Drama) 'R'			(44) Death Wish ★★★ ('74) 'R'								
	MMAX 309	Cider House	Finding Neverland ('04) 'PG'	(42) Wendy ★★★ ('20, Adventure) 'PG-13'	(34) Sunshine Cleaning ('08) 'R'			(06) Runner Runner ★ ('13) 'R'	Flight-Pho.							
SHOWTIME	SHO-E 318	Titanic ('97, Historical Drama) 'PG-13'		Yellowjackets	Dexter: New Blood	Wrong Turn ('21, Horror)	Charlotte Vega 'R'	Best of All the Smoke			The Souvenir ('19) 'R'					
	SHO2 320	Dexter: New Blood	Yellowjackets	Cusp ('21, Documentary) 'NR'	Zack and Miri Make a Porno ('08)	(15) Erotic Emergency ('20) 'NR'	(25) Pulp Fiction ('94) 'R'									
	SHOBET 321	Sleeper Cell: Terror	Fear of a Black Hat ('93) 'R'	Get Rich or Die Tryin' ('05, Crime Drama) 'R'	The Golden Child ('86) 'PG-13'			(05) The Chi	The Chi							
	SHOX 322	The Natural ('84, Drama) Robert Redford 'PG'		Boxing 2021: Jaron Ennis vs. Sergey Lipinets	TBA			Alive ('19, Horror) 'NR'	Sound							
	SHOS 323	The Station Agent 'R'	Philadelphia ('93, Drama)	Tom Hanks 'PG-13'	(05) Last Call ('21, Comedy)	Jeremy Piven 'R'	Soul Plane ★★ ('04, Comedy) 'R'	American Honey ('16) 'R'								
	TMC 327	Relic ('20, Horror)	Robyn Nevin 'R'	The Turning ('20, Horror) 'PG-13'	(05) Brahm: The Boy II ★★ ('20)	(35) Frank Miller's Sin City ('05, Action) 'R'	(40) Under the Skin ('13) 'R'									
FLIX-E 333	Rescue Dawn ('06, War)	Christian Bale 'PG-13'	(15) Complicit ('13, Crime Drama) 'NR'	Blue Caprice ★★ ('13) 'R'			(35) Cutting Class ('89, Horror) 'R'	House-Cemetery								
STARZ	ENCR-E 340	You, Me and Dupree Accepted ('06, Comedy) 'PG-13'	(36) The Cable Guy ('96) 'PG-13'	(12:15) Emperor ('20, Historical Drama) 'PG-13'	(15:7) The Broken Hearts Gallery ('20) 'PG-13'											
	STARZ-E 350	Tin Cup ('96) 'R'	The Postman ★★ ('97, Drama)	Kevin Costner, Will Patton 'R'	(12:03) Bad Boys for Life ('20, Action) 'R'	(10) The Etruscan Smile ('18, Drama) 'R'										
	STRZED 352	The Change-Up ('11)	The Unholy ('21, Horror) 'PG-13'	(42) Slither ('06, Horror)	Nathan Fillion 'R'	(21) Dublin Murders	(23) Dublin Murders	(25) Along Came a Spider ('01) 'R'								
	STRZCI 353	Importanc	(34) The Truffle Hunters ('20)	Made in Dagenham ('10, Comedy-Drama) 'R'	(11:56) How to Deter a Robber	(25) The Song of Names ('19, Drama) 'PG-13'	Little									
STRZCO 354	10 Items or Less ('06, Drama) 'R'	(23) Going the Distance ('10) 'R'	(08) Intolerable Cruelty ★★ ('03) 'PG-13'	(12:52) The Original Kings of Comedy ('00) 'R'	Walk Hard											
EPIX	EPIX 380	Lemony Snicket's Series of Unfortunate		(9:50) Hugo ('11, Adventure)	Ben Kingsley	Dora and the Lost City of Gold	(45) Playing With Fire ★ ('19, Comedy)	Condor								
	EPIX2 381	Hidalgo ★★ ('04, Adventure)		Viggo Mortensen	(20) Open Range ('03, Western)	Robert Duvall	(40) The Marksman ('21, Action)	Liam Neeson	Stonewall ('15, Historical Drama)							
	EPIXH 382	Terminator: Dark Fate ('19, Science Fiction)		(10) G.I. Joe: Retaliation ★★ ('13, Action)	(12:05) Gemini Man ('19, Action)	Will Smith	(05) Dredd ('12, Action)	Karl Urban	Black Rain							
	EPIXDR 292	What's Eating Gilbert Grape ★★ ('93)		Regarding Henry ('91, Drama)	Harrison Ford	(11:50) All the Right Moves ('83)	(25) Dead Man Walking ('95, Crime Drama)	Soloist								

AMERICA'S TOP PROGRAMMING

A&E 118	Storage	Storage	Storage	Storage	Shipping	Shipping	Storage	Storage	Storage	Storage	Storage	Storage	Shipping	Shipping	Storage	Storage	
AHC 195	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	Project Nazi	
AMC 131	The Great Outdoors ★★ ('88, Comedy)			E.T. the Extra-Terrestrial ★★★ ('82, Children's)	Henry Thomas	The Walking Dead	(14) The Walking Dead	Walk:Dead									
APL 184	Insane Pools (N)			Crikey! It's the Irwins	Crikey! It's the Irwins	Insane Pools	Crikey! It's the Irwins	Crikey! It's the Irwins									
AXSTV 167	Top Ten	Top Ten	Top Ten	Legends	Legends	Legends	LA Ink (N)	LA Ink Corey's Dilemma	LA Ink (N)	LA Ink (N)							
BCCA 135	Batman Deep Impact ★★ ('98, Drama)		Robert Duvall, Tea Leoni	Batman Forever ★★ ('95, Action)	Val Kilmer	Deep Impact ★★ ('98, Drama)	Robert Duvall, Tea Leoni										
BET 124	Payne	As. Living	TBA	Tyler Perry's The Oval (N)			Tyler Perry's Ruthless (N)	Bruh	Martin	Martin	Prince	Prince					
BOUNCE 359	Bulletproof ★★ ('96, Action)			Damon Wayans	Fire With Fire ('12, Action)	Josh Duhamel	Eraser ★★ ('96, Action)	Arnold Schwarzenegger	In the Heat of Night	The Game							
BRAVO 129	Vanderpump Rules (N)		Vanderpump Rules (N)	Watch	Vanderpump Rules	Housewives/OC	Housewives of NJ	Housewives-Atlanta	Kandi's Ski Trip	Watch							
BUZZR 245	Concen.	Super Pass.	Sweep	Newlywed	Match-Squares	Concen.	Super Pass.	Sweep	Newlywed	Match-Squares	Concen.	Concen.	FamFeud	FamFeud			
CIHD 249	The Killer Speaks		The Killer Speaks	The Killer Speaks	The Killer Speaks	The Killer Speaks	The Killer Speaks	The Killer Speaks	The Killer Speaks	The Killer Speaks	The Killer Speaks	The Killer Speaks					
CMT 166	Last Man	Last Man	Mom	Mom	Mom	Mom	Mom	Reba	Reba	Reba	Reba	Reba	Reba	Housewife	Housewife		
CNBC 208	Shark Tank		Shark Tank	Shark Tank	Shark Tank	Shepard Smith	American Greed	Dateline	Dateline								
CNN 200	Anderson Cooper 360 (L)		Anderson Cooper 360 (L)	Don Lemon Tonight (L)	Don Lemon Tonight (L)	Anderson Cooper 360	Anderson Cooper 360	Don Lemon Tonight	Don Lemon Tonight								
COM 107	The Office	The Office	The Office	The Office	The Office	Daily Show	Seinfeld	Seinfeld	The Daily Show	South Park	South Park	South Park	South Park				
COMET 289	Quantum Leap		Quantum Leap	The X-Files (Part 2 of 2)	The X-Files	The X-Files	Dod Kalm	Sliders	Sliders Obsession	Paid Programs							
COOK 113	Man, Food	Man, Food	Man, Food	Man, Food	No Reservation	No Reservation	Man, Food	Man, Food	Man, Food	Man, Food	No Reservation	No Reservation					
DISC 182	Street Outlaws: Fastest in America (N)					Street Outlaws	Street Outlaws: Fastest in America					Street Outlaws					
DFC 179	Buddy vs. Duff		Buddy vs. Duff	Buddy vs. Duff	Buddy vs. Duff	Buddy vs. Duff	Buddy vs. Duff	Buddy vs. Duff	Buddy vs. Duff	Buddy's Bakery Rescue	Ultimate Cake Off						
DISN-E 172	Big City	Big City	Bunk'd	Bunk'd	Big City	Big City	Ladybug	Ladybug	Ladybug	Jessie	Jessie	Bunk'd	Bunk'd	Bizaard	Bizaard		
ENCR-W 341	Fantasy ('29) Yellow Rose ('19) 'PG-13'		(07) You, Me and Dupree ('06) 'PG-13'	Accepted ('06, Comedy) 'PG-13'	(36) The Cable Guy ('96) 'PG-13'	(15) Emperor ('20)											
EWESTN 342	The Hallelujah Trail ('65) 'NR'		(44) The Gunfighter ('50) 'NR'	(10) The Comancheros ('61, Western) 'NR'	(12:59) Laramie	(1:50) Flaming Bullets	(2:48) Winchester '73										
EACTN 343	Joy Ride ('01, Suspense) 'R'		(40) Hours ('13, Drama)	Paul Walker 'PG-13'	(20) Into the Blue ('05) 'PG-13'	(13) Bobby Z ('07, Suspense)	Paul Walker 'R'	(2:50) Joy Ride ('01) 'R'									
ESUSP 344	The Craft ('96) 'R'		The Gift ('00, Suspense)	Cate Blanchett 'R'	(10:54) Driven ('18, Suspense)	Jason Sudeikis 'R'	(12:52) Hannibal ★★ ('01, Suspense) 'R'	(0:06) The Grudge ('20)									
EBLACK 345	Three Can Play That Game ('07)		(21) Redemption Day ('21) 'R'	(03) Mr. Church ★★ ('16, Drama) 'PG-13'	(12:53) Girl 6 ★★ ('96, Drama) 'R'	(44) Legion ★ ('10, Horror) 'R'											
ECLASS 346	Conan the Barbarian ('82, Adventure) 'R'		Rescue Me Guts	(11) Damages	(11:55) 3 Days to Kill ('14, Action) 'PG-13'	(1:56) Scream 3 ('00, Horror)	David Arquette 'R'										
EFAMILY 347	My Hero Academia: Heroes Rising ('19)		(9:46) Matilda ('96, Children's) 'PG'	(26) The Beverly Hillbillies ('93)	Millions ('04, Comedy-Drama) 'PG'	(41) Little Manhattan ('05) 'PG'											
ESPN 140	College Basketball	College Football	TaxAct Texas Bowl: LSU vs Kansas State (L)	SportsCenter (L)			SportsCenter (L)	SportsCenter									
ESPN2 143	College Basketball	College Basketball	Kansas at Oklahoma State (L)	SportsCenter (L)			SportCtr	UFC	Around	Interruption	NFL Live	UFC Archival					
EWTN 261	Mother Angelica Live	News	Rosary	Scripture and Tradition	Long Ride	Women of	Daily Mass	Mother Angelica Live	News	Elizabeth	(15) Papal Audience						
FETV 82	Perry Mason	Perry Mason	Mannix	Mannix	Mannix	B. Miller	B. Miller	Maude	Maude	Bewitched	Bewitched	Beaver	Beaver				
FNC 205	Tucker Carlson Tonight (L)	Hannity (L)	The Ingraham Angle (L)	Gutfeld! (N)	Fox News at Night	Tucker Carlson Tonight	Hannity	The Ingraham Angle									
FOOD 110	Chopped		Chopped (N)	Raid the Fridge (N)	Chopped	Chopped	Raid the Fridge	Chopped	Chopped	Chopped							
FREFM 180	The Office	The Office	The Office	The Office	The Office	The Office	The 700 Club	Simpsons	Simpsons	Simpsons	Simpsons	Paid Programs	The 700 Club				
FS1 150	College Basketball	College Basketball	Providence at Marquette (L)	College Basketball	Wyoming at Nevada (L)	WWE's Top 10 Moments of 2021	College Basketball										

