

# BEST BETS

Feb. 1

## SCHOOLHOUSE ROCK! 50TH ANNIVERSARY SINGALONG ABC, 8pm

This fifth installment of ABC's *Singalong* franchise invites viewers to enjoy classic *Schoolhouse Rock!* hits that are still as educational as they are catchy, all in celebration of the beloved animated/musical interstitial series' 50th anniversary. Ryan Seacrest returns as host, with celebrity performances including Black Eyed Peas ("Three Is a Magic Number"), Julianne Hough ("Interplanet Janet"), Jason Biggs and Jenny Mollen ("I'm Just a Bill"), Raven Symoné and Kal Penn ("Interjections!"), Ne-Yo ("Verb: That's What's Happening") and more.

## THE PRICE IS RIGHT AT NIGHT: "SUPERFANS" CBS, 8pm

This special primetime edition of *The Price Is Right* celebrates some of the game show's most passionate and dedicated viewers. Prizes include a once-in-a-lifetime experience of dinner with host Drew Carey, a trip to Switzerland and more.

## MY 600-LB. LIFE TLC 183, 8pm

SEASON PREMIERE!

Houston-based bariatric surgeon Dr. Nowzaradan has provided a glimmer of hope for those who suffer from being morbidly obese. This season follows patients who drag themselves out of bed to take those first excruciating steps toward a new way of life and free themselves from the hold food has had over them.

## TRAFFICKED WITH MARIANA VAN ZELLER: "GHOST GUNS" Nat Geo 197, 9pm

Built from kits that anyone can buy online without a background check, ghost guns lack serial numbers, rendering them untraceable. Host Mariana van Zeller sets out to expose how a largely unregulated industry has blossomed into a bustling underground market.

## THE ARK Syfy 122, 10pm

NEW SERIES!

Dean Devlin (*Independence Day*) created this series set 100 years in the future, when planetary colonization missions have begun as a necessity to help secure the survival of the human race. The first of these missions, on a spacecraft known as *Ark One*, encounters a catastrophic event that causes massive destruction and loss of life. Facing a lack of life-sustaining supplies and a loss of leadership, and with more than a year left to go before reaching their target planet, the remaining crew must stay on course and survive.

All Times Eastern

# BEST BETS

Feb. 2

## FREERIDGE Netflix

NEW SERIES!

This eight-episode spinoff of the 2018-21 teen comedy/drama *On My Block* is a half-hour coming-of-age comedy that follows sibling rivals Gloria (Keyla Monterroso Mejia) and Ines (Bryana Salaz), and their friends Demi (Ciara Riley Wilson) and Cameron (Tenzing Norgay Trainor), who have unleashed a curse that brings dark misfortune into their lives.

## NBA BASKETBALL TNT 138, beginning at 7:30pm Live

TNT's Thursday night NBA doubleheader has the Memphis Grizzlies at the Cleveland Cavaliers, followed by the L.A. Clippers in Milwaukee to battle Giannis Antetokounmpo and the Bucks.

## STAR OF THE MONTH: RITA MORENO

TCM 132, beginning at 8pm

CATCH A CLASSIC!

Every Thursday night in February, Turner Classic Movies celebrates the films of actress/dancer/singer — and one of the very rare "EGOT" talents (an artist who has won an Emmy, a Grammy, an Oscar and a Tony) — Rosa Dolores Alverio Marcano, better known as Rita Moreno. The iconic star turned 91 back in December and is still quite active in the business; she has costarred in a few films in recent years, including the new comedy *80 for Brady* that hits theaters Feb. 3. Of course, Moreno has had a legendary big-screen career for decades before these projects, and that's what TCM will be celebrating each Thursday. The first two weeks feature movies in which Moreno had early supporting roles, starting with tonight's five-film lineup that includes the 1952 film noir *The Ring*; the beloved 1952 Gene Kelly/Debbie Reynolds/Donald O'Connor-led musical *Singin' in the Rain*; the 1952 musical comedy *The Fabulous Senorita*, which is making its TCM premiere; the 1953 romantic comedy/musical *Latin Lovers*; and the 1952 Western *Cattle Town*, led by Dennis Morgan.

## ACCUSED: GUILTY OR INNOCENT?: "MASKED ATTACKER OR MISTAKEN IDENTITY?"

A&E 118, 9pm

Following the dramatic inside stories of people facing trial for serious crimes for which they claim to be innocent or their actions to be justifiable, this true-crime show will premiere a new episode featuring a traveling nurse who is pulled over for a traffic violation in New Mexico and arrested for a felony burglary carried out in her home state of Ohio.

All Times Eastern

# BEST BETS

Feb. 3

## TRUE SPIRIT Netflix

ORIGINAL FILM!

This biographical drama chronicles the true story of Australian teenager Jessica Watson (Teagan Croft), who in 2009, at age 16, set out to be the youngest person ever to sail solo, nonstop and unassisted around the world. Many expected her to fail, but with the support of her sailing coach and mentor Ben Bryant (Cliff Curtis), and her parents (Anna Paquin and Josh Lawson), Jessica remained determined to accomplish what was thought to be impossible, navigating some of the world's most challenging stretches of ocean over the course of 210 days.

## TCM MORNING & AFTERNOON MOVIES: IT'S FRIDAY, I'M IN LOVE TCM 132, beginning at 6am

CATCH A CLASSIC!

While there are still 11 days until Valentine's Day, it's never too early to celebrate romance, and Turner Classic Movies does just that with this morning and afternoon of films about love and its various aspects, from the dramatic and humorous to the forbidden and unrequited. The featured titles begin with *Married and in Love* (1940), a drama starring Alan Marshal, Patric Knowles, Barbara Read and Helen Vinson.

## STAND Showtime 318, 9pm

This feature-length documentary examines the remarkable life of social justice activist and basketball prodigy Mahmoud Abdul-Rauf. The film features in-depth interviews with basketball and entertainment stars.

## KINDRED SPIRITS: "BEWARE THE OCCULT" Travel Channel 196, 9pm

Investigators Amy Bruni, Adam Berry and Chip Coffey undertake a case of biblical proportions when a distressed widow calls for help after an explosion of paranormal activity in her Pittsburgh home. Are spirits attached to an old family Bible, or is her late husband to blame for the haunting?

## MAGIC OF DISNEY'S ANIMAL KINGDOM: "THAT'S AMORE EEL" Nat Geo 197, 10pm

Sigsbee, the anemic green moray eel, gets a health check; Tequila the Nile hippopotamus has a painful toothache; Hank the wild gopher tortoise digs herself a new home on Disney grounds; Steve, the granddaddy of the resident purple martin flock, disappears without a trace; and Harper, a beloved white-cheeked gibbon, prepares to leave the park to start her own family.

All Times Eastern

# BEST BETS

Feb. 4

## NHL ALL-STAR GAME

ABC, 3pm Live

Hockey's top players head to FLA Live Arena for the exhibition games, featuring four teams representing each NHL division playing in a three-game, 3-on-3 tournament.

## FROZEN PLANET II: "FROZEN OCEAN"

BBC America 135, 8pm

This new episode dives into a world of water and ice to reveal the animals that survive on and under the Arctic Sea.

