

July 1

**STRANGER THINGS:  
SEASON 4, VOL. 2**

Netflix **NEW EPISODES!**

The hit sci-fi/horror drama returns with the last two episodes of its fourth season, with the finale running especially long (pretty much movie length) even for what has already been a supersized season of longer-than-usual installments. "Chapter Eight: Papa" reportedly has an 85-minute runtime, while "Chapter Nine: The Piggyback," the season finale, is reported to clock in at nearly two and a half hours. The series has been renewed for a fifth and final season.

**THE GREAT AMERICAN RECIPE:  
"THE DAILY DISH"**

PBS, 9pm

The nine remaining home cooks share their favorite quick meals and the dishes that always win over a crowd. Get ready for everything from mouthwatering shrimp tacos to a spicy sriracha pasta.

**AMERICAN ANTHEMS:  
"POCKET CHANGE"**

PBS, 10pm

Ashley Ruiz is one of the self-described "hope dealers" dedicating themselves to paying for people's laundry in low-income communities through a volunteer organization called The Laundry Project. This inspires country singer-songwriter Lee Brice, working with two famed songwriting collaborators, Billy Montana and Adam Wood, to create a celebratory mid-tempo guitar jam.

**ANTIQUES ROADSHOW RECUT:  
"BONANZAVILLE, HOUR 2"**

PBS, 10:30pm

Travel to the Midwest – and back in time – in this half-hour *Recut* at the North Dakota pioneer town of Bonanzaville. Highlights include Coca-Cola original advertising art, a Dr. Seuss book from around 1940 and a Nicolai Fechin portrait of a young boy.

All Times Eastern

**Premiering Today!  
On Demand**

**CODE NAME BANSHEE**

Antonio Banderas, Jaime King

Action

CH. 509



**BEST BETS**

July 2

**ROCKY VS. EVERYONE MOVIE  
MARATHON**

IFC 133, beginning at 12pm

This 12-hour-plus-long marathon features the six original films in the classic *Rocky* franchise, starring Sylvester Stallone as boxer Rocky Balboa. Round 1 of the marathon leads off with, naturally, *Rocky*, the Best Picture Oscar-winning 1976 drama that started it all, earning Best Actor and Best Original Screenplay nominations for Stallone, among its other accolades, in the process. Following that are *Rocky II* (1979), *Rocky III* (1982), *Rocky IV* (1985), *Rocky V* (1990) and *Rocky Balboa* (2006).

**PLANET EARTH: DYNASTIES II:  
"THE MAKING OF"**

BBC America 135, 8pm

Get a behind-the-scenes look at how camera crews captured the amazing wildlife footage featured in BBC America's *Planet Earth: Dynasties II*.

**JAILBREAK LOVERS ORIGINAL  
FILM!**

Lifetime 108, 8pm

Love can make us do crazy things ... but this? After Toby Young (*Good Witch's* Catherine Bell) brings her rescue dog program to a Kansas correctional facility, inmate John Manard (Tom Stevens) unleashes such strong feelings in her, she helps him escape in a pet crate! (Yes, this happened in 2006!) Toby's husband "didn't even look in her direction when she came home," Bell says. "John was the first person – certainly the first man – who ever really paid attention to her and made her feel special." The film includes confessional scenes using lines from actual interviews. "It helps gain insight into what Toby was thinking," Bell says. "I hope the real Toby enjoys our version!"

**TRANSPLANT: "LOCKED"**

NBC, 8pm

Bash (Hamza Haq) invites Rania (Nora Guerch) to Amira's (Sirena Gulamgaus) dance recital. June (Ayisha Issa) confronts Dr. Bishop (John Hannah) and Dr. Singh (Sugith Varughese) about her role in their departments. Theo (Jim Watson) treats a teen with a rare presentation of ADHD and gets a surprise visit from his father.

**HEARTLAND DOCS, DVM:  
"HEART AND FOAL"**

Nat Geo Wild 190, 10pm

Drs. Ben and Erin assist a kitten with a dangly leg, save a St. Bernard puppy in the throes of kidney failure and outfit a bichon with some cool new shades.

All Times Eastern

**BEST BETS**

July 3

**BRINGING UP BABY CATCH A  
CLASSIC!**

TCM 132, 12pm

Director Howard Hawks' classic 1938 screwball comedy is one of the pinnacles of that movie genre prevalent during the 1930s and early '40s, truly living up to the "screwball" descriptor with its series of wild situations delivered with impeccable comic timing by Hawks, and stars Katharine Hepburn and Cary Grant. Grant plays stodgy paleontologist David Huxley, who is attempting to find the last bone for a brontosaurus skeleton while also looking for a large grant for his museum.

**NASCAR CUP SERIES:  
KWIK TRIP 250**

USA Network 105, 3pm Live

The NASCAR Cup Series returns to Road America in Elkhart Lake, Wisconsin, to take on the four-mile, 14-turn circuit. Chase Elliott took the checkered flag last year.

**WE HUNT TOGETHER SEASON  
PREMIERE!**

Showtime 318, 7:30pm

Season 2 of this British crime thriller picks up with mismatched cops DS Lola Franks (Eve Myles) and DI Jackson Mendy (Babou Ceesay) intent on nailing Freddy Lane (Hermione Corfield) for her murderous role in their last case. While they hunt Freddy, an outrageous new serial killer called the Birdman strikes, and it soon becomes clear that the new murderer has a bigger plan.

**ENDEAVOUR SEASON  
FINALE!**

PBS, 9pm

In "Terminus," the Season 8 finale of this British mystery drama, a prequel to *Inspector Morse*, the team is called to investigate the violent killing of an Oxford college don. Meanwhile, Thursday (Roger Allam) receives news that creates tension at home. *Endeavour* is currently in production on its ninth and final season.

**EVIL LIVES HERE SEASON  
PREMIERE!**

Investigation Discovery 192, 10pm

The true-crime series returns to present more intimate and unbelievable firsthand accounts from people whose loved ones have committed some of the most horrifying crimes imaginable.

**THE MAN WHO FELL TO EARTH  
Showtime 318, 10pm SEASON  
FINALE!**

Trying to save two worlds, alien-turned-powerful-entrepreneur Faraday (a commanding Chiwetel Ejiofor) at last reveals the secrets he warned a global audience about in Episode 1, along with deeper mysteries that disrupt CIA plans and alter the Earth's future!

All Times Eastern

# BEST BETS

July 4

## 4TH OF JULY ALL-DAY CROSSOVER MARATHON

ION 250, beginning at 5am

Enjoy 22 hours of crossover episodes from the hit *NCIS* and *Chicago* franchises. The first five hours consist of *NCIS*, *NCIS: Los Angeles* and *NCIS: New Orleans* episodes that cross over in some combination between the series, usually among all three titles. The remaining 16 hours feature *Chicago Fire* and *Chicago P.D.* crossover episodes.

## "BONES" MARATHON

BBC America 135, beginning at 10am

The crime drama *Bones*, starring David Boreanaz and Emily Deschanel, comes to BBC America starting Monday with a marathon of episodes continuing through Wednesday. The series, which aired on FOX from 2005-17, will air in multi-episode blocks on BBC America Tuesdays and Wednesdays.



## MACY'S 4TH OF JULY FIREWORKS SPECTACULAR ▲

NBC, 8pm Live

The famed Independence Day event is back for its 46th installment, with the East River in New York City lit up by an epic, 25-minute fireworks display synchronized to a rousing musical score. Some of the new fireworks effects to watch for this year include "Whistling Jellyfish," "Little Snakes," "Blinking Smiling Face" and "Swimming Chrysanthemums." Celebrities and musical performers will also be on hand to turn up the party vibes; talent had not been announced at presstime.

## A CAPITOL FOURTH 2022

PBS, 8pm Live

Celebrate America's 246th birthday with this concert tradition that is now in its 42nd year. Airing live from Washington, D.C., it features musical performances by top stars from pop, country, R&B, classical and Broadway along with the National Symphony Orchestra under the direction of Jack Everly. And, of course, there will be a fireworks display. The 90-minute live broadcast will be immediately followed by an encore airing. The concert will also livestream at [pbs.org/a-capitol-fourth](https://pbs.org/a-capitol-fourth) and be available there for two weeks following the live broadcast.