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	Deadpool 2 ★★★ ('18, Action) <i>Ryan Reynolds</i>					Deadpool ★★★ ('16, Action) <i>Ryan Reynolds</i>					The Predator ★★ ('18, Science Fiction)			Paid Programs				
FXM	384	War for the Planet of the Apes ('17) <i>Andy Serkis</i> 'PG-13'					War for the Planet of the Apes ('17, Science Fiction) 'PG-13'					Rise of the Planet of the Apes ★★★ ('11) 'PG-13'							
FXX	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Cleveland	Cleveland	Cleveland	Cleveland	Archer	Archer	Archer	Archer			
GETTV	373	The Rockford Files	Charlie's Angels	Charlie's Angels	Hart to Hart	All/Family	All/Family	All/Family	All/Family	All/Family	America	America	Sanford	Sanford	Good Time	Good Time			
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided			
GOLF	401	PXG College		GOLF Films		Golf Central		GOLF Films		GOLF Films		GOLF Films		Golf Central		GOLF Films			
GRIT	217	For a Few Dollars More ★★★ ('65, Western) <i>Clint Eastwood</i>					Man of the East ★★ ('72, Western) <i>Terence Hill, Gregory Walcott</i>					Rawhide ★★★ ('51, Western) <i>Tyrone Power</i>							
HALL	185	Nature of Love ('20, Romance-Comedy)			Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier			
HALLDR	186	Little House on Prairie		Kiss at Pine Lake ('12, Romance) <i>Barry Watson</i>			The Waltons		The Waltons <i>The Gift</i>		The Waltons <i>The Cradle</i>		The Waltons		Little House on Prairie				
HALLMV	187	Crossword Mysteries		Crossword Mysteries		<i>Riddle Me Dead</i>		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk			
HDMOV	130	Bad News Barefoot in the Park ★★★ ('67, Comedy)		Downhill Racer ('69, Drama)		Barefoot in the Park ('67, Comedy)					Downhill Racer ★★★ ('69, Drama)								
HGTV	112	Fixer Upper		Fixer to Fabulous (N)		Ugliest	Hunters	(:02) Fixer to Fabulous	Fixer to Fabulous	Ugliest	Hunters	(:02) Fixer to Fabulous	Fixer Upper						
HIST	120	Drilling Down		Curse-Island		(:03) Beyond Oak Island (N)	(:05) Beyond Oak Island	Drilling Down	Curse-Island	(:06) Beyond Oak Island	(:06) Beyond Oak Island								
ID	192	Murder in the		Murder in the		Murder-Friday		Fear Thy Neighbor		Murder in the		Murder-Friday		Murder in the		Murder in the			
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men			
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	How I Met	How I Met	Nt. Court	Nt. Court	Videos	Videos	Paid Programs			
LIFE	108	Castle <i>The Dead Pool</i>		Castle		(:03) Castle <i>Pretty Dead</i>	(:03) Castle <i>Knockout</i>	(:12:01) Castle	Castle	(:04) Castle <i>Pretty Dead</i>	(:04) Castle <i>Knockout</i>								
LMN	109	My Father's Other Family ('21, Suspense)					Trapped by My Father's Killer ('20, Suspense)					My Father's Other Family ('21)							
MAGN	111	Barnwood Builders		Barnwood Builders (N)		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders			
MGMHD	385	The Bounty ('84, Adventure)		The Dogs of War ★★★ ('80, Action) <i>Christopher Walken</i>			Witness for the Prosecution ★★★ ('57, Crime Drama)					Kansas City Confidential ('52)							
MOTOR	246	Bitchin' Rides		Bitchin' Rides (N)		Full Custom Garage (N)		Full Custom Garage		Bitchin' Rides		Full Custom Garage		Full Custom Garage		Bitchin' Rides			
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show		The Last Word		The 11th Hour (L)		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes			
NATGEO	197	Life Below Zero A Hunt To Remember (N)					Life Below Zero		Life Below Zero		Locked Up Abroad		Locked Up Abroad		Locked Up Abroad		Locked Up Abroad		
NGWLD	190	The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		The Incredible Dr. Pol		Paid Programs			
OUTD	396	Hunt	Nugent	McMillan	Driven	Fowl Life	GunDogT	Viral	Jim Shock	The Choice	Hunter	Hunting	Lindsey	Hunt	Nugent	McMillan	Driven		
OWN	189	Speak Sis (N)		Eggs Over Easy (N)		Speak Sis		Eggs Over Easy		Eggs Over Easy		Speak Sis		Speak Sis		Speak Sis			
OXYG	127	Dateline: Unforgettable (N)			New York Homicide			Dateline: Secrets Uncovered			Dateline: Secrets		Family Massacre		Family Massacre		Dateline (Part 1 of 2)		
PARMT	241	Yellowstone		Yellowstone		Kill Bill: Vol. 1 ★★★ ('03, Action) <i>Uma Thurman, Lucy Liu</i>					Kill Bill: Vol. 2 ★★★ ('04, Action) <i>Uma Thurman, David Carradine</i>								
POP	117	House		House		House		House		House		House		House		House			
REELZ	299	Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Gangsters: Most Evil		Paid Programs			
SCI	193	Strangest Things Ancient Encryption Mystery (N)					Strangest Things		Strangest Things		Strangest Things		Strangest Things		Strangest Things		Strangest Things		
SMITH	367	Aboard Air Force One 747: The Jumbo Revolution					Aerial America <i>Utah</i>		Air Disasters		Air Disasters		Air Disasters		Air Disasters		Air Disasters		
SONY	386	John Carpenter's Ghosts of Mars ★★ ('01)			Takers ★★★ ('10, Action) <i>Matt Dillon</i>		John Carpenter's Ghosts of Mars (:45) Takers ★★★ ('10, Action) <i>Matt Dillon</i>					Avenging							
SUND-E	358	NCIS <i>Canary</i>		NCIS <i>Hereafter</i>		NCIS <i>Detour</i>		NCIS <i>Prime Suspect</i>		NCIS <i>Seek</i>		Columbo <i>Fade In to Murder</i>		(:45) Columbo Old-Fashioned Murder					
SYFY	122	Hotel Transylvania ★★★ ('12, Children's)			Hotel Transylvania 2 ★★★ ('15, Children's)			How to Train Your Dragon ('10, Children's)					Scarecrow ('13, Horror) <i>Lacey Chabert</i>						
TBN	260	Praise		Joyce M.	Liv Proof	Together	Christine	Praise	Prince	Youseff	Sekulow	Christine	Jewish	Harbinger	Praise				
TBS	139	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Sheldon	Sheldon	Sheldon	Sheldon	George	George	George	George	Imp. Jokers	Imp. Jokers		
TCM	132	This Is Spinal Tap ('84, Comedy)					Dr. Strangelove					(:45) A Streetcar Named Desire ★★★ ('51, Drama)							
TLC	183	7 Little Johnstons (N)		I Am Jazz (N)		I Am Jazz (N)		Sister Wives		7 Little Johnstons		I Am Jazz		I Am Jazz		Sister Wives			
TMC-W	329	Abducted ('20, Action) 'NR'			Krishna ('15, Drama) 'R'		Relic ('20, Horror) <i>Robyn Nevins</i> 'R'		The Turning ('20, Horror) 'PG-13'					(:05) Brahms: The Boy II ★★ ('20) Sin City					
TNT	138	The Hitman's Bodyguard ('17, Action) <i>Ryan Reynolds</i>					The A-Team ★★ ('10, Action) <i>Liam Neeson</i>			Bones									
TRU	242	Jokes	Jokes	Jokes	Jokes	Billy Madison ('95, Comedy) <i>Adam Sandler</i>		Happy Gilmore ('96, Comedy) <i>Adam Sandler</i>					Jokes	Jokes	Videos	Videos			
TRVL	196	The Osbournes Want to Believe (N)					Osbournes- Bel.		Osbournes- Bel.		The Osbournes Want to Believe					Osbournes- Bel.		Osbournes- Bel.	
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Raymond	Raymond	Goldbergs	Goldbergs		
UP	188	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Paid Programs			
USA	105	WWE NXT (L)					(:08) The Karate Kid ★★★ ('84, Drama) <i>Ralph Macchio</i>					Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
WE	128	Law & Order		Law & Order		Law & Order <i>Prejudice</i>			Law & Order		Law & Order		Law & Order <i>DR 1-102</i>		Law Order: CI		Monk		