## SWEETER THAN CHOCOLATE

Hallmark Channel 185, 8pm

**ORIGINAL FILM!**

A local chocolatier is rumored to have the secret recipe to finding true love on Feb. 14, drawing a TV reporter to investigate. Starring Eloise Mumford, Dan Jeannotte and Brenda Strong.

## GWEN SHAMBLIN: STARVING FOR SALVATION

Lifetime 108, 8pm

**ORIGINAL FILM!**

Jennifer Grey stars as the controversial religious leader and Christian diet guru Gwen Shamblin, who positioned herself as God's prophet and preached the virtues of being thin. Shamblin was the founder of the Tennessee-based Remnant Fellowship Church and the Weigh Down Workshop — a massively successful Christian-based diet program. As her church grew across the nation, so did her iron-fisted grip as its leader — accumulating power and money, while creating a larger-than-life public persona. Gwen's reign came to a tragic end in May 2021, when the plane that her husband Joe was flying crashed shortly after takeoff.

## TCM SPECIAL THEME: BLACK HISTORY MONTH: "COMING OF AGE"

TCM 132, 8pm

**CATCH A CLASSIC!**

Each Saturday evening in February, Turner Classic Movies celebrates Black History Month with a double feature of films related to a certain theme. Tonight's titles feature coming-of-age stories, beginning with the 1975 comedy/drama *Cooley High*. Written by Eric Monte, who based it on his own high school experiences, the film is set in 1964 on Chicago's Near-North Side, where the lives of four carefree high school seniors and best friends, including an aspiring playwright and an all-city basketball champion, take a tragic turn. Complemented by a soundtrack of classic Motown hits, *Cooley High* is led by Glynn Turman and Lawrence Hilton-Jacobs.

All Times Eastern

# BEST BETS

Feb. 5

## NFL PRO BOWL GAMES

ABC & ESPN 140, 3pm Live

The traditional Pro Bowl game has been replaced with a weeklong series of events featuring skills competitions and more. The celebration culminates in today's AFC vs. NFC flag football game at Allegiant Stadium in Las Vegas.

## CURIOUS CATERER: GRILLING SEASON

Hallmark Movies & Mysteries 187, 7pm

Caterer Goldy Berry (Nikki DeLoach) throws a lavish barbecue for her childhood friend, who is later killed by her own grill, which explodes after the event. Now she's on a mission to clear her name.

## THE 65TH ANNUAL GRAMMY AWARDS

CBS, 8pm Live

The Recording Academy's accolades for the year's best in music take place at Crypto.com Arena in Los Angeles.

## TITANIC: 25 YEARS LATER WITH JAMES CAMERON

Nat Geo 197, 9pm

This new documentary features the surprising story of how the long-lost ship was found, exploring historical questions about how the *Titanic* sank and digging into the debate about whether additional lifeboats onboard would have saved more lives. James Cameron adds a postscript to his fictional movie retelling of the tragedy. After hearing fans continue to insist Jack didn't have to die that night, he gathers hypothermia experts and mounts tests to determine, once and for all, whether both Jack and Rose could have fit on the raft and survived.

## AMERICAN PAIN

CNN 200, 9pm

Director Darren Foster traces the rise and fall of Chris and Jeff George, identical twins who are believed to be America's most prolific opioid kingpins. In just a few short years of operation, the Georges created one of the largest pill-mill empires in the country, attracting clients from around the country and spawning a prescription drug trafficking network with an estimated street value of more than \$500 million.

## MURDER IN BIG HORN

Showtime 318, 10pm

This three-part documentary series crafts a powerful portrait of tribal members and their communities within Big Horn County, Montana, battling an epidemic of Missing and Murdered Indigenous Women (MMIW).

All Times Eastern

# BEST BETS

Feb. 6

## COLLEGE BASKETBALL

ESPN 140, beginning at 7pm Live

A college basketball doubleheader on ESPN has the Duke Blue Devils at the Miami Hurricanes and the Texas Longhorns at the Kansas Jayhawks.

## SILVERPOINT

BYUtv 9403, 8pm **NEW SERIES!**

This acquired kids sci-fi/mystery series from the CBBC (a British public broadcast children's channel owned and operated by the BBC) begins its story in 1997, when four kids vanish from an adventure camp in Silverpoint Woods. Over two decades later, one boy aims to find out what happened. *Silverpoint's* first season has already aired in Britain, where it was nominated for two of BAFTA's Children & Young People Awards. The entire first season is currently available on byutv.org and on the BYUtv app.

## ICONS UNEARTHED: FAST & FURIOUS: "A HEIST?"

Vice 121, 9pm

Tonight's new episode looks at how Universal broke the mold with their *Fast Five*. With bigger and better stunts, international locations and one of Hollywood's biggest stars, could the franchise's new direction pay off?

## HISTORY'S GREATEST OF ALL TIME WITH PEYTON MANNING

History 120, 10pm **NEW SERIES!**

NFL great Peyton Manning executive produces and hosts this series that finds him, in each hourlong episode, counting down the Top 10 G.O.A.T.s (Greatest Of All Time) across categories ranging from titans of industry and daredevils to sports cars and sports stadiums. To rank each contender, Manning asks 100 experts in the various subjects to weigh in using statistics, innovation and historical impact/legacy as criteria. As each person is ranked, viewers will learn incredible facts as well as the history behind each topic, followed by a vigorous debate.

## INDEPENDENT LENS: "OUTTA THE MUCK"

PBS, 10pm

This film wades into the rich soil of Pahokee, Florida, a town on the banks of Lake Okeechobee. Beyond its football legacy, which includes sending over a dozen players to the NFL (like Anquan Boldin, Fred Taylor and Rickey Jackson), the fiercely self-determined community tells their stories of Black achievement and resilience.

All Times Eastern

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Feb. 7

## FINDING YOUR ROOTS: "FAMILY: LOST AND FOUND" PBS, 8pm

Henry Louis Gates Jr. uses DNA detective work to solve family mysteries for actor Joe Manganiello and football star Tony Gonzalez, uncovering close relatives whose names they've never heard and compelling each man to rethink his own identity.

## TCM SPOTLIGHT: SCREWBALL COMEDY: "HEPBURN AND GRANT" **CATCH A CLASSIC!**

Love can be funny sometimes — especially so in the legendary screwball comedies made during Hollywood's golden age. Turner Classic Movies will be highlighting some of the most memorable of these each Tuesday evening in February, grouped by various themes. Tonight's initial lineup is heavy on Katharine Hepburn/Cary Grant pairings; you can enjoy the duo in the screwball classics *Bringing Up Baby* (1938), directed by Howard Hawks; the Best Picture Oscar-nominated *The Philadelphia Story* (1940), which earned Hepburn a Best Actress nomination, was directed by Best Director nominee George Cukor and also stars Best Actor winner James Stewart; and the Cukor-helmed *Holiday* (1938). These are interspersed with two other Grant-led titles, so you can also enjoy the star alongside Rosalind Russell in Hawks' *His Girl Friday* (1940) and Irene Dunne in *My Favorite Wife* (1940).

## THE REAL HOUSEWIVES OF NEW JERSEY **SEASON PREMIERE!**

Bravo 129, 9pm  
The new season of this popular reality show will feature returning cast members such as Teresa Giudice, Melissa Gorga, Jennifer Aydin, Margaret Josephs and Dolores Catania, as well as newcomers Danielle Cabral and Rachel Fuda.