All Times Eastern

# BEST BETS

July 5

## LIFE BELOW ZERO:

### FIRST ALASKANS

Nat Geo 197, 8pm

SEASON FINALE!

Season 1 of this *Life Below Zero* spinoff concludes with "It Takes a Village," which shows how Alaska's Indigenous peoples rely upon the lessons and values of their ancestors to harvest resources for their families and neighbors. The series has been renewed for a second season.



NEW SERIES!

## AMERICA OUTDOORS WITH BARATUNDE THURSTON

PBS, 9pm

In this six-part travel and adventure series, bestselling author and outdoor enthusiast Baratunde Thurston

explores a diverse array of wild spaces across the United States and discovers a vivid cast of characters of different backgrounds and abilities whose outdoor lives are shaped by the landscapes of where they live. In the series premiere, Thurston visits Death Valley, one of the hottest places on Earth, where he finds an outdoor mecca for those who embrace the area's heat, isolation and natural beauty.

## THE GREAT MUSLIM AMERICAN ROAD TRIP

PBS, 10pm

NEW SERIES!

This three-part docuseries follows a young Muslim American couple – Syrian American rapper Mona Haydar and her husband, Sebastian Robins, who converted after meeting Mona – as they explore the famous Route 66 and its surrounding Muslim communities on a 2,500-mile drive from Chicago to Los Angeles. The trip is an opportunity for them to not only experience the breathtaking panoramas and iconic roadside attractions along the route, but also to learn more about the history of their faith and what it means to be Muslim in America today.

## TITANS

TNT 138, 10pm

SEASON PREMIERE!

Season 2 continues to follow the classic DC superheroes, the Teen Titans. While original Titans attempt to transition into a regular life, when old enemies resurface, everyone must come together to take care of unfinished business. And as this family of old and new Titans learns to coexist, the arrival of Deathstroke (new series regular Esai Morales) brings to light the sins of the old Titans, which threatens to tear this new Titans family apart once more.

America's Outdoors with Baratunde Thurston: Credit: Courtesy of New Line PBS

All Times Eastern

# BEST BETS

July 6

## BIG BROTHER

CBS, 8pm

SEASON PREMIERE!

*Big Brother* kicks off Season 24 as a new group of Houseguests move in for a summer full of unique twists and turns to challenge them. Julie Chen Moonves returns as host.

## MYSTERIES DECODED

The CW, 8pm

SEASON PREMIERE!

A new season of unsolved mysteries awaits in Season 2 of this investigative documentary series, which uses newly discovered evidence and high-tech tools to dive deep into some of America's greatest mysteries. Jennifer Marshall (*Stranger Things*), a U.S. Navy veteran, private investigator and actress, leads a team that aims to bring closure to long-lingering historical puzzles.

## THE GREEN PLANET

PBS, 8pm

NEW SERIES!

Sir David Attenborough, the legendary naturalist who has become a familiar narrator/host for documentaries spotlighting animals, now travels the globe to reveal the secret lives of plants in this five-part series that comes from the BBC and PBS, and uses pioneering camera techniques to show this world as never before. In the series premiere, "Tropical Worlds," Attenborough explores plants of the rainforest – a world of stunning beauty but also fierce competition.

## MARRIED AT FIRST SIGHT

Lifetime 108, 8pm

SEASON PREMIERE!

For the first time in its 15 seasons, *Married at First Sight* sets its sights on the West Coast as it heads to San Diego, where 10 courageous singles are taking the plunge and marrying a complete stranger. These brides and grooms will see each other for the first time at the altar, when they take their vows in a legally binding ceremony under the palm trees of beautiful Southern California.

## THE CHALLENGE: USA

CBS, 9:30pm

NEW SERIES!

This special edition of the blockbuster MTV franchise brings together fan favorites from *Survivor*, *Big Brother*, *The Amazing Race* and *Love Island* to compete in one of the most unpredictable and demanding games of their lives, living in a constant state of paranoia. T.J. Lavin serves as host.

## ROAD WARS

A&E 118, 10:30pm

NEW SERIES!

Road rage incidents are on the rise, and "road raging" is a human behavior that has become widely known. This new docuseries takes a deep dive into American roadways and examines extreme human behavior, wild weather, insane accidents and a few refreshing instances of acts of kindness.

All Times Eastern

# BEST BETS

July 7

## PRESS YOUR LUCK

ABC, 8pm

SEASON PREMIERE!

The reboot of the popular game show begins its fourth season with Elizabeth Banks returning as host. Three contestants aim to avoid the iconic and devilish WHAMMY as they compete against each other answering questions to earn spins on the Big Board. The spins are used to win cash and prizes, as long as they avoid the WHAMMY.

## THIS OLD HOUSE: "SARATOGA SPRINGS: AMPED UP"

PBS, 8pm

The old electrical service is upgraded; cold-weather inverter heat pumps are introduced to heat and cool the house; an original window sash becomes an awning window; a vocational student has a welding project for the backyard; and the house calls for various types of insulation.

## HEARTLAND: "BRAND NEW DAY"

UPtv 188, 8pm

Hudson hosts a lumberjack competition, and Amy (Amber Marshall) must retrain a Clydesdale and his owner to compete in the draft horse race; Tim (Chris Potter) throws his hat into the ring; and Lou (Michelle Morgan) tries to avoid a date with Fred Garland (Ivan Cermak).

## ASK THIS OLD HOUSE: "CROWN MOLDING, FUTURE OF SOLAR"

PBS, 8:30pm

Heath shares why he became an electrician and what he loves about his trade; Mauro shows a trick for applying caulk in gaps; Tom shows how to install crown molding around corner angles; and Ross explains the future of solar at MIT.

## GENERATION GAP

ABC, 9pm

NEW SERIES!

Kelly Ripa hosts this comedy quiz show that pairs teams of grandparents and grandkids, challenging them to answer questions about pop culture from each other's generation.

## GOOD TROUBLE

Freeform 180, 10pm

NEW EPISODES!

The second half of Season 4 begins with the episode "What I Wouldn't Give for Love." Davia (Emma Hunton) musters the courage to tell Dennis (Josh Pence) how she feels, while Malika (Zuri Adele) deals with Angelica (Yasmine Aker) seeing other people. Also, Alice (Sherry Cola) hires a new manager and the FCG throw a party to celebrate the launch of their app.

All Times Eastern

# BEST BETS

July 8

## GOLF: AMERICAN CENTURY CHAMPIONSHIP: FIRST ROUND

Golf Channel 401, 7:30pm Live

The brightest stars in sports and entertainment tee off at Edgewood Tahoe Golf Course in Nevada for this celebrity charity golf tournament.

## KEEPING UP WITH THE JONESES

LMN 109, 8pm

ORIGINAL FILM SERIES!

Vivica A. Fox returns as the matriarch of the wealthy Jones family, who, along with her four stepdaughters, will stop at nothing to protect their business and family after they are threatened. Kandi Burruss returns to narrate the films, along with stars Ted McGinley, Michael Pare, Arie Thompson, Ciarra Carter, Jasmine Aivaliotis, Marcos James and Shellie Sterling.

## MY LOTTERY DREAM HOME

HGTV 112, 9pm

SEASON PREMIERE!

Season 12 of this series about recent lottery winners hunting for their new dream homes kicks off with "Millionaire Mama." A single mom who raised her three girls in a Miami apartment is looking for a stand-alone home, but host David Bromstad knows some gorgeous townhouses that may just change her mind.

## THE GREAT AMERICAN RECIPE: "LOVE LANGUAGE"

PBS, 9pm

The eight remaining cooks share favorite comfort foods and a dish inspired by a loved one. From first-date cuisine to sentimental recipes passed down through generations, love is definitely in the air.

## AMERICAN ANTHEMS: "SOLDIER ON ALL FOURS"

PBS, 10pm

Decorated veteran Jason Johnson's Project K-9 Hero saves retired military and police dogs from being euthanized. Fellow veteran Michael Trotter Jr. and his wife, Tanya Blount, who comprise the music duo The War and Treaty, write and perform a powerful and soulful ballad that honors Jason's advocacy and raises awareness of the challenges these hero dogs face after service.