LOCAL NETWORKS

ABC-E	Judge Steve Harvey (N)	Abbott	black-ish (N)	Queens <i>Bars</i> (N)	Local Prog. (:35) Jimmy Kimmel Live!				Nightline (N)	Local Programs			ABC World News Now (N)								
CBS-E	FBI <i>Fostered</i> (N)	FBI: International (N)			FBI: Most Wanted (N)		Local Prog.		Late Show-Colbert	James Corden		Local Prog.		CBS Overnight News (N)							
CW-E	Penn & Teller: Fool Us		Masters of	Masters of	Local Programs																
FOX-E	Gordon Ramsay's Road Trip <i>Greek Vacation</i> (N)					Local Programs					Local Programs										
NBC-E	American	Grand	This Is Us (N)		(:03) New Amsterdam (N)		Local Prog.		Tonight Show-J. Fallon	Late Night-Seth Meyers	News	Today-Hoda	Early Tdy		Local Prog.						
METV	247*	Andy G.	Andy G.	G. Pyle	Green Acre	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone	Alfred Hitchcock Hour	(:05) Mannix	(:05) Cannon								
ABC-W	Local Programs			News	Local Programs		Judge Steve Harvey (N)		Abbott	black-ish (N)	Queens <i>Bars</i> (N)	Local Prog. (:35) Jimmy Kimmel Live!					Nightline (N)				
CBS-W	Local Programs			News	Local Programs		FBI <i>Fostered</i> (N)		FBI: International (N)		FBI: Most Wanted (N)		Local Prog.					Late Show-Colbert	Corden		
CW-W	Local Programs												Penn & Teller: Fool Us		Masters of	Masters of	Local Programs				
FOX-W	Local Programs												Gordon Ramsay's Road Trip <i>Greek Vacation</i> (N)					Local Programs			
NBC-W	Local Prog.	News	Local Programs		American		Grand	This Is Us (N)		(:03) New Amsterdam (N)		Local Prog.		Tonight Show-J. Fallon	Meyers						
PBS	Finding Your Roots		Finding Your Roots		Frontline <i>American Insurrection</i>			Amanpour-Copy		Finding Your Roots		Finding Your Roots		Frontline <i>American Insurrection</i>							

Table with 15 columns representing time slots from 4AM to 11:30 and 4 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, and PACIFIC.

AMERICA'S TOP PROGRAMMING

Main grid of program listings with columns for channel, time, and program details. Includes programs like 'Bleeding Steel', 'The Quiller Memorandum', 'The Terrorists', 'The Nanny Is Watching', etc.