## HISTORY'S GREATEST HEISTS WITH PIERCE BROSNAN History 120, 10pm **NEW SERIES!**

Pierce Brosnan hosts this eight-episode series that uncovers the meticulous planning, daring execution and shocking aftermath behind some of the most elaborate real-life heists in history, including the notorious Lufthansa heist, the half-billion-dollar Gardner Museum art theft, the diamond heist in Antwerp and more. The series uses dramatic re-creations, first-person witness accounts, and special effects that embed Brosnan into each heist to break down every aspect of the plans and put viewers in the center of the action.

All Times Eastern

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Feb. 8

## THE FLASH **SEASON PREMIERE!**

The CW, 8pm  
The ninth and final season of this show following a crime-fighting detective with super speed begins tonight, picking up one week after Barry Allen's (Grant Gustin) battle with the Reverse Flash. Allen and Iris (Candice Patton) reconnect and grow closer than ever before, and a deadly group of Rogues descend on Central City led by a powerful new threat.

## DOGS IN THE WILD: A "NATURE" MINISERIES **NEW MINISERIES!**

PBS, 8pm  
Beginning tonight and continuing the next two Wednesdays, this special *Nature* miniseries travels the globe to reveal the secrets of the most successful carnivore on the planet: the canids. From the recognizable and familiar, like foxes, wolves, African wild dogs and coyotes, to the lesser-known ones, such as the Japanese raccoon dog, New Guinea singing dog, dholes and dingoes, wild members of the canine family have established themselves on every continent except Antarctica.

## NOT DEAD YET **NEW SERIES!**

ABC, 8:30pm  
A newly single self-described train wreck (Gina Rodriguez) aims to get her life back on course by taking a job writing obituaries, along with many more comedy crackerjacks: Lauren Ash (*Superstore*), Hannah Simone (*New Girl*) and guest star Martin Mull.

## VANDERPUMP RULES Bravo 129, 9pm **SEASON PREMIERE!**

The 10th season of this hit *Real Housewives of Beverly Hills* spinoff makes its explosive premiere tonight, still focusing on Lisa Vanderpump and her restaurant staff in West Hollywood as they work toward advancing their careers and relationships. This season will revolve around the divorce between Katie Maloney and Tom Schwartz.

## KUNG FU The CW, 9pm **NEW EPISODES!**

The action-filled martial arts drama returns in this midseason premiere titled "The Architect," in which things take an unexpected turn when the Shens receive a mysterious threat the night before the grand reopening of Harmony Dumplings.

## A MILLION LITTLE THINGS ABC, 10pm **SEASON PREMIERE!**

The series about a tightknit group of friends who become motivated to improve their lives after one of them unexpectedly dies begins its fifth and final season.

All Times Eastern

# BEST BETS

Feb. 9

## YOU **SEASON PREMIERE!**

Netflix  
The psychological thriller based on Caroline Kepnes' books returns for Season 4, with Penn Badgley back as serial killer/obsessive stalker Joe Goldberg and Tati Gabrielle reprising her role as Marienne Bellamy from Season 3. New cast members include Lukas Gage, Charlotte Ritchie, Tilly Keeper, Amy-Leigh Hickman and Ed Speleers. The first five episodes drop today; the final five installments will be available March 9.

## NBA BASKETBALL TNT 138, beginning at 7:30pm Live

The Chicago Bulls are at the Brooklyn Nets in the first game of tonight's NBA doubleheader. The second game has the Milwaukee Bucks visiting the L.A. Lakers.

## STAR OF THE MONTH: RITA MORENO **CATCH A CLASSIC!**

TCM 132, beginning at 8pm  
Turner Classic Movies' monthlong Thursday night celebration of legendary actress/singer/dancer Rita Moreno's most memorable films continues tonight with four more films featuring the star in some of her earlier supporting performances. On the lineup are *The King and I* (1956), the Best Picture Oscar-nominated musical led by Best Actor winner Yul Brynner and Best Actress nominee Deborah Kerr; the TCM premiere of *The Vagabond King*, another 1956 musical, this one set in 15th-century France and starring Kathryn Grayson and Oreste Kirkop; and the Westerns *Fort Vengeance* (1953) and *The Yellow Tomahawk* (1954).

## NFL HONORS NBC & NFL Network 154, 9pm Live

The NFL's season-ending accolades are handed out and the 2023 Hall of Fame class is announced in this ceremony at Symphony Hall in Phoenix. Kelly Clarkson hosts.

## TAKING THE STAND: "LYNLEE RENICK" A&E 118, 10pm

When a renowned snake breeder named Ben Renick is found dead in his facility, law enforcement officers assume he is a victim of one of the deadly snakes; however, after a coroner finds bullet casings hidden behind some shelves, an investigation eventually leads police to Ben's wife, Lynlee. In this episode of *Taking the Stand*, hosted by Dan Abrams, Lynlee will claim her innocence in front of a jury and reveal that her husband was not the perfect husband everyone assumed him to be.

All Times Eastern

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Feb. 10

## YOUR PLACE OR MINE

Netflix **ORIGINAL FILM!**

Reese Witherspoon and Ashton Kutcher headline this romantic comedy as Debbie and Peter, best friends and total opposites. She craves routine with her son in Los Angeles; he thrives on change in New York City. When they swap houses and lives for a week, they discover what they think they want might not be what they really need. Jesse Williams, Steve Zahn, Tig Notaro and Zoë Chao also star.

## NBA BASKETBALL

ESPN 140, beginning at 7:30pm Live

A pair of NBA contests on ESPN features the Charlotte Hornets at the Boston Celtics and the Cleveland Cavaliers at the New Orleans Pelicans.

## MOON GIRL AND DEVIL DINOSAUR

Disney Channel 172, 8pm **NEW SERIES!**

Based on a Marvel Comics book, this new animated series follows the adventures of 13-year-old supergenius Lunella Lafayette (voice of Diamond White) and her 10-ton Tyrannosaurus pal, Devil Dinosaur (Fred Tatasciore). After Lunella accidentally brings Devil Dinosaur into present-day New York City via a time vortex, they work together to protect the city's Lower East Side from danger.

## KINDRED SPIRITS: "GHOST SHIPS"

Travel Channel 196, 9pm

Amy Bruni, Adam Berry and Chip Coffey investigate a freighter that once sailed the Great Lakes and now serves as a floating museum in Sault Ste. Marie, Michigan. Something lurks onboard the massive ship, and it's becoming more aggressive. Could the ghostly activity be tied to artifacts from one of the worst shipwrecks in American history?

## MAGIC OF DISNEY'S ANIMAL KINGDOM: "CHILLED-OUT CHEETAHS"

Nat Geo 197, 10pm

A young zebra undergoes urgent abdominal surgery after an encounter with an eland's horn; two meerkats jostle for top position in the meerkat mob; a frogfish is given a bone graft to mend his broken jaw; and the Disney Imagineers build a motorized ball to help keep a trio of chilled-out cheetahs entertained.

All Times Eastern

# BEST BETS

Feb. 11

## FROZEN PLANET II: "FROZEN PEAKS"

BBC America 135, 8pm

Found on every continent, icy "islands in the sky" pose a range of challenges for the animals that live there. Sir David Attenborough takes viewers to frigid worlds born of altitude in the new episode "Frozen Peaks."