## ANTIQUES ROADSHOW RECUT: "WINTERTHUR MUSEUM, HOUR 1"

PBS, 10:30pm

Watch *Roadshow's* first ever visit to Delaware in this half-hour recut episode featuring incredible appraisals such as Broadway costume sketches, a Tiffany diamond pendant and a 1923 Frank Schoonover oil painting. Learn which one is appraised at \$125,000.

All Times Eastern

# BEST BETS

July 9

## TENNIS: WIMBLEDON: LADIES' SINGLES FINAL

ESPN 140, 9am Live

The Wimbledon ladies' singles final match at the All England Lawn Tennis & Croquet Club airs live on ESPN.

## MY GROWN-UP CHRISTMAS LIST

Hallmark Channel 185, 8pm

ORIGINAL FILM!

Journalist Taylor and Kevin, a member of the military, share a special bond that grows between them over the course of several Christmases that they spend together and apart. Stars Kayla Wallace and Kevin McGarry.

## FLOWERS IN THE ATTIC: THE ORIGIN: PART 1

Lifetime 108, 8pm

ORIGINAL FILM SERIES!

Based on the popular book series by V.C. Andrews, this four-part movie series starts by introducing us to Olivia Winfield (Jemima Rooper) as she gives up her career, her home and her name to become Mrs. Malcolm Foxworth (Max Irons), the wife of the nation's richest man. When she arrives at her new home, Olivia soon realizes that life at Foxworth Hall is far from the fairy tale she imagined it would be and begins to question the choices that led her down this path of eventual destruction.

## SAY YES TO THE DRESS

TLC 183, 8pm

SEASON PREMIERE!

"You Went From Snickers Bar to Caviar" begins Season 21 of this reality series that makes wedding dress dreams come true for brides. Randy and the Kleinfeld team think they have seen everything, but this season's brides are unlike any they've experienced before – including a bride-to-be who got engaged hours before her appointment, and a bride who uses her feet instead of her hands.

## STEAL THIS HOUSE

HGTV 112, 9pm

NEW SERIES!

*Celebrity IOU: Joyride and Garage Squad's* Cristy Lee stars in this new Detroit-based home renovation series. While she is known for her expertise in fixing cars, trucks and bikes, Cristy's heart is also in home improvement. In the series, she helps frustrated home buyers see the potential in the most unexpected, inexpensive properties and works to turn them into astonishing homes. For her clients, Cristy proves that it's worth the risk to buy a lower-priced house that needs work, create a smart renovation budget and invest in a renovation to transform the place into the home of their dreams.

All Times Eastern

# BEST BETS

July 10

## WHO DO YOU THINK YOU ARE?

NBC, 7pm **SEASON PREMIERE!**

Celebrities featured during the 13-episode new season include Allison Janney, Zachary Levi, Nick Offerman, Billy Porter, Zachary Quinto and Bradley Whitford.

## PATAGONIA: LIFE ON THE EDGE OF THE WORLD

CNN 200, 9pm **NEW SERIES!**

This groundbreaking documentary series, narrated by Chilean-born actor Pedro Pascal (*Game of Thrones*), explores the wonders of one of the wildest places on Earth through the lives of the extraordinary animals and people who inhabit it. Filmed over one dramatic year, the series reveals what it takes to survive and thrive at the edge of the world.

## THE FINAL STRAW

ABC, 9pm **NEW SERIES!**

Peyton Manning executive produces this new physical comedy competition series. The fresh, exciting format pits four teams of colorful contestants against tremendous tipping towers. The last team standing will compete in the Mega Stack with a \$250,000 grand prize on the line.

## WOMEN WHO ROCK

EPIX 380, 9pm **NEW SERIES!**

This four-episode docuseries pays homage to female pioneers in music who have stormed the stage, wielded their instruments, amplified their voices and sung the soundtrack of our lives.

## GRANTCHESTER

PBS, 9pm **SEASON PREMIERE!**

The British mystery drama set in the titular small English village during the 1950s returns for a six-episode seventh season.

## WWE RIVALS

A&E 118, 10pm **NEW SERIES!**

Actor and former WWE writer Freddie Prinze Jr. leads a roundtable discussion of WWE luminaries. "Bret Hart vs. Shawn Michaels" kicks off the series.

## SHARKFEST 2022 BEGINS

Nat Geo 197, beginning at 10pm

National Geographic's shark-themed programming event returns for its 10th installment, the biggest one ever, with nearly 30 hours of new programming spanning four weeks across Nat Geo, Nat Geo Wild, Nat Geo Mundo, Disney XD, ABC and ESPN. Things start tonight with *Camo Sharks*, which follows experts seeking to understand how sharks manipulate their skin's dermal cells to activate camouflage, followed by *Backyard Bull Sharks*.

All Times Eastern

# BEST BETS

July 11

## SHARKFEST 2022 CONTINUES

Nat Geo 197, beginning at 7pm;

ESPN 140, 10pm

Tonight's SharkFest lineup begins with *Sharks vs. the World*, about the many creatures with which these predators find themselves at odds. Following is the premiere of the new, six-episode season of *When Sharks Attack* (new episodes air each night).

## THE BACHELORETTE

ABC, 8pm

**SEASON PREMIERE!**

Season 19 of the hit dating series features two leading ladies, fan favorites Gabby Windey and Rachel Recchia, who supported one another through a devastating dual breakup in the Season 26 finale of *The Bachelor*. The women will once again stand by each other's side as they set out on a journey to find love. Jesse Palmer hosts.

## BBQ USA

Food Network 110, 9pm **NEW SERIES!**

Chef and restaurateur Michael Symon is headed to the biggest barbecue competitions across the country to bring viewers right into the action as he showcases the most elite competitors and top-notch talent as they battle for bragging rights and prizes.

## BETTER CALL SAUL

AMC 131, 9pm

**MIDSEASON PREMIERE!**

The final season took a month-and-a-half hiatus but now returns for cocreator Vince Gilligan's final six episodes of his prequel. In the teaser video we could hear Jimmy McGill (Bob Odenkirk) say, "So, after all that, a happy ending." What and who he's referring to with that statement is a big question (and is it Jimmy, Gene Takovic or Saul Goodman talking?). We will find out soon, as well as see the anticipated return of *Breaking Bad*'s Walter White (Bryan Cranston) and Jesse Pinkman (Aaron Paul).

## MAINE CABIN MASTERS

Magnolia Network 111, 9pm

**SEASON PREMIERE!**

The series returns to follow builder Chase Morrill, along with his brother, sister and best friend, as they continue to restore abandoned cabins buried deep in the remote woods of Maine.

## CLAIM TO FAME

ABC, 10pm **NEW SERIES!**

Kevin and Frankie Jonas cohost this competition series challenging 12 celebrity relatives to step outside their famous family member's shadow and live together under one roof, concealing their identity and lineage as they seek their own fame and fortune.

All Times Eastern

# BEST BETS

July 12

## SHARKFEST 2022 CONTINUES

Nat Geo 197, beginning at 9pm

Two new SharkFest specials swim onto your screen tonight: *Counting Jaws*, a look at the effort to determine how many sharks are in a newly discovered great white hot spot close to popular California beaches; and *Shark Superpower*, in which two teams of experts go to great lengths for shark science as they investigate two of the predators' most iconic superpowers: speed and bite force.

## BOBBY BROWN: EVERY LITTLE STEP

A&E 118, 9pm **SEASON FINALE!**

After extensive preparation, Bobby Brown finally hits the road and the stage with New Edition for three months in the season finale "Bobby Makes His Comeback." Later, Bobby is joined by his family, where he's gifted a surprise from his kids.

## AMERICA OUTDOORS WITH BARATUNDE THURSTON: "IDAHO: TIED TO THE LAND"

PBS, 9pm

Life on the American frontier is evolving. To find out how, and what it means, host Baratunde Thurston ventures into the wilds of Idaho in search of its outdoor culture. There, he finds ranchers and backcountry pilots sharing the wilderness with newly resettled refugees, and sees how climate change is wreaking havoc on the age-old salmon fishery.

## THE GREAT MUSLIM AMERICAN ROAD TRIP: "A BRIDGE OVER TROUBLED WATERS: TULSA TO ALBUQUERQUE, NEW MEXICO"

PBS, 10pm

As they continue their journey across Route 66, Mona and Sebastian learn why so many African Americans converted to Islam in the early 20th century, how Muslims contributed to modern jazz music, and why Catholics and Muslims share an affinity for the Virgin Mary.