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Table listing network programming for various channels including ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING																	
FX	136	Captain America: The Winter Soldier ★★★ ('14, Action) Chris Evans						X-Men: Apocalypse ★★★ ('16, Action) James McAvoy					Snowfall		Confessions		Snowfall
FXM	384	Interstellar ★★★ ('14, Science Fiction) Matthew McConaughey 'PG-13'						(35) Interstellar ★★★ ('14, Science Fiction) Matthew McConaughey 'PG-13'					(10) The Sandlot ('93)				
FXX	125	Family Guy	Family Guy	Family Guy	Family Guy	Burgers	Burgers	Burgers	Burgers	Archer	Archer	Archer	Archer	Archer	Archer	Archer	
GETTV	373	The Rockford Files		Charlie's Angels		Charlie's Angels		Hart to Hart		All/Family		All/Family		Sanford		Sanford	
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	
GOLF	401	PGA Tour Golf 2021 Sentry Tournament of Champions, Final Round								Golf Central		PGA Tour Golf 2021 Sentry Tournament of Champions, Final Round					
GRIT	217	The Good, the Bad and the Ugly ★★★★★ ('67, Western) Clint Eastwood, Eli Wallach							A Fistful of Dollars ★★★★★ ('64, Western) Clint Eastwood				The Silver Whip ('53, Western)				
HALL	185	Roadhouse Romance ('21, Romance-Comedy)			Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Frasier	Frasier	Frasier	Frasier	Frasier	Frasier	
HALLDR	186	Little House on Prairie		My Boyfriends' Dogs ('14, Romance-Comedy)			The Waltons		The Waltons		The Waltons		The Waltons		The Car	Little House on Prairie	
HALLMV	187	Aurora Teagarden		Aurora Teagarden Mysteries			Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk Monk's fidelity.		
HDMOV	130	Kickboxer ★★ ('89, Action)		(25) Kickboxer 2: The Road Back			(05) Kickboxer 3: The Art of War		(45) Kickboxer 4: The Aggressor ★★ ('94)		(25) Kickboxer 5: The Redemption						
HGTV	112	Property Brothers		Property Brothers			Ugliest		Hunters		Property Brothers		Ugliest		Hunters	Moving for Love	Property Brothers
HIST	120	Forged in Fire		Forged in Fire (N)			(03) Forged in Fire		(03) Forged in Fire		(12:03) Forged in Fire		(06) Forged in Fire		(06) Forged in Fire		(04) Forged in Fire
ID	192	American Detective		Calls From the Inside (N)			See No Evil (N)		See No Evil		Calls From the Inside		See No Evil		See No Evil		American Detective
IFC	133	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	3's Comp.	3's Comp.	3's Comp.	3's Comp.	3's Comp.	
LAFF	237	Home Imp.	Home Imp.	'70s Show	'70s Show	'70s Show	'70s Show	How I Met	How I Met	How I Met	How I Met	Nt. Court	Nt. Court	Videos	Videos	Paid Programs	
LIFE	108	Married at First Sight Ten couples have two weeks to wed. (N)				Married at First Sight (N)		(12:01) Married at First Sight Ten couples have two weeks to wed.		(12:01) Married at First Sight Ten couples have two weeks to wed.		Married at First Sight					
LMN	109	Dying for Motherhood ('20, Suspense)			You're Not Safe Here			(21, Suspense)		(12:01) Dying for Motherhood ('20, Suspense)		You're Not Safe Here		(21, Suspense)			
MAGN	111	Fixer Upper		Fixer Upper: Welcome			Fixer Upper		Fixer Upper		Fixer Upper: Welcome		Fixer Upper		Fixer Upper		Fixer Upper
MGMHD	385	The Big Country ('58, Western)			Lawman ★★★ ('71, Western) Burt Lancaster		(35) The Missouri Breaks ('76, Western) Marlon Brando			(15) Rancho Deluxe ('75, Western) Jeff Bridges							
MOTOR	246	Texas Metal		Texas Metal			Garage Squad		Garage Squad		Texas Metal		Garage Squad		Garage Squad		Texas Metal
MSNBC	209	All In With Chris Hayes (L)		Rachel Maddow Show			The Last Word		The 11th Hour (L)		Rachel Maddow Show		The Last Word		The 11th Hour		All In With Chris Hayes
NATGEO	197	To Catch a Smuggler		Mariana van			Mariana van		To Catch a Smuggler		Mariana van		Trafficked Mariana van		To Catch a Smuggler		To Catch a
NGWLD	190	Running Wild		Running Wild			Running Wild		Primal Survivor		Primal Survivor		Primal Survivor		Primal Survivor		Paid Programs
OUTD	396	Guns	Rifleman	Shooting USA			Shoot Gllry/Gun Stories		Guns		Rifleman		Shooting USA		Shoot Gllry/Gun Stories		Guns
OWN	189	Speak Sis (N)		Speak Sis (N)			Speak Sis		Speak Sis		Speak Sis		Speak Sis		Speak Sis		Speak Sis
OXYG	127	Dateline: Secrets		Dateline: Secrets			Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline: Secrets		Dateline
PARMT	241	Yellowstone		Yellowstone			Desperado ★★ ('95, Action) Antonio Banderas				Once Upon a Time in Mexico ★★ ('03, Action)			TBA	TBA		
POP	117	NCIS: New Orleans			NCIS: New Orleans			NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans	
REELZ	299	Murder in the Family		NWA: Breaking			Tupac: The Real Story		Geraldo Rivera's Murder in the Family		NWA: Breaking		Tupac: The Real Story		Paid Programs		
SCI	193	Catastrophes		Catastrophes			Engineering Catastrophes (N)		Catastrophes		Engineering Catastrophes		Engineering Catastrophes		Catastrophes		
SMITH	367	Islands of Fire		Supervolcano			Volcanoes: Dual		America in Color		Supervolcano		Volcanoes: Dual		Air Disasters		Air Disasters
SONY	386	The Man From Laramie ('55, Western)			Legend of the Golden Gun ('79, Western)			(11:55) The Man From Laramie		(45) Legend of the Golden Gun ('79, Western)		One False					
SUND-E	358	Criminal Minds		Criminal Minds			Criminal Minds		Criminal Minds		Criminal Minds		Bully Perry Mason		Perry Mason		Perry Mason
SYFY	122	Journey-Center		Kick-Ass ★★★ ('10, Action) Aaron Johnson			The Last Witch Hunter ('15, Fantasy) Vin Diesel					Inferno ★★ ('16, Suspense) Tom Hanks, Felicity Jones					
TBN	260	David	Gaither	Main Stage	Worship	Gospel	Elevation	S. Furtick	Watchman	Prince	Access 360	Harvest	Worship	Bethel	Elevation	Triumph Over Trials	
TBS	139	All Elite Wrestling: Dynamite (L)			Go-Big Show			Sheldon	Sheldon	Sheldon	Sheldon	George	George	George	George	Imp. Jokers	Imp. Jokers
TCM	132	Line King-Al Hirschfeld			(45) A Night at the Opera ('35, Comedy)			Sons of the Desert		(45) The Great Dictator ('40, Comedy) Charles Chaplin		Hobson's Choice ('54)					
TLC	183	My 600-Lb. Life (N)			Too Large (N)			Save My Skin (N)		My 600-Lb. Life		Too Large		Save My Skin			
TMC-W	329	Before You Know It (15) Eighth Grade ('18, Comedy-Drama) 'R'			Summerland ('20, Drama) 'PG'			(40) A Royal Night Out ★★ ('15) 'PG-13'		The Truth ('19, Drama) 'PG'							
TNT	138	NHL Hockey: Blues at Penguins			NHL Hockey New York Islanders at Vancouver Canucks (L)			NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans			
TRU	242	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Tacoma FD	
TRVL	196	Ghost Adventures		Ghost Adventures Little Ghost Girl (N)			Ghost Adventures		Ghost Adventures		Ghost Adventures		Little Ghost Girl		Ghost Adventures		
TVLND	106	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Raymond	Raymond	Goldbergs	
UP	188	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Whose Line	Paid Programs	
USA	105	TBA		TBA			TBA		Law & Order: SVU		Law & Order: SVU		New York Homicide		Law & Order: SVU		
WE	128	NCIS Nine Lives		NCIS Murder 2.0			NCIS		NCIS Cloak		NCIS Dagger		Law Order: CI		Law Order: CI		

LOCAL NETWORKS																	
ABC-E		Goldbergs		Wonder	Connors	Home E.	The Chase (N)		Local Prog.		(35) Jimmy Kimmel Live!	Nightline (N)	Local Programs		ABC World News Now (N)		
CBS-E		The Amazing Race (N)					Good Sam Pilot (N)		Local Prog.		Late Show-Colbert	James Corden		Local Prog.		CBS Overnight News (N)	
CW-E		DC's Legends			Batwoman				Local Programs								
FOX-E		I Can See Your Voice (N)			Next Level Chef (N)				Local Programs								
NBC-E		Chicago Med			Chicago Fire				Chicago P.D.		Local Prog.		Tonight Show-J. Fallon	Late Night-Seth Meyers	News	Today-Hoda	Early Tdy
ME-TV	247*	Andy G.	Andy G.	G. Pyle	Green Acres	Heroes	Heroes	C. Burnett	Perry Mason	Twi. Zone	Alfred Hitchcock Hour	(05) Mannix	(05) Cannon	Revenge			
ABC-W		Local Programs			News		Local Programs		Goldbergs		Wonder	Connors	Home E.	The Chase (N)		Local Prog.	
CBS-W		Local Programs			News		Local Programs		The Amazing Race (N)		Good Sam Pilot (N)		Local Prog.		(35) Jimmy Kimmel Live!	Nightline (N)	
CW-W		Local Programs					DC's Legends		Batwoman		Local Programs						
FOX-W		Local Programs					I Can See Your Voice (N)		Next Level Chef (N)		Local Programs						
NBC-W		Local Prog.		News	Local Programs			Chicago Med		Chicago Fire		Chicago P.D.		Local Prog.		Tonight Show-J. Fallon	
PBS		Nature Living Volcanoes		NOVA (N)			Big Pacific Mysterious		Amanpour-Co		Nature Living Volcanoes		NOVA		Big Pacific Mysterious		

Grid showing time slots for Eastern, Central, Mountain, and Pacific time zones from 4AM to 11:30.

Premium Movies section listing titles like Vanilla Sky, Frontera, Rush, Deck the Halls, Dunkirk, The Hundred-Foot Journey, etc.

AMERICA'S TOP PROGRAMMING

Main programming grid listing channels (A&E, AMC, Bravo, etc.) and their respective shows and times.

Table with columns for time slots (Eastern to Pacific) and rows for various TV channels (HBO, MAX, SHOWTIME, STARZ, EPIX, AMERICA'S TOP PROGRAMMING, A&E, AHC, AMC, APL, AXSTV, BCCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FNC, FOOD, FREFM, FS1) and program titles.

Time zone schedule table with columns for Eastern, Central, Mountain, and Pacific time zones, and rows for 12PM, 12:30, 1PM, 1:30, 2PM, 2:30, 3PM, 3:30, 4PM, 4:30, 5PM, 5:30, 6PM, 6:30, 7PM, 7:30.

AMERICA'S TOP PROGRAMMING

Main TV schedule grid with columns for channel and time, and rows for various programs like Assassin's Creed, X-Men: Apocalypse, Captain America: The Winter Soldier, etc.

NETWORKS

Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Network schedule table with columns for network (ABC-E, CBS-E, CW-E, FOX-E, NBC-E, etc.) and rows for local programs and network shows.

DIG (00:00) = Based on Eastern Time. *MeTV channel numbers vary depending on local market.