## THE PERFECT 10

FOX, 8pm

Andre Braugher narrates this FOX Sports Films documentary about the 10 legendary football icons who have achieved one of the rarest dual accomplishments in all of sports: winning the Heisman Trophy and being enshrined in the Pro Football Hall of Fame.

## A PARIS PROPOSAL

Hallmark Channel 185, 8pm

**ORIGINAL FILM!**

An advertising account manager (Alexa PenaVega) and her colleague Sebastian (Nicholas Bishop) travel to his hometown of Paris to land the biggest account of her career and end up being mistaken for a couple by the client. Because the client is excited about the prospect of having a real-life couple in charge of his brand, it forces them to keep up appearances.

## THE GIRL WHO ESCAPED: THE KARA ROBINSON STORY

Lifetime 108, 8pm **ORIGINAL FILM!**

Elizabeth Smart returns to Lifetime as executive producer of this original film that tells the story of 15-year-old Kara Robinson (Katie Douglas), who was watering plants in her best friend's front yard in South Carolina when she was approached by a man who put a gun to her neck, forced her into a plastic storage bin and drove off. He took Kara to his apartment, where he held her captive and sexually assaulted her for 18 hours. The film tells the harrowing story of how Kara survived her captor, Richard Evonitz (Kristian Bruun), who was later found to be a serial killer who was also responsible for the unsolved murders of at least three other young girls.

## ESCAPING CAPTIVITY: THE KARA ROBINSON STORY

Lifetime 108, 10pm

In this special executive produced by Elizabeth Smart, Kara Robinson Chamberlain recounts in vivid detail the story of her abduction, restraint and subsequent escape. Now a fierce advocate for survivors and an educator for those who work with them, Kara unveils details about her life as a vivacious teen, the kidnapping, the man who abducted her and how she moved forward after her escape.

All Times Eastern

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Feb. 12

## PUPPY BOWL XIX

Animal Planet 184, 2pm; pregame show at 1pm

Animal Planet's Puppy Bowl returns for its 19th year as a Super Bowl programming alternative, with 122 adoptable puppies from 67 shelters and rescues across 34 states taking to the gridiron in the three-hour special. During the game, audiences will also meet 11 special-needs puppy players looking for their forever homes. Referee Dan Schachner is back for his 12th year of calling the puppy penalties and touchdowns, and sportscasters Steve Levy and Taylor Rooks return to provide the play-by-play.

## SUPER BOWL LVII

FOX, 6:30pm Live

The AFC and NFC champions battle in the big game, Super Bowl LVII, at State Farm Stadium in Glendale, Arizona. Play-by-play man Kevin Burkhardt and analyst Greg Olsen are in the FOX broadcast booth, with Erin Andrews and Tom Rinaldi reporting. Rihanna performs at halftime.

## LUCKLESS IN LOVE

UPtv 188, 7pm

**ORIGINAL FILM!**

Winnie (Paniz Zade), a dating blogger who anonymously writes under the pen name Luckless, goes viral for a post about a disastrous date with Holden (Brett Donahue), a perpetually single sports agent who refuses to settle. But things get complicated when feelings develop.

## MISS SCARLET AND THE DUKE

PBS, 8pm **SEASON FINALE!**

Season 3 comes to an explosive climax in "The Jewel of the North" when Eliza (Kate Phillips) receives a bomb in the mail. Who sent it and why? She teams up with Duke (Stuart Martin), Moses (Ansu Kabia) and her old enemy, Patrick Nash (Felix Scott), to find out who is behind the deadly delivery.

## VIENNA BLOOD

PBS, 10pm

**SEASON FINALE!**

In the Season 3 finale, the search for the killer of a screen star continues to confound Max (Matthew Beard) and Oskar (Juergen Maurer).

## NEXT LEVEL CHEF

FOX, 10:30pm

**SEASON PREMIERE!**

The Season 2 premiere of *Next Level Chef* follows FOX's coverage of Super Bowl LVII. Chef Gordon Ramsay scours the country for the very best line cooks, home chefs, social media stars, food truck owners and everything in between to compete for a \$250,000 grand prize and the title of Next Level Chef.

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Feb. 13

**TCM MORNING & AFTERNOON MOVIES: THE BOWERY BOYS**  
TCM 132, beginning at 6am

**CATCH A CLASSIC!**

This morning and afternoon, enjoy 10 of the 48 comedies made between 1946 and 1958 that featured "the Bowery Boys." The Bowery Boys were fictional New York City characters, a group of young wise guys who often found themselves involved in solving crimes and mysteries. They were played by a company of New York actors, led by Leo Gorcey, Huntz Hall and David Gorcey. You can see the Boys in action in the following films: *Bowery Bombshell* (1946), *Spook Busters* (1946), *Bowery Buckaroos* (1947), *Jinx Money* (1948), *Bowery Battalion* (1951), *No Holds Barred* (1952), *Jalopy* (1953), *The Bowery Boys Meet the Monsters* (1954), *Spook Chasers* (1957) and *Bowery to Bagdad* (1955).

**ANTIQUES ROADSHOW: "CHEEKWOOD ESTATE & GARDENS, HOUR 1"**  
PBS, 8pm

This first of three hours filmed at Nashville's Cheekwood Estate & Gardens includes appraisals of items such as an 1880 Celia Thaxter hand-painted vase, a 1964 presidential Rolex with the box and papers, and a Mary Elizabeth Price painted screen (ca. 1925).

**INDEPENDENT LENS: "LOVE IN THE TIME OF FENTANYL"**  
PBS, 10pm

As drug deaths in Vancouver reach an all-time high, the Overdose Prevention Society — a renegade supervised drug consumption site that employs active and former drug users — opens its doors. Its staff and volunteers do whatever it takes to save lives and give hope to a marginalized community, as chronicled in this intimate documentary that looks beyond the stigma of people who use fentanyl and other drugs.

All Times Eastern

**Watch Now!**  
**On Demand**

**PLANE**  
Gerard Butler, Mike Colter  
Action  
CH. 502, 503, 504, 527



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**FINDING YOUR ROOTS: "CHOSEN"**  
PBS, 8pm

Henry Louis Gates Jr. helps actors David Duchovny and Richard Kind trace their roots from Jewish communities in Eastern Europe to the United States, telling stories of triumph and tragedy that laid the groundwork for their successes.

**TCM SPOTLIGHT: SCREWBALL COMEDY: "LOVE IS CLOSER THAN YOU THINK"**  
TCM 132, beginning at 8pm

**CATCH A CLASSIC!**

Screwball comedy queen Carole Lombard is a major focus in tonight's Valentine's Day installment of Turner Classic Movies' monthlong Tuesday night spotlight on romantic comedy classics. Leading off the evening, Lombard gives a Best Actress Oscar-nominated performance alongside William Powell in *My Man Godfrey* (1936). Following that, Lombard and Fred MacMurray lead *Hands Across the Table* (1935). Later in the evening is the second-to-last film that Lombard made before her tragic and untimely death in a 1942 plane crash at age 33: *Mr. and Mrs. Smith* (1941), costarring Robert Montgomery and directed by Alfred Hitchcock.

**FIGHT THE POWER: HOW HIP-HOP CHANGED THE WORLD: "CULTURE WARS"**  
PBS, 9pm

Experience hip-hop in the 1990s during the Clinton years and the unstoppable rise in popularity of the music, which becomes a force that is attacked by all sides of the political establishment.