## WHAT WE DO IN THE SHADOWS

FX 136, 10pm **SEASON PREMIERE!**

The vampire mockumentary series reawakens for Season 4 with a two-episode premiere. In "Reunited," the vampires return from their world travels to find their mansion on the verge of collapse and a freakish new creature in the house. Then in "The Lamp," Nandor (Kayvan Novak) uses an ancient relic to aid his search for love, and Nadja (Natasha Demetriou) puts her vampire nightclub idea into motion. Laszlo (Matt Berry), Guillermo (Harvey Guillén) and Colin Robinson (Mark Proksch) also return.

All Times Eastern

# BEST BETS

July 13

## SHARKFEST 2022 CONTINUES

Nat Geo 197, beginning at 9pm

Nat Geo premieres two new SharkFest specials tonight: *Shark Queens*, which looks to discover if female sharks might be the biggest and baddest sharks of all; and *Baby Sharks*, which shows how various species of sharks have evolved extraordinarily different ways to carry their young and give birth to offspring that must fend for themselves right from the start. Also this evening, ABC will be re-airing the 2021 SharkFest special *Shark Beach With Chris Hemsworth*.

## NOVA: "ULTIMATE SPACE TELESCOPE"

PBS, 9pm

Follow the dramatic story of the James Webb Space Telescope – the most complex machine ever launched into space. If it works, scientists believe that this new eye on the universe will peer deeper back in time and space than ever before to the birth of galaxies and may even be able to "sniff" the atmospheres of exoplanets as we search for signs of life beyond Earth. Meet the engineers working to make the telescope operate perfectly and join them on their high-stakes journey to uncover new secrets.

## DR. PIMPLE POPPER **SEASON PREMIERE!**

TLC 183, 9pm

Dr. Sandra Lee is back for an eighth season of removing all kinds of growths, lumps and rashes for her patients, beginning with the episode "Booty and the Beach."

## EVERYTHING'S TRASH **NEW SERIES!**

Freeform 180, 10pm

Writer and executive producer Phoebe Robinson (*2 Dope Queens*) stars in this new comedy based on her collection of essays, *Everything's Trash, but It's Okay*. Phoebe (Robinson) is a 30-something, outspoken podcast star making her professional mark while living a broke and delightfully messy life in Brooklyn. Jordan Carlos, Toccarra Cash, Nneka Okafor and Moses Storm also star. Premieres with two back-to-back episodes before moving to a weekly schedule.

## 5 GUYS A WEEK **NEW SERIES!**

Lifetime 108, 10pm

In this provocative new social experiment, one adventurous single woman invites five eligible bachelors to move in with her for a week to see who is "the one." Over the week, viewers will have a front-row seat as more than 20 cameras capture their lives 24/7. The leading lady will lean on her friends and family for their advice as she eliminates one man at a time, but in the end it will be up to her to decide who gets her heart.

All Times Eastern

# BEST BETS

July 14

## GOLF: THE OPEN CHAMPIONSHIP: FIRST ROUND

USA Network 105, 4am Live

The 150th Open Championship takes place on the hallowed ground of the Old Course at St. Andrews in Scotland. Collin Morikawa captured the Claret Jug last year. USA Network and NBC air the tournament through Sunday.

## SHARKFEST 2022 CONTINUES

Nat Geo 197, beginning at 7pm

Three new SharkFest specials debut tonight: *Croc That Ate Jaws: Ancient Enemies*, which investigates reports of clashes between sharks, and crocs and gators; *Shark Side of the Moon*, which explores if the moon plays a role in the migration and life cycle of hammerhead sharks; and *Sharks That Eat Everything*, a look at how their boundless hunger and curiosity leads sharks to chow down the most unexpected things.

## ASK THIS OLD HOUSE: "SOIL TESTING, ADDING A RECEPTACLE"

PBS, 8:30pm

Mauro shares why he became a painter and what he loves about his job; Jenn shows how to test soil at home; Nathan explains how to use track saws; and Heath adds a receptacle to a kitchen island.

## TOP GEAR

BBC America 135, 10pm

Hosts Freddie Flintoff, Chris Harris and Paddy McGuinness are back for their sixth season at the wheel, all three now with their racing licenses. This five-part season sees the trio heading to America on a motorsport mission to the home of grassroots racing: Florida. Also, the hosts train to become truck drivers, pay tribute to TV police cars and test out some high-performance, alternative-fuel vehicles.

## 101 PLACES TO PARTY BEFORE YOU DIE

truTV 242, 10:30pm **NEW SERIES!**

Inspired by the bestselling book *101 Places to Get @#\$\$%ed Up Before You Die*, this new buddy-travel series follows comedians and longtime pals Adam Pally (*Happy Endings*) and Jon Gabrus (*Game Over, Man!*) on family-sanctioned weekend escapes. The boys try the unique foods, drinks (it can be excessive!) and other idiosyncrasies that make each location tick.

All Times Eastern

# BEST BETS

July 15

## PERSUASION

Netflix

**ORIGINAL FILM!**

Dakota Johnson leads this adaptation of Jane Austen's last completed novel as Anne Elliot, an unconforming woman with modern sensibilities living with her snobby family on the brink of bankruptcy in England during the Regency Era (early 19th century). When Capt. Frederick Wentworth (Cosmo Jarvis) – the dashing man she let get away – crashes back into her life, Anne must choose between putting the past behind her or listening to her heart when it comes to second chances. Henry Golding and Richard E. Grant also star.

## AFI LIFETIME ACHIEVEMENT AWARD: A TRIBUTE TO JULIE ANDREWS

TCM 132, 8pm

**CATCH A CLASSIC!**

Originally scheduled to have been held in 2020 but postponed by the pandemic, the American Film Institute's (AFI) honoring of legendary actress Julie Andrews with its Lifetime Achievement Award finally took place on June 9. You can enjoy the AFI special honoring Andrews tonight on Turner Classic Movies. Following the 75-minute event, TCM will air *Victor/Victoria*, the 1982 musical comedy that earned Andrews a Best Actress Oscar nomination. She costars alongside James Garner. After that is an encore airing of the AFI special, followed by *The Americanization of Emily* (1964), a romantic comedy also teaming Andrews and Garner.

## SHARKFEST 2022: "GAME OF SHARKS"

Nat Geo 197, 10pm

In the new SharkFest special *Game of Sharks*, 10 nail-biting competitions are set up to prove once and for all which shark is the MVP of the open sea. The great white is favored, but can it beat the shortfin mako in the 100-meter dash, or outjump the thresher shark, or keep up with the appetite of the whale shark?

## AMERICAN ANTHEMS: "LET THE WORDS COME OUT"

PBS, 10pm

Country star Lindsay Ell bonds with former police detective Greta McClain over their shared sexual assault tragedies. Working with Grammy-winning singer-songwriter Kristian Bush of Sugarland, Lindsay crafts and performs an electric country rock anthem that Greta can use as a fight song in her mission of caring through Silent No Longer, the organization she started that provides a safe space for survivors of sexual abuse.

All Times Eastern

# BEST BETS

July 16

## IT'S A MAD, MAD, MAD, MAD WORLD

TCM 132, 5pm

**CATCH A CLASSIC!**

Comedy films aren't often produced on a grand and epic scale, nor are they often nominated for Oscars, but once in a while there are exceptions. Such an exception is this hilarious 1963 classic from director Stanley Kramer that was one of the first – and is still one of the greatest – epic comedy productions. Nominated for six Academy Awards (winning one for its sound effects), the sprawling film boasts a roughly two-hour-and-40-minute run time as it chronicles a wild road trip among various memorable characters racing to be the first to find the location of a stolen fortune divulged by a mysterious stranger they have each come upon while driving along a desert highway. Spencer Tracy heads the unforgettable cast that includes featured roles for some of Hollywood's greatest comedians and comic actors – Milton Berle, Sid Caesar, Buddy Hackett, Ethel Merman, Mickey Rooney, Dick Shawn, Phil Silvers, Terry-Thomas and Jonathan Winters among them. The film also includes cameo appearances from nearly every other legendary joker in the business, including Buster Keaton, Jimmy Durante, Don Knotts, Jerry Lewis, Jack Benny and the Three Stooges (Moe Howard, Larry Fine and “Curly” Joe DeRita).