	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30
PREMIUM MOVIES																
HBO	HBO-E 310	Space Jam: A New Legacy ★★ (21) 'PG'			REAL Sports	Chillin	King Kong ★★★ (05, Adventure) Naomi Watts, Jack Black 'PG-13' (40) Insecure: The End Pitch									
	HBO2 312	Walk Among Landscapers		(9:50) The Italian Job (03) 'PG-13'	Street Gang: How We Got to Sesame Street (35) Cake (05) Heather Graham 'R' (10) Night Catches Us											
	HBO5 314	Music Box Juice WRLD: Into the Abyss			(9:50) Greenland ★★★ (20, Action) 'PG-13'	(12:15) High-Rise ★★★ (15, Comedy) 'R' (15) Sunset Song (15, Historical Drama) 'R'										
	HBOF 315	Wiener (33) Little Monsters (89) 'PG'		(15) Shall We Dance? ★★★ (04) 'PG-13'	(12:01) Super 8 (11, Science Fiction) 'PG-13' (15:3) The Way, Way Back (13) Best Man											
MAX	MAX 307	Stand Up Guys (12) Al Pacino 'R' (35) The Banger Sisters (02) 'R' (15) At First Sight ★★ (99, Romance) Val Kilmer 'PG-13'			The Angriest Man in Brooklyn 'R' (2:50) Swimfan (02)											
	5MAX 308	David Copperfield Cop Land (97, Crime Drama) 'R' (45) The Mighty Quinn ★★ (89, Mystery) 'R' (24) Beverly Hills Cop II (87) 'R' (07) The Voices (14, Comedy) 'R'														
	MMAX 309	Highlander (86) 'R' Deadfall ★★ (12, Suspense) 'R' (35) Haywire (11, Action) 'R' (12:08) Two Girls and a Guy (97) (33) Original Sin ★★ (01, Suspense) 'R' Complicity														
SHOWTIME	SHO-E 318	Mine 9 (19) 'NR' Dexter: New Blood Holler (20, Drama) 'R' Best of All the Smoke TBA Yellowjackets House of Sand and Fog (03) 'R'														
	SHO2 320	Titanic ★★★★★ (97, Historical Drama) Leonardo DiCaprio 'PG-13' (15) Last Call (21, Comedy) Jeremy Piven 'R' Friday the 13th - Part III (82) 'R' Friday the 13th Part IV														
	SHOBET 321	The Wash ★ (01) 'R' Boxing Soul Plane ★★ (04, Comedy) 'R' Rolling Like Thunder Coming From Insanity (19) 'NR' (45) The Chi The Chi														
	SHOX 322	Crisis (21) The Survivalist (21, Action) 'R' Boxing Chris Colbert vs. Tugsotsog Nyambayar Django Unchained ★★★★★ (12, Western) Jamie Foxx 'R' (2:50) Bad Lieutenant														
	SHOS 323	21 Bridges ★★ (19, Action) 'R' (40) Free Fire (16, Action) 'R' (10) Queenpins (21, Comedy) Kristen Bell 'R' Tammy's Always Dying (19) 'NR' Dexter: New Blood Yellow														
	TMC 327	Patriot Games (92, Suspense) Harrison Ford 'R' 7 Days in Entebbe (18, Suspense) 'PG-13' A Call to Spy (19, Historical Drama) 'PG-13' (05) Beantopia (19, Drama) 'NR'														
FLIX-E 333	Out of the Furnace (13, Crime Drama) 'R' The Reluctant Fundamentalist ★★ (12) 'R' (12:15) The Ring Two (05, Horror) 'PG-13' (05) Barbershop 2: Back in Business (04)															
STARZ	ENCR-E 340	Before the Devil 3 Days to Kill ★★ (14, Action) 'PG-13' The Equalizer 2 ★★ (18, Action) 'R' (06) The Grudge (20, Horror) 'R' (43) Raising Cain ★★ (92) 'R'														
	STARZ-E 350	Robin Hood (10) Van Helsing ★★ (04, Fantasy) 'PG-13' (15) The Birthday Cake (21, Suspense) 'R' (12:52) 12 Mighty Orphans (21) 'PG-13' Seven Years in Tibet														
	STRZED 352	Going the Distance Freelancers ★★ (12, Action) 'R' (39) Greed (19, Comedy) Steve Coogan 'R' (28) Fever Pitch (05) 'PG-13' (14) The Last Vermeer (19, Drama) 'R'														
	STRZCI 353	(11) Whiplash (14, Drama) Miles Teller 'R' Prize Winner of Ohio (41) The Ides of March (11, Drama) 'R' (26) Babysplitters (19, Comedy) 'NR' Wind Chill														
STRZCO 354	Tower Heist (11, Comedy) Ben Stiller 'PG-13' (9:47) Mystery Men (99, Fantasy) 'PG-13' (11:51) The New Guy (02) 'PG-13' (23) More Money, More Family 'R' (2:56) Tamara Drewe															
EPIX	EPIX 380	Coneheads ★★ (93, Comedy) A Night at the Roxbury (98) (10:55) Like a Boss (20, Comedy) (20) Head of State (03, Comedy) (1:55) Alfie (04, Comedy-Drama) Condor														
	EPIX2 381	Terminator: Dark Fate (19, Science Fiction) (10) Commando (85, Action) (45) G.I. Jane ★★ (97, Drama) Demi Moore (1:55) In a World... (13, Comedy) Blue Story														
	EPIXX 382	Skyfall ★★★★★ (12, Action) Daniel Craig, Judi Dench (25) Nick of Time (95, Suspense) (11:55) Devil in a Blue Dress (95) (40) Jack Reacher ★★ (12, Action) Tom Cruise														
	EPIXDR 292	Hidalgo ★★ (04, Adventure) Viggo Mortensen (20) Open Range (03, Western) Robert Duvall (40) Once Upon a Time in the West (69, Western) Henry Fonda True Grit														
AMERICA'S TOP PROGRAMMING																
A&E 118	The First 48 The First 48 (N) (02) The First 48 (N) (05) The First 48 (12:03) The First 48 (03) The First 48 (05) The First 48 (06) The First 48															
AHC 195	Nazi Death Squads Nazi Death Squads Nazi Death Squads Nazi Death Squads Nazi Death Squads Nazi Death Squads Nazi Death Squads Nazi Death Squads Nazi Death Squads															
AMC 131	Tombstone ★★★★★ (93, Western) Kurt Russell, Val Kilmer U.S. Marshals ★★ (98, Action) Tommy Lee Jones, Wesley Snipes Alien Resurrection ★★ (97, Science Fiction)															
APL 184	Louisiana Law: Uncuffed (N) North Woods Law North Woods Law Louisiana Law: Uncuffed North Woods Law North Woods Law															
AXSTV 167	IMPACT Wrestling (N) TBA IMPACT Wrestling TBA IMPACT in 60 IMPACT in 60															
BCCA 135	Stand by Me ★★★★★ (86, Comedy-Drama) Stand by Me ★★★★★ (86, Comedy-Drama) The Outsiders ★★ (83, Drama) Matt Dillon Star Trek: Next Star Trek: Next															
BET 124	Love Don't This Christmas ★★ (07, Comedy-Drama) Delroy Lindo, Idris Elba Martin Martin Martin Martin Martin Martin Prince Prince															
BOUNCE 359	Blade ★★ (98, Horror) Wesley Snipes, Stephen Dorff Blade II ★★ (02, Horror) Wesley Snipes Blade: Trinity ★★ (04, Horror) Wesley Snipes The Game															
BRAVO 129	Million Dollar LA Project Runway The Housewives (N) Watch Below Deck Good Will Hunting ★★★★★ (97, Drama) Matt Damon Million Dollar LA															
BUZZR 245	Concen. Super Pass. Sweep Newlywed Match-Squares Concen. Super Pass. Sweep Newlywed Match-Squares Concen. Concen. FamFeud FamFeud															
CIHD 249	City Confidential City Confidential Kids Behind Bars Kids Behind Bars City Confidential City Confidential Kids Behind Bars Kids Behind Bars															
CMT 166	Last Man Last Man Mom Mom Mom Mom Reba Reba Reba Reba Reba Reba Reba Reba Housewife Housewife															
CNBC 208	Shark Tank Shark Tank Shark Tank Shark Tank Shepard Smith American Greed Dateline (Part 1 of 2) Dateline (Part 2 of 2)															
CNN 200	CNN Special Program Don Lemon Tonight (L) Don Lemon Tonight (L) CNN Special Program Don Lemon Tonight Don Lemon Tonight															
COM 107	The Office The Office The Office The Office The Office The Office Daily Show South Park South Park South Park The Daily Show South Park South Park South Park South Park															
COMET 289	Quantum Leap Quantum Leap The X-Files Soft Light The X-Files Our Town The X-Files (Part 1 of 3) Sliders Invasion Sliders Paid Programs															
COOK 113	Good Eats Good Eats Good Eats Good Eats Back in Time for Dinner Best Thing Best Thing Good Eats Good Eats Good Eats Good Eats Back in Time for Dinner (N) Best Thing Best Thing															
DISC 182	BattleBots Slash and Burn! (N) BattleBots BattleBots BattleBots Slash and Burn! BattleBots BattleBots															
DFC 179	Cake Boss Cake Boss Cake Boss Cake Boss Cake Boss Cake Boss Cake Boss Cake Boss Cake Boss Cake Boss Cake Boss Buddy's Bakery Rescue Ultimate Cake Off															
DISN-E 172	Big City Big City Jessie Jessie Big City Big City Ladybug Ladybug Ladybug Ladybug Jessie Jessie Bunk'd Bunk'd Bizaard Bizaard															
ENCR-W 341	Hulk ★★ (03, Fantasy) Eric Bana 'PG-13' Before the Devil Knows You're Dead (07) 'R' 3 Days to Kill ★★ (14, Action) 'PG-13' The Equalizer 2 ★★ (18, Action) 'R'															
EWESTN 342	Stranger Wore (8:46) The Tall T (57) (05) Ten Wanted Men (55) 'NR' (26) Santa Fe (51, Western) 'NR' (12:55) The Virginian (14) Buffalo Bill ★★ (44, Biography) 'NR'															
EACTN 343	John Carpenter's Vampires (98, Horror) 'R' Season of the Witch (11) (27) Smokin' Aces (07, Action) Ben Affleck 'R' (19) End of Watch (12) 'R' (11) 4.3.2.1. (10) 'NR'															
ESUSP 344	Twilight Zone State of Play (09, Crime Drama) 'PG-13' (09) Hammer (19) Will Patton 'NR' (35) Driven (18, Suspense) Jason Sudeikis 'R' (31) Legion ★ (10, Horror) 'R'															
EBLACK 345	Celeste and Jesse Forever (12) 'R' (23) The Fan (96, Suspense) Robert De Niro 'R' (22) Down to Earth (01) 'PG-13' (12:54) Out of Time (03) 'PG-13' (42) Half Past Dead (02) 'PG-13'															
ECLASS 346	(15) The First Wives Club (96, Comedy) 'PG' Rescue Me Kansas (11) Damages (12:08) All the King's Men (06, Drama) Sean Penn 'PG-13' (20) Legends of the Fall (94) 'R'															
EFAMILY 347	12 Dogs of Christmas-Rescue (43) Prancer (89, Children's) Sam Elliott 'G' (28) Warren Miller's Timeless (19) (09) Sheep and Wolves: Pig Deal Charming (2:52) Pit Pony (97)															
ESPN 140	NHL Hockey: Wild at Bruins College Basketball UCLA at Stanford (L) SportsCenter (L) SportsCenter (L) SportsCenter (L) SportsCenter															
ESPN2 143	College Basketball College Basketball NFL Live NFL Live Around Interruption UFC Archival UFC Archival															
EWTN 261	The World Over News (N) News Rosary Pro-Life Defend Life Real Women of Daily Mass World Over Live News Saints-ven. Battle At Home															
FETV 82	Perry Mason Perry Mason Mannix Mannix B. Miller B. Miller Maude Maude Bewitched Bewitched Beaver Beaver															
FNC 205	Tucker Carlson Tonight (L) Hannity (L) The Ingraham Angle (L) Gutfeld! (N) Fox News at Night Tucker Carlson Tonight Hannity The Ingraham Angle															
FOOD 110	Restaurant: Impossible Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Beat Bobby Restaurant: Impossible															
FREFM 180	The Office The Office The Office The Office The Office The Office The 700 Club Simpsons Simpsons Simpsons Simpsons Paid Programs The 700 Club															
F51 150	College Basketball College Basketball Iowa at Wisconsin (L) College Basketball USC at California (L) Elite Youth TMZ (N) College Basketball Ohio State at Indiana															