**FRONTLINE: "AMERICA AND THE TALIBAN, PART 2"**  
PBS, 10pm

A two-part investigation into how missteps during America's 20-year investment in Afghanistan culminated in a disastrous Taliban victory concludes with this 90-minute episode.

**HISTORY'S GREATEST HEISTS WITH PIERCE BROSNAN: "THE PIERRE HOTEL ROBBERY"**  
History 120, 10pm

In January 1972, a duo of highly skilled thieves who specialize in hotel jobs goes after the biggest target of their careers: New York City's famed Pierre Hotel. With a plan timed down to the minute, the team takes over the 41-story hotel, getting into the lobby vault and its hundreds of safe deposit boxes.

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**NASCAR: BLUEGREEN VACATIONS DUELS AT DAYTONA**  
FS1 150, 7pm Live

FS1 airs the pair of 150-mile qualifying races at Daytona International Speedway that will finalize the starting lineup for the 65th Daytona 500.

**NBA BASKETBALL**  
ESPN 140, beginning at 7:30pm Live  
The Miami Heat are at Brooklyn's Barclays Arena to face the Nets and the New Orleans Pelicans are at Crypto.com Arena in Los Angeles to face the Lakers.

**THE MASKED SINGER** **SEASON PREMIERE!**  
FOX, 8pm

Season 9 of the costumed celebrity singing contest features themed episodes and introduces new characters, including French Hen, Doll, Axolotl and Moose.

**DOGS IN THE WILD: A "NATURE" MINISERIES: "SECRETS OF SUCCESS"**  
PBS, 8pm

Discover the secrets to the canids' success, which enable them to survive and raise families in the most extreme locations, including black-backed jackals leaping skyward to catch prey, swift foxes hiding in dens and African wild dogs voting on a hunt by sneezing.

**TRAFFICKED WITH MARIANA VAN ZELLER: "MDMA"**  
Nat Geo 197, 9pm

An alarming message from her son's middle school about MDMA (the drug also known as "ecstasy" or "molly") sparks host Mariana van Zeller into high gear. She traces the supply chain of "the love drug" within the Los Angeles clubs back to its booming epicenter in the Netherlands, where a mob-infested underworld has recently murdered a well-known journalist. Is it possible that MDMA consumption in the U.S. is helping turn the Netherlands into a narco-state?

**NOVA: "ANCIENT BUILDERS OF THE AMAZON"**  
PBS, 9pm

See how recent discoveries in archaeology are exploding the myth of the Amazon as a primeval wilderness and are revealing traces of ancient civilizations.

**INTO THE WILD FRONTIER**  
INSP 259, 10pm

**SEASON PREMIERE!**

The historical docudrama series is back for Season 2, telling more stories about the real-life men and women who played key roles in America's westward expansion.

All Times Eastern

# BEST BETS

Feb. 16

## THE UPSHAW'S

Netflix

SEASON  
PREMIERE!

The sitcom returns, with the Upshaws continuing to ride life's ups and downs, including new loves, old flames, big dreams, life changes, and the love and drama that come with family. Mike Epps, Kim Fields, Wanda Sykes, Jermelle Simon, Khali Spraggins, Journey Christine, Diamond Lyons and Gabrielle Dennis lead the cast.

## NBA BASKETBALL

TNT 138, beginning at 7:30pm Live

The final night of NBA action before All-Star Weekend has the Milwaukee Bucks at the Chicago Bulls and the L.A. Clippers at the Phoenix Suns.

## STAR OF THE MONTH: RITA MORENO

TCM 132, beginning at 8pm

CATCH A  
CLASSIC!

Turner Classic Movies' monthlong Thursday night celebration of Rita Moreno continues with four more of her films, as the lineups now move into her era of stardom. Up first is the title that helped propel her into that fame, *West Side Story* (1961), the iconic adaptation of the Broadway musical that won 10 of the 11 Oscars for which it was nominated, including Best Supporting Actress for Moreno as Anita. Following *West Side Story*, Moreno costars with Alan Arkin in the 1969 comedy/drama *Popi*; with Laurence Harvey, Best Actress Oscar nominee Geraldine Page and Best Supporting Actress nominee Una Merkel in the 1961 drama *Summer and Smoke*; and with James Garner, who portrays Raymond Chandler's private detective Philip Marlowe, in the 1969 neo-noir mystery *Marlowe*.

## MYSTIC: "THE RECKONING"

UPtv 188, 8pm

It's crunch time for Dan (Max Crean) when his leadership skills are tested; angry with Issie (Macey Chipping), Gabe (Joseph Nathan) and Natasha (Antonia Robinson) act recklessly; Caleb (Joshua Tan) learns some uncomfortable truths about his idol.

## ANIMAL CONTROL

FOX, 9pm

NEW SERIES!

Joel McHale executive produces and stars in this new single-camera workplace comedy as Frank, a former cop who got fired for being a whistleblower and now works as a surly and cynical Animal Control officer. Frank finds that the animals he's sent to catch might be easier to deal with than his coworkers. Michael Rowland, Alvina August, Grace Palmer, Ravi Patel and Vella Lovell also star.

All Times Eastern

# BEST BETS

Feb. 17

## TCM MORNING & AFTERNOON

MOVIES: GOWNS BY ADRIAN

TCM 132, beginning at 6am

CATCH A CLASSIC!

Enjoy a morning and afternoon of films featuring actresses adorned in stunning gowns created by legendary costume designer Adrian Adolph Greenburg (mostly known simply as Adrian, and often famously credited onscreen with the phrase "Gowns by Adrian"). Featured first is *A Lady's Morals* (1930), led by Grace Moore.

## 21ST ANNUAL MOVIES FOR GROWNUPS AWARDS

PBS, 9pm

This year's installment of AARP's annual ceremony honors movies from 2022 that have resonated with older audiences, and the stars of those films who have defied notions of what actors and actresses can or can't do as they get older, including Jamie Lee Curtis, who, along with a Best Supporting Actress nomination for her role in *Everything Everywhere All at Once*, will receive the Career Achievement Award. Best Picture/Best Movie for Grownups nominees are *Elvis*, *Everything Everywhere All at Once*, *The Fabelmans*, *Tár*, *Top Gun: Maverick*, *The Woman King* and *Women Talking*. Best TV Series nominees are *Abbott Elementary*, *The Old Man*, *Only Murders in the Building*, *The White Lotus* and *Yellowstone*.

## NBA RISING STARS

TNT 138, 9pm Live

The NBA's All-Star Weekend tips off with the Rising Stars Game, featuring rookies and second-year players in a USA vs. the World contest at Vivint Arena in Salt Lake City.

## KINDRED SPIRITS: "THE ANGRY GHOST"

Travel Channel 196, 9pm

Amy Bruni, Adam Berry and Chip Coffey answer a desperate family's plea for help in Albion, New York. Dark apparitions are showing extreme aggression in their home, scratching and attacking all who live there. Can the team get to the bottom of who is haunting the house?

## MAGIC OF DISNEY'S ANIMAL KINGDOM: "GIANT LEAP FOR RHINOKIND"

Nat Geo 197, 10pm

A critically endangered antelope is losing weight fast and needs urgent surgery; a baby rhino takes her first steps out on the savanna to meet her extended family; and when a beloved manatee struggles with a toothache, it's time to visit the dentist.