## CAMPFIRE CHRISTMAS

Hallmark Channel 185, 8pm

**ORIGINAL FILM!**

Love is in the air for Peyton and her closest friends when her parents decide to host a holiday-themed reunion before selling their family-owned summer camp. Stars Tori Anderson, Corbin Bleu and Jeffrey Bowyer-Chapman.

## FLOWERS IN THE ATTIC: THE ORIGIN: PART 2: THE MOTHER

Lifetime 108, 8pm

**ORIGINAL FILM!**

As Olivia (Jemima Rooper) and Malcolm's (Max Irons) family grows in unexpected and questionable ways, she is committed to giving her children a life full of joy and safety, no matter the cost. However, her efforts prove to be futile as she battles the evils of Foxworth Hall, and her husband's twisted obsession over a family secret severs their relationship even further.

## SHARKFEST 2022: “PLANET SHARK”

Nat Geo 197, 8pm

**NEW SERIES!**

This three-part series combines stunning 4K archival footage with original content from the world's leading shark scientists to take a look into what experts currently know about the secret world of these predators.

All Times Eastern

# BEST BETS

July 17

## GOLF: THE OPEN CHAMPIONSHIP: FINAL ROUND

NBC, 7am Live

The coveted Claret Jug is awarded to the winner of the 150th British Open today at the legendary Old Course at St. Andrews in Scotland.



## GILDA ▲

TCM 132, 2pm

**CATCH A CLASSIC!**

“There never was a woman like Gilda!” exclaimed the promotional poster for this lushly photographed 1946 film noir classic, and it's hard to quibble with the tagline. Rita Hayworth is at her bombshell best in her signature performance as the titular character, the wife of Buenos Aires casino owner Ballin Mundson (George Macready). Mundson hires a newly arrived American, small-time gambler Johnny Farrell (Glenn Ford), as a casino manager, but also assigns him to watch over Gilda. But it turns out that Gilda and Johnny happen to be former lovers, adding all sorts of tensions to the combustible emotional mix.

## SHARKFEST 2022: “JAWS VS. BOATS”

Nat Geo 197, 8pm

In this new SharkFest special, scientists look into what may be causing an apparent reported increase in clashes between great whites and other sharks, and boats.

## PATAGONIA: LIFE ON THE EDGE OF THE WORLD: “FIORDLANDS”

CNN 200, 9pm

The second episode of the docuseries narrated by Chilean-born actor Pedro Pascal (*Game of Thrones*) explores Patagonia's Pacific coast, home to the country's deep, sheltered fjords. These beautiful, flooded valleys were carved out by ice over millennia. During the summer, these nutrient-rich waters are in high demand from both animals and people, which threatens the natural balance.

## VERY SCARY PEOPLE

HLN 202, 9pm

**SEASON FINALE!**

Season 4 of this true-crime docuseries that explores the twisted lives of some of the most frightening and diabolical characters in recent history concludes with a look at infamous mob boss John Gotti. Donnie Wahlberg hosts.

All Times Eastern

# BEST BETS

July 18

## MLB HOME RUN DERBY

ESPN 140, 8pm Live

Dodger Stadium in Los Angeles hosts the 92nd MLB All-Star Game festivities, including some of the big leagues' biggest sluggers competing in tonight's T-Mobile Home Run Derby. The N.Y. Mets' Pete Alonso is the two-time reigning champion.

## SHARKFEST 2022 CONTINUES

Nat Geo 197, beginning at 8pm

Tonight's SharkFest lineup begins with the first two episodes of *Shark Attack Files'* second season, followed by *World's Biggest Hammerhead?*, which follows scientists from the Florida Keys to the Bahamas on a quest to document the world's largest hammerhead shark.

## PHROGGING: HIDER IN MY HOUSE

Lifetime 108, 10pm

**NEW SERIES!**

Exploring the oddly named act of secretly living in someone else's home, this unsettling new docuseries re-creates real-life accounts of everyday folks who discovered that a stranger was camped out somewhere inside their walls. You will never ignore that sound up in the attic again!

## THE CAPTAIN

ESPN 140, 10pm

**NEW SERIES!**

Five-time World Series champion, Baseball Hall of Famer and N.Y. Yankees great Derek Jeter is the subject of the new seven-part ESPN Films documentary series *The Captain*, debuting after the network's coverage of the MLB Home Run Derby. “The series gives insight into a Hall of Fame baseball career, but more importantly, we reveal a person who sits at multiple intersections of American culture,” says director Randy Wilkins. “*The Captain* is a story about race, media, celebrity culture and the insatiable drive to be the best version of yourself.”

## POV: “MANZANAR, DIVERTED: WHEN WATER BECOMES DUST”

PBS, 10pm

In director/producer Ann Kaneko's documentary, three communities intersect, sharing histories of forced removal – Japanese Americans who were incarcerated at the Manzanar World War II concentration camp, Native Americans who were forced from these lands and ranchers turned environmentalists, who were bought out by the Los Angeles Department of Water and Power. How do they come together in the present moment to defend their land and water from L.A.?

All Times Eastern

# BEST BETS

July 19

## MLB ALL-STAR GAME

FOX, 8pm Live

Baseball's best as selected by fans, managers and players are at Dodger Stadium for the 92nd MLB All-Star Game between the AL and the NL. FOX's new lead MLB play-by-play announcer Joe Davis calls the game with analyst John Smoltz.

## AMERICA OUTDOORS WITH BARATUNDE THURSTON: "LA: IT'S A VIBE"

PBS, 9pm

Host Baratunde Thurston explores his adopted hometown of Los Angeles to learn how residents connect with the outdoors in their sprawling city, from kayakers saving a polluted river to Black surfers claiming their place on the waves.

## ORIGINS OF HIP-HOP SEASON FINALE!

A&E 118, 10pm

"Uncle Luke," the season finale of this series diving into the origin story of hip-hop's most iconic stars, focuses on controversial 2 Live Crew frontman Luther Campbell. He changed the face of music by fathering Southern hip-hop and fighting for musicians' First Amendment rights. Known for being raunchy, Campbell was a musical mastermind. His activism and drive changed hip-hop and law books forever.

## SHARKFEST 2022: "JAWS INVASION"

Nat Geo 197, 10pm

Big and dangerous predators are invading unexpected waters, from golf courses and swimming pools to lakes and backyard keys. In this special, experts analyze user-generated footage to get to the bottom of how and why sharks seem more willing than ever to meet us on our own turf.

## DANCING WITH MYSELF SEASON FINALE!

NBC, 10pm

Find out who wins the first season of this competition series in which contestants strive to perfect dance challenges designed by celebrity creators Shakira, Nick Jonas and Liza Koshy. Camille Kostek hosts.

## THE GREAT MUSLIM AMERICAN ROAD TRIP SERIES FINALE!

PBS, 10pm

In "Back on the Road Again: Arizona, Nevada, California," Mona and Sebastian meet setbacks and surprises as they drive the last leg of Route 66. They visit the grave of a famous Syrian-born camel driver, find traces of America's first Muslim explorer from the 1500s and stumble upon an unexpected community of Muslims living in Las Vegas.

All Times Eastern

# BEST BETS

July 20

## VIRGIN RIVER SEASON PREMIERE!

Netflix

The romantic drama based on Robyn Carr's books returns for a 12-episode fourth season. Despite not knowing whether her baby belongs to her deceased husband, Mark (Daniel Gillies), or Jack (Martin Henderson), Mel (Alexandra Breckenridge) begins the season with a sense of optimism. Yet while Jack is supportive and excited, the question of paternity continues to gnaw at him. Meanwhile, Hope (Annette O'Toole) is still healing from her car accident, and the lingering psychological effects of her brain injury will have profound consequences for both her and Doc (Tim Matheson). *Virgin River* will be back for Season 5.

## THE 2022 ESPYS

ABC, 8pm Live

The awards ceremony honoring the best players, teams, moments and more from the world of sports airs live tonight. ESPN college basketball broadcaster and icon Dick Vitale receives the Jimmy V Award for Perseverance.