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Martian ★★★ (‘15, Science Fiction) <i>Matt Damon</i>					Mission: Impossible: Fallout ★★★ (‘18, Action) <i>Tom Cruise</i>					Mom	Mom	Paid Programs							
FXM	384	Hotel 3 (‘35) Hotel Transylvania 3: Summer Vacation					Ice Age: Collision Course (‘16, Children’s) ‘PG’ (‘25) The Peanuts Movie (‘15) ‘G’					(‘10) Holmes & Watson (‘18, Comedy) ‘PG-13’									
FX	125	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Cleveland	Cleveland	Cleveland	Cleveland	Sunny	Sunny	Sunny	Sunny				
GETTV	373	The Rockford Files	Charlie’s Angels	Charlie’s Angels	Charlie’s Angels	Hart to Hart	Hart to Hart	All/Family	All/Family	All/Family	All/Family	All/Family	All/Family	Sanford	Sanford	Good Time	Good Time				
GMSHW	116	America	America	America	America	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	FamFeud	America	America	Ma. Minds	Common	Winsanity	Divided				
GOLF	401	PGA Golf					Golf Central (L)					PGA Tour Golf <i>Sentry Tournament of Champions, First Round</i>									
GRIT	217	Hang ‘Em High ★★★ (‘68, Western) <i>Clint Eastwood</i>					Death Rides a Horse ★★★ (‘69, Western) <i>John Phillip Law</i>					Will Penny ★★★ (‘68, Western) <i>Charlton Heston</i>									
HALL	185	Where Your Heart Belongs (‘22, Romance) <i>Gold Girls</i>					<i>Gold Girls</i>					Frasier	Frasier	Frasier	Frasier	Frasier	Frasier				
HALLDR	186	Little House on Prairie					Smooch (‘11, Romance-Comedy) <i>Kellie Martin</i>					The Waltons									
HALLMV	187	Holly & Ivy (‘20)					Love Locks (‘17, Drama) <i>Rebecca Romijn</i>					Murder, She Wrote									
HDMOV	130	Airplane (‘40) Danny Deckchair (‘03, Comedy) <i>Rhys Ifans</i>					She-Devil ★★★ (‘89, Comedy) <i>Meryl Streep</i> (‘20) Danny Deckchair ★★★ (‘03)					(‘10) She-Devil (‘89, Comedy) <i>Meryl Streep</i>									
HGTV	112	Flip	Flip	Flip	Flip	Ugliest	Hunters	Flip	Flip	Flip	Flip	Ugliest	Hunters	Flip	Flip	Flip	Flip				
HIST	120	Pawn Stars					(‘02) Pawn Stars	(‘05) Pawn Stars	(‘05) Pawn Stars	(‘12:03) Pawn Stars	(‘05) Pawn Stars	(‘06) Pawn Stars	(‘06) Pawn Stars	(‘06) Pawn Stars	(‘06) Pawn Stars	(‘06) Pawn Stars	(‘06) Pawn Stars				
ID	192	Your Worst Nightmare					The Fog of Murder (N)					A Time to Kill (N)									
IFC	133	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs	Scrubs				
LAFF	237	Home Imp.	Home Imp.	‘70s Show	‘70s Show	‘70s Show	‘70s Show	How I Met	How I Met	How I Met	How I Met	Nt. Court	Nt. Court	Videos	Videos	Paid Programs	Paid Programs				
LIFE	108	Rizzoli & Isles					(‘03) Rizzoli & Isles	(‘03) Rizzoli & Isles	(‘12:01) Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	(‘04) Rizzoli & Isles	(‘04) Rizzoli & Isles	(‘04) Rizzoli & Isles	(‘04) Rizzoli & Isles	(‘04) Rizzoli & Isles					
LMN	109	Deadly Dance Competition (‘22, Suspense)					Danger in the Spotlight (‘21, Suspense)					(‘201) Deadly Dance Competition (‘22)					Danger in the Spotlight (‘21, Suspense)				
MAGN	111	Fixer Upper: Welcome					The Lost Kitchen (N)					Fixer Upper					Fixer Upper				
MGMHD	385	Ghost World (‘01, Comedy-Drama) (‘40) A Fish Called Wanda (‘88, Comedy) <i>John Cleeese</i>					American Dragons (‘97, Action) <i>Dean Cain</i>					(‘10) Midnight Heat (‘96, Action) <i>Brian Bosworth</i>									
MOTOR	246	Full Custom Garage					Full Custom Garage					Lazy Car Dealer (N)					Roadkill				
MSNBC	209	All In With Chris Hayes (L)					Rachel Maddow Show					The Last Word					The 11th Hour (L)				
NATGEO	197	Life Below Zero					Life Below Zero (N)					(‘15) Life Below Zero	(‘15) Life Below Zero	(‘12:15) Life Below Zero	Life Below	Port Protection Alaska	Port Protection Alaska	Port Protec			
NGWLD	190	The Incredible Dr. Pol					The Incredible Dr. Pol (N)					The Incredible Dr. Pol					The Incredible Dr. Pol				
OUTD	396	Whitetail	Hunter	Territories	Heartland	Africa	The One	Hunting TV/Whitetail	Hunt	Bone Coll.	Drop Zone	Outdoors	Whitetail	Hunter	Territories	Heartland					
OWN	189	48 Hours: Hard Evid.					20/20 on OWN					20/20 on OWN					20/20 on OWN				
OXYG	127	Buried in the Backyard (N)					Twisted Killers (N)					Dateline: Secrets Uncovered <i>The Trap</i>					Dateline: Secrets				
PARMT	241	Yellowstone					Yellowstone					A League of Their Own ★★★ (‘92, Comedy-Drama) <i>Tom Hanks</i>					Movie				
POP	117	NCIS: New Orleans					NCIS: New Orleans					NCIS: New Orleans					NCIS: New Orleans				
REELZ	299	Jimi Hendrix: A Perfect Murder?					Autopsy-Last					Autopsy-Last					Jim Morrison: Rider on the Storm				
SCI	193	Mysteries-Abandoned					Mysteries-Abandoned					Mysteries-Abandoned					Mysteries-Abandoned				
SMITH	367	Air Disasters					Air Disasters					Aerial America					Ice Airport Alaska				
SONY	386	The Net ★★★ (‘95, Suspense) <i>Sandra Bullock</i>					(‘10) The Net 2.0 (‘06, Suspense) <i>Nikki DeLoach</i>					The Net ★★★ (‘95, Suspense) <i>Sandra Bullock</i>					(‘05) The Net 2.0 (‘06, Suspense) <i>Wild</i>				
SUND-E	358	Law & Order Sweeps					Law & Order Volunteers					Law & Order Discard					Law & Order Profile				
SYFY	122	Rambo: Last Blood					The Accountant ★★★ (‘16, Suspense) <i>Ben Affleck, Anna Kendrick</i>					(‘11:55) The Prestige ★★★ (‘06, Drama) <i>Hugh Jackman, Christian Bale</i>					The Da Vinci Code				
TBN	260	Praise (N)					Drive Thru					Insights					Watchman				
TBS	139	Big Bang					Big Bang					Go-Big Show (N)					Full Frontal				
TCM	132	Rope ★★★ (‘48, Crime Drama)					Bonnie and Clyde (‘67, Crime Drama)					Badlands (‘73, Crime Drama)					(‘15) The Honeymoon Killers (‘69) <i>Shirley Stoler</i>				
TLC	183	My 600-Lb. Life <i>Supersized: Lucas’ Journey</i> (N)					1000-Lb. Sisters (N)					Hoarding: Buried Alive					My 600-Lb. Life <i>Supersized: Lucas’ Journey</i>				
TMC-W	329	The Yards (‘00) ‘R’					The Captive (‘14, Suspense) <i>Ryan Reynolds</i> ‘R’					Patriot Games (‘92, Suspense) <i>Harrison Ford</i> ‘R’					7 Days in Entebbe (‘18, Suspense) ‘PG-13’				
TNT	138	NBA Basketball: Celtics at Knicks					Ⓢ NBA Basketball <i>Los Angeles Clippers at Phoenix Suns</i> (L)					Inside the NBA (L)					NBA Basketball <i>Boston Celtics at New York Knicks</i>				
TRU	242	Imp. Jokers					Imp. Jokers					Imp. Jokers					Imp. Jokers				
TRVL	196	Fright Club					Fright Club					Fright Club (N)					Fright Club				
TVLND	106	Raymond					Raymond					Raymond					Raymond				
UP	188	Reba					Reba					Made of Honor ★★ (‘08, Romance-Comedy)					Reba				
USA	105	Winter					Figure Skating					Last Man					Last Man				
WE	128	Growing Up Hip Hop					Growing Up Hip Hop (N)					A House Divided (N)					A House Divided (N)				