All Times Eastern

# BEST BETS

Feb. 18

## COLLEGE BASKETBALL

CBS, ESPN 140 & FOX, beginning at

12pm Live

Top college basketball games today include Seton Hall at UConn (FOX), Tennessee at Kentucky (CBS), Villanova at Providence (FOX), Baylor at Kansas (ESPN), Michigan State at Michigan (FOX) and Duke at Syracuse (ESPN).

## XFL FOOTBALL

ABC, ESPN 140 & FX 136, beginning at 3pm Live

The XFL football league gets a reboot under a new ownership group led by Dwayne "The Rock" Johnson. The eight-team league begins its 10-week regular season today with the Vegas Vipers at the Arlington Renegades (ABC) and the Orlando Guardians vs. the Houston Roughnecks (ESPN/FX). All XFL games air across ABC, ESPN, ESPN2 and FX.

## NHL STADIUM SERIES: WASHINGTON AT CAROLINA

ABC, beginning at 8pm Live

This NHL Stadium Series outdoor game has Alex Ovechkin and the Washington Capitals taking on Andrei Svechnikov and the Carolina Hurricanes at Carter-Finley Stadium in Raleigh, North Carolina.

## FROZEN PLANET II: "FROZEN SOUTH"

BBC America 135, 8pm

Sir David Attenborough presents the new episode "Frozen South," which shows how penguins, seals, whales, albatross and petrels inhabit the seemingly lifeless ice of Antarctica.

## WELCOME TO VALENTINE

Hallmark Channel 185, 8pm

ORIGINAL FILM!

After losing her boyfriend and her job right before Valentine's Day, Olivia (Kathryn Davis) is invited by her sister back home to Nebraska and gets a ride from her roommate's friend George (Markian Tarasiuk), who is driving from New York to Los Angeles. As the two strangers get to know one another during their cross-country trip, they realize they may have more of a connection than they first thought.

## NBA ALL-STAR SATURDAY NIGHT

TNT 138, 8pm Live

TNT's coverage of NBA All-Star Weekend in Salt Lake City continues with the All-Star Skills Challenge, Slam Dunk Contest and 3-Point Contest.

All Times Eastern

# BEST BETS

Feb. 19

## NASCAR CUP SERIES: DAYTONA 500

FOX, 2:30pm Live

The 2023 NASCAR Cup Series season begins at famed Daytona International Speedway for the 65th Daytona 500.

## BIOGRAPHY: WWE LEGENDS A&E 118, 8pm **SEASON PREMIERE!**

Under the award-winning *Biography* banner, each two-hour episode of this series continues to tell the intimate, personal stories behind the success of some of WWE's most memorable Legends and events. The season premiere will explore the infamous group nWo, with other Legends featured this season including Jake "The Snake" Roberts, Chyna, Dusty Rhodes, Kane and Iron Sheik.

## AMERICAN IDOL ABC, 8pm **SEASON PREMIERE!**

Season 21 (its sixth season on ABC) of this hit music competition show begins tonight, with new episodes airing Sundays.

## THE EQUALIZER CBS, 8pm **NEW EPISODES!**

Queen Latifah is back as former CIA operative Robyn McCall as *The Equalizer* Season 3 returns from winter hiatus with a new episode tonight.

## NBA ALL-STAR GAME TNT 138, 8pm Live

Expect an outrageous amount of scoring and not a whole lot of defense as the NBA's best play in the 72nd All-Star Game at Vivint Arena in Salt Lake City.

## MAGNUM P.I. NBC, beginning at 9pm **SEASON PREMIERE/NEW NETWORK!**

*Magnum P.I.* aired its first four seasons on CBS, and now moves to NBC for Season 5, which begins tonight with back-to-back episodes (NBC has also ordered a sixth season).

## THE COMPANY YOU KEEP ABC, 10pm **NEW SERIES!**

Based on the successful Korean series *My Fellow Citizens*, this new spy drama follows charismatic con man Charlie (Milo Ventimiglia) and undercover CIA agent Emma (Catherine Haena Kim) on a collision course of professional and romantic natures. Emma has been working to catch the vengeful criminal who is keeping Charlie from leaving a life of crime behind him, and the closer she gets, the higher the stakes for everyone become.

All Times Eastern

# BEST BETS

Feb. 20

## ANTIQUES ROADSHOW: "CHEEKWOOD ESTATE & GARDENS, HOUR 2" PBS, 8pm

As the visit to Nashville's Cheekwood Estate & Gardens continues, see astonishing finds including one that is worth between \$75,000-\$85,000.

## PRESIDENTIAL BIOPICS TCM 132, beginning at 8pm **CATCH A CLASSIC!**

Turner Classic Movies celebrates Presidents' Day with a lineup of four films about the lives of our most famous commanders in chief: *PT 109* (1963), with Cliff Robertson portraying John F. Kennedy; *Young Mr. Lincoln* (1939), director John Ford's fictionalized account of the early life of Abraham Lincoln (Henry Fonda); *Sunrise at Campobello* (1960), featuring Ralph Bellamy as Franklin D. Roosevelt; and *Tennessee Johnson* (1942), led by Van Heflin as Andrew Johnson.

## AMERICAN EXPERIENCE: "RUTHLESS: MONOPOLY'S SECRET HISTORY" PBS, 9pm

For generations, Monopoly has been America's favorite board game, a love letter to unbridled capitalism and — for better or worse — the impulses that make our free-market society tick. But behind the myth of the game's creation is an untold tale of theft, obsession and corporate double-dealing. Part detective story, part sharp social commentary and part pop-culture celebration, this film presents the fascinating true story of the game.

## HISTORY'S GREATEST OF ALL TIME WITH PEYTON MANNING: "CANDY CLASH" History 120, 10pm

If you have a sweet tooth, you'll love this installment of host Peyton Manning's new countdown series, in which he takes viewers through the Top 10 candies of all time.

All Times Eastern

## Watch Now! On Demand

### STRANGE WORLD

Voices of Jake Gyllenhaal, Gabrielle Union  
Family  
CH. 508



Strange World: © 2022 Disney Enterprises, Inc.

# BEST BETS

Feb. 21

## FINDING YOUR ROOTS: "AND STILL I RISE" PBS, 8pm

Henry Louis Gates Jr. reveals the unexpected family trees of activist Angela Y. Davis and statesman Jeh Johnson, using DNA and long-lost records to redefine notions of the Black experience — and challenge preconceptions of America's past.

## TCM SPOTLIGHT: SCREWBALL COMEDY: "LYING FOR LOVE" & "LATER ERA SCREWBALLS" TCM 132, beginning at 8pm **CATCH A CLASSIC!**

Turner Classic Movies' monthlong Tuesday night celebration of great romantic screwball comedies continues, with this evening's first of three films coming from the era representing the height of that genre, and when most of its classics were produced, the 1930s and '40s. Barbara Stanwyck and Henry Fonda kick off this evening in *The Lady Eve* (1941).

## FIGHT THE POWER: HOW HIP- HOP CHANGED THE WORLD PBS, 9pm **SERIES FINALE!**

The series concludes with "Still Fighting," which follows the evolution of hip-hop as its artists turn into multimillionaires and successful entrepreneurs, and shows how, as a cultural phenomenon, the music continues to change history and be adopted as the voice of protest around the world.