## REHAB ADDICT LAKE HOUSE RESCUE

HGTV 112, 8pm NEW SERIES!

Home renovation expert Nicole Curtis (*Rehab Addict*) returns to her hometown of Lake Orion, Michigan, to finish the massive renovation of a historic waterfront cottage. After saving the charming 1904 property from demolition, she will complete the project – the most difficult, expensive and complicated of her career – to create a lakeside retreat for her family.

## THE GREEN PLANET: "SEASONAL WORLDS"

PBS, 8pm

Sir David Attenborough reveals the surprising and dramatic effects of the four seasons on plant life. In order to survive the huge challenges each season presents, plants must use strategy, deception and remarkable feats of engineering.

## GROWN-ISH SEASON PREMIERE!

Freeform 180, 10pm

Season 5 of the *black-ish* spinoff begins with "This Is What You Came For." Zoey (Yara Shahidi) returns to Cal U to support younger brother Junior's (Marcus Scribner) first day on campus but soon realizes that she may be missing her college days more than she let on. Meanwhile, after meeting his new classmates, Junior seeks to escape dorm life by attending Doug's (Diggy Simmons) White Party.

All Times Eastern

# BEST BETS

July 21

## JURASSIC WORLD: CAMP CRETACEOUS SEASON PREMIERE!

Netflix

In the fifth and final season of this animated series based on the hit *Jurassic World* feature film franchise, the arrival of Kenji's (voice of Ryan Potter) father, Mr. Kon (Andrew Kishino), renews hope of a rescue for the campers. But as the nefarious plans of Mantah Corp. come into focus, and one of the Camp Fam turns on their own, the others must band together if they want to save the dinosaurs and make it home.

## THIS OLD HOUSE: "SARATOGA SPRINGS: SMOOTH FINISH"

PBS, 8pm

Vocational school students build a table for the Dracut Centre School; an alternative to wide plank hardwood flooring is used at the project house; an automatic low-impact irrigation system is installed; and the ICF foundation gets a stucco-like finish.

## HEARTLAND SEASON FINALE!

UPTv 188, 8pm

Season 15 of the Canadian drama concludes with "Leaving a Legacy." Amy (Amber Marshall) debates what to do when she receives money from an unexpected source; Lisa's (Jessica Steen) racing plans are in jeopardy after an accident; Tim (Chris Potter) worries when Jessica (Michelle Nolden) is hiding something; and Lou (Michelle Morgan) makes a big decision.

## ASK THIS OLD HOUSE: "DECK CHAIRS, DAMP BASEMENT"

PBS, 8:30pm

Tom shares a trick to space balusters evenly; Heath shows how to drill holes in studs to run wire; Jenn Largesse builds DIY deck chairs; and Richard explains ways to deal with a damp basement.

## THE OLD MAN SEASON FINALE!

FX 136, 10pm

Season 1 of this thriller pitting rogue spy Dan Chase (Jeff Bridges) against FBI Assistant Director for Counterintelligence Harold Harper (John Lithgow) concludes tonight.

## FRIGHT CLUB: "GHOSTIN' FOR THE GOLD"

Travel Channel 196, 10pm

Jack Osbourne and the Ghost Brothers dig up scientific proof of an interdimensional traveler; a gravity-defying baby scores a perfect 10 on the scary scale, with input from gold medal gymnast McKayla Maroney; and Bigfoot takes aim at the paranormal paparazzi.

All Times Eastern

# BEST BETS

July 22

## THE GRAY MAN

Netflix **FEATURE FILM EXCLUSIVE!**

Following its limited theatrical release on July 15, this action/thriller makes its exclusive streaming debut on Netflix starting today. The film re-teams Chris Evans with *Avengers: Infinity War* and *Endgame* codirectors Anthony and Joe Russo, and casts him as the psychopathic adversary of Ryan Gosling's Court Gentry, aka Sierra Six (aka the Gray Man), who is one of the CIA's most skilled operatives. Ana de Armas and Billy Bob Thornton costar.

## DIRECTED BY STANLEY KUBRICK, PART 1

TCM 132, beginning at 8pm **CATCH A CLASSIC!**

Turner Classic Movies begins its two-night (Part 2 airs next Friday, July 29) salute to iconic films from legendary director Stanley Kubrick this evening. All told, the two nights will feature eight of the 13 feature films Kubrick directed over the course of his 40-plus-year career. Five of the films air in tonight's lineup, beginning with *Killer's Kiss* (1955), Kubrick's second movie, a film noir that earned him the Best Director prize at Switzerland's Locarno International Film Festival. This is followed by four of Kubrick's much more iconic films: *Paths of Glory* (1957); *Lolita*, the 1962 psychological comedy/drama; *Dr. Strangelove* (1964), the darkly satiric take on the Cold War threat of American/Soviet nuclear conflict; and *2001: A Space Odyssey* (1968), possibly the greatest science-fiction film ever made, an epic journey across time and space with an Oscar-nominated screenplay that Best Director nominee Kubrick cowrote with sci-fi author Arthur C. Clarke (inspired by Clarke's short story "The Sentinel").

## THE GREAT AMERICAN RECIPE: "PARTY ON A PLATE"

PBS, 9pm

It's time to party as the six remaining home cooks share their favorite recipes for special occasions and holidays. From modern takes on classic gourmet fare to old-time family recipes filled with love and memories, it's a special night in the barn.

## ANTIQUES ROADSHOW RECUT: "CROCKER ART MUSEUM, HOUR 1"

PBS, 10:30pm

Head to California's capital city for bite-sized *Recut* appraisals at Sacramento's Crocker Art Museum. Featured items include a Coca-Cola neon clock, a Klingenthal violin and bow (circa 1920) and 1934 *Babes in Toyland* stop-motion soldiers. Which is appraised between \$50,000-\$75,000?

All Times Eastern

# BEST BETS

July 23

## NTT INDYCAR SERIES: HY-VEEDEALS.COM 250

NBC, 4pm Live

The NTT IndyCar Series is at Iowa Speedway this weekend for a pair of races beginning with today's Hy-VeeDeals.com 250. Drivers do 250 laps around the track's .875-mile tri-oval, then return Sunday to do 300 more in the Hy-Vee Salute to Farmers 300, also on NBC.

## MLB BASEBALL

FS1 150 & FOX, beginning at 4pm Live

FS1 has AL West foes in action with the Houston Astros at the Seattle Mariners. Primetime regional action on FOX presents either the Cleveland Guardians at the Chicago White Sox or the San Francisco Giants at the L.A. Dodgers.

## CHRISTMAS IN TOYLAND **ORIGINAL FILM!**

In order to save hundreds of jobs right before Christmas, a data analyst and toy store manager work together to keep the in-store shopping experience alive. Stars Vanessa Lengies and Jesse Hutch.

## SUPERSTAR RACING EXPERIENCE **SEASON FINALE!**

The Camping World SRX Series season wraps up with tonight's event at Sharon Speedway in Hartford, Ohio.

## FLOWERS IN THE ATTIC: THE ORIGIN: PART 3 **ORIGINAL FILM!**

Lifetime 108, 8pm

After a devastating and unimaginable loss that will haunt her for the rest of time, Olivia finds both her son and daughter in forbidden relationships. She opposes their unions, but as she tries to hold on, more destruction finds her and pushes her further to a breaking point. Finally, blood is on her hands as an old foe's fate waits to be revealed.

## FOLLOW THE THREAD: "FILMS THAT CHANGED EVERYTHING"

TCM 132, beginning at 8pm

**CATCH A CLASSIC!**

Turner Classic Movies' *Follow the Thread* series, which looks at various themes surrounding fashion on the big screen, continues with an examination of how the complicated interplay between fashion and costume design can cut in both directions. Sometimes the clothes in a film are so visionary that they capture the public's imagination and begin to push the fashion world in new directions. That was the case with this evening's two movies: the 1955 classic *Rebel Without a Cause* and Jean-Luc Godard's *Breathless* (1960).

All Times Eastern

# BEST BETS

July 24

## MAGNOLIA TABLE WITH JOANNA GAINES

Magnolia Network 111, 1pm **SEASON PREMIERE!**

Season 4 of Joanna Gaines' series begins. In each episode, Gaines spends time in the kitchen sharing her favorite recipes, where they come from and why she finds herself returning to them time and time again.