LOCAL NETWORKS

ABC-E	Women of the Movement (N)					Let the World See (N)					Local Prog. (‘35) Jimmy Kimmel Live!					Nightline (N)					
CBS-E	Sheldon					United-AI					Ghosts (N)					B Posi (N)					
CW-E	Walker					Legacies					Local Programs					Local Programs					
FOX-E	Joe Millionaire: For Richer or Poorer (N)					Local Programs					Local Programs					Local Programs					
NBC-E	The Blacklist (N)					Law & Order: SVU					Law & Order					Local Prog.					
MEV	247*	Andy G.					Andy G.					G. Pyle					Green Acre				
ABC-W	Local Programs					News					Local Programs					Women of the Movement (N)					
CBS-W	Local Programs					News					Local Programs					Sheldon					
CW-W	Local Programs					Walker					Legacies					Local Programs					
FOX-W	Local Programs					Joe Millionaire: For Richer or Poorer (N)					Local Programs					Local Programs					
NBC-W	Local Prog.					News					Local Programs					The Blacklist (N)					
PBS	Old House					Old House					Preserving Democracy: Pursuing a More Perfect					Amanpour-Co					

Time zone schedule table with columns: EASTERN, CENTRAL, MOUNTAIN, PACIFIC and rows for 12PM, 1:30, 2PM, 2:30, 3PM, 3:30, 4PM, 4:30, 5PM, 5:30, 6PM, 6:30, 7PM, 7:30.

AMERICA'S TOP PROGRAMMING

Main program listing table with columns: Channel, Time, Title, and a grid of 15 columns for specific time slots (12PM to 7:30).

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Table listing network broadcast services for channels ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, and PBS.

Table with 17 columns representing time slots: 8PM, 8:30, 9PM, 9:30, 10PM, 10:30, 11PM, 11:30, 12AM, 12:30, 1AM, 1:30, 2AM, 2:30, 3AM, 3:30. Rows include Eastern, Central, Mountain, and Pacific time zones.

AMERICA'S TOP PROGRAMMING

Main grid of TV programming listings. Each row lists a channel and time slot, followed by program titles and descriptions. Includes channels like FX, FXM, FX, GFTV, GMSHW, GOLF, GRIT, HALL, HALLDR, HALLMV, HDMOV, HGTV, HIST, ID, IFC, LAFF, LIFE, LMN, MAGN, MGMHD, MOTOR, MSNBC, NATGEO, NGWLD, OUTD, OWN, OXYG, PARM, POP, REELZ, SCI, SMITH, SOND, SONY-E, SYFY, TBN, TBS, TCM, TLC, TMC-W, TNT, TRU, TRVL, TVLND, UP, USA, WE.

LOCAL NETWORKS

Table listing local network programming for various stations: ABC-E, CBS-E, CW-E, FOX-E, NBC-E, METV, ABC-W, CBS-W, CW-W, FOX-W, NBC-W, PBS. Includes program titles like Shark Tank, Undercover Boss, and WWE Friday Night SmackDown.

Table with 14 columns representing time slots from 4AM to 11:30 PM and 4 rows representing time zones: EASTERN, CENTRAL, MOUNTAIN, and PACIFIC.

PREMIUM MOVIES

Main grid of movie listings organized by channel (HBO, MAX, SHOWTIME, STARZ, EPIX) and time slot. Includes titles, genres, and ratings.

AMERICA'S TOP PROGRAMMING

Grid of TV programming listings by channel (A&E, AHC, AMC, APL, AXSTV, BCCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FNC, FOOD, FREFM, FS1) and time slot.

Table with 16 columns representing time slots (12PM to 7:30) and 4 rows representing time zones (EASTERN, CENTRAL, MOUNTAIN, PACIFIC).

PREMIUM MOVIES

Main grid of TV listings for Premium Movies, including channels like HBO, MAX, SHOWTIME, STARZ, and EPIX, with program titles and descriptions.

AMERICA'S TOP PROGRAMMING

Main grid of TV listings for America's Top Programming, including channels like A&E, AHC, AMC, APL, AXSTV, BCCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FNC, FOOD, FREFM, and FS1.

Time zone conversion table with columns for Eastern, Central, Mountain, and Pacific time zones and corresponding program times.

AMERICA'S TOP PROGRAMMING

Main grid of TV programming listings including channel numbers, program titles, genres, and cast members.

NETWORKS Network broadcast services are subject to change. See your on-screen guide for the most recent schedules.

Grid of network-specific programming details, including local programs and national broadcasts.

Table with columns for time slots (8PM, 8:30, 9PM, 9:30, 10PM, 10:30, 11PM, 11:30, 12AM, 12:30, 1AM, 1:30, 2AM, 2:30, 3AM, 3:30) and rows for various channels (HBO, MAX, SHOWTIME, STARZ, EPIX, A&E, AHC, AMC, APL, AXSTV, BCCA, BET, BOUNCE, BRAVO, BUZZR, CIHD, CMT, CNBC, CNN, COM, COMET, COOK, DISC, DFC, DISN-E, ENCR-W, EWESTN, EACTN, ESUSP, EBLACK, ECLASS, EFAMILY, ESPN, ESPN2, EWTN, FETV, FNC, FOOD, FREFM, FS1) listing movie titles and descriptions.