## HISTORY'S GREATEST HEISTS WITH PIERCE BROSNAN: "THE BAKER STREET BANK BURGLARY" History 120, 10pm

September 1971: Enterprising thieves tunnel underneath and up into the vault of a Lloyds Bank branch in London. When an amateur radio enthusiast intercepts their walkie-talkie chatter, they find themselves in a high-stakes cat-and-mouse game with Scotland Yard.

All Times Eastern

## Watch Now! On Demand

### VIOLENT NIGHT

David Harbour, Beverly D'Angelo  
Action  
CH. 508, 509, 535



Violent Night: © 2022 Universal Pictures. Credit: Allen Frazer / Universal Pictures.

# BEST BETS

Feb. 22

## DOGS IN THE WILD: A "NATURE" MINISERIES **MINISERIES FINALE!**

In the third and final installment of this miniseries, "Defending Wild Dogs," join the researchers who are making groundbreaking discoveries and going to extraordinary lengths to save wild canids around the world, from endangered wolves to injured African wild dogs.

## TOUGH AS NAILS **SEASON FINALE!**

Season 4 of the competition series that tests the strength, endurance, life skills and mental toughness of some of America's best essential workers concludes with a two-hour finale tonight.

## TRAFFICKED WITH MARIANA VAN ZELLER: "BLACK MARKET BABIES"

Nat Geo 197, 9pm

Ukraine was the epicenter of the billion-dollar global surrogacy business until its war with Russia upended the controversial industry. Now, nearly a year after the Russian invasion of Ukraine, other countries are stepping in to fill the void, but that's not necessarily a good thing. In this episode, host Mariana van Zeller investigates how the dream of starting a family incites a burgeoning babies-for-cash underworld market.

## NOVA: "NEW EYE ON THE UNIVERSE" **SEASON FINALE!**

With tons of new data and images flooding in from the James Webb Space Telescope, this installment follows scientists as they peer deeply back in time to answer some of astronomy's biggest questions.

## NHL HOCKEY: CHICAGO AT DALLAS

TNT 138, 9:30pm Live

Max Domi and the Chicago Blackhawks skate into American Airlines Center in Dallas to face off against Jason Robertson and the Stars.

## SNOWFALL **SEASON PREMIERE!**

The sixth and final season of *Snowfall* begins with a two-episode premiere. The story picks up in October 1986, and drug kingpin Franklin Saint (Damson Idris) is desperate after being wiped out by former CIA officer Teddy McDonald (Carter Hudson). With Aunt Louie (Angela Lewis) undercutting Franklin's business, and the KGB, DEA, CIA and corrupt LAPD bearing down on them, will the Saint family survive?

All Times Eastern

# BEST BETS

Feb. 23

## OUTER BANKS **SEASON PREMIERE!**

In Season 3 of the teen action/mystery drama, after losing the gold and fleeing the Outer Banks, the Pogues have washed ashore on a desert island that, for a brief moment, seems like an idyllic home. But things quickly go south for John B (Chase Stokes), Sarah (Madelyn Cline), Kiara (Madison Bailey), Pope (Jonathan Daviss), JJ (Rudy Pankow) and Cleo (Carla Grant) when they find themselves once again caught up in a race for the treasure and quite literally running for their lives: Ward (Charles Esten) and Rafe (Drew Starkey) are hungry for revenge, and Carlos Singh (Andy McQueen), a ruthless Caribbean don, will stop at nothing to find the bounty.

## STATION 19 **NEW EPISODES!**

The *Grey's Anatomy* spinoff about a group of firefighters will begin airing new episodes of its sixth season following a long winter hiatus.

## STAR OF THE MONTH: RITA MORENO **CATCH A CLASSIC!**

Turner Classic Movies' monthlong Thursday night celebration of Rita Moreno's legendary film performances concludes with tonight's four-title lineup featuring some of her work from the 1970s and early '80s. Leading things off is director Richard Lester's *The Ritz* (1976), a comical farce set in a gay bathhouse in Manhattan that finds Moreno reprising her Tony-winning role of Googie Gomez that she originated in the 1975 Broadway production of Terrence McNally's play; she is accompanied by others reprising their stage roles, as well, including Jack Weston, Jerry Stiller and F. Murray Abraham.

## GREY'S ANATOMY **NEW EPISODES!**

This long-running medical drama returns from its winter hiatus with the beloved character Meredith Grey (Ellen Pompeo), who will be leaving the show after this season, making her last appearance before the finale.

## ALASKA DAILY **NEW EPISODES!**

This show about an award-winning journalist leaving behind her New York life to write for an Anchorage newspaper returns from its winter hiatus with new episodes airing Thursdays.

All Times Eastern

# BEST BETS

Feb. 24

## ALL THE SINGLE LADIES **SEASON FINALE!**

Through laughter and a few tears, an educator, a comedian, a business executive and a medical professional talk about their hard-earned lessons after ignoring the red flags in their previous relationships.

## GREAT PERFORMANCES: "THE MAGIC OF SPIRITUALS" **SEASON FINALE!**

This documentary examines the behind-the-scenes story of Kathleen Battle and Jessye Norman's famed concert of spirituals at Carnegie Hall on March 18, 1990, with extensive performance clips and new interviews with opera star Angel Blue, Met Opera general manager Peter Gelb and more.

## PARTY DOWN **SEASON PREMIERE!**

Ten years later, most of the Party Down catering team have moved on, including actor/bartender Henry Pollard (Adam Scott). After a surprise reunion, the gang find themselves once again stoically enduring the procession of random parties and oddball guests all over Los Angeles. Other original cast members returning include Ken Marino, Jane Lynch, Martin Starr, Ryan Hansen and Megan Mullally, along with new cast members Jennifer Garner, Tyrel Jackson Williams, Zoë Chao and James Marsden.

## KINDRED SPIRITS: "GHOST WARS" **SEASON FINALE!**

Amy Bruni, Adam Berry and Chip Coffey go to Providence, Rhode Island, to investigate a haunted library that began displaying paranormal activity decades ago. Books fly from shelves, objects launch off desks and names are called out in the night. The spirits seem angry, but why?

## MAGIC OF DISNEY'S ANIMAL KINGDOM **SEASON FINALE!**

In the second-season finale of this docuseries that goes behind the scenes at Disney's Animal Kingdom, Jolo, the rescued manatee, battles a potentially deadly parasitic infection that puts her release in jeopardy; Kianga the elephant throws a temper tantrum in the pool; Maathai the cheetah has tummy troubles that must be investigated; and Kevin the crested coua chick shows his keepers how to keep his food on target.

All Times Eastern

# BEST BETS

Feb. 25

## COLLEGE BASKETBALL

**CBS, ESPN 140 & FOX, beginning at 12pm Live**

Today's college hoops highlights include Creighton at Villanova (FOX), UConn at St. John's (CBS), Indiana at Purdue (FOX), Arizona State at Arizona (CBS), Auburn at Kentucky (CBS) and Saint Mary's at Gonzaga (ESPN).

## NHL HOCKEY

**ABC, beginning at 1pm Live**

A Saturday twin bill of NHL hockey on ABC has the N.Y. Rangers at the Washington Capitals and the Pittsburgh Penguins at the St. Louis Blues.