## NASCAR CUP SERIES: M&M'S FAN APPRECIATION 400

USA Network 105, 3pm Live

Pocono Raceway in Long Pond, Pennsylvania, is the site of the NASCAR Cup Series M&M's Fan Appreciation 400 as drivers compete for 160 laps around "The Tricky Triangle."

## SHARK WEEK 2022

Discovery Channel 182, beginning at 8pm

Discovery's weeklong summer event returns for its 34th installment, promising bigger sharks, bigger breaches, and even bigger findings from scientists and researchers in the field. This year's specials will travel to exotic, shark-filled locales such as the Exuma Islands in the Bahamas and Papua New Guinea, spotlighting breakthrough information about these elusive creatures as well as the discovery of a new, undescribed species. Among celebrity participants, truTV's *Impractical Jokers* will take part in a hysterical adventure in shark education.

## HIDER IN MY HOUSE **ORIGINAL FILM!**

Lifetime 108, 8pm

This world premiere film is inspired by true events. Molly Bachman (Meghan Carrasquillo), a young bestselling author, buys the apartment of her dreams in the city, but as she settles in she starts to hear strange sounds and bumps in the night, along with the feeling of being watched and followed. As she discovers the dark history of the apartment, she eventually discovers a horrifying secret.

## PATAGONIA: LIFE ON THE EDGE OF THE WORLD: "MOUNTAINS"

CNN 200, 9pm

Cameras take viewers on a journey from the foothills of the Patagonian Andes, where pumas hunt guanacos on the wild grasslands of the steppe before climbing up into the dizzying heights of the Andes, which is home to the third largest expanse of ice in the world. This is a place where humans and animals were once locked in conflict, but changing attitudes have seen former enemies become allies.

All Times Eastern



# BEST BETS

July 25

## TCM SPOTLIGHT: THE HISTORY OF ROCK ON FILM: "THE 1980S"

TCM 132, beginning at 8pm

### CATCH A CLASSIC!

Turner Classic Movies rocks the house one last time with this month's final lineup of notable films that were accompanied by soundtracks of popular musical genres from a particular decade. Tonight, it's musical films from the '80s, beginning with *Breakin'* (1984), a breakdancing-themed production that includes plenty of the titular breakin' moves. Next is *Smithereens* (1982), cowriter Susan Seidelman's (*Desperately Seeking Susan*) directorial debut, about a young woman hoping to make it in New York City's waning punk rock scene. Moving into later evening and early tomorrow morning, the lineup continues with: *Foxes* (1980), with a cast led by Jodie Foster, Scott Baio and Cherie Currie, and a soundtrack boasting many big pop and disco names of the era; *Pink Floyd: The Wall* (1982), director Alan Parker's live-action/animated psychological drama based on prog rock band Pink Floyd's iconic 1979 rock opera *The Wall*; *Fame* (1980), with a cast including Irene Cara, who also performs the Oscar-winning title tune; and *Absolute Beginners* (1986), a musical about life in late 1950s London, with a cast including music icon David Bowie.

## RUNNING WILD WITH BEAR GRYLLS: THE CHALLENGE

Nat Geo 197, 9pm **NEW SERIES!**

Bear Grylls is taking it up a level by teaching his celebrity guests essential survival skills that they'll have to master and then prove they can use in a high-stress situation. With more daring, epic challenges that span from the snowy peaks of the Canadian Rockies to the deserts of the Great Basin to the volcanic rainforests of Costa Rica, are Natalie Portman, Ashton Kutcher, Florence Pugh, Simu Liu, Anthony Anderson and Rob Riggle up for The Challenge?

## IRMA VEP

HBO 310, 9pm

### SEASON FINALE!

This lurid crime thriller starring Alicia Vikander as a disillusioned American actress who goes to France to star in a remake of the silent film classic *Les Vampires* finishes its first season tonight.

## POV: "WINTER'S YEARNING"

PBS, 10pm

In Maniitsoq, Greenland, the U.S. aluminum giant Alcoa Corporation has been planning to build a smelting plant for years. This documentary charts that story and the impact on the country.

All Times Eastern

# BEST BETS

July 26

## STAR OF THE MONTH: DANA ANDREWS: "1960S AND 1970S"

TCM 132, beginning at 8pm

### CATCH A CLASSIC!

In the latter years of his career, while making occasional guest appearances on television, famed actor Dana Andrews found his big-screen leading man opportunities dwindling, and he tended to appear in supporting, sometimes minor, roles in film productions. Turner Classic Movies' final evening of this month's salute to Andrews features eight late-career film appearances from the star, beginning with the 1965 World War II epic *In Harm's Way*.

## MH370: MYSTERY OF THE LOST FLIGHT

History 120, 8pm

In the 21st century, commercial planes don't just vanish. But in 2014, Malaysia Airlines Flight MH370 did. This special tells the definitive story of the flight's devastating disappearance and unravels the many theories and conspiracies that have attempted to explain the cause of the lost flight. The two-hour special draws on new evidence, expertise from investigators and candid testimony from those closest to the tragedy – the victims' families.

## THE PROOF IS OUT THERE: SKINWALKER EDITION

History 120, 10pm

### SEASON FINALE!

In this special edition series of *The Proof Is Out There*, journalist Tony Harris travels to the legendary Skinwalker Ranch, a place known as the epicenter of strange and mysterious phenomena. In the finale, "Unexplained Phenomena," Harris and his team use the ranch as their home base for analyzing some of the most bizarre sounds and energies recorded around the world.

All Times Eastern

## Premiering Today! On Demand

### DOCTOR STRANGE IN THE MULTIVERSE OF MADNESS

Benedict Cumberbatch, Elizabeth Olsen

Action

CH. 502, 503, 504, 527



Doctor Strange in the Multiverse of Madness © 2022 Marvel Studios. All Rights Reserved.

July 27

## IN WITH THE OLD

Magnolia Network 111, 8pm

### SEASON PREMIERE!

The series returns for Season 2 to follow more designers and old-home enthusiasts across America as they transform and repurpose abandoned structures while preserving their historical integrity.

## THE GREEN PLANET: "DESERT WORLDS"

PBS, 8pm

In this episode, host Sir David Attenborough explores the hostile world of the desert, where plants can spend decades waiting for rain – or travel to find it. Survival tactics for desert flora include using weapons and camouflage, and forming surprising alliances with animals.

## EXPEDITION WITH STEVE BACKSHALL: "GABON: EXPEDITION JUNGLE PARADISE"

PBS, 10pm

In Moukalaba-Doudou National Park in the central African nation of Gabon, Steve Backshall is on a mission to explore what animals are in the jungle beyond. The naturalist and his team hope to discover if the area could be home to an undiscovered population of chimpanzees.

## MORE POWER: "LIFT & LOAD"

History 120, 10pm

Tim Allen and Richard Karn are back in the shop to continue their quest for "more power," and with the help of DIY expert April Wilkerson, they're putting all kinds of tools to the test. Tonight they get carried away with the tools and machines we use to lift and load. High above the Port of Los Angeles, they take turns operating a massive ship-loading crane. Back at Tim's workshop, they experiment with a device that gives them superhuman strength, and Tim gets his hands on a powerful vacuum that truly sucks.

All Times Eastern

## Watch Now! On Demand

### FANTASTIC BEASTS: THE SECRETS OF DUMBLEDORE

Eddie Redmayne, Jude Law

Fantasy

CH. 511, 512, 526



Fantastic Beasts: The Secrets of Dumbledore © 2022 Warner Bros. Entertainment Inc. All Rights Reserved. Credit: Ugo Rabbaglio

# BEST BETS

July 28

## WILD WEST CHRONICLES

INSP 259, 8pm **SEASON PREMIERE!**

This historical docudrama, INSP's highest-rated original series, returns for an 11-episode second season to delve into more of the little-known history behind the Old West's most memorable tales. Some of the subjects featured in Season 2 include learning who took the last shot at the infamous gunfight at the O.K. Corral; how a Texas Ranger finally stopped outlaws from cutting down fences; and why competing silver mining companies started a war underground.