EASTERN	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30	3AM	3:30
CENTRAL	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30	2AM	2:30
MOUNTAIN	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30	1AM	1:30
PACIFIC	5PM	5:30	6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	11PM	11:30	12AM	12:30

AMERICA'S TOP PROGRAMMING

FX	136	The Blind Side ★★★ ('09, Drama) <i>Sandra Bullock, Tim McGraw</i>	The Blind Side ★★★ ('09, Drama) <i>Sandra Bullock, Tim McGraw</i>	Better	Better	Better	Inbetween
FXM	384	Alita: Battle Angel ('19) <i>Rosa Salazar</i> 'PG-13'	Alita: Battle Angel ('19, Science Fiction) 'PG-13'	(25) Dragon Blade ('15, Action) <i>Jackie Chan</i> 'R'	FXM Pres.	Young Frankenstein	
FXX	125	Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Family Guy Archer	Archer	Archer	Archer	Cake	Cake
GETTV	373	Walker, Texas Ranger	Walker, Texas Ranger	<i>Kojak The Trade-Off</i>	Kojak	Charlie's Angels	Charlie's Angels
GMSHW	116	America America	America America	FamFeud	FamFeud	FamFeud	FamFeud
GOLF	401	PGA Golf	Golf Central (L)	PGA Tour Golf	<i>Sentry Tournament of Champions, Third Round</i>	PGA Golf	
GRIT	217	The Return of Sabata ★★ ('71, Western) <i>Lee Van Cleef</i>	Barquero ★★ ('70, Western) <i>Lee Van Cleef, Warren Oates</i>	Gunsight Ridge ('57, Western) <i>Joel McCrea</i>	Paid Programs		
HALL	185	The Wedding Veil ('22, Romance)	Sweet Pecan Summer ('21, Romance-Comedy)	Gold Girls	Gold Girls	Frasier	Frasier
HALLDR	186	Lewis' Confession	Beverly Lewis' The Reckoning ('15, Drama)	The Waltons	The Waltons	The Waltons	<i>The Book</i>
HALLMV	187	Aurora Teagarden	<i>Aurora Teagarden Mysteries A Very Foul Play</i>	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote
HDMOV	130	Sahara ('05, Adventure) <i>Matthew McConaughey</i> (05)	Redemption ('13, Suspense) <i>Jason Statham</i> (11:55)	Sahara ★★ ('05, Adventure)	(10) Redemption ('13, Suspense) <i>Jason Statham</i>		
HGTV	112	Holmes Family Rescue (N)	Unfinished Business (N)	Fixer to Fabulous	Fixer to Fabulous	Holmes Family Rescue	Unfinished Business
HIST	120	American Pickers	American Pickers (N)	(05) American Pickers	(12:03) American Pickers	(08) American Pickers	(06) American Pickers
ID	192	20/20 on ID	20/20 on ID	20/20 on ID	Affairs	Affairs	20/20 on ID
IFC	133	Prometheus ('12)	(15) Avatar ★★ ('09, Science Fiction) <i>Sam Worthington, Zoe Saldana</i>	The Mist ★★ ('07, Horror) <i>Thomas Jane</i>	Stooges		
LAFF	237	Major League ('89)	Teen Wolf ★★ ('85, Comedy) <i>Michael J. Fox</i>	Twins ★★ ('88, Comedy) <i>Arnold Schwarzenegger</i>	Nt. Court	Videos	Videos
LIFE	108	Labor, Lies and Murder ('22, Suspense)	(03) Sleeping With Danger ('20, Docudrama)	(12:01) Labor, Lies and Murder ('22, Suspense)	(04) Sleeping With Danger ('20, Docudrama)		
LMN	109	Driven to Kill ('21, Suspense) <i>Philip Boyd</i>	Psycho Yoga Instructor ('20, Suspense)	(12:01) Driven to Kill ('21, Suspense) <i>Philip Boyd</i>	Psycho Yoga Instructor ('20, Suspense)		
MAGN	111	Fixer Upper: Welcome Home	Work (N)	Fixer Upper	Fixer Upper	Home Work	Fixer Upper
MGMHD	385	Cyborg ★★ ('89, Science Fiction)	Death Warrant ★★ ('90, Action)	Double Impact ★★ ('91, Action) <i>Jean-Claude Van Damme</i>	(20) Cutter's Way ('81, Suspense)		
MOTOR	246	Auto/Biography	Auto/Biography	Auto/Biography	Auto/Biography	Auto/Biography	Auto/Biography
MSNBC	209	Ayman (L)	Ayman (L)	Voices-Alicia Menendez	Ayman	Ayman	Dateline Mean Girls
NATGEO	197	Drugs, Inc.: The Fix	Drugs, Inc.	Mariana van	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix	Mariana van
NGWLD	190	The Incredible Dr. Pol (N)	The Incredible Dr. Pol (N)	Pop Goes the Vet	The Incredible Dr. Pol	The Incredible Dr. Pol	Pop Goes the Vet
OUTD	396	Kid Rodeo	Hatfields & McCoys	<i>Episode 1 (N) (Part 1 of 3)</i>	Hatfields & McCoys	<i>Episode 1 (Part 1 of 3)</i>	Kid Rodeo
OWN	189	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters
OXYG	127	Cold Justice (N)	New York Homicide (N)	Dateline: Unforgettable	Snapped	Twisted Killers	New York Homicide
PARMT	241	Training Day ('01, Crime Drama)	Air Force One ★★ ('97, Suspense) <i>Harrison Ford, Gary Oldman</i>	Training Day ('01, Crime Drama)	<i>Denzel Washington</i>	TBA	TBA
POP	117	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	Scorpion
REELZ	299	The Affluenza Teen: The Friends Speak (N)	Preppy Killer	The Affluenza Teen: The Friends Speak	Preppy Killer	Celebrity	Celebrity
SCI	193	What on Earth? <i>Nazi War Island</i> (N)	Mysteries-Abandoned	What on Earth?	What on Earth?	Mysteries-Abandoned	What on Earth?
SMITH	367	Ice Airport Alaska	Ice Airport Alaska	Ice Airport Alaska	America's Hidden	Apocalypse	Apocalypse
SONY	386	Premium Rush ★★ ('12, Action)	(9:50) Under Suspicion ★★ ('00, Suspense)	(11:55) Premium Rush ('12, Action)	Under Suspicion ★★ ('00, Suspense)	Revolver	
SUND-E	358	Men in Black II ('02, Action) <i>Tommy Lee Jones</i>	Men in Black 3 ★★ ('12, Action) <i>Will Smith</i>	Men in Black ('97, Action) <i>Tommy Lee Jones</i>	Deep Impact ★★ ('98, Drama)		
SYFY	122	Die Hard ('88, Action) <i>Bruce Willis</i>	Die Hard 2 ★★ ('90, Action) <i>Bruce Willis</i>	Fantastic Four ('05, Action) <i>Ioan Gruffudd</i>	Fantastic Four: Rise of the Silver Surfer ('07)		
TBN	260	Huckabee (N)	Somebody	Hour Power: Schuller	Youseff	Huckabee	Somebody
TBS	139	Burgers	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Go-Big Show
TCM	132	Lawrence of Arabia: Director's Cut ★★ ('62, Biography) <i>Peter O'Toole, Alec Guinness</i>	Nightmare Alley ★★ ('47, Crime Drama)	(15) Shampoo ('75, Comedy) <i>Warren Beatty</i>			
TLC	183	1000-Lb. Sisters (N)	1000-Lb. Sisters (N)	1000-Lb. Sisters (N)	1000-Lb. Sisters (N)	1000-Lb. Sisters	1000-Lb. Sisters
TMC-W	329	Ex Machina ★★ ('15, Science Fiction) 'R'	The Gentlemen ★★ ('20, Crime Drama) 'R'	The Last Matinee ('20) 'NR'	The House by the Cemetery ('81)	The Last Matinee ('20)	
TNT	138	All Elite Wrestling	The Meg ★★ ('18, Science Fiction) <i>Jason Statham</i>	Kong: Skull Island ('17, Adventure) <i>Tom Hiddleston</i>	NCIS: New Orleans	NCIS: New Orleans	
TRU	242	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes
TRVL	196	The Osbournes: Night of Terror	Kindred Spirits	<i>Tripwire</i> (N)	Kindred Spirits	The Osbournes: Night of Terror	Kindred Spirits
TVLND	106	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men
UP	188	Made of Honor ('08)	A Very Country Wedding ('19, Romance)	The Wedding Do Over ('18, Romance)	Love at Sky Gardens ('21, Romance)	Paid Programs	
USA	105	Figure Skating	Chicago P.D.	Chicago P.D.	8:30 PM	Chicago P.D. My Way	Chicago P.D. The Docks
WE	128	NCIS Deliverance	NCIS Bounce	NCIS	NCIS Knockout	NCIS Hide and Seek	Law & Order Slaughter

LOCAL NETWORKS

ABC-E	(15) NFL Football	<i>Teams TBA</i> (L)	Local Programs
CBS-E	TBA	FBI: Most Wanted	48 Hours (N)
CW-E	Whose Line Whose Line	Animals	Animals
FOX-E	J. Millionaire	Next Level Chef	Local Programs
NBC-E	That's My Jam	Dateline NBC	Saturday Night Live (N)
METV	247*	Svengoolie	Frogs
ABC-W	(15) NFL Football	<i>Teams TBA</i> (L)	Local Programs
CBS-W	Local Programs	News	Local Programs
CW-W	Local Programs	Whose Line Whose Line	Animals
FOX-W	Local Programs	J. Millionaire	Next Level Chef
NBC-W	Local Prog. News	Local Programs	That's My Jam
PBS	Independent Lens	<i>Tre Maison Dasan</i>	Finding Your Roots