## FROZEN PLANET II: "FROZEN LANDS"

**BBC America 135, 8pm**

Visit the boreal forests and treeless tundra of Earth's northern regions in the new episode "Frozen Lands." Seasonal changes bring opportunities and challenges to grizzly bears, wolves, bison, caribou, snowy owls and other creatures.

## 54TH ANNUAL NAACP IMAGE AWARDS

**BET 124, 8pm Live**

The annual ceremony returns in front of an audience for the first time in three years with this installment broadcast from Pasadena, California. One of the most distinguished multicultural awards shows for people of color, the NAACP Image Awards highlight artists committed to uplifting values that inspire equality, justice and progressive change. This year's event includes three new submission categories within the movie, TV and streaming categories: Outstanding Hairstyling, Outstanding Make-up and Outstanding Costume Design. Nominees had not been announced at presstime; visit [naacpimageawards.net](http://naacpimageawards.net) for more info.

## MADE FOR EACH OTHER

**Hallmark Channel 185, 8pm**

**ORIGINAL FILM!**

A sculptor (Alexandra Turshen) uses magic to turn her ideal man (Aaron O'Connell) into reality but begins to fall for her real-life friend (Matt Cohen).

## NBA BASKETBALL: BOSTON AT PHILADELPHIA

**ABC, 8:30pm Live**

Jayson Tatum leads the Boston Celtics into Philadelphia's Wells Fargo Center to take on James Harden and the 76ers.

All Times Eastern

# BEST BETS

Feb. 26

## A NASHVILLE LEGACY

**Hallmark Movies & Mysteries 187, 7pm**

**ORIGINAL FILM!**

Naima (Andrea Lewis), a doctoral student, moves to Nashville to uncover secrets about an undiscovered music group. After she begins interning at a well-known museum, she meets a man (Pooch Hall) she believes is also an intern, but who turns out to be the heir to the Berryhall Records empire. The two bond over their love of music and desire to leave a mark on the world.

## SEASONED WITH LOVE

**UPtv 188, 7pm**

**ORIGINAL FILM!**

Small-town pie shop owner Kate (Haylie Duff) encounters city boy Drew (Rob Mayes), who, unbeknownst to Kate, is in town to build tract homes that would run straight through her shop ... until Drew finds his heart stuck between his family's wishes and a chance at love.

## 29TH ANNUAL SCREEN ACTORS GUILD AWARDS

**Netflix's YouTube channel, 8pm Live**

Starting in 2024, the SAG Awards will livestream annually on Netflix. This year's ceremony will livestream on Netflix's YouTube channel ([youtube.com/Netflix](https://youtube.com/Netflix)).

## MAYFAIR WITCHES

**AMC 131, 9pm**

**SEASON FINALE!**

The first season of the drama series based on Anne Rice's book and starring Alexandra Daddario comes to a close tonight.

## SHOCK DOCS: "THE DEVIL'S ACADEMY"

**Travel Channel 196, 9pm**

Travel Channel's new "Shock Docs Sundays" programming block continues tonight with the premiere of this documentary that looks into an Oct. 25, 1979, incident at the Miami Aerospace Academy (MAA), when the school's student body seemed to fall victim to a mass demonic possession. Former MAA students, as well as members of law enforcement, psychologists, paranormal investigators and demonologists, come together and try to explain what happened that fateful day.

## THE BLACKLIST

**NBC, 10pm**

**SEASON PREMIERE!**

The James Spader-led crime/thriller series moves from its longtime Friday night time slot to Sunday evenings as it begins its 10th season tonight. Returning with Spader are Diego Klattenhoff, Hisham Tawfiq and Harry Lennix. Anya Banerjee joins the cast in a regular role as Siya Malik, an MI6 intelligence officer and daughter of the late Meera Malik.

All Times Eastern

# BEST BETS

Feb. 27

## SWITCH

**Game Show Network 116, 7pm**

Jeff Hephner hosts this quick-moving game show, which debuted last month. The show ranks contestants 1 through 5 based on their answers to trivia questions. Every question counts, as each answer can propel them to the top or "switch" them to the bottom where they'll be in jeopardy of elimination.

## TAKING A SHOT AT LOVE

**Hallmark Channel 185, 8pm**

Fans of the 1978 Robby Benson film *Ice Castles* will enjoy this encore airing of Hallmark Channel's original film, which follows former professional ballet dancer Jenna (Alexa PenaVega), who works with NHL star Ryan Cooper (Luke Macfarlane) to help him recover from an injury using ballet as therapy.

## MÖTLEY CRÜE'S VINCE NEIL: MY STORY

**Reelz 299, 9pm**

Vince Neil, the lead singer of the rock band Mötley Crüe, gives viewers exclusive insight into his life as he shares the real story of his road to stardom and the many bumps along the way that accompanied it. Details about how he became a singer, how hard he partied, the unimaginable heartbreak of losing a child and his arrest for a car crash that killed one of his best friends are all covered.

## HISTORY'S GREATEST MYSTERIES: "THE PHOENIX LIGHTS PHENOMENON"

**History 120, 9pm**

In 1997, thousands of people across Phoenix witness a series of strange lights unlike anything they've ever seen. Could this be one of the largest-scale UFO sightings in history, or is there another explanation for this mysterious phenomenon?

All Times Eastern

**Watch Now!**

**On Demand**

## THE FABELMANS

Michelle Williams, Paul Dano  
Drama

CH. 514, 530

The Fabelmans © 2022 Universal Studios and Amblin Entertainment.



# BEST BETS

Feb. 28

## NBA BASKETBALL

**TNT 138, beginning at 7:30pm Live**

Tuesday night NBA action on TNT has the Washington Wizards at the Atlanta Hawks and the Minnesota Timberwolves at the L.A. Clippers.

## BLACK BROADWAY: A PROUD HISTORY, A LIMITLESS FUTURE

**PBS, 8pm**

This concert celebrates iconic performances by Black actors, highlights roles made famous by Black artists and lifts up the next generation of Black Broadway stars. Classics from musicals like *The Wiz*, *The Color Purple*, *Company*, *Porgy and Bess*, *Ain't Misbehavin'* and more will be performed.

## TCM SPOTLIGHT: SCREWBALL COMEDY: "MIX-UPS AND MISHAPS" & "MADCAP HEIRESSSES"

**TCM 132, beginning at 8pm**

**CATCH A CLASSIC!**

Turner Classic Movies' monthlong Tuesday night salute to great romantic screwball comedies from the genre's heyday in the 1930s/early '40s concludes tonight with five titles. This evening's first film is Preston Sturges' *The Palm Beach Story* (1942), starring Claudette Colbert and Joel McCrea.

## LA BREA

**NBC, beginning at 9pm**

**SEASON FINALE!**

The epic family sci-fi/adventure series wraps up its second season with back-to-back episodes tonight.

## HISTORY'S GREATEST HEISTS WITH PIERCE BROSNAN: "THE LUFTHANSA HEIST"

**History 120, 10pm**

In December 1978, a Mafia crew with insider knowledge attempts the most lucrative airline heist in history at JFK International Airport. Made famous by the film *Goodfellas*, this robbery's aftermath saw those associated with the crime disappearing — and dying.

All Times Eastern

**Premiering Today!**

**▶ On Demand**

## WHITNEY HOUSTON: I WANNA DANCE WITH SOMEBODY

Naomi Ackie, Stanley Tucci

Biography

CH. 502, 503, 504, 535