## DEEP SEA CINEMA: SEA MONSTERS, SHARKS AND CREATURES FROM BELOW, PART THREE: SEA MONSTERS

TCM 132, beginning at 8pm

**CATCH A CLASSIC!**

Take one more dive into the deep with Turner Classic Movies' last installment of this month's lineups dedicated to films featuring creepy sea creatures. Tonight's seven films feature various monsters from the depths: *Mysterious Island*, a 1961 adaptation of Jules Verne's novel; *Godzilla* (1954), the original Japanese classic that introduced the iconic radioactive monster to popular culture; *The Monster That Challenged the World* (1957), about giant mollusks rising from California's Salton Sea; *The Lost Continent* (1968), a Hammer Films production about a crew terrorized by various monstrosities in the Sargasso Sea; *Creature From the Haunted Sea* (1961), a horror/comedy with a Gillman-like title creature; *The Giant Behemoth* (1959), with an aquatic dinosaur on the rampage in London; and *Moby Dick* (1930), the first sound film adaptation of Herman Melville's famed novel, starring John Barrymore as Capt. Ahab, who obsessively pursues the titular white whale.

## ASK THIS OLD HOUSE: "POND MAINTENANCE, DEMILUNE TABLE"

PBS, 8:30pm

The Ask Team shares the professions they might have pursued outside of their trades; Mark explains finishes for brick and concrete; Jenn shows how to maintain a small backyard pond; and Tom builds a three-legged Demilune table.

## ALONE: "WINTER'S GRASP"

History 120, 9pm

A fierce snowstorm wreaks havoc on the remaining survivalists. One participant attempts to warm their shelter, while another struggles with their health as the weather piles on.

All Times Eastern

# BEST BETS

July 29

## PURPLE HEARTS

Netflix

**ORIGINAL FILM!**

In this romantic drama based on Tess Wakefield's novel, struggling singer-songwriter Cassie (Sofia Carson) and Luke (Nicholas Galitzine), a Marine with a troubled past, agree to marry solely for the military benefits, in spite of their many differences. When tragedy strikes, the line between what's real and what's pretend begins to blur.

## UNCOUPLED

Netflix

**NEW SERIES!**

Darren Star (*Sex in the City*, *Emily in Paris*) and Jeffrey Richman (*Modern Family*) are creators and executive producers of this comedy led by Neil Patrick Harris (also an EP). Harris plays Michael, who thought his life was perfect until his husband blindsides him by walking out the door after 17 years. Overnight, Michael has to confront two nightmares: losing who he thought was his soulmate and suddenly finding himself as a single gay man in his mid 40s.

## ANCIENT ALIENS

History 120, 9pm

From the age of the dinosaurs to ancient Egypt, from early cave drawings to continued mass sightings in the U.S., *Ancient Aliens* gives historic depth to the questions, speculations, provocative controversies, firsthand accounts and grounded theories surrounding if intelligent beings from outer space visited Earth thousands of years ago.

## NYC POINT GODS

Showtime 318, 9pm

This documentary film, produced by Kevin Durant and Rich Kleiman's Boardroom media company, spotlights the enduring impact of New York City point guards who honed their craft and developed their legendary basketball showmanship on the city's iconic playgrounds and high school gyms in the 1980s and '90s. Players like Rafer Alston, Kenny Anderson, Mark Jackson and Stephon Marbury brought theatrics, dizzying ball control, stylish misdirection and a shake-and-bake game to the NBA.

## AMERICAN ANTHEMS

PBS, 10pm

**SEASON FINALE!**

Singer-songwriter Ruston Kelly meets Melissa Smith, who runs Blacklight Productions, a performing arts program supporting intellectually disabled adults, and they bond over their pasts. Ruston then reaches out to his friend, songwriter Kate York (known for her songwriting on the series *Nashville*) to create a deeply personal piano ballad.

All Times Eastern

# BEST BETS

July 30

## INDYCAR RACING: GALLAGHER GRAND PRIX

NBC, 12:30pm Live

A big weekend of IndyCar and NASCAR racing at famed Indianapolis Motor Speedway's road course begins today with the NTT IndyCar Series Gallagher Grand Prix. Top drivers Pato O'Ward, Alex Palou, Josef Newgarden and others race for 85 laps around the 2.439-mile, 14-turn circuit.

## MLB BASEBALL

FS1 150 & FOX, 4pm Live

FS1 airs the Milwaukee Brewers at the Boston Red Sox and the Texas Rangers at the L.A. Angels. Regional action on FOX has the Oakland A's at the Chicago White Sox, the Philadelphia Phillies at the Pittsburgh Pirates or the St. Louis Cardinals at the Washington Nationals.

## AMERICAN GRAFFITI

TCM 132, 6pm

**CATCH A CLASSIC!**

George Lucas received Oscar nominations for directing and cowriting (with Gloria Katz and Willard Huyck) this Best Picture Oscar-nominated 1973 coming-of-age comedy/drama. The film follows a group of youngsters on their last day of summer vacation in 1962, where their only worries in the world would be dances, hanging out at the drive-in and, of course, cruisin' the strip of their small town in sweet-looking cars. Lucas was partly inspired by recollections of his own days as a teenage hot-rodder in Southern California for the movie, and the parade of cool autos seen throughout lends as much power to its nostalgic backdrop as the nonstop musical soundtrack of hits from that era. The terrific cast includes an ensemble of actors whose names were mostly unknown, or not as well known, at the time, but would become famous (or more famous), including Richard Dreyfuss, Ron Howard (still billed as Ronny Howard), Cindy Williams, Paul Le Mat, Best Supporting Actress Oscar nominee Candy Clark, Charles Martin Smith and Harrison Ford.

## FLOWERS IN THE ATTIC:

THE ORIGIN: PART 4

Lifetime 108, 8pm

**FILM SERIES FINALE!**

In the final episode, after losing all her children due to tragedy and tension, Olivia's (Jemima Rooper) newfound religious beliefs instilled in her by her cousin (Paul Wesley), and her desire to wreak vengeance on those around her, drives her to become the most notorious and terrifying version of herself — a woman capable of locking her grandchildren in the attic upon the return of her daughter after tragedy strikes the family once again.

All Times Eastern

# BEST BETS

July 31

## **NASCAR CUP SERIES: VERIZON 200 AT THE BRICKYARD**

**NBC, 2:30pm Live**

IndyCar stars raced on the road course at Indianapolis Motor Speedway yesterday. Today it's the NASCAR Cup Series' turn, as drivers compete for 82 laps in the Verizon 200 at the Brickyard.

## **THE COLOSSEUM: "THE BEASTMASTER"**

**History 120, 9pm**

This series uses the Colosseum to tell the thrilling story of the rise and fall of the Roman Empire, through the lens of the men and women who fought and died there. From the savage truth of a gladiator's life as a slave to the fascinating revelation of the many ways Rome's emperors used the amphitheater to demonstrate their absolute power, viewers get a unique look at a pivotal period in world history. Tonight's episode tells the story of the diversity of exotic beasts that were used to entertain the Colosseum crowds. Over a million animals are slaughtered on the sands of the arena by trained beastmasters, none more famous than Carpophorus.

## **PATAGONIA: LIFE ON THE EDGE OF THE WORLD: "THE FAR SOUTH"**

**CNN 200, 9pm**

Tonight's episode takes us to Patagonia's Far South, which is closer to Antarctica than anywhere else on Earth. This is a land of extremes, where wind speeds soar above 100 miles per hour and giant waves batter the coastline. For those who can survive the elements, the potential riches are great.

## **LOVE LIFE**

**TBS 139, 10pm**

Season 2 of HBO Max's *Love Life* comes to TBS tonight. The romantic comedy follows different people from the beginning of their romantic relationships to the end, exploring the different aspects of love and relationships.

## **CITY ON A HILL**

**Showtime 318, 10pm**

**SEASON  
PREMIERE!**

Season 3 of the Boston-set series marks the return of Jackie Rohr (Kevin Bacon) and Decourcy Ward (Aldis Hodge), one of the most dynamic duos on the small screen. Their charged banter makes for riveting television. This season, Jackie finds himself working for a wealthy Beacon Hill resident, while Decourcy is looking at a promotion at work. The two men still spar ferociously whenever they are in each other's company, and their storylines seem likely to intersect sooner rather than later, which is good news for viewers.

All Times Eastern